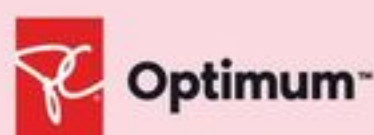


Moredays
Moredays
Moredays



Get more points

More savings, more deals, more points

This week only! March 19-25**

For more deal offers visit
www.yourindependentgrocer.ca
or scan



Optimum Moredays

APP EXCLUSIVE OFFER

Members get
4,000^{pts}
for every \$12*
spent on

\$4
back
in points

PC® FLATBREAD
330-395 G, **FOCACCIA**
415-456 G OR
WOODFIRED PIZZA
351-413 G OR
PC® BLACK LABEL
PIZZA 370-440 G
SELECTED VARIETIES
FROZEN
21013452_EA
21540352_EA
*Open your PC Optimum™ app or
visit pcoptimum.ca to get the offer.



Optimum Moredays

APP EXCLUSIVE OFFER

Members get
4,000^{pts}
when you
buy 2

\$4
back
in points

\$8

PC® OR BLUE
MENU® ENTRÉES
SELECTED VARIETIES
FROZEN
770 G-1.13 KG
20326534_EA
21359210_EA
*Open your PC Optimum™ app or
visit pcoptimum.ca to get the offer.



Optimum Moredays

Members get
1,000^{pts}

\$1
back
in points

5⁵⁰

HÄAGEN-DAZS
414-450 ML OR
BARS 3/4'S OR
NESTLÉ DRUMSTICK
4'S
SELECTED VARIETIES
FROZEN
21513578_EA
20322380001_EA



Optimum Moredays

Member Only Price**

2⁵⁰

Non-Members

\$3

KETTLE BRAND
POTATO CHIPS
SELECTED VARIETIES
156/198 G
21520652_EA
21520692_EA
**Must be a registered PC Optimum™
member to load and get this offer.



**From March 19–March 25, 2026, at across 4,500+ locations in Canada, the PC Optimum™ Moredays event will provide PC Optimum™ members with the opportunity to earn PC Optimum™ points through special offers and promotions across locations where PC Optimum™ points can be earned. For a list of participating locations and complete program details, please visit www.pcoptimum.ca/Moredays.



Moredays

Optimum Moredays

Members get
2,000 pts

\$2
back
in points

16⁹⁹

**MAXWELL HOUSE
GROUND COFFEE**
631-900 G
21606882_EA



Optimum Moredays

APP EXCLUSIVE OFFER

Member Only Price™

\$4

Non-Members
\$6

Members
save
\$2



**FARMER'S MARKET™
BUTTER CROISSANTS**

SELECTED VARIETIES

260-336 G

21201758_EA

21707790_EA

*Open your PC Optimum™ app or visit
pcoptimum.ca to get the offer.

Optimum Moredays

APP EXCLUSIVE OFFER

Members get
1,500 pts

\$1.50
back
in points

\$7

**IN-STORE
BAKED COOKIES**

ASSORTED VARIETIES

18'S

21454952_EA

21455101_EA

*Open your PC Optimum™ app or
visit pcoptimum.ca to get the offer.



**BAKED
IN-STORE**

Optimum Moredays

Member Only Price™

\$10

Non-Members
\$14

Members
save
\$4



PC® FISH

SELECTED VARIETIES, FROZEN

500-680 G

21637039_EA

21637091_EA

**Must be a registered PC Optimum™
member to load and get this offer.

Optimum Moredays

Member Only Price™

3⁹⁹

Non-Members
11⁹⁹

Members
save
\$8



**PUREX BATHROOM
TISSUE**

8=16 ROLLS OR

**SCOTTIES FACIAL
TISSUE**

6'S

20573377_EA

21346570_EA

**Must be a registered PC Optimum™
member to load and get this offer.



Optimum Moredays

APP EXCLUSIVE OFFER

Members get
15,000 pts
for every \$50*
spent on

\$15
back
in points

**PAMPERS DIAPERS,
WIPES OR TRAINING
PANTS**

21551549_EA

21089259_EA

*Open your PC Optimum™ app or visit
pcoptimum.ca to get the offer.



ZEPPOLE DAY
March 19th 2026



\$2

SMALL ZEPPOLE
EACH
21102005_EA



Independent
Your Independent Grocer

PROUDLY CANADIAN OWNED & OPERATED

SAVE 50%

\$3 **LB**

PORK LOIN COMBINATION
CHOPS SIRLOIN AND
RIB PORTION
BONE-IN
6.61/KG
20822343_KG



SAVE 27%



6⁸⁸
LB

CHICKEN BREASTS
OR THIGHS
BONELESS, SKINLESS
FAMILY SIZE
15.17/KG
20028450_KG
20162170_KG

2/\$16

OR
\$9 EA.

PC® PACIFIC LARGE
WHITE SHRIMP
RAW OR COOKED PEEL OR RAW
ZIPPERBACK® 31-40 PER LB 400 G OR
MARINA DEL REY WILD
ARGENTINIAN SHRIMP
RAW EASY PEEL 20/30 PER LB OR
RAW PEEL 20/40 PER LB 300 G
FROZEN
20791381_EA
20907159_EA



SAVE 37%

\$5

FARMER'S MARKET™
RUSSET POTATOES
PRODUCT OF CANADA,
CANADA NO. 1 GRADE
10 LB BAG
20601020001_EA



SAVE 45%

2⁹⁹

STRAWBERRIES
PRODUCT OF MEXICO OR
U.S.A., NO. 1 GRADE
1 LB
20049778001_EA



1 LB

10 LB

\$3



PC® LIVE LETTUCE
GREEN OR RED OR TRIO
PRODUCT OF CANADA
EACH
21506580_EA
21178850_EA



9⁹⁸

RED MANGO
PRODUCT OF PERU
CASE
21047849_EA



9 LB
AVG

\$5

FARMER'S MARKET™
GREENHOUSE
PEPPERS
PRODUCT OF MEXICO
3'S
20085851001_EA



SAVE 98¢
WHEN YOU BUY 2



2/\$7

OR
\$3.99 EA.
WONDER BREAD OR
BUNS OR COUNTRY
HARVEST BREAD
SELECTED VARIETIES
AND SIZES
20305679_EA
20381037_EA
21693323_EA



\$4 **/100 G**

PC® SPLENDIDO®
SERVICE CASE
ITALIAN PROSCIUTTO
OR PARMIGIANO
REGGIANO CHEESE
PRODUCT OF ITALY, DELI CUT
20377023_KG
21049241_KG



4⁹⁸



DAIRYLAND
BUTTER
SELECTED VARIETIES
454 G
21125357_EA
21125358_EA



\$17



KICKING HORSE
ORGANIC WHOLE
BEAN COFFEE
SELECTED VARIETIES
454 G
20322468001_EA
20322468002_EA



6⁵⁰



LIBERTÉ GREEK
TUBS 650/750 G OR
DANONE ACTIVIA
12X100 G
SELECTED VARIETIES
20303412001_EA
20704361001_EA



\$4

BREYERS CREAMERY
STYLE ICE CREAM 1.4 L OR
CHAPMAN'S COLLECTION
NOVELTIES 6/8'S
SELECTED VARIETIES, FROZEN
21651169_EA



\$5

TIDE DETERGENT
1.62-1.86 L, 18-31'S,
DOWNY OR GAIN
FABRIC SOFTENER
1.66-2.63 L,
DOWNY, GAIN
OR IVORY SNOW
BEADS 303-379 G
SELECTED VARIETIES
21549771_EA
21579685_EA



SAVE 36%

12⁹⁹

817 ELEPHANT
BASMATI RICE
4 KG
20787524_EA



1⁵⁰



OASIS, DEL MONTE
OR ARIZONA JUICE,
NECTAR OR ICED TEA
SELECTED VARIETIES
960 ML
20336722001_EA
2089417004_EA



Flyer prices effective from Thursday, March 19th to Wednesday, March 25th, 2026. SEE BACK PAGE FOR DETAILS.

WB WW WY 1

APP EXCLUSIVE OFFER*

GET 10,000

\$10 back in points

for every \$50* spent on baby apparel, diapers, training pants, wipes, food, formula, accessories and/or toiletries

*Open your PC Optimum app or visit pc optimum.ca to get the offer

\$28

HUGGIES LITTLE SNUGLERS OR SKIN ESSENTIALS DIAPERS
 SELECTED VARIETIES
 SIZES N-2, 76-96'S
 2172501_EA
 21664356_EA

2

\$35

PAMPERS ECONO PACK DIAPERS
 SIZE N-8, 58-200'S
 21551549_EA
 21692756_EA

50% MORE DIAPERS PLUS DE COUCHES

5

\$36

ENFAGROW A+ INFANT NUTRITIONAL SUPPLEMENT
 SELECTED VARIETIES
 907 G
 21694972_EA

4

LIMIT 4 AFTER LIMIT 32.99 EA.

LIMIT 6 AFTER LIMIT 39.99 EA.

LIMIT 4 AFTER LIMIT 42.99 EA.

SAVE 75¢

\$3

NO NAME® CREAM CHEESE
 SELECTED VARIETIES
 227/250 G
 20308105001_EA
 20308105002_EA

PREPARED IN CANADA

2

\$35

HUNT'S THICK RICH SAUCE 680 ML OR DE CECOCO PASTA
 454 G SELECTED VARIETIES
 20296852001_EA
 21056286_EA

DE CECOCO Spaghetti

DEAL DROP

\$12

PC® RECTANGLE ACACIA SERVING BOARD
 21714814_EA

limit 3, after limit \$24 ea. while supplies last

\$4

MINUTE MAID JUICE
 SELECTED VARIETIES
 8/10X200 ML
 20327042001_EA
 21092667_EA

3

\$35

LECLERC GO PURE
 140-175 G OR NUGABAR 175 G
GRANOLA BARS
 SELECTED VARIETIES
 21221434_EA
 21221451_EA
 21536595_EA

GO PURE

3

\$140

3

LACTANTIA OR DAIRYLAND CREAM
 SELECTED VARIETIES
 473 ML-1 L
 20073927_EA
 21443531_EA

DAIRYLAND

LACTANTIA

\$15

HERSHEY'S EGGIES OR EGGS 700-900 G OR REESE'S MINI PEANUT BUTTER EGGS 670 G
 SELECTED VARIETIES
 20526640_EA
 21206032_EA

HERSHEY'S

REESE'S

6

\$75

RIO MARE TUNA
 SELECTED VARIETIES
 195-240 G
 20035383_EA

RIO MARE

1

\$75

CAMPBELL'S BROTHS 900 ML OR CONCENTRATED BROTH 250 ML
 SELECTED VARIETIES
 20322348002_EA
 21347245_EA

CAMPBELL'S

SAVE UP TO \$1

\$3

NO NAME® VEGETABLES
 750 G OR MCCAIN FRENCH FRIES 800 G
 SELECTED VARIETIES
 FROZEN
 20312260_EA
 21521219_EA

green peas

MCCAIN

3

\$25

QUAKER CRISPY MINIS OR RICE CAKES
 SELECTED VARIETIES
 90-173 G
 20163708002_EA
 20303002001_EA

QUAKER

CRISPY MINIS

5

\$5

HALO TOP FROZEN DESSERT 473 ML OR BEN & JERRY'S 473 ML OR MAGNUM BARS 3/4'S
 SELECTED VARIETIES
 FROZEN
 21087002_EA
 21428403_EA

HALO TOP

BEN & JERRY'S

MAGNUM

3

\$50

OLD DUTCH CRUNCH KETTLE CHIPS 200 G OR POTATO CHIPS 200/235 G
 SELECTED VARIETIES
 21367540_EA
 21646697_EA

OLD DUTCH

3

\$5

PC® THE DECADENT COOKIE
 SELECTED VARIETIES
 280/300 G
 20612251_EA
 20612257_EA

PC

THE DECADENT

5

\$11

NO NAME® CAT LITTER
 SELECTED VARIETIES
 18 KG
 20177169002_EA

NO NAME

CLUB SIZE

scoopable

unscented clumping cat litter with baking soda

18 kg

PRICE DROP†

More ways to save

2

\$50

YOPLAIT TUBES YOGURT
 SELECTED VARIETIES
 448 G
 21547595_EA
 21547629_EA

YOPLAIT

3

\$3

KIND HEALTHY GRAINS BARS
 SELECTED VARIETIES
 5 X 35 G =175 G
 20925684_EA

KIND

4

\$4

ZIPLOC LOW COUNT BAGS
 SELECTED VARIETIES
 10-100'S
 20871415_EA

ZIPLOC

6

\$6

TEMPTATIONS CAT TREATS
 SELECTED VARIETIES
 454 G
 21012108_EA

TEMPTATIONS

INDEPENDENT

CUSTOMER RELATIONS 1-800-296-2332. VISIT yourindependentgrocer.ca FOR STORE HOURS.

Please call Customer Relations at 1-800-296-2332 or visit our website at yourindependentgrocer.ca for your store's hours and to see which Your Independent Grocer® locations do not participate in this flyer. Quantities and/or selection of items may be limited and may not be available in all stores. No rainchecks or substitutions on clearance items or where quantities are advertised as limited. Advertised regular pricing and product selection (flavour, colour, patterns, style) may vary by store location. We are not obligated to sell items based on errors or misprints in typography or photography. **Pricing:** All references to "Save, Was, Now, Savings, etc." are in comparison to our own regular prices. Savings on items shown may vary by store location. Applicable taxes, deposits, or environmental surcharges are extra. No sales to retail outlets. Coupons must be presented and redeemed at time of purchase. **Trademarks:** ®/™ The trademarks, service marks and logos displayed in this flyer are trademarks of Loblaws Inc. and others. **Purchase limits:** We reserve the right to limit quantities to reasonable family requirements. **PC Optimum™ Members Only:** Offers are available to valid PC Optimum™ program members. Membership is free. To register, see in-store or visit pc optimum.ca. Points are not guaranteed in case of errors or misprints. No cash value. See yourindependentgrocer.ca for full program details including redemption restrictions. Minimum redemption is 10,000 points. These offers cannot be combined with any other coupons, discounts, or promotions. No adjustments on previous purchases. We may modify or cancel offers without notice. Product availability may vary by store. While supplies last. **Points Offers:** Receive the specified points when you spend the qualifying amount on the listed products/categories before taxes, after discounts and redemptions, in a single transaction. Taxes apply on purchase amount after discounts. PC Optimum™ pricing is not valid in price match programs for participating Loblaws Inc. banner stores. **Outdoor/Seasonal Items:** Outdoor seasonal items (e.g., lawn and garden) may only be available at select stores. Please check your local store for pricing, limits, and availability. **PRICE DROP Offer:** Valid in-store at participating locations from March 19 - April 8, 2026 before taxes and while quantities last. Applies only to select products. Offer may be modified or cancelled without notice. See in-store for full details.

PEFC
 PEFC01-31-106
 PEFC.org

FRESH PROMISE

freshness you can taste

If it's not fresh, it's free.*

*Fresh Promise: Applicable to eligible fresh produce items purchased at Your Independent Grocer store locations or online at yourindependentgrocer.ca. If you are not completely satisfied with your eligible fresh produce item, we will replace it with an identical item, or in our discretion, a comparable item and provide you with a refund of the purchase price upon presentation of the item and your original receipt within 7 days of purchase at the Your Independent Grocer store where purchase originated. The fresh promise may not be combined with any other offer. We reserve the right to cancel or change the terms of this guarantee at any time without notice.

4⁵⁰

BLACKBERRIES OR RASPBERRIES
PRODUCT OF MEXICO OR U.S.A.
HALF PINT
20128938001_EA
20051015001_EA

\$4

FARMER'S MARKET™ MINI CUCUMBERS
PRODUCT OF CANADA
6'S
20737570001_EA

3⁹⁹ LB

PC® EXTRA LARGE GREEN OR RED SEEDLESS GRAPES
PRODUCT OF SOUTH AFRICA OR MEXICO OR CHILE, NO. 1 GRADE
8.80/KG
20425775001_KG
20159199001_KG

4⁵⁰ LB

ASPARAGUS
PRODUCT OF MEXICO
9.92/KG
20174581001_KG

\$2

ATAULFO MANGOES
PRODUCT OF MEXICO
EACH
20121509001_EA

2⁹⁹ LB

COSMIC CRISP OR ENVY APPLES PRODUCT OF U.S.A., US EXTRA FANCY OR **HONEYCRISP APPLES** PRODUCT OF WESTERN PROVINCES, CANADA FANCY GRADE
6.59/KG
21240884001_KG
20132621001_KG

3⁵⁰

FARMER'S MARKET™ CARROTS 2 LB BAG, PRODUCT OF CANADA OR U.S.A., NO. 1 GRADE OR **YELLOW ONIONS** 3 LB BAG PRODUCT OF CANADA, CANADA NO. 1 GRADE
20626628001_EA
20811994001_EA

2/\$12 OR \$6.50 EA.

RENEE'S REFRIGERATED SALAD DRESSING OR VINAIGRETTE
SELECTED VARIETIES
PRODUCT OF CANADA
350/355 ML
20312720_EA
20314592_EA

More days
Members get **1,000th** when you buy 2 **\$1** back in points

\$13

FRUIT OR VEGGIE TRI PACKS
PREPARED IN-STORE
706 G-1.02 KG
20022119_EA
21209367_EA

\$10

8 STEM TULIPS
21637907_EA

\$11

MINI ROSE
EACH
21663948_EA

\$25

SIGNATURE GIFT BOUQUET
EACH
21436377_EA
21436378_EA

8⁵⁰

GRASS FED EXTRA LEAN GROUND BEEF
450 G
21675592_EA

\$9 **PREPARED IN-STORE**

MEDIUM BEEF MEATBALLS
SELECTED VARIETIES
425 G
21587896_EA

\$15 **AIR CHILLED**

PC® WHOLE CHICKEN
AIR CHILLED
UP TO 1.7 KG
21666198_EA

SAVE \$1.99

\$16

PC® FREE FROM™ LEAN GROUND LAMB
454 G
21352008_EA

FREE FROM™ SÉPAREMENT BON™

2⁹⁹ LB

COOK'S PORTION HAM
6.59/KG
20559641_KG

\$15

SWISS CHALET OR MONTANA'S PORK BACK RIBS
SELECTED VARIETIES
FULLY COOKED
600/650 G
21022221_EA
21668141_EA

find your catch in seafood

\$6

FRESH ATLANTIC SALMON PORTIONS
100 G OR **SEAQUEST® CRAB FLAVOURED POLLOCK FLAKES OR CHUNKS** 454 G
READY-TO-EAT
SELECTED VARIETIES
21095443_EA
20591152_EA

\$11

PC® SHRIMP APPETIZERS
SELECTED VARIETIES
FROZEN
294-454 G
20080117_EA
20135874_EA

BUTTERFLIED SHRIMP
FROZEN
CREVETTES EN PAPI ION

BREADED COCONUT SHRIMP
UNCOOKED - NON CUITES
CREVETTES À LA NOIX DE COCO
PANÉES

\$13

SEAQUEST® SHRIMP RING WITH MILD COCKTAIL SAUCE
FROZEN
454G
21687413_EA

bakery deals rising daily

4⁵⁰

More days
Members get
500 pts

**BAKED
IN-STORE**

**HOT CROSS BUNS
WITH BAVARIAN
CREAM**
8'S
20638117_EA



4⁵⁰

**BAKED
IN-STORE**

**KAISER OR PANINI
ROLLS**
SELECTED VARIETIES
6'S
21579824_EA
21579825_EA



\$5

**PREPARED IN
CANADA**

ACE BISTRO LOAF
SELECTED VARIETIES
545-640 G
21707600_EA
21707643_EA



6⁵⁰

**PREPARED IN
CANADA**

MINI CROISSANTS
SELECTED VARIETIES
423 G
21416726_EA
21660958_EA



\$17

**FARMER'S MARKET™
BAR CAKES**
SELECTED VARIETIES
675-770 G
21500612_EA
21500763_EA



7⁵⁰

**PREPARED IN
CANADA**

**FARMER'S MARKET™
HOMESTYLE TARTS**
SELECTED VARIETIES
6/12'S
21629191_EA



7⁵⁰

**PREPARED IN
CANADA**

**THE GRAIN ESCAPE
BREAD**
SELECTED VARIETIES
528 G
21622905_EA
21622951_EA



2⁵⁰

**PREPARED IN
CANADA**

NO NAME® BAGELS
SELECTED VARIETIES
6'S
21343196_EA
21666643_EA



3⁷⁵

**PC® BLUE MENU®
ORGANICS
OR PROTEIN
TORTILLAS**
SELECTED VARIETIES
342-650 G
20182857_EA
21686817_EA



\$7

More days
Members get
1,500 pts
back in points

**CATHEDRAL CITY
CHEDDAR**
SELECTED VARIETIES
200 G
21245346_EA



in the mood for deli-cious

3⁵⁰
/100 G

**PREPARED IN
CANADA**

**OKA IN-STORE DELI
CUT CHEESE**
SELECTED VARIETIES
21162370_KO
21162450_KO



**SAVE
\$1
WHEN YOU BUY 2**

**PREPARED IN
CANADA**

2/\$16

OR
\$8.50 EA.
**MAPLE LEAF
NATURAL
SELECTIONS,
SCHNEIDERS
SLICED DELI MEAT**
SELECTED VARIETIES
150/175 G
20065285_EA
20582322_EA



\$7

**PC® SPLENDIDO®
SLICED DELI MEAT**
SELECTED VARIETIES
100 G
21049398_EA
21050405_EA



2/\$7

**PREPARED IN
CANADA**

OR
\$4 EA.
**PC® HUMMUS 227 G OR
NAAN DIPPERS 200 G**
SELECTED VARIETIES
21092033_EA
21639152_EA



More days

Member Only Price™
\$5

Non-Members
\$6

Members
save
\$1

**GARDEN FRESH
TORTILLAS 397 G OR
PC® SALSA 430 ML OR
GUACAMOLE 227 G**
SELECTED VARIETIES
20325398_EA
20571822_EA
21448092_EA



on the run, we got you

\$16

**IN-STORE
PREPARED
NACHO CHICKEN
BAKE, TURKEY
CRANBERRY
SLIDERS OR PULLED
PORK SLIDERS**
750-900 G
21696333_EA



\$9

**ASSORTED
CHICKEN PLATE
WITH SIDES**
CHILLED
364-481 G
21557783_EA
21558010_EA



2/\$9

OR
\$5 EA.

**PC® PASTA OR
GNOCCHI**
SELECTED VARIETIES
255-350 G
21682075_EA
21681454_EA



\$45-55

PARTY PLATTERS
SELECTED VARIETIES
MADE TO ORDER
850 G-2.6 KG
20894860_EA
20895023_EA



\$20-25

**SANDWICH OR WRAP
PLATTERS**
PREPARED IN-STORE
1.2-1.7 KG
21558135_EA
21558137_EA



More days

Member Only Price™
\$30

Non-Members
\$35

Members
save
\$5

**BENTO KAZOKU
PLATTER**
53 PIECES
1.2 KG
21637774_EA



MARCH

**HIT
OF THE
MONTH**



**CHRISTIE RITZ ORIGINAL, CHRISTIE RITZ CHIPS, TRISCUITS,
WHEAT THINS OR TOPPABLES CRACKERS**

SELECTED VARIETIES
240-454 G
20686037_EA
21618621_EA



QUAKER CHEWY GRANOLA BARS

SELECTED VARIETIES
120 G
21359366_EA
21359369_EA



PC® DIPS OR HUMMUS

SELECTED VARIETIES
454 G
20583725_EA
20584098_EA

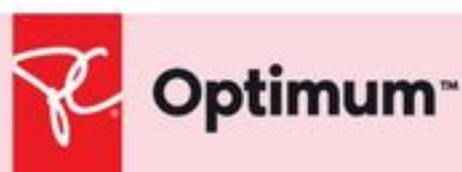
See in-store for retails.

**LOWEST PRICES
BEST DEALS**

As compared to other major grocery retailers within your local areas.

* Must be a registered PC Optimum® member to get this offer.

Valid from March 1 - 31, 2026. While quantities last. See in-store for details.



Get more on

More savings, more deals, more points
This week only! March 19-25

More days
More days
More days
More days
More days

Optimum Moredays

Members get
1,000 pts

\$1
back
in points

\$9

PC® SPLENDIDO®
EXTRA VIRGIN
OLIVE OIL
500 ML
20162539_EA



Optimum Moredays

Members get
1,000 pts

\$1
back
in points

\$6

ORVILLE
POPCORN 6/8'S OR
KERNEL JAR 850 G
SELECTED VARIETIES
20308686_EA
20629532002_EA



Optimum Moredays

Members get
1,000 pts

\$1
back
in points

\$4

SNYDERS PRETZEL
SELECTED VARIETIES
240 G
20316052001_EA
20316052002_EA



Optimum Moredays

Members get
1,000 pts

\$1
back
in points

2/\$8

OR
\$4.99 EA.
PEEK FREANS
COOKIES
OR BISCUITS
SELECTED VARIETIES
300/350 G
20679968_EA
20680381_EA



Optimum Moredays

Members get
3,000 pts

\$3
back
in points

\$4

PEARL MILLING
COMPANY
PANCAKE MIX 905 G
OR SYRUP 710 ML
SELECTED VARIETIES
21384609_EA
21391619_EA



Optimum Moredays

Members get
1,000 pts

\$1
back
in points

7⁵⁰

PRINGLES
SNACK STACKS
SELECTED VARIETIES
228 G
21069445_EA
21206245_EA



Optimum Moredays

Members get
1,000 pts

\$1
back
in points

6⁴⁹

GRISOL MELBA
TOAST 400 G OR
BAGUETTES 220 G
SELECTED VARIETIES
20307218001_EA
21623511_EA



Optimum Moredays

Members get
500 pts

4⁹⁹

CADBURY
FINGERS
SELECTED VARIETIES
114/125 G
21631880_EA
21631965_EA



Optimum

Members-Only Price™
4⁵⁰

Members
save
\$1⁵⁰

Non-members
\$6

DAWN LIQUID 825/982 ML,
EZ SQUEEZE 532/535/650 ML
OR POWERWASH
REFILL 473 ML
SELECTED VARIETIES
21430569_EA



Optimum Moredays

Members get
2,000 pts

\$2
back
in points



25⁹⁹

PC® SUPER ABSORBENT
PAPER TOWELS
CLUB SIZE
12 ROLLS
21558605_EA



Optimum Moredays

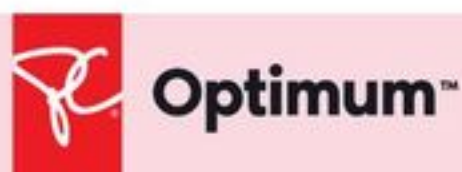
Members get
4,000 pts

\$4
back
in points

\$20

MASON JAR
ARRANGEMENT
EACH
21559945_EA





Get more on

More savings, more deals, more points
This week only! March 19-25

Moredays
Moredays
Moredays
Moredays
Moredays

Moredays

Members get
3,000 (pts)
when you
spend '15* on

\$3
back
in points

**NUTELLA HAZELNUT
SPREAD WITH COCOA**
375/725 G, & GO! SNACK
PACKS 208 G OR B-READY
SNACK BARS 132 G
SELECTED VARIETIES
20436105_EA
20948689_EA



Moredays

Members get
3,000 (pts)
when you
spend '10* on

\$3
back
in points

**KELLOGG'S RICE KRISPIES
SQUARES** 176 G, **NUTRI-GRAIN
BARS** 295 G, **SPECIAL K
CRISPY BARS** 125 G OR
**POP TARTS
PASTRIES** 384 G
SELECTED VARIETIES
21290106_EA
21290111_EA



Moredays

Members get
5,000 (pts)
for every '10*
spent on

\$5
back
in points

**KNORR GRAVY AND
SAUCE MIX** 22-48 G, **BASE
FLAVOUR PASTES** 113 G,
**BOUILLON CUBES OR
POWDERS** 63-250 G OR **LIQUID
CONCENTRATE** 250 ML
SELECTED VARIETIES
20297436001_EA
21232323001_EA
21683454_EA



Moredays

Members get
3,000 (pts)
for every '10*
spent on

\$3
back
in points

**MCCORMICK GOURMET
SPICES OR GRAVY DRY SAUCES**
SELECTED VARIETIES
11-56 G
21379317_EA
21666873_EA



Moredays

Members get
1,500 (pts)
when you
spend '7* on

\$1.50
back
in points

**KNORR OR LIPTON
SOUP MIX**
SELECTED VARIETIES
40-338 G
20297436001_EA
20308188002_EA



Moredays

Members get
3,000 (pts)
for every '12*
spent on

\$3
back
in points

**KRAFT BAKER'S CHOCOLATE
SQUARES** 170-225 G, **SHAKE 'N BAKE
COATING MIX** 142-160 G, **CERTO LIQUID
PECTIN** 170 ML, **DREAM WHIP WHIPPED
TOPPING MIX** 170 G, **BIRDS CUSTARD
POWDER** 340 G, **MAGIC BAKING
POWDER** 225-450 G, **MINI TAPIOCA** 225 G
OR **JELL-O JELLY POWDERS** 9.1-10.3 G,
INSTANT PUDDING 40-153 G,
PUDDING & PIE FILLING 135-170 G OR
**NO BAKE CHEESECAKE
DESSERT KIT** 314 G
SELECTED VARIETIES
20307001001_EA
20316019001_EA



Moredays

Members get
4,000 (pts)
when you
spend '12* on

\$4
back
in points

**RESOLVE STAIN
REMOVERS**
SELECTED VARIETIES
AND SIZES
20323370_EA



Moredays

Members get
4,000 (pts)
for every '10*
spent on

\$4
back
in points

MAYNARDS CANDY
SELECTED VARIETIES
135-154 G
21694186_EA
21545605_EA



Moredays

Members get
3,000 (pts)
when you
spend '14* on

\$3
back
in points

**AIR WICK PLUG-INS,
REFILLS, ESSENTIAL
MIST KITS OR
CLUB PACKS**
SELECTED VARIETIES AND SIZES
21495649_EA



Moredays

Members get
5,000 (pts)
when you
spend '15* on

\$5
back
in points

**SCRUBBING BUBBLES,
FANTASTIK, WINDEX CLEANERS,
SHOUT STAIN REMOVERS OR
GLADE AIR FRESHNERS**
SELECTED VARIETIES AND SIZES
2166683294_EA/209051616_EA



Moredays

Members get
5,000 (pts)
when you
spend '25* on

\$5
back
in points

**PUREX, PERSIL OR
SUNLIGHT LAUNDRY
DETERGENT OR
SNUGGLE FABRIC
SOFTENERS**
SELECTED VARIETIES
AND SIZES
20083525001_EA
21427042_EA



Moredays

Members get
10,000 (pts)
when you
buy 3

\$10
back
in points

**NATURE'S BOUNTY
VITAMINS OR
SUPPLEMENTS**
SELECTED VARIETIES
AND SIZES
SEE RETAIL IN STORES
21020231_EA
21180320_EA



Moredays

Members get
3,000 (pts)
when you
buy 3

\$3
back
in points

32⁵⁰

**BOOST READY TO
DRINK VALUE PACK**
SELECTED VARIETIES
AND SIZES
21562893_C15



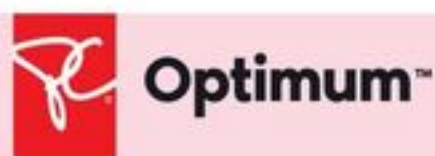
Moredays

Members get
2,000 (pts)
when you
buy 2

\$2
back
in points

**QTIPS COTTON
SWABS**
500'S
20323077001_EA





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More savings, more deals, more points
This week only! March 19-25**

Moredays
Moredays
Moredays
Moredays

APP EXCLUSIVE OFFERS†

Moredays
APP EXCLUSIVE OFFER

Member Only Price™

5.50

Non-Members \$7

Members save \$1.50

PC® BOCCONCINI
200 G OR
PC® RICOTTA 454 G
SELECTED VARIETIES
20540993_EA
20219848_EA
*Open your PC Optimum™ app or visit pcoptimum.ca to get the offer.

PREPARED IN CANADA

Moredays
APP EXCLUSIVE OFFER

Members get 4,000 pts

\$4 back in points

PC® NATURALLY SMOKED BACON
SELECTED VARIETIES
500 G
20057892_EA
20152629_EA
*Open your PC Optimum™ app or visit pcoptimum.ca to get the offer.

500 G

Moredays
APP EXCLUSIVE OFFER

Members get 1,500 pts

\$1.50 back in points

VH SAUCES
SELECTED VARIETIES
341-380 ML
20297368_EA
20308726001_EA
*Open your PC Optimum™ app or visit pcoptimum.ca to get the offer.

Moredays
APP EXCLUSIVE OFFER

Members get 5,000 pts

\$5 back in points

\$23

PC® PACIFIC WHITE SHRIMP RING WITH MILD COCKTAIL SAUCE 568 G
FROZEN
20147098_EA
*Open your PC Optimum™ app or visit pcoptimum.ca to get the offer.

Moredays
APP EXCLUSIVE OFFER

Members get 4,000 pts

\$4 back in points

PHILADELPHIA CREAM CHEESE, KRAFT SINGLES OR CHEEZ WHIZ
SELECTED VARIETIES AND SIZES
4085387_EA
20641267_EA
20659606001_EA
*Open your PC Optimum™ app or visit pcoptimum.ca to get the offer.

Moredays
APP EXCLUSIVE OFFER

Members get 5,000 pts

\$5 back in points

OLD EL PASO MEAL MAKER PRODUCTS
SELECTED VARIETIES AND SIZES
20795534_EA
20305182001_EA
*Open your PC Optimum™ app or visit pcoptimum.ca to get the offer.

Moredays
APP EXCLUSIVE OFFER

Members get 2,000 pts

\$2 back in points

when you spend \$5* on

CHRISTIE RITZ DRIZZLED MINIS CRACKERS
SELECTED VARIETIES
226 G
21712532_EA
21712595_EA
*Open your PC Optimum™ app or visit pcoptimum.ca to get the offer.

Moredays
APP EXCLUSIVE OFFER

Members get 4,000 pts

\$4 back in points

when you spend \$10* on

CHRISTIE SNAK PAKS
SELECTED VARIETIES
150-200 G
21584976_EA
21585155_EA
*Open your PC Optimum™ app or visit pcoptimum.ca to get the offer.

Moredays
APP EXCLUSIVE OFFER

Members get 8,000 pts

\$8 back in points

when you spend \$20* on

IAMS CAT OR DOG FOOD
SELECTED VARIETIES
75 G-18.1 KG
20912435_EA
21027553_EA
*Open your PC Optimum™ app or visit pcoptimum.ca to get the offer.

APP EXCLUSIVE OFFERS†

Moredays
APP EXCLUSIVE OFFER

Members get 10,000 pts

\$10 back in points

for every \$100* spent on

ANY COMBINATION OF ARDENE, GAP INC. BRANDS, UBER EATS, AND UBER GIFT CARDS

ARDENE **OLD NAVY** **ATHLETA** **BANANA REPUBLIC** **GAP** **Uber** **Uber Eats**

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Offer valid in-store only. Subject to availability; selection may vary by region and store. Please check your local store for availability. We reserve the right to limit quantities. See gift card for details, terms & conditions. Offer applies to every \$100 spent on Ardene, Gap Inc. Brands, Uber Eats, and Uber gift cards in a single transaction. Cannot be combined with any other gift card offers. Not valid on prior purchases. PC Optimum points cannot be redeemed toward the purchase of gift cards. Must be a registered PC Optimum member. All trademarks are the property of their respective owners.



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\$2/month*

- Unlimited grocery delivery or pickup
- Earn 2% back in pts with eligible pickup orders**

Use code
PASS76

Learn more

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JOE FRESH



Moredays
March 19 -25



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Members get

15,000 pts

for every \$60 spent on adult apparel*



Moredays™

BONUS

30 pts

per litre of fuel purchased at Esso™ or Mobil™ stations.*

March 19-22



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**points
millionaire**



Scan your
PC Optimum™
App when
you spend
\$20+*, and
you could
win 1,000,000
points!

March 19 - April 1

* No purchase necessary. Open to residents of Canada (excl. QC) Age of majority +. Approximation retail value \$1,000. For contest details, including purchase exclusions and how to enter without purchase, visit <https://www.pcoptimum.ca/national-contest>

Indulge in tasty treats

Discover
more value
this Easter



SAVE
49¢

\$6

**ED SMITH
PIE FILLING** 540 ML
OR **PURE PUMPKIN** 796 ML
SELECTED VARIETIES
20022361_EA
20297753001_EA



\$5

HERSHEY'S CHIPITS
SELECTED VARIETIES
200-270 G
21452844_EA
21452924_EA



\$7



PC® BUTTER
SELECTED VARIETIES
454 G
20313456001_EA
20313456002_EA



\$9

**PC® BLUE MENU®
EGG WHITES**
1 KG
20821364001_EA



SAVE
99¢

\$2

**BETTY CROCKER
FROSTINGS** 340-450 G
OR **SUPER MOIST
CAKE MIX** 375-404 G
SELECTED VARIETIES
20502641005_EA
21547838_EA



SAVE
149

4⁵⁰

**GAY LEA REAL
WHIPPED CREAM**
ASSORTED VARIETIES
225 G
20048223001_EA
20048223002_EA



2/\$7

OR
\$4.29 EA.

**NO NAME®
MARSHMALLOWS**
SELECTED VARIETIES
400 G
20304672001_EA
21023141_EA



Moredays

Members get
3,000 pts
for every \$15*
spent on

\$3
back
in points

WILTON SPARKLE GELS 99 G,
ICING TUBES 120 G,
SPARKLING POUCHES 32/40 G,
SPRINKLES 6-CELL 168-207 G,
CANDY MELTS 340 G,
ICING MIX 113 G/1EA,
ICING COLOUR GEL 4 EA,
SPRINKLES 9-285 G,
CANDY EYEBALLS 78 G,
CUPCAKE LINERS 75/150 EA,
CANDLE PICK SET 10/13 EA,
FOIL BAKING CUPS 72 EA,
TIP SET 4 EA, **BIRTHDAY
CANDLES** 10-24 EA OR
**COLOUR SWIRL PIPING
BAG COUPLER KIT** 9 EA
SELECTED VARIETIES
20813444_EA
21363183_EA



Moredays

Members get
1,000 pts

\$1
back
in points

6⁵⁰

**PAM COOKING
SPRAY**
SELECTED VARIETIES
110-170 G
20315275004_EA



4⁵⁰

**NO NAME® ALMONDS,
PECANS, HAZELNUTS
OR WALNUTS**
SELECTED VARIETIES
100 G
20127455001_EA
20617491_EA



SAVE
199

\$5

**BAKER'S
CHOCOLATE
SQUARES** 170/225 G
OR **TENDERFLAKE
LARD** 454 G
SELECTED VARIETIES
20027695_EA
20316019001_EA



2⁵⁰

**DR. OETKER
SHIRRIFF
PIE FILLING
& DESSERT MIX**
SELECTED VARIETIES
111-164 G
21615148_EA
21615185_EA



SAVE
2

\$6

**NO NAME®
FLOUR**
SELECTED VARIETIES
5 KG
20618800_EA
20650915_EA



2/\$10

OR
\$5.49 EA.

**EAGLE BRAND
SWEET &
CONDENSED MILK**
SELECTED VARIETIES
300 ML
21022618_EA
21022967_EA



Moredays

Members get
4,000 pts
when you
buy 2

\$4
back
in points

\$6

**QUAKER
BAKING MIXES
OR OAT FLOUR**
SELECTED VARIETIES
700-900 G
20301064001_EA
21674263_EA



\$5

**COOL WHIP
DESSERT TOPPING**
SELECTED VARIETIES
FROZEN
1 L
20030369001_EA
20030369002_EA



3⁴⁹

ALFA PHYLLO PASTRY
FROZEN
450G
21606928_EA



\$4

NO NAME® COCONUT 200/400 G
OR **CRISCO SHORTENING** 454 G
SELECTED VARIETIES
20127930_EA
21475300_EA



your **one-stop** grocery shop

2/\$9

OR
\$5.50 EA.
LIBERTÉ MÉDITERRANÉE YOGURT 500 G
OR **LIBERTÉ GREEK YOGURT 400 G**
SELECTED VARIETIES
20801752003_EA
21473714_EA



SAVE

15%

BOB'S RED MILL OATS
SELECTED VARIETIES
454-907 G
21127426_EA
21161849_EA



3/\$9

OR
\$3.75 EA.
FIBRE 1 CHEWY BARS, DELIGHTS OR BROWNIES 125-175 G,
NATURE VALLEY PROTEIN BARS 148 G
OR **SWEET & SALTY BARS 192-210 G**
SELECTED VARIETIES
20587504001_EA
21213559_EA



8⁵⁰

HIGH LINER FISH STICKS, BATTERED FISH OR FILLETS
SELECTED VARIETIES FROZEN
350-700 G
20303200001_EA
20303200003_EA



\$5

HELUYA GOOD! FRENCH ONION SOUR CREAM DIP
680 G
20312788001_EA



SAVE \$1.58
WHEN YOU BUY 2

2/\$6

OR
\$3.79 EA.
NO NAME® SOUR CREAM
SELECTED VARIETIES
500 ML
20299657_EA
20322987_EA



PREPARED IN CANADA

9⁴⁹

NO NAME® CHEESE
SELECTED VARIETIES
700 G
20975773_EA

PREPARED IN CANADA



\$5

NO NAME® OATMEAL OR CHOCOLATEY COOKIES
SELECTED VARIETIES
907 G
20318678002_EA
20318678001_EA



4⁵⁰

LECLERC CÉLÉBRATION COOKIES
SELECTED VARIETIES
200-350 G
20965368_EA
21680074_EA



2/\$6

OR
\$3.49 EA.
PC® CRISP & THIN BUTTER TWISTS 225 G,
PITA CRACKERS 142 G OR SCALLOPED CRACKERS 185 G
SELECTED VARIETIES
20603889003_EA
21346922_EA



\$6

TAZO TEA BAGS 20'S OR AGGA NESPRESSO COMPATIBLE CAPSULES 10'S
SELECTED VARIETIES
21308145_EA
21306979_EA



\$14

TWINING'S TEA 100'S OR TIM HORTON'S SINGLE SERVE K-CUP TEA 12'S OR MCCAFFÉ COFFEE K-CUP 10/12'S,
SELECTED VARIETIES
21040439_EA
21238598_EA



4⁵⁰

COFFEE-MATE COFFEE ENHANCER
SELECTED VARIETIES
828/946 ML
21091209_EA
21091311_EA



\$8

STOK COLD BREW COFFEE
SELECTED VARIETIES
1.42 L
21203739_EA
21203737_EA



\$5

EARTH'S OWN BARISTA
SELECTED VARIETIES
946 ML
21179478_EA
21643629_EA



\$12

KINDER MAXI SURPRISE EGG 150 G, EASTER VARIETY PACK 116 G OR EASTER EGG HUNT KIT 186 G
SELECTED VARIETIES
20012895_EA
20719493_EA



for the love of **pets**

\$15

PC® WILD BIRD FOOD
4 KG
21308596_EA



\$17

CESAR DOG FOOD
SELECTED VARIETIES
12'S
20548229_EA



\$20

DOG CHOW 8 KG OR
PUPPY CHOW 6.5 KG
20314190_EA



\$9

ZUKE'S DOG TREATS
SELECTED VARIETIES
170 G
21661750_EA



\$50

PURINA ONE DOG FOOD
SELECTED VARIETIES
9.5-12.4 KG
20422765_EA



\$12

MILK-BONE BRUSHING CHEWS DOG TREATS
SELECTED VARIETIES
535-688 G
21168245_EA



\$9

MILK-BONE COMFORT CHEWS DOG TREATS
SELECTED VARIETIES
210/312 G
21620394_EA



\$14

PEDIGREE DOG FOOD
SELECTED VARIETIES
2/2.8 KG
21589011_EA



\$22

PURINA ONE CAT FOOD
SELECTED VARIETIES
3 KG
21235341_EA



\$6

TEMPTATIONS CAT TREATS
SELECTED VARIETIES
454 G
21012108_EA



\$22

FANCY FEAST CAT FOOD
SELECTED VARIETIES
24'S
21170917_C01



\$17

PC® NUTRITION FIRST® CAT FOOD
SELECTED VARIETIES
2 KG
21303030_EA



5/6²⁵

OR \$1.69 EA.

WHISKAS CAT FOOD
SELECTED VARIETIES
75/100 G
20945388_EA



\$10

PC® EXTRA MEATY CAT FOOD
SELECTED VARIETIES
2 KG
21361585_EA



\$29

TIDY CATS LIGHTWEIGHT LITTER
7.71 KG
20913423_C01





\$6

GREENWORKS
ALL PURPOSE
OR BATHROOM
CLEANER 946 ML,
TOILET BOWL
CLEANER 709 ML,
DISH DETERGENT
650 ML OR **WIPES** 75'S
SELECTED VARIETIES
21657670_EA/21657754_EA

2/\$9

OR
\$6.49 EA.

CLOROX BATHROOM
SPRAYS 887 ML,
ALL PURPOSE
CLEANERS 946 ML OR
TILEX SHOWER
SPRAY 946 ML
SELECTED VARIETIES
20649899_EA
21657792_EA

Moredays

Members get

2,000

\$2

back in points

LYSOL DISINFECTING
WIPES 75'S,
DISINFECTANT
SPRAY 350 G,
FLATPACK
WIPES 84'S OR
TOILET BOWL
CLEANER 940 ML
SELECTED VARIETIES
21449826_EA
21667289_EA

\$4

VIM CLEANERS
500 ML-1 L OR
ALLENS CLEANING
VINEGAR 950 ML-2.5 L
SELECTED VARIETIES
20831326_EA

\$5

LYSOL LAUNDRY
DISINFECTANT
SELECTED VARIETIES
1.2 L
21495667_EA
21487308_EA

\$10

AIRWICK ESSENTIAL
MIST KIT 20 ML OR
TWIN REFILLS 2/20 ML
SELECTED VARIETIES
20324301002_EA

\$9

GLAD
INDOOR BUNDLE
SELECTED VARIETIES
10-48'S
21359461_EA/21614177_EA

\$5

CLOROX
BLEACH 2.4 L OR
PINE-SOL
CLEANER 1.41 L
SELECTED VARIETIES
20298679001_EA
21283179_EA

\$4

SCOTCH BRITE SPONGES 6'S OR
SCRUBBING BUBBLES BATHROOM
CLEANER 946-950 ML/623 G OR
TOILET FRESH BRUSH,
EASY PEASY 946 ML/385 G,
FANTASIK 650 ML,
WINDEX GLASS
CLEANER
765-950 ML OR
FAMILY GUARD
946 ML
SELECTED VARIETIES
20976696_EA
20125323001_EA

\$5

METHOD
ALL PURPOSE
CLEANER 828 ML OR
DISH DETERGENT 532 ML
SELECTED VARIETIES
21432667_EA/21518328_EA

\$11

GLAD
OUTDOOR BAGS
SELECTED VARIETIES
10-40'S
21164510_EA

\$12

VILEDA OSKAR
BROOM AND
TWIST MOP
SELECTED VARIETIES
EACH
20001949_EA
20057952_EA

\$11

SWIFFER DUSTER
REFILLS 6/10'S,
SWEPPER WET
REFILLS 12/20/24'S,
SWEPPER DRY
REFILLS 16/20/32'S,
WETJET REFILLS 12'S,
POWERMOP
REFILLS 5'S,
WETJET
LIQUID 2.5 L OR
POWERMOP
LIQUID 2.5 L
SELECTED VARIETIES
21624930_EA/21625287_EA

5.50

FLEECY FABRIC
SOFTENER 1.36 L OR
SHEETS 80'S
SELECTED VARIETIES
21311876_EA
20311072001_EA

wash
out
winter

\$22

TIDE LAUNDRY
DETERGENT 3.9 L,
TIDE POWER PODS 45'S,
TIDE PODS OR GAIN
FLINGS 57-76'S OR
BEADS 853 G
OR **CASCADE**
TUBS 51/67/80'S
SELECTED VARIETIES
21593670_EA
21625767_EA

\$14

PUREX 4.08-4.43 L,
SUNLIGHT 4 L OR
PERSIL 1.86 L
LAUNDRY
DETERGENT OR
SNUGGLE FABRIC
SOFTENER 2.77 L
SELECTED VARIETIES
20083525001_EA
21427042_EA

\$16

GAIN LAUNDRY DETERGENT 4.25 L,
PODS OR FLINGS 42'S, **DOWNY**
FABRIC SOFTENER 1.92-3.29 L,
BOUNCE SHEETS 240'S OR
DOWNY OR GAIN BEADS 453-550 G
SELECTED VARIETIES
21625747_EA
21671138_EA

\$20

TRU EARTH
LAUNDRY
DETERGENT STRIPS
SELECTED VARIETIES
64'S
21554580_EA

EVERYDAY
LOW
PRICES

Value you
can count on.

\$16



**PC® BLUE MENU®
CHICKEN BREASTS**
BONELESS, SKINLESS
AIR CHILLED
3'S
21340952_EA



2⁴⁷

**NO NAME®
CHICKEN
HOT DOGS**
450 G
20058192_EA



\$15

**PC® BACON-WRAPPED
WILD SEA SCALLOPS**
FROZEN
260 G
21220644_EA



\$6

**ZIGGY'S® DELI
CHEESE SLICES**
SELECTED VARIETIES
160/180 G
21610778_EA
21610826_EA



\$8

**PREPARED
IN-STORE BOWLS**
SELECTED VARIETIES
345-400 G
21668110_EA
21696361_EA



\$7



**FARMER'S MARKET™
MUFFINS**
SELECTED VARIETIES
6'S
21283356_EA



3⁷⁵



PC® YOGURT TUBS
750 G OR PROBIOTIC
YOGURT 650 G
SELECTED VARIETIES
20180775002_EA
21684206_EA



3⁵⁰

**NO NAME® SINGLE
PIZZAS OR CHEESY
GARLIC FINGERS**
SELECTED VARIETIES,
FROZEN
295-411 G
21541441_EA
21541444_EA



\$10

**NO NAME® CLUB SIZE
ICE CREAM
SANDWICHES
OR BARS**
SELECTED VARIETIES
FROZEN
24-30'S
2034740002_EA
21013432_EA



\$1



**PC® OR BLUE MENU®
SPARKLING WATER**
SELECTED VARIETIES
1L
20162061003_EA
20320832004_EA



\$8

**PC® ORGANICS
FLOUR**
SELECTED VARIETIES
2.5 KG
20069335_EA
20303111_EA



4⁵⁰

**PC® ORGANICS
ANIMAL COOKIES**
SELECTED VARIETIES
250 G
20181028_EA
20304981_EA



\$5

**PC® ORGANICS
VEGETABLES**
SELECTED VARIETIES
FROZEN
300/500 G
20416869001_EA
21418289_EA



live well, spend less

\$56

LIMIT 4
AFTER LIMIT
63.99 EA.

**SIMILAC BABY
FORMULA**
STAGE 1 & 2
SELECTED VARIETIES
859 G
21436985_EA
21437126_EA



\$25

More days
Members get
2,000

\$2
back
in points

**HUGGIES 16X
BABY WIPES**
SELECTED VARIETIES
960-1152'S
21541191_EA



LIMIT 4
AFTER LIMIT
29.99 EA.

\$25

LIMIT 4
AFTER LIMIT
34.99 EA.

**PAMPERS SUPER
BIG PACK DIAPERS**
SELECTED VARIETIES
SIZE N-6, 48-96'S
21370843_EA/21455865_EA



4⁵⁰

LIMIT 6
AFTER LIMIT
6.49 EA.

AXE DEODORANT 76/85 G,
BODY SPRAY 113 G,
HAIR CARE 473 ML
SELECTED VARIETIES
20665502_EA/21438255_EA



4⁵⁰

LIMIT 6
AFTER LIMIT
6.99 EA.

**GARNIER WHOLE
BLENDS SHAMPOO
OR CONDITIONER**
SELECTED VARIETIES
370 ML
21647127_EA/20941824_EA



10⁵⁰

LIMIT 4
AFTER LIMIT
11.99 EA.

**HEAD & SHOULDERS
OR OLD SPICE
HAIR CARE**
SELECTED VARIETIES
AND SIZES
21360086_EA
21505214_EA



\$9

LIMIT 4
AFTER LIMIT
11.49 EA.

**JERGENS
LOTION**
SELECTED VARIETIES
620 ML
20856268_EA
21195511_EA



SAVE
UP TO

20%

**GARNIER
FACECARE
PRODUCTS**
SELECTED VARIETIES
AND SIZES
21549485_EA



7⁵⁰

LIMIT 6
AFTER LIMIT
8.99 EA.

**OLD SPICE
DEODORANT** 73-144 G,
SECRET DEODORANT
68-116 G OR **GILLETTE
DEODORANT** 122 G
SELECTED VARIETIES
20757237001_EA
21426451_EA



\$10

LIMIT 4
AFTER LIMIT
11.49 EA.

**OGX, MAUI OR
AVEENO HAIR CARE**
SELECTED VARIETIES AND SIZES
21009291_EA/21010670_EA



\$8

LIMIT 4
AFTER LIMIT
10.99 EA.

**LISTERINE
MULTIBENEFITS**
1 L OR **CLASSIC 1.5 L
MOUTHWASH**
SELECTED VARIETIES
20701283_EA/21091180_EA



St. Ives

For
Radiant
Winter
Skin



save up to
25%
St. Ives
Face Scrubs,
Exfoliants, Lotion
or Body Wash
21986088_EA
21429055003_EA
21360954_EA



TENA

Trusted day & night
leakage protection

\$18
EA.

Tena Underwear, Briefs or Pads
selected varieties and sizes
20957897_EA/21033778_EA/21099265_EA



TENA® is a registered trademark of Essity Hygiene and Health, AB. ©2026 Essity

GARNIER®

UP TO 3 DAYS
OF FRIZZ CONTROL*

\$9
LIMIT 4
AFTER LIMIT
11.99 EA.

**GARNIER FRUCTIS
HAIR TREATMENT**
SELECTED VARIETIES
AND SIZES
21080852_EA

\$9
LIMIT 4
AFTER LIMIT
9.49 EA.

**GARNIER FRUCTIS
SHAMPOO OR
CONDITIONER**
SELECTED VARIETIES
1 L
21708789_EA



FRUCTIS

VEGAN
FORMULA*



*With system of shampoo, conditioner & leave-in cream.



Jamieson

HEALTH MADE TASTY

Support good health
with great taste

SAVE up to
20%

Jamieson Multi or Letter vitamins
selected varieties and sizes
30-500's



21689253_EA/20704768_EA
21689327_EA/21411099_EA
21541913_EA

5/\$10
or 2.49 ea

Baby Gourmet organic fruit or vegetable baby food pouches 113/128 mL or jars 113 mL
selected varieties
20616541001_EA
21291241_EA
20368074001_EA
21123983_EA

PediaSure®

COMPLETE, BALANCED NUTRITION® WITH A TASTE KIDS LOVE

2/\$18
or \$10.49 ea.

PediaSure Complete, selected varieties, 4x235 mL
20322414001_EA
20322414002_EA

Pedialyte®

WHEN WATER ISN'T ENOUGH
Get advanced rehydration

\$10 **LIMIT 4**
AFTER LIMIT 10.99 EA.

Pedialyte electrolyte oral rehydration solution, Strawberry 1L or Freezer Pops, 16x62.5 mL
20186130_EA
21623984_EA

Similac 360 Total Care®

A first of its kind from Similac®

\$70 **LIMIT 4**
AFTER LIMIT 89.99 EA.

Similac 360 Total Care ready to feed infant formula, selected varieties, 16x235 mL
21702863_EA/21702882_EA

\$60 **LIMIT 4**
AFTER LIMIT 79.49 EA.

Similac 360 Total Care infant formula selected varieties, 859 g
21697863_EA/21697886_EA

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NEW & IMPROVED

50% MORE DIAPERS* PLUS DE COUCHES*

Pampers
baby-dry **ULTRA**
3X PROTECTION
ULTRA ABSORB - ULTRA STRETCHY - EXTENSIBLE - ULTRA CUSHIONY / COUSINIE
FRAGRANCE FREE • SANS PARFUM

DIAPERS COUCHES

TM/© Sesame © 2026 P&G ♥ vs. Pampers® Baby-Dry Ultra Mega XL Pack

3X PROTECTION

✓ **ULTRA** Absorbent
✓ **ULTRA** Stretchy
✓ **ULTRA** Coverage

\$35 **LIMIT 6**
AFTER LIMIT 39.99 EA.

Pampers® econo pack diapers selected varieties, sizes N-8, 58-200's
21692756_EA

Members get 2,000 pts

\$2 back in points

BIG PACK = BIGGER SAVINGS!

LIMIT 4
AFTER LIMIT 58.99 EA.

\$48

Pampers® Swaddlers ultra value pack diapers selected varieties, sizes 2-8, 120-192's
21455875_EA

Members get 2,000 pts

\$2 back in points

45% MORE DIAPERS* PLUS DE COUCHES*

Pampers
swaddlers
our best dryness & comfort ever
plus sèches et confortables que jamais

♥ vs. Pampers Huge Pack

© 2026 P&G

NEW & IMPROVED!

HUGGIES
snug & dry®
up to 100% blowout & leakproof protection de protection : fuites et débordements
162 **5** diapers couches over 27 LB / plus de 12 KG

Save over \$20 per box

with NEW Huggies® Ultra Value Pack!

LIMIT 4
AFTER LIMIT 49.99 EA.

\$45

Huggies® Snug & Dry sizes 3-6, 132-198's
21693896_EA

BACKED BY OVER
35 YEARS
OF ACTIVIA'S
EXPERTISE
IN GUT HEALTH

ALL 8 PACKS NOW AVAILABLE
IN SINGLE FLAVOURS!



2/\$10
OR
\$5.99 EA.
Activia® -
8 x 100 g
21725748_EA

FIND ALL YOUR FAVOURITES

STRAWBERRY — VANILLA — BLUEBERRY — RASPBERRY —
LEMON — PLAIN — LACTOSE FREE VANILLA



\$4
Activia® Expert - 4 x 100 g
21688261_EA/21687900_EA



\$6
Activia® Expert - 750 g
21688207_EA



\$4.99
Activia® - 650 g
20325132003_EA



\$7
Activia® - 8 x 93 mL
21520253_EA

PACK YOUR MORNING
— WITH PROTEIN —



\$8.79
Oikos® - 650 g, 750 g
21305945_EA



3/\$12
OR
\$4.99 EA.
Oikos® - 4 x 95 g, 4 x 100 g
20825055_EA
20419715001_EA



2/\$7
OR
\$4 EA.
Oikos® Pro™ - 300 mL
21651846_EA

*As part of a complete breakfast and balanced diet. Per 115 g serving.

10-HOUR BREW
FOR A BOLD
AND SMOOTH TASTE



\$8
Stok® - 1.42 L
21203737_EA/21203739_EA

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iögo
nanö

Bursting with
Mini Popping Bubbles



\$4.50

iögo nanö
YOGURT WITH FLAVOURED
PEARLS. 4 X 100 G
SELECTED VARIETIES
20707939_EA/20707940_EA



\$4.75
iögo nanö
DRINKABLE YOGURT
6 X 93 ML
SELECTED VARIETIES
21690945_EA/20609587001_EA



\$3.75
iögo
CREAMY DUOS
YOGURT, 650 G
SELECTED VARIETIES
21659444_EA/21659463_EA



\$12
iögo
CREAMY YOGURT
2 KG
SELECTED VARIETIES
20636092_EA



\$4.75
ASTRO
BALKAN YOGURT
750 G
SELECTED VARIETIES
2016525600100_EA/2010553001_EA



\$4.50
iögo nanö
CREAMY YOGURT
POUCH
4 X 90 G
SELECTED VARIETIES
21707076_EA/21707094_EA



\$8.50
iögo
CREAMY, 0% OR
LACTOSE-FREE YOGURT
16 X 100 G
SELECTED VARIETIES
20609583008_EA/21622847_EA



\$8
siggi's
SKYR YOGURT
650 - 750 G
SELECTED VARIETIES
21659473_EA/21558992_EA



\$4.50
siggi's
SKYR YOGURT
4 X 100 G
SELECTED VARIETIES
21659474_EA/21558992_EA

Lou's
KITCHEN

QUICK AND EASY-
ENJOY!

DELICIOUS,
SIMPLE TO
PREPARE
MEALS



LOU'S ENTRÉES
BEEF POT ROAST AU JUS
375 g
20078077_EA



LOU'S ENTRÉES
SHAVED BEEF AU JUS
400 g
20507550_EA



LOU'S ENTRÉES
PULLED PORK
400 g
20182404_EA



LOU'S ENTRÉES
PHILLY-STYLE SHAVED STEAK
400 g
21046171_EA



LOU'S DOUBLE SMOKED
BACK BACON
375 g
20285088_EA

\$10 each

\$10 each



MANDARIN BBQ PORK ROAST • 450 g
21699183_EA



MANDARIN BLACK PEPPER BEEF • 400 g
21699144_EA

\$10 each

BURNBRAE
FARMS • FERMES



Naturegg Nature's Best
or Nestlaid
12 Large White Eggs
20816075001_EA



Naturegg Omega 3
12 Large White Eggs
20815563001_EA



5.50 EA.

Naturegg Simply Egg Whites
or Free Run Simply Egg Whites
500 g
20820130001_EA