VERSION 4

Happy Easter

metro
CANADIAN AND PROUD

2-DAY SALE
APRIL 2ND & 4TH

Blueberries Product of Canada or Mexico, Grade A, 170 g to 340 g
Bleuets Produit du Canada ou du Mexique, Qualité A, 170 g à 340 g
2.99 ea.

Cut by your butcher Beef Cut Prime Rib Roast Chef Cut, Boneless, Grade AAA, 2.25 kg to 2.75 kg
Rôti de côte-de-bœuf Beef Cut Prime Rib Roast Chef Cut Désossé, Qualité AAA, 2.25 kg à 2.75 kg
12.88 /lb

Proudly 100% Canadian Beef

Raspberries Product of Mexico, Grade A, 170 g to 340 g
Framboises Produit du Mexique, Qualité A, 170 g à 340 g
2.44 /lb

Fresh Free-Range Large Whole Chicken Organic, Product of Canada, 1.36 kg
Poulet Frais, Gros poulet entier élevé en liberté, Produit du Canada, 1.36 kg
2.44 /lb

Fresh Atlantic Salmon Fillets Value Pack, Product of Canada, 1.36 kg
Filets frais de saumon atlantique en emballage économique, Produit du Canada, 1.36 kg
8.88 /lb

Maple Leaf Bacon Selection Bacon, 375 g to 500 g or Bacon Selection Bacon, 375 g to 500 g or Bacon de dos Canada à la glace, 375 g to 500 g
2.99 ea. or /lb

125 value of $1
Nature's Source Shrimp/Crevettes Medium Raw Frozen, Product of Canada, 340 g
Large Nature's Source Shrimp/Crevettes Medium Raw Frozen, Product of Canada, 340 g
6.99 ea.

Irresistible Lactantia Pies, 1.36 kg or Irresistible Tarts, 1.36 kg
5.99 ea.

Quinlan, Zesty or Cheez-It Crackers Quinlan Breton, 200 g to 300 g or Zesty, 200 g to 300 g or Cheez-It Crackers, 200 g to 300 g or Ritz Crackers, 200 g to 300 g
1.88 ea.

Ziploc Freezer Bags, Gallon, 18 ct or Slider Bags, Gallon, 15 ct
125 value of $1
4.88 ea.

Tropicana Refrigerated Juice, 1.36 L, Product of Canada
Jus réfrigéré Tropicana 1.36 L, Produit du Canada
3.49 ea.

Lactantia Unsalted Butter, 454 g or Lactantia Butter, 454 g
4.88 ea.

Effective April 2 3 4 5 6 7 8 2026

All stores open Saturday, April 4th, 2026 at 7 am
Most stores closed Friday, April 3rd and Sunday, April 5th, 2026

VERSION 4

EASTER LILIES

9.99 ea.

Lis de Pâques

metro

CANADIAN AND PROUD

SAVE ALL WEEK LONG

FIRST OF THE SEASON

Naturally Raised

French Wild Caught Ontario Pickerel Fillets Value Pack

Filets de brochet sauvage de l'Ontario de catégorie économique

14.99 /lb

PROMISE WITHOUT

Maple Leaf Prime Raised without Antibiotics or Mixed Raised without Antibiotics Whole Boneless Skin On Chicken

Poulet entier désossé avec peau Maple Leaf Prime élevé sans antibiotiques ou élevé sans antibiotiques

125 points value of $1

5.99 /lb or ea.

800 g

Fin du Monde Original or Fin du Monde

Fin du Monde Original or Fin du Monde

Cooked Shrimp or Blue Shrimp

Crevettes cuites ou Crevettes bleues

Canned Sockeye Salmon

Saumon rouge en conserve

125 points value of $1

19.99 ea.

Ready to Serve

Irresistible Spiral Sliced Honey Mustard Glazed Ham

Jambon en tranches irrésistible tranché en spirale nappé de miel et moutarde

3.99 /lb

Brandt Rotisserie Lemon Cajun, Roast Lean Honey Maple Barbecued Pulled Pork

Brandt rôtisserie citron-cajun, porc de chasse, jambon haute en miel et à l'érable fumé

2.99 /100 g

ORIGINAL OKA

Regular Oka

Extra Creamy Oka

Triple Crème Oka

Grand Cheddar

Oka Light

Fromages Oka

Oka triple crème Chevalier

Fromages Oka Regular ou Extra Crémeux ou Triple Crème ou Grand Cheddar ou Oka Light

40% OFF

OVER 5 LBS OF FRUIT

Fresh Cut Medium Trays

Plateaux de fruits frais coupés moyens

250 value of $2

21.99 ea.

LEMON

Lemons

Citrons

Mini cucumbers

Mini concombres

2.99 ea.

ANDY & BOY

Romaine Hearts

Coeurs de romaine

3.99 ea.

DRUMSTICK

Real Dairy

Real Dairy Ice Cream or Sherbets

Crème glacée ou sorbets Real Dairy

4.99 ea.

Kraft Singles

Becel Margarine

PHILADELPHIA

125 points value of $1

Philadelphia, Cheer Whip, Kraft Singles Block Cheese or Becel Margarine

Fromage Philadelphia, Cheer Whip, Kraft Singles en tranches individuelles ou margarine Becel

3.99 ea.

Brita Pur Filtre

Beatrice

Cocktails Beatrice Alcoolisés Cocktails Alcoolisés

Lait Purifiée Lactantiere Purified Lactantiere

3.99 ea.

Scott Cashmere

Sponge Scott

125 points value of $1

Cashmere Bathroom Tissue, Sponge Paper Towels or Scotties Facial Tissue

Papier hygiénique Cashmere, essuie-tout Sponge Scott ou papier mouchoirs Scotties

6.99 ea.

Kraft Mayonnaise

Kraft Salad Dressings

Oikos

125 points value of $1

Oikos Yogurt Tub or Kraft Mayonnaise or Kraft Salad Dressings

Yogourt Oikos en bac ou mayonnaise Kraft ou vinaigrettes Kraft

6.49 ea.

DE CECCO

Spaghetti or Penne

Blue Box

Bleu Boîte

Spaghetti ou Penne

DE CECCO

DE CECCO Pasta

Pâtes DeCecco

1.99 ea.

Effective April 2 3 4 5 6 7 8 2026

*All stores open Saturday, April 4th, 2026 at 7 a.m.

*Most stores closed Friday, April 3rd and Sunday, April 5th, 2026.

EASTER ESSENTIALS

4.99 ea.

Boursin Cream Cheese
Bel Gaio, Gourmandise
Fromage à la crème Boursin
Bel Gaio, Gourmandise

Exclusive to metro

Swiss Milk Chocolate Truffle Cake
Gâteau au truffe au chocolat au lait suisse
Lancelot, Gourmandise

31.99 ea.

Artisan Bakery

3.99 ea.

Plant Street Bakery Calabrese, Country Rustic or Belgian Breads
Pain Plant Street Bakery
Plant Street Bakery Bakery
CALABRESE, RUSTIC OU BELGE, 400 - 500 g, VARIÉTÉS SÉLECTIONNÉES

Lay's
Potato Chips or Tortilla Chips
Croustilles de pommes de terre ou croustilles de maïs Lay's
Que Pasa
Croustilles Lay's ou croustilles de maïs Que Pasa
VARIÉTÉS SÉLECTIONNÉES

2.99 ea.

3.99 ea.

Coca-Cola, Canada Dry or Pepsi Soft Drinks
Boissons gazeuses Coca-Cola, Canada Dry ou Pepsi
Pepsi, Coca-Cola, Canada Dry
6 x 710 ml

PREMIUM GLASS BOTTLES

San Pellegrino
Sparkling Water
Eau pétillante
San Pellegrino
Sparkling Water

19.99 ea.

Irrésistible

Shop these and more in-store or online

Irrésistible Spring Rolls
Vegetable
Rouleaux printemps
Légumes
5.99 ea.

Irrésistible Appetizers
Pork or Beef
Bouchées Irrésistible
Porc ou Bœuf
5.99 ea.

Irrésistible
Party Pack
Pastry Shell Bites
Bouchées Irrésistible
Assortiment de fête
Bouchées en croûte de pâtisserie
Pork, Beef, Chicken
Porc, Bœuf, Poulet
8.99 ea.

8.99 ea.

Irrésistible
Coconut Shrimp
Crevettes Irrésistible
Noix de coco
10.99 ea.

Irrésistible
Jumbo Shrimp Ring
Cocktail
Couronne Irrésistible de crevettes
Jumbo
19.99 ea.

New Lower Prices

7.00 2 for — Dempster's Whole Grain or Signature Rolls 12 ct/pkg, 1.1 kg/pkg, 1.08 kg/pkg. Pain Dempster's de grains entiers ou saveurs signature 12 ct/pkg, 1.1 kg/pkg, 1.08 kg/pkg. 12 GRAIN

5.99 ea. — Maple or Sun Gold Cherry Tomatoes 1 lb/pkg, 1.36 kg/pkg. Tomates cerises Maple ou Sun Gold 1 lb/pkg, 1.36 kg/pkg. 50

6.99 ea. — Atlantic Fillet Value Pack 1.36 kg/pkg. Filets de saumon atlantique en emballage économique 1.36 kg/pkg. 2 FOR 4.00

3.99 ea. — Cured Pineapples 1 kg/pkg. Ananas salé 1 kg/pkg. 25% off

3.99 ea. — Fontaine Santé or Activia Yogurt Drink 12 - 15 ct/pkg, 2.4 - 3.3 kg/pkg. Yogourt boisson de Fontaine Santé ou Activia 12 - 15 ct/pkg, 2.4 - 3.3 kg/pkg. Activia

7.99 ea. — Ice Cream Novelty 12 ct/pkg, 1.08 - 1.44 kg/pkg. Crème glacée 12 ct/pkg, 1.08 - 1.44 kg/pkg. Breyers, Breyers Lactose Free, Breyers Light or Breyers Ice Cream 1.5 L/pkg. Breyers, Breyers sans lactose, Breyers Light ou crème glacée Breyers 1.5 L/pkg.

9.99 ea. — Lactantia Lactose Free Milk 2 L/pkg. Lait Lactantia sans lactose 2 L/pkg. Lactantia Lactose Free Milk 1 L/pkg. Lait Lactantia sans lactose 1 L/pkg. Lactantia

5.99 ea. — Lactantia Lactose Free Milk 2 L/pkg. Lait Lactantia sans lactose 2 L/pkg. Lactantia Lactose Free Milk 1 L/pkg. Lait Lactantia sans lactose 1 L/pkg.

2.79 ea. — 30 — Oasis Juice, Fruitworks or Ice Mountain Water 2 L/pkg. Jus Oasis, Fruitworks ou eau de source Ice Mountain 2 L/pkg. Oasis

5.99 ea. — Giuseppe Deluxe Pizza 12 - 14 ct/pkg, 1.1 - 1.2 kg/pkg. Pizza Giuseppe De Luxe 12 - 14 ct/pkg, 1.1 - 1.2 kg/pkg. GIUSEPPE

9.99 ea. — 250 a refund of 2.50 — Garden Supreme Frozen Meals 10 - 12 ct, 2.05 - 2.25 kg/pkg. Repas Suprême Garden congelés 10 - 12 ct, 2.05 - 2.25 kg/pkg. SUPRÊME

4.49 ea. — Old El Paso Tortillas 1.36 kg/pkg. Tortillas de marque Old El Paso 1.36 kg/pkg. Salsa 1.36 kg/pkg. Salsa 1.36 kg/pkg. OLD EL PASO

4.49 ea. — Bull's Mustard 500 g/pkg. Moutarde de Bull's 500 g/pkg. Bull's

1.99 ea. — Campbell's Broth 1 L/pkg. Bouillon Campbell's 1 L/pkg. Campbell's

5.99 ea. — Reese's Chocolate Bunnies 180 g/pkg. Chocolats Reese's en forme de lapin 180 g/pkg. Reese's, Kit Kat or Hershey's 180 g/pkg. Reese's, Kit Kat ou Hershey's 180 g/pkg. Reese's

2.99 ea. — 60 a refund of 0.60 — Coca-Cola or Canada Dry Soft Drinks 2 L/pkg. Boissons gazeuses Coca-Cola ou Canada Dry 2 L/pkg. Coca-Cola

1.99 ea. — Gatorade Sport Drinks 591 mL/pkg. Boissons pour sportifs Gatorade 591 mL/pkg. Gatorade Sport Drinks 946 mL/pkg. Boissons pour sportifs Gatorade 946 mL/pkg. Gatorade

3.99 ea. — Pocket Energy Drinks 355 mL/pkg. Boissons énergisantes Pocket Energy 355 mL/pkg. Pocket Energy

3.49 ea. — Skinny Pop Popcorn, Hardbite Chips or Smart Sweets 80 - 142 g/pkg. Maïs soufflé Skinny Pop, croustilles Hardbite ou friandises Smart Sweets 80 - 142 g/pkg. SKINNY POP, Hardbite

4.49 ea. — Energizer Batteries, Ziploc or Solimo Products 12 ct/pkg. Piles Energizer, produits Ziploc ou produits Solimo 12 ct/pkg. Energizer, Ziploc, Solimo

I earn with moi rewards

4.49 — 45 — Sun Chips, Sun Chips Harvest Cheddar, Munchies or Cheezies 175 - 200 g/pkg. Sun Chips, Sun Chips Harvest Cheddar, Munchies ou Cheezies 175 - 200 g/pkg. Sun Chips

14.99 — 50 — Tide or Gain Detergent, Downy Softener, Swiffer or Febreze 1.06 - 2.4 L/pkg. Détergent Tide ou Gain, assouplissant Downy, Swiffer ou Febreze 1.06 - 2.4 L/pkg. Tide

We reserve the right to limit quantities.
NO DEALERS, PLEASE. RIGHTS RESERVED.
WE DO NOT PRINT PRICES ON OUR ADS.

Visit us at: loblaw.ca/ca
Where we serve food, it's always fresh.
WIN $1,000 in groceries.

Prices effective Thursday, April 23 to Wednesday, April 29, 2026 (or while stocks last).

*Thursday, April 23 to Sunday, April 26, 2026 (or while stocks last). Prices may vary in Northern stores.

**Thursday, April 23 to Wednesday, April 29, 2026 (or while stocks last). Prices may vary in Northern stores.

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this week's deals:

Only until April 8, 2026, in-store or online

add your moi rewards coupons

NOW 2.49 ea.
SAVE UP TO $2.50

4.99* ea.
TETLEY TEA
20 - 24 un
SELECTED VARIETIES

NOW 22.99 ea.
SAVE UP TO $5

27.99* ea.
SELECTION CASHEWS OR MIXED NUTS
133 g
SELECTED VARIETIES

NOW 3.99 ea.
SAVE UP TO $2.50

6.49* ea.
NATREL COFFEE CREAMER
1 L
SELECTED VARIETIES

NOW 3.99 ea.
SAVE UP TO $3

6.99* ea.
CLOROX BLEACH
2.41 L

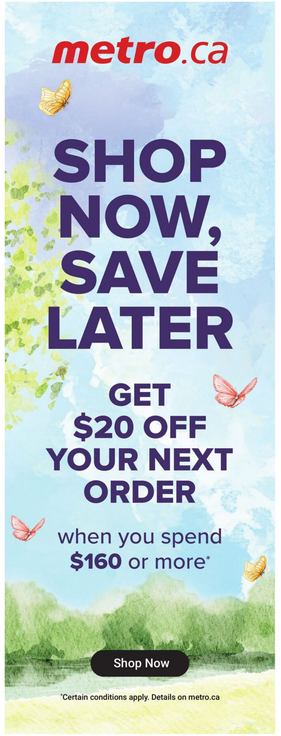
NOW 2.99 ea.
SAVE UP TO $1.50

4.49* ea.
SOFTSOAP HAND SOAP
332 ml
SELECTED VARIETIES

LIMIT ONE REDEMPTION PER CUSTOMER

*Offer available only on the My Metro app with a moiID account. Limit of one coupon redemption with a moiID account, unless expressly stated otherwise in the terms of the offer. Offer coupon must be loaded at time of purchase. Available while supplies last. See app for full coupon details. *Price may vary at select locations.*

Farm Fresh Produce
4.99 ea. Strawberries 454 g PRODUCT OF U.S.A. OR MEXICO No. 1 GRADE Frooties Teeny Tiny Strawberries 340 g PRODUCT OF CANADA OR U.S.A. Fraises 454 g PRODUIT DES É.-U. OU DU MEXIQUE CAT. no 1 Fraises Frooties Teeny Tiny 340 g PRODUIT DU CANADA OU DES É.-U.
1.99 /lb Large Seedless Navel Oranges PRODUCT OF U.S.A. Large Red Prince Apples PRODUCT OF ONTARIO CANADA EXTRA FANCY GRADE 4.39/kg Grosses oranges navel sans pépins PRODUIT DES É.-U. Grosses ommes Red Prince PRODUIT DE L'ONTARIO CANADA EXTRA DE FANTAISIE 4,39/kg
Foodland Ontario
organic 3.49 ea.
2.99 ea. Whole White or Crimini Mushrooms 227 g, PRODUCT OF ONTARIO Champignons entiers blancs ou cremini 227 g, PRODUIT DE L'ONTARIO
1.69 /lb Sweet Potatoes PRODUCT OF ONTARIO 3.73/kg Patates douces PRODUIT DE L'ONTARIO 3,73/kg
4.99 /lb Jumbo Green Seedless Grapes PRODUCT OF PERU OR CHILE No. 1 GRADE 11.00/kg Raisins verts géants sans pépins PRODUIT DU PÉROU OU DU CHILI CAT. no 1 11,00/kg
3.99 ea. Blackberries 170 g, PRODUCT OF MEXICO Goldenberries 200 g, PRODUCT OF COLOMBIA OR PERU Mûres 170 g, PRODUIT DU MEXIQUE Cerises de terre 200 g, PRODUIT DE LA COLOMBIE OU DU PÉROU
3.99 /lb Brussels Sprouts PRODUCT OF BELGIUM 8.80/kg Choux de Bruxelles PRODUIT DE LA BELGIQUE 8,80/kg
5.99 ea. Assorted Colour Sweet Peppers 3 PK, PRODUCT OF CANADA OR MEXICO Variété de poivrons de couleur EMB. DE 3 PRODUIT DU CANADA OU DU MEXIQUE
3.99 /lb Orri Clementines PRODUCT OF ISRAEL 8.80/kg Clémentines Orri PRODUIT D'ISRAËL 8,80/kg
2.49 /lb Large Bartlett Pears PRODUCT OF SOUTH AFRICA EXTRA FANCY GRADE 5.49/kg Grosses poires Bartlett PRODUIT DE L'AFRIQUE DU SUD CAT. EXTRA DE FANTAISIE 5,49/kg
2.99 /lb Heirloom Tomatoes PRODUCT OF ONTARIO 6.59/kg Tomates patrimoniales PRODUIT DE L'ONTARIO 6,59/kg
4.99 ea. Green French Beans 400 g, PRODUCT OF GUATEMALA Haricots verts 400 g PRODUIT DU GUATÉMALA
4.99 ea. Black Mission Figs 227 g, PRODUCT OF MEXICO Figues Black Mission 227 g, PRODUIT DU MEXIQUE
5.99 ea. Canary Melon PRODUCT OF BRAZIL Melon canari PRODUIT DU BRÉSIL
2.99 ea. Broccoli Crowns PRODUCT OF U.S.A. Couronnes de brocoli PRODUIT DES É.-U.
60 points
4.49 ea. LPC Creamer Potatoes 680 g PRODUCT OF CANADA CANADA No. 1 GRADE Pommes de terre grelots LPC 680 g PRODUIT DU CANADA CANADA no 1
2.99 ea. Irresistible Fresh Herbs 21 g SELECTED VARIETIES Fines herbes Irrésistible 21 g VARIÉTÉS SÉLECTIONNÉES
70 points
5.99 ea. Folia Green Leaf or Crispy Lettuce 227 g PRODUCT OF CANADA Laitue Folia frisée verte ou laitue croquante 227 g PRODUIT DU CANADA
99¢ /lb Green Cabbage PRODUCT OF ONTARIO 2.18/kg Chou vert PRODUIT DE L'ONTARIO 2,18/kg
4.99 ea. Cubed Butternut Squash, Rutabaga or Sweet Potatoes 400 g Courge en cubes musquée, rutabaga ou patates douces 400 g
5.99 ea. Renee's Dressings 350 - 355 ml SELECTED VARIETIES Vinaigrettes Renée's 350 - 355 ml VARIÉTÉS SÉLECTIONNÉES
Litehouse Vegetable Dips 340 g, SELECTED VARIETIES Trempettes à légumes Lighthouse 340 g VARIÉTÉS SÉLECTIONNÉES
4.99 ea. 60 points
3.99 ea. Derlea Garlic 250 g Ail Derlea 250 g
2 LB
12.99 ea. Whole Medjool Dates 907 g PRODUCT OF U.S.A. Dattes entières Medjool 907 g PRODUIT DES É.-U.
Sliced & Diced
made in my metro
FAMILY SIZE
9.99 ea. Family Salads 466 - 692 g, Deluxe Fruit Salad 730 g Small Fruit Tray 840 g, Strawberry Chocolate Pineapple Tray 580 g Pumpernickel Tray With Dip 790 g Salades en format familial 466 - 692 g, Salade de fruits de luxe 730 g Petit plateau de fruits 840 g, Plateau de fraises, chocolat et ananas 580 g Plateau de pumpernickel avec trempette 790 g
Organic
5.99 ea. Organic Red Delicious Apples 3 lb PRODUCT OF ONTARIO CANADA FANCY GRADE Pommes biologiques Délicieuse rouges 3 lb PRODUIT DE L'ONTARIO CANADA EXTRA DE FANTAISIE
2.99 /lb Organic Seedless Oranges PRODUCT OF U.S.A. 6.59/kg Oranges biologiques sans pépins PRODUIT DES É.-U. 6,59/kg
5.99 ea. Organic Yellow Flesh or Russet Potatoes 3 lb PRODUCT OF CANADA CANADA No. 1 GRADE Pommes de terre biologiques à chair jaune ou Russet 3 lb PRODUIT DU CANADA CANADA no 1
6.99 ea. Organic Sweet Potatoes 3 lb PRODUCT OF U.S.A. Patates douces biologiques 3 lb PRODUIT DES É.-U.
metro.ca


metro.ca
SHOP NOW, SAVE LATER
GET $20 OFF YOUR NEXT ORDER
when you spend $160 or more*
Shop Now
*Certain conditions apply. Details on metro.ca

Our Butcher's Finest

Boneless Pork Loin Chops Extra Thick Cut
1.2 kg
5.99/kg
Longes de porc désossés en cotelettes épaisses
Bonelessness Cerdo Lomo Cortes Gruesos
5.99/kg

CUT BY OUR BUTCHER

5.99 /lb

Beef Loin Porterhouse Steak Value Pack
1.5 kg
Bœuf Longe Porterhouse Tranches Valeur
Carne de Lomo Porterhouse Bistecas de Valor
13.99/kg

7.99 /lb

Beef Loin Top Sirloin Steak Value Pack
1.5 kg
Bœuf Longe Contre-filet Tranches Valeur
Carne de Lomo Sirloin Bistecas de Valor
13.99/kg

8.99 /lb

Pork Loin Back Ribs
Côtes dos de porc
Costillas de Lomo de Cerdo
9.99/kg

8.99 /lb

Boneless Pork Loin Roast
Rôti de longe désossé
Lomo de Cerdo Asado Deshuesado
19.99/kg

5.99 /lb

Boneless Artisan Ball Bone-Smoked Ham
Jambon fumé sans os Artisan Ball
Jamón Ahumado Deshuesado Artesanal Ball
19.99/kg

ARTISAN

5.99 /lb

Fresh Whole Chicken
Poulet entier frais
Pollo entero fresco
1.36 kg

4.49 /lb

Boneless Stuffed Pork Loin Roast or Pinwheel
Rôti de longe farci désossé ou en moulinet
Lomo de Cerdo Relleno Deshuesado o Pinwheel
19.99/kg

250 value of $2

22.99 ea.

Brunch Essentials

Maple Fresh Pancake and Waffle Mix
Mélange à crêpes et à gaufres Maple Fresh
Mezcla para Panqueques y Waffles
1.36 kg

2.99 ea.

Inspirations Artisan Smoked Bacon Value Pack
Bacon fumé Inspirations Artisan
Tocino Ahumado Inspirations Artisan
1.36 kg

5.99 ea. 50

Maple Breakfast Sausages Saucisses déjeuner Maple
Salchichas de Desayuno Maple
900 g

11.99 ea. 125 value of $1

Alphabetti Spaghetti Beef Ravioli
Ravioli de bœuf Alphabetti Spaghetti
Ravioles de carne de Alphabetti Spaghetti
1.36 kg

14.99 ea. 125 value of $1

Made In My Metro

Sliced Maple Honey Value Pack
Jambon miel et érable tranché
Jamón de Miel y Maple Rebanado
1.36 kg

5.99 /lb

Boneless Stuffed Pork Loin Roast or Pinwheel
Rôti de longe farci désossé ou en moulinet
Lomo de Cerdo Relleno Deshuesado o Pinwheel
19.99/kg

6.49 /lb

Stuffed Sweet Mini Peppers
Petits poivrons doux farcis
Pimientos Dulces Rellenos
1.36 kg

6.99 /lb

Mini pierogies in Roasted Garlic Cream Sauce
Mini pierogies en crème de ail et fines herbes
Mini pierogies con Crema de Ajo Asado
1.36 kg

8.99 /lb

Homemade Meatballs in Marinara Sauce
Boulettes de viande maison en sauce marinara
Albóndigas Caseras en Salsa Marinara
19.99/kg

Entertaining Favourities

Carlos Cocktail sauce
Sauce cocktail Carlos
Salsa Cocktail Carlos
1.36 kg
Mini pierogies Carlos
Mini pierogies
Mini pierogies Carlos
1.36 kg

6.99 ea. 50 value of $1

Kirkes Fifth Anniversary Gourmet Potato Chips
Croustilles gourmet Kirkes
Papas fritas Kirkes Gourmet
1.36 kg

8.99 ea.

St-Hubert Homemade Chicken Pot Pie
Pâté au poulet St-Hubert
Pastel de Pollo St-Hubert
1.36 kg

11.99 ea.

Swift Canadian Angus Premium Pure Beef Burgers
Burgers de bœuf pur Swift Premium
Hamburguesas de Carne Pura Premium Swift
1.36 kg

12.99 ea.

Kirkes Gourmet Potato Chips
Croustilles gourmet Kirkes
Papas fritas Kirkes Gourmet
1.36 kg

19.99 ea. 125 value of $1

Frozen Pizza
Pizza surgelée
Pizza congelada
1.36 kg

21.99 ea. 250 value of $2

Marie Callender's Lasagna
Lasagne Marie Callender's
Lasagna Marie Callender's
6 LB
1.36 kg

22.99 ea. 125 value of $1

Boneless Chicken Breast Value Pack
Poitrine de poulet désossée
Pechugas de Pollo sin Hueso
50 CT
1.36 kg

39.99 ea. 125 value of $1

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Easy entertaining

Make hosting simple with our variety of delicious apps, mains & desserts.

250 g value of $2

33.99 lb.

PLATINUM GRILL ANGUS BEEF TENDERLOIN STEAK OR ROAST
CUT FROM CANADA AAA GRADE
14.25 kg

6.99 lb.

FRESH
FARM TENDERLOIN
15.40 kg

SPRING LAMB

- 100% Grass fed
- Free range
- Raised without antibiotics or artificial hormones

FRESH

19.99 lb.

FRESH
SPRINGBOX LAMB RACK
NEW ZEALAND SPRING LAMB
44.07 kg

24.99 ea.

FRESH 2 OZ
CHEESE CHICKEN & BACON CHEESE PLANK
CHEESE
CHICKEN IN STORE ON ONLINE
REQUIRES 48 HOURS NOTICE

49.99 ea.

FRESH 2 OZ
AROUND THE WORLD CHEESE PLANK
CHEESE

54.99 ea.

FRESH 2 OZ
CHOCOLATE CHEESE TRAY
CHEESE
CHEESE IN STORE ON ONLINE
REQUIRES 48 HOURS NOTICE

29.99 ea.

FRESH 2 OZ
CURED & CRAFTED ON TASTE OF ITALY CHARCUTERIE TRAY
CHEESE
CHEESE IN STORE ON ONLINE
REQUIRES 48 HOURS NOTICE

14.99 ea.

NACHO PLATTER
WITH BEAN & CORN TRAY
800 g

9.99 lb.

STONE MASS
GRILLED SHRIMP
WITH SAUCE
FROZEN, 2 LB BAG
26 - 30 CTS, 2.27 kg

10.99 lb.

SEAFOOD BOIL
FROZEN, 2 X 907 g
CONTAINS CRAWFISH, CRAB LEGS, SHRIMP AND CORN

PARTY SIZE

15.99 ea.

PARTY SIZE DELUXE FRUIT SALAD 1.5 kg
MELON TRAY 2.0 kg

22.99 ea.

FRONT STREET BAKERY
BREAKFAST PLATTER
1.0 kg
SERVES FOUR-SIX PEOPLE

9.99 ea.

FRONT STREET BAKERY
GOURMET COOKIE TRAY
1.0 kg
SELECTED VARIETIES

28.99 ea.

SPRING INDOOR GARDEN
SELECTED VARIETIES

30.00 ea.

SPRING BOUQUET
SELECTED VARIETIES
COMPLIMENTARY VASE

metro FRESH 2 GO

We have your catering covered.

*Minimum of 48 hours notice on all orders.

Place Your Catering Order Today

Online
fresh2go.metro.ca

In Store
Visit Our Deli

Hop in for flavour

Complete your feast with baking basics & treats + savoury sides.

3.99 ea. ROBIN HOOD OR FIVE ROSES FLOUR
2.5 kg
SELECTED VARIETIES

4.99 ea. EAGLE BRAND CONDENSED MILK
300 ml
SELECTED VARIETIES

2.99 ea. REDPATH ICING SUGAR
1 kg
SELECTED VARIETIES

3.99 ea. IRRESISTIBLES WHIPPED TOPPING
225 g
SELECTED VARIETIES

2.99 ea. SELECTION SHREDDED OR FLAKED COCONUT
200 g
SELECTED VARIETIES

5.49 ea. HERSHEY'S CHIPITS
200 - 300 g
SELECTED VARIETIES

3.99 ea. BETTY CROCKER PREMIUM CAKE MIXES
465 g
SELECTED VARIETIES

2.49 ea. BETTY CROCKER ICING OR FROSTING
340 - 450 g
SELECTED VARIETIES

4.99 ea. PILLSBURY EASTER COOKIES
SELECTED SIZES
SELECTED VARIETIES
WHILE QUANTITIES LAST

3.49 ea. BETTY CROCKER POTATOES
141 - 215 g
SELECTED VARIETIES

1.99 ea. STOVE TOP STUFFING
120 g
SELECTED VARIETIES

99¢ ea. CLUB HOUSE OR FRANCO'S GRAVY
1 un, 24 - 25 g, 284 ml
SELECTED VARIETIES

1.99 ea. CLOVER LEAF SMOKED MUSSELS OR OYSTERS
85 g
SELECTED VARIETIES

4.49 ea. SARDO OLIVES
375 ml
SELECTED VARIETIES

7.99 ea. MAILLE DIJON MUSTARD
500 ml
SELECTED VARIETIES

2.79 ea. DOLE PINEAPPLE
398 ml
SELECTED VARIETIES

4-DAY SALE
April 2nd to April 5th

19.99 ea. CADBURY MINI EGGS CHOCOLATE
875 g
SELECTED VARIETIES
WHILE QUANTITIES LAST

6.99 ea. LINDT BUNNY CHOCOLATE
100 g
SELECTED VARIETIES
WHILE QUANTITIES LAST

3.99 ea. CADBURY CRÈME EGG CHOCOLATE
102 g
SELECTED VARIETIES
WHILE QUANTITIES LAST

6.49 ea. FERRERO KINDER SURPRISE EASTER CHOCOLATE
100 g
SELECTED VARIETIES
WHILE QUANTITIES LAST

Seafood

10.99 Fresh Atlantic Salmon
Saumon atlantique frais
Atlantic Salmon Fillet, Skin-On, Boneless or Skinless, Value Pack, 1.36 kg
Filet de saumon atlantique avec ou sans peau, désarêté, format économique, 1,36 kg

12.99 /lb. WILD CAUGHT
West Coast Halibut Steaks Steaks
Flétan de la côte ouest
Halibut Steaks, Value Pack, 1.36 kg
Flétan de la côte ouest en tranches, format économique, 1,36 kg

3.99 ea. Selection Imitation Crab Meat
Selection Imitation Crab Meat, 454 g
Selection Imitation de chair de crabe, 454 g

5.99 ea. 2 LB Fresh Canadian Lean Ground Beef
Bœuf haché frais canadien maigre
Ground Beef, Lean, 2 lb
Bœuf haché maigre, 2 lb

6.99 ea. Fresh Frozen Seafood Assortment
Assortiment de fruits de mer congelés frais
Seafood Assortment, 454 g
Assortiment de fruits de mer congelés, 454 g

7.99 ea. Cold Smoked Whitefish Gravlax Salmon
Saumon gravlax au whitefish fumé à froid
Cold Smoked Whitefish Gravlax Salmon, 454 g
Saumon gravlax au whitefish fumé à froid, 454 g

4.99 ea. Minced Cooked Lobster Meat
Chair de homard cuite hachée
Minced Cooked Lobster Meat, 454 g
Chair de homard cuite hachée, 454 g

7.99 ea. Oyster Mushroom Mini Scallopini Platter
Plateau de petites escalopes de champignons pleurotes
Oyster Mushroom Mini Scallopini Platter, 454 g
Plateau de petites escalopes de champignons pleurotes, 454 g

9.99 lb. Baby Scallops
Pétoncles
Baby Scallops, 454 g
Pétoncles, 454 g

6.49 ea. 40 points
Blue Ribbon Smoked Fish Fish Bites
Croquettes au poisson fumé Blue Ribbon
Blue Ribbon Smoked Fish Fish Bites, 454 g
Croquettes au poisson fumé Blue Ribbon, 454 g

Irrésistible

3.99 ea. Irrésistible Smoked Salmon Spreads
Tartinades au saumon fumé Irrésistible
Irrésistible Smoked Salmon Spreads, 125 g
Tartinades au saumon fumé Irrésistible, 125 g

7.99 ea. Irrésistible Grilled Salmon Medallions
Médaillons de saumon grillés Irrésistible
Irrésistible Grilled Salmon Medallions, 454 g
Médaillons de saumon grillés Irrésistible, 454 g

9.99 ea. Irrésistible Blackened Mahi-Mahi
Mahi-mahi noirci Irrésistible
Irrésistible Blackened Mahi-Mahi, 454 g
Mahi-mahi noirci Irrésistible, 454 g

13.99 ea. NEW Irrésistible Salmon Wellington
Irrésistible Salmon Wellington
Irrésistible Salmon Wellington, 454 g
Irrésistible Saumon Wellington, 454 g

Deli Favourities

3.49 /100 g Lou Gatto Mortadella Sliced Cooked Sausage
Mortadelle tranchée Lou Gatto
Lou Gatto Mortadella Sliced Cooked Sausage, 125 g
Mortadelle tranchée Lou Gatto, 125 g

7.99 ea. 90 points Maple Leaf Natural Selection Smoked Beef Wieners
Saucisses fumées au bœuf Maple Leaf Natural Selection, 454 g
Saucisses fumées au bœuf Maple Leaf Natural Selection, 454 g

3.99 /100 g Fratelli Sandwiches Mortadella
Sandwiches à la mortadelle Fratelli
Fratelli Sandwiches Mortadella, 125 g
Sandwiches à la mortadelle Fratelli, 125 g

18.99 ea. 375 points Irrésistible 3 Cheese Pockets
Poches Irrésistible au 3 fromages
Irrésistible 3 Cheese Pockets, 454 g
Poches Irrésistible au 3 fromages, 454 g

11.99 ea. 125 points Maxim Salmon Carpaccio Carpaccio de saumon Maxim
Maxim Salmon Carpaccio, 100 g
Carpaccio de saumon Maxim, 100 g

11.49 ea. 125 points Fabri Salami Sticks
Bâtonnets Fabri au salami
Fabri Salami Sticks, 200 g
Bâtonnets Fabri au salami, 200 g

4.49 ea. 60 points La Belle Bretonne Pâté à la Bretonne
Pâté à la Bretonne
La Belle Bretonne Pâté à la Bretonne, 200 g
Pâté à la Bretonne, 200 g

5.99 ea. Fontaine Santé Bruschetta
Bruschetta Fontaine Santé
Fontaine Santé Bruschetta, 100 g
Bruschetta Fontaine Santé, 100 g

7.99 ea. 90 points Garlic Olives
Olives Garlic
Garlic Olives, 500 g
Olives Garlic, 500 g

8.29 ea. NEW Fruitella Fruit & Cheese Dips
Trempettes aux fruits et au fromage Fruitella
Fruitella Fruit & Cheese Dips, 454 g
Trempettes aux fruits et au fromage Fruitella, 454 g

15.00 ea. 125 points Grapes
Raisins
Grapes, 1 kg
Raisins, 1 kg

FRESH & GO
Fruit & Veg Snack on Antipasto Tray
Plateau de collations aux légumes Fresh & Go
Fruit & Veg Snack on Antipasto Tray, 400 g (2 x 200 g)
Plateau de collations aux légumes Fresh & Go, 400 g (2 x 200 g)

BUY MORE | SAVE MORE!
SHOP THESE AND MORE IN-STORE OR ONLINE!

3.29 Provimi Fresh Commercial Chicken Breast
Poitrine de poulet commerciale Provimi
Provimi Fresh Commercial Chicken Breast, 1 kg
Poitrine de poulet commerciale Provimi, 1 kg
when you buy 500 g or more

3.29 /100 g Fine Quality Cheese
Fromage qualité Fine
Fine Quality Cheese, 1 kg
Fromage qualité Fine, 1 kg
when you buy 500 g or more

3.49 /100 g Irrésistible Gravlax Platters
Irrésistible Gravlax Platters
Irrésistible Gravlax Platters, 1 kg
Irrésistible Gravlax Platters, 1 kg
when you buy 500 g or more

4.19 /100 g Lyncyn & Tilda Aged Cheddar Cheese
Fromage cheddar vieilli Lyncyn & Tilda
Lyncyn & Tilda Aged Cheddar Cheese, 1 kg
Fromage cheddar vieilli Lyncyn & Tilda, 1 kg
when you buy 500 g or more

Love cheese?

Cheese connoisseurs will enjoy our vast selection – tasty on their own or as part of charcuterie boards & party platters.

MEDITERRANEAN ARTISAN SHARE CHEESE
PRICE PER KG
5.99 EA.

7.49 EA. BOYDELL CHEESE
VARIOUS SELECTION VARIETIES

ZIGO MOZZARELLA
PRICE PER KG
9.99 EA.

CRANBERRY CASTLE CRANBERRY
BISCUITS & CHEESE
PRICE PER KG
5.49 200 g

2 FOR
22.00 16.50 ea. BELLA CIGANA BURRATA CHEESE
200 g

11.99 EA. TRE STELLE MASCARPONE CHEESE
454 g

6.99 EA. PRESIDENT OR BOURSIN GOURMANDISE CHEESE
VARIOUS SELECTED VARIETIES

17.99 EA. ARGOSTINELLE BRIE
500 g

BALDERSON
OLD CLASSIC CHEDDAR
PRICE PER KG
BUY 1 GET 1 FREE (LOWER PRICED) ON VARIOUS SELECTED VARIETIES
1.18/100 g WHEN YOU BUY
2.22/100 g Retail 500 g

BUY MORE SAVE MORE!
3.29 /100 g

PARMIGIANO REGGIANO
PRICE PER KG
BUY 1 GET 1 FREE (LOWER PRICED) ON VARIOUS SELECTED VARIETIES
1.18/100 g WHEN YOU BUY
2.22/100 g Retail 500 g

BUY MORE SAVE MORE!
3.59 /100 g

JOHN DERING
CHEESE
PRICE PER KG
BUY 1 GET 1 FREE (LOWER PRICED) ON VARIOUS SELECTED VARIETIES
1.18/100 g WHEN YOU BUY
2.22/100 g Retail 500 g

BUY MORE SAVE MORE!
4.59 /100 g

L'ETOILE
DOUBLE CREME BRIE
PRICE PER KG
BUY 1 GET 1 FREE (LOWER PRICED) ON VARIOUS SELECTED VARIETIES
1.18/100 g WHEN YOU BUY
2.22/100 g Retail 500 g

BUY MORE SAVE MORE!
4.79 /100 g

OKA

4.99 /100 g OKA CHEESE
VARIOUS SELECTED VARIETIES

10.99 EA. OKA CHEESE
VARIOUS SELECTED VARIETIES

Easter Desserts

mix & match

14.00 ea.
Sweet Street Bakery Assorted Cupcakes 12 ct. or Cupcakes Individuals Assorted Flavors 6 ct. or Sweet Cream Cupcakes 6 ct.

12.99 ea.
Sweet Street Bakery Red Velvet Cake 10 in. or Carrot Cake 10 in. or Mini gâteau quarter size 4 ct. or Sweet Bakery Tart 10 in.
(MIX & MATCH)

NEW

32.99 ea.
Black Forest Cake 10 in. or Citrus Fruit Mousse Cake 10 in.

31.99 ea.
Sweet Street Bakery Tiramisu Cake 10 in. or Tres Leches Cake 10 in. or Gâteau Trois Laitiers Cake 10 in. or Gâteau quart d'un mètre carré 10 pouces

7.49 ea.
Easter Cupcakes 6 ct. or Mini Cupcakes 12 ct.
Petit gâteaux de Pâques 12 ct.
(MIX & MATCH)

6.99 ea.
Sweet Street Bakery Assorted Triple Bar Cake 10 in. or Barre de gâteau assortie triple 10 po. or Cake marquise 10 in.

21.99 ea.
Immortelle Tiramisu Cake 10 in. or Tiramisu Immortelle 10 in.

Immortelle

12.99 ea.
Immortelle New York Cheesecake 10 in. or Fromage New York Immortelle 10 po. or Cheesecake Immortelle de style New York 10 po.

3.99 ea.
Sweet Street Bakery Hot Cross Buns or Dinner Rolls 10 ct. or Cinnamon Rolls 10 ct. or grain medley Dinner Rolls 10 ct. or Grain Medley Rolls 10 ct.

BUY 2 GET 1 FREE

NEW

5.99 ea.
Sweet Street Bakery Pain aux raisins 4 ct. or Banoffee
Sweet Street Bakery Pie 1 ct.

4.99 ea.
Sweet Street Bakery Cruffin Brioche 4 ct. or Pain au chocolat 4 ct.
Sweet Street Bakery Tarte Cerises 4 ct.
(MIX & MATCH)

4.99 ea.
Sun-Maid Raisin Bread 675 g or Pain aux raisins Sun-Maid

SUN-MAID RAISIN
Raisin Bread
Pain aux raisins

7.99 ea.
Country Crock Plus Bread 675 g or Pain Country Crock Plus
(MIX & MATCH)

4.99 ea.
King's Hawaiian Roll 454 g or Pain King's Hawaiian
(MIX & MATCH)

60 DAYS

4.99 ea.
La Petite Boulangerie Pain aux raisins 4 ct. or Petit Chou 4 ct. or Pain aux raisins au chocolat 4 ct. or Croissant de la Petite Boulangerie 4 ct. 180 g.

Easter Blooms

SPRING IS IN THE AIR!

9.99 ea.
Potato Blossom 10 cm
(MIX & MATCH)

Easter Bunny Bouquet 12 stems
Assorted Flowers and Greenery
(MIX & MATCH)

BUY 2 GET 1 FREE

20.00 ea.

Calla Lilies 6 stems Bouquet
Arrangement of Orchids 2 stems
(MIX & MATCH)

19.99 ea.

NEW

Tri-colour Mum 4" Glass Basket
Chrysanthemum 1 stem
Chrysanthemum Medium Glass or pastel Arrangement 2 stems
(MIX & MATCH)

30.00 ea.
Primrose & Mum Arrangement 2 stems
Primrose & Mum
(MIX & MATCH)

12.99 ea.
Hydrangea Arrangement 1 stem
Hydrangea
(MIX & MATCH)

NEW

Blooming Plants 6 cm or 10 cm
Lantana Lady or Lady Lime

11.99 ea.
Phalaenopsis Orchid 2 stems
Phalaenopsis Orchid
(MIX & MATCH)

NEW

8.99 ea.

11.99 ea.
Chrysanthemum Pot 1 stem
Chrysanthemum
(MIX & MATCH)

25.00 ea.
Easter Spring Bouquet 12 stems
Bouquet printanier
(MIX & MATCH)

12 STEMS

26.99 ea.
Phalaenopsis Orchid 2 stems
Phalaenopsis Orchid
(MIX & MATCH)

Hydrangea Arrangement 1 stem
Hydrangea
(MIX & MATCH)

21.99 ea.

Fresh Cut Tulips 10 stems
Tulipes Fraîches
(MIX & MATCH)

12.99 ea.

pick Centre

FREE SAME-DAY PICKUP

SAME FLYER PRICES AND DEALS ONLINE

Shop online at Sobeys.com

Hop, sip & celebrate

Our flavourful selection of wine, cocktails & beer pair perfectly with your Easter feast.

TWENTY BOIS CHARDONNAY
750 ml
14.49 ea.

YELLOW TAIL SHIRAZ
750 ml
15.49 ea.

DON'T FUNK THE BEAR OR THE BEAR WILL GRAB YOU
750 ml
16.49 ea.

BACK SASTOMORH SAUVIGNON BLANC
750 ml
14.49 ea.

PELEE ISLAND ICE SPARKLING
750 ml
17.49 ea.

MOSS CANYOURORH ROSÉ
750 ml
25.49 ea.

VARIETY PACK #1

THE ICONIC HARD SELTZER

WHITE CLAW HARD SELTZER

31.99 ea.

WHITE CLAW VARIETY PACK
12 x 355 ml

BLACK FLY CRANBERRY VODKA
4 x 440 ml
11.99 ea.

SANDBAGGER

12 x 355 ml VARIETY PACK

SANDBAGGER MIXED PACK
12 x 355 ml
32.99 ea.

$12.49 ea. 12 x 473 ml

Michelob ULTRA

MICHELOB ULTRA
12 x 473 ml
36.99 ea.

GUINNESS
6 x 440 ml
14.99 ea.

$12.49 ea. 12 x 473 ml

COLD

Coors LIGHT

COORS LIGHT
12 x 473 ml
34.99 ea.

SAPPORO PREMIUM
6 x 660 ml
19.99 ea.

SAPPORO PREMIUM BEER

Alcohol and any non-alcohol or damaged and/or broken NOT sold/served/ship/rec. unless an unlimited or disclosed alcoholic items are available on some stores. Site restrictions for availability.

More Great Savings

Kellogg's Family Size Cereal
Assorted Varieties
Or Kellogg's Essential
Or Vector
Assorted Varieties
Kellogg's Or Vector Cereal 1.1 kg - 1.4 kg
6.49 ea.

Wheat Thins or Ritz Cracker Snacks
Assorted Varieties
Or Wheat Thins Reduced Fat Ritz Cracker
Assorted Varieties
Selected Varieties 300 g - 400 g
3.49 ea.

Twinings Tea
Or Tea
Assorted Varieties
Or Tea
Twinings Tea 20 - 40 Pack
6.49 ea.

Starbucks Nespresso Coffee Capsules
Or Coffee
Café Starbucks or Starbucks Nespresso
Or Coffee
Starbucks Nespresso Coffee Capsules 10 - 12 Pack
9.99 ea.

Burnbrae Eggs 2-Dz
Or Eggs
Assorted Burnbrae Nutrition
Or Eggs
Burnbrae Eggs 2-Dz 1.8 kg - 2.4 kg
5.49 ea.

Splenda Sweetener Assorted Or Splenda Sweetener
Assorted Or Splenda Sweetener
Splenda Sweetener Assorted 1.5 kg - 2.4 kg
10.49 ea.

Coffee-Mate Coffee Whitener
Or Coffee-Mate Coffee Whitener
Coffee-Mate Coffee Whitener 1.36 kg - 1.5 kg
5.99 ea.

Maxwell House Coffee
Or Coffee
Maxwell House Coffee 1.2 kg - 1.4 kg
19.99 ea.

Olivio Spreadable Butter
Or Olivio Spreadable Butter
Olivio Spreadable Butter 454 g - 500 g
5.99 ea.

Selection Cottage Cheese
Or Cottage Cheese
Selection Cottage Cheese 2% 500 g - 750 g
4.99 ea.

Olivio Soft Cream
Or Olivio Soft Cream
Olivio Soft Cream 454 g - 500 g
2.99 ea.

Splenda Sweetener Brown Sugar Blend
Or Splenda Sweetener Brown Sugar Blend
Splenda Sweetener Brown Sugar Blend 1.5 kg - 2.4 kg
7.99 ea.

McCain Pizza Pockets
Or McCain Pizza Pockets
McCain Pizza Pockets 454 g - 500 g
7.99 ea.

McCain Dessert Cake
Or McCain Dessert Cake
McCain Dessert Cake 1 kg - 1.2 kg
6.99 ea.

Cool Whip
Or Cool Whip
Cool Whip 500 g - 750 g
5.49 ea.

Crest Whitening Toothpaste
Or Crest Whitening Toothpaste
Crest Whitening Toothpaste 90 g - 130 g
3.99 ea.

McCormick Sauce or Gravy Mix
Or Sauce or Gravy Mix
McCormick Sauce or Gravy Mix 25 g - 35 g
1.99 ea.
50 Selection Varieties

Knorr Soup Envelopes
Or Knorr Soup Envelopes
Knorr Soup Envelopes 1 L - 2.4 L
2.49 ea.

French's Or Frank's Hot Sauce
French's Or Frank's Hot Sauce
2.99 ea.

Irresistible Bake Cookies
Or Irresistible Bake Cookies
Irresistible Bake Cookies 375 g - 450 g
2.99 ea.

Ben's Original Rice
Or Ben's Original Rice
Ben's Original Rice 1 kg - 1.2 kg
3.79 ea.

Bush's Bean Or Beans Or Bean Soup
Bush's Bean Or Beans Or Bean Soup
2.79 ea.

Dole Pineapple Juice
Or Pineapple Juice
Dole Pineapple Juice 2 L - 2.4 L
70 Selection Varieties
5.49 ea.

Smucker's Jam
Or Jam
Smucker's Jam 500 ml - 750 ml
4.99 ea.

Powerade Sports Drink
Or Sports Drink
Powerade Sports Drink 1.5 L - 2 L
2.79 ea.

Assorted Or Athletic Beverages
Or Assorted Or Athletic Beverages
Assorted Or Athletic Beverages 355 ml - 473 ml
11.99 ea.

Molson Or Labatt Beer
Or Molson Or Labatt Beer
Molson Or Labatt Beer 355 ml - 473 ml
11.99 ea.

Clearly Canadian Sparkling Water
Or Clearly Canadian Sparkling Water
Clearly Canadian Sparkling Water 1.5 L - 2 L
6.99 ea.

Invitation Orchard Fine Wine
Or Wine
Invitation Orchard Fine Wine 750 ml - 1 L
8.49 ea.

Planters Nuts
Or Planters Nuts
Planters Nuts 150 g - 200 g
6.99 ea.

Brookside Chocolate
Or Chocolate
Brookside Chocolate 300 g - 400 g
5.99 ea.

Lindt Swiss Classic Chocolate Bar
Or Chocolate Bar
Lindt Swiss Classic Chocolate Bar 100 g - 150 g
5.49 ea.

metro.ca

TOP OFF BBQ SEASON

It's not a BBQ without saucy sidekicks, savoury toppings + ice cream must-haves.

HEINZ KETCHUP LOW SODIUM
SELECTED VARIETIES
5.99 EA.

HEINZ KETCHUP STYLE SAUCE

4.99 EA. HEINZ'S BARBECUE SAUCE 375 ml

3.99 EA. HELLMANN'S MAYONNAISE 340 - 445 ml
SELECTED VARIETIES

2.99 EA. SELECTION RELISH 500 ml

5.99 EA. KOZLIK'S MUSTARD 250 ml
SELECTED VARIETIES

5.49 EA. MONTGOMERY BBQ SAUCE 500 ml OR BRINE CO. PICKLES
SELECTED VARIETIES

9.99 EA. SOUPERSAUCE HOT SAUCE 150 ml
SELECTED VARIETIES

2.99 EA. SOUPERSAUCE DRESSING 250 ml
SELECTED VARIETIES

5.49 EA. MATT & STEVE'S PICKLED BEANS 500 - 750 ml
SELECTED VARIETIES

5.99 EA. MIRACLE WHIP DRESSING 500 ml
SELECTED VARIETIES

4.99 EA. THE KEG SALAD DRESSING 473 ml
SELECTED VARIETIES

6.99 EA. TRACTLEMONTS BBQ SAUCE 946 ml

2.99 EA. TOPPING ICE CREAM TOPPER 400 ml - 500 g
SELECTED VARIETIES

NOW **4.99** EA. INNOSUCHABLE WAFFLE BOWL OR CONE
SELECTED VARIETIES

3.99 EA. MEZZETTA GREEN OLIVES STUFFED WITH GARLIC MINCED 295 ml

5.99 EA. MEZZETTA PEPPERONCINI 295 ml
SELECTED VARIETIES

FLAVOURS OF

Vaisakhi

CELEBRATE THE NEW YEAR SPRING HARVEST FESTIVAL

15.99 EA. BABY'S CHEESE AFTER FLOUR 20 KG

12.99 EA. BROWN GATE BASMATI, JASMINE, SEASONED RICE OR COOKING, PARBOILED RICE 2 KG (SELECTED VARIETIES)

9.99 EA. FULL CREAM CANNED BLOOM 1 KG

19.99 EA. SNACKER CAKE VARIOUS FLAVOURS 500 G

4.99 EA. TERRA CRYSTAL ORGANIC WATER 500 G (SELECTED VARIETIES)

1.29 EA. GARLIC PRODUCT OF CHINA 1 PK

15.00 EA. GREEN BOUGHT ASSORTED COLOURS, ASSORTED VARIETIES

7.99 EA. ALFA PIES 1 KG (SELECTED VARIETIES)

5.49 EA. MEDIA OR CHICK PEA FLOUR OR 1 CANNED BLOOM 1 KG (SELECTED VARIETIES)

12.99 EA. NANAK GHEE 500 G (SELECTED VARIETIES)

4.99 EA. CEDAR MARMADES 700 ML (SELECTED VARIETIES)

1.99 EA. PAULS CLASSIC OR NATURAL FLAVOURED 2 L 500 ML (SELECTED VARIETIES)

2.99 EA. CASERO SPRING ROLLS OR SAMOSAS 400 G (SELECTED VARIETIES)

1.67 EA. CASERO FROZEN VEGETABLES 1 KG (SELECTED VARIETIES)

6.99 EA. CASERO AMCA HONEY, GOLD TEA BLOOM, PREMIUM OR GOLD 1 KG (SELECTED VARIETIES)

1.99 EA. CASERO MEDIUM OR SPICY OR CHEESE OR GARLIC TOAST 400 G (SELECTED VARIETIES)

6.49 EA. DEBBY'S SAMOSAS 1 KG (SELECTED VARIETIES)

1.69 EA. KELLOGG'S CHIPS 125 G (SELECTED VARIETIES)

39¢ EA. MAGGI NOODLES 70 G (SELECTED VARIETIES)

5.29 EA. SHANWOOD'S CHUTNEY 340 G (SELECTED VARIETIES)

6.49 EA. DELICIOUS RELISH 500 G (SELECTED VARIETIES)

Item availability varies by store

Gluten-Free

Nature's Path Organic Waffles 280 g – 5.99 ea.

Silk Beverage 946 mL – 2.99 ea.

Chickapea Pasta 227 g – 5.99 ea.

Natural Cultures Lemonade 500 mL – 3.99 ea.

Bar Harbor Sriracha Sauce 355 mL – 3.99 ea.

Chosen Foods Mayonnaise 340 mL – 12.49 ea.

Gelato Gourmet Pasta 227 g – 4.49 ea.

Kore Energy Bar 50 g – 8.49 ea.

Non-GMO

Pacific Foods Organic Broth 946 mL – 7.99 ea.

Frozen Beverage 500 mL – 6.99 ea.

Oh Bio! Chicken Fingers 300 g – 3.99 ea.

Frozen Cocktail Lunch 283 g – 7.99 ea.

Plant-Based

Nutty for You Flavored Butter 227 g – 7.49 ea.

Keto Pudding 170 g – 3.99 ea.

Fuel your passion.

Love Bites 50 g – 3.99 ea.

Baby & Beauty

Gerber Baby Puree 128 mL – 1.99 ea.

Pampers Baby Wipes 64–80 ct – 3.99 ea.

Lubriderm Moisturizer 125 mL – 9.99 ea.

Thera Breath Mouthwash 125 mL – 11.99 ea.

Head & Shoulders 90 ct – 7.49 ea.

Dove Men+Care Deodorant 76 g – 10.49 ea.

WIN TICKETS TO THE FIFA World Cup 26

Dove Men+Care Deodorant 76 g – 8.99 ea.

Household Helpers

Selection Cups 50 ct – 8.49 ea.

Selection Trash Bags 5 L – 5.99 ea.

Reynolds Roast Pans 2 ct – 5.99 ea.

Selection Napkins 50 ct – 3.99 ea.

Selection Paper Towels 6 ct – 3.79 ea.

Air Wick Starter Kit 250 mL – 4.99 ea.

Royale Trusted Quality Cashew Nutmeal 227 g – 9.99 ea.

Royale Premium Cashew Nutmeal 227 g – 7.99 ea.

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YOGURT OF THE NHL®

OÎKOS SNACK TO WIN

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$25,000 IN TOTAL PRIZES

2026

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OIKOS® PRO® DRINKS
330 ml
SELECTED VARIETIES

6.49 EA.
OIKOS® AND ONE® PRO®
1000 - 750 g
SELECTED VARIETIES

3 for 11.00
OIKOS® YOGURT
4 x 90 g - 4 x 100 g
SELECTED VARIETIES

* NO PURCHASE NECESSARY. BEGINS 05/15/26 AT 12:00:01 AM ET & ENDS 05/24/26 AT 11:59:59 PM ET. DRAWN 05/25/26 AT 2PM ET. ONE (1) GRAND PRIZE: TRIP FOR 2 TO A 2026 STANLEY CUP® FINAL GAME (VAR $10,000 CAD) AND $20 INSTANT WIN PRIZES: A $500 CAD DIGITAL PREPAID CARD (CSD TOTAL), OR A $25 CAD PHYSICAL DANONE ONE® COUPON (DOC TOTAL). INSTANT PICK UP, SHELF-ESTIMA CAD $10 NON-REQUIRED. FULL CONTEST RULES: WWW.SNACKTOWINCA. ONE®, OÎKOS®, DOC®, ONE® PRO®, ONE® PRO®, DANONE, DANONE UK, LLC. ALL RIGHTS RESERVED. ONE®, ONE® PRO®, OÎKOS® DANONE UK, LLC. ALL RIGHTS RESERVED.

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99¢ ea.
YOP DRINKABLE YOGURT 6 x 200 ml
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NEW FLAVOURS
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DEL MONTE CANNED VEGETABLES 398 - 796 ml
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Proudly prepared in Canada, perfectly delicious!
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Offer valid April 2 - 8
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