

Get Easter Ready

metro
CANADIAN AND PROUD



2⁴⁹
ea.

RASPBERRIES 1kg
BLACKBERRIES 1kg
PRODUCT OF MEXICO



1⁹⁹
/lb
or ea.

HEIRLOOM TOMATOES
PRODUCT OF MEXICO 1.5kg
RAPINI
PRODUCT OF U.S.A. 1.5kg



3⁹⁹
ea.

SWEET ONIONS 1kg
FOLIA LETTUCE 1kg
PRODUCT OF CANADA



\$5
PER TAIL

19⁹⁹
ea.

WILD-CAUGHT ROCK LOBSTER TAILS
PRODUCT OF CANADA



2⁴⁹
ea.

GREEN GIANT
FROZEN
VEGETABLES
SELECTED VARIETIES



125
points
value of \$1

4⁹⁹
ea.

HÄAGEN-DAZS
ICE CREAM
SELECTED FLAVORS



12⁸⁸
/lb

RED GRILL CAP
ON HER STYLE
VALUE PACK
COUNTRY CHICKEN BREAST BONE IN
SAUCE 20.5kg



11⁸⁸
/lb

RED GRILL
PORK RIB ROAST
CHEF STYLE
20.5kg



125
points
value of \$1

5⁸⁸
/lb

FRESH LAMB
• 100% Grass Fed
• Free range
• Raised without
antibiotics or
added hormones



3⁹⁹
/lb

FRESH PORK BACK RIBS VALUE PACK OR
FRESH SPLIT CHICKEN BREAST BONE IN
SAUCE 8.25kg



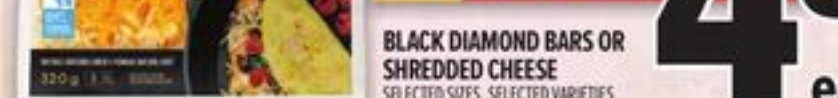
3⁹⁹
ea.

FRESH CANADIAN
ATLANTIC SALMON PORTIONS
PRODUCT OF CANADA



4⁸⁸
ea.

LACTANTIA BUTTER
COUNTRY CHURNED
UNSALTED



4⁸⁸
ea.

BLACK DIAMOND
BUTTER
MARBLE - MARBRÉ
OLD-FASHIONED



VEGETABLE OR
CORNWALL

99
ea.

Irresistible

IRRESISTIBLE SPIRAL SLICED
HONEY HAM OR SCHNITZERS
5.00K BONELESS SMOKED HAM
8.20K

3.99
/lb

2 GO
AND MAMMOTH
\$9.99 ea.

SCHNEIDER'S
Maple Smoked Bacon or Link Sausage
HEALTHY FAT BACON SAUSAGE COUSIN
40oz

JOHNSONVILLE
Breakfast Sausages
13.5oz

\$4.99 ea.

**SCHNEIDER'S OR MAPLE LEAF BACON OR
JOHNSONVILLE BREAKFAST SAUSAGES**
40 / 13.5 OZ. SELECT YOUR FAVORITE

125
cents
value of \$1

19⁹⁹
ea.

ADOBOS COOKED OR RAW SHRIMP
SMOKED SALMON 10 OZ. (283g)

Doritos (Mild) **125¢** value of \$1 ea.

Tostitos (Mild) **3.49** ea.

Silk Almond (Unsweetened) **3.50** ea.

Oikos (Silk Beverage) **1.99** ea.

Oikos (Dannon Oikos Yoghurt) **3.49** ea.



Coca-Cola
ORIGINAL TASTE
12 CANS (330 mL)

12

125
points
value of \$1

749
ea.



CEDAR
PREPARED
Dark Red Kidney Beans
15.5 OZ. (438 g)



MUTTI
FARMI
FINELY CHOPPED
TOMATOES
POLPA
1 Lb. (454 g)
100% TOMATOES
NO ADDED SALT
NO MSG
NO PRESERVATIVES

100% TOMATOES
NO ADDED SALT
NO MSG
NO PRESERVATIVES



MUTTI POLPA CANNED TOMATOES
1 Lb. (454 g)
100% TOMATOES
NO ADDED SALT
NO MSG
NO PRESERVATIVES

125
ea.

MANAGER'S SPECIALS

3 DAYS ONLY!
FRIDAY TO
SUNDAY

BIG WEEKLY SAVINGS. WHILE SUPPLIES LAST.

IN-STORE ONLY. NO RAIN CHECKS.

PEACHES, NECTARINES
OR BLACK PLUMS
PRODUCT OF CHILE
2 lb

3⁹⁹
ea.

LARGE ANJOU PEARS
PRODUCT OF U.S.A.
EXTRA FANCY GRADE
2.161kg

99¢
/lb

AQUA STAR
CRISPY TORPEDO SHRIMP
FROZEN, 284 g

5⁹⁹
ea.



LIVING LETTUCES
PRODUCT OF ONTARIO
PKG OF 2

3⁹⁹
ea.



EASTER
ESSENTIALS

MARC ANGELO
ITALIAN DELI
MEAT &
BALDERSON
CHEESE
100%
CHEDDAR
EXTRA PASTA
EXTRA PASTA

5⁹⁹
ea.



FRONT STREET BAKERY
HOT CROSS BUNS
125g (4.4oz)

125
points
value of \$1

3⁹⁹
ea.



KICKING HORSE
COFFEE 100%
QUILTED HARBORS

125
points
value of \$1

14⁹⁹
ea.



LACTANTIA CREAM
100% MILK
QUILTED HARBORS

3⁴⁹
ea.



6⁹⁹
ea.



PICK ONTARIO
FRESH CUT TULIPS
125g (4.4oz)

12⁹⁹
ea.



Shop these and more in-store or online

899
ea.



800-368-6622



599



5⁹⁹
ea.



10⁹⁹
ea.



10⁹⁹
ea.



\$ New Lower Prices

MADE WITH REAL CORN MEAL ON CRACKERS 3.49 ea.	Breton MADE WITH REAL CORN MEAL ON CRACKERS Vinta ORIGINAL	Pear Paws MADE WITH REAL CORN MEAL ON CRACKERS Chewy Cakes MADE WITH REAL CORN MEAL ON CRACKERS	CEDAR VALLEY MADE WITH REAL CORN MEAL ON CRACKERS 4.99 ea.	CRETORS MADE WITH REAL CORN MEAL ON CRACKERS G.R. CRETORS PORCUPINE OR CEDAR VALLEY PITL CUPS (201)	la Croix REAL BOTTLING SUCKER OR LEMON SPARKLING WATER 5.49 ea.	NEAR MADE WITH REAL CORN MEAL ON CRACKERS
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 3.49 ea. SKITTLES® OR DARE CANDY SWEET TARTS SWEET SOUR SWEET SOUR SWEET SOUR	SAN PELLEGRINO® OR ARAGON POTABLE SPARKLING WATER, COGNAC OR MICHELLE SIP-UP AROMATIC BEER  10.99 ea.	 5.99 ea. DE. GETTEN PIZZA OR EAGLE WATER SODA SWEET TARTS SWEET SOUR SWEET SOUR	 2.99 ea. GOLDEN CRACKERS SWEET TARTS SWEET SOUR SWEET SOUR
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I earn with **moi rewards**

50 **399** **MINUTE MASH ON PHILIPPO DOLINS.**
PARCE QUE JE PEUX CUIR LA TÊTE!

125 **399** **KRAFT SALAD**
DRESSINGS

100 **399** **MINUTE MASH ON PHILIPPO DOLINS.**
PARCE QUE JE PEUX CUIR LA TÊTE!

Special prices in this flyer are available at select Metro stores only. See store for details.

We reserve the right to limit quantities.
 DESCRIPTIONS TAKE PRECEDENCE OVER PHOTOS.
 SOME PRODUCTS MAY NOT BE AVAILABLE IN ALL STORES.

We accept Visa, MasterCard and American Express at most stores.

Visit us at: **metro.ca**
 Give us your opinion for a chance to
 WIN \$1,000 in groceries.

[illegible]

this week's deals:
Only until April 1, 2026, in-store or online

add your
moi rewards
coupons



375
points
value of \$3

NOW
16⁹⁹
ea.
SAVE UP TO
\$6

22⁹⁹*
ea.
BUTTERBALL BONELESS
TURKEY BREAST ROAST
FROZEN, 1.2 kg
SELECTED VARIETIES



NOW
2⁹⁹
ea.
SAVE UP TO
\$1.80

4⁷⁹*
ea.
LECLERC
COOKIES
SELECTED SIZES
SELECTED VARIETIES



NOW
5⁹⁹
ea.
SAVE UP TO
\$2

7⁹⁹*
ea.
IRRESISTIBLE CHOCOLATE
COVERED ALMONDS
300 g
SELECTED VARIETIES



NOW
3⁹⁹
ea.
SAVE UP TO
\$1

4⁹⁹*
ea.
TAKIS
198 - 260 g
SELECTED VARIETIES



NOW
12⁹⁹
ea.
SAVE UP TO
\$7

19⁹⁹*
ea.
IRRESISTIBLES
COFFEE CAPSULES
30 ml
SELECTED VARIETIES



NOW
4⁹⁹
ea.
SAVE UP TO
\$1.50

6⁹⁹*
ea.
EARTH'S OWN
CREAM
946 ml
SELECTED VARIETIES

LIMIT ONE REDEMPTION PER CUSTOMER
Offer available only on the My Metro app with a moiD account. Limit of one coupon redemption with a moiD account, unless expressly stated otherwise in the terms of the offer.
Offer coupon must be loaded at time of purchase. Available while supplies last. See app for full coupon details. *Price may vary at select locations.

Easter

Scavenger Hunt



Join us in-store for sweet treats & fun on
Saturday, March 28 from 10am to 4pm.

Farm Fresh Produce



1⁹⁹
/lb
LARGE SEEDLESS
NAVEL ORANGES
PRODUCT OF U.S.A.
4.39kg



4⁹⁹
ea.
ORGANIC
STRAWBERRIES 1/4 lb
PRODUCT OF MEXICO
No. 1 GRADE



1⁹⁹
/lb
SWEET POTATOES
PRODUCT OF MEXICO
4.39kg



2⁹⁹
ea.
LPC CREAMER
POTATOES 1/4 lb
PRODUCT OF CANADA
CANADA'S LARGEST
SELECTED WHITE FRIES



3⁹⁹
/lb
ORBI CLEMENTINES
STEM & LEAF
CLEMENTINES
PRODUCT OF SPAIN
8.80kg



1⁹⁹
/lb
LARGE RED PRINCE
APPLES
PRODUCT OF CANADA
CANADA'S LARGEST
4.39kg



4⁹⁹
ea.
FRENCH GIANT
ARTICHOQUES
PRODUCT OF MEXICO
4.39kg



3⁹⁹
/lb
LARGE RED,
ORANGE OR YELLOW
SWEET PEPPERS
PRODUCT OF MEXICO
8.80kg



4⁹⁹
ea.
BLACK MISSION FIGS
1/4 lb
PRODUCT OF MEXICO



5⁹⁹
/lb
COTTON CANDY
PRODUCT OF CHINA
13.21kg



99¢
/lb
GREEN CABBAGE
PRODUCT OF CANADA
CANADA'S LARGEST
2.70kg



3⁹⁹
/lb
BRUSSELS SPROUTS
PRODUCT OF MEXICO
8.80kg



3⁹⁹
ea.
GOLDENBERRIES 1/4 lb
PRODUCT OF CANADA



2⁴⁹
/lb
LARGE BARTLETT
PEARS
PRODUCT OF CANADA
CANADA'S LARGEST
4.39kg



3⁹⁹
ea.
MINI CUCUMBERS 1/4 lb
PRODUCT OF MEXICO
CANADA'S LARGEST



2⁴⁹
/lb
GREEN ZUCCHINI
PRODUCT OF MEXICO
5.49kg



7⁹⁹
ea.
MEYER'S
CHOCOLATE
CARAMEL APPLE 1/4 lb
PRODUCT OF U.S.A.



3⁹⁹
ea.
SWEET BABY
BROCCOLI
PRODUCT OF U.S.A.



4⁹⁹
ea.
CUBED SWEET POTATOES,
BUTTERNUT OR
BUTTERNUT SQUASH 1/4 lb
PRODUCT OF U.S.A.



3⁷⁹
ea.
BELLE GROVE
MUSHROOMS
PRODUCT OF CANADA
CANADA'S LARGEST



5⁹⁹
ea.
WONDERFUL
IN SHELL PISTACHIOS
1/4 lb
PRODUCT OF U.S.A.



5⁹⁹
ea.
BENET'S
SALAD
DRESSINGS
1/4 lb
PRODUCT OF U.S.A.



2⁹⁹
ea.
UNBEATABLE
HERBS 1/4 lb
PRODUCT OF U.S.A.



2⁴⁹
ea.
ASSORTED COLOUR
CARROTS 1/4 lb
PRODUCT OF CANADA
CANADA'S LARGEST

Sliced & Diced



9⁹⁹
ea.
PUMPKIN CHEESECAKE TRAY WITH RUFFLES
STRAWBERRY PINEAPPLE TOP
WITH CHOCOLATE DIP 1/4 lb
SMALL FRUIT TRAY 1/4 lb



14⁹⁹
ea.
RACHIO PLATTER 1/4 lb
FAMILY SIZE CHICKEN CAESAR SALAD 1/4 lb
SMALL BERRY VINNY TRAY 1/4 lb

Organic



2⁹⁹
/lb
ORGANIC SEEDLESS
ORANGES
PRODUCT OF U.S.A.
6.59kg



4⁹⁹
ea.
ORGANIC
AVOCADOS 1/4 lb
PRODUCT OF MEXICO



6⁹⁹
ea.
ORGANIC
SWEET POTATOES 1/4 lb
PRODUCT OF U.S.A.



5⁹⁹
ea.
ORGANIC
YELLOW POTATOES 1/4 lb
PRODUCT OF CANADA
CANADA'S LARGEST



22⁹⁹
ea.

HYDRANGEA
6.5" POT
ASSORTED COLOURS



14⁹⁹
ea.

FLEURETTES
8" POT
ASSORTED COLOURS



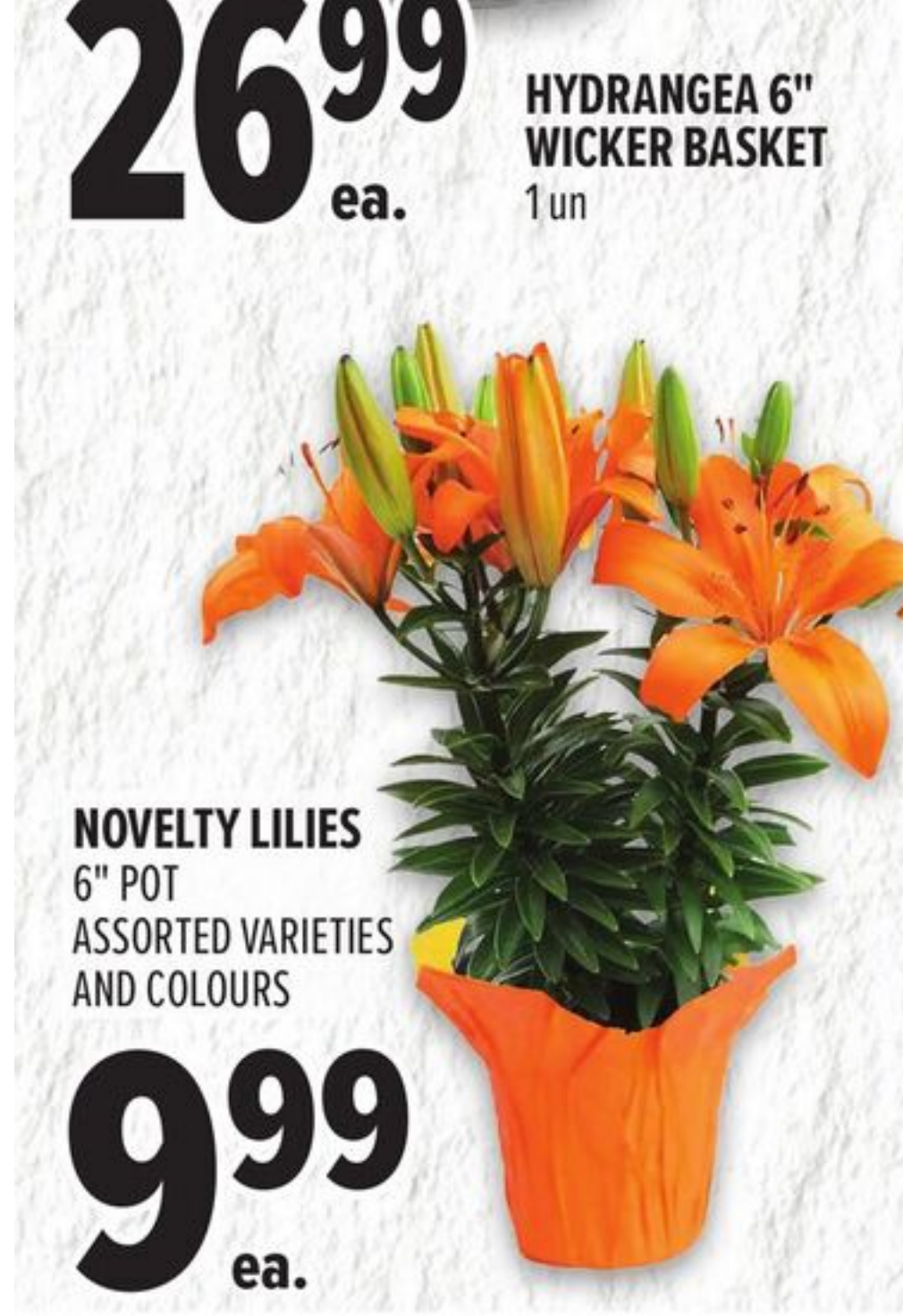
9⁹⁹
ea.

SPRING BULBS
6" POT
ASSORTED VARIETIES



26⁹⁹
ea.

HYDRANGEA 6"
WICKER BASKET
1 un.



9⁹⁹
ea.

NOVELTY LILIES
6" POT
ASSORTED VARIETIES
AND COLOURS



9⁹⁹
ea.

SINGLE BLOOM
HYDRANGEA
4" POT
ASSORTED COLOURS



6⁹⁹
ea.

NOVELTY
CYCLAMEN
4" POT
ASSORTED COLOURS



11⁹⁹
ea.

CHRYSANTHEMUMS
6" POT
ASSORTED COLOURS



16⁹⁹
ea.

ORCHID
3.5" POT
ASSORTED COLOURS



14⁹⁹
ea.

CALANDIVA
HILBERT BUNNY
2.5" POT



6⁹⁹
ea.

COMMERCIAL
MUM SINGLE
BLOOM
4.5" POT
ASSORTED COLOURS



9⁹⁹
ea.

EASTER LILIES
6" POT

Beautiful blooms

Add beauty to your Easter celebration with our fresh, colourful array of flowers, bulbs & more.

pick Ontario

NEW

YOUR FIRST 3 ORDERS*

metro.ca

UP TO
\$60
OFF



Shop Offer



*\$20 off your first 3 online orders of \$80 or more.
Certain conditions apply. Details on metro.ca

Our Butcher's Finest

250 points
value of \$2

2⁹⁹
/lb



BUTTERBALL

RED GRILL
EASY CARVE
PRIME TURKEY
11.99/kg
12.99/kg

100% CANADIAN AA

12⁸⁸
/lb



100% CANADIAN AA

BONELESS

5⁹⁹
/lb



BONELESS PORK LOIN CHOPS
VALUE PACK OR ROAST
13.29/kg

PLATINUM GRILL ANJOU

33⁹⁹
/lb



PLATINUM GRILL ANJOU
BEEF TENDERLOIN
STEAK OR ROAST
76.93/kg

PRIME

7⁹⁹
/lb



PRIME
YORKSHIRE VALLEY FARM
ORGANIC FRESH
WHOLE CHICKEN
12.99/kg

YORKSHIRE VALLEY FARM

5⁹⁹
/lb



YORKSHIRE VALLEY FARM
ORGANIC FRESH
WHOLE CHICKEN
12.99/kg

125 points
value of \$1

6⁸⁸
/lb



FRESH
BONELESS LAMB LEGS
11.59/kg

7⁹⁹
/lb



FRESH LAMB SHOULDER
CHOPS VALUE PACK
11.59/kg

12⁹⁹
/lb



FRESH LAMB LOIN CHOPS
28.64/kg

19⁹⁹
/lb



FRESH FRENCHED
LAMB RACK
46.64/kg

I earn with moi rewards

SCHNEIDER'S
BREAKFAST
SNACKWICHES OR
EGG BITES
12.99/kg

5⁹⁹
ea.

125 points
value of \$1

MAPLE LEAF
PORK CHOPS
12.99/kg

6⁹⁹
ea.

80 points

LOU'S
PORK CHOPS
12.99/kg

7⁹⁹
ea.

90 points

IRRESISTIBLE
PORK CHOPS
12.99/kg

5⁹⁹
ea.

70 points

FITCHER'S
PORK CHOPS
12.99/kg

4⁹⁹
lb

125 points
value of \$1

MONTANA'S
PORK CHOPS
12.99/kg

8⁹⁹
ea.

125 points
value of \$1

KELSEY'S
PORK CHOPS
12.99/kg

12⁹⁹
ea.

125 points
value of \$1

YORKSHIRE
VALLEY FARM
PORK CHOPS
12.99/kg

19⁹⁹
ea.

250 points
value of \$2

Entertaining Favourites

WATSON RIDGE
CHICKEN BALLS
12.99/kg

5⁹⁹
ea.

ULTIMATE
PASTRY POPPERS
12.99/kg

5⁹⁹
ea.

JOHNSONVILLE
SAUSAGES
12.99/kg

6⁹⁹
ea.

IRRESISTIBLE
MINI SPRING ROLLS TWO
12.99/kg

12⁹⁹
ea.

MARK ANGELO
PASTRY POPPERS
12.99/kg

9⁹⁹
ea.

MARK ANGELO
PASTRY POPPERS
12.99/kg

9⁹⁹
ea.

SCHNEIDER'S
PASTRY POPPERS
12.99/kg

12⁹⁹
ea.

MAPLE LEAF PRIME
PASTRY POPPERS
12.99/kg

15⁹⁹
ea.

FOR PERSONALIZED COUPONS, DOWNLOAD OUR APP OR VISIT [metro.ca](#)

Shrimply the best

Get appy with our **Irresistible** selection of shrimp.



IRRESISTIBLE
BACON-WRAPPED
SCALLOP
MEDALLION
FROZEN, 200 g

8⁹⁹
ea.



IRRESISTIBLE
SHRIMP BURRITOS
FROZEN, 240 g

7⁹⁹
ea.



IRRESISTIBLE
BANG BANG SHRIMP
FROZEN, 340 g

8⁹⁹
ea.



IRRESISTIBLE
TORPEDO SHRIMP
FROZEN, 284 g

8⁹⁹
ea.



7⁹⁹
ea.

IRRESISTIBLE
PACIFIC WHITE
SHRIMP RING
FROZEN, 284 g



8⁹⁹
ea.

IRRESISTIBLE
WILD ARGENTINIAN
SHRIMP RING
FROZEN, 250 g



19⁹⁹
ea.

IRRESISTIBLE
PACIFIC WHITE JUMBO
COOKED SHRIMP
WITH SAUCE
FROZEN, 21 - 25 SIZE
600 g



DISCOVER
NEW

IRRESISTIBLE
PACIFIC WHITE JUMBO
COOKED SHRIMP
WITH SAUCE
FROZEN, 21 - 25 SIZE
600 g

Seafood



9⁹⁹
/lb

WILD CAUGHT
ALASKAN COD FILLETS
FRESH OR FROZEN (20 FILLETS, 2.17 lb)



12⁹⁹
/lb

FRESH RAINBOW TROUT FILLETS, VALUE PACK
100 g, 2.20 lb



4⁹⁹
ea.

7 SEAS SOLE
WITH STUFFING
FRESH (100 g, 2.20 lb)



5⁹⁹
ea.

FRESH
CANADIAN CORE
ORGANIC MUSSELS
1.5 lb



6⁹⁹
/lb

FRESH
PASTA CLAMS
1.5 lb



8⁹⁹
/lb

STORE MADE
SEAFOOD SALAD
CHICKEN, CUCUMBER
MAYONNAISE, 1.5 lb



8⁹⁹
ea.

WHOLE SQUID
CALAMARI ENTIRE
FRESH (1.5 lb)



13⁹⁹
ea.

BACCALA
CHILEAN BONITO
SAUTÉ (1.5 lb)



13⁹⁹
ea.

OCEAN JEWEL
WHOLE
MEDITERRANEAN
SEA BASS
1.5 lb



49⁹⁹
/lb

KING CRAB
FRESH (1.5 lb)

Irresistible



6⁹⁹
ea.

IRRESISTIBLE
UNCOOKED
SHRIMP
FRESH (1.5 lb)



8⁹⁹
ea.

IRRESISTIBLE
COOKED PACIFIC
WHITE SHRIMP
FRESH (1.5 lb)



9⁹⁹
ea.

IRRESISTIBLE
SEAFOOD
MEDLEY
FRESH (1.5 lb)



10⁹⁹
ea.

IRRESISTIBLE
CRAB CAKES
FRESH (1.5 lb)

Deli Favourites



2⁹⁹
/100 g

MAPLE GLAZED
CHICKEN BREAST
FRESH (100 g)



2⁹⁹
/100 g

SHORSHI
SANDWICH
FRESH (100 g)



1⁹⁹
/100 g

KRIMOS
QUESO
TRADITIONAL FETA CHEESE
FRESH (100 g)



11⁴⁹
ea.

SANTITAS
BELLANANO CHEESE
FRESH (1.5 lb)



5⁴⁹
ea.

PIZZERIA
BELLITALIA
PIZZA TOPPINGS
FRESH (1.5 lb)



7⁴⁹
ea.

BRANDT
SAUSAGE CHUBS
FRESH (1.5 lb)



6⁹⁹
ea.

RICOTTA
CHEESE
FRESH (1.5 lb)



5⁹⁹
ea.

CELEBRITY
SHEEP'S MILK
CHEESE
FRESH (1.5 lb)



10⁹⁹
ea.

MARC ANGELO
CALABRESE
SALAMI
FRESH (1.5 lb)



11⁹⁹
ea.

MARC ANGELO
PROSCIUTTO OR
ANTIPASTO
QUATTRO TRAZ
FRESH (1.5 lb)



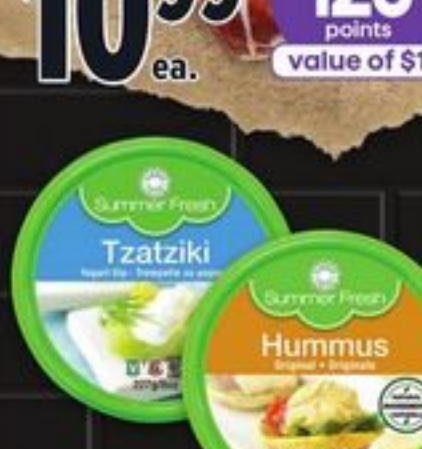
12⁹⁹
ea.

4 MINI
BURRATA
FRESH (1.5 lb)



4⁹⁹
ea.

NEW YORK
STYLE
BAGEL CRISPS
FRESH (1.5 lb)



3⁹⁹
ea.

SUMMER FRESH
HUMMUS OR DIPS
FRESH (1.5 lb)



7⁹⁹
ea.

SABATINI'S
FRESH MACARONI
FRESH (1.5 lb)



8⁹⁹
ea.

SWISS CHALET
CHICKEN
POT PIE
FRESH (1.5 lb)



8⁰⁰
ea.

FRESH & HOT
FRESH PASTA
FRESH (1.5 lb)

FLAVOURS OF

italy

ANISE-FENNEL

PRODUCE OF U.S.A.

4.3kg

1⁹⁹

/lb

FRESH FIGS

PRODUCE OF U.S.A.

PRODUCT OF MEXICO

11⁹⁹

ea.

MAIA TOLAND'S LASAGNA

MAIA TOLAND'S

SELECTED VARIETALS

11⁹⁹

ea.

FRESH

WHOLE WHITING

75/100 g

3⁴⁹

/lb

WHILE QUANTITIES LAST

SAN DANIELE

WHOLE PROSCIUTTO

150g

79⁰⁰

ea.

CASTELLO

PARMA STAGIONECHIO

DELICIOUS PROSCIUTTO HAM, 100g/100g

4⁹⁹

/100 g

ALMOND

PISTACCHIO CAKE

175g

31⁹⁹

ea.

PRIMO STREET BAKERY

LONG CHALIBRE

175g

4²⁹

ea.

Colussi

CAFFELATTE

COLOSSAL COOKIES

100g/100g

2⁹⁹

ea.

DAVID ROCCO

POMODORO

800g/800g

5⁹⁹

ea.

PERUGINA

BACI

CHOCOLATES

100g/100g

15⁹⁹

ea.

GIORGIA

SAVOIARDI

COOKIES

100g/100g

3⁴⁹

ea.

Love cheese?

Cheese connoisseurs will enjoy our vast selection – tasty on their own or as part of charcuterie boards & party platters.



749
ea.
BOTTRELL
CHEESE
170 g
SELECTED VARIETIES



999
ea.
ZERIO
MOZZARELLA
250 g
SELECTED VARIETIES



549
/100 g
COMBE CASTLE
CRANBERRY
WENSLEYDALE
DELICIOUS. PRICES AS MARKED
24 MON.



2200
ea.
BELLA CASARA
BURRATA CHEESE
250 g
OR 14.99 ea. 250 g



1499
ea.
TRE STELLE
MASCARPONE CHEESE
475 g



699
ea.
RONCATO
OR BALDERSON
SPREADABLE CHEESE
185 - 200 g
SELECTED VARIETIES



1799
ea.
INESISTIBLE
BRIE
500 g



329
/100 g
BALDERSON
CHEDDAR
AGED 24 MONTHS
DELICIOUS. PRICES AS MARKED
5.29/100 g WHEN YOU BUY
LESS THAN 500 g



359
/100 g
PARMIGIANO REGGIANO
AGED 24 MONTHS
DELICIOUS. PRICES AS MARKED
5.35/100 g WHEN YOU BUY
LESS THAN 500 g



459
/100 g
JARLSBERG
CHEESE
DELICIOUS. PRICES AS MARKED
5.59/100 g WHEN YOU BUY
LESS THAN 500 g



479
/100 g
L'EXTRA
DOUBLE CHEVRE BRIE
DELICIOUS. PRICES AS MARKED
5.29/100 g WHEN YOU BUY
LESS THAN 500 g



499
/100 g
OKA CHEESE
DELICIOUS. PRICES AS MARKED
26.63/100 g

1099
ea.
OKA CHEESE
100 g
SELECTED VARIETIES

Lemon Treats



FRONT STREET BAKERY
LEMON MERINGUE PIE
12" ea.

6⁹⁹



LA ROCCA
LEMON MOUSSE
CAKE 10 1/2" ea.

21⁹⁹



INEVITABLE
LEMON POPPY SEED
COFFEE CAKE 10 1/2" ea.

10⁹⁹



FRONT STREET BAKERY
LEMON PASHAAN TWISTS
12 1/2" ea.

5⁹⁹



FRONT STREET BAKERY
LEMON DANISH
12 1/2" ea.

7⁹⁹



SELECTION
LEMON DESSERT SQUARES
12 1/2" ea.

3⁶⁹

Strawberry Delights



FRONT STREET BAKERY
CHOCOLATE BOSTON
CAKE 10 1/2" ea.

22⁹⁹



FRONT STREET BAKERY
STRAWBERRY
SHORTCAKE 10 1/2" ea.

31⁹⁹



FRONT STREET BAKERY
TRIPLE STRAWBERRY
BOSTON CAKE 10 1/2" ea.

22⁹⁹



FRONT STREET BAKERY
STRAWBERRY CHEESECAKE
10 1/2" ea.

22⁹⁹

Meal Essentials



BEN'S ORIGINAL
FAST & FANCY RICE 12 1/2" ea.

1⁹⁹



GREEN GIANT
CANNED VEGETABLES
10 1/2" ea.

1⁹⁹



FRENCH'S KETCHUP
10 1/2" ea.

5⁴⁹



KNORR SOUPS
10 1/2" ea.

2⁴⁹



KNOX'S MUSTARD
10 1/2" ea.

5⁹⁹



IDAHOAN
MAC & CHEESE
10 1/2" ea.

1⁹⁹



EGGOS
WAFFLES
10 1/2" ea.

3⁹⁹



PIZZA
POPS
10 1/2" ea.

6⁹⁹



INEVITABLE
PROTEIN MEALS
10 1/2" ea.

4⁹⁹



KIWIS
PALLET TWISTS
10 1/2" ea.

9⁹⁹

FREE SAME-DAY PICKUP SAME FLYER PRICES AND DEALS ONLINE

Prep for your feast

Hosting's easy with our delicious variety of apps, main events & sweet desserts.

FRESH 2 GO
SMACK OR
ANTIPASTO TRAY
600 - 700 g
SELECTED VARIETIES

15⁰⁰
ea.

FAMILY
SIZE

FAMILY SIZE SALADS
400 - 480 g
SELECTED VARIETIES

10⁹⁹
ea.

SEAFOOD BOIL
FRESH, 2.43/1000 g

10⁹⁹
/lb

STORE MADE
DIPS
200 - 500 g

5⁹⁹
ea.

STORE MADE
JUMBO SHRIMP
WITH SAUCE
PREVIOUSLY FROZEN
28 - 30 SIZE, 2.20/100 g

9⁹⁹
/lb

FRONT STREET BAKERY
GOURMET COOKIE TRAY
600 - 700 g
SELECTED VARIETIES

9⁹⁹
ea.

Catering tray orders require 48 hours notice.

FRESH 2 GO SMOKED PLANK.
BURRATA PLATTER ON ARTISANAL MEAT PLATTER
1 lb
ORDER IN STORE OR ONLINE

44⁹⁹
ea.

FRESH 2 GO
MINI BURRATA TEAR
& SHARE TRAY.
BAKE IT BAKE TRAY
OR VEGET GARDEN
CHARCUTERIE
1 lb
ORDER IN STORE OR ONLINE

29⁹⁹
ea.

FRESH 2 GO
MINI CHARCUTERIE TRAYS
1 lb
ORDER IN STORE OR ONLINE

29⁹⁹
ea.

FRESH 2 GO
SMOKED THE WORLD
CHEESE PLANK
1.5 lb

49⁹⁹
ea.

IRRESISTIBLES ARTISAN
HALF MOON
SMOKED HAM
12.24 kg

5⁹⁹
/lb

MAPLE LEAF OR
SCHNEIDERS
SMOKED HAM
600 - 700 g
SELECTED VARIETIES

11⁹⁹
ea.

1.4 KG

SELECTION
BONELESS
SMOKED HRM
JAMBON FUME
DESSECHE
1.4 kg
1.4 kg

13⁹⁹
ea.



metro
FRESH
2 GO



*We have
your catering
covered.*

**Minimum of 48 hours notice on all orders.*



**Place Your Catering
Order Today**



Online
fresh2go.metro.ca



In Store
Visit Our Deli



Complete your Easter menu with our
selection of tasty must-haves.

Complete your Easter menu with our
selection of tasty must-haves.



279
ea. **DOLE**
CANNED PINEAPPLE
398 ml
SELECTED VARIETIES



649
ea.



2.99
ea.



4.99
ea.



549
ea. **IRRESISTIBLES**
CRISP CRACKERS
150 g
SELECTED VARIETIES



4.99 ea. **PILLSBURY EASTER COOKIES**
SELECTED SIZES
SELECTED VARIETIES
WHILE QUANTITIES LAST



Tim Hortons.



749
ea. OCEAN SPRAY
SPARKLING CRANE
DRINKS
6 x 340 ml
SELECTED VARIETIES



BERRY



14⁹⁹ ea. **TIM HORTONS**
GROUND COFFEE
300 g
SELECTED VARIETIES



279
ea.



849
ea.



2.99 ea. **REDPATH BROWN SUGAR**
1 kg
SELECTED VARIETIES



SELECTED VARIETIES

4.99

ea.



2.99 ea. **SELECTION**
SHREDDED COCONUT
200 g
SELECTED VARIETIES

More Great Savings



1999 ea.

TIMOTHY'S COFFEE CAPSULES (ea.)



649 ea.

McCafé INSTANT COFFEE (ea.)



899 ea.

TETLEY TEA BAGS (ea.)



599 ea.

ST. RAPHAEL'S COFFEE (ea.)



569 ea.

WHOLE EARTH PLANT BASED LIQUID SWEETENER (ea.)



549 ea.

TROPICANA REFRESHED DRINKS (ea.)



549 ea.

INVISIBLE BISCUITS (ea.)



299 ea.

INVISIBLE WATER CRACKERS (ea.)



199 ea.

INVISIBLE CHIPS (ea.)



499 ea.

OCEAN SPRAY CRANBERRY JUICE (ea.)



649 ea.

M&M'S OR MALTESERS (ea.)



1199 ea.

LINDT SWISS CLASSIC CHOCOLATE BAR (ea.)



1199 ea.

ASAHI BEER (ea.)



1249 ea.

BUSCH BEER (ea.)



899 ea.

MUSKOKA BREWERY BEER (ea.)



299 ea.

BARRY'S NON-ALCOHOLIC BEVERAGE (ea.)



499 ea.

SELECTION OF PEANUTS (ea.)



899 ea.

MAISON PERRIER SPARKLING WATER (ea.)



699 ea.

GENEROUS BY NATURE NATREL COFFEE (ea.)



599 ea.

GENEROUS BY NATURE NATREL FINE FILTERED MILK (ea.)



299 ea.

RITZ CRACKERS (ea.)



499 ea.

HELLMANN'S MAYONNAISE (ea.)



299 ea.

RITZ CRACKERS (ea.)



499 ea.

HELLMANN'S MAYONNAISE (ea.)



399 ea.

RITZ CRACKERS (ea.)



399 ea.

HELLMANN'S MAYONNAISE (ea.)



399 ea.

RITZ CRACKERS (ea.)



399 ea.

HELLMANN'S MAYONNAISE (ea.)



Free

KINDER SURPRISE EGGS (ea.)



649 ea.

KINDER MAXI CHOCOLATE (ea.)



1299 ea.

KINDER MAXI CHOCOLATE (ea.)



1399 ea.

KINDER MAXI CHOCOLATE (ea.)

*Spring into
flavourful spirits*

Complement your feast with favourite red & white wines, cold brews & cocktails.

Complement your feast with favourite red & white wines, cold brews & cocktails.



21 ea. **MIX PACK**
8 x 355 ml

*Advertised prices are subject to change and exclude HST and deposit fees, which are added at checkout.
Alcoholic items are available at select stores. See metro.ca for availability.*

55 ea. **VARIETY PACK**
12 x 355 ml

21⁹⁹ ea. **NUTRL MIX PACK** 8 x 355 ml

Advertised prices are subject to change and exclude GST and deposit fees, which are added at checkout. Alcoholic items are available at select stores. See media.ca for availability.

33⁹⁹ ea. **DILLON'S GIN COCKTAIL VARIETY PACK** 12 x 355 ml

10



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100



100



FLAVOURS OF

Vaisakhi

CELEBRATE THE NEW YEAR SPRING HARVEST FESTIVAL

21⁹⁹

ea.

LA ROCHE
TORTLESS MANGO
MOUSSE CAKE
400 g

1⁹⁹

ea.

HONEY BITES FRO
MANGOES
PRODUCT OF INDIA

3⁹⁹

ea.

ROYAL DELIGHT
SAMOSAS
400/500 g
SELECTED VARIETIES

9⁹⁹

ea.

PARULMENT GOLD
MOON GOLD BELL
BROWN BASMATI RICE
500 g
SELECTED VARIETIES

9⁹⁹

ea.

SAFFRON
VEGETABLE OIL
OR CANOLA OIL
1 L
SELECTED VARIETIES

16⁹⁹

ea.

SERRERA
BOUQUET
FLOWER COLOURS

7⁹⁹

ea.

ARJUN
BASMATI RICE
500 g
SELECTED VARIETIES

13⁹⁹

ea.

BIJAS
GHEE
500 g

1⁶⁹

ea.

CEDAR
CANNED BEANS
400 g
SELECTED VARIETIES

3⁴⁹

ea.

INDOMIE NOODLES
OR MAGGI SAUCES
100/125/150 g
SELECTED VARIETIES

8⁹⁹

ea.

AALANKAR OR CEDAR
TAMARIND OR
PRASHAD CANDY
500/500 g
SELECTED VARIETIES

1⁹⁹

ea.

DIVYA
MAKHANA OR PAKHANAS
200/400 g
SELECTED VARIETIES

2⁴⁹

ea.

HUMS DAHL, PHOENIX
OR CEDAR PHOENIX
400/500 g
SELECTED VARIETIES

3⁹⁹

ea.

DIVYA LENTILS OR
BLACK CHICK PEAS
100/150/200 g
SELECTED VARIETIES

2⁴⁹

ea.

SURATI SNACKS
DIVYA BAKED CHANA,
BISCUIT OR
BISCUIT CHIPS
200/400 g
SELECTED VARIETIES

3⁹⁹

ea.

PARAS
COOKING SAUCE
400 ml
SELECTED VARIETIES

3⁹⁹

ea.

KORMA
OR BUTTER CHICKEN
400 ml
SELECTED VARIETIES

3⁹⁹

ea.

CRISP BITES
Butter Caramel
Biscuits
400 g

99¢

ea.

DIVYA
OMBA
100 g
SELECTED VARIETIES

1⁶⁷

ea.

NATIONAL
SPICE MIXES OR
CHICKEN MIXES
45/200 g
SELECTED VARIETIES

3⁴⁹

ea.

DIVYA PICKLED
ONIONS OR
FRIED ONIONS
500 g
SELECTED VARIETIES

99¢

ea.

PARLE-G OR LU
COOKIES
50/100 g
SELECTED VARIETIES

99¢

ea.

PARLE-G OR LU
COOKIES
50/100 g
SELECTED VARIETIES

Item availability varies by store.



BRING HOME
THE BELL

NEW
FLAVOURS
OF DIPS AND SHELLS!



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5⁴⁹
ea.

TACO BELL
DIPS
425 - 445 g
SELECTED VARIETIES

3⁹⁹
ea.

TACO BELL
SEASONED SHELLS
137 g
SELECTED VARIETIES





We take pride in sourcing locally from the
Escarpment Region.

JENSEN
CHEDDAR CHEESE
11.75/lb

2⁵⁹
/100g



HALEDA'S
MINI SMOKED HAM,
BACK BACON OR
PORK CHOP
13.21/kg
SELECTED VARIETIES

5⁹⁹
/lb



UNIOPOL
ROLLED CHICKEN
WITH GARLIC,
DILL OR JALAPEÑO
11.75/lb

2⁵⁹
/100g



CARMINE'S
BBQ SAUCE
355 ml
SELECTED VARIETIES

8⁹⁹
ea.



QUINTA
CANADIAN QUINOA
400 g

6⁹⁹
ea.



WRAP IT UP
RAW WRAP
210 g

8⁹⁹
ea.



Effective March 26 - April 22, 2026