





FARM FRESH

PRODUCE

grown in  
WESTERN  
CANADA

2 FOR  
\$9

GoodLeaf Baby Greens  
113 g or Microgreens 50 g  
Produce of Western Canada  
Assorted Varieties

GOOD LEAF

MÉLANGE  
SUCRÉ ET ÉPICÉ

14.4%  
SANS  
AUXILIAIRES  
ALIMENTAIRES

GOOD LEAF

TRUE NORTH  
BLEND

11.3%  
ZÉRO  
AUXILIAIRES  
ALIMENTAIRES

GOODLEAF FARMS

As one of Canada's leading producers of fresh greens, GoodLeaf Farms grows microgreens and baby greens year-round in vertical farms across the country. From their Calgary, Alberta farm, leafy greens and salad mixes reach Western Canadian tables, bringing farm-fresh quality to every meal.

SALE  
7<sup>99</sup>  
/ea

Halos Mandarins  
Produce of U.S.A.  
3 lb (1.36 kg)

3 lbs

halos

3 lbs

SALE  
2<sup>99</sup>  
/ea

Iceberg Lettuce  
Produce of U.S.A.  
No. 1 Grade

SALE  
1<sup>29</sup>  
/ea

Green Onions  
Produce of Mexico  
Bunch

SALE  
6<sup>99</sup>  
/ea

Peppers  
Assorted Colours  
Greenhouse Grown  
Produce of Western Canada or Mexico  
2 lb (907 g)

2 lbs

SALE  
2<sup>99</sup>  
/ea

Celery Stalk  
Produce of U.S.A.  
No. 1 Grade

SALE  
4<sup>99</sup>  
/lb

Asparagus  
Produce of Mexico  
No. 1 Grade

11.00/kg

2 FOR  
\$3

Co-op Long English Cucumbers  
Greenhouse Grown  
Produce of Western Canada  
Canada No. 1

grown in  
WESTERN  
CANADA

SALE  
99¢  
/lb

Cabbage  
Green Variety  
Produce of Western Canada  
Canada No. 1

grown in  
WESTERN  
CANADA

2.18/kg

2 FOR  
\$11

Taylor Farms  
Chopped Salad Kits  
Produce of U.S.A.  
Selected Varieties  
292 - 396 g

2 FOR  
\$7

Organic Yellow Onions  
Produce of Western Canada  
Canada No. 1  
2 lb (907 g)

grown in  
WESTERN  
CANADA

ORGANIC

SALE  
3<sup>99</sup>  
/ea

Organic Carrots  
Produce of U.S.A.  
No. 1 Grade  
2 lb (907 g)

ORGANIC

2 FOR  
\$5

Organic Herbs  
Produce of Western Canada or Mexico  
Selected Varieties  
28 g

ORGANIC

2

HAPPY Easter

CO-OP Week 11 Logo

**NEW**  
**AT CO-OP**

Check out the many  
new products we have  
in-store at your local  
Co-op.

**SALE**  
**6<sup>99</sup>**  
**/ea**

PLUS DEPOSIT & ENVIRONMENTAL  
LEVIES WHERE APPLICABLE

## Silk Soy Protein Beverage

1.42 L



Than 1% M.F. chocolate dairy milk for Silk Protein chocolate.  
Than 2% M.F. dairy milk for Silk Protein regular.

**I've got the Plant Power - 2x more Protein\*!**

**SALE**  
**5<sup>99</sup>**  
**/ea**

## Club House Seasonings or Spices

120 - 181 g or Frank's RedHot  
Original Seasoning 132 g  
Selected Varieties



**NEW Club House Salad Supreme &  
Green Goddess blends! Easy to Use,  
Fresh & Flavourful Seasoning Blends for  
Salad & Veggie Lovers.**

BUTCHER

SHOP

raised in WESTERN CANADA

SALE

8<sup>49</sup>  
/lb

18.72/kg

Co-op Stuffed Boneless and Glazed Chicken Breast

Prepared by Your Local Butcher

Grill-Ready

Selected Varieties

Easter

MADE EASY

Hop over to the meat counter at your local Co-op and let our in-store butchers help you plan the perfect holiday meal. They're happy to prepare custom cuts or offer seasoned, butcher-prepared favourites your family will love sharing at the Easter table.

SALE

\$21<sup>99</sup>  
/ea

Maple Leaf Prime Boneless Skinless Chicken Breasts

Raised Without Antibiotics

Grain Fed, Free Run, Air Chilled

5 Pieces

SALE

2<sup>99</sup>  
/lb

Lilydale Fresh Turkey

Available While Supplies Last

5-7 kg, 7-9 kg or 9-11 kg

raised in WESTERN CANADA

SALE

2<sup>99</sup>  
/lb

Co-op Chicken Legs

Back Attached

Grain Fed, Free Run, Air Chilled

Value Pack

SALE

11<sup>49</sup>  
/lb

Co-op Boneless Beef Cross Rib Pot Roast

Cut In-store by Your Local Butcher from Canada AA Grade or Higher

Aged 14 Days

SALE

27<sup>99</sup>  
/lb

SunGold Frenched Rack of Lamb

Bone-in

Random Cryovac Wrapped

Rich and Juicy Flavour of Premium Lamb

SALE

4<sup>49</sup>  
/lb

Pork Back Ribs

Random Cryovac Wrapped

SALE

3<sup>99</sup>  
/lb

Co-op Boneless Pork Loin Centre Cut Chops

Cut In-store by Your Local Butcher

Value Pack

SALE

4<sup>99</sup>  
/ea

Olymel Breakfast or Dinner Sausage

Selected Varieties

375 - 450 g

SALE

19<sup>99</sup>  
/lb

Co-op Gold PURE Walleye Fillets

Frozen

SALE

12<sup>99</sup>  
/ea

Co-op Gold Asian Appetizer Pack

or Shrimp Variety Pack

Frozen

485 - 520 g

SALE

10<sup>99</sup>  
/ea

Co-op Gold All Natural Cod Fillets

Frozen

400 g

SALE

6<sup>99</sup>  
/ea

True North Atlantic Salmon Skewers

142 g

SALE

14<sup>99</sup>  
/ea

Sogel Fresh Cooked Mussels with Garlic Butter

908 g

HAPPY

Easter

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Enter for a chance to catch a  
**BLUE JAYS™**  
**VIP EXPERIENCE**  
**+100s of prizes to be won†**

†Visit [bluejays.com/CanadaDryContest](http://bluejays.com/CanadaDryContest) for details

**SALE**  
**8<sup>49</sup>**  
**/ea**

PLUS DEPOSIT & ENVIRONMENTAL  
LEVIES WHERE APPLICABLE

**Canada Dry or  
Coca-Cola  
Products**

Selected Varieties  
12 x 355 mL



**2 FOR**  
**\$9**

PLUS DEPOSIT & ENVIRONMENTAL  
LEVIES WHERE APPLICABLE

**Canada Dry or  
Coca-Cola  
Products**

Selected Varieties  
6 x 222 mL or 6 x 710 mL



**2 FOR**  
**\$6**

PLUS DEPOSIT & ENVIRONMENTAL  
LEVIES WHERE APPLICABLE

**Canada Dry or  
Coca-Cola  
Products**

Selected Varieties  
2 L



SALE

1<sup>99</sup>

/100 g

Greek Salad

Made In-store

SALE

13<sup>99</sup>

/ea

Maple Cured Whole Ham

Prepared In-store

750 g

2 FOR

\$6

Cabbage Rolls

Sold Individually

FRESH FROM OUR DELI

SALE

3<sup>99</sup>

/ea

Woolwich Goat Cheese

113 g

SALE

9<sup>99</sup>

/ea

Grimm's Smoked Pepperoni Sticks

Selected Varieties, 450 - 600 g

SALE

3<sup>99</sup>

/ea

Summer Fresh Dip or Hummus

200 - 227 g

Made from FOUR SIMPLE INGREDIENTS and 100% Canadian Milk.

2 FOR

9<sup>98</sup>

Castello Cheese Slices

145 - 165 g or Tre Stelle Boccconcini

200 g

SALE

9<sup>49</sup>

/ea

Snowdonia Cheddar Cheese

150 - 200 g

SALE

6<sup>99</sup>

/ea

Lesley Stowe Raincoat Crisps

150 - 170 g or Wildly Delicious Spreads 185 mL

PACKAGED MEATS

SALE

11<sup>99</sup>

/ea

Maple Leaf Prime Breaded Chicken Entrées

or Stuffed Chicken Breasts or Schneiders Breaded Chicken Tenders

Frozen, 568 - 700 g

SALE

13<sup>99</sup>

/ea

Pogo Corn Dogs

Frozen

Package of 20

SALE

19<sup>99</sup>

/ea

Co-op Centsibles Breakfast Sausage

Frozen, 2 kg

SALE

13<sup>99</sup>

/ea

Pinty's Chicken Wings

Frozen

700 - 720 g

SALE

4<sup>99</sup>

/ea

Co-op Centsibles Sliced Side Bacon

375 g

SALE

6<sup>99</sup>

/ea

Harvest Sliced Farmer Sausage or Back Bacon

250 - 300 g or Sliced Bologna or BBQ Loaf 375 g

SALE

7<sup>99</sup>

/ea

Grimm's Smoked Sausage Ring

or Pepperoni Bites

300 - 375 g

SALE

5<sup>99</sup>

/ea

Maple Leaf Top Dogs or Schneiders Classic Wieners

375 g

4

HAPPY Easter

CO-OP and West's 11 Logo



*Campbell's*®

IT'S ALL ABOUT  
**THE  
SIDES**



Try Campbell's  
easy-to-make  
holiday recipes

© 2024 Campbell Company of Canada

**SALE**  
**3<sup>00</sup>**  
**/ea**

**Campbell's Chunky  
or Ready to Serve  
Soup**  
510 - 515 mL or Prego Pasta  
Sauce 645 mL



**3 FOR**  
**\$6**

**Campbell's Soup**  
284 mL, Cooking Broth  
900 mL or Concentrated  
Broth 250 mL  
Selected Varieties

**3 FOR**  
**9<sup>99</sup>**

**Pepperidge  
Farm Goldfish**  
168 - 200 g or  
Crisps 177 g



FRESH FROM OUR BAKERY

2 FOR \$5

Alpine Grain Bread  
Baked in-store  
450 g



MADE IN CANADA

SALE 3<sup>99</sup> / ea

Strudel Bites  
Baked in-store  
Apple or Strawberry  
Package of 12



MADE IN CANADA

SALE 18<sup>99</sup> / ea

3 Layer Lemon Strawberry Ombre Cake  
Made in-store  
8-inch



SALE 16<sup>49</sup> / ea

Black Forest Cake  
or Tiramisu  
Prepared in-store  
825 g



SALE 4<sup>49</sup> / ea

Cinnamon Brioche Rolls  
Baked in-store  
Package of 4



MADE IN CANADA

SALE 2<sup>99</sup> / ea

Dinner Rolls  
Package of 12



MADE IN CANADA

SALE 4<sup>49</sup> / ea

Dempster's Signature Buns  
Package of 6 - 8 or  
Sliders Package of 12  
Selected Varieties



MADE IN CANADA

SALE 3<sup>49</sup> / ea

Natural Bakery Canadian Rye Bread  
500 g or French Bread  
700 g



MADE IN CANADA

SALE 2<sup>99</sup> / ea

Natural Bakery Sourdough  
600 g

NEW



MADE IN CANADA

FLORAL

SALE 13<sup>99</sup> / ea

Blooming Beauty Bouquet



SALE 5<sup>99</sup> / ea

Tulips  
5 Stem Bunch  
Greenhouse Grown



MADE IN WESTERN CANADA

SALE 11<sup>99</sup> / ea

Potted Mum Easter Mix  
6-inch Pot



SALE 19<sup>99</sup> / ea

Blooming Daydream Bouquet



SALE 19<sup>99</sup> / ea

Mason Jar Arrangement



FRESH DAIRY

SALE 5<sup>99</sup> / ea

Dairyland Whipping Cream  
946 mL



MADE IN CANADA

SALE 4<sup>99</sup> / ea

Co-op Gold Greek Yogurt  
650 g



SALE 6<sup>99</sup> / ea

Imperial Margarine  
1/4 Squares 1.36 kg or Soft 1.28 kg



MADE IN CANADA

SALE 5<sup>49</sup> / ea

Dairyland Milk  
Microfiltered, Lactose Free or Protein Milk  
1.89 L



MADE IN CANADA

SALE 3<sup>99</sup> / ea

Dairyland Ultrafiltered Milk  
1 L



MADE IN CANADA

SALE 4<sup>19</sup> / ea

Oikos, Silk or Activia Expert Yogurt  
4 x 95 - 100 g



MADE IN CANADA

SALE 7<sup>29</sup> / ea

International Delight Coffee Creamer  
or Stok Cold Brew Coffee 1.42 L



SALE 4<sup>99</sup> / ea

Activia Yogurt  
8 x 100 g or Silk Yogurt  
500 - 650 g



MADE IN CANADA

NEW



SALE  
3<sup>99</sup>  
/ea



Dairy-Free Becel  
Plant Butter

427 - 454 g



SALE  
3<sup>99</sup>  
/ea



Violife  
Dairy-Free  
Cheese

Selected Varieties  
200 - 227 g

SALE  
3<sup>99</sup>  
/ea



Violife  
Dairy-Free  
Whipping  
Cream

500 mL

NEW

PLUS DEPOSIT & ENVIRONMENTAL  
LEVIES WHERE APPLICABLE



# DAIRY FREE AND DELICIOUS

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FROM THE FREEZER

3 FOR  
9<sup>99</sup>

McCain Fries or Hashbrowns  
Frozen  
800 g



SALE  
9<sup>99</sup>  
/ea

Co-op Gold Fruit  
Frozen  
1.5 kg



SALE  
7<sup>29</sup>  
/ea

Dr. Oetker Pizza  
Giuseppe Rig'n Share,  
Thin or Rising Crust  
Frozen  
439 - 785 g



MADE IN CANADA

SALE  
6<sup>99</sup>  
/ea

Wong Wing Appetizers or Entrées  
Frozen  
360 - 680 g



MADE IN CANADA

SALE  
7<sup>99</sup>  
/ea

Swiss Chalet or Montana's Pot Pies  
Frozen  
470 - 655 g



MADE IN CANADA

2 FOR  
\$5

Co-op Gold Vegetables  
Frozen  
750 g



MADE IN CANADA



SALE  
4<sup>99</sup>  
/ea

Chapman's Markdale Creamery Ice Cream  
2 L or Yukon Novelties  
Package of 6 - 8  
Frozen  
Selected Varieties

MADE IN CANADA

SALE  
3<sup>99</sup>  
/ea

Chapman's Super Premium Plus Ice Cream  
Frozen  
500 mL



MADE IN CANADA

SALE  
6<sup>99</sup>  
/ea

Chapman's Premium Ice Cream, Frozen Yogurt or Sorbet  
Frozen  
2 L



MADE IN CANADA

SALE  
7<sup>99</sup>  
/ea

High Liner Fish or Shrimp  
Frozen  
Selected Varieties  
330 - 700 g



MADE IN CANADA

SALE  
13<sup>99</sup>  
/ea

High Liner Fish  
Signature Packs or Pan Seared Selects  
Frozen  
425 - 540 g



MADE IN CANADA



FOR YOUR PANTRY

SALE  
25<sup>99</sup>  
/ea

Starbucks Coffee  
793 - 907 g or  
Package of 24



2 FOR  
\$7

Post Cereal  
Selected Varieties  
311 - 525 g



2 FOR  
\$5

Hamburger or Tuna Helper  
158 - 233 g



2 FOR  
\$6

Betty Crocker Potatoes  
141 - 215 g



4 FOR  
\$6

Club House Seasoning Mix  
Selected Varieties  
20 - 47 g



SALE  
8<sup>99</sup>  
/ea

Hellmann's Mayonnaise  
1.42 L



MADE IN CANADA

2 FOR  
\$6

Dole Pineapple  
398 mL



2 FOR  
\$5

Ocean Spray Cranberry Sauce  
348 mL



2 FOR  
5<sup>48</sup>

Maple Leaf Flaked Meat  
156 g



MADE IN CANADA

SALE  
3<sup>79</sup>  
/ea

Gold Seal Pink Salmon  
213 g



SALE  
15<sup>99</sup>  
/ea

Filippo Berio Olive Oil  
Selected Varieties  
750 mL - 1 L



SALE  
7<sup>39</sup>  
/ea

Crisco Vegetable or Canola Oil  
1.18 L



FOR YOUR baby

SALE  
32<sup>99</sup>  
/ea

Goodnites or Pull-Ups  
Underwear or Training Pants  
Package of 28 - 66



5 FOR  
\$5

Personelle Organic Baby Food  
Selected Varieties  
Pouch 128 mL



SALE  
43<sup>99</sup>  
/ea

Kabrita Goat Formula Powder  
800 g





**C**  
*Calgary Stampede*  
JULY 3 – 12, 2026

Enter for a chance to  
**WIN\***

**A VIP WEEKEND**

at Calgary Stampede

**+100s of prizes**

Enter at  
**ClamatoVIPexperience.ca**

†For contest rules, details and to enter, visit [ClamatoVIPexperience.ca](http://ClamatoVIPexperience.ca).  
Mott's® Clamato® is a trademark used under license by Canada Dry Mott's Inc.

**2 FOR  
\$7**

PLUS DEPOSIT & ENVIRONMENTAL  
LEVIES WHERE APPLICABLE

**Mott's Clamato or  
Nestea Lemon  
Iced Tea**

1.89 L



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Vevey, Switzerland, Trademark Owner.

**SALE  
11<sup>49</sup>  
/ea**

PLUS DEPOSIT & ENVIRONMENTAL  
LEVIES WHERE APPLICABLE

**Corona 0.0%**  
6 x 330 mL



ENJOY RESPONSIBLY. Must be legal drinking age.  
Alcohol-free beer with natural flavour and vitamin D.  
®/MD TRADEMARKS GRUPO MODELO, S. DE R.L. DE C.V., LIC. USE / SOUS LIC.

**SALE  
7<sup>99</sup>  
/ea**

PLUS DEPOSIT & ENVIRONMENTAL  
LEVIES WHERE APPLICABLE

**Atypique  
Mocktails**  
Selected Varieties  
4 x 355 mL



Trademark used under license by Canada Dry Mott's Inc.  
Sparkling Flavoured Beverages.

DRINKS & SNACKS

|                                                                                                                                                                                                                              |                                                                                                                                                                                           |                                                                                                                                                                     |                                                                                                                                                                                                                      |
|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>2 FOR</b><br><b>9<sup>98</sup></b><br>/ea<br><br><b>Pepsi Products</b><br>Selected Varieties<br>6 x 710 mL                                | <b>4 FOR</b><br><b>\$5</b><br>/ea<br><br><b>Powerade Beverages</b><br>Selected Varieties<br>710 - 946 mL | <b>2 FOR</b><br><b>\$5</b><br>/ea<br><br><b>Glaceau Vitamin Water</b><br>591 mL    | <b>SALE</b><br><b>8<sup>99</sup></b><br>/ea<br><br><b>Old Dutch Variety Pack</b><br>Selected Varieties<br>472 - 504 g               |
| <b>SALE</b><br><b>2<sup>25</sup></b><br>/ea<br><br><b>Oasis Juice, Arizona Iced Tea or Del Monte Nectar</b><br>Selected Varieties<br>960 mL | <b>SALE</b><br><b>6<sup>49</sup></b><br>/ea<br><br><b>Co-op Gold Low Alcohol Beer</b><br>12 x 355 mL     | <b>5 FOR</b><br><b>\$5</b><br>/ea<br><br><b>Nestle Chocolate Bars</b><br>33 - 60 g | <b>SALE</b><br><b>15<sup>99</sup></b><br>/ea<br><br><b>Co-op Gold Chocolate Covered Raisins, Peanuts or Almonds</b><br>850 g - 1 kg |

|                                                                                                                                   |                                                                                                                                                                         |                                                                                                                                                                         |                                                                                                                                                                                 |
|-----------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <br><b>Old Dutch Crunch Potato Chips</b><br>200 g | <b>2 FOR</b><br><b>\$8</b><br>/ea<br><br><b>Old Dutch Crunch Potato Chips</b><br>200 g | <b>2 FOR</b><br><b>\$8</b><br>/ea<br><br><b>Old Dutch Crunch Potato Chips</b><br>200 g | <b>2 FOR</b><br><b>7<sup>50</sup></b><br>/ea<br><br><b>Old Dutch Potato Chips</b><br>Box 220 g |
|-----------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|

FOR YOUR PANTRY

|                                                                                                                                                                                                         |                                                                                                                                                                                                                     |                                                                                                                                                                                  |                                                                                                                                                                                                                                                                                               |
|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>SALE</b><br><b>3<sup>99</sup></b><br>/ea<br><br><b>Robin Hood Oats</b><br>1 kg                                      | <b>2 FOR</b><br><b>\$5</b><br>/ea<br><br><b>Betty Crocker Cake Mixes</b><br>375 g of Frosting<br>340 - 450 g<br>Selected Varieties | <b>SALE</b><br><b>8<sup>99</sup></b><br>/ea<br><br><b>Co-op Gold Peanut Butter</b><br>2 kg      | <b>SALE</b><br><b>6<sup>99</sup></b><br>/ea<br><br><b>Nature Valley Granola Bars</b><br>525 - 630 g, Betty Crocker or Mott's Snacks<br>368 - 498 g, General Mills Cereal Bar 385 g<br>or Larabar 225 - 240 g |
| <br><b>BAKE WITH FRESH INGREDIENTS</b><br>FOR MORE SPRING RECIPES VISIT <a href="http://ROBINHOOD.CA">ROBINHOOD.CA</a> | <b>2 FOR</b><br><b>\$9</b><br>/ea<br><br><b>Eagle Brand Sweetened Condensed Milk</b><br>300 mL                                   | <b>3 FOR</b><br><b>7<sup>98</sup></b><br>/ea<br><br><b>Carnation Evaporated Milk</b><br>354 mL | <b>SALE</b><br><b>8<sup>99</sup></b><br>/ea<br><br><b>Robin Hood Flour</b><br>5 kg                                                                                                                          |

FOR YOUR PETS

|                                                                                                                                                                                                  |                                                                                                                                                                                                          |
|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>SALE</b><br><b>22<sup>99</sup></b><br>/ea<br><br><b>Friskies Wet Cat Food</b><br>Variety Pack<br>24 x 156 g | <b>SALE</b><br><b>37<sup>99</sup></b><br>/ea<br><br><b>Alpo Cookout Classics Dog Food</b><br>16 kg                    |
| <b>SALE</b><br><b>19<sup>99</sup></b><br>/ea<br><br><b>Co-op Gold Cat Food</b><br>8 kg                        | <b>3 FOR</b><br><b>9<sup>99</sup></b><br>/ea<br><br><b>Purina Beggin' Strips</b><br>170 g or Dentalife<br>193 - 248 g |

FOR YOUR HOME

|                                                                                                                                                                                                                 |                                                                                                                                                                                                                                                         |                                                                                                                                                                                                                                                    |                                                                                                                                                                                                                                                                                              |
|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>SALE</b><br><b>12<sup>99</sup></b><br>/ea<br><br><b>Scotties Facial Tissue</b><br>Selected Varieties<br>Package of 4 or 9 | <b>2 FOR</b><br><b>9<sup>98</sup></b><br>/ea<br><br><b>Dawn Ultra or Platinum Dish Soap</b><br>535 - 982 mL or Refill 473 mL<br>or Cascade Platinum Rinse Aid 473 mL | <b>SALE</b><br><b>13<sup>99</sup></b><br>/ea<br><br><b>Purex Laundry Detergent</b><br>92 - 110 Wash Loads or<br>Persil 37 - 48 Wash Loads<br>Selected Varieties | <b>SALE</b><br><b>15<sup>99</sup></b><br>/ea<br><br><b>Tide Laundry Detergent</b><br>48 Loads or Clean Boost Fabric Rinse 1.43 L or<br>Downy Rinse & Refresh Fabric Softener 1.43 L<br>Selected Varieties |
|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|



BRING HOME THE *Ham* EVERYONE *hops* FOR.



**SALE**  
**4<sup>99</sup>**  
/lb  
11.00/kg

**Sugardale Spiral Cut Ham Portion**  
Random Cryovac Wrapped

**SALE**  
**5<sup>99</sup>**  
/ea

**Grimm's Ham Steaks**  
250 g

MADE IN CANADA  
GLUTEN-FREE  
MADE IN BC

**SALE**  
**4<sup>99</sup>**  
/lb

**Co-op Gold Hickory Smoked Ham Portion**  
Random Cryovac Wrapped

MADE IN CANADA  
GLUTEN-FREE  
MADE IN AB

**SALE**  
**5<sup>49</sup>**  
/lb

**Co-op Berkshire Sired Bone-in Ham Portion**  
Random Cryovac Wrapped

MADE IN CANADA  
GLUTEN-FREE  
MADE IN MB

**SALE**  
**16<sup>99</sup>**  
/ea

**Co-op Gold Boneless Ham**  
1.2 kg

MADE IN CANADA  
GLUTEN-FREE  
MADE IN AB

**SALE**  
**32<sup>99</sup>**  
/ea

**Maxwell House or Nabob Coffee**  
Package of 56 - 60

MADE IN CANADA

**SALE**  
**19<sup>99</sup>**  
/ea

**Nabob Coffee**  
915 - 930 g

MADE IN CANADA

**MORNINGS MADE DELICIOUS WITH Kraft/Heinz**



**6 FOR**  
**9<sup>96</sup>**

**Heinz Beans or Pasta**  
398 mL

MADE IN CANADA

**3 FOR**  
**9<sup>99</sup>**

**Classico Pasta Sauce**  
410 - 600 mL, Pesto 218 mL or Shake'n Bake 142 - 184 g

MADE IN CANADA

**2 FOR**  
**\$6**

**Heinz Ketchup**  
375 mL or Heinz Mayo 340 mL

MADE IN CANADA

**SALE**  
**7<sup>99</sup>**  
/ea

**Kraft Miracle Whip or Mayo**  
1.5 L

MADE IN CANADA

**NEW!**

**OVEN BAKED CRACKERS**



**2 FOR**  
**\$7**

**Cheez-It Family Size Crackers**  
352 g, Snap'd 213 g or Townhouse Crackers 247 - 391 g

MADE IN CANADA

**2 FOR**  
**\$8**

**Kellogg's Eggo Waffles or Pancakes**  
352 g, Snap'd 213 g or Townhouse Crackers 247 - 391 g

MADE IN CANADA

**SALE**  
**9<sup>49</sup>**  
/ea

**Kellogg's Jumbo Snacks or Bars**  
Selected Varieties 500 g - 1.15 kg

MADE IN CANADA

**2 FOR**  
**\$7**

**Kellogg's or Kashi Bars**  
125 - 295 g or Snacks 176 - 384 g Selected Varieties

MADE IN CANADA

**2 FOR**  
**\$6**

**Pringles Potato Chips**  
148 - 156 g or Cheez-It Crackers 191 - 200 g

MADE IN CANADA

**2 FOR**  
**\$7**

**Pringles Party Stack Potato Chips**  
194 - 203 g or Pringles Mingles 155 g Selected Varieties

MADE IN CANADA

**2 FOR**  
**\$6**

**Celsius or Alani NU Energy Drinks**  
355 mL

MADE IN CANADA

**4 FOR**  
**\$6**

**Brisk Iced Tea**  
Selected Varieties 710 mL

MADE IN CANADA

**2 FOR**  
**\$8**

**Tostitos Tortilla Chips**  
215 - 295 g

MADE IN CANADA

**2 FOR**  
**9<sup>50</sup>**

**Miss Vickie's Potato Chips**  
190 - 200 g

MADE IN CANADA

**2 FOR**  
**7<sup>50</sup>**

**Lay's Potato Chips**  
200 - 235 g

MADE IN CANADA

**2 FOR**  
**9<sup>50</sup>**

**Doritos Chips**  
210 - 235 g

MADE IN CANADA

