

Disney · PIXAR  
**FREE STICKER PACK**  
 FOR EVERY \$25 SPENT\*

\*WHILE SUPPLIES LAST FROM APRIL 9TH UNTIL MAY 6TH, 2026. EXCLUSIONS APPLY.  
 VISIT WWW.LOBLAWUNIVERSE.CA OR IN-STORE FOR EXCLUSIONS AND COMPLETE OFFER DETAILS.

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**\$2**

**CHRISTIE RITZ, TRISCUIT  
 OR WHEAT THINS CRACKERS**  
 SELECTED VARIETIES, 162-304 G  
**CRAQUELINS RITZ, TRISCUIT  
 OU FINS AU BLE CHRISTIE**  
 21030647\_EA/21547034\_EA



**2.50**

**PC® KETTLE COOKED OR  
 RIPPLED KETTLE POTATO CHIPS**  
 SELECTED VARIETIES, 200 G  
**CROUSTILLES CUITES À LA MARMITE OU  
 CUITES À LA MARMITE ONDULÉES PC®**  
 21422931\_EA/21687125\_EA



**SAVE  
 UP TO 42%**  
**\$4**

**KRAFT CHEEZ WHIZ CHEESE SPREAD** 450 G,  
**KRAFT SINGLES OR VELVEETA CHEESE SLICES**  
 410 G, **PHILADELPHIA DIP** 227 G, **CREAM CHEESE**  
 227/250 G OR **WHIPPED CREAM CHEESE** 227 G  
 SELECTED VARIETIES  
**TARTINADE DE FROMAGE CHEEZ WHIZ**  
**KRAFT, SINGLES KRAFT OU TRANCHES DE**  
**FROMAGE VELVEETA, TREMPETTE, FROMAGE**  
**À LA CRÈME OU FROMAGE À LA CRÈME**  
**FOUETTÉ**  
**PHILADELPHIA**  
 20659606001\_EA/21188654\_EA  
 20641267\_EA/20866816001\_EA



**SAVE  
 UP TO 57%**  
**\$6**



**ROYALE BATHROOM  
 TISSUE** 12 DOUBLE ROLLS,  
**TIGER TOWEL PAPER**  
**TOWELS** 3=6 ROLLS  
 OR **FACIAL TISSUE** 6'S, SELECTED VARIETIES  
**PAPIER HYGIÉNIQUE, ESSUIE-TOUIT TIGER**  
**TOWEL OU MOUCHOIRS ROYALE**  
 21363770\_EA/21484702\_EA



**SAVE  
 2.08  
 WHEN YOU BUY 2**

**PC® OR BLUE MENU® SPARKLING WATER**  
 SELECTED VARIETIES, 12X355 ML  
**EAU PÉTILLANTE PC® OU MENU BLEU®**  
 21747404\_C12/21747415\_C12

**2/11.50**  
 OR 6.79 EA



**PRICE  
DROP<sup>+</sup>**

**SO YOU CAN  
SAVE MORE**

**2<sup>50</sup>**

**SUNCHIPS**  
SELECTED VARIETIES, 205 G  
**SUNCHIPS**  
21721854\_EA/21370317\_EA



**3<sup>50</sup>**

**PC<sup>®</sup> SALSA**  
SELECTED VARIETIES  
650 ML  
**SALSA PC<sup>MD</sup>**  
20309646001\_EA  
20309646003\_EA



**SAVE  
2.37**  
WHEN YOU BUY 3

**3/\$9**  
OR 3.79 EA

**BEN'S BISTRO EXPRESS RICE**  
SELECTED VARIETIES, 240/250 G  
**RIZ BISTRO EXPRESS BEN'S**  
21404864\_EA/21405139\_EA



**\$1**

**LARABAR FRUIT AND NUT BAR**  
SELECTED VARIETIES, 45-48 G  
**BARRES AUX FRUITS ET  
AUX NOIX LARABAR**  
20031362001\_EA/20031362007\_EA



**\$3**

**WONDER BALLPARK BUNS**  
SELECTED VARIETIES, 432/560 G  
**PAINS BALLPARK WONDER**  
21022027\_EA/21022316\_EA



**DEAL DROP**

Limited-time deals on PC® home & more.

**\$15**

PC® SALAD SPINNER  
ESSOREUSE À SALADE PC<sup>MD</sup>  
21416723\_EA



**REAL ATLANTIC SUPERSTORE**  
PROUDLY CANADIAN

MEDIUM GROUND BEEF  
BŒUF HACHÉ MI-MAIGRE  
20797926\_KG

**SAVE UP TO 22%**

**5.44**  
LB  
11.99/KG

**CLUB SIZE**



**2.99**  
LB  
6.59/KG

NO NAME® OR HALAL CHICKEN DRUMSTICKS FRESH  
PILONS DE POULET  
SANS NOM® OU HALAL  
20004494\_KG

**CLUB SIZE**



**SAVE UP TO 40%**

**\$3**

STRAWBERRIES  
PRODUCT OF MEXICO OR U.S.A.  
FRAISES  
20049778001\_EA

**1 LB**



**SAVE UP TO 20%**

**\$2**

BROCCOLI CROWNS  
PRODUCT OF MEXICO OR U.S.A.  
COURONNES DE BROCOLI  
21121560001\_EA



**SAVE UP TO 33%**

**\$4**

FARMER'S MARKET™ MANDARINS  
PRODUCT OF MOROCCO OR SPAIN, 2 LB  
MANDARINES DÉLICIES DU MARCHÉ<sup>MC</sup>  
20099819001\_EA

**2 LB**



**SAVE UP TO 31%**

**6.50**

SEAQUEST® COLOSSAL PACIFIC WHITE SHRIMP RAW ZIPPERBACK® 16-20 PER LB, 300 G OR ASC BASA STEAKS UNCOOKED OR OCEAN MARKET WHOLE WILD CHUB MACKEREL 1 KG, FROZEN CREVETTES BLANCHES COLOSSALES DU PACIFIQUE SEAQUEST CRUES, À DÉCORTICAGE ÉCLAIR<sup>MC</sup> OU DARNES DE PANGASIUS ASC OU MAQUEREAU SAUVAGE ENTIER OCEAN MARKET  
21043887\_EA/20910469\_EA/21079543\_EA



**SAVE UP TO 33%**

**\$4**

BREYERS CREAMERY ICE CREAM 1.41 L/1.4 LITRE OR THE ORIGINAL NOVELTIES 12'S/720 ML SELECTED VARIETIES, FROZEN CRÈME GLACÉE STYLE CRÈMERIE BREYERS ORIGINAL REVELLO BARS  
20684180\_EA 21651169\_EA



**SAVE UP TO 20%**

**\$10**

NO NAME® EXTRA THICK CUT BACON SELECTED VARIETIES, 1 KG BACON EN TRANCHES EXTRA ÉPAISSES SANS NOM<sup>®</sup>  
21389815\_EA

Open your PC Optimum™ app or visit pcoptimum.ca to get the offer.

**APP EXCLUSIVE OFFER\***



**SAVE UP TO 1.00**

**6.50**

DANONE ACTIVA YOGURT 12X100 G OR DRINKS 8X93 ML OR PC® ORANGE JUICE 2.5 L SELECTED VARIETIES YOGOURT OU BOISSON ACTIVA DANONE OU JUS D'ORANGE PC<sup>MD</sup>  
20303412001\_EA/215310444\_EA



**SAVE UP TO 36%**

**\$3**

PC® FROZEN VEGETABLES 350-750 G OR CAVENDISH FARMS FROZEN POTATOES OR ONION RINGS 400-750 G, SELECTED VARIETIES, FROZEN LÉGUMES SURGELÉS PC<sup>MD</sup> OU POMMES DE TERRE OU RONDELLES D'OIGNON SURGELÉES LES FERMES CAVENDISH  
203180151EA/21094815\_EA



**SAVE UP TO 1.60**

**4.88**

BLACK DIAMOND CHEESE BARS 400 G OR SHREDDED CHEESE 300/320 G OR PC® SHREDDED CHEESE 250-320 G, SELECTED VARIETIES BARRES DE FROMAGE OU FROMAGE RÂPÉ BLACK DIAMOND OU FROMAGE RÂPÉ PC<sup>MD</sup>  
21060207EA/21279221EA

**PREPARED IN CANADA**



**\$3**

COUNTRY HARVEST BAGELS 450 G OR BREAD 600 G SELECTED VARIETIES BAGELS OU PAIN COUNTRY HARVEST  
21178571\_EA/21178642\_EA



**4.50**

PC® COOKING SPRAYS 120-170 ML, BANANA PEPPER RINGS 750 ML, OLIVES 500 ML OR PICKLES 1 L SELECTED VARIETIES ENDUITS À CUISSON, RONDELLES DE PIMENT BANANE, OLIVES OU CORNICHONS PC<sup>MD</sup>  
20434319001\_EA 21093990\_EA



**Optimum**

Members - Only Price<sup>™</sup>

**2.50**

Non-members **\$3**

KETTLE BRAND POTATO CHIPS SELECTED VARIETIES, 156/198 G CROUSTILLES KETTLE BRAND  
21520652\_EA/21589837\_EA

\*Must be a registered PC Optimum™ member to load and get this offer.



President's Choice

Made with 100% Canadian dairy

Great flavours start with great ingredients

**SCOOP SHOP**  
Vanilla  
Rocky Road

**GET 3,000 back in points when you buy 2**

**\$3**

**APP EXCLUSIVE OFFER\***

**\$5**

PC® SCOOP SHOP ICE CREAM SELECTED VARIETIES, FROZEN, 946 ML CRÈME GLACÉE DÉLICIES DU BAR LAITIER PC<sup>MD</sup>  
21706459\_EA/21706473\_EA

\*Open your PC Optimum™ app or visit pcoptimum.ca to get the offer.



**SAVE UP TO 33%**

**\$1**

**YOPLAIT YOP**  
SELECTED VARIETIES, 200 ML  
YOP YOPLAIT  
21548124\_EA/21478178\_EA



PREPARED IN CANADA

**SAVE 1.03**

**5.97**

**BLACK DIAMOND CHEESTRINGS** 252/336 G  
OR **CHEESE STICKS** 252 G  
SELECTED VARIETIES  
FICELLO OU  
BÂTONNETS DE  
FROMAGE BLACK  
DIAMOND  
20763861\_EA/20986474\_EA



PREPARED IN CANADA

**\$9**

**NO NAME MEATBALLS**  
SELECTED VARIETIES  
FROZEN, 680 G  
**BOULETTES DE VIANDE  
SANS NOM**<sup>®</sup>  
21537713\_EA/21538491\_EA



PREPARED IN CANADA

**SAVE 21%**

**5.50**

**JORDANS CEREAL OR GRANOLA**  
SELECTED VARIETIES, 325-400 G  
CÉRÉALES OU  
GRANOLA JORDANS  
21364038\_EA/21720997\_EA



**SAVE UP TO 3.49**

**\$10**

**GENERAL MILLS JUMBO CEREAL**  
SELECTED VARIETIES, 825 G-1.3 KG  
CÉRÉALES FORMAT  
JUMBO GENERAL MILLS  
20679390\_EA/21347133\_EA



**\$3**

**BAXTER OR SCOTSBURN CHOCOLATE MILK**  
SELECTED VARIETIES, 1 L  
LAIT AU  
CHOCOLAT  
BAXTER OU  
SCOTSBURN  
20023451\_EA/20075758\_EA



**SAVE UP TO 5.00**

**\$13**

**BERTOLLI OLIVE OIL**  
SELECTED VARIETIES,  
750 ML/1 L  
**HUILE D'OLIVE  
BERTOLLI**  
20000207001\_EA  
20156182001\_EA

GET 2,000 GET 2 back in points



**SAVE UP TO 29%**

**1.75**

**CAMPBELL'S BROTHS**  
900 ML OR CONCENTRATED  
BROTHS 250 ML  
SELECTED VARIETIES  
**BOUILLONS OU  
BOUILLONS CONCENTRÉS  
CAMPBELL'S**  
20322348001\_EA/21617991\_EA



**\$4**

**MOTT'S CLAMATO**  
SELECTED VARIETIES, 1.89 L  
**CLAMATO MOTT'S**  
20318955002\_EA/20318955003\_EA



**SAVE UP TO 1.49**

**\$5**

**HERDEZ SALSA GUACAMOLE** 440 G OR  
**CHOLULA SALSA** 325 ML  
SELECTED VARIETIES  
**SALSA GUACAMOLE  
HERDEZ OU SALSA  
CHOLULA**  
21582584\_EA/21590977\_EA



**\$13**

**NO NAME HOMESTYLE LASAGNA**  
FROZEN, 2.27 KG  
**LASAGNE STYLE  
MAISON SANS NOM**<sup>®</sup>  
20099795\_EA

**meat lasagna**  
lasagne à la viande



PREPARED IN CANADA

**1.25**

**PC FREE AND CLEAR SPARKLING WATER**  
SELECTED VARIETIES, 1 L  
**EAU PÉTILLANTE PC<sup>MD</sup>  
CLAIR ET NET<sup>MC</sup>**  
20162061003\_EA



PREPARED IN CANADA

**\$3**

**CHEEZ-IT CRACKERS**  
SELECTED VARIETIES, 191/200 G  
**CRAQUELINS CHEEZ-IT**  
21214559\_EA/21214560\_EA



**SAVE UP TO 1.00**

**3.50**

**RUFFLES POTATO CHIPS**  
SELECTED VARIETIES, 180-200 G  
**CROUSTILLES RUFFLES**  
21241052\_EA/21241053\_EA



PREPARED IN CANADA

**SAVE UP TO 2.99**

**\$6**

**CHAPMAN'S PREMIUM ICE CREAM, FROZEN YOGURT, SORBET** 2 L OR SUPER SANDWICHES 12/20'S, CONES 8'S OR NOVELTIES 18'S  
SELECTED VARIETIES, FROZEN  
**CRÈME GLACÉE PREMIUM, YOGURT GLACÉ, SORBET OU SANDWICHES SUPER, CORNET OU FRIANDISES GLACÉES** CHAPMAN'S  
20115132\_EA/20323573001\_EA



**\$11**

**TIDE DETERGENT** 1.62-1.86 L, 18-31'S,  
**DOWNY, GAIN FABRIC SOFTENER** 1.66-2.63 L,  
**DOWNY, GAIN, IVORY SNOW BEADS** 303-379 G OR  
**DAWN LIQUID** 2.21-2.64 L  
SELECTED VARIETIES  
**DETERGENT TIDE, ASSOULISSANT TEXTILE DOWNY/GAIN, PERLES DOWNY/GAIN/IVORY NEIGE OU SAVON LIQUIDE DAWN**  
21430598\_EA/21593782\_EA



**SAVE UP TO 3.00**

**\$22**

**PC PAPER TOWEL**  
8-24 ROLLS  
**ESSUIE-TOUT PC<sup>MD</sup>**  
21542607\_EA



**\$11**

**PEDIGREE DENTASTIX, JUMBONE OR MARROBONE**  
SELECTED VARIETIES  
500 G/553-608 G/1.9 KG  
**DENTASTIX, JUMBONE OU MARROBONE** PEDIGREE  
21081180\_EA/21362338\_EA



**FRESH PROMISE:** Applicable to eligible fresh produce items purchased at Real Atlantic Superstore locations or online at realatlanticsuperstore.ca. If you are not completely satisfied with your eligible fresh produce item, we will replace it with an identical item, or in our discretion, a comparable item and provide you with a refund of the purchase price upon presentation of the item and your original purchase receipt within 7 days of purchase at the Real Atlantic Superstore where purchase originated. This promise does not apply to reduced/clearance priced produce. This promise cannot be combined with any other offer. We reserve the right to cancel or change the terms of this promise at any time without notice. Quantities and/or selection of items may be limited and may not be available in all stores. For inquiries on product availability at your store please contact Customer Relations at the above phone number. No Rainchecks OR Substitutions on clearance items or where quantities are advertised as limited. Advertised regular pricing and product selection (flavour, colour, patterns, style) may vary by store location. We are not obligated to sell items based on errors or misprints in typography or photography. Pricing: All references to "Save, Was, Now, Savings, etc." is in comparison to our own regular prices. Coupons must be presented and redeemed at time of purchase. Savings on items shown may vary in each store location. Applicable taxes, deposits, or environmental surcharges are extra. No sales to retail outlets. ©/™ The trademarks, service marks and logos displayed in this flyer are trademarks of Loblaws Inc. and others. All rights reserved. © 2025 Loblaws Inc. MasterCard and the MasterCard Brand Mark are registered trademarks and PayPass is a trademark of MasterCard International Incorporated. President's Choice Bank license of service marks. 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These offers cannot be combined with any other coupons, discounts or promotions and no adjustments on previous purchases. We reserve to modify or cancel these offers without notice. Product availability may vary by store. While supplies last. We reserve the right to limit quantities. \*Receive the points specified when you spend the qualifying dollar amount on the displayed participating product(s) and/or category(ies) before taxes and after redemptions and all coupons and discounts are deducted in a single transaction; \*\* valid for flyer duration, after which the price will be the same for both PC Optimum™ and non-PC Optimum™ members. Taxes applicable on the purchase amount after discounts. PC Optimum™ member pricing is not applicable to any price match programs for participating stores operating under the Loblaws Inc. banner. **OUTDOOR/SEASONAL:** For your local store's hours and for a list of Atlantic Superstore locations that DO NOT participate in this flyer, visit www.atlanticsuperstore.ca or call Customer Relations at 1-866-727-0771. Quantities and/or selection of items may be limited and may not be available in all stores. Outdoor seasonal items (e.g. lawn and garden) may only be available at select store locations. Please check your local store for pricing, limits and availability. We reserve the right to limit quantities to reasonable family requirements. Rainchecks may be available for out of stock items excluding clearance items or where quantities are advertised as limited. We reserve the right to substitute the out of stock item for an equivalent item in lieu of providing a raincheck. **Advertised regular pricing and product selection (flavour, colour, patterns, style) may vary by store location.** All references in our flyer to "Save", "Was", "Now" etc. is in comparison to our own regular prices. Savings on items advertised within flyer may vary by store location. Coupons must be presented and redeemed at time of purchase. We are not obligated to sell items based on errors or misprints in typography or photography. Applicable taxes, deposits, or environmental surcharges are extra. No sales to retail outlets. ©/™ The trademarks, service marks and logos displayed in this flyer are trademarks of Loblaws Inc. and others. All rights reserved. ©2025 Loblaws Inc. #PRICE DROP offer valid in-store at participating locations between April 9 - May 13, 2026 before applicable taxes and while quantities last. Offer applies only to select products. Offer may be modified and/or cancelled without notice. See in-store for full details.



# FRESH PROMISE

## If it's not fresh, it's free.

\*Fresh Promise: Applicable to eligible fresh produce items purchased at Real Atlantic Superstore store locations or online at realatlanticsuperstore.ca. If you are not completely satisfied with your eligible fresh produce item, we will replace it with an identical item, or in our discretion, a comparable item and provide you with a refund of the purchase price upon presentation of the item and your original receipt within 7 days of purchase at the Real Atlantic Superstore store where purchase originated. This promise does not apply to reduced/clearance priced produce. This promise cannot be combined with any other offer. We reserve the right to cancel or change the terms of this promise at any time without notice.

**Optimum**  
Members-Only Price\*  
**\$6**  
Non-members  
**\$8**

**Members save \$2**

**FARMER'S MARKET™ APPLES**  
PRODUCT OF ATLANTIC CANADA OR QUÉBEC, CANADA FANCY GRADE SELECTED VARIETIES, 4 LB  
**POMMES DÉLICÉES DU MARCHÉ<sup>MC</sup>**  
20630648001\_EA/20713211001\_EA  
\*\*Must be a registered PC Optimum member to load and get this offer.



**PRODUCT OF CANADA**

**\$6**

**ROMAINE HEARTS**  
PRODUCT OF U.S.A., 3'S  
**CŒURS DE LAITUE ROMAINE**  
20067389001\_EA



**PRODUCT OF CANADA**

**SAVE UP TO .99 LB**

**2.50 LB**  
5.51/KG

**GREENHOUSE BEEFSTEAK TOMATOES**  
PRODUCT OF CANADA  
**TOMATES BEEFSTEAK DE SERRE**  
20426141001\_KG



**PRODUCT OF CANADA**

**1.75**

**ENGLISH CUCUMBERS**  
PRODUCT OF CANADA  
**CONCOMBRES ANGLAIS**  
20070132001\_EA



**PRODUCT OF CANADA**

**SAVE 1.00**

**4.50**

**FARMER'S MARKET™ GREENHOUSE PEPPERS**  
PRODUCT OF CANADA, 3'S  
**POIVRONS DE SERRE DÉLICÉES DU MARCHÉ<sup>MC</sup>**  
20065851001\_EA



**CLUB SIZE**  
**PRODUCT OF CANADA**

**\$4**

**PC™ LITTLE GEMS™ RED, YELLOW OR MIXED MINI POTATOES**  
PRODUCT OF CANADA CANADA NO. 1 GRADE, 680 G  
**MINI-POMMES DE TERRE ROUSSES, DORÉES OU ASSORTIES**  
**PC<sup>MD</sup> LITTLE GEMS<sup>MC</sup>**  
21247300001\_EA/21247299001\_EA



**PRODUCT OF CANADA**

**4.50**

**CANTALOUPE**  
PRODUCT OF GUATEMALA, HONDURAS OR BRAZIL  
**CANTALOUPE**  
20167017001\_EA



**\$7**

**CORED PINEAPPLE**  
PREPARED IN-STORE  
**ANANAS ÉVIDÉ**  
20503143\_EA



**\$6**

**CROWNLESS PINEAPPLE**  
PRODUCT OF COSTA RICA  
**ANANAS SANS COURONNE**  
20119813001\_EA



**\$34**

**PC™ PREMIUM GIFT BOUQUET**  
**BOUQUET-CADEAU DE QUALITÉ SUPÉRIEURE**  
**PC<sup>MD</sup>**  
21067827\_EA/21067772\_EA



**\$10**

**8 STEM TULIPS**  
ASSORTED COLOURS  
**8 TULIPES SUR TIGE**  
21723510\_EA



**\$24**

**SPRING PLANTER**  
**JARDINIÈRE DU PRINTEMPS**  
21096894\_EA



**\$15 LB**  
33.07/KG

**TOP SIRLOIN STEAK**  
CUT FROM CANADA AA GRADE BEEF OR HIGHER  
**BIFFECK DE HAUT DE SURLONGE**  
20797507\_KG



**CLUB SIZE**

**SAVE UP TO 1.85 LB**

**5.99 LB**  
13.21/KG

**PORK SIRLOIN CHOPS OR ROAST**  
BONELESS  
**CÔTELETTES OU RÔTI DE SURLONGE DE PORC**  
20835855\_KG/20836762\_KG



**9.99 LB**  
22.02/KG

**PC™ FREE FROM™ BONELESS SKINLESS CHICKEN THIGHS OR BREAST**  
FRESH  
**HAUTS DE CUISSE OU POITRINE DE POULET DÉOSSÉS SANS PEAU**  
**PC<sup>MD</sup> SIMPLEMENT BON<sup>MD</sup>**  
21668470\_KG



**CANADIAN POULTRY**

**\$7**

**PC™ PORK SAUSAGE**  
SELECTED VARIETIES  
375/500 G  
**SAUCISSES DE PORC PC<sup>MD</sup>**  
21584342\_EA  
21584304\_EA



**CANADIAN PORK**

**SAVE UP TO 31%**

**14.99**

**SUNRISE LARGE BOLOGNA**  
2 KG  
**GROS BOLOGNE CIRÉ SUNRISE**  
20997095\_EA



**PREPARED IN CANADA**

**1.99**

**NO NAME™ CHICKEN HOT DOGS**  
450 G  
**SAUCISSES FUMÉES DE POULETS SANS NOM™**  
20058192\_EA



**PREPARED IN CANADA**

**SAVE UP TO 5.00**

**\$18**

**MONTANA'S SMOKY BBQ ANGUS BEEF BURGERS**  
FROZEN, 906 G  
**BURGERS DE BŒUF ANGUS BBQ FUMÉ**  
**MONTANA'S**  
21665099\_EA



**PREPARED IN CANADA**

**\$12 LB**  
26.46/KG

**FRESH STEELHEAD TROUT FILLETS**  
**FILETS DE TRUITE STEELHEAD FRAÎCHE**  
20850603\_KG



**SAVE UP TO 1.99**

**\$6**

**SEAQUEST™ BAY SCALLOPS** 100-150/LB, 400 G OR **WATERVIEW MARKET CRISPY CALAMARI** 300 G UNCOOKED, FROZEN  
**PÉTONCLES DE BAIÉ SEAQUEST™ OU CALMARS CROUSTILLANTS**  
**WATERVIEW MARKET**  
21558522\_EA/21454797\_EA



**SAVE UP TO 2.49**

**\$12**

**PC™ BLACK TIGER SHRIMP RAW ZIPPERBACK™**  
16-20/LB 400 G, FROZEN OR HOT  
**SMOKED CANDIED OR SPICY SALMON STRIPS**  
READY TO EAT, 150 G  
**CREVETTES TIGRÈS NOIRÈS CRUES, À DÉCORTICAGE ÉCLAIR<sup>MC</sup>**  
OU LANIÈRES DE SAUMON CONFIT FUMÉ À CHAUD OU ÉPICÉES PC<sup>MD</sup>  
20801192\_EA/20976930\_EA  
20977683\_EA



# SUPER FRESH

**\$3**

**WHITE OR WHEAT BREAD**  
BAKED IN-STORE, 383 G  
**PAIN BLANC OU BLÉ ENTIER**  
21374404\_EA/21377237\_EA



**PREPARED IN CANADA**

**3<sup>50</sup>**

**JUMBO HAMBURGER OR HOT DOG BUNS**  
BAKED IN-STORE  
WHITE OR SESAME, 8'S  
**PAINS À HAMBURGER OU HOT DOG GÉANTS**  
20711614\_EA/20711617\_EA



**PREPARED IN CANADA**

**\$4**

**ARTISAN BREAD**  
BAKED IN-STORE  
SELECTED VARIETIES, 420-660 G  
**PAIN ARTISAN**  
21633048\_EA/21633233\_EA



Sourdough Crunch  
Croustillant au levain

**PREPARED IN CANADA**

**6<sup>50</sup>**

**MINI CROISSANTS**  
CHOCOLATE OR CINNAMON, 423 G  
**MINI CROISSANTS**  
21416726\_EA/21660958\_EA



**PREPARED IN CANADA**

**SAVE UP TO 1.79**

**\$6**

**FARMER'S MARKET™ COOKIES**  
SELECTED VARIETIES  
12'S  
**BISCUITS DÉLICIES DU MARCHÉ™**  
20566772\_EA/20566774\_EA



**PREPARED IN CANADA**

**6<sup>50</sup>**

**FARMER'S MARKET™ MINI DONUTS OR QUINN'S SWISS ROLLS**  
SELECTED VARIETIES  
600 G/6X 67 G  
**MINI-BEIGNES DÉLICIES DU MARCHÉ™ OU ROULÉS SUISSES QUINN'S**  
21392547\_EA/21559169\_EA



**PREPARED IN CANADA**

**\$2**

**SANTOSH NAAN**  
SELECTED VARIETIES  
5'S  
**NAAN SANTOSH**  
21671462\_EA



**PREPARED IN CANADA**

**2/\$7**  
OR 3.99 EA

**D'ITALIANO BREAD AND ROLLS**  
SELECTED VARIETIES AND SIZES  
**PAIN D'ITALIANO**  
20038335\_EA/20626949\_EA



**PREPARED IN CANADA**

**\$4**

**PC™ NAAN ROUNDS**  
SELECTED VARIETIES  
480 G  
**PAINS NAAN RONDS PC™**  
21649068\_EA



**PREPARED IN CANADA**

**SAVE UP TO .79**

**2<sup>50</sup>**

**NO NAME™ ENGLISH MUFFINS**  
SELECTED VARIETIES  
342 G  
**MUFFINS ANGLAIS SANS NOM™**  
21216413\_EA



**PREPARED IN CANADA**

**\$5**

**PC™ BRIOCHE BURGER OR HOT DOG BUNS**  
SELECTED VARIETIES  
270/300 G  
**PAINS À HAMBURGER OU HOT DOG BRIOCHE PC™**  
21094319\_EA/21431172\_EA



**PREPARED IN CANADA**

**SAVE UP TO 1.99**

**\$11**

**THE LAUGHING COW**  
SELECTED VARIETIES  
24'S  
**LA VACHE QUI RIT**  
20160091\_EA/20318139\_EA



**PREPARED IN CANADA**

**\$4**

**ZIGGY'S SLICED MEATS**  
SELECTED VARIETIES  
175 G  
**VIANDES TRANCHÉES ZIGGY'S™**  
21590279\_EA/21592461\_EA



**PREPARED IN CANADA**

**Optimum**

**Members-Only Price™**

**Members save \$1**

**14<sup>50</sup>**

**Non-members 15<sup>50</sup>**

**MAPLE LEAF NATURAL SELECTIONS DELI SLICED MEATS CLUB PACK, 375-400 G**  
**CHARCUTERIES TRANCHÉES NATURAL SELECTIONS MAPLE LEAF**  
20772015\_EA/20772016\_EA  
\*\*Must be a registered PC Optimum™ member to load and get this offer.



**PREPARED IN CANADA**

**\$6**

**ZIGGY'S DELI CHEESE SLICES**  
SELECTED VARIETIES  
160/180 G  
**TRANCHES DE FROMAGE DE CHARCUTERIE ZIGGY'S™**  
21610744\_EA/21818028\_EA



**PREPARED IN CANADA**

**\$9**


**OKA CHEESE**  
SELECTED VARIETIES  
190 G  
**FROMAGE OKA**  
20920796\_EA/20921279\_EA



**PREPARED IN CANADA**

**3<sup>25</sup>**  
/100 G

**PC™ TRADITIONAL BLACKFOREST HAM**  
DELI SERVICE CASE  
**JAMBON FORÊT NOIRE TRADITIONNEL PC™**  
20301724\_XG



**PREPARED IN CANADA**

**Optimum**

**Members-Only Price™**

**Members save \$2**

**\$4**

**Non-members \$6**

**SNACK FACTORY PRETZEL CRISPS**  
SELECTED VARIETIES  
200 G  
**PRETZEL CRISPS SNACK FACTORY**  
20948940\_EA/21676303\_EA  
\*\*Must be a registered PC Optimum™ member to load and get this offer.



**NATIONAL PRETZEL DAY**

**Optimum**

**Members-Only Price™**

**Members save \$3**

**\$4**

**Non-members \$7**

**SARDO OLIVES OR ANTIPASTO**  
SELECTED VARIETIES  
190/250 ML  
**OLIVES OU ANTIPASTO SARDO**  
20734165\_EA/20863239\_EA  
\*\*Must be a registered PC Optimum™ member to load and get this offer.



**PREPARED IN CANADA**

**\$9**

**PC™ PIES AND QUICHE**  
SELECTED VARIETIES, 550-575 G  
**PÂTES OU QUICHES PC™**  
21682000\_EA/21682154\_EA



**PREPARED IN CANADA**

**\$20**

**READY TO COOK SALMON OR CHICKEN ENTRÉE 340-508 G WITH A READY TO COOK SIDE 495-868 G**  
**PLAT CUISINÉ DE SAUMON OU POULET PRÊT À CUIRE AVEC UN PLAT D'ACCOMPAGNEMENT PRÊT À CUIRE**  
21595452\_EA/21665981\_EA



**\$9**

**INDIVIDUAL CHICKEN COMBO WITH WEDGES 361-530 G**  
**COMBO DE PORTION INDIVIDUELLE DE POULET ET POMMES DE TERRE EN QUARTIERS**  
21086094\_EA/21022536\_EA



**PREPARED IN CANADA**



President's Choice

Our top picks this week

3<sup>50</sup>

PC<sup>®</sup> DIPS OR HUMMUS 200-228 G OR NAAN DIPPERS 200 G SELECTED VARIETIES 21092033\_EA/21039152\_EA



\$8

PC<sup>®</sup> PORTUGUESE CUSTARD TARTS 360 G 21686419\_EA



\$6

PC<sup>®</sup> SKYR OR BLUE MENU<sup>®</sup> BARS SELECTED VARIETIES FROZEN, 6X80 ML 20302849003\_EA/21074199\_EA



2<sup>25</sup>

OPERATIVE DESCRIPTIVE 21012490\_EA/21013091\_EA



\$11

PC<sup>®</sup> NUTRITION FIRST<sup>®</sup> DOG FOOD SELECTED VARIETIES, 2 KG 21304456\_EA



# SUPER COUPONS

More offers.  
More points.

UP TO  
**\$50**  
IN TOTAL  
VALUE

CLICK FOR THIS  
COUPON AND MORE

Cannot be used with any other points, promotions or offers.

APRIL 16-MAY 20, 2026



With digital  
coupon, get

Optimum  
**6,000**<sup>pts</sup>

when you  
spend \$40\* on

**=\$6**  
Value

FRESH  
FRUITS OR  
VEGETABLES  
20179355001\_KG  
20145621001\_EA



With digital  
coupon, get

Optimum  
**5,000**<sup>pts</sup>

when you  
spend \$30\* on

**=\$5**  
Value

MEALKITS, SANDWICHES,  
PREPACKAGED SALADS, COLD  
CASE SALADS, SOUPS, PIZZA,  
QUICHES AND PIES OR WINGS  
21377301\_EA/21624744\_EA



With digital  
coupon, get

Optimum  
**3,000**<sup>pts</sup>

when you  
spend \$15\* on

**=\$3**  
Value

IN-STORE FRESHLY  
BAKED BREADS,  
MUFFINS, COOKIES,  
DONUTS OR CAKES  
201717171\_EA/21557835\_EA



Get

Optimum  
**1,500**<sup>pts</sup>

with digital  
coupon

**=\$150**  
Value

PC® BLUE MENU®  
MICROWAVABLE  
POPCORN  
6X80 G OR 8X32 G  
20300396\_EA



With digital  
coupon, get

Optimum  
**5,000**<sup>pts</sup>

when you  
spend \$30\* on

**=\$5**  
Value

VITAMINS OR  
SUPPLEMENTS  
20299993\_EA/21369542\_EA



**APRIL**

**HIT OF THE MONTH**

**LECLERC GO PURE BARS**  
SELECTED VARIETIES, 140-175 G  
21221434\_EA/21221451\_EA

**\$7.88**



**LIMIT 6**  
AFTER LIMIT  
3.00 EA.

**PLANTERS CASHEWS**  
SELECTED VARIETIES, 200 G  
21021617\_EA/21021618\_EA

**\$4**



**LIMIT 6**  
AFTER LIMIT  
5.00 EA.

**HARVEST CREEK HALAL CHICKEN WIENERS OR BUTCHER'S SELECTION STAMPEDE HOTDOG ORIGINAL**  
SELECTED VARIETIES, 900 G  
21309103\_EA

**\$3**



**LIMIT 6**  
AFTER LIMIT  
4.50 EA.

**LOWEST PRICES  
BEST DEALS**

As compared to other major grocery retailers within your local areas.  
Valid from April 1 - 30, 2026. While quantities last. See in-store for details.

Disney · PIXAR

# FREE STICKER PACK FOR EVERY \$25 SPENT\*

**\$5** UNIQUE ALBUM

Disney PIXAR ANIMAL FRIENDS STICKER COLLECT AND DISCOVER INTERESTING ANIMAL FACTS

\*WHILE SUPPLIES LAST FROM APRIL 9TH UNTIL MAY 6TH, 2026. EXCLUSIONS APPLY. VISIT WWW.LOBLAWUNIVERSE.CA OR IN-STORE FOR EXCLUSIONS AND COMPLETE OFFER DETAILS.

## SPEND \$10\* ON SELECT

KRAFT, HEINZ, PHILADELPHIA, MAXWELL HOUSE, NABOB, TASSIMO, TACO BELL, CLASSICO, GARDEN SELECT, CRAVE, BAGEL BITES, MIO, CRYSTAL LIGHT, JELL-O, RENEE'S, BULL'S-EYE OR DIANA PRODUCTS AND GET ONE BONUS STICKER PACK

20866924010\_EA/ 21085515\_EA/21618217\_EA/ 21594513\_EA/20039581001\_EA

## SPEND \$10\* ON SELECT

CHEERIOS, OATMEAL CRISP, NATURE VALLEY, OLD EL PASO, PILLSBURY OR ANNIE'S PRODUCT AND GET A BONUS CARD PACK

21104047\_EA/21667577\_EA/20316187001\_EA/20306992001\_EA

## SPEND \$15\* ON SELECT

COCA-COLA, CANADA DRY, SPRITE, A&W, FANTA, FRESCA, AHA, VITAMINWATER, SMARTWATER, PEACE TEA, FUZE, MONSTER ENERGY, POWERADE OR BODY ARMOR AND GET ONE BONUS STICKER PACK

20318694002\_EA/20304419001\_EA/20305840001\_EA/20853723\_EA/21166000\_EA

## SPEND \$15\* ON SELECT

CRACKER BARREL, BLACK DIAMOND, IÖGO, ASTRO OR LACTANTIA PRODUCTS AND GET A BONUS STICKER PACK

21290384\_EA/20763661\_EA/20986474\_EA/21290222\_EA/20165226001\_EA/21694605\_EA

## SPEND \$12\* ON SELECT

CAMPBELL'S READY TO SERVE SOUPS 515 ML, HABITANT SOUP 796 ML, SNYDER'S PRETZELS 240 G, CHUNKY 515 ML, GOLDFISH CRACKERS OR SNACK FACTORY CRISPS 200 G AND GET ONE BONUS STICKER PACK

21479030\_EA/20300320\_EA/20316052001\_EA/20948940\_EA

Disney · PIXAR

# FREE STICKER PACK FOR EVERY \$25 SPENT\*

\$5  
UNIQUE  
ALBUM

\*WHILE SUPPLIES LAST FROM APRIL 9TH UNTIL MAY 6TH, 2026. EXCLUSIONS APPLY. VISIT WWW.LOBLAWUNIVERSE.CA OR IN-STORE FOR EXCLUSIONS AND COMPLETE OFFER DETAILS.

## SPEND \$15\* ON SELECT

**CHRISTIE CRACKERS, CHRISTIE COOKIES, CADBURY, HALLS OR CLIF ENERGY BARS AND GET ONE BONUS STICKER PACK**  
21547034\_EA/21358407\_EA/21664843\_EA

## SPEND \$10\* ON SELECT

**NESCAFÉ, STARBUCKS COFFEE OR MAISON PERRIER BEVERAGE PRODUCTS AND GET ONE BONUS STICKER PACK**  
20873036\_EA/20547343006\_EA/21576465\_C08

## SPEND \$15\* ON SELECT

**ROYALE PAPER PRODUCTS AND GET ONE BONUS STICKER PACK**  
21378233\_EA/21484732\_EA/20705292\_EA

## SPEND \$9\* ON SELECT

**MILK 2 GO OR ARMSTRONG PROTEIN STICKS AND GET ONE BONUS STICKER PACK**  
21065263\_EA/21537885\_EA/21694973\_EA

## SPEND \$10\* ON ANY

**PC BLUE MENU PRODUCTS AND GET ONE BONUS STICKER PACK**  
21747404\_C12/20057669001\_EA/20307025002\_EA/20538593001\_EA/20631288004\_EA/20941224\_EA

## SPEND \$10\* ON SELECT

**PC OR NO NAME CHIPS, POPCORN OR PRETZELS AND GET ONE BONUS STICKER PACK**  
21654374\_EA/21686985\_EA/21712080\_EA/21712032\_EA



# Disney · PIXAR FREE STICKER PACK FOR EVERY \$25 SPENT\*

**\$5**  
UNIQUE  
ALBUM



\*WHILE SUPPLIES LAST FROM APRIL 9TH UNTIL MAY 6TH, 2026. EXCLUSIONS APPLY. VISIT WWW.LOBLAWUNIVERSE.CA OR IN-STORE FOR EXCLUSIONS AND COMPLETE OFFER DETAILS.

**4.25**

**ASTRO TUBS** 650/750 G OR  
**IÓGO NANO BUBBLES**  
4X100 G  
SELECTED VARIETIES  
20143263\_EA/21719739\_EA

PREPARED IN CANADA

**SAVE UP TO 33%**

**\$4**

**HEALTHY CHOICE STEAMERS** 269-306 G OR **SIMPLY STEAMERS** 255-283 G  
SELECTED VARIETIES FROZEN  
20318616005\_EA/20974538\_EA

**4.50**

**CASA MENDOSA TORTILLAS**  
SELECTED VARIETIES  
640 G  
20318788\_EA/20276307\_EA

**3.50**

**PILLSBURY PIZZA POPS**  
SELECTED VARIETIES, FROZEN  
4X380 G  
21435996\_EA/21436023\_EA

PREPARED IN CANADA

**5.49**

**CORE POWER PROTEIN SHAKE**  
SELECTED VARIETIES, 414 ML  
21731564\_EA/21731701\_EA

**\$2**

**CAMPBELL'S SOUP READY TO SERVE**  
SELECTED VARIETIES, 515 ML  
21479024\_EA/21479122\_EA

**7.99**

**MAISON PERRIER SPARKLING WATER BEVERAGE**  
SELECTED VARIETIES, 8X330 ML  
21509060\_C08/21575556\_C08

**\$25**

**McCafé K-CUPS**  
SELECTED VARIETIES, 30'S  
21240975\_EA/21363982\_EA

GET 2,000 back in points

**\$4**

**SNYDER'S OF HANOVER PRETZEL PIECES**  
SELECTED VARIETIES, 240 G  
20316052001\_EA/20316052004\_EA

**ALWAYS LOW PRICE**

**\$13**

**PC BLUE MENU CHICKEN BREAST**  
BONELESS, SKINLESS  
3'S UP TO 630 G  
21340952\_EA

CANADIAN POULTRY

**SAVE 1.99**

**\$15**

**PC DELI CHEESE SLICES**  
SELECTED VARIETIES, 500 G  
20250536\_EA

PREPARED IN CANADA

**\$6**

**PC BLUE MENU MARGARINE**  
SELECTED VARIETIES, 907 G  
20604430\_EA/20604565\_EA

**5.50**

**PC BLUE MENU TWICE THE FRUIT™ FRUIT SPREAD**  
SELECTED VARIETIES, 500 ML  
20300537\_EA/20318704\_EA

PREPARED IN CANADA

**\$23**

**PC BLUE MENU LEAN OR ANGUS BEEF BURGERS**  
FROZEN, 1.02-1.13KG  
20941224\_EA/21029192\_EA

PREPARED IN CANADA

**3.75**

**PC OR BLUE MENU TORTILLAS**  
10 INCH, SELECTED VARIETIES  
342-650 G  
20182857\_EA/20185659\_EA

# SHOP THE WORLD IN OUR AISLES\*

From bok choy to basmati rice, find international ingredients at low prices.

[SHOP NOW](#)

**\$14**

**PC<sup>®</sup> SPLIT CHICKEN WINGS**  
UP TO 810 G  
213409073\_NG

**CHICKEN POULET**  
SPECIALLY SELECTED AND TRIMMED SELECTION ET PARÉ AVEC SOIN

**CANADIAN POULTRY**

**\$4**

**RED ONIONS**  
PRODUCT OF CANADA, MEXICO, U.S.A. OR NETHERLANDS, 3 LB  
20811362001\_EA

**6<sup>50</sup>**

**T&T<sup>®</sup> PACIFIC WHITE SHRIMP RAW** 30-40/LB, 400 G OR **COOKED** 21-25/LB, 300 G, FROZEN  
21689820\_EA/21689868\_EA

**Pacific White Shrimp**  
Crevettes blanches du Pacifique  
RAW • HEAD-ON • SHELL-ON  
CRUES • AVEC TÊTE • EN CARAPACE

**Pacific White Shrimp**  
Crevettes blanches du Pacifique  
COOKED • HEAD-ON • SHELL-ON  
CUITES • AVEC TÊTE • EN CARAPACE

**\$15**

**SUFRA<sup>®</sup> HALAL BEEF STEW**  
454 G  
21395711\_EA

**Sufra<sup>®</sup> HALAL**  
Boneless Stewing Beef  
Bœuf à ragoût désossé

**\$6**

**ASIAN INSPIRATIONS ENTRÉES**  
SELECTED VARIETIES, FROZEN, 400 G  
21047376\_EA/21047378\_EA

**GINGER BEEF**

**PINEAPPLE LEMON TEMPURA STYLE CHICKEN**

**2<sup>50</sup>**

**RUBICON JUICES**  
SELECTED VARIETIES, 1L/4X200 ML  
20029236001\_EA/20296770001\_EA

**Rubicon**  
Exotic Juice Drink

**Guava**  
Exotic Juice Drink

**Mango**  
Exotic Juice Drink

**1<sup>50</sup>**

**PRAN INSTANT NOODLES**  
SELECTED VARIETIES, 280 G  
21685517\_EA/21685721\_EA

**Pran**  
Instant Noodles

**Chicken Flavor**

**Curry Flavor**

**\$2** LB  
4.41/KG

**NAPPA CABBAGE**  
PRODUCT OF MEXICO OR U.S.A. OR **CHINESE JUMBO CARROTS**  
PRODUCT OF CHINA  
20851084001\_KG/20142055001\_KG

**8<sup>50</sup>**

**BRU INSTANT COFFEE**  
200 G  
20176654\_EA

**BRU Instant**  
INSTANT COFFEE AND ROASTED CHEESE

**3<sup>50</sup>**

**LAY'S<sup>®</sup> POTATO CHIPS**  
SELECTED VARIETIES, 200 G  
21663082\_EA/21663218\_EA

**Lay's**  
Magic Masala

**Honey Butter**

**\$15**

**BRAR'S DESI STYLE DURUM FLOUR**  
9.07 KG  
20657367\_EA

**SHER**  
DURUM ATTA  
DESI STYLE

**2<sup>50</sup>**

**BRITANNIA GOOD DAY COOKIES** 231 G OR **FIFTY FIFTY COOKIES** 372 G  
SELECTED VARIETIES  
21023105\_EA/21205822\_EA

**BRITANNIA**  
50 SWEET & SALTY

**Good Day**  
CASHEW COOKIES  
BISCUITS AU CAJOU

**1<sup>50</sup>**

**KURKURE SNACKS**  
SELECTED VARIETIES, 115 G  
20659742\_EA/21361077\_EA

**Kurkure**  
CHILLI CHATKA

**MASALA MUNCH**

**\$11**

**TILDA BASMATI RICE**  
SELECTED VARIETIES, 1.81 KG  
20013920\_EA

**Tilda**  
PURE BASMATI  
BASMATI PUR


# SHOP THE WORLD IN OUR AISLES\*

From bok choy to basmati rice, find international ingredients at low prices.

[SHOP NOW](#)

**\$2** LB  
4.41/KG


**JAPANESE SWEET YAMS**  
PRODUCT OF CANADA  
20524922001\_KG



**PRODUCT OF CANADA**


**\$3** LB  
6.61/KG

**BABY OR SHANGHAI BOK CHOY**  
PRODUCT OF MEXICO OR U.S.A. OR LONG EGGPLANT  
PRODUCT OF MEXICO  
20082279001\_KG/20159013001\_KG



**\$3**

**SNOW OR SUGAR SNAP PEAS**  
PRODUCT OF CHINA, 200 G  
21023553001\_EA/21023581001\_EA



**588** LB  
12.96/KG

**PORK BELLY PORTION**  
20793502\_KG



**999** LB  
22.02/KG

**NEW ZEALAND SHORT CUT LAMB LEG FROZEN**  
20142553\_KG



**INCLUDES HALAL**

**\$12**

**OCEAN ANGEL WILD CAUGHT CALIFORNIA SQUID**  
1 KG  
20123461\_EA

CONGÉLÉ/FROZEN  
CALMAR DE CALIFORNIE  
WILD CAUGHT CALIFORNIA SQUID  
**CALMAR / CALAMARI**  
Produit à consommer très rapidement. PRODUCT OF U.S.A.  
Del Mar Seafoods, Inc. Watsonville, CA 95076  
POIDS NET 1kg/2.2 lb.



**\$5**

**SURAJ NAAN FLATBREADS**  
SELECTED VARIETIES, 10'S  
20342261\_EA/20343319\_EA



**\$7**

**TATA LOOSE BLACK TEA**  
SELECTED VARIETIES, 450 G  
21407291\_EA/21407294\_EA



**\$5**

**SUMMI SPRING ROLLS OR DUMPLINGS**  
SELECTED VARIETIES, 250-350 G  
20506965\_EA/21114397\_EA



**PREPARED IN CANADA**

**250**

**HALDIRAM'S MINUTE KHANA PAV BHAJI OR DUM BIRYANI**  
SELECTED VARIETIES, 200/300 G  
21446758\_EA/21446759\_EA



**\$3**

**CHARRAS CORN TOSTADAS**  
SELECTED VARIETIES, 350 G  
21117787\_EA/21117797\_EA



**2/\$6**  
OR 4.00 EA

**FONTAINE SANTÉ TOFU**  
EXTRA FIRM, PLAIN, 400 G  
21290707\_EA



**PREPARED IN CANADA**

**225**

**VALENTINA HOT SAUCE 370 ML OR LA COSTEÑA CHIPOTLE PEPPER SAUCE 220 ML**  
SELECTED VARIETIES  
20056649002\_EA/20823424\_EA



**350**

**LA COSTEÑA JAR SAUCES**  
SELECTED VARIETIES, 455 ML  
20318656001\_EA/20318656002\_EA



**850**

**PAN CORN MEAL OR MASECA MASA FLOUR**  
SELECTED VARIETIES,  
1.8/2.27 KG  
21019067\_EA/21457445\_EA



# NATURE'S CANDY

Naturally sweet prices.

FRESH PROMISE

**3.99**  
LB  
8.80/KG

**PC EXTRA LARGE GREEN SEEDLESS GRAPES**  
PRODUCT OF MEXICO OR CHILE, NO. 1 GRADE OR  
**PC EXTRA LARGE RED SEEDLESS GRAPES**  
PRODUCT OF CHILE, NO. 1 GRADE  
20425775001\_KG/20159199001\_KG



**PC BLACK SABLE GRAPES**  
PRODUCT OF CHILE, NO. 1 GRADE  
20711275001\_KG

**3.99**  
LB  
8.80/KG



**4.99**  
LB  
11.00/KG

**PC PINK MUSCAT GRAPES**  
PRODUCT OF CHILE,  
NO. 1 GRADE  
205962311001\_KG



**\$4**

**GOLDBERRIES**  
PRODUCT OF COLOMBIA, 170 G  
20845869\_EA



**\$4**

**RASPBERRIES**  
PRODUCT OF MEXICO  
OR U.S.A., 170 G  
20128938001\_EA



**RESERVE BLACKBERRIES**  
PRODUCT OF MEXICO, 283 G  
21724952001\_EA

**\$8**



**\$7**

**PC BLUAROMA BLUEBERRIES**  
PRODUCT OF MEXICO,  
PERU OR MOROCCO, 278 G  
20573077\_EA





# GREEN THUMBS UP

OUR GARDEN CENTRE IS NOW OPEN!

100% CANADIAN GROWERS

**FROM \$10** **SPRING BULBS, PLANT NOW FOR SUMMER BLOOMS**  
SELECTED VARIETIES  
21426151\_EA

**4.99** **GROW YOUR OWN SELECTION OF ONIONS**  
SELECTED VARIETIES  
21430587\_EA

**10.49** **SEED POTATOES**  
SOURCED FROM CANADIAN FARMERS  
21348244\_EA/21348211\_EA

**\$23** **PC LAVENDER SHRUB**  
8 INCH  
21573051\_EA

PRODUCT OF CANADA

**2/\$9**  
OR 5.00 EA

**PERENNIALS**  
EARLY SEASON VARIETIES, 9 CM  
21347591\_EA

PRODUCT OF CANADA

**2/\$16**  
OR 9.00 EA

**PERENNIALS**  
EARLY SEASON VARIETIES, 13 CM  
21347592\_EA

PRODUCT OF CANADA

**4/\$14**  
OR 3.75 EA

**PC BLACK EARTH SOIL**  
25 L  
21357792\_EA

PRODUCT OF CANADA

**2/\$14**  
OR 8.00 EA

**PC ENRICHED LAWN SOIL**  
25 L  
21349080\_EA

PRODUCT OF CANADA

**\$11**

**PC FLOWER AND GARDEN BED SOIL**  
50 L  
21363856\_EA

PRODUCT OF CANADA

**2/\$7**  
OR 3.99 EA

**PC YARD WASTE BAGS**  
SELECTED VARIETIES  
5'S  
20429980\_EA

PRODUCT OF CANADA

**9.48**

**NO NAME ALL-PURPOSE SOIL**  
50 L  
21358664\_EA

PRODUCT OF CANADA

**2/\$9**  
OR 4.75 EA

**NO NAME COW MANURE COMPOST**  
12.5 KG  
21349331\_EA

PRODUCT OF CANADA

**3/\$12**  
OR 4.50 EA

**NO NAME CEDAR MULCH**  
AVAILABLE IN NATURAL, BLACK OR RED, 42.5 L  
21358531\_EA

PRODUCT OF CANADA

**2/\$14**  
OR 8.00 EA

**PC POTTING SOIL**  
25 L  
21349090\_EA

PRODUCT OF CANADA

**FROM \$5**

**PLANT FOOD FERTILIZER**  
SELECTED VARIETIES AND SIZES  
21567296\_EA/21567431\_EA

**FROM \$12**

**GRASS SEED**  
SELECTED VARIETIES AND SIZES  
21359465\_EA/21359479\_EA

GARDEN DÉCOR, POTS, TOOLS OR WATERING ACCESSORIES  
SELECTED STYLES



SEE GARDEN CENTRE FOR RETAILS

# SUPER YOUR EVERYDAY

**\$5**

**JOHNVINCE FOODS SOUR JUBES**  
320 G  
21694414\_EA

**\$5**

**JOHNVINCE FOODS CANDY GUMMI BEARS**  
280 G  
21694433\_EA

**\$5**

**JOHNVINCE FOODS BIG FOOT JUBES**  
250 G  
21694364\_EA

**\$6**

**JOHNVINCE FOODS CHOCOLATY MACAROONS**  
260 G  
21694365\_EA

**\$9**

**JOHNVINCE FOODS MILK CHOCOLATE COVERED PRETZELS**  
220 G  
21694552\_EA

**\$9**

**JOHNVINCE FOODS MILK CHOCOLATE COVERED ALMONDS**  
240 G  
21694486\_EA

**\$9**

**JOHNVINCE FOODS ROASTED SALTED ALMONDS**  
200 G  
21694356\_EA

**\$9**

**JOHNVINCE FOODS RAW CASHEWS**  
250 G  
21694287\_EA

**\$10**

**JOHNVINCE FOODS RAW BRAZIL NUTS**  
250 G  
21694372\_EA

**Optimum**  
Members-Only Price\*\*  
**\$16**  
Non-members  
**\$17**

Members save **\$1**

**NATURSOURCE ALMONDS OR NUT MIXES**  
SELECTED VARIETIES, 500/550 G  
21195937\_EA/21196004\_EA  
\*\*Must be a registered PC Optimum™ member to load and get this offer.

**Optimum**  
Members-Only Price\*\*  
**\$14**  
Non-members  
**\$15**

Members save **\$1**

**NATUR SOURCE SALAD TOPPERS**  
SELECTED VARIETIES, 575-625 G  
21166217\_EA/21192085\_EA  
\*\*Must be a registered PC Optimum™ member to load and get this offer.

**\$18**

**PC NUTS**  
SELECTED VARIETIES, 680/907 G  
21404746\_EA/21404808\_EA

**3/\$10**  
OR 4.49 EA

**FERRERO ROCHER PREMIUM CHOCOLATE BARS**  
SELECTED VARIETIES  
90 G  
21428863\_EA/21428865\_EA

**2/\$8**  
OR 4.99 EA

**KINDER SURPRISE T3 OR KINDER CHOCOLATE BART6 OR KINDER BUENO MINI T27**  
SELECTED VARIETIES  
20791031\_EA  
21167341\_EA

**2/\$10**  
OR 5.99 EA

**LINDT EXCELLENCE CHOCOLATE BARS** 80-200 G OR **GHIRARDELLI CHOCOLATE BARS** 138 G  
SELECTED VARIETIES  
20312527005\_EA  
20312527009\_EA

**10<sup>50</sup>**

**LINDT LINDOR TRUFFLES** 142-151 G OR **GHIRARDELLI CHOCOLATE SQUARES** 151-153 G  
SELECTED VARIETIES  
21390291\_EA/21390363\_EA

# ALWAYS LOW PRICE

**ALWAYS LOW PRICE**

**\$10**

**FROZEN CHICKEN, MEATBALLS, WIENERS OR SNACKS**  
SELECTED VARIETIES  
FROZEN, 700 G-1.8 KG/6X1.13 KG  
21447587\_EA/21669059\_EA

**PEPPERONI PIZZA SNACKS**  
PREPARED PIZZA SNACKS IN A COUSCIOUS CRUST  
UNCOOKED - PRODUCT OF USA  
**COLLATIONS PIZZAS PEPPERONI!**  
COLLECTION DE PIZZA EN PETITES PARTIES DANS UNE CRÔUTE DOUCE  
NON CUIT - PRODUIT DES É.U.

**BREADED WHITE MEAT CHICKEN STRIPS**  
NON CUIT/POUR CUIRE  
**LANIÈRES DE POULET PANÉES VIANDE BLANCHE**  
NON CUIT/POUR CUIRE

NET WT./ POIDS NET 1.5 kg

**ALWAYS LOW PRICE**

**\$10**

**WILD SMOKED SALMON, PINK SALMON, SOLE, BASA, BREADED POLLOCK FILLETS, ATLANTIC SALMON PORTIONS, BREADED SQUID RINGS OR POPCORN SHRIMP**  
FROZEN  
200-900 G  
21473104\_EA/21473748\_EA

**SKIN-ON - AVEC PEAU BONELESS - DESARÊTÉS**  
**WILD PINK SALMON PORTIONS**  
UNFROZEN - NON CUIT  
**PORTIONS DE SAUMON ROSE SAUVAGE**

650 g (1.43 lbs) | 4-5 portions

**SKINLESS - SANS PEAU BONELESS - DESARÊTÉS**  
**BASA FILLETS**  
UNCOOKED - NON CUIT  
**FILETS DE PANGASIU**

908 g (2 lbs) | 4-7 portions

**ALWAYS LOW PRICE**

**\$3**

**POPEYE SELECT SPINACH**  
PRODUCT OF U.S.A.  
283 G  
20196570\_EA

**POPEYE Fresh!**  
**Select Spinach**  
Flavorful spinach for soups and salads  
**Épinards de choix**  
De saveurs épinards pour la soupe et les salades

Ready to Eat / Prêt à manger

**ALWAYS LOW PRICE**

**\$13**

**SEAQUEST SHRIMP RING WITH MILD COCKTAIL SAUCE**  
FROZEN  
454 G  
21687413\_EA

**SEAQUEST**  
COOKED - CUITES  
45-53 PORTIONS  
**Shrimp Ring**  
with mild cocktail sauce  
**Couronne de crevettes**  
avec sauce cocktail

454 g (1 lb) | 114 g (4 oz) per portion

**ALWAYS LOW PRICE**

**\$7**

**BUTTER CROISSANTS**  
BAKED-IN-STORE  
12'S  
21683000\_EA

**PREPARED IN CANADA**

**ALWAYS LOW PRICE**

**\$2**

**FRENCH OR ITALIAN BREAD**  
BAKED-IN-STORE  
SELECTED VARIETIES, 383 G  
20345208\_EA/20788443\_EA

**PREPARED IN CANADA**

**ALWAYS LOW PRICE**

**\$7**

**BASSÉ NUTS**  
SELECTED VARIETIES  
415-600 G  
21158613\_EA/21158603\_EA

**BASSÉ**

**CLASSIC TRAIL**  
Mix / Mélange  
**RANDONNÉE CLASSIQUE**

600 g

**DARK CHOCOLATEY CRANBERRY**  
Mix / Mélange  
**CHOCOLATE AVEC CANNEBERGES**

480 g

**ALWAYS LOW PRICE**

**\$3**

**NO NAME FROZEN FRUIT**  
SELECTED VARIETIES  
FROZEN, 300/400 G  
21545106\_EA

**Naturally Imperfect**  
**Naturellement imparfaits**

sliced strawberries / fraises tranchées

400 g CANADA B

**ALWAYS LOW PRICE**

**\$4.50**

**PC ORGANICS ANIMAL COOKIES**  
SELECTED VARIETIES  
250 G  
20181028\_EA  
20304981\_EA

**Organics**  
**ORIGINAL**  
Animal Cookies

**Organics**  
**CHOCOLATE**  
Animal Cookies

250 g

**ALWAYS LOW PRICE**

**\$4**

**PC ORGANICS APPLE SAUCE OR FRUIT PURÉE**  
SELECTED VARIETIES  
6X100 ML/113 G  
20320493001\_EA  
20320493002\_EA

**Organics**  
unsweetened **APPLE CINNAMON**

**Organics**  
unsweetened **APPLE**

**ALWAYS LOW PRICE**

**\$5**

**LIFE BRAND LIQUID HAND SOAP REFILL**  
SELECTED VARIETIES  
2 L  
21357613003\_EA  
21357613004\_EA

**life**  
**Aloe Vera Aloès**

**life**  
**Fresh Scent Parfum frais**

2L

# SUPER YOUR EVERYDAY

**SAVE 1.08**  
WHEN YOU BUY 2

**2/750**  
OR 4.29 EA

**NO NAME® CREAM CHEESE BRICK**  
SELECTED VARIETIES  
227/250 G  
20308105001\_EA  
21036106\_EA

cream cheese spread  
farinçage au fromage à la crème

no name® sans nom®  
pasteurized cream cheese  
fromage à la crème pasteurisé

PREPARED IN CANADA

**250**

**NO NAME® LEMONADE OR ICED TEA**  
SELECTED VARIETIES  
1.75 L  
21666389\_EA  
21666561\_EA

no name®  
pink lemonade

no name®  
iced tea

PREPARED IN CANADA

**SAVE UP TO 1.29**

**\$4**

**KOZYSHACK RICE PUDDING**  
SELECTED VARIETIES  
624 G OR 4X113 G  
20321764001\_EA  
20323829001\_EA

Original Recipe Rice Pudding  
Recette originale pudding au riz

NO SUGAR ADDED  
NO CALORIES + 1.5 g Fat Free

Simply Well  
Tapoca Pudding

**SAVE .98**  
WHEN YOU BUY 2

**2/\$5**  
OR 2.99 EA

**BETTY CROCKER FROSTINGS**  
340-450 G OR SUPERMOIST CAKE MIX  
375-404 G  
SELECTED VARIETIES  
20562648007\_EA  
21547837\_EA

Whipped

Super Moist  
Rainbow Bit • Brûlures arc-en-ciel

**350**

**POST CEREAL**  
SELECTED VARIETIES  
283-525 G  
20299648\_EA  
21427214\_EA

Shreddies  
Original • Originale

Honeycomb  
CLASSIC TASTE  
SOFT CLUSTERS

**GET 3,000**  
when you spend \*10\* on

**\$3**  
back in points

**KELLOGG'S ALL-BRAN, RAISIN BRAN, VECTOR, SPECIAL K OR MINI-WHEATS CEREAL**  
SELECTED VARIETIES  
210 G-1.05 KG  
21450814\_EA/21652093\_EA

Rice Krispies

Two Scoops Raisin Bran

**\$10**

**PC® VEGETABLES**  
SELECTED VARIETIES  
FROZEN, 1.75 KG  
20713420\_EA  
20713450\_EA

THAI-STYLE  
MÉLANGE DE LÉGUMES  
TAÏLANDAIS

CALIFORNIA  
VEGETABLE BLEND • MÉLANGE DE LÉGUMES À LA CALIFORNIENNE

CLUB SIZE

**350**

**BAILEYS COFFEE CREAMER**  
SELECTED VARIETIES  
400 ML  
20712985001\_EA  
20712985004\_EA

THE ORIGINAL IRISH CREAM

COFFEE CREAMER

FRENCH VANILLA

**949**

**NO NAME® CHEESE BARS**  
700 G OR PC® SHREDDED CHEESE 620 G  
SELECTED VARIETIES  
20973773\_EA  
21060181\_EA

TRIPLE CHEDDAR  
CHEESE BLEND  
MÉLANGE DE FROMAGES

marble farmer's cheese • fromage farmer's marbré

**\$5**

**HELUVA GOOD! DIP**  
680 G  
20312788001\_EA

French Onion  
Oignon à la française

Heluva Good!

**450**

**WRIGLEY'S EXCEL OR JUICY FRUIT CHEWING GUM**  
SELECTED VARIETIES  
80-94, 49 G  
20215306\_EA  
20310919002\_EA

excel

PEARMINT  
MENTHE VERBE

**2/\$8**  
OR 4.99 EA

**GOGO SQUEEZ FRUIT SAUCE**  
SELECTED VARIETIES  
360/388 G  
20322697002\_EA  
21701912\_EA

no sugar added  
apple apple

apple cinnamon

**550**

**TWININGS TEA**  
SELECTED VARIETIES  
20'S  
20300740001\_EA  
21056860\_EA

Peppermint & Creamy Vanilla  
Menthe poivrée et velouté de vanille

HERBAL TEA/TISANE

Lemon & Ginger  
Citron et gingembre

**2/\$8**  
OR 4.79 EA

**MIO, KOOL-AID, TANG, COUNTRY TIME, KRAFT OR CRYSTAL LIGHT LIQUID WATER ENHANCERS OR DRINK MIXES**  
SELECTED VARIETIES  
22-48 ML/31-45 G  
20663423\_EA  
21634119\_EA

mio HYDRATE

BERRY BURST

ZERO SUGAR  
NATURAL FLAVORS  
10 x 3.8 g PACKETS

**3/\$9**  
OR 3.79 EA

**KELLOGG'S NUTRI-GRAIN BARS, RICE KRISPIES BARS, SPECIAL K CRISPY BARS OR POP TARTS**  
SELECTED VARIETIES  
20126567001\_EA  
20313984001\_EA

Rice Krispies

Nutri-Grain

STRAWBERRY FRAISES

**\$5**

**CHRISTIE PREMIUM PLUS CRACKERS**  
SELECTED VARIETIES  
402-481 G  
21109001\_EA  
21109004\_EA

PREMIUM PLUS  
UNSALTED TOPS

PREMIUM PLUS  
SALTED TOPS

**\$20**

**ROYALE ORIGINAL TOILET PAPER**  
30=60 ROLLS  
21378233\_EA

ROYALE

Original soft-tout doux

**\$5**

**SCRUBBING BUBBLES BATHROOM CLEANER 946-950 ML/823 G OR TOILET FRESH BRUSH, EASY PEASY 946 ML/385 G, FANTASIK 650 ML OR WINDEX GLASS CLEANER 765-950 ML**  
SELECTED VARIETIES  
20125323001\_EA/21666832\_EA

Windex

EASY PEASY

**350**

**NO NAME® FOIL**  
SELECTED VARIETIES  
50 FT  
21119987\_EA

aluminum foil  
papier d'aluminium

**\$7**

**PURINA FRISKIES DRY CAT FOOD**  
SELECTED VARIETIES  
1.4-1.5 KG  
20912515\_EA

Friskies

7 FAVOURITES

# FEEL GOOD CHOICES AT FEEL GOOD PRICES

**SAVE UP TO 18%**

**3<sup>50</sup>**

**RISE KOMBUCHA**  
SELECTED VARIETIES, 414 ML  
21295362\_EA/21439309\_EA

**\$26**

**GET 1,000<sup>®</sup> back in points**

**RXBAR PROTEIN BARS OR KELLOGG'S STRAWBERRY PROTEIN BAR**  
SELECTED VARIETIES, 12X52 G  
21189855\_C12/21189858\_C12

**UP TO 20% OFF**

**ELAN ORGANIC SEEDS OR DRIED FRUITS**  
SELECTED VARIETIES, 125-250 G  
20985771\_EA/21027165\_EA

**\$8**

**SUNBUTTER SUNFLOWER BUTTER**  
SELECTED VARIETIES, 454 G  
20016641001\_EA/20987460\_EA

**PREPARED IN CANADA**

**2/\$5**  
OR 3.29 EA

**ANNIE'S MAC & CHEESE**  
SELECTED VARIETIES, 149-170 G  
20316187001\_EA/20811201\_EA

**\$6**

**ZEVIA ZERO SUGAR SODA**  
SELECTED VARIETIES, 6X355 ML  
21046233\_C06/21407494\_C06

**\$30**

**KICKING HORSE ORGANIC WHOLE BEAN COFFEE** 850 G OR **ORGANIC GROUND COFFEE** 708 G  
SELECTED VARIETIES  
21588734\_EA/21628219\_EA

**PREPARED IN CANADA**

**SAVE 10%**

**12<sup>59</sup>**

**ORANGE NATURALS SUPPLEMENTS**  
SELECTED VARIETIES AND SIZES  
15/450 ML, 150 G OR 30-90'S  
21065667\_EA/21096218\_EA/21528197\_EA

**SAVE UP TO 26%**

**5<sup>50</sup>**

**OLYMPIC ORGANIC YOGURT**  
SELECTED VARIETIES  
650 G  
20316485005\_EA/20316485006\_EA

**\$10**

**NATURE'S PATH ORGANIC BAGGED CEREAL**  
SELECTED VARIETIES  
650-907 G  
20312067001\_EA/20319302001\_EA

**11<sup>50</sup>**

**DAIYA DAIRY-FREE PIZZA**  
SELECTED VARIETIES  
359-550 G  
21683863\_EA

**\$4**

**PC ORGANIC PLANT-BASED PUFFS**  
SELECTED VARIETIES  
142 G  
21358684\_EA/21716046\_EA

**5<sup>50</sup>**

**DRIZZILICIOUS MINI RICE CAKES**  
SELECTED VARIETIES  
113 G  
21240808\_EA/21615873\_EA

**8<sup>50</sup>**

**PC ORGANICS FROZEN FRUIT**  
SELECTED VARIETIES  
600 G  
21357574\_EA/20431483002\_EA

**\$39**

**LEANFIT ORGANIC PLANT PROTEIN** 715 G OR **WHEY PROTEIN** 825-875 G  
SELECTED VARIETIES  
21395716\_EA/21558982\_EA

**2<sup>50</sup>**

**SILK NON-DAIRY BEVERAGES**  
SELECTED VARIETIES  
946 ML  
20555265002\_EA/21357955\_EA

**\$12**

**NATURE CLEAN LAUNDRY LIQUID**  
SELECTED VARIETIES  
3 L  
20067905\_EA/21205741\_EA

**5<sup>50</sup>**

**SILK CREAMER**  
SELECTED VARIETIES  
890 ML  
21245361\_EA/21423292\_EA



**CUDDLY  
DEALS,  
TINY  
PRICES**



**2/\$6**  
OR 3.99 EA

**LITTLE BELLIES  
ORGANIC PICK-ME  
STICKS**  
SELECTED VARIETIES, 16 G  
21540210\_EA/21540211\_EA

**10+ MONTHS**

**2/\$10**  
OR 5.99 EA

**AMARA ORGANIC  
SMOOTHIE MELTS OR  
FRUIT BITES**  
SELECTED VARIETIES, 23 G  
21426240\_EA/21536119\_EA

**8+ MONTHS**

**\$3**

**PC<sup>®</sup> ORGANICS MINI  
CEREAL BARS**  
SELECTED VARIETIES, 160 G  
20431341\_EA/20431441001\_EA

**LIMIT 6  
OVER LIMIT PAY  
3.50 EA**

**12+ MONTHS**

**\$50**

**ENFAMIL A+  
NEUROPRO OR  
GENTLEASE BABY  
FORMULA  
POWDER TUB**  
SELECTED VARIETIES, 553/587 G  
21589117\_EA/21589230\_EA

**LIMIT 4  
OVER LIMIT PAY  
54.99 EA**

**\$38**

**ENFAGROW  
NUTRITIONAL  
SUPPLEMENT MILK-  
BASED POWDER**  
SELECTED VARIETIES, 907 G  
21694898\_EA/21694972\_EA

**LIMIT 4  
OVER LIMIT PAY  
42.99 EA**

**\$70**

**SIMILAC 360 TOTAL  
CARE MILK-CARE  
IRON-FORTIFIED  
INFANT FORMULA  
STEP 1 & 2**  
SELECTED VARIETIES, 16X235 ML  
21702863\_C16/21702882\_C16

**LIMIT 4  
OVER LIMIT PAY  
89.99 EA**

**\$27**

**HUGGIES PULL-UPS  
CLUB PACK TRAINING  
PANTS**  
SELECTED VARIETIES, 28-74'S  
21371199\_EA/21371223\_EA

**LIMIT 4  
OVER LIMIT PAY  
32.99 EA**

**\$29**

**PAMPERS SUPER BIG  
PACK DIAPERS**  
SIZE N-8, SELECTED VARIETIES  
32-120'S  
21370844\_EA/21455660\_EA

**LIMIT 4  
OVER LIMIT PAY  
34.99 EA**

**\$35**

**MILLIE MOON DIAPERS  
ECONO PACKS**  
SELECTED VARIETIES AND SIZES  
21590508\_EA/21590526\_EA

**LIMIT 4  
OVER LIMIT PAY  
39.99 EA**

**\$25**

**HUGGIES 16X  
BABY WIPES**  
SELECTED VARIETIES, 960-1152'S  
21083819\_EA

**LIMIT 4  
OVER LIMIT PAY  
29.99 EA**

**\$35**

**PAMPERS ECONO  
PACK DIAPERS**  
SIZE N-8, SELECTED VARIETIES  
58-200'S  
21551586\_EA/21692756\_EA

**LIMIT 4  
OVER LIMIT PAY  
39.99 EA**

**\$27**

**NINJAMAS OR  
HUGGIES GOODNITES  
NIGHTTIME  
UNDERWEAR**  
SELECTED VARIETIES, 28-44'S  
21021522\_EA/21308932\_EA

**LIMIT 4  
OVER LIMIT PAY  
31.99 EA**

**ALWAYS  
LOW PRICE**

**\$20**

**PC<sup>®</sup> BABY WIPES**  
SELECTED VARIETIES  
768/1200'S  
21432245\_EA

**CLUB SIZE**

**UPTO  
20%  
OFF**

**DOVE BABY, EUCERIN  
AQUAPHOR, LIVE  
CLEAN BABY NEEDS**  
SELECTED VARIETIES AND SIZES  
20800005\_EA/21014652\_EA

**UPTO  
20%  
OFF**

**SUDOCREM,  
PENATEN, ZINCOFAX,  
BABY BUTZ OR  
VASELINE PETROLEUM  
JELLY BABY NEEDS**  
SELECTED VARIETIES AND SIZES  
20184304001\_EA/21609289\_EA

## Baby needs? PC Express Pass.

Enjoy unlimited free delivery and earn 2% back in (pts) with eligible pickup orders.\*

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Use code  
**PASS**

**Express<sup>™</sup>  
Pass**



\*/\*\* Conditions apply, \$30 minimum order. Regular price \$99.99/year after your first year.

# SHOP BEAUTY FOR LESS

**\$8**

**LIMIT 4**  
OVER LIMIT PAY  
8.99 EA

**MONDAY HAIR CARE**  
SELECTED VARIETIES AND SIZES  
21361177\_EA/21503221\_EA



**\$9**

**LIMIT 4**  
OVER LIMIT PAY  
12.99 EA

**JOHN FRIEDA HAIR CARE**  
SELECTED VARIETIES AND SIZES  
20310284001\_EA/21230971\_EA



**\$12**

**LIMIT 4**  
OVER LIMIT PAY  
14.50 EA

**L'ORÉAL EXCELLENCE HAIR COLOUR OR ROOT COVER UP**  
SELECTED VARIETIES AND SIZES  
20322657\_EA/21572542\_EA



**\$8**

**LIMIT 4**  
OVER LIMIT PAY  
8.99 EA

**TRESEMMÉ HAIR CARE OR STYLING PRODUCTS**  
SELECTED VARIETIES AND SIZES,  
198-311 G/168-828 ML  
21501914\_EA/21502136\_EA



**\$6**

**LIMIT 4**  
OVER LIMIT PAY  
7.49 EA

**DOVE HAIRCARE 355 ML OR STYLING PRODUCTS 115-273 ML**  
SELECTED VARIETIES AND SIZES  
21644891\_EA/21018398\_EA



**5<sup>50</sup>**

**LIMIT 4**  
OVER LIMIT PAY  
6.49 EA

**GARNIER WHOLE BLENDS SHAMPOO OR CONDITIONER**  
SELECTED VARIETIES AND SIZES  
370 ML  
20941723\_EA/20941824\_EA



**UP TO 20% OFF**

**SUN BUM SUNCARE PRODUCTS**  
SELECTED VARIETIES AND SIZES  
21220460\_EA



**\$16**

**LIMIT 4**  
OVER LIMIT PAY  
17.49 EA

**COPPERTONE SUNCARE PRODUCTS**  
SELECTED VARIETIES AND SIZES  
21718819\_EA



**\$8**

**LIMIT 4**  
OVER LIMIT PAY  
10.49 EA

**JERGENS 620 ML OR CUREL 480 ML LOTION**  
SELECTED VARIETIES  
20854268\_EA/20213025001\_EA



**\$6**

**LIMIT 4**  
OVER LIMIT PAY  
7.49 EA

**VASELINE HAND OR BODY LOTIONS**  
SELECTED VARIETIES AND SIZES  
20539440003\_EA/20539440006\_EA



# LOOK GOOD, FEEL GREAT, SPEND LESS.

**\$5**

**LIMIT 6 OVER LIMIT PAY 7.49 EA**

**SOFTSOAP LIQUID HAND SOAP REFILL**  
SELECTED VARIETIES, 1.47 L  
21715457\_EA/21715576\_EA

SOOTHING CLEAN  
ALOE VERA FRESH SCENT  
NETTOYAGE APAISANT  
PARFUM FRAIS D'ALOË

REFILLS RECHARGE 6x

REFILL HAND SOAP  
WASHES AWAY BACTERIA / ENLÈVE LES BACTÉRIES

USES 6X LESS PLASTIC

**\$12**

**LIMIT 6 OVER LIMIT PAY 16.99 EA**

**OLAY SUPER SERUM BODY WASH**  
SELECTED VARIETIES, 591 ML  
21706801\_EA/21714221\_EA

OLAY  
Super  
SÉRUM  
BODY WASH  
NETTOYANT POUR LE CORPS

5+ LUMINOUS SKIN  
PEAU LUMINEUSE

**3.50**

**LIMIT 6 OVER LIMIT PAY 4.29 EA**

**SPEED STICK PREMIUM DEODORANT**  
45/85 G OR **SOFTSOAP LIQUID HAND SOAP** 332 ML  
SELECTED VARIETIES  
20847071\_EA/21644868\_EA

SOFTSOAP  
Energized  
Energise

ALUMINUM FREE  
SANS ALUMINIUM  
24 HR Deodorant

**SPEED STICK**  
OCEAN SURF<sup>2</sup>  
DEODORANT / DÉODOORISANT

85 g

**\$9**

**LIMIT 6 OVER LIMIT PAY 11.49 EA**

**GILLETTE MACH3 OR VENUS DISPOSABLE RAZORS**  
SELECTED VARIETIES, 1-8'S  
20179414001\_EA/20984907\_EA

Gillette  
sensitive  
sensible

**Gillette MACH3**  
DISPOSABLE RAZOR

DISPOSABLE RAZORS  
RASOIRS JETABLES  
RASURADORAS DESECHABLES

**UP TO 15% OFF**

**IRONKIDS CHILDREN'S 120-200'S, L'IL CRITTER'S, FIRST RESPONSE OR VITAFUSION VITAMINS OR SUPPLEMENTS**  
SELECTED VARIETIES AND SIZES  
20380734\_EA/20867280\_EA

Vitafusion  
VITAMINE D<sub>3</sub>  
GUMMIES GÉLIFIÉS

IRONKIDS  
GUMMIES  
MULTI-VITAMINS For ACTIVE KIDS  
MULTIVITAMINES pour les enfants ACTIFS

**UP TO 15% OFF**

**ONE A DAY MULTIVITAMINS 60-130'S OR FLINTSTONE'S CHILDREN'S VITAMINS OR SUPPLEMENTS**  
60-180'S  
SELECTED VARIETIES  
21515316\_EA/21515317\_EA

ONE A DAY  
MEN 50+  
Complete Multivitamin  
90 TABLETS

ONE A DAY  
WOMEN  
Complete Multivitamin  
90 TABLETS

**UP TO 15% OFF**

**NEW NORDIC VITAMINS OR SUPPLEMENTS**  
SELECTED VARIETIES, 30-60'S  
20308607004\_EA/21707937\_EA

NEW NORDIC  
Blue Berry  
Strong

Helps to maintain eyesight in conditions such as cataracts and AMD  
Aide à maintenir la vue dans des conditions que la cataracte et la DMLA

Blue Berry  
Gummies

**UP TO 15% OFF**

**PERFECT SPORTS SUPPLEMENTS**  
SELECTED VARIETIES AND SIZES  
21068247\_EA/21068329\_EA

iPREP  
PRE-WORKOUT FUEL

DIESEL  
NEW ZEALAND WHEY PROTEIN

**UP TO 15% OFF**

**FIRST RESPONSE, CLEARBLUE, OVRY PREGNANCY OR FERTILITY TEST**  
SELECTED VARIETIES, 1-20'S  
20667489\_EA/20059876\_EA

Clearblue  
Pregnancy Test  
Combo Pack

Over 99% accurate

Double check + date

#1 World selling brand

2 tests

FIRST RESPONSE  
PREGNANCY

Early Result  
Pregnancy Test

6 DAYS SOONER

OVER 99% ACCURATE

1 TEST

**GET 3,000<sup>00</sup> when you spend \$9\* on**

**\$3 back in points**

**HALLS BAGS**  
SELECTED VARIETIES AND SIZES  
20315680014\_EA  
20315680001\_EA

HALLS  
VITAMIN C  
VITAMINE C

HALLS  
RELIEF DOULAGEMENT

**GET 4,000<sup>00</sup> when you spend \$20\* on**

**\$4 back in points**

**TYLENOL OR MOTRIN PAIN RELIEF PRODUCTS**  
SELECTED VARIETIES AND SIZES  
20045631\_EA/20300598001\_EA

TYLENOL  
Extra Strength  
Acetaminophen tablets USP

MOTRIN  
LIQUID GELS  
200 mg Ibuprofen Capsules

**\$20**

**LIMIT 4 OVER LIMIT PAY 22.99 EA**

**ALWAYS DISCREET UNDERWEAR OR PADS**  
SELECTED VARIETIES AND SIZES  
20814897\_EA/21189917\_EA

always  
discreet  
PADS FOR BLADDER LEAKS

**GET 4,000<sup>00</sup> when you spend \$20\* on**

**\$4 back in points**

**U BY KOTEX LINERS**  
80-129'S, PADS 24-44'S OR TAMPONS 30/32'S  
SELECTED VARIETIES  
21719540\_EA/21719858\_EA

KOTEX  
BioCare

KOTEX  
BAMBOO

**CRACKER BARREL Signature**  
**CRAFTED WITH PREMIUM INGREDIENTS**

**\$6.49**  
 Cracker Barrel Signature Shredded Cheese 250 - 320 g  
 22290504\_EA  
 Cheese slices 200 - 220 g  
 25338863\_EA  
 22290680\_EA

**PROUDLY MADE IN CANADA**  
**DAIRY FARMERS**

**2/\$10**  
 OR \$5.99 EA.  
**Black Diamond**  
 Natural Cheese Slices 220 - 240 g  
 22368874\_EA  
**COMBO**  
 129 g  
 22208897\_EA

**\$11**  
**Black Diamond**  
 Cheestrings 28 pk, 588 g  
 20765883\_EA  
 Cheese Sticks 24 pk, 504 g  
 28674851\_EA

**\$7**  
**Lactantia**  
 Butter Sticks, 454 g  
 21620169\_EA/21620172\_EA  
**Kraft**  
 Parmesan Shredded Cheese, 200 g  
 21522952\_EA

**\$6**  
**Parkay**  
 Margarine 1.28 - 1.36 kg  
 20279976\_EA  
 20056004\_EA  
**Lactantia**  
 Margarine, 850 g  
 20249802\_EA  
 2024947001\_EA

**MADE BETTER to TASTE BETTER**

**Original**  
 21316018\_EA

**Lactose-Free**  
 21002993\_EA

**Herbs & Spices**  
 21177728\_EA

**NEW**

**2/\$8**  
 OR \$4.99 EA.  
**Lactose-Free Garlic & Chives**  
 21731137\_EA

**TreStelle Cream Cheese**

**PASTA FOR EVERY OCCASION**

**Barilla**  
 Premium Pasta 340 - 410 g  
 21593622\_EA  
 21404912\_EA

**2/\$5**  
 OR \$2.99 EA.

**Barilla**  
 Oven Ready Lasagne & Jumbo Shells 255 - 410 g  
 21661875\_EA  
 21703758\_EA

**2/\$7**  
 OR \$4 EA.

**NO YOLKS**  
 Noodles 340 g  
 21439301\_EA

**2/\$6**  
 OR \$3.50 EA.

**Catelli**  
 Gluten Free 340 g  
 20704235\_EA/20897811\_EA

**2/\$6**  
 OR \$3.50 EA.

**Catelli**  
 Protein+ 340 g  
 21661872\_EA  
 21661874\_EA

**2/\$6**  
 OR \$3.50 EA.

**CATELLI**  
 PROTEIN+

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**SANPELLEGRINO**  
 FLAVOURED SPARKLING WATER

**SAY CIAO! TO A NEW KIND OF FLAVOURED SPARKLING WATER**

**6.99**

SanPellegrino® CIAO!  
 6 x 330 ml, selected varieties  
 21719274\_C06/21719294\_C06

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**Nestlé**  
 Good Food. Good Life.

**a scent-sational regimen**

**LIMIT 4 OVER LIMIT PAY 13.99 EA.**  
**\$10**  
 method women or men's hair care selected varieties and sizes  
 21647711\_EA  
 21647739\_EA

**LIMIT 4 OVER LIMIT PAY 14.99 EA.**  
**\$10**  
 method body wash 502/828 mL  
 21590840\_EA

**LIMIT 4 OVER LIMIT PAY 5.99 EA.**  
**\$4**  
 method foaming hand wash 20432113011\_EA

**LIMIT 4 OVER LIMIT PAY 15.49 EA.**  
**\$12**  
 method deodorant 75 g  
 21640650\_EA

**method**

**FIFA 2026**  
**Dove MEN+care**  
**Dove**  
**AXE**  
 OFFICIAL SPONSOR

**YOU COULD WIN TICKETS TO THE FIFA World Cup 26™**

Full rules and entry details at [JoinTeamFresh.ca](http://JoinTeamFresh.ca)

\*Terms and conditions apply.

**\$4 LIMIT 6 OVER LIMIT PAY 5.79 EA.**  
**AXE**  
 body spray 113 g, deodorant 76/85 g, body wash or hair care 473 mL selected varieties  
 21436066\_EA/20216717001\_EA

**\$9 LIMIT 6 OVER LIMIT PAY 9.99 EA.**  
**DOVE**  
 bodywash 591 mL, bar soap 6x106 g or deodorant spray 107 g selected varieties  
 21714010\_EA/21713210\_EA

**\$14 LIMIT 6 OVER LIMIT PAY 15.99 EA.**  
**DOVE**  
 oil serum body wash 452 mL, body scrub 425 g or whole body deodorant 68/113 g selected varieties  
 21714145\_EA/21713251\_EA

**\$7 LIMIT 6 OVER LIMIT PAY 10.49 EA.**  
**DOVE MEN+care**  
 body wash 532 mL and 2IN1 shampoo + conditioner 530 mL  
 21638489\_EA/21703867\_EA

**THE SUPER MARIO GALAXY MOVIE**

**CINEPLEX FREE MOVIE OFFER**

WHEN YOU BUY ANY 3 PARTICIPATING PRODUCTS

**Hostess Villaggio Vachon Little Bites Mi Tierra**

**BUY | SNAP | REDEEM**

**\$3**  
 HOSTESS LIMITED EDITION MINI CUPCAKES SELECTED SIZES AND VARIETIES  
 21737892\_EA/21737891\_EA

**\$3**  
 HOSTESS SNACK CAKES SELECTED SIZES AND VARIETIES  
 21283752\_EA

**SCAN OR VISIT 2026MOVIEOFFER.CA FOR MORE DETAILS**

OFFER ENDS AUGUST 7, 2026. WHILE SUPPLIES LAST. FOR FULL OFFER DETAILS GO TO 2026MOVIEOFFER.CA

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**What if buying gas fuelled your points?**

Only Esso™ and Mobil™ gas earns you PC Optimum™ points.

**Esso Mobil + Optimum**

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**YOU COULD WIN A TRIP FOR 2 TO THE STANLEY CUP FINAL**

**\$25,000** IN TOTAL PRIZES







**THE OFFICIAL HIGH PROTEIN YOGURT OF THE NHL**



**2/\$6**  
OR \$3.75 EA.

Oikos® Pro™ selected varieties  
300 mL  
21651846\_EA

**\$8<sup>79</sup>**

Oikos® Pro™ selected varieties  
850 - 750 g  
21305845\_EA

**3/\$12**  
OR \$4.99 EA.

Oikos® selected varieties  
4 x 100 g  
20419715004\_EA

\* No purchase necessary. Begins 03/23/26 at 12:00:01 AM ET & Ends 05/24/26 at 11:59:59 PM ET. Draw 05/25/26 at 2PM ET. One (1) Grand Prize: Trip for 2 to a 2026 Stanley Cup™ Final game (ARV \$9,000 CAD) and 920 Instant Win Prizes: a \$100 CAD Digital Prepaid Card (20 total), or a \$5 CAD Physical Danone Oikos® Coupon (800 total). Mathematical skill-testing question required. Full contest rules: www.snacktowin.ca. Oikos® used under lic., © 2026, Danone US, LLC. All rights reserved. Oikos® Pro™ used under lic., © 2026, Danone US, LLC. All rights reserved. NHL, the NHL Shield, the word mark and image of the Stanley Cup and the Stanley Cup Final logo are registered trademarks of the National Hockey League. NHL and NHL team marks are the property of the NHL and its teams. © 2026 NHL. All Rights Reserved.

**BACKED BY OVER 35 YEARS OF ACTIVIA'S EXPERTISE IN GUT HEALTH**

**ALL 8 PACKS NOW AVAILABLE IN SINGLE FLAVOURS!**

**10-HOUR BREW FOR A BOLD AND SMOOTH TASTE**



**2/\$10**  
OR \$6.29 EA.

Activia® selected varieties  
8 x 100 g  
21725748\_EA

**\$4**

Activia® Expert selected varieties  
4 x 100 g  
21688261\_EA

**\$6<sup>50</sup>**

Activia® Expert selected varieties  
750 g  
21688207\_EA

**\$4<sup>99</sup>**

Activia® selected varieties  
650 g  
20325132003\_EA



**\$8<sup>50</sup>**

Stok® selected varieties  
1.42 L  
21203737\_EA/21203739\_EA

**NEW LIMITED EDITION**

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# LIBERTÉ PROTEIN & TASTE



**4<sup>50</sup>**

Liberté Méditerranée® or Liberté Greek® selected varieties  
4 x 100 g  
20801752003\_EA  
21685700\_EA



**4<sup>50</sup>**

Liberté Méditerranée® selected varieties  
500 g  
21473714\_EA  
21719797\_EA



**#1 MOST TRUSTED**  
by Canadians  
2026

**MADE IN CANADA**

**\$5**

Yoplait® Source® tubs selected varieties  
630 g  
21391318001\_EA



TAXES APPLICABLES  
TRADEMARKS OF YOPLAIT MARQUES S.N.C. (FRANCE) USED UNDER LICENSE /  
TRADEMARKS OF LIBERTÉ MARQUES S.N.C. USED UNDER LICENSE /  
MADE IN CANADA FROM DOMESTIC AND IMPORTED INGREDIENTS

**BURNBRAE**  
FARMS • FERMES

**CANADA**

Official Egg Partner of Canada Soccer

**\$7**  
Naturegg Solar Free Range or Omega Plus Solar Free Range  
12 Large Brown Eggs  
21565855001\_EA

**\$5.50**  
Naturegg Nature's Best or Nestlaid  
12 Large White Eggs  
20816075001\_EA

**\$6**  
Naturegg Omega Plus  
12 Large White Eggs  
20815787001\_EA

**\$5.50**  
Naturegg Simply Egg Whites  
500 g  
20820355001\_EA

**\$6**  
Naturegg Omega 3 Nestlaid  
12 Large White Eggs  
21089384001\_EA

**EGGS GET GOALS™**

**Del Monte**  
Quality

Enjoy ready-to-eat goodness!

**2.50**  
DEL MONTE Corn Medleys or Diced Beets selected varieties  
398 mL  
21238910\_EA

**\$3**  
DEL MONTE Canned Fruit selected varieties  
398 mL  
20296567007\_EA

**\$9**  
DEL MONTE Refrigerated Grapefruit or Peach cups  
4 x 190 mL  
21664309\_EA

Made in Canada

YOU COULD **WIN** 1 OF 3 \$10,000 VIP TRIPS TO THE STANLEY CUP FINAL 2026 PLUS DAILY PRIZES OF GIFT CARDS & MORE!

**FindAndWin.ca**

**\$23**  
SpongeTowels® Ultra 8=16 Rolls  
21676150\_EA  
21677816\_EA

**\$21**  
Cashmere® 24=72 Rolls  
21189845\_EA  
21443648\_EA

**\$14**  
Scotties® Ultra Soft or Ultra Soft with lotion Multipack of 4  
21607310\_EA  
21607215\_EA

**FIND THE CUP & CLEAN UP**

\*NO PURCHASE NECESSARY. Open to legal age of majority residents of Canada. Contest starts March 1/26, ends May 15/26 (Purchase Period ends May 8/26). 79 prizes available: (i) 3 grand prizes of a 2026 Stanley Cup® Final VIP Experience (ARV \$10,000 CAD each); & (ii) 76 secondary prizes (number decreases as they are claimed), each consisting of SpongeTowels for a year (ARV \$600 CAD), Kruger Products value coupons, NHLShop.ca gift cards or retailer grocery gift cards (ARVs \$20 CAD to \$200 CAD). Odds of winning depend on number, timing & accuracy of entries. Skill-testing question required. Full Rules at findandwin.ca. ©2026 Kruger Products Inc. \*\*SCOTTIES is a registered trademark of Kimberly-Clark Worldwide, Inc., used under licence. NHL, the NHL Shield, and the word mark and image of the Stanley Cup are registered trademarks and the 2026 Stanley Cup Final logo is a trademark of the National Hockey League. ©NHL 2026. All Rights Reserved.

**PEPSI** | **NHL**

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**2/\$17** OR \$8.99 EA. PepsiCo Beverages selected varieties 12x355 mL  
21731624\_C12/20322361001\_C12

**2/\$10** OR \$5.49 EA. PepsiCo Beverages selected varieties 6x222 mL  
21729888\_C06/20857560004\_C06

**2/\$15** OR \$8.29 EA. bubly™ sparkling water beverage selected varieties 12x355 mL  
21097177\_C12/21651534\_C12

**2/\$14** OR \$8.29 EA. MONTELLIER® Carbonated Natural Spring Water, selected varieties 10x355 mL  
21096709\_C10/21096722\_C10

**NEW**  
**2/\$4** OR \$2.49 EA. Brisk® Iced Tea selected varieties 710 mL  
21093505\_EA

**7.99**  
Gatorade powder sticks selected varieties 10's  
21603385\_EA

**ZERO**  
ZERO SUGAR • ZÉRO SUCRE  
GLACIER FREEZE™ ICEBERG®  
5 CALORIES/PACKET/SACHET

**Lysol**

**DON'T JUST CLEAN, DISINFECT**

**2/\$12** OR \$6.99 EA.

**LYSOL DISINFECTANT SPRAY 350 G OR DISINFECTING WIPES 75-84'S OR ALL PURPOSE CLEANER 950 ML** SELECTED VARIETIES  
21667466\_EA  
21449819\_EA

**TENA**

Trusted day & night leakage protection

**\$17 EA.**  
Tena Underwear or Briefs, selected varieties and sizes  
21033778\_EA/20957897\_EA

**OVERNIGHT** UNDERWEAR | CULOTTES  
L/G OVERNIGHT 3x  
x11

**ULTIMATE** UNDERWEAR | CULOTTES  
L/G ULTIMATE-EXTRA 3x  
x13

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