

Get Easter Ready

metro
CANADIAN AND PROUD

249 ea.

Blackberries 1 lb. **PROCESSED U.S.A. OR MEXICO**
Blackberries 1 lb. **PROCESSED U.S.A. OR MEXICO**
Raspberries 1 lb. **PROCESSED U.S.A. OR MEXICO**
Raspberries 1 lb. **PROCESSED U.S.A. OR MEXICO**

299 or /lb

LITTLE POTATO CO.
LITTLE POTATO CO. 100% POTATOES
LITTLE POTATO CO. 100% POTATOES
LITTLE POTATO CO. 100% POTATOES

399 ea.

SWEET ONIONS
Sweet Onions 1 lb. **PROCESSED U.S.A. OR MEXICO**
Sweet Onions 1 lb. **PROCESSED U.S.A. OR MEXICO**
Sweet Onions 1 lb. **PROCESSED U.S.A. OR MEXICO**

\$5 PER TAIL

1999 ea.

Wild Caught Rock Lobster Tails
Wild Caught Rock Lobster Tails 1 lb. **PROCESSED U.S.A. OR MEXICO**
Wild Caught Rock Lobster Tails 1 lb. **PROCESSED U.S.A. OR MEXICO**
Wild Caught Rock Lobster Tails 1 lb. **PROCESSED U.S.A. OR MEXICO**

249 ea.

Green Giant
Green Giant 1 lb. **PROCESSED U.S.A. OR MEXICO**
Green Giant 1 lb. **PROCESSED U.S.A. OR MEXICO**
Green Giant 1 lb. **PROCESSED U.S.A. OR MEXICO**

125 points value of \$1

499 ea.

Häagen-Dazs
Häagen-Dazs 1 lb. **PROCESSED U.S.A. OR MEXICO**
Häagen-Dazs 1 lb. **PROCESSED U.S.A. OR MEXICO**
Häagen-Dazs 1 lb. **PROCESSED U.S.A. OR MEXICO**

1288 /lb

Red Gold Cap
Red Gold Cap 1 lb. **PROCESSED U.S.A. OR MEXICO**
Red Gold Cap 1 lb. **PROCESSED U.S.A. OR MEXICO**
Red Gold Cap 1 lb. **PROCESSED U.S.A. OR MEXICO**

125 points value of \$1

588 /lb

Spring Lamb
Spring Lamb 1 lb. **PROCESSED U.S.A. OR MEXICO**
Spring Lamb 1 lb. **PROCESSED U.S.A. OR MEXICO**
Spring Lamb 1 lb. **PROCESSED U.S.A. OR MEXICO**

399 /lb

FRESH
Fresh Pork 1 lb. **PROCESSED U.S.A. OR MEXICO**
Fresh Pork 1 lb. **PROCESSED U.S.A. OR MEXICO**
Fresh Pork 1 lb. **PROCESSED U.S.A. OR MEXICO**

399 ea.

FRESH
Fresh Canadian Atlantic Salmon Portions 1 lb. **PROCESSED U.S.A. OR MEXICO**
Fresh Canadian Atlantic Salmon Portions 1 lb. **PROCESSED U.S.A. OR MEXICO**
Fresh Canadian Atlantic Salmon Portions 1 lb. **PROCESSED U.S.A. OR MEXICO**

488 ea.

Lactantia
Lactantia 1 lb. **PROCESSED U.S.A. OR MEXICO**
Lactantia 1 lb. **PROCESSED U.S.A. OR MEXICO**
Lactantia 1 lb. **PROCESSED U.S.A. OR MEXICO**

488 ea.

Black Diamond
Black Diamond 1 lb. **PROCESSED U.S.A. OR MEXICO**
Black Diamond 1 lb. **PROCESSED U.S.A. OR MEXICO**
Black Diamond 1 lb. **PROCESSED U.S.A. OR MEXICO**

EASTER
ESSENTIALS

New! Single
Baked Soft Meat or
Bacon
Cheddar
Cheese 10-120g
Cavendish
New! Single or 2
Bacon Cheddar
Balderson
10-120g
100% CANADIAN

5⁹⁹
ea.



Front Street Bakery
Hot Cross Buns
10-12-120g
Bûches de Carottes
Front Street Bakery
10-12-120g

125
points
value of \$1

3⁹⁹
ea.



Kicking Horse
Coffee 100% Arabica
Cafe Kicking Horse
100g
100% SELECTED BEANS

125
points
value of \$1

14⁹⁹
ea.



Lactantia Cream
100% Full Cream
Crème Lactantia
100% Full Cream
100% SELECTED BEANS

3⁴⁹
ea.



Lindt Easter Bunny Chocolate
100% Swiss Milk Chocolate
100g
100% SELECTED BEANS

6⁹⁹
ea.



pick Ontario
Fresh Cut Tulips
10-12-120g
Tulipes fraîchement coupés
10-12-120g
100% SELECTED BEANS

12⁹⁹
ea.

12 STEM



Irresistible

Shop these and more in-store or online

Irresistible
Meatballs
600 g (1.32 lb)
NET WT 1.32 LB (600 g)
Boulettes de viande
600 g (1.32 lb)
NET WT 1.32 LB (600 g)

8⁹⁹
ea.



Irresistible Party Pack
Assorted Sausage
Party or Dinner Size
600 g (1.32 lb)
Assortés de saucisses
pour dîners ou fêtes
600 g (1.32 lb)

8⁹⁹
ea.



Irresistible Batter'd
Cauliflower Bites
Saucy Roll 'n' Roll
600 g (1.32 lb)
Boulettes de chou-fleur
à la sauce
600 g (1.32 lb)

5⁹⁹
ea.



Irresistible Cheese Sticks
600 g (1.32 lb)
Bâtonnets de fromage
600 g (1.32 lb)

5⁹⁹
ea.



Irresistible Coconut Shrimp
600 g (1.32 lb)
Crevettes à la noix de coco
600 g (1.32 lb)

10⁹⁹
ea.



Irresistible Pacific White Shrimp
600 g (1.32 lb)
Crevettes
600 g (1.32 lb)

10⁹⁹
ea.



\$ New Lower Prices

Villaggio Italian Style Bread,
2 Loaves of Wonder Bread
2 Loaves of Villaggio Classic
2 Loaves of Villaggio Croutin
2 Loaves of Villaggio Italian Style Bread
2 Loaves of Villaggio Classic
2 Loaves of Villaggio Croutin

2 for \$7.00

Wonder Bread
2 Loaves of Wonder Bread
2 Loaves of Villaggio Classic
2 Loaves of Villaggio Croutin
2 Loaves of Villaggio Italian Style Bread
2 Loaves of Villaggio Classic
2 Loaves of Villaggio Croutin

3 for \$3.99

Villaggio Italian Style Bread,
2 Loaves of Wonder Bread
2 Loaves of Villaggio Classic
2 Loaves of Villaggio Croutin
2 Loaves of Villaggio Italian Style Bread
2 Loaves of Villaggio Classic
2 Loaves of Villaggio Croutin

3 for \$3.49



800 6

Pillay's Smoked Ham with Pineapple

999



PARTY SIZE 1.5 kg

Dore Mandi Fruit Salad 1.5kg

1499



Mango Lard, Shredded
 Contains 100% Natural Mango Lard or Butter
 100g, 200g, 300g, 400g, 500g, 600g, 700g, 800g, 900g, 1000g, 1100g, 1200g, 1300g, 1400g, 1500g, 1600g, 1700g, 1800g, 1900g, 2000g, 2100g, 2200g, 2300g, 2400g, 2500g, 2600g, 2700g, 2800g, 2900g, 3000g, 3100g, 3200g, 3300g, 3400g, 3500g, 3600g, 3700g, 3800g, 3900g, 4000g, 4100g, 4200g, 4300g, 4400g, 4500g, 4600g, 4700g, 4800g, 4900g, 5000g, 5100g, 5200g, 5300g, 5400g, 5500g, 5600g, 5700g, 5800g, 5900g, 6000g, 6100g, 6200g, 6300g, 6400g, 6500g, 6600g, 6700g, 6800g, 6900g, 7000g, 7100g, 7200g, 7300g, 7400g, 7500g, 7600g, 7700g, 7800g, 7900g, 8000g, 8100g, 8200g, 8300g, 8400g, 8500g, 8600g, 8700g, 8800g, 8900g, 9000g, 9100g, 9200g, 9300g, 9400g, 9500g, 9600g, 9700g, 9800g, 9900g, 10000g, 10100g, 10200g, 10300g, 10400g, 10500g, 10600g, 10700g, 10800g, 10900g, 11000g, 11100g, 11200g, 11300g, 11400g, 11500g, 11600g, 11700g, 11800g, 11900g, 12000g, 12100g, 12200g, 12300g, 12400g, 12500g, 12600g, 12700g, 12800g, 12900g, 13000g, 13100g, 13200g, 13300g, 13400g, 13500g, 13600g, 13700g, 13800g, 13900g, 14000g, 14100g, 14200g, 14300g, 14400g, 14500g, 14600g, 14700g, 14800g, 14900g, 15000g, 15100g, 15200g, 15300g, 15400g, 15500g, 15600g, 15700g, 15800g, 15900g, 16000g, 16100g, 16200g, 16300g, 16400g, 16500g, 16600g, 16700g, 16800g, 16900g, 17000g, 17100g, 17200g, 17300g, 17400g, 17500g, 17600g, 17700g, 17800g, 17900g, 18000g, 18100g, 18200g, 18300g, 18400g, 18500g, 18600g, 18700g, 18800g, 18900g, 19000g, 19100g, 19200g, 19300g, 19400g, 19500g, 19600g, 19700g, 19800g, 19900g, 20000g, 20100g, 20200g, 20300g, 20400g, 20500g, 20600g, 20700g, 20800g, 20900g, 21000g, 21100g, 21200g, 21300g, 21400g, 21500g, 21600g, 21700g, 21800g, 21900g, 22000g, 22100g, 22200g, 22300g, 22400g, 22500g, 22600g, 22700g, 22800g, 22900g, 23000g, 23100g, 23200g, 23300g, 23400g, 23500g, 23600g, 23700g, 23800g, 23900g, 24000g, 24100g, 24200g, 24300g, 24400g, 24500g, 24600g, 24700g, 24800g, 24900g, 25000g, 25100g, 25200g, 25300g, 25400g, 25500g, 25600g, 25700g, 25800g, 25900g, 26000g, 26100g, 26200g, 26300g, 26400g, 26500g, 26600g, 26700g, 26800g, 26900g, 27000g, 27100g, 27200g, 27300g, 27400g, 27500g, 27600g, 27700g, 27800g, 27900g, 28000g, 28100g, 28200g, 28300g, 28400g, 28500g, 28600g, 28700g, 28800g, 28900g, 29000g, 29100g, 29200g, 29300g, 29400g, 29500g, 29600g, 29700g, 29800g, 29900g, 30000g, 30100g, 30200g, 30300g, 30400g, 30500g, 30600g, 30700g, 30800g, 30900g, 31000g, 31100g, 31200g, 31300g, 31400g, 31500g, 31600g, 31700g, 31800g, 31900g, 32000g, 32100g, 32200g, 32300g, 32400g, 32500g, 32600g, 32700g, 32800g, 32900g, 33000g, 33100g, 33200g, 33300g, 33400g, 33500g, 33600g, 33700g, 33800g, 33900g, 34000g, 34100g, 34200g, 34300g, 34400g, 34500g, 34600g, 34700g, 34800g, 34900g, 35000g, 35100g, 35200g, 35300g, 35400g, 35500g, 35600g, 35700g, 35800g, 35900g, 36000g, 36100g, 36200g, 36300g, 36400g, 36500g, 36600g, 36700g, 36800g, 36900g, 37000g, 37100g, 37200g, 37300g, 37400g, 37500g, 37600g, 37700g, 37800g, 37900g, 38000g, 38100g, 38200g, 38300g, 38400g, 38500g, 38600g, 38700g, 38800g, 38900g, 39000g, 39100g, 39200g, 39300g, 39400g, 39500g, 39600g, 39700g, 39800g, 39900g, 40000g, 40100g, 40200g, 40300g, 40400g, 40500g, 40600g, 40700g, 40800g, 40900g, 41000g, 41100g, 41200g, 41300g, 41400g, 41500g, 41600g, 41700g, 41800g, 41900g, 42000g, 42100g, 42200g, 42300g, 42400g, 42500g, 42600g, 42700g, 42800g, 42900g, 43000g, 43100g, 43200g, 43300g, 43400g, 43500g, 43600g, 43700g, 43800g, 43900g, 44000g, 44100g, 44200g, 44300g, 44400g, 44500g, 44600g, 44700g, 44800g, 44900g, 45000g, 45100g, 45200g, 45300g, 45400g, 45500g, 45600g, 45700g, 45800g, 45900g, 46000g, 46100g, 46200g, 46300g, 46400g, 46500g, 46600g, 46700g, 46800g, 46900g, 47000g, 47100g, 47200g, 47300g, 47400g, 47500g, 47600g, 47700g, 47800g, 47900g, 48000g, 48100g, 48200g, 48300g, 48400g, 48500g, 48600g, 48700g, 48800g, 48900g, 49000g, 49100g,

ea. Breton original Doux Croustilles aux Croustilles Doux Croustilles aux Croustilles Bear Paws Doux Croustilles aux Croustilles Doux Croustilles aux Croustilles 3.49	ea. Skittles Candy Doux Croustilles aux Croustilles Doux Croustilles aux Croustilles Jubes Doux Croustilles aux Croustilles Doux Croustilles aux Croustilles 3.49	ea. ACTIVIA Doux Croustilles aux Croustilles Doux Croustilles aux Croustilles 6.99
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this week's deals:

Only until April 1, 2026, in-store or online

add your moi rewards coupons



375
points
value of \$3

BUTTERBALL
RAISED WITHOUT antibiotics
Seasoned
Boneless Turkey Roast
Turkey Breast
15% Meat Protein
COOK FROM FROZEN

NOW 16⁹⁹
ea.
SAVE UP TO \$6

22⁹⁹*
ea.
BUTTERBALL BONELESS TURKEY BREAST ROAST
FROZEN, 1.2 kg
SELECTED VARIETIES



CELEBRATION
BUTTER COOKIES - BISCUITS AU BEURRE
MILK CHOCOLATE - CHOCOLAT AU LAIT
240 g

NOW 2⁹⁹
ea.
SAVE UP TO \$1.80

47⁹⁹*
ea.
LECLERC COOKIES
SELECTED SIZES
SELECTED VARIETIES



Irresistible
ALMONDS AMANDES
COVERED WITH MILK CHOCOLATE
300 g

NOW 5⁹⁹
ea.
SAVE UP TO \$2

7⁹⁹*
ea.
IRRESISTIBLE CHOCOLATE COVERED ALMONDS
300 g
SELECTED VARIETIES



Takis
FUEGO
198 - 260 g
SELECTED VARIETIES

NOW 3⁹⁹
ea.
SAVE UP TO \$1

4⁹⁹*
ea.
TAKIS
198 - 260 g
SELECTED VARIETIES



100% COLOMBIAN
SINGLE ORIGIN
MEDIUM BODY, SWEET
WITH CITRUS NOTES
MEDIUM ROAST
30

NOW 12⁹⁹
ea.
SAVE UP TO \$7

19⁹⁹*
ea.
IRRESISTIBLES COFFEE CAPSULES
30 ml
SELECTED VARIETIES



NEW!
EARTH'S OWN
FRENCH VANILLA
946 ml
SELECTED VARIETIES

NOW 4⁹⁹
ea.
SAVE UP TO \$1.50

6⁹⁹*
ea.
EARTH'S OWN CREAM
946 ml
SELECTED VARIETIES

LIMIT ONE REDEMPTION PER CUSTOMER
Offer available only on the My Metro app with a moiD account. Limit of one coupon redemption with a moiD account, unless expressly stated otherwise in the terms of the offer. Offer coupon must be loaded at time of purchase. Available while supplies last. See app for full coupon details. *Price may vary at select locations.

Easter

Scavenger Hunt



Join us in-store for sweet treats & fun on
Saturday, March 28 from 10am to 4pm.

Farm Fresh Produce



1.99
/lb

Large Seedless Blood Oranges
Product of U.S.A.
Grosse orange sangre sans pépins
Produit des États-Unis



4.99
ea.

Strawberries
Product of U.S.A.
Fraises



1.69
/lb

Sweet Potatoes
Product of U.S.A.
Patates douces



2.99
/lb

Heirloom Tomatoes
Product of U.S.A.
Tomates



3.99
/lb

Chenopodium Leaves
Product of U.S.A.
Chenopodium



1.99
/lb

Large Red Prince Apples
Product of U.S.A.
Grandes pommes Red Prince



4.99
ea.

French Beans
Product of U.S.A.
Haricots verts



3.49
ea.

Green Lettuce
Product of U.S.A.
Laitue



4.99
ea.

Black Mission Figs
Product of U.S.A.
Figs Black Mission



5.99
/lb

Cotton Candy Grapes
Product of U.S.A.
Raisins cotton candy



99¢
/lb

Green Cabbage
Product of U.S.A.
Chou



3.99
/lb

Broccoli Sprouts
Product of U.S.A.
Choux de Bruxelles



3.99
ea.

Golden Wonder Potatoes
Product of U.S.A.
Patates de terre



2.49
/lb

Large Bartlett Pears
Product of U.S.A.
Groses poches Bartlett



3.99
ea.

Mini Cucumbers
Product of U.S.A.
Mini-courcoubes



2.49
/lb

Green Zucchini
Product of U.S.A.
Courgettes



7.99
ea.

Sweet Baby Broccoli
Product of U.S.A.
Brocoli



3.99
ea.

Meyer's Lemon
Product of U.S.A.
Citron Meyer



4.99
ea.

Cabot Sweet Potatoes
Product of U.S.A.
Patates douces



3.79
ea.

Belle Grove Maple Syrup
Product of U.S.A.
Sirop d'érable



5.99
ea.

Pistachios
Product of U.S.A.
Pistaches



5.99
ea.

Banana's Sweet Potato
Product of U.S.A.
Patate douce



2.99
ea.

Romaine Lettuce
Product of U.S.A.
Laitue Romaine



2.49
ea.

Asparagus
Product of U.S.A.
Asperges

Sliced & Diced



9.99
ea.

Pomegranate Tray
Product of U.S.A.
Tray de grenade



14.99
ea.

Strawberry Pomegranate Tray
Product of U.S.A.
Tray de fraises et grenade



14.99
ea.

Family Size Salad
Product of U.S.A.
Salade

Organic



2.99
/lb

Organic Seedless Oranges
Product of U.S.A.
Oranges sans pépins



4.99
ea.

Organic Avocados
Product of U.S.A.
Avocats



6.99
ea.

Organic Yellow Flesh Potatoes
Product of U.S.A.
Patates jaunes



5.99
ea.

Organic Sweet Potatoes
Product of U.S.A.
Patates douces

metro.ca



YOUR FIRST 3 ORDERS*

metro.ca

UP TO
\$60
OFF



Shop Offer



*\$20 off your first 3 online orders of \$80 or more.
Certain conditions apply. Details on metro.ca

Our Butcher's Finest

250 points
value of \$2

2⁹⁹
/lb

Butterball®
Chestnut Roasted
Turkey
12.5kg
Butterball®
Chestnut Roasted
Turkey
12.5kg

12⁸⁸
/lb

Red Grill Easy Carne
Prime Rib Roast
20.4kg
Red Grill Easy Carne
Prime Rib Roast
20.4kg

100% CANADIAN
AA

BONELESS

5⁹⁹
/lb

Boneless Pork Loin Chop
12.2kg
Boneless Pork Loin Chop
12.2kg

33⁹⁹
/lb

Porthouse Grill Angus
Beef Tenderloin
20.4kg
Porthouse Grill Angus
Beef Tenderloin
20.4kg

100% CANADIAN
AA

PRIME

7⁹⁹
/lb

Maple Leaf Prime Raised without Antibiotics Fresh Spin Chicken Wings
17.5kg
Maple Leaf Prime Raised without Antibiotics Fresh Spin Chicken Wings
17.5kg

5⁹⁹
/lb

Yorkshire Valley Farms
Organic Chicken
12.2kg
Yorkshire Valley Farms
Organic Chicken
12.2kg

YORKSHIRE
VALLEY Farms
Organic

125 points
value of \$1

6⁸⁸
/lb

Boneless Lamb Leg
12.2kg
Boneless Lamb Leg
12.2kg

7⁹⁹
/lb

Maple Leaf Prime Raised without Antibiotics Fresh Spin Chicken Wings
17.5kg
Maple Leaf Prime Raised without Antibiotics Fresh Spin Chicken Wings
17.5kg

12⁹⁹
/lb

Yorkshire Valley Farms
Organic Chicken
12.2kg
Yorkshire Valley Farms
Organic Chicken
12.2kg

YORKSHIRE
VALLEY Farms
Organic

19⁹⁹
/lb

Yorkshire Valley Farms
Organic Chicken
12.2kg
Yorkshire Valley Farms
Organic Chicken
12.2kg

YORKSHIRE
VALLEY Farms
Organic

I earn with moi rewards

Schneider's Breakfast
Egg Bag
11.5kg
Schneider's Breakfast
Egg Bag
11.5kg

5⁹⁹
ea.

125 points
value of \$1

Maple Leaf Sausage Meat
12.2kg
Maple Leaf Sausage Meat
12.2kg

6⁹⁹
ea.

80 points

Loaf's
Pasta
12.2kg
Loaf's
Pasta
12.2kg

7⁹⁹
ea.

90 points

Insatiable
Pasta
12.2kg
Insatiable
Pasta
12.2kg

5⁹⁹
ea.

70 points

Fletcher's
Pork Chops
11.5kg
Fletcher's
Pork Chops
11.5kg

4⁹⁹
/lb

125 points
value of \$1

Montana's
Pork Chops
11.5kg
Montana's
Pork Chops
11.5kg

8⁹⁹
ea.

125 points
value of \$1

Kelsey's
Pork Chops
11.5kg
Kelsey's
Pork Chops
11.5kg

12⁹⁹
ea.

125 points
value of \$1

Yorkshire Valley Farms
Organic Chicken
12.2kg
Yorkshire Valley Farms
Organic Chicken
12.2kg

19⁹⁹
ea.

250 points
value of \$2

Entertaining Favourites

Ultimate
Chicken Balls
11.5kg
Ultimate
Chicken Balls
11.5kg

5⁹⁹
ea.

Maple Leaf Ultimate
Chicken Balls
11.5kg
Maple Leaf Ultimate
Chicken Balls
11.5kg

5⁹⁹
ea.

Johnsonville
Sausages
11.5kg
Johnsonville
Sausages
11.5kg

6⁹⁹
ea.

Insatiable
Pasta
12.2kg
Insatiable
Pasta
12.2kg

12⁹⁹
ea.

Maple Leaf Prime
Pasta
12.2kg
Maple Leaf Prime
Pasta
12.2kg

9⁹⁹
ea.

Maple Leaf Prime
Pasta
12.2kg
Maple Leaf Prime
Pasta
12.2kg

9⁹⁹
ea.

Schneider's Dips
11.5kg
Schneider's Dips
11.5kg

12⁹⁹
ea.

Maple Leaf Prime
Pasta
12.2kg
Maple Leaf Prime
Pasta
12.2kg

15⁹⁹
ea.

Shrimply the best

Get appy with our **Irresistible** selection of shrimp.



IRRESISTIBLE
BACON-WRAPPED
SCALLOP
MEDALLION
FROZEN, 200 g
8⁹⁹
ea.



IRRESISTIBLE
SHRIMP BURRITOS
FROZEN, 240 g
7⁹⁹
ea.



IRRESISTIBLE
BANG BANG SHRIMP
FROZEN, 340 g
8⁹⁹
ea.



IRRESISTIBLE
TORPEDO SHRIMP
FROZEN, 284 g
8⁹⁹
ea.



7⁹⁹
ea.
IRRESISTIBLE
PACIFIC WHITE
SHRIMP RING
FROZEN, 284 g



8⁹⁹
ea.
IRRESISTIBLE
WILD ARGENTINIAN
SHRIMP RING
FROZEN, 250 g



19⁹⁹
ea.
IRRESISTIBLE
PACIFIC WHITE JUMBO
COOKED SHRIMP
WITH SAUCE
FROZEN, 21 - 25 SIZE
600 g



Shop
these and
more in-store
or online

Seafood

9⁹⁹
/lb

Wild Caught Atlantic Cod Fillet
Pescado Atlántico fresco, 2,27 kg
Filet de mer sauvage d'Atlantique
Poisson d'Atlantique, 2,27 kg

12⁹⁹
/lb

Fresh Icelandic Trout Fillet Value Pack
Poisson d'Islande, 2,27 kg
Filet de saumon d'Islande avec os et en emballage économique
Poisson, 2,27 kg

4⁹⁹
ea.

2 Pcs Sole with Stuffing
Sole 7 Pcs avec farce
Sole, 2,27 kg

5⁹⁹
ea.

Fresh Canadian Cove Organic Shrimp
Langoustines biologiques
Pâtisseries fraîches
Canadian Cove
Langoustine, 2,27 kg

6⁹⁹
/lb

Fresh Pasta Clams
Pâtisseries fraîches
pour pâtes
Clams, 2,27 kg

8⁹⁹
/lb

Store Made Seafood Salad
Salade de poisson
Salade de poisson de mer
préparée au magasin
Préparé au magasin
Salade de poisson, 2,27 kg

8⁹⁹
ea.

Oyster Prime White Clamlet Spiral
Poisson, 2,27 kg
Calmar Oyster Prime
entier nettoyé
Oyster, 2,27 kg

13⁹⁹
ea.

BACCALA Calmar Brand Salted Cod only
Bacon salé
Calmar décaillé
Calmar, 2,27 kg

13⁹⁹
ea.

Oyster Jumbo White Mediterranean Sea Food
Poisson, 2,27 kg
Bac commun de la Méditerranée entier
Oyster Jumbo
Oyster, 2,27 kg

49⁹⁹
/lb

King Crab
Poisson, 2,27 kg
Crabe royal
Crabe, 2,27 kg

6⁹⁹
ea.

Invisibles Original Spicy Rings
Rondelles de carottes
Invisibles
Carottes, 2,27 kg

8⁹⁹
ea.

Invisibles Caramel Pecan White Donut
Donuts
Invisibles
Donuts, 2,27 kg

9⁹⁹
ea.

Invisibles Seafood Medley
Mélange de fruits de mer
Invisibles
Fruits de mer, 2,27 kg

10⁹⁹
ea.

Invisibles Crab Cake
Invisibles Maryland
Crab Cake
Invisibles
Crab Cake, 2,27 kg

Deli Favourites

2⁹⁹
/100 g

Maple Lodge Chicken Breast
Poisson, 2,27 kg
Poisson de poulet
Maple Lodge
Poisson, 2,27 kg

2⁹⁹
/100 g

Shawarma Chicken or Grilled Ham
Poisson, 2,27 kg
Jambon Grillé entier ou
Grand-père Shawarma
Poisson, 2,27 kg

1⁹⁹
/100 g

Krimos Traditional Feta Cheese
Poisson, 2,27 kg
Fromage Feta traditionnel
Feta
Poisson, 2,27 kg

11⁴⁹
ea.

Spartan Softened Cheese
Poisson, 2,27 kg
Fromage
Spartan Softened
Poisson, 2,27 kg

5⁴⁹
ea.

Pizzeria Belladonna Pizzas
Poisson, 2,27 kg
Cannettes à pizza Belladonna
Poisson, 2,27 kg

7⁴⁹
ea.

Braniff Sausage Chubs
Poisson, 2,27 kg
Sausisson Braniff
Poisson, 2,27 kg

6⁹⁹
ea.

Ricotta Cheese
Poisson, 2,27 kg
Fromage Ricotta
Poisson, 2,27 kg

5⁹⁹
ea.

Celebrity Cheesecake
Poisson, 2,27 kg
Fromage Celebrity
Poisson, 2,27 kg

4⁹⁹
ea.

New York Style Bagel Crisps
Poisson, 2,27 kg
Bagel Crisps
Poisson, 2,27 kg

8⁰⁰
ea.

Swiss Chalet Swiss Cheddar Pot Pie
Poisson, 2,27 kg
Pâté au fromage
Swiss Chalet
Poisson, 2,27 kg

8⁰⁰
ea.

Fresh 2 Go Fresh Pasta
Poisson, 2,27 kg
Pâtes fraîches
Fresh 2 Go
Poisson, 2,27 kg

Love cheese?

Cheese connoisseurs will enjoy our vast selection – tasty on their own or as part of charcuterie boards & party platters.



749
ea.
BOTHWELL
CHEESE
170g
SELECTED VARIETIES

999
ea.
ZERITO
MOZZARELLA
250g
SELECTED VARIETIES

549
/100 g
COOMBE CASTLE
CRANBERRY
WENSLEYDALE
DELICIOUS. PRICES AS MARKED
240g

2200
ea.
Bella Casara
BURRATA CHEESE
250g

1499
ea.
TRE STELLE
MASCARPONE CHEESE
475g

699
ea.
PECORINO
OR BALDERSON
SPREADABLE CHEESE
185-200g
SELECTED VARIETIES

1799
ea.
INSEPARABLE
BRIE
500g

329
/100 g
BALDERSON
CHEDDAR
AGED 24 MONTHS
DELICIOUS. PRICES AS MARKED
5,29/100g WHEN YOU BUY
LESS THAN 500g

359
/100 g
PARMIGIANO REGGIANO
AGED 24 MONTHS
DELICIOUS. PRICES AS MARKED
5,29/100g WHEN YOU BUY
LESS THAN 500g

459
/100 g
JARLSBERG
CHEESE
DELICIOUS. PRICES AS MARKED
5,29/100g WHEN YOU BUY
LESS THAN 500g

479
/100 g
L'EXTRA
DOUBLE CHEDDAR
DELICIOUS. PRICES AS MARKED
5,29/100g WHEN YOU BUY
LESS THAN 500g

499
/100 g
OKA CHEESE
DELICIOUS. PRICES AS MARKED
26,63/100g

1099
ea.
OKA CHEESE
100g
SELECTED VARIETIES

Elevate your plate

Take your Easter table to the next flavour level with a mix of gourmet breads, sides, starters & main dishes.

FRONT STREET BAKERY
OUR ARTISANAL PURES

MADE WITH
100% REAL CHEESE



FRONT STREET BAKERY
EXTRA CHEDDAR
CHEESE BREAD
855 g

749
ea.

Choose from a fine selection of
Artisanal breads *baked in my metro.*

FRONT STREET BAKERY
275 g
SELECTED VARIETIES



399
ea.

FRONT STREET BAKERY
445 g



469
ea.

FRONT STREET BAKERY
500 g



459
ea.

FRONT STREET BAKERY
485 g



469
ea.



FRESH 2 GO
BLACK FOREST HAM WITH PARISienne POTATOES
800 g
100% SERVED, SERVED HOT

1999
ea.



FRESH 2 GO
ROASTED PORCHETTA WITH MIXED PEPPERS
1 kg
100% SERVED, SERVED HOT

2499
ea.



FRESH 2 GO
LASAGNA
1.5 kg
SERVES 4-6

2500
ea.



PREMIERE MOISSON
SOUPS
200 ml
SELECTED VARIETIES

699
ea.



SUMMI
DUMPLINGS
OR SPRING ROLLS
250 g
SELECTED VARIETIES

499
ea.



O'SOLE MIO
FRESH PASTA
250 g
SELECTED VARIETIES

529
ea.



O'SOLE MIO
PASTA SAUCE
300 ml
SELECTED VARIETIES

399
ea.



SABOR GUACAMOLE
CLASSICO OR SPICY
150 g

499
ea.



GARDEN FRESH
TORTILLA CHIPS, SALSA
OR FRESH
MASHED POTATOES
387, 400 g, 473 ml
SELECTED VARIETIES

599
ea.



SUMMER FRESH
6-LAYER DIP
400 g
SELECTED VARIETIES

1099
ea.



FRESH 2 GO
TORTILLA CHIPS
1 kg
SELECTED VARIETIES

500
ea.

Lemon Treats

Front Street Bakery
Lemon Meringue Pie
12 1/2

6⁹⁹
ea.

Front Street Bakery
Tarte Front Street Bakery
au citron meringue
12 1/2

21⁹⁹
ea.

Front Street Bakery
Lemon Poppy Seed
Coffee Cake 12 1/2
Gâteau poppy seed
à la confiture au citron
à garnir de yaourt 12 1/2

10⁹⁹
ea.

Front Street Bakery
Lemon Pecan Tarts
12 1/2 x 4 1/2 x 1 1/2 x 1 1/2
Tartelettes aux noix
Front Street Bakery au citron
12 1/2 x 4 1/2 x 1 1/2 x 1 1/2

5⁹⁹
ea.

Front Street Bakery Lemon Danish
12 1/2 x 4 1/2 x 1 1/2 x 1 1/2
Danish au citron
Front Street Bakery au citron
12 1/2 x 4 1/2 x 1 1/2 x 1 1/2

7⁹⁹
ea.

Mc Kibing Lemon Snack
Cakes 12 1/2
Petits gâteaux Mc Kibing
au citron 12 1/2
12 1/2 x 4 1/2 x 1 1/2 x 1 1/2

3⁶⁹
ea.

Strawberry Delights

Front Street Bakery
Chocolate Boston
Cake 12 1/2
Gâteau Boston
Front Street Bakery
au chocolat 12 1/2
12 1/2 x 4 1/2 x 1 1/2 x 1 1/2

22⁹⁹
ea.

Front Street Bakery
Strawberry Shortcake 12 1/2
Shortcake aux fraises
Front Street Bakery
garni de fraises 12 1/2
12 1/2 x 4 1/2 x 1 1/2 x 1 1/2

31⁹⁹
ea.

Front Street Bakery
Triple Strawberry Boston Cake 12 1/2
Triple Strawberry
Front Street Bakery
garni triple fraises
12 1/2 x 4 1/2 x 1 1/2 x 1 1/2

22⁹⁹
ea.

Front Street Bakery
Strawberry Cheesecake 12 1/2
Gâteau au fromage
Front Street Bakery garni de fraises
12 1/2 x 4 1/2 x 1 1/2 x 1 1/2

4⁹⁹
ea.

La Fourmi Dorée
Bûche Stend
Bûche Stend
La Fourmi dorée
12 1/2 x 4 1/2 x 1 1/2 x 1 1/2

5⁹⁹
ea.

Meal Essentials

Ben's Original
Pasta Sauce
24 oz. 12 1/2 x 4 1/2 x 1 1/2 x 1 1/2

1⁹⁹
ea.

Ben's Original
Pasta Sauce
24 oz. 12 1/2 x 4 1/2 x 1 1/2 x 1 1/2

1⁹⁹
ea.

Green Giant
Canned Vegetables
24 oz. 12 1/2 x 4 1/2 x 1 1/2 x 1 1/2

1⁹⁹
ea.

French's Ketchup
24 oz. 12 1/2 x 4 1/2 x 1 1/2 x 1 1/2

5⁴⁹
ea.

Ken's
Ramen Noodles
24 oz. 12 1/2 x 4 1/2 x 1 1/2 x 1 1/2

2⁴⁹
ea.

Kiwi's Mustard
24 oz. 12 1/2 x 4 1/2 x 1 1/2 x 1 1/2

5⁹⁹
ea.

IDAHOAN
Roasted Garlic
24 oz. 12 1/2 x 4 1/2 x 1 1/2 x 1 1/2

1⁹⁹
ea.

IDAHOAN
Roasted Garlic
24 oz. 12 1/2 x 4 1/2 x 1 1/2 x 1 1/2

1⁹⁹
ea.

Montana's
Sauce Grille à servir
24 oz. 12 1/2 x 4 1/2 x 1 1/2 x 1 1/2

2⁹⁹
ea.

Selection
Canned Mushrooms
24 oz. 12 1/2 x 4 1/2 x 1 1/2 x 1 1/2

1⁴⁹
ea.

Club House Spice of
Seasoning Blends
24 oz. 12 1/2 x 4 1/2 x 1 1/2 x 1 1/2

5⁴⁹
ea.

RAO'S
Pasta Sauce
24 oz. 12 1/2 x 4 1/2 x 1 1/2 x 1 1/2

9⁹⁹
ea.

Eggos
Original
24 oz. 12 1/2 x 4 1/2 x 1 1/2 x 1 1/2

3⁹⁹
ea.

PIZZA POPS
24 oz. 12 1/2 x 4 1/2 x 1 1/2 x 1 1/2

6⁹⁹
ea.

Irresistible
24 oz. 12 1/2 x 4 1/2 x 1 1/2 x 1 1/2

4⁹⁹
ea.

Twisters
24 oz. 12 1/2 x 4 1/2 x 1 1/2 x 1 1/2

9⁹⁹
ea.

Michelina's
24 oz. 12 1/2 x 4 1/2 x 1 1/2 x 1 1/2

3⁹⁹
ea.

Michelina's
24 oz. 12 1/2 x 4 1/2 x 1 1/2 x 1 1/2

5⁹⁹
ea.

FREE SAME-DAY PICKUP SAME FLYER PRICES AND DEALS ONLINE

Prep for your feast

Hosting's easy with our delicious variety of apps, main events & sweet desserts.

FRESH 2 GO
SMACK OR
ANTIPASTO TRAY
600-700g
SELECTED VARIETIES

15⁰⁰
ea.

FAMILY
SIZE

FAMILY SIZE SALADS
400-480g
SELECTED VARIETIES

10⁹⁹
ea.

SEAFOOD BOIL
FRESH, 2.43/1000g

10⁹⁹
/lb

STORE-MADE
DIPS
200-500g

5⁹⁹
ea.

STORE-MADE
JUMBO SHRIMP
WITH SAUCE
PREVIOUSLY FROZEN
28-30 PIECE, 2.20/100g

9⁹⁹
/lb

FRONT STREET BAKERY
GOURMET COOKIE TRAY
600-700g
SELECTED VARIETIES

9⁹⁹
ea.

Catering tray orders require 48 hours notice.

FRESH 2 GO SMOKED PLANK.
BURRATA PLATTER ON ARTISANAL MEAT PLATTER
1.00
ORDER IN-STORE OR ONLINE

44⁹⁹
ea.

FRESH 2 GO
MINI BURRATA TEAR
& SHARE TRAY.
BAKE IT BAKE TRAY
OR VEGET-LOADING
CHARCUTERIE
1.00
ORDER IN-STORE OR ONLINE

29⁹⁹
ea.

FRESH 2 GO
MINI CHARCUTERIE TRAYS
1.00
ORDER IN-STORE OR ONLINE

29⁹⁹
ea.

FRESH 2 GO
SMOKED THE WORLD
CHEESE PLANK
1.00

49⁹⁹
ea.

IRRESISTIBLES ARTISAN
HALF MOON
SMOKED HAM
12.24kg

5⁹⁹
/lb

MAPLE LEAF OR
SCHNEIDERS
SMOKED HAM
600-700g
SELECTED VARIETIES

11⁹⁹
ea.

1.4 KG

SELECTION
BONELESS
SMOKED HAM
JAMBON FUME
DESSECHÉ
1.4kg
1.00

13⁹⁹
ea.



metro
FRESH
2 GO



*We have
your catering
covered.*

**Minimum of 48 hours notice on all orders.*



**Place Your Catering
Order Today**



Online
fresh2go.metro.ca



In Store
Visit Our Deli

All the essentials

Complete your Easter menu with our selection of tasty must-haves.





1.99 ea.
STOVE TOP
DINDIE
1.5L
SELECTED VARIETIES



1.99 ea.
STOVE TOP
CHICKEN
POULET
1.5L
SELECTED VARIETIES



1.99 ea.
CLOVER LEAF
SMOKED OYSTERS
1.5L
SELECTED VARIETIES



1.99 ea.
CLOVER LEAF
SMOKED MUSSELS
1.5L
SELECTED VARIETIES



99¢ ea.
CLUB HOUSE
BROWN GRAVY
1.5L
SELECTED VARIETIES



2.79 ea.
DOLE
CANNED PINEAPPLE
1.5L
SELECTED VARIETIES



6.49 ea.
BICK'S
PICKLES
1.5L
SELECTED VARIETIES



2.99 ea.
FRENCH
DIJON MUSTARD
1.5L
SELECTED VARIETIES



4.49 ea.
SARGOL
SARDINE OILS
1.5L
SELECTED VARIETIES



4.99 ea.
KELLOGG'S
RICE KRISPIES
CEREAL
1.5L
WHOLE SUPPLIES LAST



5.49 ea.
IRRESISTIBLES
CRISP CRACKERS
1.5L
SELECTED VARIETIES



4.99 ea.
PILLSBURY
PULLS APART
COOKIES
1.5L
WHOLE QUANTITIES LAST



2.99 ea.
PLANTERS
TRAIL MIX
1.5L
SELECTED VARIETIES



14.99 ea.
TIM HORTONS
ORIGINAL BLEND
MELANGE
1.5L
SELECTED VARIETIES



7.49 ea.
OCEAN SPRAY
SPARKLING CRANBERRY
DRINK
1.5L
SELECTED VARIETIES



2.79 ea.
CLEARLY CANADIAN
SPARKLING WATER
1.5L
SELECTED VARIETIES



8.49 ea.
INVITATIONS
ALCOHOL-FREE
WINE
1.5L
SELECTED VARIETIES



14.99 ea.
TIM HORTONS
GROUND COFFEE
1.5L
SELECTED VARIETIES



2.99 ea.
REDPATH
BROWN SUGAR
1.5L
SELECTED VARIETIES



4.99 ea.
DAY LEA
WHIPPED CREAM
1.5L
SELECTED VARIETIES



3.99 ea.
ROBIN HOOD OR
PINE WOODS FLOUR
1.5L
SELECTED VARIETIES



2.99 ea.
REDPATH
BAKING POWDER
1.5L
SELECTED VARIETIES



2.99 ea.
SELECTION
SHREDDED COCONUT
1.5L
SELECTED VARIETIES

More Great Savings



Timothy's
Coffee Capsules 100 ea.



McCafé Instant
Coffee 100 ea.



Tetley Tea Bags
100 ea.



Dallmann's
Coffee Capsules 100 ea.



Whole Earth
Plant Based
Liquid Soap
569 ea.



Tropicana
Rejuvenated
Juice 549 ea.



Invisibobble
Woven Cracker 299 ea.



Invisibobble
Woven Cracker 199 ea.



Diet Coke
499 ea.



M&M's
649 ea.



Asahi Beer
1199 ea.



Busch Beer
1249 ea.



Pilsener Beer
899 ea.



Maison Penier
Selection Products
499 ea.



Maison Penier
Selection Products
899 ea.



Natrel Coffee Creamer
699 ea.



Ritz Crackers
299 ea.



Ritz Crackers
299 ea.



Hellmann's Mayonnaise
499 ea.



Kinder Surprise Eggs
649 ea.



Kinder Surprise Eggs
1299 ea.



Kinder Surprise Eggs
1399 ea.

Spring into flavourful spirits

Complement your feast with favourite red & white wines, cold brews & cocktails.

FOLONARI
PINOT GRIGIO
delle Venezie

15⁴⁹ ea.

[yellow tail]
SHIRAZ

15⁴⁹ ea.

BASK
SAUVIGNON WHITE WINE
750 ml

14⁴⁹ ea.

BASK
SAUVIGNON BLANC
750 ml

20⁴⁹ ea.

Castello del Diavolo
CABERNET SAUVIGNON
750 ml

14⁴⁹ ea.

Castello del Diavolo
MERLOT
750 ml

17⁴⁹ ea.

HEINEKEN
ORIGINAL
PILSENER BEER

21⁹⁹ ea.

SAPPORO
PREMIUM LAGER

19⁹⁹ ea.

STELLA ARTOIS

59⁹⁹ ea.

Budweiser
PILSENER

28⁹⁹ ea.

Miller Lite

12⁴⁹ ea.

COTTAGE SPRINGS
VODKA SODA

21⁹⁹ ea.

COTTAGE BEVERAGES
ESSENTIALS MIXED PACK

21⁹⁹ ea.

Coors
SELTZER SLUSHIE
FLAVOURS

31⁹⁹ ea.

Dillon's
GIN COCKTAILS
VARIETY PACK

33⁹⁹ ea.

Advertised prices are subject to change and exclude GST and deposit fees, which are added at checkout. Alcoholic items are available at select stores. See stores for availability.

Complement your feast with favourite red & white wines, cold brews & cocktails.

BASK
SAUVIGNON WHITE WINE
750 ml
14⁴⁹
ea.

CASILLERO DEL DIABLO
CABERNET SAUVIGNON
750 ml
14⁴⁹
ea.

FOLONARI
PINOT GRIGIO OR
YELLOW TAIL SHIRAZ
750 ml
SELECTED VARIETIES
15⁴⁹
ea.

750 ml
2049
ea.

750 ml
1749
ea.

6 x 500 ml
2199
ea.

289

19

59⁹⁹
ea.

319

2199
ea.

33⁹⁹
ea.

Advertised prices are subject to change and exclude HST and deposit fees, which are added at checkout. Alcoholic items are available at select stores. See metro.ca for availability.

FLAVOURS OF

Vaisakhi

CELEBRATE THE NEW YEAR SPRING HARVEST FESTIVAL

21⁹⁹

ea.

LA ROCHE
TORTLESS MANGO
MOUSSE CAKE
400 g

1⁹⁹

ea.

HONEY BITES P9
MANGOES
PRODUCT OF INDIA

3⁹⁹

ea.

ROYAL DELIGHT
SAMOSAS
400/500 g
SELECTED VARIETIES

9⁹⁹

ea.

PARULMENT GOLD
MOON OR LA BELLA
BROWN BASMATI RICE
500 g
SELECTED VARIETIES

9⁹⁹

ea.

SAFFRON
VEGETABLE OIL
OR CANOLA OIL
1 L
SELECTED VARIETIES

16⁹⁹

ea.

SERRERA
BOUQUET
FLOWER COLOURS

7⁹⁹

ea.

ARJUN
BASMATI RICE
500 g
SELECTED VARIETIES

13⁹⁹

ea.

GHAR'S
GHEE
500 g

1⁶⁹

ea.

CEDAR
CANNED BEANS
400 g
SELECTED VARIETIES

3⁴⁹

ea.

INDOMIE NOODLES
OR MAGGI SAUCES
100/125/150 g
SELECTED VARIETIES

8⁹⁹

ea.

AALANKAR OR CEDAR
TAMAR OR
PHOSHEERA PICKLES
500/500 g
SELECTED VARIETIES

1⁹⁹

ea.

DIVYA
MAKHANA OR PURIYAS
200/400 g
SELECTED VARIETIES

2⁴⁹

ea.

HUMS DAHL PHOSHEERA
OR CEDAR PHOSHEERA
200/400 g
SELECTED VARIETIES

3⁹⁹

ea.

DIVYA LENTILS OR
BLACK CHICK PEAS
100/150/200 g
SELECTED VARIETIES

2⁴⁹

ea.

SURATI SNACKS
DIVYA BAKED CHANA,
BISCUIT OR
BISCUIT CRISPS
200/400 g
SELECTED VARIETIES

3⁹⁹

ea.

CASABLANCA
ORIGINAL DANISH BUTTER
COOKIES
450 g

99¢

ea.

DIVYA
OMBA
100 g
SELECTED VARIETIES

1⁶⁷

ea.

NATIONAL
SPICE MIXES OR
GHEE MIXES
45/200 g
SELECTED VARIETIES

3⁴⁹

ea.

DIVYA PICKLED
ONIONS OR FRIED ONIONS
50/100 g
SELECTED VARIETIES

99¢

ea.

PARLE-G OR L1
COOKIES
50/100 g
SELECTED VARIETIES

99¢

ea.

PARLE-G OR L1
COOKIES
50/100 g
SELECTED VARIETIES

Item availability varies by store



We take pride in sourcing locally from the
Eastern Ontario Region.

RINAG
SAMOSAS
185 - 255 g
SELECTED VARIETIES

5⁹⁹
ea.



L'ORIGINAL HAM
13.21 /kg
SELECTED VARIETIES

5⁹⁹
/lb



ST. ALBERT
CHEESE CURDS
200 g
SELECTED VARIETIES

6⁴⁹
ea.



NANNY HUDSON
KETCHUP OR RELISH
375 ml

6⁹⁹
ea.



QUINTA
CANADIAN QUINOA
400 g

6⁹⁹
ea.



LAVIOLETTE
EGGS
18 PACK

5⁹⁹
ea.



Effective March 26 - April 22, 2026



BRING HOME THE BELL

NEW
FLAVOURS
OF DIPS AND SHELLS!



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5⁴⁹
ea.

TACO BELL
DIPS
425 - 445 g
SELECTED VARIETIES

3⁹⁹
ea.

TACO BELL
SEASONED SHELLS
137 g
SELECTED VARIETIES