



# FORTINOS®



**4.99** lb pitted prunes  
11.00/kg 20006616\_KG



- ✓ Air Chilled
- ✓ Canadian grown
- ✓ Grain fed

**5.99** lb PC® Blue Menu® boneless skinless chicken breast Club Pack or Mina Halal boneless skinless chicken breast  
13.21/kg 20127962\_KG/21635763\_KG

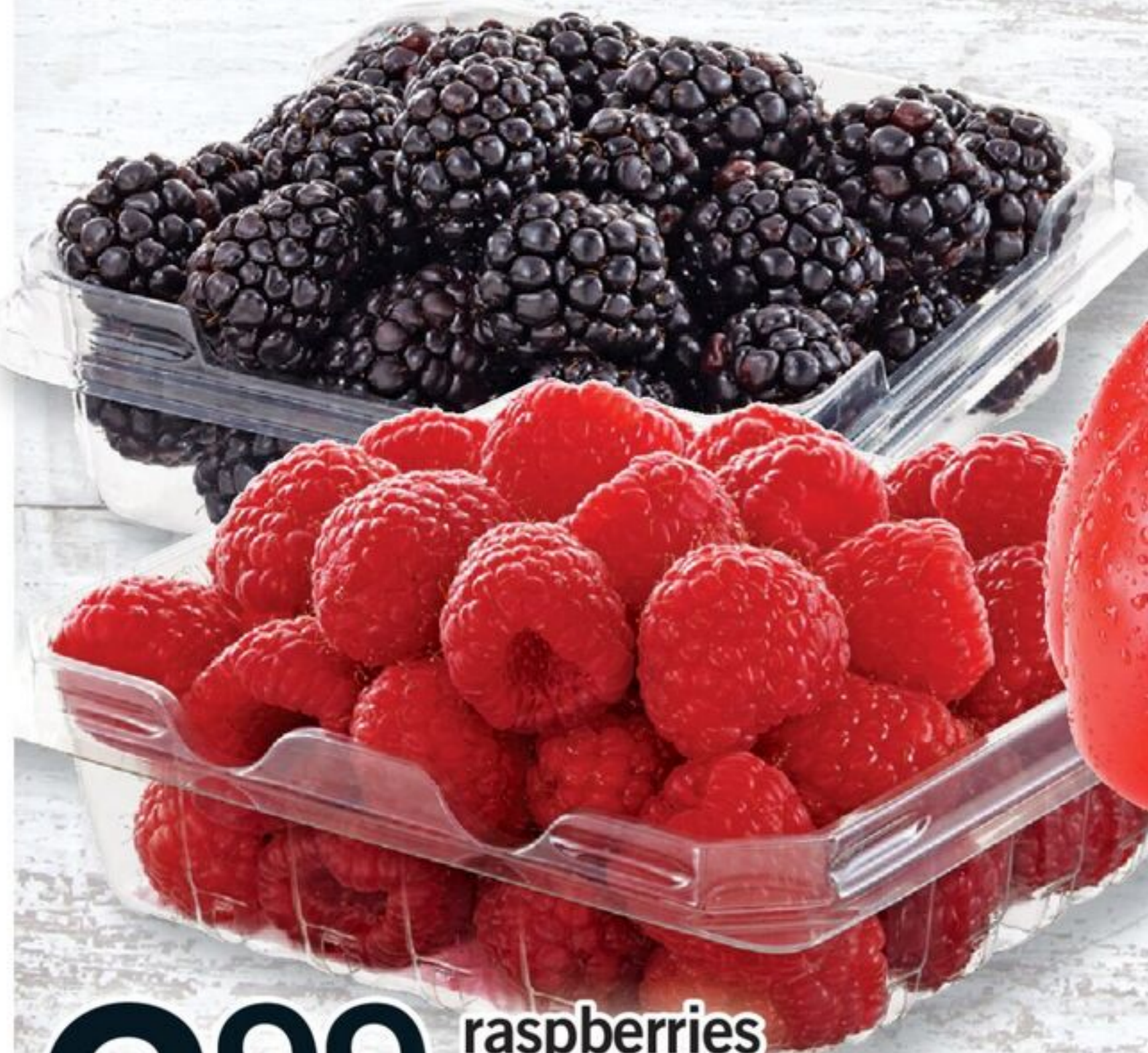


**3.99** lb Ontario Pork boneless pork loin center cut & rib end chops or roasts  
8.80/kg 20827787\_KG



- ✓ Thick Centre Cut
- ✓ NO WASTE
- ✓ Tail, Neck & Belly removed

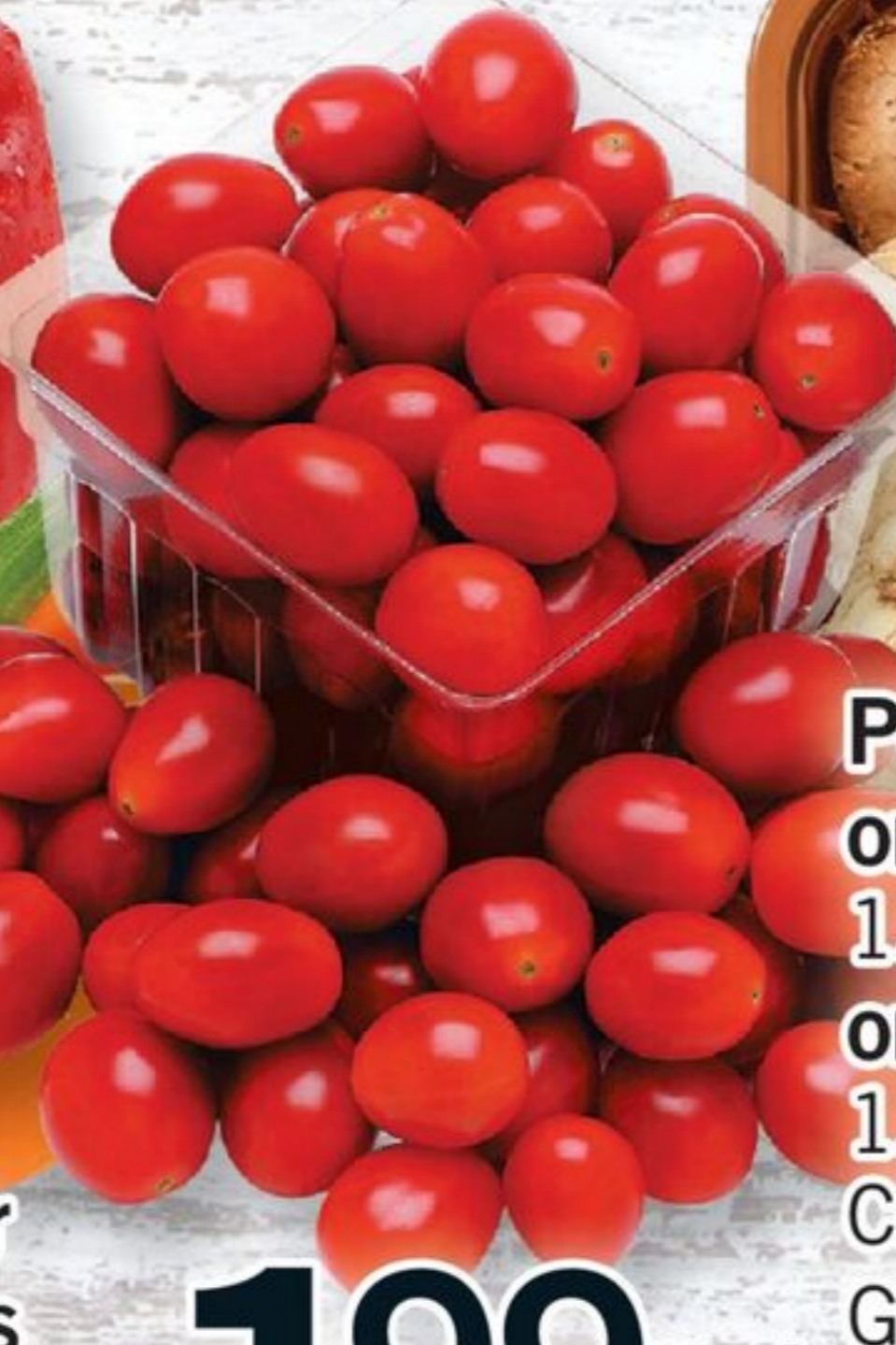
**13.99** lb fresh Atlantic salmon fillet  
30.84/kg 20129990\_KG



**2.99** raspberries or blackberries product of Mexico  
170 g 20128938001\_EA/20051015001\_EA



**2.99** lb jumbo red, orange or yellow sweet peppers product of Ontario or Mexico  
6.59/kg 201166880001\_KG/20007535001\_KG



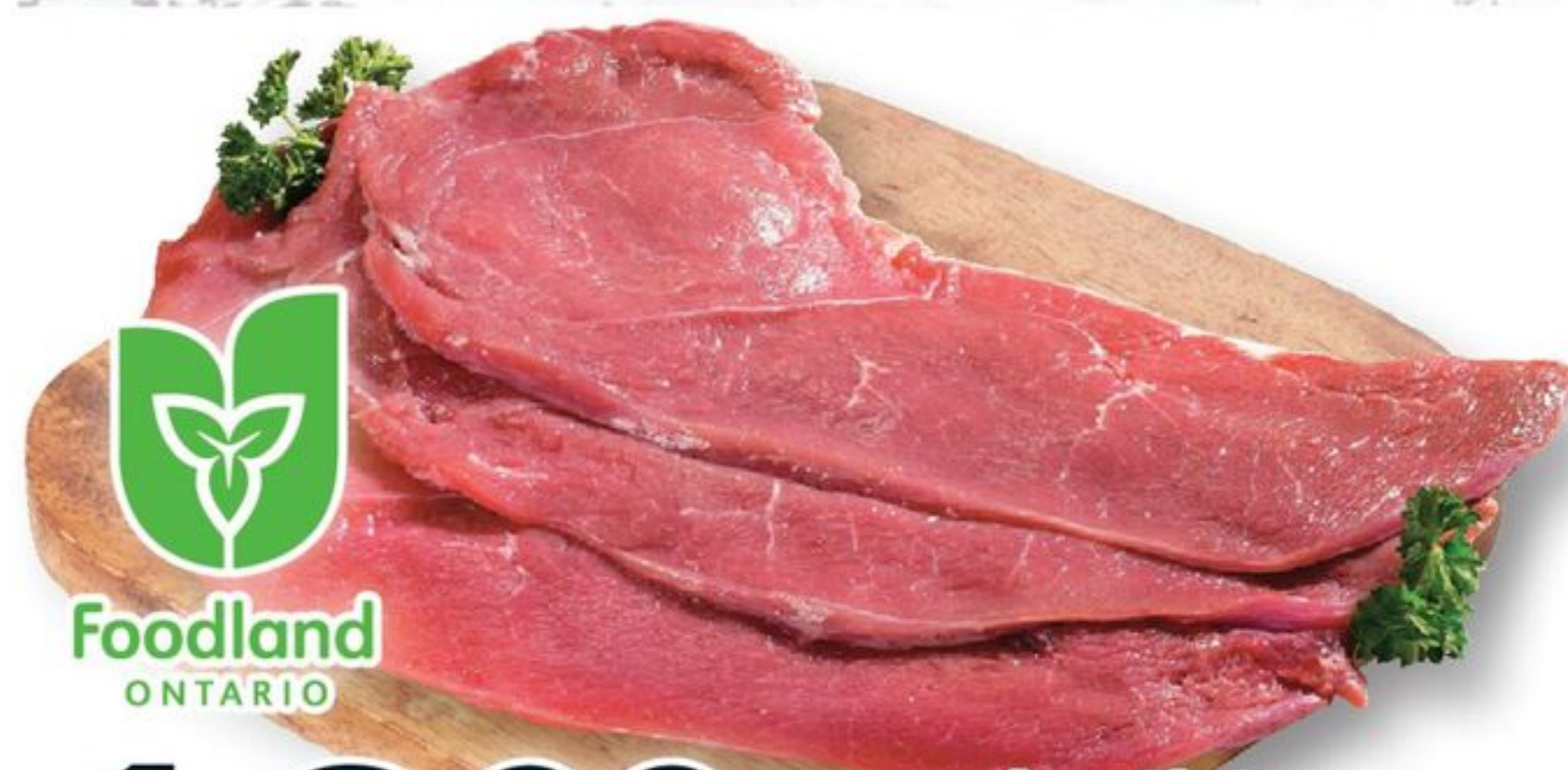
**1.99** lb/ea. grape tomatoes  
4.39/kg 21367888001\_EA/21021565\_EA



PC® Organics whole cremini or white mushrooms 227 g, 1.99 ea., product of Ontario or grape tomatoes 283 g, 1.99 ea., product of Canada, Canada no. 1 grade or Guatemala, no. 1 grade or ginger root 1.99/lb, 4.39/kg product of China or Peru  
21367888001\_EA/21021565\_EA



**9.99** case brown Turkey figs product of Brazil, 800 g average case  
21035252\_EA



**12.99** lb Foodland Ontario veal cutlets bottom round or sirloin tip  
28.64/kg 20844263\_KG

PC® cooked white peeled shrimp 31-40 per lb, frozen  
20791381\_EA

**9.99** 400 g



San Daniele mortadella selected varieties  
20090246\_KG

**7.99** lb 1.76/100 g

Optimum **1,000** pts

Saputo mini Friulano cheese  
20708981\_EA

**9.99** 500 g



**4.99** each Schneiders Juicy Jumbos or smoked sausages 375-450 g, Marcangelo sausages 675 g, Maple Lodge Farms or Zabiha Halal chicken franks 900 g, selected varieties  
20003128\_EA/20770591\_EA



**5.99** 250 g Brandt kolbassa selected varieties



**2.99** each Dempster's bread 675 g, buns 8's, English muffins 6's or 7" tortillas selected varieties  
20147355\_EA/20339353\_EA

PC® 50-50 blend, baby spinach or spring mix salads product of U.S.A.  
21204253\_EA/21204386\_EA

**3.99** 283/312 g



**Neilson**  
1% chocolate milk 750 mL or shakes 310 mL selected varieties  
20766719\_EA/21040942\_EA

**Oikos**  
4's or IOGO nano drink or pouches 4/6's yogurt selected varieties  
20625055\_EA/20609687001\_EA

**Kraft**  
peanut butter 750 g/1 kg or St. Dalfour spreads 225 mL selected varieties  
20039581001\_EA/2029923001\_EA

**3.99** each

**5.99** each

**Ben & Jerry's** or Talenti 473 mL, Breyers ice cream or frozen dessert 1.41 L or Magnum bars 3/4's selected varieties, frozen  
20950739\_EA/21428403\_EA

**Catelli** pasta 300-375 g, No Yolks noodles 340 g, Aylmer tomatoes 540/796 mL or Rotel tomatoes 284 g selected varieties  
20312623001\_EA/20527060\_EA

**Eska** natural spring water 24x500 mL or Coca Cola, Canada Dry, Pepsi or Bubly mini cans 6x222 mL  
20071779\_C24/20354288002\_C06

**Rubicon** organic coconut water 1 L, Grace sundried sorrel 126 g, Nutrament vanilla 325 mL or Rubicon organic coconut water 1 L  
21035421\_EA

**4.99** each

**1.99** each

**3.99** each

**2.49** each

**Rio Mare** tuna selected varieties  
3x65/80 g 20035383\_EA/21639369\_EA

**Imported**  
**Monini** extra virgin olive oil 1 L  
20992432\_EA

**Optimum 500**  
**Christie** cookies 251-271 g  
21358407\_EA/21361512\_EA

**Dr. Oetker** Ristorante or Casa Di Mama pizza selected varieties, frozen  
170-410 g 20296424006\_EA/20852957\_EA

**4.99** each

**12.99** 1 L

**2.79**

**3.49**

**PC®** salad dressing 475 mL, vinaigrette 350 mL, croutons 140 g or salad topper 100 g selected varieties  
2062848006\_EA/20796248002\_EA

**Clorox** bleach 1.18-1.27 L, **Royale Velour** facial tissue 82's or Febreze bathroom each, selected varieties  
21658359\_EA/21283160\_EA

**Huggies** or Pampers diapers selected varieties  
21456748\_EA/21551525\_EA

**PC® Organics** pouches 128 mL or Brothers fruit crisps 10/12 g selected varieties  
20651248003\_EA/21056742\_EA

**Silk** non-dairy beverage selected varieties  
20328231002\_EA/20773777\_EA

**2.49** each

**1.99** each

**29.99** 66-184's

**\$1**

**500**

**3.49** 1.75/1.89 L

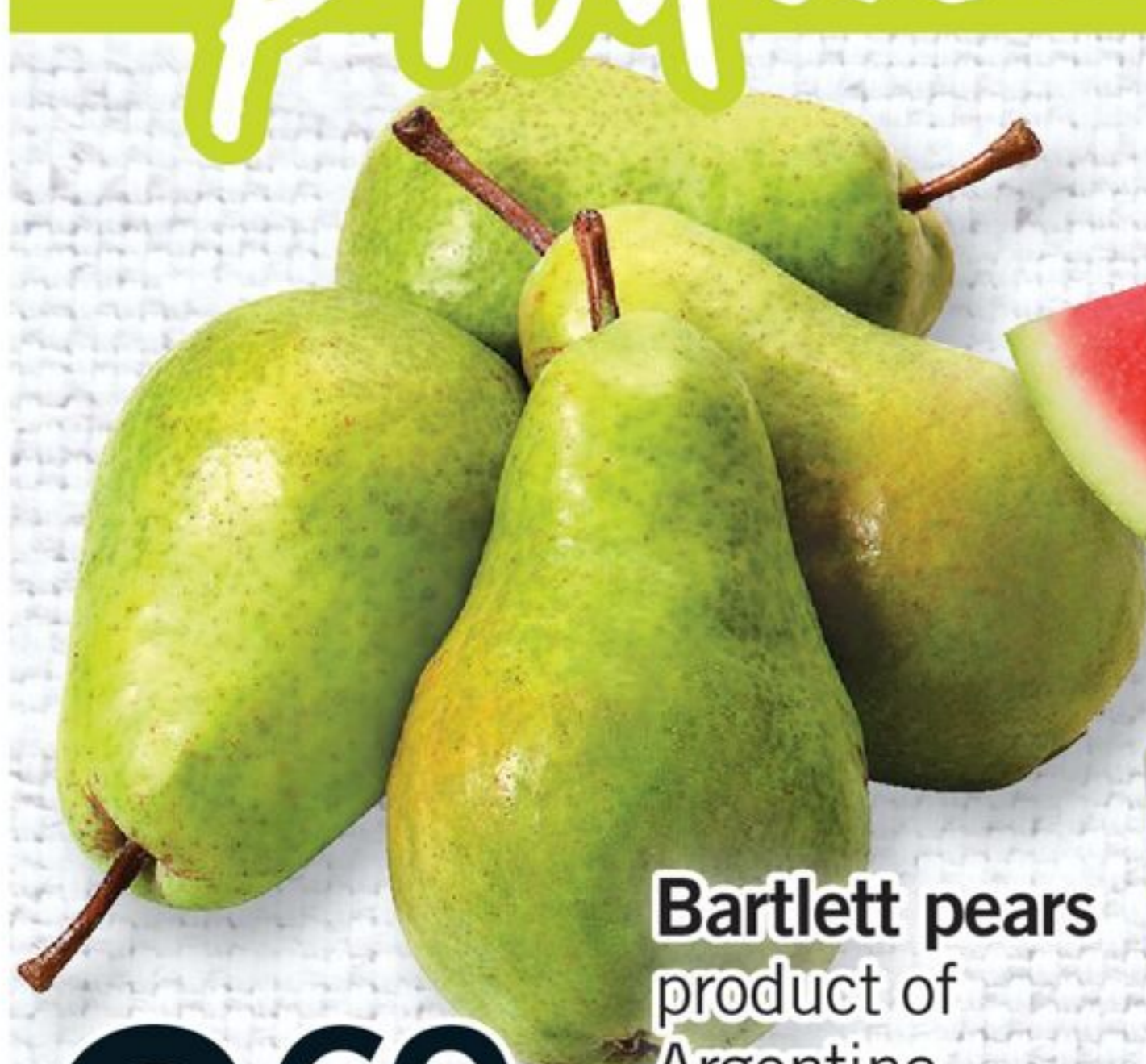
Prices effective at Brampton stores only.

Flyer prices effective from Thursday, April 16th, to Wednesday, April 22nd, 2026

Visit us at [fortinos.ca](https://fortinos.ca). FOLLOW US ON  

Quantities and/or selection of items may be limited and may not be available in all stores. No Rainchecks OR Substitutions on clearance items or where quantities are advertised as limited. Advertised regular pricing and product selection (flavour, colour, patterns, style) may vary by store location. We reserve the right to limit quantities to reasonable family requirements. We are not obligated to sell items based on errors or misprints in typography or photography. Pricing: All references to "Save, Was, Now, Savings, etc.," is in comparison to our own regular prices. Coupons must be presented and redeemed at time of purchase. Savings shown may be greater depending on store location. Applicable taxes, deposits, or environmental surcharges are extra. No sales to retail outlets. To register as a PC Optimum™ member visit [pcoptimum.ca](https://pcoptimum.ca). We are not obligated to award points based on errors or misprints. No cash value. Minimum redemption 10,000 points. These offers cannot be combined with any other coupons, discounts or promotions. Receive the points specified when you spend the qualifying dollar amount on the displayed product (s) and/or category. The trade-marks, service marks and logos displayed in this flyer are trade-marks of Loblaws Inc. and others. ©2026 Loblaws Inc. All rights reserved.

# Produce Nature's Bounty arriving fresh daily!



**269**lb  
5.93/kg

Bartlett pears  
product of  
Argentina,  
Extra Fancy  
grade  
20172240001\_KG

**Prepared  
IN STORE DAILY**

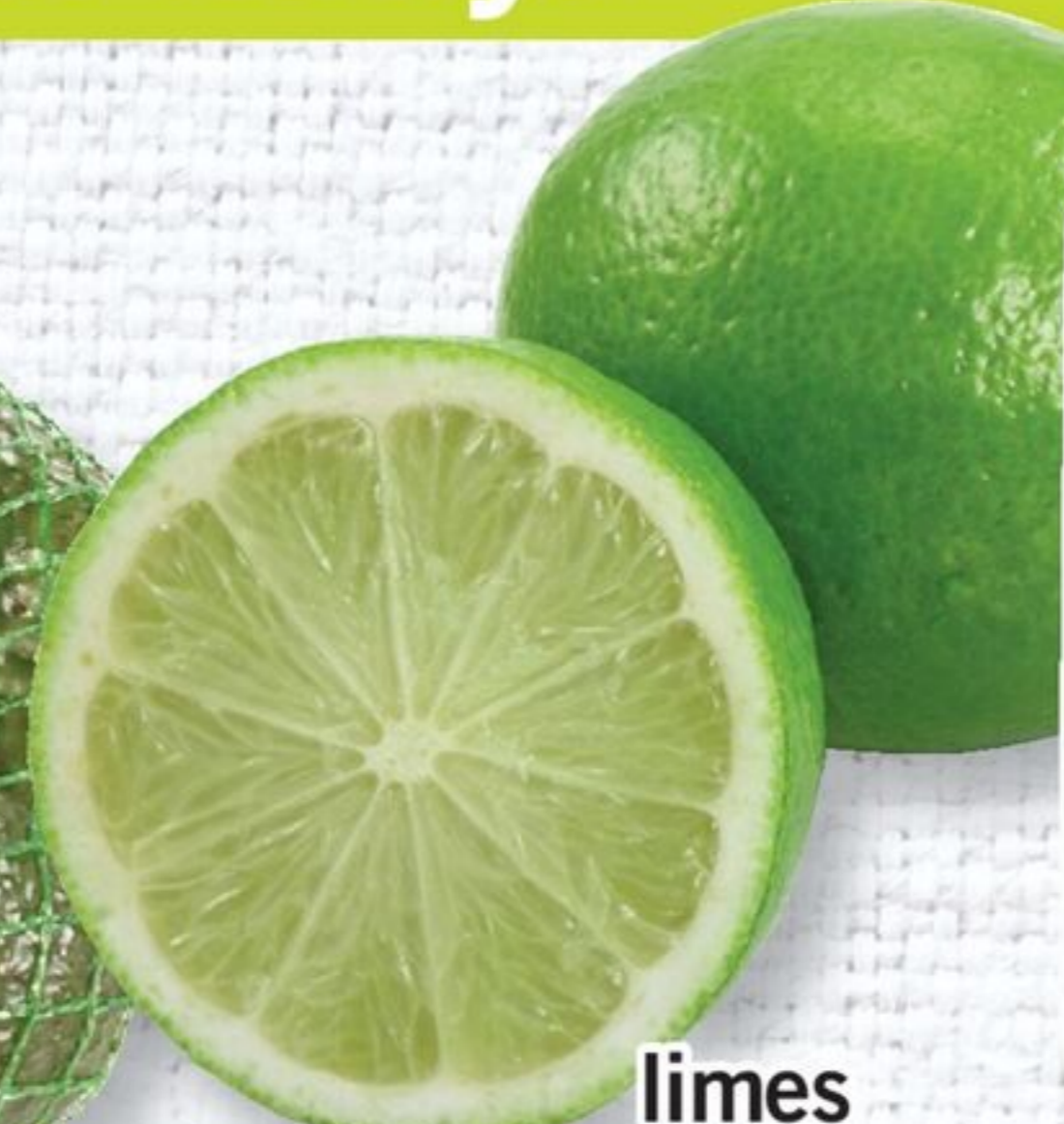
**189**lb  
4.17/kg

seedless  
watermelon cuts  
product of Mexico  
or U.S.A.  
20503182\_KG



**499**  
5's

bagged  
avocados  
product  
of Mexico  
21644936001\_EA



**.79**

limes  
product  
of Mexico  
or Colombia  
each  
20040489001\_EA



**499**  
340 g

PC® greenhouse  
grown strawberries  
product of Ontario,  
Canada no. 1 grade  
21027142001\_EA



**299**lb  
6.59/kg

Heirloom tomatoes  
product of Ontario,  
Canada no. 1 grade  
20154799001\_KG



**399**  
6's

mini cucumbers  
product of Ontario,  
Canada no. 1 grade  
20737570001\_EA



**.99**lb  
2.18/kg

green cabbage  
product of Canada,  
Canada no. 1 grade  
20793034001\_KG



**399**  
3 lb

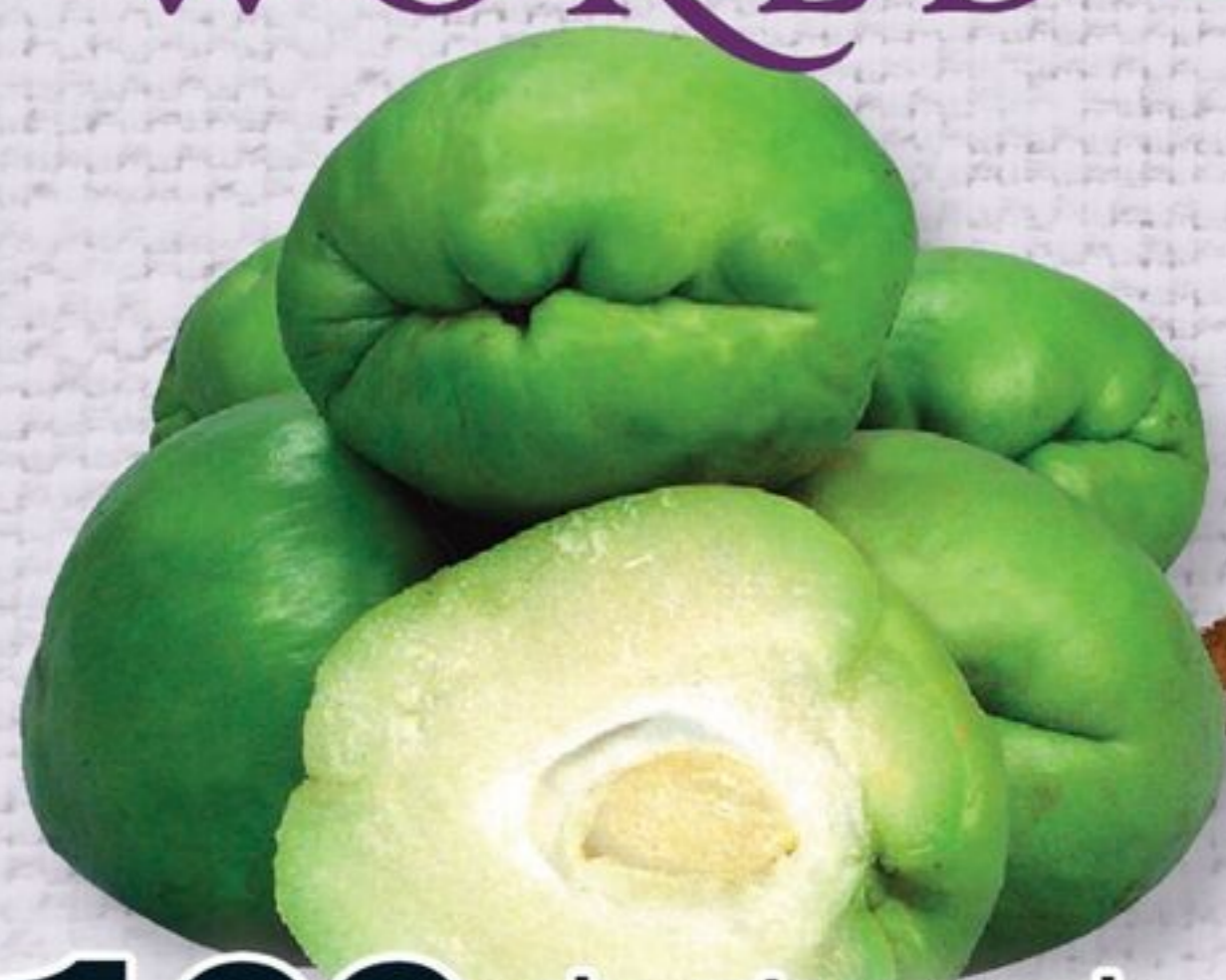
yellow onions  
product of Canada,  
Canada no. 1 grade  
20811994001\_EA



**399**  
227 g

shishito peppers  
product of Mexico  
21111986001\_EA

## WORLD OF FLAVOURS



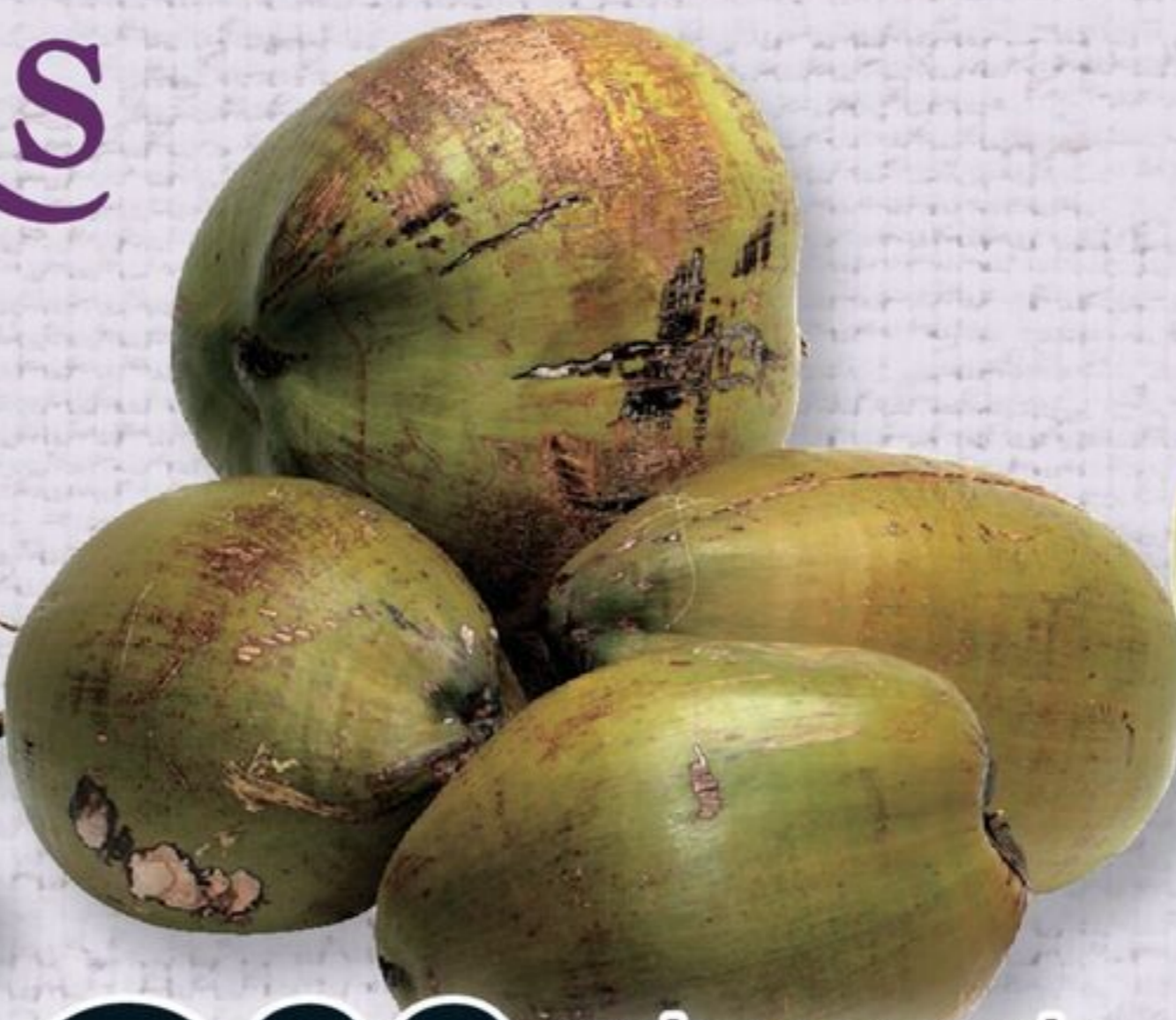
**129**  
each

chayote squash  
product of  
Costa Rica  
20167837001\_EA



**149**lb  
3.28/kg

cassava  
product of  
Costa Rica  
20087682001\_KG



**299**  
each

water coconuts  
product of  
Costa Rica  
20707992001\_EA



**499**lb  
11.00/kg

guava  
product of Egypt  
20162500001\_KG



**199**lb  
4.39/kg

long eggplant  
product of  
Honduras  
20159013001\_KG

## Pick Organic Over 150 items available every day!

100% carrot  
juice!

Greenhouse  
organic carrot juice  
product of Ontario  
21700109\_EA

**599**  
900 mL



**489**  
100 g

PC® Organics  
shiitake  
mushrooms  
product of Ontario  
20626629\_EA



**449**  
454 g

organic limes  
product  
of Mexico  
or Colombia  
20435942001\_EA



organic  
genovese basil  
product of Ontario  
21521330001\_EA

**699**  
5.5" pot



**699**  
170 g

organic  
blueberries  
product of Mexico  
or Peru, no. 1 grade  
20625647001\_EA

# Administrative Professionals Day

Wednesday, April 22



mixed bouquets  
21549450\_EA

**\$20-50** each

store made  
fresh arrangements  
20183189\_EA

starting at  
**39<sup>99</sup>** each

Say 'thinking of you' with this new carry tote, packed with love. Flowers in a glass vase, a beverage and chocolate bar.

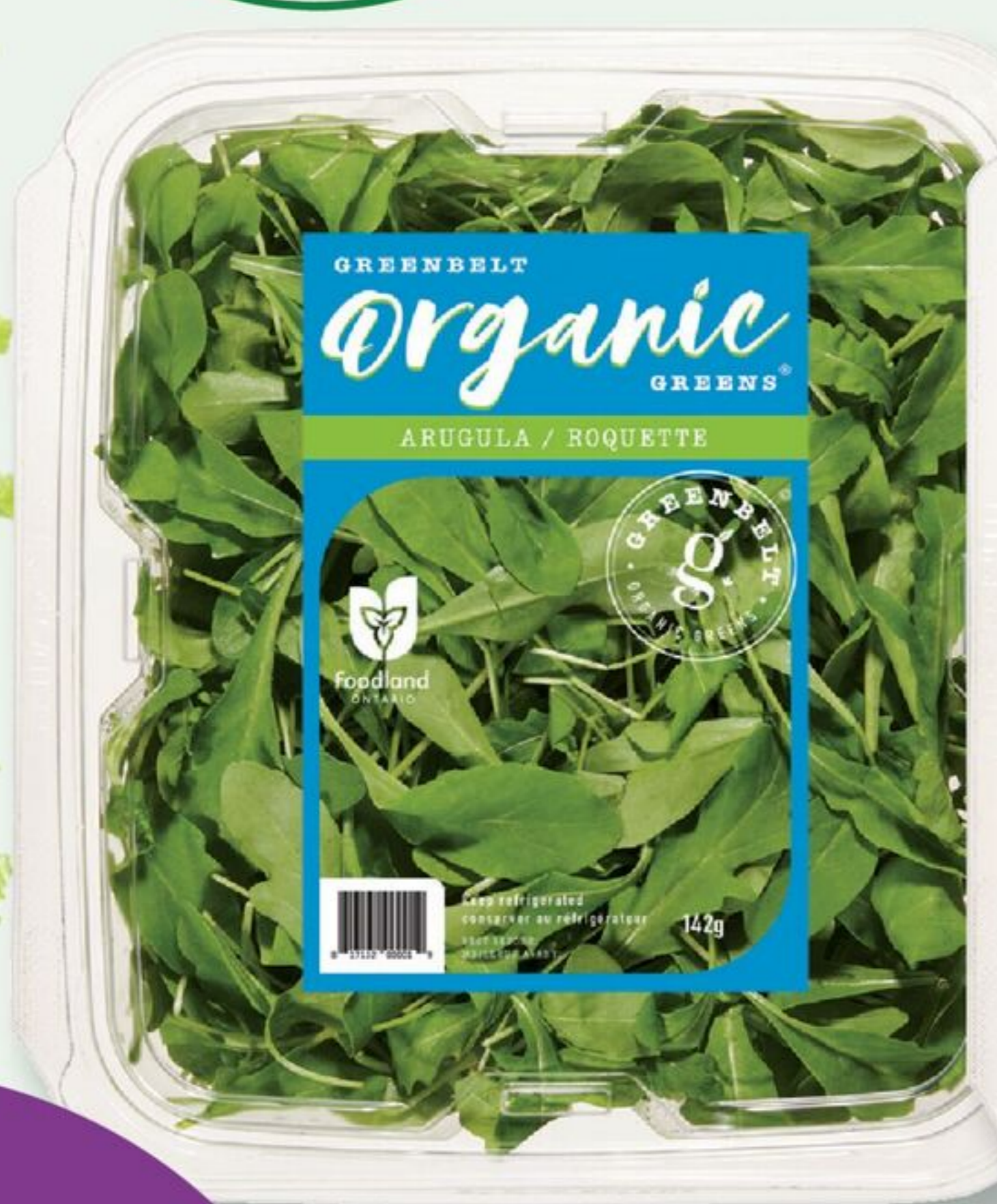


**NEW**

**29<sup>99</sup>** Bloom and Brew holder  
each 21739307\_EA



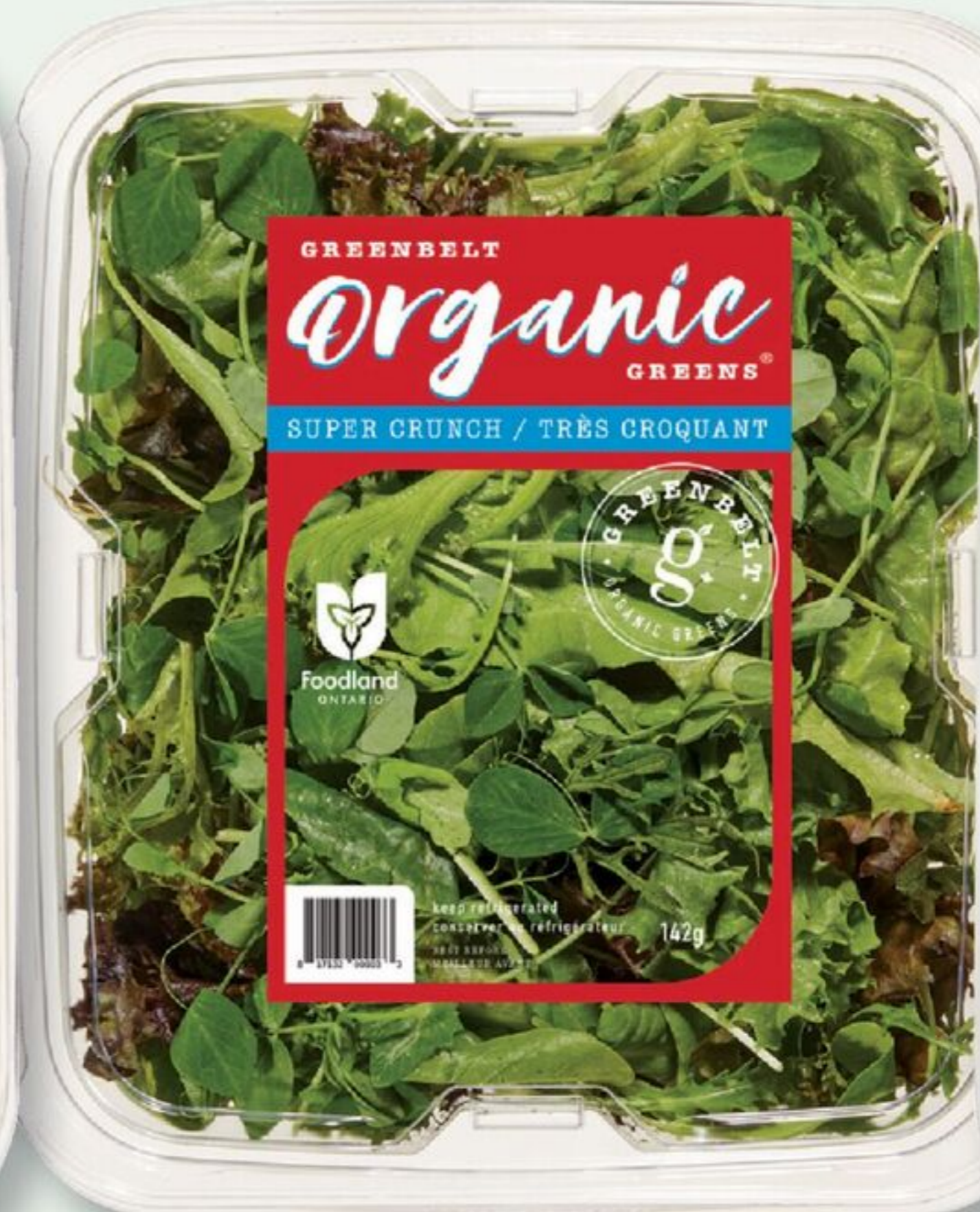
Located west of Hamilton, Greenbelt produces quality, organic greens year round. Their greenhouses operate on a small environmental footprint, running on solar and biomass energy. Certified organic, these greens are grown and harvested with optimal care ensuring quality and freshness.



**Organic Arugula**  
21469982\_EA



**Organic Fresh Mix**  
21469983\_EA



**Organic Kale Crunch**  
21470201\_EA



**Organic Romaine**  
21665112\_EA

**549**  
142 g

# Meat

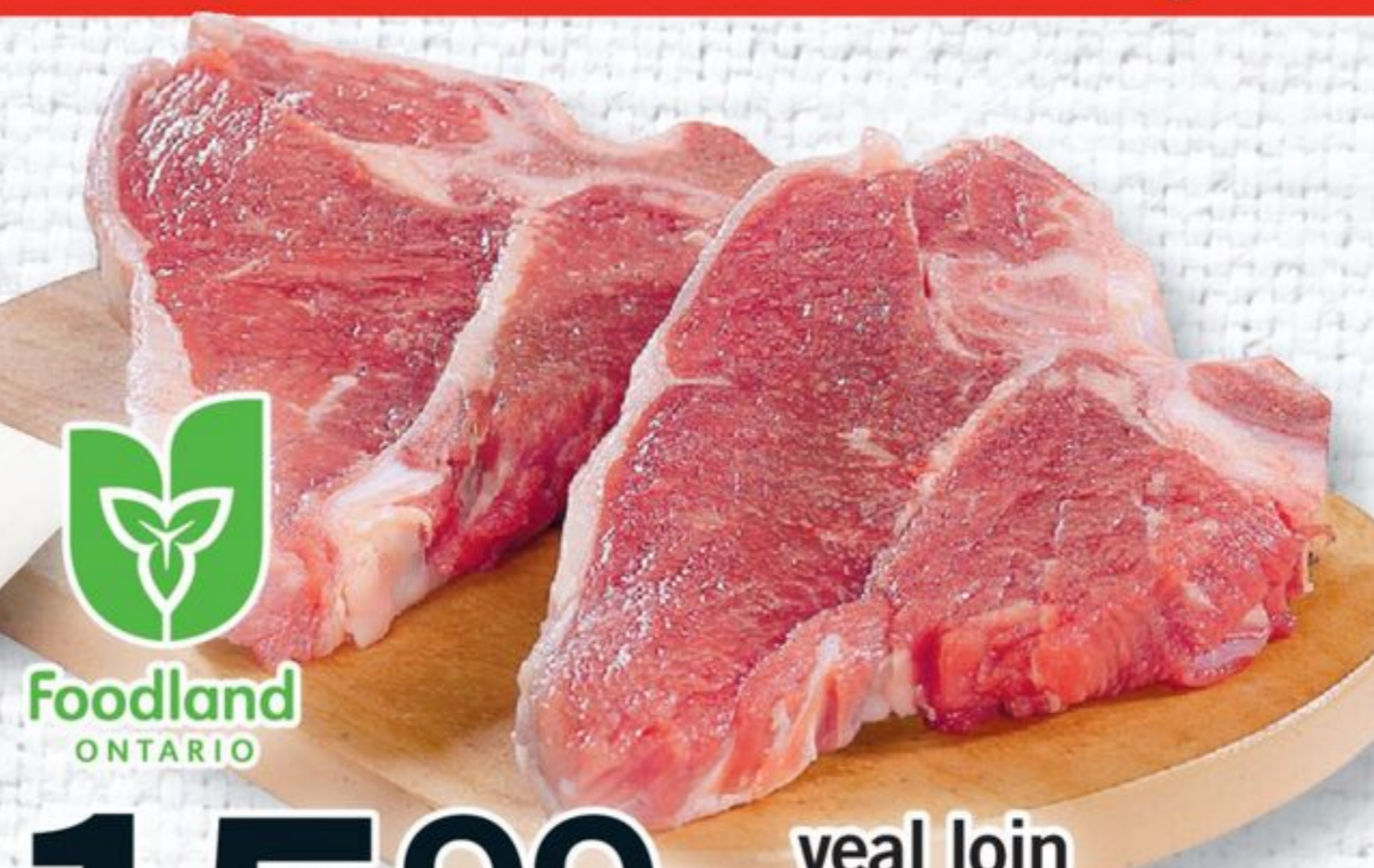
FULL SERVICE BUTCHER • Custom cuts your way!



**11.99** lb  
26.43/kg  
veal stew boneless  
20859401\_KG



**9.99** lb  
22.02/kg  
lean ground veal  
20856914\_KG



**15.99** lb  
35.25/kg  
veal loin or rib chops selected varieties  
20843510\_KG



**6.99** lb  
15.41/kg  
Fortinos barese sausage  
21201336\_KG



Yorkshire Valley Farms whole chicken  
21374664\_KG

**5.99** lb  
13.21/kg



**9.99**  
454 g  
Yorkshire Valley Farms organic extra lean ground chicken  
21100070\_EA

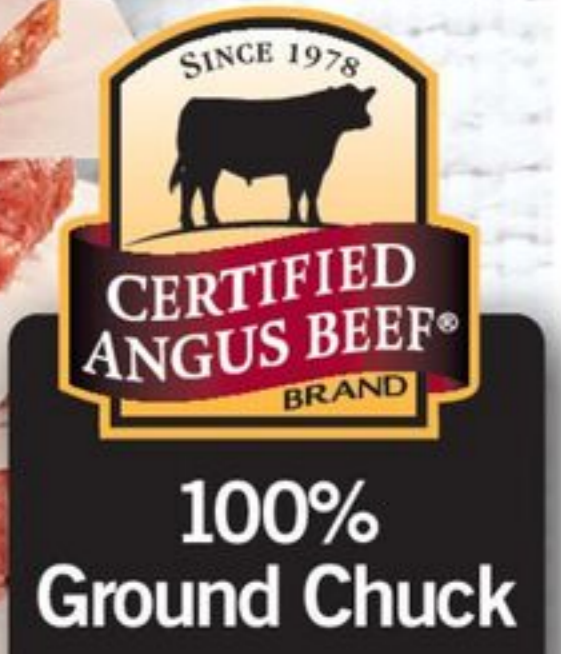


**8.49**  
400/450 g  
Fortinos Grande pork, Grande turkey, Italian style or turkey meatballs  
21071791\_EA



Fortinos fresh burgers salt & pepper, garlic & worcestershire, bacon or cheddar  
20869944\_EA

**5.99**  
227 g



100% Ground Chuck



**8.99**  
375/454 g  
Lou's peameal bacon selected varieties  
20133609\_EA/20285088\_EA



**15.99** each  
Swiss Chalet BBQ pork back ribs 600 g or Montana's BBQ pork back ribs 650 g selected varieties, fully cooked  
21022221\_EA/21203458\_EA



PC® or Blue Menu® Thick & Juicy™ burgers chicken or turkey, frozen  
20155317\_EA/20956689\_EA

**18.99**  
1.13 kg



Royal Meats Royal chevaps beef & lamb, chicken or pork & beef, frozen  
21188906\_EA/21188951\_EA

**15.99**  
800 g/1 kg

# Seafood Now In Season!



Found in the cold waters of the Pacific, halibut is prized for its mild, firm white meat. Fantastic brushed with oil and grilled.



**27.99** lb  
61.72/kg  
Pacific fresh halibut steaks  
20853054\_KG



Pacific fresh halibut fillets  
20853055\_KG

**29.99** lb  
66.12/kg

Spring marks its passage with the start of the Pickerel season! This fresh water fish from Lake Erie has a sweet taste and mild flakey texture.



Great, pan fried!

**15.99** lb  
35.25/kg  
fresh pickerel fillet  
20138948\_KG



# Montreal-style Bagels

Our bagels are first boiled in honey water, then baked in our gas-fired ovens giving each bagel a light crust and dense, chewy interior.

✓ Made Fresh Daily  
✓ Over 20 varieties

CLICK HERE



a proud FORTINOS recipe

**1.59** each  
single bagel  
20091255\_EA



Optimum  
**1,500** pt  
**7.99** each  
6 pack bagels  
21395466\_EA



## Deli

From Our Chefs  
deli meat  
selected varieties,  
deli sliced or shaved  
21696032\_KG

**19.99** lb  
4.41/100 g



**13.99**  
375-400 g  
Maple Leaf  
Natural Selections  
sliced deli meat  
selected varieties  
20772015\_EA/20772016\_EA



**6.99**  
200 g  
Tre Stelle bocconcini  
selected varieties  
20024992\_EA/20318663\_EA



**6.99**  
125 g  
buffalo mozzarella  
or burrata  
21189924\_EA/21190677\_EA



PC® Natural Choice®  
strips  
selected varieties  
20786418\_EA/20787394\_EA  
**12.99**  
300/375 g



Henry's tempeh  
selected varieties  
21719268\_EA  
**7.99**  
200/250 g



**7.99**  
170 g  
Bothwell cheese  
selected varieties  
21184024\_EA



**4.29**  
170 g  
PC® naan crisps  
21683375\_EA/21683470\_EA

Disney · PIXAR

# FREE STICKER PACK FOR EVERY \$25 SPENT\*

**\$5** UNIQUE ALBUM

\*WHILE SUPPLIES LAST FROM APRIL 9TH UNTIL MAY 6TH, 2026. EXCLUSIONS APPLY. VISIT WWW.LOBLAWUNIVERSE.CA OR IN-STORE FOR EXCLUSIONS AND COMPLETE OFFER DETAILS.

©Disney ©Disney/Pixar

**Core Power**  
21731701\_EA/21731654\_EA

**4.99**  
414 mL

**Classico pasta sauce**  
selected varieties  
20325609003\_EA/21618217\_EA

**4.49**  
410/600 mL

**PHILADELPHIA ORIGINAL**  
CREAM CHEESE  
FROMAGE À LA CRÈME

**4.79**  
227/250 g

Philadelphia cream cheese  
selected varieties  
20299760001\_EA/20641267\_EA

**MOTT'S Fruittation**  
ASSORTED FRUIT - FRUITS ASSORTÉS

**NATURE VALLEY CRUNCHY**  
OATS 'N' HONEY

**Betty Crocker Cinnamon Toast Crunch**  
TREATS

**3.49**  
each

Nature Valley granola bars 120-230 g,  
Betty Crocker or Motts fruit snacks  
128-226 g, selected varieties  
20686716001\_EA/21644476\_EA

**CATELLI**  
WHOLE GRAINS ENTIERS

**1.99**  
340-375 g

Catelli pasta  
selected varieties  
20312623001\_EA/20527060\_EA

**Milk 2Go**  
selected varieties  
21065263\_EA

**4.99**  
6x200 mL

**CRAVE**  
BUFFALO CHICKEN  
MACARONI & CHEESE

**5.49**  
200-340 g

Crave entrées  
selected varieties,  
frozen  
21177052\_EA

**Dr. Oetker GIUSEPPE**  
STUFFED CRUST PIZZA  
PEPPERONI

**7.99**  
each

Dr. Oetker Suprema  
pizza 475-520 g  
or Giuseppe Stuffed  
Crust pizza 685-771 g  
selected varieties, frozen  
21555844\_EA/21649640\_EA

**Coca-Cola**  
ZERO SUGAR

**8.49**  
12x355 mL

Coca-Cola  
or Canada Dry  
soft drinks  
selected varieties  
20318694001\_C12/20318694002\_C12

**OLDEL PASEO**  
SOFT TORTILLAS  
SOUPILES

**3.49**  
125-334 g

Old El Paso  
shells or tortillas  
selected varieties  
20306992001\_EA/20314171001\_EA

**Royale**  
Tiger towel

**12.99**  
3=6 rolls

Royale  
Tiger towels  
21484702\_EA

**sparkling WATER**

**5.99**  
12x355 mL

PC® or  
PC® Blue Menu®  
sparkling water  
selected varieties  
21194356\_C01/21306051\_C01

**CLIF BAR**

**9.99**  
5x68 g

Clif energy bar  
selected varieties  
21664843\_EA/21664823\_EA

**SNYDER'S OF HANOVER**  
Mini Pretzels / Bouchées

**3.49**  
240/340 g

Snyder's pretzels  
selected varieties  
20316052003\_EA/20316052004\_EA

Disney · PIXAR

# FREE STICKER PACK FOR EVERY \$25 SPENT\*

**\$5** UNIQUE ALBUM

Disney · PIXAR  
**ANIMAL FRIENDS** STITCH  
COLLECT AND DISCOVER INTERESTING ANIMAL FACTS

©Disney ©Disney/Pixar

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PC® kettle cooked, Loads Of™ or World of Flavours potato chips selected varieties

2084091\_1002\_EA/20841921001\_EA

**250**  
200 g

Goldfish crackers selected varieties

20300320\_EA/21575178\_EA

**299**  
156-227 g

Kellogg's family size cereal selected varieties

21449784\_EA/21651947\_EA

**699**  
450-650 g

Royale bathroom tissue selected varieties

21187145\_EA/21572800\_EA

**1299**  
15=30 rolls

Starbucks Nespresso Vertuo capsules selected varieties

21398289\_EA/21520565\_EA

**1299**  
8's

Healthy Choice frozen entrées selected varieties, frozen

20974538\_EA/21041002\_EA

**549**  
259-283 g

Nestlé chocolate singles selected varieties

20066954\_EA/20306258\_EA

**179**  
33-52 g

Cadbury chocolate pouches selected varieties

21648537\_EA/21650494\_EA

**599**  
144-200 g

Maison Perrier sparkling water selected varieties

21576328\_C08/21576465\_C08

**849**  
8x330 mL

Taco Bell sauce selected varieties

21661787\_EA/21661788\_EA

**349**  
207 mL

Fuze iced tea or Peace tea selected varieties

21645443\_C12/21645563\_C12

**849**  
12x341 mL

Nescafé espresso concentrate selected varieties

21665027\_EA/21665148\_EA

**899**  
500 mL

Pillsbury pizza pops, toaster strudel or scrambles selected varieties, frozen

20172664001\_EA/21435996\_EA

**349**  
204-280 g

Coke Classic glass bottle

2004838001\_C06

**699**  
6x237 mL

GET  
BONUS  
STICKERS

# WHEN YOU BUY THESE PARTICIPATING OFFERS\*

SPEND \$9\*

On select Milk 2 Go and get one bonus sticker pack.

21065263\_EA/21537885\_EA



SPEND \$10\*

On Cheerios, Oatmeal Crisp, Nature Valley, Old El Paso, Pillsbury, or Annie's products and get one bonus sticker pack.

21103495\_EA/21714114\_EA



SPEND \$10\*

On select Kraft, Heinz, Philadelphia, Maxwell House, Nabob, Tassimo, Taco Bell, Classico, Garden Select, Crave, Bagel Bites, MiO, Crystal Light, Jell-O, Renee's, Bull's-Eye, Diana products and get one bonus sticker pack.

20866924010\_EA/20039581001\_EA



SPEND \$10\*

On select Nescafe, Starbucks coffee, or Maison Perrier beverage products and get one bonus sticker pack.

20873036\_EA/21576465\_EA



SPEND \$10\*

On PC® Blue Menu products and get one bonus sticker pack.

20057669001\_EA/20923627\_EA



SPEND \$10\*

On select PC® or no name® chips, popcorn, or pretzels and get one bonus sticker pack.

21686998\_EA/20840911004\_EA



SPEND \$12\*

On select Campbell's ready to serve soups 515 ml, Habitant soup 796 ml, Snyder's pretzels 240 g, Chunky 515 ml, Goldfish crackers or Snack Factory crisps 200 g and get one bonus sticker pack.

20300320\_EA/20948940\_EA



SPEND \$15\*

On select Coca-Cola, Canada Dry, Sprite, A&W, Fanta, Fresca, Vitaminwater, Smartwater, Core Power, Peace Tea, Fuze, Monster energy, Powerade or Body Armor and get one bonus sticker pack.

20853723\_EA/20318694002\_EA



SPEND \$15\*

On select Cracker Barrel, Black Diamond, IOGO, Astro or Lactantia products and get one bonus sticker pack.

21290705\_EA/20986474\_EA



SPEND \$15\*

On select Christie crackers, Christie cookies, Cadbury, Halls or Clif energy bars and get one bonus sticker pack.

21520747\_EA/20686037\_EA



SPEND \$15\*

On select Royale paper products and get one bonus sticker pack.

21484702\_EA/21378233\_EA



\*WHILE SUPPLIES LAST. WHEN YOU SPEND REQUIRED AMOUNT ON SELECT PRODUCTS BEFORE APPLICABLE TAXES IN A SINGLE TRANSACTION AND GET ONE (1) BONUS STICKER PACK. NO CASH VALUE. CANNOT BE COMBINED WITH ANY OTHER COUPONS OR PROMOTIONAL OFFERS. NO SUBSTITUTIONS, REFUNDS, EXCHANGES OR RAINCHECKS ON FREE BONUS CARD PACK. PURCHASE MUST BE MADE IN SAME TRANSACTION TO QUALIFY. WE RESERVE THE RIGHT TO LIMIT QUANTITIES TO REASONABLE REQUIREMENTS. OFFER VALID UNTIL MAY 6, 2026.

# Administrative Professionals Day

Wednesday, April 22



**12<sup>99</sup>**  
10 stems  
cut tulips  
assorted colours  
20180973\_EA

store made  
fresh arrangements  
20183189\_EA

starting at  
**39<sup>99</sup>**  
each



**NEW**

Bloom and Brew  
holder  
21739307\_EA

Say 'thinking of you' with this  
new carry tote, packed with love.  
Flowers in a glass vase, a beverage  
and chocolate bar.

**29<sup>99</sup>**  
each



**19<sup>99</sup>**  
each  
petite bouquet  
20680462\_EA



**39<sup>99</sup>**  
each  
envelope  
arrangement  
21750037\_EA



Aquatico  
tulip vase  
21565168\_EA

**22<sup>99</sup>**  
each



large Everyday  
arrangement  
\$35 each

**\$21**  
each  
small Everyday  
arrangement  
21590835\_EA/21590921\_EA

# Earth Day Wednesday, April 22 · AIR PLANTS



**16<sup>99</sup>**  
each  
Sticking Around planter  
21742656\_EA

Home Tweet  
Home  
21742675\_EA

**21<sup>99</sup>**  
each



Tillandsia Driftwood  
in Kinsey  
21746636\_EA

**39<sup>99</sup>**  
each





## Grab & Go Sandwiches

Made fresh in store with  
PANE Fresco breads!

5 varieties!

ham & cheese sandwich,  
tuna salad sandwich,  
egg salad sandwich,  
chicken salad sandwich,  
tomato & cheese sandwich

21186299\_EA

**5.49**  
each

## Grab & Go Soups

13 varieties!



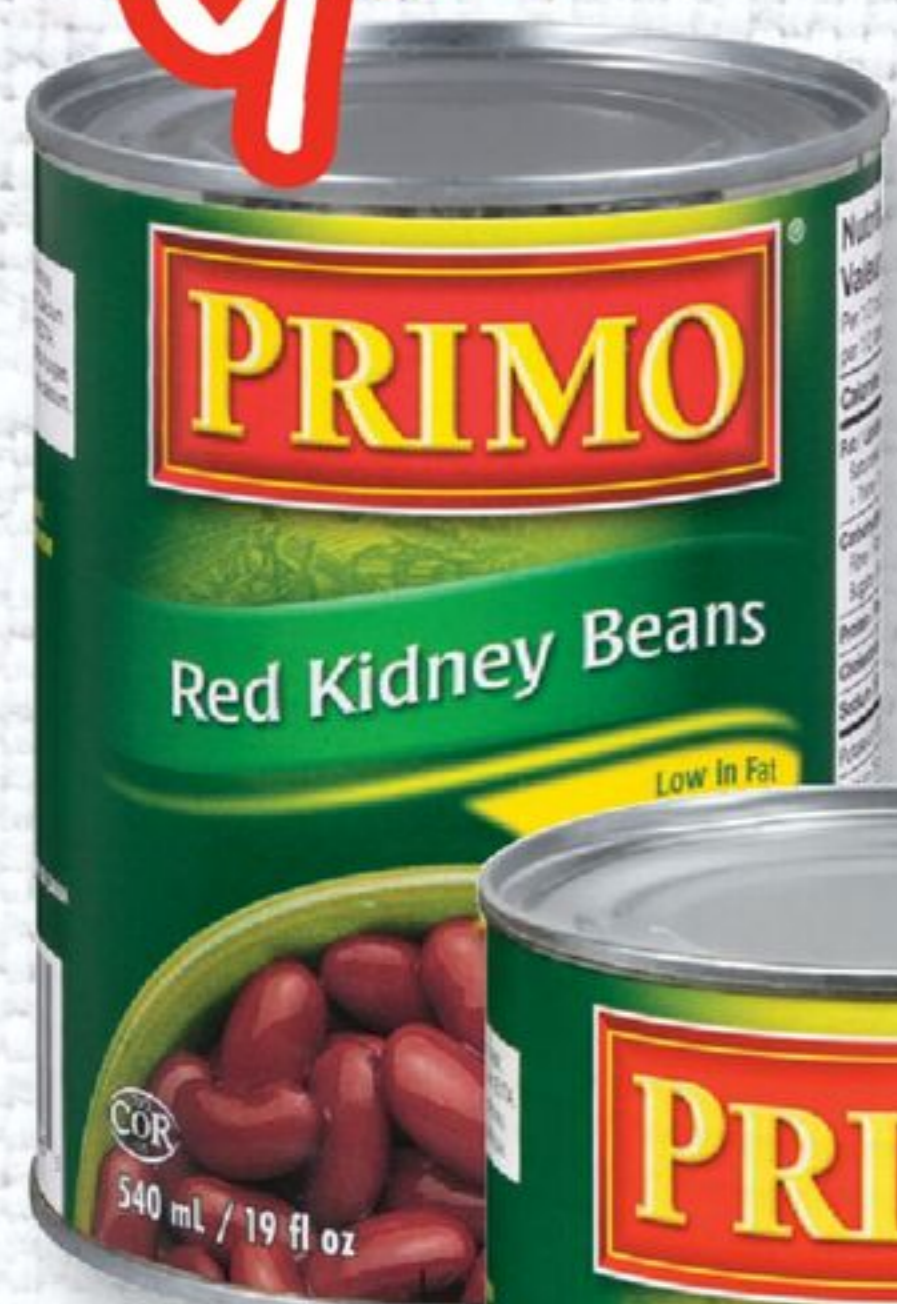
PANE Fresco  
family-sized chilled Soup To Go

Tomato Basil, Turkey Chili, Lentil and Potato, Mediterranean Lentil,  
Chicken Broth, Carrot Ginger Low Sodium, Vegetable Chili Low Sodium,  
Chicken Quinoa, Mushroom, Thai Squash, Jambalaya,  
Sausage & Lentil or Cabbage Roll

**9.79**  
900 mL

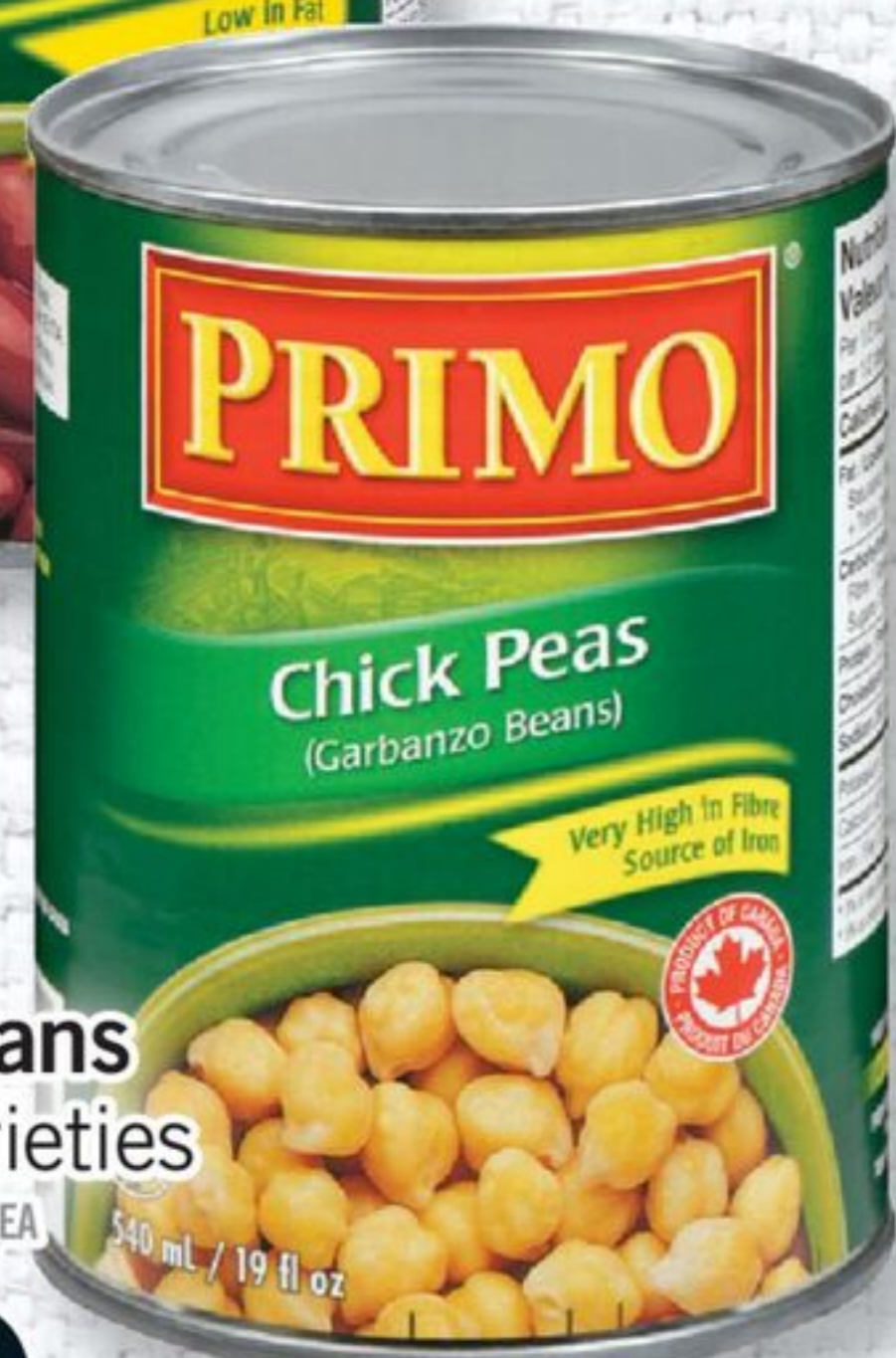
21345574\_EA, 21345577\_EA

# Grocery



Primo  
canned beans  
selected varieties

**159**  
540 mL



De Cecco  
pasta 454 g  
or Unico  
passata 680 mL  
selected varieties

**279**  
each



Grissol  
baguettes,  
canape or  
melba toast  
selected varieties

**349**  
120-200 g



**349**  
1.75 L



Fruitopia or  
Peace Tea beverage  
selected varieties



Glaceau  
Smartwater  
selected varieties

**299**  
1 L



McCain  
pizza pocket  
selected varieties,  
frozen, 540/600 g

**799**  
each



MUSH  
overnight oats  
selected varieties

**279**  
141 g



Carbone  
sauce  
selected varieties

**1199**  
660 mL



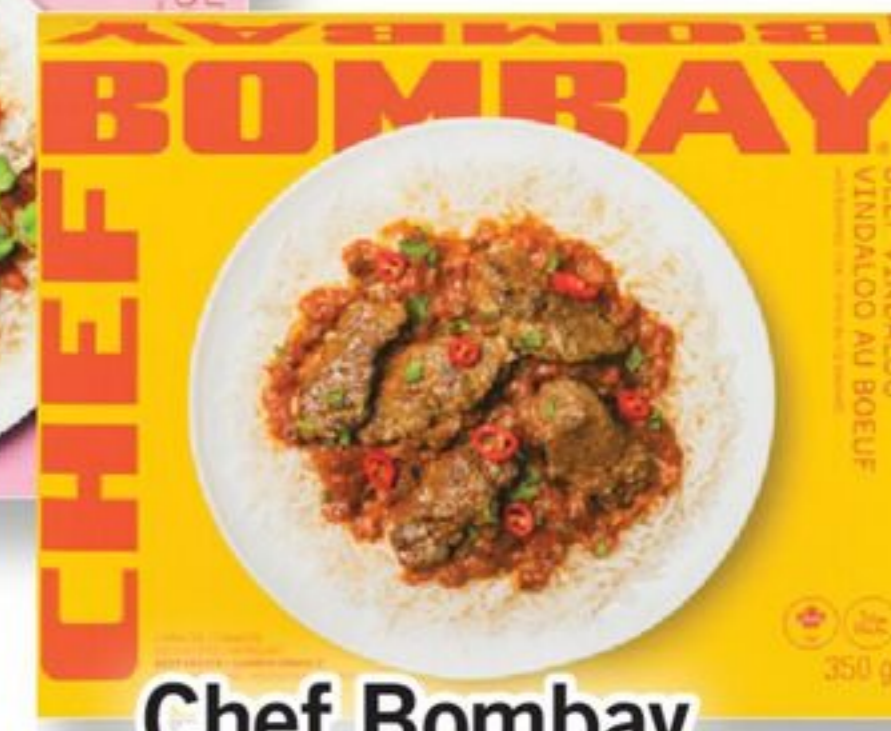
Natrel  
flavoured cream  
selected varieties

**649**  
1 L



Chef Bombay  
entrées or snacks  
selected varieties,  
frozen

**599**  
240-354 g



P.F. Chang's  
sauces  
selected varieties

**499**  
350 mL



Mott's Clamato  
cocktail  
selected varieties

**449**  
1.89 L



Hellmann's Real  
mayonnaise

**999**  
1.42 L



ReaLemon  
lemon juice

**429**  
945 mL



Bonne Maman  
jam 250-290 mL  
or spreads  
250-380 g  
selected varieties

**699**  
each



Kashi bars  
or Kellogg's  
homestyle Rice  
Krispies squares  
selected varieties,  
175-200 g

**449**  
each



Rude Mama  
Vietnamese  
hot sauce

**1099**  
285 mL



Vector  
granola 311 g or  
Cora waffle  
or pancake  
mix 700 g

**599**  
each



Coors Edge  
non-alcoholic  
beer  
6x355 mL

**999**  
each



Kicking Horse  
coffee K-Cups  
selected varieties

**1449**  
10's





# Authentic fan-favourite Asian food!



**1288** T&T® hot pot rolls selected varieties  
340 g  
21570350\_EA/21570410\_EA



**148** T&T® tropical cakes selected varieties  
180 g  
20826092\_EA/20826537\_EA



**298** T&T® cookies  
168-304 g  
21049626\_EA



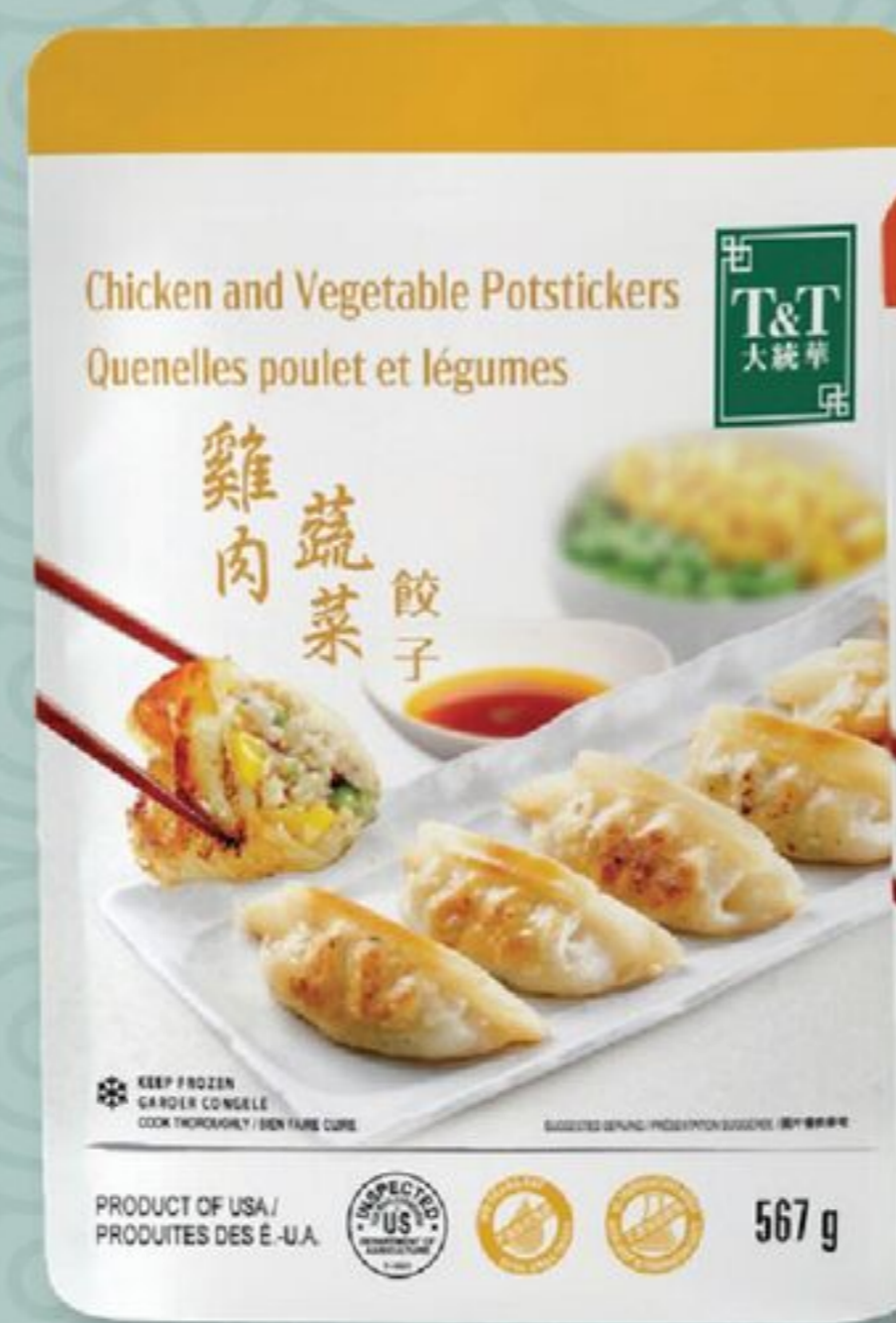
**688** T&T® vegetable spring rolls frozen  
500 g  
21615702\_EA



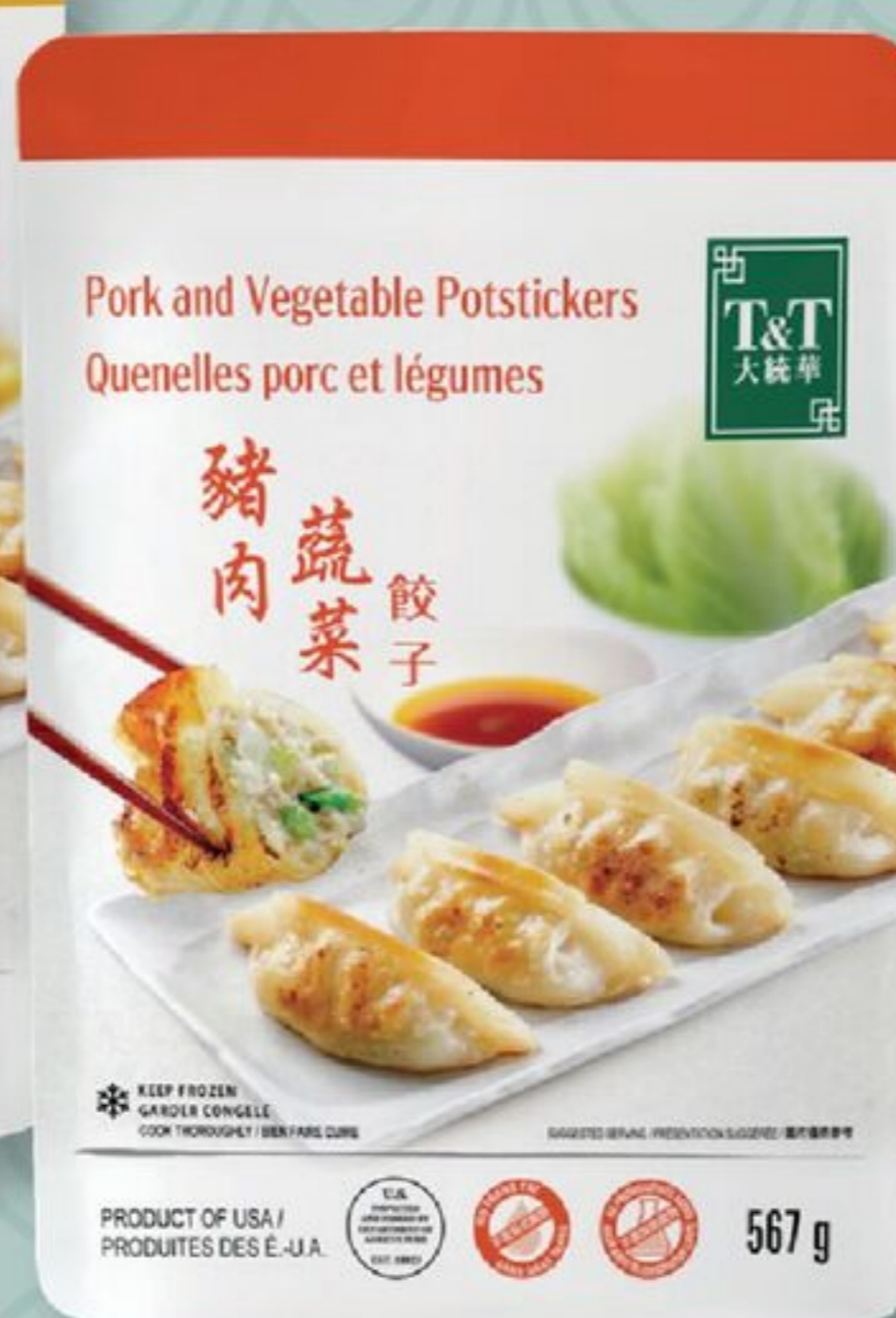
**148** T&T® Korean roasted sea laver  
3's  
20593313\_EA



**1688** T&T® jasmine rice  
8.2 kg  
20705590\_EA



**488** T&T® potstickers selected varieties, frozen  
567 g  
21495805\_EA/21495823\_EA



**378** T&T® 3-minute ramen noodles selected varieties  
504 g  
21447366\_EA/21447367\_EA



**598** T&T® BBQ pork steamed buns frozen  
540 g  
21495784\_EA



**298** T&T® roasted seaweed sheets  
27 g  
20703060\_EA



T&T® aloe vera drink selected varieties  
20593585\_EA

**248**  
1.5 L



**598** T&T® ice cream tub selected varieties  
1 L  
21297144\_EA/21300559\_EA

# EXPERIENCE A WORLD OF FLAVOURS

AVAILABLE AT: 330 Queens Plate Etobicoke, 75 Centennial Pkwy, 1579 Main St. West, 50 Dundurn St. South Hamilton, 55 Mountainash, 60 Quarry Edge and 35 Worthington Brampton stores only.



**1.29** lb  
2.84/kg  
ripe or green  
plantain  
product of Colombia  
or Guatemala  
20111926001\_KG



**1.49** lb  
3.28/kg  
Caribbean  
sweet potato  
product of  
Costa Rica  
20169868001\_KG



**7.99**  
454 g  
Sufra®  
Halal lean  
ground beef  
21397283\_EA



**4.49** lb  
9.90/kg  
Mina Halal chicken  
drumsticks or thighs  
21618064\_KG/21618074\_KG



**5.99**  
4 pack  
Jamaican  
patties  
21215103\_EA



**5.49**  
480 g  
Casablanca  
muffins  
selected varieties  
21706085\_EA



**3.99**  
750 g  
Crispy roti  
original or whole wheat  
21195569\_EA/21195607\_EA



**5.99**  
375 g  
Zabiha Halal  
breakfast  
chicken strips  
20105121\_EA



**10.99**  
850 g  
IFC  
basa fillets  
frozen  
21615047\_EA



**2.64** /100 g  
11.99/lb  
natural  
roasted  
pistachios  
salted or  
unsalted  
20328168\_KG  
20664648\_KG



**7.99**  
each  
Musafir paneer  
burgers 480 g  
or bites 336/357 g  
21705194\_EA/21705222\_EA



**4.49**  
300 g  
Quality  
fresh paneer  
21716554\_EA



**2.99**  
400 g  
Quality  
soya chunks  
20418250\_EA



**1.49**  
each  
Gits mixes  
100/200 g  
or Suraj  
beans 540 mL  
selected varieties  
20038358\_EA/20307502001\_EA



**1.49**  
115-160 g  
Haldiram's or  
Kurkure snacks  
selected varieties  
20314667001\_EA/21471409\_EA



**5.49**  
each  
Parliament  
cookies 600 g  
or Britannia  
rusks 550/560 g  
21668456\_EA



**1.99**  
300/400 g  
Shana naan,  
chapatti or paratha  
selected varieties  
20983341001\_EA/20989535001\_EA



**1.99**  
355 mL  
Rubicon  
sparkling  
juice or 7up  
Nimbooz  
selected varieties  
20041155\_EA/21682042\_EA



**3.99**  
each  
Suraj green  
cardamom seeds 50 g  
or fried onions 400 g  
selected varieties  
20101586\_EA/20618034\_EA



**4.49**  
1.81 kg  
Suraj  
basmati rice  
20839393\_EA

# Seafood



Sardo marinated  
garlic shrimp  
\$21.99 750 g

**19.99**  
800 g

Sardo marinated  
seafood salad  
20963628\_EA/20963932\_EA



Paese Mio  
anchovies  
hot or mild

**7.49**  
150 g



**21.99**  
454 g

Triple Crown  
Black Tiger shrimp  
raw or cooked,  
13/15 per lb., frozen  
21003780\_EA/21576323\_EA



Great for  
salads & dips!

**5.99**  
454 g

SeaQuest® crab flavoured  
Alaska pollock  
leg or flake style  
20591152\_EA/20591951\_EA

# Meat



Marcangelo  
beef or chicken  
medallions  
selected varieties

**14.99**  
340-452 g



**4.49** lb  
9.90/kg

Springer's  
smoked turkey  
wing or drumstick  
20789810\_NG/20790390\_NG



**8.99**  
720 g

REA sausage  
selected varieties,  
frozen  
21440621\_EA



**8.99**  
each

Marty's pickles 1 L or  
pickled eggs 300/500 mL  
selected varieties  
21644617\_EA/21644643\_EA



**15.99**  
700 g

Prime raised  
without antibiotics  
chicken meatballs  
frozen  
21703397\_EA



**9.99**  
500 g

PC® sausage rolls  
selected varieties, frozen  
21439588\_EA/21538572\_EA



**10.99**  
574 g

PC® spring rolls  
selected varieties, frozen  
20698096\_EA/20698091\_EA



**10.99**  
454 g

PC® mozzarella  
cheese sticks  
frozen  
21116020\_EA



# Natural Health



**4.49**  
136-198 g

Popcorners  
popped corn chips  
or Angie's Boom Chicka  
Pop popcorn or puffs  
selected varieties

**6.99**  
4x200 mL

Fever Tree  
premium drink mixers  
selected varieties

**7.49**  
325-400 g

Jordans  
cereal or granola  
selected varieties

**7.49**  
each

Elmhurst non-dairy  
beverage or creamer  
selected varieties,  
473-946 mL



Blue Diamond  
non-dairy  
beverage  
selected varieties

**3.49**  
946 mL



Made in  
small batches!

Tree Island  
grass-fed yogurt,  
cream top  
selected varieties

**5.79**  
500 g



Silk  
non-dairy  
yogurt  
selected varieties

**6.49**  
500-650 g



Stoked Oats  
oatmeal  
selected varieties

**8.49**  
500 g



Salt Spring  
whole bean  
coffee  
selected varieties

**14.99**  
400 g

Fair trade  
& organic!



Made in  
Tuscany Italy!

Pasta Toscana  
organic egg pappardelle  
or fettuccine noodles  
selected varieties

**4.49**  
250 g



Gluten free!

Jovial pasta  
227-340 g or  
Solenzi pasta  
sauce 480 mL  
or pesto 180-210 g  
selected varieties

**6.99**  
each



Casbah  
quinoa,  
rice or  
falafel mix  
selected varieties

**4.99**  
180-284 g



Pizza Oggi  
gluten free  
pizza  
selected varieties,  
frozen

**9.99**  
450/452 g



Gluten free!

Quesava  
gluten free  
side dish  
selected varieties,  
frozen

**11.99**  
425 g

## Healthy Snacking



0 g sugar!

Thirsty Buddha soda  
selected varieties

**2.49**  
355 mL



Sana or  
Hummingbird  
chocolate  
selected varieties

**4.79**  
30-75 g



Hu Kitchen  
organic  
chocolate  
selected varieties

**6.99**  
60 g



LOCAL

Tonica  
kombucha  
selected varieties

**8.99**  
1.1 L



Poppi  
low sugar soda  
selected varieties

**10.99**  
4x355 mL

# Baby



**HUGGIES**  
little movers

OUTSTANDING ACTIVE FIT

10,000 <sup>pts</sup>  
for every \$50 spent on

baby diapers, food, formula, wipes, needs or accessories selected varieties

20962515\_EA/21208370\_C01

Huggies Goodnites S/M or Pull Ups<sup>®</sup> selected varieties

20549408\_EA/21056742\_EA

**28<sup>99</sup>**  
34-74's

Similac pro advance ready to drink formula selected varieties

21334752\_C01

**59<sup>99</sup>**  
16x235 mL

Enfamil NeuroPro powder selected varieties

21589079\_EA/21589205\_EA

**65<sup>99</sup>**  
862/890 g

Kendamil formula powder

21699547\_EA

**44<sup>99</sup>**  
800 g



**8<sup>99</sup>** each

Nestlé Cerelac cereal 400 g or Pampers or Huggies wipes 112-216's selected varieties

20708211\_EA/20799372\_EA

**1<sup>79</sup>** each

Gerber Organic Biological baby food pouches 128 mL or jars 159-162 mL

21024932\_EA/21024943\_EA

**1<sup>99</sup>** each

Baby Gourmet pouches 128 mL or Love Child Love Ducks 30 g selected varieties

20368074001\_EA/21054242\_EA

**3<sup>99</sup>** each

Baby Gourmet puffs or bars 40-98 g or Love Child Oaty Chomps 138 g, selected varieties

20944539\_EA/21123961\_EA

**34<sup>99</sup>**  
907 g

Enfagrow powder selected varieties

21694898\_EA/21694972\_EA

# Body & Health

Listerine 1 L or Jergens lotion 620 mL selected varieties

20701283\_EA/21195511\_EA

**8<sup>99</sup>** each

Pantene hair care or styling 170-355 mL or Crest toothpaste 63-105 mL selected varieties

20311794002\_EA/21041112\_EA

**5<sup>99</sup>** each

Dr. Squatch bar soap 141 g or Method body wash 532 mL or Ivory body wash 1035 mL selected varieties

21425299\_EA/21432530\_EA

**7<sup>99</sup>** each

SoftSoap 332 mL or Ricola lozenges 17-19's selected varieties

21351640\_EA/21475078\_EA

**3<sup>99</sup>** each

Secret or Old Spice deodorant or bodywash selected varieties

21077613\_EA/21163307\_EA

**7<sup>99</sup>**  
73-86 g/532 mL

Always pads, liners or Tampax tampons selected varieties and sizes

21000869\_EA/21374659\_EA

**11<sup>99</sup>** each

Depends or Poise 12-60's or liners 114-126's selected varieties

20558843005\_EA/21100737\_EA

**18<sup>99</sup>** each

Centrum, Caltrate or Emergen-C selected sizes and varieties

21236171\_EA/21236176\_EA

**20% OFF**

Ensure 6x235 mL, Glucerna 6x237 mL or Barebells 4's selected varieties

20180283003\_EA/20308731008\_C06

**13<sup>99</sup>** each

brüst protein coffee

**3<sup>49</sup>** each

Quest or Diesel protein bar, cookie or Brust protein drink selected varieties

20959040\_EA/21396468\_EA

**3<sup>49</sup>** each

# Household



**8.99** Sunlight laundry detergent 45 WL  
1.84 L 21427015\_EA/21427029\_EA



**6.99** Fleecy fabric softener 1.36 L or sheets 80's selected varieties  
20311072001\_EA/21311876\_EA



**5.99** Pine-Sol multi purpose cleaner 1.41 L or Clorox disinfecting wipes 75's  
20298679001\_EA/20348537002\_EA



**4.99** Lysol multi surface cleaner 1.2 L or all purpose spray 650-950 mL or no name® scour sponges 6's selected varieties  
20309873002\_EA/20556918\_EA

**3.19** Bounty Select-A-Size paper towel 8=24 rolls  
21670311\_EA



**27.99** Finish dishwasher tabs selected varieties  
21218875\_EA



**6.99** Finish dishwasher machine cleaner selected varieties  
20753595\_EA/20806223\_EA



**5.49** Glad Cling Wrap  
90 m 20186554\_EA



**11.49** Royale facial tissue selected varieties  
20906153\_EA/21618478\_EA



**24.99** Cashmere bathroom tissue selected varieties  
21189845\_EA

# Pet Needs for Cats, Dogs & Birds!



**14.99** Fresh Pet wet dog food 794 g  
21025603\_EA/21094639\_EA



**3.29** Purina Beneful wet prepared meals for dogs 283 g  
20303551001\_EA/20303551002\_EA



**13.99** Dream Bone Grill Masters dog chews 259-280 g  
21403507\_EA/21403509\_EA



**10.99** PC® Nutrition First® dog food selected varieties 2 kg  
21304456\_EA/21307661\_EA



**41.99** Nature's Recipe dry dog food 5.4 kg  
21692145\_C01/21692311\_C01



**1.29** Purina Fancy Feast Petites selected varieties 79.4 g  
21357335\_EA/21357340\_EA



**6.99** Catit catnip 56 g  
21478271\_EA



**9.99** Whiskas dry cat food selected varieties 1.5-2 kg  
21588889\_EA/21588943\_EA



**23.99** Tidy Cats cat litter selected varieties 5.44 kg  
21206305\_C01/21217951\_C01



**1.99** PC® Wild Bird suet cake 300-320 g  
21302909\_EA/21302923\_EA

# Bulk

## Scoop what you want in the quantities you need!

### over 60 seasonings and spices!

**20% OFF** BULK SPICES ONLY



## Alexander's Fudge

Made with real butter and cream, each piece of Alexander's Fudge embodies the rich creamy texture, decadent flavour, and signature top quality of this family business in Smithville, Ontario.

**6.99** each  
Alexander's chocolate, maple, mint chocolate or cinnamon bun  
21626144\_EA/21626145\_EA



9 varieties!



**.99** each  
Topps Ring Pop fruit frenzy  
20038966\_EA



**1.99** 40.5 g  
Fun Dip candy  
21209780\_EA



**2.99** 26 g  
Topps Juicy Drop pop candy  
20063894\_EA

Wonka Nerds Rope rainbow candy  
21575156\_C24

**1.99** 26 g



PEZ  
21612168\_EA/21575242\_EA

**3.99** each





**Optimum™**



**At Esso™ & Mobil™ stations,  
PC Optimum™ members earn  
10<sup>pts</sup> per litre of fuel = a 1% return!**

**And, earn extra  
PC Optimum™ points:**

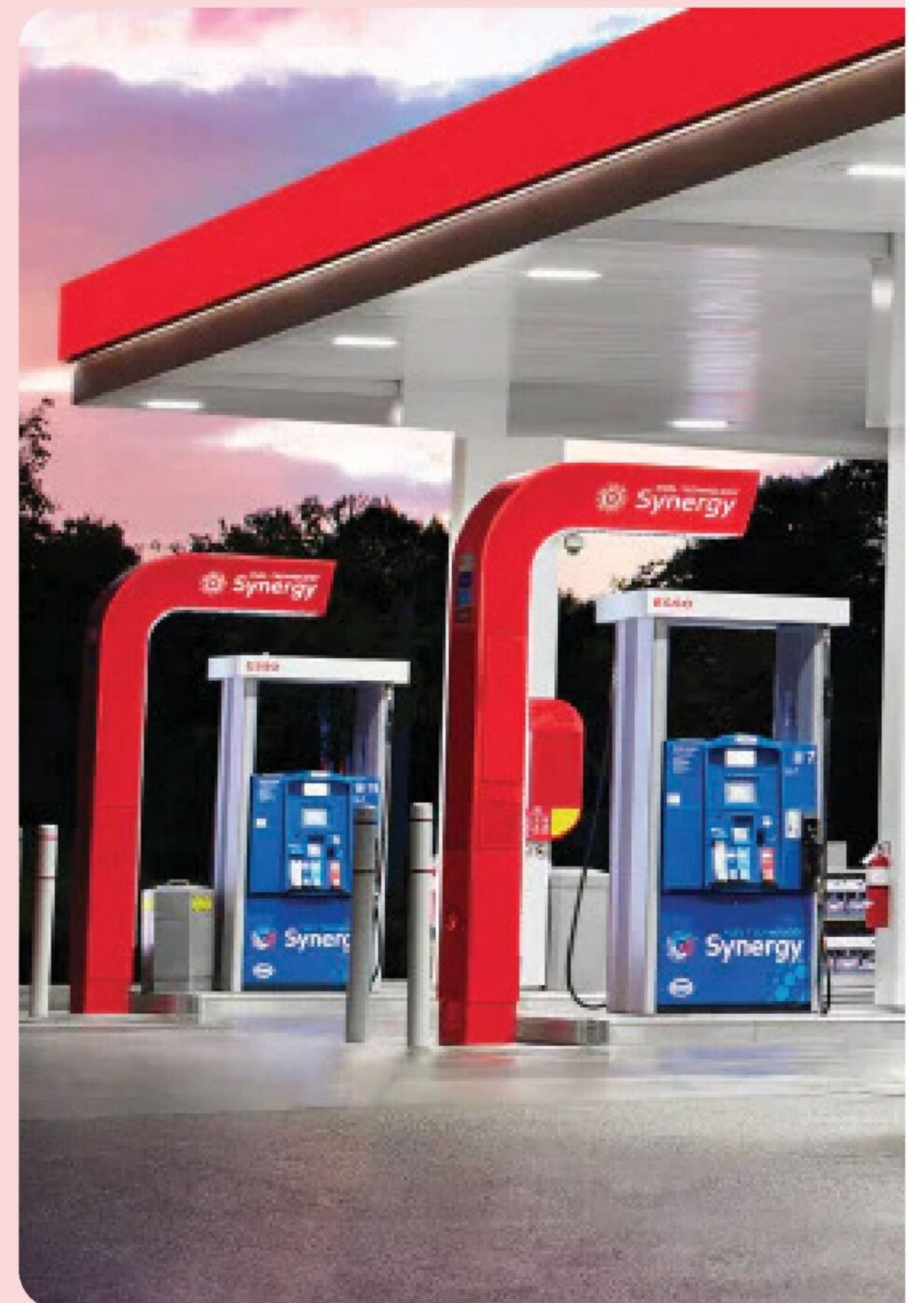
Earn at least  
**3¢/L**  
in points

when you use your  
PC® Mastercard®

Earn up to  
**7¢/L**  
in points

with your PC® Insiders™  
World Elite Mastercard®

[Learn more](#)



PRIMO



**2.79**  
Primo Pasta Sauce  
Selected Varieties (680 mL)



**2.79**

Primo Passata  
Imported from Italy (680 mL)



**2.59**  
Primo Pizza Sauce  
Squeeze  
Selected Varieties (375 mL)



**1.59**  
Primo No Salt Added  
Chick Peas (540 mL)



**13.99**  
Primo Extra Virgin  
Olive Oil (1 L)



**3.29**  
Primo Oven Ready  
Lasagna (375 g)



**1.99**  
Primo Diced No Salt Added  
Tomatoes (796 mL)






THE OFFICIAL  
**HIGH PROTEIN**  
YOGURT OF THE NHL™



**YOU COULD WIN A TRIP FOR 2  
TO THE STANLEY CUP® FINAL**

**\$25,000** IN TOTAL PRIZES





**\$329**  
Oikos® Pro™  
300 mL  
21651846



**\$799**  
Oikos® Pro™  
650 g  
21652073



**\$799**  
Oikos®  
650 g, 750 g  
21305945



**\$349**  
Oikos®  
4 x 95 g, 4 x 100 g  
20625055



**SCAN NOW**

\* No purchase necessary. Begins 03/23/26 at 12:00:01 AM ET & Ends 05/24/26 at 11:59:59 PM ET. Draw 05/25/26 at 2PM ET. One (1) Grand Prize: Trip for 2 to a 2026 Stanley Cup® Final game (ARV \$9,000 CAD) and 920 Instant Win Prizes: a \$100 Digital Prepaid Card (120 total), or a \$5 CAD Physical Danone Oikos® Coupon (600 total). Mathematical skill-testing question required. Full contest rules: [www.snacktowin.ca](http://www.snacktowin.ca). Oikos® used under lic. © 2026 Danone US, LLC. All rights reserved. Oikos® Pro™ used under lic. © 2026 Danone US, LLC. All rights reserved. NHL, the NHL Shield, the word mark and image of the Stanley Cup and the Stanley Cup Final logo are registered trademarks of the National Hockey League. NHL and NHL team marks are the property of the NHL and its teams. © 2026 NHL. All Rights Reserved.

BACKED BY OVER 35 YEARS  
OF ACTIVIA'S EXPERTISE IN GUT HEALTH



**\$549**  
Activia®  
8 x 100 g  
21725748

**NEW**



**\$549**  
Activia®  
650 g  
20325132003



**\$699**  
Activia®  
8 x 93 mL  
21430512

Activia® used under lic. © 2026 Cie Gervais Danone. All rights reserved.



**40**  
YEARS OF  
DELIGHT

**\$599**  
International Delight®  
946 mL  
21242388

LIMITED EDITION

WITH **6** ESSENTIAL NUTRIENTS



**\$399**  
Danino®  
6 x 93 mL  
21520250

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# LIBERTÉ PROTEIN & TASTE

4.49

Liberté Greek® 4 x 100 g,  
selected varieties  
20801752003



4.49

Yoplait® Source Protein®  
650 g, selected varieties

21587047  
21720809



6.99

Yoplait® YOP® Reduced  
Sugar 6 x 200 g

21719749  
21721005



NEW  
FLAVOUR

NEW  
FLAVOUR

NEW  
FLAVOUR



TRADEMARKS OF YOPLAIT MARQUES S.N.C. (FRANCE) USED UNDER LICENSE / TRADEMARKS OF LIBERTÉ MARQUES S.N.C. USED UNDER LICENSE /  
MADE IN CANADA FROM DOMESTIC AND IMPORTED INGREDIENTS

# TASTE THE DIFFERENCE

ITALY'S #1\* BRAND OF TOMATOES



4.49

Mutti Strained  
Tomatoes (Passata)  
680 ml  
Selected Varieties  
20288490001

8.99

Mutti  
Pasta Sauce  
660 ml  
Selected Varieties  
21541102

4.99

Mutti  
Peeled Tomatoes  
796 ml  
20934512

2.99

Mutti  
Finely Chopped  
Tomatoes (Polpa)  
398 ml  
20934514



ONE FAMILY,  
ONE PASSION. TOMATOES.

\* Circana S.r.l. - Tot Italy Hyper + Super + Small Self Service of the top brands by value sales in the Tomato Derivatives category - Progressive JAN 2025 - DEC 2025

# MADE BETTER to TASTE BETTER

ONLY SIMPLE  
INGREDIENTS



Optimum  
250<sup>pts</sup>

\$3.99

NEW

Lactose-Free  
Garlic & Chives  
21731137\_EA

Original  
21316018\_EA

Lactose-Free  
21002993\_EA

Herbs & Spices  
21177728\_EA

Light  
21316006\_EA

Tre Stelle Cream Cheese

KICKING  
HORSE  
COFFEE

# GIDDY CUP



Kicking Horse® Coffee \$1.449  
10 K-Cup® pods

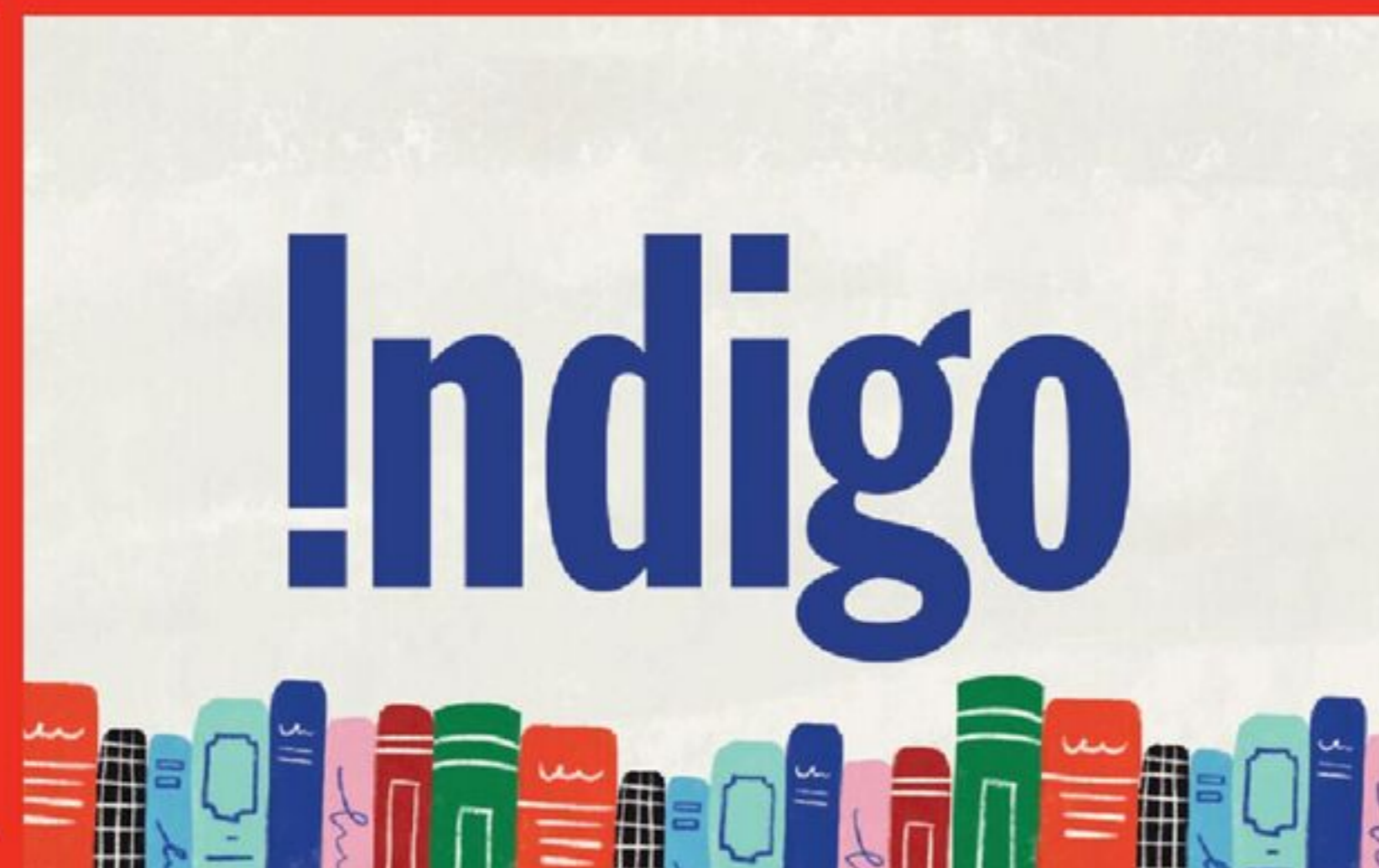
21628596\_EA, 21628567\_EA, 21628644\_EA, 21722646\_EA

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# 5,000<sup>pts</sup>

## That's like \$5 in points.

for every \$50 spent on any combination of Boston Pizza, Indigo and Instacart gift cards



Offer valid in-store or online at [www.giftofchoice.ca](http://www.giftofchoice.ca). April 16-22, 2026. Subject to availability; selection may vary by region and store. Please check your local store for availability. We reserve the right to limit quantities. See gift card for details, terms & conditions. Offer applies to every \$50 spent on Boston Pizza, Indigo and Instacart gift cards in a single transaction. Cannot be combined with any other gift card offers. Not valid on prior purchases. PC Optimum points cannot be redeemed toward the purchase of gift cards. Must be a registered PC Optimum member. If purchased online, please allow up to 2 weeks for points to be added to your PC Optimum account. All trademarks are the property of their respective owners.

## CELEBRATE EARTH MONTH

ENTER FOR A CHANCE TO

# WIN A LAUNDRY ROOM MAKEOVER

A smarter way to clean laundry, period.



SCAN FOR CONTEST DETAILS

### \$1199



Fresh Linen  
21425514



Fragrance Free  
21425515



Fresh Linen  
21701960



Lavender Bliss  
21660179  
Ocean Wave  
21660040

## Laundry Essentials



### 12.99

Tide Detergent 1.86 L/1.62 LD, Gain Detergent 2.6 L, Ivory Snow Detergent 1.36 L, PODS/Flings 18/23/31 CT, Downy/Gain Fabric Softener 1.66/2.63 L, Bounce/Downy/Gain Sheets 120/200 CT, Downy/Gain/Ivory Snow Beads 303/368/379 g, Downy Rinse 1.09 L, Selected Varieties  
21670717\_EA/21635322\_EA/  
20014406\_EA

## 6 WEEKS OF CRISP FRESHNESS\*



### 15.99-19.99

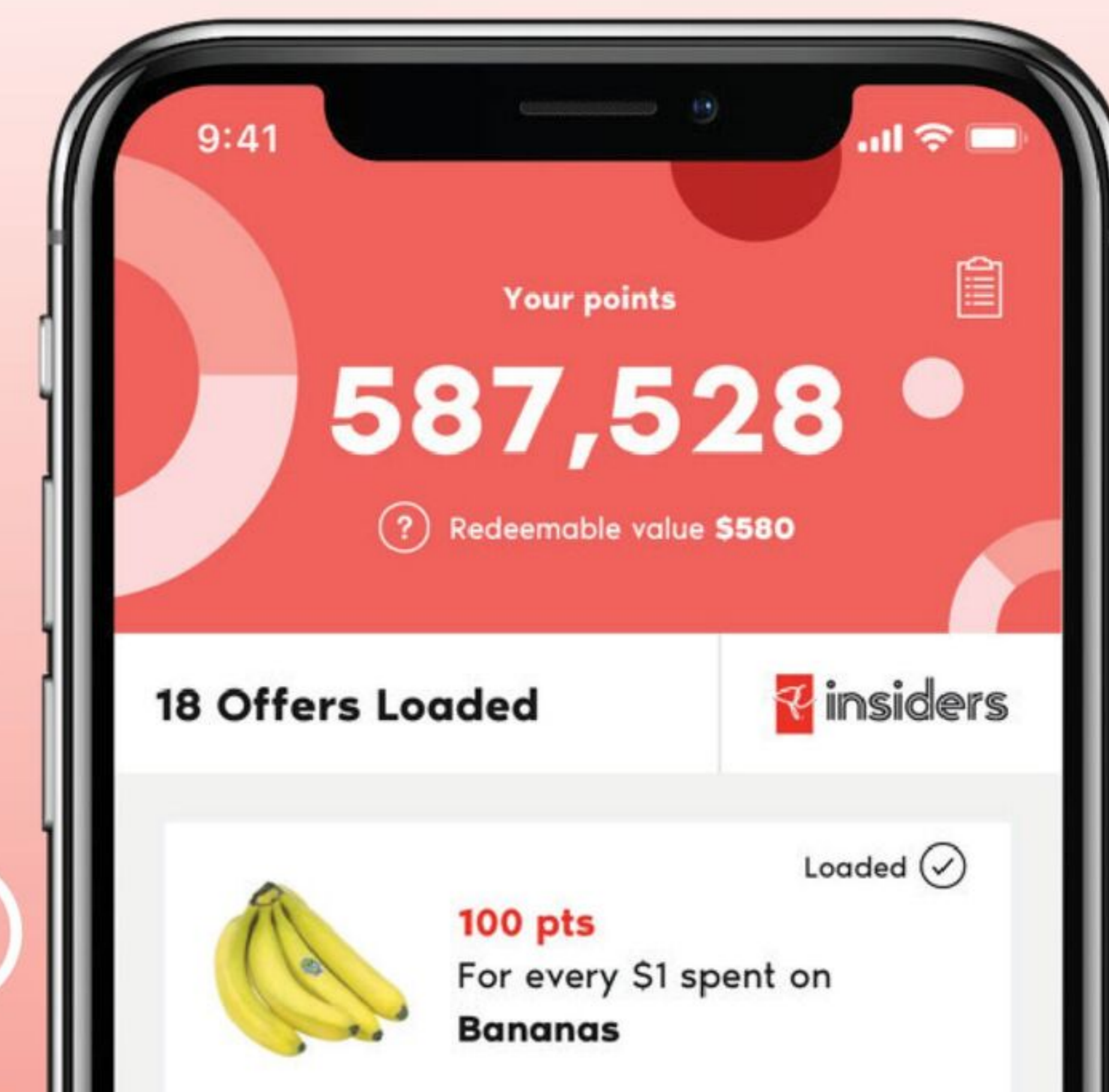
Gain/Cheer Detergent 100 LD, Tide Detergent 52/64 LD, PODS/Flings 25/42 CT, Liquid Softener 96/150 LD, Sheets 240/180 CT, Beads 453/515/550 g, Rinse 70 LD Selected Varieties  
21671138\_EA/21671135\_EA

\*FROM WASH UNTIL WEAR

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# Natural Goodness

**\$2.49**

Annie's™  
Macaroni and  
Cheese 170 g

20316187001\_EA



**\$5.49**

Muir Glen  
Organic  
Tomatoes  
796mL

20946090\_EA



**\$8.99**

Larabar™ Fruit & Nut  
Energy Bar 5-Pack

2190846259\_EA



ocean's  
**HALO**



## NORI, WRAPS AND NOODLES

- Organic Sushi Nori 28 g - 21469999
- Organic Rice Wraps 120g - 21592071
- Organic Ramen Noodles 240g - 21703566
- Organic Rice Noodles 180g - 21703564

## ORGANIC SHELF STABLE KIMCHI

- Organic Kimchi 454g- 21597662



## FRIED RICE & KIMBAP ROLLS

- Organic Veggie Kimbap Roll 230g - 21706757
- Organic Fried Rice Roll 230g - 21706748

1G SUGAR • JITTER-FREE • 500MG ADAPTOGENS

# Everyday Energy

**\$4.49**



Little  
NORTHERN  
BAKEHOUSE

DELICIOUSLY  
GLUTEN-FREE



IN THE FREEZER

WHOLE GRAIN  
WIDE SLICE



frozen whole grain wide  
slice bread, 567g  
110820270

WHITE  
WIDE SLICE



frozen white wide slice  
bread, 567g  
110820260

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# Yogi™

Wellbeing starts within.



20693913003 32 g

20309377001 36 g

21566781 24 g

21400132 29 g



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**15% OFF**

All Progressive® Perfect Probiotic™ Products

NOT JUST **PROMISES**



HIGH POTENCY



DIVERSE PROBIOTICS + PREBIOTIC FUEL



SHELF STABLE



DELAYED RELEASE

21462565  
21418096  
21418097  
21619328  
21184785

## CanPrev

Natural support for a healthier gut.



# LEMON AIDE®



628451219149-500ML

628451219156-1L

628451219170-750ML

628451219217-1.5L

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WOMAN OWNED • HIGH PERFORMANCE • ALL NATURAL • 100% PURE ESSENTIAL OILS