



# TOWN SQUARE BUCHANS Colemans

RED RIPE STRAWBERRIES  
US #1 • 1 lb clamshell



**FRESH  
RIB & TENDERLOIN  
PORK LOIN CHOPS**  
6.11 kg  
Family Pack  
Combination

**2<sup>77</sup>**  
lb



**3<sup>99</sup>**

**SWEET BABY  
BELL PEPPERS**  
Ontario #1 • 4 pk

**5<sup>99</sup>**



**DEMPSTER'S HOLSUM BREAD** 570g  
or **HAMBURGER AND HOTDOG BUNS** 6-8 pk • Assorted

**2<sup>99</sup>**

**CATELLI GARDEN SELECT  
PASTA SAUCE**  
600mL • Assorted

**1<sup>88</sup>**

**MCCAIN OVAL  
HASHBROWNS**  
3.5 lb

**5<sup>99</sup>**

**CHAPMAN'S ICE  
CREAM 2 L and  
NOVELTIES 4-28 ct**  
Assorted

**4<sup>49</sup>**

**IMPERIAL MARGARINE**  
400g

**2<sup>88</sup>**

**AQUAFINA WATER** 24x500mL

**7<sup>99</sup>**

**COKE or PEPSI PRODUCTS**  
12x355mL • Assorted

**7<sup>99</sup>**

**ARM & HAMMER  
LAUNDRY  
DETERGENT**  
2.96 L  
Assorted

**HOT DEAL  
7<sup>77</sup>**

**Colemans  
community  
CHAMPIONS**

**Thank you**  
to our sponsors for  
providing generous  
support for local programs!

**ConAgra  
Foods**  
Food you love

**VH COOKING, STIR FRY or DIPPING SAUCES**  
341-355mL • Assorted

**3<sup>27</sup>**

**Dare**

**BRETON CRACKERS**  
172-225g • Assorted

**2/\$5**

**MINUTE MAID, FIVE ALIVE  
or FRUITOPIA 1L • Assorted**

**2/\$4**

**CARNATION  
EVAPORATED MILK**  
354mL • Assorted  
or **FUSSELL'S THICK CREAM**  
170mL

**1<sup>97</sup>**

**E.D. SMITH PIE FILLING**  
540-796mL • Assorted

**4<sup>99</sup>**

**FRASER FARM  
GRAVY AND  
MEATBALLS** 425g

**2/\$5**

**E.D. SMITH TRIPLE FRUIT  
JAMS** 375-500mL  
Assorted

**3<sup>99</sup>**

**ROBIN HOOD FLOUR**  
2.5 kg • Assorted

**5<sup>47</sup>**

**MAXWELL HOUSE GROUND  
COFFEE** 864-900g • Assorted

**19<sup>99</sup>**



Grapes from Chile

EXTRA LARGE RED GRAPES  
Chile #1 • 11.00 kg

4<sup>99</sup>  
lb

MAPLE LEAF  
BABY BAG  
BOLOGNA  
1 kg average

12<sup>99</sup>



CANADIAN AA OR HIGHER  
EYE OF ROUND STEAKS or ROAST  
19.82 kg • Family Pack



8<sup>99</sup>  
lb



SWEET JUICY ORANGES  
Egypt #1 • 3 lb bag

5<sup>99</sup>



FRESH EXPRESS  
COLESLAW or GARDEN  
SALAD US #1  
12-14 oz bag

2<sup>99</sup>



SCHNEIDERS SLICED BACON  
375g • Regular or Low Salt

6<sup>99</sup>



MAPLE LEAF WIENERS  
375g • Assorted

4<sup>99</sup>



BILLY BOOT RECYCLING BAGS  
20 pk • Assorted

3<sup>99</sup>



HEINZ BEANS or PASTA  
398mL • Assorted

2<sup>99</sup>



BETTY CROCKER POTATOES  
180-215g • Assorted

2<sup>99</sup>



LAND & SEA TRADITIONAL  
NEWFOUNDLAND FISH CAKES  
300g

2/\$7

MIRABEL COOKED SHRIMP  
400g • 71-90 ct

10<sup>99</sup>



HUNGRY-MAN DINNER  
360-455g • Assorted

4<sup>99</sup>



MONTANA'S BBQ SAUCE  
350mL • Assorted

4<sup>99</sup>



PRIMO PEAS or BEANS 540mL, or BRUNSWICK SARDINES or  
KIPPER and SEAFOOD SNACKS 92-106g • Assorted

Mix or Match  
2/\$5



MINUTE RICE  
2 kg • Jumbo Pack

9<sup>99</sup>



ARMSTRONG CHEESE BLOCKS 400g or  
SHREDS 300-320g • Assorted

5<sup>99</sup>



JIF PEANUT BUTTER  
1 kg • Assorted

5<sup>99</sup>



MAPLE LEAF VIENNA SAUSAGES 113g, KRAFT KD CUPS 58g or  
STONEY CREEK TOMATOES 796mL • Assorted

Mix or Match  
3/\$5



PURITAN CORNED BEEF HASH  
425g

4<sup>77</sup>



CATELLI PASTA  
375-500g • Assorted

2/\$5



KRAFT CHEEZ WHIZ  
450g • Assorted

4<sup>99</sup>



KRAFT CHEESE SINGLES  
410g • Assorted

5<sup>99</sup>



CASHMERE BATHROOM TISSUE  
12 Double Rolls = 24 Rolls

9<sup>88</sup>