VERSION 4

Get Easter Ready

metro
CANADIAN AND PROUD

2.49 ea.

Raspberries 125 g, PRODUCT OF CANADA
Bleuets 125 g, PRODUCT OF MEXICO
Blackberries 125 g, PRODUCT OF CANADA, CALIFORNIA OR MEXICO
Mûres 125 g, PRODUCT OF MEXICO

12.88 /lb
CUT BY YOUR BUTCHER

Beef Eye of Rib Roast Cross Cut
Rôti de côte de longe coupe croisée
28.35 kg
Rôtis de côte
Rostizas de costillar
Bell Range or
Bell Range ou
Bell Rango o
Minimum weight as prepared
Poids minimal préparé
28.35 kg

11.88 /lb

2.99 ea. or /lb

Little Potato Co. Potatoes 1.36 kg, PRODUCT OF CANADA, CALIFORNIA OR MEXICO
Large Red, Orange or Yellow Sweet Peppers
Grosses poivrons rouges, oranges ou jaunes
Pimientos de tamaño grande (X)
Grosses poivrons rouges, oranges ou jaunes
Gros poivrons rouges, oranges ou jaunes
Minimum weight as prepared, 0.454 kg

125 points value of $1

5.88 /lb

Fresh Lamb Leg Steak Cut
Gigot d'agneau frais
Pierna de cordero fresca
Minimum weight as prepared
Poids minimal préparé
0.36 kg

3.99 ea.

Sweet Onions 1 kg
Oignons doux
Cebollas dulces
Organic Kale 75 g
Chou frisé biologique
Col rizada orgánica

3.99 /lb

Fresh Pure Duck Breast Fillet Value Pack or Fresh Split Chicken Breast Value Pack
1.36 kg
Poitrine de canard pure fraîche en emballage économique ou demi-poitrine de poulet fraîche sans Clip
1.36 kg

19.99 ea.

Wild Caught Rock Lobster Tails
Queues de homard rocheux sauvage
SMALL, LARGE OR XL

3.99 ea.

Fresh Canadian Atlantic Salmon Portions
Pavés frais de saumon atlantique du Canada
SKIN ON OR NO, PEI

2.49 ea.

Green Giant Frozen Vegetables 750 g, PRODUCT OF CANADA
Légumes surgelés Green Giant
Verduras congeladas Green Giant
Cream Leaf Frozen Vegetables 750 g, PRODUCT OF CANADA
Légumes surgelés Crème Légère
Verduras congeladas Crème Ligera

4.88 ea.

Lactantia Butter
Beurre Lactantia
Mantequilla Lactantia
Sweet Cream Salted Butter 454 g, PRODUCT OF CANADA
Beurre de crème salé
Mantequilla dulce salada
Sweet Cream Unsalted Butter 454 g, PRODUCT OF CANADA
Beurre de crème non salé
Mantequilla dulce sin sal

4.99 ea.

Häagen-Dazs Ice Cream 1 L
Crème glacée Häagen-Dazs
Helado Häagen-Dazs

4.88 ea.

Black Diamond Marble or Shredded Cheese 500 g, PRODUCT OF CANADA
Fromage marbré ou râpé Black Diamond
Queso marmoleado o rallado Black Diamond

VERSION 4

Scavenger Hunt

Join us in-store for sweet treats & fun on **Saturday, March 28** from 10am to 4pm.

metro
CANADIAN AND PROUD

Fruit Platter or Fruit Carousel or Cantaloupe or Honeydew Melon Wedges
Plateau de fruits ou Fruit Carousel ou Cantaloupe ou Melon miel en quartiers
125 points value of $1
12.99 ea.

Irresistible Spiral Sliced Honey Glazed or Schwarzwälder Smoked Boneless Smoked Ham 0.45 kg
Jambon en tranché Irresistible Nappé au miel ou Schwarzwälder sans os fumé 0.45 kg
3.99 /lb

FRESH GO
Frozen 2 Up Thanksgiving Turkey or Dinner Dinde surgelée 2 pour Thanksgiving ou Dîner 7.26 - 7.71 kg
1 KG
11.99 ea.

Schneiders or Maple Leaf Bacon or Johnsonville Breakfast Sausages 300 - 375 g
Bacon Schneiders ou Maple Leaf ou saucisses Johnsonville à déjeuner 300 - 375 g
4.99 ea.

Schneiders Artisan Black Forest Ham, Smoked or Honey Ham Jambon Artisan Black Forest, fumé ou miel Schneiders 175 - 200 g
Jambon Black Forest, fumé ou miel Artisan Schneiders
2.99 /100 g

Nature's Nectar Spring Water 6 L
Eau de source Nature's Nectar 6 L
Aquafina Carbonated or Water Beverage 1.125 - 1.25 L
Boisson gazeuse ou eau Aquafina 1.125 - 1.25 L
Cascades Aquafina Carbonated or Water Beverage 1.125 - 1.25 L
Boisson gazeuse ou eau Cascades Aquafina 1.125 - 1.25 L
125 points value of $1
19.99 ea.

Frozen Dessert Bakery Honeycrisp Gourmet Cookies 300 - 375 g
Biscuits sucrés surgelés de style artisanal Fond Dessert Bakery 300 - 375 g

High Liner Signature, Pure Easy or Catch of the Day Fish Fillets 300 - 400 g
Filets de poisson High Liner de qualité Signature, Pure Easy ou Prise du jour 300 - 400 g

Fillets Haddock Filets de haddock
6.99 ea.
9.99 ea.

Campbell's Soup 284 - 310 ml
Soupe Campbell's 284 - 310 ml
99¢ ea.

Tostitos Tortilla Chips 300 - 400 g
Tortillas Tostitos 300 - 400 g
125 points value of $1
3.49 ea.

Silk Almond Beverage 1 L, Unsweetened or Original 946 ml
Boisson Silk 1 L, non sucrée ou nature 946 ml
3.49 ea.

Family Size Cheerios Family Size Cereal
Céréales Family Size
Kellogg's or General Mills Raisin Bran Cereal 425 - 500 g
Céréales Kellogg's ou General Mills ou Raisin Bran 425 - 500 g
5.49 ea.

Coca-Cola Original Taste or Pepsi Soft Drinks 12 x 355 ml
Boisson gazeuse Coca-Cola ou Pepsi 12 x 355 ml
125 points value of $1
7.49 ea.

10 KG
Robin Hood All Purpose Flour 10 kg
Farine Robin Hood ou Flour Boss 10 kg
11.97 ea.

Effective March-April 26 27 28 29 30 31 1 2026

EASTER ESSENTIALS

Mare Angelo Italian Dill Bread or Balderson Cheddar Cheese
Mare Angelo Pain à l'aneth italien ou Balderson Cheddar
Limited Quantities
Quantités limitées
Mare Angelo or Balderson
Mare Angelo ou Balderson
5.99 ea.

Fresh Cross Bakery Hot Cross Buns
Fresh Cross Bakery Brioches de pentecôte
Fresh Cross Bakery
Fresh Cross Bakery
3.99 ea.

Kicking Horse Coffee Kicking Horse Coffee
Cafe Kicking Horse
Cafe Kicking Horse
14.99 ea.

Lactantia Cream
Lactantia Crème
Crème Lactantia
Lactantia Crème
3.49 ea.

Lindt Easter Bunny Chocolate
Lindt Lapin de Pâques
Lapin de Pâques en chocolat Lindt
Lindt Lapin de Pâques
6.99 ea.

Fresh Cut Tulips
Tulipes fraîches coupées
Subject to Co-Op rewards (excluding Rewards)
12.99 ea.

Irrésistible

Shop these and more in-store or online

Irrésistible
Meatballs
Boulettes de viande
Surgelées
680 g - 48 pièces
Limite 2 en stock

8.99 ea.

Irrésistible Puff Pastry Bite-Sized Cocktail Chicken Wings
Ailes de poulet bouchées feuilletées
Surgelées, emballage pratique pour la fête
Décongeler de manière homogène
Limite 2 en stock

8.99 ea.

Irrésistible Bakeout Bite-Sized Cocktail Chicken Wings
Ailes de poulet bouchées
Surgelées, prêtes à cuire
Limite 2 en stock

Irrésistible Bite-Sized Mozzarella Sticks
Bâtonnets de mozzarella bouchées
Surgelées, prêtes à cuire
Limite 2 en stock

5.99 ea.

Irrésistible
Cheese Sticks
Bâtonnets de fromage
Surgelés, prêts à cuire
Irrésistible
Mozzarella Sticks
Bâtonnets de mozzarella
Surgelés, prêts à cuire

5.99 ea.

Irrésistible
Coconut Shrimp
Crevettes
Breaded Coconut
Panées
Crevettes de noix de coco
Panées
Surgelées
Cuire avant consommation
340 g

10.99 ea.

Irrésistible
Cocktail Ready Shrimp Ring
Anneau de crevettes prêtes à servir
Décorée
Crevettes Assaisonnées & Pas Rape
Surgelées - 2 L

10.99 ea.

New Lower Prices

Villaggio Italian Style Breads, Buns or Wonder Breads
SELECTED SIZES, SELECTED VARIETIES OR 3.99 EA
Pain, michettes de style italien Villaggio ou pain Wonder
FORMATS SÉLECTIONNÉS VARIÉTÉS SÉLECTIONNÉES OU 3,99 CH.
2 for 7.00

Irresistibles Artisan Turkey Breast
DELI SLICED, 18.10/lb
Poitrine de dinde Artisan Irresistibles
TRANCHÉS AU COMPTOIR, 18,10/lb
3.99 /100 g

Castello Tickler Cheddar, Danish Fontina, Danish Blue Cheese or Havarti
DELI SLICED OR CUT PRICES AS MARKED, 15.83/lb
Fromage cheddar Tickler Castello, Fontina danois, bleu danois ou Havarti
TRANCHÉS OU COUPÉS AU COMPTOIR PRIX TELS QU'INDIQUÉS, 15,83/lb
3.49 /100 g

Piller's Smoked Ham
800 g, SELECTED VARIETIES
Jambon fumé Piller's
800 g VARIÉTÉS SÉLECTIONNÉES
800 G
9.99 ea.

Store Made Deluxe Fruit Salad 1.5 kg
Salade de fruits préparée en magasin 1,5 kg
PARTY SIZE 1.5 KG
14.99 ea.

Maple Leaf, Schneiders, Fantino & Mondello Deli Meat or Irresistibles Pepperoni Sticks
100 - 300 g, SELECTED VARIETIES
Charcuteries Maple Leaf, Schneiders, Fantino & Mondelo ou bâtonnets de pepperoni Irresistibles
100 - 300 g, VARIÉTÉS SÉLECTIONNÉES
7.99 ea.

Castello Havarti or Gouda Cheese
170 - 200 g, SELECTED VARIETIES
Fromage Castello Havarti ou gouda
170 - 200 g, VARIÉTÉS SÉLECTIONNÉES
7.99 ea.

Planters Nuts, Smartfood Popcorn or Miss Vickie's Chips
SELECTED SIZES SELECTED VARIETIES
Noix Planters, maïs soufflé Smartfood ou croustilles Miss Vickie's
FORMATS SÉLECTIONNÉS VARIÉTÉS SÉLECTIONNÉES
5.49 ea.

G.H. Cretors Popcorn or Cedar Valley Pita Chips 180 - 213 g
SELECTED VARIETIES
Maïs soufflé G.H. Cretors ou croustilles de pitas Cedar Valley 180 - 213 g
VARIÉTÉS SÉLECTIONNÉES
4.99 ea.

Neal Brothers Salsa or La Croix Sparkling Water
SELECTED SIZES SELECTED VARIETIES
Salsa Neal Brothers ou eau pétillante La Croix
FORMATS SÉLECTIONNÉS VARIÉTÉS SÉLECTIONNÉES
5.49 ea.

Dare Cookies or Crackers
SELECTED SIZES, SELECTED VARIETIES
Biscuits ou craquelins Dare
FORMATS SÉLECTIONNÉS VARIÉTÉS SÉLECTIONNÉES
3.49 ea.

Skittles or Dare Candy
SELECTED SIZES SELECTED VARIETIES
Bonbons Skittles ou Dare
FORMATS SÉLECTIONNÉS VARIÉTÉS SÉLECTIONNÉES
3.49 ea.

Activia Multi or Drinkable Yogourt
SELECTED SIZES SELECTED VARIETIES
Yogourt Activia en emb. multiple ou à boire
FORMATS SÉLECTIONNÉS VARIÉTÉS SÉLECTIONNÉES
6.99 ea.

Dr. Oetker Pizza or Eska Water
SELECTED SIZES SELECTED VARIETIES
Pizza Dr. Oetker ou eau de source Eska
FORMATS SÉLECTIONNÉS VARIÉTÉS SÉLECTIONNÉES
24 PACK
5.99 ea.

San Pellegrino or Maison Perrier Sparkling Water, Corona or Michelob Non-Alcoholic Beer
SELECTED SIZES, SELECTED VARIETIES
Eau pétillante San Pellegrino ou Maison Perrier, bière Corona ou Michelob désalcoolisée
FORMATS SÉLECTIONNÉS, VARIÉTÉS SÉLECTIONNÉES
10.99 ea.

Goldfish Crackers
SELECTED SIZES SELECTED VARIETIES WHILE QUANTITIES LAST
Craquelins Goldfish
FORMATS SÉLECTIONNÉS VARIÉTÉS SÉLECTIONNÉES TANT QU'IL Y EN AURA
2.99 ea.

Campbell's Broth
250 - 900 ml SELECTED VARIETIES
Bouillon Campbell's
250 - 900 ml VARIÉTÉS SÉLECTIONNÉES
1.99 ea.

Club House Seasoning or Sauce Mix
1 un., 21 - 47 g, SELECTED VARIETIES
Mélange Club House d'assaisonnements ou à sauce 1 un., 21 - 47 g
VARIÉTÉS SÉLECTIONNÉES
99¢ ea.

Strub's Pickles 1 L OR **Frank's Redhot Sauce** 354 ml
SELECTED VARIETIES
Cornichons Strub's 1 L OU **Sauce RedHot Frank's** 354 ML
VARIÉTÉS SÉLECTIONNÉES
4.49 ea.

Axe, Garnier, L'Oréal, Nivea or Softsoap Personal Care
SELECTED SIZES, SELECTED VARIETIES
Soins personnels Axe, Garnier, L'Oréal, Nivea ou Softsoap
FORMATS SÉLECTIONNÉS VARIÉTÉS SÉLECTIONNÉES
4.99 ea.

Handifoil Pans, Alcan Foil or Reynolds Parchment Paper
SELECTED SIZES SELECTED VARIETIES
Rôtissoires Handifoil, papier d'aluminium Alcan ou papier parchemin Reynolds
FORMATS SÉLECTIONNÉS VARIÉTÉS SÉLECTIONNÉES
3.99 ea.

Tide Simply Detergent, Downy Softener, Cascade, Charmin or Bounty
SELECTED SIZES SELECTED VARIETIES
Détergent Simply Tide, assouplissant Downy, Cascade, Charmin ou Bounty
FORMATS SÉLECTIONNÉS VARIÉTÉS SÉLECTIONNÉES
10.99 ea.

i earn with moi rewards

50 points
Minute Maid or Fruitopia Drinks, Peace Tea or Fuze Iced Tea Tetras
SELECTED SIZES, SELECTED VARIETIES
Boissons Minute Maid ou Fruitopia, thé glacé Peace Tea ou Fuze en emb. tétra
FORMATS SÉLECTIONNÉS, VARIÉTÉS SÉLECTIONNÉES
3.99 ea.

125 points value of $1 when you buy 2
Kraft Salad Dressing 425 ml
SELECTED VARIETIES
Vinaigrette Kraft 425 ml
VARIÉTÉS SÉLECTIONNÉES
3.99 ea.

We reserve the right to limit quantities.
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this week's deals:

Only until April 1, 2026, in-store or online

add your moi rewards coupons

375 points value of $3

NOW 16.99 ea. SAVE UP TO $6

22.99* ea.

BUTTERBALL BONELESS TURKEY BREAST ROAST
FROZEN, 1.2 kg
SELECTED VARIETIES

NOW 2.99 ea. SAVE UP TO $1.80

4.79* ea.

LECLERC COOKIES
SELECTED SIZES
SELECTED VARIETIES

NOW 5.99 ea. SAVE UP TO $2

7.99* ea.

IRRESISTIBLE CHOCOLATE COVERED ALMONDS
300 g
SELECTED VARIETIES

NOW 3.99 ea. SAVE UP TO $1

4.99* ea.

TAKIS
198 - 260 g
SELECTED VARIETIES

NOW 12.99 ea. SAVE UP TO $7

19.99* ea.

IRRESISTIBLES COFFEE CAPSULES
30 un
SELECTED VARIETIES

NOW 4.99 ea. SAVE UP TO $1.50

6.49* ea.

EARTH'S OWN CREAM
946 ml
SELECTED VARIETIES

LIMIT ONE REDEMPTION PER CUSTOMER

*Offer available only on the My Metro app with a moiID account. Limit of one coupon redemption with a moiID account, unless expressly stated otherwise in the terms of the offer. Offer coupon must be loaded at time of purchase. Available while supplies last. See app for full coupon details. *Price may vary at select locations.*

Easter

Scavenger Hunt

Join us in-store for sweet treats & fun on
Saturday, March 28 from 10am to 4pm.

Farm Fresh Produce

1.99 /lb — Large Sunkist Gold Oranges / Grosses oranges Sunkist Gold 2.20kg

5.99 4.99 ea. — Strawberries / Fraises 454g

1.69 /lb — Sweet Potatoes / Patates douces 2.27kg

2.99 /lb — Heirloom Tomatoes / Tomates variées 0.227kg

3.99 /lb — Red Clementines / Clémentines rouges Sunset Gold 1.361kg; Clementines Pink / Clémentines roses Cuties 1.361kg; Clementines / Clémentines Sunset Gold 1.361kg

1.99 /lb — Large Red Bell Peppers / Poivrons rouges 0.227kg; Bananas / Bananes 0.227kg

4.99 ea. — French Beans / Haricots verts 454g; Romaine Hearts / Cœurs de romaine 454g

3.49 ea. — Boston Lettuce / Laitue Boston 0.227kg; Lettuce Hearts / Cœurs de laitue 0.227kg

4.99 ea. — Black Mission Figs / Figues noires 0.227kg; Pineapple Mini / Ananas mini 0.907kg

5.99 /lb — Cotton Candy Grapes / Raisins cotton candy 0.227kg; Watermelon / Melon d'eau 12.27kg

99¢ /lb — Green Cabbage / Chou vert 2.18kg; Red Cabbage / Chou rouge 2.18kg; Bok Choy / Chou chinois 2.18kg

3.99 /lb — Avocado Spinach / Épinards à l'avocat 0.227kg; Chou de Bruxelles / Choux de Bruxelles 0.454kg

3.99 ea. — Goldenberries / Physalis 0.113kg; Cherries de Bonne / Cerises de Bonne 0.113kg

2.49 /lb — Large Bartlett Pears / Poires Bartlett grosses 0.454kg; Bosc Pears / Poires Bosc 0.454kg; Anjou Pears / Poires d'Anjou 0.454kg

3.99 ea. — Mini Cucumbers / Mini concombres 0.454kg; Mini Cucumbers / Mini concombres 0.454kg

2.49 /lb — Green Zucchini / Courgettes vertes 0.454kg; Courgettes vertes 0.454kg

7.99 ea. — Meyers Chocolate Covered Pretzels / Pretzels Meyers enrobés de chocolat au caramel 0.7kg

3.99 ea. — Sweet Extra Broccoli / Brocoli Sweet Extra 0.454kg

4.99 ea. — Cubed Sweet Potato Cubes Roasted Butternut Squash / Cubes de patates douces rôties Sunset Gold 0.454kg; Butternut Squash Cubes / Cubes de courge musquée coupée en dés 0.454kg

3.79 ea. — Bella Grande Mushrooms / Champignons Bella Grande 0.227kg; Portobello Cap Mushrooms / Champignons Portobello 0.227kg

5.99 ea. — Mandarins / Mandarines Sunset Gold 1.361kg; Mandarins / Mandarines Sunset Gold 1.361kg

5.99 ea. — Dunn's Salad Mix / Mélange de salade Dunn's 0.227kg; Romaine Hearts / Cœurs de romaine 0.454kg; Romaine Hearts / Cœurs de romaine 0.454kg; 70 REWARDS

2.99 ea. — Pineapple / Ananas 0.907kg; Avocados Hass / Avocats Hass 0.454kg; Avocados Hass / Avocats Hass 0.454kg; Avocados Hass / Avocats Hass 0.454kg; Green Beans / Haricots verts 0.454kg; Green Beans / Haricots verts 0.454kg

2.49 ea. — Coleslaw Cabbage / Chou à salade 0.907kg; Coleslaw Cabbage / Chou à salade 0.907kg; Coleslaw Cabbage / Chou à salade 0.907kg

Sliced & Diced

Prepared in Our Kitchen / Préparé à notre cuisine

9.99 ea. — Assortment Tray with Dip / Plateau assorti avec trempette 1.36kg; Fruit Tray with Chocolate Dip / Plateau de fruits avec trempette au chocolat 1.36kg; Fruit Tray / Plateau de fruits 0.454kg; Fruit Tray / Plateau de fruits 0.454kg

14.99 ea. — Family Platter / Plateau familial 1.361kg; Caesar Salad / Salade César 0.454kg; Fruit Tray / Plateau de fruits 0.454kg; Fruit Tray / Plateau de fruits 0.454kg; Fruit Tray / Plateau de fruits 0.454kg; Family Platter / Plateau familial 1.361kg; Fruit platter / Plateau de fruits 0.454kg

FAMILY SIZE

Organic

3 PK

2.99 lb — Organic Sweetness Mandarins / Mandarines Sweetness biologiques 0.227kg; Organic Sweetness Mandarins / Mandarines Sweetness biologiques 0.227kg

4.99 ea. — Organic Avocados / Avocats biologiques 0.454kg; Organic Avocados / Avocats biologiques 0.454kg; Organic Avocados / Avocats biologiques 0.454kg

6.99 ea. — Organic Sweet Potatoes / Patates douces biologiques 0.454kg; Organic Sweet Potatoes / Patates douces biologiques 0.454kg

5.99 ea. — Organic Yellow Fleshed or Russet Potatoes / Pommes de terre biologiques à chair jaune ou Russet 1.36kg; Organic Yellow Fleshed or Russet Potatoes / Pommes de terre biologiques à chair jaune ou Russet 1.36kg

22.99 ea. HYDRANGEA 6.5" POT ASSORTED COLOURS
14.99 ea. FLEURETTES 8" POT ASSORTED COLOURS
DISCOVER NEW
Beautiful blooms
pick Ontario
Add beauty to your Easter celebration with our fresh, colourful array of flowers, bulbs & more.
9.99 ea. SPRING BULBS 6" POT ASSORTED VARIETIES
14.99 ea. CALANDIVA HILBERT BUNNY 2.5" POT
26.99 ea. HYDRANGEA 6" WICKER BASKET 1 un
11.99 ea. CHRYSANTHEMUMS 6" POT ASSORTED COLOURS
NOVELTY CYCLAMEN 4" POT ASSORTED COLOURS
6.99 ea.
COMMERCIAL MUM SINGLE BLOOM 4.5" POT ASSORTED COLOURS
6.99 ea.
NOVELTY LILIES 6" POT ASSORTED VARIETIES AND COLOURS
9.99 ea.
9.99 ea. SINGLE BLOOM HYDRANGEA 4" POT ASSORTED COLOURS
ORCHID 3.5" POT ASSORTED COLOURS
16.99 ea.
EASTER LILIES 6" POT
9.99 ea.

UP TO

$60

OFF

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Shop Offer

*$20 off your first 3 online orders of $80 or more.
Certain conditions apply. Details on metro.ca

Our Butcher's Finest

250 Value of $3

2.99 /lb — Maple Leaf Natural Selects Free-Range Whole Chicken 1.36 kg–2.27 kg

12.88 /lb — Red Brand'Onyx Cuisse Ronde Rôtie Entière 100% Canadian AA 2.27 kg–2.72 kg

5.99 /lb — Boneless Pork Loin Chops Value Pack or Roast 1.36 kg–1.81 kg

33.99 /lb — Platinum Grill Angus Beef Tenderloin Steaks 1.36 kg

7.99 /lb — Maple Leaf Prime Raised without Antibiotics Fresh Split Chicken Wings 1.13 kg

5.99 /lb — Turkeyless Turkey Breast Stuffed with Stuffing 2.72 kg–3.18 kg

125 Value of $2

6.88 /lb — Fresh Boneless Lamb Leg Roast 1.36 kg

7.99 /lb — Fresh Lamb Boneless Cross Cut Shank 1.13 kg

12.99 /lb — Fresh Lamb Loin Chops Value Pack 1.13 kg

19.99 /lb — Fresh Boneless Lamb Rack 0.45 kg–0.90 kg

I earn with moi rewards

5.99 ea. (125 Value of $2) — Schneiders Breakfast Sausages or Links 250 g–375 g

6.99 (80) — Maple Leaf Sausage Meat 454 g

7.99 ea. (90) — Hot Pockets 2 pk

5.99 ea. (70) — Irresistible Pizza 375 g–454 g

4.99 /lb (125 Value of $2) — Fleischer's Bacon 375 g

8.99 ea. (125 Value of $2) — Montana's Pizza Pizza or Pizza Pizza Crust 24 oz–32 oz

12.99 ea. (125 Value of $2) — Kitchen Bridge Mini Pizza 454 g

19.99 ea. (250 Value of $3) — Sandwiches Kathy Pratt Organic Chicken Breast 2 pk

Entertaining Favourites

5.99 ea. — Delicious Wings 1 lb–1.5 lb

5.99 ea. — Ultimate Cocktail Shrimp 454 g–680 g

6.99 ea. — Schneiders Sausages 375 g–454 g

12.99 ea. — Irresistible Garlic Bread Trio 454 g–567 g

9.99 ea. — Fresh Whole Chicken 1.36 kg–1.81 kg

9.99 ea. — Mini Angela Puff Pastry Hors d'oeuvres Assorted 454 g

12.99 ea. — Schneiders Dips 175 g

15.99 ea. — Maple Leaf Prime Raised without Antibiotics Chicken Wings 1.13 kg

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Shrimply the best

Get appy with our Irrésistible selection of shrimp.

IRRESISTIBLE BACON-WRAPPED SCALLOP MEDALLION
FROZEN, 200 g

8.99 ea.

IRRESISTIBLE SHRIMP BURRITOS
FROZEN, 240 g

7.99 ea.

Shop these and more in-store or online

IRRESISTIBLE BANG BANG SHRIMP
FROZEN, 340 g

8.99 ea.

IRRESISTIBLE TORPEDO SHRIMP
FROZEN, 284 g

8.99 ea.

7.99 ea. **IRRESISTIBLES PACIFIC WHITE SHRIMP RING**
FROZEN, 284 g

8.99 ea. **IRRESISTIBLE WILD ARGENTINIAN SHRIMP RING**
FROZEN, 250 g

19.99 ea. **IRRESISTIBLES PACIFIC WHITE JUMBO COOKED SHRIMP WITH SAUCE**
FROZEN, 21 - 25 SIZE
600 g

Seafood

Deli Favourites

metro.ca

Love cheese?

Cheese connoisseurs will enjoy our vast selection – tasty on their own or as part of charcuterie boards & party platters.

MONSTERBRIE ARTISAN SOFT CHEESE 125 g
5.99 ea.

7.49 ea. BOIS-NOIR® CHEESE 200 g
SELECTED VARIETIES

9.99 ea. ZIGNO MOZZARELLA 125 g
SELECTED VARIETIES

CHAMBÉ CASTLE CRANBERRY BOUCHÉE BRIE
BELLE DE FROMAGES CANADA
5.49 700 g

2 for
22.00 16.50 ea. BELLA CIOARA BURRATA CHEESE 250 g

14.99 ea. TRE STELLE MASCARPONE CHEESE 454 g

6.99 ea. PROSCIUTTO OR BALSAMICOS BRUSCHETTA CHEESE 100 g SELECTED VARIETIES

17.99 ea. MONSTERBRIE BRIE 500 g

BALSAMICOS CHEESEAU
BELLE DE FROMAGES
SELECTED VARIETIES
5 OR FEWER & UNDER FOR BUY
LESS THAN 500 g

BUY MORE SAVE MORE!
3.29 /100 g

PARMIGIANO REGGIANO
BELLE DE FROMAGES
5, 10 OR 15 g UNDER FOR BUY
LESS THAN 500 g

BUY MORE SAVE MORE!
3.59 /100 g

JUBI CHEDDAR CHEESE
BELLE DE FROMAGES
SELECTED VARIETIES
5 OR FEWER & UNDER FOR BUY
LESS THAN 500 g

BUY MORE SAVE MORE!
4.59 /100 g

L'EXTRA DOUBLE CRÈME BRIE
BELLE DE FROMAGES
SELECTED VARIETIES
5 OR FEWER & UNDER FOR BUY
LESS THAN 500 g

BUY MORE SAVE MORE!
4.79 /100 g

OKA

4.99 /100 g OKA CHEESE
SELECTED VARIETIES
OR 10.99

10.99 ea. OKA CHEESE
SELECTED VARIETIES
OR 4.99 /100 g

Elevate your plate

Take your Easter table to the next flavour level with a mix of gourmet breads, sides, starters & main dishes.

FRONT STREET BAKERY

MADE WITH 15 LB CHEESE

FRONT STREET BAKERY EXTRA CHEDDAR CHEESE BREAD 500 g

7.49 EA.

Choose from a fine selection of Artisanal breads *baked in my metro.*

FRONT STREET BAKERY BAGUETTES 400 g

SELECTED VARIETIES

3.99 EA.

FRONT STREET BAKERY ITALIAN/AMERICAN BREAD 400 g

4.69 EA.

AVAILABLE AT MY METRO

FRONT STREET BAKERY COLLAMBER BREAD 500 g

4.59 EA.

FRONT STREET BAKERY GARLIC LOAF 400 g

4.69 EA.

BAKED FRESH & GO

FRESH 2 LB BAKED FRENCH HAM WITH PARISIENNE POTATOES

19.99 EA.

FRESH 2 LB ROASTED PORCHETTA WITH MIXED PEPPERS

1 kg

DELI SERVED, SERVED HOT

24.99 EA.

FRESH 2 LB LASAGNA

1 kg

SERVED HOT

25.00 EA.

PREMIERE MOISSON SOUPS 500 ml

SELECTED VARIETIES

6.99 EA.

SUMMER SUMMER MINI CR SPRING ROLLS 200 g / 8 pcs

SELECTED VARIETIES

4.99 EA.

70 CENTS OFF

D'STELLE MIXE FRESH PASTA 500 g

SELECTED VARIETIES

5.29 EA.

50 CENTS OFF

D'STELLE MIXE PASTA SAUCE 500 ml

SELECTED VARIETIES

3.99 EA.

SAIRE GUACAMOLE CLASSIC OR SPICY 180 g

4.99 EA.

GARDEN FRESH TORTILLA CHIPS, SALSA OR DIPS OR CHIPS & POTATOES 397-400 g / 473 ml

SELECTED VARIETIES

5.99 EA.

SUMMER FRESH CLASSIC DIP 454 g

SELECTED VARIETIES

10.99 EA.

FRESH 2 LB TORTILLA CHIPS 1 kg

SELECTED VARIETIES

5.00 EA.

Lemon Treats

Front Street Bakery Lemon Meringue Pie 9 in

Tarte Front Street Bakery au citron meringuée 23 cm

6.99 ea.

Front Street Bakery Lemon Parfaits 2 x 170 g

Parfaits au citron Front Street Bakery 2 x 170 g

5.99 ea.

Front Street Bakery Lemon Danish 4 x 113 g

Danoises Front Street Bakery au citron 4 x 113 g

21.99 ea.

La Pâtisserie Front Street Lemon Cheesecake 1.4 kg

Cheesecake au citron La Pâtisserie Front Street 1,4 kg

10.99 ea.

Irresistible Lemon Sugar Swirl Coffee Cake 1 kg

Gâteau pour café Irresistible au citron et à grains de sucre 1 kg

Irresistible Lemon Dessert Squares 12 x 75 g

Carrés Irresistible au citron pour le dessert 12 x 75 g

7.99 ea.

Dr Kipling Lemon Snack Cakes 6 x 42 g

Petits gâteaux Dr Kipling au citron 6 x 42 g

3.69 ea.

Strawberry Delights

Front Street Bakery Triple Strawberry Cake 1.4 kg

Gâteau aux trois fraises Front Street Bakery 1,4 kg

22.99 ea.

Front Street Bakery Triple Strawberry Mousse Cake 1.4 kg

Gâteau mousse aux trois fraises Front Street Bakery 1,4 kg

22.99 ea.

Front Street Bakery Strawberry Cheesecake 1.4 kg

Cheesecake aux fraises Front Street Bakery 1,4 kg

31.99 ea.

Front Street Bakery Strawberry Shortcake 1.4 kg

Gâteau aux fraises Front Street Bakery 1,4 kg

22.99 ea.

Carbonaut Bread 454 g

Pain Carbonaut 454 g

Pain Carbonaut

8.49 ea.

NEW

Lightlife Plant Based Protein Burgers 2 x 113 g

Protéine végétale Lightlife 2 x 113 g

5.99 ea.

Sourdough Bread 454 g

Pain Sourdough 454 g

Pain Sourdough

4.99 ea.

La Fournée Dorée Brioche Sliced Bread 675 g

Pain brioché tranché La Fournée dorée 675 g

5.99 ea.

Meal Essentials

Uncle Ben's Original Rice 2 x 1 kg

Riz Ben's Original 2 x 1 kg

1.99 ea.

Uncle Ben's Original Rice 2 x 1 kg

Riz Ben's Original 2 x 1 kg

1.99 ea.

Green Giant Canned Vegetables 341 ml

Légumes Green Giant en conserve 341 ml

5.49 ea.

Heinz Tomato Ketchup 1.25 L

Ketchup Heinz 1,25 L

2.49 ea.

Green Giant Canned Mushrooms 284 ml

Champignons Green Giant en conserve 284 ml

5.99 ea.

Kraft's Mustard 500 ml

Moutarde Kraft's 500 ml

1.99 ea.

Mustard Prepared 500 g

Moutarde préparée 500 g

2.99 ea.

Heinz Pork and Beans Pork in Tomato Sauce 398 ml

Ragoût de porc et haricots Heinz 398 ml

Heinz Pork and Beans Pork in Tomato Sauce 398 ml

Ragoût de porc et haricots Heinz 398 ml

Snapper grains à cuisiner Mortarat 2 x 540 ml

Grains de Snapper à cuisiner Mortarat 2 x 540 ml

1.49 ea.

Green Giant Canned Mushrooms 284 ml

Champignons Green Giant en conserve 284 ml

5.49 ea.

Cole House Salsa or Cocktail Sauce 2 x 473 ml

Salsa ou sauce cocktail Cole House 2 x 473 ml

9.99 ea.

Rao's Pasta Sauce 650 ml

Sauce pour pâtes Rao's 650 ml

3.99 ea.

Eggo Waffles 2 x 291 g

Gaufres Eggo 2 x 291 g

6.99 ea.

Irresistible Frozen Meals 2 x 340 g

Repas surgelés Irresistible 2 x 340 g

4.99 ea.

Rao's Frozen Meals 2 x 340 g

Repas surgelés Rao's 2 x 340 g

9.99 ea.

Michelina's Frozen Entrées 2 x 340 g

Repas Michelina's 2 x 340 g

3.99 ea.

Michelina's Frozen Entrées 2 x 340 g

Repas Michelina's 2 x 340 g

5.99 ea.

Prep for your feast

Hosting's easy with our delicious variety of apps, main events & sweet desserts.

FRESH 2 GO SNACK OR ANTIPASTO TRAY
450 - 700 g
SELECTED VARIETIES
15.00 ea.

made in my metro

FAMILY SIZE

FAMILY SIZE SALADS
466 - 692 g
SELECTED VARIETIES
10.99 ea.

SEAFOOD BOIL
FROZEN, 2.43/100 g
10.99 /lb

made in my metro

STORE-MADE DIPS
200 - 500 g
5.99 ea.

STORE-MADE JUMBO SHRIMP WITH SAUCE
PREVIOUSLY FROZEN
26 - 30 SIZE, 2.21/100 g
9.99 /lb

FRONT STREET BAKERY GOURMET COOKIE TRAY
665 - 710 g
SELECTED VARIETIES
9.99 ea.

Catering tray orders require 48 hours notice.

FRESH 2 GO SMOKED PLANK, BURRATA PLATTER OR ARTISANAL MEAT PLATTER
1 un
ORDER IN-STORE OR ONLINE
44.99 ea.

FRESH 2 GO MINI BURRATA TEAR & SHARE TRAY, BAKE IT BRIE TRAY OR VELVET GRAZING CHARCUTERIE
1 un
ORDER IN-STORE OR ONLINE
29.99 ea.

FRESH 2 GO MINI CHARCUTERIE TRAYS
1 un
ORDER IN-STORE OR ONLINE
29.99 ea.

FRESH 2 GO AROUND THE WORLD CHEESE PLANK
1.15 kg
49.99 ea.

IRRESISTIBLES ARTISAN HALF MOON SMOKED HAM
13.21/kg
5.99 /lb

MAPLE LEAF OR SCHNEIDERS SMOKED HAM
600 - 700 g
SELECTED VARIETIES
11.99 ea.

1.4 KG

SELECTION BONELESS SMOKED HAM
1.4 kg
13.99 ea.

metro FRESH 2 GO

We have your catering covered.

*Minimum of 48 hours notice on all orders.

Place Your Catering Order Today

Online
fresh2go.metro.ca

In Store
Visit Our Deli

All the essentials

Complete your Easter menu with our selection of tasty must-haves.

1.99 ea. STOVE TOP STUFFING 100 g SELECTION VARIETIES

1.99 ea. CLOVER LEAF SMOKED MUSSELS OR OYSTERS 85 g SELECTION VARIETIES

99¢ ea. CLUB HOUSE OR FRANCE'S GARLIC BREAD 340 g – 425 g SELECTION VARIETIES

2.79 ea. DOLE CANNED PINEAPPLE 227 g SELECTION VARIETIES

6.49 ea. BICK'S PICKLES 1 L SELECTION VARIETIES

2.99 ea. FRENCH'S DIJON MUSTARD 325 ml SELECTION VARIETIES

4.49 ea. SARDO OLIVES 375 ml SELECTION VARIETIES

4.99 ea. KELLOGG'S RICE KRISPIES CEREAL 340 g WHILE QUANTITIES LAST

5.49 ea. UNBISCUITRUS ORANGE CRACKERS 300 g SELECTION VARIETIES

4.99 ea. MOMMY COOKIES GLUTEN CONTROL 300 g SELECTION VARIETIES WHILE QUANTITIES LAST

2.99 ea. PLANTERS TRAIL MIX 181 g SELECTION VARIETIES

14.99 ea. TIM HORTONS GROUND COFFEE 1.36 kg SELECTION VARIETIES

7.49 ea. OCEAN SPRAY SUNSWEET CRANBERRY DRINKS 6 x 200 ml SELECTION VARIETIES

8.49 ea. INVITATIONS ALCOHOL-FREE WINE 750 ml SELECTION VARIETIES

2.99 ea. SELECTION SOUR CREAM 500 ml SELECTION VARIETIES

2.79 ea. CLEARLY CONVENIENT SPARKLING WATER 375 ml SELECTION VARIETIES

3.99 ea. ROLLS BUTTER OR ALL PURPOSE FLOUR 2 kg SELECTION VARIETIES

2.99 ea. REDPATH BROWN SUGAR 2 kg SELECTION VARIETIES

4.99 ea. LAIT GRAS WHIPPED TOPPING 454 g SELECTION VARIETIES

2.99 ea. SELECTION SHREDDED COCONUT 340 g SELECTION VARIETIES

More Great Savings

19.99 ea.
Timothy's Coffee Capsules 30 un. SELECTED VARIETIES
Café Timothy's en capsules 30 un. VARIÉTÉS SÉLECTIONNÉES

6.49 ea.
McCafé Instant Coffee 100 g SELECTED VARIETIES
Café instantané McCafé 100 g VARIÉTÉS SÉLECTIONNÉES

8.99 ea.
Tetley Tea Bags 40 - 48 un. SELECTED VARIETIES
Thé Tetley en sachets 40 - 48 un. VARIÉTÉS SÉLECTIONNÉES

5.99 ea.
St-Dalfour Spread 225 ml SELECTED VARIETIES
Tartinade St-Dalfour 225 ml VARIÉTÉS SÉLECTIONNÉES

5.69 ea.
Whole Earth Plant-Based Liquid Sweetener 48 ml SELECTED VARIETIES
Édulcorant liquide Whole Earth à base de plantes 48 ml VARIÉTÉS SÉLECTIONNÉES

5.49 ea.
Tropicana Refrigerated Drinks SELECTED SIZES SELECTED VARIETIES
Boissons réfrigérées Tropicana FORMATS SÉLECTIONNÉS VARIÉTÉS SÉLECTIONNÉES

5.49 ea. 30 points
Irresistible Assortment Crackers 250 g
Assortiment de craquelins Irrésistible 250 g

2.99 ea. 15 points
Irresistible Water Crackers 125 g
Craquelins à l'eau Irrésistible 125 g

1.99 ea. 60 points when you buy 2
Irresistible Chips 150 g SELECTED VARIETIES
Croustilles Irrésistible 150 g VARIÉTÉS SÉLECTIONNÉES

4.99 ea.
Ocean Spray Cranberry Juice or Cocktails 1.77 - 1.89 L, SELECTED VARIETIES
Jus ou cocktails de canneberges Ocean Spray 1.77 - 1.89 L VARIÉTÉS SÉLECTIONNÉES

6.49 ea. 80 points
Mars M&M's or Maltesers 155 - 170 g SELECTED VARIETIES
Mars M&M's ou Maltesers 155 - 170 g VARIÉTÉS SÉLECTIONNÉES

11.99 ea. 125 points
Lindt Swiss Classic Chocolate Bar 300 g SELECTED VARIETIES
Tablette de chocolat Swiss Classic Lindt 300 g VARIÉTÉS SÉLECTIONNÉES

11.99 ea.
Peroni or Asahi Non-Alcoholic Beer 6 X 330 ml, SELECTED VARIETIES
Bière désalcoolisée Peroni ou Asahi 6 X 330 ml, VARIÉTÉS SÉLECTIONNÉES

12.49 ea. 125 points value of $1
Busch Non-Alcoholic Beer 12 X 355 ml
Bière Busch désalcoolisée 12 X 355 ml

8.99 ea.
Muskoka Brewery Veer Non-Alcoholic Beer 4 X 355 ml, SELECTED VARIETIES
Bière désalcoolisée Veer Muskoka Brewery 4 X 355 ml, VARIÉTÉS SÉLECTIONNÉES

2.99 ea.
Barrfly Non-Alcoholic Beverage 355 ml SELECTED VARIETIES
Boisson Barrfly non alcoolisée 355 ml VARIÉTÉS SÉLECTIONNÉES

LOW PRICE EVERY DAY
4.99 ea.
Selection Peanuts 700 - 750 g, SELECTED VARIETIES
Arachides Selection 700 - 750 g, VARIÉTÉS SÉLECTIONNÉES

8.99 ea.
Maison Perrier Sparkling Water 8 X 330 ml, SELECTED VARIETIES
Eau pétillante Maison Perrier 8 X 330 ml, VARIÉTÉS SÉLECTIONNÉES

Generous by nature
Natrel

6.99 ea.
NATREL COFFEE CREAMER 1 L SELECTED VARIETIES

5.99 ea.
NATREL FINE-FILTERED MILK 2 L SELECTED VARIETIES

— MAKE — HOSTING Delicious

2.99 ea.
RITZ CRACKERS SELECTED SIZES SELECTED VARIETIES

3.99 ea.
CRISPERS OR BITS & BITES SNACKS 145 g SELECTED VARIETIES WHILE QUANTITIES LAST

3.99 ea.
CADBURY CHOCOLATE BARS SELECTED SIZES SELECTED VARIETIES

Unilever

4.99 ea.
HELLMANN'S MAYONNAISE 340 - 445 ml SELECTED VARIETIES

6.99 ea.
HELLMANN'S MAYONNAISE 710 - 890 ml SELECTED VARIETIES

100 points when you buy any 2 Hellmann's participating products

WIN* Canada Soccer Team VIP Experience

to participate
1. buy 2 Hellmann's participating products
2. use your moi rewards card at checkout
3. you're automatically entered

kinder.

Free 1x Kinder® Surprise® 3-pack Egg 60g with the purchase of any 2 Kinder® Easter items.

6.49 ea.
FERRERO KINDER EASTER EGG CHOCOLATE 100 g SELECTED VARIETIES WHILE QUANTITIES LAST

12.99 ea.
KINDER MAXI CHOCOLATE 150 g SELECTED VARIETIES WHILE QUANTITIES LAST

13.99 ea.
KINDER EASTER PLUSH EASTER CHOCOLATE SELECTED SIZES SELECTED VARIETIES WHILE QUANTITIES LAST

Your one-hop shop

Metro has all your favourite Easter sweets & treats – hop to it!

WHILE QUANTITIES LAST

Shop these and more in-store or online

13.99 ea. FERRERO ROCHER EASTER CHOCOLATES
10 - 16.7 g
SELECTED VARIETIES

4.99 ea. TERRY'S ORANGE EASTER CHOCOLATE
200 g
SELECTED VARIETIES

8.49 ea. FERRERO EASTER CHOCOLATES
100 g
SELECTED VARIETIES

2.99 ea. PEEPS EASTER CANDY
142 g
SELECTED VARIETIES

1.79 ea. SELECTION MILK CHOCOLATE RABBIT
100 g
SELECTED VARIETIES

5.49 ea. REESE'S CARROT EASTER CHOCOLATE
170 g
SELECTED VARIETIES

5.49 ea. HERSHEY'S EASTER CHOCOLATE
200 g
SELECTED VARIETIES

4.49 ea. MINI CHOCOLATES MINI EGGS
100 g
SELECTED VARIETIES

4.49 ea. HERSHEY'S SOUR PATCH KIDS EASTER CANDY
142 g
SELECTED VARIETIES

4.49 ea. CADBURY DAIRY MILK EASTER CHOCOLATE
90 g
SELECTED VARIETIES

9.99 ea. CADBURY MINI EGGS CHOCOLATE
400 g
SELECTED VARIETIES

6.49 ea. CADBURY MINI CHOCOLATE MEME EGGS CHOCOLATE
90 g
SELECTED VARIETIES

3.99 ea. CADBURY CREME EGGS CHOCOLATE
50 g
SELECTED VARIETIES

1.29 ea. AERO OR KIT KAT EASTER CHOCOLATE
SELECTED VARIETIES

10.99 ea. GHIRARDELLI EASTER CHOCOLATE
170 g
SELECTED VARIETIES

6.49 ea. FERRERO KINDER EASTER EGG CHOCOLATE
100 g
SELECTED VARIETIES

2.99 ea. FERRERO KINDER EASTER CHOCOLATE
100 g
SELECTED VARIETIES

20.99 ea. NESTLÉ MINI MIX EGGS EASTER CHOCOLATE
1 kg
SELECTED VARIETIES

10.49 ea. HERSHEY'S EASTER EGG HUNT CHOCOLATE
204 g
SELECTED VARIETIES

13.99 ea. FERRERO EASTER SET OR PLUSH CHOCOLATE
70 - 90 g
SELECTED VARIETIES

Organic

Kashi Cereal 325 g/ 11.5 oz. Crackers Kashi 180 g/ 6.3 oz. 5.99 ea.

Lakewood Jam 250 g/ 8.8 oz. Jar Lakewood Jam 250 g/ 8.8 oz. 10.99 ea.

Fuel for the Whole Family

Flourish Pancakes 250 g/ 8.8 oz. Flourish Waffles 250 g/ 8.8 oz. Flourish Pancakes 250 g/ 8.8 oz. 10.99 ea.

FRIDAY CANADIAN

Gluten Free

La Tortilla Factory Tortillas 300 g/ 10.6 oz. La Tortilla Factory Tortillas 300 g/ 10.6 oz. La Tortilla Factory Tortillas 300 g/ 10.6 oz. 7.49 ea.

Harvest Snaps Pretzel Crisps 90 g/ 3.2 oz. 3.49 ea.

Nonna Pia's Balsamic Vinegar 500 ml/ 16.9 fl. oz. Vinegar Spiceologist 500 ml/ 16.9 fl. oz. 8.49 ea.

Enjoy Life Chocolate Chips 340 g/ 12 oz. Enjoy Life Chocolate Chips 340 g/ 12 oz. 8.49 ea.

Non-GMO

Crank Coffee 454 g/ 16 oz. Black Coffee 454 g/ 16 oz. Cold Coffee 454 g/ 16 oz. 16.49 ea.

Angel's Popcorn 125 g/ 4.4 oz. Boom Chicka Pop Popcorn 125 g/ 4.4 oz. Mini-waffle Bagels 280 g/ 9.9 oz. 3.99 ea.

Lite Organic Maple Syrup 250 ml/ 8.5 fl. oz. Syrup d'érable Biologique 250 ml/ 8.5 fl. oz. 5.49 ea.

Made Good Granola Bars 24 g/ 0.85 oz. 3.99 ea.

Zevia Energy Drinks 355 ml/ 12 fl. oz. Boissons énergisantes 355 ml/ 12 fl. oz. 3.99 ea.

Eat Lyi Beverages 355 ml/ 12 fl. oz. Boissons 355 ml/ 12 fl. oz. 5.49 ea.

SIMPLY ORGANIC VANILLA EXTRACT 118 ml/ 4 fl. oz. 21.99 ea.

SIMPLY ORGANIC CINNAMON 76 g/ 2.7 oz. 7.99 ea.

Baby & Beauty

Gerber Baby Cereal 227 g/ 8 oz. Céréales pour bébés 227 g/ 8 oz. 5.99 ea.

Nestlé Nido Baby Milk 900 g/ 31.7 oz. Préparation pour nourrissons 900 g/ 31.7 oz. 28.99 ea.

Pampers Sensitive Baby Wipes 56 x 4 Lingettes Pampers Sensitive pour bébés 56 x 4 14.99 ea.

Huggies Baby Wipes 56 x 4 Lingettes Huggies pour bébés 56 x 4 31.99 ea.

Aveeno Body Lotion 354 ml/ 12 fl. oz. Lotion Aveeno pour le corps 354 ml/ 12 fl. oz. 12.99 ea.

Tampons Tampons 32 Tampons Sanitary Napkins 32 ea. Serviettes hygiéniques 32 ea. 5.99 ea.

WINNERS CHOOSE

ENCORE ENCORE ENCORE

LEVEL UP YOUR TICKET FOR ONLY AN EXTRA $1

Active 18+ years of age to play. Play Smart.

Household Helpers

SOS Cleaning Pads 8 ea. 3.99 ea.

Downy Softener 1.65 L/ 55.8 fl. oz. Downy Softener 1.65 L/ 55.8 fl. oz. Downy Softener 1.65 L/ 55.8 fl. oz. Chlorophyll Liquid Detergent Concentrate 1.65 L/ 55.8 fl. oz. 10.99 ea.

GLAD Garbage Bags 30 ea. 12.99 ea.

Don't Get Mad. Get GLAD

Find Glad Wins at Metro

WIN 1 OF 3 $10,000 VIP TRIPS

STANLEY CUP FINAL

PLUS DAILY PRIZES OF GIFT CARDS & MORE!

Cashmere Bathroom Tissue 125 ea. 8.99 ea.

Cashmere Bathroom Tissue, Kleenex Ultra Soft Facial Tissue, Scott Toilet Tissue

Active 18+ years of age to play. Play Smart.

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FLAVOURS OF

Vaisakhi

CELEBRATE THE NEW YEAR SPRING HARVEST FESTIVAL

9.99 ea. — MAHARAJAH GOLD, MOON OR LA GOLLA BASMATI RICE 5 kg, INDIAN DELICACIES RICE 4.54 kg, SELECTED VARIETIES

21.99 ea. — LA ROCCA MASCARPONE MANGO MOUSSE CAKE 600 g

1.99 ea. — MONET LEGUMES MANGUES PRODUCT OF MEXICO

3.99 ea. — SANSOM SPICED SEA SALT CASHEWS 100 g, SELECTED VARIETIES

9.99 ea. — SAFFORITY VEGETABLE OR CANOLA OIL 2 L, SELECTED VARIETIES

16.99 ea. — GERBERA BOUQUET ASSORTED COLOURS

7.99 ea. — GOLLA MOON OR MAHARAJAH GOLD BASMATI RICE 2 kg, SELECTED VARIETIES

13.99 ea. — BRAR'S GHEE 907 g

1.69 ea. — CEDAR CANNED BEANS 540 ml, SELECTED VARIETIES

3.49 ea. — MOUTARDE MARPLES OR MAGGI SAUCES 250 ml – 325 ml, SELECTED VARIETIES

8.99 ea. — ALA CARTE OR CEDAR TAHINI OR CANADIAN HONEY 250 – 500 g, SELECTED VARIETIES

1.99 ea. — DEVIL'S DELIGHT OR PARATHAS 350 – 450 g, SELECTED VARIETIES

2.49 ea. — DANS DANS, PROVINCIAL OR CEDAR YOGURT 500 – 650 g, SELECTED VARIETIES

3.99 ea. — DEVIL'S CHOICE OR DEVIL'S PALE ALE 6 x 341 ml, SELECTED VARIETIES

2.49 ea. — CORDO BRANDS, DEVIL'S ROASTED CHANA, CORDO OR DEVIL'S MANGO SALSA 200 – 400 g, SELECTED VARIETIES

3.99 ea. — PUDGE'S CURRIED SAUCE 400 ml, SELECTED VARIETIES

3.99 ea. — CHARLIE'S LOW-SODIUM BUTTER COOKIES 200 g

99¢ ea. — DEVIL'S CHANA 540 g, SELECTED VARIETIES

1.67 ea. — NATIONAL SPICE MIXES OR SAUCE 50 – 200 g, SELECTED VARIETIES

3.49 ea. — DEVIL'S PICKLED CONDIMENTS OR DEVIL'S CHANA 500 – 750 g, SELECTED VARIETIES

99¢ ea. — PARLE-G OR LU COOKIES 200 – 400 g, SELECTED VARIETIES

Item availability varies by store

LOCALLY SOURCED ONTARIO

We take pride in sourcing locally from the **Eastern Ontario Region.**

RINAG SAMOSAS
185 - 255 g
SELECTED VARIETIES
5.99 ea.

L'ORIGNAL HAM
13.21 /kg
SELECTED VARIETIES
5.99 /lb

ST. ALBERT CHEESE CURDS
200 g
SELECTED VARIETIES
6.49 ea.

NANNY HUDSON KETCHUP OR RELISH
375 ml
6.99 ea.

QUINTA CANADIAN QUINOA
400 g
6.99 ea.

LAVIOLETTE EGGS
18 PACK
5.99 ea.

Effective March 26 - April 22, 2026

BRING HOME THE BELL

TACO BELL

NEW FLAVOURS OF DIPS AND SHELLS!

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5.49 ea.
TACO BELL
DIPS
425 - 445 g
SELECTED VARIETIES

3.99 ea.
TACO BELL
SEASONED SHELLS
137 g
SELECTED VARIETIES