

buy-low foods

Get bigger savings on
BIGGER PACKS!

WOW!
Works out to
374
lb

Hallmark Chicken Breast Pieces
Boneless, Skinless, Seasoned,
Frozen, 4 kg Box,
32.97 ea



WOW!
197
ea

Tomatoes on the Vine
BC, 1.5 lb Bag



4
PACK

WOW!
15.97
ea

Mitchell's Bacon
Sliced, 4-Pack, 1.5 kg



Go big & go home with
XL-SIZED SAVINGS!



8.97
ea

Kings River Navel Oranges
California, 10 lb Box

Buttercup Bread
White or Whole Wheat, 570g

3\$6
for



Maxwell House Coffee
Selected Varieties,
864g or 900g

15.97
ea



Nature Valley Granola Bars
Selected Varieties, 980g

11.97
ea



9.97
ea

Kraft Dinner
Original, 12 x 200g



7.47
ea

Mr. Noodles Instant Noodles
Selected Varieties,
24 x 85g



8.47
ea

Kellogg's Cereal
Selected Varieties,
Jumbo, 950g or 1.01 kg



Prices effective Thursday to Wednesday, April 23 to 29, 2026. Offers require use of More Rewards Card.
Offers available at Buy-Low Foods Prince George, Grande Prairie, Nanaimo, Coquitlam, Hope & Fraser St. locations only.

BUY LOW. GET MORE FOR LESS!

CANADIAN owned and operated.

Scan to SAVE

with



Get our weekly sale pricing and promotions only when you use your More Rewards card.

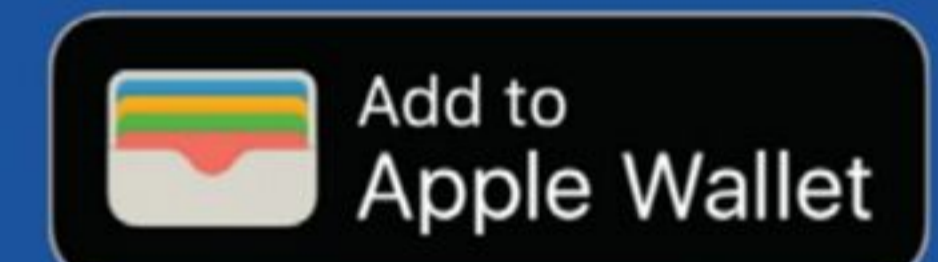
Not a member yet?

visit MoreRewards.ca/DigitalCard to sign up.

buy-low
foods

Keep points in your pocket

Add your More Rewards card to your digital wallet.



PRODUCE SQUEEZE THE SAVINGS
Enjoy fresh... for less.



WOW!
4⁹⁷
ea
Blueberries
Mexico, 1 Pint

FRESHER.
LOWER.

Get all your favourite produce at low prices. Check out our local & organic options.

Show us any local competitor's flyer and we will match it!



Western Family Avocados
Mexico, 4-Pack

3⁹⁷
ea



Russet Potatoes
Yellow or Red, Canada, 5 lb Bag

4⁹⁷
ea



Tri Pack Onions
USA, 3 lbs

3⁹⁷
ea



Grape Tomatoes
Canada, 680g

5⁹⁷
ea



Romaine Hearts
USA

3⁹⁷
ea



Mixed Coloured Peppers
Mexico, 2 lb Bag

3⁹⁷
ea



fresh Guarantee

If our produce is not fresh, we will 100% refund and replace the product*. (*See in store for details.)

BUY LOW. GET MORE FRESH! 

BUY LOW. GET MORE FRESH!

Pork Chops
Fresh, Boneless, Centre
Cut, Value Pack, 15.37/kg

6⁹⁷
lb



10⁹⁷
ea

**Western Family
Stuffed Chicken
Cutlettes**
Selected Varieties,
Frozen, 852g



**Western Family
Filled Pasta**
Selected Varieties,
600g or 700g

6⁹⁷
ea



1⁹⁷
100g

Coho Fillet
Frozen



2⁴⁷
100g

Ahi Tuna
Previously Frozen
or Frozen



6⁹⁷
ea

Cheesecake
Variety Pack, 4 Slices, 350g



4⁹⁷
ea

Croissants
Pack of 6



8⁹⁷
ea

Banana Cream Pie
Selected Varieties, 650g



3⁹⁷
ea

**Homestyle
Half Loaf**
Sourdough or
Manchester Malt, 550g



3⁴⁷
ea

Hostess Dessert
Selected Varieties, 202g
or 206g

**Beef
Sausage Rolls**
6-Pack

\$6
ea



\$9
ea

Samosas
Family Pack



3⁹⁷
ea

**Western Family
Guacamole**
Mild or Spicy, 227g



6⁹⁷
ea

Burns Bologna
Sliced, 500g



5⁹⁷
ea

**Saputo
Cheese Slices**
Selected Varieties,
160g or 180g



BULK FOODS

BULK UP!

With as much (or as little) as you want.



.47
100g

Dare Jelly Beans
Selected Varieties



1.57
100g

Jelly Belly Jelly Beans
Selected Varieties



1.27
100g

Mixed Nuts
Selected Varieties



1.27
100g

Pumpkin Seeds
Raw or Roasted & Salted



.67
100g

Roasted Sunflower Kernels
or Raw, Selected Varieties

THIRST QUENCHING SAVINGS



13.47
ea

Coca-Cola Soft Drinks
Selected Varieties,
24 x 355 mL



22.47
ea

Gatorade Sports Drinks
Selected Varieties,
24 x 593 mL



9.10
for

Sparkling Ice Sparkling Water
Selected Varieties,
503 mL



19.97
ea

SunRype 100% Pure Apple Juice
12 x 1 Litre



13.97
ea

SunRype 100% Pure Apple Juice
40 x 200 mL

BUY LOW. GET MORE SAVINGS!



GET EVEN BIGGER SAVINGS WHEN YOU BUY BIGGER PACKS!



SUPERSIZE YOUR SAVINGS

GET EVEN BIGGER SAVINGS WHEN YOU BUY BIGGER PACKS!



WOW!
12⁹⁷ ea
 Pepsi Soft Drinks
 Selected Varieties,
 24 x 355 mL

Quaker Chewy Granola Bars
 Selected Varieties,
 935g or 960g



10⁹⁷ ea



14⁹⁷ ea

Aylmer Tomatoes
 Selected Varieties, 8 x 796 mL



9⁹⁷ ea
 Campbell's Beef
 Broth
 6 x 900 mL
 WHILE QUANTITIES LAST.



7⁹⁷ ea
 Imperial Margarine
 Selected Varieties,
 1.28 kg or 1.36 kg



4⁹⁷ ea
 Cheemo Potogies
 Selected Varieties,
 Frozen, 2 kg

Quaker Instant Oatmeal
 Selected Varieties,
 594g or 774g



5⁹⁷ ea



11⁴⁷ ea
 Olympic Organic Yogurt
 Selected Varieties,
 1.75 kg



6⁹⁷ ea
 Kraft Singles Cheese Slices
 Selected Varieties,
 825g

SUPERSIZE YOUR SAVINGS

LOWER EVERY DAY.

Savings in every aisle, every day.

pantry



WOW!
9⁹⁷
ea
Rogers Flour
Selected Varieties,
10 kg



Rogers
White Sugar
10 kg

11⁹⁷
ea



Hershey's
Chipits
Selected Varieties,
835g or 925g

16⁹⁷
ea



Western Family
Tuna
Selected Varieties,
6 x 170g

8⁴⁷
ea



Christie Premium
Plus Crackers
Salted or Unsalted, 900g

6⁹⁷
ea



Campbell's
Chunky Chicken
Noodle Soup
6 x 515 mL
WHILE QUANTITIES LAST.

12⁹⁷
ea

stock up & save



WOW!
3\$9
for
Classico
Pasta Sauce
Selected Varieties,
600 mL



Old Dutch
Potato Chips
Selected Varieties,
600g

5⁹⁷
ea



Hellmann's
Mayonnaise
Selected Varieties,
1.42 Litres

8⁹⁷
ea



Snack Pack
Pudding Cups
Selected Varieties,
12 x 99g

6⁴⁷
ea



Sunny D
Tangy Original,
3.78 Litres

4⁹⁷
ea



Dare Wagon
Wheels
630g

4⁹⁷
ea



Show us any competitor's flyer
and we will match it!

Some conditions apply. Visit buy-low.com for details.

LOWER ALL WAYS.

SAVE MORE with our every day low prices **PLUS** Ad Match, Drop Zone, Compare & Save.

dairy & frozen



WOW!
3⁹⁷
ea

**International Delight
Coffee Enhancer**
Selected Varieties,
946 mL



McCain French Fries
Selected Varieties, 1.5 kg

6⁹⁷
ea



Armstrong Cheese
Selected Varieties, 1.35 kg, First 2

17⁹⁷
ea



Bassili's Best Lasagna
Selected Varieties, Frozen,
2.27 kg

15⁹⁷
ea



**Danone
Activia Yogurt**
Selected Varieties,
12 x 100g

5⁹⁷
ea



Western Family Fruit
Selected Varieties, Frozen,
1.5 kg

9⁹⁷
ea

household & more



WOW!
9⁹⁷
ea

**Fancy Feast
Cat Food**
Selected Varieties,
12 x 85g



**Western Family
Bathroom Tissue**
24=48 Rolls

11⁹⁷
ea



**Purina One Smart
Blend Dog Food**
Dry, Selected Varieties,
7 kg

25⁹⁷
ea



**Boost Nutritional
Supplement Drinks**
Selected Varieties, 6 x 237 mL

11⁹⁷
ea



**Western Family
Facial Tissue**
Selected Varieties,
6-Pack

5⁹⁷
ea



**Western Family
Ultra Detergent**
Selected Varieties, 2.7 Litres

9⁹⁷
ea

WE CUT PRICES, NOT CORNERS.