

# food Basics

CANADIAN AND PROUD

## ALWAYS MORE FOR LESS



**EXTRA LARGE**

**EASTER SAVINGS**

**1.88** /LB

GREEN OR RED SEEDLESS GRAPES  
PRODUCT OF SOUTH AFRICA AND/OR PERU, NO. 1 GRADE  
4.14/KG

**HALAL AT SAME PRICE**

**EASTER SAVINGS**

**4.98** /LB

PRIME OR MINA HALAL FRESH BONELESS SKINLESS CHICKEN BREAST FAMILY PACK  
AIR CHILLED  
WHILE QUANTITIES LAST  
10.98/KG

**EASTER SAVINGS**

**1.48** EACH

RUSSET POTATOES  
PRODUCT OF PRINCE EDWARD ISLAND, CANADA NO. 1 GRADE 5 LB  
CARROTS  
PRODUCT OF ONTARIO, CANADA NO. 1 GRADE 2 LB  
YELLOW ONIONS  
PRODUCT OF ONTARIO, CANADA NO. 1 GRADE 2 LB

**FRESH**

**EASTER SAVINGS**

**5.48** /LB

NEW ZEALAND SPRING LAMB  
NEW ZEALAND FRESH LAMB LEG  
WHILE QUANTITIES LAST  
12.08/KG

**EASTER SAVINGS**

**2.88** EACH

CAULIFLOWER  
PRODUCT OF U.S.A.  
NO. 1 GRADE 1

**EASTER SAVINGS**

**3.28** EACH

SELECTION BACON  
375 G  
SELECTED VARIETIES

**18 PACK**

**EASTER SAVINGS**

**4.44** EACH

SELECTION LARGE EGGS  
18'S  
SELECTED VARIETIES

**WOW**

**EASTER SAVINGS**

**4.97** EACH

SELECTION BUTTER  
504 G  
SELECTED VARIETIES

# HAPPY EASTER

GET READY TO SAVE! GREAT PRICES START ON THURSDAY, MARCH 26<sup>TH</sup> TO WEDNESDAY, APRIL 1<sup>ST</sup>, 2026

To view local store flyer, visit [foodbasics.ca](http://foodbasics.ca), where you can create an account (or sign into your account) and select your preferred location.



NESTLÉ  
KIT KAT  
EASTER BUNNY  
85 G  
SELECTED VARIETIES  
WHILE QUANTITIES LAST

EASTER SAVINGS

**349**  
EACH



EASTER SAVINGS

**699**  
EACH

LINDT GOLD EASTER BUNNY  
100 G  
SELECTED VARIETIES  
WHILE QUANTITIES LAST

IRRÉSISTIBLE MILK  
CHOCOLATE MINI EGGS  
800 G  
SELECTED VARIETIES  
WHILE QUANTITIES LAST

EASTER SAVINGS

**1499**  
EACH

800 G



**125**  
points  
value of \$1



CADBURY  
MINI EGGS  
87.5 G  
SELECTED VARIETIES  
WHILE QUANTITIES LAST

EASTER SAVINGS

**1799**  
EACH

SELECTION OR  
LIFE SMART  
DELUXE  
MIXED NUTS OR  
CASHEWS  
1.13 KG  
SELECTED VARIETIES

EASTER SAVINGS

**1999**  
EACH



EASTER SAVINGS

**999**  
/LB



COHO SALMON FILLET  
PREVIOUSLY FROZEN  
SELECTED VARIETIES  
22.02/KG



EASTER SAVINGS

**299**  
EACH

ANCHOR'S BAY BASA FISH FILLETS  
400 G FROZEN SELECTED VARIETIES



IRRÉSISTIBLE BANG BANG SHRIMP OR  
SHRIMP GYOZA  
340 - 400 G FROZEN SELECTED VARIETIES

EASTER SAVINGS

**799**  
EACH



OCEAN JEWEL  
RAW ARGENTINIAN  
SHRIMP  
11 - 15 CT  
854 G  
FROZEN  
SELECTED VARIETIES

EASTER SAVINGS

**1099**  
EACH

EASTER SAVINGS

**1699**  
EACH



**125**  
points  
value of \$1

IRRÉSISTIBLE LARGE SHRIMP RING  
WITH SAUCE  
600 G FROZEN SELECTED VARIETIES

# EASTER FAVOURITES FOR LESS

**Brandt**  
KOLBASSA  
250g

**boursin**  
All of French heritage  
Gourmet Fine Herbs  
250g

MASTRO OR SAN DANIELE SLICED DELI MEAT OR BOURSIN CHEESE OR IRRESISTIBLES GOAT CHEESE OR BRANDT KOLBASSA  
100-2X 150-G SELECTED VARIETIES

**EASTER SAVINGS**  
**4.49**  
EACH

**Irresistible**

IRRESISTIBLE SMOKED SPIRAL HAM  
SELECTED VARIETIES  
WHILE QUANTITIES LAST  
8.55/KG

**EASTER SAVINGS**  
**3.88**  
/LB

**EASTER SAVINGS**  
**5.99**  
EACH

**125 points**  
value of \$1

**Irresistible**  
APPLE PIE - TARTE POMMES  
750 G - 1 KG SELECTED VARIETIES

TROPICAL GOLD PINEAPPLE  
PRODUCT OF COSTA RICA  
CANTALOUPE  
PRODUCT OF GUATEMALA OR HONDURAS  
NO. 1 GRADE

**EASTER SAVINGS**  
**2.88**  
EACH

CRAVE OR KRAFT DINNER MEALS  
200-300G  
McCain FRENCH FRIES  
454-450 G  
FROZEN  
SELECTED VARIETIES

**CRAVE BOWLS**  
STEAK CARNE ASADA  
200 G BOWL  
BUFFALO CARNE ASADA  
200 G BOWL

**McCain Superfries**  
STRAIGHT CUT  
COUPE RÉGULIÈRE  
550 g

**EASTER SAVINGS**  
**2.99**  
EACH

**Lactantia**  
Half & Half Cream  
Crème à café  
10%  
473 ML - 1 L

**Lactantia**  
Whipping Cream  
Crème à fouetter  
35%  
473 ML - 1 L

LACTANTIA CREAM  
473 ML - 1 L  
SELECTED VARIETIES

**EASTER SAVINGS**  
**2.99**  
EACH

DR. OETKER GIUSEPPE PIZZA  
490-780 G FROZEN  
HELIVA GOOD! DIP  
480 G  
SELECTED VARIETIES

**Heliva Good!**  
French Onion  
Oignon à la française  
480 G

**GIUSEPPE PIZZERIA**  
THIN CRUST - CRÔTE MINCE  
785 G

**GIUSEPPE PIZZERIA**  
RISING CRUST - LEVE-AU-FOUR  
785 G

**EASTER SAVINGS**  
**4.99**  
EACH

**Coca-Cola**  
ORIGINAL TASTE  
6 x 710 ML BOTTLES (2 x 24.1 L)

**PEPSI**  
6 x 710 ML BOTTLES (2 x 24.1 L)

COCA-COLA, CANADA DRY GINGER ALE OR PEPSI SOFT DRINKS 6 x 710 ML SELECTED VARIETIES

**EASTER SAVINGS**  
**3.99**  
EACH

LAY'S POTATO CHIPS OR SMARTFOOD POPCORN  
150-235 G  
SELECTED VARIETIES

**Smartfood**  
WHITE CHEDDAR BLANC  
235 g

**Lay's**  
CLASSIC CLASSIQUE  
235 g

**EASTER SAVINGS**  
**2.99**  
EACH

**1L**

**Gallo**  
Extra Virgin Olive Oil  
Huile d'olive extra vierge  
1 L

**Gallo**  
Extra Virgin Olive Oil  
Huile d'olive extra vierge  
1 L

GALLO OLIVE OIL  
1 L  
SELECTED VARIETIES

**EASTER SAVINGS**  
**8.99**  
EACH

**75 points**

MOLISANA PASTA  
450 G  
PASSATA  
680 ML  
SELECTED VARIETIES

**Molisana**  
TRIFILATA AL BRONCO  
785 G

**Molisana**  
TRIFILATA AL BRONCO  
785 G

**EASTER SAVINGS**  
**1.99**  
EACH

**LAVAZZA**  
QUALITÀ ROSSA  
250 g

**LAVAZZA**  
crema e gusto  
250 g

LAVAZZA ESPRESSO  
250 G  
SELECTED VARIETIES

**EASTER SAVINGS**  
**4.99**  
EACH

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<p><b>Black Diamond</b> OLD-FORT Cheddar Cheese Fromage cheddar</p> <p><b>Black Diamond</b> MARBLE-MARBRE</p> <p><b>Black Diamond</b> NATURAL CHEESE SLICES</p> <p><b>Black Diamond</b> GALBANI MOZZARELLA</p> <p><b>EASTER SAVINGS</b></p> <p><b>548</b> EACH</p>	<p><b>CLASSICO</b> TOMATO &amp; BASIL TOMATES ET BASILIC</p> <p><b>CLASSICO</b> ALFREDO</p> <p><b>CLASSICO PASTA SAUCE</b></p> <p><b>EASTER SAVINGS</b></p> <p><b>298</b> EACH</p>
<p><b>Lactantia</b> Original CREAM CHEESE</p> <p><b>Lactantia</b> Rich &amp; Creamy Riche et crémeux</p> <p><b>LACTANTIA CREAM CHEESE PRODUCT</b></p> <p><b>LACTANTIA CREAM CHEESE</b></p> <p><b>EASTER SAVINGS</b></p> <p><b>299</b> EACH</p>	<p><b>FIVE ROSES</b> ALL PURPOSE FLOUR WHITE</p> <p><b>Robin Hood</b> ALL PURPOSE FLOUR</p> <p><b>ROBIN HOOD OR FIVE ROSES FLOUR</b></p> <p><b>EASTER SAVINGS</b></p> <p><b>499</b> EACH</p>
<p><b>IMPERIAL</b> PHILADELPHIA CREAM CHEESE PRODUCT</p> <p><b>IMPERIAL MARGARINE</b></p> <p><b>PHILADELPHIA ORIGINAL</b></p> <p><b>EASTER SAVINGS</b></p> <p><b>499</b> EACH</p>	<p><b>Green Giant</b> GREEN BEANS</p> <p><b>Green Giant</b> GREEN BEANS</p> <p><b>GREEN GIANT OR IRRESISTIBLES VEGETABLES</b></p> <p><b>EASTER SAVINGS</b></p> <p><b>299</b> EACH</p>
<p><b>Campbell's</b> CHICKEN-POULET</p> <p><b>Campbell's</b> BEEF-BOEUF</p> <p><b>CAMPBELL'S BROTH</b></p> <p><b>EASTER SAVINGS</b></p> <p><b>149</b> EACH</p>	<p><b>Bear Paws</b></p> <p><b>OREO</b></p> <p><b>Vinta</b></p> <p><b>DARE COOKIES OR CRACKERS</b></p> <p><b>CHRISTIE CHIPS AHOY OR OREO COOKIES</b></p> <p><b>EASTER SAVINGS</b></p> <p><b>2/\$5</b></p>
<p><b>Kellogg's</b> FROOT LOOPS</p> <p><b>Kellogg's</b> FROSTED FLAKES</p> <p><b>Kellogg's</b> CORN FLAKES</p> <p><b>KELLOGG'S FROOT LOOPS, CORN FLAKES OR FROSTED FLAKES CEREAL</b></p> <p><b>EASTER SAVINGS</b></p> <p><b>249</b> EACH</p>	<p><b>Timothy's</b> LIGHT</p> <p><b>100% COLOMBIAN</b></p> <p><b>TIMOTHY'S OR IRRESISTIBLES COFFEE CAPSULES</b></p> <p><b>EASTER SAVINGS</b></p> <p><b>1499</b> EACH</p>
<p><b>Cascade</b> PLATINUM</p> <p><b>Tide</b> PODS</p> <p><b>TIDE LAUNDRY DETERGENT</b></p> <p><b>EASTER SAVINGS</b></p> <p><b>2199</b> EACH</p>	<p><b>Sponge Towels</b></p> <p><b>Cashmere</b></p> <p><b>CASHMERE BATHROOM TISSUE</b></p> <p><b>EASTER SAVINGS</b></p> <p><b>699</b> EACH</p>

**Unilever** **moi rewards**

Buy any 2 participating Hellmann's products and get 125 points AND enter to WIN\*\* a Canada Soccer Team VIP Experience

**HELLMANN'S REAL VRAIE MAYONNAISE** 238 ml (8.1 FL OZ) **599** EACH

**HELLMANN'S REAL VRAIE MAYONNAISE** 238 ml (8.1 FL OZ) **399** EACH

**HELLMANN'S REAL VRAIE MAYONNAISE** 238 ml (8.1 FL OZ) **125** points when you buy 2 value of \$1

**HELLMANN'S REAL VRAIE MAYONNAISE** 238 ml (8.1 FL OZ) **399** EACH

**HELLMANN'S REAL VRAIE MAYONNAISE** 238 ml (8.1 FL OZ) **399** EACH

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FOODBASICS.CA

\*Limit of one promo code per transaction. Conditions apply. Valid on orders of \$75 or more.

# PRODUCE

**SWEET POTATOES**  
PRODUCT OF U.S.A.  
3.28/KG  
**THIS WEEK ONLY**  
**1.49**  
/LB

**RASPBERRIES**  
PRODUCT OF U.S.A. OR MEXICO, NO. 1 GRADE  
370 G  
**THIS WEEK ONLY**  
**3.99**  
EACH

**BLACKBERRIES**  
PRODUCT OF MEXICO, NO. 1 GRADE  
108 - 170 G  
**THIS WEEK ONLY**  
**3.99**  
EACH

**STRAWBERRIES**  
PRODUCT OF U.S.A. OR MEXICO, NO. 1 GRADE  
454 G  
**THIS WEEK ONLY**  
**3.99**  
EACH

**ATTITUDE BABY SPINACH**  
NET WT. 1000 G  
15.99

**ATTITUDE ARUGULA ROQUETTE**  
NET WT. 1000 G  
15.99

**ATTITUDE SALAD MIX**  
SELECTED VARIETIES  
NET WT. 1000 G  
15.99

**THE LITTLE POTATO CO. LITTLE TRIOS™**  
NO. 1 GRADE  
SELECTED VARIETIES  
NET WT. 1000 G  
15.99

**THE LITTLE POTATO CO. LITTLE YELL PTTES™**  
NET WT. 1000 G  
15.99

**THE LITTLE POTATO COMPANY POTATOES**  
PRODUCT OF CANADA, 80% G  
SELECTED VARIETIES

**ANDY BOY JUMBO ROMAINE HEARTS**  
3 PK  
NET WT. 1000 G  
15.99

**SWEET ASSORTED PEPPERS**  
PRODUCT OF HONDURAS AND/OR MEXICO  
PIECE OF 4  
NET WT. 1000 G  
15.99

**ROMAINE HEARTS**  
PRODUCT OF U.S.A. AND/OR MEXICO  
3 PK  
NET WT. 1000 G  
15.99

**AVOCADOS**  
PRODUCT OF MEXICO AND/OR PERU  
1.50/PK  
NET WT. 1000 G  
15.99

**CLEMENTINES**  
PRODUCT OF MEXICO  
2 LB  
NET WT. 1000 G  
15.99

**IRRESISTIBLES HERBS**  
21 G  
SELECTED VARIETIES  
**2/\$4**

**HEIRLOOM TOMATOES**  
PRODUCT OF U.S.A. AND/OR MEXICO  
NET WT. 1000 G  
15.99

**BRUSSELS SPROUTS**  
PRODUCT OF HOLLAND AND/OR U.S.A.  
1.50/PK  
NET WT. 1000 G  
15.99

**FRENCH BEANS**  
PRODUCT OF GUATEMALA  
400 G  
NET WT. 1000 G  
15.99

**WHOLE WHITE OR CREMINI MUSHROOMS**  
PRODUCT OF CANADA  
27 G  
NET WT. 1000 G  
15.99

**BROCCOLI CROWNS**  
PRODUCT OF U.S.A. AND/OR MEXICO  
NET WT. 1000 G  
15.99

**LEMONS**  
PRODUCT OF U.S.A. AND/OR SOUTH AFRICA  
2 LB  
NET WT. 1000 G  
15.99

**KIWI**  
PRODUCT OF GREECE  
400 G BASKET  
NET WT. 1000 G  
15.99

**MINI SWEET PEPPERS**  
PRODUCT OF CANADA AND/OR MEXICO  
454 G  
NET WT. 1000 G  
15.99

**MINI CUCUMBERS**  
PRODUCT OF CANADA, NO. 1 GRADE  
397 G  
NET WT. 1000 G  
15.99

**GREEN GIANT MEDLEY OR FLORETS**  
SELECTED VARIETIES  
NET WT. 1000 G  
15.99

**OCEAN SPRAY CRAISINS**  
NET WT. 1000 G  
15.99

**FRUIT OR VEGETABLE TRAY**  
100 G - 1.13 KG  
SELECTED VARIETIES  
NET WT. 1000 G  
15.99

**10 STEM TULIPS**  
WHILE SUPPLIES LAST  
**8.88**  
EACH

**6" EASTER LILLIES**  
WHILE SUPPLIES LAST  
**8.99**  
EACH

**12 STEM ROSES**  
WHILE SUPPLIES LAST  
**12.88**  
EACH

**MAJESTY**  
WHILE SUPPLIES LAST  
**22.99**  
EACH

ALWAYS FRESH. \*ALWAYS IN STOCK. ALWAYS GREAT PRICES.

# MEAT

**FRESH FROM THE FARM**  
LOCAL ONTARIO  
Produced in Ontario  
WHOLE CHICKEN  
POULET ENTIER  
NET WT. 1000 G  
15.99

**Zabiha Halal**  
No. 1 Halal Brand  
WHOLE CHICKEN  
POULET ENTIER  
NET WT. 1000 G  
15.99

**HALAL AT SAME PRICE**

**JOHNSONVILLE ORIGINAL BREAKFAST SAUSAGES**  
SAUCISSES A DE JEUNER ORIGINALES  
375 G  
NET WT. 1000 G  
15.99

**JOHNSONVILLE MILD ITALIAN SAUSAGES**  
SAUCISSES ITALIENNES MILD  
375 G  
NET WT. 1000 G  
15.99

**PRIME TURKEY DINDE**  
454g - 1lb  
NET WT. 1000 G  
15.99

**PRIME RAISED WITHOUT ANTIBIOTICS**  
ELEVANS  
454g - 1lb  
NET WT. 1000 G  
15.99

**PRIME EXTRA LEAN GROUND TURKEY OR RAISED WITHOUT ANTIBIOTICS**  
GROUND CHICKEN  
454 G  
SELECTED VARIETIES  
NET WT. 1000 G  
15.99

**FRESH BONELESS STEWING BEEF FAMILY PACK**  
INCLUDES SALES  
22.02/KG  
NET WT. 1000 G  
15.99

**NEW ZEALAND FRESH LAMB SHOULDER CHOPS**  
FAMILY PACK  
WHILE QUANTITIES LAST  
19.82/KG  
NET WT. 1000 G  
15.99

**FRESH BONELESS EYE OF ROUND ROAST OR STEAKS**  
CUT FROM CANADA AS AN OX BEEF  
26.43/KG  
NET WT. 1000 G  
15.99

**FLETCHER'S PORK COTTAGE ROLL**  
SOC DE PORK ROULE  
NET WT. 1000 G  
15.99

**SCHNEIDERS RED HOTS OR MAPLE LEAF TOP DOGS**  
WIENERS  
NET WT. 1000 G  
15.99

**JANES PUB STYLE WINGS**  
GARLIC  
NET WT. 1000 G  
15.99

**MARC ANGELO OVEN READY ROASTS**  
NET WT. 1000 G  
15.99

**SELECTION DELI SALADS**  
NET WT. 1000 G  
15.99

**POGO ORIGINAL OR BEEF BREADED SAUSAGES**  
NET WT. 1000 G  
15.99

**LOU'S KITCHEN BBQ PORK BACK RIBS**  
NET WT. 1000 G  
15.99

**SCHNEIDERS OR PRIME FULLY COOKED BREADED CHICKEN**  
NET WT. 1000 G  
15.99

**TRE STELLE RICOTTA OR BOCCONINI**  
NET WT. 1000 G  
15.99

**AGROPUR OKA OR KERRYGOLD DUBLINER OR ENTREAMONT BRIE OR CAMEMBERT**  
NET WT. 1000 G  
15.99

**BALDERSON BALSAN CHEESE**  
NET WT. 1000 G  
15.99

**BALDERSON CHEDDAR**  
NET WT. 1000 G  
15.99

**NATURAL SELECTIONS MAPLE LEAF BREADED & BATTERED FISH FILLETS OR SHRIMP FAMILY PACK**  
NET WT. 1000 G  
15.99

**SUMMER FRESH HUMMUS OR DIPS**  
NET WT. 1000 G  
15.99

**FRESH CANADIAN COVE MUSSELS**  
NET WT. 1000 G  
15.99

**NORTHERN KING WHOLE TILAPIA**  
1 KG (2.2 LB)  
NET WT. 1000 G  
15.99

**ENGLISH STYLE SALMON**  
NET WT. 1000 G  
15.99

ALWAYS FRESH. \*ALWAYS IN STOCK. ALWAYS GREAT PRICES.

**\$45 OFF**  
DELIVERING THE SAME IN-STORE DEALS

\*\$15 OFF YOUR FIRST 3 ORDERS\*  
PROMO CODES: HELLO1 - HELLO2 - HELLO3

# BAKERY

**IRRESISTIBLE BREAD OR ROLLS**  
100 - 600 G  
SELECTED VARIETIES

**THIS WEEK ONLY**

**2.99**  
EACH

**VILLAGGIO BREAD** 550 - 475 G  
**DEMPSTER'S WHOLE GRAIN BREAD ROLLS** 12'S  
SELECTED VARIETIES

**THIS WEEK ONLY**

**2.99**  
EACH

**SUN-MAID RAISIN CINNAMON SWIRL / MARRÉ À LA CANNELLE**  
340 - 370 G  
SELECTED VARIETIES

**THIS WEEK ONLY**

**4.49**  
EACH

**SELECTION SQUARES OR SWISS ROLLS**  
400 - 400 G  
SELECTED VARIETIES

**THIS WEEK ONLY**

**5.49**  
EACH

**SELECTION CHEESECAKE** 310 G  
**IRRESISTIBLE PORTUGUESE TARTS** 400 G  
SELECTED VARIETIES

**THIS WEEK ONLY**

**5.99**  
EACH

**Black Forest Cake** Gâteau forêt noire  
**CHARLOTTE'S CAKE** 400 - 475 G  
SELECTED VARIETIES

**THIS WEEK ONLY**

**5.99**  
EACH

## MORE GREAT SAVINGS FOR LESS

**Black Diamond**  
Genre **CHEDDAR** Style  
**SLICES**  
410 g

**LOCKED DOWN**

**3.98**  
EACH

**MAXWELL HOUSE GROUND COFFEE** 804 - 700 G  
SELECTED VARIETIES

**LOCKED DOWN**

**15.99**  
EACH

**RITZ**  
original  
**CHRISTIE SNAK PAKS COOKIES** 150 - 190 G  
**RITZ OR TRISCUIT CRACKERS** 140 - 200 G  
SELECTED VARIETIES

**LOCKED DOWN**

**2/\$5**

**Trophy CASHEWS** 340 G  
SELECTED VARIETIES  
WHILE QUANTITIES LAST

**THIS WEEK ONLY**

**3.49**  
EACH

**1.7 KG**  
**Becel**  
Original  
100% PLANT  
**MARGARINE** 1.7 KG  
SELECTED VARIETIES

**LOCKED DOWN**

**13.49**  
EACH

**TIM HORTONS READY TO SERVE SOUP** 240 ML  
SELECTED VARIETIES

**LOCKED DOWN**

**3.29**  
EACH

**DOLE FRUIT CUPS** 4'S  
SELECTED VARIETIES

**ALWAYS GREAT PRICE**

**2.99**  
EACH

**PEACE TEA** 495 ML  
SELECTED VARIETIES

**LOCKED DOWN**

**1.25**  
EACH

**RED BULL ENERGY DRINKS** 8 X 250 ML  
SELECTED VARIETIES

**LOCKED DOWN**

**16.99**  
EACH

**NESTEA ICED TEA** 1.0 L L, 10 X 200 ML  
SELECTED VARIETIES

**LOCKED DOWN**

**2.99**  
EACH

**PRINGLES POTATO CHIPS** 140 - 150 G  
SELECTED VARIETIES

**LOCKED DOWN**

**2.49**  
EACH

**15 points**

**OCEAN SPRAY CRANBERRY COCKTAIL OR JUICE BLENDS** 1.0 L L  
SELECTED VARIETIES

**LOCKED DOWN**

**3.99**  
EACH

# EASTER ENTERTAINING FOR LESS



ESKA SPRING WATER  
24 x 500 mL

EASTER SAVINGS  
**4.99**  
EACH



SMART ONES MEAL  
341.28 G  
BAGEL BITES  
PIZZA SNACKS  
198 G FROZEN  
SELECTED VARIETIES



EASTER SAVINGS  
**1.99**  
EACH



SIMPLY ORANGE JUICE  
2.25 L  
SELECTED VARIETIES

EASTER SAVINGS  
**7.69**  
EACH



EASTER SAVINGS  
**4.99**  
EACH



FRANCO AMERICAN  
284 mL  
CLUB HOUSE  
TURKEY DINDON  
EACH  
SELECTED VARIETIES

EASTER SAVINGS  
**99¢**  
EACH



EASTER SAVINGS  
**1.99**  
EACH



FUZE ICED TEA  
1.25 L  
SELECTED VARIETIES

EASTER SAVINGS  
**2.99**  
EACH



PHILADELPHIA DIPS  
207 g  
SELECTED VARIETIES

EASTER SAVINGS  
**3.79**  
EACH



McCain FRENCH FRIES  
1.5 KG  
SELECTED VARIETIES

EASTER SAVINGS  
**7.49**  
EACH



iögo YOGURT BARS  
13.08 kg  
SELECTED VARIETIES

EASTER SAVINGS  
**5.99**  
EACH



PILLSBURY PREPARED DOUGH  
200-227 g  
SELECTED VARIETIES

EASTER SAVINGS  
**1.99**  
EACH



GAY LEA REAL WHIPPED CREAM  
223 g  
SELECTED VARIETIES

EASTER SAVINGS  
**3.99**  
EACH



DOLE PINEAPPLE TIDBITS  
208 mL  
SELECTED VARIETIES

EASTER SAVINGS  
**2.49**  
EACH



CLOVER LEAF SMOKED OYSTERS OR MUSSELS  
8.5 L  
SELECTED VARIETIES

EASTER SAVINGS  
**1.99**  
EACH



DEL MONTE CANNED VEGETABLES  
347-378 mL  
SELECTED VARIETIES

EASTER SAVINGS  
**1.59**  
EACH



STOVE TOP STUFFING MIX  
100 g  
SELECTED VARIETIES

EASTER SAVINGS  
**1.49**  
EACH



CLUB HOUSE SPICE BOX  
18-39 g  
SELECTED VARIETIES

EASTER SAVINGS  
**3.99**  
EACH



LOCKER WAFERS  
175 g  
SELECTED VARIETIES

EASTER SAVINGS  
**2.99**  
EACH



MOTT'S CLAMATO COCKTAIL  
1.24 L  
SELECTED VARIETIES

EASTER SAVINGS  
**4.79**  
EACH



TROPHY MIXED NUTS  
300 g  
SELECTED VARIETIES

EASTER SAVINGS  
**4.99**  
EACH



MISS VICKIE'S POTATO CHIPS  
200 g  
SELECTED VARIETIES

EASTER SAVINGS  
**3.99**  
EACH



SELECTION SPARKLING WATER  
12 x 333 mL  
SELECTED VARIETIES

EASTER SAVINGS  
**5.79**  
EACH

**ALWAYS FRESH. \*ALWAYS IN STOCK. ALWAYS GREAT PRICES.**  
To view local store flyer, visit foodbasics.ca, where you can create an account (or sign into your account) and select your preferred location.

# EASTER FAVOURITES FOR LESS



SELECTION  
SOLID MILK  
CHOCOLATE RABBIT  
100g  
SELECTED VARIETIES  
WHILE QUANTITIES LAST

EASTER SAVINGS  
**179**  
EACH



SELECTION OR  
MINI IRRESISTIBLES  
CHOCOLATE EGGS  
200-250g  
SELECTED VARIETIES  
WHILE QUANTITIES LAST

EASTER SAVINGS  
**449**  
EACH



FERRERO ROCHER  
RABBIT EASTER  
CHOCOLATE  
75g  
SELECTED VARIETIES  
WHILE QUANTITIES LAST

EASTER SAVINGS  
**449**  
EACH



LINDT LINDOR  
EASTER  
CHOCOLATES  
EGGS  
100g  
SELECTED VARIETIES  
WHILE QUANTITIES LAST

EASTER SAVINGS  
**449**  
EACH



KINDER  
SURPRISE  
EGGS  
20g  
SELECTED VARIETIES

EASTER SAVINGS  
**2/\$3**



KINDER SURPRISE  
EGGS  
100g  
SELECTED VARIETIES  
WHILE QUANTITIES LAST

EASTER SAVINGS  
**549**  
EACH



AERO EASTER  
LAMB CHOCOLATE  
25g  
CADBURY  
CREAM EGGS  
34g  
MINI EGGS  
20g  
SELECTED VARIETIES  
WHILE QUANTITIES LAST

EASTER SAVINGS  
**111**  
EACH



HERSHEY'S  
EGGIES EASTER  
CHOCOLATE  
200-220g  
SELECTED VARIETIES  
WHILE QUANTITIES LAST

EASTER SAVINGS  
**499**  
EACH



NESTLÉ  
EASTER  
HIDE ME  
EGGS  
100-150g  
SELECTED VARIETIES  
WHILE QUANTITIES LAST

EASTER SAVINGS  
**549**  
EACH



KINDER  
SURPRISE  
EGGS  
100g  
SELECTED VARIETIES  
WHILE QUANTITIES LAST

EASTER SAVINGS  
**549**  
EACH



TERRY'S ORANGE  
EASTER CHOCOLATE  
145g  
SELECTED VARIETIES  
WHILE QUANTITIES LAST

EASTER SAVINGS  
**599**  
EACH



CADBURY  
MINI EGGS  
200g  
CARAMEL  
BUTTONS  
95g  
SELECTED VARIETIES  
WHILE QUANTITIES LAST

EASTER SAVINGS  
**579**  
EACH



FERRERO  
ROCHER  
BUNNY  
140-160g  
SELECTED VARIETIES  
WHILE QUANTITIES LAST

EASTER SAVINGS  
**1199**  
EACH



700 G

745 G

HERSHEY'S  
EGGS  
200g  
SELECTED VARIETIES  
WHILE QUANTITIES LAST

CADBURY  
MINI EGGS  
EASTER  
CHOCOLATE  
240g  
SELECTED VARIETIES  
WHILE QUANTITIES LAST

EASTER SAVINGS  
**1649**  
EACH

EASTER SAVINGS  
**2199**  
EACH

# EASTER FLORAL FOR LESS



6" HYDRANGEAS  
ASSORTED COLOURS  
WHILE QUANTITIES LAST

EASTER SAVINGS  
**16<sup>99</sup>**  
EACH



MAJESTY PALMS  
WHILE QUANTITIES LAST

EASTER SAVINGS  
**22<sup>99</sup>**  
EACH



5" PREMIUM  
ORCHIDS  
ASSORTED COLOURS  
WHILE QUANTITIES LAST

EASTER SAVINGS  
**14<sup>98</sup>**  
EACH



6" EASTER  
LILLIES  
WHILE QUANTITIES LAST

EASTER SAVINGS  
**8<sup>99</sup>**  
EACH



6" POTTED SPRING BULBS OR SINGLE  
BLOOM HYDRANGEAS  
ASSORTED VARIETIES  
WHILE QUANTITIES LAST

EASTER SAVINGS  
**6<sup>99</sup>**  
EACH



6" ROSEBUSH  
ASSORTED VARIETIES  
WHILE QUANTITIES LAST

EASTER SAVINGS  
**8<sup>99</sup>**  
EACH



6" ORGANIC BASIL  
WHILE QUANTITIES LAST

EASTER SAVINGS  
**5<sup>99</sup>**  
EACH



MINI TOMATO  
GROW KIT  
ASSORTED COLOURS  
WHILE QUANTITIES LAST

EASTER SAVINGS  
**7<sup>88</sup>**  
EACH

# BAKING FOR LESS

**Redpath**  
DARK BROWN SUGAR  
CASSONADE FONCÉE  
1 kg

**Redpath**  
ICING SUGAR  
SUCRE À GLACER  
1 kg

REDPATH BAKING SUGAR  
1 kg  
SELECTED VARIETIES

**LOCKED DOWN**

**2.99**  
EACH

**HERSHEY'S**  
**Chipits**  
milk chocolate  
briures de chocolat au lait  
250 g

**HERSHEY'S**  
**Chipits**  
pure semi-sweet  
chocolat chips  
briures de chocolat pur mi-sucré

HERSHEY'S CHIPITS  
200-270 g  
SELECTED VARIETIES

**LOCKED DOWN**

**5.99**  
EACH

**Carnation**  
Evaporated Milk  
CLASSIC PUMPKIN PIE

**Carnation**  
2% Partly Skimmed  
CLASSIC PUMPKIN PIE

CARNATION EVAPORATED MILK  
354 mL  
SELECTED VARIETIES

**LOCKED DOWN**

**2/\$4**

**Selection**  
Almonds  
SLICED • TRANCHÉES  
Amandes

**Selection**  
Pecans  
PIECES • MORCEAUX  
Pacanes

SELECTION BAKING NUTS  
100 g  
SELECTED VARIETIES

**LOCKED DOWN**

**2.99**  
EACH

**Tenderflake**  
PURE LARD  
1 lb 454 g

TENDERFLAKE PURE LARD  
454 g  
SELECTED VARIETIES

**LOCKED DOWN**

**3.99**  
EACH

**Crisco**  
All-Vegetable  
Perfect for  
454 g (1 lb)

CRISCO SHORTENING  
454 g  
SELECTED VARIETIES

**LOCKED DOWN**

**3.49**  
EACH

**Selection**  
all-purpose  
flour  
2.5 kg

SELECTION FLOUR  
2.5 kg  
SELECTED VARIETIES

**ALWAYS GREAT PRICE**

**3.77**  
EACH

**Selection**  
SWEETENED  
SHREDDED  
COCONUT  
NOIX DE COCO  
SUCRÉE  
RAPEE  
200 g

SELECTION COCONUT  
200 g  
SELECTED VARIETIES

**ALWAYS GREAT PRICE**

**2.99**  
EACH

**Selection**  
CHERRY  
PIE FILLING OR TOPPING  
300 mL

SELECTION CHERRY  
300 mL  
SELECTED VARIETIES

**ALWAYS GREAT PRICE**

**4.99**  
EACH

**Selection**  
miniatures  
250 g

SELECTION MINIATURE  
MARSHMALLOWS  
250 g  
SELECTED VARIETIES

**ALWAYS GREAT PRICE**

**2.49**  
EACH

**Selection**  
honey  
graham  
wafers  
408 g

SELECTION HONEY GRAHAM  
WAFERS  
408 g  
SELECTED VARIETIES

**ALWAYS GREAT PRICE**

**3.99**  
EACH

**Selection**  
graham crumbs  
chapelure graham  
400 g

SELECTION GRAHAM CRUMBS  
400 g  
SELECTED VARIETIES

**ALWAYS GREAT PRICE**

**3.99**  
EACH

**Selection**  
BAKING  
POWDER  
POUDRE À  
PÂTE  
450 g

SELECTION BAKING POWDER  
450 g  
SELECTED VARIETIES

**ALWAYS GREAT PRICE**

**4.99**  
EACH

**Selection**  
QUICK OATS  
GRAU RAPIDE  
1 kg

SELECTION QUICK OATS  
1 kg  
SELECTED VARIETIES

**ALWAYS GREAT PRICE**

**2.88**  
EACH

# i earn with moi rewards

**moi**  
rewards

i redeem and  
save on what  
i buy most often

redeem  
**500** = **\$4**  
points in rewards



join today and save

Limit of one Moi Rewards bonus offer per account per day. Certain conditions apply, see moirewards.ca for conditions. Moi Rewards is a trademark of Metro Inc.



RUDOLPH'S BREAD  
500 g  
SELECTED VARIETIES

THIS WEEK ONLY  
**2.99**  
EACH  
**15**  
points



SWANSON  
MEAT PIES  
250 g PASTRY  
SELECTED VARIETIES

THIS WEEK ONLY  
**1.99**  
EACH  
**10**  
points



SCHNEIDERS  
PEPPERONI OR  
THURINGER SAUSAGE  
500 g SELECTED VARIETIES

THIS WEEK ONLY  
**10.99**  
EACH  
**55**  
points



BLACK DIAMOND  
COMBO  
100 g CHEDDAR  
CHEESE  
100 g CHEDDAR  
CHEESE

LOCKED DOWN  
**4.99**  
EACH  
**25**  
points



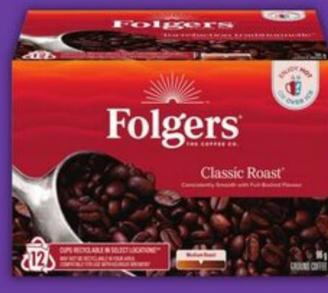
SIGGI'S  
SKYR YOGURT  
4 x 100 g  
SELECTED VARIETIES

LOCKED DOWN  
**3.49**  
EACH  
**20**  
points



GENERAL MILLS HONEY NUT CHEERIOS CEREAL 430 g  
CINNAMON-TOAST CRUNCH CEREAL 334 g  
SELECTED VARIETIES

LOCKED DOWN  
**3.49**  
EACH  
**125**  
points  
when you  
buy 2



FOLGERS  
COFFEE CAPSULES  
12 x 5  
SELECTED VARIETIES

LOCKED DOWN  
**9.99**  
EACH  
**50**  
points



VOORTMAN TURNOVER COOKIES  
300 g  
SELECTED VARIETIES

LOCKED DOWN  
**2.99**  
EACH  
**15**  
points



SWISS CHALET  
READY TO SERVE SOUP  
540 mL  
SELECTED VARIETIES

LOCKED DOWN  
**2.99**  
EACH  
**15**  
points



REALEMON  
LEMON JUICE  
945 mL  
SELECTED VARIETIES

LOCKED DOWN  
**2.99**  
EACH  
**15**  
points



OASIS JUICE  
900 mL  
SELECTED VARIETIES

LOCKED DOWN  
**1.99**  
EACH  
**10**  
points



LYSOL DISINFECTANT  
WIPES 75 x 85  
SPRAY 330 g  
SELECTED VARIETIES

LOCKED DOWN  
**5.49**  
EACH  
**30**  
points



S.O.S.  
STEEL WOOL PADS  
10 x 5  
SELECTED VARIETIES

LOCKED DOWN  
**2.99**  
EACH  
**15**  
points

# CHOOSE CANADIAN



**CARROTS**  
PRODUCT OF ONTARIO, CANADA NO. 1 GRADE  
2.1L

**YELLOW ONIONS**  
PRODUCT OF ONTARIO, CANADA NO. 1 GRADE  
2 LB

**148**  
EACH

**RUSSET POTATOES**  
PRODUCT OF PRINCE EDWARD ISLAND, CANADA NO. 1 GRADE

**RUSSET POTATOES**  
Washed  
POMMES de TERRE  
5lb 2.27kg CANADA No. 1

**148**  
EACH

**Natural Top Dogs**  
Original

**SCHNEIDERS RED HOTS OR MAPLE LEAF TOP DOGS WIENERS**  
375 G

**SCHNEIDERS MEAT PIES**  
330 - 400 G, FROZEN SELECTED VARIETIES

**449**  
EACH

**JANES PUB STYLE FULLY COOKED CHICKEN WINGS**  
600 G  
FROZEN  
SELECTED VARIETIES

**JANES PUB STYLE Wings**  
BBQ

**JANES PUB STYLE Wings**  
Garlic

**999**  
EACH

**VILLAGGIO BREAD**  
500 - 675 G

**DEMPSTER'S WHOLE GRAIN BREAD**  
400 G  
ROLLS  
12'S SELECTED VARIETIES

**Villaggio CLASSICO**

**Dempster's 12 GRAIN**  
SOURCE OF VITAMIN D  
40g 5g

**299**  
EACH

**IRRESISTIBLES BREAD OR ROLLS**  
500 - 600 G  
SELECTED VARIETIES

**Miche**  
600g

**Irresistibles Ciabatta**  
6

**299**  
EACH

**SELECTION BUTTER**  
454 G  
SELECTED VARIETIES

**UNSALTED NON SALE**  
BUTTER - BEURRE

**SALTED - SALÉ**  
BUTTER - BEURRE

**497**  
EACH

**GIUSEPPE PIZZERIA**  
RISING CRUST - LEVE-AU-FOUR

**GIUSEPPE PIZZERIA**  
THIN CRUST - CHUITE MINCE

**Heluva Good!**  
French Onion  
Original à la française

**DR. OETKER GIUSEPPE RISING CRUST PIZZA**  
400 - 700 G FROZEN

**HELIVA GOODY DIP**  
400 G

**499**  
EACH

**Lactantia**  
Simple Ingredients  
Rich & Creamy  
Riche et crémeux  
Ingrédients simples

**Lactantia CREAM CHEESE PRODUCT**  
227 G  
CREAM CHEESE  
250 G  
SELECTED VARIETIES  
WHOLE QUANTITIES LAST

**Lactantia Origin**  
CREAM CHEESE  
FRONAGE

**299**  
EACH

**TIMOTHY'S COFFEE CAPSULES**  
30'S  
SELECTED VARIETIES

**Timothy's LIGHT**  
BREAKFAST BLEND

**100% COLOMBIAN**  
SINGLE ORIGIN

**1499**  
EACH

**Black Diamond**  
OLD - FORT  
Cheddar Cheese  
Fromage cheddar

**Black Diamond**  
MARBLE - MARBRÉ

**Galbani**  
PIZZA MOZZARELLA

**BLACK DIAMOND CHEESE**  
400 G  
SHREDS 320 G  
NATURAL CHEESE SLICES 220 - 240 G  
GALBANI MOZZARELLA 100 G  
SELECTED VARIETIES

**548**  
EACH

**LAY'S POTATO CHIPS OR SMARTFOOD POPCORN**  
150 - 235 G  
SELECTED VARIETIES

**Lay's CLASSIC CLASSIQUE**  
235g

**Smartfood WHITE CHEDDAR**

**298**  
EACH

**COCA-COLA, CANADA DRY GINGER ALE OR PEPSI SOFT DRINKS**  
6 x 710 ML SELECTED VARIETIES

**399**  
EACH

**CASHMERE BATHROOM TISSUE** 12 - 24'S  
SPONGE TOWELS 3 x 4'S  
ULTRA PAPER TOWELS 3 x 4'S  
SCOTTIES FACIAL TISSUE 6'S  
SELECTED VARIETIES

**Sponge Towels ULTRA**

**Cashmere**

**Scotties**

**699**  
EACH

\*We are currently working on updating the origin of all our products. This information comes from certification agencies, product suppliers, and other Metro partners. We cannot be held liable for any information that may prove to be inaccurate.

# LOCKED DOWN



**Silk**  
Almond  
protein soy

LOCKED DOWN   
**3.99**  
EACH



**Kellogg's Eggo**  
original  
chocolatey chip

LOCKED DOWN   
**3.49**  
EACH



**Maison Perrier**  
FRANCE  
POUR LE LIME

LOCKED DOWN   
**7.99**  
EACH



**VH SAUCE**  
341 - 380 ML  
SELECTED VARIETIES

LOCKED DOWN   
**3.29**  
EACH



**Campbell's**  
Cream of Chicken  
Crème de poulet

LOCKED DOWN   
**1.88**  
EACH



**Orville Redenbacher**  
EXTRA BUTTER

LOCKED DOWN   
**3.99**  
EACH



**Lactantia**  
COUNTRY CHURNED  
Butter

LOCKED DOWN   
**8.49**  
EACH



**TWININGS**  
Chai  
Pure Camomile  
Camomille Pure

LOCKED DOWN   
**5.49**  
EACH



**Cadbury**  
DAIRY MILK

LOCKED DOWN   
**2.75**  
EACH



**Club House**  
Spices

LOCKED DOWN   
**5.99**  
EACH



**Takis**  
FUEGO

LOCKED DOWN   
**3.29**  
EACH



**Betty Crocker**  
SuperMoist

LOCKED DOWN   
**2/\$4**



**AIR WICK**  
AIR FRESHENER  
REFILLS

LOCKED DOWN   
**10.99**  
EACH



**ALCAN**  
ALUMINUM  
FOIL

LOCKED DOWN   
**3.99**  
EACH



**PAM**  
COOKING  
SPRAY

LOCKED DOWN   
**5.49**  
EACH



**McCafe**  
GROUND  
COFFEE

LOCKED DOWN   
**12.99**  
EACH

**WINNERS CHOOSE**

**ENCORE  
ENCORE  
ENCORE**

**LEVEL UP YOUR TICKET  
FOR ONLY AN EXTRA \$1**

Must be 18+ years of age to play 



**Ziploc**  
SEAL TOP BAGS

LOCKED DOWN   
**4.99**  
EACH



**Friskies**  
CAT FOOD

LOCKED DOWN   
**90¢**  
EACH

# ALWAYS GREAT PRICE



SELECTION  
JUICE BLEND  
2.5L  
SELECTED VARIETIES

ALWAYS GREAT PRICE   
**5.99**  
EACH



IRRESISTIBLE  
PIZZA  
140g, 300g  
FROZEN  
SELECTED VARIETIES

ALWAYS GREAT PRICE   
**3.97**  
EACH



SELECTION  
POTATO  
CHIPS  
200g  
SELECTED VARIETIES

ALWAYS GREAT PRICE   
**1.49**  
EACH



SELECTION  
PASTA SAUCE  
410 - 650 ML  
SELECTED VARIETIES

ALWAYS GREAT PRICE   
**2.97**  
EACH



IRRESISTIBLES  
SNACKS  
142g  
SELECTED VARIETIES

ALWAYS GREAT PRICE   
**2.49**  
EACH



SELECTION ENTRÉES  
215g FROZEN  
SELECTED VARIETIES

ALWAYS GREAT PRICE   
**1.37**  
EACH



IRRESISTIBLE GREEK OR SKYR YOGURT  
425 - 500g  
SELECTED VARIETIES

ALWAYS GREAT PRICE   
**3.49**  
EACH



SELECTION  
CRISPY RICE  
SQUARES  
128g  
SELECTED VARIETIES

ALWAYS GREAT PRICE   
**6.49**  
EACH



SELECTION  
SPICES  
30g  
SELECTED VARIETIES

ALWAYS GREAT PRICE   
**99c**  
EACH



LIFE SMART OR  
SELECTION  
SALAD DRESSING  
250 - 425 ML  
SELECTED VARIETIES

ALWAYS GREAT PRICE   
**2.47**  
EACH



IRRESISTIBLE  
CHOCOLATE  
COVERED  
ALMONDS  
85g  
SELECTED VARIETIES

ALWAYS GREAT PRICE   
**6.99**  
EACH



IRRESISTIBLE  
SMOKED OYSTERS  
OR MUSSELS  
85g  
SELECTED VARIETIES

ALWAYS GREAT PRICE   
**1.88**  
EACH



IRRESISTIBLES OR  
SELECTION  
BREAD CRUMBS  
87g  
SELECTED VARIETIES

ALWAYS GREAT PRICE   
**2.99**  
EACH



IRRESISTIBLE  
SPARKLING  
SPRING WATER  
4.5L  
SELECTED VARIETIES

ALWAYS GREAT PRICE   
**4.44**  
EACH



SELECTION  
MULTI PURPOSE  
CLEANER  
750 - 900 ML, 1.2L  
SELECTED VARIETIES

ALWAYS GREAT PRICE   
**2.99**  
EACH



SELECTION  
DOG FOOD  
1.8 kg  
SELECTED VARIETIES

ALWAYS GREAT PRICE   
**6.99**  
EACH



SELECTION  
CLUMPING  
CAT LITTER  
18 kg  
SELECTED VARIETIES

ALWAYS GREAT PRICE   
**9.99**  
EACH



SELECTION  
BATHROOM  
TISSUE  
30 x 40cm  
SELECTED VARIETIES

ALWAYS GREAT PRICE   
**19.99**  
EACH

# MORE

BAISAKHI FOR LESS

ATAULFO HONEY MANGOS  
PRODUCT OF MEXICO

THIS WEEK ONLY

**128**  
EACH

CEDAR Plain Yogurt  
Yogourt nature  
3.25%

HANS Dahi  
100% NATURAL YOGURT  
3%

NORDEX KESHTA CREAM  
75% MS  
SELECTED VARIETIES

LOCKED DOWN

**249**  
EACH

QILLA BASMATI RICE  
BASMATI RICE  
100% BASMATI RICE  
100% BASMATI RICE

INDIA GATE BASMATI RICE  
BASMATI RICE  
100% BASMATI RICE  
100% BASMATI RICE

INDIA GATE ROZANNA OR QILLA PREMIUM BASMATI RICE, CEDAR PARBOILED RICE  
4.54 KG, 4.54 KG, 4.54 KG  
SELECTED VARIETIES

LOCKED DOWN

**1299**  
EACH

KFI BUTTER CHICKEN  
Cooking Sauce  
375 mL

PATAK'S BUTTER CHICKEN  
POULET AU BEURRE  
COOKING SAUCE  
400 g

PATAK'S OR KFI COOKING SAUCE  
375 - 400 ML  
SELECTED VARIETIES

LOCKED DOWN

**399**  
EACH

DIVYA BHINDI WHOLE OKRA  
GOMBO ENTIER  
375 g

DIVYA BHINDI CUT OKRA  
OKRAS COUPES  
375 g

DIVYA OKRA  
375 g  
SELECTED VARIETIES

LOCKED DOWN

**99¢**  
EACH

DIVYA PLAIN PARATHA  
PAIN INDIEN PLAIN  
300 g

DIVYA GARLIC CORIANDER NAAN  
PAIN D'AIL CORIANDER  
300 g

DIVYA NAANS OR PARATHAS  
300 - 400 g FROZEN  
SELECTED VARIETIES

LOCKED DOWN

**199**  
EACH

SURATI SNACKS, DIVYA ROASTED CHANA OR RUBICON DRINKS  
200 - 400 g, 1 L  
SELECTED VARIETIES

DIVYA ROASTED CHANA  
200 g

RUBICON ROASTED CHANA  
200 g

LOCKED DOWN

**249**  
EACH

SHER DESI STYLE ATTA  
WHEAT FLOUR  
4.54 KG

CASABLANCA POUND CAKES  
300 g

LOCKED DOWN

**1599**  
EACH

THIS WEEK ONLY

**299**  
EACH

TATA TEA AGNI  
1.5 L

CASABLANCA HONEY MIEL  
1.5 L

TATA TEA PREMIUM  
220 g

CASABLANCA HONEY, TATA TEA  
1.5 L, 220 g, 220 g  
SELECTED VARIETIES

LOCKED DOWN

**699**  
EACH

MAGGI 2-Minute Noodles  
75 g

KURKURE MASALA MUNCH  
100 g

MAGGI INSTANT SOUP NOODLES  
75 g

KURKURE CHIPS  
100 g

LOCKED DOWN

**39¢**  
EACH

LOCKED DOWN

**179**  
EACH

LAZEEZ Vegetable Samosa  
10 PCS

PARLE-G SPRING ROLLS OR SAMOSAS, NATIONAL COOKING SAUCE  
100 - 100 g, 100 g  
SELECTED VARIETIES

LOCKED DOWN

**299**  
EACH

CASABLANCA Traditional Butter Cookies  
300 g

SHAN BOMBAY BIRYANI  
300 g

CASABLANCA BUTTER COOKIES  
300 g

SHAN MIXES OR DIVYA GINGER GARLIC PASTE  
100 g

LOCKED DOWN

**399**  
EACH

LOCKED DOWN

**199**  
EACH

Wheatable  
6x More Fibre

PARLE-G  
100 g

PARLE-G OR LU COOKIES  
100 g  
SELECTED VARIETIES

LOCKED DOWN

**99¢**  
EACH

INDOMIE Noodles  
100 g

NATIONAL VERMICELLI  
100 g

NATIONAL Custard  
100 g

INDOMIE NOODLES SINGLES OR NATIONAL VERMICELLI  
100 g, 100 g  
SELECTED VARIETIES

PARLE ELAICHI OR MILK RUSKS, NATIONAL CUSTARD  
100 g, 100 g  
SELECTED VARIETIES

LOCKED DOWN

**79¢**  
EACH

LOCKED DOWN

**179**  
EACH

**DELIVERING  
THE SAME  
IN-STORE  
DEALS**

**\$45  
OFF**

**\$15 OFF YOUR FIRST 3 ORDERS\***

**PROMO CODES:  
HELLO1 - HELLO2 - HELLO3**



**FOODBASICS.CA**

\*Limit of one promo code per transaction.  
Conditions apply. Valid on orders of \$75 or more.

TRY THE **NEW**  
LIMITED EDITION

**Crispers**  
DOUBLE ADOBO FLAVOUR

DOUBLE ADOBO FLAVOUR



THIS WEEK ONLY

**279**  
EACH

CHRISTIE CRISPERS OR  
BITS & BITES SNACKS  
145 G  
SELECTED VARIETIES



MAYNARDS  
CANDY  
308 - 315 G  
SELECTED VARIETIES

LOCKED DOWN

**449**  
EACH



MAYNARDS  
CANDY  
135 - 154 G  
SELECTED VARIETIES

LOCKED DOWN

**279**  
EACH

# Season of Savings



PAMPERS SWADDLERS DIAPERS 124 x 124'S SELECTED VARIETIES

**LOCKED DOWN**  
**36<sup>95</sup>**  
EACH



PAMPERS SENSITIVE BABY WIPES 192'S SELECTED VARIETIES

**LOCKED DOWN**  
**749**  
EACH



PAMPERS EASY UPS TRAINING UNDERWEAR 56-66'S SELECTED VARIETIES



**LOCKED DOWN**  
**29<sup>99</sup>**  
EACH



CREST TOOTH PASTE 133 ML SELECTED VARIETIES

**LOCKED DOWN**  
**649**  
EACH



ORAL-B TOOTHBRUSH EACH  
CREST TOOTH PASTE 63 ML OR  
SCOPE MOUTHWASH 1 L SELECTED VARIETIES



**LOCKED DOWN**  
**549**  
EACH



OLAY BEAUTY BAR SOAP 4'S SELECTED VARIETIES

**LOCKED DOWN**  
**699**  
EACH



OLD SPICE HAIR+BODYWASH 332 ML SELECTED VARIETIES

**LOCKED DOWN**  
**749**  
EACH



IVORY NEWBORN LAUNDRY DETERGENT 3.3 L - 80 LOADS SELECTED VARIETIES

**THIS WEEK ONLY**  
**21<sup>99</sup>**  
EACH



GAIN FLINGS DETERGENT TABS 20'S SELECTED VARIETIES

**THIS WEEK ONLY**  
**21<sup>99</sup>**  
EACH



DOWNY SOFTENER & SCENT BOOSTER 20'S SELECTED VARIETIES

**LOCKED DOWN**  
**999**  
EACH



BOUNTY PAPER TOWELS 4 x 5' CHARMIN BATHROOM TISSUE 3-4'S SELECTED VARIETIES

**THIS WEEK ONLY**  
**13<sup>99</sup>**  
EACH



DAWN DISHWASHING DETERGENT 1.3 L SELECTED VARIETIES

**LOCKED DOWN**  
**479**  
EACH



FEBREZE AIR FRESHENER 237.5 ML AIR CLEANER SELECTED VARIETIES

**LOCKED DOWN**  
**699**  
EACH



SWIFFER WET CLOTHS WETJET REFILL SOLUTION 1.25 L SELECTED VARIETIES

**LOCKED DOWN**  
**699**  
EACH



MR. CLEAN CLEANER 1.25 L SELECTED VARIETIES

**LOCKED DOWN**  
**399**  
EACH



i earn  
with moi  
rewards



**125**  
points  
when you buy 2  
value of \$1

PLUS  
contest\*  
**moi**  
rewards  
**WIN\***  
Canada Soccer  
Team VIP Experience

to participate

- 1 buy 2 Hellmann's participating products
- 2 use your moi rewards card at checkout
- 3 you're automatically entered



**HELLMANN'S  
MAYONNAISE**  
750 - 890 ML  
SELECTED VARIETIES

THIS WEEK ONLY   
**599**  
EACH



**HELLMANN'S  
MAYONNAISE**  
340 - 445 ML  
SELECTED VARIETIES

THIS WEEK ONLY   
**399**  
EACH

\*No purchase necessary. The contest is open to Ontario residents who have reached the age of majority and are already members of the Moi program. The contest runs from March 26th, 2026, at 06:01 a.m. (ET) to April 22nd, 2026, at the participating stores' closing times. Prizes: One (1) "Canada Soccer Team VIP Experience", including: (i) two (2) tickets for a Team Canada Soccer exhibition game in 2026; (ii) two (2) Canada Soccer Team player signed jerseys; (iii) Access for two (2) to stadium tour and a sideline tour to watch the team warm up; and (iv) a \$1,000 digital Visa gift card. ARV of the Grand Prize is \$6,000 CAD. Offer valid in participating Metro and Food Basics stores of Ontario. The odds of winning depend on the number of eligible entries received. Mathematical skill-testing question required. Full contest rules and details are available at [www.metro.ca](http://www.metro.ca), [www.foodbasics.ca](http://www.foodbasics.ca) and in participating stores. All trademarks are the property of their respective owners. All Canada Soccer logos and marks are the property of Canada Soccer and may not be reproduced without prior written consent. © 2026 Canada Soccer. All Rights Reserved.