

WEEKEND SALE!

FRIDAY • SATURDAY • SUNDAY



9.75 - 17.5 oz.

Frito Lay Party Size Chips or Tostitos

3.49 WEEKDAY VIC PRICE **2/\$10**

save big with your VIC card



6 - 8 oz.

Harris Teeter Shredded Cheese

1.49 WEEKDAY VIC PRICE **3/\$6**

save big with your VIC card



20.66 oz.

Red Baron Pizza

2.49 WEEKDAY VIC PRICE **3.99**

save big with your VIC card



46 oz.

Simply Orange Juice

2.99 WEEKDAY VIC PRICE **2/\$8**

save big with your VIC card



1st of the Season Georgia Grown

Farmers Market **Sweet Vidalia Onions**

.59 per lb. WEEKDAY VIC PRICE **.79**/lb.

save big per lb. with your VIC card



Harris Teeter

YOUR NEIGHBORHOOD MARKET

Prices Good Through April 28, 2026

WED	THU	FRI	SAT	SUN	MON	TUE
22	23	24	25	26	27	28

Weekly Specials*

per lb.
Wild Caught 16 - 25 ct.
Peeled & Deveined
Argentine Shrimp
or Wild Caught
Sockeye Salmon Fillets

9.99

save big per lb. with your VIC card



per lb.
Smithfield Pork Baby Back Ribs
or **Boneless Pork Tenderloin**

BUY 1 GET 1 FREE

each item rings at half price with your VIC card

6 oz. Farmers Market **Raspberries**

BUY 1 GET 1 FREE

each item rings at half price with your VIC card

16 oz.
Pre Grass-Fed Ground Beef

BUY 1 GET 1 FREE

each item rings at half price with your VIC card

3 lb. Bag Farmers Market **Mandarin Oranges**

BUY 1 GET 1 FREE

each item rings at half price with your VIC card



14 - 15 oz.

Ball Park Franks

BUY 1 GET 1 FREE

each item rings at half price with your VIC card

Fresh Foods Market **Whole Subs**

6.99 each

save big with your VIC card

Farmers Market **Jumbo Cantaloupes**

2 \$5 for

save big on 2 with your VIC card

VIC Use your VIC card for more big savings!

12 pk. 12 oz.
Coca-Cola Products

BUY 1 GET 1 FREE

each item rings at half price with your VIC card

46 oz. **Turkey Hill Ice Cream** or 16 oz. **Ben & Jerry's Ice Cream** or 8 pk. **Blue Bunny Novelties**

BUY 1 GET 1 FREE

each item rings at half price with your VIC card

12 oz.
Daily's Hickory Smoked Bacon

BUY 1 GET 1 FREE

each item rings at half price with your VIC card

5 ct. **Entenmann's Little Bites** or **Minis Cakes** or 20 oz. **Sara Lee Artesano Bread**

BUY 1 GET 1 FREE

each item rings at half price with your VIC card

3.5 - 13.7 oz.
Nabisco Snack Crackers, Ritz or Toasted Chips

2 \$7 for

save at least \$3.58 on 2 with your VIC card

6 - 12 oz.
Lean Cuisine or **Stouffer's Entrees**

4 \$10 for

when you buy 4 or regular price each

MUST PURCHASE 4

12 pk.
White Claw, Happy Dad, Topo Chico or Truly Hard Seltzer

15.99 each

Drink Responsibly - Must be 21 to Purchase

750 ml.
Josh Cellars, Wente, Matua or Kendall-Jackson

11.99 each

Drink Responsibly - Must be 21 to Purchase

LAST WEEKEND

4X FUEL POINTS
FRIDAY - SUNDAY



SCAN HERE to download coupon

Redeem at

Other valid weekends through April 22nd. Restrictions apply. Scan the QR code or see store for details.

Prices good through April 28, 2026

WED	THU	FRI	SAT	SUN	MON	TUE
22	23	24	25	26	27	28

Spark up Your Summer



12 oz.
Poppi
Prebiotic Soda

limit
10

BUY 2 GET 3
FREE

when you buy 5 with your VIC card or regular price each **VIC SAVINGS**

9 - 16 oz.
Snyder's Family
Size Pretzels,
Specialty
Rounds & Pieces
or Pieces & Twists
or Pop 'Ums & Bites



BUY 2 GET 2
FREE

when you buy 4 with your VIC card or regular price each **VIC SAVINGS**



24 oz.
Ragu
3 / \$5
save big on 3
with your VIC card
VIC SAVINGS



16 oz.
Harris Teeter Pasta

.99 each
save big with your VIC card **VIC SAVINGS**

24 oz.
Chobani
Coffee Creamer
or 48 oz.
La Colombe
Cold Brew



2 for \$9
save big on 2 with your VIC card **VIC SAVINGS**

12 oz. Bag
Charleston
Coffee Roasters



9.99 each
save big with your VIC card **VIC SAVINGS**

eVIC members only

weekly
limit
4

8.9 - 12 oz.
Select Varieties
General Mills Cereal



2.47

save at least \$2.12 over our already low VIC price when you buy 4

2 / \$6 non e-vic member price **VIC SAVINGS**

All items must be purchased in a single transaction with your VIC card.

eVIC members only

weekly
limit
16

5.3 - 6.7 oz.
Chobani Flip, Zero Sugar
or **20g Protein** Greek Yogurt



.97

save at least \$4.48 over our already low VIC price when you buy 16

8 / \$10 non e-vic member price **VIC SAVINGS**

All items must be purchased in a single transaction with your VIC card.

BGA BGA BGA BGA

Searched. Smothered. Devoured.



16 oz. Grillo's Pickles

\$2.00 OFF*

*WITH THE PURCHASE OF SCHWEID & SONS BURGERS WITH YOUR VIC CARD

VIC SAVINGS

21.2 oz.

Schweid & Sons

Blend or Brisket Burger

10.99 each

save at least \$1.00 each with your VIC card

VIC SAVINGS



8 pk.

Wonder Buns

BUY 1 GET 1

FREE

each item rings at half price with your VIC card

VIC SAVINGS



18 oz.

Harris Teeter

Grill Sausage

\$5 each

save at least 99¢ each with your VIC card

VIC SAVINGS



12 oz.

Harris Teeter

Breakfast Sausage

3.99 each

save at least 50¢ each with your VIC card

VIC SAVINGS



6 - 8 oz.

Harris Teeter

Natural Sliced Cheese

2 for \$4

save big on 2 with your VIC card

VIC SAVINGS



18 oz.

Harris Teeter

Squeeze Mayo

3.49 each

save big with your VIC card

VIC SAVINGS



Find the perfect flowers
and cards to celebrate
Admin Professionals Day

SHOP NOW

NEW to try!



EXPLORE PRODUCTS

Higher Score, Healthier Choice

- Items scored from 1-100
- Aim for OptUP™ score of 600



GREEN
Load up on these foods.



LIGHT GREEN
A great choice.



YELLOW
These foods fall somewhere in the middle.



RED
Enjoy these foods mindfully and in smaller portions.

*Some restrictions apply. See pharmacist for details.

Nutrition service is based on general nutrition principles and personal preferences and does not constitute medical nutrition therapy. Nutrition services are not available in SC. Offer available to loyalty program VIC card members only. Loyalty program (VIC card) membership is available to the general public on equal terms and conditions and regardless of health insurance status. Not conditioned on the provision or purchase of any future products or services. Free visit is limited to one per VIC household. Terms and conditions are subject to change at any time.



LEARN MORE

from our meat department



Boneless New York Strip Steaks
 15.99 per lb.
 save at least \$3.00 per lb. with your VIC card

13.99 per lb.
 save at least \$4.00 per lb. with your VIC card

SMART Antibiotic Free Whole Chicken
 3.49 per lb.
 save at least 50¢ per lb. with your VIC card

1.5 lb. Villari Prime Pork Belly
 9.99 each
 save at least \$1.00 each with your VIC card

Applewood Bacon Smash Burger
 9.99 each
 save at least \$1.00 each with your VIC card

1.5 lb. Perdue Perfect Portions
 9.99 each
 save at least \$1.00 each with your VIC card

16 oz. Villari Prime Pork Chops or Ribeye Chops
 2 for \$12
 save big on 2 with your VIC card

90% Lean Ground Beef
 6.99 per lb.
 save at least \$1.00 per lb. with your VIC card



16 oz. Kentucky Legend Bacon

BUY 1 GET 1 FREE
 each item rings at half price with your VIC card

2.8 oz. Sargento Mighty Bites
 BUY 1 GET 1 FREE
 each item rings at half price with your VIC card

9 - 12 oz. Amylu Chicken Sausage or Meatballs
 5.99 each
 save at least \$1.00 each with your VIC card

28 - 32 oz. Family Size Bob Evans Sides
 2 for \$10
 save at least \$3.98 on 2 with your VIC card

7 - 9 oz. Hillshire Farm Thin Sliced Lunchmeat
 2 for \$9
 save big on 2 with your VIC card

9 - 21 oz. Steak-Umm Sliced Steaks
 BUY 1 GET 1 FREE
 each item rings at half price with your VIC card

16 oz. Jimmy Dean Sausage
 2 for \$10
 save at least \$3.98 on 2 with your VIC card

22 oz. Family Size or 24 oz. Stack Smithfield Bacon
 8.99 each
 save big with your VIC card

16 oz. Land O'Frost Premium Lunchmeat
 4.99 each
 save at least \$3.00 each with your VIC card

from our seafood department

21 - 30 ct. Fresh Wild Caught White Shrimp
 12.99 per lb.
 save big per lb. with your VIC card

Fresh Wild Caught Tuna Steaks
 12.99 per lb.
 save big per lb. with your VIC card

2 lb. Bag Fresh Wild Caught Maine Mahogany Clams
 7.99 each
 save big with your VIC card

3.5 oz. Charleston Style Crab Cakes
 2 for \$8
 save big with your VIC card

41 - 50 ct. Tail-On Cooked Shrimp
 7.99 per lb.
 save big per lb. with your VIC card

Wild Caught Flounder Fillets
 11.99 per lb.
 save big per lb. with your VIC card

5 oz. Bourbon Salmon Portions
 \$6 each
 save big with your VIC card

51 - 60 ct. Farm Raised EZ Peel White Shrimp
 4.99 per lb.
 save big per lb. with your VIC card

Farm Raised Coho Salmon Fillets
 7.99 per lb.
 save big per lb. with your VIC card

Wild Caught Haddock Fillets
 12.99 per lb.
 save big per lb. with your VIC card

from our grocery department

5 oz. Simple Truth Protein Tortilla Chips
 2 for \$9
 save big on 2 with your VIC card

6.5 - 8 oz. Cape Cod, Waves or Kettle Chips
 2 for \$7
 save at least \$3.58 on 2 with your VIC card

4.44 oz. Nonni's Thinaddictives
 2 for \$7
 save at least \$1.98 on 2 with your VIC card

5 oz. Terra Vegetable Chips
 2 for \$7
 save at least \$1.58 on 2 with your VIC card

8 pk. Sara Lee Artesano Buns
 3.99
 save big with your VIC card

8 oz. Jelly Belly Pouches
 5.99
 save big with your VIC card

10 oz. Kicking Horse Bag Coffee
 BUY 1 GET 1 FREE
 each item rings at half price with your VIC card

12 ct. Harris Teeter K-Cup Coffee or 10 oz. Brick Espresso
 2 for \$8
 save big on 2 with your VIC card

28 oz. Peter Pan Peanut Butter
 2 for \$8
 save big on 2 with your VIC card

12 oz. Carmichael's Organic Honey
 4.99
 save big with your VIC card

5 - 6 pk. Clif ZBar
 2 for \$11
 save big on 2 with your VIC card

1.2 oz. Trident Singles
 3 for \$3
 save big on 3 with your VIC card

4.2 - 5.7 oz. Knorr Pasta or Rice Sides
 4 for \$5
 save big on 4 with your VIC card

14.5 - 15.25 oz. Harris Teeter Peach Slices
 3 for \$5
 save big on 3 with your VIC card

48 oz. Harris Teeter Vegetable or Canola Oil
 4.99
 save big with your VIC card

14.8 oz. Simple Truth Protein Brownie Mix
 5.39
 save big with your VIC card

24 pk. 16.9 oz. Harris Teeter Spring Water
 2 for \$8
 save at least 98¢ on 2 with your VIC card

12 pk. 17 oz. Sparkling ICE Sparkling Water
 11.99
 save at least \$4.00 each with your VIC card

8 Mega Roll Angel Soft Bath Tissue or 6 Double Roll Sparkle Paper Towels
 6.99
 save at least \$3.00 each with your VIC card

84 oz. Liquid or 32 - 42 ct. Discs Persil Laundry Detergent
 13.99
 save at least \$2.00 each with your VIC card

44 - 90 ct. Select Varieties Dixie Paper Plates
 5.99
 save at least \$1.50 each with your VIC card

16 oz. Mrs. Meyer's Dish Soap
 3.99
 save at least \$1.20 each with your VIC card

3.5 lb. Iams Dry Cat Food
 10.99
 save at least 30¢ each with your VIC card

5 lb. Supreme Source Dry Dog Food
 9.99
 save at least \$3.00 each with your VIC card

beverages

2 ltr.
Pepsi Products

BUY 2 GET 1 FREE



11 oz.
Starbucks
Double Shot
Energy Drink

BUY 2 GET 2 FREE



8 pk. 12 oz.
Coca-Cola
Mini Bottles

BUY 1 GET 1 FREE



6 pk. 500 ml.
FIJI Water

4.99



4 pk.
Fever Tree
Mixers

5.99



24 pk. 16.9 oz.
Aquafina
Water

5.99



6 pk. 16.9 oz.
Smartwater,
Vitaminwater
or Gold Peak Tea

2 \$12
for



6 pk.
Clearly
Canadian
Sparkling Water

2 \$12
for



Select Varieties
Lakewood
Organic Juice

6.99



8 pk. 20 oz.
Powerade
Sports Drink

6.99



snacks

3 ct.
Orville
Redenbacher's
Popcorn

BUY 1 GET 1 FREE



3.3 oz.
Calbee
Harvest Snaps

3 \$5
for



16 oz.
Planters
Peanuts

2 \$5
for



4.5 - 8.4 oz.
Milton's
Gluten Free
Crackers

2 \$5
for



5.5 oz.
Frito Lay
Stax

2 \$5
for



6 oz.
Blue Diamond
Almonds

2 \$7
for



8 oz. Miss Vickie's,
7 oz. PopCorners
or Simply,
Baked Lay's
or SunChips

2 \$6
for



4.8 - 8 oz.
Pepperidge Farm
Goldfish Crisps or
Seasoned Pretzels

3.29



10 ct.
Frito Lay
Multipack

5.99



8 oz.
Jack Link's
Beef Jerky

12.19



health & beauty

1.4 oz.
Kind Bars

10 \$10
for



Select
BioFreeze
Roll-Ons, Sprays,
Patches or Gels

1.50
off



168 - 192 ct.
Huggies
Wipes

1.50
off



30.6 oz.
Dove
Body Wash

3.00
off



dairy and frozen

6 oz.
Yoplait
Yogurt

10 \$6
for



12 oz.
Shamrock
Farms
Rockin' Protein

2 \$5
for



6.5 oz.
Harris Teeter
Whipped Topping

2 \$5
for



64 oz.
Lactaid
Milk

2 \$7
for



12 ct.
Egg-Land's
Best
Cage Free Eggs

3.99



21.2 oz.
Too Good
Yogurt
or 4 ct.
Yogurt Pouches

2 \$8
for



32 oz.
Cabot
Greek Yogurt

4.99



12 ct.
Nestfresh Organic
Free Range Eggs

5.99



7.9 - 8 oz.
Kidfresh
Meatballs
or Nuggets

BUY 1 GET 1 FREE



11.64 - 12.21 oz.
Totino's
Ultimate Pizza

2 \$4
for



4 pk.
Smucker's
Uncrustables

3.99



2 ct.
Egg-Land's
Best Omelets

2 \$8
for



14 - 16 oz.
HT Traders
Vegetable Blends
or 16 oz.
Frozen Pasta

2 \$9
for



14 oz.
Yasso
Novelties

4.99



10 - 11 oz.
Morey's
Grilled Seafood

8.99



2 - 3 lb.
Wyman's
Frozen Fruit

9.99



22 - 24 oz.
Against the
Grain Pizza

11.49



* Supplies are limited

3-30 3-30 3-30

save big on Summer favorites

3 ct.
Rainbow Bell Peppers
3.99
save big with your VIC card



8 ct.
Harris Teeter Hamburger or Hot Dog Buns
2/\$4
save at least 78¢ on 2 with your VIC card



6.5 - 8 oz.
Harris Teeter Potato Chips
2/\$4
save at least \$1.98 on 2 with your VIC card



2 lb.
Private Selection Angus Steak or Bacon Cheddar Beef Burgers
13.99
save at least \$1.00 each with your VIC card



46 oz.
Harris Teeter Whole Kosher Dills or 32 oz. Hamburger Dill Chips
2/\$6
save big on 2 with your VIC card

6 oz.
Farmers Market Sliced Portobellos or Portobello Caps
2/\$6
save at least \$1.98 on 2 with your VIC card



12 oz.
Kraft Deluxe or 16 oz. Kraft Singles
2/\$8
save big on 2 with your VIC card



10 oz.
Harris Teeter Steak Sauce
2/\$5
save big on 2 with your VIC card



18 oz.
HT Traders BBQ Sauce
2.69
save big with your VIC card



12 oz.
Harris Teeter Buffalo Wing Sauce or 19 oz. No Sugar Added Ketchup
2/\$5
save big on 2 with your VIC card

14 oz.
Fresh Foods Market Corn Bread
5.99
save at least 50¢ each with your VIC card

10 - 21 oz.
Morning Star Farms Burgers, Wings or BBQ Riblets
6.99
save big with your VIC card



12 pk. 12 oz.
HT Traders Sparkling Water
4.29
save big with your VIC card



16 oz.
HT Traders Salsa
3.99
save at least \$1.00 each with your VIC card



16 oz.
Pickerfresh Red Onion or Veggie Slaw
4.99
save big with your VIC card



17 oz.
Chosen Foods Squeeze Mayo
10.99
save big with your VIC card



50 sq. ft. Heavy Duty or Non-Stick or 75 sq. ft.
Harris Teeter Aluminum Foil
3.99
save at least 80¢ each with your VIC card



SAVE UP TO \$20
SAVE \$10*

Harris Teeter pickup & delivery

on your first two Pickup & Delivery orders of \$100 or more.

*New or first-time orders placed on harristeeter.com. Coupon required; some restrictions apply. See website for details.



Long term Savings



Keeping prices LOWER, LONGER, on 1,000s of items you buy every day.



1 oz. Ortega Taco Seasoning

.89

save at least 10¢ each with your VIC card



12 oz. Harris Teeter Jalapeño Slices

1.79

save at least 20¢ each with your VIC card



10 oz. Harris Teeter Sweet Relish

2 \$4 for

save at least 98¢ on 2 with your VIC card



4 pk. 12 oz. Red Bull Energy Drink

9.99

save big with your VIC card



4.4 oz. Private Selection Classic Watercrisp Crackers

2 \$5 for

save at least 98¢ on 2 with your VIC card



12.25 oz. Harris Teeter Marinades

2 \$4 for

save big on 2 with your VIC card



8 oz. Harris Teeter Cheese Curls

2 \$5 for

save at least 98¢ on 2 with your VIC card



32 oz. House Autry Breader

BUY 1 GET 1 FREE

each item rings at half price with your VIC card



3.5 oz. Simple Truth Almond Crackers

2 \$5 for

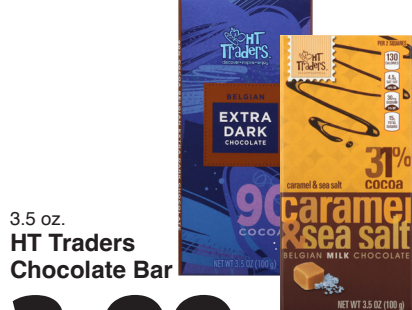
save at least 98¢ on 2 with your VIC card



5.6 oz. HT Traders Country Mix Pitted Olives

3.29

save big with your VIC card



3.5 oz. HT Traders Chocolate Bar

3.99

save at least \$1.00 each with your VIC card



6.56 oz. Chicken of the Sea Packet Up! Tuna & Crackers Kit

2.79

save at least \$1.00 each with your VIC card



6 ct. Simple Truth Organic Microwave Popcorn

3.99

save at least \$1.30 each with your VIC card



5 oz. Simple Truth Avocado Oil Cooking Spray

4.49

save at least 50¢ each with your VIC card



4 oz. Private Selection Pure Vanilla Extract

7.99

save at least 70¢ each with your VIC card



2.8 oz. Republic Tea Tea Bags

9.99

save at least \$1.00 each with your VIC card



12 pk. GoGo Squeeze Applesauce Pouches

9.49

save at least \$1.50 each with your VIC card



32 oz. HT Traders Amber Maple Syrup

14.99

save at least \$2.00 each with your VIC card



51 oz. Harris Teeter Classic Olive Oil

15.99

save at least \$2.00 each with your VIC card



7.5 oz. Harris Teeter Liquid Hand Soap

2 \$3 for

save at least 98¢ on 2 with your VIC card



16 ct. AA/AAA Harris Teeter Alkaline Batteries

3.00 off

save big with your VIC card



4 pk. 72 ct. Puffs Mega Ultra Soft Facial Tissues

6.99

save at least \$1.20 each with your VIC card



400 ct. Bounty Napkins

5.99

save at least \$3.00 each with your VIC card



3.5 lb. Pedigree Small Breed Dry Dog Food

6.99

save at least \$1.00 each with your VIC card



1 ct. Tuffy 3 Way Tug Dog Toy

12.99

save at least \$2.00 each with your VIC card



NEW

Long term

VIC SAVINGS

Savings

Look Inside for More GREAT SAVINGS!

wine & beer

*not available at all stores

Drink Responsibly - Must be 21 to Purchase

harris teeter fine wines club

EVERY DAY! 10% OFF HALF case wine
SEE STORE FOR DETAILS

Join our fine wines club and get discounts, learn about recipe pairings and find out about events at our stores.

HOT DEAL!



750 ml.
Juggernaut
Cabernet Sauvignon

16.99 each

HOT DEAL!



750 ml.
Whitehaven
Sauvignon Blanc

17.99 each



6 pk.
New Belgium, Sierra Nevada or Wicked Weed

10.99 each

HOT DEAL!



8 pk.
Guinness
or 12 pk. **Michelob Ultra**

14.99 each

HOT DEAL!



750 ml.
Nobilo Sauvignon Blanc
or **Mark West** Pinot Noir

11.99 each



750 ml.
Ruffino Prosecco
or **Hahn** Pinot Noir

12.99 each



750 ml.
La Crema Monterey Chardonnay,
Joel Gott Cabernet
or **Simi** Chardonnay

14.99 each



750 ml.
Daou Cabernet,
Justin Cabernet or **Santa Margherita** Pinot Grigio

25.99 each



12 pk.
Bud Family, Miller Family, Coors Family or Yuengling

2 for \$24



12 pk.
Twisted Tea, Pacifico or Kona

16.99 each



12 pk.
Angry Orchard, Leinenkugel's or Victory

16.99 each



24 pk.
Michelob Ultra, Corona Premier, Yuengling Flight or Modelo Oro

22.99 each



Keeping prices **LOWER, LONGER,** on 1,000s of items you buy every day.



Value Pack
Chicken Drumsticks

1.49 per lb.



Value Pack
USDA Choice Sirloin Tip Steak

6.99 per lb.



Sold in Service Meat Case
Hand Trimmed Natural Antibiotic Free **SMART** Chicken Breast

4.99 per lb.



3 lb. Bag
Farmers Market Fuji Apples

3.99 each



Pint
Farmers Market Grape Tomatoes

1.99 each



Farmers Market Green Kiwi Fruit, Large Lemons or Navel Oranges

4 for \$2



16 oz. Bag
Wild Caught Patagonian Bay Scallops

\$10 each



8 oz.
Toscana Mozzarella Ball

5.99 each



1 ct.
Fresh Foods Market Half Cakes

11.99 each

Stock-up and save on Summer favorites

12 oz. **Celsius Sparkling Energy**, 28 oz. **Gatorade Sports Drink** or 1 ltr. **Pepsi Products** or **Propel Fitness Water**

BUY 2 GET 3 FREE
when you buy 5 with your VIC card or regular price each



12 oz. **Celentano Frozen Pasta**

BUY 1 GET 1 FREE
each item rings at half price with your VIC card



20 oz. **Nature's Own Honey Wheat** or **100% Wheat Bread**

BUY 1 GET 1 FREE
each item rings at half price with your VIC card



16 oz. **Harris Teeter Salad Dressing**

BUY 1 GET 1 FREE
each item rings at half price with your VIC card



36 oz. **Luigi's Italian Ice**

BUY 1 GET 1 FREE
each item rings at half price with your VIC card



12 ct. **Bomb Pop Popsicles**

BUY 1 GET 1 FREE
each item rings at half price with your VIC card



12 oz. Select Varieties **Harris Teeter Frozen Vegetables**

5/\$5
save big on 5 with your VIC card



4 oz. **Simple Truth Organic Baby Food Pouches**

10/\$10
save big on 10 with your VIC card



5 oz. **Harris Teeter Croutons**

4/\$5
save big on 4 with your VIC card



8 oz. **Harris Teeter Whipped Topping**

3/\$4
save big on 3 with your VIC card



32 oz. **Harris Teeter Chicken Stock**

3/\$5
save big on 3 with your VIC card



28 oz. **Harris Teeter Crushed Peeled Tomatoes**

3/\$5
save big on 3 with your VIC card



8 pk. 12 oz., 12 pk. 12 oz. or 6 pk. 700 ml. **Deer Park Water**

2/\$5
save big on 2 with your VIC card



12 oz. **Red Bull Energy Drink**

2/\$6
when you buy 2 or regular price each
MUST PURCHASE 2



Sunny side up Breakfast savings

12 oz. Bag or 12 ct. K-Cups **Community Coffee**

BUY 1 GET 1 FREE
each item rings at half price with your VIC card



Select Varieties **Cap'n Crunch Cereal**

BUY 1 GET 1 FREE
each item rings at half price with your VIC card



12 oz. **Veggies Made Great Frittatas or Muffins**

BUY 1 GET 1 FREE
each item rings at half price with your VIC card



12 oz. **Log Cabin Syrup**

2/\$5
save big on 2 with your VIC card



32 oz. **Coffeemate Coffee Creamer** or 14 oz. **Cold Foam**

2/\$6
when you buy 2 or regular price each
MUST PURCHASE 2



12 ct. **Nellie's Free Range Large Eggs**

3.99
save big with your VIC card



5 oz. **Cholula Hot Sauce**

3.99
save big with your VIC card



20 oz. **Thomas' Bagels or English Muffins**

2/\$8
save big on 2 with your VIC card



12 - 16 oz. **Birch Benders Pancake Mix**

2/\$8
save big on 2 with your VIC card



12 ct. **Tree Top Applesauce Pouches**

7.49
save big with your VIC card



SHOP YOUR WAY!

Download the App to:

Choose Pickup or Delivery or Plan your next Trip In-Store - View Fuel Points Balance
View Weekly Ad & eVIC offers - Download Digital Coupons



Live Naturally



24 oz.
Avocado Bread
5.99

save at least \$1.00 each with your VIC card



15 oz. or 20 oz.
Simple Truth
Organic Ketchup
or 12 oz. **Mustard**
1.79

save big with your VIC card



8.8 oz.
Simple Truth
Organic 90 Second Rice or 18.5 oz.
Chicken Noodle Soup
2 for \$5

save big on 2 with your VIC card



32 oz.
Simple Truth
Organic Smoothie Blend
7.49

save big with your VIC card



64 oz.
Simple Truth
Organic Milk
3.99

save at least 70¢ each with your VIC card



4.25 oz.
Simple Truth
Protein Crisp Crackers
2 for \$8

save at least \$2.98 on 2 with your VIC card

Private Selection
Salad Kits
2 for \$8

save big on 2 with your VIC card

12 ct.
Simple Truth
Organic Baked Energy Bars
or 24 oz.
HT Traders
Raw Honey
6.99

save at least \$1.00 each with your VIC card

12 Double Roll
Simple Truth
Bath Tissue
5.99

save at least 70¢ each with your VIC card

250 ct.
Simple Truth
Napkins
2.49

save \$1.00 each with your VIC card

Discover summer's freshest finds Let's Get Grillin'



Farmers Market
Bulk Russet Potatoes
.99 per lb.

save big per lb. with your VIC card



Farmers Market
Bulk Tomatoes
1.99 per lb.

save big per lb. with your VIC card



Farmers Market
Green Asparagus
3.99 per lb.

save big per lb. with your VIC card



Farmers Market
Yellow, Orange or Red Bell Peppers
3 for \$5

save big on 3 with your VIC card



Farmers Market
Golden Pineapples
3.99 each

save big with your VIC card



Farmers Market
Personal Seedless Watermelon
4.99 each

save big with your VIC card

Save big with Buy One, Get One Deals



6 ct. Tray Farmers Market
Mini Seedless Cucumbers
BUY 1 GET 1 FREE

each item rings at half price with your VIC card



8 oz. Farmers Market
Sliced or Whole White Mushrooms
BUY 1 GET 1 FREE

each item rings at half price with your VIC card



1 lb. Bag Farmers Market
Baby Carrots
BUY 1 GET 1 FREE

each item rings at half price with your VIC card



3 ct. Farmers Market
Romaine Hearts
BUY 1 GET 1 FREE

each item rings at half price with your VIC card



Beautiful
Pom Bunches
\$5 each

save \$1.00 each with your VIC card



Farmers Market
Cauliflower
3.79 each

save big with your VIC card



Farmers Market
Yellow or Zucchini Squash
1.99 per lb.

save big per lb. with your VIC card



Organicgirl
Salad
3.99 each

save big with your VIC card



64 oz.
Mayer Bros
Lemonade
3.49 each

save big with your VIC card



Every Day is a Holiday
Endless Occasion Bouquet
10.99 each

save \$2.00 each with your VIC card



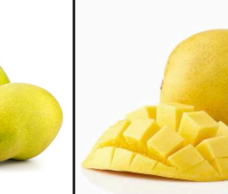
Farmers Market
Honey Crisp Apples
3.49 per lb.

save big per lb. with your VIC card



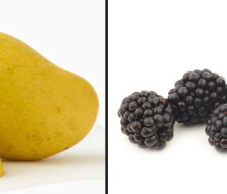
Farmers Market
Bartlett or Bosc Pears
2.49 per lb.

save big per lb. with your VIC card



Farmers Market
Honey Mangos
4 for \$5

save big on 4 with your VIC card



6 oz.
Farmers Market
Blackberries
3.79 each

save big with your VIC card



1 Gallon Pot
Gardenia Bush
32.99 each

save big

big savings from our fresh foods market



12 ct.
Fresh Foods Market
Fresh Baked Cookies
2 for \$9

save at least \$3.98 on 2 with your VIC card



Boar's Head
Deluxe Ham
11.99 per lb.

save big per lb. with your VIC card



6 ct.
Fresh Foods Market
Decorated Cupcakes
5.99 each

save at least 50¢ each with your VIC card



6 oz.
Assorted Varieties
Athenos
Feta Crumbles
BUY 1 GET 1 FREE

each item rings at half price with your VIC card



Fresh Foods Market
Pane di Casa or Harvest Loaf
5.99 each

save at least \$1.00 each with your VIC card



Fresh Foods Market
Rotisserie Chicken Salad
5.99 per lb.

save big per lb. with your VIC card

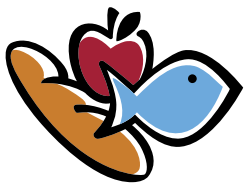
Prices In This Ad Effective
April 22 - 28, 2026
In The Following Stores Only:

ASHEVILLE · HENDERSONVILLE · MOREHEAD CITY · GREENVILLE · NEW BERN · WILMINGTON · RALEIGH · CLAYTON
FUQUAY VARINA · MORRISVILLE · APEX · DURHAM · HOLLY SPRINGS · GOLDSBORO · ROCKY MOUNT · WAKE FOREST
WILSON · FAYETTEVILLE · ABERDEEN · SOUTHERN PINES · BURLINGTON · GREENSBORO · ADAMS FARM · HIGH POINT
KERNERSVILLE · WINSTON SALEM · CLEMMONS · MECKLENBURG COUNTY · SWEETWATER TOWN CENTER

None sold to dealers, we reserve the right to limit quantities. Beer, wine, specialty & natural items not available in all stores. Save at least savings may vary by store.

* Supplies are limited

A



Harris Teeter
YOUR NEIGHBORHOOD MARKET

WEEKLY SPECIALS*

PRICES VALID THROUGH 4.28.26

* Supplies are limited



32 oz.
**Pacific Organic
Beef or Chicken Broth**

2/\$6

save at least \$1.29 on 2 with your VIC card



32 oz.
**Pacific Organic
Chicken Stock**

2/\$8

save at least \$1.79 on 2 with your VIC card



10.5 oz.
**Pacific Organic
Condensed Soup**

2/\$6

save at least 49¢ on 2 with your VIC card



32 oz.
**Pacific
Organic Soup**

3.99

save at least 1.50 each with your VIC card

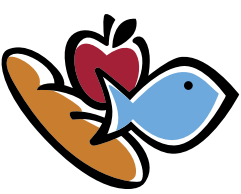


16.3 oz.
**Pacific
Organic Soup**

2/\$6

save at least 59¢ on 2 with your VIC card





Celebrate Earth Day with Organics Fresh Produce



Farmers Market
Organic
Hot House Cucumbers

2/\$5

save big on 2 with your VIC card



2 ct.
Simple Truth
Organic Bell Peppers

3.99

save big with your VIC card



organicgirl
Big Butter Lettuce

2.99

save big with your VIC card



8 oz.
Simple Truth
Organic
White Mushrooms

2/\$7

save big on 2 with your VIC card



Simple Truth
Organic
Bunched Broccoli

2/\$7

save big on 2 with your VIC card



1 lb. Bag
Farmers Market
Organic Roma Tomatoes

3.49

save big with your VIC card



per lb.
Farmers Market
Organic Fuji
or Pink Lady Apples

2.99

save big per lb. with your VIC card



3 oz.
Simple Truth
Organic Basil

4.99

save big with your VIC card



2 lb. Bag
Farmers Market
Organic Green Pears

4.99

save big with your VIC card



2 oz.
Suja Organic
Wellness Shots

2/\$5

save big on 2 with your VIC card



18 oz.
Simple Truth
Organic Blueberries

8.99

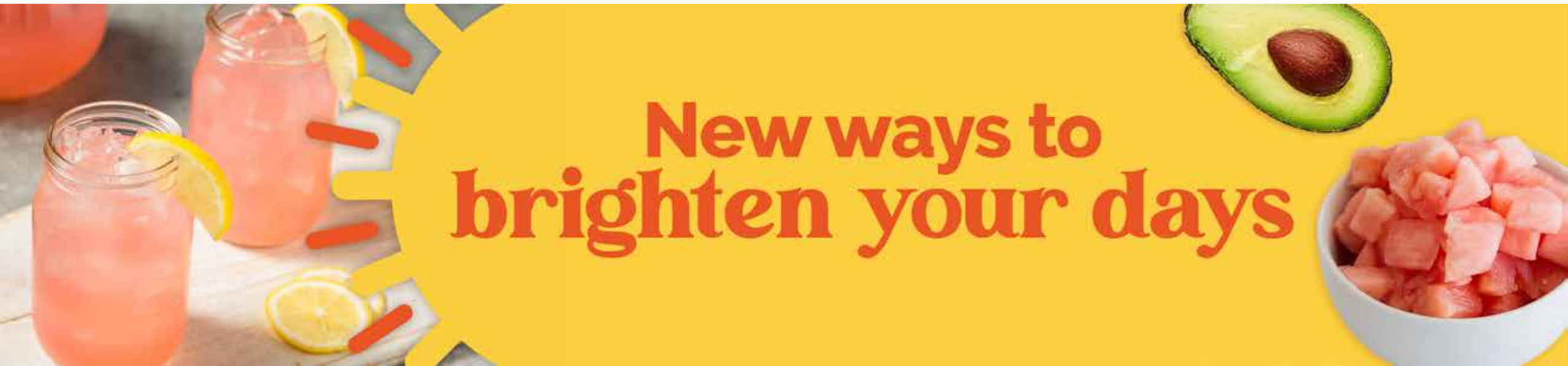
save big with your VIC card



2 lb. Bag
Simple Truth
Organic Vidalia Onions

3.99

save big with your VIC card



<p>33.8 oz. Harris Teeter Simply Clear</p> <p>.69</p> <p>save at least 10¢ each with your VIC card</p>	<p>14.5 - 15.25 oz. Harris Teeter Green Beans</p> <p>5/\$5</p> <p>save big on 5 with your VIC card</p>	<p>2.8 - 3 oz. Harris Teeter Bacon Bits or Pieces</p> <p>2/\$5</p> <p>save big on 2 with your VIC card</p>
<p>18 oz. Harris Teeter Microwave Popcorn</p> <p>2/\$6</p> <p>save at least 98¢ on 2 with your VIC card</p>	<p>64 oz. Harris Teeter Cranberry Juice Cocktail</p> <p>3.29</p> <p>save at least 70¢ each with your VIC card</p>	<p>100 ct. Harris Teeter Occasions Party Cups</p> <p>7.29</p> <p>save at least \$1.70 each with your VIC card</p>
<p>120 ct. Harris Teeter Dryer Sheets</p> <p>3.99</p> <p>save at least \$1.50 each with your VIC card</p>	<p>42 ct. Harris Teeter Original or Free & Clear Laundry Pacs</p> <p>9.99</p> <p>save at least \$2.00 each with your VIC card</p>	<p>12 Double Roll Harris Teeter Soft & Strong Bath Tissue or 2 Triple Roll Ultra Paper Towels</p> <p>2/\$10</p> <p>save big on 2 with your VIC card</p>

check our our hot new items

<p>45 oz. Harris Teeter Mild Salsa</p> <p>4.99</p> <p>save at least \$1.00 each with your VIC card</p>	<p>15 oz. Harris Teeter Sausage Gravy</p> <p>1.79</p> <p>save big with your VIC card</p>	<p>10.4 oz. Harris Teeter Pumpkin Spice Cereal Bars</p> <p>2/\$4</p> <p>save big on 2 with your VIC card</p>	<p>32 oz. Harris Teeter Medium Grain White Rice</p> <p>2/\$4</p> <p>save at least 98¢ on 2 with your VIC card</p>
<p>11 - 12 oz. Farmers Market Pinkglow & Pineapple or Pineapple, Strawberry, Mango Chunks</p> <p>4.99</p> <p>save big with your VIC card</p>	<p>52 - 59 oz. Harris Teeter Raspberry Lemonade</p> <p>2/\$5</p> <p>save at least 50¢ on 2 with your VIC card</p>	<p>48 oz. Harris Teeter Chicken Broth</p> <p>2/\$4</p> <p>save big on 2 with your VIC card</p>	<p>18 ct. Harris Teeter Variety Pack Granola Bars</p> <p>3.49</p> <p>save at least 80¢ each with your VIC card</p>
<p>3 lb. Harris Teeter Oxy Stain Remover Powder</p> <p>8.49</p> <p>save at least \$1.50 each with your VIC card</p>	<p>32 oz. Simple Truth Organic Jasmine Rice</p> <p>3.99</p> <p>save at least 50¢ each with your VIC card</p>	<p>52 oz. Harris Teeter Lite Orange Juice</p> <p>4.49</p> <p>save at least 50¢ each with your VIC card</p>	<p>7 oz. Simple Truth Protein Cereal</p> <p>6.99</p> <p>save at least \$2.00 each with your VIC card</p>
		<p>25.5 oz. Harris Teeter Avocado Oil</p> <p>12.99</p> <p>save big with your VIC card</p>	