SPROUTS
FARMERS MARKET

Find your Grind with the 72 HOUR SALE

$9.99/lb Sprouts bulk coffee
for 3 days only!

SHOP NOW

Saturday, Sunday, Monday
March 14th–16th

SPROUTS FARMERS MARKET

FRESH ORGANIC STRAWBERRIES ONLY $3/EA.

Organic
Strawberries 1lb.

HIGH-PROTEIN, MEAL BUILDERS

Ground Chicken or Turkey
Sprouts, Pasturebird, Force of Nature or Diestel Family Ranch.
No hormones or steroids added!
Select varieties, 14-48 oz.

BUY ONE, GET ONE 50% OFF regular retail of equal or lesser value

Protein Ready-to-Drink or Powder
Select brands, varieties and sizes

BUY ONE, GET ONE 50% OFF regular retail of equal or lesser value

Organic Halos Seedless Mandarins 3lb. Bag

USDA ORGANIC

BUY ONE, GET ONE 50% OFF regular retail of equal or lesser value

Organic Red Potatoes 3lb. Bag

USDA ORGANIC

BUY ONE, GET ONE 50% OFF regular retail of equal or lesser value

Protein or Nutrition Bars
Select brands, varieties and sizes

BUY ONE, GET ONE 50% OFF regular retail of equal or lesser value

Annie's Homegrown Crackers, Grahams or Specialty Mac and Cheese
Select varieties, 4-7.5 oz.

BUY ONE, GET ONE 50% OFF regular retail of equal or lesser value

Nature's Path Organic Cereal or Granola
Select varieties, 10-14 oz.

BUY ONE, GET ONE 50% OFF regular retail of equal or lesser value

FRESHLY GROUND & RECIPE-READY

PROTEINS

Upgrade & save on easy weeknight meals with ground chicken & turkey raised with no antibiotics, ever.

1 Dairy-Free Southwest Turkey Bowls

Get Recipe >

2 Better-For-You Chicken Lettuce Wraps

Get Recipe >

3 Veggie-Packed Mini Chicken Burgers

Get Recipe >

Sprouts Fresh Atlantic Salmon Fillets

High in omega-3 fatty acids, farm-raised

$9.99/LB.

Available in the service case

Goodness Grazecious Grass-Fed Organic 85% Lean Ground Beef

USDA ORGANIC

No antibiotics or added hormones, 48 oz.

BUY ONE, GET ONE 50% OFF regular retail of equal or lesser value

Value pack

Sprouts Premium Angus Beef Top Sirloin Filet

U.S.D.A. CHOICE BEEF

$14.99/LB.

Sprouts Corned Beef Rounds

U.S.D.A. CHOICE BEEF

Lean and flavorful, a traditional favorite

$6.99/LB.

While supplies last

Sprouts Boneless Skinless Chicken Breasts

NO ANTIBIOTICS, EVER

Air-chilled, no added hormones or steroids!

BUY ONE, GET ONE 50% OFF regular retail of equal or lesser value

Discount taken at register

Teton Waters Ranch 100% Grass-Fed Uncured Beef Hot Dogs

CERTIFIED HUMANE RAISED & HANDLED

All-natural gluten-free beef, no nitrites or nitrates added! 8 oz.

NO ANTIBIOTICS, EVER

$5.99/EA.

Beyond Meat Plant-Based Chicken

Select varieties, frozen, 8-10 oz.

BUY ONE, GET ONE 50% OFF regular retail of equal or lesser value

Wild Pat Wild-Caught Peeled & Deveined Raw Red Argentine Shrimp

30/40 ct. No tails just cook and serve, previously frozen

BUY ONE, GET ONE 50% OFF regular retail of equal or lesser value

Also sold in a 1 lb. frozen bag

Sprouts Tuna Steaks or Tilapia Fillets

Responsibly sourced, frozen, 32 oz.

BUY ONE, GET ONE 50% OFF regular retail of equal or lesser value

Sprouts Wild-Caught Mahi Mahi Fillets

Previously frozen, firm, lean white fish can be pan-seared, grilled, or used in tacos!

WILD CAUGHT FAVORITE

$8.99/LB.

Available in the service case

SPROUTS®

REWARDS

Member-Only Offer

EARN 5x POINTS* ON SELECT PRODUCTS

Sprouts Rewards members can enjoy 5x points on these select items and more through **March 24th**!

SHOP ALL 5x

*Bonus offers apply to select items are subject to availability.

Blackberries 5.6oz. or Raspberries 6oz.

$3 /EA.

Perfect Bar or Siggi's Skyr Yogurt

Select varieties, 2.18-5.3 oz

3 FOR $5

Heart & Soil Superfoods

Select varieties, 180 caps

20% OFF regular retail

Kevin's Natural Foods Frozen Entrées

GF

Select varieties, 9-9.5 oz.

BUY ONE, GET ONE 50% OFF regular retail of equal or lesser value

Milton's Frozen Cauliflower Crust Pizza

GF

Select varieties, 10-11 oz.

BUY ONE, GET ONE FREE of equal or lesser value

Applegate Naturals Frozen Chicken Tenders, Nuggets or Bites

Select varieties, 16 oz.

$5 OFF regular retail

Sprouts Packaged Nuts

Select varieties, 10-12 oz.

BUY ONE, GET ONE 50% OFF regular retail of equal or lesser value

Hampton Farms Baseball Peanuts

Select varieties, 12 oz.

2 FOR $5

Sprouts Australian Licorice Chews

Select varieties, 10 oz.

BUY ONE, GET ONE 50% OFF regular retail of equal or lesser value

Sprouts Marry Me Chicken Pasta

$9.99 /LB.

Sprouts Snack Cups

Select varieties, 4-7 oz.

BUY ONE, GET ONE 50% OFF regular retail of equal or lesser value

FRESH SIPS FOR SPRING

Refreshing hydration with feel-good benefits.

SHOP NOW

Sponsored

AutumnCrisp Grapes 2lb. Clamshell

BUY ONE, GET ONE 50% OFF regular retail of equal or lesser value

Organic Large Honey Mangos

USDA ORGANIC

2 FOR $4

SugarBee Apples

$1.98 /LB.

Organic Medium Hass Avocados 5ct. Bag

USDA ORGANIC

BUY ONE, GET ONE 50% OFF regular retail of equal or lesser value

Cotton Candy Grapes

$3.98 /LB.

Sumo Citrus 3lb. Bag

BUY ONE, GET ONE 50% OFF regular retail of equal or lesser value

Organic Green Beans 1lb. Bag

USDA ORGANIC

BUY ONE, GET ONE 50% OFF regular retail of equal or lesser value

Tasteful Selections Organic Bite-Size Potato Trays 1lb.

Sea Salt and Herb or Cracked Pepper

USDA ORGANIC

BUY ONE, GET ONE 50% OFF regular retail of equal or lesser value

Earthbound Farm Organic Salad Blends or Mixed Bell Peppers 2ct.

4-10 oz. Salad Blends

USDA ORGANIC

BUY ONE, GET ONE 50% OFF regular retail of equal or lesser value

FORAGER FINDS

Our Foragers' Favorite Discoveries

WHAT WE LOVE ABOUT THESE BRANDS

NEW FLAVORS OF THE PLANT-BASED SMOOTHIES YOU LOVE

MADE WITH CYMBIOTIKA'S LIPOSOMAL VITAMIN C

BOTANICAL-POWERED BITTERS WITH BENEFITS

ORGANIC HYDRATION, NOW AVAILABLE IN 4-PACKS ONLY AT SPROUTS!

Fresh Baked Irish Soda Bread

17 oz.

$4.99 /EA.
Everyday low price

Traditional Brownies or Cornbread

12 or 16 oz.

2 FOR $10

Maxine's Heavenly Gluten-Free Creme Sandwiches

GF

Select varieties,
6 pk.

BUY ONE, GET ONE 50% OFF
regular retail
of equal or lesser value

BETTER BITES

FOR BUSY MOMENTS

ORDER NOW

NO ANTIBIOTICS, EVER CHICKEN

Kevin's Natural Foods Entrées or Sides

GF

Select varieties,
16 or 26 oz.

25% OFF
regular retail

Roma Vicolo Pizza or Vicolo Pizzetta or Pizza

Select varieties,
9.25-17.25 oz.

BUY ONE, GET ONE 50% OFF
regular retail
of equal or lesser value

Bonafide Provisions Organic Frozen Bone Broth

USDA ORGANIC

Select varieties,
8-24 fl. oz.

BUY ONE, GET ONE 50% OFF
regular retail
of equal or lesser value

Three Bridges Egg Bites

GF

Select varieties, 2 ct.

$3.99 /EA.

Casa Sanchez Fresh Salsa

Select varieties,
15 oz.

20% OFF
regular retail

Emerald Irish Ice Cream

Select varieties,
1 pint

$6.99 /EA.

Sprouts Organic Pasta Sauce

Select varieties, 25 oz.

USDA ORGANIC

2 FOR $8

Sprouts Organic Pasta or Heat & Eat Rice

Select varieties, 8.8 or 16 oz.

USDA ORGANIC

2 FOR $4

Kind Breakfast Bars or Granola Clusters

Select varieties, 7.1-12.3 oz.

BUY ONE, GET ONE 50% OFF
regular retail of equal or lesser value

Essentia Alkalized Water 1.5L

2 FOR $4
+CRV in CA

Sprouts Organic Avocado Oil Tortilla Chips

Select varieties, 9 oz.

USDA ORGANIC

2 FOR $9

Fishwife Tinned Seafood Co.

All Items

30% OFF
regular retail

Yogi Organic Boxed Tea

Select varieties, 16 ct.

USDA ORGANIC

2 FOR $9

Pacific Foods Organic Soup

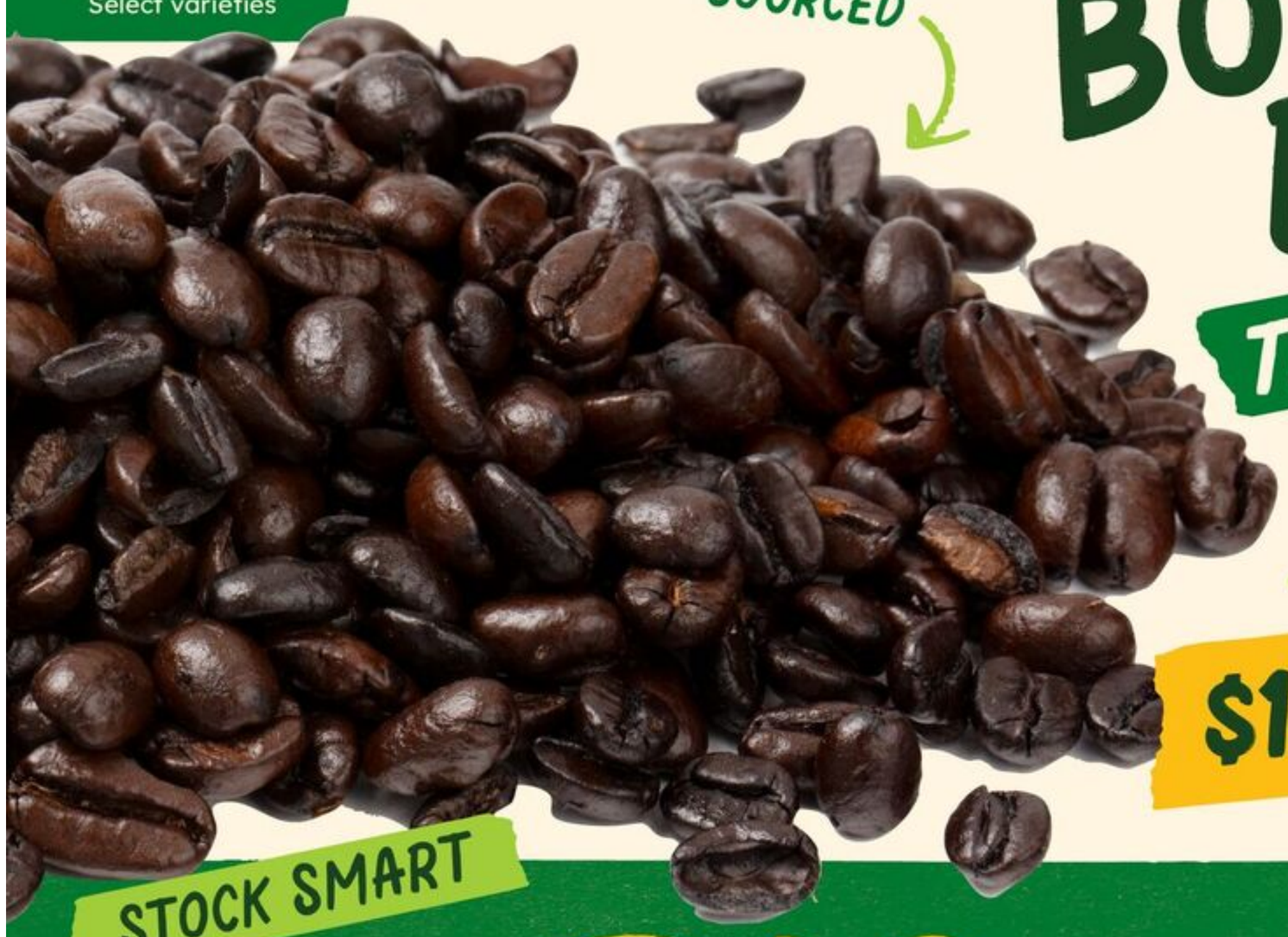
Select varieties, 32 fl. oz.

USDA ORGANIC

BUY ONE, GET ONE 50% OFF
regular retail of equal or lesser value

Sprouts
Bulk Coffee
Select varieties

RESPONSIBLY SOURCED



BOLD BREWS THAT ARE SOOO SMOOTH!

$13.99 /LB.

STOCK SMART

GO BIG ON BULK

Shop everything you love in quantities you need.

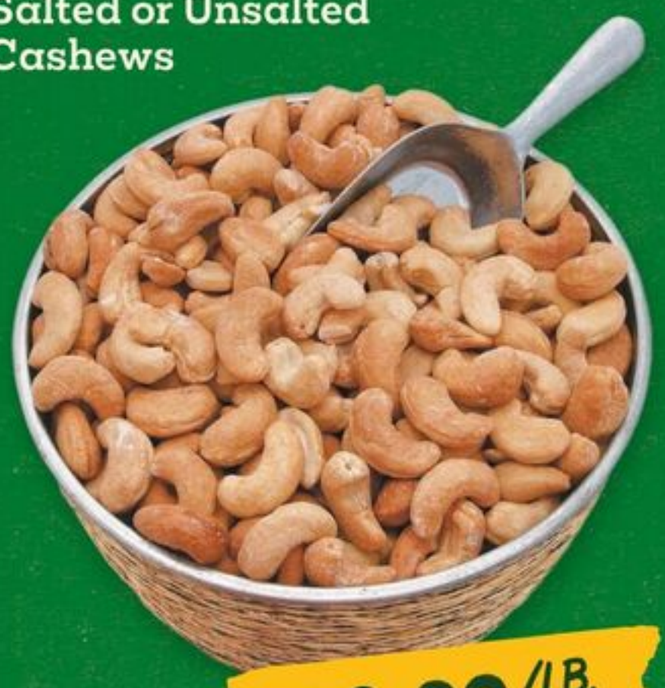
Sprouts Organic Bulk Spices

USDA ORGANIC

Select varieties

25% OFF regular retail

Whole Raw, Roasted Salted or Unsalted Cashews



$8.99 /LB.

Bulk Candy Clusters

Select varieties

20% OFF regular retail

Sprouts Organic Dried Prunes or Turkish Figs

USDA ORGANIC

12 oz.

$8.99 /EA.

Bulk Seeds or Snacks

Select varieties

20% OFF regular retail

Sprouts Organic Gummies

USDA ORGANIC

Select varieties, 6 oz.

$7.99 /EA.

Barker Wellness Co or Lemme Supplements

Select varieties and sizes

20% OFF regular retail

Apothékary or Hum Nutrition Supplements

Select varieties and sizes

20% OFF regular retail

PURE & HONEST BODY CARE

Shop better-for-you body care essentials

Oceanblue Omega-3 2100

Select varieties, 60-90 softgels

20% OFF regular retail

Cymbiotika Supplements

Select varieties, 0.17-6 fl. oz.

20% OFF regular retail

The Honest Company Children's Bath or Body Care

Select varieties and sizes

20% OFF regular retail

Emerald Labs

All Items

25% OFF regular retail

LifeSeasons

All Items

20% OFF regular retail

Rael Feminine Hygiene

All Items

BUY ONE, GET ONE 50% OFF regular retail of equal or lesser value

Prices valid March 11–17, 2026

AT ANY OF OUR NASHVILLE AREA LOCATIONS

Kinship Facial Care

All Items

BUY ONE, GET ONE 50% OFF regular retail of equal or lesser value

WE RESERVE THE RIGHT TO LIMIT QUANTITIES.
OFFERS NOT AVAILABLE TO WHOLESALERS. NO CASE DISCOUNTS.

These statements have not been evaluated by the Food & Drug Administration. These products are not intended to diagnose, treat, cure or prevent disease. Some items may be subject to local, county or state sales tax, and (in Fort Collins and Aurora, CO) to a Public Improvement Fee (PIF). We are not responsible for any typographical errors.

MARCH DEALS ARE HERE!

Explore the Healthy Savings in Bloom!

VIEW DEALS

SPROUTS FARMERS MARKET

DEALS OF THE MONTH

MARCH 2026

Freshly Picked Spring Savings

Offers valid February 25th - March 24th, 2026 at Sprouts stores, excluding Chula Vista, CA and Sprouts Express on High Street Phoenix, AZ.

SEE YOU NEXT WEEK!