

# Meat

|   |  |  |   |   |  |
|---|--|--|---|---|--|
| <p>USDA Choice Beef Shoulder or Top Round London Broil</p>  <p><b>\$5.99</b> lb<br/>YOUR CHOICE!</p> | <p>USDA Choice Beef Chuck For Stew</p>  <p><b>\$6.99</b> lb<br/>Family Pack - 3 Lbs or More</p> | <p>Fresh Pork Spareribs</p>  <p><b>\$2.99</b> lb<br/>Family Pack</p> | <p>All Natural Boneless Center Cut Pork Chops</p>  <p><b>\$2.99</b> lb<br/>Family Pack - 3 Lbs or More</p> | <p>Grade A Perdue Chicken Drumsticks</p>  <p><b>\$1.29</b> lb<br/>Jumbo Pack</p> | <p>Grade A Perdue Chicken Wings</p>  <p><b>\$3.49</b> lb<br/>Jumbo Pack</p> |
| <p>Whole Oxtail</p>  <p><b>\$8.99</b> lb</p>   | <p>Sliced &amp; Trimmed Oxtail</p>  <p><b>\$11.99</b> lb</p>                                    | <p>Grass Fed Boneless Ribeye Steak</p>  <p><b>\$9.99</b> lb</p>      | <p>Fresh Baby Back Pork Ribs</p>  <p><b>\$4.99</b> lb</p>  | <p>Antibiotic Free Murray's Whole Chickens</p>  <p><b>\$2.99</b> lb</p>          | <p>16 Oz Pkg Butterball 85% Lean Ground Turkey</p>  <p><b>\$4.99</b></p>    |

# Seafood

|   |  |   |
|---|--|---|
| <p>2 Lb Bag 21-25 Count Per Lb Peeled &amp; Deveined AquaStar Raw Shrimp</p>  <p><b>\$15.99</b><br/>With Club Card &amp; Add'l \$25 Purchase.</p> | <p>Wild Whole Black Sea Bass</p>  <p><b>\$9.99</b> lb</p> | <p>Farm Raised Fresh Atlantic Salmon Fillet</p>  <p><b>\$10.99</b> lb</p> |
|---|--|---|

# Produce

|  |  |   |   |  |   |
|--|--|---|---|--|---|
| <p>Mexican Tommy Atkins Mangos or Hass Avocados</p>  <p><b>49¢</b> ea.<br/>With Club Card. Limit 6 Offers Of Each. Without Club Card: 99¢</p> | <p>16 Fl Oz Btl Assorted Health Ade Kombucha</p>  <p><b>2/\$7</b></p> | <p>Green Plantains</p>  <p><b>6/\$2</b></p>   | <p>Waxed Yuca</p>  <p><b>99¢</b> lb.</p>                                   | <p>5 Oz Cont Assorted Earthbound Farm Organic Salads</p>  <p><b>2/\$7</b></p>     | <p>Organically Grown 8-10 Oz Bag Select Varieties Pero Family Farms Vegetables</p>  <p><b>\$4.99</b></p> |
|  |  | <p>8 Oz Bag ... Spinach<br/>9 Oz Bag ... Lettuce Trio or Premium Romaine<br/>11 Oz Bag ... Green &amp; Crisp</p> <p>Fresh Express Salads</p>  <p><b>2/\$5</b> MIX OR MATCH!</p> | <p>14-16 Oz Pkg Assorted House Foods Premium Tofu</p>  <p><b>3/\$5</b></p> | <p>Organically Grown 16 Oz Pkg ... Ripe Red Strawberries</p>  <p><b>2/\$9</b></p> | <p>16 Fl Oz Btl Assorted Harmless Harvest Coconut Water</p>  <p><b>\$6.99</b></p>                        |

# Deli

|   |   |   |   |  |  |  |   |
|---|---|---|---|--|--|--|---|
| <p>Boar's Head Maple Glazed Honey Coat Turkey Breast</p>  <p><b>\$11.99</b> lb<br/>Sliced To Order</p> | <p>Urban Meadow Muenster Cheese</p>  <p><b>\$4.99</b> lb<br/>Sliced To Order</p> | <p>No MSG - Gluten Free Premium 97% Fat Free 10 Grams of Protein Per Serving DiLusso Deluxe Ham</p>  <p><b>\$6.99</b> lb<br/>Sliced To Order</p> | <p>Domestic Urban Meadow Swiss Cheese</p>  <p><b>\$5.99</b> lb<br/>Sliced To Order</p> | <p>Beef or Chicken Quesadillas</p>  <p><b>\$9.99</b> ea</p>                      | <p>Roasted Asparagus</p>  <p><b>\$8.99</b> lb</p> | <p>Baked Fresh Daily Croissants, Scones, Muffins, Fruit Turnovers Assorted Pastries</p>  <p><b>5/\$10</b> Must Buy 5.</p> | <p>21 Grams of Whole Grains Per Slice 24 Oz Pkg Anthony &amp; Sons Avocado Bread</p>  <p><b>\$4.99</b></p> |
|   |   |   |   | <p>Spinach &amp; Mozzarella Cheese Stuffed Salmon</p>  <p><b>\$15.99</b> lb</p> |  |  |   |

# Weekly Specials

|  |  |   |   |  |   |   |
|--|--|---|---|--|---|---|
| <p>192 Fl Oz Pkg Assorted Juice or Snapple Tea 12 Pack</p>  <p><b>\$6.99</b><br/>With Club Card &amp; Add'l \$25 Purchase. Limit 1 Offer.</p> | <p>144 Fl Oz Pkg 12 Oz Cans Assorted Varieties Pepsi or Schweppes 12 Packs</p>  <p><b>\$7.99</b><br/>Plus Deposit Where Applicable.</p> | <p>20 Roll Pack ... 1000 Sheets Scott Bath Tissue</p>  <p><b>\$13.99</b><br/>With Club Card &amp; Add'l \$50 Purchase. Limit 1 Offer.</p> | <p>20 Lb Bag White or Parboiled Carolina Long Grain Rice</p>  <p><b>\$6.99</b><br/>With Club Card. Limit 1 Offer.</p>  | <p>Grace Coconut Milk</p>  <p><b>3/\$5</b></p>  |   |   |
| <p>64 Fl Oz Cont Assorted Silk Almondmilk</p>  <p><b>\$2.99</b><br/>(Excludes: All Other Varieties)</p>                                       | <p>8 Oz Cont Salted or Unsalted Hotel Bar Whipped Butter</p>  <p><b>\$2.99</b></p>  | <p>32 Oz Cont 0%, 2% or 5% Fage Greek Yogurt</p>  <p><b>\$5.99</b></p>   | <p>1 Dozen Crtn Grade A Free Range Nellie's Large Brown Eggs</p>  <p><b>\$3.99</b></p>   | <p>18 Oz ... With Almonds or Honey Roasted Honey Bunches of Oats<br/>19.5 Oz ... Pebbles: Fruity or Cocoa<br/>25 Oz ... Raisin Bran<br/>19 Oz ... Honeycomb</p> <p>Post Family Size Cereal</p>  <p><b>\$3.99</b> YOUR CHOICE!<br/>With Club Card. Limit 4 Offers.</p> | <p>8.2-14.1 Oz Box Assorted Quaker Instant Oatmeal</p>  <p><b>\$2.99</b><br/>With Club Card. Limit 4 Offers.</p> | <p>46 Fl Oz Cont ... Assorted (Excludes: Simply Natural) Turkey Hill Ice Cream</p>  <p><b>\$3.99</b></p> |
| <p>28 Fl Oz Cont Assorted Häagen-Dazs Ice Cream</p>  <p><b>\$5.99</b><br/>With Club Card. Limit 2 Offers.</p>                                 | <p>16 Oz Bag Assorted Urban Meadow Frozen Vegetables</p>  <p><b>2/\$4</b></p>   | <p>1 Dozen Crtn Grade A Land O Lakes Large Brown Eggs</p>  <p><b>\$2.99</b><br/>With Club Card. Limit 2 Offers.</p>                        | <p>405.6 Fl Oz Pkg Half Liter Btl Poland Spring Water 24 Pack</p>  <p><b>3/\$12.99</b><br/>With Club Card. Limit 2 Offers. Must Buy 3. Plus Deposit Where Applicable.</p> | <p>25.3 Fl Oz Btl Assorted Filippo Berio Olive Oil</p>  <p><b>\$8.99</b><br/>With Club Card. Limit 3 Offers.</p>  | <p>24 Oz Jar Assorted Carbone Pasta Sauce</p>  <p><b>\$5.99</b><br/>With Club Card.</p>                          | <p>Nature's Path Organic Cold Cereal</p>  <p><b>\$3.99</b></p>   |

13.5 Oz Box Assorted  
**Kellogg's Pop-Tarts 8 Pack**  
**2/\$5**



With Club Card. Limit 4 Offers. Must Buy 2.

9-13.8 Oz Box Assorted  
**Town House Crackers**  
**BUY 1 GET 1 FREE** SAVE \$6.29!  
With Club Card. Limit 4 Offers.



12=48 Mega Roll Pack Ultra Clean or Ultra Comfort  
**Cottonelle Bath Tissue**  
**\$15.99**  
With Club Card. Limit 4 Offers.



3.5-4 Oz Pkg Assorted  
**Cadbury Chocolate Bars**  
**\$3.29**



24.3 Fl Oz EZ-Squeeze Btl Free & Clear  
**Dawn Dish Soap**  
**\$4.99**



5-6 Oz Can ... Assorted (Excludes: Olive Oil & Coconut Oil)  
**Pam Cooking Spray**  
**\$4.49**



18 Oz Pkg Beef, Chicken or Shrimp  
**Nissin Top Ramen Noodle Soup 6 Pack**  
**\$1.99**  
With Club Card. Limit 2 Offers.



144 Fl Oz Pkg ... 12 Oz Cans Assorted Varieties  
**Pepsi or Schweppes 12 Packs**  
**\$7.99**  
Plus Deposit Where Applicable.



24 Oz Jar Assorted  
**Carbone Pasta Sauce**  
**\$5.99**  
With Club Card.



23-26 Oz Cont Assorted  
**Chock full o'Nuts Coffee**  
**\$12.99**  
With Club Card. Limit 4 Offers.



12-16 Oz Box ... Assorted (Excludes: Manicotti, Lasagna, Jumbo Shells, Gluten Free, Protein+, Collezione & Al Bronzo)  
**Barilla Pasta**  
**4/\$6**  
With Club Card. Limit 2 Offers. Must Buy 2.



28 Oz Can ... Assorted (Excludes: San Marzano)  
**Tuttorosso Tomatoes**  
**2/\$4**  
With Club Card. Limit 2 Offers. Must Buy 2.



12 Fl Oz Btl Assorted  
**Frank's Red Hot Sauce**  
**\$3.99**




19 Fl Oz Btl Assorted  
**Seventh Generation Dish Soap**  
**\$2.99**  
With Club Card. Limit 4 Offers.



168 Count Pkg Fresh Care  
**Cottonelle Flushable Wipes**  
**\$7.99**



6.88-27 Oz Pkg Assorted  
**Entenmann's Full Line Sale!**  
**\$3.99**  
(Excludes: Single Serve, Little Bites, Pies & Any Items Priced Over \$8.79 Normal Retail)



67.6 Fl Oz Btl Assorted Varieties  
**Coca-Cola 2 Liters**  
**2/\$5**  
Plus Deposit Where Applicable.



20 Count Box Assorted  
**Twinings Tea Bags**  
**\$3.99**



32 Oz Easy Squeeze Btl  
**Heinz Tomato Ketchup**  
**\$3.99**



64 Fl Oz Btl  
**Urban Meadow Apple Juice**  
**2/\$5**



14.5-15.25 Oz Can ... Assorted (Excludes: Organic)  
**Libby's Vegetables**  
**3/\$4**  
With Club Card. Limit 2 Offers. Must Buy 3.



36 Oz Pkg ... Original  
**Velveeta Shells & Cheese**  
**\$7.99**  
With Club Card. Limit 4 Offers.



16 Fl Oz Trigger Btl Honeycrisp Apple or Orange  
**Seventh Generation Foaming Dish Spray**  
**\$4.99**  
With Club Card. Limit 4 Offers.



52 Fl Oz Btl ... Liquid  
**Dial Hand Soap Refill**  
**\$7.99**



18-20 Oz Pkg Assorted  
**Thomas' Bagels**  
**\$4.99**



20-24 Oz Pkg Assorted  
**Arnold Whole Grains Bread**  
**\$3.99**



320 Oz Bag  
**Goya Jasmine Rice**  
**\$29.99**



11.5 Fl Oz Squeeze Btl Assorted  
**Hellmann's Mayonnaise**  
**\$4.99**



10.7 or 12.2 Oz Cont Assorted  
**Downy Scent Booster Beads**  
**\$9.99**  
With Club Card. Limit 4 Offers.



15.25 Oz Box ... Assorted: Classic or Signature  
**Duncan Hines Cake Mix**  
**\$1.99**  
With Club Card. Limit 3 Offers of Each.



12-16 Oz Box ... Assorted (Excludes: Lasagna)  
**De Cecco Pasta**  
**2/\$5**



32 Count Pkg Lavender or Free & Clear  
**Seventh Generation Laundry Detergent Sheets**  
**\$12.99**  
With Club Card. Limit 4 Offers.




3 Oz Can ... Assorted (Excludes: Medleys)  
**Fancy Feast Cat Food**  
**10/\$10**



67.6 Fl Oz Btl Assorted Varieties  
**Canada Dry 2 Liters**  
**2/\$5**  
With Club Card. Limit 4 Offers. Must Buy 2. Plus Deposit Where Applicable.



4.75-8 Oz Bag Assorted Regular or Kettle  
**Lay's Potato Chips**  
**2/\$7**



**Ting Grapefruit**  
**4/\$5**



8.5-13.4 Oz Pkg Coconut Dreams, Vanilla Vienna Fingers or Assorted Fudge  
**Keekler Cookies**  
**2/\$7**



Assorted: 55, 60 or 63 Fl Oz Cont  
**Tide Laundry Detergent**  
**\$9.99**  
With Club Card. Limit 4 Offers.



128 Fl Oz Cont  
**Poland Spring Water Gallon**  
**2/\$4**



75 Oz Cont or 75 Oz Box Powers Away Fresh Scent: Powder or Gel  
**Cascade Dishwasher Detergent**  
**\$7.99**



50.7 Fl Oz Btl Extra Virgin or Pure  
**Botticelli Olive Oil**  
**\$17.99**  
With Club Card. Limit 2 Offers of Each.



160 Oz Bag Assorted  
**Carolina Jasmine Rice**  
**\$15.99**  
77-2.5 Oz Cont Assorted  
**McCormick Grinders**  
**\$2.99**



75 Fl Oz Pkg ... 7.5 Oz Mini Cans Assorted Varieties  
**Coca-Cola 10 Packs**  
**\$6.99**  
Plus Deposit Where Applicable.



15.5 Oz Can ... Red Kidney, Black, Dark Red Kidney, Small Red, White, Roman, Pink, Pinto or Chick Peas  
**Goya Low Sodium Beans**  
**3/\$5**



**Grace Coconut Milk**  
**3/\$5**



**NATURAL, ORGANIC OR PLANT BASED**

10 Oz Jar Assorted Preserves or  
**St. Dalfour Spreads**  
**2/\$9**



**Nature's Path Organic Cold Cereal**  
**\$3.99**



32 Fl Oz Cont Regular or Low Sodium: Chicken or Beef  
**Pacific Organic Broth**  
**\$3.99**



**Natural Factors Collagen**  
**50% OFF!**



8 Fl Oz Jar  
**The Coconut Cult Original Probiotic Yogurt**  
**\$7.99**



**Nordic Naturals Omega 3 Supplements**  
**50% OFF!**



16 Oz Cont Assorted  
**CocoJune Yogurt**  
**\$6.99**



**Brad's Organic Peanut Butter**  
**\$4.99**



No MSG, Gluten Free Natural Casing Made Using The Finest Pork & Beef Cuts Authentic Old World Flavor

**DiLusso Genoa Salami**



**\$10<sup>99</sup>**  
lb Sliced To Order

No Added Hormones or Steroids AHA Approved 10 Grams of Protein Per Serving

**Butterball Oven Roasted Turkey Breast**



**\$8<sup>99</sup>**  
lb Sliced To Order

16 Oz Pkg Cilantro Lime Rice, Mashed Sweet Potatoes or

**Kevin's Keto Mashed Cauliflower**



**\$4<sup>99</sup>**

**Homestyle Cole Slaw**



**\$4<sup>59</sup>**  
lb

8 Oz Cont Assorted

**Cedar's Hommus**



**2/\$6**

Fresh Store Sliced

**Double Cured Smoked Salmon**



**\$16<sup>99</sup>**  
½ lb Sliced To Order

**Boar's Head® Vermont Cheddar Cheese**



**\$8<sup>99</sup>**  
lb Sliced To Order

Domestic

**Urban Meadow Swiss Cheese**



**\$5<sup>99</sup>**  
lb Sliced To Order

Paleo & Keto Certified, Gluten Free & Soy Free, No Refined Sugar, No Antibiotics

16 Oz Pkg ... Assorted

**Kevin's Chicken Entrees**



**\$9<sup>99</sup>**

4.5 Oz Pkg Assorted

**34 Degrees Crisps**



**\$3<sup>99</sup>**

Flame Baked For An Authentic Taste & Ideal Texture, Dip 'em, Top 'em or Eat Straight From The Bag

8 Oz Bag ... Sea Salt, Everything or Parm & Garlic

**Stonefire Naan Crisps**



**2/\$7**

4 Oz Pkg Scottish or Atlantic Sockeye

**Echo Falls Salmon**



**\$11<sup>99</sup>**

**CHEESES OF THE WORLD**

7 Oz Pkg ... Aged 9 Months Mature, Aged 14 Months Extra Mature or Aged 20 Months Vintage English

**Cathedral City Cheddar Cuts**



**\$5<sup>99</sup>**

Made From Cow's Milk Store Cut ... Imported

**Danish Blue Cheese**



**\$6<sup>99</sup>**  
lb Sold By The Piece

7-8 Oz Cont ... Bocconcini, Ovolini, Pearls or Ciliegine

**BelGioioso Mozzarella Cups**



**\$3<sup>99</sup>**

7 Oz Oval Pkg

**Supreme Brie**



**\$5<sup>99</sup>**

European Tradition For A Mild, Buttery Flavor That Melts In Your Mouth Product of Holland Imported ... Smoked or

**Red Waxed Gouda**



**\$7<sup>99</sup>**  
lb Sold By The Piece

**FROM OUR CHEF PREPARED KITCHEN**

Avg 16 Oz

**Chicken Francese With Linguine**



**\$9<sup>99</sup>**

Fire Braised Baby Back or

**St. Louis Ribs**



**\$9<sup>99</sup>**  
lb.

Beef or Chicken

**Quesadillas**



**\$9<sup>99</sup>**  
ea

Available In The Chicken Warmer From No Antibiotics Ever Fed Chickens

**Perdue Chicken Leg Quarters**



**\$2<sup>99</sup>**  
lb

Plain, Buffalo, BBQ Glazed or Honey Stung: Original or Hot

**Tyson Breaded Chicken Tenders**



**\$8<sup>99</sup>**  
lb

**BAKERY**

16 Oz Pkg Plain or Olive Oil

**Chabaso Ciabatta Bread**



**2/\$7**

21 Grams of Whole Grains Per Slice 24 Oz Pkg

**Anthony & Sons Avocado Bread**



**\$4<sup>99</sup>**

16.5 Oz Pkg ... 6 Count Plain, Poppy or Sesame (Excludes: Cracked Wheat)

**Kaiser Rolls**



**2/\$7**

18 Oz Pkg ... Chocolate Chip or Oatmeal Raisin (Excludes: Peanut Butter & M&M's)

**Jimmy's Smart Cookies**



**\$5<sup>99</sup>**

7"

**Double Layer Red Velvet Cake**



**\$19<sup>99</sup>**  
ea

**DAIRY**

8 Oz Cont Salted or Unsalted

**Hotel Bar Whipped Butter**



**\$2<sup>99</sup>**

40-48 Fl Oz Btl Assorted

**Starbucks Iced Coffee**



**\$5<sup>99</sup>**

59 Fl Oz Cont Assorted Aides or

**Minute Maid Punch**



**2/\$4**

With Club Card. Limit 4 Offers. Must Buy 2.

64 Fl Oz Cont Assorted

**Silk Almondmilk**



**\$2<sup>99</sup>**

(Excludes: All Other Varieties)

6 Oz Cont Assorted

**La Yogurt Yogurt**



**10/\$5**

With Club Card. Limit 4 Offers. Must Buy 10.

13-15 Oz Cont Assorted

**Smart Balance Spread**



**\$4<sup>99</sup>**

50 Fl Oz Btl Caramel

**Coffee Mate Iced Coffee**



**\$4<sup>99</sup>**

16 Oz Cont Regular or Reduced Fat

**Breakstone's Sour Cream**



**2/\$5**

16 Fl Oz Cont

**Farmland Half & Half**



**\$1<sup>99</sup>**

1 Dozen Crtn Grade A Free Range

**Nellie's Large Brown Eggs**



**\$3<sup>99</sup>**

52 Fl Oz Btl Apple, Cranberry Cocktail or Grapefruit

**Simply Juice**



**\$4<sup>99</sup>**

128 Fl Oz Cont Lemonade, Fruit Punch or Assorted

**Turkey Hill Iced Tea**



**\$2<sup>99</sup>**

86 Fl Oz Cont Original, Extra Creamy or Unsweetened Original

**Planet Oat Oatmilk**



**\$4<sup>99</sup>**

21.2 Oz Pkg Assorted

**Dannon Light & Fit Yogurt 4 Pack**



**2/\$5**

32 Oz Cont Low Fat or Non Fat

**Urban Meadow Plain Yogurt**



**\$2<sup>49</sup>**

**FROZEN**

29.6 Oz Box Buttermilk Pancakes or 23.2-29.6 Oz Box Assorted

**Eggo Waffles**



**\$5<sup>99</sup>**

(Excludes: All Other Varieties)

7 Oz Box Assorted

**Banquet Pot Pies**



**99¢**

With Club Card. Limit 4 Offers.

14.44-16 Fl Oz Cont Assorted Non-Dairy Desserts or

**Ben & Jerry's Ice Cream**



**2/\$9**

With Club Card. Limit 4 Offers. Must Buy 2.

46 Fl Oz Cont ... Assorted (Excludes: Simply Natural)

**Turkey Hill Ice Cream**



**\$3<sup>99</sup>**

With Club Card. Limit 4 Offers.

7-8 Oz Box ... No Sauce: Chopped Spinach or Green Beans & Almonds or Assorted Sauced

**Green Giant Vegetables**



**99¢**

With Club Card. Limit 4 Offers.

16 Oz Bag Assorted

**Urban Meadow Frozen Vegetables**



**2/\$4**

12-20.4 Oz Box ... Assorted Stuffed Hash Browns, Frittatas or

**Jimmy Dean Breakfast Sandwiches**



**\$6<sup>99</sup>**

13.5-28 Oz Bag Assorted Onion Rings, Puffs or

**Alexia Fries**



**\$5<sup>99</sup>**

54 Oz Box ... Pepperoni or Ham & Cheese

**Hot Pockets 12 Pack**



**\$14<sup>99</sup>**

4 Oz Pkg ... Meat Lover's or Sausage & Three Cheese Egg Bites or 7 Oz Pkg ... Assorted

**Jimmy Dean Breakfast Bowls**



**2/\$7**

USDA Choice Beef Boneless  
**Eye Round or Bottom Round Roast**  
**\$5.99**  
lb

Fresh  
**Baby Back Pork Ribs**  
**\$4.99**  
lb

Fresh  
**American Loin Lamb Chops**  
**\$14.99**  
lb

Grade A  
**Perdue Chicken Thighs**  
**\$1.59**  
lb Jumbo Pack

Harvestland Organic  
**Thin Sliced Boneless Chicken Breasts**  
**\$8.99**  
lb

USDA Choice Beef Boneless  
**Round Cubes For Stew**  
**\$7.99**  
lb

All Natural  
**Boneless Center Cut Pork Chops**  
**\$2.99**  
lb Family Pack 3 Lbs or More

USDA Choice Beef Boneless  
**Round For Cube Steak**  
**\$7.99**  
lb Family Pack

Grade A  
**Perdue Chicken Wings**  
**\$3.49**  
lb Jumbo Pack

12 Oz Pkg ... Classic Sage or Apple Breakfast or Assorted  
**Bilinski's Organic Chicken Sausage**  
**\$6.99**

Boneless  
**Beef Round For Stir Fry**  
**\$7.99**  
lb

Sliced  
**Spareribs For Riblets**  
**\$3.99**  
lb Family Pack

Boneless: Thin Sliced  
**Top Round or Family Pack Top Chuck Steaks**  
**\$7.99**  
lb

3 Lb Bag Individually Quick Frozen  
**County Line Chicken Wing Portions**  
**\$6.99**

16 Oz Pkg  
**Butterball 85% Lean Ground Turkey**  
**\$4.99**

**FRESH SEAFOOD**

Wild Caught  
**Fresh Flounder Fillet**  
**\$9.99**  
lb

Wild  
**Black Sea Bass Fillets**  
**\$16.99**  
lb

Farm Raised  
**Fresh Atlantic Salmon Fillet**  
**\$10.99**  
lb

24 Oz Bag Crunchy or Coconut  
**AquaStar Butterfly Shrimp**  
**\$11.99**

1 Lb Pkg  
**Buena Ventura Salted Pollock Fillets**  
**\$5.99**

**PRODUCE**

Mexican  
**Tommy Atkins Mangos**  
**49¢**  
ea. With Club Card. Limit 6 Offers. Without Club Card: 99¢

Fresh From Mexico Large  
**Hass Avocados**  
**49¢**  
ea. With Club Card. Limit 6 Offers. Without Club Card: 99¢

Green  
**Plantains**  
**6/\$2**

5 Oz Cont Assorted  
**Earthbound Farm Organic Salads**  
**2/\$7**

Organically Grown  
16 Oz Pkg ... Ripe  
**Red Strawberries**  
**2/\$9**

• 8 Oz Bag ... Spinach  
• 9 Oz Bag ... Lettuce Trio or Premium Romaine  
• 11 Oz Bag ... Green & Crisp  
**Fresh Express Salads**  
**2/\$5**  
MIX OR MATCH!

10 Oz Cont  
Heavenly Salad Tomatoes  
**NatureSweet Cherubs**  
**\$3.99**

6 Count Pkg  
**Mini Seedless Cucumbers**  
**\$3.99**

16 Oz Pkg Fresh  
**Celery Hearts**  
**\$2.99**

8 Oz Pkg Whole or Sliced  
**Giorgio Baby Bella Mushrooms**  
**2/\$5**

16 Oz Cont Assorted  
**Great Meadow Farms Vegetable Noodles**  
**\$4.99**

11 Oz Cont ... Family Size Assorted  
**Fresh Attitude Salads**  
**\$5.99**

Large California  
**Navel Oranges**  
**3/\$5**

Extra Large  
**Ruby Red Grapefruit**  
**2/\$4**

Northwest Premium  
**Granny Smith Apples**  
**\$1.49**  
lb

2 Lb Bag ... Fancy  
**Table Carrots**  
**\$2.99**

US #1  
**Green Giant Idaho Baking Potatoes**  
**99¢**  
lb

US #1  
**Yukon Gold Potatoes**  
**\$1.49**  
lb

US #1 North Carolina  
**Sweet Potatoes**  
**\$1.29**  
lb

128 Fl Oz Cont  
**Mayer Bros. Lemonade Gallon**  
**\$4.99**

8 Oz Pkg Italian or  
**Upton Chorizo Seitan**  
**\$5.99**

5-8 Oz Pkg Ground Vegan Crumbles, Bacon or Traditional  
**Uptown Seitan**  
**\$5.99**

16 Fl Oz Btl Assorted  
**Health Ade Kombucha**  
**2/\$7**

16 Fl Oz Btl ... Assorted  
**Harmless Harvest Coconut Water**  
**\$6.99**

**Unsalted Cashews**  
**\$11.99**  
lb

**Organically Grown**

Organically Grown 8-10 Oz Bag Select Varieties  
**Pero Family Farms Vegetables**  
**\$4.99**

9 Oz Bag  
**Olivia's Organics Microwaveable Spinach**  
**\$4.99**

Organically Grown 24 Oz Bag ... Honey Gold, Ruby Sensation or Sunburst Blend  
**Tasteful Selections Potatoes**  
**\$4.99**

Organically Grown 8 Oz Pkg ... White or Baby Bella  
**Giorgio Whole Mushrooms**  
**2/\$7**

**Organic Walnuts**  
**\$9.99**  
lb

Organically Grown 6 Count Pkg  
**Mini Persian Cucumbers**  
**\$4.99**

Organically Grown 3 Lb Bag ... US #1  
**Yellow Onions**  
**\$4.99**

14-16 Oz Pkg Firm, Extra Firm or Silken  
**Nasoya Organic Tofu**  
**2/\$7**

1.7 Fl Oz Btl ... Assorted  
**So Good So You Organic Cold Pressed Shots**  
**2/\$5**

Organically Grown 12 Fl Oz Btl ... Assorted  
**Remedy Organics Shakes**  
**\$4.99**