ONT ZONE 1

FOODLAND

Fresh food. Friendly neighbours.

FEED THE DREAM

Ontario RAISED PORK

LOCAL **3.99** /lb

CONESTOGA MEATS Family Size Pork Tenderloin or Pork Back Ribs 5.80 kg

Fresh Atlantic Salmon Fillets 26.43 kg

11.99 /kg

FARM COUNTRY Bacon 375 g **5.99**

Asparagus product of Mexico no 1 grade 6.58 kg

2.99 /lb

1 LB

200 PTS when you buy 2

3.99

Strawberries Clamshell product of USA or Mexico no 1 grade 1 lb

MEMBERS SAVE $1 **5.99** MEMBER'S PRICE

6.99 without Scene+ Card

JOHNSONVILLE Sausages breakfast, dinner, recipe starters or smoked, selected 250-500 g

Baked IN-STORE

Croissants 6 pk 372 g

BUY 1, GET 1 **FREE** of equal or lesser value

Sunday, March 8, 2026

International WOMEN'S DAY

Collectively we can all

#GiveToGain

#IWD2026

GROWN IN ONTARIO Tulip Bouquet 10-stem

LOCAL **9.99**

2.99 **NESTLÉ Parlour Frozen Dessert** selected 1.5 L

300 PTS when you buy 2

14.99 **HERSHEY'S Eggies** 670-900 g or LINDOR Chocolate Eggs 300 g while supplies last

MEMBERS SAVE $2 **2.99** MEMBER'S PRICE

4.99 without Scene+ Card

SILK Non-Dairy Beverages 1.75-1.89 L

5.97 **CRACKER BARREL Cheese** 340-400 g or Shreds 230-320 g

3.49 **DANONE OIKOS Greek Yogurt** 4 pk

3.47 **DR. OETKER Ristorante or Casa Di Mama Pizza** 320-410 g

SCAN HERE FOR OUR DIGITAL FLYER

Products may not be available at all locations

Foodland.ca

MARCH 2026 PRICES EFFECTIVE FROM MARCH 5 - 11

THUR	FRI	SAT	SUN	MON	TUE	WED
5	6	7	8	9	10	11

LOOK FOR THE LEAF to help you support Canada

Scan or visit Foodland.ca to learn more

6.99 /lb Family Size Lean Ground Beef 15.41 kg

3.99 COMPLIMENTS Regular or Topped Hummus or Dips 227-255 g

LOCAL 3.99 /lb AIR-CHILLED Whole Chickens or Chicken Drumsticks or Thighs 8.80 kg

2.99 /lb Peaches, Nectarines, Black or Red Plums product of Chile No 1 grade 6.59 kg

Weekly offers are available only while supplies last. Advertised prices do not include any applicable taxes or deposits. Savings based on our regular retails. We reserve the right to limit quantities to reasonable family requirements. Tax prices are where prices do not correspond to the descriptions. Rain rain will be sea. "Lowest Price policy" results only in the regular competitive and prices at most locations. Use more open 24 hours. Our prices are effective from 6 am Thursday until Midnight Wednesday.

WE'RE FULL OF compliments — You've got great taste

MIX & MATCH

BUY 2, GET 3RD FREE of equal or lesser value

COMPLIMENTS Muffins 4-6 pk 400-600 g, Pies 650-750 g or Tarts 510 g or Mini Cupcakes 12 pk 284-300 g

100 PTS when you buy 2

3.99 COMPLIMENTS Caesar Salad Kit product of USA 280 g

MEMBERS SAVE $1.50 **5.49** REGULAR PRICE 6.99

COMPLIMENTS Feta 200 g

2/$8 MISS VICKIE'S Kettle Chips 190-200 g

2.99 VILLAGGIO Bread 570-675 g or Buns 6-8 pk (excludes Ciabatta)

4.49 ROBIN HOOD or FIVE ROSES Flour selected 2.5 kg

Celebrate Oreo Cookie Day March 06

2/$5 CHRISTIE Cookies or Mini Cookies selected 144-303 g or DARE Breton, WHITE or SIMPLE GOODNESS Crackers selected 200-225 g

2/$5 DEL MONTE Canned Fruit 398 mL

6.99 CASHMERE Bathroom Tissue 12-24 or 8-24 rolls, SPONGETOWELS 3-6 rolls or SCOTTIES Facial Tissue 6 pk

That's an $1 toward your groceries

100 PTS when you buy 1

6.99 BECEL Margarine 637-850 g

That's an $3 toward your groceries

300 PTS when you buy 4

2.99 CAMPBELL'S Chunky Soup 515 mL

That's an $2 toward your groceries

200 PTS when you buy 2

4.99 COMPLIMENTS Jam 375-500 mL or Peanut Butter 1 kg

The Scene+ Loyalty Program is available at all participating Foodland locations. No base Scene+ points earned. See weekly offers for current ways to earn Scene+ points and visit https://www.sceneplus.ca/terms-and-conditions to see full Terms and Conditions. All weekly Scene+ offers exclude taxes, delivery charges, bill payments, service fees, rental fees, event tickets, gift cards, fluid dairy products in Atlantic regions, pre-paid cards, postal products and services, Western Union, McCafé / Tim Hortons / Starbucks® products and services in select regions, prescription drugs, non-prescription pharmacy services, liquor and alcoholic beverages, tobacco products, lottery, photo finishing, deposits, environmental charges, fuel and other goods and services which are non-discountable or excluded by law. Redeem 1,000 Scene+ points for $10 towards your purchase up to a maximum of 50,000 Scene+ points (equivalent to $500) per day. For full Scene+ Terms & Conditions or to redeem your points, visit https://www.sceneplus.ca/terms-and-conditions. All offers are subject to change and may be withdrawn without notice. Trademarks of Scene Plus LP Corporation used under license by Sobeys Capital Incorporated.

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DAIRY & FROZEN

200 PTS when you buy 2

7.99 **STARBUCKS Creamers or Non-Dairy Creamers** 828 mL

100 PTS when you buy 2

3.99 **KRAFT Cool Whip Aerosol Whipped Topping** 225 g or **YOPLAIT Source Yogurt** 630 g

50 PTS when you buy 4

4/$5 **YOPLAIT Yop Drinkable Yogurt** 200 mL

50 PTS when you buy 1

2.99 **COMPLIMENTS 68% Vegetable Oil Margarine** 427 g

4.49 **COMPLIMENTS Fries** 650-800 g

9.99 **CHAPMAN'S Marbalade Creamery Ice Cream** 4 L

8.49 **GAY LEA Butter Sticks** 4 pk 454 g

100 PTS when you buy 2

6.99 **COMPLIMENTS Cheese Strings** 336 g or Lactose Free 252 g

12.99 **SMUCKER'S Uncrustables** 10 pk

100 PTS when you buy 2

12.99 **P.F. CHANG'S Multi Serve Meals** 624 g

100 PTS when you buy 2

COMPLIMENTS Mini Pizza Bagel Snacks 198 g

100 PTS when you buy 2

COMPLIMENTS Frozen Entrées 227-284 g selected

DRINKS & SNACKS

200 PTS when you buy 2

5.29 **CADBURY Bagged Chocolate** 147-200 g

2.49 **HARIBO Candy** 170-175 g or **EXCEL Mints** 34 g

2/8.50 **HOSTESS Hickory Sticks** 275 g or **STACY'S Pita Chips** 208-227 g

100 PTS when you buy 2

2.49 **COMPLIMENTS Potato Chips** 200 g

$5 **TWININGS Tea** 20 pk

200 PTS when you buy 2

7.99 **COMPLIMENTS Coffee Pods** 12 pk

100 PTS when you buy 3

1.99 **BEST BUY Wafers** 227 g

2/$7 **DARE Ultimate Cookies** 290-300 g or **CARR'S Table Water Crackers** 125-150 g

100 PTS when you buy 2

PEPSI Soft Drinks Mini Cans 6x222 mL

9.99 **RED BULL Energy Drinks** 4x250 mL

7.99 **PEACE TEA or FUZE Iced Tea** 12x341 mL

12.99 **NATURE VALLEY Granola Bars, BETTY CROCKER Fruit or MOTT'S Fruitsations** 637 g-1.28 kg selected

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DRINKS, SNACKS & PANTRY

100 PTS when you buy 3

3.33 **COMPLIMENTS Instant Oatmeal** 260-344 g or Quick Oats 1 kg

19.99 **JAKEMAN'S Maple Syrup** 1 L

4.99 **JIF Peanut Butter** 500 g

3.99 **DIMPFLMEIER Bread Munich Style Rye** 500 g or SEMPERTE'S Bagels 5-6 pk (excludes Protein Bagels)

15% OFF **COMPLIMENTS Baking Nuts** 200 g (excludes Pine Nuts) or Raisins, Cummins, Salsa or Prunes 375 g-1 kg selected

6.49 **QUAKER Muffin or Cookie Mix** 750-900 g or BAKER'S Chocolate 170-225 g

2/$3 **MR. NOODLES Cups** 64 g

150 PTS when you buy 2

2.99 **COMPLIMENTS Grain Breads** 600 g

100 PTS when you buy 1

PANACHE Extra Virgin Olive Oil 500 mL

3.99 **PANACHE Salad Dressing** 350 mL or COMPLIMENTS Marinades 350 mL

2/$5 **MINUTE RICE Cups** 250 g

4.49 **PATAK'S Cooking Sauce** 400 mL selected

NATURAL, HEALTH & HOUSEHOLD

28.99 **KICKING HORSE Whole Bean Coffee** 850 g or Ground Bean Coffee 708 g

3.99 **EARTH'S OWN Beverages** 1.75-1.89 L

3.99 **BABY GOURMET Bars, Bites or Snacks** 35-90 g or Q-TIPS 400 pk

STARTING AT

4.99

150 PTS when you buy 2

CREST 3D White Toothpaste or ORAL B Toothbrushes or Floss 63-120 mL or 1-75 pk selected

8.79 **OLD SPICE Body Wash** 532-709 mL selected

UP TO

25% OFF **LIVE CLEAN Hand Soap** 1 L or Shampoo or Conditioner 350 mL selected

200 PTS when you buy 2

7.99 **COMPLIMENTS Facial Tissues or Paper Towels** 3-6 rolls

8.49 **LYSOL Toilet Bowl Cleaner** 2 pk, Disinfectant Spray 539 g, Fabric Sanitizer 425 g or Dual Action Wipes 75 pk selected

11.29 **ENERGIZER Batteries** AA 8 pk, AAA 4 pk or 9 V2 pk

11.99 **PURINA ONE Dry Dog Food** 1.75-1.85 kg

2/$5 **PURINA ONE Wet Dog Food** 368 g

12.99 **PURINA Tidy Cats Multi-Cat Clumping Litter** 2.72 kg

Cheers to

BEER & COOLERS!

28.99

MOLSON Canadian
12x473 mL tall cans

17.99

FLYING MONKEYS Juicy Ass IPA or ALEXANDER KEITH'S IPA
6x473 mL tall cans

16.99

CREEMORE Lager
6x473 mL tall cans

2.99

RICKARD'S RED Lager or BLUE MOON Wheat Ale 473 mL tall c

***PLEASE DRINK RESPONSIBLY.** You must be 19 years or older to purchase alcohol. Available

27.99

MOTT'S CLAMATO
Caesar Variety Pack
12x341 mL cans

20.99

OLÉ COCKTAIL CO.
Tequila Variety Pack
8x355 mL cans

at select stores. Pricing not applicable to LCBO Convenience Outlets.

BEE
& CO

28.99

MC
12x

16.99

CREEMORE Lager
6x473 mL tall cans

*PLEASE DRINK RESPONSI

Cheers to R, WINE & COOLERS!

OLSON Canadian
473 mL tall cans

17.99

FLYING MONKEYS Juicy Ass IPA or ALEXANDER KEITH'S IPA
6x473 mL tall cans

27.99

MOTT'S CLAMATO Caesar Variety Pack
12x341 mL cans

13.99

WAYNE GRETZKY Sauvignon Blanc, Baco Noir, Cabernet Merlot or Pinot Grigio VQA 750 mL

13.99

RUFFINO Chianti 750 mL

BLY. You must be 19 years or older to purchase alcohol. Available at select stores. Pricing not applicable to LCBO Convenience Outlets.

Proudly supporting

Zoe Evans from Zero Soap

Zero Soap Co. is a Toronto-based skin care brand rooted in simplicity and sustainability. Founded by Zoe Evans in 2021, each product is thoughtfully handcrafted using natural ingredients. Every detail from formulation to packaging is designed to minimize waste. The brand is built on the belief that everyday rituals can be both beautiful and responsible.

8.99

ZERO SOAP 115 g

100 PTS when you buy 1

8.99

THAT GUY'S SAUCES Pasta Sauce 1 L

Stefania Hopkins from That Guy's Sauces

Founded in resilience, That Guy's Sauces launched in January 2021 in Niagara Falls, Ontario, co-founded and co-owned by a dynamic husband and wife team. The brand has developed a diverse portfolio all personally prepared in small batches and offer premium ingredients for affordable prices.

100 PTS when you buy 2

3.49

BARBET Drink 355 mL

Collectively we can all #Give

DOZ_FDL_WK45_DIG_WO_ONT_21

nternational OMEN'S DAY

anadian Women Entrepreneurs

Gillian Manton from Moose Munchies

Moose Munchies Candy Co. is a Canadian, woman-founded confectionery brand creating premium, nut-free and gluten-free fudge made with simple ingredients and thoughtful care. Built on the belief that great treats, and great businesses, should make people feel welcome, Moose Munchies is known for inclusive indulgence, consistent quality, and a commitment to doing better every step of the way.

100 PTS when you buy 1

7.99 MOOSE MUNCHIES Fudge 130 g

200 PTS when you buy 2

7.49 LA PRESSERIE Entrées 300 g

Sharon Rotzang from La Presserie

Founded in 2019 in Toronto, La Presserie is inspired by the cuisine of the South of France, where artisanal craftsmanship, high-quality, sophisticated, and delicious foods are celebrated with a true passion. The artisanal foods we create truly set the benchmark for delicious taste and nutrition. Our soups and prepared entrées have brought fine dining to the freezer aisles all over the country, and will continue to deliver restaurant-quality meals straight to your home.

Andrea Grand from Barbet

Barbet was founded by two sisters who wanted to create something they couldn't find – a beverage that felt modern, flavourful and was designed to be seen. Following a health scare in 2020 by one of the sisters, they set out to create a better-for-you beverage option: low in sugar, full of flavour and all wrapped up in a beautiful design. Barbet pairs common ingredients like cucumber, pink grapefruit, and white peach with uncommon ones like yuzu, calamansi and jalapeño to make new melodies of flavour. Mix it, drink it neat or straight from the can. Barbet is the only can you need in your pantry!

#ToGain #IWD2026 Sunday, March 8, 2026

FEED THE DREAM

FOODLAND
OFFICIAL GROCER

13.99 MAPLE LEAF PRIME Raised Without Antibiotics Poultry 568-700 g selected

6.99 MAPLE LEAF Top Dogs 375 g

5.99 GENERAL MILLS Family Size Cereal 516-778 g

150 PTS when you buy 3

3.49 OLD EL PASO Tortillas 297-334 g or Taco Shells 125-133 g

2/$9 MCCAIN Superfries 454-750 g

2/4.50 BODYARMOR Super Drink 473 mL

2/4.50 COCA-COLA Soft Drinks 1 L

2/$6 GLACÉAU Smartwater 1 L

2/$9 MCCAIN Bistro, Smiles or Taters 600-800 g

STARTING AT **24.99** TIDE Liquid Detergent 3.46-3.9 L, Pods 45-76 pk, GAIN Flings! 76 pk, DOWNY Unstopables 853 g or IVORY SNOW 3.1 L

2.99 DAWN Dish Soap 431-502 mL selected

150 PTS when you buy 1

23.99 CORONA Cero Alcohol-Free Beer 12x355 mL

3.99 ORVILLE REDENBACHER Ready To Eat Popcorn 116-220 g

6.49 ORVILLE REDENBACHER Microwave Popcorn 5-8 pk 248-492 g or Gourmet Popping Corn 850 g

2/$10 HEALTHY CHOICE Gourmet Steamers 269-306 g

Your family could **WIN*** 1 million Scene+ Points towards free groceries

Scene+ Earn an instant entry for every eligible product purchased when scanning your Scene+ card

Scan to view full list of participating products.

***MINI RULES FEED THE DREAM CONTEST 2026 (the "Contest")**
NO PURCHASE NECESSARY. Full Contest rules and no purchase entry method found at foodland.ca/feed-the-dream/participating-suppliers/rules. Contest runs from January 8, 2026 and ends on March 18, 2026. Open to legal residents across all provinces of Canada excluding Québec who have a valid Scene+ account, and who have reached the age of majority on the date they enter the Contest. There are three (3) grand prizes to be won. Each grand prize consists of 1,000,000 Scene+ points (ARV $10,000.00 (CAD) each). There are two hundred (200) secondary prizes to be won. Each secondary prize consists of 25,000 Scene+ points (ARV $250.00 (CAD) each). The prizes have no equivalent cash value, are non-transferable and no substitutions will be made. Correctly answered skill-testing question required. Odds of winning depend on the number of eligible entries received. Enjoy Responsibly. Must be of legal drinking age. Corona Cero is an alcohol-free beer with natural flavour and vitamin D. Enjoy responsibly. Must be of legal drinking age. ®/MD Trademarks Grupo Modelo, S. de R.L. de C.V., Lic. Use/Sous Lic.

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PICKED FOR YOU

KITCHEN & DELI DEALS

Crafted in Ireland using premium grass-fed cow's milk

100 PTS when you buy 2

8.49

KERRYGOLD Reserve Cheddar or Dubliner 198 g

Golden, juicy, and ready to serve

Crispy Chicken 9 pieces available hot or chilled

21.99

400 PTS when you buy 1

Skip the drive-thru and head to our Kitchen! Cooked fresh throughout the day

D04_FDL_WK45_DIG_PickedForYou_ONT_Z1

Scene+ DIGITAL EXCLUSIVE

OFFER VALID MARCH 5-11, 2026

LOAD IT TO GET IT!

1. Download the Foodland app
2. Load your offers to activate them
3. Shop and scan your Scene+ card

Activate your offers in the Foodland app or at MyGroceryOffers.ca

Get 400 PTS when you buy 2

COMPLIMENTS BALANCE or Asian-Inspired Frozen Entrées 250-280 g selected

SAVE $1 when you buy 1

COMPLIMENTS ORGANIC Frozen Fruit 600 g assorted

Get 400 PTS when you buy 2

COMPLIMENTS Family Size Sliced Deli Meats 400 g selected

FOODLAND | Download on the App Store | GET IT ON Google Play

Card must be registered. Offer valid and available to be loaded March 5-11, 2026 at all participating Foodland and Co-Op locations in Ontario. Minimum qualifying purchase must be made in a single transaction. Offer must be loaded to registered Scene+ Card prior to transaction. Limit 1 offer per Scene+ Card. Offer excludes taxes, delivery charges, bill payments, service fees, rental fees, event tickets, gift cards, fluid dairy products in Atlantic regions, pre-paid cards, postal products and services, Western Union, McCafé®/Tim Hortons®/Starbucks® products and services in select regions, prescription drugs, non-prescription pharmacy services, liquor and alcoholic beverages, tobacco products, lottery, photo finishing, deposits, environmental charges, fuel and other goods and services which are non-discountable or excluded by law. Limit one. Visit https://www.sceneplus.ca/terms-and-conditions to see full Terms and Conditions. Offer subject to change and may be withdrawn without notice. Trademarks of Scene Plus IP Corporation used under license by Sobeys Capital Incorporated.

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