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Ambrosia NATURAL FOODS

Canadian Family Owned & Operated Since 1979



**MARCH
SUPER SPECIALS**



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DELIVERED TO YOUR DOOR!

EVERY-DAY LOW PRICED HEALTH FOODS | CERTIFIED ORGANIC PRODUCE | ALL NATURAL HEALTH & BEAUTY
VITAMINS & SUPPLEMENTS | NATURAL & ORGANIC GROCERIES | QUALITY BULK FOODS | HEALTHY EATING



SAVE
\$312/lb

777
/lb

**BULK ORGANIC TURKISH
FIGS** Product of Turkey



SAVE
\$240/lb

949
/lb

**BULK ORGANIC WHOLE
RAW CASHEWS** Product of India



SAVE
61¢

1.88
ea

**SIMPLY PROTEIN
PLANT-BASED BARS** 40g



SAVE
61¢

1.88
ea

PUR SUGAR-FREE MINTS
30g



SAVE
96¢

3.33
ea

**PUR SUGAR-FREE JUMBO
GUM** 81g



SAVE
67¢

2.22
ea

**BLUE DIAMOND ALMOND
BREEZE BEVERAGE** 341ml



SAVE
91¢

2.88
ea

**RICEUP! POPPED BROWN
RICE CHIPS** 120g



SAVE
\$2.16

3.33
ea

**MADE GOOD ORGANIC
CRUNCHY SQUARES** 150g



SAVE
\$1.36

3.33
ea

**MADE GOOD ORGANIC
GRANOLA BARS** 5x24g



SAVE
\$1.00

3.99
ea

AMY'S GMO-FREE BURRITO
Select Varieties



SAVE
UP TO \$1.45

4.44
ea

**AMY'S GLUTEN-FREE
BURRITO OR WRAP** 156g



SAVE
\$1.00

2.49
ea

**BIOITALIA ORGANIC
DURUM WHEAT PASTA**
500g



SAVE
\$2.90

5.99
ea

**BIOITALIA ORGANIC
SAUCE** Select Varieties



SAVE
\$1.62

7.77
ea

**NUTS TO YOU ORGANIC
PEANUT BUTTER** 750g



SAVE
\$4.58

11.11
ea

**ONEKA SHAMPOO OR
CONDITIONER** 500ml



SAVE
\$2.91

8.88
ea

**KYOLIC EXTRA STRENGTH
ONE-A-DAY** 30 Veg Tablets



SAVE
\$6.11

18.88
ea

**PROGRESSIVE PERFECT
PROBIOTIC 30 BILLION** 30 Veg Caps



SAVE
\$11.14

35.55
ea

**WEDDERSPOON KFACTOR 16
RAW MANUKA HONEY** 500g



**15%
OFF**

AOR BONE BASICS 240 Caps

FOLLOW US



LOCAL DELIVERY
AVAILABLE THROUGH:



LESLIEVILLE

1557 Queen Street East
queen@ambrosia.ca
+1 (416) 257-1557

NOW OPEN!

NEWMARKET

17555 Yonge Street
newmarket@ambrosia.ca
+1 (289) 903-1755

THORNHILL

55 Doncaster Avenue
thornhill@ambrosia.ca
+1 (905) 881-7811

VAUGHAN

57 Northview Blvd.
vaughan@ambrosia.ca
+1 (905) 264-2510

TORONTO

1725 Avenue Road
avenue@ambrosia.ca
+1 (647) 748-1725

STORE HOURS Mon-Fri: 9:00am - 9:00pm | Saturday: 9:00am - 6:00pm | Sunday: 10:00am - 6:00pm

PRICES VALID FROM MARCH 1-31, 2026 AND ONLY WHILE QUANTITIES LAST. SOME PRICES MAY BE AVAILABLE ONLY IN-STORE. PICTURES MAY NOT BE EXACTLY AS SHOWN (WE RESERVE ALL RIGHTS AND LIMIT QUANTITIES)



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Each formula is fermented with Symbio® to support greater absorption and bioavailability.



Living Alchemy
Fermented Supplements



Targeted liver support.



SAVE \$1.36

3.33 ea

NATURE CLEAN DISH-WASHING LIQUID 740ml

SAVE 95¢

4.44 ea

NATURE CLEAN FRUIT & VEGGIE SOAK CONCENTRATE 740ml

SAVE \$1.12

3.77 ea

LA TORTILLA FACTORY GMO-FREE CORN & WHEAT TORTILLAS 328g

SAVE \$1.94

5.55 ea

LA TORTILLA FACTORY KETO-FRIENDLY TORTILLAS 320g

SAVE \$1.80

5.99 ea

SUNFLOWER KITCHEN ORGANIC SOUP 700ml

SAVE \$1.50

6.49 ea

SUNFLOWER KITCHEN VEGETARIAN SOUP 956ml

SAVE \$2.92

7.77 ea

ENJOY LIFE CHOCOLATE CHIPS, CHUNKS, OR MORSELS 255g

SAVE \$2.12

7.77 ea

BRAGG ORGANIC RAW APPLE CIDER VINEGAR 946ml

SAVE \$1.74

5.55 ea

HIMALAYA FLUORIDE-FREE TOOTHPASTE Select Varieties

SAVE \$6.45

14.44 ea

NOW B50 COMPLEX 100 Veg Caps

SAVE \$5.25

14.44 ea

NOW OMEGA-3 - 1000MG 200 Soft Gels

SAVE \$4.44

15.55 ea

YOUTHEORY ZERO SUGAR PROBIOTIC GUMMIES 60 Gummies

SAVE \$6.07

22.22 ea

YOUTHEORY HYALURONIC ACID 60 Veg Caps

SAVE \$4.02

17.77 ea

NAKA CREATINE MONOHYDRATE - 5000mg 400g

SAVE \$5.00

20.99 ea

NAKA COQ10 - 200MG + BIOPERINE 60 Soft Gels

SAVE \$7.70

29.99 ea

NAKA ORGANIC BLACK SEED OIL - 2300mg 300ml

20% OFF

PLATINUM NATURALS SUPER EASYMULTI 45+ FOR MEN OR WOMEN 60 Soft Gels

20% OFF

PLATINUM NATURALS TOTAL VISION CARE 60 Soft Gels

ELEVATE YOUR KOMBUCHA
Raw, real & fully alive.



RISE
Canada's Favourite Kombucha





SHINE ON TO A *New Horizon*

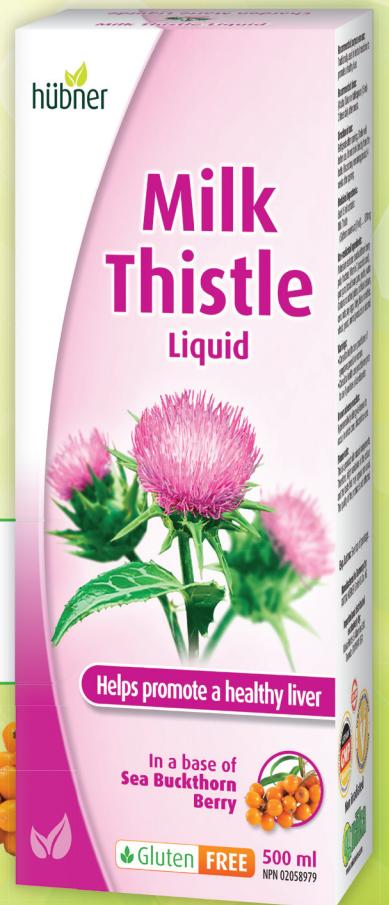
- Supports immune system function
- Support cardiovascular health
- Supports blood sugar balance
- Supports bone growth and density
- Supports healthy mood, mental clarity and productivity

Detoxify and Revitalize
your liver with liquid

Milk Thistle

- Detoxify your liver
- Improve mood
- Cholesterol support
- Chronic fatigue support

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**SEA BUCKTHORN
BERRY**



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- Decreases muscle soreness.
- Lowers blood pressure.
- Boosts exercise performance.

Support your **HEART HEALTH**

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- Arterial cleansing
- Relieve nasal inflammation
- Blood pressure & circulation support

