



Harris Teeter

YOUR NEIGHBORHOOD MARKET
Weekly Specials*

Prices Good Through May 5, 2026

WED	THU	FRI	SAT	SUN	MON	TUE
29	30	1	2	3	4	5



2 lb. Bag
16 - 20 ct. Wild Caught
Argentine Shrimp

**BUY 1 GET 2
FREE**

when you buy 3 with your VIC card or regular price each



2.52 oz. Fully Cooked
or 12 - 16 oz.
Oscar Mayer Bacon

**BUY 1 GET 1
FREE**

each item rings at half price with your VIC card



18.4 - 22 oz.
Hatfield Marinated
Pork Loin
Filets or Tenderloins

**BUY 1 GET 1
FREE**

each item rings at half price with your VIC card



**Hundreds of BOGOS
throughout the
store every day!**

**BIG
BOGO
EVENT**

6 oz.
Farmers Market
Blackberries
or Raspberries

**BUY 1 GET 1
FREE**

each item rings at half price with your VIC card



per lb.
Harris Teeter Small Pack
Boneless Chicken Breast

**BUY 1 GET 1
FREE**

each item rings at half price with your VIC card



Private Selection
Pre-Sliced
Meats & Cheeses

**BUY 1 GET 1
FREE**

each item rings at half price with your VIC card



MORE PRODUCE FAVORITES

8 oz.
Farmers Market
Sliced
or Whole
White Mushrooms

**BUY 1 GET 1
FREE**

each item rings at half price with your VIC card



Select Varieties
Fresh Express
Salads
or 10 oz.
NatureSweet
Cherubs

**BUY 1 GET 1
FREE**

each item rings at half price with your VIC card



Cinco de Mayo Favorites

Farmers Market
Extra Large
Hass Avocados

**BUY 1 GET 1
FREE**

each item rings at half price with your VIC card



Farmers Market
Yellow,
Orange or Red
Bell Peppers

**BUY 1 GET 1
FREE**

each item rings at half price with your VIC card



EVERYDAY FAVORITES!

64 oz.
Ocean Spray
Cranberry
Juice Cocktail

**BUY 1 GET 1
FREE**

each item rings at half price with your VIC card



48 oz.
Mayfield
Ice Cream,
16 oz. Halo Top
Ice Cream
or 8 pk. Outshine
Fruit Bars

**BUY 1 GET 1
FREE**

each item rings at half price with your VIC card



8 oz.
Sargento
Shredded
Cheese

**BUY 1 GET 1
FREE**

each item rings at half price with your VIC card



8 oz.
Cabot
Chunk Cheese

**BUY 1 GET 1
FREE**

each item rings at half price with your VIC card



10 ct. 17.5 oz.
Mission
Soft Taco
Flour Tortillas

**BUY 1 GET 1
FREE**

each item rings at half price with your VIC card



12 - 18.2 oz.
Select Varieties
General Mills
Large Size Cereal

**BUY 1 GET 1
FREE**

each item rings at half price with your VIC card



16 - 18 oz.
Ken's
Salad Dressing
or Sweet Baby
Ray's BBQ Sauce,
Marinades
or Dipping Sauce

**BUY 1 GET 1
FREE**

each item rings at half price with your VIC card



15 - 15.5 oz.
Harris Teeter
Black Beans

**BUY 2 GET 2
FREE**

when you buy 4 with your VIC card or regular price each



10 - 12 oz. Tostitos,
9.25 - 10 oz. Fritos,
7.25 - 8.5 oz. Ruffles
or 15.5 oz.
Lay's Dips
or Tostitos Queso

**BUY 2 GET 2
FREE**

when you buy 4 with your VIC card or regular price each



5.9 - 6.6 oz.
Pepperidge
Farm Goldfish

**BUY 1 GET 1
FREE**

each item rings at half price with your VIC card



4.9 - 5.57 oz.
Pringles
Potato Crisps

**BUY 2 GET 2
FREE**

when you buy 4 with your VIC card or regular price each



12 pk. 12 oz.
Pepsi
Products
or 8 pk. 12 oz.
Pepsi
Prebiotic Soda

**BUY 2 GET 2
FREE**

when you buy 4 with your VIC card or regular price each



6 pk. 12 oz.
Gatorade,
8 pk. 12 oz. Propel
or 6 pk. 1 Ltr.
Gatorade Water

**BUY 2 GET 3
FREE**

when you buy 5 with your VIC card or regular price each



Use your VIC card for more big savings!

**Friday,
May 1st**

**4X
FRIDAYS**



**on all
qualifying
items**

download the digital coupon
available to clip April 29 - May 1, 2026 ONLY



**SAVE
UP TO \$1.00
PER GALLON***

Offer valid Friday, May 1, 2026, with VIC card and digital coupon ONLY. Excludes alcohol, fuel purchases, gift certificates, lottery, mail-order services, money orders, postage stamps, product deposit (if applicable), promotional tickets, tax, tobacco, Harris Teeter Gift Cards and all other gift cards, and ALL FINANCIAL VARIABLE LOAD CARDS (American Express®, MasterCard®, & Visa®) and Pharmacy purchases. *Terms and conditions apply.

* Supplies are limited

1-10A 1-10A 1-10A 1-10A

Prices good through May 5, 2026

WED	THU	FRI	SAT	SUN	MON	TUE
29	30	1	2	3	4	5

Spark up Your Summer



10.6 - 20.2 oz.
Family Size Nabisco Oreo, Chips Ahoy! or Nutter Butter

2 for \$8

save big on 2 with your VIC card



10 ct.
Peet's K-Cup Coffee

7.99 each

save big with your VIC card



10.5 oz.
Peet's Bag Coffee

8.99 each

save big with your VIC card



eVIC members only

weekly limit **4**

24 oz.
Rao's Marinara
 or 15 oz.
Alfredo Sauce



5.97

save at least \$2.08 over our already low VIC price when you buy 4

6.49 non e-vic member price

All items must be purchased in a single transaction with your VIC card.



eVIC members only

weekly limit **4**



15 ct. or 18 ct.
Frito Lay Multipacks

8.97

save at least \$8.08 over our already low VIC price when you buy 4

10.99 non e-vic member price

All items must be purchased in a single transaction with your VIC card.





Bakery

Specials for the week



**Fresh Foods Market
Perfect Pair**

19.99

each
save at least \$9.00 each with your VIC card



**Fresh Foods Market
5 inch Patti Cake**

10.99

each
save at least \$2.00 each with your VIC card



12 ct.

**Fresh Foods Market
Decorated Cupcakes**

10.49

each
save at least 50¢ each with your VIC card



48 - 54 oz.

**HT Traders
Square Cakes**

19.99

each
save at least \$3.00 each with your VIC card



**Fresh Foods Market
Bulk Donuts**

.50

each
save at least 99¢ each with your VIC card



Senior Discount Thursdays
Seniors 60 and older get a

5% DISCOUNT

Please notify your cashier if you qualify



Harris Teeter
pickup & delivery



SAVE \$10*

on your first two Pickup & Delivery orders of \$100 or more.

[CLIP COUPON >](#)



* Valid only for new or first orders placed on harristeeter.com or Harris Teeter app. Exclusions apply.

Same great savings in-store and online.

No markups or surprises!
Plus, earn Fuel Points on every eligible
item with your VIC card.



**Plus,
Save with**

WEEKLY OFFERS

Exclusive savings on items you'll love –
available on Pickup and Delivery orders only.

from our meat department

Porterhouse or T-Bone Steak
13.99 per lb.
 save at least \$5.00 per lb. with your VIC card

Porterhouse or T-Bone Steak

11.99 per lb.
 save at least \$5.00 per lb. with your VIC card

Value Pack

93% Lean Ground Beef

6.99 per lb.
 save at least \$1.00 per lb. with your VIC card

Value Pack

Antibiotic Free SMART Chicken Breasts or Tenderloins

5.99 per lb.
 save at least \$1.00 per lb. with your VIC card

16 oz. Butterball Farm to Family Ground Turkey

5.99 each
 save big with your VIC card

16 oz. Snake River Farms Wagyu Ground Beef

9.99 each
 save at least \$1.00 each with your VIC card

Harris Teeter Chicken Wings

3.99 per lb.
 save at least \$1.00 per lb. with your VIC card

Value Pack

16 oz. Perdue Ground Chicken

4.99 each
 save at least \$1.00 each with your VIC card

ANGUS BEEF Skirt Steak

10.99 per lb.
 save at least \$4.00 per lb. with your VIC card

10 oz. PRE Grass Fed New York Strip Steak

13.99 each
 save at least \$3.00 each with your VIC card

Niman Ranch Antibiotic Free Boneless Pork Chops

6.99 per lb.
 save at least \$1.00 per lb. with your VIC card

16 oz. La Banderita Soft Taco Flour Tortillas

BUY 1 GET 1 FREE
 each item rings at half price with your VIC card

16 oz. Oscar Mayer Lunchmeat or 28 oz. Sub Kit

BUY 1 GET 1 FREE
 each item rings at half price with your VIC card

9 oz. Cacique Chorizo

BUY 1 GET 1 FREE
 each item rings at half price with your VIC card

15 oz. Herdez or Hormel Entrees

BUY 1 GET 1 FREE
 each item rings at half price with your VIC card

8 oz. Land O'Frost Bistro Favorites Lunchmeat

3.99 each
 save big with your VIC card

2.27 - 4.4 oz. Oscar Mayer Lunchables

BUY 1 GET 1 FREE
 each item rings at half price with your VIC card

10 oz. Gilbert's Chicken Sausage

BUY 1 GET 1 FREE
 each item rings at half price with your VIC card

24 oz. Wright Stack Bacon

9.99 each
 save big with your VIC card

8 oz. North Country Organic Bacon

5.99 each
 save at least \$4.00 each with your VIC card

from our seafood department

3 oz. Signature Hatch Chile Crab Cakes

2 for \$7
 save big on 2 with your VIC card

21 - 30 ct. Fresh Wild Caught Peeled & Deveined White Shrimp

11.99 per lb.
 save big per lb. with your VIC card

16 ct. Bag Fresh Farm Raised Littleneck Clams

5.99 each
 save big with your VIC card

16 - 20 ct. Wild Caught Argentine Shrimp

7.99 per lb.
 save big per lb. with your VIC card

Wild Caught Tilapia Fillets

6.99 per lb.
 save big per lb. with your VIC card

41 - 50 ct. Tail-On Cooked Shrimp

7.99 per lb.
 save big per lb. with your VIC card

5 oz. Habanero Mango Salmon Portions

\$6 each
 save big with your VIC card

Wild Caught Snow Crab Clusters

11.99 per lb.
 save big per lb. with your VIC card

Wild Caught Cobia Fillets

8.99 per lb.
 save big per lb. with your VIC card

Wild Caught Mahi Mahi Fillets

11.99 per lb.
 save big per lb. with your VIC card

from our grocery department

20 oz. Nature's Own Butterbread or 8 pk. Butter Buns

BUY 1 GET 1 FREE
 each item rings at half price with your VIC card

20 oz. Sara Lee Artesano Bread

2 for \$7
 save big on 2 with your VIC card

9 - 11 oz. Mission Tortilla Chips

2 for \$6
 save at least \$1.98 on 2 with your VIC card

2 ltr. Harris Teeter Ginger Ale

4 for \$5
 save big on 4 with your VIC card

6.35 oz. Tony's Chocolonely Bars

4.49
 save at least \$1.50 each with your VIC card

11.03 - 12 oz. Sour Patch Kids or Swedish Fish

4.29
 save at least 90¢ each with your VIC card

24 oz. Classico Marinara or 15 oz. Alfredo Sauce

BUY 1 GET 1 FREE
 each item rings at half price with your VIC card

12 - 16 oz. Barilla Blue Box Pasta

3 for \$4
 save big on 3 with your VIC card

7 oz. Harris Teeter 60 Second Pasta or 8.8 oz. 90 Second Rice

2 for \$3
 save big on 2 with your VIC card

9.4 - 14 oz. Velveeta or Kraft Restaurant Edition Mac & Cheese

2 for \$6
 save big on 2 with your VIC card

.5 - 2.68 oz. Select Varieties Simple Truth Organic Spices

25% off
 save big with your VIC card

8 oz. Harris Teeter Baking Nuts or 10 - 12 oz. Nestle Morsels

2 for \$10
 save big on 2 with your VIC card

5 - 8 ct. Quaker Chewy Bars

BUY 1 GET 1 FREE
 each item rings at half price with your VIC card

12 ct. Simple Truth Organic or Private Selection K-Cup Coffee

BUY 1 GET 1 FREE
 each item rings at half price with your VIC card

18 oz. Quaker Old Fashioned Oats

BUY 1 GET 1 FREE
 each item rings at half price with your VIC card

10.4 oz. Kellogg's Nutri Grain Bars

2 for \$5
 save big on 2 with your VIC card

2 lb. Bag San Francisco Bay Whole Bean Coffee

17.99
 save big with your VIC card

16.9 oz. Light, Classic or Extra Virgin Harris Teeter Olive Oil

6.49
 save big with your VIC card

4 ct. Tide Washing Machine Cleaner

BUY 1 GET 1 FREE
 each item rings at half price with your VIC card

6 Mega Roll Aria Bath Tissue

7.99
 save at least \$2.00 each with your VIC card

8 oz. Clorox Pure Allergen Neutralizer Spray

4.99
 save at least \$1.00 each with your VIC card

77 - 81 oz. Clorox Bleach

5.99
 save at least \$1.00 each with your VIC card

18 - 22 oz. Woolite Carpet Cleaner

4.99
 save at least \$1.50 each with your VIC card

6.8 oz. Glade Candles

5.99
 save at least \$1.20 each with your VIC card

* Supplies are limited

beverages

1.25 ltr. **limit 10**
Coca-Cola,
 28 oz. **Powerade**
 or 16 oz.
BodyArmor
BUY 2 GET 3
FREE
when you buy 5 with your VIC card or regular price each



6 pk. 16.9 oz.
Coca-Cola
Products
BUY 2 GET 2
FREE
when you buy 4 with your VIC card or regular price each



15.2 oz. **ORGANIC**
Lemon Perfect
Organic
Lemon Water
3 \$5
 for
save big on 3 with your VIC card



2 ltr.
Coca-Cola
Products
4 \$9
 for
save big on 4 with your VIC card



12 oz.
Red Bull
Energy Drink
3 \$8
 for
save big on 3 with your VIC card



10 ct. Powder
Crystal Light
 or 1.62 oz. **MiO**
 or **Crystal Light**
Liquid
Water Enhancer
2 \$6
 for
save at least \$2.98 on 2 with your VIC card



24 pk. 16.9 oz.
DEER PARK
Water
2 \$9
 for
save at least \$4.58 on 2 with your VIC card



6 pk.
San Pellegrino
 or **Maison Perrier**
French Kiss
2 \$11
 for
save big on 2 with your VIC card



12 pk. 12 oz.
Zevia
Zero Sugar Soda
9.99
 for
save at least \$3.50 each with your VIC card



6 pk. 16.9 oz.
GOLD PEAK
Bottled Tea or
Vitaminwater
Flavored Water
2 \$12
 for
save big on 2 with your VIC card



snacks

8 - 11 oz.
Tostitos
Cantina
Tortilla Chips
BUY 1 GET 1
FREE
each item rings at half price with your VIC card



6 ct.
Pop-Secret
Popcorn
BUY 1 GET 1
FREE
each item rings at half price with your VIC card



4.5 - 7 oz.
Angie's
Boom
Chicka Pop
2 \$5
 for
save at least \$2.98 on 2 with your VIC card



5.25 - 8.5 oz.
Simply
Snacks
2 \$5
 for
save at least \$2.98 on 2 with your VIC card



4.25 oz.
Blue Diamond
Nut-Thins
2 \$6
 for
save at least \$2.98 on 2 with your VIC card



6.53 oz.
Quaker
Rice Cakes
2 \$7
 for
save at least \$2.98 on 2 with your VIC card



13.5 oz.
 Family Size
Chex Mix
Snack Mix
2 \$7
 for
save at least \$3.98 on 2 with your VIC card



2.2 oz.
Tillamook
Beef Jerky
4.49
 for
save at least \$2.30 each with your VIC card



5 - 7 oz. Farmhouse
 or Sweet & Simple
Pepperidge
Farm Cookies
2 \$9
 for
save at least \$2.78 on 2 with your VIC card



20 ct.
Cape Cod,
Kettle
 or **Snyder's**
Multipacks
10.99
 for
save at least \$2.00 each with your VIC card



health & beauty

2.3 oz.
GoMacro
Protein Bars
BUY 2 GET 1
FREE
when you buy 3 with your VIC card or regular price each



12 oz.
Jocko Go
Energy Drinks
 or **Jocko Milk**
Protein
Milk Shakes
BUY 2 GET 1
FREE
when you buy 3 with your VIC card or regular price each



45 - 50 ct.
Tums
Gummy Bites
3.00
 off
save big with your VIC card



18 oz. or 22 oz.
Olay
Body Wash
2.00
 off
save big with your VIC card



home essentials

Select
Libman
Mops & Refills
25% off
save big with your VIC card



6 ct. AA/AAA
Harris Teeter
Ultra Max
Batteries
5.79
 for
save big with your VIC card



dairy and frozen

5.3 oz.
Chobani
Less Sugar,
Creations or
Greek Yogurt
10 \$10
 for
save big on 10 with your VIC card



5.3 oz.
Siggi's
Skyr Yogurt
8 \$10
 for
save big on 8 with your VIC card



5.3 oz.
Fage
Greek Yogurt
4 \$5
 for
save big on 4 with your VIC card



32 oz.
Coffeemate
Coffee Creamer
 or 14 oz. **Cold Foam**
2 \$6
 for
when you buy 2 or regular price each
MUST PURCHASE 2



52 oz.
Planet Oat
Oatmilk
2 \$6
 for
save big on 2 with your VIC card



6 pk.
Animals
 or 4 pk.
Activia
Yogurt
 or **YoCrunch**
2 \$6
 for
save big on 2 with your VIC card



12 ct.
Egg-Land's Best
Large Eggs
BUY 1 GET 1
FREE
each item rings at half price with your VIC card



8 oz.
Sargento
Sliced Cheese
 or **Natural**
American Slices
3 \$9
 for
save big on 3 with your VIC card



12 ct.
Pete & Gerry's
Brown Eggs
6.99
 for
save big with your VIC card



8.54 oz.
TGI Fridays
Appetizers
2 \$8
 for
save big on 2 with your VIC card



6 - 20 oz.
Stouffer's,
Tapatio,
Vital Pursuit
 or **Hot Pockets**
2 \$8
 for
save big on 2 with your VIC card



8.67 oz.
Dove
Ice Cream Bars
2 \$8
 for
save big on 2 with your VIC card



9.5 oz.
White Castle
Sliders
4.99
 for
save big with your VIC card



14.8 oz.
Jonny Pops
4.99
 for
save big with your VIC card



2 - 4 ct.
Harris Teeter
 or **HT Traders**
Breakfast
Sandwiches
5.49
 for
save big with your VIC card



12.6 - 29.3 oz.
DiGiorno
 or **CPK Pizza**
2 \$12
 for
when you buy 2 or regular price each
MUST PURCHASE 2



16 oz.
Jeni's
Ice Cream
 or 3 ct.
Novelties
2 \$12
 for
save big on 2 with your VIC card



6 ct.
Nutella
 or **Kinder**
Bueno Cones
3.99
 for
save big with your VIC card



* Supplies are limited

Celebrate Cinco de Mayo



1 - 1.25 oz.
McCormick Taco Seasoning



BUY 1 GET 1 FREE

each item rings at half price with your VIC card

16 oz.
Chi-Chi's Restaurant Style Salsa



BUY 1 GET 1 FREE

each item rings at half price with your VIC card

8.8 - 12.5 oz.
Old El Paso Dinner Kits



BUY 1 GET 1 FREE

each item rings at half price with your VIC card

5 - 16 oz.
Utz Family Size Chips, Kettle Chips, Pretzels, On the Border Tortilla Chips or Boulder Canyon



BUY 2 GET 1 FREE

when you buy 3 with your VIC card or regular price each

2.25 oz.
Harris Teeter Sliced Olives
or 14.5 oz.
Hunt's or 10 oz. Rotel Tomatoes



4/\$5

save big on 4 with your VIC card

10 oz.
Harris Teeter Red Enchilada Sauce
or 7 oz.
Diced Green Chiles



2/\$3

save at least 58¢ on 2 with your VIC card

7 oz.
Harris Teeter Chipotle Peppers in Adobo Sauce
or 15 oz. **Lime Juice**



1.79

save at least 20¢ each with your VIC card

9.25 - 10 oz.
Harris Teeter Tortilla Chips
or 15.5 oz. **Thick & Chunky Salsa**



2/\$5

save big on 2 with your VIC card

12 oz.
Simple Truth Organic Sliced Jalapenos



2.69

save big with your VIC card

14 oz.
Daisy Sour Cream



2/\$6

save big on 2 with your VIC card

12 pk. 12 oz.
Harris Teeter Mixers or Seltzers



4.29

save big with your VIC card

34 oz.
Farmers Market Fresh Salsa
or 12 oz.
Hand Smashed Guacamole



5.99

save at least \$1.00 each with your VIC card

1 Ltr.
Simple Truth Organic Margarita Mix



6.99

save at least 30¢ each with your VIC card

8 pk. 12 oz.
Topo Chico Sabores



8.49

save at least \$1.00 each with your VIC card

59.2 oz.
Jose Cuervo Margarita Mix



9.99

save at least \$2.00 each with your VIC card

4 pk. 12 oz.
Coke de Mexico Glass Bottles



2/\$14

save big on 2 with your VIC card

Fresh Foods Market 8 inch Fruit Tart



11.99

save at least \$1.00 each with your VIC card

New and Trending

12 oz.
Gorgie Sparkling Energy Drink



3/\$5

save big on 3 with your VIC card

11.2 oz.
Woodstock Banana Water



2/\$4

save big on 2 with your VIC card

16 oz.
Quaker Protein Old Fashioned Oats



2/\$8

save big on 2 with your VIC card

15 oz.
Harris Teeter Worcestershire Sauce



1.79

save big with your VIC card

16 oz.
Better Batch Cookies



5.99

save big with your VIC card

32 oz.
Malk Almond Milk



5.99

save big with your VIC card

2 oz.
Brooklyn Biltong Jerky



6.49

save at least \$1.50 each with your VIC card

8 oz.
Catalina Crunch Protein Granola



6.99

save big with your VIC card

16 oz.
Peace Tea



4/\$3

save big on 4 with your VIC card

8.88 oz.
Drizzilicious Variety Pack



10.99

save big with your VIC card

4X



ON GIFT CARDS WITH DIGITAL COUPON
OFFER VALID 4/29 - 5/12/26



SCAN TO DOWNLOAD

redeem at Harris Teeter Fuel

Subject to availability. See gift cards for details, terms & conditions. The Visa Gift Card is issued by Pathward®, N.A. Member FDIC, pursuant to a license from Visa U.S.A. Inc. Cards may be used only at merchants in the U.S. everywhere Visa debit cards are accepted. No cash access. See Cardholder Agreement for details. The Mastercard Gift Card is issued by Pathward®, N.A. Member FDIC, pursuant to a license by Mastercard International Incorporated. Mastercard and the circles design are registered trademarks of Mastercard International Incorporated. No cash access.

*Supplies are limited

long term Savings



Keeping prices LOWER, LONGER, on 1,000s of items you buy every day.

NEW long term Savings VIC SAVINGS

19 oz. Canister
Country Time
Lemonade



BUY 1 GET 1 FREE
each item rings at half price with your VIC card

15 oz.
Harris Teeter
Sausage Gravy



1.79
save at least 20¢ each with your VIC card



24 ct.
Harris Teeter
Family Size Tea Bags

2 \$4
for
save at least 78¢ on 2 with your VIC card

10 ct. 6 oz.
Kool-Aid
Jammers



2 \$6
for
save big on 2 with your VIC card

Gallon
Arizona
Green Tea



2 \$6
for
save big on 2 with your VIC card

18.2 - 18.7 oz.
Harris Teeter
Raisin Bran



3.49
save at least 70¢ each with your VIC card

6 oz.
HT Traders
Popcorn



2.99
save at least \$1.00 each with your VIC card

12 oz.
Zatarain's
Family Size Dirty Rice



3.49
save at least 50¢ each with your VIC card

12 oz.
Simple Truth
Organic
Salad Dressing



2 \$7
for
save big on 2 with your VIC card

32 oz.
Ore-Ida
Fries



4.49
save at least \$2.50 each with your VIC card

7 - 9 oz.
Harris Teeter
Almonds
or 10.3 oz. Mixed Nuts



4.99
save at least \$1.00 each with your VIC card

25.5 oz.
Simple Truth
Organic
Canola Oil



4.99
save big with your VIC card

16 oz.
Fage
Sour Cream



2 \$4
for
save big on 2 with your VIC card

12 oz.
HT Traders
Virginia Peanuts



5.49
save at least 50¢ each with your VIC card

16 oz.
Private
Selection
Raw Wildflower Honey



5.99
save at least 40¢ each with your VIC card

4 oz.
HT Traders
Pine Nuts



6.99
save at least 60¢ each with your VIC card

2.8 - 3 oz.
Harris Teeter
Bacon Bits
or Pieces



2 \$5
for
save big on 2 with your VIC card

7 oz.
Simple Truth
Protein Cereal



7.49
save at least \$1.50 each with your VIC card

6.34 - 7 oz.
Perfect Bar
Mini Bars



7.99
save at least \$1.00 each with your VIC card

35 oz.
Yummy
Dino Buddies



8.99
save at least \$1.60 each with your VIC card

4 pk. 12 oz.
Red Bull
Energy Drink



9.99
save big with your VIC card

11 oz.
HT Traders
Bag Coffee



7.99
save at least \$4.50 each with your VIC card

64 ct.
Dixie Value Pack
8.5 inch Ultra Plates



5.99
save at least \$1.50 each with your VIC card

35 ct.
Harris Teeter
Disinfecting Wipes



1.89
save at least 30¢ each with your VIC card

16 oz.
Assorted Flavors
Buddy Biscuits
Dog Treats



2 \$9
for
save at least \$3.58 on 2 with your VIC card

12 lb.
Nature's Recipe
Dry Dog Food



26.99
save at least \$3.00 each with your VIC card



SAVE UP TO \$20
SAVE \$10*

Harris Teeter pickup & delivery

on your first two Pickup & Delivery orders of \$100 or more.

*New or first-time orders placed on harristeeter.com. Coupon required; some restrictions apply. See website for details.



save more
with the
Harris Teeter
brand



16 oz.
Harris Teeter
Restaurant Style
Italian Dressing
2 \$5
for



save at least 98¢ on 2
with your VIC card



52 oz.
Harris Teeter
Original
Lemonade
2 \$5
for



save at least 98¢ on 2
with your VIC card



20 oz.
Harris Teeter
100% Whole
Wheat Bread
or Honey
Wheat Bread
2 \$5
for



save at least 39¢ on 2
with your VIC card



18 oz.
Harris Teeter
Jelly or
Preserves
2 \$5
for



save big on 2
with your VIC card



32 oz.
Harris Teeter
Half & Half
2.99



save at least 50¢ each
with your VIC card



28 - 32 oz.
Harris Teeter
Pancake Mix
2.99



save at least 50¢ each
with your VIC card



14 oz.
Harris Teeter
Coconut Flakes
3.79

save big with your VIC card



25.4 oz.
Harris Teeter
Avocado Oil
12.99

save big with your VIC card



8 oz.
Harris Teeter
Hand Sanitizer
2 \$6
for

save at least 98¢ on 2 with your VIC card



1 ct.
Harris Teeter
Reusable Bags
1.29

save big with your VIC card



Look Inside for More GREAT SAVINGS!



Keeping prices
LOWER, LONGER,
on 1,000s of items
you buy every day.

Harris Teeter
Chicken Breast Tenderloins
4.99 per lb.



Chicken Fajita Stir Fry
4.99 per lb.



Value Pack
Assorted
Bone-In
Pork Chops
3.99 per lb.



5 lb. Bag
Farmers Market
Red Potatoes
3.99 each



3 lb. Bag
Farmers Market
Yellow Onions
1.99 each



1 lb. Bag
Farmers Market
Mini Sweet Peppers
2 for \$5



7 oz.
Seafood Empanadas
\$6 each

•Shrimp & Hatch
•Salmon & Feta



10 - 12 oz.
Assorted Varieties
Private Selection
Salami or Pepperoni
6.99 each



17.6 oz.
Tuscan White,
Multigrain & Sourdough
Backerhaus
Sliced Loaves
4.59 each





A fresher day, every day



Scan to download digital coupons

eVIC
COUPONS
EXCLUSIVE SAVINGS

SAVINGS MADE SIMPLE
Clip digital coupons. Shop in-store or online. **SAVE BIG!**

Save over **\$76** with P&G eVIC Digital Coupons Kick-Off to Summer Savings!

73 - 84 oz.
Tide Liquid
or 25 - 42 ct. **Tide PODS**
Laundry Detergent

eVIC Digital Coupon Available

Download coupon on our app, web or with the QR code above

WITH **eVIC** **10.99**
WITH **eVIC** COUPON - \$3.00

7.99
Use up to 1 time.

18.2 - 19.4 oz.
Downy In-Wash Scent Beads
or 48 oz.
Downy & Tide Rinse

eVIC Digital Coupon Available

Download coupon on our app, web or with the QR code above

WITH **eVIC** **12.99**
WITH **eVIC** COUPON - \$3.00

9.99
Use up to 1 time.

6 Triple Roll
Bounty Paper Towels

eVIC Digital Coupon Available

Download coupon on our app, web or with the QR code above

WITH **eVIC** **18.99**
WITH **eVIC** COUPON - \$1.00

17.99
Use up to 1 time.

12 Mega XL Roll
Charmin Bath Tissue

eVIC Digital Coupon Available

Download coupon on our app, web or with the QR code above

WITH **eVIC** **19.99**
WITH **eVIC** COUPON - \$3.00

16.99
Use up to 1 time.

100 oz.
Downy Liquid Fabric Conditioner

eVIC Digital Coupon Available

Download coupon on our app, web or with the QR code above

WITH **eVIC** **11.99**
WITH **eVIC** COUPON - \$2.00

9.99
Use up to 1 time.

105 ct.
Bounce Dryer Sheets

eVIC Digital Coupon Available

Download coupon on our app, web or with the QR code above

WITH **eVIC** **5.49**
WITH **eVIC** COUPON - \$1.00

4.49
Use up to 1 time.

47 - 59 ct.
Cascade Action Pacs

eVIC Digital Coupon Available

Download coupon on our app, web or with the QR code above

WITH **eVIC** **19.99**
WITH **eVIC** COUPON - \$4.00

15.99
Use up to 1 time.

16 oz.
Dawn Powerwash Starter Kit

eVIC Digital Coupon Available

Download coupon on our app, web or with the QR code above

WITH **eVIC** **4.99**
WITH **eVIC** COUPON - \$2.00

2.99
Use up to 1 time.

4 ct.
Gillette or Venus Cartridge Refills

eVIC Digital Coupon Available

Download coupon on our app, web or with the QR code above

WITH **eVIC** **-3.00**
WITH **eVIC** COUPON - \$5.00

8.00
Total Savings with Coupon
Use up to 1 time.

23.6 oz.
Febreze Fabric Refresher

eVIC Digital Coupon Available

Download coupon on our app, web or with the QR code above

WITH **eVIC** **5.49**
WITH **eVIC** COUPON - \$2.00

3.49
Final Price with Coupon
Use up to 1 time.

5 - 32 ct.
Swiffer Refills

eVIC Digital Coupon Available

Download coupon on our app, web or with the QR code above

WITH **eVIC** **10.99**
WITH **eVIC** COUPON - \$2.00

8.99
Final Price with Coupon
Use up to 1 time.

4.1 oz.
NATIVE Toothpaste

eVIC Digital Coupon Available

Download coupon on our app, web or with the QR code above

WITH **eVIC** **-2.00**
WITH **eVIC** COUPON - \$2.00

4.00
Total Savings with Coupon
Use up to 1 time.

36 - 42 ct.
L. Feminine Pads or
80 - 100 ct. **Liners**

eVIC Digital Coupon Available

Download coupon on our app, web or with the QR code above

WITH **eVIC** **-1.50**
WITH **eVIC** COUPON - \$1.50

3.00
Total Savings with Coupon
Use up to 1 time.

8 - 13.5 oz.
Pantene Abundant & Strong Shampoo or Conditioner

eVIC Digital Coupon Available

Download coupon on our app, web or with the QR code above

WITH **eVIC** **-3.00**
WITH **eVIC** COUPON - \$3.00

6.00
Total Savings with Coupon
Use up to 1 time.

18.5 - 20 oz.
Olay Super Serum Body Wash

eVIC Digital Coupon Available

Download coupon on our app, web or with the QR code above

WITH **eVIC** **-2.00**
WITH **eVIC** COUPON - \$3.00

5.00
Total Savings with Coupon
Use up to 1 time.

Celebrate your furry friends National Pet Month

5 lb. Select
Blue Buffalo Life Protection Dog Food

16.49
save at least \$2.50 each with your VIC card

2.47 oz.
Reveal Wet Cat Food

4/\$5
save at least \$2.16 on 4 with your VIC card

32 oz.
Brutus Bone Broth

4.99
save at least \$2.80 each with your VIC card

10 oz.
Supreme Source Jerky Cuts

6.99
save at least \$3.00 each with your VIC card

8 - 13 oz.
Three Dog Bakery Dog Treats

4.99
save at least 50¢ each with your VIC card

88 oz.
Reveal Freeze-Dried Cat Treats

2.99
save at least \$1.20 each with your VIC card

15 lb. Jug
Cat's Pride Cat Litter

9.99
save at least 60¢ each with your VIC card

15 lb. Bag
Purina Cat Chow

19.99
save at least \$4.50 each with your VIC card

12 ct.
Cesar Multipacks

14.99
save at least \$2.50 each with your VIC card

12 ct.
Nature's Recipe Canned Dog Food

14.99
save at least \$4.40 each with your VIC card

12 oz.
Harris Teeter 100% Pure Pumpkin

3/\$5
save at least 96¢ on 3 with your VIC card

14.5 - 15.25 oz.
Harris Teeter Cut Green Beans

5/\$4
save at least \$2.95 on 5 with your VIC card

GAT'S PRIDE BIG GO HOME

Harris Teeter
THIS PET MONTH, EVERY PURCHASE HAS A PURPOSE.

BUY NOW HELP US DONATE 1 MILLION LB OF LITTER

SCAN TO LEARN MORE

Harris Teeter
YOUR NEIGHBORHOOD MARKET

This Week's Deals are Here!

Top Digital Coupons

SHOP YOUR WAY!

Download the App to:

Choose Pickup or Delivery or Plan your next Trip In-Store
View Fuel Points Balance - View Weekly Ad & eVIC offers
Download Digital Coupons

* Supplies are limited

5-50A 5-50A 5-50A 5-50A

Live Naturally

6 pk. Cups or 23 oz. Jar
Simple Truth
Organic Unsweet Applesauce



2 \$6 for
save big on 2 with your VIC card

10.5 oz.
Simple Truth
Organic Cream of Mushroom Soup



or 32 oz. Broth
3 \$5 for
save big on 3 with your VIC card

12 oz.
Simple Truth
Organic Vegetables



2 \$5 for
save at least 98¢ on 2 with your VIC card

6 oz.
Simple Truth
Organic Shredded or Sliced Cheese



2 \$6 for
save big on 2 with your VIC card

8 ct.
Simple Truth
Organic Snack Crackers



2 \$7 for
save 98¢ on 2 with your VIC card

24 oz.
Simple Truth
Organic Steel Cut Oats



or 12 oz. Honey
3.49
save at least 50¢ each with your VIC card

12 oz.
Simple Truth
Gluten Free Cookie Dough



4.29
save at least 70¢ each with your VIC card

30 - 54 ct.
Simple Truth
Plates or Bowls



4.99
save at least \$1.00 each with your VIC card

Celebrate with Produce savings Cinco de Mayo Favorites

1 lb. Bag
Peeled Tomatillos



3.79 each
save big with your VIC card

Farmers Market
Peeled Red or White Onions



2.99 per lb.
save big per lb. with your VIC card

Farmers Market
Jalapeño Peppers



1.99 per lb.
save big per lb. with your VIC card

8 oz.
Farmers Market
Diced Vegetables



2 for \$5
save big on 2 with your VIC card

Farmers Market
Red Roma Tomatoes



1.99 per lb.
save big per lb. with your VIC card

15 oz.
Herdez Salsa



3.99 each
save big with your VIC card

Farmers Market
Mangos or Honey Mangos



4 for \$5
save big on 4 with your VIC card

Farmers Market
Bunch Cilantro



2 for \$4
save big on 2 with your VIC card

Farmers Market
Bean Dip



5.99 per lb.
save big per lb. with your VIC card

7.5 oz.
Wholly Guacamole



BUY 1 GET 1 FREE
each item rings at half price with your VIC card

16 oz.
Garden Fresh Gourmet Salsa



BUY 1 GET 1 FREE
each item rings at half price with your VIC card

Farmers Market
Stuffed Jalapeños



4.99 each
save big with your VIC card

Farmers Market
Mini Seedless Cucumbers



BUY 1 GET 1 FREE
each item rings at half price with your VIC card

12.70 - 15 oz.
Ocean Mist Roastables




BUY 1 GET 1 FREE
each item rings at half price with your VIC card

12 oz.
Lenny Boy Kombucha



BUY 1 GET 1 FREE
each item rings at half price with your VIC card

Fresh Express Shredded Lettuce



BUY 1 GET 1 FREE
each item rings at half price with your VIC card

floral
not available in all stores
Teacher Appreciation & Nurse's Day is on May 6th

My Gratitude Bouquet
12.99 each
save big



Sunset
Flavor Bomb Tomatoes



3.99 each
save big with your VIC card

6 oz. Tray
Farmers Market
Sliced Portobellos or Portobello Caps



2 for \$6
save big on 2 with your VIC card

Farmers Market
Bulk White Corn



4 for \$2
save big on 4 with your VIC card

Farmers Market
Fuji or Gala Apples



1.99 per lb.
save big per lb. with your VIC card

6 inch
Hydrangeas



27.99 each
save at least \$2.00 each with your VIC card

big savings from our fresh foods market

4 ct.
Fresh Foods Market
Muffins



\$5 each
save at least \$1.49 each with your VIC card

Boar's Head
Ovengold Turkey Breast



13.99 per lb.
save big per lb. with your VIC card

Fresh Foods Market
Dessert Half Cakes



9.99 each
save at least \$3.00 each with your VIC card

6.5 oz.
Assorted Varieties
Alouette Spreads



BUY 1 GET 1 FREE
each item rings at half price with your VIC card

16 oz.
La Brea Sourdough Loaf



4.99 each
save at least \$1.50 each with your VIC card

8 oz.
Assorted Varieties
Sabra Hummus



BUY 1 GET 1 FREE
each item rings at half price with your VIC card

Prices In This Ad Effective April 29 - May 5, 2026 In The Following Stores Only:
* Supplies are limited

•DUNKIRK •OLNEY •LAUREL •ELLCOTT CITY •COLUMBIA •FULTON •CLARKSBURG •BOWIE
•GERMANTOWN •GAIHERSBURG •BETHESDA •POTOMAC •BALTIMORE •SEVERNA PARK •CALIFORNIA
•CANTON CROSSING, 3779 BOSTON STREET, BALTIMORE
•MCHENRY ROW

None sold to dealers, we reserve the right to limit quantities. Beer, wine, specialty & natural items not available in all stores. Save at least savings may vary by store.



7.9 oz.
Quaker Premium Instant Oatmeal

2/\$8

save big on 2 with your VIC card



16 oz.
Quaker Protein Old Fashioned Rolled Oats

2/\$8

save big on 2 with your VIC card



36 oz.
Pearl Milling Company Pancake Syrup

2/\$10

save big on 2 with your VIC card



18 oz.
Quaker Old Fashioned Oats

BUY 1 GET 1 FREE

each item rings at half price with your VIC card



12 oz.
Quaker Instant Grits

BUY 1 GET 1 FREE

each item rings at half price with your VIC card



14.5 oz.
Quaker Oatmeal Squares

BUY 1 GET 1 FREE

each item rings at half price with your VIC card



22.3 oz.
Quaker Family Size Life Cereal

BUY 1 GET 1 FREE

each item rings at half price with your VIC card



22.1 oz.
Quaker Family Size Cap'n Crunch Cereal

BUY 1 GET 1 FREE

each item rings at half price with your VIC card



8 - 10 ct.
Quaker Chewy Bars

BUY 1 GET 1 FREE

each item rings at half price with your VIC card



3.52 oz.
Quaker Rice Crisps

BUY 1 GET 1 FREE

each item rings at half price with your VIC card



24.1 oz.
Quaker Simply Granola

2/\$9

save big on 2 with your VIC card



5 ct.
Quaker Protein Granola Bars

2/\$7

save big on 2 with your VIC card



6.52 oz.
Quaker Rice Cakes

2/\$7

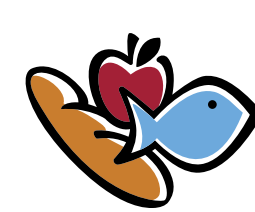
save big on 2 with your VIC card



4 - 7 oz.
Rice-A-Roni

4/\$5

save big on 4 with your VIC card



**Layer flavor
into every meal**

Campbell's



eVIC members only weekly limit **4**

24 oz.
**Rao's
Pasta Sauce**
or 15 oz.
Alfredo Sauce



5.97

save at least \$2.08 over our already low VIC price when you buy 4

non e-vic member price **6.49**

All items must be purchased in a single transaction with your VIC card. **VIC SAVINGS**

eVIC members only weekly limit **4**

18.6 oz.
**Campbell's
Chunky Soup**



1.97

save at least \$2.12 over our already low VIC price when you buy 4

non e-vic member price **2/\$5**

All items must be purchased in a single transaction with your VIC card. **VIC SAVINGS**

eVIC members only weekly limit **4**

32 oz.
**Swanson
Broth or Stock**



1.77

save at least \$2.92 over our already low VIC price when you buy 4

non e-vic member price **2/\$5**

All items must be purchased in a single transaction with your VIC card. **VIC SAVINGS**



15.5 oz.
**Late July
Salsa**

3.99

save at least \$1.00 each with your VIC card **VIC SAVINGS**



10.5 oz.
**Campbell's
Condensed Soup**

**BUY 1 GET 1
FREE**

each item rings at half price with your VIC card **VIC SAVINGS**



10.75 oz.
**Campbell's
Chicken
Noodle Soup**
or 14.5 oz.
Swanson Broth

**BUY 1 GET 1
FREE**

each item rings at half price with your VIC card **VIC SAVINGS**



10.5 oz.
**Campbell's
Cream of Mushroom
or Cream of Chicken Soup**

2/\$3

save at least 89¢ on 2 with your VIC card **VIC SAVINGS**



16 oz.
Rao's Soup

2/\$7

save at least \$2.99 on 2 with your VIC card **VIC SAVINGS**



32 oz.
**Pacific
Organic Broth**

2/\$6

save at least \$1.29 on 2 with your VIC card **VIC SAVINGS**



16 oz.
Rao's Pasta

2/\$5

save at least \$1.29 on 2 with your VIC card **VIC SAVINGS**



19 oz.
**Rao's
Limited Reserve Pasta Sauce**

10.99

save at least \$3.00 each with your VIC card **VIC SAVINGS**



10 oz.
Cacique Queso Fresco
BUY 1 GET 1 FREE
 each item rings at half price with your VIC card



12 - 20.9 oz.
Kellogg's Large Size Cereal
4.99
 save at least \$1.50 each with your VIC card



12.3 - 18 oz.
Kashi Cereal
4.99
 save at least \$1.00 each with your VIC card



5 oz.
Siete Tortilla Chips
4.99
 save at least \$1.30 each with your VIC card



12 oz.
Louisiana Hot Sauce
1.99
 save at least 90¢ each with your VIC card



8 oz.
Kashi Granola
4.99
 save at least \$2.00 each with your VIC card



14 oz.
Stauffer's Lemon or Ginger Snaps
2/\$5
 save at least \$4.99 on 2 with your VIC card



5 oz.
McIlhenny Tabasco Sauce
2/\$5
 save at least \$1.69 on 2 with your VIC card



9 oz.
Local Hive Hot Honey Sauce
3.99
 save at least \$2.00 each with your VIC card



28 oz.
Saratoga Sparkling Water
2/\$5
 save big on 2 with your VIC card



8 ct.
Kellogg's Pop-Tarts
2/\$5
 save at least 99¢ on 2 with your VIC card



10.3 - 12 oz.
Kanzen Meal
5.99
 save at least \$1.00 each with your VIC card



1.5 - 2.1 oz.
Kellogg's Cereal Cups
2/\$3
 save at least 50¢ on 2 with your VIC card



5.5 oz.
Siete Taco Shells
5.99
 save at least \$1.00 each with your VIC card



4.5 oz.
Noosa Finest Yoghurt
4/\$5
 save big on 4 with your VIC card