

Shared plates, shared joy

Discover
more value
this Easter

**HOT
PRICE**

\$2

STRAWBERRIES
PRODUCT OF MEXICO
OR U.S.A., NO. 1 GRADE
1 LB

FRAISES
20049778001_EA



1 LB

**HOT
PRICE**

2.50
LB

BRUSSELS SPROUTS
PRODUCT OF U.S.A.
5.51/KG

**CHOUX DE
BRUXELLES**
20036155001_KG

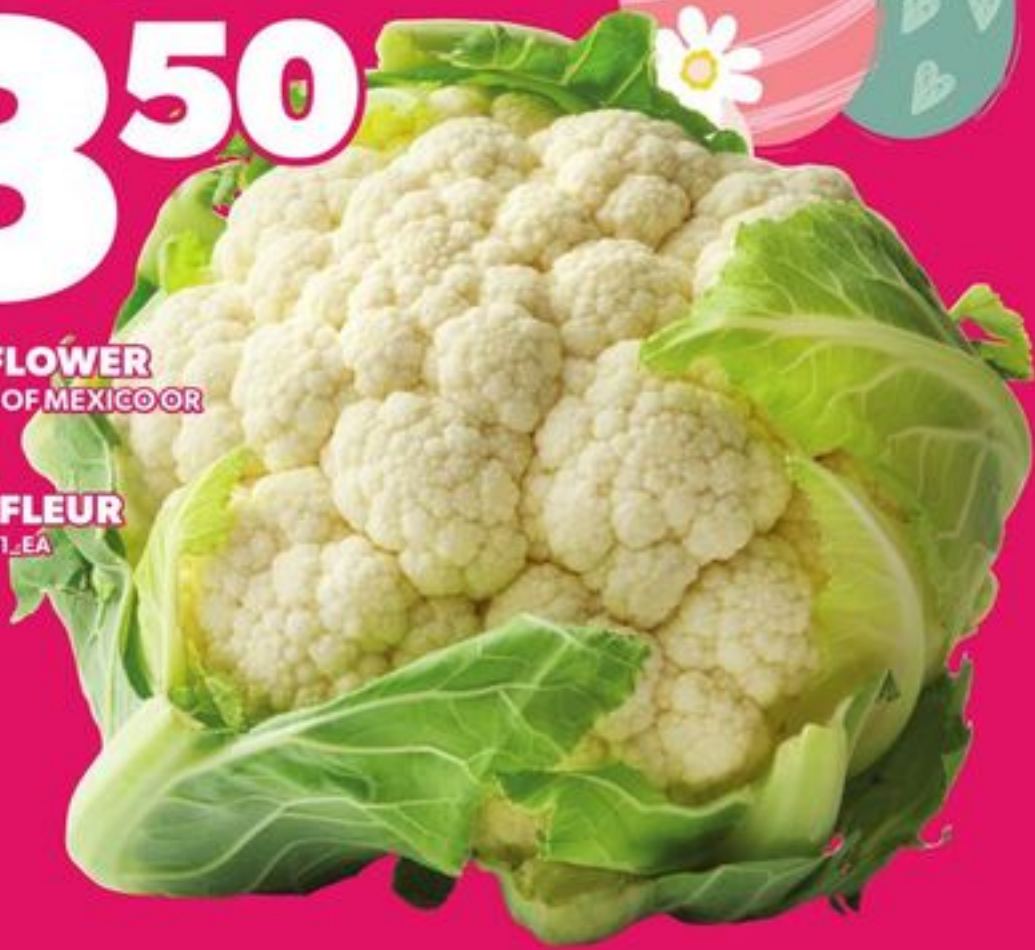


**HOT
PRICE**

3.50

CAULIFLOWER
PRODUCT OF MEXICO OR
U.S.A.
EACH

CHOU-FLEUR
20135377001_EA



**SAVE
99¢**

\$4

**FARMER'S MARKET™
SWEET POTATOES**
PRODUCT OF CANADA
OR U.S.A.
5 LB BAG

**PATATES DOUCES
DÉLICIES DU
MARCHÉ™**
20697331001_EA



**5 LB
BAG**

**HOT
PRICE**

5.88

RED ONIONS
PRODUCT OF CANADA, U.S.A.
OR NETHERLANDS
7 LB BAG

OIGNONS ROUGES
21614337001_EA



**7 LB
BAG**

5 DAY SALE
WEDNESDAY, APRIL 1ST TO
SUNDAY, APRIL 5TH

\$20

**LARGE VEGETABLE
OR FRUIT PLATTER**
PREPARED IN-STORE
1.34-1.87 KG
**GRAND PLATEAU
DE LÉGUMES OU
DE FRUITS**
20081719_EA
20121599_EA



\$28

APP EXCLUSIVE OFFER*

Optimum
GET 8,000^{pts} **\$8**
back in points

**PC® BLACK TIGER
SHRIMP RING WITH MILD
COCKTAIL SAUCE**
FROZEN
568 G
**COURONNE DE
CREVETTES TIGRÉES
NOIRES AVEC SAUCE
COCKTAIL DOUCE PC^{MD}**
20979150_EA



*Open your PC Optimum™ app or visit pcoptimum.ca to get the offer

**SAVE
UP TO 39%**



\$7

BALDERSON CHEDDAR
250/280 G, **GOUDA** 200 G OR
PILLER'S KOLBASSA
250-375 G
SELECTED VARIETIES
**CHEDDAR, GOUDA
BALDERSON OU
KOLBASSA PILLER'S**
20308469_EA/21495455_EA



\$3

**BAKED
IN-STORE**

ACE BAGUETTE
SELECTED VARIETIES
325-400 G
BAGUETTE ACE
20171171_EA
21314348_EA



3⁵⁰

MOTT'S CLAMATO
SELECTED VARIETIES
1.89 L
CLAMATO MOTT'S
20318955002_EA
21575320_EA



12⁹⁹

**EQUIVALENT TO
55¢
PER CAN**

**CANADA DRY,
COCA-COLA OR
PEPSI SOFT DRINKS**
SELECTED VARIETIES
24X355 ML
**BOISSONS
GAZEUSES/CANADA
DRY, COCA-COLA
OU PEPsi**
20306687002_C24
20308197001_C24



**SAVE
\$2.08
WHEN YOU BUY 2**



2/11⁵⁰
OR
\$6.79 EA.

**PC® OR BLUE MENU®
SPARKLING WATER**
SELECTED VARIETIES
12X355 ML
**EAU PÉTILLANTE PC^{MD}
OU MENU BLEU^{MD}**
20668034001_C01
20668034002_C01



PROUDLY CANADIAN OWNED & OPERATED

Independent
Your Independent Grocer

See in-store or online for holiday store hours.

HOT PRICE



2.49
LB

FRESH GRADE A TURKEY
ALL AVAILABLE SIZES
5.49/KG
DINDE FRAÎCHE
CATÉGORIE A
20145891_KG
20153440_KG



HOT PRICE

5 DAY SALE
WEDNESDAY, APRIL 1ST
TO SUNDAY, APRIL 5TH

9.88
LB

STRIPLOIN GRILLING STEAK
FAMILY SIZE, CUT FROM AUSTRALIAN
GRADE BEEF
21.78/KG
BIFTECK DE CONTRE-FILET
À GRILLER
21672450_KG



HOT PRICE

2.99
LB

PORK TENDERLOIN
CRYOVAC PKG 2'S
6.59/KG
FILET DE PORC
21671162_KG



\$23

EAST COAST CANADIAN
COLD WATER LOBSTER
TAILS 2-3 OZ 4'S FROZEN OR
PREVIOUSLY FROZEN WELLINGTON
OR PC® SALMON
WELLINGTON
725 G FROZEN
QUEUES DE HOMARD
NORDIQUE DE LA CÔTE
EST DU CANADA
OU SAUMON
WELLINGTON PC®
21240991_EA
21552109_EA



HOT PRICE

5 DAY SALE
WEDNESDAY, APRIL 1ST
TO SUNDAY, APRIL 5TH

\$10
LB

FRESH ATLANTIC
SALMON FILLETS
SKIN-ON, FAMILY SIZE OR
FRESH ASC TILAPIA
FILLETS
22.05/KG
FRESH SEAFOOD ITEMS
SUBJECT TO AVAILABILITY
FILETS DE SAUMON
DE L'ATLANTIQUE
FRAIS OU FILETS DE
TILAPIA ASC FRAIS
20720065_KG
20897012_KG



Optimum
Members-Only Price

\$10

Non-members
\$14

Members save
\$4



PC® FISH 500-550 G OR
JANES FISH 450/545 G
SELECTED VARIETIES
FROZEN
POISSON PC® OU
POISSON JANES
21637091_EA
21703969_EA



\$6

APP EXCLUSIVE OFFER
GET 1,000⁰⁰
back in points

8 INCH PIES
SELECTED VARIETIES
635-750 G
TARTE DE 8 POUÇES
21297456_EA
21297475_EA



HOT PRICE

\$3

BREYERS CLASSIC
FROZEN DESSERT
SELECTED VARIETIES
FROZEN
1.41L
DESSERT GLACÉ
CLASSIQUE BREYERS
21651693_EA
21651692_EA



*Open your PC Optimum™ app or visit pcoptimum.ca to get the offer

\$6

Optimum
GET 1,000⁰⁰
back in points

KRAFT PEANUT
BUTTER
SELECTED VARIETIES
750 G / 1 KG
BEURRE
D'ARACHIDE
KRAFT
20039581003_EA
2031582003_EA



\$20

Optimum
GET 3,000⁰⁰
back in points

PC® ROAST AND
GROUND COFFEE
SELECTED VARIETIES
800-930 G
CAFÉ TORRÉFIÉ
ET MOULU PC®
21393374_EA
21393573_EA



\$10

APP EXCLUSIVE OFFER
GET 1,000⁰⁰
back in points

PC® 100% PURE
MAPLE SYRUP
CANADA GRADE A AMBER
500 ML
SIROP D'ÉRABLE
100% PUR PC®
20049221_EA



*Open your PC Optimum™ app or visit pcoptimum.ca to get the offer

\$7



PC® ORANGE JUICE
2.5 L OR LIBERTÉ GREEK
TUB 650/750 G
SELECTED VARIETIES
JUS D'ORANGE PC®
OU YOGOURT
GREC LIBERTÉ
20642273_EA
21531644_EA



HOT PRICE

2.50

GREEN GIANT
VEGETABLES
SELECTED VARIETIES, FROZEN
400-750 G
LÉGUMES
GÉANT VERT
21022302_EA



SAVE \$1.61



4.88

PC® SHREDDED CHEESE
250-320 G OR BLACK
DIAMOND CHEESE
BARS 400 G OR SHREDDED
CHEESE 320 G
SELECTED VARIETIES
FROMAGE RÂPÉ PC®
OU BARRES DE FROMAGE
OU FROMAGE RÂPÉ
BLACK DIAMOND
21800103_EA
21292021_EA



\$3

CAVENDISH FRIES OR
SPECIALTY POTATOES
SELECTED VARIETIES, FROZEN
400-750 G
FRITES OU POMMES DE
TERRE DE SPÉCIALITÉ
CAVENDISH
20729779_EA



SAVE 33%

\$3

NO NAME®
FLOUR
SELECTED VARIETIES
2.5 KG
FARINE
SANS NOM®
20013256_EA
21030802_EA



SAVE 31%

\$13

TILDA PURE
BASMATI RICE
10 LB
RIZ BASMATI
PUR TILDA
20153678_EA



Optimum
Members-Only Price

15.99

Non-members
21.99

Members save
\$6



PC® SUPER SOFT
BATHROOM TISSUE
CLUB SIZE
30=100 ROLLS
PAPIER HYGIÉNIQUE
SUPER DOUX PC®
21450846_EA



Help Feed More Families.

DID YOU KNOW?
Nearly 2.2 million visits
are made to food
banks each month
across Canada.



In proud association with



Flyer prices effective from Thursday, April 2nd to Wednesday, April 8th, 2026. SEE BACK PAGE FOR DETAILS.

\$3

LAY'S POTATO CHIPS
SELECTED VARIETIES
177-235 G

CROUSTILLES
LAY'S
2141032_EA
21664493_EA

\$6

LACTANTIA BUTTER
SELECTED VARIETIES
454 G

BEURRE LACTANTIA
COUNTRY CHURNED
Butter
SALTED
454 g

LACTANTIA
COUNTRY CHURNED
Butter
UNSALTED
454 g

DEAL DROP

Limited-time deals on PC® home & more.

\$12

PC® RECTANGLE ACACIA SERVING BOARD
21714814_EA

limit 3, after limit \$24 ea. while supplies last

SAVE 98¢
WHEN YOU BUY 2

2/\$5

OR \$2.99 EA.

BARILLA PASTA
SELECTED VARIETIES
340/410 G

PÂTES BARILLA
21404904_EA
21404912_EA

1.50

GREEN GIANT CANNED VEGETABLES
SELECTED VARIETIES
341/398 ML

LÉGUMES EN CONSERVE
GÉANT VERT
21021222_EA
21021485_EA

5.50

HÄAGEN-DAZS
414-450 ML OR
BARS 3/4'S OR
NESTLE DRUMSTICK 4'S
SELECTED VARIETIES FROZEN

HÄAGEN-DAZS OU BARRES OU DRUMSTICK NESTLÉ
2032238001_EA
21513578_EA

2/\$7

OR \$3.99 EA.

COVERED BRIDGE POTATO CHIPS
142-170 G OR
KETTLE CORN 125 G
SELECTED VARIETIES

CROUSTILLES OU MAÏS CUIT À LA MARMITE
COVERED BRIDGE
21383506_EA
21400438_EA

\$3

CLOVER LEAF SOLID TUNA
SELECTED VARIETIES
170 G

SAUMON EN MORCEAUX
CLOVER LEAF
20167571_EA
20326358001_EA

\$7

GET 1,000^{PC} back in points

DR. OETKER GIUSEPPE STUFFED CRUST PIZZA
685-724 G OR
SUPREMA PIZZA
487-520 G
SELECTED VARIETIES FROZEN

PIZZA À CROÛTE
FARCIE OU SUPREMA GIUSEPPE
DR. OETKER
21555844_EA
21649640_EA

\$6

FARMER'S MARKET™ MUFFINS
SELECTED VARIETIES
6'S

MUFFINS DÉLICÉS DU MARCHÉ
21283356_EA
21283357_EA

SAVE \$2.25
WHEN YOU BUY 3

3/\$9

OR \$3.75 EA.

NATURE VALLEY BISCUIT OR PROTEIN BARS AND SWEET & SALTY
6'S 148-210 G OR
FIBRE 1 BARS 125 G
SELECTED VARIETIES

BISCUITS OU BARRES PROTÉINÉS ET SUCRÉS ET SALÉS VAL NATURE OU BARRES FIBRE 1
20792751_EA
21213559_EA

\$4

PC® BUNNY
100 G
LAPIN PC^{MD}
21609314_EA

SAVE 99¢

\$5

LAURA SECORD CHOCOLATE CHIPS
SELECTED VARIETIES
250 G

MILY BRISURES DE CHOCOLAT
LAURA SECORD
21526650_EA
21526652_EA

\$4

CHRISTIE RITZ OR WHEAT THINS CRACKERS
SELECTED VARIETIES
180/304 G

CRAQUELINS RITZ OU FINS SAUBLÉ
CHRISTIE
21547034_EA
21547047_EA

Optimum Members-Only Price

\$20

Non-members **\$28**

TIDE LAUNDRY DETERGENT
3.9 L
TIDE POWER PODS 45'S
TIDE PODS OR GAIN
FLINGS 57-76'S
SELECTED VARIETIES

DÉTERGENT À LESSIVE TIDE, TIDE^{with} POWER PODS, TIDE PODS OU FLINGS GAIN
21579930_EA
21593670_EA

SAVE UP TO 20%

BOOST READY TO DRINK SHAKES
HIGH PROTEIN HYPERPROTEINE
SELECTED VARIETIES AND SIZES

BOISSONS FRAPPÉES PRÊTES À BOIRE BOOST
20998361_C06
20998880_C06

APRIL HIT OF THE MONTH **LOWEST PRICES. BEST DEALS.** Prices effective April 1-30, 2026. As compared to other major grocery retailers within your local areas. While quantities last. See in-store for details.

LECLERC GO PURE BARS
SELECTED VARIETIES
140/175 G

BARRES GO PURE LECLERC
21221451_EA
21507858_EA

\$1.88

LIMIT 6 AFTER LIMIT 3.00 EA.

PLANTERS CASHEWS
SELECTED VARIETIES
200 G

NOIX DE CAJOU PLANTERS
21021617_EA
21021618_EA

\$4

LIMIT 6 AFTER LIMIT 5.00 EA.

HARVEST CREEK HALAL FUMÉE CHICKEN WIENERS OR BUTCHER'S SELECTION STAMPEDE HOTDOG ORIGINAL
SELECTED VARIETIES
900 G

SAUCISSES FUMÉES AU-POULET HALAL HARVEST CREEK OU SAUCISSES FUMÉES ORIGINALES STAMPEDE LA SÉLECTION DU BOUCHER
21307061_EA/21309103_EA

\$3

LIMIT 6 AFTER LIMIT 4.50 EA.

APRIL 2-8

Disney · PIXAR

ALBUM PRE-SALE

PLUS A FREE PACK OF STICKERS*

*At participating Loblaw Companies Ltd. stores April 2-April 8, purchase a sticker book and receive a free single ©Disney/Pixar Animal Friends + Stitch Collectible sticker pack containing 4 stickers. While supplies last. Only where albums are sold.

Member Price **\$3**

Non-Member Price **\$5**

Independent CUSTOMER RELATIONS 1-866-541-6315. VISIT yourindependentgrocer.ca FOR STORE HOURS.

Please call Customer Relations at 1-866-541-6315 or visit our website at yourindependentgrocer.ca for your store's hours and to see which Your Independent Grocer™ locations do not participate in this flyer. Quantities and/or selection of items may be limited and may not be available in all stores. No rainchecks or substitutions on clearance items or where quantities are advertised as limited. Advertised regular pricing and product selection (flavour, colour, patterns, style) may vary by store location. We are not obligated to sell items based on errors or misprints in typography or photography. **Pricing:** All references to "Save, Was, Now, Savings, etc." are in comparison to our own regular prices. Savings on items shown may vary by store location. Applicable taxes, deposits, or environmental surcharges are extra. No sales to retail outlets. Coupons must be presented and redeemed at time of purchase. **Trademarks:** * / **™ The trademarks, service marks and logos displayed in this flyer are trademarks of Loblaw's Inc. and others. **Purchase limits:** We reserve the right to limit quantities to reasonable family requirements. **PC Optimum™ Members Only:** Offers are available to valid PC Optimum™ program members. Membership is free. To register, see in-store or visit pcoptimum.ca. Points are not guaranteed in case of errors or misprints. No cash value. See yourindependentgrocer.ca for full program details including redemption restrictions. Minimum redemption is 10,000 points. These offers cannot be combined with any other coupons, discounts, or promotions. No adjustments on previous purchases. We may modify or cancel offers without notice. Product availability may vary by store. While supplies last. **Points Offers:** Receive the specified points when you spend the qualifying amount on the listed products/categories before taxes, after discounts and redemptions, in a single transaction. Taxes apply on purchase amount after discounts. PC Optimum™ pricing is not valid in price match programs for participating Loblaw's Inc. banner stores. **Outdoor/Seasonal Items:** Outdoor seasonal items (e.g., lawn and garden) may only be available at select stores. Please check your local store for pricing, limits, and availability. **PRICE DROP Offer:** Valid in-store at participating locations from March 19 - April 8, 2026 before taxes and while quantities last. Applies only to select products. Offer may be modified or cancelled without notice. See in-store for full details.

YIG BACK

Hosting made easy

Discover more value this Easter



\$25 LB

PC® FREE FROM® RACK OF LAMB
55.12/KG
CARRÉ D'AGNEAU
PC^{MD} SIMPLEMENT BON^{MD}
20660950_EA



\$39 **CANADIAN POULTRY**

PC® BUTTER-INFUSED TURKEY CROWN
SELECTED VARIETIES,
FROZEN
UP TO 2.75 KG
COURONNE DE DINDE INFUSÉE AU BEURRE PC^{MD}
21400895_EA



2.99 LB

COOK'S PORTION HAM
6.59/KG
JAMBONNEAU COOK'S
20559641_EA



8.50

EXTRA LEAN GROUND BEEF
GRASS FED
450 G
BŒUF HACHÉ EXTRA-MAIGRE
21675592_EA



\$5 LB

PORK LOIN CENTRE CUT CHOPS OR ROAST
BONELESS, FAMILY SIZE
11.02/KG
CÔTELETTES OU RÔTI DE LONGE DE PORC, COUPE DU CENTRE
20826506_EA



\$9 **PREPARED IN CANADA**

PC® HORS D'ŒUVRE COLLECTION
SELECTED VARIETIES
FROZEN
225-500 G
COLLECTION DE HORS-D'ŒUVRE PC^{MD}
21116020_EA
21538572_EA



6.50 **CANADIAN SEAFOOD**

CANADIAN COVE FRESH PEI MUSSELS
907 G
MOULES DE L'Î.-P.-É FRAÎCHES CANADIAN COVE
21556624_EA



\$12

PC® WILD ATLANTIC COLD WATER SHRIMP
COOKED PEELED
150-200 PER LB FROZEN
340 G
CREVETTES NORDIQUES SAUVAGES PC^{MD}
20021832_EA



\$13

CHELSEA BONED SALTED COD FILLETS
454 G
FILETS DE MORUE SALÉE DÉSARÊTÉE CHELSEA
20866456_EA



\$10

PC® HOT SMOKED CANDIED OR SPICY SALMON STRIPS
READY-TO-EAT
150 G
LANIÈRES DE SAUMON CONFIT FUMÉ À CHAUD OU ÉPICÉES PC^{MD}
20976930_EA
20977683_EA



\$21

IFC COOKED CANADIAN SNOW CRAB CLUSTERS 500 G
OR **PC® PACIFIC WHITE SHRIMP RING WITH MILD COCKTAIL SAUCE**
568 G FROZEN
GRAPPES DE CRABE DES NEIGES CANADIEN CUITES IFC OU COURONNE DE CREVETTES AVEC SAUCE COCKTAIL DOUCE PC^{MD}
21615011_EA
20147098_EA



\$11

PC® MARYLAND-STYLE CRAB CAKES 170 G
OR **SHRIMP APPETIZERS**
SELECTED VARIETIES
294-454 G
FROZEN
GALETTES DE CRABE STYLE MARYLAND OU HORS-D'ŒUVRE DE CREVETTES PC^{MD}
21334617_EA
20135874_EA



3.99 LB **EXTRA LARGE**

PC® EXTRA LARGE GREEN SEEDLESS GRAPES PRODUCT OF SOUTH AFRICA, CHILE OR MEXICO, NO. 1 GRADE OR **PC® EXTRA LARGE RED SEEDLESS GRAPES** PRODUCT OF SOUTH AFRICA OR CHILE, NO. 1 GRADE
8.80/KG
TRES GROS RAISINS VERTS OU ROUGES SANS PÉPINS PC^{MD}
2042575001_KG
20159199001_KG



4.50

BLACKBERRIES OR RASPBERRIES PRODUCT OF MEXICO OR U.S.A.
HALF PINT
MÛRES OU FRAMBOISES
20551015001_EA
20128938001_EA



\$5

FARMER'S MARKET™ ENGLISH CUCUMBERS 3'S PRODUCT OF ONTARIO OR **ROMAINE HEARTS** 3'S PRODUCT OF U.S.A.
CONCOMBRES ANGLAIS DÉLICÉS DU MARCHÉ^{MC} OU CŒURS DE LAITUE ROMAINE
20828481001_EA
20067389001_EA



6.50

FARMER'S MARKET™ GREENHOUSE PEPPERS PRODUCT OF MEXICO
3'S
POIVRONS DE SERRE DÉLICÉS DU MARCHÉ^{MC}
20085851001_EA



4.50

CANTALOUPE PRODUCT OF GUATEMALA, HONDURAS, OR BRAZIL
EACH
CANTALOUPE
2016707001_EA



\$6

FARMER'S MARKET™ RED OR RUSSET POTATOES 10 LB BAG, PRODUCT OF CANADA, CANADA NO. 1 GRADE OR **FRENCH BEANS** 400 G PRODUCT OF MEXICO
POMMES DE TERRE ROUGES OU RUSSET DÉLICÉS DU MARCHÉ^{MC} OU HARICOTS FRANÇAIS
20601020001_EA
20889720_EA



2/\$11 OR \$6 EA.

GET 1,000^{PC} when you buy 2 **\$1 back in points**

MARZETTI DIPS SELECTED VARIETIES PRODUCT OF U.S.A.
254-340 G
TREMPETTES MARZETTI
20039279_EA
20039279_EA



\$6

GUACAMOLE 270 G OR **PICO DE GALLO SALSA** 170 G
PREPARED IN-STORE
GUACAMOLE OU SALSA PICO DE GALLO
21657916_EA
21552223_EA



\$18-20

FAMILY SIZE SALADS PREPARED IN-STORE, SELECTED VARIETIES
665-901 G
SALADES FORMAT FAMILIAL
20972499_EA
20972512_EA



Hosting made easy

Discover
more value
this Easter



SAVE
\$1.09/100 G

4.40
/100 G

**PARMIGIANO
REGGIANO CHEESE**
PRODUCT OF ITALY, DELI CUT
**FROMAGE
PARMIGIANO
REGGIANO**
20377023_KG



\$7



**PC® DOUBLE
CREAM BRIE**
SELECTED VARIETIES
170-200 G
**BRIE DOUBLE
CRÈME PC®**
20787327_EA



4.50
/100 G

**APPLEWOOD
SMOKED CHEDDAR**
IN-STORE DELI CUT
**CHEDDAR FUMÉ
APPLEWOOD®**
20076601_KG



2.50
/100 G



**SIKORSKI DELI
SERVICE CASE
SAUSAGES**
SELECTED VARIETIES
**SAUCISSES
SIKORSKI DU
COMPTOIR DE
SERVICE**
20996142_KG
20996150_KG



\$15



**BELLA CASARA
BURRATA**
250 G
**BURRATA
BELLA CASARA**
20214087_EA



\$14

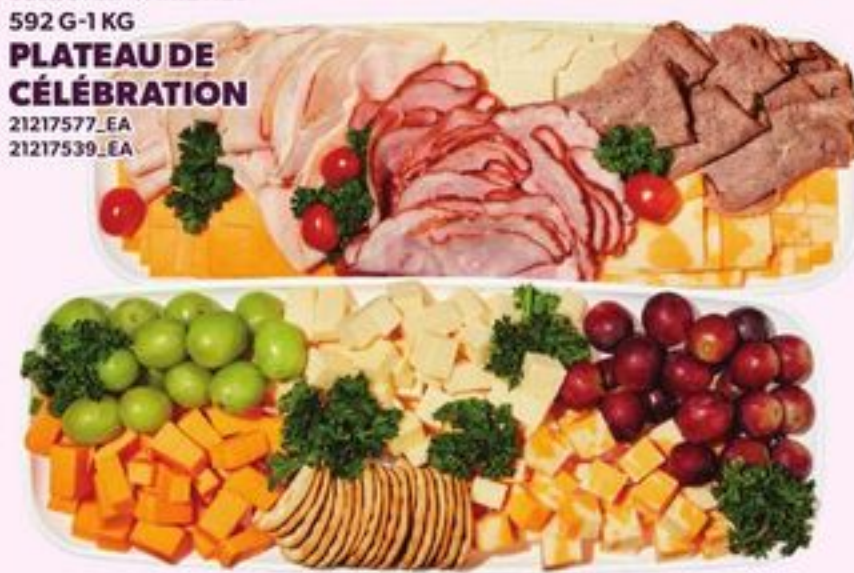
**MARCANGELO
ITALIAN SLICED
MEAT**
200 G
**CHARCUTERIES
ITALIENNES
TRANCHÉES
MARCANGELO**
21206369_EA
21692121_EA



\$30

**SERVES
6-10**

PARTY PLATTER
SELECTED VARIETIES
592 G-1 KG
**PLATEAU DE
CÉLÉBRATION**
21217577_EA
21217539_EA



\$7

**Members save
\$1**



**Non-members
\$8**

**LESLEY STOWE
RAINCOAST CRISPS**
150 G OR **WILDLY
DELICIOUS JELLY** 165 ML
SELECTED VARIETIES
**CRAQUELINS
RAINCOAST CRISPS
LESLEY STOWE
OU GELÉE WILDLY
DELICIOUS**
21030996_EA/21025538_EA



\$6

**Members save
\$1**

**Non-members
\$7**

**THE SNACK
FACTORY
CHOCOLATE
PRETZEL CRISPS**
SELECTED VARIETIES
155 G
**PRETZEL CRISPS AU
CHOCOLAT SNACK
FACTORY**
21576322_EA
21576333_EA



\$4

**BAKED
IN-STORE**

**PUMPERNICKEL,
SOURDOUGH
BOULE OR EGG
BREAD**
SELECTED VARIETIES
383/574 G
**PAIN AU
PUMPERNICKEL,
AU LEVAIN OU AUX
ŒUFS**
20155226_EA
20653517_EA



4.50

**BAKED
IN-STORE**

**BUTTER
CROISSANTS**
6'S
**CROISSANTS AU
BEURRE**
21682999_EA



\$4

**BAKED
IN-STORE**

DINNER ROLLS
SELECTED VARIETIES
12'S
PETITS PAINS
21392649_EA



\$30

**GET
5,000[®]
back in points**

**30 PIECE WINGS &
WEDGES BUCKET**
1.2 KG
**SEAU DE
30 MORCEAUX
D'AILES DE POULET
ET FRITES EN
QUARTIERS**
21541872_EA
21541877_EA



SERVES 6

\$20-25

**GET
5,000[®]
back in points**

**SANDWICH OR
WRAP PLATTERS**
PREPARED IN-STORE
1.2-1.7 KG
**PLATEAUX DE
SANDWICHES
OU ROULÉS**
21558135_EA
21558137_EA



\$30

**Members save
\$5**

**Non-members
\$35**

**BENTO KAZOKU
PLATTER**
53 PIECES
1.2 KG
**PLATEAU KAZOKU
BENTO**
21637774_EA



**SAVE
UP TO \$3**

**PREPARED
IN-STORE**

\$7

**12" TAKE AND BAKE
PIZZA**
SELECTED VARIETIES
510-739 G
**PIZZA 12 PO CUIRE
À LA MAISON**
21456415_EA
21456401_EA



\$16-20

**PREPARED
IN-STORE ONE PAN
FAMILY MEAL**
SELECTED VARIETIES
725-1.1K G
**REPAS FAMILIAL EN
UN PLAT PRÉPARÉ
EN MAGASIN**
21595416_EA
21665982_EA



\$9

**PREPARED IN-STORE
READY TO COOK SIDE**
SELECTED VARIETIES
545-865 G
**PLAT
D'ACCOMPAGNEMENT
PRÊT À CUIRE/PRÉPARÉ
EN MAGASIN**
21533955_EA



\$10

**SAMOSA PLATTER
WITH TAMARIND
SAUCE**
1.37 KG
**PLATEAU DE
SAMOSAS AVEC
SAUCE AU TAMARIN**
21558737_EA



**BUY ONE (1) FOR \$8
GET ONE (1) 50% OFF**

**MEDIUM PREMIUM
SALADS**
SELECTED VARIETIES
330 G
**SALADES DE QUALITÉ
SUPÉRIEURE,
FORMAT MOYEN**
21608061_EA



Bright blooms, shared joy

Discover more value this Easter



\$26

Optimum
GET 5,000^{pts}

\$5

back in points

PC® DOZEN ECUADORIAN ROSES
ASSORTED COLOURS
EACH
20581749_EA
20581781_EA



\$25

Optimum
GET 5,000^{pts}

\$5

back in points

SIGNATURE EASTER BOUQUET
EACH
21436378_EA
21436377_EA



\$12

10 STEM TULIPS
ASSORTED COLOURS
EACH
20833978_EA



\$22

6 INCH HYDRANGEA
ASSORTED COLOURS
EACH
21733616_EA



\$11

BLOOM OF THE MONTH

PEACE LILY
EACH
21706529_EA



heavenly desserts

The Big Apple Pie

\$17

GET 1,000^{PC} back in points

Taste the tradition!

The Big Apple pies are lovingly handcrafted the old-fashioned way, using only all-natural, wholesome ingredients.

No preservatives—just pure, irresistible deliciousness in every bite!



BIG APPLE PIES
SELECTED VARIETIES
1.2 KG
21564164_EA
21564155_EA

FROM **1.49**

ASSORTED BAKERY SINGLE SERVE DESSERTS

20752723_EA
21005786_EA



\$2

SMALL CANNOLI
SELECTED VARIETIES

20752723_EA



\$30

LA ROCCA 8 INCH OCCASION CAKES

SELECTED VARIETIES
1.1-1.7 KG
21390957_EA
21645576_EA



\$6

CÉLÉBRATION CUPCAKES

CHOCOLATE OR WHITE
6'S
20592676_EA



7.50

SINGLE LAYER CAKES

SELECTED VARIETIES
21093577_EA
21093578_EA



\$12

BIG COOKIE

830 G
21365157_EA



\$9

APP EXCLUSIVE OFFER
GET 1,000^{PC} back in points

FARMER'S MARKET™ PIES

SELECTED VARIETIES
580 G-1 KG
21297365_EA
21297367_EA



*Open your PC Optimum™ app or visit pcoptimum.ca to get the offer

\$8

GET 1,000^{PC} back in points

FARMER'S MARKET™ SQUARES

SELECTED VARIETIES
400/450 G
21216499_EA
21216523_EA



\$9

GET 1,000^{PC} back in points

FARMER'S MARKET™ COFFEE CAKES

SELECTED VARIETIES
750 G
21707345_EA
21707453_EA



\$3

BAKED IN-STORE

SOURDOUGH LOAF

ORIGINAL OR EVERYTHING
404/450 G
20706542_EA
21682979_EA



\$4

BAKED IN-STORE

ROSEMARY & SEA SALT OR CHEESE FOCACCIA

430/484 G
21724758_EA
21724807_EA



4.25

BAKED IN-STORE

CIABATTA BUNS 6'S OR MINI CIABATTA BUNS 10'S

21575075_EA



3.50



GARLIC LOAF

330 G
21020061_EA



4.50

KING'S HAWAIIAN ROLLS

SELECTED VARIETIES
340 G
21475979_EA



3.50



PC® EXTRA THICK SLICED CINNAMON BREAD WITH RAISINS

675 G
20639729_EA



\$5

FURLANI TEXAS TOAST

16x40 G,
PARMESAN GARLIC BREADSTICKS 12x55 G
OR PARMESAN GARLIC KNOTS 296 G

SELECTED VARIETIES
20041579_EA
21048246_EA



\$5

PC® BRIOCHE MINI ROLLS

SELECTED VARIETIES
400 G
21410779_EA



\$3



WONDER BALLPARK HOTDOG OR HAMBURGER BUNS

SELECTED VARIETIES
432-560 G
21022027_EA
21022316_EA



cheers & chill

beers, ciders & ready to drink



17⁷⁹

HEINEKEN
6X500 ML CANS
20955260_C06



\$18

STELLA ARTOIS
6X473 ML CANS
21347368_C06



\$16

MICHELOB ULTRA
6X473 ML CANS
21097258_C06



28⁹⁹

WHITE CLAW VARIETY PACK
SELECTED VARIETIES
12X355 ML CANS
21308871_C12



18⁷⁹

CORONA EXTRA
6X473 ML CANS
21377481_C06



\$3

REINHART'S RED APPLE CIDER OR CRAZY UNCLE HARD ROOT BEER
473 ML CAN
21190031_EA
21416566_EA



\$20

MUSKOKA BREWERY SURVIVAL PACK
6X473 ML CANS
21688405_C06



12⁷⁹

BUSCH BEER
6X473 ML CANS
21296698_C06



Only at the following Your Independent Grocer locations (unless otherwise stated) : 455 McNeely Ave., Carleton Place, 4764-17 Regional Rd. 15, Chelmsford, 62 Thames Rd. E., Exeter, 5200 Hwy #69 N., Hanmer, 1521 Hwy #11 W., Hearst, 131 Howland Dr., Huntsville, 273 King St. W., Ingersoll, 55 Brunetville Rd., Kapuskasing, Kemptville Mall Hwy #43 W., Kemptville, 15 McChesney Ave., Kirkland Lake, 200 Grant Carman, Nepean, 55 Scott St., New Liskeard, 1 Laurentian Ave., North Bay, 685 River Rd., Ottawa, 1900 Dixie Rd., Pickering, 1244 Goderich St., Port Elgin, 1893 Scugog St., Port Perry, 44 Great Northern Rd., Sault Ste. Marie, 1251 Main St., Stittsville, 1836 Regent St. S., Sudbury and 654 Algonquin Blvd. E., Timmins.

We reserve the right to limit quantities. Above retails do not include deposit or tax and may be subject to change without notice. No rainchecks or substitutions. See in-store or yourindependentgrocer.ca for store hours.

Please drink responsibly & designate a driver. Don't drink & drive.

APRIL
2-8



Disney · PIXAR
ALBUM PRE-SALE

PLUS A FREE PACK OF STICKERS*



Optimum™

Member Price

\$3

Non-Member Price

\$5

*At participating Loblaw Companies Ltd. stores April 2-April 8, purchase a sticker book and receive a free single © Disney/Pixar Animal Friends + Stitch Collectible sticker pack containing 4 stickers. While supplies last. Only where albums are sold.



Over 150 prices lowered.

\$13



PC® BLUE MENU® CHICKEN BREASTS
BONELESS, SKINLESS,
AIR CHILLED
3'S
21340952_EA

\$9



PC® NATURALLY SMOKED BACON
SELECTED VARIETIES
375/500 G
20057892_EA
20152629_EA

500 G

\$10



PC® PACIFIC LARGE WHITE SHRIMP
RAW OR COOKED PEELED OR
RAW ZIPPERBACK®
31-40 PER LB 400 G
FROZEN
20789931_EA
20791381_EA

\$6



PC® GOAT CHEESE
SELECTED VARIETIES
140 G
20000584_EA
21197504_EA

\$7



PC® SPLENDIDO® SLICED MEAT
SELECTED VARIETIES
100 G
21049131_EA
21050405_EA

SAVE 30%

\$14



PC® BLUE MENU® WILD ARGENTINIAN SCALLOPS
80-150 PER LB 400 G
FROZEN
20076343_EA

2/\$6



OR
\$3.49 EA.
PC® KETTLE COOKED, KETTLE RIPPLED, LOADS OF, THICK CUT OR WORLD OF FLAVOUR POTATO CHIPS
SELECTED VARIETIES
200 G
20840911004_EA
21687125_EA

8⁵⁰



PC® CHOCOLATE COVERED NUTS OR RAISINS
SELECTED VARIETIES
250-400 G
20000356_EA
20311287_EA

2/\$7



OR
\$4 EA.
PC® DIPS OR HUMMUS 200-227 G
OR **PC® NAAN DIPPERS** 200 G
SELECTED VARIETIES
21092033_EA
21681330_EA

4⁵⁰



PC® FRUIT
SELECTED VARIETIES
FROZEN
300-600 G
20312227_EA
21496426_EA

2/\$11



OR
\$6.49 EA.
PC® FLATBREAD 338-395 G OR **PC® FOCACCIA** 415-456 G
SELECTED VARIETIES
FROZEN
21013452_EA
21669349_EA

GET **2,000** back in points when you buy 2

\$4



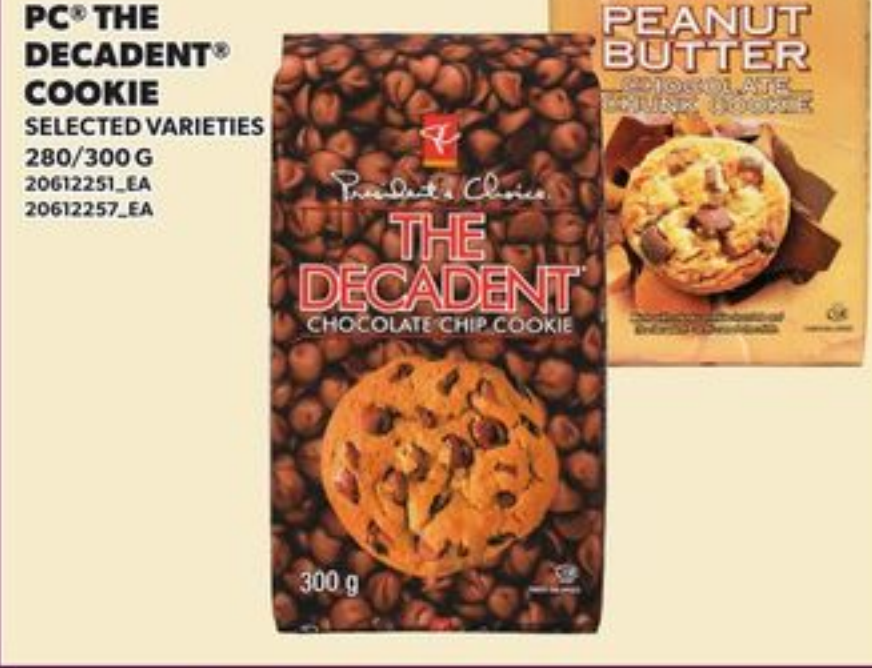
PC® FROZEN DESSERTS
SELECTED VARIETIES
114-290 G
20800530_EA
20800613_EA

\$5



PC® INSTANT COFFEE
SELECTED VARIETIES
80/100 G
21499826_EA

\$5



PC® THE DECADENT® COOKIE
SELECTED VARIETIES
280/300 G
20612251_EA
20612257_EA

\$12



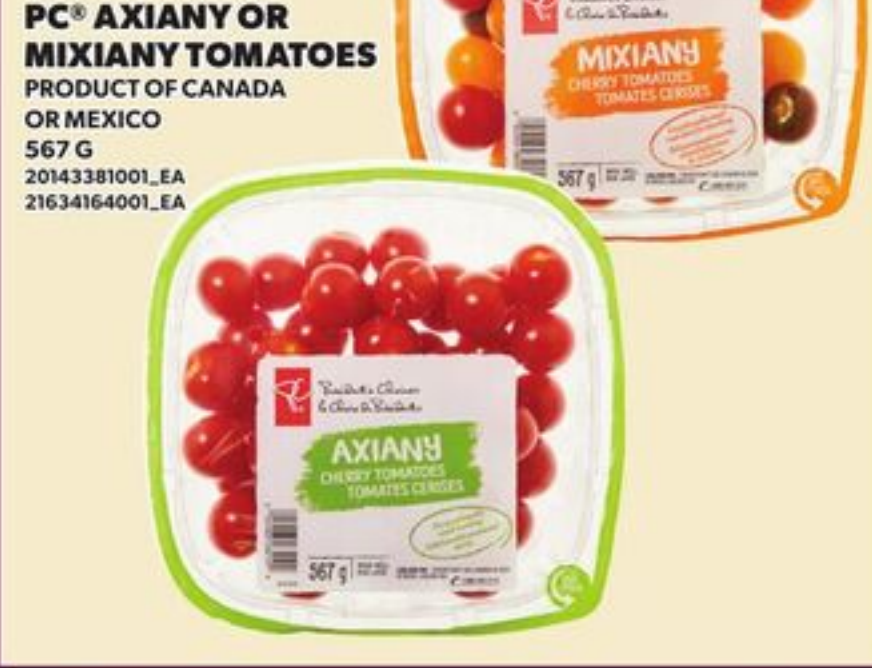
PC® MINI ECLAIRS 710 G OR **VANILLA CREAM PROFITEROLES** 625 G
FROZEN
21713388_EA
21713701_EA

\$17



PC® NUTS
SELECTED VARIETIES
680/907 G
21404808_EA
21404871_EA

7⁵⁰



PC® AXIANY OR MIXIANY TOMATOES
PRODUCT OF CANADA OR MEXICO
567 G
20143381001_EA
21634164001_EA

5⁵⁰



PC® GREENHOUSE GROWN STRAWBERRIES
PRODUCT OF CANADA
340 G
21027142001_EA

\$5



PC® ORGANICS QUICK ROLLED OATS
SELECTED VARIETIES
1 KG
20705773_EA

2⁵⁰



PC® ORGANICS BROTH
SELECTED VARIETIES
900 ML
21190798_EA
21195472_EA

\$5



PC® ORGANICS VEGETABLES
SELECTED VARIETIES,
FROZEN
300/500 G
20416869002_EA
21418289_EA

CELEBRATE THIS VAISAKHI

Here's to community, gratitude, and harvesting great value



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Get **3,000 pts**

for every \$15* spent on any Suraj products

\$3 back in points



*Open your PC Optimum app or visit pcoptimum.ca to get the offer

9.99

PRAN PARATHAS FAMILY PACK
FROZEN
30'S X 2400 G
21172364_EA



5.99

ALFA PUFF PASTRY
FROZEN
850 G
21606988_EA



2.99

PRAN SAMOSAS
FROZEN
400 G
21054846_EA



\$12

BROOKE BOND RED LABEL BLACK TEA
900 G
21017684_EA



5.99

BRAR'S MALAI PANEER
375 G
20283164_EA



2.75

RUBICON JUICES 1 L OR 4X200 ML OR BRITANNIA GOOD DAY COOKIES
231 G OR FIFTY FIFTY COOKIES 372 G
SELECTED VARIETIES
21023105_EA
21557702_EA



4.50

VEEBA VEGINAISE
SELECTED VARIETIES
300 G
21632617_EA
21632743_EA



1.79

KURKURE SNACKS
SELECTED VARIETIES
115 G
20659742_EA
21361077_EA



\$15

BRAR'S PURE DESI GHEE CLARIFIED BUTTER
800 G
20869886_EA



vaisakhi fresh harvest

\$4

RAPINI
PRODUCT OF U.S.A.
BUNCH
20048070001_EA



SAVE 39¢
WHEN YOU BUY 3
3/4.98

OR \$1.79 EA.

ATAULFO MANGOS
PRODUCT OF MEXICO
EACH
20121509001_EA



2.99
LB

EGGPLANT
PRODUCT OF MEXICO
6.59/KG
20155709001_KG



2.25

COCONUT
PRODUCT OF DOMINICAN REPUBLIC OR INDIA
EACH
20005774001_EA



2.99
LB

GREEN ZUCCHINI
PRODUCT OF MEXICO
NO. 1 GRADE
6.59/KG
20036780001_KG



1.50

CILANTRO
PRODUCT OF MEXICO OR U.S.A.
EACH
20091825001_EA



ITEMS AVAILABLE AT THE FOLLOWING YOUR INDEPENDENT GROCER LOCATIONS:

PALMERI'S YIG 290 FIRST STREET NORTH, GRAVENHURST, TREMBLETT'S YIG 273 KING STREET WEST INGERSOLL, DAVIS' YIG 20 JOCELYN ROAD PORT HOPE, CHRIS'S YIG 82 LORNE STREET SUDBURY, BRIERLEY'S YIG 671 RIVER ROAD OTTAWA, EMBRUN YIG 753 NOTRE DAME STREET EMBRUN, MASSINE'S YIG 296 BANK ST. OTTAWA, LAURA'S YIG 1910 ST LAURENT BLVD OTTAWA, MORELLO'S YIG 400 LANSDOWNE STREET EAST PETERBOROUGH, JOHNSON'S YIG 654 ALGONQUIN BLVD EAST TIMMINS, BULLOCK'S 131 HOWLAND DRIVE HUNTSVILLE, BROWNS YIG 1251 MAIN STREET STITTSVILLE, MESSIER'S YIG 1836 REGENT STREET SOUTH SUDBURY, KATHY & MARK'S YIG 15 MCCHESENEY AVENUE KIRKLAND LAKE

your one-stop grocery shop

\$8

DANONE ACTIVIA 12X100 G OR DEL MONTE JUICE 2.5 L
SELECTED VARIETIES
20303412001_EA
21595736_EA



6⁵⁰

INTERNATIONAL DELIGHT ICED COFFEE 1.89 L OR ACTIVIA PROBIOTIC YOGURT DRINK 8X93 ML
SELECTED VARIETIES
21364851_EA
21430512_EA



\$2

PC® ORGANICS BEANS
SELECTED VARIETIES
398 ML
21403943_EA
21403992_EA



SAVE \$2.58 WHEN YOU BUY 2

2/\$9

OR \$5.79 EA.
GENERAL MILLS CEREAL
SELECTED VARIETIES
300-437 G
21715929_EA
21712896_EA



\$5

NUTELLA HAZELNUT SPREAD 375 G OR B-READY SNACK BARS 132 G
SELECTED VARIETIES
20435988_EA
21457401_EA



\$10

FARM GIRL CEREAL
SELECTED VARIETIES
280 G
21610446_EA
21610462_EA



\$7



BECEL MARGARINE
SELECTED VARIETIES
637/850 G
20297818002_EA
21279389_EA



\$10



SAPUTO MOZZARELLISSIMA PIZZA MOZZARELLA CHEESE
SELECTED VARIETIES
690/700 G
20107017001_EA
20324502_EA



\$7



BLACK DIAMOND CHEESTRINGS 336 G OR CHEESE STICKS 252 G
SELECTED VARIETIES
20763661_EA
20986474_EA



2⁵⁰

NO NAME® CHEESE FLAVOURED CORN SNACKS OR CORN CHIPS
SELECTED VARIETIES
200 G
20048210_EA
20962493_EA



3⁵⁰

QUAKER CRISPY MINIS RICE CAKES OR BROWN RICE CHIPS
SELECTED VARIETIES
90-173 G
20163708002_EA
20303002001_EA



3⁵⁰

PC® TORTILLA CHIPS
SELECTED VARIETIES
320/350 G
20302765_EA
20305180_EA



SAVE \$1.80 WHEN YOU BUY 4

4/\$9

OR \$2.70 EA.
CARNATION EVAPORATED MILK
SELECTED VARIETIES
354 ML
20896812_EA
20896887_EA



\$14

BALZAC'S WHOLE BEAN COFFEE 340 G OR GROUND COFFEE 300G
SELECTED VARIETIES
20987612_EA
21364375_EA



6⁵⁰

NATREL LACTOSE FREE MILK
SELECTED VARIETIES
2 L
20077874001_EA
20077874003_EA



\$7

LINDT GOLD BUNNY
SELECTED VARIETIES
100 G
20023331_EA
20046002_EA



\$18

GET 1,500⁰⁰ back in points

CADBURY MINI EGGS
875 G
21625042_EA



\$2

OCEAN SPRAY CRANBERRY SAUCE
SELECTED VARIETIES
348 ML
20022893001_EA
20022893002_EA



\$11

GLAD OUTDOOR BAGS
SELECTED VARIETIES
10-40'S
21665477_EA



\$14

PUREX 4.08-4.43 L, SUNLIGHT 4 L OR PERSIL 1.86 L LAUNDRY DETERGENT OR SNUGGLE FABRIC SOFTENER 2.77 L
SELECTED VARIETIES
20083525001_EA
21427042_EA



2/\$10

OR \$5.99 EA.
LYSOL MULTI SURFACE CLEANER 1.2 L, BATHROOM CLEANERS 950 ML, TOILET BOWL CLEANER 710 ML OR POWER DREGREASER 650 ML
SELECTED VARIETIES
20869495_EA
21193411_EA



for the love of **pets**

\$8

GET 500^{pts}

**CALEDON FARMS
DOG TREATS**
SELECTED VARIETIES
90-553 G
20339693_EA
20550003_EA



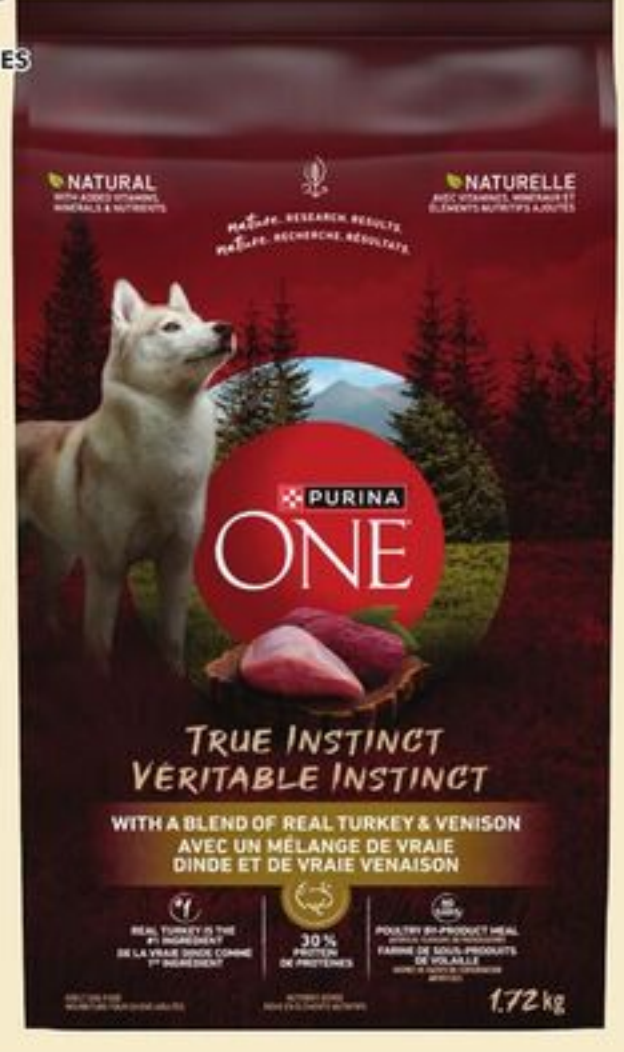
\$42

**BENEFUL
DOG FOOD**
SELECTED VARIETIES
12.7 KG
21237134_C01



\$13

**PURINA ONE
DOG FOOD**
SELECTED VARIETIES
1.6-1.81 KG
20912587_EA



\$14

**PURINA ONE
DOG TREATS**
SELECTED VARIETIES
566 G
21481661_EA



\$35

CESAR DOG FOOD
SELECTED VARIETIES
24'S
21359656_EA



\$9

**MILK-BONE
COMFORT CHEWS
DOG TREATS**
SELECTED VARIETIES
210/312 G
21620394_EA



\$5

**MILK-BONE
DOG TREATS**
SELECTED VARIETIES
535-900 G
21014403_EA



2⁷⁹

**PC[®] NUTRITION
FIRST[®] DOG FOOD**
SELECTED VARIETIES
374 G
21359227_EA
21359232_EA



3/7⁵⁰

OR \$2.99 EA.
**PURINA ONE
DOG FOOD**
SELECTED VARIETIES
368 G
21303479_EA
21441096_EA



7⁴⁹

**FRISKIES
CAT TREATS**
SELECTED VARIETIES
454 G
21165907_EA



\$27

FRISKIES CAT FOOD
SELECTED VARIETIES
32'S
21186868_C01



\$12

**FANCY FEAST
CAT FOOD**
SELECTED VARIETIES
12'S
20317086_EA



7⁵⁰

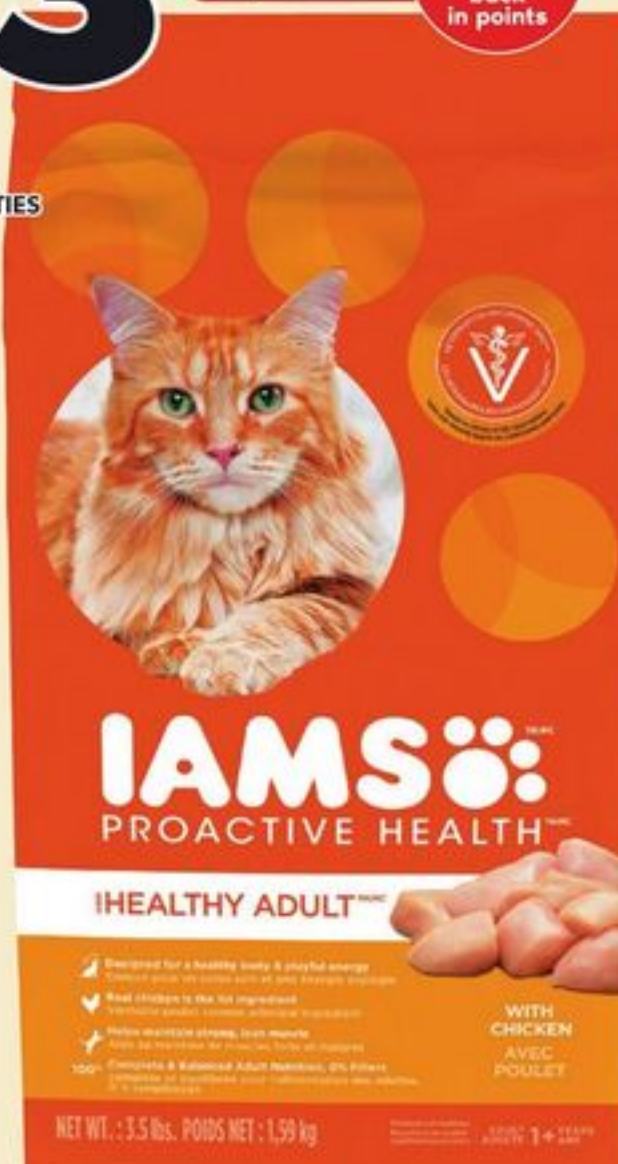
**FRISKIES
CAT FOOD**
SELECTED VARIETIES
1.4-1.5 KG
20912515_EA



\$13

GET 3,000^{pts} \$3 back in points

**IAMS
CAT FOOD**
SELECTED VARIETIES
1.36/1.59 KG
21027553_EA



\$24

**TIDY CATS LIGHT
WEIGHT LITTER**
SELECTED VARIETIES
5.44 KG
21206285_C01



live well, spend less

\$10 **LIMIT 4**
AFTER LIMIT
14.99 EA.

CAROL'S DAUGHTER OR SHEA MOISTURE HAIR CARE
SELECTED VARIETIES AND SIZES
21433370_EA/21508204_EA



\$9 **LIMIT 4**
AFTER LIMIT
9.99 EA.

VASELINE SKIN CARE PRODUCTS
SELECTED VARIETIES
21085011_EA/21085910_EA



GET **\$2.50**
back in points
when you buy 2

3⁵⁰ **LIMIT 6**
AFTER LIMIT
4.49 EA.

COLGATE PREMIUM ADULT OR KIDS TOOTH PASTE 70-150 ML OR **MANUAL TOOTHBRUSH** 1'S
SELECTED VARIETIES
20697448001_EA/21166685_EA



\$4 **LIMIT 6**
AFTER LIMIT
6.99 EA.

AXE BODY WASH 473 ML, **DEODORANT** 76/85 G OR **BODY SPRAY** 113 G
SELECTED VARIETIES
20216717001_EA/21436066_EA



4⁵⁰ **LIMIT 4**
AFTER LIMIT
5.99 EA.

Q-TIPS COTTON SWABS
500'S
20323077001_EA



SAVE UP TO

15%

LUBRIDERM OR NEUTROGENA HAND AND BODY LOTIONS
SELECTED VARIETIES AND SIZES
20432375001_EA



SAVE UP TO

15%

OLAY FACE CARE PRODUCTS
SELECTED VARIETIES AND SIZES
21236887_EA



\$10 **LIMIT 4**
AFTER LIMIT
12.99 EA.

TRESEMMÉ SHAMPOO OR CONDITIONER
SELECTED VARIETIES
1.15 L
21229430_EA
21229605_EA



9⁵⁰ **LIMIT 6**
AFTER LIMIT
14.49 EA.

SCHICK INTUITION, HYDRO OR XTREME DISPOSABLE RAZORS
SELECTED VARIETIES
1-8'S
20322736004_EA
2108186_EA



\$1 **LIMIT 12**
AFTER LIMIT
1.79 EA.

CREST CAVITY PASTE 50-100 ML, OR **ORAL-B CAVITY DEFENSE MANUAL TOOTHBRUSH** EA.
SELECTED VARIETIES
20077991_EA/20338731001_EA



\$13 **LIMIT 4**
AFTER LIMIT
15.99 EA.

L'ORÉAL PREFERENCE, FERIA OR OLIA HAIR COLOUR
SELECTED VARIETIES
20306667001_EA
21474551_EA



FAST & EFFECTIVE DANDRUFF RELIEF

CLINICALLY PROVEN RELIEF WITH
2.5% MAX STRENGTH FORMULA



- WORKS FROM 1ST WASH**
Visible improvement within uses
- DUAL ACTION***
Fights dandruff-causing yeast
Helps reduce flaking

DISCOVER OUR FULL RANGE OF DANDRUFF RELIEF SOLUTIONS



\$10 **LIMIT 4**
AFTER LIMIT
13.99 EA.

Selsun blue haircare
selected varieties
250-325 mL
20357155002_EA/21507228_EA/21235792_EA
20357155001_EA/21639807_EA/21494355_EA

To ensure this product is right for you, always read and follow the label.
* Only applicable to Selsun Blue products containing selenium sulfide.

MA7-CA-2501334 V1.0 11/2025

What if buying gas fuelled your points?

Only Esso™ and Mobil™ gas earns you PC Optimum™ points.



Esso Mobil + PC Optimum

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ogx

Visibly thicker, fuller hair from the root

NEW

ProGrowth + Peptide
ProCroissance + Peptide

\$9 **LIMIT 4**
AFTER LIMIT
11.49 EA.

OGX® selected products
21705833_EA/21705805_EA/21708049_EA

Discover more OGX® haircare products

*with full routine vs. untreated hair (data on file)
© Kenvue Canada Inc. 2026

Poise

Up to **100% leak-free protection**

Depend

offers **All-Day Protection**

18⁵⁰ EA.

Depend underwear or Poise pads
selected varieties and sizes
20558843005_EA/21302119_EA/
21099850_EA/21099790_EA

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Lactantia
DEPUIS 1947

FOR MILK CONNOISSEURS

FRESH AND CREAMY **EASY TO DIGEST** **20g PROTEIN**

Lactantia PürFiltre
FRESH TASTE • GOÛT FRAIS
2 L
\$5.50
LACTANTIA PURFILTRÉ MILK, 2 L
SELECTED VARIETIES
21424891_EA

Lactantia Sans Lactose Free
2 L
\$6
LACTANTIA LACTOSE-FREE MILK, 2 L
SELECTED VARIETIES
21441429_EA

Lactantia UltraPur
20g PROTEIN
NO SUGAR ADDED
10 ESSENTIAL NUTRIENTS
1.5 L
\$5.50
LACTANTIA ULTRAPUR MILK OR CHOCOLATE MILK
1.5 L
SELECTED VARIETIES
21694605_EA
21229130_EA

DAIRY FARMERS OF CANADA QUALITY MILK **PROUDLY MADE IN CANADA** **CDHF** Canadian Dairy Health

*per 250 mL serving

Silver Hills
SPROUTED POWER

Prepared in Canada

Unlock the power of sprouted

Made with organic ingredients

\$6

Silver Hills Bread, selected varieties and sizes
20318061001_EA/21047070_EA

BR BASKIN-ROBBINS **9.99**

Baskin-Robbins® Sandwiches 4's or Tubs 946 mL
Selected Varieties
21721551_EA/21721501_EA

NETFLIX STRANGER THINGS

5.50

Nestlé® Drumstick® Confectionery or Novelties
Selected Varieties 4/6's, 4-10's, 1.5 L
21722287_EA

ioGO **TREAT FREELY** with ioGO® frozen yogurt!

6

ioGO® Frozen Yogurt Novelties 4/8's or Tubs 946 mL
Selected Varieties
21654421_EA/21654551_EA

Häagen-Dazs **EXTRAAZ**

5.50

Häagen-Dazs®
414 mL - 450 mL or 3-4's
Selected Varieties
21722352_EA/21722188_EA

BRING FRESH FLAVOUR TO THE EASTER TABLE

fontaine santé

2/\$7 OR \$4 EA

2/\$7 OR \$4 EA

2/\$11 OR \$6.50 EA

2/\$7 OR \$4 EA

Traditional Hummus 260 g 20501132_EA | **Roasted Pine Nut Hummus! 283 g** 21687314_EA | **Chili Spiced Oil Hummus! 482 g** 21687273_EA | **Caramelized Onion Hummus! 283 g** 21687570_EA

OKA

CELEBRATE EASTER THE CANADIAN WAY

9

OKA Maple Original 190 g
21518485_EA
20920756_EA

3.50 /100g

OKA Classique L'Artisan Swiss-Style Smoke
21162370_KG
20963094_KG

6

MONSIEUR GUSTAV Double crème Camembert cheese
21619307_EA
21619313_EA

8

L'EXTRA Brie, Camembert NOTRE-DAME Brie
21528319_EA
20016313_EA

3.50 /100g

L'EXTRA Brie Double crème
21157608_KG
21128235_KG

8

KERRYGOLD Dubliner Reserve Cheddar 198 g
20591635_EA
20399976_EA

3.50 /100g

JARLSBERG Cheese 21388103_KG

7

ENTREMONT Brie, Camembert 227 g
21692867_EA
21692836_EA

5 /100g

CAMBOZOLA Cheese 20001969_KG

10

SNOWDONIA Beech Wood Black Bomber 200 g
21638991_EA
21632796_EA

Tre Stelle

EASTER MADE EASIER.

7

Tre Stelle® Feta 200 g
20803498_EA

15

Tre Stelle® Mascarpone 475 g
20130433_EA

8

Tre Stelle® Ricotta Selected Varieties 400-475 g
20803652_EA

8

Tre Stelle® Mozzarella Ball 340 g
20109267_EA

7

Tre Stelle® Boccocini Selected Varieties 200 g
20322808_EA

Express Online grocery pickup & delivery

Online groceries, hand-selected for you

Get **\$15 in PC Optimum™ points** on your first 5 eligible online grocery orders.

That's \$75 back in **pts**

Use code **PCX5**

Shop now

\$5.49

*Terms and conditions apply. See site for details.

Wonderful PISTACHIOS

SALTED OR UNSALTED
225 g
21085963001_EA/21018439_EA

Wonderful PISTACHIOS

\$5.49

YOU COULD WIN A TRIP FOR 2 TO THE STANLEY CUP FINAL

\$25,000 IN TOTAL PRIZES

THE OFFICIAL HIGH PROTEIN YOGURT OF THE NHL

2/\$7
OR \$4 EA.

Oikos® Pro™ selected varieties 300 mL 21651846_EA

\$8.50

Oikos® Pro™ selected varieties 650 - 750 g 21305945_EA

3/\$12
OR \$4.99 EA.

Oikos® selected varieties 4 x 100 g 20419715004_EA

* No purchase necessary. Begins 03/23/26 at 12:00:01 AM ET & Ends 05/24/26 at 11:59:59 PM ET. Draw 05/25/26 at 2PM ET. One (1) Grand Prize: Trip for 2 to a 2026 Stanley Cup™ Final game (ARV \$9,000 CAD) and 920 Instant Win Prizes: a \$100 CAD Digital Prepaid Card (20 total), or a \$5 CAD Physical Danone Oikos® Coupon (800 total). Mathematical skill-testing question required. Full contest rules: www.snacktowin.ca. Oikos® used under lic., © 2026, Danone US, LLC. All rights reserved. Oikos® Pro™ used under lic., © 2026, Danone US, LLC. All rights reserved. NHL, the NHL Shield, the word mark and image of the Stanley Cup and the Stanley Cup Final logo are registered trademarks of the National Hockey League. NHL and NHL team marks are the property of the NHL and its teams. © 2026 NHL. All Rights Reserved.

BACKED BY OVER 35 YEARS OF ACTIVIA'S EXPERTISE IN GUT HEALTH

ALL 8 PACKS NOW AVAILABLE IN SINGLE FLAVOURS!

2/\$10
OR \$6.29 EA.

Activia® selected varieties 8 x 100 g 21725748_EA

\$4

Activia® Expert selected varieties 4 x 100 g 21688261_EA

\$6.50

Activia® Expert selected varieties 750 g 21688207_EA

\$4.50

Activia® selected varieties 650 g 20325132003_EA

10-HOUR BREW FOR A BOLD AND SMOOTH TASTE

\$8

Stok® selected varieties 1.42 L 21203737_EA/21203739_EA

NEW LIMITED EDITION

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2/\$17
OR \$8.99 EA.

PEPSICO BEVERAGES
SELECTED VARIETIES 12X355 ML
20322361002_C12/21723693_C12

2/\$10
OR \$5.49 EA.

PEPSICO BEVERAGES
SELECTED VARIETIES 6X222 ML
20857560004_C06/21189960_C06

2/\$15
OR \$8.29 EA.

bubly™ sparkling water beverage
selected varieties 12x355 mL
21651534_C12/21097177_C12

\$4.99

bubly™ sparkling water beverage
selected varieties 6x222 mL
21718206_C06/21718382_C06

2/\$10
OR \$5.49 EA.

PEPSICO BEVERAGES
SELECTED VARIETIES 6X222 ML
20857560004_C06/21189960_C06

2/\$4
OR \$2.49 EA.

Brisk® Iced Tea
selected varieties 710 mL
21082610_EA/21653509_EA

1.50

GATORADE PERFORM Sports Drink
selected varieties 710 mL
21357035_EA/20305775003_EA

2/\$14
OR \$8.29 EA.

MONTELLIER® Carbonated Natural Spring Water
selected varieties 10x355 mL
21096722_C10/21096704_C10

Happy Easter



\$4.50

Pillsbury™ Ready to Bake Seasonal Cookies selected varieties 260-396 g
21306853_EA/21306856_EA



2/\$5
OR \$2.99 EA.



Betty Crocker™ Super Moist cake mix 375-404 g or Frostings 340-450 g, selected varieties
21547837_EA/20562641007_EA

2/\$6
OR \$3.79 EA.

Betty Crocker™ Potatoes selected varieties 141-215 g

20296518003_EA/21574286_EA



2/\$9
OR \$5.79 EA.

General Mills™ Cereal selected varieties 300-437 g

21104047_EA/21104058_EA



3/\$9
OR \$3.75 EA.

Nature Valley™ Sweet & Salty 175-210 g, Fibre 1™ Bars or Nature Valley™ Protein Bars or Nature Valley™ Biscuits 125-190 g selected varieties

21714114_EA/20686988001_EA



3/10.50
OR \$4.50 EA.

Pillsbury™ Pie Crusts or Breads selected varieties 340-400 g

20187585_EA/20317832003_EA



3/10.50
OR \$4.50 EA.

Pillsbury™ Base Sweet Goods selected varieties 351-468 g

20320962002_EA/20318034001_EA



\$2.50

Pillsbury™ Crescents or Weiner Wrap selected varieties 200-227 g

21505340_EA/20305424002_EA



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RESTORE YOUR COOK-EAT BALANCE WITH

Campbell's



Tomato Fiesta Soup

JUST ADD



SCAN HERE FOR RECIPES



\$3

CAMPBELL'S® READY TO SERVE SOUPS SELECTED VARIETIES 515 ML 21479030_EA



1.50

CAMPBELL'S® CONDENSED SOUPS (TOMATO, CREAM OF MUSHROOM, CHICKEN NOODLE OR VEGETABLE) SELECTED VARIETIES 284 ML 20176214003_EA



\$5

PACE® CHUNKY SALSA SELECTED VARIETIES 642 ML 20307531001_EA



1.50

CAMPBELL'S® CONDENSED SOUPS SELECTED VARIETIES 284 ML 20297246002_EA

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PATAK'S
MAKES
PERFECT

HAPPY VAISAKHI!

\$4

PATAK'S SAUCES SELECTED VARIETIES 400 ML 20217180002_EA



4.50

PATAK'S CURRY PASTE SELECTED VARIETIES 284 ML 20307057001_EA



1.99

PATAK'S SPICE RUBS SELECTED VARIETIES 25 G 21694790_EA

\$3

PATAK'S READY TO HEAT POUCH SELECTED VARIETIES 285 ML 21220533_EA



SCAN FOR RECIPE INSPIRATION



Refresh & Enjoy

11.99

WHITE CLAW ZERO SELECTED VARIETIES 4X355 ML 21713043_CO4/21713063_CO4



10.99

MICHELOB ULTRA ZERO SELECTED VARIETIES 6X355 ML 21706873_CO6



10.99

GUINNESS 0.05% SELECTED VARIETIES 4X440 ML 21567137_CO4



9.99

HEINEKEN 0.0% SELECTED VARIETIES 6X330 ML 21099500_CO6 21100011_CO6



10.99

CORONA CERO SELECTED VARIETIES 6X330 ML 21650191_CO6



10.99

ATHLETIC BREWING CO SELECTED VARIETIES 6X355 ML 21538144_CO6 21538122_CO6



FOR HEALTHY LOOKING, BEAUTIFUL SMILES!



Optimum™
GET 6,000^{pts}
\$6 back in points
 for every \$30* spent on Crest, Oral-B, Fixodent or Burt's Bees oral care products selected varieties and sizes



3⁵⁰
 Crest Complete Whitening Plus Scope Minty Fresh 120 mL or Crest Kids Strawberry Stand-Up Tube 85 mL
 21354028_EA/21354458_EA



5⁵⁰
 Crest Gum Detoxify Deep Clean 63 mL or Crest Scope Classic Mint 1 L
 21354690_EA/20948747_EA



6⁵⁰
 Crest Kid's Toothbrush Chameleon 3+ Years 2's or Oral-B Complete Satin Floss 2x50 m Twin
 21507005_EA/20598749_EA



9⁵⁰
 Crest 3D White Advanced Radiant Mint 3x70 mL or Crest Pro-Health Advanced Clean Mint 1 L
 21506752_EA/20902657_EA



\$25
 Oral-B Pro 300 Floss Action Rechargeable Toothbrush ea., Crest 3D White Whitestrips Classic Vivid 10's or Oral-B Precision Clean Brush Heads 3's
 21475266_EA/21475266_EA/20346231002_EA



\$50
 Oral-B iO2 Series Rechargeable Toothbrush Black ea., or Oral-B iO Series Brush Heads Ultimate Clean Black 4's
 21616655_EA/21627550_EA

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SENSODYNE CLINICAL WHITE

2 SHADES WHITER TEETH*

+24/7 SENSITIVITY PROTECTION**

8 each

LIMIT 4 AFTER LIMIT 9.99 EA.

SENSODYNE selected varieties and sizes
 21657970_EA/21657910_EA

#1 DENTIST RECOMMENDED BRAND FOR SENSITIVE TEETH

*Compared to a regular toothpaste, after 8 weeks of twice daily brushing. **With twice-daily brushing.

Optimum™
GET 3,000^{pts}
\$3 back in points
 for every \$15* spent on Sensodyne, ProNamel, Polident, Poli-Grip or Biotene products

SENSODYNE PRONAMEL

Actively Strengthens your enamel

- Stronger defence*
- 24-hour cavity protection

6⁸⁰ each

PRONAMEL selected varieties and sizes
 21358365_EA/21471656_EA

LIMIT 6 AFTER LIMIT 8.99 EA.

*against dietary acids. With twice daily brushing. Also relieves sensitive teeth.

POLIDENT POLIGRIP

#1 DENTIST RECOMMENDED BRANDS*

7⁵⁰ each

LIMIT 6 AFTER LIMIT 8.99 EA.

POLIDENT or POLIGRIP selected varieties and sizes
 20437569002_EA 21093453_EA

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