

VERSION 6



2⁹⁹
ea.

12 BASKETS PER
BASKET OF 1000g (100g ea.)



3⁹⁹
ea.

1 BASKET PER
BASKET OF 1000g (100g ea.)



1⁹⁹
/lb

LARGE BLOOD ORANGES OR
JUMBO PINKS (MINIMUM 4.5lb)



2⁴⁹
ea.

1 BASKET PER
BASKET OF 1000g (100g ea.)

moi rewards member price

875 6



15⁹⁹
ea.

SPECIAL PRICE
19⁹⁹
for non-members

Effective March

TH

5

6

7

8

9

1

CELEBRATE INTERNATIONAL WOMEN'S DAY MARCH 8

DOOR BONUS

SAVE \$5.00

20⁰⁰ ea.

125 points

value of \$1

20⁰⁰ ea.

125 points

value of \$1

FRESH ATLANTIC SALMON
PORTIONS (100g/3.5oz)
BONELESS STEAK DALS
2.5 lb/1.1kg

3⁹⁹ ea.

GROUND IN-STORE DAILY

EXTRA LEAN

5⁹⁹ ea. or /lb

ARTISAN TURKEY BREAST OR CASTELLO HAM/BAIT
10.5 lb/4.8kg

3⁴⁹ /100 g

BUTTERLESS PORK LOIN CHOPS VALUE PACK OR BONELESS PORK CHOPS VALUE PACK (100g/3.5oz)
8.5kg

3⁹⁹ /lb

ROBUSTIBLES MUFFINS (12)
BUTTER FLAVOUR

5⁹⁹ ea.

MAPLE LEAF PRIME BACON WITHOUT ANTIBIOTICS CHICKEN WINGS (10.13)
SCHNEIDER'S DIP'S (10.13)

125 points value of \$1

9⁹⁹ ea.

LACTANTIA BUTTER (250g/8.8oz)
COUNTRY CHURNED BUTTER
SALTED

3⁹⁹ ea.

LACTANTIA BUTTER (250g/8.8oz)
COUNTRY CHURNED BUTTER
UNSALTED

4⁹⁹ ea.

SUNCHIPS (100g/3.5oz)
MILD CHEDDAR

2⁹⁹ ea.

LAYS (100g/3.5oz)
MILD CHEDDAR

2⁹⁹ ea.

ESKA NATURAL SPRING WATER (1.5L)
COCA-COLA CANADA DRY OR PEPSI-COLA CANADA DRY

3⁹⁹ ea.

TEX MEX (100g/3.5oz)
OLD CHEDDAR

4⁸⁸ ea.

CASHMERE BRUSHING TOWEL 16" x 40"
PAPER TOWELS OR PAINTER TAPE CASE (100% RECYCLED)

4⁹⁹ ea.

LAVAZZA CREMA E GUSTO (17g)
LAVAZZA COFFEE (100g/3.5oz)

19⁹⁹ ea.

LAVAZZA HONEY MIEL (100g/3.5oz)
LAVAZZA COFFEE (100g/3.5oz)

6⁸⁸ ea.

Effective March

TH 5

FR 6

SAT 7

SUN 8

MON 9

TUE 10

WED 11

2026

my savings my metro

**LOW PRICE
EVERY DAY**
100% of items at the same low price every day.



NOW
4.99
ea.

INEVITABLE ICE CREAM
1.5L (50.7 FL OZ)



NOW
4.99
ea.

INEVITABLE SPARKLING WATER
6x1L (6L) (203.2 FL OZ)



NOW
3.99
ea.

SELECTION COFFEE CREAM
10%
1L (33.8 FL OZ)



NOW
5.99
ea.

INEVITABLE YOGURT TUBS
500g (17.6 FL OZ)



NOW
3.99
ea.

INEVITABLE COOKIES
12x100g (3.5 FL OZ)



NOW
3.99
ea.

SELECTION PASTA SAUCE
500g (17.6 FL OZ)

\$ New Lower Prices

 3.49 /lb PLETCHER'S PORK COTTLET ROLL 25% OFF	 11.99 ea. SMOKED CHALOT MONTANA'S PORK BACK RIBS SMOKED SAUSAGE 25% OFF	 6.49 ea. BOURGIN'S SMOKED TROUT BACON 25% OFF	 12.99 ea. MANGO CANELO SLICED TROUSERS MEL OR BOURGIN CHIEF 25% OFF	 12.99 ea. FRESH VEGGIE ROLL WITH FRUIT CAKES
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KELLOGG'S
VECTOR
 CEREAL
 10.99
 ea.

KELLOGG'S
RICE KRISPIES
 CEREAL
 10.99
 ea.

KELLOGG'S
Raisin Bran
 CEREAL
 10.99
 ea.

Simply
Simply Refrigerated
 JUICE
 6.99
 ea.

Simply
Simply Refrigerated
 JUICE
 6.99
 ea.

Simply
Simply Refrigerated
 JUICE
 3.99
 ea.

Simply
Simply Refrigerated
 JUICE
 3.99
 ea.

5.49
 ea. **CRACKER BARREL** BLACK BARREL CRACKERS
 CRACKER BARREL OR BLACK OODORLESS SEED CRACKERS
 ASTRO MILK OR CREAMY YOGURT
 100% CREAMY YOGURT

3.49
 ea. **Black Diamond** 100% CREAMY YOGURT
3.49
 ea. **Astro Original** 100% CREAMY YOGURT
4.99
 ea. **Astro Yogurt Tubes** 100% CREAMY YOGURT
4.99
 ea. **Pickles** 100% CREAMY YOGURT
 PICKLES OR PICKLES OR PICKLES OR PICKLES

FRINGLES CHIPS, FRUITY DRINKS, SUGAR OR SWEETENED JUICE OR COCKTAILS, OR MONTE JACOBO OR ARAZONA ICE TEA 2.49	 3.99	MINUTE MAID, FIRE ALIVE JUICE OF CONCORD GRAPE, OR FRUITY'S CLAMATO OR SHRIMP CATALAN SAUCE, 5.5 FL OZ JARS 3.99	CORDON ROUGE, CORDON ROUGE MICHELLO ULTRA NON-ALCOHOLIC BEVERAGES 11.49
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[illegible]

i earn with **moi** rewards

[illegible]

moi
rewards

SAVE BIG
IN THE APP

Add your coupons in the
Metro app today.



NOW
3.99
ea.
SAVE UP TO
\$1.50

5.49*
ea.
OREO
CAKESTERS
285 g
SELECTED VARIETIES

THIS WEEK'S DEALS:
Only until March 11, 2026, in-store or online



NOW
3.99
ea.
SAVE UP TO
\$2.80

6.75*
ea.
NESTLE CARNATION
HOT CHOCOLATE
ENVELOPES
7 - 10 x 13 - 25 g
SELECTED VARIETIES



NOW
4.99
ea.
SAVE UP TO
\$2

6.99*
ea.
SCHNEIDERS JUICY JUMBOS
OR SMOKED SAUSAGES
375 - 450 g
SELECTED VARIETIES



NOW
5.99
ea.
SAVE UP TO
\$1

6.99*
ea.
AQUASTAR BASA
FILLETS
FROZEN, 908 g



NOW
1.99
ea.
SAVE UP TO
\$1.50

3.49*
ea.
CHEEMO
PEROGIES
SELECTED SIZES
SELECTED VARIETIES



NOW
5.99
ea.
SAVE UP TO
\$3

8.99*
ea.
CLEARLY CANADIAN
SPARKLING WATER
6 x 355 ml
SELECTED VARIETIES



NOW
3.99
ea.
SAVE UP TO
\$1.50

5.49*
ea.
CREST TOOTHPASTE
OR ORAL-B ORAL CARE
SELECTED SIZES
SELECTED VARIETIES

LIMIT ONE REDEMPTION PER CUSTOMER
Offer available only on the My Metro app with a mailD account. Limit of one coupon redemption with a mailD account, unless expressly stated otherwise in the terms of the offer.
Offer coupon must be loaded at time of purchase. Available while supplies last. See app for full coupon details. *Price may vary at select locations.

contest
until March 11th

my
brands &
moi

total of
20
million
points
to be won

participate by purchasing two
products from these brands

Selection ✓

Irresistible

Personnelle

5
prizes

1,000,000 points
value of \$8,000 each

30
prizes

500,000 points
value of \$4,000 each

*No purchase required. From February 12 to March 11, 2026. Contest rules at moirewards.ca. Moi Rewards is a trademark of Metro Inc.

Farm Fresh Produce

Organic 

Sliced & Diced CELEBRATE INTERNATIONAL WOMEN'S DAY



CELEBRATE INTERNATIONAL
WOMEN'S DAY

#GIVETOGAIN

Let's #GiveToGain gender equality by supporting women owned and led businesses. Metro is proud to support the strength and resilience of these women in business – because when women thrive, we all rise.

Hand holding a heart with 'march 8' inside

Christine LaForest
CEO of Bel Canada Group

BOURBIN
PLANT BASED
BUTTER VARIETIES
175g
649
ea.

Susan Niczowski
Founder and President
of Summer Fresh Salads Inc.

50
points

SUMMER FRESH
HUMMUS & PITA
200-227g
SELECTED VARIETIES
449
ea.

Margaret Coons
Nuts For Cheese

NUTS FOR CHEESE
SPREAD
125g
SELECTED VARIETIES
1099
ea.

Natasha and Elysia
Vanderhure
Three Farmers

THREE FARMERS
CHICK PEAS
125g
SELECTED VARIETIES
449
ea.

Vanessa Garza
Siete Foods

SIETE
TORTILLA CHIPS
14.5g
SELECTED VARIETIES
599
ea.

Jessica Praskay
Owner of Black River

BLACK RIVER
JUICE
1L
SELECTED VARIETIES
899
ea.

Tara, Megan
& Laura Tomulka
Rawcology Founders

RAWCOLOGY
GRAIN FREE
GRANOLA
200g
SELECTED VARIETIES
749
ea.

Gigi Gill
CEO of ZoRaw
Chocolates

ZORAW
CHOCOLATE
BARS
50-55g
SELECTED VARIETIES
399
ea.

Jennifer Boyle
CEO & Co-Founder
Farm Girl

FARM GIRL
CEREAL
200g
SELECTED VARIETIES
899
ea.

Amelia Kirchhoff
and Julia Sankin
GoMacro Founders

GO MACRO
BARS
60-65g
SELECTED VARIETIES
399
ea.

Margaret Hudson
Burnbrae Farms

NATUREGG
EGG WHITES
100g
599
ea.

Susan and Megan
McElwain
SavageHot

SAVAGEHOT
HOT SAUCE
150ml
699
ea.

Julie Bednarski
Founder / CEO

HEALIX
HEALTHY CRUNCH
SEED BUTTER
300g
SELECTED VARIETIES
849
ea.

Carinne Chambers-Saini
and Francine Chambers
DIVA Founders

DIVA
MENSTRUAL CUP
1pc
SELECTED VARIETIES
3199
ea.



Zoey Shamai
Founder & CEO



TONICA
ORGANIC KOMBUCHA
350 ml
SELECTED VARIETIES

3⁹⁹
ea.



Miki Talebi
Founder & CEO



SMOKED TOFU
oomé
TOFU FINE
Greek
Grecque



SMOKED TOFU
oomé
TOFU FINE
Maple Soy
Erika et Soya

6⁴⁹
ea.



Kimberly Chamberland
and **Jasmine Bryne**
CEO and COO



MIGHTY MUSHROOM BITES
BIG MOUNTAIN
VEGGIE BITES
GROUND OR BITES
300 - 360 g

6⁹⁹
ea.



Jennifer Italiano
Co-Founder & Owner



live.
VEGETABLE
KIMCHI
175 ml

7⁹⁹
ea.



Genevieve Broussau
Provancher
CEO & Co-Founder



DÖSE
WELLNESS SHOTS
GINGER & TURMERIC
150 ml
SELECTED VARIETIES

13⁹⁹
ea.



Natasa Karambatas
President



KOUKLA
KOUKLES DELIGHTS BITES
CO. 100 g
SELECTED VARIETIES

8⁹⁹
ea.

Celebrate the women in your life



ARTISTICAL LITTLE SWAN ORCHID
BOUTIQUE FLOWERS

22⁹⁹
ea.



GERBERA GRACE BOUQUET
VIBRANT COLOURS

25⁰⁰
ea.



GARDENIA
6" POT

22⁹⁹
ea.



PREMIUM LONG STEM ROSE BOUQUET OR FANCY PREMIUM ROSE

39⁹⁹
ea.



CELEBRATION BOUQUET
VIBRANT COLOURS

20⁰⁰
ea.



ARRANGEMENT IN A VASE OR POT
VIBRANT COLOURS AND STYLES

44⁹⁹
ea.



PRESENTATION BOUQUET
VIBRANT COLOURS AND STYLES

39⁹⁹
ea.



INVITATIONS ALL'ONDA, FREE WINE
750 ml
SELECTED VARIETIES

8⁴⁹
ea.



GET TOGETHER FOR INTERNATIONAL WOMEN'S DAY

We have your catering covered.

**Minimum of 48 hours notice on all orders.*



Place Your Catering Order Today



Online
fresh2go.metro.ca



In Store
Visit Our Deli

Seafood



19⁹⁹
/lb

FRESH CANADIAN ORGANIC CHIRCOOK SALMON FILLETS
4.00/lb



18⁰⁰
ea.

FAMILY PACK SUSHI/GRILL CHICKEN
40 - 50g



FAMILY PACK



2 LB

12⁹⁹
ea.

PACIFIC WHITE CHOWDER SKINNERS
100g





5⁹⁹
ea.

PACIFIC CANADIAN COVE ORGANIC MUSSELS 1 LB



9⁹⁹
/lb

RAY SCALLOPS
WILD CO. PACIFIC, 2.50/lb



7⁹⁹
/lb

STORM HAD SEAFOOD SALMONS
WILD CO. PACIFIC, 1.50/lb





4⁹⁹
ea.

WILDCO COMBED LOBSTER MEAT
100g



8⁹⁹
ea.

OCEAN PRIME WHOLE CLEANED SQUID
100g



9⁹⁹
ea.

CEDAR RAY CANADIAN LOBSTER MAC & CHEESE
100g



16⁹⁹
ea.

AQUA STAR WILD SCOTTIE'S SALMON PORTIONS
100g



2.99
/100 g

SMOKEY
CANADIAN OR
CANADIAN HAM
100% CANADIAN

2.99
/100 g

SMOKE LOGS
DUCK BREAST
100% CANADIAN
SMOKED MEAT

3.29
/100 g

BUY MORE
SAVE MORE!

when you buy 500 g
or more

BALDWIN
2 YEAR AGED CHEDDAR
100% CANADIAN
CHEDDAR CHEESE

3.49
/100 g

BUY MORE
SAVE MORE!

when you buy 500 g
or more

PRESTON'S GRILL
PEPPERONI PIZZA
MADE 20 MONTHS
OLD

3.99
/100 g

BREITENSTEIN'S ARTISAN
MONTREAL SMOKED
SALMON CURED HOT OR
PEPPER

8.49
ea.

PELLER'S KOLBASA OR
POLISH SAUSAGE (200 g)

9.99
ea.

TRE STELLE
PETA
VEGETARIAN
CHEESE

3.99
/100 g

SANTORO PIRELLA
CHEESE PIRELLA
100% CANADIAN
CHEESE

8.79
ea.

TRE STELLE
PETA
VEGETARIAN
CHEESE

12.99
ea.

40%
OFF

MASTRO
SMOKED
SAUSAGE
PEPPERONI
PIZZA

50
points

MASTRO
SMOKED
SAUSAGE
PEPPERONI
PIZZA

6.49
ea.

MT. WOOL SPRINGS
SMOKED HAM
100% CANADIAN

8.79
ea.

PRESTON'S GRILL
SMOKED
SAUSAGE
PEPPERONI
PIZZA

12.99
ea.

40%
OFF

PRESTON'S GRILL
SMOKED
SAUSAGE
PEPPERONI
PIZZA

50
points

PRESTON'S GRILL
SMOKED
SAUSAGE
PEPPERONI
PIZZA

6.49
ea.

PRESTON'S GRILL
SMOKED
SAUSAGE
PEPPERONI
PIZZA

6.99
ea.

PREMIER
SMOKED
SAUSAGE
PEPPERONI
PIZZA

13.00
ea.

PRESTO 250
PUMPER SNOOKIES
100% CANADIAN

15.99
ea.

PRESTO 250
PUMPER SNOOKIES
100% CANADIAN

15.99
ea.

PRESTO 250
PUMPER SNOOKIES
100% CANADIAN

metro
FRESH
2 GO



**MONTREAL
SMOKED MEAT
SANDWICH**

899
ea.

SMOKER & CARVERY

**HOT &
MADE TO
ORDER**

More Smokin' Deals

SANDWICHES

Montreal Smoked or Roast Beef \$8.99 ea.

HOT SLICED

Montreal Smoked or Roast Beef \$2.99/100g

CHICKEN

Apple Wood Smoked Chicken \$14.99 ea.

RIBS

Maple Smoked St. Louis Side Ribs \$19.99 ea.

(full rack)



MARBLED SNACKING SNACKS

3.99
ea.

SNACKING SNACKS
MARBLED
100% REAL ITALIAN SAUSAGE
100% REAL ITALIAN SAUSAGE
100% REAL ITALIAN SAUSAGE
100% REAL ITALIAN SAUSAGE

SNACKING SNACKS
MARBLED
100% REAL ITALIAN SAUSAGE
100% REAL ITALIAN SAUSAGE
100% REAL ITALIAN SAUSAGE
100% REAL ITALIAN SAUSAGE

ZIZZI'S
MOZZARELLA
FRESH PASTA
100% REAL ITALIAN SAUSAGE
100% REAL ITALIAN SAUSAGE
100% REAL ITALIAN SAUSAGE
100% REAL ITALIAN SAUSAGE

ZIZZI'S
MOZZARELLA
SHREDDED
100% REAL ITALIAN SAUSAGE
100% REAL ITALIAN SAUSAGE
100% REAL ITALIAN SAUSAGE
100% REAL ITALIAN SAUSAGE

9.99
ea.



The image shows a large, round tiramisu cake on a white plate. The cake has a thick white cream filling between two layers of chocolate-dipped ladyfinger biscuits. The top is dusted with cocoa powder and has a single ladyfinger biscuit in the center. To the right of the cake is a box of Pizzelle Reko waffles. The box is clear plastic with a blue and white label that reads 'PIZZELLE Reko VANILLE VANILLES'. The box contains several golden-brown waffles. Below the cake and box, the prices are listed: 'TIRAMISU CAKE 31.99 e.p.' and 'REKO PIZZELLE 5.29 e.p.'.



The collage features four Aurora brand frozen food packages:

- Aurora Beef Boeuf:** A yellow package with a red circular logo. Price: 125¢ ea. (5 CORNERS).
- Aurora Chicken Poulet:** A yellow package with a red circular logo. Price: 125¢ ea. (5 CORNERS).
- San Benedetto Italian Antic Pasto:** A blue package with a white circular logo. Price: 1349¢ ea. (ANTIC PASTO).
- San Benedetto Antic Pasto:** A white package with a blue circular logo. Price: 1349¢ ea. (ANTIC PASTO).

[\[0\]](#) [\[1\]](#) [\[2\]](#) [\[3\]](#) [\[4\]](#) [\[5\]](#) [\[6\]](#) [\[7\]](#) [\[8\]](#) [\[9\]](#)

YOUR FIRST 3 ORDERS*

metro.ca

UP TO
\$60
OFF



Shop Offer



*\$20 off your first 3 online orders of \$80 or more.
Certain conditions apply. Details on metro.ca

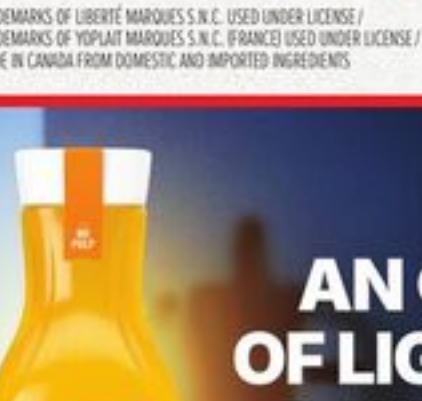
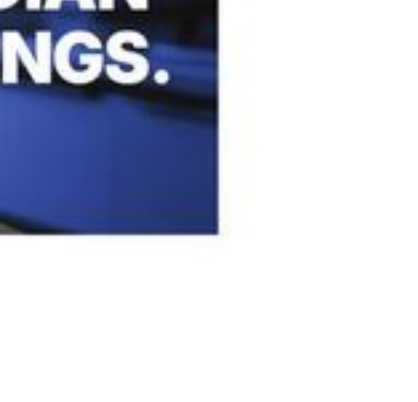
More Great Savings

 2⁹⁹ ea.	 6⁹⁹ ea.	 3⁷⁹ ea.	 8⁴⁹ ea.
 4⁹⁹ ea.	 5⁹⁹ ea.	 25⁹⁹ 200 ea.	 6⁹⁹ ea.

 5⁴⁹ 60 ea.		 9⁴⁹ 60 ea.	
 5⁴⁹ 60 ea.		 3⁹⁹ ea.	

 5⁹⁹ ea.		 5⁴⁹ ea.	
 5⁴⁹ ea.		 5⁴⁹ ea.	

 4⁴⁹ ea.		 6⁹⁹ ea.	
 2⁹⁹ ea.		 2⁴⁹ ea.	

 4.49 ea. CLUB HOUSE SPICES 100 - 160 g SELECTED VARIETIES	 4.49 ea. TOWNHOUSE CRACKERS 147 - 201 g SELECTED VARIETIES	 3.99 ea. CARR'S CRACKERS 120 - 160 g SELECTED VARIETIES	 5.49 ea. MCVITIE'S COOKIES 232 - 400 g SELECTED VARIETIES
 5.49 ea. ST-ONGE FOUR SPREAD 120 ml SELECTED VARIETIES	 2.49 ea. CLARK BEANS 286 g (10 oz) SELECTED VARIETIES	 2.49 ea. BUSH'S BEST BEANS 286 g (10 oz) SELECTED VARIETIES	 8.99 ea. KOOLIK'S SAUCE 250 ml SELECTED VARIETIES
New options. New flavours. New reasons to shop Metro for new & trusted brands. DISCOVER NEW  GENERAL MILLS CERIAL 300 - 420 g SELECTED VARIETIES 4.49 ea. 			
 1.19 ea. WELCH'S FRUIT SNACK 65 g SELECTED VARIETIES	 3.49 ea. LECLERC GO PURE BARS 140 - 170 g SELECTED VARIETIES	 KELLOGG'S POP TARTS OR RICE KRISPIES SQUARES 176 - 204 g SELECTED VARIETIES 2.99 ea.	
 9.99 ea. BONNE MAMAN JAM 500 ml SELECTED VARIETIES	 3.99 ea. KRAFT PEANUT BUTTER 250 g SELECTED VARIETIES	 3.49 ea. BETTY CROCKER FRUIT SNACKS 130 g SELECTED VARIETIES	 1.99 ea. GREEN GIANT CANNED VEGETABLES 241 - 288 ml SELECTED VARIETIES
LIBERTÉ  3.49 ea. LIBERTÉ MEDITERRANEAN YOGURT 500 g SELECTED VARIETIES  6.49 ea. LIBERTÉ YOGURT TUB SELECTED SIZES SELECTED VARIETIES  2.99 ea. LIBERTÉ GREEK YOGURT 4 x 100 g SELECTED VARIETIES  yoplait YOP DRINKABLE YOGURT 200 ml SELECTED VARIETIES 99¢ ea.  2.99 ea. YOP LAIT TUBES, MINIGO OR SOUCE YOGURT SELECTED SIZES SELECTED VARIETIES  YOP DRINKABLE YOGURT 6 x 200 ml SELECTED VARIETIES 5.99 ea.  NEW  YOP LAIT TUBES, MINIGO OR SOUCE YOGURT SELECTED SIZES SELECTED VARIETIES  NEW  YOP LAIT TUBES, MINIGO OR SOUCE YOGURT SELECTED SIZES SELECTED VARIETIES  NEW			
#1 MOST TRUSTED Smoothies or Healthy Juices in Canada 4 YEAR AWARD SMOOTHIES OR HEALTHY JUICES REFRIGERATED JUICE 1.5 L (50.7 FL OZ) SELECTED VARIETIES 4.99 ea. AN OASIS OF LIGHT FOR CANADIAN MORNINGS.  OASIS SMOOTHIE 1.5 L (50.7 FL OZ) SELECTED VARIETIES 5.99 ea.  OASIS ORANGE JUICE 1.5 L (50.7 FL OZ) SELECTED VARIETIES 5.99 ea.			

Baby Care



**BABY GOURMET
BABY PUREE**
10.1 FL OZ (295 mL)
SELECTED VARIETIES

249
ea.



120
points

449
ea.

**GERBER
BABY SNACKS**
2.5 OZ (70.9 g)
SELECTED VARIETIES



449
ea.

EARTH'S BEST BABY SNACKS
4.4 FL OZ (127 mL)
SELECTED VARIETIES



40
points

249
ea.

**EARTH'S BEST
BABY SNACKS**
4.4 FL OZ (127 mL)
SELECTED VARIETIES



399
ea.

**BABY GOURMET
PUFFS**
4.1 FL OZ (118 mL)
SELECTED VARIETIES



949
ea.

**PERSONNELLE
BABY WIPES**
20.7 FL OZ (610 mL)
SELECTED VARIETIES



1499
ea.

**PAMPERS
BABY WIPES**
27.7 FL OZ (810 mL)
SELECTED VARIETIES



1349
ea.

**LIVE CLEAN
BABY WIPES**
27.7 FL OZ (810 mL)
SELECTED VARIETIES

Health & Beauty



**COLGATE
OPTIC WHITE
TOOTHBRUSH**
10.1 FL OZ (295 mL)
SELECTED VARIETIES

499
ea.



699
ea.

**SENSODYNE
TOOTHPASTE**
10.1 FL OZ (295 mL)
SELECTED VARIETIES



849
ea.

**ORAL-B
DENTAL FLOSS**
10.1 FL OZ (295 mL)
SELECTED VARIETIES



1049
ea.

**LISTERINE
MOUTHWASH**
10.1 FL OZ (295 mL)
SELECTED VARIETIES



1199
ea.

**NIVEA
MOISTURIZING CREAM**
10.1 FL OZ (295 mL)
SELECTED VARIETIES



1299
ea.

**AVEENO
BODY LOTION**
10.1 FL OZ (295 mL)
SELECTED VARIETIES



70
points

599
ea.

**OLD SPICE
DEODORANT**
10.1 FL OZ (295 mL)
SELECTED VARIETIES



649
ea.

**NIVEA
DEODORANT**
10.1 FL OZ (295 mL)
SELECTED VARIETIES



499
ea.

**NIVEA
BODY WASH**
10.1 FL OZ (295 mL)
SELECTED VARIETIES



80
points

699
ea.

**AXE
BODY WASH**
10.1 FL OZ (295 mL)
SELECTED VARIETIES



699
ea.

**DOVE
BAR SOAP**
10.1 FL OZ (295 mL)
SELECTED VARIETIES



799
ea.

**SQUATCH
WOOD BARREL
BOURBON**
10.1 FL OZ (295 mL)
SELECTED VARIETIES



1399
ea.

**NATIVE
HAIR CARE**
10.1 FL OZ (295 mL)
SELECTED VARIETIES



949
ea.

**DOVE
STYLING PRODUCT**
10.1 FL OZ (295 mL)
SELECTED VARIETIES



599
ea.

**LIVE CLEAN
HAND SOAP**
10.1 FL OZ (295 mL)
SELECTED VARIETIES



499
ea.

**GILLETTE
SHAVING GEL**
10.1 FL OZ (295 mL)
SELECTED VARIETIES



1599
ea.

**PANTENE
HAIR CARE**
10.1 FL OZ (295 mL)
SELECTED VARIETIES



1999
ea.

**TAMPAX
ALWAYS**
10.1 FL OZ (295 mL)
SELECTED VARIETIES



599
ea.

**TAMPAX
ALWAYS**
10.1 FL OZ (295 mL)
SELECTED VARIETIES



1849
ea.

**TENA
OVERNIGHT**
10.1 FL OZ (295 mL)
SELECTED VARIETIES



Nestlé®
Good Food, Good Life

Your favourite
at any time!



11⁹⁹
ea.

STARBUCKS COFFEE
371L • 340 g (12 oz) 15
SELECTED VARIETIES



7⁹⁹
ea.

NESCAFÉ GOLD
INSTANT COFFEE
95 • 100
SELECTED VARIETIES



13⁹⁹
ea.

STARBUCKS VERTUO
COFFEE CAPSULES
8 • 10 • 15
SELECTED VARIETIES



250
points
value of \$2

7⁴⁹
ea.

STARBUCKS
SHAKERS
SELECTED SIZES
SELECTED VARIETIES



6⁹⁹
ea.

NESTLÉ
KEO TEA MIX
500 g



5⁷⁹
ea.

NESTLÉ CHOCOLATES
70 • 200 g
SELECTED VARIETIES



12⁴⁹
ea.

MAISON PERRIER
OR SAN PELLEGRINO
SPARKLING WATER
6 x 1 L
SELECTED VARIETIES



8⁴⁹
ea.

SAN PELLEGRINO
NATURAL OR CIO
SPARKLING DRINKS
6 x 330 ml
SELECTED VARIETIES



12⁹⁹
ea.

BOOST
HIGH PROTEIN
HYPERPROTEINE
6 x 250 ml
SELECTED VARIETIES



5⁹⁹
ea.

HÄAGEN-DAZS
ICE CREAM
SELECTED SIZES
SELECTED VARIETIES



9⁹⁹
ea.

HÄAGEN-DAZS
ICE CREAM
146 ml
SELECTED VARIETIES



6⁴⁹
ea.

iöco FROZEN YOGURT
OR DEL MONTE SORBET
SELECTED SIZES
SELECTED VARIETIES

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BUILDING COMMUNITY

One Rink at a Time

© NHL © NHLPA

6⁹⁹ ea.
KRAFT PEANUT BUTTER OR HAZELNUT SPREAD 750 g / 1 kg
SELECTED VARIETIES

4²⁹ ea.
KRAFT SALAD DRESSINGS 425 ml
SELECTED VARIETIES

6⁹⁹ ea.
MIRACLE WHIP SPREAD 305 g
SELECTED VARIETIES

3⁹⁹ ea.
HEINZ MAYONNAISE-STYLE SAUCES OR KETCHUP 340 / 375 ml
SELECTED VARIETIES

4⁹⁹ ea.
CLASSICO PASTA SAUCE 238 / 550 ml
SELECTED VARIETIES

1⁶⁶ ea.
KRAFT DINNER MACARONI & CHEESE 56 / 200 g
SELECTED VARIETIES

5⁴⁹ ea.
CRAVE OR KRAFT DINNER DELUXE FROZEN MEAL 200 / 340 g
SELECTED VARIETIES

*Based on the 2018 BrandScan® Canadian Trust Study.

PHILADELPHIA
Dips
DILL PICKLE

PHILADELPHIA
Dips
FRENCH ONION

4⁹⁹ ea.
PHILADELPHIA DIPS 227 g
SELECTED VARIETIES

BUY \$20 OF PARTICIPATING
KRAFT HEINZ HOCKEYVILLE ITEMS
GET 500 POINTS



Participating products: KRAFT DINNER MACARONI & CHEESE 56 / 200 g; KRAFT PEANUT BUTTER 750 g / 1 kg; KRAFT SALAD DRESSINGS 425 ml; KRAFT SINGLES PROCESS CHEESE PRODUCT 410 g; CLASSICO PASTA SAUCE 410 / 500 ml; HEINZ KETCHUP 375 ml / 1 L; PHILADELPHIA CHEESE PRODUCT 227 / 250 g; CRAVE FROZEN ENTREES 200 / 340 g.



BRING HOME THE BELL

SAUCY, CHEESY, CRUNCHY, SPICY

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3⁹⁹
ea.

TACO BELL
SEASONED SHELL KITS
117 g
SELECTED VARIETIES



7⁹⁹
ea.

TACO BELL
PREMIUM KITS
642 g
SELECTED VARIETIES



2⁹⁹
ea.

TACO BELL
SAUCES
207 ml
SELECTED VARIETIES



5⁴⁹
ea.

TACO BELL
CREAMY SAUCES
125 ml
SELECTED VARIETIES



4⁹⁹
ea.

TACO BELL
COOK KITS
300 - 400 g
SELECTED VARIETIES



4⁹⁹
ea.

TACO BELL
POPS
425 - 465 g
SELECTED VARIETIES



4⁹⁹
ea.

TACO BELL
SEASONING
20 g
SELECTED VARIETIES



1²⁵
ea.

TACO BELL
MULTIGRAIN
28 g
SELECTED VARIETIES



4⁹⁹
ea.

TACO BELL
SOFT TACO
200 - 400 g
SELECTED VARIETIES



4⁹⁹
ea.

TACO BELL
CRUNCHY & SOFT TACO
200 - 400 g
SELECTED VARIETIES

MADE IN CANADA*

WITH THE WHOLE

PLANET IN MIND



3 MEGA 6
rolls
BONTERRA
Essence of Soft

Bonterra
For a better planet • Pour une meilleure planète

100% recycled paper
2 Ply
Size: 27 cm x 121 cm



9-27 6
rolls
BONTERRA

Bonterra
For a better planet • Pour une meilleure planète

Plastic-Free Packaging
Emballage sans plastique

100% recycled paper
2 Ply
Size: 27 cm x 121 cm



BONTERRA
PAPER TOWELS 3 - 6 rolls
BATHROOM TISSUE 9 - 27 rolls
OR FACIAL TISSUE 3 - 6 un

8⁹⁹
ea.



BONTERRA
PAPER TOWELS 3 - 6 rolls
BATHROOM TISSUE 9 - 27 rolls
OR FACIAL TISSUE 3 - 6 un

8⁹⁹
ea.

*Made in Canada with domestic and imported materials.