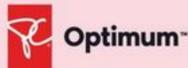


More days More days More days



Get more points

More savings, more deals, more points

This week only! March 19-25**

For more deal offers visit
www.yourindependentgrocer.ca
or scan



More days

APP EXCLUSIVE OFFER

Members get

4,000 (pts)

for every \$12*
spent on

\$4

back
in points

PC® FLATBREAD
330-395 G, **FOCACCIA**
415-456 G OR
WOODFIRED PIZZA
351-413 G OR
PC® BLACK LABEL
PIZZA 370-440 G
SELECTED VARIETIES
FROZEN
PAIN PLAT,
FOCACCIA OU
PIZZA AU FEU DE
BOIS PC^{MD} OU PIZZA
PC^{MD} COLLECTION
NOIRE
21013452_EA
21540352_EA
*Open your PC Optimum™ app or
visit pcoptimum.ca to get the offer.



More days

APP EXCLUSIVE OFFER

Members get

4,000 (pts)

when you
buy 2

\$4

back
in points

\$8

PC® OR BLUE
MENU® ENTRÉES
SELECTED VARIETIES
FROZEN
770 G-1.13 KG
PLATS CUISINÉS
PC^{MD} OU MENU
BLEU^{MC}
20326534_EA
21359210_EA
*Open your PC Optimum™ app or
visit pcoptimum.ca to get the offer.



More days

Members get

1,000 (pts)

back
in points

\$1

5⁵⁰

HÄAGEN-DAZS
414-450 ML OR
BAR^S 3/4'S OR
NESTLÉ DRUMSTICK
4'S
SELECTED VARIETIES
FROZEN
DESSERT GLACÉ
OU BARRES
HÄAGEN-DAZS OU
DRUMSTICK NESTLÉ
21513578_EA
2032238001_EA



More days

Member Only Price™

2⁵⁰

Non-Members
\$3

KETTLE BRAND
POTATO CHIPS
SELECTED VARIETIES
156/198 G
CROUSTILLES
KETTLE BRAND
21520652_EA
21520692_EA



**From March 19–March 25, 2026, at across 4,500+ locations in Canada, the PC Optimum™ Moredays event will provide PC Optimum™ members with the opportunity to earn PC Optimum™ points through special offers and promotions across locations where PC Optimum™ points can be earned. For a list of participating locations and complete program details, please visit www.pcoptimum.ca/Moredays.

Optimum **Moredays**

Members get
2,000 pts

\$2
back
in points

16⁹⁹

**MAXWELL HOUSE
GROUND COFFEE**
631-900 G
**CAFÉ MOULU
MAXWELL HOUSE**
21606882_EA



Optimum **Moredays**

APP EXCLUSIVE OFFER
Members get
1,500 pts

\$150
back
in points



\$7



**IN-STORE
BAKED COOKIES**
ASSORTED VARIETIES
18'S
**BISCUITS CUITS
EN MAGASIN**
21454952_EA
21455101_EA

*Open your PC Optimum™ app or visit pcoptimum.ca to get the offer.



**BAKED
IN-STORE**

Optimum **Moredays**

Member Only Price**

5⁹⁹

Non-Members

8⁹⁹

Members
save
\$3



**BLUEWATER SEAFOODS
BATTERED FISH**
SELECTED VARIETIES, FROZEN
450/500 G
**POISSON EN PANURE
BLUEWATER SEAFOODS**
20310745004_EA
20316252003_EA

**Must be a registered PC Optimum™ member to load and get this offer.



Optimum **Moredays**

Member Only Price**

3⁹⁹

Non-Members

11⁹⁹

Members
save
\$8



**CASHMERE BATHROOM
TISSUE 8-16 ROLLS OR
SCOTTIES FACIAL
TISSUE 6'S
PAPIER HYGIÉNIQUE
CASHMERE OU
MOUCHOIRS SCOTTIES**
20573377_EA/21204742_EA
**Must be a registered PC Optimum™ member to load and get this offer.



Optimum **Moredays**

APP EXCLUSIVE OFFER
Members get
15,000 pts
for every \$50*
spent on

\$15
back
in points

**PAMPERS DIAPERS, WIPES
OR TRAINING PANTS
COUCHES, LINGETTES OU
CULOTTES D'ENTRAÎNEMENT
PAMPERS**
21551549_EA
21089259_EA

*Open your PC Optimum™ app or visit pcoptimum.ca to get the offer.



ZEPPOLE DAY
March 19th 2026



\$2

SMALL ZEPPOLE
EACH
PETIT ZEPPOLE
21102005_EA

Independent
Your Independent Grocer

PROUDLY CANADIAN OWNED & OPERATED

10⁸⁸
LB

4 DAY SALE
THURSDAY, MARCH 19TH TO
SUNDAY, MARCH 22ND

CAP-OFF BEEF RIB ROAST
CUT FROM UNGRADED BEEF
23.99/KG
RÔTI DE CÔTE DE BŒUF PARÉ
214972165KG



3⁹⁹
LB

SPLIT CHICKEN WINGS
FAMILY SIZE
8.80/KG
AILES DE POULET
SÉPARÉES
20761916_KG



SAVE 45%

\$2
LB

**PORK PICNIC OR
PORK BUTT ROAST**
BONE-IN CRYOVAC PKG
4.91/KG
RÔTI DE PORC OU
SOC DE PORC
21161819_KG
20063634_KG



SAVE UP TO 29%

\$7

**SEAQUEST® COLOSSAL
PACIFIC WHITE SHRIMP**
RAW ZIPPERBACK® 16-20 PER LB
300 G OR FISH FILLETS
SELECTED VARIETIES 400 G FROZEN
CREVETTES BLANCHES
COLOSSALES DU
PACIFIQUE OU FILETS DE
POISSON SEAQUEST®
20036614_EA
21043887_EA



7⁷⁷

RED MANGOES
PRODUCT OF PERU
CASE
MANGUES ROUGES
21047849_EA



**9 LB
AVG**

SAVE 60%

\$2

**FARMER'S MARKET™
RUSSET POTATOES**
PRODUCT OF CANADA,
CANADA NO. 1 GRADE
10 LB BAG
POMMES DE
TERRE RUSSET
DÉLICÉES DU MARCHÉ™
20601020001_EA



10 LB

Moredays
APP EXCLUSIVE OFFER
Member Only Price™
\$4
Non-Members
\$6



**FARMER'S MARKET™
BUTTER CROISSANTS**
SELECTED VARIETIES
260-336 G
CROISSANTS AU BEURRE
DÉLICÉES DU MARCHÉ™
21201758_EA/21707790_EA



\$4 /100 G

**PC® SPLENDIDO®
SERVICE CASE ITALIAN
PROSCIUTTO OR
PARMIGIANO
REGGIANO CHEESE**
PRODUCT OF ITALY, DELICIOUS
PROSCIUTTO ITALIEN
OU PARMIGIANO
REGGIANO PC™
SPLENDIDO™
DU COMPTOIR
DE SERVICE
20377023_KG
21049241_KG



3⁵⁰

PC® LIVE LETTUCE
GREEN OR RED OR TRI-O
PRODUCT OF CANADA
2'S
LAITUE VIVANTE PC™
2122485_EA
21212487_EA



SAVE 98¢
WHEN YOU BUY 2



2/\$7
OR
\$3.99 EA.

**WONDER BREAD OR
BUNS OR COUNTRY
HARVEST BREAD**
SELECTED VARIETIES
AND SIZES
PAINS OU PETITS PAIN
WONDER OU PAIN
COUNTRY HARVEST
20276296_EA
20297453_EA
21693323_EA



SAVE \$2

4⁸⁸

**PRESTIGE OR GRAY BRAND®
RIDGE PREMIUM
LARGE WHITE EGGS**
SELECTED VARIETIES
18'S
GROS ŒUFS BLANCS DE
QUALITÉ SUPÉRIEURE
PRESTIGE OU
GRAY RIDGE
20814294001_EA
20822787001_EA



SAVE \$1.12



4⁸⁸

**LACTANTIA
BUTTER**
SELECTED VARIETIES
454 G
BEURRE LACTANTIA
20296112005_EA
20639926_EA



\$15



**KICKING HORSE
ORGANIC WHOLE
BEAN COFFEE**
SELECTED VARIETIES
454 G
CAFÉ EN GRAINS
BIOLOGIQUE
KICKING HORSE
20322468001_EA
20322468006_EA



6⁵⁰



LIBERTÉ GREEK TUBS
650/750 G OR DANONE
ACTIVIA 12X100 G
SELECTED VARIETIES
YOGOURT GREC
LIBERTÉ OU ACTIVIA
DANONE
20303472001_EA
20704361001_EA



\$4

**BREYERS CREAMERY
STYLE ICE CREAM**
1.41 L OR CHAPMAN'S
COLLECTION NOVELTIES
6/8'S SELECTED VARIETIES
FROZEN
CRÈME GLACÉE STYLE
CRÉMERIE BREYERS
OU FRIANDISES
GLACÉES COLLECTION
CHAPMAN'S
20322750001_EA
21651101_EA



\$5

TIDE DETERGENT
1.62-1.86 L, 18-31'S,
DOWNY OR GAIN
FABRIC SOFTENER
1.66-2.63 L, DOWNY,
GAIN OR IVORY
SNOW BEADS
303-379 G
SELECTED VARIETIES
DÉTERGENT TIDE,
ASSOULISSANT
TEXTILE DOWNY
OU GAIN, PERLES
DOWNY, GAIN
OU IVORY NEIGE™
21549771_EA
21579685_EA



SAVE \$5

13⁹⁹

**ROOSTER®
SCENTED JASMINE
RICE**
8 KG
RIZ PARFUMÉ AU
JASMIN ROOSTER®
20121871_EA



SAVE 62%



1²⁵

**OASIS, DEL MONTE
OR ARIZONA JUICE,
NECTAR OR ICED TEA**
SELECTED VARIETIES
JUS, NECTAR OU THÉ
GLACÉ OASIS, DEL
MONTE OU ARIZONA
20338722001_EA
20894117004_EA





APP EXCLUSIVE OFFER*

\$28

\$35 GET 2,000* back in points

\$36

GET **10,000*** back in points

for every \$50* spent on baby apparel, diapers, training pants, wipes, food, formula, accessories and/or toiletries

*Open your PC Optimum app or visit pcoptimum.ca to get the offer

HUGGIES LITTLE SNUGLERS OR SKIN ESSENTIALS DIAPERS
SELECTED VARIETIES
SIZES N-2, 76-96'S
COUCHES LITTLE SNUGLERS OU SKIN ESSENTIALS HUGGIES
21172501EA
21665350EA

LIMIT 4
AFTER LIMIT 32.99 EA.

PAMPERS ECONO PACK DIAPERS
SIZE N-8, 58-200'S
COUCHES ÉCONO PAMPERS
21551549_EA
21692756_EA

LIMIT 6
AFTER LIMIT 39.99 EA.

ENFAGROW A+ INFANT NUTRITIONAL SUPPLEMENT
SELECTED VARIETIES 907 G
SUPPLÉMENT NUTRITIF POUR NOURRISSONS ENFAGROW A+
21694972_EA
21694972_EA

LIMIT 4
AFTER LIMIT 42.99 EA.

SAVE 75¢

\$3

NO NAME® CREAM CHEESE
SELECTED VARIETIES 250 g 30% M.F. 95% PASTEURISÉ
227/250 G

FROMAGE À LA CRÈME SANS NOM®
pasteurized cream cheese spread
tartine de fromage à la crème
250 g 19% M.F. 95% PASTEURISÉ

2⁵⁰

HUNT'S THICK RICH SAUCE 680 ML OR **DE CECCO PASTA** 454 G
SELECTED VARIETIES
SAUCE ÉPAISSE & RICHE HUNT'S OU PÂTES DE CECCO
2029682001_EA
21056286_EA

DEAL DROP

Limited-time deals on PC home & more.

\$12

PC® RECTANGLE ACACIA SERVING BOARD
21714814_EA

limit 3, after limit \$24 ea. while supplies last

\$4

MINUTE MAID JUICE
SELECTED VARIETIES 8/10X200 ML
JUS MINUTE MAID
20327042001_EA
21092667_EA

3⁵⁰

LECLERC GO PURE 140-175 G OR **NUGABAR** 175 G
GRANOLA BARS
SELECTED VARIETIES
BARRES GRANOLA GO PURE OU NUGABAR LECLERC
21221434_EA
21221451_EA
21536595_EA

SAVE \$1.25

3⁵⁰

NEILSON CREAM
SELECTED VARIETIES 473 ML/1 L
CRÈME NEILSON
20123609_EA
20774431_EA

\$15

HERSHEY'S EGGIES OR EGGS 700-900 G OR **REESE'S MINI PEANUT BUTTER EGGS** 670 G
SELECTED VARIETIES
EGGIES OU ŒUFS HERSEY'S OU MINI-ŒUFS AU BERRE D'ARACHIDE REESE'S
20526640_EA
21206032_EA

6⁷⁵

RIO MARE TUNA
SELECTED VARIETIES 195-240 G
THON RIO MARE
20035383_EA

1⁷⁵

CAMPBELL'S BROTHS 900 ML OR **CONCENTRATED BROTH** 250 ML
SELECTED VARIETIES
BOUILLON OU BOUILLON CONCENTRÉ CAMPBELL'S
20322348002_EA
21347245_EA

SAVE UP TO \$1

\$3

NO NAME® VEGETABLES 750 G OR **MCCAIN FRENCH FRIES** 800 G
SELECTED VARIETIES
LÉGUMES SANS NOM® OU FRITES MCCAIN
20312260_EA
21521219_EA

3²⁵

QUAKER CRISPY MINIS OR RICE CAKES
SELECTED VARIETIES 90-173 G
CRISPY MINIS OU GALETTES DE RIZ QUAKER
20163708002_EA
20303002001_EA

\$5

HALO TOP FROZEN DESSERT 473 ML OR **BEN & JERRY'S** 473 ML OR **MAGNUM BARS** 3/4'S
SELECTED VARIETIES FROZEN
DESSERT SURGÉLÉ HALO TOP OU BEN & JERRY'S OU BARRES MAGNUM
21087002_EA
21428403_EA

2/\$7 OR \$3.99 EA.

COVERED BRIDGE CHIPS 142-170 G OR **POPCORN** 125 G
SELECTED VARIETIES 125-170 G
CROUTILLES OU MAÏS SOUFFLÉ COVERED BRIDGE
21383506_EA
21400438_EA

\$5

PC® THE DECADENT® COOKIE
SELECTED VARIETIES 280/300 G
BISCUIT PC® LE DÉCADENT®
20612251_EA
20612257_EA

\$11

NO NAME® CAT LITTER
SELECTED VARIETIES 18 KG
LITIÈRE POUR CHATS SANS NOM®
20177169002_EA

PRICE DROP†

More ways to save

2⁵⁰

PREPARED IN CANADA

YOPLAIT TUBES YOGURT
SELECTED VARIETIES 448 G
YOGOURT TUBES YOPLAIT
21547595_EA
21547629_EA

\$3

KIND HEALTHY GRAINS BARS
SELECTED VARIETIES 5 X 35 G = 175 G
BARRES GRAINS SANTÉ KIND
20925684_EA

\$4

ZIPLOC LOW COUNT BAGS
SELECTED VARIETIES 10-100'S
SACS ZIPLOC
20871415_EA

\$6

TEMPTATIONS CAT TREATS
SELECTED VARIETIES 454 G
GÂTERIES POUR CHAT TEMPTATIONS
21012108_EA

Independent

CUSTOMER RELATIONS 1-866-541-6315. VISIT yourindependentgrocer.ca FOR STORE HOURS.

Please call Customer Relations at 1-866-541-6315 or visit our website at yourindependentgrocer.ca for your store's hours and to see which Your Independent Grocer® locations do not participate in this flyer. Quantities and/or selection of items may be limited and may not be available in all stores. No rainchecks or substitutions on clearance items or where quantities are advertised as limited. Advertised regular pricing and product selection (flavour, colour, patterns, style) may vary by store location. We are not obligated to sell items based on errors or misprints in typography or photography. **Pricing:** All references to "Save, Was, Now, Savings, etc." are in comparison to our own regular prices. Savings on items shown may vary by store location. Applicable taxes, deposits, or environmental surcharges are extra. No sales to retail outlets. Coupons must be presented and redeemed at time of purchase. **Trademarks:** * /™ The trademarks, service marks and logos displayed in this flyer are trademarks of Loblaws Inc. and others. **Purchase limits:** We reserve the right to limit quantities to reasonable family requirements. **PC Optimum™ Members Only:** Offers are available to valid PC Optimum™ program members. Membership is free. To register, see in-store or visit pcoptimum.ca. Points are not guaranteed in case of errors or misprints. No cash value. See yourindependentgrocer.ca for full program details including redemption restrictions. Minimum redemption is 10,000 points. These offers cannot be combined with any other coupons, discounts, or promotions. No adjustments on previous purchases. We may modify or cancel offers without notice. Product availability may vary by store. While supplies last. **Points Offers:** Receive the specified points when you spend the qualifying amount on the listed products/categories before taxes, after discounts and redemptions, in a single transaction. Taxes apply on purchase amount after discounts. PC Optimum™ pricing is not valid in price match programs for participating Loblaws Inc. banner stores. **Outdoor/Seasonal Items:** Outdoor seasonal items (e.g., lawn and garden) may only be available at select stores. Please check your local store for pricing, limits, and availability. **PRICE DROP Offer:** Valid in-store at participating locations from March 19 - April 8, 2026 before taxes and while quantities last. Applies only to select products. Offer may be modified or cancelled without notice. See in-store for full details.



YIG BACK

freshness you can taste

FRESH PROMISE

If it's not fresh, it's free.*
 *Fresh Promise: Applicable to eligible fresh produce items purchased at Your Independent Grocer store locations or online at yourindependentlygrocer.ca. If you are not completely satisfied with your eligible fresh produce item, we will replace it with an identical item, or in our discretion, a comparable item and provide you with a refund of the purchase price upon presentation of the item and your original receipt within 7 days of purchase at the Your Independent Grocer store where purchase originated. The fresh promise may not be combined with any other offer. We reserve the right to cancel or change the terms of this guarantee at any time without notice.

\$4

STRAWBERRIES
 1 LB. NO. 1 GRADE OR
BLACKBERRIES
 HALF PINT
 PRODUCT OF MEXICO
 OR U.S.A.
FRAISES
OU MÛRES
 20049778001_EA
 20051015001_EA

1 LB

\$6

FARMER'S MARKET™
GREENHOUSE PEPPERS
 PRODUCT OF MEXICO
 3'S
POIVRONS DE SERRE
DÉLICÉS DU MARCHÉ™
 20085851001_EA

3.99 **EXTRA LARGE**
 LB

PC® EXTRA LARGE
GREEN OR RED
SEEDLESS GRAPES
 PRODUCT OF SOUTH AFRICA
 PERU OR CHILE,
 NO. 1 GRADE
 8.80/KG
TRÈS GROS RAISINS
VERTS OU ROUGES
SANS PÉPINS PC®
 20425775001_KG
 20159199001_KG

2.88
 LB

BABY OR SHANGHAI
BOK CHOY
 PRODUCT OF MEXICO
 OR U.S.A.
 6.35/KG
MINI PAK-CHOI
OU PAK-CHOI DE
SHANGHAI
 20082279001_KG
 20032454001_KG

\$5 **2 LB**

LARGE CROWNLESS
PINEAPPLE EACH,
 PRODUCT OF COSTA RICA OR
NO NAME®
NATURALLY IMPERFECT™
ATAULFO MANGOES
 2 LB BAG,
 PRODUCT OF MEXICO
GROS ANANAS SANS
COURONNE OU
MANGUES ATAULFO
NATURELLEMENT
IMPARFAITS™
SANS NOM®
 20119813001_EA
 21194544001_EA

LARGE

2.99
 LB

COSMIC CRISP OR
ENVY APPLES PRODUCT
 OF U.S.A., US EXTRA FANCY OR
HONEYCRISP APPLES
 PRODUCT OF ONTARIO,
 CANADA FANCY GRADE
 6.59/KG
POMMES
COSMIC CRISP OU
ENVY OU POMMES
HONEYCRISP
 21240884001_KG
 20132621001_KG

\$4

FARMER'S MARKET™
CARROTS 3 LB BAG,
 PRODUCT OF CANADA OR U.S.A.,
 NO. 1 GRADE OR
YELLOW ONIONS
 3 LB BAG PRODUCT OF CANADA,
 CANADA NO. 1 GRADE
CAROTTES OU
OIGNONS JAUNES
DÉLICÉS DU MARCHÉ™
 20600927001_EA
 20811994001_EA

2/\$12 **More days**
Members get
1,000 **\$1**
 when you **back**
 buy 2 **in points**

OR
 \$6.50 EA.

RENÉE'S
REFRIGERATED
SALAD DRESSING
OR VINAIGRETTE
 SELECTED VARIETIES
 PRODUCT OF CANADA
 350/355 ML
SAUCE À SALADE
OU VINAIGRETTE
RÉNÉE'S
 20312720_EA
 20314592_EA

\$13

FRUIT OR VEGGIE
TRI PACKS
 PREPARED IN-STORE
 706 G-1.02 KG
TRIOS DE FRUITS
OU LÉGUMES
 20022119_EA
 21209367_EA

\$12

10 STEM TULIPS
10 TULIPES SUR
TIGE
 20833978_EA

\$12 **More days**
Members get
2,500 **\$2.50**
 when you **back**
 buy 2 **in points**

MINI ROSE IN CLAY
 EACH
MINI-ROSIER DANS
UN POT EN ARGILE
 21733057_EA

\$25

SIGNATURE GIFT
BOUQUET
 EACH
BOUQUET-CADEAU
SIGNATURE
 21436377_EA
 21436378_EA

feeling protein power-fuel

8.50

GRASS FED EXTRA
LEAN GROUND
BEEF
 450 G
BŒUF HACHÉ
EXTRA-MAIGRE
FRAIS NOURRI À
L'HERBE
 21675592_EA

SAVE
\$1.99

\$16 **FREE FROM™**
SIMPLEMENT BON™
 FREE FROM ANTIBIOTICS - ÉLEVÉ SANS ANTIBIOTIQUES
 AUSTRALIEN
LEAN GROUND LAMB
AGNEAU HACHÉ MAIGRE
 454 G
AGNEAU HACHÉ
PC® SIMPLEMENT
BON™
 21352008_EA

\$5 **LB**

CHICKEN BREASTS
 SKINLESS, BONE-IN,
 FAMILY SIZE
 11.02/KG
POITRINES DE
POULET
 20055906_KG

\$7 **LB**

LAMB SHOULDER
CHOPS CLUB PACK OR
FROZEN GOAT CHOPS
OR IN-STORE MADE
PORK SAUSAGES
 SELECTED VARIETIES
 15.43/KG
CÔTELETTES D'ÉPAULE
D'AGNEAU FORMAT
CLUB OU CÔTELETTES
DE CHÈVRE SURGELÉES
OU SAUCISSES DE PORC
FAITES EN MAGASIN
 21550513_KG
 21451702_KG

2.99 **LB**

COOK'S PORTION
HAM
 6.59/KG
JAMBONNEAU
COOK'S
 20559641_KG

\$15

SWISS CHALET OR
MONTANA'S PORK
BACK RIBS
 SELECTED VARIETIES
 FULLY COOKED
 600/650 G
CÔTES DE DOS DE
PORC SWISS CHALET
OU MONTANA'S
 21022221_EA
 21668141_EA

find your catch in seafood

\$4 **CANADIAN SEAFOOD**

FRESH ATLANTIC
SALMON PORTION
 MARINATED
 SELECTED VARIETIES
 100 G
PORTION DE
SAUMON DE
L'ATLANTIQUE
FRAIS
 20947596_EA
 20948216_EA

SAVE
UP TO \$2.99

\$10

PC® BATTERED WILD SEA SALT
AND VINEGAR HADDOCK
BITES 454 G OR **PEI MUSSELS IN**
PROVENÇALE SAUCE OR CREAMY
WHITE WINE SAUCE 307 G FROZEN
MOULES DE L'Î.-P.-É. DANS
UNE SAUCE CRÈMEUSE AU VIN
BLANC. SAUCE PROVENÇALE OU
BOUCHÉES D'AGLEFIN SAUVAGE
PANÉ AU SEL DE MER
ET VINAIGRE PC®
 20838559_EA/21481247_EA

\$13

SEAQUEST®
SHRIMP RING WITH
MILD COCKTAIL
SAUCE
 FROZEN
 454 G
PLATEAU DE
CREVETTES AVEC
SAUCE COCKTAIL
DOUCE SEAQUEST®
 21687413_EA

bakery deals rising daily

4⁵⁰

More days
Members get
500

**BAKED
IN-STORE**

**HOT CROSS BUNS
WITH BAVARIAN
CREAM**
8'S
**BRIOCHE DE
CARÈME AVEC
CRÈME BAVAROISE**
20638117_EA



4⁵⁰

**BAKED
IN-STORE**

**KAISER OR PANINI
ROLLS**
SELECTED VARIETIES
6'S
**PETITS PAINS
KAISER OU PANINI**
21579824_EA
21579825_EA



\$5

**PREPARED IN
CANADA**

ACE BISTRO LOAF
SELECTED VARIETIES
545-640 G
MICHE BISTRO ACE
21707600_EA
21707643_EA



6⁵⁰

**PREPARED IN
CANADA**

MINI CROISSANTS
SELECTED VARIETIES
423 G
MINI CROISSANTS
21416726_EA
21660958_EA



\$17

**PREPARED IN
CANADA**

**FARMER'S MARKET™
BAR CAKES**
SELECTED VARIETIES
675-770 G
**GÂTEAUX
RECTANGULAIRES
DÉLICIES DU MARCHÉ**
21500612_EA
21500763_EA



7⁵⁰

**PREPARED IN
CANADA**

**FARMER'S MARKET™
HOMESTYLE TARTS**
SELECTED VARIETIES
6/12'S
**TARTELETTES GOÛT
MAISON DÉLICIES DU
MARCHÉ**
21629191_EA



7⁵⁰

**PREPARED IN
CANADA**

**THE GRAIN ESCAPE
BREAD**
SELECTED VARIETIES
528 G
**PAIN LE GRAIN
ESCAPE**
21622905_EA
21622951_EA



2⁵⁰

**PREPARED IN
CANADA**

NO NAME® BAGELS
SELECTED VARIETIES
6'S
**BAGELS
SANS NOM®**
21343196_EA
21666664_EA



3⁷⁵

**PC® BLUE MENU®
ORGANICS
OR PROTEIN
TORTILLAS**
SELECTED VARIETIES
342-650 G
**TORTILLAS PC®
MENU BLEU™
BIOLOGIQUE OU
PROTÉINES**
20182857_EA
21686817_EA



\$7

More days
Members get
1,500
back in points

**CATHEDRAL CITY
CHEDDAR**
SELECTED VARIETIES
200 G
**CHEDDAR
CATHEDRAL CITY**
21245346_EA



in the mood for deli-cious

3⁵⁰
/100 G

**PREPARED IN
CANADA**

**OKA OR L'EXTRA
BRIE DELI CUT
CHEESE**
SELECTED VARIETIES
**FROMAGE OKA
OU BRIE L'EXTRA
TRANCHÉ EN
CHARCUTERIE**
21128235_KG
21162370_KG
21162450_KG



**SAVE
\$1
WHEN YOU BUY 2**

**PREPARED IN
CANADA**

2/\$16

OR
\$8.50 EA.
**MAPLE LEAF NATURAL
SELECTIONS,
SCHNEIDERS SLICED
DELI MEAT**
SELECTED VARIETIES
150/175 G
**CHARCUTERIES
TRANCHÉES NATURAL
SELECTIONS MAPLE
LEAF, SCHNEIDERS**
20065285_EA
20582322_EA



\$7

**PC® SPLENDIDO®
SLICED DELI MEAT**
SELECTED VARIETIES
100 G
**CHARCUTERIES
TRANCHÉES PC®
SPLENDIDO®**
21049398_EA
21050405_EA



2/\$7

**PREPARED IN
CANADA**

OR
\$4 EA.
**PC® HUMMUS 227 G OR
NAAN DIPPERS 200 G**
SELECTED VARIETIES
**HUMMUS OU
BOUCHÉES NAAN**
PC®
21092033_EA
21639152_EA



More days

Member Only Price
\$5
Non-Members
\$6

Members save
\$1

**GARDEN FRESH
TORTILLAS 397 G OR
PC® SALSA 430 ML OR
GUACAMOLE 227 G**
SELECTED VARIETIES
**TORTILLAS GARDEN
FRESH OU SALSA
OU GUACAMOLE**
PC®
20325398_EA/20571822_EA
21448092_EA



on the run, we got you

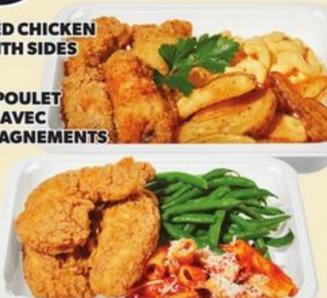
\$16

**PREPARED
IN-STORE NACHO
CHICKEN BAKE, TURKEY
CRANBERRY SLIDERS,
OR PULLED PORK
SLIDERS**
750-900 G
**CASSEROLE DE
POULET NACHOS,
MINI-BURGERS DINDE
ET CANNEBERGES OU
MINI-BURGERS AU PORC
EFFILOCHÉ PRÉPARÉS
EN MAGASIN**
21696333_EA



\$9

**ASSORTED CHICKEN
PLATE WITH SIDES**
CHILLED
364-481 G
**PLAT DE POULET
ASSORTI AVEC
ACCOMPAGNEMENTS**
21557783_EA
21560810_EA



2/\$9

OR
\$5 EA.

**PC® PASTA OR
GNOCCHI**
SELECTED VARIETIES
255-350 G
PÂTES OU GNOCCHI
PC®
21682075_EA
21681454_EA



\$45-55

PARTY PLATTERS
SELECTED VARIETIES
MADE TO ORDER
850 G-2.6 KG
**PLATEAUX DE
CÉLÉBRATION**
20894860_EA
20895023_EA



\$20/\$25

**SANDWICH OR
WRAP PLATTERS**
PREPARED IN-STORE
1.2-1.7 KG
**PLATEAUX DE
SANDWICHS OU
ROULÉS**
21558135_EA
21558137_EA



\$25

SQUARES PLATTER
SERVES 12-15
**PLATEAUX DE
CARRÉS**
20896944_EA



More days

Member Only Price
\$30
Non-Members
\$35

Members save
\$5

**BENTO KAZOKU
PLATTER**
53 PIECES
1.2 KG
**PLATEAU KAZODU
BENTO**
21637774_EA



MARCH

HIT OF THE MONTH

LIMIT 6
AFTER LIMIT
\$4 EA.



**CHRISTIE RITZ ORIGINAL,
RITZ CHIPS, TRISCUITS,
WHEAT THINS OR
TOPPABLES CRACKERS**
SELECTED VARIETIES
240-454 G
20686037_EA
21618621_EA

\$3³³

LIMIT 6
AFTER LIMIT
2.50 EA.



**QUAKER CHEWY
GRANOLA BARS**
SELECTED VARIETIES
120 G
21359366_EA
21359369_EA

\$1⁷⁵

LIMIT 6
AFTER LIMIT
\$6 EA.

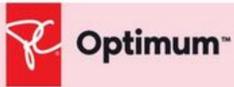


**PC® DIPS OR
HUMMUS**
SELECTED VARIETIES
454 G
20583725_EA
20584098_EA

\$4⁷⁵

**LOWEST PRICES
BEST DEALS**

As compared to other major grocery retailers within your local areas.
* Must be a registered PC Optimum™ member to get this offer.
Valid from March 1 - 31, 2026. While quantities last. See in-store for details.



Get more on

More savings, more deals, more points
This week only! March 19-25**

More days More days More days More days More days

More days

Members get **1,000** pts
\$1 back in points

\$9

PC® SPLENDIDO® EXTRA VIRGIN OLIVE OIL
500 ML
20162539_EA



More days

Members get **1,000** pts
when you buy 2
\$1 back in points

\$6

ORVILLE POPCORN 6/8'S OR KERNEL JAR 850 G
SELECTED VARIETIES
20308686_EA
20629532002_EA



More days

Members get **1,000** pts
when you buy 2
\$1 back in points

\$4

SNYDERS PRETZEL
SELECTED VARIETIES
240 G
20316052001_EA
20316052002_EA



More days

Members get **1,000** pts
when you buy 2
\$1 back in points

2/\$8

OR **\$4.99 EA.**
PEEK FREANS COOKIES OR BISCUITS
SELECTED VARIETIES
300/350 G
20679968_EA
20680381_EA



More days

Members get **3,000** pts
when you buy 2
\$3 back in points

\$4

PEARL MILLING COMPANY PANCAKE MIX 905 G
OR **SYRUP 710 ML**
SELECTED VARIETIES
21384609_EA
21391619_EA



More days

Members get **1,000** pts
when you buy 2
\$1 back in points

7⁵⁰

PRINGLES SNACK STACKS
SELECTED VARIETIES
228 G
21069445_EA
21206245_EA



More days

Members get **1,000** pts
when you buy 2
\$1 back in points

6⁴⁹

GRISSOL MELBA TOAST 400 G OR BAGUETTES 220 G
SELECTED VARIETIES
20307218001_EA
21623511_EA



More days

Members get **500** pts

4⁹⁹

CADBURY FINGERS
SELECTED VARIETIES
114/125 G
21631880_EA
21631965_EA



Optimum

Members-Only Price™
4⁵⁰
Non-members
\$6

Members save **\$1⁵⁰**

DAWN LIQUID 825/982 ML, EZ SQUEEZE 532/535/650 ML OR POWERWASH REFILL 473 ML
SELECTED VARIETIES
21430569_EA



More days

Members get **2,000** pts
when you buy 2
\$2 back in points



24⁹⁹

PC® SUPER ABSORBENT PAPER TOWELS
CLUB SIZE
12 ROLLS
21558605_EA



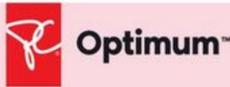
More days

Members get **3,000** pts
when you buy 2
\$3 back in points

\$18

CUT KALANCHOE BUNCH
21423372_EA





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Moredays

Members get **3,000^{pts}** when you spend **\$15*** on **\$3** back in points

NUTELLA HAZELNUT SPREAD WITH COCOA 375/725 G, & **GO! SNACK PACKS** 208 G OR **B-READY SNACK BARS** 132 G
SELECTED VARIETIES
20436105_EA
20948689_EA



Moredays

Members get **3,000^{pts}** when you spend **\$10*** on **\$3** back in points

KELLOGG'S RICE KRISPIES SQUARES 176 G, **NUTRI-GRAIN BARS** 295 G, **SPECIAL K CRISPY BARS** 125 G OR **POP TARTS PASTRIES** 384 G
SELECTED VARIETIES
21290106_EA
21290111_EA



Moredays

Members get **5,000^{pts}** for every **\$10*** spent on **\$5** back in points

KNORR GRAVY AND SAUCE MIX 22-48 G, **BASE FLAVOUR PASTES** 113 G, **BOUILLON CUBES OR POWDERS** 63-250 G OR **LIQUID CONCENTRATE** 250 ML
SELECTED VARIETIES
20297436001_EA
2032323001_EA
21683454_EA



Moredays

Members get **3,000^{pts}** when you spend **\$10*** on **\$3** back in points

MCCORMICK GOURMET SPICES OR GRAVY DRY SAUCES
SELECTED VARIETIES
11-56 G
21379317_EA
21666873_EA



Moredays

Members get **1,500^{pts}** when you spend **\$7*** on **\$1.50** back in points

KNORR OR LIPTON SOUP MIX
SELECTED VARIETIES
40-338 G
20297514001_EA
20308188002_EA



Moredays

Members get **3,000^{pts}** for every **\$12*** spent on **\$3** back in points

KRAFT BAKER'S CHOCOLATE SQUARES 170-225 G, **SHAKE 'N BAKE COATING MIX** 142-160 G, **CERTO LIQUID PECTIN** 170 ML, **DREAM WHIP WHIPPED TOPPING MIX** 170 G, **BIRDS CUSTARD POWDER** 340 G, **MAGIC BAKING POWDER** 225-450 G, **MINI TAPIOCA** 225 G OR **JELL-O JELLY POWDERS** 9.1-10.3 G, **INSTANT PUDDING** 40-153 G, **PUDDING & PIE FILLING** 135-170 G OR **NO BAKE CHEESECAKE DESSERT KIT** 314 G
SELECTED VARIETIES
20307001001_EA
20316019001_EA



Moredays

Members get **4,000^{pts}** when you spend **\$12*** on **\$4** back in points

RESOLVE STAIN REMOVERS
SELECTED SIZES AND VARIETIES
20323370_EA



Moredays

Members get **4,000^{pts}** for every **\$10*** spent on **\$4** back in points

MAYNARDS CANDY
SELECTED VARIETIES
135-154 G
21694186_EA
21545605_EA



Moredays

Members get **3,000^{pts}** when you spend **\$14*** on **\$3** back in points

AIR WICK PLUG-INS, REFILLS, ESSENTIAL MIST KITS OR CLUB PACKS
SELECTED VARIETIES AND SIZES
21495649_EA



Moredays

Members get **5,000^{pts}** when you spend **\$15*** on **\$5** back in points

SCRUBBING BUBBLES BATHROOM CLEANERS, FANTASTIK, WINDEX CLEANERS, SHOUT STAIN REMOVERS OR GLADE AIR FRESHNERS
SELECTED VARIETIES AND SIZES
216668324_EA / 20905516_EA



Moredays

Members get **5,000^{pts}** when you spend **\$25*** on **\$5** back in points

PUREX, PERSIL OR SUNLIGHT LAUNDRY DETERGENT OR SNUGGLE FABRIC SOFTENERS
SELECTED SIZES AND VARIETIES
20083525001_EA
21427042_EA



Moredays

Members get **10,000^{pts}** when you buy 3 **\$10** back in points

NATURE'S BOUNTY VITAMINS OR SUPPLEMENTS
SELECTED VARIETIES AND SIZES
SEE RETAIL IN STORES
21020231_EA
21180320_EA



Moredays

Members get **3,000^{pts}** **\$3** back in points

32⁵⁰

BOOST READY TO DRINK VALUE PACK
SELECTED VARIETIES AND SIZES
21562893_C15



Moredays

Members get **2,000^{pts}** when you buy 2 **\$2** back in points

QTIPS COTTON SWABS
500'S
20323077001_EA





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This week only! March 19-25**

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APP EXCLUSIVE OFFERS†

Moredays
APP EXCLUSIVE OFFER

Member Only Price

5.50

Members save **\$1.50**

Non-Members \$7

PC® BOCCONCINI
200 G OR
PC® RICOTTA 454 G
SELECTED VARIETIES
20546993_EA
20219848_EA

*Open your PC Optimum™ app or visit pcoptimum.ca to get the offer.

PREPARED IN CANADA

Moredays
APP EXCLUSIVE OFFER

Members get **4,000 pts**

\$4 back in points

PC® NATURALLY SMOKED BACON
SELECTED VARIETIES
500 G
20057892_EA
20152629_EA

*Open your PC Optimum™ app or visit pcoptimum.ca to get the offer.

500 G

Moredays
APP EXCLUSIVE OFFER

Members get **1,500 pts**

\$1.50 back in points

VH SAUCES
SELECTED VARIETIES
341-380 ML
20297368_EA
20308726001_EA

*Open your PC Optimum™ app or visit pcoptimum.ca to get the offer.

Moredays
APP EXCLUSIVE OFFER

Members get **5,000 pts**

\$5 back in points

\$23

PC® PACIFIC WHITE SHRIMP RING WITH MILD COCKTAIL SAUCE 568 G
FROZEN
20147098_EA

*Open your PC Optimum™ app or visit pcoptimum.ca to get the offer.

Moredays
APP EXCLUSIVE OFFER

Members get **4,000 pts**

\$4 back in points

for every **'10*** spent on

PHILADELPHIA CREAM CHEESE, KRAFT SINGLES OR CHEEZ WHIZ
SELECTED VARIETIES AND SIZES
4085387_EA
20641267_EA
20659606001_EA

*Open your PC Optimum™ app or visit pcoptimum.ca to get the offer.

PHILADELPHIA ORIGINAL
Singles
Original Cheddar Original

Cheez Whiz

Moredays
APP EXCLUSIVE OFFER

Members get **5,000 pts**

\$5 back in points

for every **'10*** spent on

OLD EL PASO MEAL MAKER PRODUCTS
SELECTED VARIETIES AND SIZES
20795534_EA
20305182001_EA

*Open your PC Optimum™ app or visit pcoptimum.ca to get the offer.

OLD EL PASO Salsa
THICK & CHUNKY
GRAND MORCEAUX

DINNER KIT HARD & SOFT Taco

Moredays
APP EXCLUSIVE OFFER

Members get **2,000 pts**

\$2 back in points

when you spend **'5*** on

CHRISTIE RITZ DRIZZLED MINIS CRACKERS
SELECTED VARIETIES
226 G
21712532_EA
21712595_EA

*Open your PC Optimum™ app or visit pcoptimum.ca to get the offer.

RITZ Drizzled minis
caramel
fudge

Moredays
APP EXCLUSIVE OFFER

Members get **4,000 pts**

\$4 back in points

when you spend **'10*** on

CHRISTIE SNAK PAKS
SELECTED VARIETIES
150-200 G
21584976_EA
21585155_EA

*Open your PC Optimum™ app or visit pcoptimum.ca to get the offer.

OREO mini
MADE WITH REAL COCOA

Mini Chips! Ahoy!
CHOCOLATE SPICE

Moredays
APP EXCLUSIVE OFFER

Members get **8,000 pts**

\$8 back in points

for every **'20*** spent on

IAMS CAT OR DOG FOOD
SELECTED VARIETIES
75 G-18.1 KG
20912435_EA
21027553_EA

*Open your PC Optimum™ app or visit pcoptimum.ca to get the offer.

IAMS PROACTIVE HEALTH
MINICHUNKS™

APP EXCLUSIVE OFFERS†

Moredays
APP EXCLUSIVE OFFER

Members get **10,000 pts**

\$10 back in points

for every **'100*** spent on

ANY COMBINATION OF ARDENE, GAP INC. BRANDS, UBER EATS, AND UBER GIFT CARDS

ARDENE **OLD NAVY** **ATHLETA** **BANANA REPUBLIC** **Uber** **Uber Eats**

Go Anywhere. Get Anything. / Allez partout. Commandez tout ce que vous voulez.

Offer valid in-store only. Subject to availability; selection may vary by region and store. Please check your local store for availability. We reserve the right to limit quantities. See gift card for details, terms & conditions. Offer applies to every \$100 spent on Ardenne, Gap Inc. Brands, Uber Eats, and Uber gift cards in a single transaction. Cannot be combined with any other gift card offers. Not valid on prior purchases. PC Optimum points cannot be redeemed toward the purchase of gift cards. Must be a registered PC Optimum member. All trademarks are the property of their respective owners.

Express™ Pass

Get your first year of PC Express Pass for **\$2/month***

- Unlimited grocery delivery or pickup
- Earn 2% back in (pts) with eligible pickup orders**

Use code **PASS76**

Learn more

*Offer valid until April 1, 2026. Conditions apply. \$30 minimum order. Regular price \$99.99/year after your first year.

More Value

JOE FRESH

Optimum™

Moredays
March 19 -25

Members get **15,000 pts**

for every **\$60** spent on **adult apparel***

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Optimum™ Moredays™

BONUS 30 pts

per litre of fuel purchased at **Esso™** or **Mobil™** stations.*

March 19-22

That's like **3¢/L** in (pts)

Esso™ Mobil™

Open the app to get this offer.