

FRESH CO

Lowering food prices

Flyer in effect March 19-25, 2026

Prices in effect in Ontario, Excludes Thunder Bay

LOWEST PRICE OR WE'LL BEAT IT*

SHOP WITH US FOR THE LOWEST PRICES, EVERY DAY.
Guaranteed with our Price Match policy*



Scene+ MEMBER PRICING **SAVE \$4**
\$10

Mina Halal Boneless Skinless Chicken Breasts
4 pieces reg 16.00
WHILE SUPPLIES LAST
Poisine de poulet

without Scene+ Card **\$14**



SAVE UP TO \$1.44

Unico Beans or Tomatoes
540-796 mL
reg 1.99-2.69
Légumineuses ou tomates

\$1.25

\$2.44

Strawberries
454 g Product of USA or Mexico
No. 1 Grade
Fraises



Compliments Spring Mix or Baby Spinach
312 g
Product of USA
Mélange printanier ou jeunes épinards

\$3.99



Maple Leaf or Schneiders Smoked Ham
600-700 g
reg 16.99
Jambon fumé

SAVE \$8
\$8.99



Compliments Cooked Shrimp with Cocktail Sauce Frozen
255 g reg 7.00
Crevettes avec sauce

SAVE \$2
\$5



Dempster's Bread 675 g or Buns 8 pk
reg 3.49-3.69
Pain ou petits pains

SAVE UP TO 90¢
\$2.79



Danone Activia Yogurt
12 pk
Yogourt

SAVE \$1.30
\$5.99



Sealtest Chocolate Milk
750 mL
reg 2.59
Lait au chocolat

SAVE \$1.60
99¢



Dr. Oetker Giuseppe Rising or Thin Crust Pizza
439-785 g reg 6.99
Pizza

SAVE \$2
\$4.99



Black Diamond Cheese Slices
825 g
Fromage

SAVE \$1
\$5.99



Cheetos 170-285 g Miss Vickie's 180-200 g or Fritos 340 g
reg 4.69-4.79
Croustilles ou grignotines

SAVE UP TO \$1.30
\$3.49



Tata Orange Pekoe Tea Bags
220 pk 638 g or Ahmad Tea
100 pk reg 7.49-9.99
Thé

SAVE \$1
\$5.99
without Scene+ Card **\$6.99**



Italpasta 900 g
reg 2.99
Pâtes

SAVE \$1
\$1.49
without Scene+ Card **\$2.49**



make happy tummies

Join Us.

100% of donations help feed hungry tummies at schools in our neighbourhoods.

Donate in-store

makehappytummies.ca

TM 2026 Make Happy Tummies

PRODUCT SELECTION MAY VARY BY LOCATION

Locally Owned & Operated BY PROUD CANADIANS



Look for the leaf to help you support Canada



Learn more

*Lowest Price Guaranteed. If another discount supermarket in your area is advertising a lower price, show us and we won't just match it, we'll beat it!



Yoplait Tubes 8 pk or Minigo 6 pk reg 3.49

SAVE UP TO \$1.50
\$1.99



Cashmere Bath Tissue 12-24 rolls
Sponge Towels 3-6 rolls or
Scotties Facial Tissue 6 pk
reg 10.99

SAVE \$4
\$6.99



Five Roses or Robin Hood Flour 2.5 kg

SAVE \$2
\$3.99
without Scene+ Card \$5.99



Jif Peanut Butter 1 kg or Smucker's Jam 310-500 mL Selected Varieties reg 6.49-6.99

SAVE UP TO \$1
\$5.99



Heinz Bagel Bites 198 g or Smart Ones Frozen Entrées 255-283 g reg 3.49-4.49

SAVE UP TO \$2.50
\$1.99



Jarritos or Brio Soft Drink 355-370 mL reg 1.99-2.29

SAVE UP TO 60¢
\$1.69



Kicking Horse Ground Coffee 284 g reg 15.99

SAVE \$6
\$9.99



Nutella Hazelnut Spread 725 g reg 8.49

SAVE 70¢
\$7.79



Cadbury Chocolate Family Bar 90-100 g or Maynards Candy 150-154 g

SAVE 50¢
\$2.49



Dove Deodorant or Antiperspirant 45-74 g Shampoo or Conditioner 355 mL Body Wash 325 mL or Soap Bars 3 pk Selected Varieties reg 5.99-8.99

SAVE UP TO \$4
\$4.99

Scene+ 1,000 PTS = \$10 OF FREE GROCERIES



Pearl Milling Pancake Mix 905 g or Pancake Syrup 710 mL reg 4.29

100 PTS when you buy 2
SAVE 50¢
\$3.79



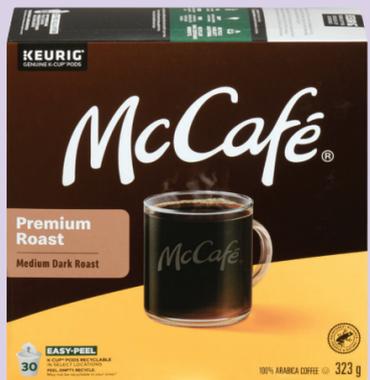
Kellogg's Core Bars 125-384 g or Premium Bars 165-200 g reg 4.29-4.49

200 PTS when you buy 2
SAVE UP TO \$1.50
\$2.99



Simply Orange Juice 1.36 L reg 6.99

100 PTS when you buy 2
SAVE \$1.50
\$5.49



McCafé Coffee K-Cup Pods 30 pk

100 PTS when you buy 1
SAVE \$6
\$22.99



Carnation Evaporated Milk 354 mL reg 2.79

100 PTS when you buy 3
SAVE 80¢
\$1.99



Pampers Super Pack Diapers 44-102 pk Selected Varieties reg 35.99-37.99

400 PTS when you buy 2
SAVE UP TO \$7
\$30.99



Temptations Cat Treats 454 g reg 8.49

100 PTS when you buy 1
SAVE \$2.50
\$5.99

Scene+ DIGITAL EXCLUSIVE

MAR 19-25, 2026 *terms and conditions apply



Load your offer and get 20% off for every Compliments Shredded Cheese 226-320 g

20% off



Load your offer and get 20% off for every Compliments Chicken Thighs Jerk 400 g or Tikka Masala 454 g

20% off



The Scene+ Loyalty Program is available at all participating FRESHCO locations within ONTARIO. No base Scene+ points earned. See weekly offers for current ways to earn Scene+ points and visit <https://www.sceneplus.ca/terms-and-conditions> to see full Terms and Conditions. All weekly offers exclude taxes, delivery charges, bill payments, service fees, rental fees, event tickets, gift cards, fluid dairy products in Atlantic regions, pre-paid cards, postal products and services, Western Union, McCafé/Tim Hortons/Starbucks products and services in select regions, prescription drugs, non-prescription pharmacy services, liquor and alcoholic beverages, tobacco products, lottery, photo finishing, deposits, environmental charges, fuel and other goods and services which are non-discountable or excluded by law. For full Scene+ Terms & Conditions or to redeem your points, visit <https://www.sceneplus.ca/terms-and-conditions>. All offers are subject to change and may be withdrawn without notice. Trademarks of Scene+ Inc. are used under license by Roby's Capital Incorporated. Offers valid Thursday, March 19, 2026 to Wednesday, March 25, 2026. Prices in effect while supplies last. We reserve the right to limit quantities. No rainchecks except as advertised. All prices shown in this flyer are intended to be the lowest regular retail prices offered at our stores in the applicable trade area. Guarantee does not apply to banners owned, operated or franchised by Sobey's Capital Incorporated. Savings offered may differ by region. We reserve the right to correct any unintentional errors in this flyer and make changes to any of our programs without prior notice. See in-store or FreshCo.com for details. Our reference to "lower prices", "low prices" and other similar statements in our ads is as compared to the full-service banners operated by Sobey's Capital Incorporated. See in-store or FreshCo.com for full details of our Guarantee. All Guarantees are applied at our absolute discretion and we reserve the right to define competitor, trade area and to limit quantities. Not to be combined with any other offers and subject to change without notice. Guarantees do not apply to third party vendor products, prescriptions, gift cards, liquor, tobacco, clearance & limited-time products, loyalty and marketing initiatives and any products which may not be discounted by law (the "Limitations"). **LOWEST PRICE GUARANTEE:** Subject to the Limitations and excluding products sold by third party vendor products sold within the store, if a discount competitor within the geographic trade area offers a lower price on an identical item by brand and size that we carry in this store, we will sell you that item for less than the discount competitor's current advertised price in their flyer. Price matching will be done for the following banners: Ontario, No Frills, Food Basics, Real Canadian Superstore, and Wal-Mart British Columbia, Alberta, Saskatchewan, and Manitoba; No Frills, Real Canadian Superstore, Wal-Mart and Save-On-Foods. Price match locations are subject to change based on regional circumstances. Does not apply to competitor errors. Limit of four (4) units of each price matched item per customer. **DOUBLE FRESH GUARANTEE:** Subject to Limitations, if you buy an eligible product from our store, use the product as intended, and the product does not meet your expectations, you can return the product with a receipt within 14 days of purchase and we will refund the purchase price and provide you with an identical replacement product while supplies last. **IN-STOCK GUARANTEE:** Subject to limitations and excluding seasonal and limited quantity products, if you find that we are out of stock of any product featured in that store's current flyer, we will provide you with a rain check that can be used to purchase the item for 90% of the current advertised price when the item is back in stock. **PRICES IN EFFECT IN ONTARIO, EXCLUDES THUNDER BAY**



Green Seedless Grapes
Product of South Africa No. 1 Grade 8.80/kg

\$3.99
/lb



Seedless Cucumber
Product of Ontario, Canada No. 1 or
Green Onions Product of USA or Mexico

\$1.49



Red Prince Apples Product of Ontario, Canada Extra Fancy or
Pink Lady Apples Product of USA Extra Fancy Grade 3.95/kg

\$1.79
/lb



Clementines 3 lb Bag
Product of Morocco 1.36 kg

100 PTS
when you buy 1
\$6.99



Sweet Bell Peppers 4 pk
Product of Mexico

\$4.99



Peaches Product of Chile No. 1 Grade
5.49/kg

\$2.49
/lb



Pineapple Product of Costa Rica or
Lemons 2 lb Bag Product of USA 907 g

\$3.99



Compliments White or Brown Whole Mushrooms 227 g
Product of Ontario

50 PTS
when you buy 1
\$2.49



The Little Potato Co. Mini Potatoes 680 g
Product of Canada, Canada No. 1

50 PTS
when you buy 1
\$3.49



Iceberg Lettuce
Product of USA or Mexico
No. 1 Grade **Compliments Carrots or Yellow Onions 3 lb Bag** Product of Ontario, Canada No. 1, 1.36 kg

50 PTS
when you buy 1
\$2.99



Johnsonville Sausages 375-500 g

400 PTS
when you buy 3
SAVE UP TO \$1.50
\$5.99



Lean Ground Beef 450 g

\$9



Frozen Grade A Turkey 5-11 kg 5.49/kg

SAVE \$1.50 /lb
\$2.49
/lb



Compliments Garlic Sausage 750 g

\$7.99



Schneiders Sausage Rings 300 g
SAVE 50¢
\$7.99



Janes Ultimates Chicken Wings Frozen 754 g

SAVE \$6
\$9.99



MarcAngelo Bacon Wrapped Beef or Chicken Medallions 340-600 g or Porchetta Roast 1 kg

SAVE \$4
\$10



Castello Blue Cheese 125-150 g, Tre Stelle Grated Parmesan or Romano Cheese 125 g or Compliments Feta 200 g

SAVE UP TO \$2.20
\$4.99



Main Street Deli Meats 200-250 g or Variety Pack 300 g

SAVE \$1
\$5



Compliments Sliced Cheese 150-170 g, Camembert 170 g, Brie or Halloumi 175-200 g

\$5.49



Piller's Toppings 175-250 g or Tre Stelle Mascarpone 275 g

SAVE UP TO \$3
\$5.99



Dempster's English Muffins 340 g

SAVE \$1.20
\$1.99



Compliments Bagels 6 pk

\$1.99



Del's Pastries 330-400 g

SAVE 51¢
\$3.49



Compliments Swiss Rolls 400 g

SAVE 51¢
\$4.49

Scene 1,000 PTS = \$10 OF FREE GROCERIES

SAVE \$1

\$2.99

Christie Cookies
Selected Varieties
224-303 g

200 PTS
when you buy 3

SAVE UP TO \$1.30

\$2.99

Kellogg's Town House Crackers 247-391 g or **Cheez-It Snap'd** 213 g

Coca-Cola Soft Drinks
2 L Selected Varieties

100 PTS
when you buy 2

SAVE 50¢

\$2.49

Pepsi Soft Drinks or Bubyli Mini Cans 6x222 mL

no calories • no sweeteners • all smiles.

100 PTS
when you buy 2

SAVE UP TO \$1

\$3.49

Liberté Méditerranée Yogurt 500 g
Yoplait Source Tubs 630 g

NO ADDED SUGAR
SANS SUCRE AJOUTÉ

100 PTS
when you buy 2

SAVE 50¢

\$3.49

Starbucks Roast and Ground Coffee
340 g or K-Cups 10 pk

200 PTS
when you buy 2

SAVE \$2

\$11.99

Quaker Standard Oats 709 g-1 kg or **Instant Oatmeal** 232-344 g
reg 3.99-4.99

100 PTS
when you buy 2

SAVE UP TO \$1.50

\$3.49

General Mills Cereal
Selected Varieties 297-430 g reg 3.99

150 PTS
when you buy 2

SAVE 50¢

\$3.49

Tetley Orange Pekoe Tea
72 pk

100 PTS
when you buy 2

SAVE \$2

\$3.99

Armstrong Natural Cheese Slices
220-240 g

100 PTS
when you buy 2

SAVE \$1.50

\$4.99

Kellogg's Eggo Waffles 270-300 g
reg 3.99

200 PTS
when you buy 2

SAVE \$1

\$2.99

Hellmann's Mayonnaise
710-890 mL

100 PTS
when you buy 2

SAVE 80¢

\$5.99

Orville Redenbacher Microwave Popcorn 6-8 pk 340-492 g
Gourmet Popping Corn 850 g

100 PTS
when you buy 2

SAVE \$2.50

\$3.99

Hershey's Stand Up Pouches
165-290 g or Multipacks 172-232 g
Selected Varieties

100 PTS
when you buy 2

SAVE \$1.50

\$4.49

Holiday Luncheon Meat
340 g

100 PTS
when you buy 2

SAVE \$1.22

\$2.77

Tre Stelle Cream Cheese
200 g

100 PTS
when you buy 2

SAVE 70¢

\$3.49

Old El Paso Taco Kits
250-510 g

100 PTS
when you buy 2

SAVE 50¢

\$3.99

Axe Deodorant or Body Spray 76-113 g or **Shampoo or Body Wash** 473 mL

100 PTS
when you buy 2

SAVE UP TO \$2.30

\$4.99

Clorox Bleach 2.4 L or **Pine-Sol** 1.4 L
reg 5.99-6.29

100 PTS
when you buy 2

SAVE UP TO \$1.30

\$4.99

Palmolive Dish Soap
4.27 L
reg 12.99

200 PTS
when you buy 2

SAVE \$1

\$8.99

MORE WAYS TO SAVE!

HOT PRICE **Scene** **Locked & Low**

Look for these specially-marked items throughout our stores



make happy tummies

Join Us.

100% of donations help feed hungry tummies at schools in our neighbourhoods.

Donate in-store

makehappytummies.ca

Thank you to our Make Happy Tummies™ partners. Look for their products in-store.

TM 2026 Make Happy Tummies



Products may be sold in a format other than as shown and/or may not be available at all stores.

Donate in-store March 19 – April 2, and we'll MATCH it!*

*Empire Company Limited will donate up to a maximum of \$300,000 from March 19 – April 2, 2026. Participating Empire stores only. For more information on the Make Happy Tummies™ campaign, please visit makehappytummies.ca.

EASTER SAVINGS



100 PTS
when you buy 3

\$179

Kinder Joy Egg
20 g



Hershey's Eggies
200-230 g

\$499



\$299

Peeps Marshmallows
85 g



Cadbury Cream Eggs
33-34 g

\$139



Cadbury Mini Eggs 190-200 g,
Cadbury Micro Mini Eggs,
Filled 97 g or **Caramilk Buttons**
Filled 96 g

\$499



Cadbury Mini Eggs
400 g

\$899



Cadbury Mini Eggs 875 g
Hershey's Eggies
700-900 g

\$1599



Cadbury Cream Eggs 3 pk
102 g or **Sour Patch Kids**
Bunnies Lapins 315 g

\$399



Lindt Gold Chocolate Bunny
50 g

\$499



Ferrero Rabbit 142-162.5 g
Kinder Surprise Maxi 116-150 g

200 PTS
when you buy 2

\$1099



Kinder Happy Moments 184 g or
Mini Eggs 182-200 g

100 PTS
when you buy 2

\$649



Ferrero Rocher Egg And Bunny
70 g

80 PTS
when you buy 2

\$529



Kinder Surprise Egg
100 g

100 PTS
when you buy 2

\$649



Nestlé Hide Me Eggs 100-153 g or
Chocolate Bunny
85-145 g

\$499



Hershey's Eggies
34-42 g

99¢



Hershey's Chocolate Bunny
150 g

\$499

WHILE SUPPLIES LAST. PRODUCT SELECTION MAY VARY BY STORE.

NEW & IMPROVED FORMULA

50% MORE CLEANING POWER*



TRY OUR BEST CLEAN



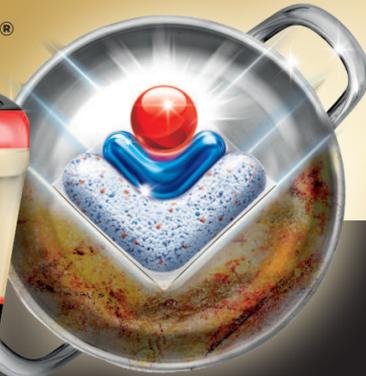
SAVE \$4
\$13.99

Finish UltraMAX 30 pk reg 17.99



SAVE \$1
\$23.99

Finish UltraMAX 60 pk reg 24.99



*BASED ON INCREASED INGREDIENTS VS. FINISH QUANTUM

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Scrubbing Bubbles, Easy Peasy Foamers or Bathroom Cleaners 385-567 g or 946 mL reg 5.29-5.79

SAVE UP TO 80¢
\$4.99



Scrubbing Bubbles Toilet Fresh Brush Starter Kit or Drop-Ins 1 ea reg 6.49-6.99

SAVE UP TO \$1
\$5.99



SAVE 80¢
\$4.99

Ziploc Bags 10-90 pk reg 5.79



Windex Triggers 765 mL reg 6.29

\$5.99

Henkel



Purex Liquid Laundry Detergent 1.17-2.03 L reg 8.99-10.99

SAVE UP TO \$3
\$7.99



Sunlight Liquid Laundry Detergent 1.84 L reg 8.99

SAVE \$1
\$7.99



P&G



Dawn Dish Detergent 2.01-2.64 L reg 12.99

300 PTS when you buy 2
SAVE \$2
\$10.99



Swiffer Duster, Refills or Cloths 5-32 pk reg 10.99-13.99

300 PTS when you buy 2
SAVE UP TO \$4
\$9.99



Febreze Air Freshener 250 g reg 4.99

SAVE \$1
\$3.99



Mr. Clean Magic Eraser 3-4 pk or Clean Freak Spray 473 mL reg 7.29-8.49

SAVE UP TO \$2
\$6.49



Tide Liquid Laundry Detergent 3.46-3.9 L reg 28.49-28.99

SAVE UP TO \$5
\$23.99



Tide Pods 25-42 pk or Gain Flings 42 pk reg 15.99

SAVE \$3
\$12.99



Gain Liquid Laundry Detergent 4.25 L reg 20.49

SAVE \$6
\$14.49



Bounce Dryer Sheets 120-200 pk, Downy Fabric Softener 1.66-2.63 L, Beads 379 g or Rinse 1.08-1.09 L reg 11.99-13.49

SAVE UP TO \$3.50
\$9.99

HEALTH & BABY BARGAINS

Huggies Pull Ups 48-74 pk or Goodnites Youth Pants 28-44 pk Selected Varieties

SAVE \$7.50

\$26.99

400 PTS when you buy 2

SAVE \$13

\$26.99

Huggies Snug & Dry or Little Movers Diapers 36-104 pk



SAVE \$1
\$3.49

Pampers Baby Wipes 56-72 pk



SAVE \$7.50
\$26.99

Pampers Easy Ups 46-66 pk



Huggies Natural Care Wipes 560-704 pk

400 PTS when you buy 2

SAVE \$6

\$19.99



Pantene Shampoo or Conditioner 476-530 mL

SAVE \$1.50

\$7.99



Head & Shoulders Dandruff Shampoo 613 mL

SAVE \$1

\$9.99



U by Kotex Pads 14-22 pk or Liners 64 pk Selected Varieties

SAVE \$1.50

\$4.99



Tampax Pearl or Radiant Tampons 28-36 pk Selected Varieties

350 PTS when you buy 2

SAVE \$1

\$11.49



Always Ultra or Radiant InFINITY Pads 20-40 pk or Liners 80 pk Selected Varieties

350 PTS when you buy 2

SAVE UP TO \$2.30

\$10.99



Old Spice Deodorant 73-85 g, Secret Deodorant 68-73 g or Dry Spray 116 g Selected Varieties

SAVE \$1

\$7.49



Lady or Mennen Speed Stick Deodorant 45-70 g Selected Varieties

SAVE \$2.70

\$2.29



Softsoap or Irish Spring Body Wash 591 mL

SAVE \$3

\$5.99



Softsoap Hand Soap 332 mL

50 PTS when you buy 2

SAVE \$1

\$3.99



Colgate Toothpaste 52-95 mL or Extra Clean Toothbrush 1 pk Selected Varieties

SAVE UP TO 70¢

\$1.29



Colgate Total Toothpaste 70-150 mL, Optic White Toothpaste 90 mL or 360 Toothbrush 1 pk Selected Varieties

50 PTS when you buy 2

SAVE UP TO \$1.50

\$3.99



Crest 3D Advanced Toothpaste 63-120 mL or Oral-B Floss 40 m or Picks 75 pk, Selected Varieties

SAVE UP TO \$1.70

\$3.99

WHILE SUPPLIES LAST. PRODUCT SELECTION MAY VARY BY STORE.

EID MUBARAK



SAVE \$1.50
\$13.99



Tilda Basmati Rice
4 kg reg 18.49



\$1.99
/lb

Ginger Root
Product of China
4.39/kg

SAVE \$1.50
\$3.99

Happy Dairy Paneer 300 g



50 PTS
when you buy 2
SAVE \$1.50

\$2.99

Handi Fried Onions 400 g



\$6.99



99¢
Cilantro Bunch
Product of USA or Mexico

\$1.28

Garlic 5 pk
Product of China



59¢
National Vermicelli 150 g



SAVE \$1.30
\$3.99

Aman's Milk or Suji Rusk 600 g
reg 5.29



SAVE \$2.50
\$8.99

Vital Tea Bags 604 g
reg 11.49



SAVE \$1.30
\$2.99

Deep Mango Pulp 850 g
reg 4.29



\$1.99

Shan Spices 35-100 g
Selected Varieties



SAVE \$1
\$3.49

Gagan Peanuts Roasted In-Shell 750 g
reg 4.49



SAVE 50¢
\$2.49

Rubicon Juices 1 L
Selected Varieties
reg 2.99



\$1.99

Rehmat-e-Shereen Pheni 200 g



\$2.49

Chaloi Dahi 2% M.F. or 3.2% M.F. 750 g



SAVE 50¢
99¢

EBM Cookies 112-142 g
Selected Varieties
reg 1.49



SAVE UP TO \$1
\$5.49

Aman's Chana Daal or Kala Chana 1.81 kg
reg 5.99-6.49



SAVE \$1.50
\$5.99

Taza Jumbo Parathas 1.6 kg
reg 7.49



SAVE \$1
\$5.99

Brar's Samosas 624 g
Selected Varieties
reg 6.99



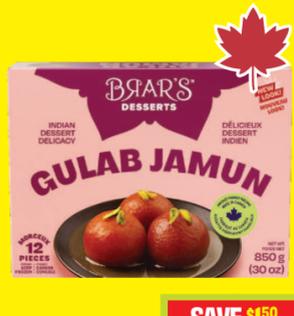
50 PTS
when you buy 1
SAVE 50¢
\$8.49

Mother's Magic Kulfi 1 L
Selected Varieties
reg 8.99



SAVE \$1
\$9.99

Brar's Rasmalai 850-908 g
Selected Varieties
reg 10.99



SAVE \$1.50
\$6.99

Brar's Gulab Jamun 850 g
reg 8.49

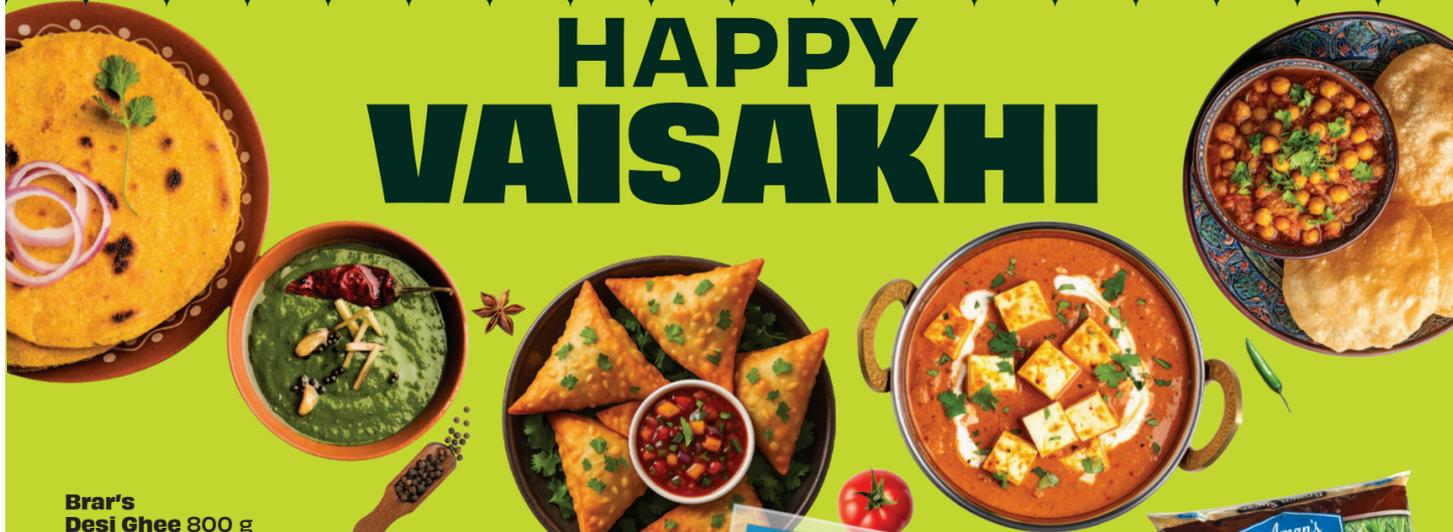


SAVE \$2
\$7.99

Brar's Milk Cake 400 g
reg 9.99

WHILE SUPPLIES LAST. ITEM SELECTION MAY VARY BY STORE.

HAPPY VAISAKHI



Brar's Desi Ghee 800 g reg 16.99

SAVE \$3

\$13.99



SAVE \$1.50

\$3.99

Happy Dairy Paneer 300 g reg 5.49



SAVE \$2

\$8.99

Aman's Raw Coarse Brown Sugar 4.5 kg reg 10.99



\$2.49

Spinach Bunch Product of Mexico or USA

Papaya Product of Mexico or Guatemala 3.73/kg

\$1.69 /lb



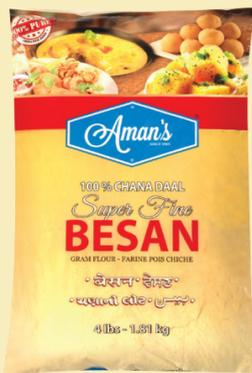
\$1.29

Red Mango Product of Peru or Mexico Ataulfo Mango Product of Mexico



Bagged Red Onions 3 lb Product of Canada Canada No. 1

\$2.99



Aman's Super Fine Besan 1.81 kg reg 6.99

SAVE 50¢ **\$6.49**



Gagan Peanuts Roasted in-Shell 750 g reg 4.49

SAVE \$1 **\$3.49**



Rehmat-e-Shereen Pheni 200 g

\$1.99



Aman's Milk or Suji Rusk 600 g reg 5.29

SAVE \$1.30 **\$3.99**



Rubicon Juices 1 L Select Varieties reg 2.99

SAVE 50¢ **\$2.49**



Haldiram's Snacks 150 g Select Varieties reg 1.99

SAVE 50¢ **\$1.49**



Brar's Makhani 250 g reg 7.49

50 PTS when you buy 1 SAVE \$1 **\$6.49**



Mitchell's Sarsen Ka Saag 800 g reg 3.99

SAVE \$1 **\$2.99**



Aman's Chana Daal or Kala Chana 1.81 kg reg 5.99-6.49

SAVE \$1 **\$5.49**



Musafir Frozen Appetizers 336-480 g Selected Varieties reg 9.99

SAVE \$2 **\$7.99**



Deep Paratha or Naan 292-400 g Selected Varieties reg 3.69

50 PTS when you buy 1 SAVE 70¢ **\$2.99**



Brar's Samosas 624 g Select Varieties reg 6.99

SAVE \$1 **\$5.99**



Brar's Rasmalai 850-908 g Selected Varieties reg 10.99

SAVE \$1 **\$9.99**

WHILE SUPPLIES LAST. ITEM SELECTION MAY VARY BY STORE.

NOWRUZ SAVINGS

Ahmad Tea
Loose Leaf Tea 454 g reg 9.99

SAVE \$1.50

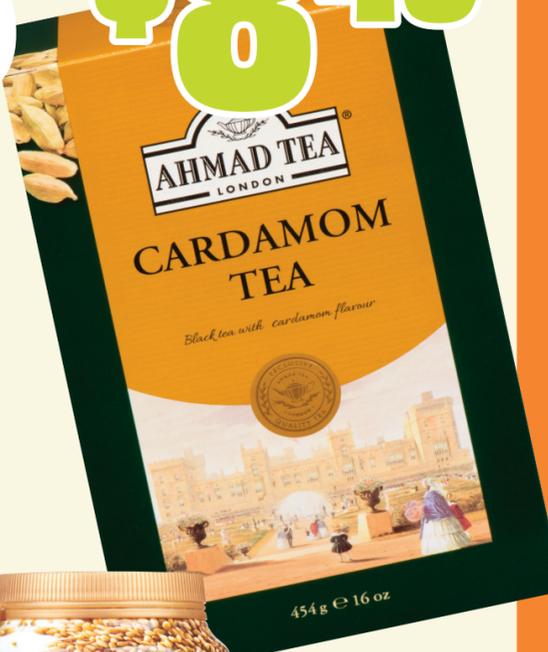
\$8.49



SAVE \$1

\$4.99

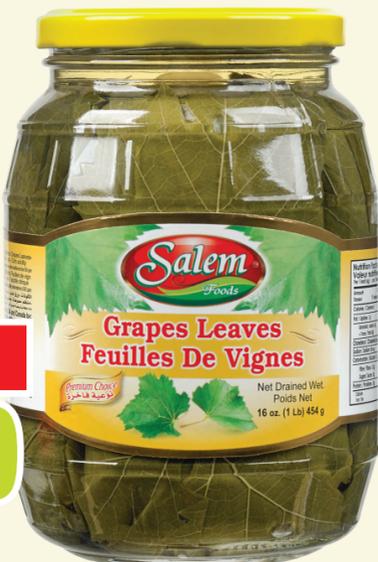
Sadaf Tomato Paste 700 g reg 5.99



Salem Foods Pickled Grape Leaves 454 g reg 4.49

SAVE 80¢

\$3.69



SAVE 50¢

\$5.49

Sadaf Tahini 500 g reg 5.99



SAVE \$1.20

\$5.79

Bartar Saffron Spice 1 g reg 6.99



SAVE 50¢

\$6.49

Bartar Pickled Cucumbers 1500 g reg 6.99



SAVE \$1

\$7.99

Bartar White Sauce 500 g reg 8.99



Salem Foods Rose or Orange Water 275 mL reg 1.99

\$1.79



California Garden Fava Beans 450 g reg 1.99

\$1.69



Puck Thickened Creamy Product reg 2.29

SAVE 50¢

\$1.79



Kasih Premium Vanilla Halva reg 5.29

SAVE \$1.30

\$3.99



Puck Labneh 400 g reg 6.49

SAVE \$1.50

\$4.99



Bartar Cherry or Quince Jams 250-300 g reg 4.29

SAVE 80¢

\$3.49



Puck Creamy Dairy Spread 500 g reg 12.99

SAVE \$3

\$9.99



Pemina Frozen Sour Cherries, Pomegranate or Fried Eggplant 400 g reg 5.49

SAVE 70¢

\$4.79



Bartar Iranian Noodles 500 g reg 3.29

SAVE 80¢

\$2.49



Taj Foods Cookies 180 g reg 3.49

SAVE 50¢

\$2.99



Sadaf Grilled Eggplant Purée 655 g reg 5.29

SAVE \$1

\$4.29



Pemina Frozen Broad Beans 400 g reg 3.49

SAVE 50¢

\$2.99



Taj Foods Honey 500 g reg 7.99

SAVE \$1.70

\$6.29

WHILE SUPPLIES LAST. PRODUCT SELECTION MAY VARY BY STORE.

FLAVOURS OF THE CARIBBEAN



\$1

Mr. Goudas Table Salt 1 kg or Coarse Salt 750 g reg 1.29-1.49



SAVE UP TO 99¢

\$2

Royalty Digestives 400 g, Ginger Nuts or Rich Tea Cookies 300 g reg 2.29-2.99



SAVE 49¢

\$2

Excelsior Crackers 300 g reg 2.49

\$1.69

Vita Malt 330 mL reg 1.99



Dunya Harvest Blackeye Peas 2 kg reg 7.99

SAVE \$2

\$5.99



Dunya Harvest Yellow Split Peas 2 kg reg 4.49

SAVE 50¢

\$3.99



Grace Soups 42-60 g reg 1.39

SAVE 50¢

89¢



Karibbean Flavours Green Seasoning or Hot Sauce 300 mL reg 4.29

SAVE \$1.30

\$2.99



Excelsior Cream Crackers 225 g reg 2.29

SAVE 60¢

\$1.69



Grace Condensed Milk 300 mL reg 5.29

SAVE 80¢

\$4.49



Grace Corn Meal 2 kg reg 5.29

SAVE \$1.30

\$3.99



Walkerswood Seasoning 280 g reg 5.49

SAVE \$1

\$4.49



Grace Mackerel 425 g reg 3.99

SAVE 70¢

\$3.29



Grace Corned Beef 340 g reg 6.99

SAVE \$1.50

\$5.49



Governor's Choice Callaloo 540 mL reg 3.29

SAVE 80¢

\$2.49



Nestlé Milo 400 g reg 5.99

SAVE \$1

\$4.99



Eclipse Crackers 113 g reg 1.29

99¢



Sun Exotic Juice 1 L reg 2.49

\$2

WHILE SUPPLIES LAST. PRODUCT SELECTION MAY VARY BY STORE.

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the Scotiabank Scene+ Visa Card.*

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*Conditions Apply

