



\$3.49
With Card

Strawberries
16 oz



Private Selection Gourmet Potatoes
1.5 lb
BUY 1, GET 1 of Equal or Lesser Value
FREE
With Card

EARN 4X FUEL POINTS with digital coupon*

ON MEAT & SEAFOOD!
UNLIMITED USE MARCH 4-10

Scan here or visit FredMeyer.com/FuelEvent to download coupon.
*Exclusions apply. See coupon for details.



USDA CHOICE
Ribeye Steaks
Bone-In, Value Pack
\$10.99 /LB
With Card

BUY 3, GET 3 FREE
of Equal or Lesser Value
With Card



Coca-Cola
12-Pack, 12 fl oz Cans, Pepsi or 7UP, 6-Pack, 16.9 fl oz Bottles or Pure Leaf Tea, 6-Pack, 16.9 fl oz Bottles;
Select Varieties, Limit 12 Packages
Regular retail is up to \$17.99 each with Card.



93% Lean Ground Beef
Sold in a 3 lb Roll for \$17.97
\$5.99 /LB
With Card



Doritos
9-10.75 oz or Cheetos, 6.5-9 oz or Ruffles, 7.25-10.25 oz; Select Varieties
Regular retail is up to \$6.89 each with Card.



Tillamook Ice Cream Bars
Select Varieties, 4 ct
BUY 2, GET 2 of Equal or Lesser Value
FREE
With Card



Entenmann's Little Bites, Donuts or Cakes
Select Varieties, 6.88-21 oz
BUY 1, GET 1 of Equal or Lesser Value
FREE
With Card



Fresh Heritage Farm Boneless Chicken Breasts
\$2.49 /LB
With Card



Sargento Cheese
Select Varieties, 5-8 oz
2/\$6
With Card



Nabisco Chips Ahoy Cookies
9.5-13 oz or Belvita Breakfast Biscuits, 8.8 oz; Select Varieties
\$2.99
With Card



Red Bull Energy Drink
12 fl oz or Bloom Energy Drink, 12 fl oz or Java Monster Energy Drink, 15 fl oz; Select Varieties
MIX & MATCH BUY 2, GET 1 FREE
of Equal or Lesser Value
With Card



Pork Back Ribs
Bone-In or Boneless Pork Half Loin
BUY 1, GET 1 of Equal or Lesser Value
FREE
With Card



Kettle Brand Potato Chips
Select Varieties, 6-7.5 oz
\$2.49
With Card



Franz Wide Pan Bread
Select Varieties, 24 oz
BUY 1, GET 1 of Equal or Lesser Value
FREE
With Card



Guinness
8-Pack, 14.9 fl oz or Michelob Ultra, 12-Pack, 12 fl oz Bottles or Cans; Select Varieties, Plus Deposit Where Applicable
\$16.99



Oscar Mayer Bacon
Select Varieties, 12-16 oz
BUY 1, GET 1 of Equal or Lesser Value
FREE
With Card

BUY MORE SAVE MORE
SAVE \$1 EACH WHEN YOU BUY 5 OR MORE.
MIX & MATCH 5 or more participating items with Card.
*When you buy any 5 or more participating items in the same transaction with Card.



Zoi Greek Yogurt
32 oz or Morning Star Farms Entrée, 5.25-12 oz; Select Varieties
5.49 With Card
-1.00
\$4.49 /EA*



Tillamook Extra Creamy Butter
Select Varieties, 16 oz
6.99 With Card
-1.00
\$5.99 /EA*



Ore-Ida French Fried Potatoes
Select Varieties, 18.98-32 oz
4.99 With Card
-1.00
\$3.99 /EA*



Rao's Pasta Sauce
24 oz or Bertolli Olive Oil, 15.5-16.9 fl oz; Select Varieties
8.29 With Card
-1.00
\$7.29 /EA*

WEEKLY DIGITAL DEALS



Use each coupon
UP TO 5 TIMES
in one transaction*

Look for
these
tags.



Find even
more deals
online!



Snow Crab Clusters
Previously Frozen

\$10⁹⁹
/LB

Price without digital coupon is up to \$13.99 lb with Card. **With Digital Coupon**



Oscar Mayer Deli Fresh Lunch Meat
7-9 oz or Claussen Pickles, 20-32 fl oz; Select Varieties

\$4⁹⁹
/EA

With Digital Coupon
Price without digital coupon is up to \$5.99 each with Card.



Tillamook Cheese
Select Varieties, 32 oz Bar

\$9⁹⁹
/EA

With Digital Coupon
Price without digital coupon is up to \$12.99 each with Card.

Large Avocados



\$1⁹⁹
/EA

Price without digital coupon is up to \$3.29 each with Card. **With Digital Coupon**



Private Selection Campari Tomatoes
or Mini Seedless Cucumbers, 16 oz

\$3⁹⁹
/EA

With Digital Coupon
Price without digital coupon is up to \$4.99 each with Card.



Bob Evan's Side
Select Varieties, 12-24 oz

\$3⁹⁹
/EA

With Digital Coupon
Price without digital coupon is up to \$4.49 each with Card.



Lay's Potato Chips
Select Varieties, 5-8 oz

\$2⁹⁹
/EA

With Digital Coupon
Price without digital coupon is up to \$3.99 each with Card.



Häagen-Dazs Ice Cream
14 fl oz or Bars, 3 ct or Red Baron Pizza, 14.87-23.45 oz; Select Varieties

\$3⁹⁹
/EA

With Digital Coupon
Price without digital coupon is up to \$4.99 each with Card.



Chobani Coffee Creamer
24 fl oz or Oatmilk, 52 fl oz; Select Varieties

\$3⁹⁹
/EA

With Digital Coupon
Price without digital coupon is up to \$5.29 each with Card.



Starbucks Coffee
10-12 oz Bag or K-Cups, 10 ct; Select Varieties

\$9⁹⁹
/EA

With Digital Coupon
Price without digital coupon is up to \$12.99 each with Card.



Barebells Protein Bars
Select Varieties, 4 ct

\$9⁴⁹
/EA

With Digital Coupon
Price without digital coupon is up to \$11.49 each with Card.



Cheez-It Family Size Crackers
17-21 oz or Club Family Size Snack Stacks Crackers, 18.8 oz; Select Varieties

\$4⁴⁹
/EA

With Digital Coupon
Price without digital coupon is up to \$6.49 each with Card.



Stouffer's or Lean Cuisine Entrée
Select Varieties, 5.75-12.875 oz

\$2⁴⁹
/EA

With Digital Coupon
Price without digital coupon is up to \$3.49 each with Card.



Quilted Northern Bath Tissue
6 Mega Rolls or MD Bath Tissue, 8 Mega Rolls; Select Varieties

\$6⁹⁹
/EA

With Digital Coupon
Price without digital coupon is up to \$8.79 each with Card.

*While supplies last.

WEEKLY DIGITAL DEALS

Use each coupon
UP TO 5
TIMES
in one transaction*



Look for these tags.



Dove
Body Wash
\$7.49
/EA
With Digital
Coupon



20 fl oz or Bar Soap,
4 ct; Select Varieties

Price without digital coupon is up to \$9.99 each with Card.



Hershey's
Share Pack
Candy
\$4.99
/EA
With Digital
Coupon



Select Varieties,
7.2-10.8 oz

Price without digital coupon is up to \$6.99 each with Card.

*While supplies last.



Brawny
Paper Towels
4 Double Rolls
\$7.99
/EA
With Digital
Coupon

Price without digital coupon is up to \$9.99 each with Card.

BABY SALE

carter's
BUY 1, GET 1
FREE

Select Carter's Brand
Items with Card

PLUS...

ADDITIONAL
SAVINGS
throughout the
department!



Babies' sizes.
Shown:
Reg. \$26



Chickpea
Blanket
\$5⁹⁹
With Card
Reg. 9.99

PRICE
BLASTER

Diamond Mesh
Baby Gate

SAVE \$9

\$17⁹⁹

With Card
Reg. 26.99



Nintendo Switch™ 2
+ Mario Kart™ World Bundle
499⁹⁹

529.98 value.

Includes Nintendo Switch™ 2 System and
Mario Kart™ World full game download.
Limited to stock on hand.



Licensed
Tee

Kids' sizes.
Reg. \$15

\$9⁹⁹

With Card



Tuesday, March 10, 2026

HAPPY
MARIO DAY



LEGO Super Mario
Baby Mario vs Baby Luigi
or Party at Toad's House
\$29⁹⁹

BUY MORE SAVE MORE

SAVE \$1 EACH
WHEN YOU BUY
5 OR MORE.

MIX & MATCH 5 or more
participating items
with Card.



Find even more online!

Scan me to shop all
participating items.

*When you buy any 5 or more participating
items in the same transaction with Card.



Look for
these tags.



10.99 With Card
-1.00

\$9.99
/EA*

Torani Syrup
Select Varieties,
25.4 fl oz



3.49 With Card
-1.00

\$2.49
/EA*

Crystal Light Drink Mix
10 ct or Annie's
Gluten Free
Pasta & Cheese,
6 oz; Select Varieties



Kodiak Granola Bars
Select Varieties,
5 ct

6.39 With Card
-1.00

\$5.39
/EA*



Kodiak Power Waffles
Select Varieties,
8-10 ct

6.99 With Card
-1.00

\$5.99
/EA*



5.69 With Card
-1.00

\$4.69
/EA*

Nabisco Family Size Oreo Cookies

8-20 oz or Family Size Snack Crackers,
11.5-14 oz; Select Varieties

4.69 With Card
-1.00
\$3.69
/EA*
Blue Diamond Almonds

4-6 oz or Darigold Cottage Cheese,
24 oz; Select Varieties



4.49 With Card
-1.00

\$3.49
/EA*

Cascadian Farm Organic Cereal or Granola
Select Varieties,
9-15 oz



5.99 With Card
-1.00

\$4.99
/EA*

L'Oréal Elvive Shampoo or Conditioner
Select Varieties,
12.6 fl oz



3.99 With Card
-1.00

\$2.99
/EA*

Ken's Salad Dressing
Select Varieties,
16 fl oz



7.59 With Card
-1.00

\$6.59
/EA*

Sweet Loren's Cookie Dough
Select Varieties,
12 oz



4.99 With Card
-1.00

\$3.99
/EA*

Oscar Mayer Uploaded Lunchables
Select Varieties,
14.7-16.1 oz



13.99 With Card
-1.00

\$12.99
/EA*

Just Bare Frozen Chicken
Select Varieties,
19.2-24 oz



10.49 With Card
-1.00

\$9.49
/EA*

Premier Protein Shakes
Select Varieties,
4-Pack, 11 fl oz



3.49 With Card
-1.00

\$2.49
/EA*

Dawn Dish Soap
Select Varieties,
14.6-18 fl oz



Quaker Life Cereal
13 oz or GT's Alive Mushroom Elixir, 16 fl oz; Select Varieties

3.49 With Card
-1.00
\$2.49 /EA*



Quaker Oatmeal Squares Cereal
Select Varieties, 14.5 oz

5.79 With Card
-1.00
\$4.79 /EA*



3.49 With Card
-1.00
\$2.49 /EA*
General Mills Cereal

Select Varieties, 10.4-14 oz



6.99 With Card
-1.00
\$5.99 /EA*
Starbucks Iced Coffee
48 fl oz or Kind Breakfast Bars, 6-Pack; Select Varieties

BUY MORE SAVE MORE
SAVE \$1 EACH WHEN YOU BUY 5 OR MORE.
MIX & MATCH 5 or more participating items with Card.
*When you buy any 5 or more participating items in the same transaction with Card.



3.49 With Card
-1.00
\$2.49 /EA*
Pringles Party Stack
6.8-7.1 oz or Mott's Applesauce, 6 ct; Select Varieties



12.79 With Card
-1.00
\$11.79 /EA*
Black Rifle Coffee Pods

Select Varieties, 12 ct



7.99 With Card
-1.00
\$6.99 /EA*
Hormel Bacon
Select Varieties, 12-16 oz



8.49 With Card
-1.00
\$7.49 /EA*
Private Selection Sliced Meat
Select Varieties, 7-8 oz, In the Deli



4.99 With Card
-1.00
\$3.99 /EA*
Dawn Powerwash Dish Spray Refill
16 fl oz or Safely Universal Cleaner, 20 fl oz; Select Varieties



8.89 With Card
-1.00
\$7.89 /EA*
Playtex Tampons
Select Varieties, 30-36 ct



18.99 With Card
-1.00
\$17.99 /EA*
CeraVe Facial Lotion

Select Varieties, 1.75-3 fl oz



11.49 With Card
-1.00
\$10.49 /EA*
Kroger Crustless Sandwiches
Select Varieties, 10 ct

MIX & MATCH SAVE \$10 AN EXTRA

When you spend \$40
on participating Baby items, with Card.*

*Participating item selection may vary by store. Discount applied at checkout with your Card. Items must be purchased in the same transaction.



GROCERY ESSENTIALS



**Bare
Fruit Chips**
Select Varieties,
1.6-3.4 oz

**BUY 1, GET 1
of Equal or Lesser Value
FREE**
With Card



**Kroger
Cottage Cheese
or Sour Cream**
Select Varieties,
24 oz

2/\$6
With Card



**Minute Maid
Zero Sugar Drink**
Select Varieties,
52 fl oz

2/\$6
With Card



**Babybel
Mini Cheese**
6 ct or
The Laughing Cow
Cheese Wedges,
8 ct; Select Varieties

**BUY 1, GET 1
of Equal or Lesser Value
FREE**
With Card



**Nutri Grain
Bars**
8 ct or
Rice Krispies Treats,
8 ct; Select Varieties

**BUY 1, GET 1
of Equal or Lesser Value
FREE**
With Card



**Smart Ones
Entrée**
Select Varieties,
6.49-10.5 oz

\$2³⁹
With Card



**Kroger
Pasta**
12-16 oz or Nissin
Noodle Bowl,
2.54-4 oz;
Select Varieties

4/\$5
With Card



**DiGiorno
Pizza**
Select Varieties,
14.14-27.5 oz

When you buy 2 or more in the same transaction with Card. Quantities less than 2 are up to \$7.99 each with Card.

2/\$12
With Card



**Tyson
Frozen Chicken**
Select Varieties,
16-26 oz

\$8⁹⁹
With Card

BOTTLES & BREWS



**Guinness,
49th State
or Iron Horse
\$10⁹⁹**

Select Varieties,
4-6-Pack,
11.2-14 fl oz
Bottles or Cans,
Plus Deposit
Where Applicable



**16.99 EA
-10%
With Card**

\$15²⁹
/EA*

**Black Box
or Bota Box**
Select Varieties,
3 Liters



**Baileys,
Tullamore
or Bombay**
Select Varieties,
750 ml

\$24⁹⁹



**Fireball
or Bacardi**
1.75 Liters or
Jameson Triple Triple,
750 ml; Select Varieties

\$29⁹⁹

*When You Buy Any 6 Participating Items with Card.

FIND YOUR FAVORITE NATURAL ITEMS

Organic Valley
Organic Milk
\$6⁷⁹
With Card

64 fl oz or Simple Truth
Greek Yogurt Pouches,
4 ct; Select Varieties



Clif ZBars
5-6 ct or Fiji Water,
6-Pack, 11.15 fl oz;
Select Varieties

\$6³⁹
With Card



Ellenos
Greek Yogurt
Select Varieties,
5.3 oz

3/\$6
With Card



Simple Truth
Sheet Pan Meal
Select Varieties,
32 oz

\$10⁹⁹
With Card



Hint Water
16 fl oz or Kind
Protein Max Bar,
2.2 oz; Select Varieties

4/\$5
With Card



Simple Truth
Chicken Sausage
Select Varieties,
12-16 oz

\$5⁹⁹
With Card

HOME, HEALTH & MORE!



Nature Made
Supplements
24-300 ct or
Nature's Bounty
Supplements, 25-360 ct;
Select Varieties

BUY 1, GET 1
of Equal or Lesser Value
FREE
With Card



Allegra or Xyzal
Allergy Relief Tablets
Select Varieties,
24-35 ct

\$21⁹⁹
With Card



M&M's
Family Size Candy
Select Varieties, 15-18.08 oz

\$10³⁹
With Card



Suave
Body Wash
Select Varieties,
18 fl oz

\$3¹⁹
With Card



Dial Liquid
Hand Soap
Select Varieties,
11 fl oz

2/\$6
With Card



Squishmallow
Plush
Select Varieties, 8"

\$7⁹⁹
With Card

SCORE MORE IN ONE STOP



Everyday Living
Kitchen Gadgets
Select Varieties

STARTING AT
\$1⁷⁹
AND UP



Mr. Coffee
Coffee Maker
5-Cup

\$34⁹⁹



Rubbermaid
TakeAlongs
Food Storage
2-Pack

\$5⁹⁹
With Card

FILL YOUR SLOW COOKER
WITH SAVINGS!



Crock-Pot
Cook & Carry
Slow Cooker
6-Quart

\$69⁹⁹



Kroger
Corned Beef
Brisket
Point Cut or
Flat Cut for \$5.99 lb

\$4⁹⁹
/LB
With Card



Boneless
Top Round
London Broil

20%
OFF

Tag Reflects Savings
With Card



Smithfield
Marinated
Pork Loin Filets
Select Varieties, 23 oz

\$7
With Card



Yellow or White
Peaches or
Nectarines

\$3⁹⁹
/LB
With Card



Large
Pineapple
or Yellow
Dragon Fruit

\$3⁹⁹
/EA
With Card

TASTE OF SUMMER
THESE FRESH CROPS DON'T STOP!

Personal
Watermelon
\$5⁹⁹
/EA
With Card





**Kroger
Single Serve
Salad Bowls**
4.9-6.7 oz

2/\$9
With Card



**Raspberries
or Blackberries**
6 oz

\$3.99
With Card



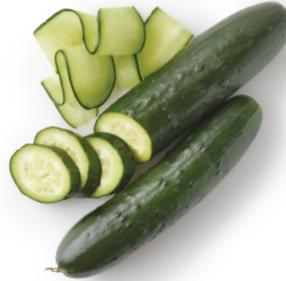
\$2.99
/LB
With Card
**Honeycrisp
Apples**

**Bloom Haus
Grace in Bloom
Bouquet**

\$11.99



Cucumbers
\$1.39
/EA
With Card



**Kroger
AutumnCrisp
Seedless
Green Grapes**
2 lb

\$5.99
With Card



GUARANTEED FRESH



\$7.99
/LB

With Card
**Kroger
Extra Large
EZ Peel Shrimp**
21-25 ct, Raw,
Sold in a 2 lb Bag for \$15.98



**Smithfield
Lunch Meat**
Select Varieties,
16 oz
\$5
With Card



**Aqua Star
Salmon Fillets**
Frozen, 20 oz
\$11.99
With Card



**Simply
Potatoes**
Select Varieties,
20 oz
\$3.49
With Card



**Eastern Fisheries
Sea Scallops**
Frozen, 16 oz
\$12
With Card

DELI & BAKERY

Order party trays, cakes and more at
FredMeyer.com/fresh

Blueberry Muffins
or Apple or
Cherry Fritters,
Select Varieties, 4 ct

\$6
With Card



**Private Selection
Roman Inspired
Pizza**
Select Varieties,
20 oz

\$11

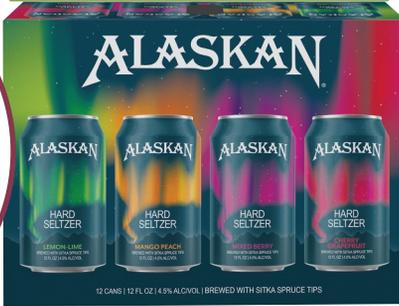


**Private Selection
Classic
Roasted Chicken**
or Other Varieties,
Fully Cooked, 2 lb

\$10.99



BOTTLES & BREWS



\$19.99

**Alaskan,
King Street or Elysian**
Select Varieties, 12-Pack,
12 fl oz Bottles or Cans,
Plus Deposit
Where Applicable



13.99^{EA}
-10%
With Card

\$12.59 /EA*

**Kim Crawford,
Josh Cellars
or Stella Rosa**
Select Varieties,
750 ml



9.99^{EA}
-10%
With Card

\$8.99 /EA*

**Bogle,
Cupcake
or Clos Du Bois**
Select Varieties,
750 ml



12.99^{EA}
-10%
With Card

\$11.69 /EA*

**Kendall-Jackson
or Freixenet**
Select Varieties,
750 ml



**Jameson,
Bushmills or
Buffalo Trace**
Select Varieties,
750 ml

\$25.99



\$24.99

**Corona
or Modelo**
Select Varieties, 18-Pack,
12 fl oz Bottles or Cans,
Plus Deposit
Where Applicable

*When You Buy Any 6 Participating Items with Card.

CHEERS TO GREAT DEALS ON YOUR FAVORITES!



SAVE MORE WITH DIGITAL COUPONS

Use each coupon up to 5 times in one transaction with Card.*
Download coupons at FredMeyer.com/5Xcoupons

7.99 With Card
-1.00 Off 1
DIGITAL COUPON OFFER
\$6.99 /EA*



Vitaminwater
Select Varieties,
6-Pack, 16.9 fl oz



Gold Peak Tea
Select Varieties,
6-Pack, 16.9 fl oz

9.99 With Card
-2.50 Off 1
DIGITAL COUPON OFFER

\$7.49 /EA*



Minute or Mahatma Rice
Select Varieties,
8.8 oz

2.39 With Card
-50¢ Off 1
DIGITAL COUPON OFFER

\$1.89 /EA*



Tree Top Apple Juice
Select Varieties,
64 fl oz

3.99 With Card
-1.00 Off 1
DIGITAL COUPON OFFER

\$2.99 /EA*



International Delight Creamer
Select Varieties,
32 fl oz

4.49 With Card
-1.00 Off 1
DIGITAL COUPON OFFER

\$3.49 /EA*



Stok Cold Brew Coffee
Select Varieties,
48 fl oz

7.49 With Card
-1.00 Off 1
DIGITAL COUPON OFFER

\$6.49 /EA*



Blue Buffalo Nudges Dog Treats
Select Varieties,
10-12 oz

12.29 With Card
-2.00 Off 1
DIGITAL COUPON OFFER

\$10.29 /EA*



Kleenex Facial Tissue
Select Varieties,
6 ct

11.99 With Card
-1.00 Off 1
DIGITAL COUPON OFFER

\$10.99 /EA*



Cottonelle Bath Tissue
Select Varieties,
18 Mega Rolls

19.99 With Card
-3.00 Off 1
DIGITAL COUPON OFFER

\$16.99 /EA*



13.99 With Card
-2.00 Off 1
DIGITAL COUPON OFFER
\$11.99 /EA*

Viva Paper Towels
6 Double Rolls



**SAVE
30%**

Tag Reflects Savings With Card
Easter Décor, Plush
and Housewares
Excludes Toys and Candles

1-HOP SHOP

FOR EASTER

Find more deals at FredMeyer.com/Easter



**Holiday Home
Easter Fill Eggs** **\$5.99**
50 ct or
Paper Grass, 10 oz;
Select Varieties
With Card



Easter Plush
Select Varieties

**SAVE
30%**
Tag Reflects Savings
With Card



**Chalk Tales
Bucket** **\$4.99**
20 ct or
Bubble Wand,
6-Pack,
Select Varieties
With Card



**Tuscany
Jar Candle** **\$7.99**
Select Varieties,
18 oz
With Card



**Hershey's
or Cadbury
Candy Egg** **2/\$3**
Select Varieties,
1.1-2.1 oz
With Card



**Skittles
Jellybeans** **\$4.49**
10 oz or
Life Savers
Gummies, 9 oz;
Select Varieties
With Card



**Kinder Joy
Egg** **\$2.29**
Select Varieties,
0.7 oz
With Card



**Hershey's
or Mars
Easter Candy** **\$4.99**
Select Varieties,
7.4-10.8 oz
With Card



**Cadbury
Creme Eggs** **\$5.29**
4 ct
With Card



**Whoppers
Robin Eggs** **\$3.49**
Select Varieties,
9 oz
With Card



**Brach's
Jellybeans** **\$3.19**
9 oz
With Card

Seasonal selection varies by store and is limited to stock on hand.