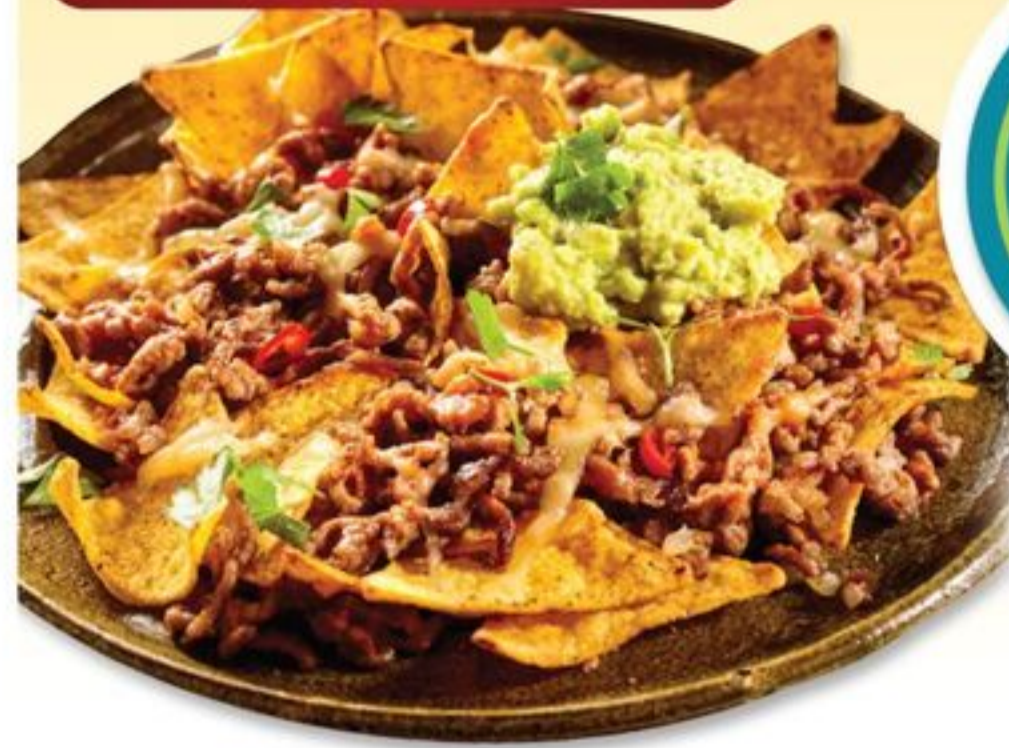




DOLLAR SUPERSALE

YOUR CO-OP IS PROUDLY CANADIAN



\$6 /lb
13.23/kg

Co-op Lean Ground Beef
Ground In-store by Your Local Butcher Value Pack



raised in WESTERN CANADA

\$6 /each

Strawberries
Produce of U.S.A.
No. 1 Grade
2 lb (907 g)



\$3 /lb
6.61/kg

Maple Leaf Boneless Pork Loin Halves
Rib & Centre or Sirloin & Centre
Random Cryovac Wrapped



raised in WESTERN CANADA

\$4 /each

Tri-Colour Peppers
Produce of Western Canada
Greenhouse Grown
Package of 3



grown in WESTERN CANADA

\$11 /each

Mitchell's Thick Sliced Side Bacon
1 kg



MADE IN CANADA

\$10 /each

Armstrong Cheese
600 - 750 g, Shreds or Natural Slices 500 g or
Saputo Mozzarella 690 g
Selected Varieties



MADE IN CANADA

\$3 /each

Christie Snack Crackers
Ritz, Triscuit or Wheat Thins
162 - 200 g



\$2 /each

Coca-Cola or Pepsi Products
Selected Varieties
2L



MADE IN CANADA

\$2 /each

SunRype Juice
900 mL or Pure
Apple Juice 1 L



MADE IN CANADA

\$1 /each

Heinz Beans or Pasta
398 mL



MADE IN CANADA

\$10 /each

Purex Bathroom Tissue
Package of 12 Triple Rolls or
SpongeTowels UltraPRO
Package of 4 Double Rolls



MADE IN CANADA

see inside for more **DOLLAR SUPERSALE**

PRICING IN EFFECT APR. 16 - 22, 2024
16 17 18 19 20 21 22

DOLLAR SUPERSALE

2 FOR \$3

Co-op Long English Cucumbers
Produce of Western Canada
Greenhouse Grown
Canada No. 1



grown in WESTERN CANADA

\$4 /each


Navel Oranges
Produce of U.S.A.
3 lb (1.36 kg)



\$3 /lb

Pork Side Ribs
Random Cryovac Wrapped
Sold Whole in a Pack of 3

6.61/lb



raised in WESTERN CANADA

\$22 /each

Maple Leaf Prime Boneless Skinless Chicken Breasts
Grain Fed, Free Run, Air Chilled
6 Pieces



raised in WESTERN CANADA

\$4 /each

Maple Leaf Top Dogs or Schneiders Classic Wieners
375 g



MADE IN CANADA

2 FOR \$5

Co-op Gold Stuffed Chicken Breast
Frozen
142 g



MADE IN CANADA

8 FOR \$10

Chicken Breast Tenders
Fresh from the Deli



MADE IN CANADA

2 FOR \$7

Activia Expert or Oikos Yogurt
4 x 95 - 100 g or Silk
4 x 100 g



MADE IN CANADA

\$5 /each

Cookies
Baked In-store
Selected Varieties
Package of 12



\$5 /each

Nestlé Real Dairy Ice Cream
or Frozen Dessert 1.5 L or Novelties
Package of 4 - 12



MADE IN CANADA

5 FOR \$5


Ben's Original Fast & Fancy Rice
132 g



FOR YOUR PETS

5 FOR \$5

Pedigree Choice Cuts Pouches
Selected Varieties
100 g



SCAN TO SAVE! VIEW OUR GREAT SAVINGS FOR YOUR PET ON THE CO-OP APP OR ONLINE AT FOOD.CRS

Make your summer sizzle

LEARN MORE >>

CO-OP

OUTDOOR
LIVING

2026 COLLECTION

Find Your
SUMMER

CO-OP

FARM FRESH
PRODUCE



\$6 /each

Orah Mandarins
Produce of China
2 lb (907 g)

Sweet, seedless and simply irresistible
Bright, juicy and bursting with vibrant honeyed sweetness, Orah Mandarins are an easy-to-peel snack everyone loves and perfect for enjoying anytime, anywhere.



\$2 /lb
4.41/Kg

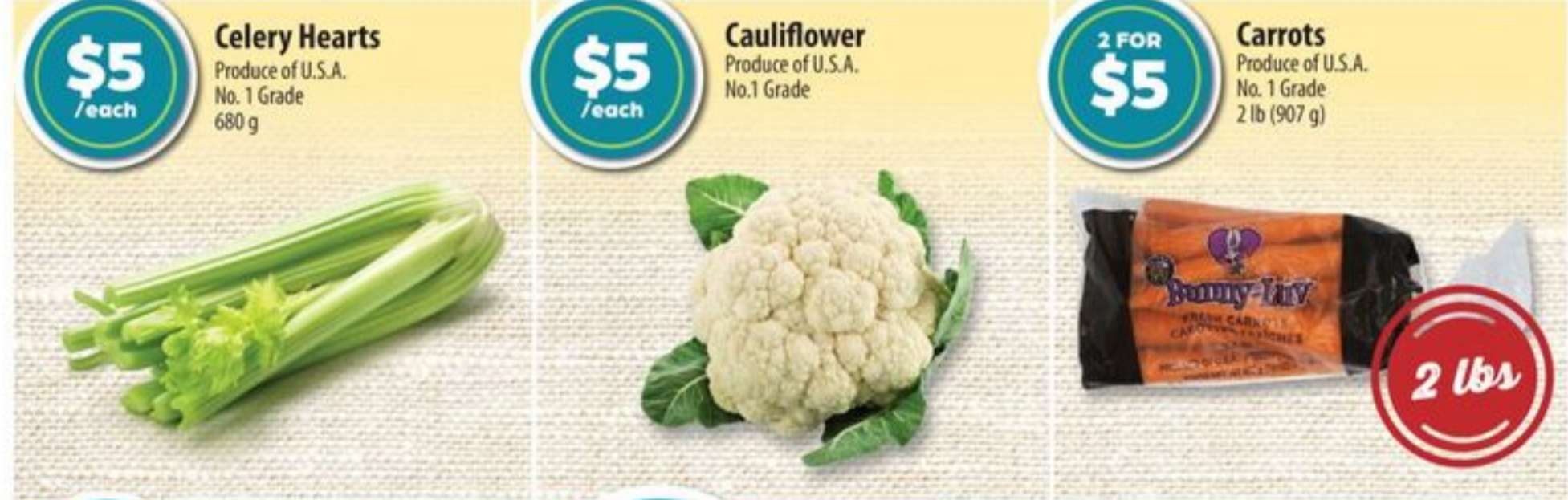
Red or White Onions
Produce of Western Canada or U.S.A.
No. 1 Grade

\$6 /each

Granny Smith or Pink Lady Apples
Produce of U.S.A.
Extra Fancy Grade
3 lb (1.36 kg)

Jumbo SIZE

3 lbs



\$5 /each

Celery Hearts
Produce of U.S.A.
No. 1 Grade
680 g

\$5 /each

Cauliflower
Produce of U.S.A.
No. 1 Grade

2 FOR \$5

Carrots
Produce of U.S.A.
No. 1 Grade
2 lb (907 g)

2 lbs



\$4 /each

Lemons
Produce of U.S.A.
2 lb (907 g)

2 FOR \$7

Co-op Grape Tomatoes
Greenhouse Grown
Produce of Western Canada or Mexico
1 Pint (551ml)

2 lbs



2 FOR \$10

Co-op Potatoes
Red, Russet, Yellow or White
Produce of Western Canada
Canada No. 1
5 lb (2.27 kg)

\$4 /each

Mann's Snap Peas
Produce of U.S.A. or Mexico
227 g

2 FOR \$10

Fresh Express Chopped Salad Kit
Produce of U.S.A. or Mexico
Selected Varieties
298 - 349 g



\$4 /each

Organic Celery Stalk
Produce of U.S.A.
No. 1 Grade

2 FOR \$6

Organic Sliced White Mushrooms
Produce of Western Canada
227 g

\$4 /each

Earthbound Farm Organic Salad Blends
Produce of U.S.A.
Selected Varieties
142 g

NEW
AT CO-OP

Check out the many
new products we have
in-store at your local
Co-op.

\$10
/each

Oikos Greek Yogurt

12 x 95 - 100 g



MADE IN CANADA

Treat yourself to something extra special

\$7
/each

Mio Iced Tea Powder

Selected Varieties
540 g



Our premium Iced Tea drink mix is made
with real tea leaves and contains 60% less
sugar than regular iced tea

BUTCHER SHOP

\$14/lb
30.86/kg

Co-op Boneless Beef Top Sirloin Grilling Steaks
Cut In-store by Your Local Butcher from Canada
AA Grade or Higher
Aged 14 Days
Value Pack

RAISED | GROWN | PRODUCED
WESTERN CANADA

Co-op works with local producers to bring quality Western Canadian beef to your table. It begins at the grassroots. Our farm families manage the care and sustainability of their operations, so you can feel good about what you serve to yours.
Learn more at coopfood.ca

RAISED | GROWN | PRODUCED
WESTERN CANADA

\$10/lb
22.05/kg

Co-op Boneless Beef Outside Round Oven Roast
Cut In-store by Your Local Butcher from Canada AA Grade or Higher
Aged 14 Days

\$18/each

Maple Leaf Prime Chicken Thighs
12 Pieces or Drumsticks 16 Pieces
Grain Fed, Free Run, Air Chilled

RAISED | GROWN | PRODUCED
WESTERN CANADA

\$4/lb
8.82/kg

Co-op Whole Chicken Wings
Grain Fed, Free Run, Air Chilled
Value Pack

\$4/lb
8.82/kg

Co-op Chicken Breasts
Back Attached
Grain Fed, Free Run, Air Chilled
Value Pack

\$14/each

Maple Leaf Prime Chicken Breast Fillets or Thin-Sliced Breasts
Raised Without Antibiotics
Grain Fed, Free Run, Air Chilled

RAISED | GROWN | PRODUCED
WESTERN CANADA

\$5/lb
11.02/kg

Co-op Glazed Pork Loin Chops
Prepared by Your Local Butcher
Selected Varieties

\$5/lb
11.02/kg

Pork Belly
Rind On or Rind Off
Random Cryovac Wrapped

\$5/each

Lilydale Gourmet Sausage
Turkey, Turkey Maple or Chicken
Selected Varieties
375 g

RAISED | GROWN | PRODUCED
WESTERN CANADA

FISH SHOP

\$10/each

Waterview Market Shrimp
Frozen
454 g

\$4/100 g

Chinook Salmon Fillets
Farmed

RAISED | GROWN | PRODUCED
WESTERN CANADA

ORGANIC

\$10/each

Aqua Star Dusted Calamari
Frozen
340 g

\$7/each

Co-op Gold All Natural Tilapia Fillets
Frozen
400 g

\$13/each

Co-op Gold Cooked Shrimp and Cocktail Sauce
Frozen
680 g



NEW



2 for
\$6

Heinz Mayo
340 mL or Heinz Ketchup 375 mL



NEW



3 for
\$10

Kraft Dressing
or Bull's-Eye BBQ Sauce 425 mL



NEW



\$5
/each

Taco Bell Core Dinner Kit
260 -420 g or Creamy Sauces 354 mL
Select Varieties

FOR EVERY BURGER

IT HAS TO BE
HEINZ
ESTD 1869

PREPARED FOODS

\$2
/100 g

Chicken Salad Supreme
Made in-store



\$5
/each

Flatbread Pizza
Made in-store



\$3
/each

Nana's Samosas
140 g



FRESH FROM OUR DELI

\$3
/each

Président Rondelé
Spreadable Cheese
125 g




\$6
/each

Snack Factory Pretzel Crisps
155 - 200 g



\$5
/each

Mini Babybel
Package of 6



\$2
/100 g

Schneiders Deli Ham
Sliced Fresh In-store
Selected Varieties



\$16
/each

Bothwell Sliced Cheese Variety Pack
450 g



\$7
/each

Reser's Salad
1.25 kg



PACKAGED MEATS

\$10
/each

Pogo Corn Dogs
Frozen
Package of 10



\$13
/each

Maple Leaf Natural Selections Sliced Deli Meats
375 - 400 g



\$9
/each

Co-op Centsibles Pork Sausage Rounds
Frozen
1.2 kg



\$7
/each

Schneiders or Maple Leaf Sliced Side Bacon
or Ready Crisp Bacon
65 - 375 g



\$7
/each

Grimm's Smokies or Sizzlin' Wieners
450 g



\$12
/each

Maple Leaf Prime Breaded Chicken Entrées
or Stuffed Chicken or Schneiders
Breaded Chicken Tender
Frozen
568 - 700 g



\$17
/each

Co-op Gold Chicken Souvlaki Skewers
Frozen
1 kg



\$9
/each

Harvest Refrigerated Pepperoni Sticks
375 g or Garlic Sausage Ring or Chunks
500 g



Campbell's

A CHANCE TO

WIN

1 OF 3 PRIZES OF

\$5,000*

in **CO-OP** Gift Cards

BUY 4 PARTICIPATING
CAMPBELL PRODUCTS*,
SCAN AND UPLOAD YOUR RECEIPT
TO THE CONTEST WEBSITE

CONTEST OPEN FROM
APRIL 16 TO MAY 6, 2026.

*No purch req'd. Open to Canadians age of majority.

Rules & free entry @ www.campbellsoup.ca/promotions/fed-coop-groceries-contest.

Skill question req'd.



Pepperidge Farm Goldfish

168 - 200 g
Selected Varieties



Campbell's Soup

284 mL, Cooking Broth
900 mL or Concentrated
Broth 250 mL
Selected Varieties



Campbell's Ready to Serve Soup

515 mL or Prego
Pasta Sauce 645 mL



FRESH FROM OUR BAKERY

<p>\$2 /each</p> <p>Co-op French Bread Baked in-store 450 g</p> 	<p>\$4 /each</p> <p>Potato Buns Baked in-store Package of 12</p> 	<p>\$6 /each</p> <p>Co-op Gold Muffin Tops Baked in-store Selected Varieties Package of 6</p> 	
<p>\$10 /each</p> <p>Co-op Gold Cheesecake Selected Varieties 550 g</p> 	<p>\$3 /each</p> <p>Hostess Twinkies 202 g, Chocolate Cupcakes 206 g or Cake Swirls 231 g</p> 		
<p>\$4 /each</p> <p>Dempster's Hot Dog or Hamburger Buns Package of 12 or Bagels Package of 5 - 6 Selected Varieties</p> 	<p>\$3 /each</p> <p>Dempster's Sandwich Bread or Texas Toast Bread 675 g</p> 	<p>\$3 /each</p> <p>Dempster's English Muffins Package of 6 or Orlan Farm Bakery Crumpets 264 g</p> 	<p>\$3 /each</p> <p>City Bread Rye, Pumpkinseed or Marble Rye 450 - 500 g</p> 

FLORAL

<p>\$10 /each</p> <p>Rainbow Rose Bunch</p> 	<p>\$14 /each</p> <p>Blooming Beauty Bouquet</p> 
<p>\$23 /each</p> <p>Orchid 5-inch Pot</p> 	<p>\$12 /each</p> <p>Assorted Tropicals 4-inch Ceramic Pot</p> 

FOR YOUR PANTRY

<p>\$10 /each</p> <p>Co-op Gold Honey Liquid or Cream 1 kg or Red Rose Orange Pekoe Tea Package of 140</p> 	<p>\$7 /each</p> <p>Nature Valley Bars 525 - 690 g, General Mills Bars 368 - 498 g, Libbar 225 - 240 g</p> 	<p>\$6 /each</p> <p>Hellmann's Mayonnaise 710 - 890 mL</p> 	<p>2 FOR \$5</p> <p>Co-op Gold Dressing Selected Varieties 425 mL</p> 
<p>4 FOR \$10</p> <p>Hamburger or Tuna Helper 158 - 233 g</p> 	<p>\$2 /each</p> <p>Knorr Sidekicks Side Dish 120 - 153 g or Cups 73 g or Co-op Gold Pasta 900 g</p> 	<p>3 FOR \$10</p> <p>Ben's Original Bistro Express or Rice & Grains, Classiques 170 - 250 g or China Lily Soya Sauce 483 mL</p> 	<p>10 FOR \$10</p> <p>Sapporo Ichiban Noodles 100 g</p> 
<p>3 FOR \$5</p> <p>Clover Leaf Skipjack or Flavoured Tuna 85 - 120 g or Salmon Salad 78 g</p> 	<p>4 FOR \$5</p> <p>Club House Seasoning Mix Selected Varieties 20 - 47 g</p> 	<p>2 FOR \$12</p> <p>La Grille Seasonings or Spices 120 - 203 g</p> 	<p>2 FOR \$7</p> <p>VH Sauces Selected Varieties 341 - 380 mL</p> 

NATURAL CHEESE
Armstrong
 1902®

HIGH IN PROTEIN Marble Cheddar Cheese

NEW



*From domestic and imported ingredients

5 for
\$10

Dairyland Sour Cream
 250 mL or Cottage Cheese 250 g



\$5
 /each

**Armstrong
 Cheese Sticks
 or Combos**
 180 - 340 g



2 for
\$7

**Dairyland
 Ultrafiltered
 Milk**
 1 L

PLUS DEPOSIT & ENVIRONMENTAL
 LEVIES WHERE APPLICABLE



FRESH DAIRY

<p>10 FOR \$10</p> <p>Milk 2 Go or Neilson Milkshakes 310 mL or Yoplait Top 200 mL</p>	<p>4 FOR \$10</p> <p>Philadelphia Dips 227 g</p>	<p>\$6 /each</p> <p>Simply Juice 1.36 - 1.54 L or Lemonade 2.25 L</p>
<p>3 FOR \$10</p> <p>Minute Maid Zero Sugar Beverages 1.54 L or Fuze Iced Tea or Fruittopia 1.75 L</p>	<p>\$5 /each</p> <p>GoldEgg Large Eggs Selected Varieties Package of 12</p>	

<p>\$2 /each</p> <p>International Delight Coffee Creamer 425 mL, Silk Creamer 450 - 473 mL</p>	<p>\$6 /each</p> <p>Activia Yogurt 12 x 100 g or Drinkable Yogurt 8 x 93 mL</p>	<p>\$5 /each</p> <p>Activia Yogurt 8 x 100 g, Silk Yogurt 500 - 650 g</p>
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<p>\$7 /each</p> <p>Liberté Greek Yogurt 650 - 750 g or Méditerranée Yogurt 900 g</p>	<p>2 FOR \$7</p> <p>Yoplait Source Yogurt 630 - 650 g or Liberté Méditerranée Yogurt 500 g or Package of 4</p>	<p>2 FOR \$5</p> <p>Yoplait Tubes 8 x 56 g</p>
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<p>\$11 /each</p> <p>Olympic Yogurt Krema, Organic or Greek 1.75 kg</p>	<p>\$5 /each</p> <p>Olympic Krema Yogurt 650 g</p>	<p>\$6 /each</p> <p>Black Diamond Cheestrings 252 - 336 g or Natural Cheese Sticks 252 g</p>
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FROM THE FREEZER

<p>\$5 /each</p> <p>Hungry-Man Dinners Frozen 360 - 455 g</p>	<p>3 FOR \$10</p> <p>Cheemo Perogies Frozen 815 - 907 g</p>	
<p>\$3 /each</p> <p>Crave, Smart Ones or Kraft Deluxe Frozen Entrées 200 - 340 g</p>	<p>\$8 /each</p> <p>High Liner Fish or Shrimp Frozen Selected Varieties 330 - 700 g</p>	<p>\$2 /each</p> <p>Swanson Meat Pies Frozen 200 g</p>
		<p>\$7 /each</p> <p>Rustica Stuffed or Rising Crust Pizza Frozen 665 - 866 g</p>

FOR YOUR PANTRY

<p>\$6 /each</p> <p>Co-op Gold Bagged Cereal 750 - 907 g or Puffed Wheat 450 g Selected Varieties</p>	<p>\$10 /each</p> <p>GoGo Squeez Pure Blended Fruit 12 x 90 g</p>	<p>\$6 /each</p> <p>Co-op Gold Oats Quick or Cooking 2.25 kg</p>	<p>2 FOR \$5</p> <p>Betty Crocker Cake Mix 375 g or Frosting 340 - 450 g Selected Varieties</p>
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McCafé®

THE HOME CUP

YOU COULD

SCORE*

A GRAND PRIZE OF

\$10,000!

+ DAILY PRIZES OF \$250



\$15
/each

McCafé Premium Roast Coffee

300 - 340 g



\$27
/each

McCafé Coffee

Package of 30

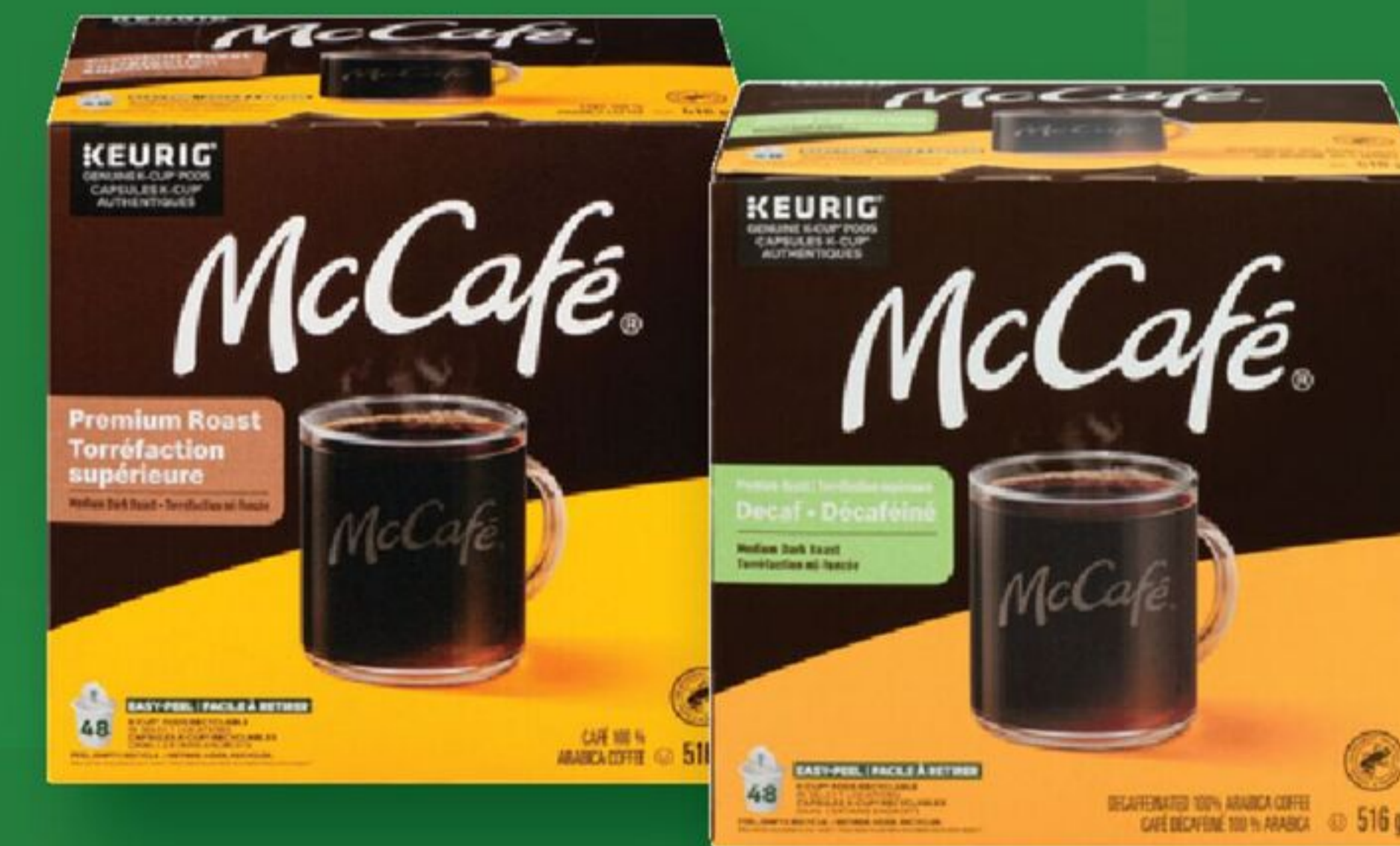
\$40
/each

McCafé Coffee

Package of 48

HOW TO ENTER

KEEP
your receipt and
SCAN
to enter with your
McCafé® purchase



*NO PURCHASE NECESSARY. Open to age-of-majority residents of Canada. Rules: www.TheHomeCupContest.com. Prizes: \$10,000 CAD cheque (1) and \$250 CAD Digital Rewards (63). Limit 20 entries/person; 1 prize/person. Odds depend on entries. Skill-testing question required. Ends 5/24/2026, 11:59:59 p.m. ET. Sponsor: Keurig Canada Inc. ©2026 McCafé trademarks used under licence. Keurig and K-Cup are registered trademarks of Keurig Green Mountain, Inc.

DRINKS & SNACKS

\$16 /each
Coca-Cola or Pepsi
Selected Varieties
24 x 355 mL

3 FOR \$11
Lay's Potato Chips
200 - 235 g

3 FOR \$12
Christie Cookies
Selected Varieties
251 - 303 g

4 FOR \$6
Cadbury Chocolate Bar or Maynards Candy
33 - 64 g

8 FOR \$10
Sunny D
500 mL, Moti's Clamato
341 mL or V8 Vegetable Cocktail
340 mL

2 FOR \$8
Tostitos Tortilla Chips
210 - 295 g

\$9 /each
Co-op Centsibles Flavoured Juice Crystals
2 kg

\$7 /each
Cadbury Chocolate Bar
Selected Varieties
180 - 200 g

made better.
SPRING SNACKING, MADE BETTER
Dare
PROUDLY CANADIAN

2 FOR \$7
Dare Snack Crackers
120 - 225 g or Crisps
100 g
Selected Varieties

2 FOR \$7
Dare Ultimate Cookies
290 - 300 g

\$6 /each
Dare Wagon Wheels
630 g or Bear Paws
336 - 490 g

QUAKER
TM/MC

3 FOR \$10
Quaker Crispy Minis
Selected Varieties
90 - 199 g

2 FOR \$8
Quaker Cereal
Selected Varieties
350 - 510 g

\$13 /each
Quaker Granola Bars
935 - 960 g

FOR YOUR baby

\$27 /each
Huggies Diapers
Little Snugglers or Snug & Dry
Selected Varieties
Package of 48 - 104

4 FOR \$10
Baby Gourmet Baby Food Pouches
128 mL or Little Gourmet 113 mL

5 FOR \$5
Personelle Organic Baby Food
Selected Varieties
Pouch 128 mL

FOR YOUR HOME & PETS

10 FOR \$9
Friskies Wet Cat Food
156 g or Fancy Feast 85 g

\$20 /each
Co-op Gold Cat Food
8 kg

\$11 /each
Tide Pods
Package of 18 - 31, Gain Flings
Package of 31 or Bounce Sheets
Package of 200

\$16 /each
Finish Dishwasher Detergent
Selected Varieties
Package of 40 - 55

2 FOR \$9
Lysol Multi Purpose Cleaner
1.2 L or Spray 650 mL

\$7 /each
Co-op Gold Alkaline Batteries
AA or AAA
Package of 16

IT'S THE FLAVOUR.



Fuze Iced Tea
or Peace Tea
12 x 341 mL

PLUS DEPOSIT & ENVIRONMENTAL LEVIES WHERE APPLICABLE



MADE IN CANADA



Powerade Beverages
Selected Varieties
6 x 591 mL

PLUS DEPOSIT & ENVIRONMENTAL LEVIES WHERE APPLICABLE



Glaceau Smart Water
Selected Varieties
700 mL or 1 L

PLUS DEPOSIT & ENVIRONMENTAL LEVIES WHERE APPLICABLE





GIVE GOLD A TRY
Great taste and exceptional value—delivering trusted quality and family favourites at prices that fit your everyday life.

<p>\$14 /each</p> <p>Co-op Gold Basa or Pollock Fillet Frozen 1.13 kg</p>	<p>\$18 /each</p> <p>Co-op Gold PURE Steelhead Trout Fillet Frozen 400 g</p>
<p>\$17 /each</p> <p>Co-op Gold Shrimp Frozen 800 g</p>	<p>\$10 /each</p> <p>Co-op Gold Bay Scallops Frozen 400 g</p>
<p>\$13 /each</p> <p>Co-op Gold Herb and Garlic Shrimp Skewers Frozen 400 g</p>	<p>\$10 /each</p> <p>Co-op Gold Shrimp Appetizers Frozen Selected Varieties 240 - 340 g</p>
<p>\$62 /each</p> <p>Co-op Gold Beef Burgers Frozen 4 kg</p>	<p>\$14 /each</p> <p>Co-op Gold Smokies 900 g or Co-op Centuries Garlic Sausage Ring 1 kg</p>
<p>\$4 /each</p> <p>Co-op Gold Brioche Hamburger Buns Package of 4</p>	
<p>\$9 /each</p> <p>Co-op Gold Cheese Block Selected Varieties 250 - 320 g</p>	<p>2 FOR \$5</p> <p>Co-op Gold PURE Kettle Chips 170 g</p>
<p>2 FOR \$5</p> <p>Co-op Gold Breakfast Sandwich or Burrito Frozen 100 - 142 g</p>	
<p>2 FOR \$10</p> <p>Co-op Gold Mayonnaise or Whipped Dressing 750 - 890 mL</p>	<p>2 FOR \$3</p> <p>Co-op Gold Mustard 400 mL</p>
<p>\$6 /each</p> <p>Co-op Gold Margarine 850 g</p>	<p>\$11 /each</p> <p>Co-op Gold Canola Oil 3 L</p>

<p>\$6 /100 g</p> <p>Parmigiano Reggiano Product of Italy</p>	<p>\$3 /each</p> <p>Tre Stelle Cream Cheese 200 g</p>	<p>\$8 /each</p> <p>Tre Stelle Mozzarella Ball 340 g or Ricotta 475 g</p>
<p>\$9 /each</p> <p>Tre Stelle Feta Tub 375 g</p>	<p>2 FOR \$10</p> <p>Tre Stelle Shredded Parmesan 125 - 200 g</p>	

Experience the authenticity. Elevate your dishes with Parmigiano Reggiano. Made exclusively in select regions of Italy, aged to perfection, crafted with tradition.

SAVE on your must-haves

BITE INTO CANADA'S FAVOURITE BREAKFAST

SAVE \$3 when you buy any 1 Computer's Bagels or Bread + 1 jar Philadelphia Cream Cheese Product (227 - 340 g) or Kraft Peanut Butter Spread (750 g - 1 kg)
EXPIRES ON JUNE 30, 2024
 *See in-store for details. Subject to availability. While supplies last.

\$6 /each
 Kraft Peanut Butter
 1 kg or All Natural 750 g

\$5 /each
 Kraft Singles or Velveeta Slices
 410 g, Cheese Whiz 450 g or Philadelphia Cream Cheese 227 - 250 g

2 FOR \$10
 Heinz Ketchup
 750 mL - 1 L or Kraft Miracle Whip or Mayo 890 mL

2 FOR \$3
 Kraft BBQ Sauce
 455 mL or Heinz Mustard 265 - 380 mL

\$3 /each
 Classico Pasta Sauce
 410 - 600 mL, Pesto 218 mL or Shake 'n Bake 142 - 184 g

4 FOR \$10
 Kool-Aid Jammers
 10 x 180 mL

8 FOR \$10
 KD
 156 - 200 g or Cups 58 g

4 FOR \$5
 Bravo Pasta Sauce
 680 mL

3 FOR \$10
 Lunchables Lunch Kits
 89 - 135 g

4 FOR \$5
 Jell-O Jelly Powder
 101 - 45 g Instant Pudding 30 - 113 g or Lemon Pie Filling 128 g Selected Varieties

\$8 /each
 Maxwell House Instant Coffee
 126 - 256 g

\$20 /each
 Nabob Coffee
 915 - 930 g

\$13 /each
 Good Host Iced Tea or Lemonade Powder
 2.35 kg

\$8 /each
 Nescafé Instant Coffee
 Selected Varieties 100 - 396 g

Nestlé
 Good Food. Good Life.®

2 FOR \$10
 Nestlé Multipack
 Package of 4 or Cello Bags 76 - 203 g

2 FOR \$9
 Nestlé Coffee Mate
 828 - 946 mL

\$6 /each
 Iögo Frozen Yogurt or Del Monte Sorbet
 946 mL or Nestlé Iögo Frozen Novelties, Package of 4 - 8

\$6 /each
 Häagen-Dazs Ice Cream
 400 - 450 mL or Novelties Package of 3 Frozen

CO-OP FREE
 Pillsbury™ Pizza Pop 4ct or Toaster Strudel
 when you buy any 2 Pillsbury™ Pizza Pops 8ct or Pizza Bites 50ct

\$6 /each
 Pillsbury Pizza Pops
 760 g or Bites 693 g Frozen

2 FOR \$9
 Old El Paso Dinner Kits
 Selected Varieties & Sizes

\$6 /each
 General Mills Family Size Cereal
 Selected Varieties 455 - 778 g

\$4 /each
 Nature Valley Bars
 175 g or Dunkaroos 168 g Selected Varieties