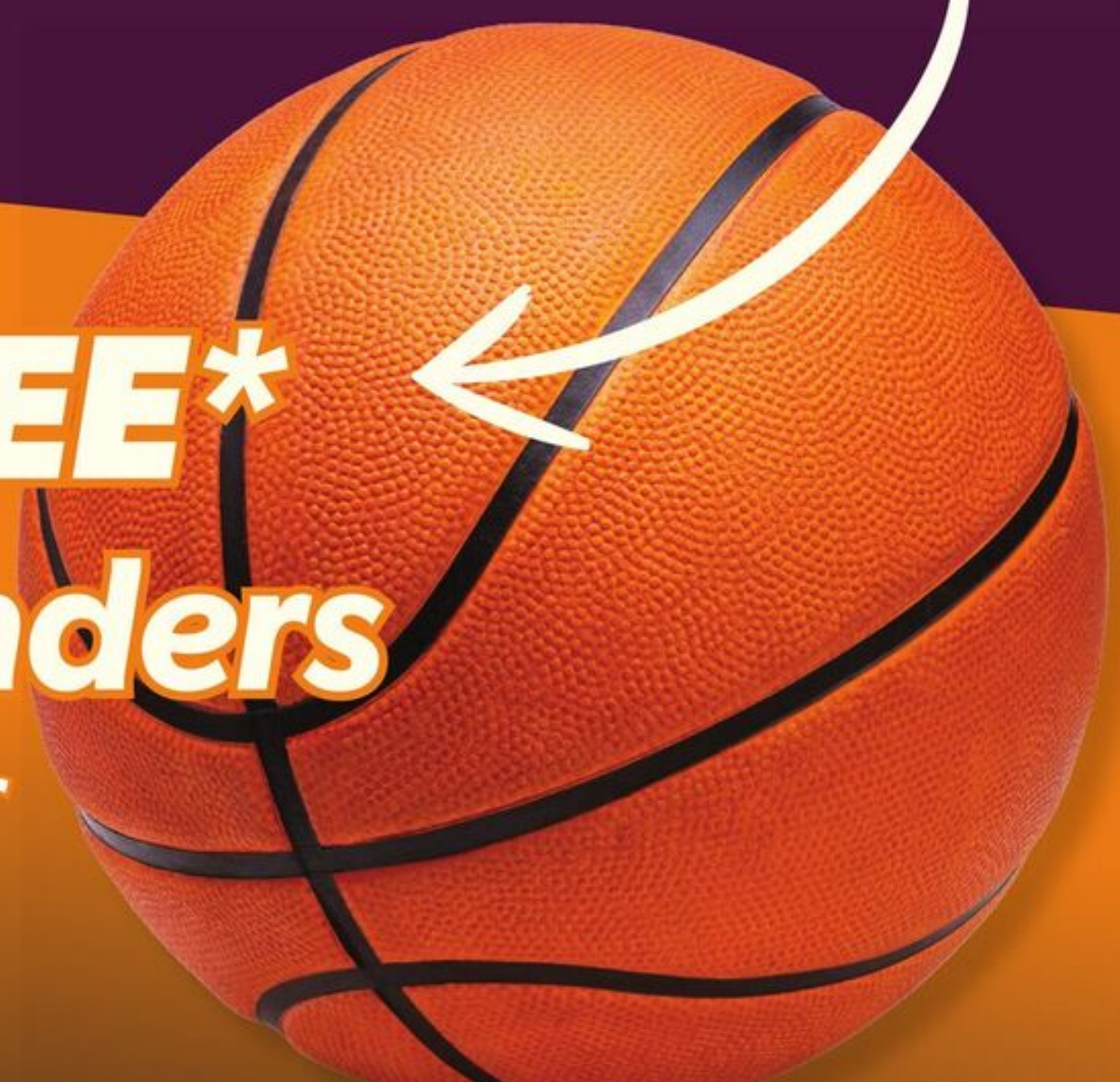


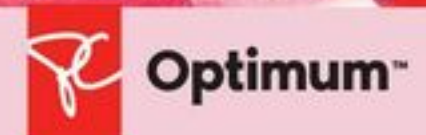


# Toronto **WINS** you **WIN**

score  
**two (2) FREE\***  
**chicken tenders**  
the day after



**App exclusive offer**



\*Open your PC Optimum™ app or visit pcoptimum.ca to get the offer

Offer redeemable for TWO (2) FREE CHICKEN TENDERS when Toronto's major professional Basketball team wins a playoff game. To redeem this offer, open your PC Optimum™ app or visit pcoptimum.ca and sign in to your account and load the offer. Once the offer is activated, present it using the app to the Meals to Go department in-store at participating Ontario Loblaws, Loblaws City Markets and Zehrs locations on the day immediately following an eligible playoff game win between 11:00 AM and 7:00 PM. Product and PC Optimum™ app must be scanned at the checkout. Offer available exclusively to the PC Optimum™ member associated with the account and expires after one use. Limit 1 offer per PC Optimum™ account. Offer has no cash value, is not combinable with any other coupon/offer and there are no substitutions, refunds or exchanges on free product. While supplies last. We reserve the right to substitute the free product in the event of unavailability for any reason.

# weekly deals

Optimum

Members-Only Price\*\*

**\$8**

Non-members  
**\$12**

Members save  
**\$4**



**PC® OR BLUE MENU®**  
**ENTRÉES**  
SELECTED VARIETIES  
FROZEN  
770 G-1.13 KG  
20326534\_EA  
21359210\_EA



**1.50**

**NO NAME®**  
**POTATO CHIPS**  
SELECTED VARIETIES  
200 G  
21302793\_EA  
21302935\_EA



**\$3**



**PC® LEMONADE**  
SELECTED VARIETIES  
1.89 L  
20773870001\_EA  
20957804\_EA



**4.50**

**PC® FROZEN FRUIT**  
SELECTED VARIETIES  
300-600 G  
21496426\_EA  
20312227\_EA



**5.50**

**CHAPMAN'S PREMIUM**  
**ICE CREAM, FROZEN**  
**YOGURT OR SORBET** 2 L OR  
**SUPER NOVELTIES** 6-20'S  
SELECTED VARIETIES  
FROZEN  
20111532\_EA  
20323573001\_EA



# 4<sup>99</sup>

**SCHNEIDERS SLICED BOLOGNA**  
SELECTED VARIETIES  
500 G  
20039186\_EA  
20095530\_EA



# \$6

APP EXCLUSIVE OFFER\*

GET **1,500** <sup>pts</sup>  
**\$1.50**  
back in points

**PC® DELI CHEESE SLICES** 140-170 G OR  
**PC® NATURAL CHOICE® TURKEY, CHICKEN OR HAM SLICED DELI MEAT** 175 G  
SELECTED VARIETIES  
20216643\_EA  
20310580\_EA



\*Open your PC Optimum™ app or visit pcoptimum.ca to get the offer

**SAVE 98¢**  
**WHEN YOU BUY 2**

# 2/\$7

OR  
\$3.99 EA.

**PC® OR BLUE MENU® TORTILLAS** 342-650 G,  
**PC® ORGANICS TORTILLAS** 390 G,  
**COUNTRY HARVEST BREAD** 600-650 G  
SELECTED VARIETIES  
20182857\_EA  
21693323\_EA



# \$13

APP EXCLUSIVE OFFER\*

GET **3,000** <sup>pts</sup>  
**\$3**  
back in points

**PC® NATURAL CHOICE® CHICKEN BREAST STRIPS**  
375 G  
20786418\_EA



\*Open your PC Optimum™ app or visit pcoptimum.ca to get the offer

# \$5

**PC® CHOPPED SALAD KITS**  
SELECTED VARIETIES  
PRODUCT OF U.S.A.  
282-396 G  
21334070\_EA  
21378122\_EA



# 5<sup>99</sup>

**PC® SMOKIN' STAMPEDE BARBECUE SAUCE**  
1 L OR **HELLMANN'S MAYONNAISE** OR  
**DRESSING** 710-890 ML  
SELECTED VARIETIES  
20349189\_EA  
20618579001\_EA



**PROUDLY CANADIAN  
SINCE 1919**

**Loblaws**

**HOT PRICE**  
**5.99** LB  
LAMB SHOULDER CHOPS  
GLUB/PACK OR  
FROZEN GOAT CHOPS  
13.21/KG  
21550513/KG  
21645489/KG

**HOT PRICE**  
**10.88** 900 G  
Equivalent to \$5.49/LB  
GRASS FED LEAN  
GROUND BEEF  
900 G  
21618300\_EA

**HOT PRICE**  
**\$10** LB  
FRESH STEELHEAD  
TROUT FILLETS  
22.05/KG  
FRESH SEAFOOD ITEMS  
SUBJECT TO AVAILABILITY  
21025083\_KG

**HOT PRICE**  
**2.50** LB  
PORK SIDE RIB  
PORTION  
5.51/KG  
20836871\_KG

**SAVE UP TO 23%**  
**\$19**  
PC® PACIFIC WHITE  
SHRIMP RING WITH  
MILD COCKTAIL  
SAUCE 568 G OR  
NANUK SMOKED  
COHO SALMON 300 G  
FROZEN  
20147098\_EA  
20114139\_EA

**SAVE UP TO 64%**  
**2.50** 10 LB BAG  
FARMER'S MARKET™  
RED OR YELLOW POTATOES  
PRODUCT OF CANADA,  
CANADA NO. 1 GRADE  
10 LB BAG  
20601013001\_EA  
20601017001\_EA

**HOT PRICE**  
**2.99** 340 G  
PC® GREENHOUSE  
GROWN STRAWBERRIES  
PRODUCT OF CANADA,  
NO. 1 GRADE  
340 G  
21027142001\_EA

**Optimum**  
Members-Only Price  
**\$3**  
Members save \$1  
Non-members  
**\$4**  
JUMBO  
HAMBURGER OR  
HOT DOG BUNS  
WHITE OR SESAME  
8'S  
20711614\_EA  
20711617\_EA

**SAVE UP TO \$2**  
**\$5**  
DR. OETKER  
GIUSEPPE PIZZERIA  
RISING CRUST  
OR THIN CRUST  
PIZZA 480-785 G OR  
PC® WOOD-FIRED  
PIZZERIA  
PIZZA 366-413 G  
SELECTED VARIETIES  
FROZEN  
21106361\_EA  
21540352\_EA

**4.50** 4 LB  
FARMER'S MARKET™  
GALA, FUJI OR  
MCINTOSH APPLES  
PRODUCT OF ONTARIO,  
CANADA FANCY GRADE  
4 LB  
20767998001\_EA  
20713211001\_EA

**\$4** PREPARED IN CANADA  
PHILADELPHIA  
CREAM CHEESE OR  
DIPS 227/250 G, KRAFT  
SINGLES 410 G OR  
KRAFT CHEEZ WHIZ  
450 G SELECTED VARIETIES  
20641267\_EA  
21188654\_EA

**SAVE 36%** PREPARED IN CANADA  
**\$3**  
NEILSON CREAMER,  
TABLE CREAM OR  
WHIPPING CREAM  
SELECTED VARIETIES  
473 ML/1L  
20123609\_EA  
20774431\_EA

**SAVE UP TO 51%**  
**\$13**  
ROYALE  
BATHROOM TISSUE  
30=60 ROLLS OR TIGER  
TOWEL 6=12 ROLLS OR  
FACIAL TISSUE 12'S  
SELECTED VARIETIES  
20705292\_EA  
21378233\_EA  
21484732\_EA

Disney · PIXAR  
**FREE STICKER PACK**  
FOR EVERY \$25 SPENT\*  
**\$5** UNIQUE ALBUM  
ANIMAL FRIENDS STICKER  
COLLECT AND DISCOVER INTERESTING ANIMAL FACTS

\*WHILE SUPPLIES LAST FROM APRIL 9TH UNTIL MAY 6TH, 2026. EXCLUSIONS APPLY. VISIT WWW.LOBLAWUNIVERSE.CA OR IN-STORE FOR EXCLUSIONS AND COMPLETE OFFER DETAILS.

Flyer prices effective from Thursday, April 16th to Wednesday, April 22nd, 2026. SEE BACK PAGE FOR DETAILS.  
Excludes Loblaws 500 Lake Shore Boulevard West.

**APP EXCLUSIVE OFFER\***

for every \$100\* spent on baby, cosmetics, health & beauty, apparel, gaming, small appliances, home and/or pet departments

GET **25,000** back in points



**\$37**

**HUGGIES PULL UPS OR PAMPERS EASY UPS GIANT PACK TRAINING PANTS**  
SELECTED VARIETIES  
68-112'S  
2102427\_EA  
21089259\_EA



**LIMIT 4**  
AFTER LIMIT  
43.99 EA.

**\$35**

**HUGGIES ECONO PACK DIAPERS**  
SELECTED VARIETIES  
SIZE N-7, 60-200'S  
21456748\_EA  
21667086\_EA



**LIMIT 4**  
AFTER LIMIT  
41.99 EA.

**4/\$7**

OR \$1.99 EA.  
**GERBER ORGANIC PUREE BABY FOOD**  
128 ML OR MEALTIME  
**PUREE JARS** 160 ML  
SELECTED VARIETIES  
21024943\_EA  
21466955\_EA



**6+ MONTHS**

**\$5**

**BEN & JERRY'S OR HALO TOP OR TALENTI 473 ML OR MAGNUM BARS 3/4'S**  
SELECTED VARIETIES  
FROZEN  
21087007\_EA  
21428403\_EA



**SAVE 45%**

**\$2**

**NEILSON CHOCOLATE MILK**  
SELECTED VARIETIES  
1L  
20062332001\_EA  
20650656\_EA



**\$15**  
PC SALAD SPINNER  
21416723\_EA

limit 4, after limit \$35 ea. while supplies last

**\$4**

**LIBERTÉ MEDITERRANEE YOGURT 500 G, LIBERTÉ GREEK YOGURT 4X100 G OR PC® PROBIOTIC YOGURT 650 G**  
SELECTED VARIETIES  
21547564\_EA  
21684206\_EA



**1.50**

**CLOVER LEAF LIGHT TUNA**  
SELECTED VARIETIES  
85/170 G  
20315581002\_EA  
2001817001\_EA



**SAVE UP TO 54%**

**1.35**

**SWANSON POT PIES**  
200 G OR  
**MICHELINA FROZEN MEALS**  
212-284 G  
SELECTED VARIETIES  
FROZEN  
20320525001\_EA  
21208614\_EA



**\$7**

**BECEL MARGARINE**  
SELECTED VARIETIES  
637/850 G  
20297818002\_EA  
21279389\_EA



**\$3**

**PREGO PASTA SAUCE**  
SELECTED VARIETIES  
645 ML  
2032582001\_EA  
2032582002\_EA



**SAVE 98% WHEN YOU BUY 2**

**2/\$5**

OR \$2.99 EA.  
**DELVERDE PASTA**  
SELECTED VARIETIES  
250/450 G  
20317975004\_EA  
20317975008\_EA



**1.39**

**UNICO BEANS 540 ML OR TOMATOES 796 ML**  
SELECTED VARIETIES  
20313447001\_EA  
20314629001\_EA



**\$3**

**KELLOGG'S RICE KRISPIES BARS 176 G, NUTRI-GRAIN BARS 295 G, SPECIAL K FRUIT CRISPS 125 G OR POP TARTS PASTRIES 384 G**  
SELECTED VARIETIES  
20313984003\_EA  
21290059\_EA



**\$11**

**TIDE DETERGENT 1.62-1.86 L, PODS/FLINGS 18-31'S, DOWNY/GAIN FABRIC SOFTENER 1.66-2.63 L, DOWNY/GAIN/IVORY SNOW BEADS 303-379 G**  
SELECTED VARIETIES  
21430598\_EA  
21550428\_EA  
21593782\_EA



**PRICE DROP†**

**More ways to save**

**1.25**

**JARRITOS SOFT DRINKS**  
SELECTED VARIETIES  
370 ML  
20147354007\_EA  
20147354011\_EA



**3.50**

**PC® SALSA**  
SELECTED VARIETIES  
650 ML  
20309646001\_EA  
20309646003\_EA



**\$3**

**MCCAIN SUPERFRIES 454-650 G OR FRIES, POTATOES PANCAKES OR WEDGES 600-800 G**  
SELECTED VARIETIES  
FROZEN  
20324328002\_EA  
20799522\_EA



**4.50**

**SIETE GRAIN FREE TORTILLA CHIPS**  
SELECTED VARIETIES  
142 G  
214447174\_EA



**Loblaws** CUSTOMER RELATIONS 1-800-296-2332 VISIT [loblaws.ca](http://loblaws.ca) FOR STORE HOURS. Loblaws Loblaws

Please call Customer Relations at 1-800-296-2332 or visit our website at [loblaws.ca](http://loblaws.ca) for your store's hours and to see which Loblaws® locations do not participate in this flyer. Quantities and/or selection of items may be limited and may not be available in all stores. No rainchecks or substitutions on clearance items or where quantities are advertised as limited. Advertised regular pricing and product selection (flavour, colour, patterns, style) may vary by store location. We are not obligated to sell items based on errors or misprints in typography or photography. **Pricing:** All references to "Save, Was, Now, Savings, etc." are in comparison to our own regular prices. Savings on items shown may vary by store location. Applicable taxes, deposits, or environmental surcharges are extra. No sales to retail outlets. Coupons must be presented and redeemed at time of purchase. **Trademarks:** ®/™ The trademarks, service marks and logos displayed in this flyer are trademarks of Loblaws Inc. and others. **PC Optimum™ Members Only:** Offers are available to valid PC Optimum™ program members. Membership is free. To register, see in-store or visit [pcoptimum.ca](http://pcoptimum.ca). Points are not guaranteed in case of errors or misprints. No cash value. See [loblaws.ca](http://loblaws.ca) for full program details including redemption restrictions. Minimum redemption is 10,000 points. These offers cannot be combined with any other coupons, discounts, or promotions. No adjustments on previous purchases. We may modify or cancel offers without notice. Product availability may vary by store. While supplies last. **Points Offers:** Receive the specified points when you spend the qualifying amount on the listed products/categories before taxes, after discounts and redemptions, in a single transaction. Taxes apply on purchase amount after discounts. PC Optimum™ pricing is not valid in price match programs for participating Loblaws Inc. banner stores. **Outdoor/Seasonal Items:** Outdoor seasonal items (e.g., lawn and garden) may only be available at select stores. Please check your local store for pricing, limits, and availability. **†PRICE DROP Offer:** Valid in-store at participating locations from April 9 - May 13, 2026 before taxes and while quantities last. Applies only to select products. Offer may be modified or cancelled without notice. See in-store for full details.

LSL BACK



**freshness you can taste**

**FRESH PROMISE** If it's not fresh, it's free.\*

\*Fresh Promise: Applicable to eligible fresh produce items purchased at Loblaws store locations or online at [loblaws.ca](http://loblaws.ca). If you are not completely satisfied with your eligible fresh produce item, we will replace it with an identical item, or in our discretion, a comparable item and provide you with a refund of the purchase price upon presentation of the item and your original receipt within 7 days of purchase at the Loblaws store where purchase originated. The fresh promise may not be combined with any other offer. We reserve the right to cancel or change the terms of this guarantee at any time without notice.

**\$7**

**PC® BLUEBERRIES**  
9.8 OZ. PRODUCT OF MEXICO, PERU OR MOROCCO OR  
**RASPBERRIES PINT**  
PRODUCT OF MEXICO OR U.S.A.  
20573077\_EA  
20034947001\_EA

**PINT**

**3<sup>49</sup>** **EXTRA LARGE**  
LB

**PC® EXTRA LARGE RED SEEDLESS GRAPES**  
PRODUCT OF CHILE,  
NO. 1 GRADE  
7.69/KG  
20159199001\_KG

**SWEET CELEBRATION**  
RED SEEDLESS GRAPES  
EXTRA LARGE (NO. 1 GRADE)

**\$3** **PRODUCT OF CANADA**

**FARMER'S MARKET™ MINI CUCUMBERS**  
PRODUCT OF CANADA  
6'S  
20737570001\_EA

**FARMER'S MARKET™ DÉLICÉS DU MARCHÉ**  
**MINI CUCUMBERS**  
6 à 8 lb (2.7-3.6 kg)

**2<sup>88</sup>**

**BROCCOLI CROWNS**  
PRODUCT OF MEXICO OR U.S.A.  
EACH  
21121560001\_EA

**SAVE \$1.02**  
**WHEN YOU BUY 3**

**3/4<sup>98</sup>**  
OR \$2 EA.

**RED MANGOES**  
PRODUCT OF MEXICO  
20059635001\_EA

**\$5** **LARGE**

**LARGE CROWNLESS PINEAPPLE**  
PRODUCT OF COSTA RICA  
EACH  
201919813001\_EA

**1<sup>88</sup>** **LB**

**SWEET POTATOES**  
PRODUCT OF CANADA OR U.S.A.  
4.14/KG  
20127708001\_KG

**\$6**

**FARMER'S MARKET™ NAVEL SEEDLESS ORANGES**  
PRODUCT OF MOROCCO OR SPAIN  
3 LB  
20162945001\_EA

**FARMER'S MARKET™ DÉLICÉS DU MARCHÉ**  
**ORANGES**  
1.36 kg (3lb)

**\$18-19**

**FAMILY SIZE SALADS**  
PREPARED IN-STORE, SELECTED VARIETIES  
665 G-1.173 KG  
20972499\_EA  
20972512\_EA

**New & exclusive** Shop our Lisa Vanderpump floral collection.

**Vanderpump**  
VANDERPUMP GARDENS

**\$37** **\$47** **\$60**

**2<sup>99</sup>** **LB** **INCLUDES HALAL**

**CHICKEN DRUMSTICKS OR THIGHS**  
INCLUDES HALAL  
FAMILY SIZE  
6.59/KG  
20004944\_KG  
20058163\_KG

**\$14** **AIR CHILLED**

**PC® SPLIT CHICKEN WINGS**  
AIR CHILLED  
UP TO 990 G  
21340973\_EA

**CHICKEN POULET**

**11<sup>50</sup>** **LB**

**INSIDE ROUND OVEN ROAST**  
CUT FROM CANADA AA OR USDA SELECT GRADE BEEF OR HIGHER  
25.35/KG  
20812494\_KG

**\$7** **PREPARED IN CANADA**

**MAPLE LODGE ULTIMATE CHICKEN SAUSAGES**  
SELECTED VARIETIES  
375/500 G  
21378310\_EA  
21539970\_EA

**ULTIMATE**  
ORIGINAL • ORIGINALE  
375 g

**ULTIMATE**  
MILD ITALIAN • ITALIENNES DOUCES  
500 g

**\$9** **PREPARED IN CANADA**

**PC® NATURALLY SMOKED BACON**  
SELECTED VARIETIES  
375/500 G  
20057892\_EA  
20152629\_EA

**BACON**

**\$8** **GET 50¢**

**BEYOND MEAT PLANT-BASED**  
SELECTED VARIETIES,  
FROZEN  
226-400 G  
21220674\_EA  
21300103\_EA

**BEYOND BEEF**  
PLANT-BASED GROUND SPIES-RICHIU FACILE À BASER DE PLANTES  
75%  
AVOCADO OIL • HUILE D'AVOCAT  
1.8g

**BEYOND SAUSAGE**  
PLANT-BASED LINKS SAUCISSE À BASE DE PLANTES  
HOT ITALIAN ITALIENNES ÉPICES  
1.8g

**find your catch in seafood**

**\$10**

**SEAQUEST® COLOSSAL PACIFIC WHITE SHRIMP**  
RAW ZIPPERBACK®  
16-20 PER LB 300 G OR  
**MARINA DEL REY WILD ARGENTINIAN SHRIMP** RAW EASY PEEL  
20-30 PER LB 300 G  
21043897\_EA  
20907159\_EA

**Seaquest**  
Pacific White Shrimp  
Crevettes blanches du Pacifique  
16-20/lb  
RAW • CRUES

**SAVE UP TO 99¢**

**\$3**

**SEAQUEST® CRAB OR LOBSTER FLAVOURED POLLOCK FLAKES OR CHUNKS**  
SELECTED VARIETIES  
READY-TO-EAT  
227 G  
20699832\_EA

**Seaquest**  
FLAKE-STYLE • EN FLOCONS  
King Crab Flavoured  
Wild Alaska Pollock in Wild Arctic Whiting  
Made with sustainably sourced wild king crab and wild white shrimp  
Contient de l'Alaska saumon et du merlu du Pacifique  
à saveur de crabe royal  
Fait avec des ingrédients de l'océan sauvage et du merlu du Pacifique saumon et saumon durable  
READY TO EAT/PRÊT À MANGER

**\$12** **EA./LB**

**PC® SMOKED SALMON**  
SELECTED VARIETIES  
FROZEN 125/150 G \$12 EA.  
OR FRESH ATLANTIC SALMON FILLETS  
FAMILY SIZE \$12 LB 26.46/KG  
20055009\_EA  
20720065\_KG

**SMOKED WILD SOCKEYE SALMON**  
SAUMON SOCKEYE SAUVAGE FUMÉ

# bakery deals rising daily

# 4<sup>50</sup>

**BAKED IN-STORE**

**PREMIUM BAGELS**  
SELECTED VARIETIES  
6'S  
21016649\_EA  
21705757\_EA



# 3<sup>50</sup>

**BAKED IN-STORE**

**ACE BAGUETTE**  
SELECTED VARIETIES  
325-400 G  
20171171\_EA  
21314348\_EA



# \$5

**PREPARED IN CANADA**

**ACE BISTRO LOAF**  
SELECTED VARIETIES  
545-640 G  
21707600\_EA  
21707643\_EA



# 5<sup>50</sup>

**BAKED IN-STORE**

**MINI DANISH 8'S OR TURNOVERS OR STRUDEL 4'S**  
SELECTED VARIETIES  
21464137\_EA  
21476309\_EA



# 9<sup>50</sup>

**PREPARED IN CANADA**

**FARMER'S MARKET™ PIES**  
ASSORTED VARIETIES  
580 G-1 KG  
21664095\_EA  
21664315\_EA



# 7<sup>50</sup>

**PREPARED IN CANADA**

**FARMER'S MARKET™ COOKIES**  
SELECTED VARIETIES  
12'S  
20566294\_EA  
20566295\_EA



# \$23

**THREE SISTERS ICE CREAM CAKE**  
SELECTED VARIETIES,  
FROZEN  
1.2 KG  
21702056\_EA



# \$3

**PC® OR BLUE MENU® ENGLISH MUFFINS 342 G OR PC® ENGLISH-STYLE CRUMPETS 284 G**  
SELECTED VARIETIES  
20123948\_EA  
20810728\_EA



# \$3

**PREPARED IN CANADA**

**PC® INDIAN NAAN BREAD**  
SELECTED VARIETIES  
250 G  
20321754\_EA



# \$7

**PREPARED IN CANADA**

**BOURSIN SOFT CHEESE**  
SELECTED VARIETIES  
150 G  
20116794\_EA  
20591214\_EA



## in the mood for deli-cious

**SAVE \$105/100 G**

# 4<sup>40</sup>

**PC® SPLENDIDO® PARMIGIANO REGGIANO CHEESE**  
PRODUCT OF ITALY  
IN-STORE DELI CUT  
20377023\_KG



**Members-Only Price™**  
**\$8**

**Non-members**  
**\$12**

**SCHNEIDERS PEPPERETTES**  
SELECTED VARIETIES  
250-375 G  
20976110\_EA  
21196171\_EA



**SAVE UP TO \$7.49**

# \$8

**PILLER'S PIZZA TOPPINGS 175/250 G OR TRE STELLE MOZZARELLA BALL 340 G**  
SELECTED VARIETIES  
20042333\_EA  
20189267\_EA



# 2/\$12

**PREPARED IN CANADA**

OR \$6.50 EA.  
**DAIYA DAIRY FREE CHEESE 170-227 G OR GUSTA VEGGIE BURGER 300 G**  
SELECTED VARIETIES  
21660590\_EA  
21706716\_EA



# 2/\$7

**PREPARED IN CANADA**

OR \$4.50 EA.  
**FONTAINE SANTÉ HUMMUS 260/283 G OR PC® NAAN DIPPERS 200 G**  
SELECTED VARIETIES  
21092033\_EA  
21687331\_EA



## on the run, we got you

# \$7

**PREPARED IN-STORE**

**SUB SANDWICHES OR WRAPS**  
230-299 G  
21623659\_EA  
21623663\_EA



# 2/\$9

OR \$5 EA.  
**PC® PASTA OR GNOCCHI**  
SELECTED VARIETIES  
255-350 G  
21681515\_EA  
21682075\_EA



**SAVE UP TO \$1.99**

# \$16

**BENTO CALIFORNIA FAMILY PACK**  
SELECTED VARIETIES  
30'S, 654 G  
21638655\_EA



**Order in-store or online today.**

Please place your orders at the Meals To Go department 24 hours in advance.

## party platters

Discover our selection of freshly prepared platters for your next occasion.

**FROM \$20**

serves 8-10



# celebrating the team behind the scenes

**ADMINISTRATIVE  
PROFESSIONALS'  
DAY**  
Wednesday April 22<sup>nd</sup>



**BUY TWO (2)  
GET ONE (1)  
FREE**

**MARKET BUNCHES**  
ASSORTED VARIETIES  
AND COLOURS  
**2/\$20**  
OR \$12 EA.  
21739702\_EA



# \$28

**5 INCH ORCHID**  
EACH  
21664246\_EA



©Disney/Pixar

Disney · PIXAR

# FREE STICKER PACK

FOR EVERY \$25 SPENT\*

**\$5** UNIQUE ALBUM

Disney PIXAR ANIMAL FRIENDS STICKER COLLECT AND DISCOVER INTERESTING ANIMAL FACTS

\*WHILE SUPPLIES LAST FROM APRIL 9TH UNTIL MAY 6TH, 2026. EXCLUSIONS APPLY. VISIT WWW.LOBLAWUNIVERSE.CA OR IN-STORE FOR EXCLUSIONS AND COMPLETE OFFER DETAILS.

**SPEND \$10\* ON**  
**SELECT CHEERIOS, OATMEAL CRISP, NATURE VALLEY, OLD EL PASO, PILLSBURY, OR ANNIE'S PRODUCTS AND GET A BONUS STICKER PACK**  
 21104047\_EA/21667577\_EA

**SPEND \$12\* ON ANY**  
**COCA-COLA, CANADA DRY 12X355 ML SELECTED VARIETIES AND GET ONE BONUS STICKER PACK**  
 20318694002\_C12

**SPEND \$15\* ON**  
**SELECT BLACK DIAMOND, KRAFT PARMESAN, IOGO, ASTRO OR LACTANTIA PRODUCTS AND GET ONE BONUS STICKER PACK**  
 21694605\_EA/21290384\_EA/20763661\_EA/20165226001\_EA

**SPEND \$15\* ON**  
**SELECT CHRISTIE CRACKERS, CHRISTIE COOKIES, CADBURY, HALLS OR CLIF ENERGY BARS AND GET ONE BONUS STICKER PACK**  
 21358407\_EA/21361508\_EA/21547034\_EA/21030647\_EA

**SPEND \$10\* ON**  
**SELECT NESCAFÉ, STARBUCKS COFFEE, OR MAISON PERRIER BEVERAGE PRODUCTS AND GET ONE BONUS STICKER PACK**  
 20548682004\_EA/20873036\_EA/21576465\_C08

**SPEND \$10\* ON**  
**SELECT PC® OR NO® NAME CHIPS, POPCORN, OR PRETZELS AND GET ONE BONUS STICKER PACK**  
 21302821\_EA/21302823\_EA

**SPEND \$9\* ON**  
**SELECT MILK 2 GO, ARMSTRONG PROTEIN STICKS AND GET A BONUS STICKER PACK**  
 21537885\_EA/21694973\_EA

**SPEND \$15\* ON**  
**SELECT ROYALE PAPER PRODUCTS AND GET ONE BONUS STICKER PACK**  
 21378233\_EA/21484732\_EA/21618478\_EA

**SPEND \$10\* ON**  
**SELECT PC® BLUE MENU® PRODUCTS AND GET ONE BONUS STICKER PACK**  
 20668034002\_C01/20668034001\_C01

©Disney/Pixar

# Disney · PIXAR FREE STICKER PACK FOR EVERY \$25 SPENT\*

**\$5**  
UNIQUE  
ALBUM



\*WHILE SUPPLIES LAST FROM APRIL 9TH UNTIL MAY 6TH, 2026. EXCLUSIONS APPLY. VISIT WWW.LOBLAWUNIVERSE.CA OR IN-STORE FOR EXCLUSIONS AND COMPLETE OFFER DETAILS.

**7<sup>99</sup>**

**MAISON PERRIER SLEEK CANS**  
SELECTED VARIETIES  
8X330 ML  
21576465\_C08  
21575556\_C08

**Optimum**  
Members-Only Price  
**5<sup>50</sup>**  
Non-members  
**7<sup>99</sup>**

Members save **\$2.49**

**KELLOGG'S FAMILY SIZE CEREAL**  
SELECTED VARIETIES  
450-650 G  
20054727\_EA  
21651640\_EA

**2/\$6**  
OR \$3.49 EA.

**GLACEAU VITAMIN WATER**  
SELECTED VARIETIES  
591 ML  
20333194006\_EA  
20562362003\_EA

**\$6**

**KRAFT PEANUT BUTTER**  
SELECTED VARIETIES  
750 G/1 KG  
20039581002\_EA  
20311582003\_EA

**2<sup>75</sup>**

**PEPPERIDGE FARM GOLDFISH CRACKERS**  
SELECTED VARIETIES  
156 - 200 G  
20300320\_EA  
20306994003\_EA

**3/\$9**  
OR \$3.75 EA.

**FIBRE 1 BROWNIES OR BARS** 125-175 G OR  
**NATURE VALLEY PROTEIN BARS** 148 G,  
**LUNCH BOX BARS** 130 G OR  
**SWEET & SALTY BARS** 160-175 G  
SELECTED VARIETIES  
20686988002\_EA  
20887250\_EA

**\$4**

**ASTRO YOGURT TUBS** 650-750 G  
OR **IÖCO NANO BUBBLES** 4X100 G  
SELECTED VARIETIES  
20163226001\_EA  
21719739\_EA

**2/\$7**

OR \$4 EA.

**YOPLAIT TUBES** 448 G  
OR **MINIGO** 360 G  
SELECTED VARIETIES  
21547595\_EA  
21619318\_EA

**\$5**

**ARMSTRONG STICKS**  
SELECTED VARIETIES  
180/210 G  
21440769\_EA  
21694973\_EA

**\$24** GET **2,000** back in points

**MCCAFÉ K-CUPS**  
SELECTED VARIETIES  
24/30'S  
21240975\_EA

**SAVE 98¢**  
WHEN YOU BUY 2

**2/\$5**

OR \$2.99 EA.

**CATELLI HEALTHY HARVEST OR SMART PASTA**  
SELECTED VARIETIES  
375 G  
20299819008\_EA  
20527265\_EA

**SAVE \$1.98**  
WHEN YOU BUY 2

**2/\$12**

OR \$6.99 EA.

**HEALTHY CHOICE STEAMERS OR SIMPLY STEAMERS**  
SELECTED VARIETIES  
FROZEN  
255-292 G  
20318616005\_EA  
20974539\_EA

**4<sup>50</sup>**

**CASA MENDOSA WHITE OR WHOLE WHEAT TORTILLA**  
SELECTED VARIETIES  
640 G  
20276307\_EA  
20318788\_EA

**SAVE \$1.98**  
WHEN YOU BUY 2

**2/\$6**

OR \$3.99 EA.

**CADBURY CHOCOLATE BARS**  
SELECTED VARIETIES  
80-100 G  
21648577\_EA  
21648701\_EA

**SAVE \$2.08**  
WHEN YOU BUY 2

**2/11<sup>50</sup>**

OR \$6.79 EA.

**PC® OR PC® BLUE MENU® SPARKLING WATER**  
SELECTED VARIETIES  
12X355 ML  
20668034002\_C01  
20668034001\_C01

**\$10**

**ROYALE TIGER TOWELS PAPER TOWELS**  
SELECTED VARIETIES  
3=6 ROLLS  
21484702\_EA

**APRIL**

**HIT OF THE MONTH**

**LIMIT 6**  
AFTER LIMIT  
\$3 EA.



**\$1<sup>88</sup>**

**LECLERC GO PURE  
FRUIT & OAT OR  
OATMEAL BARS**  
SELECTED VARIETIES  
140/175 G  
21221434\_EA  
21507858\_EA

**LIMIT 6**  
AFTER LIMIT  
\$5 EA.



**\$4**

**PLANTERS CASHEWS**  
SELECTED VARIETIES  
200 G  
21021617\_EA  
21021618\_EA

**LIMIT 6**  
AFTER LIMIT  
4.50 EA.



**\$3**

**HARVEST CREEK HALAL  
CHICKEN WIENERS OR  
BUTCHER'S SELECTION  
STAMPEDE HOTDOG  
ORIGINAL**  
SELECTED VARIETIES  
900 G  
21307061\_EA  
21309103\_EA

**LOWEST PRICES  
BEST DEALS**

As compared to other major grocery retailers within your local areas.  
\* Must be a registered PC Optimum™ member to get this offer.  
Valid from April 1 - 30, 2026. While quantities last. See in-store for details.



Disney · PIXAR

# FREE STICKER PACK FOR EVERY \$25 SPENT\*

**\$5**  
UNIQUE  
ALBUM



64 STICKERS TO COLLECT  
DISCOVER INTERESTING  
ANIMAL FACTS

WHILE SUPPLIES LAST



©Disney ©Disney/Pixar

\*WHILE SUPPLIES LAST FROM APRIL 9TH UNTIL MAY 6TH, 2026. EXCLUSIONS APPLY. VISIT [WWW.LOBLAWUNIVERSE.CA](http://WWW.LOBLAWUNIVERSE.CA) OR IN-STORE FOR EXCLUSIONS AND COMPLETE OFFER DETAILS.

# hello spring let the growing begin



**\$18**

**PC® SENETTI PLANTER**  
8 INCH  
21164649\_EA



**\$15**

**FARMER'S MARKET™  
PANSY BOWL**  
SELECTED VARIETIES  
10 INCH  
20753921\_EA



**\$18**

**FARMER'S MARKET™  
EARLY MIX BOWL**  
SELECTED VARIETIES  
10 INCH  
20753834\_EA



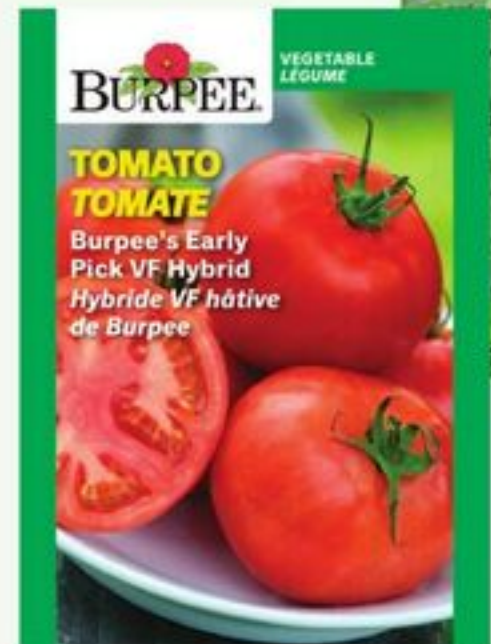
**\$23**

**PC® LAVENDER SHRUB**  
8 INCH  
21573051\_EA



**1<sup>99</sup> - 5<sup>99</sup>**

**BURPEE OR  
MCKENZIE SEEDS**  
SELECTED VARIETIES  
EACH  
20752992\_EA  
20752876\_EA



**\$10-17**

**SPRING BULBS**  
PLANT NOW FOR  
SUMMER BLOOMS  
SELECTED VARIETIES  
EACH  
214223977\_EA  
21635808\_EA



**\$25**

**PC® OUTDOOR  
SPRING  
ARRANGEMENT**  
10 INCH  
21575688\_EA



**2/\$12**

OR \$7 EA.  
**PC® ENRICHED  
LAWN SOIL**  
25 L  
21349080\_EA



**4/\$12**

OR \$3.25 EA.  
**PC® BLACK  
EARTH SOIL**  
25 L  
21357792\_EA



**\$10**

**PC® FLOWER AND  
GARDEN BED SOIL**  
50 L  
21363856\_EA



**3/\$12**

OR \$4.50 EA.  
**NO NAME® COW  
MANURE COMPOST**  
12.5 KG  
21349331\_EA



**2/\$12**

OR \$7 EA.  
**PC® POTTING SOIL**  
25 L  
21349090\_EA



**3/\$12**

OR \$4.50 EA.  
**NO NAME®  
CEDAR MULCH**  
AVAILABLE IN BLACK  
NATURAL OR RED  
42.5 L  
21358531\_EA  
21358536\_EA



# EARTH CONSCIOUS. BUDGET CONSCIOUS.

Happy Earth Day! Shop planet-friendly products.

Leading with purpose:  
Helping Canadians  
Live Life Well®



Loblaw has made several changes to its packaging to become more environmentally conscious, focusing on reducing plastic waste and improving recyclability. Loblaw has taken proactive steps to tackle plastic waste by communicating the global "Golden Design Rules" to control brand and packaging vendors and outlining our new criteria for packaging standards. By the end of 2025, Loblaw successfully reached a percentage for recyclable or reusable control brand and store-supplied plastic packaging of 98%. Loblaw has also innovated with new materials, such as switching our whole bean coffee packaging to mostly paper-based containers made from renewable fibres, which lowers carbon impact and increases recyclability.

**\$23**

**PC® WHOLE BEAN COFFEE**  
SELECTED VARIETIES  
820/907 G  
21393277\_EA  
21393334\_EA



Loblaw Companies Limited is making your coffee more eco-friendly by switching President's Choice® whole bean varieties to recyclable, paper-based packaging. This new design uses mostly renewable materials, helping reduce environmental impact while keeping your coffee fresh.

**6<sup>50</sup>**

**PC® SPICES**  
SELECTED VARIETIES  
7-82 G  
21111108\_EA  
21117314\_EA



Out with stealthy black, in with traceable flair—our spices and marinades got a colorful makeover so your recycling bin can finally recognize what's worth saving.

**4<sup>50</sup>**

**PC® VINAIGRETTE**  
SELECTED VARIETIES  
350 ML  
21072440\_EA  
21478280\_EA



**\$8**



**PC® ORGANICS WHOLE CREMINI OR WHITE MUSHROOMS**  
PRODUCT OF CANADA  
680 G  
21166445001\_EA/21166443001\_EA



Step aside, black plastic! Our new plastic mushroom containers are completely recyclable.

**\$17**

**PC® ORGANICS BLACK TIGER SHRIMP COOKED LARGE FROZEN**  
340 G  
21687334\_EA



Same great shrimp ring, way better for the planet. Our clear plastic and recyclable packaging will make you the hit of the party!

**\$14**



**PC® SPLIT CHICKEN WINGS**  
AIR CHILLED UP TO 990 G  
21340973\_EA



Our fresh meat and seafood is transitioning to clear plastic trays. The planet will love this recyclable protein packaging!

## clean home. cleaner planet.

**\$30**

**TIDE PODS 112'S OR TIDE POWER PODS 63'S**  
SELECTED VARIETIES  
21450151\_EA



**\$14**

**PUREX 4.08-4.43 L, SUNLIGHT 4 L OR PERSIL 1.86 L LAUNDRY DETERGENT OR SNUGGLE FABRIC SOFTENER 2.77 L**  
OR **SHEETS 200'S**  
SELECTED VARIETIES  
21169575\_EA  
21658822\_EA



**\$5**

**GREENWORKS SPRAYS 946 ML, TOILET BOWL CLEANER 709 ML, WIPES 75'S OR GREEN WORKS DISH SOAP 635 ML**  
SELECTED VARIETIES  
21478752\_EA  
21657754\_EA



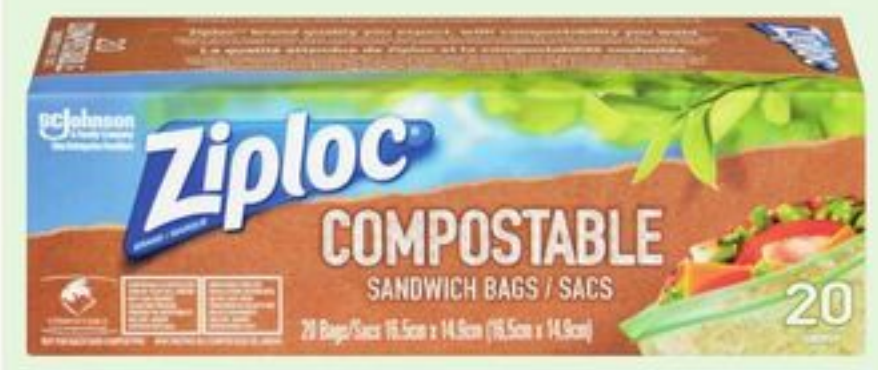
**\$10**

**GLAD COMPOST BAGS**  
SELECTED VARIETIES  
30'S  
20578526\_EA



**\$6**

**ZIPLOC COMPOSTABLE BAGS**  
SELECTED VARIETIES  
20'S  
21351380\_EA



**\$8**

**LYSOL LAUNDRY DISINFECTANT**  
SELECTED VARIETIES  
1.2 L  
21495670\_EA



**5<sup>50</sup>**

**METHOD OR MRS. MEYERS DISH DETERGENT 473-53 ML OR ALL PURPOSE CLEANERS 473-828 ML**  
SELECTED VARIETIES  
21046918\_EA  
21518332\_EA



**SAVE 20%**

**ALL TRU EARTH LAUNDRY DETERGENT STRIPS, SCENT BOOSTERS, TOILET BOWL CLEANER OR MULTI SURFACE CLEANER STRIPS OR DRYER BALLS**  
SELECTED VARIETIES  
AND SIZES  
21425514\_EA



**\$15**

**FINISH DISHWASHING TABS 30-55'S OR JET-DRY 946 ML**  
SELECTED VARIETIES  
21565525\_EA



**\$12**

**ECO-MAX LAUNDRY WASH**  
SELECTED VARIETIES  
3 L  
20347155001\_EA  
20347155002\_EA



**SAVE 25%**

**LEMON AID CLEANERS OR CRATE 61 BAR SOAPS**  
SELECTED VARIETIES  
750-1000 ML / 110 G  
21012081\_EA  
21163379\_EA  
21012092\_EA



**8<sup>50</sup>**

**NATURE CLEAN LAUNDRY DETERGENT STRIPS 32'S OR TOILET BOWL CLEANER STRIPS**  
SELECTED VARIETIES  
21451364\_EA  
21451469\_EA



# Shop the World in our aisles



**\$16**

**HALAL**

**SUFRA® HALAL WHOLE CHICKEN**  
UP TO 1.8 KG  
21617063\_EA



**\$12** LB

**BEEF OXTAIL**  
FRESH  
26.46/KG  
20879454\_KG



**5** LB

**PORK BELLY PORTION**  
12.10/KG  
20793502\_KG



**\$7**

**T&T® PACIFIC WHITE SHRIMP** RAW 30-40 PER LB  
400 G OR COOKED  
21-25 PER LB 300 G  
21689820\_EA  
21689868\_EA



**1** LB

**CHINESE JUMBO CARROT**  
PRODUCT OF CHINA OR  
NAPA CABBAGE  
PRODUCT OF MEXICO  
4.14/KG  
20851084001\_KG  
20015025001\_KG



**1** LB



**JAPANESE SWEET YAM OR PURPLE UBE YAM**  
4.14/KG  
20524922001\_KG  
20849858001\_KG



**SAVE 58¢**  
WHEN YOU BUY 2

**2/\$3**

OR \$1.79 EA.

**ATAULFO MANGO**  
PRODUCT OF MEXICO  
20121509001\_EA



**2** LB

**ROMA TOMATOES**  
PRODUCT OF CANADA OR MEXICO  
5.51/KG  
20143381001\_KG



**3** LB

**EXTRA LARGE**

**PC® EXTRA LARGE BLACK SEEDLESS GRAPE**  
PRODUCT OF CHILE, NO. 1 GRADE  
8.8/KG  
20711275001\_KG



**4** 50

**HAPPY DAIRY PANEER**  
300 G  
21343632\_EA



**\$9**

**KEBAB FACTORY TANDOORI CHICKEN BURGERS**  
FROZEN  
678 G  
21690487\_EA



**\$3**

**LA COSTENA REFRIED BEANS 546 ML OR PICKLED JALAPEÑO NACHO SLICES 440 G**  
SELECTED VARIETIES  
20054076001\_EA  
21365904\_EA



**3** 50

**PAN CORN MEAL** 1 KG OR **CHARRAS TOSTADAS** 350 G  
SELECTED VARIETIES  
20945705\_EA  
21117787\_EA



**2** 79

**ROOSTER® SWEET CONDENSED MILK**  
300 ML  
20126907\_EA



**3** 49

**LEN XIANG RICE PAPER**  
400 G  
21635892\_EA



**2** 50

**VALENTINA HOT SAUCE** 370 ML OR **GRACE HOT SAUCE** 142 ML  
SELECTED VARIETIES  
20056649002\_EA  
21564210\_EA



**8** 99

**DAN D PAK CASHEWS**  
SELECTED VARIETIES  
500 G  
21498628\_EA  
21498672\_EA



**2** 50

**LA COSTENA PEPPERS**  
186 ML OR **TOTIS** 508 G  
SELECTED VARIETIES  
21682248\_EA  
20318080\_EA



# your one-stop grocery shop

## 5<sup>50</sup>

**OLYMPIC KREMA YOGURT** 650 G OR **INTERNATIONAL DELIGHT ICED COFFEE** 1.89 L  
SELECTED VARIETIES  
20588372001\_EA/21364851\_EA



## \$4



**İÖGO NANO DRINKABLE YOGURT** 6X93 ML/558 ML OR **NO NAME® JUICE** 1.75 L  
SELECTED VARIETIES  
20609687001\_EA  
21674161\_EA



## 2/\$8

OR \$4.79 EA.

**QUAKER INSTANT OATS** 232-344 G OR **OATS** 900 G-1KG  
SELECTED VARIETIES  
21683172\_EA  
21683233\_EA



## \$10

**KELLOGG'S JUMBO CEREAL**  
SELECTED VARIETIES  
750-1050 G  
20072706\_EA  
21651842\_EA



**SAVE \$1.58**  
WHEN YOU BUY 2

## 2/\$6

OR \$3.79 EA.

**HARIBO GUMMY CANDIES**  
SELECTED VARIETIES  
170-175 G  
21519578\_EA



## 9<sup>49</sup>



**SAPUTO MOZZARELLISSIMA CHEESE** 690 G OR **ARMSTRONG CHEESE SLICES** 500 G  
SELECTED VARIETIES  
20107017001\_EA  
21703729\_EA



## \$11

**BLACK DIAMOND CHEESTRINGS**  
SELECTED VARIETIES  
28'S/588 G  
20765883\_EA



**SAVE \$1.58**  
WHEN YOU BUY 2

## 2/\$6

OR \$3.79 EA.

**NO NAME® SOUR CREAM**  
SELECTED VARIETIES  
500 ML  
20299657\_EA  
20322987\_EA



## 2/\$6

OR \$3.99 EA.

**PRINGLES SUPER STACK POTATO CHIPS**  
SELECTED VARIETIES  
148/156 G  
21003823\_EA  
21003833\_EA



## 3<sup>50</sup>

**DARE BRETON CRACKERS** 200 G, **BRETON GLUTEN-FREE CRACKERS** 135 G OR **BRETON VEGGIE BITES** 132-200 G, **DARE VINTA CRACKERS** 225 G, **GRISSOL MELBA TOAST** 200 G OR **BAGUETTES** 120 G  
SELECTED VARIETIES  
21520666\_EA  
21520701\_EA



## \$4

**DARE VIVA PUFFS** 300 G, **WAGON WHEELS** 315 G, **ULTIMATE COOKIES** 290-300 G OR **BEAR PAWS** 168-240 G  
SELECTED VARIETIES  
20974343\_EA  
2104107\_EA



## \$7

**LAVAZZA NESPRESSO COMPATIBLE CAPSULES** 10'S OR **TAZO TEA CONCENTRATES** 946 ML  
SELECTED VARIETIES  
21665354\_EA  
21520351\_EA



## \$25

GET 2,000<sup>+</sup> back in points

**MCCAFÉ ROAST AND GROUND COFFEE**  
SELECTED VARIETIES  
640/875 G  
21633664\_EA



## 6<sup>50</sup>

**PC® FREE RUN BROWN EGGS**  
LARGE  
12'S  
20813628001\_EA



## 2/\$7

OR \$3.99 EA.

**PC® YARD WASTE BAGS**  
SELECTED VARIETIES  
5'S  
20429980\_EA



## \$6

**FLEECY FABRIC SOFTENER** 1.36 L OR **SHEETS** 80'S  
SELECTED VARIETIES  
21311876\_EA  
20311072001\_EA



**SAVE \$1.58**  
WHEN YOU BUY 2

## 2/\$5

OR \$3.29 EA.

**TWIZZLERS LICORICE CANDY** 311-454 G OR **JOLLY RANCHER CANDY ROPES** 283 G  
SELECTED VARIETIES  
20022328004\_EA  
21716485\_EA



## 4<sup>50</sup>

**HARDBITE POTATO CHIPS**  
SELECTED VARIETIES  
150 G  
20370855001\_EA  
21206678\_EA



**SAVE 99¢**

## \$7

**KIND GRANOLA**  
SELECTED VARIETIES  
312 G  
20837713001\_EA  
20837713004\_EA



## \$5

**CEDAR VALLEY PITA CHIPS**  
SELECTED VARIETIES  
180 G  
21524190\_EA  
21566354\_EA





**APP EXCLUSIVE OFFER\***

\*Open your PC Optimum® app or visit pcoptimum.ca to get the offer

for every \$100\* spent on baby, cosmetics, health & beauty, apparel, gaming, small appliances, home and/or pet departments

Optimum GET 25,000

\$25 back in points



**\$28**

**TIDY CATS LIGHTWEIGHT LITTER**  
7.71 KG  
20913423\_C01



**\$23**

**FRISKIES CAT FOOD VARIETY PACK**  
SELECTED VARIETIES  
24'S  
21082328\_C01



**1.25**

**FANCY FEAST PETITES CAT FOOD**  
SELECTED VARIETIES  
79.4 G  
21357364\_EA  
21439968\_EA

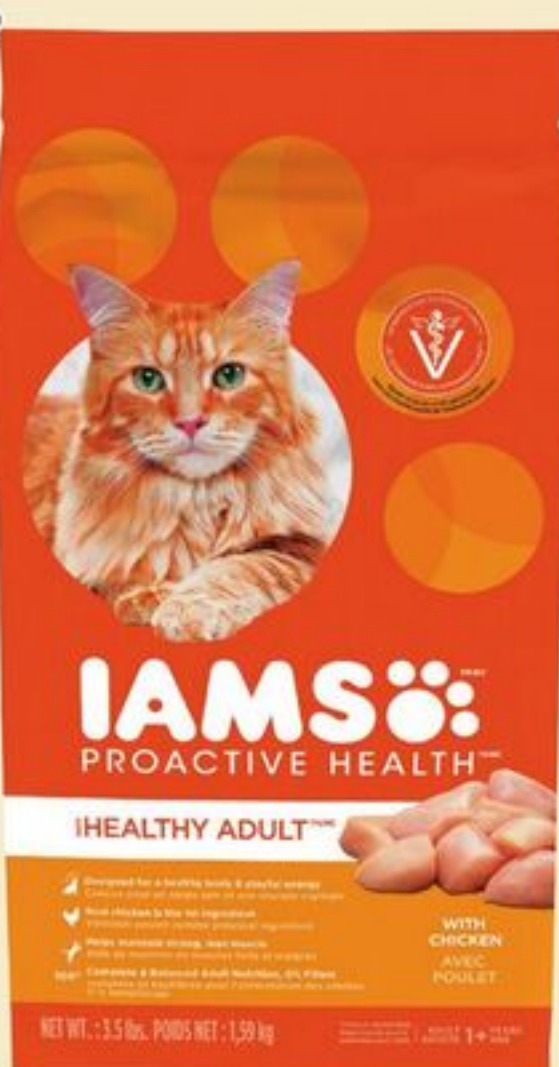


**\$13**

Optimum GET 3,000

\$3 back in points

**IAMS CAT FOOD**  
SELECTED VARIETIES  
1.36/1.59 KG  
21027553\_EA



**\$1**

**PC® NUTRITION FIRST CAT FOOD**  
SELECTED VARIETIES  
85 G  
21618536\_EA  
21618544\_EA



**\$13**

**PC® NUTRITION FIRST CAT FOOD**  
SELECTED VARIETIES  
2 KG  
21303268\_EA



**2/6.50**

OR \$3.25 EA.

**TEMPTATIONS CAT TREATS** 160/180 G,  
**SPOONS** 40 G OR  
**PURREES** 11'S  
SELECTED VARIETIES  
21029815005\_EA  
21479803\_EA



**2.99**

**PC® NUTRITION FIRST® DOG FOOD**  
SELECTED VARIETIES  
374 G  
21081006\_EA



**\$9**

**ZOË BETTER THAN RAWHIDE DOG TREATS**  
SELECTED VARIETIES  
148-234 G  
21548928\_EA



**3/6.99**

OR \$2.49 EA.

**PEDIGREE DOG FOOD**  
SELECTED VARIETIES  
375 G  
21359778\_EA



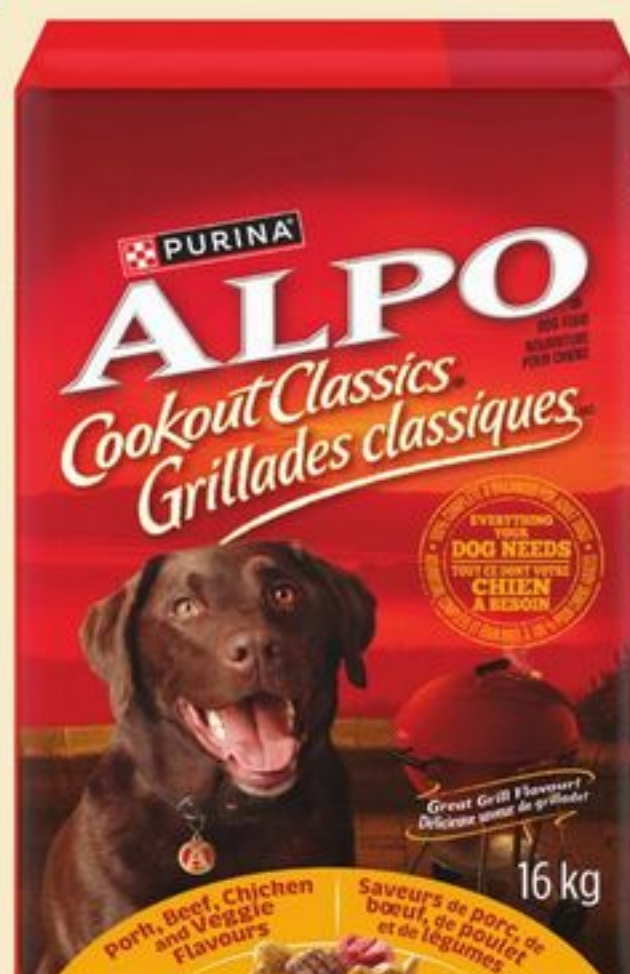
**\$10**

**DENTALIFE 408-595 G OR BEGGIN' STRIPS 708/850 G**  
SELECTED VARIETIES  
21081077\_EA  
2101589\_EA



**\$37**

**ALPO DOG FOOD**  
16 KG  
20112174\_EA



**\$18**

**CESAR DOG FOOD**  
SELECTED VARIETIES  
12'S  
20548229\_EA



**\$11**

**MILK-BONE SOFT & CHEWY 708 G OR BRUSHING CHEWS 48'S**  
SELECTED VARIETIES  
20018670\_EA



**\$12**

**MILK-BONE BRUSHING CHEWS TREATS FOR DOGS**  
SELECTED VARIETIES  
557/688 G  
21168245\_EA



EVERYDAY  
**LOW**  
PRICES

Value you  
can count on.

**\$8**

**PC® PUB RECIPE  
OR GLUTEN-FREE  
CHICKEN**  
SELECTED VARIETIES  
FROZEN  
600/700 G  
21201320\_EA  
21201321\_EA



**\$15**

**PC® BACON-WRAPPED  
WILD SEA SCALLOPS**  
FROZEN  
260 G  
21220644\_EA



BUY 2 OR MORE  
**\$4**  
EA.  
LESS  
THAN 2  
\$4.50 EA.

**ZIGGY'S®  
SLICED MEAT**  
SELECTED VARIETIES  
175 G  
21590279\_EA  
21592461\_EA



**\$14**

**NO NAME®  
MEAT  
LASAGNA**  
FROZEN  
2.27 KG  
20099795\_EA



**\$9**

**PC® BLACK LABEL  
PIZZA**  
SELECTED VARIETIES  
FROZEN  
370-440 G  
21531415\_EA  
21615467\_EA



**2/7<sup>50</sup>**  
OR  
\$4.49 EA.

**NO NAME®  
CREAM CHEESE**  
SELECTED VARIETIES  
227/250 G  
20308105001\_EA/21036106\_EA



**\$8**

**BUTTER CROISSANTS**  
SELECTED VARIETIES  
12'S  
21683000\_EA



**BAKED  
IN-STORE**

**4<sup>50</sup>**

**HAPPY DAIRY  
PANEER**  
300 G  
21343632\_EA



**\$10**

**SURAJ® AGED  
BASMATI RICE**  
3.63 KG  
20838931\_EA



**1<sup>50</sup>**

**ROOSTER®  
COCONUT MILK**  
SELECTED VARIETIES  
398 ML  
21378707\_EA  
21378715\_EA



# live well, spend less

**\$2**

**LIMIT 6**  
AFTER LIMIT  
3.49 EA.

**PRICE**  
**DROP!**

**PAMPERS 1X**  
**BABY WIPES**  
SELECTED VARIETIES  
56-72'S  
20708133\_EA



**GET 4,000**  
when you buy 2

**\$4**  
back  
in points

**GARNIER SKINCARE OR OMBRELLE**  
**SUNCARE PRODUCTS**  
SELECTED VARIETIES AND SIZES  
**1.79 - 22.49**  
21428857\_EA/21549485\_EA

**\$6**

**LIMIT 6**  
AFTER LIMIT  
8.49 EA.

**5<sup>50</sup>**

**LIMIT 4**  
AFTER LIMIT  
7.49 EA.

**SOFTSOAP**  
**LIQUID HAND**  
**SOAP REFILL**  
SELECTED VARIETIES  
1.47 L  
21715457\_EA  
21715570\_EA



**DOVE BODY WASH** 325 ML,  
**BAR SOAP** 3X106 G,  
**DEODORANT** 45/74 G OR  
**HAIR CARE** 355 ML  
SELECTED VARIETIES  
AND SIZES  
21644881\_EA  
21644891\_EA  
21220515\_EA



**\$24**

**LIMIT 4**  
AFTER LIMIT  
29.99 EA.

**HUGGIES 16X BABY WIPES**  
SELECTED VARIETIES  
960-1152'S  
21172000\_EA



**SAVE**  
**UP TO**  
**15%**

**SUN BUM**  
**SUN CARE**  
**PRODUCTS**  
SELECTED VARIETIES  
AND SIZES  
**11.29-18.79**  
21219790\_EA



**SAVE**  
**UP TO**  
**15%**

**AVEENO**  
**BODY**  
**LOTIONS**  
SELECTED VARIETIES  
532/975 ML  
**12.79-23.49**  
20102023001\_EA  
20102023003\_EA



**SAVE**  
**UP TO**  
**20%**

**L'ORÉAL**  
**HAIR CARE**  
SELECTED VARIETIES  
100-828 ML  
**7.99-15.49**  
21704723\_EA  
21354432\_EA



**3<sup>50</sup>**

**LIMIT 6**  
AFTER LIMIT  
5.49 EA.

**GET 500**

**DEGREE BASE**  
**DEODORANT**  
SELECTED VARIETIES  
48-85 G  
20296452001\_EA  
20303942001\_EA



**\$8**

**LIMIT 4**  
AFTER LIMIT  
10.99 EA.

**LISTERINE**  
**MULTIBENEFITS**  
1 L OR **CLASSIC** 1.5 L  
**MOUTHWASH**  
SELECTED VARIETIES  
20701283\_EA/21091180\_EA



**\$10**

**LIMIT 4**  
AFTER LIMIT  
12.99 EA.

**JOHN FRIEDA HAIR**  
**CARE OR BATISTE**  
**DRY SHAMPOO**  
SELECTED VARIETIES  
AND SIZES  
20757892002\_EA  
21645037\_EA



NOT YOUR MOTHER'S.  
new

**Your Healthiest Curls Start Here!**

**\$9** **LIMIT 4**  
AFTER LIMIT  
11.99 EA.

21703772\_EA/21703706\_EA/21703717\_EA

**DESIGNED TO CALM AND TAME YOUR FRIZZ**

SHAMPOO      CONDITIONER

LEAVE-IN CONDITIONER      HAIR MASK

**GET 2,000**  
when you buy 2

**\$2**  
back  
in points

**being**  
FOR ALL HAIR TYPES

**FORMULAS TARGETED TO YOUR HAIR TYPE**

21703830\_EA/21705545\_EA/21703887\_EA/21703888\_EA

**Mobile**

**Mobile that doesn't break the bank.**

**Plans from \$20/month**

ONT HABA 1

**Gaviscon**  
...and it's gone!<sup>TM</sup>

**GET 4,000**  
when you buy 2

**\$4**  
back  
in points

**Gaviscon**  
large size tabs 50-100's  
or liquid 340-600 mL  
selected varieties and sizes  
**16.99-22.99**  
20673190\_EA/20673738\_EA

REGULAR STRENGTH / ORDINAIRE      EXTRA STRENGTH / EXTRA-FORT

BEGINS WORKING IMMEDIATELY / COMMENCE À AGIR IMMÉDIATEMENT

SOOTHING icy mint / menthe glacée APAISANT      600 mL

fruit blend / mélange de fruits      600 mL



Nutrition they need, when it matters most.



3.50 **LIMIT 10** AFTER LIMIT 4.29 EA.

Cerebelly Pouches 128 mL selected varieties 21601227\_EA 21601144\_EA

- ✓ Veggie-first purees
- ✓ 0g added sugar

6+ months

Created by a Canadian neurosurgeon, developmental neurobiologist, and mom of 3.



# Potty Training Made FUN

## BLUEY

## Peppa Pig



3,000 GET **\$3** back in points

**\$27** **LIMIT 4** AFTER LIMIT 31.99 EA.

Pampers Easy Ups club pack training pants selected varieties 46-74's 21089365\_EA/21089367\_EA

© 2026 ABD Ltd/Hasbro/HCL Ltd

© 2026 P&G



COMPLETE, BALANCED NUTRITION<sup>®</sup> WITH A TASTE KIDS LOVE



2/\$18 or 10.49 ea

PediaSure complete selected varieties 4x235 mL 20322414001\_EA 20322414002\_EA



WHEN WATER ISN'T ENOUGH Get advanced rehydration



\$11 **LIMIT 4** AFTER LIMIT 11.99 EA.

Pedialyte electrolyte oral rehydration solution, Strawberry 1 L or Freezer Pops, 16x62.5 mL 20186130\_EA/21623984\_EA

## Similac 360 Total Care

A first of its kind from Similac

4,000 GET **\$4** back in points **\$70** **LIMIT 4** AFTER LIMIT 89.99 EA.

Similac 360 Total Care ready to feed infant formula selected varieties 16x235 mL 21702863\_EA 21702882\_EA

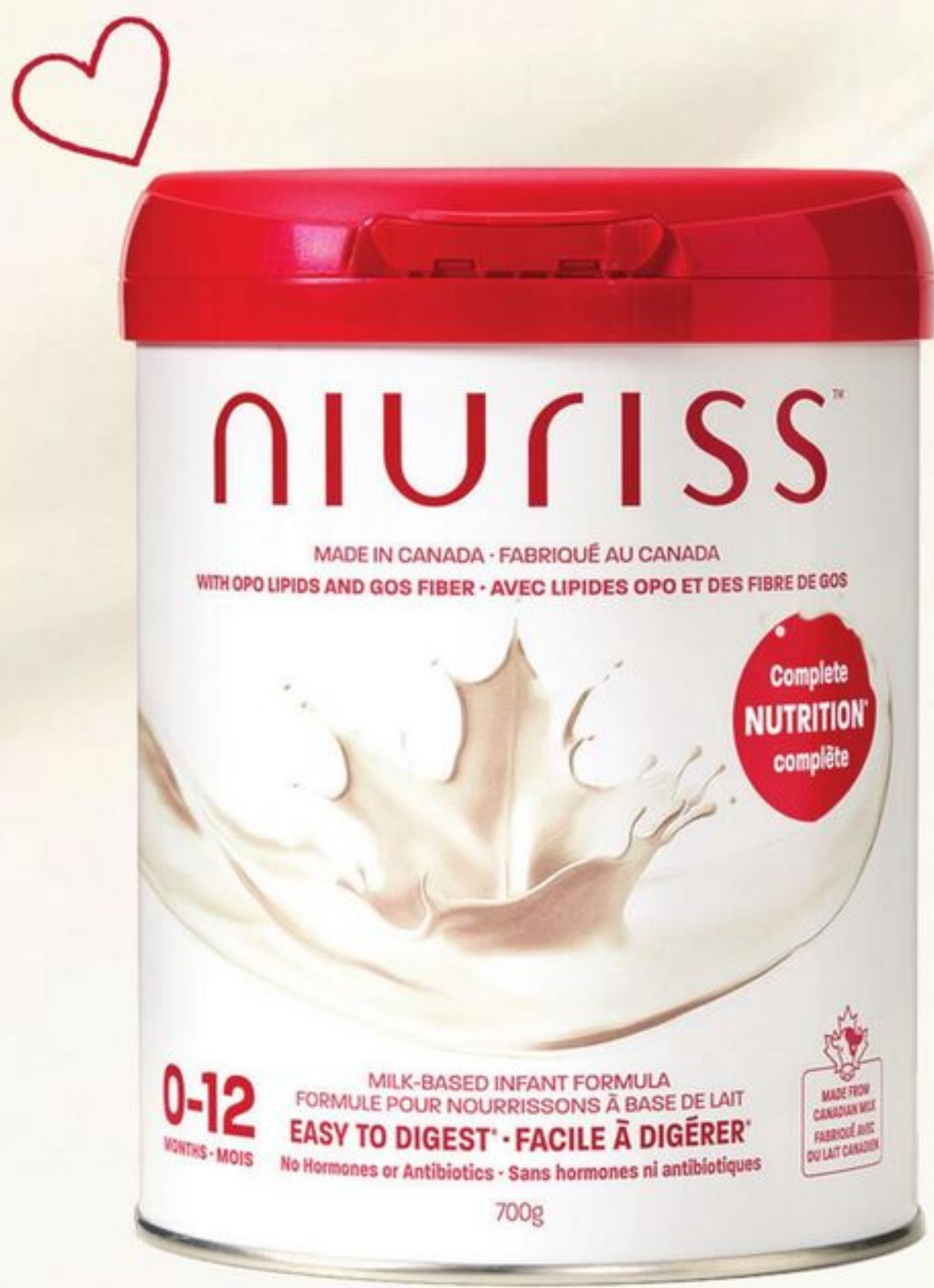


4,000 GET **\$4** back in points **\$60** **LIMIT 4** AFTER LIMIT 76.49 EA.

Similac 360 Total Care infant formula large tubs selected varieties 859 g 21697863\_EA 21697886\_EA



© Abbott - DIR/595A - FE 2026



21648061\_EA

UP TO **20% OFF** **\$27.99-44.79** **LIMIT 4** AFTER LIMIT 44.79 EA.

Niuriss infant and toddler formula selected varieties and sizes **MADE IN CANADA**

Your Canadian Formula for a Gentle Transition

# Pamper Them with Love

Comfortably dry all night long

Up to 100% leakproof fit



3,000 GET **\$3** back in points

**\$35** **LIMIT 6** AFTER LIMIT 39.99 EA.

Pampers<sup>®</sup> econo pack diapers selected varieties size N-8, 58-200's 21551525\_EA



3,000 GET **\$3** back in points

**\$35** **LIMIT 6** AFTER LIMIT 39.99 EA.

Pampers<sup>®</sup> Swaddlers<sup>™</sup> 360<sup>°</sup> Diapers selected varieties 21612019\_EA

© 2026 P&G

Prepared in Canada

**SCHNEIDERS**  
EST. 1890

**CANADIAN CRAFTED SINCE 1890**

GET 1,000<sup>pts</sup> \$1 back in points for every \$10<sup>+</sup> spent on

**15% OFF** /100 g

Schneiders® Blue Ribbon® Bologna Service Case Meat 20275910\_KG

**15% OFF** /100 g

Schneiders® Deli Best® Service Case Meats Selected Varieties 21201089\_KG/20967023\_KG

**IT'S NOT JUST PASTA. IT'S**

**ITALPASTA**  
Since 1983 Depuis 1989

**2<sup>75</sup>**

Italpasta Pasta Selected varieties 900 g 20081342013\_EA

Visit [www.italpasta.com](http://www.italpasta.com) for product information, recipe inspiration, and zero food waste tips.

Facebook, Pinterest, Instagram, YouTube, LinkedIn

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**TASTE THE DIFFERENCE**

**ITALY'S #1\* BRAND OF TOMATOES**

**\$5** Mutti Strained Tomatoes Selected varieties 680 mL 20288490001\_EA

**\$5** Mutti Peeled Tomatoes Selected varieties 796 mL 20934512\_EA

**\$3** Mutti Polpa Tomatoes Selected varieties 398 mL 20934514\_EA

**MUTTI** ONE FAMILY, ONE PASSION. TOMATOES.

\*Cucina S.r.l. - Top Italy Super + Super + Small Self Service of the top brands by value sales in the Tomato Derivatives category - Progressive JAN 2025 - DEC 2025

**NEW**

**MAGNUM**  
Ice cream

**INDULGE WITH REAL BELGIAN CHOCOLATE**

**\$5** Magnum 3's or 4's Selected Varieties 21717434\_EA 21717310\_EA

**Breyers**

**MOMENTS made sweeter**

**WITH BREYERS**

**\$6** Breyers creamery style Ice cream Selected Varieties Frozen 1.41 L 21717460\_EA/21720665\_EA

**BEN & JERRY'S**

**Chunky Goodness, Swirled to Perfection**

**\$5** Ben & Jerry's Selected Varieties 473 mL 21720409\_EA/21720654\_EA

**talenti**

**CRAFTED TO PERFECTION**  
Made with 100% natural ingredients

**\$5** Talenti Gelato or Sorbetto Selected Varieties Frozen 473 mL 21720449\_EA 21720544\_EA

**RIO mare**

**The Real Taste of Italy**

**\$4.50** Rio Mare® Insalatissime Tuna Salad selected varieties 160 g 20971498\_EA

**\$7** Rio Mare® Light Tuna selected varieties 195-240 g 21595029\_EA/20035383\_EA

**Unico**

**PRIMO**

PRODUCT OF CANADA / PRODUIT DU CANADA

**\$3** PRIMO Pizza Sauce 375 mL 20097909001\_EA

**1<sup>25</sup>** UNICO Tomato Paste selected varieties 156 mL 20000527\_EA/20679191\_EA

**\$4** UNICO Canned Olives selected varieties 375 mL 20324873001\_EA 20324873002\_EA

**\$5** UNICO Peppers 750 mL or UNICO Balsamic Vinegars 500 mL selected varieties 21103533\_EA/21075805\_EA

**2<sup>75</sup>** PRIMO Pasta Sauce selected varieties, 680 mL or UNICO Pasta selected varieties, 750 g 20794827\_EA/20165260\_EA

**\$12** GALLO Extra Virgin Olive Oil 1 L 20105368\_EA/20069755\_EA

**Optimum**

**GET 5,000<sup>pts</sup> for every \$50\* spent on**

**\$5 back in points**

**OFFER DATES: (APRIL 16-22)**

**ANY COMBINATION OF BOSTON PIZZA, INDIGO AND INSTACART GIFT CARDS**

Offer valid in-store or online at [www.gifttochoice.ca](http://www.gifttochoice.ca). Subject to availability; selection may vary by region and store. Please check your local store for availability. We reserve the right to limit quantities. See gift card for details, terms & conditions. Offer applies to every \$50 spent on Boston Pizza, Indigo and Instacart gift cards in a single transaction. Cannot be combined with any other gift card offers. Not valid on prior purchases. PC Optimum points cannot be redeemed toward the purchase of gift cards. Must be a registered PC Optimum member. If purchased online, please allow up to 2 weeks for points to be added to your PC Optimum account. All trademarks are the property of their respective owners.

**What if buying gas fuelled your points?**

Only Esso™ and Mobil™ gas earns you PC Optimum™ points.

**Esso Mobil + Optimum**

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**oikos SNACK TO WIN**

YOU COULD **WIN A TRIP FOR 2 TO THE STANLEY CUP® FINAL**

**\$25,000** IN TOTAL PRIZES

**THE OFFICIAL HIGH PROTEIN YOGURT OF THE NHL®**

**2/\$7**  
OR \$4 EA.

Oikos® Pro™ selected varieties 300 mL 21651846\_EA

**\$8.79**

Oikos® Pro™ selected varieties 650 - 750 g 21305945\_EA

**3/\$12**  
OR \$4.99 EA.

Oikos® selected varieties 4 x 100 g 20419715004\_EA

\* No purchase necessary. Begins 03/23/26 at 12:00:01 AM ET & Ends 05/24/26 at 11:59:59 PM ET. Draw 05/25/26 at 2PM ET. One (1) Grand Prize: Trip for 2 to a 2026 Stanley Cup® Final game (ARV \$9,000 CAD) and 920 Instant Win Prizes: a \$100 CAD Digital Prepaid Card (20 total), or a \$5 CAD Physical Danone Oikos® Coupon (800 total). Mathematical skill-testing question required. Full contest rules: www.snacktowin.ca. Oikos® used under lic., © 2026, Danone US, LLC. All rights reserved. Oikos® Pro™ used under lic., © 2026, Danone US, LLC. All rights reserved. NHL, the NHL Shield, the word mark and image of the Stanley Cup and the Stanley Cup Final logo are registered trademarks of the National Hockey League. NHL and NHL team marks are the property of the NHL and its teams. © 2026 NHL. All Rights Reserved.

**BACKED BY OVER 35 YEARS OF ACTIVIA'S EXPERTISE IN GUT HEALTH**

**ALL 8 PACKS NOW AVAILABLE IN SINGLE FLAVOURS!**

**2/\$10**  
OR \$6.29 EA.

Activia® selected varieties 8 x 100 g 21725748\_EA

**NEW**

**\$4**

Activia® Expert selected varieties 4 x 100 g 21688261\_EA

**NEW**

**\$6.50**

Activia® Expert selected varieties 750 g 21688207\_EA

**NEW**

**\$4.50**

Activia® selected varieties 650 g 20325132003\_EA

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**10-HOUR BREW FOR A BOLD AND SMOOTH TASTE**

**\$8**

Stok® selected varieties 1.42 L 21203737\_EA/21203739\_EA

**NEW LIMITED EDITION**

**COZY TO GRILL SEASON. WE GOT YOU!**

**D'ITALIANO BREAD OR BUNS**

SELECTED VARIETIES AND SIZES 20038335\_EA/20626949\_EA

**D'ITALIANO BUNS**

SELECTED VARIETIES AND SIZES 20038335\_EA/20626949\_EA

**2/\$7**  
OR \$3.99 EA.

**GET 1,000<sup>+</sup> back in points**

when you buy 2

**\$1**

back in points

™ & © Wonder Brands Inc

**4.50**

ULTRAFILTERED MILK 1 L NEILSON 21163395\_EA

**6**

18% CREAM 1 L OR CHOCOLATE MILK 2 L NEILSON 20187292\_EA

**9.49**

MOZZARELLISSIMA BLOCK 690/700 G SAPUTO OR SLICES 500 G ARMSTRONG 21703729\_EA

**5**

TRUTASTE: SELECTED VARIETIES 2 L NEILSON 20130270\_EA

**Express™** Online grocery pickup & delivery

**Online groceries, hand-selected for you**

Get **\$15 in PC Optimum™ points** on your first 5 eligible online grocery orders.\*

That's **\$75 back in (pts)**

Use code **PCX5**

**Shop now**

\*Terms and conditions apply. See site for details.

**POP FLY CONTEST**

Enter for a chance to catch a **BLUE JAYS**™ VIP EXPERIENCE  
+100s of prizes to be won

BUY any Canada Dry® product  
SCAN the QR code  
ENTER for a chance to win!

Full contest rules and entry form available at [bluejays.com/CanadaDryContest](http://bluejays.com/CanadaDryContest).



**2/\$17\*\*** Canada Dry® beverages  
OR \$8.99 EA.  
selected varieties  
12x355 mL  
21518539\_C12



**2/\$14\*\***  
OR \$7.99 EA.  
Canada Dry® beverages  
selected varieties  
6x710 mL  
20304419001\_C06



**\$18.79\*\***  
Glaceau smartwater®  
beverages  
selected varieties  
6x1 L  
21099117\_C06



**\$8.99\*\***  
Fuze® iced tea  
selected varieties  
12x341 mL  
21723528\_C12



**2/\$7\*\***  
OR \$4.29 EA.  
Monster Energy®  
beverages†  
selected varieties  
473 mL  
21723586\_EA

Valid from April 16th to April 23rd, 2026.  
\*\* Plus applicable taxes, levies, deposits and fees. Valid at participating locations for a limited time. Subject to availability while supplies last. Retailer may sell for less.  
† This product may not be suitable for everyone. Please read the label for instructions.  
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**SMALL ACTIONS AT HOME MAKE A DIFFERENCE**



**CLEANS IN COLD**

**\$22**  
Tide Detergent 100/94 LD, Ivory Snow Detergent 80 LD, PODS/Flings 45/57/76's, Downy/Gain Beads 853 g, Selected Varieties 21670912\_EA 21593706\_EA

Turn to Cold and Save up to \$130 per year\*\*  
\*\*When using a non-HE washing machine and switching all loads from hot to cold water, based on average electricity rate of (CA, 11.6¢/kWh) and 8 loads per week.)

**REFILL YOUR TUB - 80% LESS PLASTIC**

**SAVE PLASTIC BY REFILLING**

**\$10**  
Dawn Liquid 1.52/1.98 L, Cascade Bags 21/26/30's Complete Gel 2, 1/3, 4 kg, Selected Varieties 21516288\_EA 21737062\_EA

**FOR EVERY TREE USED, AT LEAST TWO ARE REGROWN IN ITS PLACE**

**\$18**  
Charmin Bathroom Tissue 12=48 Soft or Strong 21707532\_EA/21636641\_EA

**\$11**  
Bounty Paper Towel 6=12 Select a Size 21670280\_EA

**\$11**  
Bounty Napkins, 400's 21053171\_EA

**WORKS IN COLD WATER**

**\$16**  
Gain/Cheer/Tide/Simply Detergent 52-107 LD, PODS/Flings 25/42's, Liquid Softener 96/150 LD, Sheets 240's, Beads 453/515/550 g, Rinse 70 LD 21671135\_EA 21549954\_EA

**PACKAGING MADE WITH 100% RECYCLED CARDBOARD**

**550**  
Mr. Clean Magic Eraser 5/6/7's Selected Varieties 21729453\_EA

**TOUGH ON GREASE, GENTLE ON WILDLIFE**

**550**  
Dawn EZ Squeeze 535/650 mL, Powerwash Refill 473 mL, Liquid 896 mL/1.12 L, Selected Varieties 21430550\_EA/21218859\_EA

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**MADE IN CANADA\* WITH THE WHOLE PLANET IN MIND**



**\$8** GET 1,000<sup>00</sup> back in points

**BONTERRA® BATHROOM TISSUE 9=27 ROLLS, FACIAL TISSUE 3=6 BOXES OR PAPER TOWELS 3=6 ROLLS**  
21611251\_EA/21434658\_EA



\*Made in Canada with domestic and imported material.

**ROYALE CARBON NEUTRAL**

**TRUSTED QUALITY. CARBON NEUTRAL.\***

**Royale® Tiger Towel®**  
3=6 half sheet paper towels  
21484702\_EA

**\$10**

**Royale® Original**  
12=24 bath tissue  
21363770\_EA

**\$10**

**Royale® Velour®**  
6 pack facial tissue  
21618478\_EA

**\$10**

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