

THIS WEEK MEMBERS SAVE OVER \$25
See online flyer for more deals.

THANK YOU REWARDS MEMBER PRICING

Scan your registered Thank You Rewards card and receive exclusive members only pricing on select products in-store.



PINT

5.99

Fresh Raspberries or Fresh Sweetest Batch Blackberries
Product of Mexico or U.S.A.
10-12oz pkg

SAVE \$3

NON-MEMBER \$8.99

Campbell's Broth 900mL tetra or Concentrated Broth 250mL tetra selected varieties



1.49

SAVE \$1.50

NON-MEMBER \$2.99



19.99

Longo's Frozen Cooked Pacific White Shrimp Ring with Cocktail Sauce
737g pkg

SAVE \$5

NON-MEMBER \$24.99



40% OFF
FROM \$2.99/100G

Entremont French Brie or Canadian Oka Artisan Cheese



1.99 Barilla Pasta 410g pkg or Italpasta Pasta 900g pkg selected varieties

SAVE UP TO \$1.50

Bertolli or Carapelli Italian Extra Virgin Olive Oil 500mL-1L bottle

9.99

SAVE UP TO \$8



5.99 Cracker Barrel or Longo's Cheese Bar or Shreds 320-400g pkg selected varieties

SAVE UP TO \$3

FRESH SAVINGS FOR THE WEEK OF THURSDAY MARCH 26TH TO SATURDAY APRIL 4TH, 2026.



Häagen-Dazs Ice Cream 414-450mL tub or Häagen-Dazs Novelties 3 pack or Iögo Frozen Yogourt 946mL tub or Novelties 4-8 pack selected varieties

4.99

SAVE AT LEAST \$2



Fresh Heirloom Navel Oranges
Product of U.S.A.
3.29/kg

1.49
/LB

NEW BRUNSWICK DELICIOUSLY CANADIAN

Fresh Canadian Boned Atlantic Salmon Side
28.64/kg

12.99
/LB

SAVE \$4/LB



25.99 Longo's Fresh Family Size Lasagna or Pasta al Forno 2.27-2.4kg pkg selected varieties

SAVE \$7

Longo's 70 SINCE 1956

EXPERIENCE EASTER



ORGANIC

Longo's Fresh Organic Herbs 20g pkg

2.99

THANK YOU REWARDS EARN 50 POINTS

2.99
/LB

Longo's Fresh Raised Without Antibiotics Whole Turkey 6.59/kg

SAVE \$1/LB



GRAIN-FED, FREE-RUN



Fresh Broccoli Crowns
Product of Mexico
4.39/kg

1.99
/LB

HAPPY EASTER! SELECT STORES OPEN GOOD FRIDAY. ALL STORES CLOSED EASTER SUNDAY, APRIL 5TH For a full list of holiday hours visit Longos.com.

Longo's

SEAFOOD EXTRAVAGANZA



**2 DAYS
ONLY**
MARCH
27TH & 28TH

2⁹⁹ Fresh Canadian
Atlantic Salmon
Portion
113g
SAVE \$3 SKIN ON

**FRESH
SAVINGS**

MARCH 26TH
APRIL 4TH



Village Bay Oysters
12ct

14⁹⁹
SAVE \$2



Frozen Canadian
Lobster Tails
3oz x 4 piece

19⁹⁹
SAVE \$3

HOOKED ON SUSTAINABILITY



At Longo's, we're committed to healthier oceans and having been running our Catch Conscious program since 2011.

Today, 93% of our seafood is sustainably sourced. Our Atlantic salmon from New Brunswick is sustainably farmed in cold Atlantic waters, free from hormones and pesticides. With a focus on

environmental responsibility and supporting local communities, it delivers exceptional quality—whether enjoyed as fillet portions, skewers, salmon burgers or smoked salmon.

FRESH SAVINGS

MARCH 26TH
—
APRIL 4TH



Fresh Bulk
Cultivated Mussels
5.49/kg

249
/LB

SAVE \$1.50/LB



Frozen or
Previously Frozen
White Shrimp
Skewer
31-40ct

99¢
/EACH SKEWER
SAVE \$1/SKEWER

**FIVE
SHRIMP
PER
SKEWER!**



ORGANIC

1999
/LB
SAVE \$5/LB

Fresh Organic
Boned Atlantic Salmon
Fillet
44.07/kg

AGED 21 DAYS FOR TENDERNESS AND FLAVOUR

CANADA AAA

19⁹⁹ /LB

Cut from Canada AAA Grade Striploin Grilling Steak 44.07/kg

SAVE OVER 15%

CREAMY MUSTARD SPROUTS WITH MAPLE CRUMB

Visit Longos.com for this delicious Brussels sprouts recipe!

Fresh Brussels Sprouts Product of U.S.A. 6.59/kg

2⁹⁹ /LB

5⁹⁹

SAVE \$1.50

Longo's Extra Lean Ground Turkey or Chicken 454g pkg

3⁹⁹

SAVE \$1

Longo's Potato Scallion Bread 453g pkg

2⁹⁹ /LB

Fresh Cluster Tomatoes on the Vine Product of Ontario 6.59/kg

4⁹⁹

Fresh Cantaloupe Product of Costa Rica or Guatemala

2 FOR \$16

SAVE \$1.98 ON 2

Coca-Cola or Pepsi Beverages 12x355mL pkg Individual \$8.49 selected varieties

9⁹⁹

SAVE \$3

Perrier or Sanpellegrino Sparkling Water 6x1L pkg selected varieties

3⁹⁹

SAVE AT LEAST \$1.97

Kellogg's Cereal 306-510g pkg selected varieties

2⁹⁹

SAVE \$1.30

Christie Cookies or Crackers 100-290g pkg

LOW PRICE LOCKDOWN

3⁹⁹

Gray Ridge Large White Eggs 12 pack

2²⁹

Longo's Essentials Bread 675g pkg

Longo's EASTER EGG HUNT

MARCH 26-APRIL 4

Search for eggs hidden all over the store for your chance to win a delicious prize!

sponsored by **Kinder**

LOOK FOR THESE THROUGHOUT THE STORE!

WE'VE LOCKED DOWN PRICES ON EVERYDAY ITEMS.

FRESH SAVINGS FOR THE WEEK OF THURSDAY MARCH 26TH TO SATURDAY APRIL 4TH, 2026.

FRESH PRODUCE



3 FOR \$5 Fresh Ataulfo Mangoes
Product of Mexico

Fresh Green Seedless Grapes
8.80/kg
Product of Peru or Chile
3.99 /LB



ORGANIC

ORGANIC

Fresh Organic Broccoli
Product of U.S.A.
3.99



ORGANIC

2.99 /LB Fresh Organic Pink Lady or Royal Gala Apples
Product of U.S.A.
6.59/kg



Longo's Fresh Parisienne Potatoes
907g pkg
selected varieties

4.99

EARN 100 POINTS



4.99 Longo's Fresh Cubed or Cut Vegetables
400-500g pkg
selected varieties

EARN 100 POINTS

ORGANIC

Longo's Fresh Organic Herbs
20g pkg
selected varieties

2.99

EARN 50 POINTS



5.99

Longo's Fresh Tri-Colour Peppers
Product of Mexico or Ontario
3 pack



Longo's Fresh Mini Seedless Cucumbers
Product of Ontario
11 pack

4.99



11 PACK

IN-STORE TASTING, SAT & SUN 10:30AM-4PM

MUST TRY



Fresh Gourmet Butter Gold or Russet Potatoes
Product of Canada
5lb bag

4.99



10.99 Longo's Unsalted or Salted Cashews
400g pkg
selected varieties
SAVE \$1



PACKAGED IN-STORE

7.99 Longo's Fresh Walnut Halves or Pieces
400g pkg
SAVE \$2

MEAT



Longo's Honey Baked Spiral Ham
Half or Quarter
15.41/kg

6⁹⁹
/LB
SAVE \$2/LB



Longo's Fresh Porchetta Roast
13.21/kg

5⁹⁹
/LB
SAVE \$2/LB



Longo's Fresh Pork Sausages
13.21/kg

5⁹⁹
/LB
SAVE \$1/LB



5⁹⁹ duBreton Raised Without Antibiotics Ground Pork or Sausage Meats
454-500g pkg
SAVE \$1



GREAT FOR STUFFING



5⁹⁹ Frozen or Previously Frozen Cornish Hen
/LB 13.21/kg
SAVE \$1/LB



Fresh Whole Duck
11.00/kg

4⁹⁹
/LB
SAVE \$1/LB



Valenca Frozen Quail
780g pkg

13⁹⁹
SAVE \$1



Longo's Semi-Boneless Ham
13.21/kg

5⁹⁹
/LB
SAVE \$2/LB



FRESH ONTARIO LAMB



19⁹⁹ Fresh Ontario Lamb Leg Roast or Chops
/LB 44.07/kg
SAVE \$3/LB



Fresh Ontario Lamb Loin Chops
48.48/kg
21⁹⁹
/LB
SAVE \$3/LB



19⁹⁹ Fresh Ontario Lamb Combo Chops
/LB 44.07/kg
SAVE \$3/LB



14⁹⁹ Fresh Ontario Lamb Shoulder Arm or Blade Chops
/LB 33.05/kg
SAVE \$3/LB

SEAFOOD



9⁹⁹ /LB
SAVE \$1/LB

Fresh Tilapia Fillet **VALUE PACK**
 or Fresh Wild Caught Pacific Snapper Fillet
 22.02/kg



FLOWN IN FRESH



Fresh Wild Caught
 Cod Fillet
 Product of
 Grindavik, Iceland
 44.07/kg

19⁹⁹ /LB
SAVE \$3/LB



6⁹⁹
SAVE \$1

Canadian Cove Fresh
 Cultivated Mussels
 907g pkg

SHRIMP DELICIOUS



Ocean Prime
 Frozen Argentina
 Shrimp
 454g pkg
 11-15ct

12⁹⁹
SAVE \$2

Longo's Frozen
 Cooked Pacific
 Shrimp Ring
 425g pkg
JUMBO

14⁹⁹
SAVE \$2



Claw
 Crab Meat

WILDER

19⁹⁹
SAVE \$3

Wilder
 Pasteurized Claw
 Crab Meat
 454g can



10⁹⁹
SAVE \$2

By The Sea Air
 Fryer Seafood
 Meals
 283-453g pkg
 selected varieties



2⁹⁹
SAVE \$2

Sea Deli Crab Blend
 Surimi
 250g pkg
 selected varieties



22⁹⁹
SAVE \$4

Norwegian Fjord
 Smoked Steelhead
 Salmon
 400g pkg



11⁹⁹
SAVE \$2

Pier 87
 Frozen
 Squid Rings
 680g pkg



16⁹⁹
SAVE \$2

Longo's Frozen
 Cooked Black
 Tiger Shrimp
 454g pkg
 41-50ct



14⁹⁹
SAVE \$1.50

Longo's Frozen
 Breaded
 or Battered Fish
 500-600g pkg
 selected varieties



15⁹⁹
SAVE \$2

Janes Frozen Ultimates
 Lightly Dusted
 Sole or
 Haddock
 450-590g pkg
 selected varieties



11⁹⁹
SAVE \$1

Longo's Frozen
 Breaded Coconut
 Shrimp
 500g pkg



19⁹⁹
SAVE \$3

Longo's Frozen
 Cooked Black
 Tiger Shrimp
 454g pkg
 16-20ct

Fresh fish is subject to availability.



FROM THE SEA



NEW BRUNSWICK
DELICIOUSLY CANADIAN



NEW



Frozen Cold Smoked Salmon
50g pkg
Plain or NEW Beet Blush

2⁹⁹
SAVE \$1



Frozen Lobster Claws
454g pkg

19⁹⁹
SAVE \$5



Longo's Frozen Smoked Atlantic Salmon
200g pkg

12⁹⁹
SAVE \$1

SEAFOOD APPETIZERS



Longo's Frozen Tempura Shrimp
400g pkg
COLOSSAL

14⁹⁹
SAVE \$1



Longo's Frozen Tempura Shrimp
500g pkg

11⁹⁹
SAVE \$1



Longo's Frozen Marinated Garlic & Herbs Butterfly Shrimp
340g pkg

12⁹⁹
SAVE \$2



Longo's Frozen Beer-Flavoured Battered Tempura Shrimp
340g pkg

6⁹⁹
SAVE \$2



6⁹⁹
SAVE \$3

Longo's Frozen Seafood Party Pack Appetizers
310g pkg



10⁹⁹
SAVE \$4

Longo's Frozen Bacon Wrapped Scallops
340g pkg

BAKERY



Baked with a 65-year-old Italian sourdough starter and the finest natural ingredients, this loaf cake is a great addition to your Easter spread.

Dacasto Gran Pasticceria The King's Cake Traditional or Extra Dark Chocolate

16⁹⁷

EARN 500 POINTS



Longo's Hot Cross Buns 400g pkg 6 pack

4⁹⁹

SAVE \$1



NEW

PROUDLY MADE IN BRITISH COLUMBIA!

25⁹⁹ Sugarplum Desserts 8" Assorted Cheesecakes Fabulous four and cheesecake duo

SAVE \$1



10" Fruit and Strawberry Flans

- AUTHENTIC FLAN IMPORTED FROM FRANCE
- FILLED WITH CUSTARD CREAM AND TOPPED WITH FRESH FRUITS

19⁹⁹ MADE IN-STORE!

SAVE \$3



BACK FOR A LIMITED TIME!

8⁹⁷ Longo's Lemon Coffee Cake 750g pkg

SAVE \$1



MADE IN-STORE!

Longo's Assorted Zeppole

BUY 6 OR MORE

3⁷⁹

EARN 50 POINTS PER UNIT



MADE IN-STORE!

Longo's Bunny Cake

16⁹⁹

EARN 300 POINTS

*Decoration may vary by location.



BAKED IN-STORE!

12⁹⁹ Longo's 12" Fruit Pie 1kg pkg selected varieties

EARN 100 POINTS



10⁹⁹ Longo's Frozen Scoop & Serve Tiramisu 600g pkg

SAVE \$1



BEST SERVED WARM!

Longo's Pecan Sticky Buns 4 pack

6⁹⁹

SAVE \$1



Ace Bakery Bake Your Own White Demi-Baguette 400g pkg

4⁴⁹

SAVE \$1



Longo's Mini Brioche Buns 480g pkg

4⁴⁹

SAVE \$1

CANNOLI CON AMORE!

We're passionate about Italian desserts, and nothing tastes quite like home as our beloved Sicilian cannoli. Indulge in classic flavours like creamy ricotta or pistachio.



"Our cannoli are prepared in-house. Come by our Bakery counter and choose your favourite."

Rosa, Bakery Manager
Longo's Green Lane



Longo's Fresh
Hand-Piped
Sicilian Cannoli
Individual \$2.49

6 FOR \$12

SAVE AT LEAST \$4 ON 6

JOIN US
FOR IN-STORE
TASTING
MARCH 28TH-29TH



**CAKE
DECORATOR**

CERTIFIED



Longo's 8"
Cannoli Cake

29⁹⁹

THANK YOU EARN ***300 POINTS**

*Month of April Only.

MADE IN-STORE.

- Layers of vanilla sponge cake
- Fresh store made Ricotta and real cream filling and real cream filling
- Topped with our Sicilian cannoli



Longo's Do It
Yourself 6 Pack
Cannoli Kit

9⁹⁹

SAVE \$3

WHY NOT TRY
**CANNOLI
DIY KIT**



- Kit includes:**
- 6 Cannoli Shells
 - Store-Made Ricotta Filling
 - Icing Sugar for Dusting

DELI

Longo's
CURATO
PRODUCT OF ITALY

Freshly cut Parmigiano Reggiano, Grana Padano or Pecorino Romano Cheese or grated Parmigiano Reggiano/ Pecorino Romano blend, Parmigiano Reggiano or Pecorino Romano Cheese

FROM
4.49
/100G



11.99 Longo's Curato Taleggio DOP 200g pkg

THANK YOU EARN 100 POINTS

Longo's Curato Prosciutto di Parma 14 month

5.99
/100G



MUST TRY

13.99 Longo's Curato Gorgonzola DOP Piccante 200g pkg

THANK YOU EARN 100 POINTS

Longo's Curato Prosciutto Cotto
3.49
/100G



Curato Informata Olives, Castelvetro Olives or Hot Olive Medley 375g tub

7.99
SAVE \$1



FRESH DELI CUT

RICH, CREAMY BRIE FROM THE RHÔNE-ALPES, MADE FOLLOWING TRADITIONAL METHODS.

FROM **5.99** /100G Fromager d'Affinois French Cheese selected varieties

Auricchio Provolone
4.99 /100G

Pecorino with Orange
5.99 /100G

Pecorino Reggiano
6.99 /100G

FROM 7.99 Bella Casara Burrata or Burratini Cheese 125-250g tub

FROM 5.99 /100G Swiss Emmentaler or Gruyère Cheese

5.99 Celebrity Goat's or Sheep's Milk Cheese 113g pkg selected varieties

8.49 Tre Stelle Ricotta Cheese 400-475g tub

FROM 6.49 /100G Avonlea Clothbound Cheddar or Cows Creamery Blue Moo Cheese

3.69 /100G Mastro Sopressata Mild Salami, Mastro Calabrese Hot Salami, Mastro Salami with Prosciutto or Mastro Capocollo Mild or Hot

1.99 /100G Longo's Black Forest or Honey Maple Smoked Ham Half

14.99 SAVE \$2 Longo's Black Forest or Honey Maple Smoked Ham Mini • 750g pkg

FRESH DELI SERVED

3.69 /100G Maple Leaf Natural Selections Deli Meats Ham, Chicken or Turkey or Bittner's Turkey selected varieties

Longo's® CURATO

PRODUCT OF ITALY



FROM **10⁹⁹** Longo's Curato Burrata, Mozzarella di Bufala or Bocconcini di Bufala 100-125g tub

THANK YOU EARN 100 POINTS



17⁹⁹ Longo's Curato Italian Antipasto Party Pack, Entertaining or Charcuterie Mix 225-300g pkg

THANK YOU EARN 300 POINTS



Longo's Curato Prosecco Cheese 200g wedge

12⁹⁹
SAVE \$1

ORGANIC

Longo's Curato Organic Extra Virgin Olive Oil 500mL bottle

11⁹⁹
SAVE \$1.50



Longo's Curato White Truffle Oil 100mL bottle

8⁹⁹
SAVE \$2



Longo's Curato Gold Balsamic Vinegar of Modena 250mL bottle

14⁹⁹
SAVE \$5



12⁹⁹ Longo's Curato Natural Prosciutto 125g pkg or Longo's Curato Natural Antipasto 125g pkg selected varieties

THANK YOU EARN 200 POINTS



8" Curato Sicilian Cake assorted varieties

32⁹⁹

THANK YOU EARN 500 POINTS

ST. HONORE

Design may vary.



Curato Tiramisu assorted varieties

\$4 /EA
SAVE AT LEAST 99¢

MANGO LIME



CHOCOLATE HAZELNUT

6" Curato Sicilian Cannoli Tart selected varieties

21⁹⁹

THANK YOU EARN 300 POINTS

HERE FOR A LIMITED TIME!



THANK YOU REWARDS MEMBER PRICING

Scan your registered Thank You Rewards card and receive exclusive members only pricing on select products in-store.



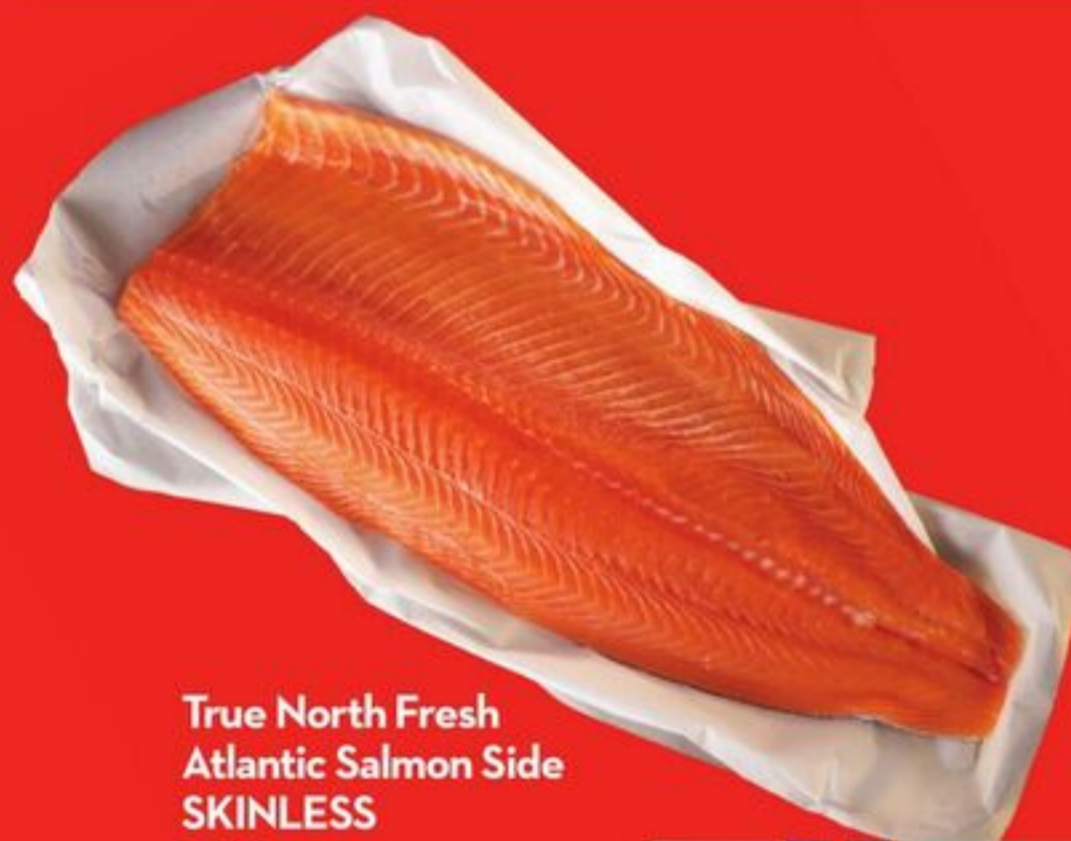
**NOT A MEMBER?
NOT A PROBLEM!**

Sign up to become a member and earn 500 Bonus Points when you opt in to receive emails and exclusive offers. Scan the QR code or visit Longos.com/thank-you-rewards

**THIS WEEK
MEMBERS
SAVE
OVER
\$25**

Longo's Fresh Grain-Fed, Air-Chilled Whole Chicken
4.99/lb • 11.00kg

**MEMBERS SAVE
\$4/PACK**



True North Fresh Atlantic Salmon Side SKINLESS
900g tray

\$30

SAVE \$5

NON-MEMBER \$35



Longo's Mozzarella Ball
340g pkg

5.99

SAVE \$2

NON-MEMBER \$7.99



Boursin Cheese or Boursin Cuisine
150-220g pkg
selected varieties

6.49

SAVE UP TO \$2

NON-MEMBER \$7.99



4.99

SAVE \$1

NON-MEMBER \$5.99

Longo's Fresh Clementines
Product of Morocco
2lb bag



3.99

SAVE \$2

NON-MEMBER \$5.99

Kimbo Nespresso Coffee Pods
10ct



5.49

SAVE \$1

NON-MEMBER \$6.49

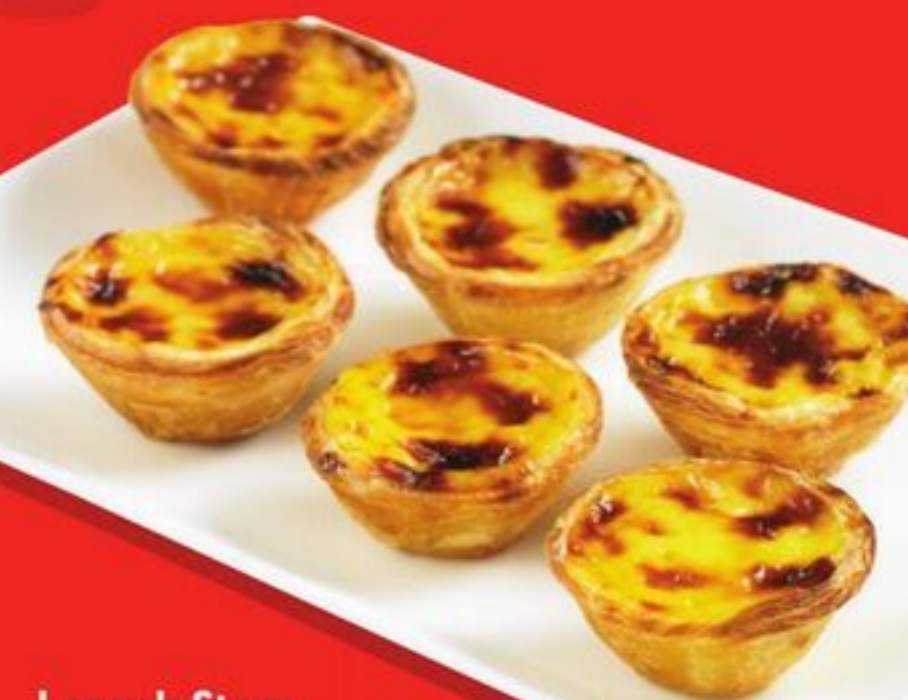
Longo's Pasta Sauce
700mL jar
selected varieties



7.99

SAVE \$2

NON-MEMBER \$9.99



Longo's Store Baked Portuguese Tarts
6pk

Appetizers



8⁹⁹ Longo's Frozen Wontons
320g pkg
SAVE \$1

Longo's Flat Bread
150g pkg
2⁹⁹
SAVE \$1.30



Longo's Dips
or Spreads
Individual \$3.99
200-227g pkg
selected varieties

2^{OR} \$7
SAVE \$1.98 ON 2



2⁴⁹ Longo's Pretzels
320-400g pkg
selected varieties
SAVE 50¢



7⁹⁹ Longo's Frozen Sausage Rolls
576g pkg
SAVE \$1



Longo's Tortilla Chips
300-400g pkg
selected varieties
3⁹⁹

THANK YOU EARN 50 POINTS

AN ANCIENT HISTORY

Appetizers date back in time and originated in ancient Greece where the offering was a smorgasbord-style buffet.

Today, appetizers are the teaser before the main course to stimulate your appetite. Luckily Longo's offers its own smorgasbord of options!



3⁹⁷ Longo's Pineapple or Red Pepper Jelly
250-270mL jar
SAVE \$1



2^{OR} \$10 Longo's Phyllo Rolls
450g pkg
Individual \$5.99
selected varieties
SAVE UP TO \$3.98 ON 2



4⁴⁷ Longo's Chutney
250-270mL jar
Mango Peach or Cranberry Port
SAVE \$1.50

Longo's.

EASTER EGG HUNT

MARCH 26-APRIL 4

Search for eggs hidden
all over the store for your chance
to win a delicious prize!

sponsored by

Kinder[®]

Hop over to our Personal
Touch Services Counter
to pick up a ballot form.

Submit your ballot and
receive a Kinder chocolate treat.



LOOK
FOR THESE
THROUGHOUT
THE STORE!

*Subject to terms and conditions. See in-store for contest rules and regulations.
While supplies last. Only traditional Stores are part of the program. Market Stores are not included.
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THE
LOFT
GATHER • COOK • LEARN

SUMMER CAMPS!



**BOOK
EARLY!
LIMITED
SPOTS**

10AM - 1PM
\$40 per child per class

Kinder[®]

Kinder Mini Eggs
182g pkg

6.47
SAVE \$3



Kinder Uovo Egg
100g pkg

6.47
SAVE \$2



Kinder Hollow Bunny
75g pkg

4.97
SAVE \$2



FRESH SAVINGS FOR THE WEEK OF THURSDAY MARCH 26TH TO SATURDAY APRIL 4TH, 2026.

FLORAL



Spring Mixed Bouquets
assorted varieties
FROM
21⁹⁹



**MADE
IN-STORE
BY OUR
FLORAL
EXPERTS!**

Longo's Tulip
Arrangements
assorted varieties
24⁹⁹



2 FOR \$18
SAVE \$1.98 ON 2
6" Easter Lily
Individual \$9.99



6.5" Hydrangea
assorted colours
21⁹⁹



14⁹⁹ Longo's Stem Tulips
Soil Grown, 15 Stems
assorted colours



39⁹⁹ Infinity Circle
Phalaenopsis Orchid
selected varieties
SAVE \$5



6" Potted Bulbs
assorted varieties
2 FOR \$16
SAVE \$3.98 ON 2



2 FOR \$8
SAVE \$1.98 ON 2
4" Potted Bulbs
selected varieties



14⁹⁹ Blooming Bunny
selected varieties



FROM
29⁹⁹ Assorted
Dish Gardens

GREAT VALUE

SERVES UP TO 4 PEOPLE FOR ONLY \$5/PERSON

Longo's Three Cheese Macaroni & Cheese, Cheese, Ricotta and Spinach Alfredo or Longo's Eggplant Parmigiana 950g-1kg pkg



19⁹⁹
SAVE \$2

A creamy, comforting dish made with a blend of real cheese that brings everyone to the table.

LONGO'S THREE CHEESE MACARONI & CHEESE

LONGO'S EGGPLANT PARMIGIANA

A traditional dish breaded and fried with all the flavours and none of the fuss.



RED SKINNED ROASTED GARLIC MASHED POTATOES



FROM 14⁹⁹

Longo's Kitchen Family Side Dishes 750g-1kg pkg serves 4-6 selected varieties

EARN 300 POINTS

ROASTED ROOT VEGETABLES



HEAT AND SERVE



FROM 16⁹⁹

Longo's Arancini with Sauce 6 pack selected varieties

EARN 200 POINTS

LONGO'S HOMESTYLE MEATBALLS IN SAUCE AND CHEESE.

FULLY COOKED. HEAT AND EAT.

Longo's authentic meatballs! Made with 100% Certified Angus Beef and freshly grated Romano cheese! Homestyle recipe from our family to yours!



FROM 11⁹⁹
SAVE \$1

Also available: Longo's veal or chicken cutlets with or without sauce and cheese.



SIDES SO EASY.

SAVOURY BREAD STUFFING



HONEY ROASTED CARROTS



Longo's Kitchen Entrée Side Dishes 250-500g pkg Individual \$8.99 serves 2-3 selected varieties

2 FOR \$16
SAVE \$1.98 ON 2

SALADS FOR EVERY OCCASION.

- PREPARED FRESH IN-STORE DAILY
- PAIR WITH LONGO'S SALAD DRESSINGS

Mediterranean Blend - Radicchio, Escarole and Endive
Red Leaf Blend - Red and Green Leaf
Romaine or Garden Salad Blend - Iceberg and/or Boston and Romaine

FROM 1⁸⁹
/100G

EARN 20 POINTS/100G





Scan to order from our Catering Menu and discover the unique assortment of fresh, curated, handmade platters and trays to serve at your next event.

CHECK OUT OUR NEW LONGO'S ENTERTAINING MADE EASY CATERING GUIDE



Longo's

WE'VE GOT YOUR CATERING NEEDS COVERED

Discover our unique assortment of fresh, curated platters and trays for your next gathering.

Cubed Cheese Trio Tray or Crowd-Pleaser Tray
840-975g pkg

26⁹⁹

EARN 200 POINTS



FRUIT AND CHEESE

Vast selection of cheeses including Longo's Triple Cream Brie, blue cheese, Boursin, extra old cheddar, smoked gouda and Longo's Goat Cheese. Includes fig spread and fresh and dried fruit. Crackers are optional.

Serves 15 people



ITALIAN CHARCUTERIE

A selection of Longo's Curato Italian deli meats such as Salami Piacentino DOP and Coppa Piacentina DOP, Prosciutto di Parma and pancetta. Served with Auricchio, dried fruit, sundried black olives and Longo's Artisan Made Rosemary & Sea Salt Flatbread.

Serves 8-10 people



SWEET CREATIONS

Finish things off with these decadent mini pastries made with velvety cream.

Regular serves 10-15 people • \$51.99

Large serves 20-25 people • \$74.99

EARN 500 POINTS



KAZOKU SUSHI PLATTER

53 pieces
Serves up to 6

California Roll (18pc),
Spicy California Roll (18pc),
Vegetable California Roll (9pc),
Cucumber Hosomaki (8pc).
Includes wasabi, ginger and soy sauce.

\$35

EARN 350 POINTS



GRAZING DELIGHTS SHOWSTOPPER

60 pieces

69⁹⁹

EARN 300 POINTS

A selection of our favourite appetizers. Selection includes our award-winning Longo's Tahini Filled Falafel Bites, crispy vegetable spring rolls, mini rice balls, beef empanadas, tempura shrimp, breaded coconut shrimp and a trio of dips.



Longo's Fruit Medley Tray
2.3kg pkg

25⁹⁹

EARN 250 POINTS



MADE FRESH IN-STORE DAILY.

Longo's Veggie Tray with Ranch or Hummus Dip
1.9kg pkg

19⁹⁹

EARN 200 POINTS



FRESH PIZZA, STONE-OVEN PINSAs & CALZONES



It's no surprise that Longo's does Pizza Right! Our loaded pizza menu includes tried and true classics, and offers a deliciously exclusive Pizza of the Month. Our made-to-order pizzas are hand-stretched by our experts, topped with only the freshest ingredients and baked in our traditional stone ovens.

FRESH PIZZA STONE-OVEN

Neapolitan Style Pizza

Our made-to-order pizzas are hand-stretched by our experts, topped with only the freshest ingredients and baked in our traditional stone ovens.

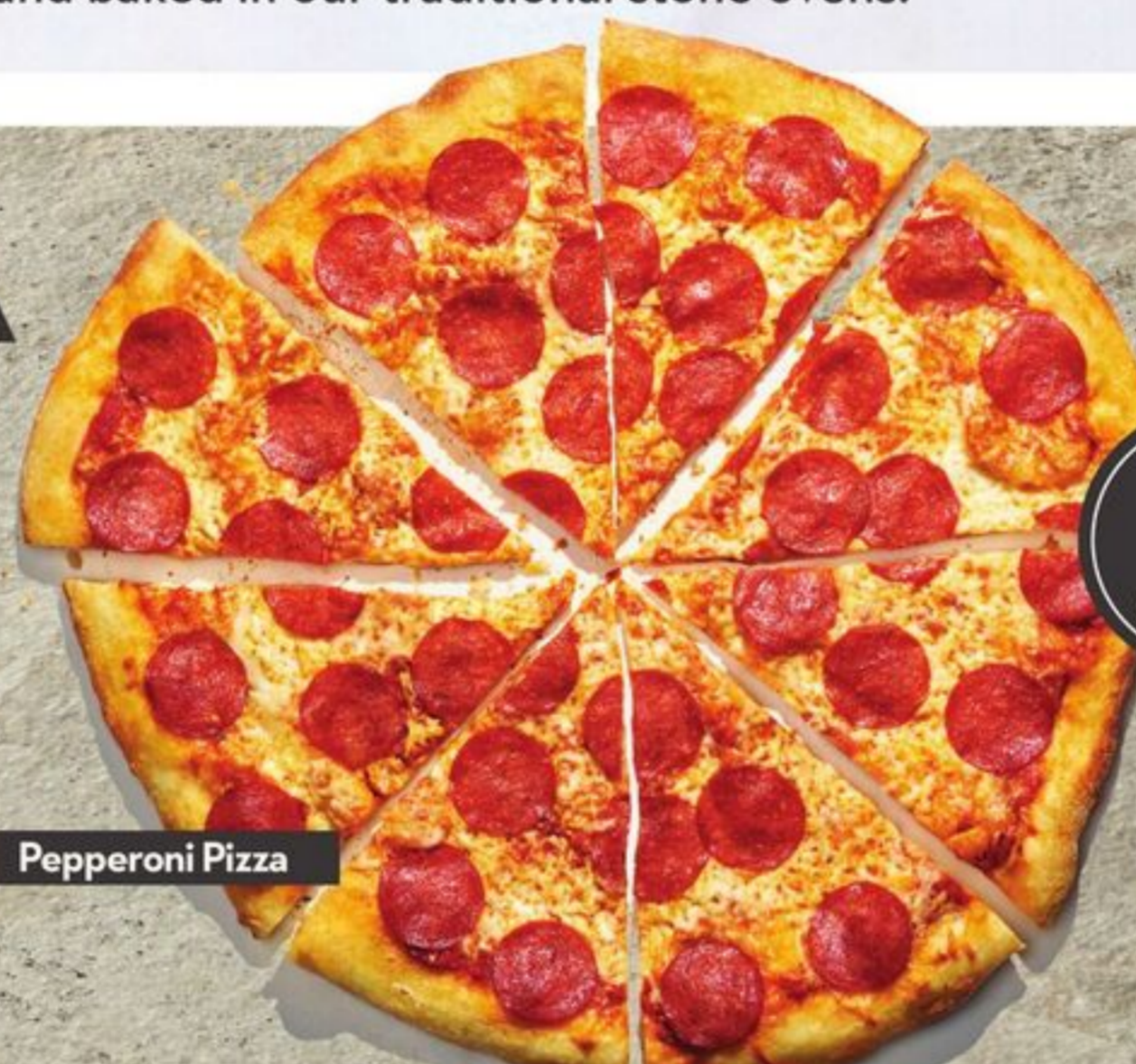
WHOLE FROM \$12.99



***EARN
250 POINTS**

SLICE FROM \$3.99

*Points are earned on the purchase of whole Pizza only.



Pepperoni Pizza



Spicy Meaty Delight

**MADE
TO
ORDER**

FRESH PINSAs STONE-OVEN

Stone baked blend of double zero flour and sourdough make this pinsa's crust light and airy with a crunchy texture.

WHOLE \$26.99



***EARN
400 POINTS**

SLICE \$4.99

*Points are earned on the purchase of whole Pinsa only.

**MADE
TO
ORDER**



Three Cheese
Cup and Char Pinsa



Mortadella
Pesto Pinsa



Margherita Pinsa



Mushroom
Medley Pinsa

It's all about the dough! A delightfully crispy exterior blended with a soft, airy interior which gives Pinsa its unique crust. It's also characterized by its distinct oval or elongated shape.

FRESH CALZONES STONE-OVEN

A traditional Italian stone oven-baked Neapolitan pizza dough stuffed with ingredients like mozzarella, provolone, Longo's Italian sausage crumble and roasted vegetables to name a few.

\$8.99



**EARN
150 POINTS**

Also available
in Pepperoni
or Cheese



Vegetarian Calzone

Italian Sausage and Peppers Calzone

Originating in Naples, a Calzone is a folded pizza which makes it an easy, portable meal when you're on-the-go.

**MADE
TO
ORDER**

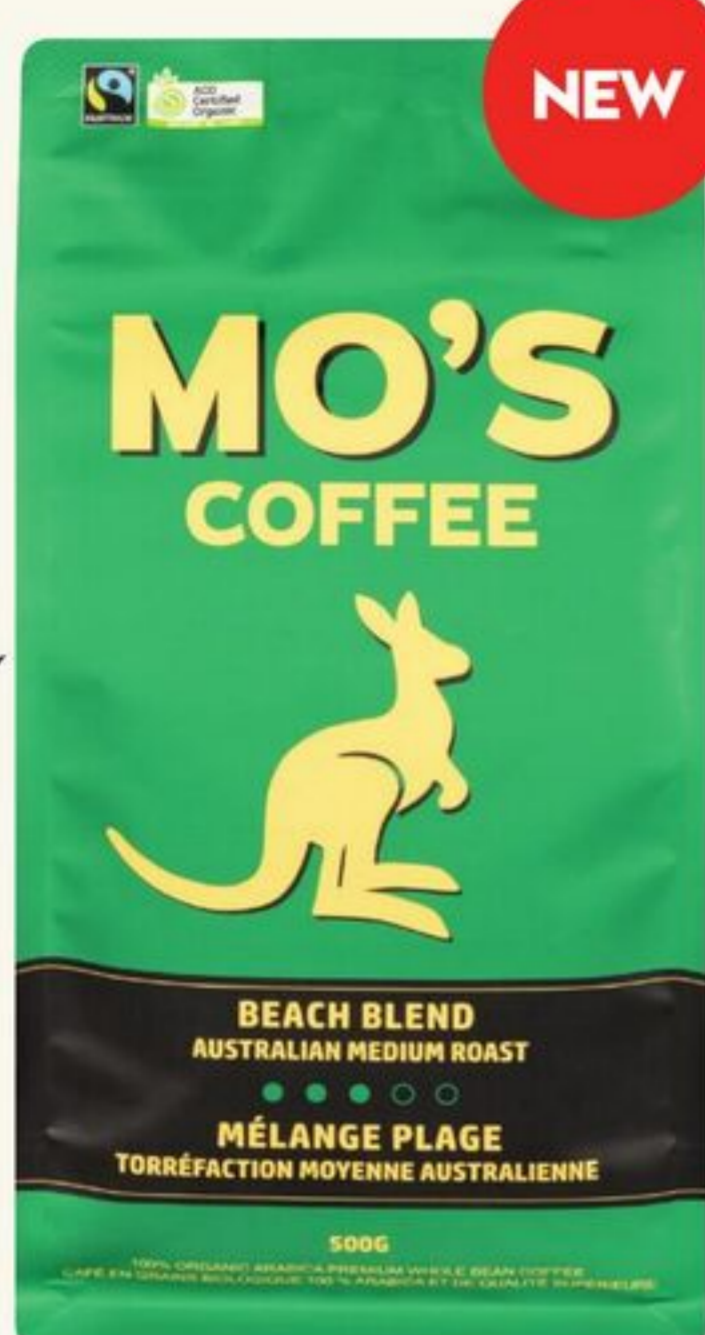
GROCERY

HOT PRICE!

ROASTED IN CANADA

MO's Australian Roast Whole Bean Coffee
Organic and Fairtrade
100% Arabica
500g pkg

14⁹⁹
SAVE \$10



NEW

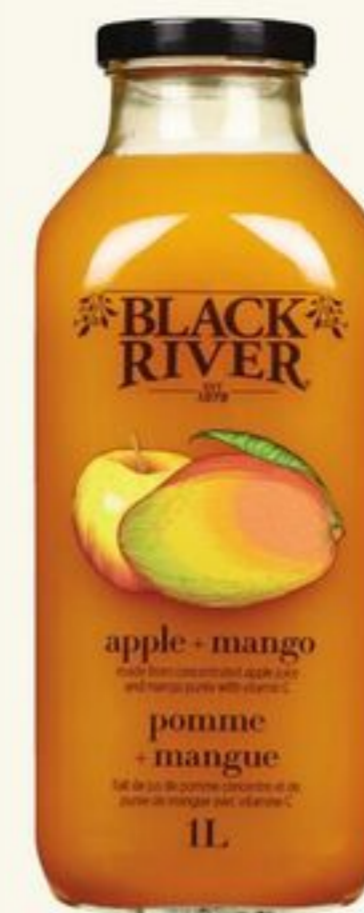


Maple Leaf Mighty Protein Stick
32g pkg
selected varieties

1⁹⁹
SAVE \$1

MIGHTY PROTEIN

NEW



Black River Juice
1L bottle
selected varieties

5⁴⁹
SAVE \$1.50



Black River Juice
1L bottle
selected varieties

6⁹⁹
SAVE \$3



5⁴⁹ Vahdam Organic Herbal Tea
18ct
selected varieties
SAVE \$2



99¢ Club House Gravy or Seasoning Mix
20-47g pkg
selected varieties
SAVE UP TO \$1.50



Nutella
Hazelnut Spread
725g pkg

6⁹⁹
SAVE UP TO \$2



Kashi Snack Bars
175-200g pkg or
Special K Nourish
Bars 165g pkg or
Rice Krispies
Homestyle Treats
154-198g pkg

3⁴⁹
SAVE AT LEAST \$1



15⁹⁹ Tilda Basmati Rice
10lb pkg
SAVE \$4



E.d. Smith Pure Pumpkin Puree
796mL can or
Pie Filling
540mL can
selected varieties

4⁹⁹
SAVE UP TO \$2



2⁹⁹ Italpasta Lasagna,
Jumbo Shells or Manicotti
250-500g pkg
selected varieties
SAVE 50¢



Annie's
Mac & Cheese
170g pkg
selected varieties

2⁹⁹
SAVE 50¢



3 FOR \$5 Green Giant Canned Vegetables
341-398mL can
Individual \$1.99
SAVE 97¢ ON 3



Bounty Paper Towels
3=6 rolls or
Charmin Bath Tissue
8=24 rolls
selected varieties

7⁹⁹
SAVE AT LEAST \$4



5⁹⁹ JIF Peanut Butter
1kg tubor
Smuckers Jam
500mL jar
SAVE \$2



Elmhurst Plant Based Milk
946mL pkg or
Creamers
473mL pkg
selected varieties

6⁹⁹
SAVE UP TO \$2

DAIRY AND FROZEN



SCHNEIDERS
EST. 1890

THE TASTE OF TRADITION.



5.49 Schneiders Bacon or Fully Cooked Strips
100-375g pkg
selected varieties
SAVE \$3.50



JANES
Ready for anything!

PUB STYLE SNACKS

Popcorn chicken
FULLY COOKED BREADED CHICKEN CUTLETTES
700g

chicken Strips
FULLY COOKED BREADED CHICKEN CUTLETTES
700g

9.99 Janes Pub Style Chicken
700g pkg
selected varieties
SAVE AT LEAST \$3



Longo's
CURATO
PRODUCT OF ITALY



5.99 Longo's Curato Fresh Pasta
250g pkg
selected varieties
SAVE \$1



Cucina
Mini Arancini

MARGHERITA
Mozzarella, Tomato, Basil

PORCINI
Mushrooms, Mozzarella, Cheese

6.99 Cucina Rice Balls
500g pkg
selected varieties
SAVE \$2



ONTARIO RAVIOLI
SINCE 1972

Gnocchi
High in Fibre | 100% Enriched | 5g Protein

Tortellini
CHEESE AU FROMAGE

5.99 Ontario Ravioli Frozen Pasta
454g pkg
selected varieties
SAVE \$1



Lactantia
Whipping Cream
Crème à fouetter

35%

Lactantia
Half & Half Cream
Crème à café

10%

3.99 Lactantia Cream
473mL-1L pkg
selected varieties
SAVE UP TO \$2



Tre Stelle
CREAM CHEESE SPREAD

2 FOR \$8
Individual \$4.99
200g pkg
selected varieties
SAVE UP TO \$3.98 ON 2



CHEEMO
HERITAGE PEROGIES
PÉROGIES HÉRITAGE

3.49 Cheemo Perogies
907g pkg
selected varieties
SAVE \$1



Kellogg's Eggo
French Toaster Sticks
or Original

3.99 Kellogg's Eggo Waffles, Pancakes or Toaster Sticks
270-330g pkg
selected varieties
SAVE 50¢



ACTIVIA
GUT HEALTH | SANTÉ DIGESTIVE

Silk
Almond

4.49 Activia Yogourt 8x100g pkg
or Silk Beverages
1.75-1.89L carton
selected varieties
SAVE UP TO \$1.50



Longo's
ORANGE JUICE

7.99 Longo's Orange Juice
2.5L jug
EARN 100 POINTS



SCHNEIDERS
Mini-Sizzlers

SCHNEIDERS
Original Recipe
BREAKFAST ROUNDS

7.99 Schneider's Mini Sizzlers, Sausage Rounds or Oktoberfest Sausage
375g pkg
selected varieties
SAVE AT LEAST \$2



Cavendish
STRAIGHT CUT FRIES
FRITES COUPE RÉGULIÈRE

Cavendish
POTATO WEDGES
QUARTIERS DE POMMES DE TERRE

8.99 Cavendish Club Pack Frozen Potatoes or Onion Rings
1-1.8kg pkg
selected varieties
SAVE AT LEAST \$1



THE NEED IS GREATER THAN EVER.

From March 19th - April 4th, Longo's Guests can purchase a virtual Neighbour-in-Need bag in-store and online at Longos.com.

Breakfast Bag*
8⁹⁹



Dinner Bag*
11⁹⁹



 **NEIGHBOUR
IN NEED**

THANK YOU FOR HELPING A NEIGHBOUR IN NEED!

*All products may not be exactly as shown. Bags purchased will go directly to local food banks.



3⁹⁹

Gray Ridge Large White Eggs
12 pack



2²⁹

Longo's Essentials Bread
675g pkg



3⁴⁹

Redpath Granulated Sugar
2kg pkg



4⁹⁹

Longo's Fresh Mini Seedless Cucumbers
Product of Ontario
11 pack



6⁹⁹

ORGANIC

Fresh Organic Grape Tomatoes
Product of Ontario
681g pkg



4⁹⁹

Fresh Hydroponic Lettuce
Product of Ontario
2 pack • assorted varieties



3⁹⁹

Longo's Fresh Russet Potatoes
Product of Canada
10lb bag



3⁹⁹

Oikos or Liberté Greek Yogourt
4x100g pkg



2⁹⁹ /LB

Longo's Fresh Ontario Air-Chilled, Grain-Fed Chicken Leg Quarters
Value pack • 6.59/kg



10⁹⁹

Organic Meadow Milk
1%, 2% or skim
4L bag



6⁴⁹

Beatrice Milk
1%, 2% or skim
4L bag



2 FOR \$4

Longo's Pasta
450g pkg
Individual \$2.29



5⁹⁹

Frito-Lay Value Pack Chips
325-535g pkg
selected varieties



9⁹⁹

Imported Emmental Cheese, Medium Cheddar Cheese or Imported Aged Cheddar Cheese
Average weight 400g

\$5.00/ serving

19⁹⁹

Longo's Oven-Ready Meals
900g-1kg pkg
Serves up to 4



20⁹⁹

Cashmere Bath Tissue
24=72 rolls



WE'VE LOCKED DOWN PRICES ON EVERYDAY ITEMS.

FRESH SAVINGS FOR THE WEEK OF THURSDAY MARCH 26TH TO SATURDAY APRIL 4TH, 2026.

SAVE ON THE BRANDS YOU LOVE AT LONGO'S

krinos



6⁹⁹ Krinos Greek Feta 200g pkg



8⁹⁹ Krinos Halloumi 250g pkg



FROM 14⁹⁹ Krinos Greek or Goat Feta 400g pkg



2⁹⁹ Krinos Traditional Feta /100G

Spring Savings!



3⁴⁹ Dempster's Grains, Signature or Protein Bread 600g pkg, Dempster's Pull-Aparts or Dinner Rolls 12-24ct Selected Varieties
SAVE UP TO \$2

4⁴⁹ SunMaid Raisin Bread or Cinnabon Bread 450g pkg or Sara Lee Little Bites Mini Muffins, Bars or Cookies 96-234g pkg selected varieties
SAVE UP TO \$1.80

BEER & WINE AVAILABLE IN-STORE.



7⁹⁹ Sober Carpenter or Clever Mocktails 4x355mL can selected varieties
SAVE \$2

Available At Select Locations.



Stella Artois Tall Can 6x473mL can
18⁹⁹
SAVE \$1



La Marca Prosecco Doc 750mL bottle

20⁹⁹



Ruffino Lumina Pinot Grigio lgt 750mL bottle

14⁹⁹



Cecchi Chianti Docg 750mL bottle

13⁹⁹

SAVE ON THE BRANDS YOU LOVE AT LONGO'S

YOU COULD WIN 1 OF 3 \$10,000 VIP TRIPS TO THE STANLEY CUP FINAL 2026

PLUS DAILY PRIZES OF GIFT CARDS & MORE!

FIND THE CUP & CLEAN UP

FindAndWin.ca 






Bonterra Paper Towels
3=6 rolls or Bath Tissue
9=27 rolls
selected varieties
6⁹⁹
SAVE \$1

Cashmere Bath Tissue
12/24=48 rolls or
Spongetowels Paper Towels
6=12 rolls
selected varieties
14⁹⁹
SAVE \$5

*NO PURCHASE NECESSARY. Open to legal age of majority residents of Canada. Contest starts March 1/26, ends May 15/26 (Purchase Period ends May 8/26). 79 prizes available: (i) 3 grand prizes of a 2026 Stanley Cup® Final VIP Experience (ARV \$10,000 CAD each); & (ii) 76 secondary prizes (number decreases as they are claimed), each consisting of Spongetowels for a year (ARV \$600 CAD), Kruger Products value coupons, NHLShop.ca gift cards or retailer grocery gift cards (ARV \$20 CAD to \$200 CAD). Odds of winning depend on number, timing & accuracy of entries. Skill-testing question required. Full Rules at FindAndWin.ca. ©2025 Kruger Products Inc. ® SCOTTIES is a registered trademark of Kimberly-Clark Worldwide, Inc., used under license. NHL, the NHL Shield, and the word mark and image of the Stanley Cup are registered trademarks and the 2026 Stanley Cup Final logo is a trademark of the National Hockey League. ©NHL 2026. All Rights Reserved.

SPRING INTO BAKING

FOR DELICIOUS SPRING RECIPES VISIT ROBINHOOD.CA

Fresh Raspberry Cheesecake








Robin Hood or Five Roses Flour
2.5kg pkg
selected varieties
5⁴⁹
SAVE UP TO \$1.50

Eagle Brand Condensed Milk
300mL pkg
selected varieties
3⁹⁹
SAVE AT LEAST \$1.50

Carnation Evaporated Milk
354mL pkg
selected varieties
2²⁹
SAVE 70¢

MUTTI TASTE THE DIFFERENCE

ITALY'S #1* BRAND OF TOMATOES



Mutti Cherry Tomatoes
398mL can
selected varieties
3⁹⁹
SAVE 50¢




Mutti Pizza Sauce or Diced Tomatoes
398mL can
selected varieties
3⁹⁹
SAVE \$1.50



Mutti Pasta Sauces
660mL jar
selected varieties
9⁹⁹
SAVE \$2




Mutti Pasatta
680mL jar or
Tomatoes
796mL can
selected varieties
4⁹⁹
SAVE 50¢

*Circana S.r.l. - Tot Italy Hyper + Super + Small Self Service of the top brands by value sales in the Tomato Derivatives category - Progressive JAN 2025 - DEC 2025

GET RACE READY

F1 | Doritos
Official Partner of Formula 1™





Frito Cannisters
101-145g pkg
2⁹⁹
SAVE \$1.50



Lays, Miss Vickies or Smart Food
175-235g pkg
Individual \$4.49
2 FOR \$8
SAVE AT LEAST 98¢ ON 2



Pepsi Soft Drinks
6x222mL cans
4⁴⁹
SAVE UP TO \$1.30



Bubly Sparkling Water
12x355mL cans
6⁴⁹
SAVE \$1.50

SAVE ON THE BRANDS YOU LOVE AT LONGO'S



15⁹⁹ Baci Perugina
Box Chocolate
150g pkg
SAVE \$4



8⁹⁹ Ferrero Rocher
Jewel Box or Collection
156-200g
T-15 or T-16
SAVE \$3



3⁷⁹ Ritter Sport
European Chocolate
100g pkg
SAVE \$1.20

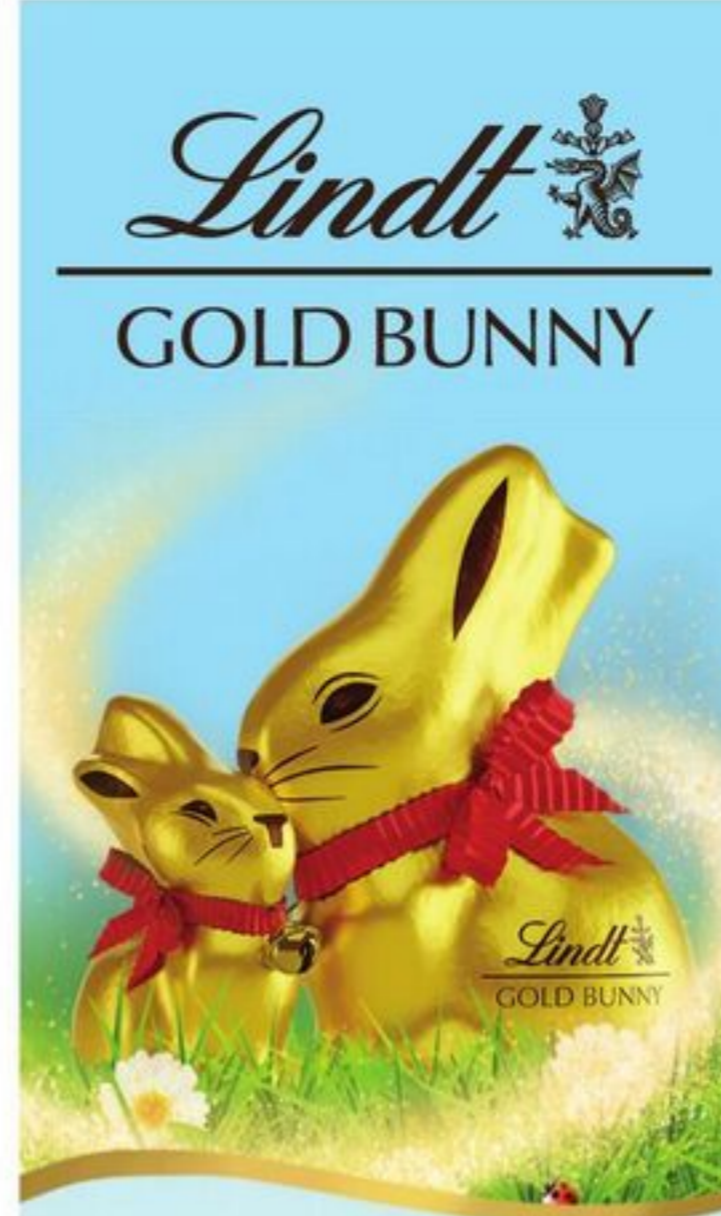


Tony's
Chocolonely Bar
180g pkg
selected varieties

6⁴⁹
SAVE \$1.50



Tony's Rainbow Pack
300g pkg
\$11.99
SAVE \$3



Lindt Excellence Bars
50-100g pkg
5⁹⁹
SAVE \$1

Lindt Lindor
Mini Eggs
100g pkg

5⁹⁷
SAVE \$1.50



9⁹⁷ Lindt Gold
Bunny
100g pkg
SAVE \$2



Lindor Chocolate Bags
150g Bag
11⁴⁹
SAVE \$1.50

SPRING SNACKING, MADE BETTER



2⁹⁹ Dare Breton, or Vinta Crackers,
Dare Veggie Crisps, or Baguettes
100-225g pkg
selected varieties
SAVE \$1



The Greatest Thing on Sliced Bread



Full of healthy fats, protein, and nutrients, with
no added salt, sugar, or hydrogenated oils.
Just plain delicious!



Nuts to You Nut Butter
365-500g jar
FROM
5⁹⁹
SAVE 50¢



SAVE ON THE BRANDS YOU LOVE AT LONGO'S



**BRINGING FAMILIES
TO THE TABLE
SINCE 1956.**

CELEBRATING
WITH



SERVALL
THE ONE NAME YOU CAN TRUST

YOUR COMPLETE TECHNOLOGY PARTNER

Servall provides reliable, end-to-end technology solutions for businesses of all sizes. From IT support and cybersecurity to cloud, mobility, and managed services, Servall keeps your systems secure, connected, and running smoothly — so you can focus on your business.

OUR SOLUTIONS: THE SERVALL 360 ECOSYSTEM



Integrated
Technology



Sales &
Procurement



Mobility

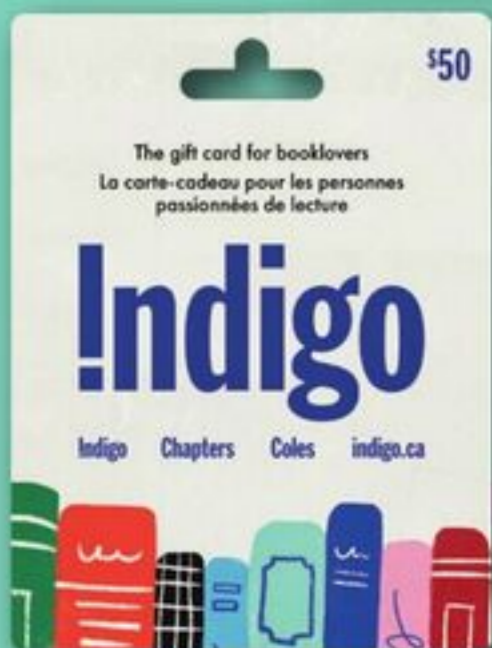


Hardware Services
& Repair

Learn more at servall.ca
905-264-7084 | info@servallcanada.com



EASTER PICKS



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EXPERIENCE SPRING

2026 SPRING ISSUE
NOW AVAILABLE
ONLINE
LONGOS.COM

