

COMMUNITY NATURAL FOODS

NOURISHING OUR COMMUNITY SINCE 1977



APRIL 30 - JUNE 3, 2026

SALE ITEMS * FEATURED SALE ITEMS * FEATURED SALE ITEMS * FEATURED SALE ITEMS *

DEAL OF THE WEEK



SUKIN Assorted Skin Care Products 400G

25% OFF

+ EARN 5% BONUS CASH

APRIL 30TH - MAY 6TH

MABEL Ginger Beer 355ML

SAVE \$0.70

\$3.59



NEW!

CRUMBLZ Taco Tuesday Plant-Based Protein Crumbles 95-100G

10% OFF



+ EARN 10% BONUS CASH



TRENDING

ORGANIC Navel Oranges APRIL 30 - MAY 6

\$1.99 /LB 4.39/KG

+ EARN 10% BONUS CASH



NATURAL FACTORS Spring Flyer SELECT PRODUCTS



UP TO 60% OFF



SUNWORKS FARM Bone Broth 750ML APRIL 30 - MAY 6

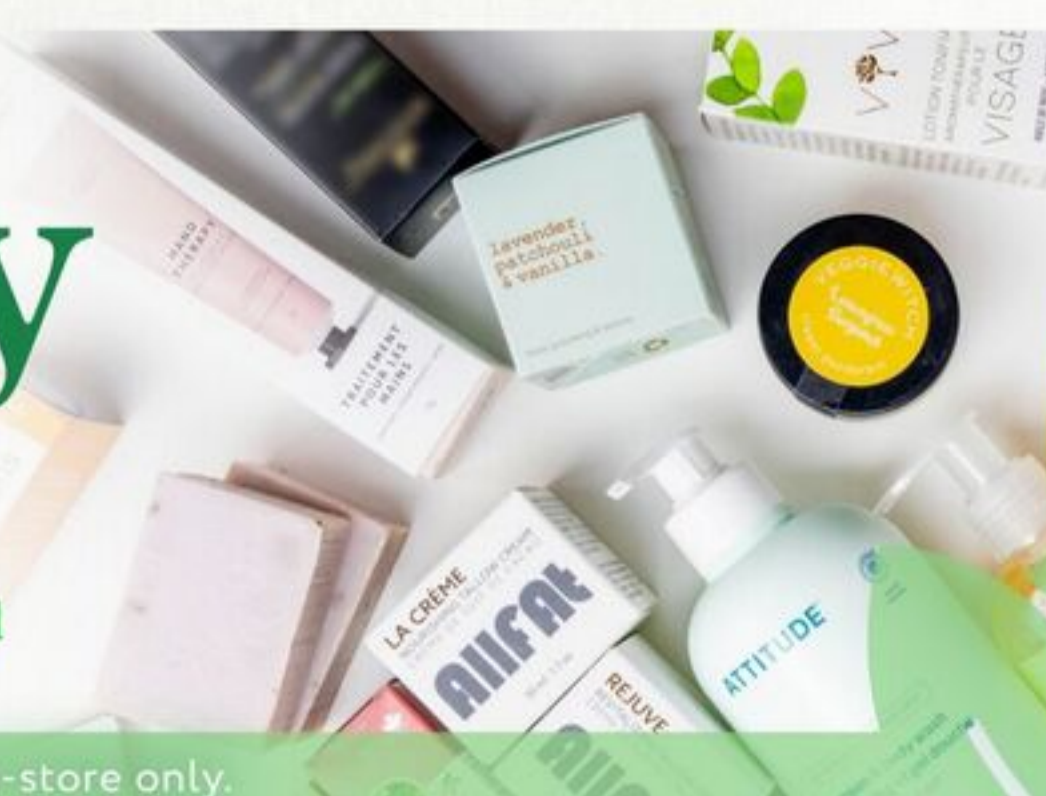
\$16.29



Beauty Sale

Saturday, May 2nd

*For members, regular priced items, in-store only.



Members Save 20% OFF* Facial & Body Care

Over 1500 Items on Sale Monthly

SHOP HERE

WEEKLY FRESH DEALS!

Lentil Pico de Gallo
[RECIPE HERE](#)



APRIL 30 – MAY 6

Organic Navel Oranges

\$1.99
/LB 4.39/KG

EARN 10% BONUS CASH

Organic Blackberries

\$6.99
EACH

Organic Celery

\$2.99
/LB 6.59/KG

EARN 10% BONUS CASH

Organic Field Cucumbers

\$1.99
/LB 4.39/KG

EARN 25% BONUS CASH

Organic Romaine Hearts

\$5.99
EACH

EARN 10% BONUS CASH

Organic AB Red Potatoes
5LB BAG



\$8.99
EACH

Over 1500 Items on Sale Monthly

SHOP HERE

WEEKLY FRESH DEALS!

MID-DAY SQUARES
**Superfood
Chocolate**

33G



**10%
OFF**

**+ EARN
5%
BONUS
CASH**

QUEEN STREET
BAKERY
**Gluten Free
Baked Goods**

425-500G



**10%
OFF**

**+ EARN
5%
BONUS
CASH**

KARTHEIN'S
**Fermented
Vegetables &
Kimchi**

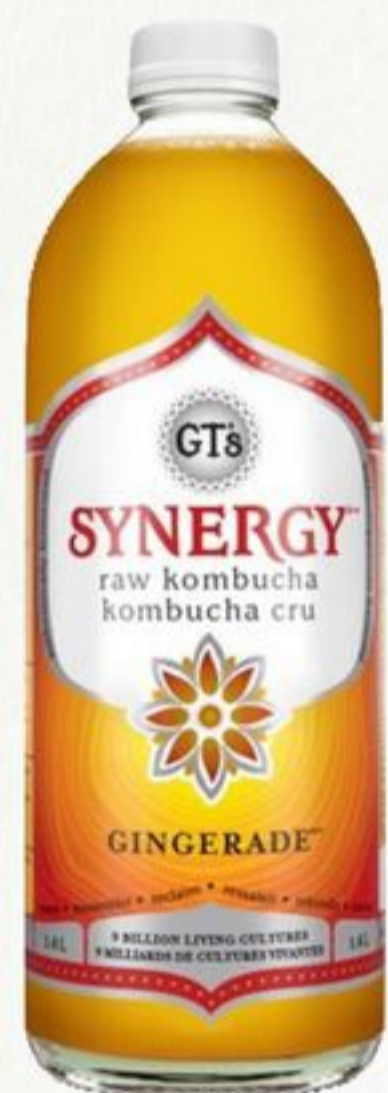
375-750ML



**15%
OFF**

GT'S
**Assorted
Kombucha**

1.4L



**10%
OFF**

HAPPY BELLY
**Locally
Crafted
Kombucha
Select Flavors**

355ML



**15%
OFF**

TOP GRASS
**Top Sirloin
Steak**

ASSORTED SIZES

GRASS FED



**15%
OFF**

RIVIERA
**Coconut
Vegan
Delight**

500G & 946ML

PLANT BASED



**10%
OFF**

SILVER HILLS
**Sprouted
Grain Bagels
& Buns**

390-400G



**15%
OFF**

LITTLE NORTHERN
BAKEHOUSE
Select Loaves

482G

*** GLUTEN *
FREE**



**15%
OFF**

Over **1500** Items on Sale Monthly

**SHOP
HERE**

WEEKLY FRESH DEALS!

Fresh

ST. FRANCIS
HERB FARM
Castor Oil
ENTIRE LINE ON SALE



**15%
OFF**

BULLETPROOF
**High-
Performance
Supplements**
ASSORTED VARIETIES



**15%
OFF**

ENZYMEDICA
**Digestive
Enzymes
& Health
Products**
ASSORTED



**15%
OFF**

JIMMY BOYD
**Biodynamic
Perfume**
200ML

SAVE \$10.00

\$59⁹⁹



LA LUNA
**Wellness &
Relaxation
Products**
ASSORTED VARIETIES



**10%
OFF**

GIOVANNI
Hair Care
ASSORTED VARIETIES



**15%
OFF**

DERMA E
Facial Care
ASSORTED



**15%
OFF**

ANNEMARIE
BORLIND
**Natural
Skin Care &
Cosmetics**
ASSORTED



**15%
OFF**

WELEDA
**Facial &
Body Care
Products**
ASSORTED VARIETIES



**15%
OFF**

EARN
**5%
BONUS
CASH**

Over **1500** Items on Sale Monthly

SHOP
HERE

WEEKLY FRESH DEALS!

Health & Body Care

MEGAFOOD
Whole Food
Supplements
SELECT PRODUCTS

SAVE \$6.75

15%
OFF



FLORA
Spring Flyer
SELECT PRODUCTS



UP TO
20%
OFF



NATURAL FACTORS
Spring Flyer
SELECT PRODUCTS



UP TO
60%
OFF



GOOD PROTEIN
All-In-One Shake
Assorted Flavours
880G

SAVE \$10.00

\$49⁹⁹



NORDIC NATURALS
Omega 3
Supplements
ASSORTED VARIETIES

SAVE \$6.75

15%
OFF



CANPREV
Nutritional
Supplements
SELECT PRODUCTS



15%
OFF



Over 1500 Items on Sale Monthly

SHOP
HERE

WEEKLY FRESH DEALS!

COMMUNITY NATURALS
**Organic Roasted
Salted Pumpkin
Seeds**



COMMUNITY NATURALS
Sesame Spelt Sticks



COMMUNITY NATURALS
Wild Rice Sticks



COMMUNITY NATURALS
**Organic
Popping Corn**



COMMUNITY NATURALS
**Organic
Pinto Beans**



COMMUNITY NATURALS
Organic Chickpeas



Bulk

Over **1500** Items on Sale Monthly

**SHOP
HERE**

WEEKLY FRESH DEALS!

EXPLORE NEW!

MABEL
Ginger Beer

355ML

SAVE \$0.70

\$3.59



BETTER BOVINE
Grass-Fed
Beef Sticks
& Jerky

50G

15%
OFF



FLOW
Sparkling Water

355ML

SAVE \$0.50

\$1.99



PERFECT EARTH
Thai Curry
Ramen

95G

EARN
15%
BONUS
CASH



MAISON ORPHÉE
Baking Mixes

425-550G

EARN
20%
BONUS
CASH



JONNY POPS
Organic
Popsicles

5X55ML

15%
OFF



MOODY BEE
Beeswax
Lip Balm

ASSORTED

\$5.99 -

\$6.99



ATTITUDE
Sunscreen Spray
SPF50

85G

SAVE \$5.00

\$22.99



VINKER
Plant Based
Korean fried
Chicken

255-325G

15%
OFF



New Products

Over 1500 Items on Sale Monthly

SHOP
HERE

WEEKLY FRESH DEALS!

TRENDING NOW!

CRUMBLZ
Taco Tuesday Plant-Based
Protein
Crumbles
95-100G



10%
OFF

EARN
10%
BONUS
CASH

BIOITALIA
Organic Grains
& Veggie Side
Dishes
250-300G

ORGANIC



15%
OFF

TOCHA
Spiced
Sauces
260G



15%
OFF

EARN
5%
BONUS
CASH



PLANTBASED
FOOTPRINT
Plant-Based
Queso
473-500ML



10%
OFF

EARN
5%
BONUS
CASH

GATHERING PLACE
Organic
Southwest
Taco
Seasoning
40G

ORGANIC



EARN
15%
BONUS
CASH

QUE PASA
Organic
Dippers
Chips
170G

ORGANIC



10%
OFF

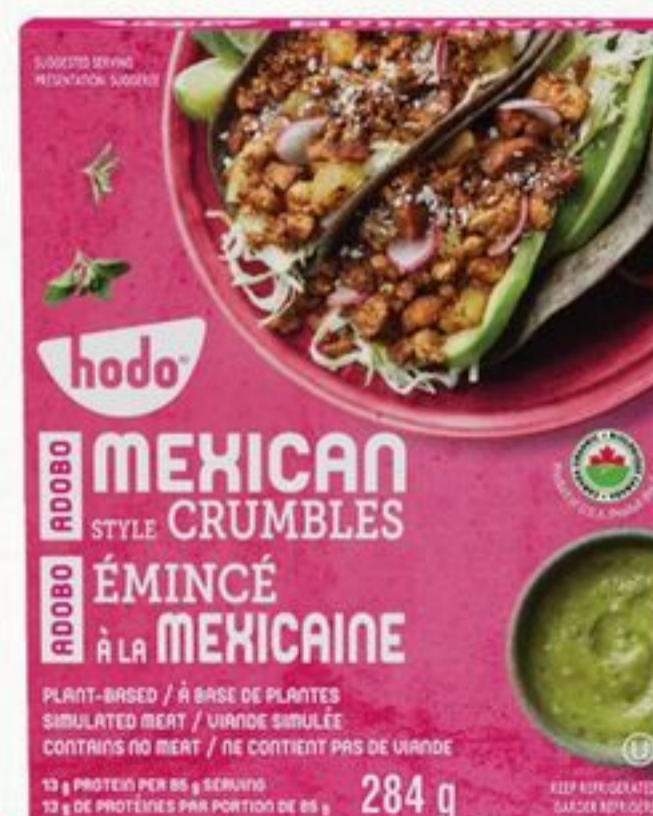
EARN
5%
BONUS
CASH

FRESH IS BEST
Fresh Salsas
375G

\$5.99



HODO SOY
Adobo
Mexican-Style
Crumbles
284G



15%
OFF

YUCATAN
Authentic Guacamole
& Restaurant Style
Guacamole
227-340G



15%
OFF



Taco Tuesdays



Over 1500 Items on Sale Monthly

SHOP
HERE

WEEKLY FRESH DEALS!

BLUE MONKEY
**Coconut
Water**
ASSORTED SIZES



EARN
**15%
BONUS
CASH**

COOLER CO.
Yerba Mate
473ML
CANADIAN



**15%
OFF**

EARN
**10%
BONUS
CASH**

EVERLAND ^{ORGANIC}
**Organic
Dried Fruits**
ASSORTED SIZES



**10%
OFF**

EARN
**10%
BONUS
CASH**

FREEYUMM
**Snack Bars,
Cookies &
Crackers**
ASSORTED SIZES

SAVE \$0.70

\$4.79

CANADIAN



HORNBY ORGANIC
**Organic
Energy Bars**
80G
CANADIAN



**15%
OFF**

EARN
**30¢
BONUS
CASH**

GURU ^{ORGANIC}
**Organic
Energy
Drinks**
355ML

SAVE \$0.90

\$3.29



ENDANGERED SPECIES
**Fair Trade
Chocolate Bars**
85-100G



**10%
OFF**

EARN
**10%
BONUS
CASH**

HEAL X
**Frozen
Cauliflower
Fries**
280G
CANADIAN



**15%
OFF**

GREEN BOWL
**Upcycled
Ready-to-Eat
Meals**
250G
CANADIAN



EARN
**10%
BONUS
CASH**

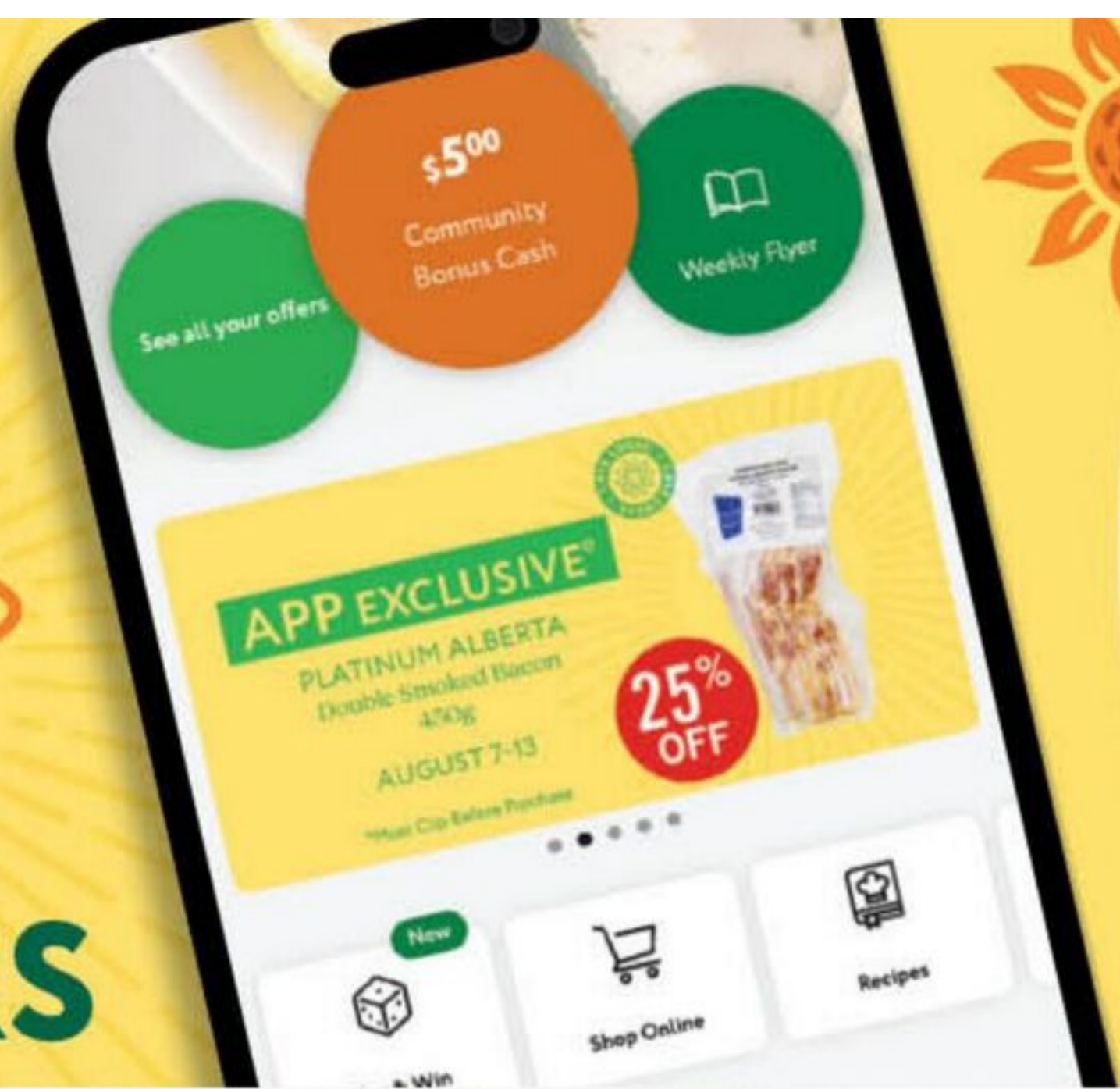
Over **1500** Items on Sale Monthly

SHOP
HERE

WEEKLY FRESH DEALS!

Grocery

DON'T FORGET TO CLIP YOUR OFFERS



Community Bonus Cash means free wellness essentials, body care treats, pantries goodies, and your organic favourites.



*Community Natural Foods App download and registration required. Visit communitynaturalfoods.com/policies for additional terms & conditions.

COMMUNITY NATURALS
Organic Roasted Salted Pumpkin Seeds



EARN **10% BONUS CASH**



MOONSHINE MAMA'S *WOMEN OWNED*
Superfood Elixirs

10% OFF

EARN **5% BONUS CASH**



CLIPPED OFFER

New Chapter

Spend \$125 on New Chapter products, get \$25 off your next New Chapter purchase



App Exclusives

ORGANIC TRADITIONS
Superfood Latte Mixes
150G



15% OFF



CLIPPED OFFER

FRESH LEAF
Organic AB Fresh Leaf Sprouts All Varieties



EACH
APRIL 30 - MAY 20

25% OFF

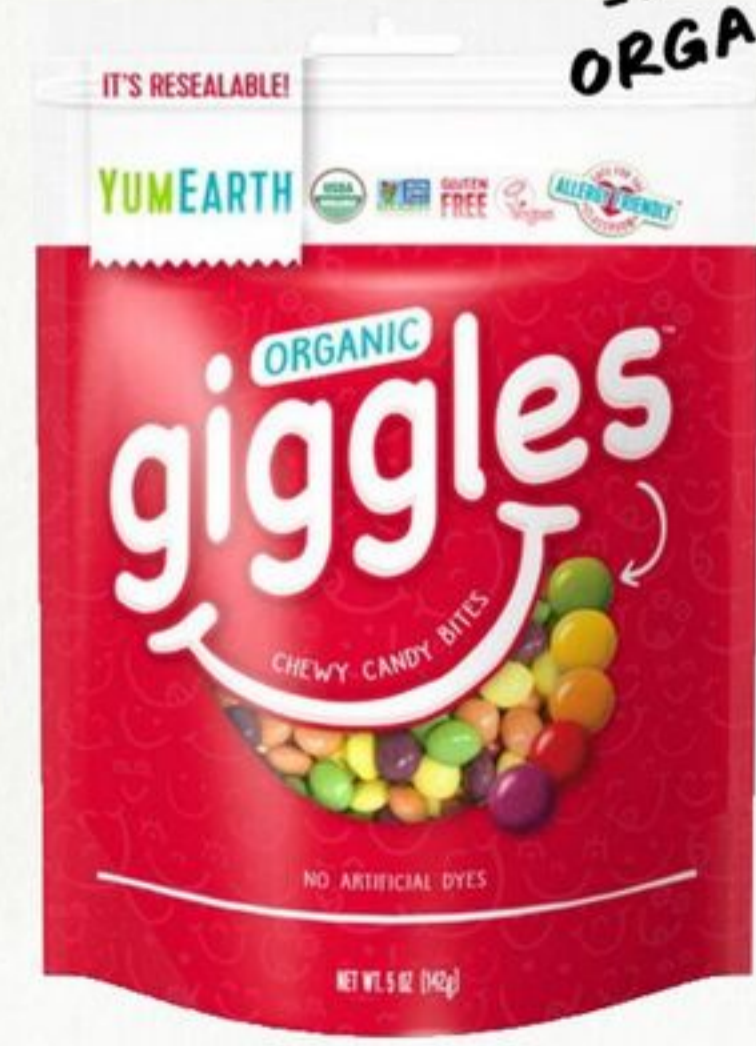


CLIPPED OFFER

YUM EARTH
Organic Candies
ASSORTED SIZES



15% OFF



CLIPPED OFFER

Over **1500** Items on Sale Monthly

SHOP HERE

WEEKLY FRESH DEALS!

The entire line

20% OFF



A Proud Canadian Legacy of Science-Based Natural Health Products

provita-nutrition.ca



Learn. Earn. Save.

Sign up for the Community Newsletter!

communitynaturalfoods.com/sign-up



SCAN HERE

TRY COMMUNITY NATURAL FOODS DELIVERY & CURBSIDE PICK UP TODAY

LEARN MORE



**COMMUNITY
NATURAL FOODS**
NOURISHING OUR COMMUNITY SINCE 1977

10th Ave Market & Cafe
1304 10th Ave SW
Calgary

Crowfoot Market
850 Crowfoot Cres. NW
Calgary

Seton Market
3975 Market Street SE
Calgary

shop.communitynaturalfoods.com

STORE HOURS CGY

Monday to Saturday:
9am–9pm

Sunday:
9am–7pm

Chinook Market
202 61st Ave SW
Calgary

Strathcona Market
7914 104 St NW
Edmonton

STORE HOURS EDM

Sunday to Friday:
9am–9pm

Saturday:
8am–9pm

Register for the new membership program and
download the app at communitynaturalfoods.com

All advertised limits are applicable per household, while supplies last. No rainchecks. During a sale, Community Natural Foods Stores make every effort to supply sufficient advertised merchandise to meet your needs. Because of circumstances beyond our control, some items may be out of stock. Also, due to the size of some Community Natural Foods Stores, a complete line of advertised items may not be carried. We apologize for any inconvenience caused by these shortages. Although we strive for complete accuracy in our advertising, errors sometimes can occur. When an error is discovered, a correction notice will be posted in Stores to bring the error to your attention. Actual items may vary slightly from illustrations. Some illustrations are serving suggestions only. GST is extra where applicable. Certain items may be subject to additional recycling or deposit fees.

*Community Natural Foods app download and registration required for bonus cash and app exclusive items. All items with a percentage bonus offer apply to the purchase price paid excluding deposit, environmental and taxes where applicable. App offers and game redemptions available in store only.

For eCommerce, earned Community Natural Foods Bonus Cash is based on your fulfillment date. Visit calgarycoop.com for contest rules and additional terms and conditions.

We reserve the right to limit purchases to retail quantities. Not all items may be available at all stores. Items advertised may not be exactly as illustrated. Prices do not include tax, deposit, environmental handling charges or levies.