

SPROUTS[®]
FARMERS MARKET

33% OFF*
ALL Bulk Bin Candy

72 HOUR SALE

3 days only!

SHOP NOW

Friday, Saturday, Sunday
April 3rd-5th



Free from
artificial colors, flavors
and preservatives!



*Regular retail. Excludes packaged candy. Select items only.

SPROUTS
FARMERS MARKET

HEALTHY HOSTING
WITH QUALITY
PROTEINS



NO ANTIBIOTICS, EVER

\$4.49 /LB.

Limit 2 per customer
While supplies last

Sprouts Gourmet
Uncured Spiral Sliced Half Ham



All-Natural 100% Grass-Fed
Rack of Lamb

No added hormones or steroids,
pasture-raised

BUY ONE, GET ONE
50% OFF

regular retail
of equal or lesser value
Discount taken at checkout

Organic
Sweet Potatoes
or Red Yams
3lb. Bag

\$3 /EA.



ROOTED IN
ORGANIC
SAVINGS

Organic
Strawberries 1lb.
or Blueberries 11oz.



BUY ONE, GET ONE
50% OFF
regular retail
of equal or lesser value

AutumnCrisp Grapes
2lb. Clamshell



BUY ONE, GET ONE
50% OFF
regular retail
of equal or lesser value

Organic Halos
Seedless Mandarins
3lb. Bag



BUY ONE, GET ONE
50% OFF
regular retail
of equal or lesser value

Bob's Red Mill
Baking Essentials

Select varieties,
8-80 oz.



BUY ONE, GET ONE
50% OFF
regular retail
of equal or lesser value

Purely Elizabeth
Oatmeal, Cereal
or Granola

Select varieties,
1.76-12 oz.



BUY ONE, GET ONE
50% OFF
regular retail
of equal or lesser value

Sprouts Organic
Pasture Raised Eggs

Large, brown,
grade A, 24 ct.



\$9.99 /EA.

HEALTHY

Mains, Happy Hosting

Set the table with crowd-pleasing proteins perfect for gatherings.



1

Herb-Grilled Lamb Chops

[Get Recipe >](#)



2

Maple Rosemary Glazed Ham

[Get Recipe >](#)



3

Stout-Braised Lamb Stew

[Get Recipe >](#)



Sprouts Fresh Atlantic Salmon Fillets

High in omega-3 fatty acids, farm-raised



\$9.99 /LB.
Available in the service case

Sprouts All-Natural Angus Beef 100% Grass-Fed Steaks or Roast

No hormones or antibiotics added, ever!

NO ANTIBIOTICS, EVER



15% OFF
regular retail

Price on package reflects discount

Sprouts All-Natural Grass-Fed 85% Lean or Grain-Fed 93% Lean Ground Beef

Grass-fed sold in a 2 lb. package and Grain-fed sold in a 1 lb. package

ALWAYS FRESH, NEVER FROZEN



\$7.99 /LB.

Sprouts Premium Angus Boneless Beef New York Steak



\$17.99 /LB.

Sprouts Marinated Chicken Wings

Air-chilled, prepared fresh in-store daily, select varieties



NO ANTIBIOTICS, EVER

\$4.99 /LB.
Available in the service case

Sprouts Boneless Skinless Chicken Thighs or Thin Sliced Breasts

Air-chilled, no added hormones or steroids!

NO ANTIBIOTICS, EVER



BUY ONE, GET ONE 50% OFF
regular retail of equal or lesser value

Discount taken at checkout

Wellshire Farms Uncured Turkey Bacon

Sugar-free, no antibiotics or hormones, 8 oz.



NO ANTIBIOTICS, EVER

BUY ONE, GET ONE 50% OFF
regular retail of equal or lesser value

Sakura Wagyu Farms American-Style Kobe Beef Uncured Hot Dogs

No added nitrates or nitrites, 10 oz.

NO ANTIBIOTICS, EVER



\$7.99 /EA.

Sprouts Maryland Style Crab Cakes

Made with real premium crab meat, frozen, 2 ct.



\$8.99 /EA.

Colossal Raw Peeled and Deveined Grilling Shrimp

16/20 ct. Farm-raised, previously frozen



Discount taken at register

BUY ONE, GET ONE 50% OFF
regular retail of equal or lesser value

Also available in a 2 lb. bag

Taylor Farms
Zero Salad Kits
8.8-11.3oz.



BUY ONE. GET ONE
50% OFF
regular retail
of equal or lesser value

Earthbound Farm
Organic Celery Bites
14oz. or Snap Peas 6oz.



20% OFF
regular retail

Bitchin' Sauce
Dips

Select varieties,
7-8 oz.



BUY ONE. GET ONE
50% OFF
regular retail
of equal or lesser value

Cedar's Mediterranean
Breadsticks

Select varieties, 5.8 oz.



BUY ONE. GET ONE
50% OFF
regular retail
of equal or lesser value

Deep Indian Kitchen
Frozen Momo Dumplings
or Entrées

Select varieties,
7.8-12 oz.



\$5.99 /EA.

Annie's Homegrown Frozen
Mini Pizza Bagels or Poppers

Select varieties,
6.65 or 6.8 oz.



\$5.99 /EA.

Alden's Organic
Ice Cream

Select varieties,
48 fl. oz.



\$8.99 /EA.

Sprouts Organic
Bulk Spices

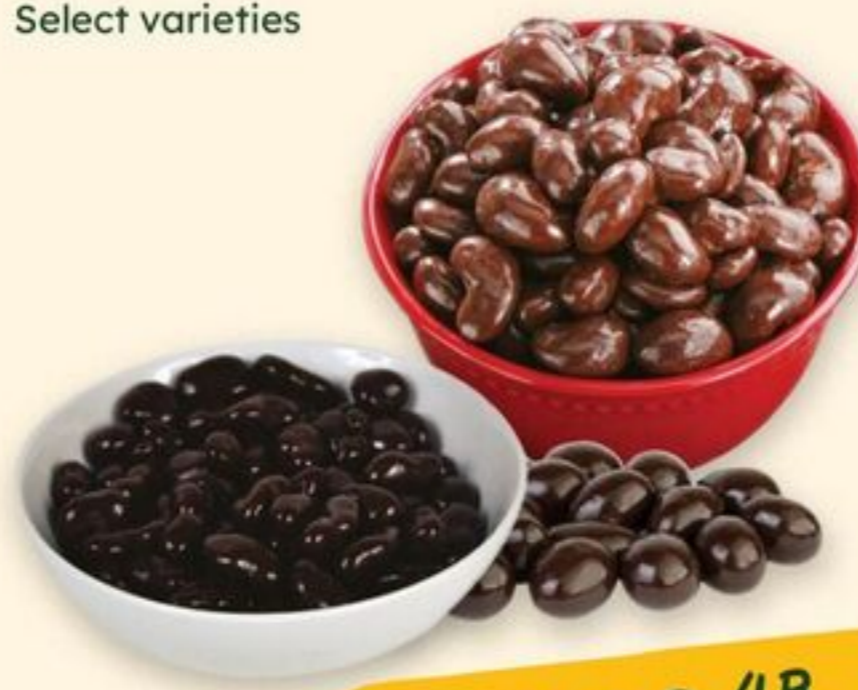
Select varieties



25% OFF
regular retail

Chocolate Almonds,
Cashews or Walnuts

Select varieties



\$11.99 /LB.

Bulk
Cereal or
Granola

Select varieties



20% OFF
regular retail

Feel-Good Brunch Picks

you'll love!

Celebrate spring with healthy hosting faves.

Sprouts Uncured Spiral Sliced Quarter Ham

No hormones or steroids added!
Glaze packet included



\$5.99 /LB.

Limit 2 per customer
While supplies last

Organic Asparagus



\$3.98 /LB.

Organic Rainbow Baby Peeled Carrots 12oz.



BUY ONE. GET ONE 50% OFF
regular retail of equal or lesser value

Applegate Breakfast Sausage or Bacon

No hormones or steroids.
Select varieties, 7 or 8 oz.



BUY ONE. GET ONE 50% OFF
regular retail of equal or lesser value

Beyond Meat Plant-Based Breakfast Sausage Patties

No soy or gluten, original or spicy. Frozen, 7.4 or 9.7 oz.



BUY ONE. GET ONE 50% OFF
regular retail of equal or lesser value

All-Natural 100% Grass-Fed Boneless Lamb Leg

Fresh, pasture-raised, no added hormones or steroids!



\$9.99 /LB.

La Terra Fina Classic Lorraine Quiche

23 oz.



\$12.49 /EA.

Sprouts Wild-Caught North Atlantic Raw Lobster Tails

Previously frozen, 3.75 oz.

WILD-CAUGHT FAVORITE



\$7.99 /EA.

Sprouts Wild-Caught Large Snow Crab Legs & Claws

Fully cooked, frozen



WILD-CAUGHT FAVORITE

\$14.99 /LB.

Sprouts Fresh Baked Croissants, Chocolatines or Cinnamon Rolls

Select varieties, 3-9 ct.



BUY ONE, GET ONE 50% OFF
regular retail of equal or lesser value



Funny Bunny Bouquet



\$15.99 /EA.
Everyday low price

Easter Lily



\$10.99 /EA.
Everyday low price

Annie's Homegrown Granola Bars, Puffs, Fruit Snacks, Crackers, Grahams, Soup or Pasta

Select varieties, 3.9-15 oz.



BUY ONE, GET ONE 50% OFF
regular retail of equal or lesser value

Annie's Homegrown Macaroni & Cheese

Select varieties, 5.25-6 oz.



BUY ONE, GET ONE FREE
of equal or lesser value

Enjoy Life Chocolate Chips

Select varieties, 9 oz.



\$5.99 /EA.

Miss Jones Baking Co. Frosting or Baking Mixes

Select varieties, 10.57-15.87 oz.



25% OFF
regular retail

Wholesome Sugars

Select varieties, 16-26 oz.



25% OFF
regular retail

Justin's Nut Butters, Local Hive Honey or St. Dalfour Fruit Spreads

Select varieties, 1.15-32 oz.



30% OFF
regular retail

Harken Sweets All Items



\$6.99 /EA.

Smart Sweets Candy or Gummies

Select varieties, 1.6 or 1.8 oz.



2 FOR \$5

Sprouts Olives, Peppers or Pickles or Cobram Estate Olive Oil

Select varieties and sizes



20% OFF
regular retail



PRE-ORDER FOR YOUR
SPRING CELEBRATION
BY APRIL 3RD!

PRE-ORDER



BUILD A BETTER-FOR-YOU BRUNCH

Elevate your brunch with fresh seasonal flavors and hosting essentials.

SHOP NOW



Organic
Blackberries 5.6oz.



3 FOR \$10

HunnyZ Apples



\$1.98 /LB.

Large Hass Avocados
4ct. Bag



**BUY ONE. GET ONE
50% OFF**
regular retail
of equal or lesser value

Organic
Cara Cara or
Navel Oranges
3lb. Bag



\$4.98 /EA.

Mighties
Green Kiwifruit
2lb. Clamshell



**BUY ONE. GET ONE
50% OFF**
regular retail
of equal or lesser value

Sumo Citrus



\$3.88 /LB.

Sunset
Snacking Tomatoes
1.5lb. Bowl
Select varieties



**BUY ONE. GET ONE
50% OFF**
regular retail
of equal or lesser value

Earthbound Farm Organic
Salad Blends
Select varieties, 4-10 oz.



\$2.99 /EA.

Organic
Artichokes



**BUY ONE. GET ONE
50% OFF**
regular retail
of equal or lesser value

Crown Jewel Organic
Mini Cucumbers
1lb. Bag



**BUY ONE. GET ONE
50% OFF**
regular retail
of equal or lesser value

Organic
Red Radishes



**BUY ONE. GET ONE
50% OFF**
regular retail
of equal or lesser value

Sprouts
Fresh Baked
Apple or Peach Pie
 8 in.



\$6.99/EA.
 Everyday low price

Rubicon
Carrot Layer Cake
 11 oz.



BUY ONE. GET ONE
50% OFF
 regular retail
 of equal or lesser value



FRESH, FUN
& HASSLE-FREE



Celebrate the easy way with
 artfully arranged party trays

ORDER NOW

Delallo
Cupped Olives
or Antipasti
 Select varieties, 4-8 oz.



\$5.49/EA.

Sartori Bellavitano
Cheese
 Select varieties, 5.3 oz.



\$6.29/EA.

Sprouts Frozen
Family Size Lasagna
 32 oz.



\$14.99/EA.

Three Bridges
Egg Bites
 Select varieties,
 2 ct.



\$3.99/EA.

Organic Valley
Organic Cheese
Stringles
 8 ct.



\$6.59/EA.

Applegate Frozen
Breakfast Sandwiches,
Frittata Bites or Pancake
& Sausage Sticks
 Select varieties, 2 or 4 ct.



BUY ONE. GET ONE
50% OFF
 regular retail
 of equal or lesser value

NEW FOR YOU EXCLUSIVELY AT SPROUTS

New Sprouts Wellness Bowls

Spicy Ahi Tuna or Hibachi Grass Fed Beef, 11 oz.



\$9.99/EA.
Everyday low price

New Sprouts Organic Fresh Mozzarella Cheese

Select varieties, 6-8 oz.



\$6.99-\$8.99/EA.
Everyday low price

Toto Foods Co. Cookies & Cream Cookie

2.15 oz.



\$3.99/EA.
Everyday low price

Jacob Protein Bars

Select varieties, 2-2.1 oz.



\$4.99/EA.
Everyday low price

Mosh Creatine Protein Bars

Select varieties, 2.11 oz.



\$2.99/EA.
Everyday low price

Simple Mills
All Items



BUY ONE. GET ONE 50% OFF
regular retail of equal or lesser value

Kettle & Fire Cooking Broth
Select varieties, 32 oz.



BUY ONE. GET ONE 50% OFF
regular retail of equal or lesser value

Boulder Canyon Avocado Oil Potato Chips
Select varieties, 10 oz.



BUY ONE. GET ONE 50% OFF
regular retail of equal or lesser value

La Croix Sparkling Water
Select varieties, 8 pk., 12 fl. oz.



3 FOR \$12
+CRV in CA

Chomps
All Items



25% OFF
regular retail

Rao's Homemade Alfredo or Pasta Sauce
Select varieties, 15 or 24 oz.



20% OFF
regular retail

Larabar Nutrition Bars
Select varieties, 1.6-1.7 oz.



5 FOR \$5

Vita Coco Coconut Water, Coconut Oil or Coconut Milk or Saratoga Still or Sparkling Water
Select varieties and sizes



BUY ONE. GET ONE 50% OFF
regular retail of equal or lesser value
+CRV in CA

Walnut Halves & Pieces or
Raw or Roasted Almonds
Select varieties

Crunch
into Nutty
Savings!



\$6.99 /LB.

LIVE YOUR BULK LIFE

DIY OR GRAB & GO

Santa Fe Hot or
Wild West Remix
Snack Mix



\$6.99 /LB.

Pecan Halves



\$10.99 /LB.

Peanut Butter Filled
Pretzel Nuggets



\$6.99 /LB.

Nichols Farms
Shelled or
In Shell Pistachios

Select varieties,
5-16 oz.



BUY ONE, GET ONE
50% OFF
regular retail
of equal or lesser value

Sprouts Instant
Cold Brew or Ground
Packaged Coffee

Select varieties,
3.53-12 oz.



\$9.99 /EA.

Sprouts
Freeze Dried or
No Sugar Added Fruits

Select varieties,
1.05-4 oz.



BUY ONE, GET ONE
50% OFF
regular retail
of equal or lesser value

Himalaya Wellness Favorites
Select varieties and sizes



20% OFF
regular retail

Nutri Supplements
Select varieties,
60-150 count



20% OFF
regular retail

PURE & HONEST
BODY CARE

Shop better-for-you
body care essentials

ESSENTIAL 4 SUPPLEMENTS FOR EVERY BODY

MULTIVITAMINS

True Grace Multivitamins
Select varieties, 30-60 v-tabs



20% OFF
regular retail

OMEGA-RICH OILS

Wiley's Finest Omegas
Select varieties and sizes



20% OFF
regular retail

PROBIOTICS

Renew Life Probiotics
Select varieties and sizes



20% OFF
regular retail

SUPERFOODS

Kuli Kuli Superfood
Select varieties and sizes



20% OFF
regular retail

Dr. Bronner's Toothpaste or Liquid Soap

Select varieties and sizes



20% OFF
regular retail

Himalaya Toothpaste

Select varieties,
4-5.29 oz.



2 FOR \$10

Prices valid April 1-7, 2026

AT ANY OF OUR NASHVILLE AREA LOCATIONS

WE RESERVE THE RIGHT TO LIMIT QUANTITIES.
OFFERS NOT AVAILABLE TO WHOLESALERS. NO CASE DISCOUNTS.

These statements have not been evaluated by the Food & Drug Administration. These products are not intended to diagnose, treat, cure or prevent disease. Some items may be subject to local, county or state sales tax, and (in Fort Collins and Aurora, CO) to a Public Improvement Fee (PIF). We are not responsible for any typographical errors.

Rare Essence Organic Roll-On Aromatherapy

Select varieties,
8.9-10 ml



25% OFF
regular retail

CRAVING MORE?

DISCOVER FRESH FINDS



SPROUTS
BRAND

NEW
FOR YOU



PRODUCE



DELI

BAKERY

BULK



DAIRY



MEAT &
SEAFOOD

GROCERY
AISLES

FROZEN

VITAMINS &
BODY CARE

BEER &
WINE*

Tap to find products just for you and your lifestyle.



ORGANIC



GLUTEN-FREE



NON-GMO



PLANT-BASED



PALEO



KETO

*All products may not be available in all locations and may vary based on local regulations.

SEE YOU NEXT WEEK!