

SPROUTS<sup>®</sup>  
FARMERS MARKET

**33% OFF\***  
ALL Bulk Bin Candy

**72 HOUR SALE**

3 days only!

SHOP NOW

Friday, Saturday, Sunday  
April 3rd-5th



Free from  
artificial colors, flavors  
and preservatives!



\*Regular retail. Excludes packaged candy. Select items only.

**SPROUTS**  
FARMERS MARKET

HEALTHY HOSTING  
WITH QUALITY  
**PROTEINS**



NO ANTIBIOTICS, EVER

**\$4.49** /LB.

Limit 2 per customer  
While supplies last

Sprouts Gourmet  
Uncured Spiral Sliced Half Ham



All-Natural 100% Grass-Fed  
Rack of Lamb

No added hormones or steroids,  
pasture-raised

BUY ONE, GET ONE  
**50% OFF**

regular retail  
of equal or lesser value  
Discount taken at checkout

Organic  
Sweet Potatoes  
or Red Yams  
3lb. Bag

**\$3** /EA.



ROOTED IN  
**ORGANIC**  
SAVINGS

Organic  
Strawberries 1lb.  
or Blueberries 11oz.



BUY ONE, GET ONE  
**50% OFF**  
regular retail  
of equal or lesser value

AutumnCrisp Grapes  
2lb. Clamshell



BUY ONE, GET ONE  
**50% OFF**  
regular retail  
of equal or lesser value

Organic Halos  
Seedless Mandarins  
3lb. Bag



BUY ONE, GET ONE  
**50% OFF**  
regular retail  
of equal or lesser value

Bob's Red Mill  
Baking Essentials

Select varieties,  
8-80 oz.



BUY ONE, GET ONE  
**50% OFF**  
regular retail  
of equal or lesser value

Purely Elizabeth  
Oatmeal, Cereal  
or Granola

Select varieties,  
1.76-12 oz.



BUY ONE, GET ONE  
**50% OFF**  
regular retail  
of equal or lesser value

Sprouts Organic  
Pasture Raised Eggs

Large, brown,  
grade A, 24 ct.



**\$9.99** /EA.

# HEALTHY Mains, Happy Hosting

Set the table with crowd-pleasing proteins perfect for gatherings.



1

Herb-Grilled Lamb Chops

[Get Recipe >](#)



2

Maple Rosemary Glazed Ham

[Get Recipe >](#)



3

Stout-Braised Lamb Stew

[Get Recipe >](#)



**Sprouts Fresh Atlantic Salmon Fillets**

High in omega-3 fatty acids, farm-raised



**\$9.99** /LB.  
Available in the service case

**Sprouts All-Natural Angus Beef 100% Grass-Fed Steaks or Roast**

No hormones or antibiotics added, ever!

NO ANTIBIOTICS, EVER



**15% OFF**  
regular retail

Price on package reflects discount

**Sprouts All-Natural Grass-Fed 85% Lean or Grain-Fed 93% Lean Ground Beef**

Grass-fed sold in a 2 lb. package and Grain-fed sold in a 1 lb. package

ALWAYS FRESH, NEVER FROZEN



**\$7.99** /LB.

**Sprouts Premium Angus Boneless Beef New York Steak**



**\$17.99** /LB.

**Sprouts Marinated Chicken Wings**

Air-chilled, prepared fresh in-store daily, select varieties



NO ANTIBIOTICS, EVER

**\$4.99** /LB.  
Available in the service case

**Sprouts Boneless Skinless Chicken Thighs or Thin Sliced Breasts**

Air-chilled, no added hormones or steroids!

NO ANTIBIOTICS, EVER



**BUY ONE, GET ONE 50% OFF**  
regular retail of equal or lesser value

Discount taken at checkout

**Wellshire Farms Uncured Turkey Bacon**

Sugar-free, no antibiotics or hormones, 8 oz.



NO ANTIBIOTICS, EVER

**BUY ONE, GET ONE 50% OFF**  
regular retail of equal or lesser value

**Sakura Wagyu Farms American-Style Kobe Beef Uncured Hot Dogs**

No added nitrates or nitrites, 10 oz.

NO ANTIBIOTICS, EVER



**\$7.99** /EA.

**Sprouts Maryland Style Crab Cakes**

Made with real premium crab meat, frozen, 2 ct.



**\$8.99** /EA.

**Colossal Raw Peeled and Deveined Grilling Shrimp**

16/20 ct. Farm-raised, previously frozen



Discount taken at register

**BUY ONE, GET ONE 50% OFF**  
regular retail of equal or lesser value  
Also available in a 2 lb. bag

**Taylor Farms  
Zero Salad Kits**  
8.8-11.3oz.



**BUY ONE. GET ONE  
50% OFF**  
regular retail  
of equal or lesser value

**Sprouts Organic  
Sea Moss Gel**  
Select varieties,  
16 oz.



**\$34.99 /EA.**  
Everyday low price

**Earthbound Farm  
Organic Celery Bites**  
14oz. or Snap Peas 6oz.



**20% OFF**  
regular retail

**Bitchin' Sauce  
Dips**  
Select varieties,  
7-8 oz.



**BUY ONE. GET ONE  
50% OFF**  
regular retail  
of equal or lesser value

**Cedar's Mediterranean  
Breadsticks**  
Select varieties, 5.8 oz.



**BUY ONE. GET ONE  
50% OFF**  
regular retail  
of equal or lesser value

**Deep Indian Kitchen  
Frozen Momo Dumplings  
or Entrées**  
Select varieties,  
7.8-12 oz.



**\$5.99 /EA.**

**Annie's Homegrown Frozen  
Mini Pizza Bagels or Poppers**  
Select varieties,  
6.65 or 6.8 oz.



**\$5.99 /EA.**

**Alden's Organic  
Ice Cream**  
Select varieties,  
48 fl. oz.



**\$8.99 /EA.**

**Sprouts Organic  
Bulk Spices**  
Select varieties



**25% OFF**  
regular retail

**Chocolate Almonds,  
Cashews or Walnuts**  
Select varieties



**\$11.99 /LB.**

**Bulk  
Cereal or  
Granola**  
Select varieties



**20% OFF**  
regular retail

# Feel-Good Brunch Picks

you'll love!

Celebrate spring with healthy hosting faves.

## Sprouts Uncured Spiral Sliced Quarter Ham

No hormones or steroids added!  
Glaze packet included



**\$5.99** /LB.

Limit 2 per customer  
While supplies last

## Organic Asparagus



**\$3.98** /LB.

## Organic Rainbow Baby Peeled Carrots 12oz.



**BUY ONE. GET ONE 50% OFF**  
regular retail of equal or lesser value

## Applegate Breakfast Sausage or Bacon

No hormones or steroids.  
Select varieties, 7 or 8 oz.



**BUY ONE. GET ONE 50% OFF**  
regular retail of equal or lesser value

## Beyond Meat Plant-Based Breakfast Sausage Patties

No soy or gluten, original or spicy. Frozen, 7.4 or 9.7 oz.



**BUY ONE. GET ONE 50% OFF**  
regular retail of equal or lesser value

## All-Natural 100% Grass-Fed Boneless Lamb Leg

Fresh, pasture-raised, no added hormones or steroids!



**\$9.99** /LB.

## La Terra Fina Classic Lorraine Quiche

23 oz.



**\$12.49** /EA.

## Sprouts Wild-Caught North Atlantic Raw Lobster Tails

Previously frozen, 3.75 oz.

WILD-CAUGHT FAVORITE



**\$7.99** /EA.

## Sprouts Wild-Caught Large Snow Crab Legs & Claws

Fully cooked, frozen



WILD-CAUGHT FAVORITE

**\$14.99** /LB.

**Sprouts Fresh Baked Croissants, Chocolatines or Cinnamon Rolls**

Select varieties, 3-9 ct.



**BUY ONE. GET ONE 50% OFF**  
regular retail of equal or lesser value



**Funny Bunny Bouquet**



**\$15.99 /EA.**  
Everyday low price

**Easter Lily**



**\$10.99 /EA.**  
Everyday low price

**Annie's Homegrown Granola Bars, Puffs, Fruit Snacks, Crackers, Grahams, Soup or Pasta**

Select varieties, 3.9-15 oz.



**BUY ONE. GET ONE 50% OFF**  
regular retail of equal or lesser value

**Annie's Homegrown Macaroni & Cheese**

Select varieties, 5.25-6 oz.



**BUY ONE. GET ONE FREE**  
of equal or lesser value

**Enjoy Life Chocolate Chips**

Select varieties, 9 oz.



**\$5.99 /EA.**

**Miss Jones Baking Co. Frosting or Baking Mixes**

Select varieties, 10.57-15.87 oz.



**25% OFF**  
regular retail

**Wholesome Sugars**

Select varieties, 16-26 oz.



**25% OFF**  
regular retail

**Justin's Nut Butters, Local Hive Honey or St. Dalfour Fruit Spreads**

Select varieties, 1.15-32 oz.



**30% OFF**  
regular retail

**Harken Sweets All Items**



**\$6.99 /EA.**

**Smart Sweets Candy or Gummies**

Select varieties, 1.6 or 1.8 oz.



**2 FOR \$5**

**Sprouts Olives, Peppers or Pickles or Cobram Estate Olive Oil**

Select varieties and sizes

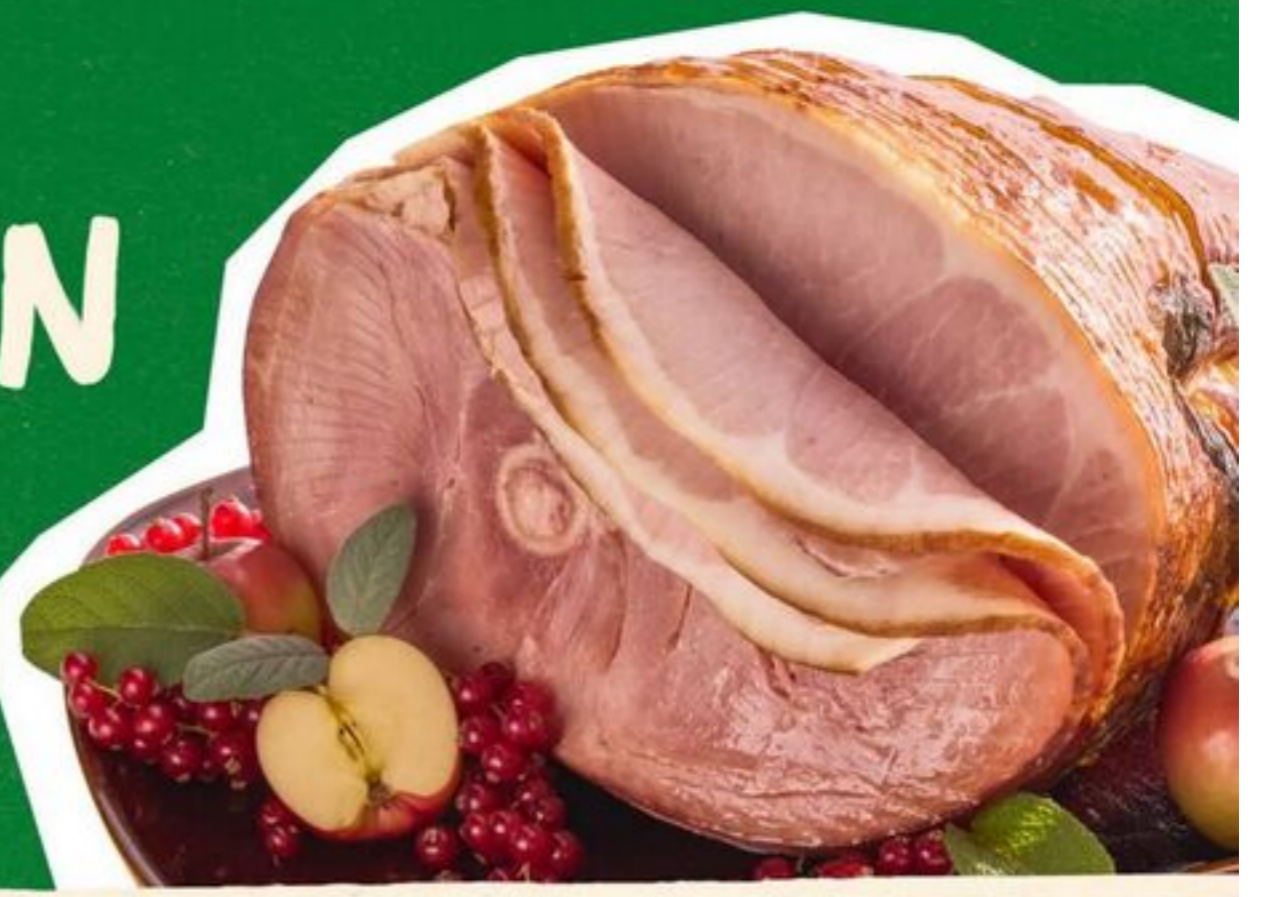


**20% OFF**  
regular retail



PRE-ORDER FOR YOUR  
SPRING CELEBRATION  
BY APRIL 3RD!

PRE-ORDER



# BUILD A BETTER-FOR-YOU BRUNCH

Elevate your brunch with fresh seasonal flavors and hosting essentials.

SHOP NOW



Organic  
Blackberries 5.6oz.



**3 FOR \$10**

HunnyZ Apples



**\$1.98 /LB.**

Large Hass Avocados  
4ct. Bag



**BUY ONE. GET ONE  
50% OFF**  
regular retail  
of equal or lesser value

Organic  
Cara Cara or  
Navel Oranges  
3lb. Bag



**\$4.98 /EA.**

Mighties  
Green Kiwifruit  
2lb. Clamshell



**BUY ONE. GET ONE  
50% OFF**  
regular retail  
of equal or lesser value

Sumo Citrus



**\$3.88 /LB.**

Sunset  
Snacking Tomatoes  
1.5lb. Bowl  
Select varieties



**BUY ONE. GET ONE  
50% OFF**  
regular retail  
of equal or lesser value

Earthbound Farm Organic  
Salad Blends

Select varieties, 4-10 oz.



**\$2.99 /EA.**

Organic  
Artichokes



**BUY ONE. GET ONE  
50% OFF**  
regular retail  
of equal or lesser value

Crown Jewel Organic  
Mini Cucumbers  
1lb. Bag



**BUY ONE. GET ONE  
50% OFF**  
regular retail  
of equal or lesser value

Organic  
Red Radishes



**BUY ONE. GET ONE  
50% OFF**  
regular retail  
of equal or lesser value

**Sprouts**  
**Fresh Baked**  
**Apple or Peach Pie**  
 8 in.



**\$6.99**/EA.  
 Everyday low price

**Rubicon**  
**Carrot Layer Cake**  
 11 oz.



**BUY ONE. GET ONE**  
**50% OFF**  
 regular retail  
 of equal or lesser value



**FRESH. FUN**  
**& HASSLE-FREE**



Celebrate the easy way with  
 artfully arranged party trays

**ORDER NOW**

**Delallo**  
**Cupped Olives**  
**or Antipasti**  
 Select varieties, 4-8 oz.



**\$5.49**/EA.

**Sartori Bellavitano**  
**Cheese**  
 Select varieties, 5.3 oz.



**\$6.29**/EA.

**Sprouts Frozen**  
**Family Size Lasagna**  
 32 oz.



**\$14.99**/EA.

**Three Bridges**  
**Egg Bites**  
 Select varieties,  
 2 ct.



**\$3.99**/EA.

**Organic Valley**  
**Organic Cheese**  
**Stringles**  
 8 ct.



**\$6.59**/EA.

**Applegate Frozen**  
**Breakfast Sandwiches,**  
**Frittata Bites or Pancake**  
**& Sausage Sticks**  
 Select varieties, 2 or 4 ct.



**BUY ONE. GET ONE**  
**50% OFF**  
 regular retail  
 of equal or lesser value

# NEW FOR YOU EXCLUSIVELY AT SPROUTS

## New Sprouts Wellness Bowls

Spicy Ahi Tuna or Hibachi Grass Fed Beef, 11 oz.



**\$9.99**/EA.  
Everyday low price

## New Sprouts Organic Fresh Mozzarella Cheese

Select varieties, 6-8 oz.



**\$6.99-\$8.99**/EA.  
Everyday low price

## Toto Foods Co. Cookies & Cream Cookie

2.15 oz.



**\$3.99**/EA.  
Everyday low price

## Jacob Protein Bars

Select varieties, 2-2.1 oz.



**\$4.99**/EA.  
Everyday low price

## Mosh Creatine Protein Bars

Select varieties, 2.11 oz.



**\$2.99**/EA.  
Everyday low price

**Simple Mills**  
All Items



**BUY ONE. GET ONE 50% OFF**  
regular retail of equal or lesser value

**Kettle & Fire Cooking Broth**  
Select varieties, 32 oz.



**BUY ONE. GET ONE 50% OFF**  
regular retail of equal or lesser value

**Boulder Canyon Avocado Oil Potato Chips**  
Select varieties, 10 oz.



**BUY ONE. GET ONE 50% OFF**  
regular retail of equal or lesser value

**La Croix Sparkling Water**  
Select varieties, 8 pk., 12 fl. oz.



**3 FOR \$12**  
+CRV in CA

**Chomps**  
All Items



**25% OFF**  
regular retail

**Rao's Homemade Alfredo or Pasta Sauce**  
Select varieties, 15 or 24 oz.



**20% OFF**  
regular retail

**Larabar Nutrition Bars**  
Select varieties, 1.6-1.7 oz.



**5 FOR \$5**

**Vita Coco Coconut Water, Coconut Oil or Coconut Milk or Saratoga Still or Sparkling Water**  
Select varieties and sizes



**BUY ONE. GET ONE 50% OFF**  
regular retail of equal or lesser value  
+CRV in CA

Walnut Halves & Pieces or  
Raw or Roasted Almonds  
Select varieties

Crunch  
into Nutty  
Savings!



\$6.99 /LB.

# LIVE YOUR BULK LIFE

DIY OR GRAB & GO

Santa Fe Hot or  
Wild West Remix  
Snack Mix



\$6.99 /LB.

Pecan Halves



\$10.99 /LB.

Peanut Butter Filled  
Pretzel Nuggets



\$6.99 /LB.

Nichols Farms  
Shelled or  
In Shell Pistachios

Select varieties,  
5-16 oz.



BUY ONE, GET ONE  
50% OFF  
regular retail  
of equal or lesser value

Sprouts Instant  
Cold Brew or Ground  
Packaged Coffee

Select varieties,  
3.53-12 oz.



\$9.99 /EA.

Sprouts  
Freeze Dried or  
No Sugar Added Fruits

Select varieties,  
1.05-4 oz.



BUY ONE, GET ONE  
50% OFF  
regular retail  
of equal or lesser value

**Himalaya Wellness Favorites**  
Select varieties and sizes



**20% OFF**  
regular retail

**Nutri Supplements**  
Select varieties,  
60-150 count



**20% OFF**  
regular retail

**PURE & HONEST**  
**BODY CARE**

Shop better-for-you  
body care essentials

**ESSENTIAL 4 SUPPLEMENTS FOR EVERY BODY**

**MULTIVITAMINS**

**True Grace Multivitamins**  
Select varieties, 30-60 v-tabs



**20% OFF**  
regular retail

**OMEGA-RICH OILS**

**Wiley's Finest Omegas**  
Select varieties and sizes



**20% OFF**  
regular retail

**PROBIOTICS**

**Renew Life Probiotics**  
Select varieties and sizes



**20% OFF**  
regular retail

**SUPERFOODS**

**Kuli Kuli Superfood**  
Select varieties and sizes



**20% OFF**  
regular retail

**Dr. Bronner's Toothpaste or Liquid Soap**

Select varieties and sizes



**20% OFF**  
regular retail

**Himalaya Toothpaste**

Select varieties,  
4-5.29 oz.



**2 FOR \$10**

Prices valid April 1-7, 2026

**AT ANY OF OUR OKLAHOMA LOCATIONS**

WE RESERVE THE RIGHT TO LIMIT QUANTITIES.  
OFFERS NOT AVAILABLE TO WHOLESALERS. NO CASE DISCOUNTS.

These statements have not been evaluated by the Food & Drug Administration. These products are not intended to diagnose, treat, cure or prevent disease. Some items may be subject to local, county or state sales tax, and (in Fort Collins and Aurora, CO) to a Public Improvement Fee (PIF). We are not responsible for any typographical errors.

**Rare Essence Organic Roll-On Aromatherapy**

Select varieties,  
8.9-10 ml



**25% OFF**  
regular retail

# CRAVING MORE?

DISCOVER FRESH FINDS



SPROUTS  
BRAND

NEW  
FOR YOU



PRODUCE



DELI

BAKERY

BULK

DAIRY



MEAT &  
SEAFOOD



GROCERY  
AISLES

FROZEN

VITAMINS &  
BODY CARE

BEER &  
WINE\*

Tap to find products just for you and your lifestyle.



ORGANIC



GLUTEN-FREE



NON-GMO



PLANT-BASED



PALEO



KETO

\*All products may not be available in all locations and may vary based on local regulations.

SEE YOU NEXT WEEK!