

CHALO!

FRESH CO

Flyer in effect
March 26-April 1, 2026
Prices in effect in Western Canada

EASTER DEALS



\$6.99
/lb

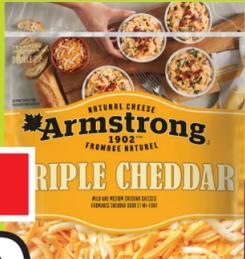
Beef Outside Round Oven Roast
Cut from Canada AA Beef or Higher
15.41/kg reg 9.99/lb
WHILE SUPPLIES LAST, LIMIT OF 2



Burnbrae Farms Prestige Family Pack Large Eggs, Golden Valley Large Eggs or Sparks Large Eggs
18 pk LIMIT OF 4 SELECTIONS VARY BY STORE

Scene+ MEMBER PRICING
SAVE \$2
\$4.99
without Scene+ Card **\$6.99**

SAVE UP TO \$3



\$4.99

Armstrong Ripple Cheddar
400 g



Indian Eggplant
Product of Mexico or The Dominican Republic 3.28/kg

\$1.49
/lb



Avocados
5 pk
Product of Mexico

\$3.49



Cantaloupe
Product of Costa Rica or Guatemala, No. 1 Grade

\$2.99



Russet Potatoes 15 lb
Product of Canada Canada No. 1, 6.81 kg

\$6.99



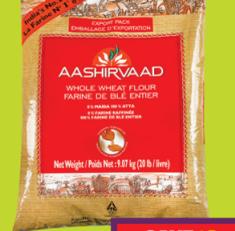
Compliments Cooked Shrimp with Cocktail Sauce
Frozen 737 g
reg 19.99

SAVE \$6
\$13.99



Dunya Harvest Parboiled or Long Grain White Rice
8 kg
reg 17.99

SAVE \$6
\$11.99



Aashirvaad Flour 9.07 kg
reg 20.99

SAVE \$8
\$12.99



Chalo! Dahi
2% or 3.25%
1.8 kg reg 5.79

SAVE 80¢
\$4.99



Nestlé Real Dairy & Confectionery Frozen Dessert
1.5 L Drumstick or Novelties
4-10 pk iDGO Frozen Yogurt
Tubs 946 mL
Novelty Bars
4 pk or Pops 8 pk
reg 5.99-6.99

SAVE UP TO \$2.05
\$4.94



Mastro Genoa Salami
600 g
reg 15.99

100 PTS when you buy 2
SAVE \$6
\$9.99



Fantino & Mondello Deli Meat
100-200 g or Maple Leaf Natural Selections
175 g
reg 7.99

SAVE \$2
\$4.49
without Scene+ Card **\$6.49**



Villaggio Bread
510-550 g or Buns 6-8 pk
reg 4.19-4.49

SAVE \$1
\$2.99
without Scene+ Card **\$3.99**



make happy tummies

Join Us.

100% of donations help feed hungry tummies at schools in our neighbourhoods.

Donate in-store

makehappytummies.ca

TM 2026 Make Happy Tummies

PRODUCT SELECTION MAY VARY BY LOCATION

Locally Owned & Operated BY PROUD CANADIANS



Look for the leaf to help you support Canada



Learn more

CHANCE TO WIN* EVERY WEEK!

GROCERY GIVEAWAYS



Play on the FreshCo app now

IT'S GAME TIME

Don't miss your chance to play weekly challenges, answer trivia questions, Spin the Wheel and earn chips to enter into your choice of sweepstakes prizes for a chance to win* - exclusively on the FreshCo app



Download the FreshCo grocery app to play.



Register or sign into your account and link your Scene+ card.



Play every week for a chance to unlock offers for free products, Scene+ points and earn chips.

*NO PURCHASE NECESSARY. Full Contest rules found at freshco.ca/grocerygiveaways. Contest runs from 03/26/26 - 04/25/26. Open to legal residents across provinces of Canada excluding Quebec who have a valid Scene+ account and have reached the age of majority. Total of 32 prizes to be won: 6x 1,000,000 Scene+ points (\$10,000 CAD ea), 3x Cineplex Showtime Cards (\$3,650 CAD ea), 2x \$5,000 Scotiabank Cash Prizes, 20x \$500 Home Hardware GCs, and 1x 1,000,000 Scene+ points that can be used for Travel (\$10,000 CAD). Contest is no way sponsored, endorsed or administered by Scotiabank, Cineplex Inc., Home Hardware Stores Limited, Apple Inc.
See page 2 for more details

ZONE 2

Coca-Cola Soft Drinks
12x355 mL
Selected Varieties

Scene+ MEMBER SAVINGS

\$7.99

without Scene+ Card **\$8.99**

Bubly 12x355 mL or Montellier 10x355 mL

Scene+ MEMBER SAVINGS

\$5.99

without Scene+ Card **\$7.49**

Club House Recipe Mixes
20-47 g
reg 1.79

SAVE 80%

99¢

Christie Crackers Select Varieties
180 g Triscuits 185-200 g
Dare Breton or Vinta Crackers 173-225 g or Grissol Melba Toast, Canape or Baguettes 120-200 g
reg 3.49-3.79

SAVE UP TO \$1.90

\$1.99

Green Giant Frozen Vegetables 750 g or Valley Selections Frozen Vegetables 400-500 g
reg 3.99-4.69

SAVE UP TO \$2.20

\$2.49

Campbell's Broth 900 mL

SAVE 92%

\$1.77

Philadelphia Cream Cheese 340 g

SAVE \$2.30

\$4.99

Becel Margarine 850 g
reg 8.99

SAVE \$2

\$6.99

Del Monte Morning Sunshine Orange Juice Blend 2.5 L
reg 7.49

SAVE \$1.50

\$5.99

Folgers Ground Coffee 544-816 g
reg 21.99

SAVE \$5

\$16.99

Ocean Spray Cocktail 1.89 L or 100% Juice 1.77 L
reg 4.49-4.99

SAVE UP TO \$1

\$3.99

Lucerne 10% Cream 1 L or Astro Yogurt Tub 500-750 g
reg 3.49-4.19

SAVE UP TO \$1.20

\$2.99

Coca-Cola or Pepsi Soft Drinks 6x710 mL
Selected Varieties reg 6.17

SAVE \$2.18

\$3.99

Lay's Potato Chips 177-235 g or Smartfood 150-220 g
reg 3.99-4.69

SAVE UP TO \$1.94

\$2.75

Fleecy Fabric Softener 1.36 L or Dryer Sheets 80 pk
reg 6.29-6.99

SAVE UP TO \$2

\$4.99

FLAVOURS OF SOUTH ASIA

25 PTS
when you buy 1

Haldiram's Snacks 150 g
Selected Varieties

\$1.49

Chalo! Juice 1 L
Selected Varieties

\$2

Chalo! Juice 1 L
Selected Varieties

\$2

Mother's Magic Burger 320-400 g
Selected Varieties reg 5.99

SAVE 70%

\$5.29

Parliament Cashew Crunch

GET 8 FOR 6 FAMILY PACK

Parliament Cookies 600 g
Selected Varieties reg 7.87

SAVE \$1.88

\$5.99

NANAK Gulabjamun 908 g
reg 9.99

SAVE \$2.50

\$7.49

Scene+ 1,000 PTS = \$10 OF FREE GROCERIES

Nescafé Rich Instant Coffee 100-170 g Sweet and Creamy 18 pk or Taster's Choice 100 g
reg 7.99-8.99

100 PTS
when you buy 2

SAVE UP TO \$2.55

\$6.44

Kellogg's Cereal Selected Varieties 269-365 g
reg 5.49

200 PTS
when you buy 3

SAVE \$2

\$3.49

Kellogg's Cheez-It Crackers 191-200 g
reg 3.99

250 PTS
when you buy 3

SAVE \$2

\$1.99

Stove Top Stuffing 120 g
reg 2.49

100 PTS
when you buy 3

SAVE \$1.20

\$1.29

Scene+ DIGITAL EXCLUSIVE

Mar 26-Apr 1, 2026
*terms and conditions apply

DOWNLOAD THE FRESHCO APP

For every dollar spent on Purex Bathroom Tissue 8=24 or 12=24 rolls or SpongeTowels Paper Towels 3=6 rolls, get

20* pts

For every dollar spent on Sweet Bell Peppers 4 pk Product of Mexico or Canada, get

20* pts

The Scene+ Loyalty Program is available at all participating FRESHCO locations within WESTERN CANADA. No base Scene+ points earned. See weekly offers for current ways to earn Scene+ points and visit <https://www.sceneplus.ca/terms-and-conditions> to see full Terms and Conditions. All weekly Scene+ offers exclude taxes, delivery charges, bill payments, service fees, rental fees, event tickets, gift cards, fluid dairy products in Atlantic regions, pre-paid cards, postal products and services, Western Union, McAfee/Tim Hortons/Starbucks products and services in select regions, prescription drugs, non-prescription pharmacy services, liquor and alcoholic beverages, tobacco products, lottery photo finishing, deposits, environmental charges, fuel and other goods and services which are non-discountable or excluded by law. For full Scene+ Terms & Conditions or to redeem your points, visit <https://www.sceneplus.ca/terms-and-conditions>. All offers are subject to change and may be withdrawn without notice. Trademarks of Scene Plus IP Corporation used under license by Sobey's Capital Incorporated. Offers valid Thursday, March 26, 2026 to Wednesday, April 1, 2026. Prices in effect while supplies last. We reserve the right to limit quantities. No rainchecks except as advertised. All price savings shown in this flyer are measured against our lowest regular retail prices offered at our stores in the applicable trade area. Guarantee does not apply to banners owned, operated or franchised by Sobey's Capital Incorporated. Savings offered may differ by region. We reserve the right to correct any unintentional errors in this flyer and make changes to any of our programs without prior notice. See in-store or FreshCo.com for details. Our reference to "lowering prices", "low prices" and other similar statements in our ads is as compared to the full-service banners operated by Sobey's Capital Incorporated. See in-store or FreshCo.com for full details of our Guarantees. All Guarantees are applied at our absolute discretion and we reserve the right to define competitor, trade area and to limit quantities. Not to be combined with any other offers and subject to change without notice. Guarantees do not apply to third party vendor products, prescriptions, gift cards, liquor, tobacco, clearance & limited-time products, loyalty and marketing initiatives and any products which may not be discounted by law (the "Limitations"). **LOWEST PRICE GUARANTEE:** Subject to the Limitations and excluding products sold by third party vendor products sold within the store, if a discount competitor within the geographic trade area offers a lower price on an identical item by brand and size that we carry in this store, we will sell you that item for no less than the discount competitor's current advertised price in their flyer. Price matching will be done for the following banners: Ontario: No Frills, Food Basics, Real Canadian Superstore, and Wal-Mart British Columbia, Alberta, Saskatchewan, and Manitoba; No Frills, Real Canadian Superstore, Wal-Mart and Save-On-Foods. Price match locations are subject to change based on regional circumstances. Does not apply to competitor errors. Limit of four (4) units of each price matched item per customer. **DOUBLE FRESH GUARANTEE:** Subject to Limitations, if you buy an eligible product from our store, use the product as intended, and the product does not meet your expectations, you can return the product with a receipt within 14 days of purchase and we will refund the purchase price and provide you with an identical replacement product (while supplies last). **IN-STOCK GUARANTEE:** Subject to Limitations and excluding seasonal and limited quantity products, if you find that we are out of stock of any product featured in that store's current flyer, we will provide you with a rain check that can be used to purchase the item for 10% off the current advertised price when the item is back in stock. **PRICES IN EFFECT IN WESTERN CANADA**

Enter your chips for a chance to win** one of these great prizes:

1 x 1 MILLION SCENE+ POINTS valued at \$10,000

6 x 1 MILLION SCENE+ POINTS valued at \$10,000 each

3 x CINEPLEX SHOWTIMES CARDS valued at \$3,650 each

3 x \$5,000 SCOTIABANK CASH PRIZES deposited into a Scotiabank investment plan

3 x \$500 HOME HARDWARE GIFT CARDS

PLAY WEEKLY TO UNLOCK FREE ITEM OFFERS FROM COMPLIMENTS!

WE'RE FULL OF compliments



EARN UP TO 5X MORE POINTS WHEN YOU USE THE OFFERS ON THE FRESHCO APP.†

Learn more on how to get in on all the fun at www.FreshCo.ca/grocerygiveaways

†Analysis of Scene+ offers over a 52-week period across all Sobeys Capital Incorporated banners reveals that members who use the FreshCo, FreshCo, Sobeys or Safeway app for digital and in-store offers accumulate more points compared to members who do not use the app for these offers.

peelz MANDARINS
SWEET • JUICY • SEEDLESS
2 lbs

Mandarins
2 lb Bag
Product of USA
907 g

100 PTS when you buy 1
\$5.99

Mini Seedless Cucumbers 907 g
Product of Canada, Canada No. 1
Grape Tomatoes 680 g Product of Canada or Mexico

100 PTS when you buy 2
\$5.99

Ambrosia Apples
Product of British Columbia, Canada Extra Fancy 4.39/kg

\$1.99 /lb

Green Seedless Grapes Product of Peru or Chile No. 1 Grade 11.00/kg

\$4.99 /lb

Eggplant or Green or Grey Zucchini
Product of Mexico 4.39/kg

\$1.99 /lb

Organic Whole White or Brown Mushrooms 227 g
Product of Canada

100 PTS when you buy 2
\$2.99

Red Mangoes
Product of Peru

100 PTS when you buy 2
\$1.79

Raspberries or Blackberries 170 g
Product of USA or Mexico

100 PTS when you buy 2
\$3.99

Kiwi 454 g
Product of Italy or Greece

50 PTS when you buy 1
\$4.99

Romaine Hearts 3 pk Product of USA or Sweet Bell Peppers 4 pk Product of Mexico

50 PTS when you buy 1
\$4.99

Frozen Grade A Turkey
5-11 kg 5.49/kg reg 3.99/lb

\$2.49 /lb

Panache Breaded Coconut or Butterfly, Tempura or Bang Bang Shrimp
Frozen 340-355 g
Crispy Calamari or Crab Rangoon
Frozen 252-355 g reg 9.99-11.99

SAVE \$4
\$7.99

MarcAngelo Italian Style Pork Sausage 450 g
reg 6.00

\$5

Compliments or Compliments Balance Meatballs Frozen 560-680 g
reg 10.99-11.99

100 PTS when you buy 1
\$3.49

BEST BUY VALEUR PLUS
MEAT LASAGNA
LASAGNE À LA VIANDE
2.27 kg (reg. 10.99, 11.99)

\$10

Value Pack Lean Ground Beef 1 kg

\$16

Butterball Seasoned Boneless Turkey Roast Frozen 12 kg
reg 26.99

SAVE \$7
\$19.99

Summer Fresh Hummus or Dips 200-227 g
reg 4.49

75 PTS when you buy 1
SAVE \$1
\$3.49

Brandt Kolbassa Chubs 250 g
reg 6.99

SAVE \$2
\$4.99

Boursin Cheese 150 g
reg 6.29

\$4.99

Castello Sliced Cheese 125-165 g
reg 7.19

100 PTS when you buy 2
SAVE \$1.70
\$5.49

Dempster's or Tia Rosa Tortillas 272-340 g
reg 4.19

SAVE \$1.20
\$2.99

Jos Louis Oh Caramel! Vachon Snack Cakes 250-336 g
reg 5.09

SAVE \$1.10
\$3.99

Dempster's Cinnamon Raisin Bread 680 g
reg 4.49

SAVE 50¢
\$3.99

Compliments Muffins 400-600 g
reg 6.50

SAVE \$1.01
\$5.49

Scene 1,000 PTS = \$10 OF FREE GROCERIES



Philadelphia Cream Cheese
227-250 g

Scene+ Member
\$3.99
without Scene+ Card **\$5.19**



Tim Hortons Single Serve K-Cups 30 pk

Scene+ Member
\$19.99
without Scene+ Card **\$27.99**



Tostitos 205-300 g or SunChips 205 g reg 4.49-4.79

SAVE UP TO **\$1.80**
\$2.99



Christie Cookies Selected Varieties 224-303 g or Peek Freans Selected Varieties 275-350 g reg 3.99-4.49

SAVE UP TO **\$1.50**
\$2.99



Heluva Good! Dips 680 g

SAVE **\$2**
\$5.99



Compliments Frozen Fruit 300-600 g reg 4.99

SAVE **50¢**
\$4.49



Italpasta Artisan or Soup Pasta 450 g reg 2.49

\$2.29



Unico Beans 540 mL or Tomatoes 796 mL reg 1.99-2.69

SAVE UP TO **\$3.07** ON 3
3/\$5



Perrier or San Pellegrino Sparkling Water 1 L reg 2.29

100 PTS when you buy 3
\$1.88



Nature Valley Granola Bars or Betty Crocker Fruit Snacks Selected Varieties 128-230 g reg 3.99

SAVE **\$1**
\$2.99



Pepperidge Farm Goldfish Crackers 167-227 g or Snyder's of Hanover Pretzels 240 g reg 3.79

SAVE **80¢**
\$2.99



Tetley Tea 20-24 pk reg 4.99

SAVE **\$2**
\$2.99



Kicking Horse Whole Bean Coffee 454 g reg 22.99

SAVE **\$7**
\$15.99



Mott's Clamato or Garden Cocktail 1.89 L reg 4.79-5.29

SAVE UP TO **\$1.80**
\$3.49



Nutella Hazelnut Spread 1 kg reg 11.49

150 PTS when you buy 1
SAVE **\$1**
\$10.49



Takis 190-280 g reg 4.29

SAVE **\$1**
\$3.29



Compliments Whipped Topping 1 L reg 3.99

SAVE **\$1**
\$2.99



Tenderflake Pie or Tart Shells 255-397 g reg 4.29

SAVE **80¢**
\$3.49



Del Monte Vegetables 341-398 mL reg 3.49

SAVE **\$1.82**
\$1.67



Ocean Spray Cranberry Sauce 348 mL reg 2.99

SAVE **70¢**
\$2.29



Pillsbury Crescents Rolls 226 g

SAVE **50¢**
\$1.99



Pillsbury Grands! Cinnamon Rolls or Cookies 496 g

SAVE **50¢**
\$3.99



Dole Pineapple 398 mL reg 2.79

\$2.44



Betty Crocker Homestyle Mashed Potatoes 141-215 g

SAVE **74¢**
\$2.25



Reynolds Parchment Paper 35' or Alcan Non-Stick Foil 25' or Foil Wrap 50' reg 4.99-5.29

SAVE UP TO **\$2.30**
\$2.99



Ziploc Freezer Bags 10-90 pk reg 5.79

SAVE **80¢**
\$4.99

MORE WAYS TO SAVE!

HOT PRICE

Scene+

Locked & Low

Look for these specially-marked items throughout our stores

FRESH DEALS



\$149
/lb

Acorn, Butternut, Kabocha or Spaghetti Squash
Product of Mexico
3.28/kg



50 PTS
when you buy 1

\$549

Jumbo Golden Pineapple
Product of Costa Rica



Sweet Potatoes
Product of USA
No. 1 Grade, 3.95/kg

\$179
/lb



99¢
/lb

Green or Red Cabbage
Product of Canada,
Canada No. 1, 2.18/kg



Yellow Onions 3 lb
Product of Canada,
Canada No. 1
1.36 kg

50 PTS
when you buy 1
\$299



\$399

Litehouse Dips
340 g



\$549

Litehouse Dressing
591 mL
Assorted



\$299

Fresh Gourmet Salad Toppers
99 g



\$399

San Daniele Sliced Prosciutto
100 g or
Compliments Goat Cheese 113 g
reg 4.99-6.99



SAVE UP TO \$2.50

Castello Havarti Cheese 425 g or
Tre Stelle Feta Cheese 375 g
reg 10.49-10.99

\$849

King's Hawaiian Sweet Rolls or Savoury Butter Rolls
340 g
reg 4.49

\$349



SAVE \$1

Compliments Pies 680-750 g
reg 6.00

\$5

WHILE SUPPLIES LAST. PRODUCT SELECTION MAY VARY BY STORE.

EASTER FLORAL



\$11.99
Multi Bloom Hydrangeas
6" Pot



\$4.99
5-Stem Tulip Bouquets



\$8.99
Easter Lily
6" Pot



\$21.99

Orchids
5" Deco Plastic Pot



Assorted Pot Mums
4" Pot
\$3.49



Assorted Bulbs
4" Pot

\$3.49



Easter Mixed Bouquets

\$10.99

WHILE SUPPLIES LAST. COLOUR & PRODUCT SELECTION MAY VARY BY STORE. NOT AVAILABLE AT THUNDER BAY LOCATION.

EASTER SAVINGS



\$2.99
Peeps Marshmallows 85 g

100 PTS when you buy 3
\$1.79
Kinder Joy Egg 20 g



\$4.99
Cadbury Mini Eggs 190-200 g
Micro Mini Eggs Filled 97 g or
Caramel Buttons Filled 96 g



Cadbury Creme Eggs 33-34 g
\$1.39



Cadbury Mini Eggs 400 g
\$8.99



Cadbury Mini Eggs 875 g or
Hershey's Eggies 700-900 g
\$15.99



Cadbury Creme Eggs 3 pk
102 g or Sour Patch Kids Bunnies 315 g
\$3.99



Lindt Gold Chocolate Bunny 100 g
\$5.99



Ferrero Rabbit 142-162.5 g or
Kinder Surprise Maxi 116-150 g
200 PTS when you buy 2
\$10.99



Kinder Happy Moments 184 g, Mini Eggs 140-200 g or
Ferrero Baskets 80 g
100 PTS when you buy 2
\$6.49



Ferrero Egg or Bunny 70 g
80 PTS when you buy 2
\$5.29



Kinder Chocolate Egg 100 g
100 PTS when you buy 2
\$6.49



Nestlé Hide Me Eggs 100-153 g or
Chocolate Bunny 85-145 g
\$4.99



Hershey's Eggies 34-42 g
99¢



Compliments Solid Chocolate Bunny 100 g
\$4.49

WHILE SUPPLIES LAST. PRODUCT SELECTION MAY VARY BY STORE.



Carnation Evaporated Milk 354 mL
reg 2.99
SAVE \$1
\$1.99



Robin Hood Flour 2.5 kg
reg 6.49
SAVE \$1
\$5.49



Eagle Brand Condensed Milk 300 mL
reg 4.49
SAVE \$1
\$3.49



Robin Hood Gluten Free Flour 907 g
reg 9.99
SAVE \$3
\$6.99

CHANCE TO WIN*
EVERY WEEK!

G R O C E R Y
GIVEAWAYS



Play on the FreshCo app now

IT'S GAME TIME



PLAY THE COMPLIMENTS CHALLENGES THIS WEEK
FOR YOUR CHANCE TO EARN A FREE ITEM OFFER!

COMPLIMENTS
Extraaaa! Flavour
Potato Chips
200 g



COMPLIMENTS
Exceptional
Chocolate Chip
Cookies
280 g



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SAVE \$1
Danone
Activia
Yogurt 8 pk
\$3.99



SAVE \$1
\$2.99
Danone Danino
Drinkable Yogurt
6x93 mL



100 PTS
when you buy 3

SAVE \$1.50

\$2.49

iögo Nanö
Yogurt with
Popping Bubbles
4x100 g

Kraft Singles
Cheese Slices 410 g

100 PTS
when you buy 2



200 PTS
when you buy 1

**Kraft Singles
Cheese Slices 825 g**



Scene
MEMBER
PRICING
\$3.99

**Kraft
Philadelphia
Cream Cheese
227-250 g
\$5.19** without
Scene+ Card

WE'RE FULL OF
compliments

That's
expert-level
shopping



**Compliments
Margarine
68% Vegetable Oil
850 g**
SAVE \$1
\$3.99



\$4.88 Compliments
Natural Cheese
Slices 210-230 g

BEST BUY



**Best Buy
Lemonade or
Iced Tea 1.6 L**
SAVE \$1
\$1.99

FLAVOURS OF THE CARIBBEAN

100 PTS
when you buy 4

50¢

Chubby Soft Drink
250 mL
reg 69¢

\$1.25

Mr. Goudas Table Salt
1 kg or
Coarse Salt
750 g
reg 1.49

SAVE 70¢

\$2.29

Royalty Digestives Cookies 400 g
reg 2.99

SAVE UP TO 99¢

\$2

Royalty Ginger Nuts or Rich Tea Cookies 300 g
reg 2.29-2.99

SAVE \$7

\$34

Tastee Cheese
1 kg reg 41.00

SAVE 60¢

\$1.69

Excelsior Cream Crackers
225 g reg 2.29

SAVE 50¢

\$0.89

Grace Soup Mixes 42-60 g
reg 1.39

\$1.69

Vita Malt Beverage
330 mL reg 1.99

SAVE \$1.30

\$2.99

Karibbean Flavours Green Seasoning or Hot Sauce 300 mL
reg 4.29

\$1.25

Grace Peanut Punch 240 mL
reg 1.49

SAVE \$1.58

2/\$3

Grace Bag N' Cook Jamaican Jerk 35 g reg 2.29

99¢

Grace Coconut Milk Powder 50 g reg 1.29

\$2

Excelsior Crackers 300 g
reg 2.49

99¢

Eclipse Crackers 113 g
reg 1.29

SAVE 50¢

\$1.49

Dunya Harvest Pigeon Peas or Lima Beans 540 mL reg 1.99

SAVE 70¢

\$3.29

Governor's Choice Jamaican Callaloo 540 mL
reg 3.99

SAVE \$1.30

\$4.99

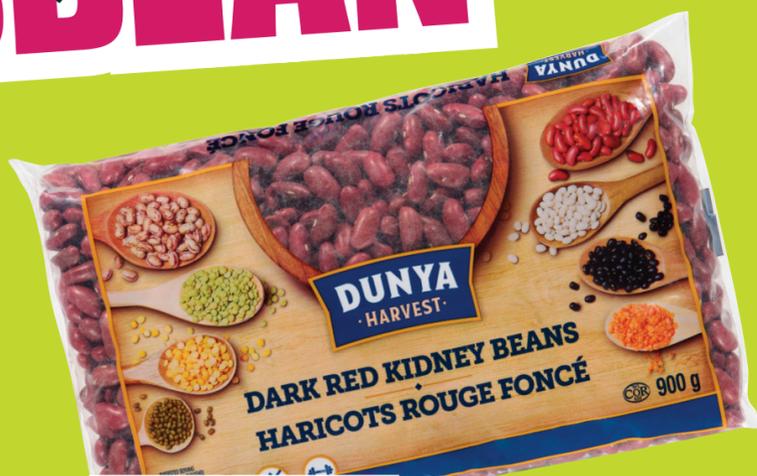
Nestlé Milo 400 g
reg 6.29

WHILE SUPPLIES LAST. PRODUCT SELECTION MAY VARY BY STORE.

FLAVOURS OF THE CARIBBEAN

\$1.79

Ting 285 mL
reg 1.99



SAVE 90¢

\$2.79

Dunya Harvest Dark Red Kidney Beans 900 g
reg 3.69

Grace Island Soda
355 mL reg 1.49

\$1.29

Grace Coconut Water
500 mL reg 2.29

SAVE 60¢

\$1.69

Dunya Harvest Corn Meal
2 kg reg 3.99

SAVE \$1

\$2.99

Grace Jerk Seasoning
284-340 g reg 5.79

SAVE 80¢

\$4.99

Grace Bouillon Cubes
60 g reg 99¢

69¢

Cool Runnings Seasonings
90-900 g reg 7.49

SAVE \$2.70

\$4.79

Cool Runnings Garlic Powder
650 g reg 16.99

SAVE \$5

\$11.99

Cool Runnings Black Whole or Ground Pepper
500 g reg 18.99

SAVE \$4.70

\$14.29

Grace Jerk Marinade
350 mL or BBQ Sauce 480 mL reg 5.29

SAVE 80¢

\$4.49

Cool Runnings Demerara or British Class Turbinado Sugar
800 g reg 4.29-5.69

SAVE UP TO \$2.40

\$3.29

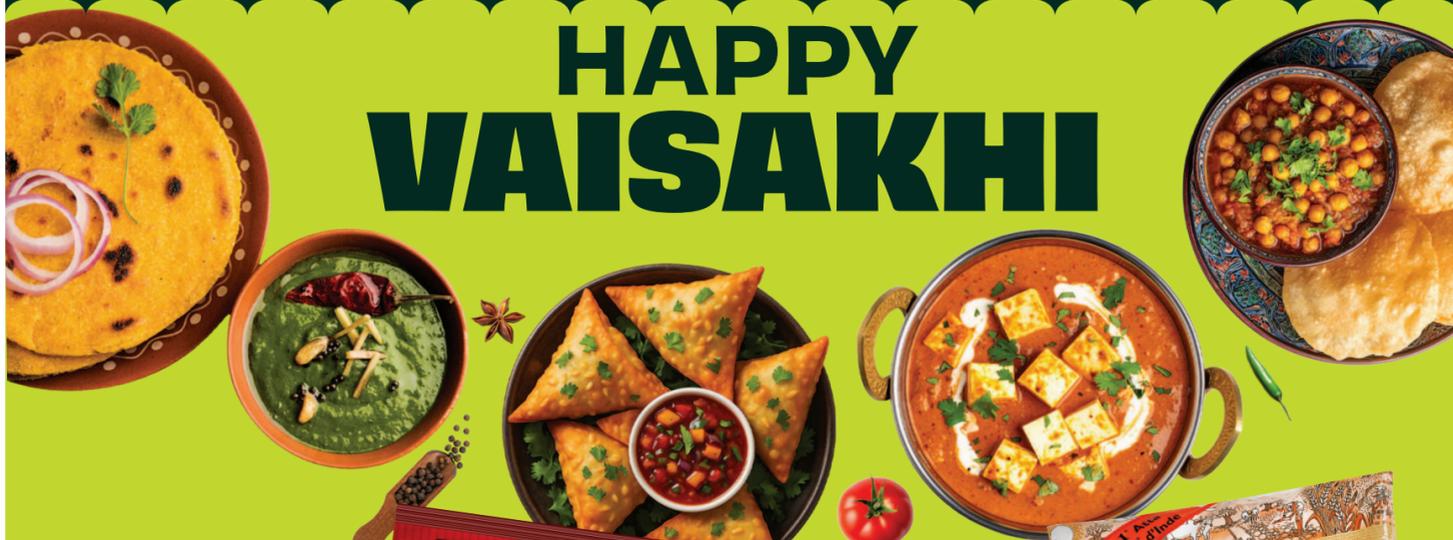
Benjamins Vanilla
480 mL reg 4.99

SAVE \$1.20

\$3.79

WHILE SUPPLIES LAST. PRODUCT SELECTION MAY VARY BY STORE.

HAPPY VAISAKHI



Mirch Masala Paratha
2 kg reg 10.99

SAVE \$2

\$8.99



SAVE \$8

\$12.99

Aashirvaad Flour
9.07 kg reg 20.99



Deep Mango Pulp
850 g reg 4.47

SAVE \$1.48

\$2.99



Parle-G Biscuits
300 g reg 1.97

SAVE 98¢

99¢



Cilantro Bunch
Product of USA or Mexico

99¢



Garlic 5 pk
Product of China

\$1.29



Ginger Root
Product of China
4.39/kg

\$1.99
/lb



KFI Cooking Sauce
375-395 mL
Selected Varieties
reg 5.49

SAVE \$1.50
\$3.99



Deep Cut or Whole Okra
340 g reg 1.99

50 PTS
when you buy 1
SAVE 50¢
\$1.49



Bikano Snacks
125-150 g
Selected Varieties

\$1.79



Sherbon Mango or Guava Juice
2 L reg 5.47

SAVE \$1.48
\$3.99



Maggi Noodles 70 g

47¢



Britannia Milk Rusk 560 g
reg 5.47

SAVE \$1.48
\$3.99



National Vermicelli 150 g

79¢



Nanak Samosas
580-700 g
reg 9.99

SAVE \$2
\$7.99



Nanak Rasmalai 850 g
Selected Varieties
reg 11.99

SAVE \$2
\$9.99



Nanak Gulabjamun
908 g reg 9.99

SAVE \$2.50
\$7.49



Nanak Milk Cake 400 g
reg 9.99

SAVE \$1.50
\$8.49

WHILE SUPPLIES LAST. ITEM SELECTION MAY VARY BY STORE.



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TM 2026 Make Happy Tummies



Products may be sold in a format other than as shown and/or may not be available at all stores.

Donate in-store March 19 – April 2, and we'll MATCH it!*

*Empire Company Limited will donate up to a maximum of \$300,000 from March 19 – April 2, 2026. Participating Empire stores only. For more information on the Make Happy Tummies™ campaign, please visit makehappytummies.ca.

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