

# weekly deals

SAVE UP TO \$1

3<sup>50</sup>



**PC® OR BLUE MENU® ENTRÉES**  
SELECTED VARIETIES  
FROZEN  
212-365 G  
20312253001\_EA  
20987543\_EA



SAVE UP TO \$2

3<sup>50</sup>



**DR. OETKER RISTORANTE**  
**PIZZA** 288-390 G OR  
**CASA DI MAMA**  
**PIZZA** 395-410 G OR  
**PC® FLATBREAD**  
338-395 G OR  
**FOCACCIA** 415-456 G  
SELECTED VARIETIES  
FROZEN  
20296100001\_EA  
21013452\_EA



\$3

**KETTLE BRAND POTATO CHIPS**  
SELECTED VARIETIES  
156/198 G  
21520652\_EA  
21520692\_EA



\$5

**HEINZ KETCHUP**  
750 ML/1 L OR **KRAFT**  
**MIRACLE WHIP**  
650/890 ML  
SELECTED VARIETIES  
20115102001\_EA  
20298681001\_EA



\$4

**BREYERS CREAMERY STYLE ICE CREAM** 1.41 L OR  
**POPSICLE NOVELTIES** 6-12'S  
SELECTED VARIETIES  
FROZEN  
21651169\_EA  
20763171\_EA



# \$7



**LIBERTÉ GREEK YOGURT**  
TUBS 650-750 G OR  
**PC® ORANGE JUICE** 2.5 L  
SELECTED VARIETIES  
20642273\_EA  
21531644\_EA



Members-Only Price™

## \$4

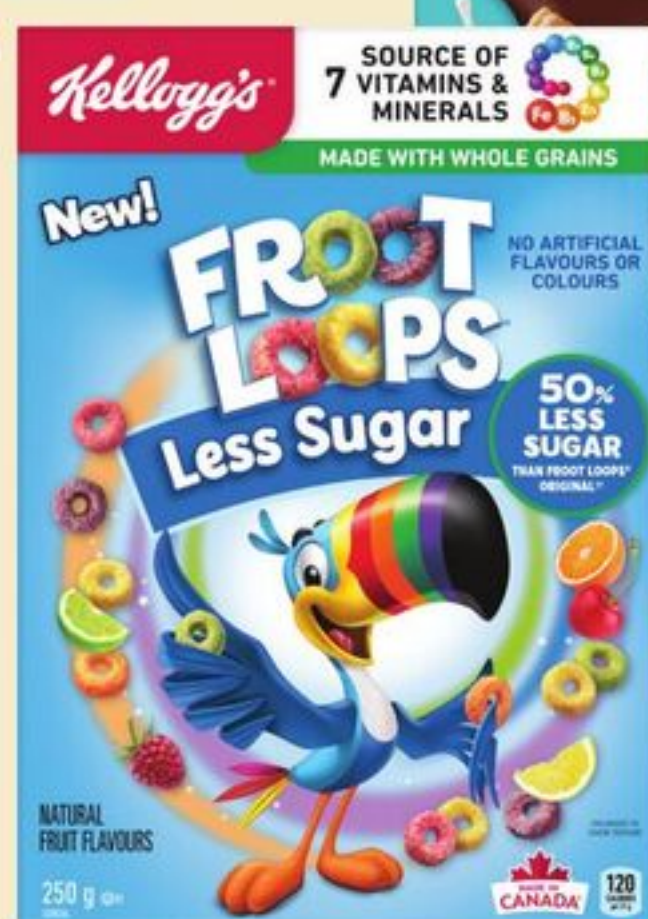
Non-members

## 5.79

Members save  
**\$1.79**



**KELLOGG'S CEREAL**  
SELECTED VARIETIES  
210-355 G  
21719087\_EA  
21719175\_EA



# \$15



**KICKING HORSE COFFEE**  
SELECTED VARIETIES  
454 G  
20322468001\_EA  
20322468006\_EA



**SAVE \$1.98**

WHEN YOU BUY 2

# 2/\$6

OR \$3.99 EA.

**WONDER BREAD OR BUNS OR COUNTRY HARVEST BAGELS**  
SELECTED VARIETIES AND SIZES  
20305674\_EA  
20520828\_EA



**Go Wherever The Crunch Takes You™**

**2<sup>50</sup>** APP EXCLUSIVE OFFER  
GET **2,000** points when you buy 3

**LOADS OF ALL DRESSED FLAVOUR**  
**PLEINES DE SAISON ASSAISONNÉE**

**KETTLE COOKED ORIGINAL**  
**CUITES À LA MARMITE**

PC® KETTLE COOKED OR LOADS OF™ OR THICK CUT OR WORLD OF FLAVOURS OR RIPPLED KETTLE COOKED POTATO CHIPS SELECTED VARIETIES  
200 G  
20840911004\_EA/21422931\_EA  
\*Open your PC Optimum™ app or visit pcoptimum.ca to get the offer

Loblaws **CityMarket**  
PROUDLY CANADIAN OWNED & OPERATED

**SAVE 50%**

**\$3** LB

**PORK LOIN COMBINATION CHOPS SIRLOIN AND RIB PORTION**  
BONE IN  
6.61/KG  
20822343\_KG

**SAVE 27%**

**6<sup>88</sup>** LB

**CHICKEN BREASTS OR THIGHS**  
BONELESS, SKINLESS, FAMILY SIZE  
15.17/KG  
20028450\_KG  
20162170\_KG

**HOT PRICE**

**13<sup>99</sup>** LB

**FRESH ATLANTIC SALMON FILLETS**  
SKIN-ON, FAMILY SIZE  
30.84/KG  
FRESH SEAFOOD ITEMS SUBJECT TO AVAILABILITY  
21307992\_KG

**SAVE \$1**

**2<sup>50</sup>**

**RASPBERRIES**  
PRODUCT OF MEXICO OR U.S.A.  
HALF PINT  
20128938001\_EA

**SAVE UP TO 33%**

**\$10**

**PC® BLACK TIGER SHRIMP** 16-20/LB 400 G OR **MARINA DEL REY**  
**ARGENTINIAN SHRIMP**  
300 G FROZEN  
20801192\_EA  
20907159\_EA

**Wild Caught Argentinian Shrimp**  
Crevettes sauvages d'Argentine

**ZIPPERBACK RAW BLACK TIGER SHRIMP**  
CREVETTES TIGRES NOIRES  
**CRUES**  
À DÉCORTIGAGE ÉCLAIR

**HOT PRICE**

**\$6**

**ORRI**  
EASY TO PEEL MANDARIN  
MANDARINES  
FACILES À PELER  
POUR UNE DÉCORTICATION FACILE ET SÛRE

**PC® ORRI MANDARINS**  
PRODUCT OF ISRAEL  
2 LB  
20907647001\_EA

**HOT PRICE**

**3<sup>49</sup>**

**FARMER'S MARKET AVOCADO BAG**  
PRODUCT OF MEXICO  
6'S  
21644936001\_EA

**AVOCADOS AVOCATS**  
PRODUCT OF MEXICO/PRODUIT DU MEXIQUE

**SAVE \$2<sup>50</sup>** APP EXCLUSIVE OFFER  
GET **1,500** points back in points

**\$5**

**BAKED-IN-STORE COOKIES**  
SELECTED VARIETIES  
18'S  
21454952\_EA  
21455101\_EA

**PREPARED IN CANADA**

**HOT PRICE**

**\$4**

**BABYBEL 6'S OR THE LAUGHING COW 8'S**  
SELECTED VARIETIES  
20975582\_EA  
20319107\_EA  
20574332\_EA

**PREPARED IN CANADA**

**HOT PRICE**

**\$13**

**COLAVITA EXTRA VIRGIN OLIVE OIL**  
SELECTED VARIETIES  
750 ML / 1 L  
20617955\_EA  
20591384001\_EA

**\$13**

**CLIF BAR ENERGY BARS**  
SELECTED VARIETIES  
680 G (10X68 G)  
21664705\_EA  
21664748\_EA

**CRUNCHY PEANUT BUTTER**  
BEURRE D'ARACHIDE CROQUANT

**CHOCOLATE CHIP**  
PÊTES DE CHOCOLAT

**PKG OF 10**

**\$1** **LIMIT 12 AFTER LIMIT \$1.79 EA.**

**COLGATE OR CREST TOOTH PASTE** 50-125 ML OR **MANUAL TOOTHBRUSH**  
1 EA. SELECTED VARIETIES  
20975582\_EA  
20338731001\_EA

**Colgate Cavity Protection**

**Oral-B Cavity Defense**

**SAVE UP TO 59%**

**\$6**

**ROYALE BATHROOM TISSUE**  
12 DOUBLE ROLLS, **TIGER TOWEL PAPER TOWELS**  
3=6 ROLLS OR **FACIAL TISSUE** 6'S  
SELECTED VARIETIES  
21363770\_EA/21484702\_EA

**Royale Tiger**

**Royale Velour**



# freshness you can taste

**FRESH PROMISE**

If it's not fresh, it's free.\*  
 \*Fresh Promise: Applicable to eligible fresh produce items purchased at Your Independent Grocer store locations or online at yourindependentgrocer.ca. If you are not completely satisfied with your eligible fresh produce item, we will replace it with an identical item, or in our discretion, a comparable item and provide you with a refund of the purchase price upon presentation of the item and your original receipt within 7 days of purchase at the Your Independent Grocer store where purchase originated. The fresh promise may not be combined with any other offer. We reserve the right to cancel or change the terms of this guarantee at any time without notice.

**\$5**

**FARMER'S MARKET™ ENGLISH CUCUMBERS**  
 3'S PRODUCT OF WESTERN PROVINCES OR CANTALOUPE EACH  
 PRODUCT OF GUATEMALA, HONDURAS OR BRAZIL  
 20828461001\_EA  
 20167017001\_EA

**PRODUCT OF CANADA**

**3<sup>99</sup> LB**

**EXTRA LARGE**

**PC® EXTRA LARGE GREEN SEEDLESS GRAPES** PRODUCT OF SOUTH AFRICA, CHILE OR MEXICO, NO. 1 GRADE OR  
**PC® EXTRA LARGE RED SEEDLESS GRAPES** PRODUCT OF SOUTH AFRICA OR CHILE, NO. 1 GRADE  
 8.80/KG  
 20425775001\_KG  
 20159199001\_KG

**\$7**

**APP EXCLUSIVE OFFER**  
 GET **2,000** back in points  
**\$2** back in points

**PC® GREENHOUSE GROWN STRAWBERRIES**  
 340 G, PRODUCT OF CANADA, NO. 1 GRADE OR  
**PC® SWEET KAROLINE BLACKBERRIES** PINT  
 PRODUCT OF MEXICO  
 21027142001\_EA  
 21378078001\_EA

**PRODUCT OF CANADA**

\*Open your PC Optimum™ app or visit pcoptimum.ca to get the offer

**\$4**

**PC® LIVE LETTUCE**  
 RED, GREEN OR TRIO  
 PRODUCT OF CANADA  
 EACH  
 212124591\_EA  
 217885501\_EA

**PRODUCT OF CANADA**

**\$2**

**RED MANGO**  
 PRODUCT OF MEXICO  
 EACH  
 20059635001\_EA

**2<sup>49</sup> LB**

**BARTLETT PEARS**  
 PRODUCT OF ARGENTINA, EXTRA FANCY GRADE OR  
**AMBROSIA APPLES**  
 PRODUCT OF CANADA, CANADA FANCY GRADE OR  
**ROYAL GALA APPLES**  
 PRODUCT OF U.S.A., US EXTRA FANCY GRADE  
 20172240001\_KG  
 20083526001\_KG

**\$5**

**GET 1,000 back in points**

**LITTLE POTATO COMPANY ASSORTED POTATO KITS**  
 PRODUCT OF CANADA, CANADA NO. 1 GRADE  
 454 G  
 21391616\_EA  
 21397958\_EA

**PRODUCT OF CANADA**

**1<sup>29</sup>**

**GARLIC**  
 PRODUCT OF CHINA  
 5'S  
 21735719001\_EA

**\$7**

**CORED PINEAPPLE**  
 PREPARED IN-STORE  
 EACH  
 21016085\_EA

**\$35**

**PREMIUM GIFT BOUQUET**  
 EACH  
 21436381\_EA

**\$10**

**8 STEM TULIPS**  
 ASSORTED COLOURS  
 21637907\_EA

**\$18**

**CUT KALANGHOE BUNCH**  
 ASSORTED COLOURS  
 21538590\_EA

**SAVE \$1<sup>98</sup> LB**

**\$13 LB**

**SIRLOIN TIP OVEN ROAST**  
 CUT FROM CANADA AA OR USDA SELECT GRADE BEEF OR HIGHER  
 28166/KG  
 20825943\_KG

## feeling protein power-fuel

**\$8**

**PREPARED IN-STORE**

**BEEF STIR FRY STRIPS**  
 CUT FROM CANADA AA GRADE BEEF OR HIGHER  
 250 G  
 21588067\_EA

**\$15**

**AIR CHILLED**

**PC® WHOLE CHICKEN**  
 AIR CHILLED UP TO 1.7 KG  
 21666198\_EA

**SAVE 50¢**

**PREPARED IN CANADA**

**7<sup>50</sup>**

**PC® PORK SAUSAGE**  
 SELECTED VARIETIES  
 375/500 G  
 21584308\_EA  
 21584342\_EA

**\$11**

**PREPARED IN CANADA**

**MAPLE LEAF NATURAL SMOKED HAM**  
 SELECTED VARIETIES  
 600 G  
 21094853\_EA  
 21094883\_EA

**\$13**

**JANES**

**JANES CRISPY TENDERS**  
 SELECTED VARIETIES, FROZEN  
 710 G  
 21703584\_EA  
 21703608\_EA

## find your catch in seafood

**SAVE \$1<sup>49</sup>**

**\$5**

**SEAQUEST® CRAB FLAVOURED ALASKA POLLOCK**  
 SELECTED VARIETIES  
 READY TO EAT  
 454 G  
 20591952\_EA  
 20591951\_EA

**SAVE UP TO \$1<sup>99</sup>**

**\$11**

**PC® SMOKED SALMON**  
 SELECTED VARIETIES, FROZEN  
 125/150 G  
 20055009\_EA  
 21404587\_EA

**\$7**

**SeaQuest**

**SEAQUEST® PACIFIC WHITE COLOSSAL SHRIMP** 16-20/LB  
 300 G OR  
**BAY SCALLOPS** 400 G  
 FROZEN  
 21043887\_EA  
 21558527\_EA

# bakery deals rising daily

**\$4** **BAKED IN-STORE**

**MARBLE RYE BREAD**  
374 G  
21682980\_EA



**1.50** **BAKED IN-STORE**

**BAGUETTE**  
WHITE OR WHEAT  
255 G  
21529211\_EA



**\$4** **BAKED IN-STORE**

**MINI CROISSANTS**  
10'S SELECTED VARIETIES OR  
**CINNAMON RAISIN BREAD** 468 G  
20729432\_EA  
21466316\_EA



**\$6**

**PREPARED IN CANADA**

**PC® MINI MUFFINS**  
SELECTED VARIETIES  
12'S  
21488939\_EA  
21488913\_EA



**\$6**

**PREPARED IN CANADA**

**FARMER'S MARKET™**  
**LOAF CAKES, WHOLE OR SLICED OR SIMPLE JOY SLICED LOAF CAKES**  
SELECTED VARIETIES  
344-400 G  
20565382\_EA  
21488954\_EA



**2/\$7**  
OR \$4 EA.

**MARIE MORIN SINGLE SERVE DESSERT, LAROCCA CAKE SLICES OR CHARLOTTE'S PARFAITS**  
SELECTED VARIETIES  
85-180 G  
21165251\_EA  
21496255\_EA  
21617537\_EA



**2.50**

**PREPARED IN CANADA**

**NO NAME® BAGELS 6'S OR FURLANI GARLIC BREAD** FROZEN 284 G  
SELECTED VARIETIES  
20585460\_EA  
21297778\_EA



**3.50**

**GET 500<sup>th</sup>**

**HOSTESS SNACK CAKES**  
SELECTED VARIETIES  
202-231 G  
21283746\_EA  
21283752\_EA



**\$7**

**PROMISE GLUTEN-FREE LOAVES, PITAS OR SANDWICH ROLLS**  
SELECTED VARIETIES  
248-480 G  
21414753\_EA  
21689193\_EA



**SAVE \$1.49**

**\$7**

**PREPARED IN CANADA**

**PC® DELI CHEDDAR BLOCK**  
SELECTED VARIETIES  
250 G  
20770652\_EA  
20770656\_EA



## in the mood for deli-cious

**\$7**

**PREPARED IN CANADA**

**PC® GOAT OR GOAT FETA CRUMBLES**  
SELECTED VARIETIES  
165/175 G  
20862068\_EA  
20897342\_EA



**Optimum**  
Members-Only Price™  
**\$7**  
Non-members  
**\$8**

**MAPLE LEAF NATURAL SELECTIONS OR SCHNEIDER'S DELI SLICED MEATS**  
SELECTED VARIETIES  
150-175 G  
20065285\_EA  
20066495\_EA



**\$12**

**ROMA SLICED MILD OR HOT PEPPERONI**  
900 G  
21217405\_EA  
21217461\_EA



**2/\$7**  
OR \$4 EA.

**PREPARED IN CANADA**

**PC® TOPPED HUMMUS 280 G OR NAAN CRISPS 170 G**  
SELECTED VARIETIES  
20811384\_EA  
21683470\_EA



**\$7**

**PC® GUACAMOLE**  
SELECTED VARIETIES  
425 G  
21448106\_EA  
21448102\_EA



## on the run, we got you

**\$8**

**PREPARED IN-STORE**

**ORIGINAL, CORRONATION OR TARRAGON CHICKEN SALAD**  
400 G  
21734650\_EA  
21734661\_EA



**SAVE 99¢**

**\$8**

**PREPARED IN CANADA**

**FROM OUR CHEFS™**  
**SOUP**  
SELECTED VARIETIES  
700 ML  
21703369\_EA  
21703358\_EA



**\$16**

**9 PIECE CHICKEN STRIPS**  
HOT OR CHILLED  
700 G  
20992187\_EA  
20991197\_EA



## daily deals

**MONDAY**  
**Chicken Dinner**

**\$15**

**ROTISSERIE CHICKEN DINNER COMBO FOR 2**  
900 G - 1 KG  
PAIRED WITH TWO SMALL SIDES OF YOUR CHOICE 134-454 G  
PREPARED IN-STORE  
21086336\_EA



**TUESDAY**  
**Tender Tuesday**

**\$12**

**PREPARED IN CANADA**

**9-PIECE CHICKEN STRIPS**  
HOT OR CHILLED  
870 G  
21336699\_EA  
21336518\_EA



**WEDNESDAY**  
**Hump Day Special**

**2/\$14**

OR \$9 EA.  
**ANY TWO INDIVIDUAL CHICKEN COMBOS WITH ONE SMALL SIDE EACH**  
361-530 G  
21022536\_EA/20697881\_EA



**THURSDAY**  
**Quick Grabs**

**3/\$14**

**PREPARED IN CANADA**

OR \$6-7 EA.  
**ANY THREE IN-STORE PREPARED SINGLE SERVE SOFTY, WRAPS OR SUB SANDWICHES**  
180-299 G  
20166224\_EA  
21623676\_EA



**FRIDAY**  
**Pizza Party**

**2/\$15**

**PREPARED IN CANADA**

OR \$9-10 EA.  
**ANY TWO IN-STORE PREPARED 12" TAKE AND BAKE PIZZA**  
SELECTED VARIETIES  
21456415\_EA  
21456401\_EA



Disney · PIXAR  
**FREE STICKER PACK**  
 FOR EVERY \$25 SPENT\*

**\$5**  
 UNIQUE ALBUM

Disney PIXAR  
**ANIMAL FRIENDS** - STICKER  
 COLLECT AND DISCOVER INTERESTING ANIMAL FACTS

\*WHILE SUPPLIES LAST FROM APRIL 9TH UNTIL MAY 6TH, 2026. EXCLUSIONS APPLY. VISIT WWW.LOBLAWUNIVERSE.CA OR IN-STORE FOR EXCLUSIONS AND COMPLETE OFFER DETAILS.

**SPEND \$10\* ON**  
 SELECT CHEERIOS, OATMEAL CRISP,  
 NATURE VALLEY, OLD EL PASO,  
 PILLSBURY OR ANNIE'S PRODUCTS  
 AND GET ONE BONUS STICKER PACK



**SPEND \$12\* ON ANY**  
 COCA-COLA, CANADA DRY 12X355 ML  
 SELECTED VARIETIES  
 AND GET ONE BONUS STICKER PACK



**SPEND \$15\* ON**  
 SELECT BLACK DIAMOND, KRAFT PARMESAN,  
 IOGO, ASTRO OR LACTANTIA PRODUCTS  
 AND GET ONE BONUS STICKER PACK



**SPEND \$15\* ON**  
 SELECT CHRISTIE CRACKERS,  
 CHRISTIE COOKIES, CADBURY,  
 HALLS OR CLIF ENERGY BARS  
 AND GET ONE BONUS STICKER PACK



**SPEND \$10\* ON**  
 SELECT NESCAFÉ, STARBUCKS COFFEE OR  
 MAISON PERRIER BEVERAGE PRODUCTS  
 AND GET ONE BONUS STICKER PACK



**SPEND \$10\* ON**  
 SELECT PC® OR NO® NAME CHIPS,  
 POPCORN OR PRETZELS  
 AND GET ONE BONUS STICKER PACK



**SPEND \$9\* ON**  
 SELECT MILK 2 GO OR ARMSTRONG  
 PROTEIN STICKS  
 AND GET ONE BONUS STICKER PACK



**SPEND \$10\* ON**  
 SELECT PC® BLUE MENU® PRODUCTS  
 AND GET ONE BONUS STICKER PACK



Disney · PIXAR  
**FREE STICKER PACK**  
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 UNIQUE ALBUM

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**ANIMAL FRIENDS** STICKER  
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©Disney/Pixar

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**SAVE 98¢**  
 WHEN YOU BUY 2

**2/\$5**

OR \$2.99 EA.

**POWERADE SPORTS DRINK OR ZERO SUGAR SPORTS DRINK**  
 SELECTED VARIETIES

710 ML  
 20853883\_EA  
 21240145\_EA

**SAVE \$2.58**  
 WHEN YOU BUY 2

**2/\$9**

OR \$5.79 EA.

**GENERAL MILLS CEREAL**  
 SELECTED VARIETIES  
 300-437 G  
 21104058\_EA  
 21715929\_EA

**lower sugar Honey Nut Cheerios**  
 Naturally Flavored

**Gluten Free Sans gluten**

NO artificial flavors  
 NO artificial colors  
 SANS saveur artificiel  
 SANS couleur artificiel

**4<sup>25</sup>**

**CHRISTIE RITZ 162-304 G, TRISCUIT 200 G OR WHEAT THINS 180 G CRACKERS**  
 SELECTED VARIETIES  
 21030647\_EA  
 21547034\_EA

**triscuit ORIGINAL**  
 BAKED WITH WHOLE GRAIN WHEAT  
 MADE WITH SEA SALT

**RITZ original**

**\$6**

**KRAFT SINGLES OR VELVEETA CHEESE SLICES**  
 SELECTED VARIETIES  
 410 G  
 21189288\_EA  
 21189654\_EA

**Velveeta slices + tranches**  
 No Artificial Flavors or Colors | Sans saveur ni couleur artificielles

**Singles Original Cheddar Original**  
 No Artificial Flavors or Colors | Sans saveur ni couleur artificielles

**SAVE UP TO 36%**

**3<sup>50</sup>**

**DR. OETKER RISTORANTE PIZZA 288-390 G OR CASA DI MAMA PIZZA 395-410 G**  
 SELECTED VARIETIES  
 FROZEN  
 20296100001\_EA  
 20296424006\_EA

**Casa di Mama PEPPERONI**

**Ristorante PIZZA SPINACI**

**SAVE \$1.49**

**\$5**

**MILK 2GO MILK**  
 SELECTED VARIETIES  
 6X200 ML  
 21065263\_EA  
 21537485\_EA

**MILK 2GO**

**LAIT'S GO**

**7<sup>49</sup>**

**BLACK DIAMOND CHEESTRINGS 16'S 336 G OR CRACKER BARREL CHEESE BARS 400 G OR SHREDDED CHEESE 320 G**  
 SELECTED VARIETIES  
 20763661\_EA  
 21290384\_EA

**CHEESTRINGS FICELO**  
 100% REAL CHEESE VRAI FROMAGE

**CRACKER BARREL MARBLE MARBLE**

**\$2**

**CAMPBELL'S READY TO SERVE SOUP**  
 SELECTED VARIETIES  
 515 ML  
 21480539\_EA  
 21479030\_EA

**Italian Wedding**

**Classic Chicken Noodle**

**12<sup>99</sup>**

**STARBUCKS NESPRESSO VERTUO CAPSULES**  
 SELECTED VARIETIES  
 8'S  
 21398301\_EA  
 21545115\_EA

**NEW! NOUVEAU!**

**STARBUCKS SMOOTH CARAMEL FLAVOURED COFFEE**  
 CAFE AROMATISE CARAMEL ONCTUEUX

**\$20**

**ROYALE BATHROOM TISSUE 30-60 ROLLS OR TIGER TOWELS 6-12 ROLLS**  
 SELECTED VARIETIES  
 21378233\_EA  
 21484732\_EA

**ROYALE**

**TIGER TOWEL**

**SAVE \$1**  
 WHEN YOU BUY 2

**2/\$6**

OR \$3.50 EA.

**CATELLI PROTEIN PASTA**  
 SELECTED VARIETIES  
 340 G  
 21661872\_EA  
 21661873\_EA

**CATELLI PROTEIN+ ELBOWS / COUDES**

**CATELLI PROTEIN+ SPAGHETTI**

**SAVE UP TO \$1.48**  
 WHEN YOU BUY 2

**2/9<sup>50</sup>**

OR \$5.49 EA.

**CAVENDISH FARMS FRIES, CHIPS OR ONION RINGS**  
 SELECTED VARIETIES  
 FROZEN  
 400-750 G  
 21685114\_EA  
 21685224\_EA

**Quick CRISP**

**Flavour CRISP CLASSIC CLASSIQUE**

APRIL

HIT OF THE MONTH



**LECLERC GO PURE FRUIT & OAT OR OATMEAL BARS**  
SELECTED VARIETIES  
140/175 G  
21221434\_EA  
21507858\_EA



**PLANTERS CASHEWS**  
SELECTED VARIETIES  
200 G  
21021617\_EA  
21021618\_EA



**HARVEST CREEK HALAL CHICKEN WIENERS OR BUTCHER'S SELECTION STAMPEDE HOTDOG ORIGINAL**  
SELECTED VARIETIES  
900 G  
21307061\_EA  
21309103\_EA

See in-store for retails.

**LOWEST PRICES  
BEST DEALS**

As compared to other major grocery retailers within your local areas.  
\* Must be a registered PC Optimum™ member to get this offer.  
Valid from April 1 - 30, 2026. While quantities last. See in-store for details.

no name®



made without

synthetic colours\* • artificial flavours • hydrogenated oils • artificial sweeteners • brominated vegetable oil  
sugar alcohols • bha, bht, tbhq • polydextrose • monosodium glutamate\*\* • azodicarbonamide (ada)

\*as defined in Canadian regulations \*\*except those naturally occurring

**\$8** **PREPARED IN CANADA** **500 G**



**NO NAME® BACON**  
SELECTED VARIETIES  
500 G  
20156771\_EA  
20174909\_EA

**\$14** **PREPARED IN CANADA**



**NO NAME® CHICKEN WINGS**  
SELECTED VARIETIES  
FROZEN  
908 G  
21045309\_EA  
21045311\_EA

**\$6**



**NO NAME® LONG GRAIN WHITE RICE**  
2 KG  
20069589\_EA

**\$6**



**NO NAME® NATURALLY IMPERFECT™ TOMATOES**  
PRODUCT OF MEXICO  
2.5 LB  
21606704001\_EA

**\$4**



**NO NAME® NATURALLY IMPERFECT™ LIMES**  
PRODUCT OF MEXICO  
680 G  
21673921001\_EA

**\$3.50** **PRODUCT OF CANADA** **5 LB**



**NO NAME® NATURALLY IMPERFECT SMALL RUSSET POTATO**  
PRODUCT OF CANADA, NO. 2 GRADE  
5 LB  
20867058001\_EA

**\$3**



**NO NAME® COATING MIX**  
SELECTED VARIETIES  
142-162 G  
21122657\_EA  
21122663\_EA

**2/\$3**  
OR \$1.79 EA.



**NO NAME® MUSHROOMS**  
SELECTED VARIETIES  
284 ML  
20097492\_EA  
20299211\_EA

**\$3**



**NO NAME® NATURALLY IMPERFECT™ FRUIT**  
SELECTED VARIETIES  
FROZEN  
300/400 G  
21545106\_EA  
21545092\_EA

**1.50**



**NO NAME® VEGETABLES**  
SELECTED VARIETIES  
341/398 ML  
2032668\_EA  
20317706\_EA

**2/\$6**  
OR \$3.49 EA.



**NO NAME® SALAD DRESSINGS**  
475 ML  
OR CROUTONS 145 G  
SELECTED VARIETIES  
20628489001\_EA  
21096223\_EA

**1.50**



**NO NAME® BAKED BEANS**  
SELECTED VARIETIES  
398 ML  
20314839001\_EA  
20314839003\_EA

**1.50**



**NO NAME® BREADSTICKS, CRACKERS OR PRETZELS WITH CHEESE**  
SELECTED VARIETIES  
3X28/3X29 G  
20889881\_EA  
20889882\_EA

**SAVE \$1.48 WHEN YOU BUY 2**



**2/7.50** **PREPARED IN CANADA**  
OR \$4.49 EA.  
**NO NAME® CREAM CHEESE**  
SELECTED VARIETIES  
227/250 G  
20308105001\_EA  
20308105002\_EA

**\$3**



**NO NAME® VEGETABLES**  
SELECTED VARIETIES  
FROZEN  
20306375\_EA  
20312260\_EA

**SAVE 50¢**



**\$3**  
**NO NAME® SALSA**  
SELECTED VARIETIES  
430 ML  
2008698001\_EA  
2008698002\_EA

**\$3.50**



**NO NAME® SPICES**  
SELECTED VARIETIES  
15-250 G  
20617758\_EA  
20618677\_EA

**\$6**



**NO NAME® WHOLE WHEAT OR ALL-PURPOSE FLOUR**  
SELECTED VARIETIES  
5 KG  
20618800\_EA  
20650915\_EA

**\$3**



**NO NAME® TABLE SYRUP 750 ML OR PANCAKE MIX 905 G**  
SELECTED VARIETIES  
20306030\_EA  
20322949\_EA

**\$3**



**NO NAME® 100% WHOLE GRAIN OATS**  
SELECTED VARIETIES  
1 KG  
20923828\_EA  
20923994\_EA

**SAVE \$1.48 WHEN YOU BUY 2**



**2/3.50**  
OR \$2.49 EA.  
**NO NAME® CHOCOLATE BARS**  
SELECTED VARIETIES  
100 G  
20580726\_EA  
20580727\_EA

# CELEBRATE THIS VAISAKHI

Here's to community, gratitude, and harvesting great value



**\$11**

**TILDA BASMATI RICE**  
SELECTED VARIETIES  
1.81 KG  
20013920\_EA



**\$16**

**PILLSBURY 100% WHOLE WHEAT FLOUR CHAKKI ATTA**  
9.07 KG  
21663582\_EA



**\$4**

**SURAJ® OKRA**  
SELECTED VARIETIES,  
FROZEN  
1 KG  
20379701\_EA



**2<sup>99</sup>**

**PRAN SAMOSA OR SPRING ROLL**  
SELECTED VARIETIES  
FROZEN  
400 G  
21054846\_EA



**9<sup>99</sup>**

**PRANA PARATHA**  
SELECTED VARIETIES  
FROZEN  
2.4 KG  
21172364\_EA



**\$5**

**SURAJ® NAAN**  
SELECTED VARIETIES  
10'S  
20343319\_EA



**4<sup>99</sup>**

**NANAK PANEER**  
SELECTED VARIETIES  
341 G  
21286158\_EA



**1<sup>50</sup>**

**SURAJ® BEANS**  
540 ML  
20110487\_EA  
20520264\_EA



**2<sup>50</sup>**

**MTR SIDEDISH**  
SELECTED VARIETIES  
300 G  
2076971701\_EA  
20877484005\_EA



**1<sup>75</sup>**

**HALDIRAM'S INDIAN SNACKS**  
SELECTED VARIETIES  
90/150 G  
20309977\_EA  
20314667007\_EA



**1<sup>75</sup>**

**MAGGI NOODLES MASALA**  
280 G  
20870359\_EA



**\$3**

**DRIED MANGO**  
PRODUCT OF VIETNAM  
113 G  
21700165\_EA



## vaisakhi fresh harvest

**5<sup>49</sup>**

**POM WONDERFUL PISTACHIOS**  
ROASTED SALTED  
OR UNSALTED  
PRODUCT OF U.S.A.,  
NO. 1 GRADE  
225 G  
21085963001\_EA  
21018459\_EA



**2<sup>50</sup> LB**

**EGGPLANT**  
PRODUCT OF MEXICO  
5.51/KG  
20155709001\_KG



**\$4**

**LARGE COCONUT**  
PRODUCT OF INDIA OR  
DOMINICAN REPUBLIC  
EACH  
20005774001\_EA



**3<sup>50</sup>**

**RAPINI**  
PRODUCT OF U.S.A.  
20048070001\_KG



**\$2**

**CILANTRO**  
PRODUCT OF MEXICO  
OR U.S.A.  
EACH  
20091825001\_EA



**\$6**

**ROMA TOMATOES ON THE VINE**  
PRODUCT OF CANADA  
OR MEXICO  
1.75 LB  
21714328001\_EA



**ITEMS AVAILABLE AT THE FOLLOWING YOUR INDEPENDENT GROCERS LOCATIONS:** JOLY'S YIG 251 POWDER DRIVE FORT MCMURRAY, ELDHO'S YIG 1792A 9TH AVENUE FERNIE, EDSON'S YIG 4431 4TH AVENUE EDSON, LOBLAW CITY MARKET 658 HOMER STREET VANCOUVER, MACNEIL'S YIG 335 HORNER CRES SASKATOON, PAUL'S YIG 829 MANDALAY BLVD CARSTAIRS, NIEL'S YIG 1341 BROADWAY AVE. REGINA, PARK ROYAL CITY MARKET 845 PARK ROYAL NORTH WEST VANCOUVER, WYKES' YIG #5-303 OGDON ST. WHITEHORSE, MILLER'S YIG 7190 KERR STREET VANCOUVER, LONSDALE CITY MARKET 1650 LONSDALE AVENUE NORTH VANCOUVER, MIKE'S YIG 56016 HIGHWAY 28A GIBBONS, MORTADA'S YIG ST. ALBERT #100-925 ST ALBERT TRAIL ST. ALBERT, PETER'S YIG 1835 GORDON DRIVE KELOWNA, CINDY'S YIG 620A SASKATCHEWAN AVE EAST MELFORT, NIELSEN'S YIG 18765 FRASER HIGHWAY SURREY, MICHAEL'S YIG 2815 WANUSKEWIN RD. SASKATOON, INDER'S YIG YELLOWKNIFE 250 OLD AIRPORT ROAD YELLOWKNIFE, SINNOTT'S YIG 3 CLEARVIEW MARKET WAY RED DEER, VAHAGN'S YIG 106 HAWTHORN WAY LEDUC, MARINO'S YIG 5530 SUNSHINE COAST HIGHWAY SECHLT



# crush fresh cravings

**SAVE  
\$1.01**

**8<sup>99</sup>**

**FARMER'S MARKET™  
RED ONIONS**  
PRODUCT OF MEXICO,  
U.S.A. OR CANADA,  
NO. 1 GRADE  
10 LB BAG  
20171965001\_EA



**10 LB**

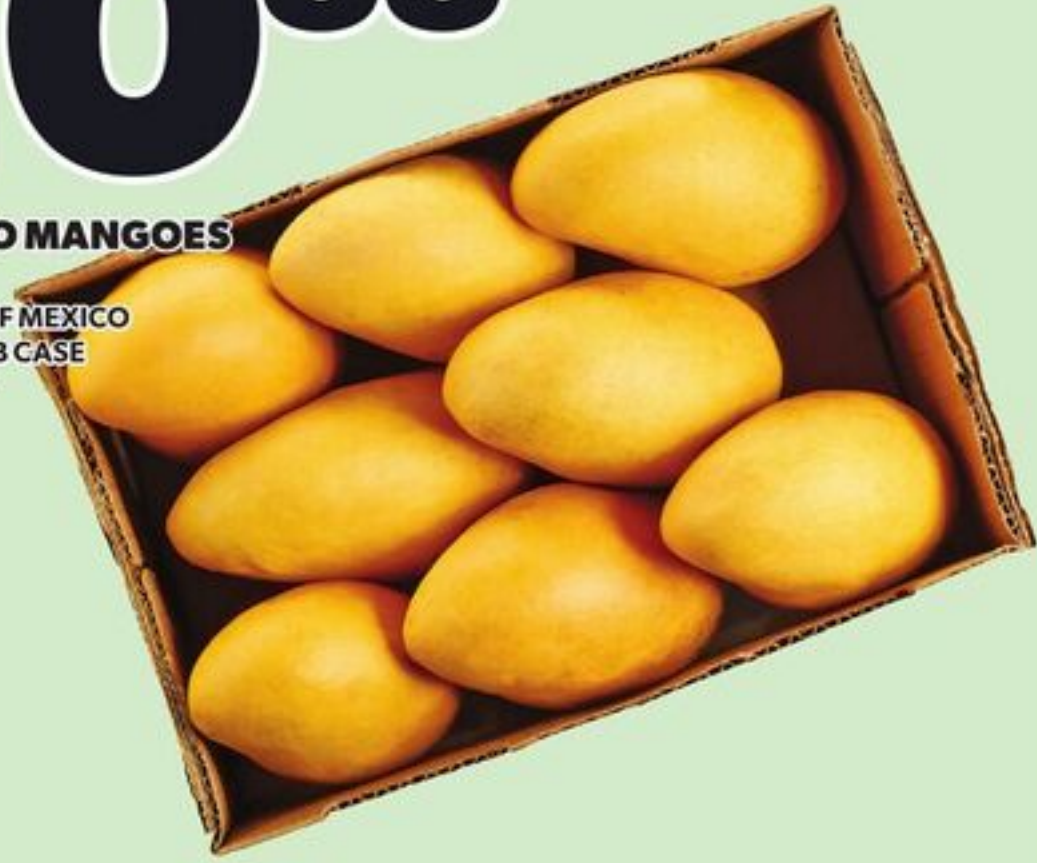
**3<sup>97</sup>**

**TAYLOR FARMS  
CHOPPED  
SALAD KITS**  
PRODUCT OF U.S.A.  
SELECTED VARIETIES  
267-383 G  
21335159\_EA  
21335140\_EA



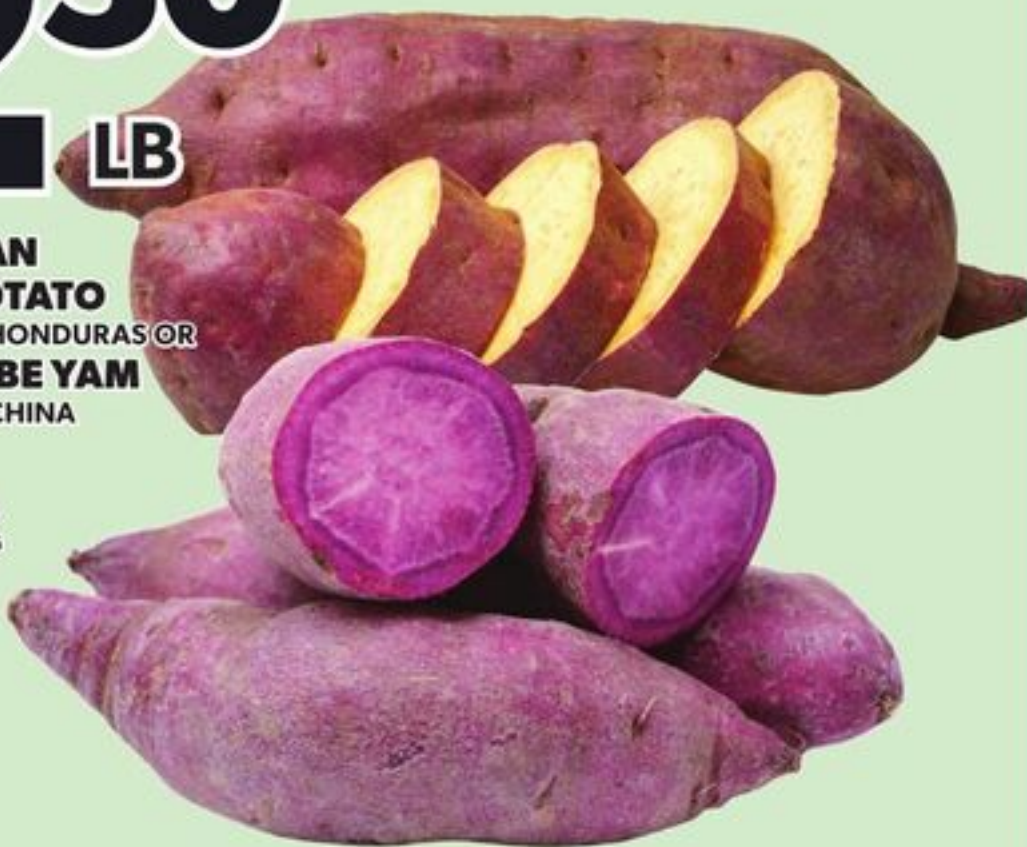
**10<sup>88</sup>**

**ATAULFO MANGOES  
CASE**  
PRODUCT OF MEXICO  
APPROX 5 LB CASE  
21047848\_EA



**2<sup>50</sup>  
LB**

**CARIBBEAN  
SWEET POTATO  
PRODUCT OF HONDURAS OR  
PURPLE UBE YAM  
PRODUCT OF CHINA  
OR CANADA  
5.51/KG  
20169868001\_KG  
20849858001\_KG**



**\$3<sup>00</sup>  
LB**

**GAI LAN - CHINEESE  
BROCCOLI**  
PRODUCT OF MEXICO  
6.61/KG  
20003604001\_KG



**1<sup>48</sup>  
LB**

**TAIWANESE FLAT  
CABBAGE**  
PRODUCT OF MEXICO  
OR CHINA  
3.26/KG  
20020863001\_KG



# live well, spend less

**\$5.50**

**LIMIT 6**  
AFTER LIMIT  
5.99 EA.

**IRISH SPRING  
BAR SOAP** 6X104 G,  
**BODY WASH** 591 ML OR  
**SOFT SOAP**  
**BODY WASH** 591 ML  
SELECTED VARIETIES  
21219375\_EA/21436477\_EA



**SAVE  
UP TO**

**20%**

**OLD SPICE  
BODY WASH**  
473-987 ML OR  
**BAR SOAP**  
141 G OR 4/12X90 G  
SELECTED VARIETIES  
21238553\_EA  
21238557\_EA



**\$10**

**LIMIT 6**  
AFTER LIMIT  
11.99 EA.

**DOVE BAR  
SOAP** 6X106 G OR  
**BODY WASH**  
591-710 ML  
SELECTED VARIETIES  
21221317\_EA  
21638561\_EA



**\$2**

**LIMIT 6**  
AFTER LIMIT  
2.49 EA.

**SPEED STICK BASE  
ANTIPERSPIRANT**  
45/70 G OR **SOFTSOAP**  
**LIQUID HAND  
SOAP PUMP** 221 ML  
SELECTED VARIETIES  
21166716\_EA/21592044\_EA



**\$6**

**LIMIT 6**  
AFTER LIMIT  
8.49 EA.

**LISTERINE CLASSIC** 1 L OR  
**KIDS 500 ML MOUTHWASH**  
SELECTED VARIETIES  
20348438001\_EA  
21356391\_EA



**\$5**

**LIMIT 6**  
AFTER LIMIT  
7.49 EA.

**IVORY  
BAR SOAP** 10X90 G OR  
**BODY WASH** 621 ML  
SELECTED VARIETIES  
20860346002\_EA/21716909\_EA



**\$9**

**LIMIT 6**  
AFTER LIMIT  
11.49 EA.

**GILLETTE OR VENUS  
DISPOSABLE RAZORS**  
SELECTED VARIETIES  
1-8'S  
20179414001\_EA  
20984907\_EA



**\$4**

**LIMIT 6**  
AFTER LIMIT  
5.99 EA.

**DEGREE FOR MEN  
ADRENALINE  
ANTIPERSPIRANT**  
SELECTED VARIETIES  
76 G  
20309310001\_EA  
21079038\_EA



**SAVE  
UP TO**

**25%**

**METHOD OR  
MRS. MEYER'S  
LIQUID  
HAND SOAP**  
SELECTED VARIETIES  
300 ML-1 L  
21046950\_EA  
21640640\_EA



**\$4**

**LIMIT 4**  
AFTER LIMIT  
4.79 EA.

**GARNIER FRUCTIS OR  
HERBAL ESSENCES  
BASICS SHAMPOO OR  
CONDITIONER**  
SELECTED VARIETIES  
AND SIZES  
370 ML  
21246778\_EA  
21007181\_EA



**SAVE  
UP TO**

**20%**

**DOVE SHAMPOO  
OR CONDITIONER**  
530 ML OR **STYLING  
PRODUCTS**  
SELECTED VARIETIES  
AND SIZES  
21644726\_EA  
21644746\_EA



**\$7**

**LIMIT 4**  
AFTER LIMIT  
9.49 EA.

**GARNIER BELLE  
HAIR COLOUR**  
SELECTED VARIETIES  
AND SIZES  
20317076001\_EA  
20317076003\_EA



**\$8**

**LIMIT 4**  
AFTER LIMIT  
8.99 EA.

**MONDAY OR  
GÖT2B HAIR CARE**  
SELECTED VARIETIES  
AND SIZES  
21361177\_EA/21631743\_EA



**SAVE  
UP TO**

**20%**

**CERAVE  
CLEANSERS OR  
MOISTURIZERS**  
SELECTED VARIETIES  
AND SIZES  
21354743\_EA



**SAVE  
UP TO**

**25%**

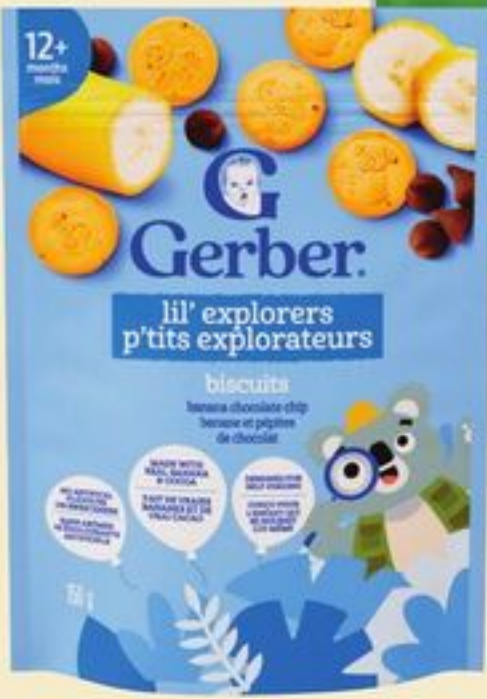
**ST. IVES SKIN CARE  
PRODUCTS**  
SELECTED VARIETIES  
AND SIZES  
21086101\_EA/21429055003\_EA



# for your baby

**2/\$8**

OR \$5.49 EA.  
**GERBER ORGANIC SNACKS OR NESTLÉ CERELAC BISCUITS**  
 SELECTED VARIETIES  
 28-150 G  
 21097119\_EA/21670654\_EA



**2/\$11**

OR \$5.99 EA.  
**AMARA ORGANIC SMOOTHIE MELTS OR FRUIT BITES**  
 SELECTED VARIETIES  
 23 G  
 21536119\_EA/21624150\_EA



**\$56**

**LIMIT 4 AFTER LIMIT 63.99 EA.**

**SIMILAC PRO-ADVANCE BABY FORMULA STEP 1 OR 2**  
 859 G  
 21436985\_EA  
 21437126\_EA



**\$37**

**LIMIT 4 AFTER LIMIT 43.99 EA.**

**HUGGIES PULL-UPS TRAINING PANTS SIZES 4-5T, 82'S OR PAMPERS EASY UPS TRAINING UNDERWEAR SIZES 3-5T, 86-100'S**  
 SELECTED VARIETIES  
 21021427\_EA/21089194\_EA



**\$2**

**LIMIT 6 AFTER LIMIT 3.49 EA.**

**PRICE DROP!**

**PAMPERS 1X BABY WIPES**  
 SELECTED VARIETIES  
 56-72'S  
 20708133\_EA



**65<sup>50</sup>**

**LIMIT 4 AFTER LIMIT 74.99 EA.**

**ENFAMILA+ NEUROPRO AND GENTLEASE POWDER REFILLS**  
 SELECTED VARIETIES  
 862/890 G  
 21589079\_EA/21589205\_EA



# live well, spend less

**SAVE UP TO**

**15%**

**LIFE BRAND VITAMINS OR SUPPLEMENTS**  
 SELECTED VARIETIES  
 AND SIZES  
 21622663\_EA  
 21138915\_EA



**SAVE UP TO**

**20%**

**NATURE'S BOUNTY KIDS VITAMINS OR SUPPLEMENTS**  
 SELECTED VARIETIES  
 60-175'S  
 20954985\_EA  
 21666471\_EA



**SAVE UP TO**

**20%**

**ENSURE OR GLUCERNA READY TO DRINK SHAKES**  
 SELECTED VARIETIES  
 AND SIZES  
 20180283003\_EA  
 20308731008\_C06



**SAVE UP TO**

**15%**

**REACTINE 24-36'S, CLARITIN 15-30'S, AERIUS 5 MG 20'S OR BENADRYL 25 MG 100'S CAPLETS, TABLETS OR GELS**  
 SELECTED VARIETIES  
 AND SIZES  
 20308018001\_EA  
 20558172\_EA



**SAVE UP TO**

**15%**

**ASPIRIN, ADVIL, TYLENOL, MOTRIN OR VOLTAREN CAPLETS, TABLETS, GELS OR RUBS**  
 SELECTED VARIETIES AND SIZES  
 21222471\_EA/20103677001\_EA



**SAVE UP TO**

**15%**

**PERFECT SPORTS SUPPLEMENTS**  
 SELECTED VARIETIES  
 AND SIZES  
 21068247\_EA  
 21068329\_EA



**\$15**

**ALWAYS PADS 26-62'S OR LINERS 116-216'S OR TAMPONS 38-50'S**  
 SELECTED VARIETIES  
 21374646\_EA  
 21606690\_EA



**8<sup>50</sup>**

**CAREFREE PADS 28'S, LINERS 92-120'S, O.B TAMPONS 40'S OR PLAYTEX TAMPONS 32-36'S**  
 SELECTED VARIETIES  
 20796733\_EA  
 21095818\_EA



**\$19**

**ALWAYS DISCREET UNDERWEAR OR PADS**  
 SELECTED VARIETIES  
 AND SIZES  
 20814896\_EA  
 21286985\_EA



**YOU COULD WIN A TRIP FOR 2 TO THE STANLEY CUP FINAL**

**\$25,000** IN TOTAL PRIZES

**2/\$7** OR \$4 EA.  
Oikos® Pro™ selected varieties 300 mL 21651846\_EA

**\$8.50**  
Oikos® Pro™ selected varieties 650 - 750 g 21305945\_EA

**3/\$12** OR \$4.99 EA.  
Oikos® selected varieties 4 x 100 g 20419715004\_EA

**THE OFFICIAL HIGH PROTEIN YOGURT OF THE NHL®**

\* No purchase necessary. Begins 03/23/26 at 12:00:01 AM ET & Ends 05/24/26 at 11:59:59 PM ET. Draw 05/25/26 at 2PM ET. One (1) Grand Prize: Trip for 2 to a 2026 Stanley Cup® Final game (ARV \$9,000 CAD) and 920 Instant Win Prizes: a \$100 CAD Digital Prepaid Card (20 total), or a \$5 CAD Physical Danone Oikos® Coupon (800 total). Mathematical skill-testing question required. Full contest rules: www.snacktowin.ca. Oikos® used under lic., © 2026, Danone US, LLC. All rights reserved. Oikos® Pro™ used under lic., © 2026, Danone US, LLC. All rights reserved. NHL, the NHL Shield, the word mark and image of the Stanley Cup and the Stanley Cup Final logo are registered trademarks of the National Hockey League. NHL and NHL team marks are the property of the NHL and its teams. © 2026 NHL. All Rights Reserved.

**BACKED BY OVER 35 YEARS OF ACTIVIA'S EXPERTISE IN GUT HEALTH**

**ALL 8 PACKS NOW AVAILABLE IN SINGLE FLAVOURS!**

**2/\$10** OR \$6.29 EA.  
Activia® selected varieties 8 x 100 g 21725748\_EA

**NEW**

**\$4**  
Activia® Expert 4 x 100 g 21688261\_EA

**NEW**

**\$6.50**  
Activia® Expert selected varieties 750 g 21688207\_EA

**NEW**

**\$4.50**  
Activia® selected varieties 650 g 20325132003\_EA

**10-HOUR BREW FOR A BOLD AND SMOOTH TASTE**

**\$8**  
Stok® selected varieties 1.42 L 21203737\_EA/21203739\_EA

**NEW LIMITED EDITION**

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**iögo nanö**

**CREAMY YOGURT TO GRAB & GO!**

**\$4.50**  
iögo nanö CREAMY YOGURT POUCH 4 X 90 G SELECTED VARIETIES 21797939\_EA/21797944\_EA

**NEW**

**\$4.50**  
iögo nanö YOGURT WITH FLAVOURED PEARLS 4 X 100 G SELECTED VARIETIES 21797939\_EA/21797944\_EA

**SOURCE OF VITAMIN A & D**

**2/\$9** OR \$4.99 EA.  
iögo nanö DRINKABLE YOGURT 6 X 93 ML SELECTED VARIETIES 21690943\_EA/20609607001\_EA

**\$9**  
iögo CREAMY, 0% OR LACTOSE-FREE YOGURT 16 X 100 G SELECTED VARIETIES 20609583001\_EA/21622847\_EA

**\$12**  
iögo CREAMY YOGURT 2 KG SELECTED VARIETIES 20656092\_EA

**\$4.50**  
ASTRO BALKAN YOGURT 750 G SELECTED VARIETIES 2016522600100\_EA/20170553001\_EA

**\$4.50**  
siggi's SKYR YOGURT 4 X 100 G SELECTED VARIETIES 21659134\_EA/21658925\_EA

**\$8.99**  
siggi's SKYR YOGURT 650 - 750 G SELECTED VARIETIES 21659473\_EA/21553892\_EA

**HUNGRY FOR...**

**TORTELLINI?**

**CANNELLONI?**

**GNOCCHI?**

**CHOOSE Olivieri**

Fresh Filled Pasta 500 - 700 g selected varieties 20334658\_EA/20311594\_EA

**\$9.99**

Skillet Gnocchi 520 - 700 g selected varieties 21021889\_EA/21579289\_EA

**\$9.99**

Fresh Sauces selected varieties 600 mL | 20011488\_EA

**\$9.99**

PREPARED IN CANADA

VISIT [WWW.OLIVIERI.CA](http://WWW.OLIVIERI.CA) FOR GREAT RECIPE INSPIRATIONS

**DIP IT. SAUCE IT. MARINATE IT.**

**2/\$4** OR \$5 EA.  
VH® Sauces selected varieties 341-380 mL 20297368\_EA 20308726001\_EA

**Together WE COOK**

**\$6**  
PAM® Cooking Sprays selected varieties 141-170 g 20312389\_EA/21626407\_EA

Colgate®



# HEALTHY SMILES START HERE

Your partner in oral health



**LIMIT 6**  
AFTER LIMIT  
4.49 EA.

**3.50**  
each



Colgate® Premium  
Toothpaste 70 - 150 mL or  
Toothbrushes  
(select variety)

21166665\_EA/20697448001\_EA



**LIMIT 6**  
AFTER LIMIT  
5.99 EA.

**5.50**  
each



Colgate® Super Premium  
Toothpaste 73 - 170 mL or  
Toothbrushes  
(select variety)

21166717\_EA/20280090\_EA



**LIMIT 6**  
AFTER LIMIT  
7.99 EA.

**6.50**  
each



Colgate® Mega Premium  
Toothpaste 70 - 133 mL or  
Toothbrushes  
(select variety)

21177027\_EA/21166153\_EA

Optimum  
**GET 3,000** pts  
**\$3** back in points  
for every \$10\*  
spent on Colgate  
or hello oral care  
products  
all varieties and sizes

**\$13**  
**LIMIT 6**  
AFTER LIMIT  
14.99 EA.



Colgate® PreviDent® Toothpaste  
39 mL (select variety)

20144469\_EA



hello® Toothpaste 82 mL  
(hello® super mega whitening  
powered by vitamin c)

21623262\_EA

Toothpastes fight cavities. Colgate® Sensitive Pro-Relief also fights sensitivity.

## #1 Dentist Recommended Mouthwash Brand\*

Optimum  
**GET 3,000** pts  
**\$3** back in points  
for every \$15\*  
spent on Listerine  
products  
selected varieties and sizes

**LISTERINE®**

\*IQVIA ProVoice Survey, May 2024. Always read and follow the label. © Kenvue Canada Inc. 2026

**SAVE UP TO 30%**

on select Listerine® Products

