

This week's REWARD! Located in the Deli!

AdvantagEmail™



\$3.69 8 oz

President Pub Cheese

Exclusive AdvantagEmail member price
Sign up for weekly emails at www.ingles-markets.com/amaill

ingles

**LOW PRICES...
LOVE THE SAVINGS!**

FUEL FRIDAY! MAR 20TH 2026

Activate this AdvantagEmail reward in this week's email to get the 4X Ingles Fuel Points.

EARN 4X INGLES FUEL POINTS

SIGN UP FOR AdvantagEmail™ at: ingles-markets.com/amaill or SCAN HERE →

EXCLUSIONS & RESTRICTIONS APPLY • SELECT STORES ONLY • SEE STORE FOR DETAILS



WHOLE BONELESS PORK LOIN
SAVE 2.20 Lb.
\$2.28 Lb.



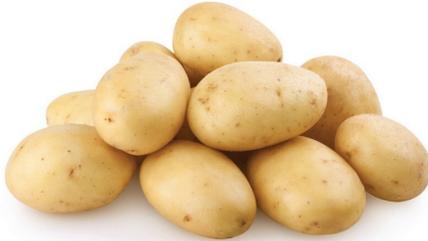
WHOLE BEEF TENDERLOIN
Ingles Premium Certified **USDA Choice** Beef
Average Weight 5-7 Lbs. **\$15.98** Lb.
(Filet Mignon)
SAVE 8.00 Lb.



DEL MONTE MAG CANTALOUPE
SAVE 2.00 ea.
\$2.98 ea.



BONELESS BEEF CHUCK ROAST
Ingles Premium Certified **USDA Choice** Beef
SAVE 3.00 Lb.
\$7.98 Lb.



BUTTER GOLD POTATOES
3 Lb Bag
SAVE 2.96 ON 2
2/\$5 for 5



TYSON FRESH BONE-IN SPLIT CHICKEN BREAST
Family Pack
SAVE 1.00 Lb.
\$1.98 Lb.



MAYFIELD SELECTS ICE CREAM OR YOGURT
48 Oz. -
Selected Varieties
SAVE 5.36 ON 2
2/\$8 for 8



BOAR'S HEAD PITCRAFT SLOW SMOKED TURKEY BREAST
SAVE 1.00 Lb.
\$14.49 Lb.



STRAWBERRIES
1 Lb.
SAVE 6.96 ON 2
2/\$5 for 5



LAND O'LAKES STICKS OR TUB BUTTER
13-16 Oz. -
Selected Varieties
SAVE UP TO 2.60
\$2.98 ea.



GREEN MOUNTAIN, DONUT SHOP, SWISS MISS, MCCAFFÉ K-CUPS OR KRISPY KREME OR MCCAFFÉ BAG COFFEE
10 Count Or 12 Oz. -
Selected Varieties
SAVE UP TO 9.60
\$6.98 ea.



GENERAL MILLS CEREAL
8.9-14.6 Oz. -
Selected Varieties
SAVE UP TO 2.70
\$2.98 ea.



THOMAS' ENGLISH MUFFINS
6 Count -
Selected Varieties
SAVE 5.69 ON 2
BUY ONE FREE GET ONE

Weekly Digital Deals! shop.ingles-markets.com → **Start Clipping Today!**

LAURA LYNN™ PEANUT BUTTER STUFFED PRETZEL NUGGETS
24 Oz.
\$4.98 with **-1.50** Load to Card Coupon
3.48 FINAL PRICE with Coupon
Limit 1 per coupon

DEL MONTE GOLDEN POTATOES
5 Lb. Bag
\$4.98 with **-2.00** Load to Card Coupon
2.98 FINAL PRICE with Coupon
Limit 1 per coupon

QC ALLERGY RELIEF
30 Count -
Selected Varieties
\$4.98 with **-2.00** Load to Card Coupon
2.98 FINAL PRICE with Coupon
Limit 4 per coupon

QUILTED NORTHERN ULTRA SOFT & STRONG BATH TISSUE
6 Count -
Mega Roll
\$6.98 with **-1.50** Load to Card Coupon
5.48 FINAL PRICE with Coupon
Limit 4 per coupon

Sip, Snack And Save!

COKE GROUP OF PRODUCTS
12 Pack Cans
Limit 1 Transaction
SAVE UP TO 23.96 ON 4
BUY 2, GET 2 FREE
Quantities Less Than 4 will be 11.98 ea.

LAY'S POTATO OR CANTINA TORTILLA CHIPS
5-13 Oz. -
Selected Varieties (Excludes Party Size)
SAVE 3.58 ON 2
2/\$5 for 5

COKE GROUP OF PRODUCTS
8 Pack - 12 Oz.
Limit 2
SAVE UP TO 7.96 ON 2
2/\$12 for 12
When You Buy 2 FINAL COST
Quantities Less Than 2 will be 9.98 ea.

Produce



RED RIPE TOMATOES ON THE VINE
SAVE 1.50 Lb.

\$1.48
Lb.



COTTON CANDY GRAPES
SAVE 2.50 Lb.

\$3.48
Lb.



ORGANIC WRAPPED BROCCOLI CROWNS
1 Lb.
SAVE 3.00 ea.

\$2.98
ea.



LOCAL VIDALIA SWEET ONIONS
SAVE .96 ON 2

2/\$3
for



BUTTER GOLD POTATOES
3 Lb Bag
SAVE 2.96 ON 2

2/\$5
for



DEL MONTE AVOCADOS
4 Count Bag
SAVE 2.96 ON 2

2/\$5
for



YO QUIERO! SALSA
All Varieties
SAVE .50 ea.

\$1.88
ea.



ORANGE TWIST BOUQUET
SAVE 2.00 ea.

\$10.98
ea.

INGLES IS NOT RESPONSIBLE FOR SUPPLIER SHORTAGES

Bakery



LA BREA ROSEMARY OLIVE OIL ROUND LOAF
SAVE .50 ea.

\$5.08
ea.



JOSEPH'S WHOLE WHEAT MINI PITA BREAD
8 Oz.
SAVE 1.60 ea.

\$2.38
ea.



INGLES SELECT SAN FRANCISCO SOURDOUGH BREAD
19 Oz.
SAVE .60 ea.

\$4.38
ea.



ENGLISH TOASTING BREAD
SAVE .50 ea.

\$3.28
ea.



SLICED CRÈME CAKE
16 Oz. - Selected Varieties
SAVE .50 ea.

\$5.98
ea.



3" TARTS
2 Count
SAVE .50 ea.

\$5.48
ea.



ANGEL FOOD CAKE
SAVE .50 ea.

\$7.48
ea.



CHOCOLATE COVERED DONUTS
12 Count
SAVE .50 ea.

\$8.48
ea.

Deli



Ingles Premium Select Muenster Cheese
\$7.99 Lb.
Save 1.00 Lb.

INGLES PREMIUM SELECT OVEN ROASTED, BUFFALO OR APPLEWOOD SMOKED CHICKEN
SAVE 1.00 Lb.

\$10.49
Lb.



3 Pack Combo Sandwiches
\$9.49 ea.
Save .50 ea.

BAKED POTATO SALAD
SAVE 1.00 Lb.

\$5.99
Lb.



PANERA SOUP
32 Oz. - Selected Varieties
SAVE 3.00 ea.

\$8.99
ea.



Firehook Organic Baked Crackers
5.5 Oz. - Selected Varieties
\$7.29 ea.
Save 1.20 ea.

ITHACA HUMMUS
Selected Varieties
SAVE 1.70 ea.

\$3.79
ea.



Beemster Dutch Mild Gouda
\$14.99 Lb.
Save 1.00 Lb.

BELGIOIOSO SHARP PROVOLONE
SAVE 1.50 Lb.

\$12.49
Lb.



Treasure Cave Smoked Blue Cheese Crumble Or Wedge
4-4.4 Oz.
\$4.59 ea.
Save .40 ea.

GALBANI MARINATED CILIEGINE CUP
12 Oz.
SAVE 1.30 ea.

\$6.99
ea.



BLACK DIAMOND AGED 5 YEARS VINTAGE RESERVE CHEDDAR CHEESE
SAVE 2.00 Lb.

\$16.99
Lb.



Parrano Originale Cheese
\$21.99 Lb.
Save 3.00 Lb.

ROTISSERIE CHICKEN
Selected Varieties
EVERYDAY LOW PRICE!

\$6.98
ea.

Organic & All Natural!



BUTTERBALL 85% GROUND TURKEY
16 Oz. - All Natural
SAVE 1.00 ea.

\$4.68
ea.



SEA BEST ALL NATURAL SHRIMP
16 Oz. - 26-30 Count - Cooked, Peeled & Deveined
SAVE 1.80 ea.

\$10.98
ea.



ORGANIC RED GRAPEFRUIT
SAVE 1.52 ea.

98¢
ea.



ORGANIC SWEET ONIONS
SAVE 1.00 Lb.

\$1.48
Lb.



PITAYA FOODS ORGANIC DRAGON FRUIT
12 Oz.
SAVE 1.20 ea.

\$4.28
ea.



CASCADIAN FARM ORGANIC MIXED VEGETABLES
16 Oz.
SAVE .80 ea.

\$3.98
ea.



HARVEST FARMS ORGANIC BROTH
32 Oz. - Selected Varieties
SAVE 1.00 ea.

\$1.98
ea.



MARY'S ORGANIC GONE CRACKERS
4 Oz. - Selected Varieties
SAVE 3.10 ea.

\$3.48
ea.

ingles

LOW PRICES... LOVE THE SAVINGS!™

Meat & Seafood

Ingles ADVANTAGE
Low Prices... Love The Savings!

Roasted Chicken Breast
With Veggies

SPRINGER
Mountain Farms

Ingles ADVANTAGE
Low Prices... Love The Savings!

Pan Fried
Crab Cakes
& A Salad

Ingles ADVANTAGE
Low Prices... Love The Savings!

SPRINGER
MOUNTAIN FARMS
BAGGED BREAST
FILLET PORTIONS

24 Oz.
SAVE 2.80 ea.
\$6.48
ea.



MARYLAND
PREMIUM CRAB CAKES

4 Oz.
SAVE 1.00 ea.
\$7.28
ea.

Ingles ADVANTAGE
Low Prices... Love The Savings!

PERDUE
PERFECT PORTIONS
BONELESS CHICKEN BREASTS

24 Oz. Bag
SAVE 2.70 ea.



\$7.98
ea.

Ingles ADVANTAGE
Low Prices... Love The Savings!

PLAINVILLE FARMS
GROUND TURKEY

94% Fat Free -
16 Oz.
SAVE 1.70 ea.



\$4.98
ea.

Ingles ADVANTAGE
Low Prices... Love The Savings!

OSCAR MAYER
FULLY COOKED BACON

2.52 Oz. -
Original Or Thick Cut
SAVE 1.80 ea.



\$4.98
ea.

Ingles ADVANTAGE
Low Prices... Love The Savings!

FRATELLI BERETTA
ITALIAN SMALL PLATE

2-2.5 Oz. -
Selected Varieties
SAVE 3.58 ON 2



**BUY ONE
FREE
GET ONE**

Ingles ADVANTAGE
Low Prices... Love The Savings!

PERDUE
CHICKEN
SHORT CUTS

8 Oz. -
Selected Varieties
SAVE 4.94 ON 3



3/\$10
for

Ingles ADVANTAGE
Low Prices... Love The Savings!

LAURA LYNN™
BACON

16 Oz. -
Regular
SAVE 1.50 ea.



\$5.98
ea.

Ingles ADVANTAGE
Low Prices... Love The Savings!

GORTON'S
COD FISH STICKS
OR FILLETS

14.6 Oz.
SAVE 12.98 ON 2



**BUY ONE
FREE
GET ONE**

Ingles ADVANTAGE
Low Prices... Love The Savings!

FRESH
SALMON FILLET

SAVE 1.00 Lb.



\$8.98
Lb.

Ingles ADVANTAGE
Low Prices... Love The Savings!

SASHIMI GRADE
TUNA STEAKS

SAVE 1.00 Lb.



\$8.38
Lb.

Ingles ADVANTAGE
Low Prices... Love The Savings!

CAROLINA
RAW SHELL ON
SHRIMP

2 Lb. Bag -
31-40 Count
SAVE 3.30 ea.



\$16.68
ea.

Grocery

Ingles ADVANTAGE
Low Prices... Love The Savings!

BORDEN
SHREDDED
OR SINGLES CHEESE

8-12 Oz. -
Selected Varieties
SAVE 1.60 ea.



\$1.98
ea.

Ingles ADVANTAGE
Low Prices... Love The Savings!

CHOBANI
20G PROTEIN YOGURT

4 Count - 26.8 Oz. -
Selected Varieties
SAVE 4.30 ea.



\$3.98
ea.

Ingles ADVANTAGE
Low Prices... Love The Savings!

CHOBANI
YOGURT

4 Count -
Selected Varieties
SAVE UP TO 4.00



\$3.98
ea.

Ingles ADVANTAGE
Low Prices... Love The Savings!

:RATIO
PROTEIN
OR FIBER YOGURT

5.3 Oz. -
Selected Varieties
SAVE 2.52 ON 4



4/\$5
for

Ingles ADVANTAGE
Low Prices... Love The Savings!

PILLSBURY
CINNAMON ROLLS,
CRESCENTS OR
GRANDS! BISCUITS

8 Count -
Selected Varieties
SAVE UP TO 2.30



\$1.98
ea.

Ingles ADVANTAGE
Low Prices... Love The Savings!

NEWMAN'S OWN
PASTA SAUCE OR
SALAD DRESSING

16-24 Oz. -
Selected Varieties
SAVE UP TO 2.40



\$2.48
ea.

Ingles ADVANTAGE
Low Prices... Love The Savings!

MUELLER'S
PASTA

12-16 Oz. -
Selected Varieties
SAVE 4.12 ON 4



4/\$5
for

Ingles ADVANTAGE
Low Prices... Love The Savings!

KNORR
SIDES

4-5.7 Oz. -
Selected Varieties
SAVE 2.92 ON 4



4/\$5
for

Ingles ADVANTAGE
Low Prices... Love The Savings!

KRAFT
MIRACLE WHIP

30 Oz. -
Selected Varieties
SAVE 4.80 ea.



\$4.98
ea.

Ingles ADVANTAGE
Low Prices... Love The Savings!

HANOVER
BEANS

15-15.5 Oz. -
Selected Varieties
SAVE 1.58 ON 2



**BUY ONE
FREE
GET ONE**

Ingles ADVANTAGE
Low Prices... Love The Savings!

PEANUT PATCH
BOILED PEANUTS

13.5 Oz. -
Selected Varieties
SAVE 1.88 ON 2



**BUY ONE
FREE
GET ONE**

ingles

LOW PRICES... LOVE THE SAVINGS!™

Health & Wellness

INGLES ADVANTAGE
Low Price. Low Copay. Low Hassle.



BAYER CHEWABLE LOW DOSE ASPIRIN
36 Count - Orange Or Cherry
SAVE 2.16 ON 2

2/\$5 for 5

INGLES ADVANTAGE
Low Price. Low Copay. Low Hassle.



LAURA LYNN™ PAIN RELIEF
50-100 Count - Selected Varieties
SAVE UP TO 2.96 ON 2

2/\$5 for 5

INGLES ADVANTAGE
Low Price. Low Copay. Low Hassle.



QC LAXATIVE, STOOL SOFTENERS OR GAS RELIEF
60-160 Count - Selected Varieties
SAVE UP TO 3.50

\$2.98 ea.

Savings On Every Aisle!

INGLES ADVANTAGE
Low Price. Low Copay. Low Hassle.



GENERAL MILLS, CHEX MIX, GARDETTO'S OR BUGLES
7.5-8 Oz. - Selected Varieties
SAVE UP TO 3.56 ON 2

2/\$5 for 5

INGLES ADVANTAGE
Low Price. Low Copay. Low Hassle.



CHICK-FIL-A, BUFFALO WILD WINGS OR SUBWAY SAUCE
12-16 Oz. - Selected Varieties
SAVE UP TO 1.00

\$3.48 ea.

INGLES ADVANTAGE
Low Price. Low Copay. Low Hassle.



DEER PARK WATER
24 Pack - 16.9 Oz.
SAVE 2.50 ea.

\$4.98 ea.

INGLES ADVANTAGE
Low Price. Low Copay. Low Hassle.



MOTT'S APPLE JUICE OR APPLESAUCE
6 Count Or 64 Oz. - Selected Varieties
SAVE UP TO 1.80

\$2.98 ea.

INGLES ADVANTAGE
Low Price. Low Copay. Low Hassle.



POST KIDS CEREAL
10-12.5 Oz. - Selected Varieties
SAVE 4.98 ON 2

BUY ONE FREE GET ONE

INGLES ADVANTAGE
Low Price. Low Copay. Low Hassle.



QUAKER INSTANT OATMEAL
10.9-15.1 Oz. - Selected Varieties
SAVE 4.98 ON 2

BUY ONE FREE GET ONE

INGLES ADVANTAGE
Low Price. Low Copay. Low Hassle.



COKE GROUP OF PRODUCTS
10 Pack - 7.5 Oz. Limit 2
SAVE UP TO 5.96 ON 2

2/\$11 for 11 When You Buy 2
FINAL COST
Quantities Less Than 2 will be 8.48 ea.

INGLES ADVANTAGE
Low Price. Low Copay. Low Hassle.



OREO COOKIES OR CAKESTERS OR NEWTONS
7-14.03 Oz. - Selected Varieties
SAVE UP TO 5.56 ON 2

2/\$7 for 7

INGLES ADVANTAGE
Low Price. Low Copay. Low Hassle.



POWERADE
8 Pack 20 Oz. Where Available
SAVE UP TO 2.00

\$5.98 ea.

Beer & Wine

INGLES ADVANTAGE
Low Price. Low Copay. Low Hassle.



MEIOMI FAMILY
750 mL Selected Varieties
SAVE BIG!

\$20.98 ea.

INGLES ADVANTAGE
Low Price. Low Copay. Low Hassle.



LAMARCA PROSECCO FAMILY
750 mL Selected Varieties
SAVE BIG!

\$15.98 ea.

INGLES ADVANTAGE
Low Price. Low Copay. Low Hassle.



JOSH CELLARS FAMILY
750 mL Selected Varieties
SAVE BIG!

\$15.98 ea.

INGLES ADVANTAGE
Low Price. Low Copay. Low Hassle.



FREI BROTHERS OR J VINEYARDS BLACK FAMILY
750 mL Selected Varieties
SAVE BIG!

\$14.98 ea.

INGLES ADVANTAGE
Low Price. Low Copay. Low Hassle.



WHITE CLAW, TOPO CHICO HARD SELTZER, LEINENKUGEL'S OR BLUE MOON FAMILY
12 Pack Cans Selected Varieties
Where Available
SAVE BIG!

\$14.98 ea.

INGLES ADVANTAGE
Low Price. Low Copay. Low Hassle.



ELYSIAN SPACE DUST OR WICKED WEED FAMILY
12 Pack Selected Varieties
Where Available
SAVE BIG!

\$16.98 ea.

INGLES ADVANTAGE
Low Price. Low Copay. Low Hassle.



SIERRA NEVADA OR SAMUEL ADAMS FAMILY
12 Pack Selected Varieties
SAVE BIG!

\$15.98 ea.

INGLES ADVANTAGE
Low Price. Low Copay. Low Hassle.



GEORGE KILLIAN'S IRISH RED ALE
12 Pack Bottles
Where Available
SAVE BIG!

\$12.98 ea.

INGLES ADVANTAGE
Low Price. Low Copay. Low Hassle.



CORONA FAMILY
12 Pack Bottles Selected Varieties
SAVE BIG!

\$15.98 ea.

INGLES ADVANTAGE
Low Price. Low Copay. Low Hassle.



MICHELOB ULTRA OR ULTRA ZERO, BUD LIGHT NEXT, LIME OR PLATINUM
12 Pack Selected Varieties
SAVE BIG!

\$14.98 ea.

INGLES ADVANTAGE
Low Price. Low Copay. Low Hassle.



MICHELOB ULTRA
12 Pack 16 Oz. Aluminum Bottles
SAVE BIG!

\$15.98 ea.

INGLES ADVANTAGE
Low Price. Low Copay. Low Hassle.



MILLER OR COORS FAMILY
15 Pack Aluminum Pints
SAVE BIG!

\$15.98 ea.



Red Hot Two Day SALE!

2 Days Only!

While Supplies Last!

March 20 & 21st



INGLES ADVANTAGE
Long Prices...Last The Savings!

GRADE A FROZEN TURKEY BREAST
SAVE 1.30 Lb.

\$1.48
Lb.
2 Days Only!



INGLES ADVANTAGE
Long Prices...Last The Savings!

ORGANIC ATAUFLFO MANGOES
SAVE .72 ea.

USDA ORGANIC

78¢ ea.
2 Days Only!



INGLES ADVANTAGE
Long Prices...Last The Savings!

12" Pizza
Selected Varieties
SAVE 2.00 ON 2

2/\$10
for
2 Days Only!



INGLES ADVANTAGE
Long Prices...Last The Savings!

CROISSANTS
4 Count
SAVE 1.00 ea.

\$2.98 ea.
2 Days Only!



INGLES ADVANTAGE
Long Prices...Last The Savings!

EGGO WAFFLES
24 Count - Family Pack -
Selected Varieties
SAVE 2.60 ea.



\$4.98 ea.
2 Days Only!



INGLES ADVANTAGE
Long Prices...Last The Savings!

Limit 4
PETER PAN PEANUT BUTTER
16.3 Oz. -
Selected Varieties
SAVE 3.00 ea.

\$1.78 ea.
2 Days Only!



INGLES ADVANTAGE
Long Prices...Last The Savings!

Limit 4
KELLOGG'S TOWN HOUSE CRACKERS
9-13.8 Oz. -
Selected Varieties
SAVE 3.00 ea.



\$1.98 ea.
2 Days Only!



INGLES ADVANTAGE
Long Prices...Last The Savings!

Limit 4
HAWAIIAN PUNCH
1 Gallon -
Selected Varieties
SAVE 2.60 ea.

\$1.98 ea.
2 Days Only!



INGLES ADVANTAGE
Long Prices...Last The Savings!

Limit 4
OLD TRAPPER BEEF JERKY
8 Oz. -
Selected Varieties
SAVE 9.50 ea.



\$7.98 ea.
2 Days Only!



INGLES ADVANTAGE
Long Prices...Last The Savings!

XTRA LIQUID LAUNDRY DETERGENT
56-57.6 Oz. -
Selected Varieties
SAVE 1.80 ea.

\$1.98 ea.
2 Days Only!



INGLES ADVANTAGE
Long Prices...Last The Savings!

LITTLE DEBBIE BIG PACK SNACKS
12.67-31.78 Oz. -
Selected Varieties
SAVE 2.98 ON 2

2/\$8
for
2 Days Only!



INGLES ADVANTAGE
Long Prices...Last The Savings!

Limit 4
FRITO LAY MULTI-PACK SNACKS
18 Count -
Selected Varieties
SAVE 4.71 ea.

\$8.98 ea.
2 Days Only!

Monthly Savings!

Ingles ADVANTAGE
 Low Prices. Less Than The Average!



SARGENTO
 SHREDDED OR
 BLOCK CHEESE
 7-8 Oz. -
 Selected Varieties
 SAVE 3.70 ea.



\$1.68
 ea.



Ingles ADVANTAGE
 Low Prices. Less Than The Average!



SWANSON
 BROTH
 32 Oz. -
 Selected Varieties
 SAVE UP TO 1.20



\$1.98
 ea.

Ingles ADVANTAGE
 Low Prices. Less Than The Average!



CRISCO
 OIL
 40 Oz. -
 Selected Varieties
 SAVE 3.30 ea.



\$3.48
 ea.

Ingles ADVANTAGE
 Low Prices. Less Than The Average!



CHEEZ IT,
 SNAP'D OR PUFF'D
 5.75-12.4 Oz. -
 Selected Varieties
 SAVE 2.30 ea.



\$2.98
 ea.

Ingles ADVANTAGE
 Low Prices. Less Than The Average!



PREGO
 PASTA SAUCE
 14.5-24 Oz. -
 Selected Varieties
 SAVE 1.70 ea.



\$1.98
 ea.

Ingles ADVANTAGE
 Low Prices. Less Than The Average!



LAURA LYNN™
 PASTA
 12-16 Oz. -
 Selected Varieties
 SAVE 1.32 ON 4



4/\$5

Ingles ADVANTAGE
 Low Prices. Less Than The Average!



DEER PARK
 WATER
 24 Pack - 16.9 Oz.
 SAVE 2.50 ea.



\$4.98
 ea.

Ingles ADVANTAGE
 Low Prices. Less Than The Average!



STARKIST
 TUNA, CHICKEN CREATIONS
 OR SMART BOWLS POUCHES
 2.6-4.5 Oz. -
 Selected Varieties
 SAVE UP TO 5.90 ON 5



5/\$5

Ingles ADVANTAGE
 Low Prices. Less Than The Average!



KELLOGG'S
 ADULT CEREAL
 9.6-16.1 Oz. -
 Selected Varieties
 SAVE 2.50 ea.



\$2.98
 ea.

Ingles ADVANTAGE
 Low Prices. Less Than The Average!



TIDE
 LIQUID OR PODS
 LAUNDRY DETERGENT,
 DOWNY FABRIC SOFTENER OR
 BEADS OR GAIN FIREWORKS
 25-42 Count or 16-84 Oz. -
 Selected Varieties
 SAVE UP TO 5.40



\$10.98
 ea.

Ingles ADVANTAGE
 Low Prices. Less Than The Average!



LAURA LYNN™
 EXTRA STRONG
 2X PAPER TOWELS
 6 Count -
 Selected Varieties
 SAVE 1.70 ea.



\$4.98
 ea.

Ingles ADVANTAGE
 Low Prices. Less Than The Average!



ANGEL SOFT
 MEGA ROLL
 BATH TISSUE
 8 Count
 SAVE 3.00 ea.



\$6.98
 ea.

Ingles ADVANTAGE
 Low Prices. Less Than The Average!



BRAWNY
 PAPER TOWELS
 4 Count -
 Double Roll
 SAVE 5.00 ea.



\$6.98
 ea.

Frozen Favorites!



TOMBSTONE
12" ORIGINAL PIZZA
19.3-20.8 Oz. -
Selected Varieties
SAVE 6.36 ON 2

2/\$7
for



TALENTI
SORBET OR GELATO
16 Oz. -
Selected Varieties
SAVE 3.76 ON 2

2/\$8
for



MARIE CALLENDER'S
BOWLS
10.5-13 Oz. -
Selected Varieties
SAVE 3.96 ON 2

2/\$5
for



ATKINS
DINNERS
5.6-9 Oz. -
Selected Varieties
SAVE 2.96 ON 2

2/\$7
for



HOT POCKETS
STUFFED SANDWICHES
4 Count -
Selected Varieties
SAVE 1.80 ea.

\$4.48
ea.



PILLSBURY
TOASTER STRUDEL
11.7 Oz. - 6 Count -
Selected Varieties
SAVE 1.40 ea.

\$2.78
ea.



MINGS
ENTRÉES
8-10 Oz. -
Selected Varieties
SAVE 5.96 ON 2

2/\$5
for



WILD MIKE'S
ULTIMATE PIZZA
40.25-42.43 Oz. -
Selected Varieties
SAVE 2.00 ea.

\$7.98
ea.



PERDUE
NATURAL CHICKEN
22-26 Oz. -
Selected Varieties
SAVE 1.50 ea.

\$8.98
ea.



COOKED PERFECT
MEATBALLS
12-28 Oz. -
Selected Varieties
SAVE 4.00 ea.

\$6.98
ea.



ORE-IDA
POTATOES
19-32 Oz. -
Selected Varieties
SAVE 2.56 ON 2

2/\$9
for



TOTINO'S
PIZZA ROLLS
50 Count -
Selected Varieties
SAVE 3.50 ea.

\$4.48
ea.



GROWN IN IDAHO
POTATOES
22.5-28 Oz. -
Selected Varieties
SAVE UP TO 2.30

\$4.48
ea.



LAURA LYNN™
FAJITA BLEND
14 Oz.
SAVE .36 ON 2

2/\$6
for



LAURA LYNN™
MANGO CHUNKS
16 Oz.
SAVE .76 ON 2

2/\$7
for

Our Brand Favs!



**LAURA LYNN™
CHUNKY SALSA**
16 Oz. -
Mild Or Medium
SAVE 1.30 ea.



**\$1.98
ea.**



**LAURA LYNN™
TORTILLAS**
10-20 Oz. -
Selected Varieties
SAVE UP TO 1.00



**\$1.38
ea.**



**LAURA LYNN™
SEASONED PRETZELS**
16 Oz. -
Selected Varieties
SAVE 1.50 ea.



**\$4.48
ea.**



**LAURA LYNN™
DICED GREEN CHILES**
4 Oz.
SAVE .60 ea.



**98¢
ea.**



**LAURA LYNN™
MICROWAVE POPCORN**
6 Count -
Selected Varieties
SAVE 1.00 ea.



**\$2.98
ea.**



**LAURA LYNN™
CORN CHIPS**
9.25-10 Oz. -
Selected Varieties
SAVE .80 ea.



**\$1.68
ea.**



**LAURA LYNN™
CHEESE CRACKERS**
12.4 Oz.
SAVE 1.00 ea.



**\$3.98
ea.**



**LAURA LYNN™
LACTOSE FREE MILK**
64 Oz. -
Selected Varieties
SAVE 1.70 ea.



**\$2.98
ea.**



**LAURA LYNN™
EXTRA STRONG
3X PAPER TOWELS**
6 Count
SAVE 2.50 ea.



**\$5.98
ea.**



**LAURA LYNN™
SWEET OR UNSWEET TEA**
1 Gallon
SAVE .52 ea.



**\$1.98
ea.**



**LAURA LYNN™
ULTRA HEAVY DUTY
PLATES OR BOWLS**
44 Or 52 Count
SAVE 2.50 ea.



**\$4.98
ea.**



**LAURA LYNN™
CUDDLY SOFT BATH TISSUE**
6-12 Count -
Selected Varieties
SAVE 2.00 ea.



**\$3.98
ea.**



**LAURA LYNN™
BAGELS**
17.1 Oz. -
Selected Varieties
SAVE .60 ea.



**\$1.88
ea.**



**LAURA LYNN™
STRETCH 'N HOLD
DRAWSTRING
TALL KITCHEN BAGS**
34 Count -
Selected Varieties
SAVE 2.70 ea.



**\$4.98
ea.**



**LAURA LYNN™
HARD-BOILED EGGS**
12 Count
SAVE 1.70 ea.



**\$3.98
ea.**