FOOD LION

March 4 - March 10, 2026

Offers valid while supplies last.

Saving starts here!

HOTSALE! MVP

5.99 LB USDA CHOICE

YOU SAVE $2.30 LB

Boneless **BEEF CHUCK ROAST**

W/O MVP Card $8.29 LB

FOOD LION WHOLE CHICKEN

HOTSALE! MVP **99¢ LB**

W/O MVP Card $1.49 LB

ST. LOUIS STYLE PORK RIBS

HOTSALE! MVP **2.99 LB**

W/O MVP Card $4.49 LB

HOTSALE! MVP **2.49 LB**

W/O MVP Card $3.49 LB

Bone-In, Fully Cooked **FOOD LION HICKORY SMOKED HAM STEAK**

HOTSALE! MVP **2/$4**

W/O MVP Card $3.49 EA

1 Lb. Container **STRAWBERRIES**

HOTSALE! MVP **1.49 EA**

W/O MVP Card $2.99 EA.

24 Oz. Select Varieties **FOOD LION MINI POTATOES**

ASPARAGUS

HOTSALE! MVP **1.99 LB**

W/O MVP Card $3.59 LB

10 Oz. - Select Varieties **RANA FILLED PASTA** IN THE DELI

HOTSALE! MVP **BOGO FREE**

W/O MVP Card $4.99 EA Single Item Half Price

HOTSALE! MVP **16.99 EA**

24 Pack - 12 Oz. Cans Select Varieties **NATURAL LIGHT, BUSCH, MILLER HIGH LIFE, PABST OR KEYSTONE**

HOTSALE! MVP **BOGO FREE**

W/O MVP Card $4.99 EA Single Item Half Price

8-12 Pack 8 Oz. - 12 Oz. Cans Select Varieties **PEPSI PRODUCTS** NEW ITEM LIMIT 4 FREE

HOTSALE! MVP **BOGO FREE**

W/O MVP Card $4.99 EA Single Item Half Price

15-20.5 Oz. Select Varieties **THOMAS' BAGELS OR ENTENMANN'S DONUTS**

9-15.5 Oz. Select Varieties **TOSTITOS TORTILLA CHIPS OR SALSA** LIMIT 4 FREE

HOTSALE! MVP **BOGO FREE**

W/O MVP Card $4.99 EA Single Item Half Price

HOTSALE! MVP **5/$5**

W/O MVP Card Regular Retail

5 Oz. Select Varieties **STARKIST CHUNK LIGHT OR LOW SODIUM TUNA**

64 Oz. Select Varieties **ALMOND BREEZE ALMONDMILK**

HOTSALE! MVP **2.99 EA**

W/O MVP Card $3.79 EA.

16 Oz. Select Varieties **FOOD LION DRESSING**

HOTSALE! MVP **2/$4**

W/O MVP Card $3.59 EA.

7-16 Oz. Select Varieties **UTZ PRETZELS OR KETTLE POTATO CHIPS**

HOTSALE! MVP **2/$6**

W/O MVP Card Regular Retail

HOTSALE! MVP **3.99 EA**

W/O MVP Card Regular Retail

6 Pack or 24 Pack Bottles Select Varieties **POWER WATER OR DASANI**

HOTSALE! MVP **2/$5**

W/O MVP Card $3.68 EA.

16.3 Oz. Select Varieties **PILLSBURY GRANDS! BISCUITS**

12-14.4 Oz. Select Varieties **FOOD LION VANILLA WAFERS OR GRAHAM CRACKERS**

HOTSALE! MVP **1.99 EA**

W/O MVP Card Regular Retail

HOTSALE! MVP **3.99 EA**

W/O MVP Card Regular Retail

9.31-20 Oz. Select Varieties **NABISCO FAMILY SIZE CHIPS AHOY! OR OREO COOKIES**

30 Oz. Select Varieties **DUKE'S MAYONNAISE**

HOTSALE! MVP **3.99 EA**

W/O MVP Card $5.99 EA.

HOTSALE! MVP **6.99 EA**

W/O MVP Card Regular Retail

6 Mega Rolls **COTTONELLE** 4 Rolls **VIVA PAPER TOWELS** Select Varieties

23.9-24 Oz. Select Varieties **RAGÚ PASTA SAUCE**

MVP PRICED LOW EVERY DAY **2/$4**

W/O MVP Card $2.49 EA.

6-8 Oz. Select Varieties **FOOD LION SLICED OR SHREDDED CHEESE**

HOTSALE! MVP **3/$5**

W/O MVP Card 2/$4

HOTSALE! MVP **2/$6**

W/O MVP Card $5.69 EA

48 Oz. Select Varieties **BLUE RIBBON FROZEN DAIRY DESSERT**

10.8-12.3 Oz. Select Varieties **GENERAL MILLS TOAST CRUNCH OR HONEY NUT CHEERIOS CEREAL**

HOTSALE! MVP **2/$6**

W/O MVP Card Regular Retail

MVP 3 DAY HOTSALE! FRIDAY - SUNDAY

20-22 Oz. Pkg. - Frozen Select Varieties **TYSON CHICKEN WINGS**

HOTSALE! MVP **6.99 EA**

W/O MVP Card $8.99 EA

REST OF WEEK $7.99 EA MVP

HOTSALE! MVP **7.99 EA**

W/O MVP Card $9.99 EA

24 Oz. Pkg. - Frozen Select Varieties **MIAMI BEEF SMASHED BURGERS OR 100% BEEF PATTIES**

REST OF WEEK $8.99 EA MVP

52 Oz. - Select Varieties **GOLD PEAK ICED TEA OR MINUTE MAID ZERO SUGAR**

HOTSALE! MVP **2/$4**

W/O MVP Card Regular Retail

REST OF WEEK 2/$5 MVP

64 Oz. Select Varieties **JUICY JUICE**

HOTSALE! MVP **BOGO FREE**

W/O MVP Card Regular Retail Buy 1 Get 1 Free Limit 1 Off Regular Retail

REST OF WEEK 2/$7 MVP

HOTSALE! MVP **4.99 LB**

W/O MVP Card $6.99 EA

28 Oz. Made Hot In-Store **TRADITIONAL ROTISSERIE CHICKEN** IN THE DELI

REST OF WEEK $5.99 EA MVP

MVP DIGITAL COUPON

Load on App • Online • In-Store Kiosk

HOT SALE! **6.99 EA** W/O MVP Card Regular Retail

MVP Coupon −1.00 EA

75-105 Oz. or 32-42 Oz. Paks Select Varieties **ARM & HAMMER**

5.99 EA

MVP 10 BFS DISCOUNT EARNED LIMIT 1

1 ZNCO ZNCA ZNCD ZNCE ZNCH ZNCL ZNCR ZNCT ZNGR ZNLE ZNNB ZNNL ZNRA ZNRE ZNRG ZNRH ZNRI ZNRL ZNRR ZNTT ZNWA ZNWI ZNWL ZNWM ZNWN ZNWT ZSCT 03/04/26

Hot SALE!
MVP
MVP
MVP
PRICED LOW EVERY DAY
MVP SHOP & EARN MONTHLY REWARDS
DIGITAL COUPONS
FOOD LION MVP
Savings made for MVPs like you
Get MVP Details

Fresh produce to brighten your day at *prices you'll love!*

In our produce department you will find seasonal, organics, and everyday favorites!

100% FRESH OR DOUBLE YOUR MONEY BACK

HOT SALE! MVP 99¢ EA
W/O MVP Card Regular Retail
Single
RED, YELLOW OR ORANGE PEPPERS
Seedless
EUROPEAN CUCUMBERS

HOT SALE! MVP 2.49 EA
W/O MVP Card Regular Retail
16 Oz.
FOOD LION BRUSSELS SPROUTS

HOT SALE! MVP 1.49 LB
W/O MVP Card Regular Retail
HOT HOUSE TOMATOES

HOT SALE! MVP 2.99 EA
W/O MVP Card Regular Retail
3 Lb. Bag
FOOD LION RED ONIONS
5 Lb. Bag
FOOD LION GOLD POTATOES

8 Oz. Pkg.
Whole or Sliced
FOOD LION BABY BELLA MUSHROOMS
HOT SALE! MVP 2.29 EA
W/O MVP Card Regular Retail

HOT SALE! MVP 3.99 EA
W/O MVP Card Regular Retail
9.8 Oz.
JUMBO BLUEBERRIES

HOT SALE! MVP 69¢ EA
W/O MVP Card Regular Retail
HASS AVOCADOS OR MANGOS

6.4-13 Oz.
Select Varieties
FRESH EXPRESS SALAD KITS

HOT SALE! MVP 2/$7
W/O MVP Card Regular Retail

6 INCH HYACINTH
WHILE SUPPLIES LAST!

HOT SALE! MVP 8.49 EA
W/O MVP Card Regular Retail

ORGANIC

6 Oz. Pkg.
ORGANIC BLUEBERRIES

HOT SALE! MVP 4.29 EA
W/O MVP Card Regular Retail
USDA ORGANIC

HOT SALE! MVP 1.99 EA
W/O MVP Card Regular Retail
2 Lb. Bag
NATURE'S PROMISE ORGANIC CELLO CARROTS
USDA ORGANIC

Buy an orange bag

to give 5 meals* to local families.

FOOD LION FEEDS | FEEDING AMERICA

HOT SALE! MVP 3.49 EA
W/O MVP Card Regular Retail
3 Lb. Bag
FOOD LION NAVEL ORANGES

*From **February 25– March 17, 2026**, Food Lion will donate 50 cents (monetary equivalent of at least 5 meals) from each orange bag purchase (up to $200,000) to Feeding America®. Additionally, all monetary donations made at the checkout in-store or online during this promotion will also be donated to Feeding America®. Every dollar donated provides at least 10 meals and allows Feeding America® to support local partner food banks.

foodlion.com/feeds

Find us online:
foodlion.com

Prices and promotions in this ad are based on the use of a Food Lion MVP card, regular prices apply without card.
We reserve the right to limit quantities and correct typographical errors.
Prices and availability may vary by store.
Rain checks unavailable on alcohol and tobacco products.

ALL STORES ACCEPT: VISA MasterCard ATM CARDS

Prices in this ad good at stores conveniently located in these cities:

Avon, Corolla, Kill Devil Hills, Nags Head, Southern Shores

We accept competitor's coupons, exceptions may apply, see store associate for details.
Cameras, Western Union, Deli/Bakery and Floral may not be available at all stores.
Sale Begins Wednesday at 8 am in 24 Hour Stores.

8 ZNNL 03/04/26

Dinner made *easy!*

We guarantee the quality of our meat and seafood, that's our promise to you.

100% FRESH OR SHOULDER STEAK MONEY BACK

HOTSALE! MVP 6.49 LB

Ground Fresh Daily
85% LEAN FRESH GROUND ROUND
W/O MVP Card Regular Retail

HOTSALE! MVP 12.99 LB W/O MVP Card Regular Retail

Ask For Your Preferred Thickness
BONELESS RIBEYE STEAK

HOTSALE! MVP 5.99 LB W/O MVP Card Regular Retail

CORNED BEEF BRISKET

HOTSALE! MVP 3.49 LB W/O MVP Card Regular Retail

Fresh
FOOD LION FAMILY PACK CHICKEN TENDERLOINS

HOTSALE! MVP 1.79 LB W/O MVP Card Regular Retail

Pork
WHOLE BOSTON BUTT

HOTSALE! MVP 2.79 LB W/O MVP Card Regular Retail

Small Pack - Fresh
FOOD LION CHICKEN WINGS

HOTSALE! MVP 3.49 LB W/O MVP Card Regular Retail

Whole Fresh
PORK TENDERLOIN

Nature's Promise

Quality goodness you can feel good about serving

HOTSALE! MVP 3.69 LB W/O MVP Card Regular Retail

16 Oz. Pkg.
NATURE'S PROMISE ALL NATURAL CHICKEN BURGERS

HOTSALE! MVP 3.29 EA W/O MVP Card Regular Retail

8 Oz. Pkg. - Select Varieties
NATURE'S PROMISE CHICKEN BREAST STRIPS

18 Oz. Pkg. - Frozen
QUICK 'N EAT FLAME GRILLED BEEF PATTIES

HOTSALE! MVP 8.99 EA W/O MVP Card Regular Retail

12-16 Oz. Pkg.
Select Varieties
OSCAR MAYER SLICED BACON

HOTSALE! MVP 5.99 LB W/O MVP Card Regular Retail

16 Oz. Pkg.
Excludes Beef
OSCAR MAYER MEAT FRANKS

HOTSALE! MVP 2.99 LB W/O MVP Card Regular Retail

19.2 Oz.
Select Varieties
SMITHFIELD MARINATED PORK TENDERLOIN

HOTSALE! MVP BOGO FREE W/O MVP Card Regular Retail Savings Same Total Price

17-20 Oz. Pkg. - Select Varieties
RESER'S MAIN ST. BISTRO SIDE

HOTSALE! MVP 3.99 EA W/O MVP Card Regular Retail

14-14.1 Oz. Pkg. - Select Varieties
LOU'S FROZEN MEATS

HOTSALE! MVP 7.99 EA W/O MVP Card Regular Retail

SUSTAINABLY SOURCED SEAFOOD

HOTSALE! MVP 6.99 LB W/O MVP Card Regular Retail

TILAPIA OR SKINLESS FLOUNDER FILLETS

HOTSALE! MVP 2.99 EA W/O MVP Card Regular Retail

14 Oz. Pkg.
FOOD LION IMITATION CRAB MEAT

HOTSALE! MVP 8.99 EA W/O MVP Card Regular Retail

16 Oz. Pkg. - Frozen
FOOD LION SALMON SIDE FILLETS

HOTSALE! MVP 9.99 EA W/O MVP Card Regular Retail

16-20 Ct. - 16 Oz. Bag
Frozen
FOOD LION RAW SHRIMP

Every orange bag *helps nourish families*

You can help provide at least 5 meals* to families in your community by buying an orange bag or making a donation.

Buy or Donate

FOOD LION FEEDS

FEEDING AMERICA

Heat it. Eat it. Love it.

HOTSALE! MVP 8.99 EA — W/O MVP Card $9.99 EA
32 Oz. Select Varieties
PANERA SOUP

HOTSALE! MVP 8.99 EA — W/O MVP Card $10.99 EA
28 Oz. - Family Size
PANERA MAC & CHEESE

HOTSALE! MVP 8.99 EA — W/O MVP Card $12.99 EA
30 Oz. Select Varieties
BLOUNT'S FAMILY KITCHEN CHICKEN POT PIE

16 Oz. Select Varieties
LA CHONA COTUJA OR QUESADILLA SHREDDED CHEESE

HOTSALE! MVP 5.89 EA — W/O MVP Card $7.99 EA

HOTSALE! MVP 3.99 EA — W/O MVP Card $4.49 EA.
6 Ct.
BOLILLO ROLLS

March 6th is National Oreo Day

HOTSALE! MVP 4.99 EA — W/O MVP Card $5.99 EA.
9 Oz. - Select Varieties
TWO-BITE MUFFINS

BUY ONE POUND & GET $2.00 OFF ONE

9.99 LB — Freshly Sliced
TASTE OF INSPIRATIONS TURKEY BREAST

8 Oz. Select Varieties
TASTE OF INSPIRATIONS PRE-SLICED CHEESE

W/O MVP Card Regular Retail $2.00 Limited per shopping visit.

BOGO FREE

MVP On Participating Items Single Item Half Price

HOTSALE! MVP BOGO FREE — W/O MVP Card $4.99 EA Single Item Half Price
7.05 Oz.
STONEFIRE NAAN DIPPERS

HOTSALE! MVP BOGO FREE — W/O MVP Card $4.99 EA Single Item Half Price
9-11 Oz.
FOOD LION MINI DONUTS

HOTSALE! MVP BOGO FREE — W/O MVP Card $4.99 EA Single Item Half Price
4 Ct.
TURNOVERS

Easy Recipe

loaded with toppings & savings

Find our recipe on foodlion.com
Loaded Sheet Pan Potato Puff Nachos

FOOD LION — taste of inspirations

Switch to our family of brands and save more.

DOUBLE YOUR MONEY BACK QUALITY GUARANTEE

15-15.5 Oz. Select Varieties
FOOD LION CANNED BEANS

PRICED LOW EVERY DAY 86¢ EA

16 Oz. Select Varieties
FOOD LION SHREDDED CHEESE

PRICED LOW EVERY DAY 3.79 EA

HOTSALE! MVP 1.29 LB — W/O MVP Card $1.79 LB
Bulk or Tote Bag
JALAPEÑO PEPPERS

HOTSALE! MVP 3.49 EA — W/O MVP Card $3.99 EA
8 Oz. - Select Varieties
TASTE OF INSPIRATIONS GUACAMOLE IN THE DELI

HOTSALE! MVP 1.99 EA — W/O MVP Card $2.79 EA
10 Oz. Pkg.
FOOD LION GRAPE TOMATOES

HOTSALE! MVP 1.69 EA — W/O MVP Card $1.89 EA
Bunch
CILANTRO

MVP SHOP & EARN MONTHLY REWARDS

Earn extra rewards while you shop

Activate your March offers on foodlion.com or the Food Lion app to earn digital rewards and save even more!

Rewards offers must be earned within the same calendar month and expire at the end of the following month. Rewards can be used only at Food Lion, have no cash value and are not transferable. Rewards cannot be used toward the purchase of tobacco, alcohol, prescriptions, gift cards, stamps, services, including money orders, or lottery tickets and are not valid toward the purchase of dairy items in TN, PA or VA.

3 ZDPH ZDSA ZGHW ZGRY ZGSA ZMBA ZMBL ZMBM ZMBT ZMSA ZMWA ZMWK ZMWS ZNBQ ZNFL ZNGB ZNGL ZNGR ZNGS ZNGV ZNHP ZNNB ZNNL ZNWA ZNWI ZNWL ZNWM ZNWN ZNWT ZPAL ZPHA ZPHI ZSCH ZSCL ZSCO ZSFE ZSFL ZSFR ZSGL ZSGV ZSSA ZSSV ZVBL ZVDC ZVRO ZVWH ZVWN ZVWS ZVWT ZVWX ZWBL ZWCA ZWCL ZWWA ZWWS 03/04/26

SHOP&EARN
MONTHLY REWARDS

Earn extra rewards while you shop

Activate Your Offers

Tip-off ready snacks

19.2 Oz. Pkg. Select Varieties
PILGRIM'S CHICKEN WINGS
HOTSALE! MVP 7.99 EA
W/O MVP Card Regular Retail

12 Pack • 12 Oz. Cans Select Varieties
COKE PRODUCTS
HOTSALE! MVP BOGO FREE
W/O MVP Card Regular Retail Single Item Half Price
NEW ITEM
LIMIT 4 FREE

16 Ct. • In Store Made
FOOD LION COOKIES
IN THE BAKERY
HOTSALE! MVP 3.99 EA
W/O MVP Card $4.99 EA

16 Oz. Select Varieties
PLANTERS DRY ROASTED OR COCKTAIL PEANUTS
HOTSALE! MVP 2/$5
W/O MVP Card $3.99 EA

8 Oz.
GOOD FOODS GARDEN PARTY DIP AND SPREAD
IN PRODUCE
HOTSALE! MVP 3.99 EA
W/O MVP Card $4.99 EA

10 Oz. Select Varieties
FOOD LION CORN CHIP DIPPERS
PRICED LOW EVERY DAY ✓ 1.99 EA

PRICED LOW ✓ EVERY DAY

12 Oz. Select Varieties
MT. OLIVE PEPPERS
MVP 2/$5
W/O MVP Card $3.50 EA

10-11.50 Oz. Select Varieties
TASTYKAKE BAGGED DONUTS
MVP 2/$6
W/O MVP Card $3.49 EA

MVP HOTSALE!

8.75-10.3 Oz. Select Varieties
FOOD LION MIXED NUTS
4.99 EA MVP
W/O MVP Card $5.99 EA

4 Pack Select Varieties
DOLE FRUIT BOWLS
2.69 EA MVP
W/O MVP Card Regular Retail

8-10.7 Oz. Select Varieties
M&M'S SHARING SIZE
MVP PRICED LOW EVERY DAY ✓ 5.49 EA
W/O MVP Card $6.79 EA

10.5-11.5 Oz. Select Varieties
FERRERO FUN SIZE CANDY
MVP PRICED LOW EVERY DAY ✓ 4.99 EA
W/O MVP Card $6.19 EA

12.14 Oz. Select Varieties
FRENCH'S MUSTARD
HOTSALE! MVP 1.69 EA
W/O MVP Card $2.48 EA

6-7.88 Oz. Select Varieties
WISE POTATO OR RIDGIES CHIPS
LIMIT 4 FREE
HOTSALE! MVP BOGO FREE
W/O MVP Card Regular Retail Single Item Half Price

20 Oz. Select Varieties
SARA LEE ARTESANO BREAD
MVP PRICED LOW EVERY DAY ✓ 3.79 EA
W/O MVP Card $4.29 EA

5.1 Oz. Select Varieties
LINDT TRUFFLE BAG
MVP PRICED LOW EVERY DAY ✓ 6.79 EA
W/O MVP Card $8.39 EA

12.2 Oz. Select Varieties
MAGGI NOODLES
HOTSALE! MVP 3.99 EA
W/O MVP Card Regular Retail

4-5.5 Oz. Select Varieties
SIMPLE MILLS CRACKERS
HOTSALE! MVP 4.49 EA
W/O MVP Card $5.69 EA

18 Oz.
MARTIN'S BUTTER OR POTATO BREAD
HOTSALE! MVP 2/$5
W/O MVP Card $4.59 EA

22.5 Oz.
LA BANDERITA FLOUR TORTILLAS
HOTSALE! MVP 2/$6
W/O MVP Card Regular Retail

16 Oz. Select Varieties
DOT'S PRETZELS
HOTSALE! MVP 5.99 EA
W/O MVP Card $6.99 EA

5.99 Oz. Select Varieties
SIMPLE MILLS GLUTEN FREE SOFT BAKED BARS
HOTSALE! MVP 4.99 EA
W/O MVP Card $5.99 EA

4.25 Oz. Select Varieties
BLUE DIAMOND NUT THINS
HOTSALE! MVP 2/$6
W/O MVP Card $4.49 EA

14.5-16 Oz. Select Varieties
STAUFFER'S ANIMAL CRACKERS
HOTSALE! MVP 2/$5
W/O MVP Card $3.49 EA

12 Oz. Select Varieties
TEXAS PETE WING SAUCE
HOTSALE! MVP 2/$6
W/O MVP Card $3.69 EA

8-13.7 Oz. - Select Varieties
FOOD LION GOLDEN CRACKERS OR SQUEEZE CHEESE
HOTSALE! MVP 2/$5
W/O MVP Card Regular Retail

BUY TWO OF THESE & GET THIS

10.5-11.5 Oz. Select Varieties
CAMPBELL'S CONDENSED SOUP
MVP PRICED LOW EVERY DAY ✓ 1.89 EA
W/O MVP Card $2.29 EA

FREE
12-16 Oz. Select Varieties
FOOD LION PASTA
W/O MVP Card Regular Retail
Limit 1 reward per shopping visit.

14.5-15 Oz. Select Varieties
MARGARET HOLMES CANNED VEGETABLES
HOTSALE! MVP 2/$3
W/O MVP Card $2.19 EA

MVP DIGITAL COUPON
Load on App • Online • In-Store Kiosk

5.6-6.2 Oz. Select Varieties
KELLOGG'S RICE KRISPIES TREATS
HOT SALE! 2/$5
W/O MVP CARD $3.99 EA
MVP Coupon -1.00 OFF 1
2/$4
OR 50% DISCOUNT SAVINGS OFF 1
MVP

Score snacks that win

Shop Now

Chocolate, Caramel & Crunch

Serving suggestion: Turtle Crispy Rice Treats

HOTSALE! BUY 2 99 EA
W/O MVP Card $3.99 EA.
6 Oz. FOOD LION CHOPPED WALNUTS

12 Oz. FOOD LION CRISPY RICE CEREAL
HOTSALE! BUY 1 79 EA
W/O MVP Card $1.99 EA.

HOTSALE! BUY 2/$5
W/O MVP Card $3.29 EA.
11 Oz. Select Varieties KRAFT CARAMELS

14 Oz. FOOD LION CONDENSED MILK
PRICED LOW EVERY DAY 1 99 EA

PRICED LOW EVERY DAY 1 29 EA
10-10.5 Oz. Select Varieties FOOD LION MARSHMALLOWS

PRICED LOW EVERY DAY 3 79 EA
10-12 Oz. Select Varieties FOOD LION BAKING MORSELS

BEVERAGE CENTER

6 Pack 16-16.9 Oz. Bottles Select Varieties COKE PRODUCTS
HOTSALE! BUY 3/$12
W/O MVP Card Regular Retail

HOTSALE! BUY 3 99 EA
W/O MVP Card Regular Retail
8 Pack - 12 Oz. Cans Select Varieties BUBLY SPARKLING WATER

64 Oz. Select Varieties CALYPSO
HOTSALE! BUY 2/$4
W/O MVP Card $3.19 EA

2 Liter Select Varieties COKE OR 7-UP PRODUCTS

HOTSALE! BUY 2/$5
W/O MVP Card Regular Retail

HOTSALE! BUY 2/$6
W/O MVP Card Regular Retail
10 Pack 6 Oz. Pouches Select Varieties CAPRI SUN OR COUNTRY TIME

HOTSALE! BUY 5 99 EA
W/O MVP Card $6.99 EA
6 Pack - 16 Oz. Select Varieties BODYARMOR

1-1.25 Liter Select Varieties PEPSI
HOTSALE! BUY $1 EA
W/O MVP Card Regular Retail

750 ml. Select Varieties KANGAROO RIDGE OR SUTTER HOME WINE
HOTSALE! 5 99 EA

750 ml. Select Varieties NOVINOPHOBIA OR CLOS DU BOIS WINE
HOTSALE! 9 99 EA

1.5 Liter Select Varieties BAREFOOT WINE
PRICED LOW EVERY DAY 10 99 EA

SAVE 10%
WHEN YOU BUY 6 BOTTLES OF WINE

HOTSALE! 17 99 EA
12 Pack - 12 Oz. Cans TWISTED TEA OR CAYMAN JACK
12 Pack 11.2-12 Oz. Bottles or Cans MIKE'S HARD LEMONADE Select Varieties

HOTSALE! 17 99 EA
12 Pack 11.2-12 Oz. Bottles or Cans Select Varieties
MODELO, STELLA ARTOIS OR DOS EQUIS

HOTSALE! 16 99 EA
12 Pack - 12 Oz. Cans Select Varieties
WHITE CLAW, SIMPLY SPIKED OR THE BEAST

HOTSALE! 21 99 EA
24 Pack - 12 Oz. Cans Select Varieties
BUD, MILLER OR COORS

HOTSALE! 10 99 EA
6 Pack - 12 Oz. Cans Select Varieties
WICKED WEED, NEW BELGIUM OR SIERRA NEVADA

Beer and Wine may not be available in all locations. Check your store for availability.

5 ZNCO ZNBQ ZNCA ZNCD ZNCE ZNCH ZNCL ZNCR ZNCT ZNFL ZNGB ZNGL ZNGR ZNGS ZNGV ZNHP ZNLE ZNNB ZNNF ZNNL ZNNO ZNRA ZNRE ZNRG ZNRH ZNRI ZNRL ZNRR ZNTT ZNWA ZNWI ZNWL ZNWM ZNWN ZNWT 03/04/26

FREE* Pickup or $5 Off Delivery

When you buy 2 participating products.

Shop Offer

*Restrictions apply. Click button for more details.

DAIRY

HOTSALE! MVP 5/$5
4.5-5.3 Oz. Select Varieties
OIKOS REMIX OR TOO GOOD GREEK YOGURT
W/O MVP Card $1.69 EA

46 Oz. Select Varieties
SIMPLY ORANGE JUICE
HOTSALE! MVP 3.99 EA
W/O MVP Card $4.79 EA

HOTSALE! MVP 2.99 EA
4-6 Pack Select Varieties
DANIMALS SMOOTHIE OR YOCRUNCH YOGURT
W/O MVP Card $3.99 EA

HOTSALE! MVP 2/$4
12 Oz. - All Varieties
HELUVA GOOD! DIP
W/O MVP Card $2.69 EA

6 Oz. Select Varieties
YOPLAIT YOGURT
HOTSALE! MVP 10/$7
W/O MVP Card $79 EA

HOTSALE! MVP 3.99 EA
7.5-8 Oz. Select Varieties
PHILADELPHIA SOFT CREAM CHEESE
W/O MVP Card $5.19 EA

16 Oz. Select Varieties
FOOD LION SOUR CREAM
PRICED LOW EVERY DAY 1.99 EA

32 Oz. Select Varieties
STONYFIELD ORGANIC YOGURT
HOTSALE! MVP 4.99 EA
W/O MVP Card Regular Retail

10.35-12.65 Oz. Select Varieties
PUFF COOKIES
HOTSALE! MVP 2/$6
W/O MVP Card $4.99 EA

28-32 Oz. Select Varieties
NATURAL BLISS OR STARBUCKS CREAMER
HOTSALE! MVP 4.49 EA
W/O MVP Card Regular Retail

FROZEN

HOTSALE! MVP BOGO FREE
16.35-22.3 Oz. Select Varieties
SCREAMIN' SICILIAN PIZZA
W/O MVP Card $10.99 EA
Single Item Half Price

4.5-8.5 Oz. Select Varieties
MICHELINA'S FROZEN DINNERS
HOTSALE! MVP $1 EA
W/O MVP Card $1.58 EA

15-30 Oz. Select Varieties
FATBOY ICE CREAM SANDWICHES OR CONES
HOTSALE! MVP 4.99 EA
W/O MVP Card $5.69 EA

11-38.25 Oz. Select Varieties
BLUE BUNNY NOVELTIES
HOTSALE! MVP 2/$6
W/O MVP Card Regular Retail

18.4-19.8 Oz. Select Varieties
TOMBSTONE PIZZA
HOTSALE! MVP 3.99 EA
W/O MVP Card $4.99 EA

HOTSALE! MVP 4.99 EA
W/O MVP Card $5.99 EA

16 Oz. Select Varieties
HUNGRY MAN DINNERS

40-64 Oz. - Frozen Select Varieties
TYSON FAMILY PACK CHICKEN
HOTSALE! MVP 12.99 EA
W/O MVP Card Regular Retail

14 Oz. Select Varieties
YASSO FROZEN GREEK YOGURT
NEW ITEM
HOTSALE! MVP 2/$7
W/O MVP Card $5.99 EA

HOTSALE! MVP 5.99 EA
12.4-18.4 Oz. Select Varieties
JIMMY DEAN BREAKFAST SANDWICHES
W/O MVP Card $7.49 EA

MVP DIGITAL COUPONS

Load on App • Online • In-Store Kiosk

HOT SALE! 2/$6
W/ MVP Card $4.49 EA
MVP Coupon -1.00 EXP 2
2/$5
MVP W/ MFG DISCOUNT SAVINGS CART 1
8.37-12.87 Oz. Select Varieties
STOUFFER'S ENTRÉES

HOT SALE! 2/$6
W/ MVP Card $5.29 EA
MVP Coupon -1.00 EXP 2
2/$5
MVP W/ MFG DISCOUNT SAVINGS CART 1
10.4 Oz. Select Varieties
KELLOGG'S NUTRI GRAIN BARS

BREAKFAST

18 Oz.
FOOD LION EASY LIVING CEREAL
PRICED LOW EVERY DAY 2.99 EA

13.5-15 Oz. Select Varieties
POST PEBBLES OR HONEY BUNCHES OF OATS CEREAL
HOTSALE! MVP 3.99 EA
W/O MVP Card Regular Retail

23.2-32.7 Oz. Select Varieties
EGGO HOMESTYLE WAFFLES
HOTSALE! MVP 5.49 EA
W/O MVP Card $6.49 EA

12 Oz. Bags or 26.3 Oz. Canister Select Varieties
FOOD LION COFFEE OR NON-DAIRY COFFEE CREAMER
HOTSALE! MVP 6.99 EA
W/O MVP Card Regular Retail

HOTSALE! MVP 5.99 EA
W/O MVP Card Regular Retail
10-12 Ct. K-Cups
EIGHT O' CLOCK COFFEE

23.1-28.4 Oz. Can Select Varieties
MAXWELL HOUSE COFFEE
HOTSALE! MVP 13.99 EA
W/O MVP Card Regular Retail

HOTSALE! MVP 2/$4
W/O MVP Card $2.79 EA
2.25-3 Oz. Select Varieties
ORE-IDA JUST CRACK AN EGG

SPRING INTO FRESHNESS ONE ROOM AT A TIME!

77.81 Oz. Select Varieties
CLOROX LIQUID BLEACH
HOTSALE! MVP 4.99 EA
W/O MVP Card $7.99 EA.

19 Oz. Select Varieties
LYSOL DISINFECTANT SPRAY
HOTSALE! MVP 6.99 EA
W/O MVP Card $8.49 EA

10 Oz. Select Varieties
LYSOL AIR SANITIZER
HOTSALE! MVP 6.99 EA
W/O MVP Card $8.49 EA

HEALTH & HOME

7 Oz. Select Varieties
EDGE OR SKINTIMATE SHAVE GEL
HOTSALE! MVP 3.29 EA
W/O MVP Card $4.29 EA

4 Pack Select Varieties
ATKINS PROTEIN BARS
HOTSALE! MVP 6.99 EA
W/O MVP Card $8.19 EA

100 Ct. Sheets or 18 Ct. Beads Select Varieties
ARM & HAMMER
HOTSALE! MVP 2.99 EA
W/O MVP Card Regular Retail

44 Oz. Select Varieties
PREMIER PROTEIN SHAKES
HOTSALE! MVP 9.99 EA
W/O MVP Card $11.99 EA

32.5 Oz. Select Varieties
PALMOLIVE
HOTSALE! MVP 3.99 EA
W/O MVP Card $4.49 EA

24 Ct. Select Varieties
FOOD LION PREMIUM DINNERWARE
HOTSALE! MVP 1.49 EA
W/O MVP Card Regular Retail

20-40 Ct. Select Varieties
FOOD LION PLATES OR BOWLS
PRICED LOW EVERY DAY
2.99 EA

25 Ct. - Select Varieties
FOOD LION PARTY CUPS
HOTSALE! MVP 2/$4
W/O MVP Card Regular Retail

MVP DIGITAL COUPONS

Load on App Online In-Store Kiosk

3 Ct. Select Varieties
GILLETTE MACH3 OR VENUS DISPOSABLE RAZORS
HOT SALE! 6.99 EA
W/ MVP Card Regular Retail
MVP Coupon -3.00 OFF 1
3.99 EA
MVP 10 WPS DISCOUNT SAVINGS (MET)

18-22 Oz. Body Wash Select Varieties
OLAY
HOT SALE! 2/$15
W/ MVP Card $7.99 EA
MVP Coupon -5.00 OFF 2
2/$10
MVP 10 WPS DISCOUNT SAVINGS (MET)

12-16 Oz. Select Varieties
PEPTO BISMOL LIQUID
HOT SALE! 8.99 EA
W/ MVP Card $10.99 EA
MVP Coupon -50¢ OFF 1
8.49 EA
MVP 10 WPS DISCOUNT SAVINGS (MET)

41 Oz. Select Varieties
MR. CLEAN
HOT SALE! 5.99 EA
W/ MVP Card $8.19 EA
MVP Coupon -2.00 OFF 1
3.99 EA
MVP 10 WPS DISCOUNT SAVINGS (MET)

12-32 Ct. Select Varieties
SWIFFER DRY OR WET REFILLS
HOT SALE! 9.99 EA
W/ MVP Card $10.99 EA
MVP Coupon -2.00 OFF 1
7.99 EA
MVP 10 WPS DISCOUNT SAVINGS (MET)

105-117 Oz. Select Varieties
TIDE SIMPLY
HOT SALE! 10.49 EA
W/ MVP Card $14.49 EA
MVP Coupon -2.00 OFF 1
8.49 EA
MVP 10 WPS DISCOUNT SAVINGS (MET)

73 Oz. or 39 Ct. Paks
ALL, BRAND PERSIL Select Varieties
HOT SALE! 11.99 EA
W/ MVP Card Regular Retail
MVP Coupon -3.00 OFF 1
8.99 EA
MVP 10 WPS DISCOUNT SAVINGS (MET)

6 Rolls Select Varieties
FOOD LION BATH TISSUE
HOTSALE! MVP 6.99 EA
W/O MVP Card Regular Retail

2 Ct. Select Varieties
FOOD LION LARGE CONTAINERS WITH LIDS
HOTSALE! MVP 3.99 EA
W/O MVP Card $4.49 EA

BABY

1 Oz. Select Varieties
BEECH-NUT BABY FOOD
HOTSALE! MVP 5/$5
W/O MVP Card $1.39 EA

1 Oz. Select Varieties
GERBER GRADUATES YOGURT MELTS
HOTSALE! MVP 2/$5
W/O MVP Card $2.99 EA

504 Ct.
PAMPERS BABY WIPES
HOTSALE! MVP 16.99
W/O MVP Card $19.29 EA

3.5 Oz. Select Varieties
BEECH-NUT POUCHES
HOTSALE! MVP 3/$6
W/O MVP Card $2.25 EA

PET

2.64 Oz. Select Varieties
SHEBA PERFECT PORTIONS ENTREE
HOTSALE! MVP 1.19 EA
W/O MVP Card $1.39 EA

2.1 Oz. Select Varieties
GREENIES FELINE SMARTBITES OR DENTAL TREATS
HOTSALE! MVP 3.49 EA
W/O MVP Card $3.99 EA

13 Oz. Select Varieties
PURINA ONE WET DOG FOOD
HOTSALE! MVP 2.39 EA
W/O MVP Card $2.69 EA

12.5-15 Lb. Bag Select Varieties
PURINA ONE SMARTBLENDS DRY DOG FOOD
HOTSALE! MVP 32.29 EA
W/O MVP Card $33.49 EA

7 ZNCO 2DPH 2DSA 2GAN 2GAL 2GAT 2GAU 2GCH 2GCR 2GCT 2GHN 2GRV 2GSA 2HBG 2HKA 2KKV 2MBA 2MBL 2MBM 2MBT 2MSA 2MNM 2MWS 2NBG 2NCA 2NCG 2NCE 2NCH 2NCL 2NCP 2NCT 2NFL 2NGB 2NGL 2NGR 2NGS 2NGV 2NHP 2NLE 2NNB 2NNF 2NNL 2NNO 2NPA 2NRE 2NRG 2NRH 2NRL 2NRR 2NTT 2NWA 2NWB 2NWL 2NWM 2NWN 2NWT 2PKL 2PNA 2PNG 2SAA 2SCH 2SCL 2SCO 2SCT 2SFB 2SFL 2SFR 2SGL 2SGV 2SSA 2STA 2TCH 2TKN 2TNA 2TNH 2TTB 2VBL 2VCH 2VCK 2VCL 2VHA 2VMA 2VNC 2VNR 2VNN 2VNS 2VNT 2VNV 2VNW 2VNX 2VNY 2VNZ 2VRL 2WCA 2WCL 2WNA 2WNB 2WNC 2WNG 2WNH 2WN 2WN, 2WRN 2WTT 2WWA 2WWB 2WWL 2WWM 2WWN 2WWT 3PKL 3PNA 3PNG 3SAA 3SCH 3SCL 3SCO 3SCT 3SFB 3SFL 3SFR 3SGL 3SGV 3SSA 3STA 3TCH 3TKN 3TNA 3TNH 3TTB 3VBL 3VCH 3VCK 3VCL 3VHA 3VMA 3VNC 3VNR 3VNN 3VNS 3VNT 3VNV 3VNW 3VNX 3VNY 3VNZ 3VRL 3WCA 3WCL 3WNA 3WNB 0SWCB

FOOD LION

March 4 - March 17, 2026

Offers valid while supplies last.

BUY 2 GET 1 FREE

FOOD LION MVP customer

Purchase of 2 Required to Get 3RD Item FREE!

11-16.9 Oz.
Select Varieties
CLEARLY CANADIAN OR VITA COCO

HOT SALE! MVP
2/$5
W/O MVP Card Regular Retail
BUY 2 GET 1 FREE

Purchase of 2 Required to Get 3RD Item FREE!

4 Ct.
Select Varieties
YASSO FROZEN GREEK YOGURT BARS

HOT SALE! MVP
4.99 EA
W/O MVP Card $6.79 EA
BUY 2 GET 1 FREE

Purchase of 2 Required to Get 3RD Item FREE!

7-8 Oz. Pkg.
All Varieties
SMITHFIELD PRIME FRESH LUNCHMEAT

HOT SALE! MVP
2/$7
W/O MVP Card Regular Retail
BUY 2 GET 1 FREE

Purchase of 2 Required to Get 3RD Item FREE!

4.5-8 Oz.
Select Varieties
BETTY CROCKER OR MOTT'S FRUIT SNACKS

HOT SALE! MVP
2/$5
W/O MVP Card Regular Retail
BUY 2 GET 1 FREE

Purchase of 2 Required to Get 3RD Item FREE!

50 Ct.
Select Varieties
TOTINO'S PIZZA ROLLS

HOT SALE! MVP
4.99 EA
W/O MVP Card $7.39 EA
BUY 2 GET 1 FREE

Purchase of 2 Required to Get 3RD Item FREE!

16 Oz.
Select Varieties
BODYARMOR

MVP PRICED LOW EVERY DAY
1.49 EA
W/O MVP Card $2.18 EA
BUY 2 GET 1 FREE

Purchase of 2 Required to Get 3RD Item FREE!

9.4-14 Oz. - Select Varieties
KRAFT DELUXE OR VELVEETA SHELLS & CHEESE

MVP PRICED LOW EVERY DAY
2/$6
W/O MVP Card $3.69 EA
BUY 2 GET 1 FREE

Purchase of 2 Required to Get 3RD Item FREE!

14 Oz.
Select Varieties
BASKIN ROBBINS ICE CREAM

HOT SALE! MVP
3.49 EA
W/O MVP Card $3.99 EA
BUY 2 GET 1 FREE

Purchase of 2 Required to Get 3RD Item FREE!

8 Oz.
Select Varieties
SOUR PATCH KIDS CANDY

HOT SALE! MVP
2/$5
W/O MVP Card $3.99 EA
BUY 2 GET 1 FREE

Purchase of 2 Required to Get 3RD Item FREE!

46 Oz.
Select Varieties
TROPICANA PREMIUM ADES OR PUNCHES

HOT SALE! MVP
2/$5
W/O MVP Card $2.99 EA
BUY 2 GET 1 FREE

Purchase of 2 Required to Get 3RD Item FREE!

W-1 ZNCO ZDPH ZDSA ZGAH ZGAL ZGAT ZGAU ZGCH ZGCR ZGCT ZGHW ZGRY ZGSA ZKBG ZKNA ZKNV ZMBA ZMBL ZMBM ZMBT ZMSA ZMWA ZMWK ZMWS ZNBQ ZNCA ZNCD ZNCE ZNCH ZNCL ZNCR ZNCT ZNFL ZNGB ZNGL ZNGR ZNGS ZNGV ZNHP ZNLE ZNNB ZNNF ZNNL ZNNO ZNRA ZNRE ZNRG ZNRH ZNRI ZNRL ZNRR ZNTT ZNWA ZNWI ZNWL ZNWM ZNWN ZNWT ZPAL ZPHA ZPHI ZSAG ZSAU ZSCH ZSCL ZSCO ZSCT ZSFE ZSFL ZSFR ZSGL ZSGV ZSSA ZSSV ZTCA ZTCH ZTKN ZTNA ZTNV ZTTR ZVBL ZVCH ZVDC ZVHA ZVNK ZVNO ZVNR ZVRA ZVRC ZVRD ZVRI ZVRN ZVRO ZVTI ZVTR ZVWH ZVWN ZVWR ZVWS ZVWT ZVWX ZWBL ZWCA ZWCL ZWWA ZWWS 03/04/26

BUY 2 GET 1 FREE

FOOD LION MVP customer

Purchase of 2 Required to Get 3RD Item FREE!

2.18-2.5 Oz.
Select Varieties
PERFECT BAR

HOT SALE! MVP
2/$5
W/O MVP Card $2.79 EA
BUY 2 GET 1 FREE
Purchase of 2 Required to Get 3RD Item FREE!

33.8 Oz. Bottle
GLACÉAU SMART WATER

2.39 EA
BUY 2 GET 1 FREE
Purchase of 2 Required to Get 3RD Item FREE!

7.2-8.94 Oz. - Select Varieties
NATURE VALLEY CRUNCHY OR SWEET & SALTY GRANOLA BARS

HOT SALE! MVP
2/$6
W/O MVP Card Regular Retail
BUY 2 GET 1 FREE
Purchase of 2 Required to Get 3RD Item FREE!

28 Oz.
Select Varieties
JIF PEANUT BUTTER

HOT SALE! MVP
5.19 EA
W/O MVP Card $5.69 EA
BUY 2 GET 1 FREE
Purchase of 2 Required to Get 3RD Item FREE!

7.1-11.3 Oz. - Select Varieties
VOORTMAN ZERO SUGAR COOKIES OR WAFERS

MVP PRICED LOW EVERY DAY
3.49 EA
W/O MVP Card Regular Retail
BUY 2 GET 1 FREE
Purchase of 2 Required to Get 3RD Item FREE!

12-14 Oz. Pkg.
Select Varieties
Excludes Beef
ECKRICH SMOKED SAUSAGE

HOT SALE! MVP
2/$6
W/O MVP Card Regular Retail
BUY 2 GET 1 FREE
Purchase of 2 Required to Get 3RD Item FREE!

8-12 Oz.
Select Varieties
ON THE BORDER TORTILLA CHIPS

HOT SALE! MVP
3.99 EA
W/O MVP Card $4.99 EA
BUY 2 GET 1 FREE
Purchase of 2 Required to Get 3RD Item FREE!

10 Ct. K-Cups or
12 Oz. Bags
Select Varieties
LAVAZZA COFFEE

HOT SALE! MVP
8.99 EA
W/O MVP Card Regular Retail
BUY 2 GET 1 FREE
Purchase of 2 Required to Get 3RD Item FREE!

6-8 Pack
5.5-6 Oz. Cans
Select Varieties
V8 V-FUSION ENERGY OR VEGETABLE JUICE

5.99 EA
BUY 2 GET 1 FREE
Purchase of 2 Required to Get 3RD Item FREE!

14-26 Oz.
Select Varieties
MCCAIN FROZEN POTATOES

HOT SALE! MVP
2/$7
W/O MVP Card $4.29 EA
BUY 2 GET 1 FREE
Purchase of 2 Required to Get 3RD Item FREE!

W-2 ZNCO ZDPH ZDSA ZGAH ZGAL ZGAT ZGAU ZGCH ZGCR ZGCT ZGHW ZGRY ZGSA ZKBG ZKNA ZKNV ZMBA ZMBL ZMBM ZMBT ZMSA ZMWA ZMWK ZMWS ZNBQ ZNCA ZNCD ZNCE ZNCH ZNCL ZNCR ZNCT ZNFL ZNGB ZNGL ZNGR ZNGS ZNGV ZNHP ZNLE ZNNB ZNNF ZNNL ZNNO ZNRA ZNRE ZNRG ZNRH ZNRI ZNRL ZNRR ZNTT ZNWA ZNWI ZNWL ZNWM ZNWN ZNWT ZPAL ZPHA ZPHI ZSAG ZSAU ZSCH ZSCL ZSCO ZSCT ZSFE ZSFL ZSFR ZSGL ZSGV ZSSA ZSSV ZTCA ZTCH ZTKN ZTNA ZTNV ZTTR ZVBL ZVCH ZVDC ZVHA ZVNK ZVNO ZVNR ZVRA ZVRC ZVRD ZVRI ZVRN ZVRO ZVTI ZVTR ZVWH ZVWN ZVWR ZVWS ZVWT ZVWX ZWBL ZWCA ZWCL ZWWA ZWWS 03/04/26

BUY 2 GET 1 FREE

FOOD LION MVP customer

Purchase of 2 Required to Get 3RD Item FREE!

8.62-16 Oz. - Select Varieties
TALENTI GELATO OR MAGNUM ICE CREAM BARS

HOT SALE! MVP
3.99 EA
W/O MVP Card Regular Retail
BUY 2 GET 1 FREE
Purchase of 2 Required to Get 3RD Item FREE!

7.5-15 Oz.
Select Varieties
CHEX MIX OR BUGLES

HOT SALE! MVP
2/$5
W/O MVP Card $4.29 EA
BUY 2 GET 1 FREE
Purchase of 2 Required to Get 3RD Item FREE!

7 Oz.
Select Varieties
ORE-IDA BAGEL BITES

HOT SALE! MVP
2/$5
W/O MVP Card $2.99 EA
BUY 2 GET 1 FREE
Purchase of 2 Required to Get 3RD Item FREE!

14 Oz.
Select Varieties
MINUTE RICE

HOT SALE! MVP
2/$5
W/O MVP Card $2.99 EA
BUY 2 GET 1 FREE
Purchase of 2 Required to Get 3RD Item FREE!

9.16-11.7 Oz.
Select Varieties
PILLSBURY TOASTER STRUDEL

MVP PRICED LOW EVERY DAY
2/$6
W/O MVP Card $3.69 EA
BUY 2 GET 1 FREE
Purchase of 2 Required to Get 3RD Item FREE!

10.3-12.6 Oz. - Select Varieties
QUAKER CAP'N CRUNCH CEREAL OR CHEWY GRANOLA BARS

HOT SALE! MVP
2/$6
W/O MVP Card Regular Retail
BUY 2 GET 1 FREE
Purchase of 2 Required to Get 3RD Item FREE!

13.3-16.1 Oz. - Select Varieties
KELLOGG'S FROSTED MINI WHEATS OR RAISIN BRAN CEREAL

HOT SALE! MVP
2/$7
W/O MVP Card Regular Retail
BUY 2 GET 1 FREE
Purchase of 2 Required to Get 3RD Item FREE!

20 Oz. Bottle
Select Varieties
GLACÉAU VITAMIN WATER

MVP PRICED LOW EVERY DAY
1.99 EA
W/O MVP Card $2.79 EA
BUY 2 GET 1 FREE
Purchase of 2 Required to Get 3RD Item FREE!

8-8.20 Oz.
Select Varieties
IDAHOAN FAMILY SIZE MASHED POTATOES

2.99 EA
BUY 2 GET 1 FREE
Purchase of 2 Required to Get 3RD Item FREE!

6 Mega Rolls
QUILTED NORTHERN
4 Double Rolls
BRAWNY
Select Varieties

HOT SALE! MVP
7.99 EA
W/O MVP Card Regular Retail
BUY 2 GET 1 FREE
Purchase of 2 Required to Get 3RD Item FREE!

W-3 ZNCO ZDPH ZDSA ZGAH ZGAL ZGAT ZGAU ZGCH ZGCR ZGCT ZGHW ZGRY ZGSA ZKBG ZKNA ZKNV ZMBA ZMBL ZMBM ZMBT ZMSA ZMWA ZMWK ZMWS ZNBQ ZNCA ZNCD ZNCE ZNCH ZNCL ZNCR ZNCT ZNFL ZNGB ZNGL ZNGR ZNGS ZNGV ZNHP ZNLE ZNNB ZNNF ZNNL ZNNO ZNRA ZNRE ZNRG ZNRH ZNRI ZNRL ZNRR ZNTT ZNWA ZNWI ZNWL ZNWM ZNWN ZNWT ZPAL ZPHA ZPHI ZSAG ZSAU ZSCH ZSCL ZSCO ZSCT ZSFE ZSFL ZSFR ZSGL ZSGV ZSSA ZSSV ZTCA ZTCH ZTKN ZTNA ZTNV ZTTR ZVBL ZVCH ZVDC ZVHA ZVNK ZVNO ZVNR ZVRA ZVRC ZVRD ZVRI ZVRN ZVRO ZVTI ZVTR ZVWH ZVWN ZVWR ZVWS ZVWT ZVWX ZWBL ZWCA ZWCL ZWWA ZWWS 03/04/26

BUY 2 GET 1 FREE

FOOD LION MVP customer

Purchase of 2 Required to Get 3RD Item FREE!

3.5-4.4 Oz.
Select Varieties
LINDT EXCELLENCE BAR

HOTSALE! MVP
5.29 EA
W/O MVP Card $5.79 EA
BUY 2 GET 1 FREE
Purchase of 2 Required to Get 3RD Item FREE!

12-14 Oz.
Select Varieties
GENERAL MILLS CHEX CEREAL

HOTSALE! MVP
2/$7
W/O MVP Card $4.99 EA
BUY 2 GET 1 FREE
Purchase of 2 Required to Get 3RD Item FREE!

21 Oz.
Select Varieties
ELECTROLIT

HOTSALE! MVP
2/$4
W/O MVP Card $2.99 EA
BUY 2 GET 1 FREE
Purchase of 2 Required to Get 3RD Item FREE!

16 Oz.
Select Varieties
MT. OLIVE PICKLES

HOTSALE! MVP
2.49 EA
W/O MVP Card Regular Retail
BUY 2 GET 1 FREE
Purchase of 2 Required to Get 3RD Item FREE!

10.9-12 Oz.
Select Varieties
CAULIPOWER PIZZA

HOTSALE! MVP
6.99 EA
W/O MVP Card $7.99 EA
BUY 2 GET 1 FREE
Purchase of 2 Required to Get 3RD Item FREE!

32 Oz.
Select Varieties
SILK CREAMER

HOTSALE! MVP
4.69 EA
W/O MVP Card $5.29 EA
BUY 2 GET 1 FREE
Purchase of 2 Required to Get 3RD Item FREE!

32 Oz.
Select Varieties
POMPEIAN EXTRA LIGHT OLIVE OIL

12.49 EA
BUY 2 GET 1 FREE
Purchase of 2 Required to Get 3RD Item FREE!

4 Pack
12 Oz. Cans
Select Varieties
POPPI PREBIOTIC SODA

8.99 EA
BUY 2 GET 1 FREE
Purchase of 2 Required to Get 3RD Item FREE!

6 Oz.
Select Varieties
GOOD2GROW JUICE

HOTSALE! MVP
2/$6
W/O MVP Card $3.49 EA
BUY 2 GET 1 FREE
Purchase of 2 Required to Get 3RD Item FREE!

8 Mega Rolls
ANGEL SOFT
4 Double Rolls
SPARKLE
Select Varieties

HOTSALE! MVP
5.99 EA
W/O MVP Card Regular Retail
BUY 2 GET 1 FREE
Purchase of 2 Required to Get 3RD Item FREE!

W-4 ZNCO ZDPH ZDSA ZGAH ZGAL ZGAT ZGAU ZGCH ZGCR ZGCT ZGHW ZGRY ZGSA ZKBG ZKNA ZKNV ZMBA ZMBL ZMBM ZMBT ZMSA ZMWA ZMWK ZMWS ZNBQ ZNCA ZNCD ZNCE ZNCH ZNCL ZNCR ZNCT ZNFL ZNGB ZNGL ZNGR ZNGS ZNGV ZNHP ZNLE ZNNB ZNNF ZNNL ZNNO ZNRA ZNRE ZNRG ZNRH ZNRI ZNRL ZNRR ZNTT ZNWA ZNWI ZNWL ZNWM ZNWN ZNWT ZPAL ZPHA ZPHI ZSAG ZSAU ZSCH ZSCL ZSCO ZSCT ZSFE ZSFL ZSFR ZSGL ZSGV ZSSA ZSSV ZTCA ZTCH ZTKN ZTNA ZTNV ZTTR ZVBL ZVCH ZVDC ZVHA ZVNK ZVNO ZVNR ZVRA ZVRC ZVRD ZVRI ZVRN ZVRO ZVTI ZVTR ZVWH ZVWN ZVWR ZVWS ZVWT ZVWX ZWBL ZWCA ZWCL ZWWA ZWWS 03/04/26