

FRESH CO

Lowering food prices

Flyer in effect April 23-29, 2026

Prices in effect in Ontario, Excludes Thunder Bay

LOWEST PRICE OR WE'LL BEAT IT*

**SHOP WITH US FOR THE
LOWEST PRICES, EVERY DAY.**
Guaranteed with our **Price Match policy***

SAVE \$3⁰¹ /lb

\$2⁹⁸ /lb

**Fresh Pork
Tenderloin**
Cryovac 6.57/kg
reg 5.99/lb
**WHILE SUPPLIES
LAST**
Filet de porc

SAVE UP TO \$2

\$1⁴⁹

**Italpasta 900 g
Mutti Finely Chopped
Tomatoes 398 mL or
Catelli Garden Select
Pasta Sauce 600 mL**
reg 2.49-3.49
Pâtes, tomates hachées ou
sauce pour pâtes



SAVE UP TO \$4

\$2⁹⁹

**Red Baron Classic
Crust Pizza**
584-597 g or
**McCain Premium
Breakfast Potatoes**
600-650 g or
**Premium Specialty
Fries 540-800 g**
reg 4.99-6.99
Pizza, pommes de terre
déjeuner ou frites



\$2⁹⁹

**Compliments
Bagged Oranges 3 lb**
Product of Egypt
1.36 kg or
Cauliflower
Product of USA
No. 1 Grade
Oranges ou
chou-fleur



**Sweet Bell Red,
Orange or Yellow
Peppers**
Product of
Ontario 4.39/kg
Poivrons doux

\$1⁹⁹ /lb



**Armstrong
Cheese Bars**
400 g or
Shreds 320 g
reg 7.49-7.99
Fromage

SAVE UP TO \$3
\$4⁹⁹



Split or Jumbo Chicken Wings
Frozen 1-1.2 kg reg 12.00
WHILE SUPPLIES LAST
Ailes de poulet

SAVE \$3¹²
\$8⁸⁸



**MarcAngelo Souvlaki Chicken
Breast or Pork Kabobs 480-640 g**
reg 14.00
Souvlaki de poulet ou brochettes de porc

\$8⁸⁸



**Coca-Cola
Soft Drinks 6x710 mL or
Mini Cans 6x222 mL**
reg 4.79-6.17
Boissons gazeuses

200 PTS
when you buy 2

SAVE UP TO \$2¹⁸
\$3⁹⁹



**Dempster's Whole
Grain, Signature or
Protein Breads 600 g
Malt Bread 340 g or
Bagels 5-6 pk**
Selected Varieties
reg 3.99-4.69
Pains ou bagels

SAVE UP TO \$1⁷⁰
\$2⁹⁹



**Eight Treasures
Thai Jasmine
Rice 8 kg**
reg 18.99
Riz

SAVE \$6¹¹
\$12⁸⁸



**Cashmere Bathroom
Tissue 30-50 rolls or
SpongeTowels 6-12 rolls**
reg 17.99-19.99
Mouchoirs ou essuie-tout

SAVE \$7
\$10⁹⁹

without
Scene+ Card
\$17⁹⁹

PRODUCT SELECTION MAY VARY BY LOCATION

Locally Owned
& Operated



BY PROUD CANADIANS



Learn more



Pharmacy care right where you shop

- ✓ Prescriptions
- ✓ Immunizations
- ✓ Medication reviews
- ✓ Custom pill packaging

[Explore our services](#)



FRESH CO

Fee for some services may apply

GIVE YOUR SCENE+ POINTS A BOOST

Earn Scene+ points **3.7X faster** with
the Scotiabank Scene+ Visa Card.*

APPLY NOW



*Conditions Apply





Doritos 210-280 g
Ruffles 180-200 g reg 4.49-4.79
Croustilles

SAVE UP TO \$2.58
2/\$7



Coca-Cola or Pepsi Soft Drinks 12x355 mL
Selected Varieties
Boissons gazeuses

Scene+ MEMBER
\$7.99
without Scene+ Card \$8.99



Campbell's Chunky Soup
515 mL
Soupe

SAVE 50¢
\$2.99



Healthy Choice
Gourmet Steamers
269-306 g reg 5.29
Repas surgelés

SAVE \$1.50
\$3.79



Old Dutch Laundry Detergent
4 L reg 6.79
Détergent

SAVE \$1.80
\$4.99

Scene+ 1,000 PTS = \$10 OF FREE GROCERIES



Imperial Margarine
800 g
Margarine

100 PTS
when you buy 1
SAVE \$3
\$4.99



Quaker Crispy
Minis 100 g or
Rice Cakes
127-199 g
reg 3.49
Galettes de riz

150 PTS
when you buy 3
SAVE \$1.24
\$2.25



Nescafé Gold
Instant Coffee 95-100 g
Espresso Concentrate 500 mL or
Starbucks by Nespresso 10 pk
reg 8.99-10.99
Café ou concentré

200 PTS
when you buy 2
SAVE UP TO \$3.55
\$7.44



Black Diamond
Cheestrings
252-336 g
Fromage effilochable

100 PTS
when you buy 2
SAVE \$2
\$6.49



Palmolive Dish Soap
591-828 mL reg 3.29
Savon à vaisselle



100 PTS
when you buy 2
SAVE 80¢
\$2.49

Scene+
DIGITAL
EXCLUSIVE

April 23-29, 2026
*terms and conditions apply



Load this offer and get 20 points
for every dollar spent on
Compliments Exceptional
Chocolate Chip Cookies 280 g
Biscuits

20*
pts



Load this offer and get
20% off for every
Compliments Raisin Bread
600 g
Pain aux raisins

20%
off



The Scene+ Loyalty Program is available at all participating FRESHCO locations within ONTARIO. No base Scene+ points earned. See weekly offers for current ways to earn Scene+ points and visit <https://www.sceneplus.ca/terms-and-conditions> to see full Terms and Conditions. All weekly Scene+ offers exclude taxes, delivery charges, bill payments, service fees, rental fees, event tickets, gift cards, fluid dairy products in Atlantic regions, pre-paid cards, postal products and services, Western Union, McAfee®/Tim Hortons®/Starbucks® products and services in select regions, prescription drugs, non-prescription pharmacy services, liquor and alcoholic beverages, tobacco products, lottery, photo finishing, deposits, environmental charges, fuel and other goods and services which are non-discountable or excluded by law. For full Scene+ Terms & Conditions or to redeem your points, visit <https://www.sceneplus.ca/terms-and-conditions>. All offers are subject to change and may be withdrawn without notice. Registered trademarks of Scene Plus IP Corporation used under license by Scene Capital Incorporated. Offers valid Thursday, April 23, 2026 to Wednesday, April 29, 2026. Prices in effect while supplies last. We reserve the right to limit quantities. No rainchecks except as advertised. All price savings shown in this flyer are measured against our lowest regular retail prices offered at our stores in the applicable trade area. Guarantee does not apply to banners owned, operated or franchised by Scene Capital Incorporated. Savings offered may differ by region. We reserve the right to correct any unintentional errors in this flyer and make changes to any of our programs without prior notice. See in-store or FreshCo.com for details. Our reference to "lowering prices", "low prices" and other similar statements in our ads is as compared to the full-service banners operated by Scene Capital Incorporated. See in-store or FreshCo.com for full details of our guarantees. All guarantees are applied at our absolute discretion and we reserve the right to define competitor, trade area and to limit quantities. Not to be combined with any other offers and subject to change without notice. Guarantees do not apply to third party vendor products, prescriptions, gift cards, liquor, tobacco, clearance & limited-time products, loyalty and marketing initiatives and any products which may not be discounted by law (the "Limitations"). LOWEST PRICE GUARANTEE: Subject to the Limitations and excluding products sold by third party vendor products sold within the store, if a discount competitor within the geographic trade area offers a lower price on an identical item by brand and size that we carry in this store, we will sell you that item for 1¢ less than the discount competitor's current advertised price in their flyer. Price matching will be done for the following banners: Ontario, No Frills, Food Basics, Real Canadian Superstore, and Wal-Mart British Columbia, Alberta, Saskatchewan, and Manitoba. No Frills, Real Canadian Superstore, Wal-Mart and Save-On Foods. Price match locations are subject to change based on regional circumstances. Does not apply to competitor errors. Limit of four (4) units of each price matched item per customer. DOUBLE FRESH GUARANTEE: Subject to Limitations, if you buy an eligible product from our store, use the product as intended, and the product does not meet your expectations, you can return the product with a receipt within 14 days of purchase and we will refund the purchase price and provide you with an identical replacement product (while supplies last). IN-STOCK GUARANTEE: Subject to Limitations and excluding seasonal and limited quantity products, if you find that we are out of stock of any product featured in that store's current flyer, we will provide you with a rain check that can be used to purchase the item for 10% off the current advertised price when the item is back in stock. PRICES IN EFFECT IN ONTARIO, EXCLUDES THUNDER BAY



Red Seedless Grapes
Product of Chile No. 1 Grade 8.80/kg
Raisins sans pépins

\$3⁹⁹
/lb



Tomatoes on the Vine
Product of Mexico or Canada 5.49/kg
Tomates

\$2⁴⁹
/lb



Raspberries or Blackberries 170 g
Product of USA or Mexico
Framboises ou mûres

\$3⁹⁹



Granny Smith Apples
Product of USA Extra Fancy Grade or
Red Delicious Apples Product of Ontario,
Canada Extra Fancy 3.95/kg
Pommes

\$1⁷⁹
/lb



Ataulfo Mango
Product of Mexico
Mangue

\$1²⁹
ea



Seedless Cucumber
Product of Ontario, Canada No. 1
Concombres

\$1⁴⁹



Iceberg Lettuce
Product of USA
or Mexico No. 1 Grade
Laitue

50 PTS
when you buy 1

\$2⁹⁹



Compliments
Whole White or Brown Mushrooms
227 g Product of Ontario
Champignons

50 PTS
when you buy 1

\$2⁴⁹



Mini Seedless Cucumbers 6 pk
Product of Ontario, Canada No. 1 or
Grape Tomatoes 283 g
Product of Canada or Mexico
Concombres ou tomates

50 PTS
when you buy 1

\$2⁹⁹



Taylor Farms Chopped Salad Kit
316-377 g Assorted Product of USA
Salade avec garnitures

100 PTS
when you buy 2

\$4⁹⁹



**Fresh Centre, Rib
or Sirloin Pork Loin
Combo Chops** 11.00/kg
Côtelettes de longe de porc

\$4⁹⁹
/lb



Compliments
**Pepperoni
or Salami
Chub** 500 g
Charcuteries

50 PTS
when you buy 1

SAVE \$1

\$4⁹⁹



Compliments
**Naturally Smoked
Bacon** 375 g
Bacon

\$5⁹⁹



**Maple Lodge or
Zabiha Halal Chicken
Bologna or Wieners**
375-450 g
Bologne ou saucisses
fumées de poulet

SAVE 50¢

\$2⁴⁹



**MarcAngelo Italian
Style Pork Sausage**
450 g or Jumbo 675 g
or **Pepper Parmesan
Pork Meatballs** Frozen
400 g
Saucisses ou boulettes de
viande

SAVE UP TO \$2

\$5



High Liner
Family Favourites
Frozen 350-700 g
Poisson surgelé

SAVE \$3

\$6⁹⁹



Compliments
**Beef, Chicken or
Turkey Burgers**
Frozen 680-907 g
reg 14.99-16.99
Burgers

SAVE UP TO \$2

\$14⁹⁹



**Fontaine Santé
or Lantana Hummus**
227-283 g
Hummus

SAVE UP TO \$1.50

\$3⁴⁹



Mastro
Salami 125-150 g
or **San Daniele
Prosciutto** 100 g
Charcuteries

SAVE UP TO \$3

\$3⁹⁹



Main Street Deli
200-250 g or
Variety Pack 300 g
Charcuteries

SAVE \$1

\$5



Tre Stelle
**Mozzarella Ball or
Lactose Free** 340 g
Fromage

SAVE \$2.50

\$6⁴⁹



Compliments
Buns 8 pk, **English
Muffins** 6 pk or
Tortillas 340-610 g
Petits pains, muffins
anglais ou tortillas

300 PTS
when you buy 3

STARTING AT

\$2²⁹



Hostess Snack Cakes
167-231 g
Petits gâteaux

\$2⁴⁹



Best Buy Cookies
390 g, **Charlotte's
Cake Pops** 280 g,
Compliments
Two-Bite Snacks
319-370 g or **Coconut
Macaroon Bites**
300 g
Biscuits, gâteaux sur
bâtonnet, collations ou
bouchées

\$5



Compliments
Muffins 400-600 g
Muffins

SAVE \$1.01

\$5⁴⁹

**SPEND \$25 IN
H&M & WAYSPA GIFT CARDS AND
GET 500 SCENE+ POINTS!**

H&M



Offer valid during April 23 - 29, 2026. Sorry no rainchecks or price matching. See gift card for details, terms, conditions, and (if applicable) fees. Subject to availability.

SAVE UP TO \$1.30

\$2.99



Christie Cookies
Selected Varieties
224-303 g or
Peek Freans
Selected Varieties
275-350 g
Biscuits



SAVE \$1.50

\$5.49

Kellogg's Cereal
Selected Varieties
450-650 g reg 6.99
Céréales



Crave Frozen Meals
200-340 g or
Kraft Dinner Frozen Meals
340 g
reg 4.99
Repas surgelés

SAVE \$1
\$3.99



Quaker Standard Oats
709 g-1 kg,
Instant Oatmeal
232-344 g
reg 3.99-4.99
Gruau



100 PTS
when you buy 2

SAVE UP TO \$1.50
\$3.49



Kellogg's Town House Crackers 247-391 g or
Cheez-It Snap'd 213 g reg 4.29
Craquelins ou collations

200 PTS
when you buy 3

SAVE \$1.30
\$2.99



Nabob Ground Coffee
915-930 g
Café

Scene+ MEMBER PRICING

\$19.99
without Scene+ Card \$22.99



Pepsi Soft Drinks 2 L
Selected Varieties
Boissons gazeuses

100 PTS
when you buy 2

SAVE 50¢
\$2.49



Oasis Health Break or Smoothie
1.6 L or
Del Monte Juice 1.6 L
Boisson frappée ou jus

SAVE UP TO \$1
\$3.99



Twinings Tea Bags 20 pk
Thé

SAVE \$1.05
\$4.44



Tetley Orange Pekoe Tea 72 pk
Thé

SAVE \$2
\$3.99



Old El Paso Taco Kits 250-510 g
Ensembles à tacos

SAVE 50¢
\$3.99



Christie Dad's Family Cookies
Selected Varieties 500-520 g
Biscuits

100 PTS
when you buy 2

SAVE \$1.80
\$4.99



Silk High Protein
1.42 L
Boisson protéinée

SAVE \$1
\$6.99



Hellmann's Mayonnaise
710-890 mL
reg 6.79
Mayonnaise

SAVE 80¢
\$5.99



Holiday Luncheon Meat
340 g
Pain de viande

SAVE \$1.22
\$2.77



Purex Detergent 1.47-2.03 L or
Sunlight 1.84 L reg 8.99-10.99
Détergent

SAVE UP TO \$3
\$7.99



Friskies 156 g or
Fancy Feast 85 g
Wet Cat Food
Nourriture pour chats

90¢

MORE WAYS TO SAVE!

HOT PRICE

Scene+

Locked & Low

Look for these specially-marked items throughout our stores

CHANCE TO WIN*
EVERY WEEK!

GROcery
GIVEAWAYS



Play on the FreshCo app now

IT'S GAME TIME



PLAY THE COMPLIMENTS CHALLENGES THIS WEEK
FOR YOUR CHANCE TO EARN A FREE ITEM OFFER!

COMPLIMENTS
Dough'chi Bites
180 mL
Bouchées



COMPLIMENTS
BBQ Sauce
425 mL
Sauce BBQ

NO PURCHASE NECESSARY. Full Contest rules found at freshco.ca/grocerygiveaways. Contest runs from 03/26/26 – 04/29/26. Open to legal residents across provinces of Canada excluding Quebec who have a valid Scene+ account and have reached the age of majority. Total of 32 prizes to be won: 6x 1,000,000 Scene+ points (\$10,000 CAD ea), 3x Cineplex Showtime Cards (\$3,650 CAD ea), 2x \$5,000 Scotiabank Cash Prizes, 20x \$500 Home Hardware GCs, and 1x 1,000,000 Scene+ points that can be used for Travel (\$10,000 CAD). Contest is in no way sponsored, endorsed or administrated by Scotiabank, Cineplex Inc., Home Hardware Stores Limited, Apple Inc. or Google LLC. Apple Inc.* and Google LLC are completely released of all liability by each entrant in this Contest.

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HOUSEHOLD SAVINGS

value size • format valeur



\$19⁹⁹

Compliments Bathroom Tissue
30=100 Rolls
Mouchoirs

value size • format valeur • value size • format valeur



\$20⁹⁹

Compliments Paper Towels
12=24 Rolls
Essuie-tout

VALUE PACK / PAQUET ÉCONOMIQUE



Lysol Wipes
2 pk reg 14.99
Lingettes

SAVE \$3

\$11⁹⁹

value size • format valeur



Compliments Dishwashing Liquid
5 L reg 9.99
Liquide à vaisselle

SAVE \$1

\$8⁹⁹



Gain Liquid Detergent
4.25 L reg 20.49
Détergent

SAVE \$6

\$14⁴⁹



Bounce, Downy or Gain Dryer Sheets
120-200 pk
reg 11.99-12.49
Feuilles assouplissantes

SAVE UP TO \$2.50

\$9⁹⁹



Downy Fabric Softener
4.16 L reg 21.79
Assouplissant textile

SAVE \$3⁸⁰

\$17⁹⁹



Fleecy Fabric Softener 3.5 L or Dryer Sheets 200 pk
reg 12.49-12.99
Assouplissant ou feuilles pour sècheuse

100 PTS
when you buy 1

SAVE UP TO \$2

\$10⁹⁹



Reynolds Parchment Paper 160'
reg 10.99 WHILE SUPPLIES LAST
Papier parchemin

SAVE \$1

\$9⁹⁹



Febreze Plug-Ins 2 pk
reg 12.99
Désodorisants

200 PTS
when you buy 2

SAVE \$2

\$10⁹⁹



Air Wick Plug-Ins 2 pk
reg 11.99-12.99
Désodorisants

SAVE UP TO \$3

\$9⁹⁹



Glad Garbage Bags 100-160 pk
reg 23.99-24.99
Sacs à ordures

SAVE UP TO \$3

\$21⁹⁹

WHILE SUPPLIES LAST. PRODUCT SELECTION MAY VARY BY STORE.



\$4⁹⁹

Dare Family Pack Cookies
336-630 g
Selected Varieties
WHILE SUPPLIES LAST

Dare

PROUDLY CANADIAN OWNED AND MADE



\$24⁹⁹

Breton Bites 160-200 g
Dare Ultimate 290-300 g
Selected Varieties
WHILE SUPPLIES LAST

FLAVOURS OF LATIN AMERICA



SAVE \$2

\$19.99

Corona Sunbrew 0% Non-Alcoholic Beer
12x355 mL
Bière sans alcool

SAVE UP TO \$1.87 ON 3

3/\$5

Jarritos Soft Drink 370 mL
Boissons gazeuses



99¢

Green Onions
Product of Mexico or
Cilantro Product of
USA or Mexico
Oignons verts ou coriandre



La Cocina Tortilla Chips
400 g
Croustilles de tortilla

100 PTS
when you buy 2

SAVE 70¢

\$3.29



Maseca Corn Flour
2 kg
Farine de maïs

SAVE \$1

\$8.99



Chata Chilorio Shredded Seasoned Pork 250 g
Porc

SAVE \$1.30

\$6.49



Chata Refried Pinto Beans 430 g
Haricots pinto

\$2.99



Cholula Hot Sauce 150 mL
or **Salsa** 325 mL
Sauce piquante ou salsa

SAVE UP TO \$1

\$4.99



Herdez Salsa 453 g
Salsa

SAVE 50¢

\$3.49



Tajin Chamoy Chili Sauce
455 mL
Sauce chili

SAVE 50¢

\$6.99



La Costeña Refried Beans 546 mL or
Jalapeño Peppers 330 mL
Haricots ou piments jalapeños

SAVE UP TO 70¢

\$2.99



Old El Paso Taco Sauce 243 mL,
Jalapeño Peppers 250 mL or **Refried Beans** 398 mL
Sauce, piments jalapeños ou haricots

SAVE UP TO \$1

\$2.99



Hunt's Tomato Paste 156 mL or
Old El Paso Seasonings 24 g
Pâte de tomates ou assaisonnements

SAVE UP TO 69¢

\$1



R.O.T.E.L. Tomatoes 284 mL
Tomates

75 PTS
when you buy 2

SAVE 50¢

\$1.79



Lola's Empanadas 380 g
Empanadas

SAVE \$1.50

\$8.99

WHILE SUPPLIES LAST. PRODUCT SELECTION MAY VARY BY STORE.



BRING HOME THE BELL



50 PTS
when you buy 2

\$4⁴⁹

Taco Bell Dip
425-445 g



50 PTS
when you buy 2

\$3⁴⁹

Taco Bell
Creamy Sauces
354 mL



50 PTS
when you buy 2

\$3⁴⁹

Taco Bell
Core Kits
260-420 g



\$1

Taco Bell
Seasonings
28 g



\$1⁹⁹

Taco Bell
Sauces
207 mL



50 PTS
when you buy 2

\$5⁴⁹

Taco Bell
Premium Kits
401-642 g