

Disney · PIXAR  
**FREE STICKER PACK**  
 FOR EVERY \$25 SPENT\*

\*WHILE SUPPLIES LAST FROM APRIL 9TH UNTIL MAY 6TH, 2026. EXCLUSIONS APPLY.  
 VISIT WWW.LOBLAWUNIVERSE.CA OR IN-STORE FOR EXCLUSIONS AND COMPLETE OFFER DETAILS.

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**SAVE UP TO 36%**  
**3.50**

**DR. OETKER RISTORANTE PIZZA** 288-390 G,  
**CASA DI MAMA PIZZA** 395-410 G,  
**PC<sup>®</sup> FLATBREAD** 330-395 G OR **FOCACCIA** 415-456 G  
 SELECTED VARIETIES, FROZEN  
**PIZZA RISTORANTE, CASA DI MAMA**  
**DR. OETKER PAIN PLAT OU FOCACCIA PC<sup>MD</sup>**  
 20296100001\_EA/21648988\_EA



**5.50**

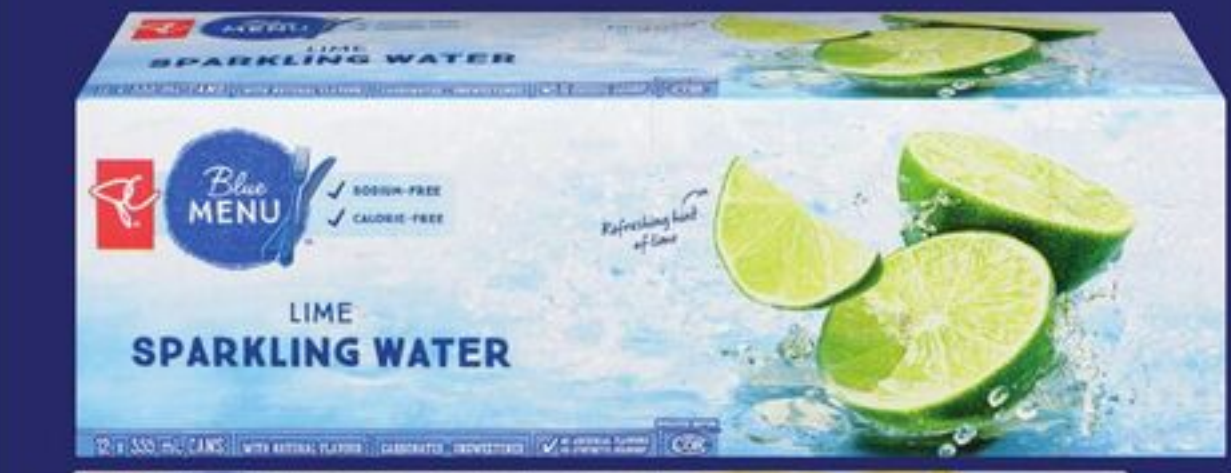


**CHRISTIE DAD'S OATMEAL, CHIPS AHOY!, OREO OR FUDGE-O COOKIES OR OREO CAKESTERS**  
 SELECTED VARIETIES, 285-520 G  
**BISCUITS À L'AVOINE DAD'S, CHIPS AHOY!, OREO OU FUDGE-O OU MOELLEUX OREO CHRISTIE**  
 21014087\_EA/21639060\_EA



**2/11.50**  
 OR 6.79 EA

**PC<sup>®</sup> BLUE MENU<sup>®</sup> OR PC<sup>®</sup> SPARKLING WATER**  
 SELECTED VARIETIES, 12X355 ML  
**EAU PÉTILLANTE PC<sup>MD</sup> MENU BLEU<sup>MD</sup> OU PC<sup>MD</sup>**  
 20668034002\_C01/20668034001\_C01



**SAVE UP TO 57%**  
**\$6**

**ROYALE BATHROOM TISSUE** 12 DOUBLE ROLLS,  
**TIGER TOWELS PAPER TOWEL** 3=6 ROLLS  
 OR **FACIAL TISSUE** 6'S  
 SELECTED VARIETIES  
**PAPIER HYGIÉNIQUE, ESSUIE-TOUT TIGER TOWEL OU MOUCHOIRS ROYALE**  
 21363770\_EA/21484702\_EA



**UP TO 20% OFF**

**LEGO DISNEY LEGO DISNEY**  
 21702942\_EA



**PRICE  
DROP<sup>‡</sup>**

**SO YOU CAN  
SAVE MORE**

**\$3**

**MCCAIN SUPERFRIES OR  
SPECIALTY POTATOES**  
SELECTED VARIETIES  
FROZEN, 454-800 G  
**FRITES SUPERFRIES OU POMMES  
DE TERRE SPÉCIALES MCCAIN**  
20324328002\_EA/20799522\_EA



**2<sup>50</sup>**

**SUNCHIPS**  
SELECTED VARIETIES, 205 G  
**SUNCHIPS**  
21721854\_EA/21370317\_EA



**3<sup>50</sup>**

**PC SALSAS**  
SELECTED VARIETIES, 650 ML  
**SALSAS PC<sup>MD</sup>**  
20309646001\_EA/20309646002\_EA



**3/\$9**  
OR 3.79 EA

**BEN'S BISTRO EXPRESS RICE**  
SELECTED VARIETIES, 240/250 G  
**RIZ BISTRO EXPRESS BEN'S**  
21404852\_EA/21404899\_EA



**1<sup>50</sup>**

**CESAR WET DOG FOOD**  
SELECTED VARIETIES, 100 G  
**NOURRITURE HUMIDE POUR CHIENS CESAR**  
20323206007\_EA



**PROUDLY CANADIAN**

**REAL ATLANTIC SUPERSTORE™**

**249**  
LB  
5.49/KG

**CHICKEN LEGS  
QUARTERS**  
BACK ATTACHED, FRESH  
CUISSÉS DE POULET  
20153925\_KG

**MEDIUM  
GROUND  
BEEF**  
BŒUF HÂCHÉ  
MI-MAIGRE  
20797926\_KG

**SAVE  
UP TO 1.55** LB

**544**  
LB  
11.99/KG

**CLUB  
SIZE**

**INCLUDES  
HALAL**

**CLUB  
SIZE**

**SAVE  
UP TO 42%**

**399**  
LB  
8.80/KG

**PORK BACK RIBS**  
CRYOVAC PACKAGE  
CÔTES DE DOS  
DE PORC  
20289672\_KG

**\$3**

**FARMER'S  
MARKET™ ENGLISH  
CUCUMBERS**  
PRODUCT OF CANADA, 3'S  
CONCOMBRES  
ANGLAIS DÉLICÉS  
DU MARCHÉ<sup>MC</sup>  
20828461001\_EA

**SAVE  
40%**

**\$3**

**STRAWBERRIES**  
PRODUCT OF MEXICO  
OR U.S.A., NO. 1 GRADE  
FRAISES  
20049778001\_EA

**PRODUCT OF  
CANADA**

**PKG  
OF 3**

**1 LB**

**SAVE  
2.00**

WHEN YOU BUY 2

**2/\$16**  
OR 9.00 EA

**PC® PACIFIC LARGE WHITE  
SHRIMP RAW OR COOKED  
PEELED OR RAW ZIPPERBACK**  
31-40 PER LB, 400 G OR SEAQUEST™  
**WHOLE TILAPIA** 1.36 KG OR  
**WHOLE POMPANO** 800 G, FROZEN  
GROSSES CREVETTES BLANCHES DU  
PACIFIQUE PC<sup>MD</sup> CRUES OU CŪTES, DÉCORTIQUÉES  
OU CRUES À DÉCORTICAGE ÉCLAIR<sup>MC</sup> OU TILAPIA  
ENTIER OU POMPANO ENTIER SEAQUEST<sup>MD</sup>  
20789931\_EA/21592084\_EA

**150**

**OFF**

**NO NAME® CHUNK OR  
FLAKED LIGHT TUNA**  
SELECTED VARIETIES, 170 G  
THON PÂLE EN MORCEAUX  
OU FLOCONS SANS NOM<sup>®</sup>  
20521647\_EA/20521648\_EA  
\*Open your PC Optimum<sup>SM</sup> app or  
visit pcoptimum.ca to get the offer.



**APP  
EXCLUSIVE  
OFFER<sup>®</sup>**

**SAVE  
UP TO 58%**

**125**

**ALLEN'S COCKTAIL**  
1L, OASIS JUICE OR  
HYDRAFRUIT BEVERAGE,  
DEL MONTE NECTAR OR  
ARIZONA ICED TEA  
960 ML, SELECTED VARIETIES  
COCKTAIL ALLEN'S OU  
JUS OASIS OU BOISSON  
HYDRAFRUIT, NECTAR  
DEL MONTE OU THÉ GLACÉ ARIZONA



**PREPARED IN  
CANADA**

**\$3**

**WONDER BREAD**  
570-675 G OR  
**BALLPARK BUNS** 6/8'S  
SELECTED VARIETIES<sup>SM</sup>  
PAIN OU PETITS PAINS  
BALLPARK WONDER<sup>SM</sup>  
20105674\_EA  
21022316\_EA

**SAVE  
UP TO 1.50**

**397**

**PC® FROZEN  
FRUIT**  
SELECTED VARIETIES  
FROZEN  
400-600 G  
FRUITS  
SURGELÉS PC<sup>MD</sup>  
20312227\_EA/21289952\_EA



**\$7**

**LIBERTÉ GREEK** 650/750 G OR  
**MÉDITERRANÉE** 900 G TUBS  
OR PC® ORANGE JUICE 2.5 L  
SELECTED VARIETIES  
CONTENANTS GRECS OU  
MÉDITERRANÉE LIBERTÉ  
OU JUS D'ORANGE PC<sup>MD</sup>  
20642273\_EA/21831043\_EA



**PREPARED IN  
CANADA**

**\$5**

**HEINZ KETCHUP**  
1L/750 ML OR  
**PC® MEMORIES OF<sup>SM</sup>**  
**SAUCE** 350 ML  
SELECTED VARIETIES  
KETCHUP HEINZ  
OU SAUCE PC<sup>MD</sup>  
SOUVENIRS DE<sup>MC</sup>  
20069080\_EA  
20311313003\_EA



**\$12**

**PC® SPLENDIDO  
OLIVE OIL**  
1L OR SAPORITO  
CANOLA OR  
VEGETABLE  
OIL 3L  
SELECTED VARIETIES  
HUILE D'OLIVE PC<sup>MD</sup>  
SPLENDIDO<sup>MD</sup>  
OU HUILE DE  
CANOLA OU  
VÉGÉTALE  
SAPORITO  
20081865\_EA  
21631260\_EA



**SAVE  
UP TO 52%**

**\$5**

**TIDE LAUNDRY DETERGENT**  
1L, TIDE PODS 9-16'S, DOWNY<sup>SM</sup>  
FABRIC SOFTENER 1.31 L,  
BOUNCE SHEETS 40-80'S  
OR DOWNY BEADS 141-150 G  
SELECTED VARIETIES  
DÉTERGENT À LESSIVE  
TIDE, PODS TIDE,  
ASSOUPLISSANT TEXTILE DOWNY,  
FEUILLES BOUNCE OU PERLES DOWNY



**Optimum™/MC**

**Turn everyday  
into extra points**



**Only  
in the  
App**

Earn at least

**10,000** pts

Open your  
PC Optimum App  
to reveal your offer.

**APRIL  
9TH - 15TH**

at least  
**\$10**  
back  
in points!

**SAVE UP TO .75**

**3.75**

PC<sup>®</sup> OR BLUE MENU<sup>®</sup> ENTRÉES OR ETHNIC ENTRÉES SELECTED VARIETIES FROZEN, 212-365 G

PLATS CUISINÉS OU PLATS CUISINÉS ETHNIQUES PC<sup>MD</sup> OU MENU BLEU<sup>MD</sup>

20312253001\_EA/21364244\_EA

Open your PC Optimum<sup>™</sup> app or visit [pc optimum.ca](http://pc optimum.ca) to get the offer.

THREE-CHEESE MACARONI MACARONI AUX TROIS FROMAGES

Butter Chicken Poulet au beurre

APP EXCLUSIVE OFFER<sup>†</sup>

PREPARED IN CANADA

GET **3,000** back in points when you buy 2

**\$3**

NO NAME<sup>®</sup> SHREDDED CHEESE 320 G OR CHEESE BARS 400 G

SELECTED VARIETIES FROMAGE RÂPÉ OU BARRES DE FROMAGE SANS NOM<sup>®</sup>

21082491\_EA/21289745\_EA

Open your PC Optimum<sup>™</sup> app or visit [pc optimum.ca](http://pc optimum.ca) to get the offer.

mozzarella cheese - fromage mozzarella râpé

marble farmer's cheese - fromage farmer's marbré

27% M.F.M.G. - 44% MOISTURE/HUMIDITÉ

400 g

APP EXCLUSIVE OFFER<sup>†</sup>

**SAVE .96 WHEN YOU BUY 4**

**4/\$5** OR 1.49 EA

KRAFT KD ORIGINAL MACARONI AND CHEESE DINNER 200 G

MACARONI AU FROMAGE ORIGINAL KD KRAFT

21549526\_EA

APP EXCLUSIVE OFFER<sup>†</sup>

PREPARED IN CANADA

**SAVE 1.00 WHEN YOU BUY 2**

**2/\$6** OR 3.50 EA

CATELLI GLUTEN-FREE PASTA SELECTED VARIETIES, 340 G

PÂTES SANS GLUTEN CATELLI

20704235\_EA/20704241\_EA

PREPARED IN CANADA

**SAVE 44%**

**1.39**

UNICO BEANS OR LENTILS 540 ML OR TOMATOES 796 ML

SELECTED VARIETIES HARICOTS OU LENTILLES OU TOMATES UNICO

20313447002\_EA/20314629001\_EA

PREPARED IN CANADA

**\$16**

PC<sup>®</sup> WINGS SELECTED VARIETIES, FROZEN, 800/907 G

AILES PC<sup>MD</sup>

20708932\_EA/20708933\_EA

PREPARED IN CANADA

**\$18**

NESSCAFÉ INSTANT COFFEE 475 G OR BALZAC'S K-CUPS 18'S

CAFÉ INSTANTANÉ NESSCAFÉ OU K-CUPS BALZAC'S

SELECTED VARIETIES

20145032\_EA/21363800\_EA

PREPARED IN CANADA

**\$6**

CHAPMAN'S YOGURT OR SORBET SELECTED VARIETIES, FROZEN, 2 L

YOGOURT OU SORBET CHAPMAN'S

20314434013\_EA/21654179\_EA

PREPARED IN CANADA

**3/9.99** OR 4.49 EA

KELLOGG'S RETAIL SIZE CEREAL SELECTED VARIETIES, 283-355 G

CÉRÉALES FORMAT DÉTAIL KELLOGG'S

21652128\_EA/21450814\_EA

PREPARED IN CANADA

**6.50**

PC<sup>®</sup> SPICES SELECTED VARIETIES, 7-82 G

ÉPICES PC<sup>MD</sup>

21117389\_EA/21117372\_EA

PREPARED IN CANADA

**SAVE UP TO 1.50**

**5.99**

PC<sup>®</sup> SMOKIN' STAMPEDE BARBECUE SAUCE 1 L OR HELLMANN'S MAYONNAISE OR MAYONNAISE TYPE DRESSING 710-890 ML

SELECTED VARIETIES SAUCE BARBECUE STAMPEDE FUMÉ PC<sup>MD</sup> OU MAYONNAISE OU VINAIGRETTE STYLE MAYONNAISE HELLMANN'S

20618579001\_EA/20349189\_EA

PREPARED IN CANADA

**\$25** GET **2,500** back in points

**\$2.50**

STARBUCKS GROUND 793/794 G OR WHOLE BEAN 907 G

OR K-CUPS 24'S SELECTED VARIETIES CAFÉ MOULU OU EN GRAINS OU K-CUPS STARBUCKS

2103199\_EA/21397648\_EA

PREPARED IN CANADA

**\$15**

FINISH ULTRAMAX 30'S ULTIMATE 40'S, QUANTUM 45'S ALL IN 1 MAX 55'S CASCADE 30-48'S, GAIN LAUNDRY 4.25L/42'S, GAIN/DOWNY FABRIC SOFTENER 2.4-3.29 L, BEADS 515 G OR BOUNCE SHEETS 250'S

SELECTED VARIETIES ULTRAMAX, ULTIMATE, QUANTUM, ALL IN 1 MAX FINISH, DÉTERGENT À LESSIVE CASCADE, GAIN, ASSOUPPLISSANT TEXTILE, PERLES GAIN, DOWNY OU FEUILLES BOUNCE

20959627\_EA/20660832001\_EA

PREPARED IN CANADA

GET **2,000** back in points

**\$2**

**24.99**

PC<sup>®</sup> CLUB SIZE SUPER ABSORBENT PAPER TOWELS 12'S

ESSUIE-TOUT SUPER ABSORBENTS FORMAT CLUB PC<sup>MD</sup>

21558605\_EA

PREPARED IN CANADA

**SAVE UP TO 4.00**

**12.99**

TIDY CATS LIGHTWEIGHT CAT LITTER SELECTED VARIETIES, 2.72 KG

LITIÈRE POUR CHATS POIDS PLUME TIDY CATS

21206496\_EA

PREPARED IN CANADA

**FRESH PROMISE:** Applicable to eligible fresh produce items purchased at Real Atlantic Superstore locations or online at [realatlanticsuperstore.ca](http://realatlanticsuperstore.ca). If you are not completely satisfied with your eligible fresh produce item, we will replace it with an identical item, or in our discretion, a comparable item and provide you with a refund of the purchase price upon presentation of the item and your original purchase receipt within 7 days of purchase at the Real Atlantic Superstore where purchase originated. This promise does not apply to reduced/clearance priced produce. This promise cannot be combined with any other offer. We reserve the right to cancel or change the terms of this promise at any time without notice. Quantities and/or selection of items may be limited and may not be available in all stores. For inquiries on product availability at your store please contact Customer Relations at the above phone number. No Rainchecks OR Substitutions on clearance items or where quantities are advertised as limited. Advertised regular pricing and product selection (flavour, colour, patterns, style) may vary by store location. We are not obligated to sell items based on errors or misprints in typography or photography. Pricing: All references to "Save, Was, Now, Savings, etc." is in comparison to our own regular prices. Coupons must be presented and redeemed at time of purchase. Savings on items shown may vary in each store location. Applicable taxes, deposits, or environmental surcharges are extra. No sales to retail outlets. ©/™ The trademarks, service marks and logos displayed in this flyer are trademarks of Loblavs Inc. and others. All rights reserved. © 2026 Loblavs Inc. MasterCard and the MasterCard Brand Mark are registered trademarks and PayPass is a trademark of MasterCard International Incorporated. President's Choice Bank a licensee of marks. 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These offers cannot be combined with any other coupons, discounts or promotions and no adjustments on previous purchases. We reserve to modify or cancel these offers without notice. Product availability may vary by store. While supplies last. We reserve the right to limit quantities. \*Receive the points specified when you spend the qualifying dollar amount on the displayed participating product(s) and/or category(ies) before taxes and after redemptions and all coupons and discounts are deducted in a single transaction; \*\* Valid for flyer duration, after which the price will be the same for both PC Optimum<sup>™</sup> and non-PC Optimum<sup>™</sup> members. Taxes applicable on the purchase amount after discounts. PC Optimum<sup>™</sup> member pricing is not applicable to any price match programs for participating stores operating under the Loblavs Inc. banner. OUTDOOR/SEASONAL: For your local store's hours and for a list of Atlantic Superstore locations that DO NOT participate in this flyer, visit [www.atlanticsuperstore.ca](http://www.atlanticsuperstore.ca) or call Customer Relations at 1-866-727-0771. Quantities and/or selection of items may be limited and may not be available in all stores. Outdoor seasonal items (e.g. lawn and garden) may only be available at select store locations. Please check your local store for pricing, limits and availability. We reserve the right to limit quantities to reasonable family requirements. Rainchecks may be available for out of stock items excluding clearance items or where quantities are advertised as limited. We reserve the right to substitute the out of stock item for an equivalent item in lieu providing a similar product. Advertised regular pricing and product selection (flavour, colour, patterns, style) may vary by store location. All references in our flyer to "Save", "Was", "Now", etc. is in comparison to our own regular prices. Savings on items advertised within flyer may vary by store location. Coupons must be presented and redeemed at time of purchase. We are not obligated to sell items based on errors or misprints in typography or photography. Applicable taxes, deposits, or environmental surcharges are extra. No sales to retail outlets. ©/™ The trademarks, service marks and logos displayed in this flyer are trademarks of Loblavs Inc. and others. All rights reserved. ©2026 Loblavs Inc. #PRICE DROP offer valid in-store at participating locations between April 9 - May 13, 2026 before applicable taxes and while quantities last. Offer applies only to select products. Offer may be modified and/or cancelled without notice. See in-store for full details.



# FRESH PROMISE

## If it's not fresh, it's free.

\*Fresh Promise: Applicable to eligible fresh produce items purchased at Real Atlantic Superstore store locations or online at realatlanticsuperstore.ca. If you are not completely satisfied with your eligible fresh produce item, we will replace it with an identical item, or in our discretion, a comparable item and provide you with a refund of the purchase price upon presentation of the item and your original receipt within 7 days of purchase at the Real Atlantic Superstore store where purchase originated. This promise does not apply to reduced/clearance priced produce. This promise cannot be combined with any other offer. We reserve the right to cancel or change the terms of this promise at any time without notice.

**SAVE UP TO 2.00**

**\$7**

**PC<sup>MD</sup> ORRI MANDARINS**  
PRODUCT OF ISRAEL, 2 LB  
MANDARINES ORRI  
PC<sup>MD</sup>  
20907647001\_EA



**SAVE UP TO 1.00**

**2.50**

**FARMER'S MARKET<sup>TM</sup> MINI CARROTS**  
PRODUCT OF U.S.A.  
NO. 1 GRADE, 340 G  
CAROTTES  
MINIATURES DÉLICIES  
DU MARCHÉ<sup>MC</sup>  
20117370001\_EA



**\$4**

**BLACKBERRIES**  
PRODUCT OF U.S.A., 170 G  
MÛRES  
20051015001\_EA



**3.99 LB**  
8.80/KG

**PC<sup>MD</sup> EXTRA LARGE GREEN SEEDLESS GRAPES** PRODUCT OF SOUTH AFRICA, CHILE OR MEXICO, NO. 1 GRADE OR **EXTRA LARGE RED SEEDLESS GRAPES** PRODUCT OF SOUTH AFRICA OR CHILE, NO. 1 GRADE  
**TRÈS GROS RAISINS VERTS SANS PÉPINS**  
**PC<sup>MD</sup> OU TRÈS GROS RAISINS ROUGES SANS PÉPINS**  
20425775001\_KG/20139199001\_KG



**SAVE UP TO 1.00 LB**

**3.99 LB**  
8.80/KG

**GREENHOUSE EXTRA LARGE ORANGE, RED OR YELLOW SWEET PEPPERS**  
PRODUCT OF MEXICO  
**TRÈS GROS POIVRONS DE SERRE ORANGE, ROUGES OU JAUNES**  
2016680001\_KG/20007535001\_KG



**\$8**

**FARMER'S MARKET<sup>TM</sup> KIWI**  
PRODUCT OF GREECE, CLUB SIZE  
**KIWI DÉLICIES DU MARCHÉ<sup>MC</sup>**  
21576456001\_EA

**2 LB**



**\$6**

**MINI SEEDLESS WATERMELON**  
PRODUCT OF GUATEMALA, HONDURAS, COSTA RICA, MEXICO OR BRAZIL  
**MINI-MELON D'EAU SANS PÉPINS**  
20145379001\_EA



**4.99**

**TAYLOR FARMS CHOPPED SALAD**  
PRODUCT OF U.S.A.  
SELECTED VARIETIES, 267-383 G  
**SALADE HACHÉE**  
**TAYLOR FARMS**  
21335159\_EA/21335140\_EA



**\$7**

**CORED PINEAPPLE**  
PREPARED IN-STORE  
**ANANAS ÉVIDÉ**  
20503143\_EA



**\$32**

**PC<sup>MD</sup> PREMIUM GIFT BOUQUET**  
**BOUQUET-CADEAU DE QUALITÉ SUPÉRIEURE**  
PC<sup>MD</sup>  
21087827\_EA



**\$10**

**FARM TO TABLE BOUQUET**  
**BOUQUET DE LA FERME À LA TABLE**  
21729159\_EA



**\$12**

**PEACE LILY**  
BLOOM OF THE MONTH  
**LYS DE PAIX**  
21706629\_EA



**\$11 LB**  
24.24/KG

**EYE OF ROUND ROAST**  
CUT FROM CANADA AA GRADE BEEF OR HIGHER  
**RÔTI DE NOIX DE RONDE**  
20798494\_KG



**SAVE UP TO 2.00**

**\$5**

**BREADED PORK LOIN SCHNITZEL**  
PREPARED IN-STORE, 300 G  
**ESCALOPE DE LONGE DE PORC PANÉE**  
21588065\_EA



**ALWAYS LOW PRICE**

**\$13**

**PC<sup>MD</sup> CHICKEN BREASTS**  
BONELESS, SKINLESS, AIR CHILLED 3'S, UP TO 630 G  
**POITRINES DE POULET**  
PC<sup>MD</sup>  
21340952\_EA

**CANADIAN POULTRY**



**\$7**

**PC<sup>MD</sup> SAUSAGES**  
SELECTED VARIETIES, 375/500 G  
**SAUCISSES PC<sup>MD</sup>**  
21584342\_EA/21584504\_EA



**CANADIAN PORK**

**SAVE UP TO 3.00**

**14.99**

**PC<sup>MD</sup> OLD FASHIONED BACON**  
1 KG  
**BACON À L'ANCIENNE**  
PC<sup>MD</sup>  
20115704\_EA



**PREPARED IN CANADA**

**SAVE UP TO 2.99**

**\$8**

**BEYOND MEAT PLANT-BASED MEAT ALTERNATIVES**  
SELECTED VARIETIES  
FROZEN, 226-400 G  
**FILETS DE TRUITE**  
**ARC-EN-CIEL FRAÎCHE**  
21220674\_EA/21300113\_EA



**SAVE 26%**

**\$11 LB**  
24.25/KG

**FRESH RAINBOW TROUT FILLETS**  
**SAUMON FUMÉ PC<sup>MD</sup>**  
20897813\_KG



**SAVE UP TO 2.49**

**11.50**

**PC<sup>MD</sup> SMOKED SALMON**  
SELECTED VARIETIES  
FROZEN, 150 G  
**THON MAYO OU SAUMON TERIYAKI**  
**SUSHI POCKET**  
20055009\_EA/20108298\_EA



**SAVE 1.00**

**\$9**

**SUSHI POCKET TUNA MAYO OR SALMON TERIYAKI**  
FROZEN, 528 G  
**SOLUTIONS DE RECHANGE À LA VIANDE À BASE DE PLANTES**  
BEYOND MEAT  
21702599\_EA/21702921\_EA



# SUPER FRESH

**ALWAYS LOW PRICE**  
**\$3**

**SOURDOUGH LOAF**  
404 G  
**MICHE AU LEVAIN**  
20706542\_EA



**PREPARED IN CANADA**

**1.50**

**BAGUETTE**  
BAKED IN-STORE  
WHITE OR WHEAT, 255 G  
**BAGUETTE**  
21529211\_EA/21530097\_EA



**PREPARED IN CANADA**

**3.50**

**GARLIC LOAF**  
330 G  
**PAIN À L'AIL**  
21020061\_EA



**PREPARED IN CANADA**

**6.50**

**FARMER'S MARKET™ MUFFINS**  
SELECTED VARIETIES, 6'S  
**MUFFINS DÉLICÉS DU MARCHÉ<sup>MC</sup>**  
21283356\_EA/21283357\_EA



**PREPARED IN CANADA**

**4.50**

**SPRING MEADOW CAKES**  
SELECTED VARIETIES, 265 G  
**GÂTEAUX SPRING MEADOW**  
21692122\_EA



**PREPARED IN CANADA**

**\$6**

**DANISHES**  
BAKED IN-STORE  
ASSORTED VARIETIES, 4'S  
**DANOISES**  
21476320\_EA



**PREPARED IN CANADA**

**2/7.50**  
OR 4.29 EA

**COUNTRY HARVEST BREAD OR BAGELS**  
SELECTED SIZES AND VARIETIES  
**PAIN OU BAGELS COUNTRY HARVEST**  
21693223\_EA/21718571\_EA



**PREPARED IN CANADA**

**\$8**

**PROMISE GLUTEN FREE BREADS OR BUNS**  
SELECTED SIZES AND VARIETIES  
**PAINS OU PETITS PAINS SANS GLUTEN PROMISE**  
21414753\_EA/21689729\_EA



**PREPARED IN CANADA**

**\$3**

**HOSTESS CUPCAKES, TWINKIES OR CAKE SWIRLS**  
SELECTED VARIETIES  
202-231 G  
**PETITS GÂTEAUX, TWINKIES OU CAKE SWIRLS HOSTESS**  
21283752\_EA



**PREPARED IN CANADA**

**\$4**

**BABYBEL 6'S OR THE LAUGHING COW 8'S**  
SELECTED VARIETIES  
**BABYBEL OU LA VACHE QUI RIT**  
20319107\_EA/20574332\_EA



**PREPARED IN CANADA**

**SAVE 1.99**

**ROMA MILD OR HOT PEPPERONI**  
900 G  
**PEPPERONI DOUX OU PIQUANT ROMA**  
21217405\_EA/21217461\_EA

**\$12**



**PREPARED IN CANADA**

**SAVE UP TO 1.99**

**COWS CREAMERY CHEDDAR**  
SELECTED VARIETIES, 150-200 G  
**CHEDDAR COWS CREAMERY**  
21427044\_EA/21505053\_EA

**\$8**



**PREPARED IN CANADA**

**Optimum**  
Members-Only Price™  
**\$7**  
Non-members **\$8**

**MAPLE LEAF NATURAL SELECTIONS OR SCHNEIDER'S DELI SLICED MEATS**  
SELECTED VARIETIES  
150-175 G  
**CHARCUTERIES TRANCHÉES NATURAL SELECTIONS MAPLE LEAF OU SCHNEIDERS**  
20065285\_EA/20582322\_EA  
\*Must Scan Registered PC Optimum™ member to load and get this offer.



**PREPARED IN CANADA**

**2/\$7**  
OR 4.00 EA

**PC™ TOPPED HUMMUS**  
SELECTED VARIETIES  
280 G  
**HUMMUS GARNI PC<sup>MD</sup>**  
20811394\_EA/20811328\_EA



**PREPARED IN CANADA**

**\$7**

**PC™ GUACAMOLE**  
SELECTED VARIETIES  
425 G  
**GUACAMOLE PC<sup>MD</sup>**  
21448106\_EA



**PREPARED IN CANADA**

**\$8**

**IN-STORE MADE ORIGINAL CORRONATION OR TARRAGON CHICKEN SALAD**  
400 G  
**SALADE DE POULET ORIGINALE, DU COURONNEMENT OU À L'ESTRAGON FAITE EN MAGASIN**  
21724661\_EA



**PREPARED IN CANADA**

**SAVE .99**

**FROM OUR CHEFS™ SOUP**  
SELECTED VARIETIES, 700 ML  
**SOUPE CONCOCTÉ PAR NOS CHEFS<sup>MC</sup>**  
21703369\_EA/21703589\_EA

**\$8**



**PREPARED IN CANADA**

**\$16**

**9 PIECE CHICKEN STRIPS OR TENDERS**  
HOT OR CHILLED  
700 G  
**9 MORCEAUX DE LANIÈRES OU DE FILETS DE POULET**  
20992187\_EA/20991197\_EA



**PREPARED IN CANADA**

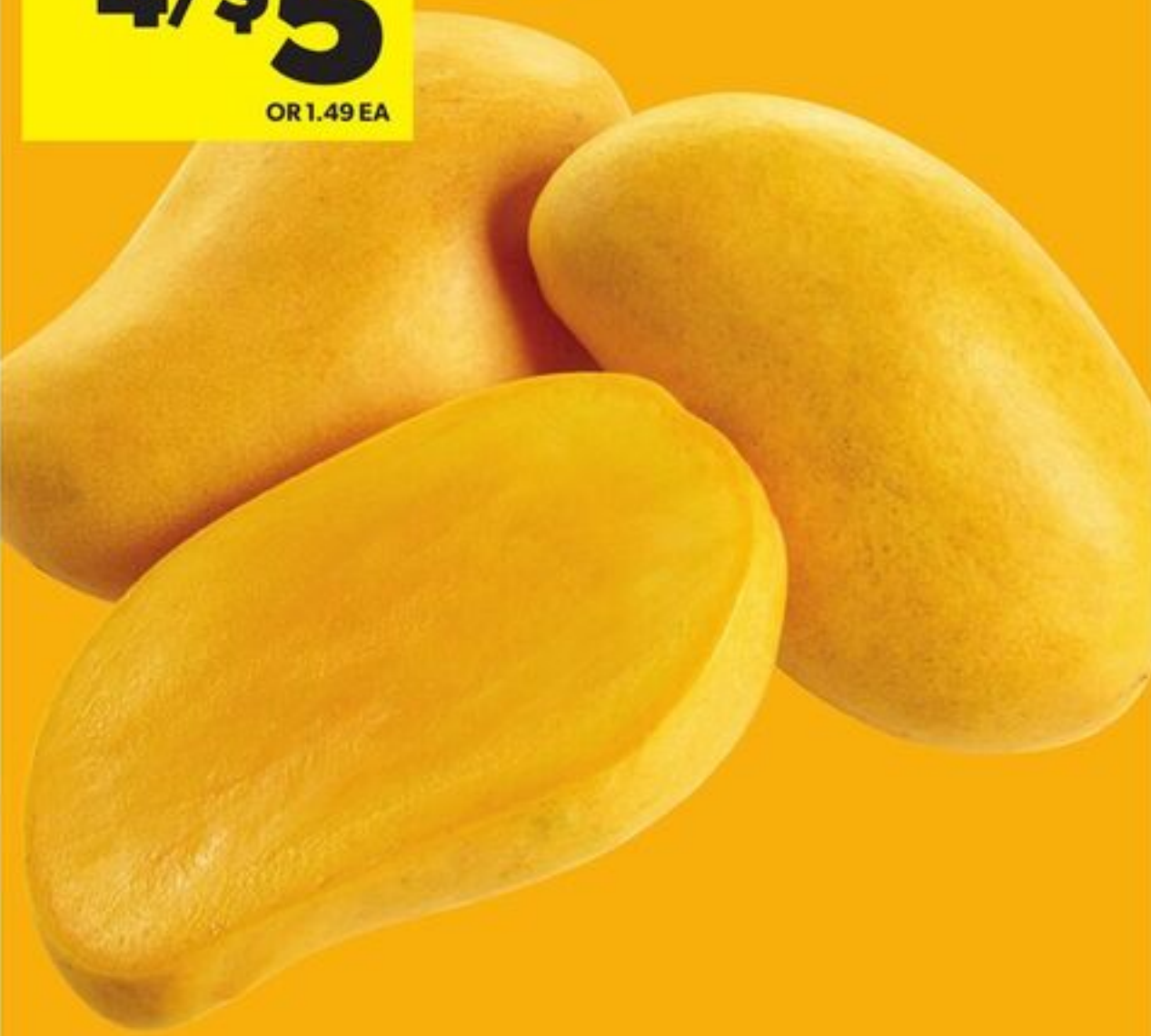
# HARVEST THE DEALS THIS VAISAKHI

Celebrate new beginnings with great offers for less



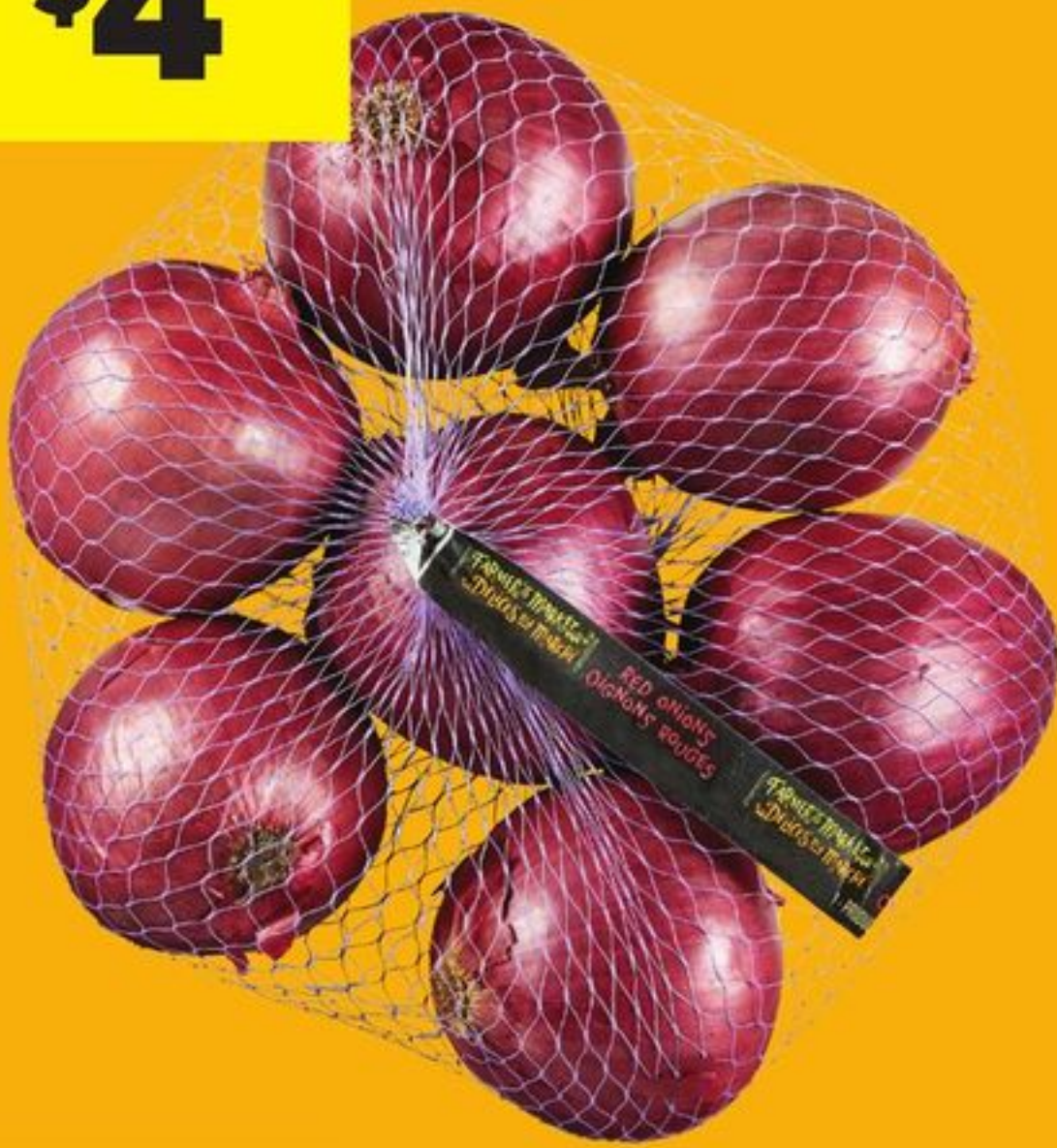
**4/\$5**  
OR 1.49 EA

**ATAULFO MANGOES**  
PRODUCT OF MEXICO  
20121509001\_EA



**\$4**

**FARMER'S MARKET™ RED ONIONS**  
PRODUCT OF CANADA, U.S.A. OR NETHERLANDS  
NO. 1 GRADE, 3 LB  
20811362001\_EA



**9.99**

**PRAN PARATHA FAMILY PACK**  
FROZEN, 30X2400 G  
21172364\_EA



**4.99**

**SURAJ™ DRY BEANS**  
SELECTED VARIETIES, 1.8 KG  
20558755\_EA/20558756\_EA



**SAVE 7.00**

**12.99**

**DAAWAT TRADITIONAL BASMATI RICE**  
4 KG  
20896606\_EA





President's Choice

# Go wherever the crunch takes you



APP EXCLUSIVE OFFER†

Optimum  
**GET 2,000 pts** = **\$2**  
 back in points  
 when you buy any 3

**PC® KETTLE COOKED 200 G, LOADS OF™ FLAVOUR 200 G, WORLD OF FLAVOURS 200 G, TORTILLA CHIPS 320-350 G, MINI POPPADOMS 113 G OR POPCORN 220/250 G SELECTED VARIETIES**

†Open your PC Optimum™ app or visit [pcoptimum.ca](http://pcoptimum.ca) to get the offer.

**2.50**

**PC® WORLD OF FLAVOURS POTATO CHIPS**  
 SELECTED VARIETIES  
 200 G  
 21712032\_EA  
 21712080\_EA



**2.50**

**PC® KETTLE OR KETTLE RIPPLED COOKED CHIPS**  
 SELECTED VARIETIES, 200 G  
 21422931\_EA/21686985\_EA



**\$3**

**PC® READY TO EAT POPCORN 220-250 G OR MINI POPPADOMS 113 G**  
 SELECTED VARIETIES  
 20555781\_EA/21605321\_EA



**2.50**

**PC® TORTILLA CHIPS**  
 SELECTED VARIETIES  
 320-350 G  
 20302765\_EA/20305180\_EA



**2.50**

**PC® LOADS OF™ FLAVOUR POTATO CHIPS**  
 SELECTED VARIETIES  
 200 G  
 20840911002\_EA  
 20840911004\_EA



**APRIL**

**HIT OF THE MONTH**

**\$7.88**

**LECLERC GO PURE BARS**  
SELECTED VARIETIES, 140-175 G  
21221434\_EA/21221451\_EA



**LIMIT 6**  
AFTER LIMIT  
3.00 EA.

**\$4**

**PLANTERS CASHEWS**  
SELECTED VARIETIES, 200 G  
21021617\_EA/21021618\_EA



**LIMIT 6**  
AFTER LIMIT  
5.00 EA.

**\$3**

**HARVEST CREEK HALAL CHICKEN WIENERS OR BUTCHER'S SELECTION STAMPEDE HOTDOG ORIGINAL**  
SELECTED VARIETIES, 900 G  
21309103\_EA



**LIMIT 6**  
AFTER LIMIT  
4.50 EA.

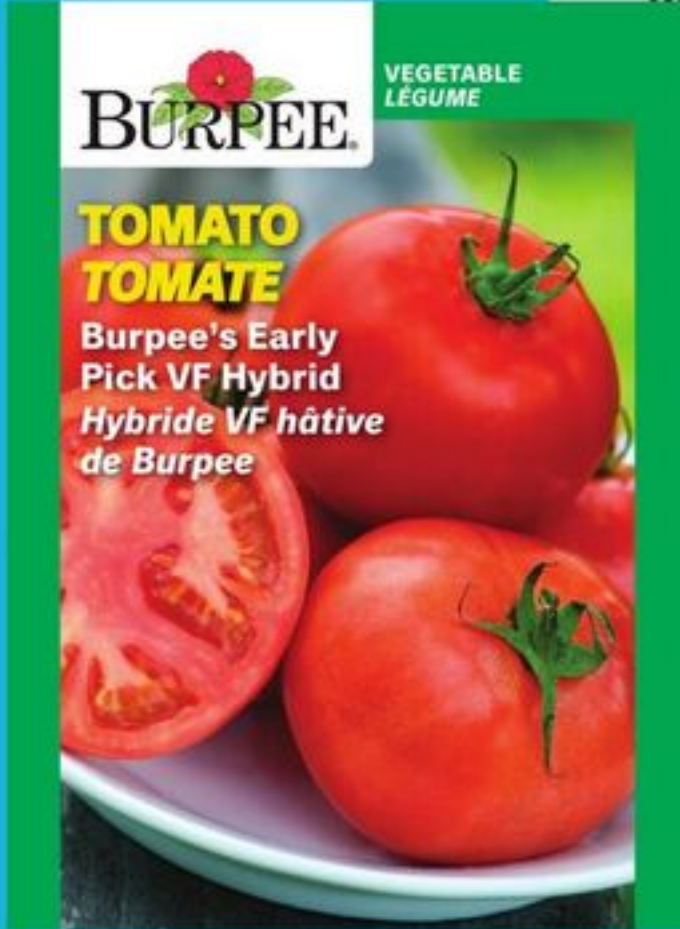
**LOWEST PRICES  
BEST DEALS**

As compared to other major grocery retailers within your local areas.  
Valid from April 1 - 30, 2025. While quantities last. See in-store for details.

# GET YOUR HANDS DIRTY

FROM **1.99**

**BURPEE OR MCKENZIE SEEDS**  
SELECTED VARIETIES, EACH  
20752992\_EA/20752876\_EA



**2.50**

**NO NAME® TOP SOIL**  
20 L  
21349120\_EA



**3/\$12**

**NO NAME® CEDAR MULCH**  
42.5 L  
21358531\_EA/21358536\_EA/21358573\_EA



**3/\$12**

**NO NAME® COW MANURE COMPOST**  
12.5 KG  
21349331\_EA



**4/\$13**

**PC® BLACK EARTH SOIL**  
25 L  
21357792\_EA



Disney · PIXAR

# FREE STICKER PACK FOR EVERY \$25 SPENT\*

**\$5**  
UNIQUE ALBUM

\*WHILE SUPPLIES LAST FROM APRIL 9TH UNTIL MAY 6TH, 2026. EXCLUSIONS APPLY. VISIT WWW.LOBLAWUNIVERSE.CA OR IN-STORE FOR EXCLUSIONS AND COMPLETE OFFER DETAILS.

## SPEND \$10\* ON SELECT

**KRAFT, HEINZ, PHILADELPHIA, MAXWELL HOUSE, NABOB, TASSIMO, TACO BELL, CLASSICO, GARDEN SELECT, CRAVE, BAGEL BITES, MIO, CRYSTAL LIGHT, JELL-O, RENEE'S, BULL'S-EYE, DIANA PRODUCTS AND GET ONE BONUS STICKER PACK**

20866924010\_EA/ 21085515\_EA/21618217\_EA/ 21594513\_EA/20039581001\_EA

## SPEND \$10\* ON SELECT

**CHEERIOS, OATMEAL CRISP, NATURE VALLEY, OLD EL PASO, PILLSBURY, OR ANNIE'S PRODUCT AND GET A BONUS CARD PACK**

21104047\_EA/21667577\_EA/ 20316187001\_EA/20306992001\_EA

## SPEND \$15\* ON SELECT

**COCA-COLA, CANADA DRY, SPRITE, A&W, FANTA, FRESCA, AHA, VITAMINWATER, SMARTWATER, PEACE TEA, FUZE, MONSTER ENERGY, POWERADE OR BODY ARMOR AND GET ONE BONUS STICKER PACK**

20318694002\_EA/20304419001\_EA/20305840001\_EA/20853723\_EA/21166000\_EA

## SPEND \$15\* ON SELECT

**CRACKER BARREL, BLACK DIAMOND, IÖGO, ASTRO OR LACTANTIA PRODUCTS AND GET A BONUS STICKER PACK**

21290384\_EA/20763661\_EA/20986474\_EA/21290222\_EA/20165226001\_EA/21694605\_EA

## SPEND \$12\* ON SELECT

**CAMPBELL'S READY TO SERVE SOUPS 515 ML, HABITANT SOUP 796 ML, SNYDER'S PRETZELS 240 G, CHUNKY 515 ML, GOLDFISH CRACKERS OR SNACK FACTORY CRISPS 200 G AND GET ONE BONUS STICKER PACK**

21479030\_EA/20300320\_EA/20316052001\_EA/20948940\_EA

Disney · PIXAR

# FREE STICKER PACK FOR EVERY \$25 SPENT\*



\$5

UNIQUE ALBUM



\*WHILE SUPPLIES LAST FROM APRIL 9TH UNTIL MAY 6TH, 2026. EXCLUSIONS APPLY. VISIT WWW.LOBLAWUNIVERSE.CA OR IN-STORE FOR EXCLUSIONS AND COMPLETE OFFER DETAILS.

©Disney ©Disney/Pixar

## SPEND \$15\* ON SELECT

**CHRISTIE CRACKERS, CHRISTIE COOKIES, CADBURY, HALLS OR CLIF ENERGY BARS AND GET ONE BONUS STICKER PACK**

21547034\_EA/21358407\_EA/21664843\_EA



## SPEND \$10\* ON SELECT

**NESCAFÉ, STARBUCKS COFFEE, OR MAISON PERRIER BEVERAGE PRODUCTS AND GET ONE BONUS STICKER PACK**

20873036\_EA/20547343006\_EA/21576465\_C08



## SPEND \$15\* ON SELECT

**ROYALE PAPER PRODUCTS AND GET ONE BONUS STICKER PACK**

21378233\_EA/21484732\_EA/20705292\_EA



## SPEND \$9\* ON SELECT

**MILK 2 GO, ARMSTRONG PROTEIN STICKS AND GET ONE BONUS STICKER PACK**

21065263\_EA/21537885\_EA/21694973\_EA



## SPEND \$10\* ON ANY

**PC BLUE MENU PRODUCTS AND GET ONE BONUS STICKER PACK**

20668034002\_C01/20057669001\_EA/20307025002\_EA  
20538593001\_EA/20631288004\_EA/20941224\_EA



## SPEND \$10\* ON SELECT

**PC OR NO NAME CHIPS, POPCORN, OR PRETZELS AND GET ONE BONUS STICKER PACK**

21654374\_EA/21686985\_EA/21712080\_EA/21712032\_EA





# Disney · PIXAR FREE STICKER PACK FOR EVERY \$25 SPENT\*

**\$5**  
UNIQUE ALBUM



\*WHILE SUPPLIES LAST FROM APRIL 9TH UNTIL MAY 6TH, 2026. EXCLUSIONS APPLY. VISIT WWW.LOBLAWUNIVERSE.CA OR IN-STORE FOR EXCLUSIONS AND COMPLETE OFFER DETAILS.

**\$10**

**CAVENDISH FARMS  
WEDGES, ONION  
RINGS, HASH BROWN  
POTATOES, STRAIGHT  
CUT FRIES OR HASH  
BROWN PATTIES**  
CLUB SIZE, SELECTED VARIETIES  
FROZEN, 1-2.25 KG  
20827761\_EA/21484296\_EA

PREPARED IN CANADA

**3<sup>50</sup>**

**YOPLAIT TUBES  
YOGURT**  
SELECTED VARIETIES  
448 G  
21547571\_EA

PREPARED IN CANADA

**\$2**

**CAMPBELL'S READY  
TO SERVE SOUP**  
SELECTED VARIETIES, 515 ML  
21479024\_EA/21479122\_EA

**\$5**

**PC® BLUE MENU®  
GRANOLA BOOST**  
SELECTED VARIETIES, 325 G  
20631288003\_EA/20631288004\_EA

PREPARED IN CANADA

**5<sup>75</sup>**

**GENERAL MILLS  
FAMILY SIZE CEREAL**  
SELECTED VARIETIES, 475-778 G  
21103492\_EA/21103495\_EA

PREPARED IN CANADA

**2<sup>75</sup>**

**PEPPERIDGE FARM  
GOLDFISH CRACKERS**  
SELECTED VARIETIES  
167-227 G/6X28 G  
20300320\_EA/20306994003\_EA

**SAVE  
1.00  
WHEN YOU BUY 2**

**2/\$6**  
OR 3.50 EA

**CATELLI  
ELBOWS / COUDES  
PROTEIN+**

PREPARED IN CANADA

**2/\$5**  
OR 2.99 EA

**POWERADE SPORTS  
DRINK**  
SELECTED VARIETIES, 710 ML  
20853723\_EA/21181957\_EA

PREPARED IN CANADA

**7<sup>50</sup>**

**NESCAFÉ OR  
TASTER'S CHOICE  
INSTANT COFFEE**  
SELECTED VARIETIES, 100-170 G  
20661811001\_EA/20949839\_EA

**\$15**

**PC® BLUE MENU®  
CHICKEN THIGHS**  
BONELESS, SKINLESS  
AIR CHILLED, 8'S  
21341017\_EA

CANADIAN POULTRY

**SAVE  
1.49 /LB**

**\$11 /LB**  
24.25/KG

**FROZEN BAY  
SCALLOPS**  
80-120 PER LB  
21093213\_KG

**\$4**

**PC® BLUE MENU®  
THIN BUNS**  
SELECTED VARIETIES, 8X60 G  
20377755\_EA

PREPARED IN CANADA

**\$5**

**PC® BLUE MENU®  
PEANUT BUTTER**  
SELECTED VARIETIES, 750 G  
20057669001\_EA/20057669002\_EA

**5<sup>49</sup>**

**PC® OR PC®  
BLUE MENU®  
ROASTED PISTACHIOS**  
PRODUCT OF U.S.A., 225 G  
20940332\_EA/20940014\_EA

**2/\$7**  
OR 4.00 EA

**PC® BLUE MENU® DIPS  
200-227 G OR PC® NAAN  
CRISPS 170 G**  
SELECTED VARIETIES,  
20583408\_EA/21683470\_EA

PREPARED IN CANADA

# HOT DEALS

**\$1**

**WHISKAS PERFECT PORTIONS WET CAT FOOD** SELECTED VARIETIES, 75 G OR **RAVINE CANNED MUSHROOMS** SELECTED VARIETIES, 284 ML  
21011523\_EA/21298248\_EA



**\$2**

**PURINA ONE WET DOG FOOD** SELECTED VARIETIES, 368 G OR **PC® OR BLUE MENU® WHOLE GRAIN PASTA** 375 G, **PASTA** 454 G OR **TOMATO SAUCE** 680 ML  
SELECTED VARIETIES  
21303479\_EA/21520480\_EA  
20599748002\_EA/20324173002\_EA



**\$3**

**TEMPTATIONS CAT TREATS** 160-180 G, **CREAMY PURRRR-ÉE CAT TREATS** 48 G OR **LICKABLE SPOONS CAT TREATS** 40 G  
SELECTED VARIETIES, **NO NAME® PURE WHITE VINEGAR** 4 L OR **OCEAN'S HALO WHITE TUNA** 170 G OR **GOLD SEAL MACKEREL** 115 G, SELECTED VARIETIES  
20298151005\_EA/21479800\_EA  
201027256\_EA/21005158\_EA/21083426\_EA



**\$4**

**COMEAU HERRING IN WINE SAUCE OR HOUSE BLEND** 265 G, **PC® THE DECADENT COOKIES** SELECTED VARIETIES, 300 G OR **PRINGLES PARTY STACK POTATO CHIPS OR MINGLES** SELECTED VARIETIES, 155-203 G OR **ZIGGY'S SLICED MEAT** SELECTED VARIETIES, 175 G  
20012251\_EA/20612257\_EA  
215902279\_EA/21592461\_EA  
21720582\_EA/21626169\_EA  
20764281\_EA/20764936\_EA



**\$5**

**NEILSON ULTRAFILTERED MILK** SELECTED VARIETIES, 1L OR **PC® BLUE MENU® TWICE THE FRUIT** SELECTED VARIETIES, 500 ML OR **FRUIT AND CONCENTRATED PEAR JUICE SPREAD** SELECTED VARIETIES, 310 ML OR **HELVA GOOD! FRENCH ONION SOUR CREAM DIP** 680 G  
21163394\_EA/21163395\_EA/20300537\_EA  
20312788001\_EA



**CLUB SIZE**

**BUY BIG. SPEND SMALL.**

**\$4**

**FARMER'S MARKET™ AVOCADO BAG**  
PRODUCT OF MEXICO, 5'S  
21644936001\_EA

**PKG OF 5 CLUB SIZE**

**\$6**

**NO NAME™ NATURALLY IMPERFECT™ APPLES**  
PRODUCT OF CANADA  
CANADA NO. 2 GRADE, 6 LB  
20868985001\_EA

**PRODUCT OF CANADA CLUB SIZE**

**10<sup>99</sup>**  
LB  
24.23/KG

**BONELESS BEEF STEW**  
CUT FROM CANADA  
AA GRADE BEEF OR HIGHER  
20766562\_KG

**CLUB SIZE**

**\$7**  
LB  
15.43/KG

**CHICKEN THIGHS**  
FRESH, BONELESS, SKINLESS  
20058163\_KG

**CANADIAN POULTRY CLUB SIZE**

**5<sup>99</sup>**  
LB  
13.21/KG

**PORK SIRLOIN CHOPS**  
BONELESS  
20835855\_KG

**CLUB SIZE**

**7<sup>99</sup>**

**CHRIS BROTHERS BOLOGNA**  
1.5 KG  
21359449\_EA

**PREPARED IN CANADA CLUB SIZE**

**\$11**

**NO NAME™ CHICKEN NUGGETS, BURGERS OR STRIPS**  
SELECTED VARIETIES  
FROZEN, 1.81 KG  
21178763\_EA

**CLUB SIZE • FORMAT CLUB**

**chicken strips**  
breaded chicken cutlettes  
FULLY COOKED • ENTIEREMENT CUITES  
escaloppettes de poulet panées  
**lanières de poulet**

**Simple**

1.81 kg

**PREPARED IN CANADA CLUB SIZE**

**\$26**

**NO NAME™ CHICKEN WINGS**  
SELECTED VARIETIES  
FROZEN, 1.8 KG  
21045698\_EA/21045704\_EA

**CLUB SIZE • FORMAT CLUB**

**honey garlic chicken wings**

**salt & pepper chicken wings**  
ailles de poulet  
**sel et poivre**

1.8 kg

**PREPARED IN CANADA CLUB SIZE**

**SAVE 1.49**

**\$5**

**SEAQUEST™ CRAB FLAVOURED POLLOCK FLAKES OR CHUNKS**  
SELECTED VARIETIES,  
READY-TO-EAT  
20591951\_EA/20591152

**CLUB SIZE**

**\$11**

**PC™ HUMMUS**  
908 G  
21109909\_EA

**CLUB SIZE • FORMAT CLUB**

**HUMMUS**

**PREPARED IN CANADA CLUB SIZE**

**SAVE 1.99**

**\$13**

**PC™ DELI CHEDDAR BLOCK**  
SELECTED VARIETIES, 500 G  
20218911\_EA/20249328\_EA

**CLUB SIZE • FORMAT CLUB**

**MEDIUM CHEDDAR MI-FORT**

**OLD CHEDDAR FORT**

**PREPARED IN CANADA CLUB SIZE**

**\$15**

**PARIS READY TO BAKE CROISSANTS**  
SELECTED VARIETIES, FROZEN,  
30'S  
21687364\_EA

**CLUB SIZE**

**ALWAYS LOW PRICE**

**\$7**

**BUTTER CROISSANTS**  
BAKED-IN-STORE  
12'S  
21683000\_EA

**PREPARED IN CANADA CLUB SIZE**

**CLUB  
SIZE**

**BUY BIG.  
SPEND SMALL.**

**\$5**

**NO NAME®  
CRANBERRY  
COCKTAIL**  
SELECTED VARIETIES  
2.84 L  
21635359\_EA



**CLUB  
SIZE**

**4<sup>25</sup>**

**REAL LEMON SINGLE  
STRENGTH LEMON  
JUICE**  
945 ML  
20081313\_EA



**CLUB  
SIZE**

**5<sup>50</sup>**

**PC® CRANBERRY  
COCKTAIL**  
2.84 L  
21637707\_EA



**CLUB  
SIZE**

**\$10**

**MADE GOOD CLUB  
PACK, GRANOLA,  
MORNINGSOFT  
BAKES OR DRIZZLE**  
SELECTED VARIETIES, 360-450 G  
20990917\_EA/21579624\_EA



**PREPARED IN  
CANADA**

**CLUB  
SIZE**

**\$9**

**LIBERTÉ GREEK TUBS**  
SELECTED VARIETIES, 900 G/1 KG  
21305350\_EA/21473562\_EA



**PREPARED IN  
CANADA**

**CLUB  
SIZE**

**\$10**

**PC® VEGETABLES**  
SELECTED VARIETIES  
FROZEN, 1.75 KG  
20713450\_EA/21096317\_EA



**CLUB  
SIZE**

**\$9**

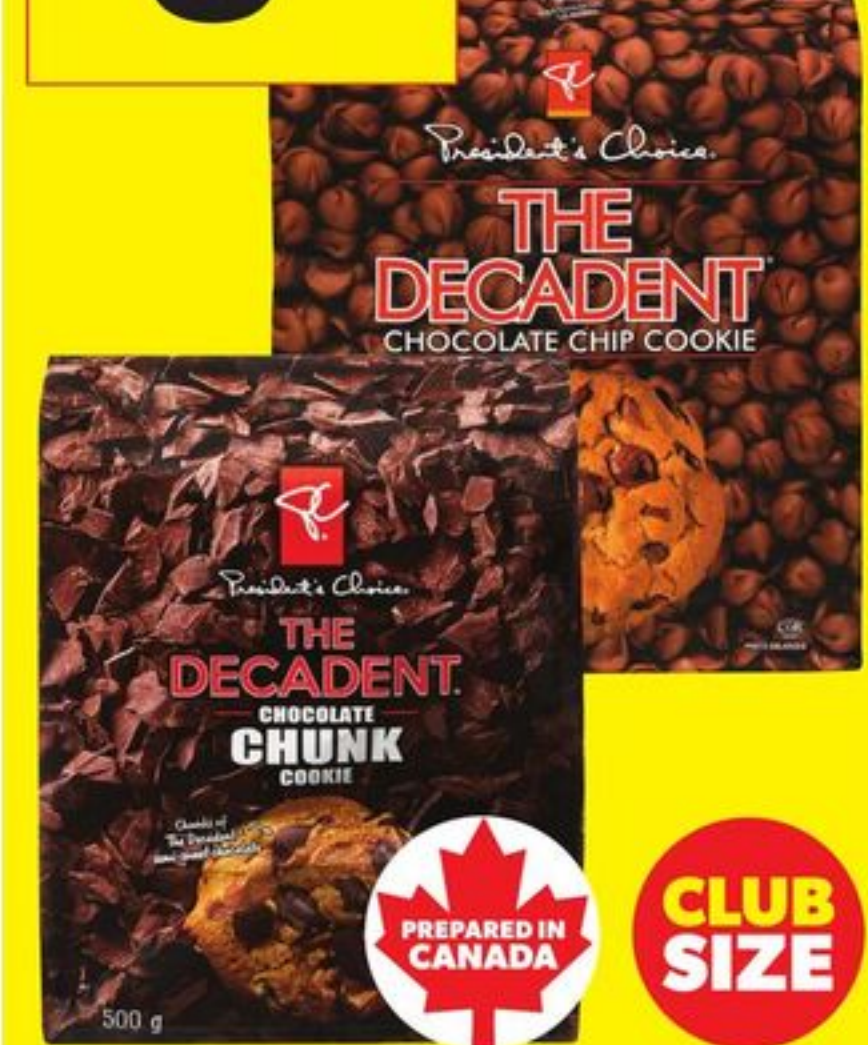
**PC® ORGANICS  
PEANUT BUTTER**  
SELECTED VARIETIES, 1 KG  
21047266\_EA



**CLUB  
SIZE**

**8<sup>29</sup>**

**PC® THE DECADENT®  
COOKIE**  
SELECTED VARIETIES, 500 G  
20612256\_EA/20612259\_EA



**PREPARED IN  
CANADA**

**CLUB  
SIZE**

**14<sup>50</sup>**

**WERHER'S  
ORIGINAL CARAMEL  
HARD CANDY**  
SELECTED VARIETIES, 900 G  
21054002\_EA



**CLUB  
SIZE**

**17<sup>99</sup>**

**GOGO SQUEEZ  
FRUIT SAUCE  
POUCHES**  
SELECTED VARIETIES, 20X90 G  
21547671\_EA/21547693\_EA



**CLUB  
SIZE**

**18<sup>99</sup>**

**NO NAME® NATURALLY  
IMPERFECT™ FRUIT**  
SELECTED VARIETIES  
FROZEN, 2 KG  
21033164\_EA/21480164\_EA



**CLUB  
SIZE**

**\$11**

**NO NAME®  
PARCHMENT PAPER**  
SELECTED VARIETIES, 50 M  
21375900\_EA



**CLUB  
SIZE**

**\$12**

**PINESOL CLEANER**  
SELECTED VARIETIES, 4.25 L  
20021491\_EA/21008748\_EA



**PREPARED IN  
CANADA**

**CLUB  
SIZE**

**ALWAYS  
LOW PRICE**

**\$8**

**LIFE BRAND  
UNSCENTED  
EPSOM SALTS**  
4 KG  
21668050\_EA



**CLUB  
SIZE**

# SUPER YOUR EVERYDAY

**7<sup>50</sup>**

**STOK COLD BREW COFFEE** 1.42 L OR **YOPLAIT SOURCE/CREAMY** 16X100 G  
SELECTED VARIETIES  
20120316002\_EA/21203739\_EA



**4<sup>50</sup>**

**ASTRO YOGURT TUBS** 650/750 G OR **SIGGI'S SKYR YOGURT** 4X100 G  
SELECTED VARIETIES  
20143263\_EA/21589925\_EA



**\$10**

**FARM GIRL CEREAL**  
SELECTED VARIETIES, 280 G  
21610446\_EA/21610462\_EA



**\$4**

**KASHI CHEWY, SOFT BAKED OR CRUNCHY BARS** 175-200 G, **KELLOGG'S SPECIAL K CHEWY BARS** 165 G OR **HOMESTYLE RICE KRISPIES BARS** 198 G  
SELECTED VARIETIES  
21220914\_EA/21504799\_EA



**3<sup>25</sup>**

**QUAKER INSTANT OATMEAL**  
SELECTED VARIETIES, 232-344 G  
21190254\_EA/21190260\_EA



**6<sup>25</sup>**

**GET 500<sup>00</sup>**  
**FERRERO ROCHER SQUARES**  
SELECTED VARIETIES, 105 G  
21676633\_EA/21676668\_EA



**5<sup>99</sup>**

**CHAPMAN'S YUKON SANDWICHES, BARS OR CONES**  
SELECTED VARIETIES  
FROZEN, 5-8'S  
202950270\_EA  
21583339\_EA



**\$10**

**SAPUTO MOZZARELLISSIMA PIZZA MOZZARELLA CHEESE**  
SELECTED VARIETIES  
690/700 G  
2010707001\_EA  
20324502\_EA



**\$6**

**CHAPMAN'S YOGURT OR SORBET**  
SELECTED VARIETIES  
FROZEN, 2 L  
20314434013\_EA  
21654179\_EA



**4<sup>50</sup>**

**OCEAN SPRAY CRANBERRY COCKTAIL** 1.89 L, **100% JUICE BLENDS** 1.77 L OR **MOTT'S CLAMATO** 1.89 L  
SELECTED VARIETIES  
2030006008\_EA  
20318955002\_EA



**2<sup>75</sup>**

**GOLDFISH BAKED SNACK CRACKERS OR CRISPS**  
SELECTED VARIETIES  
156-200 G  
20300320\_EA  
20306994003\_EA



**2<sup>75</sup>**

**CHEEZ-IT CRACKERS**  
SELECTED VARIETIES  
191/200 G  
21214550\_EA  
21214560\_EA



**5<sup>50</sup>**

**CADBURY DAIRY MILK CHOCOLATE BARS**  
SELECTED VARIETIES  
180 G  
21648490\_EA  
21648536\_EA



**5<sup>50</sup>**

**TAZO TEA BAGS** 20'S OR **TETLEY TEA** 60/72'S  
SELECTED VARIETIES  
21307994\_EA  
21611790\_EA



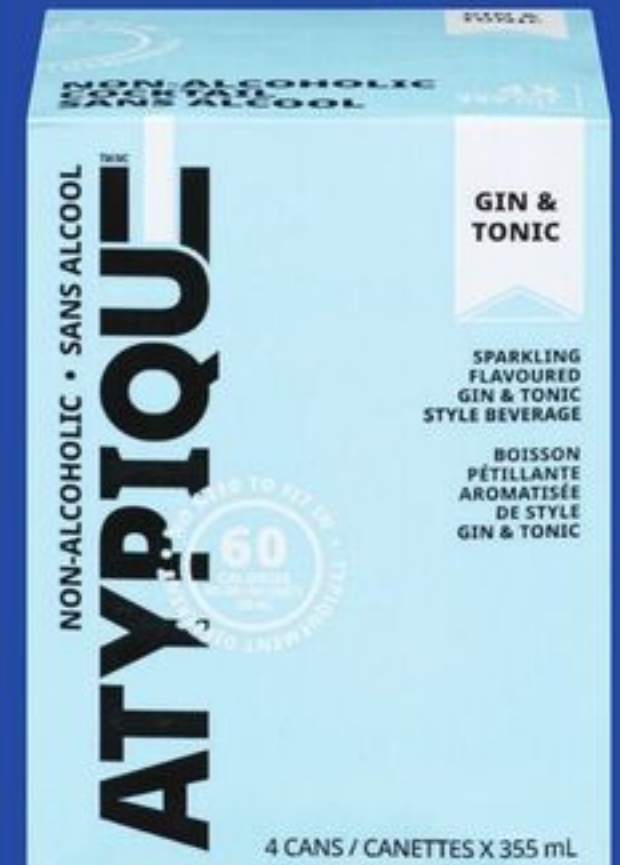
**\$7**

**LAVAZZA CREMA OR ROSSA** 250 G OR **TWININGS SUPER BLENDS** 18'S  
SELECTED VARIETIES  
21427825\_EA/21553695\_EA



**7<sup>99</sup>**

**ATYPIQUE NON-ALCOHOLIC COCKTAILS OR SPARKLING FLAVOURED BEVERAGES**  
SELECTED VARIETIES  
4X355 ML  
21515994\_C04



**\$12**

**ZIPLOC MEGAPACKS**  
SELECTED VARIETIES  
60-270'S  
21196079\_EA/21196101\_EA



**9<sup>99</sup>**

**PURINA CAT CHOW OR KITTEN CHOW DRY CAT FOOD**  
SELECTED VARIETIES  
1.6-2 KG  
20319556001\_EA



# CELEBRATE NEW BEGINNINGS WITH GREAT OFFERS FOR LESS

Harvest the deals this Vaisakhi



**\$3**

**DRIED MANGO**  
PRODUCT OF VIETNAM  
113 G  
21700165\_EA



**\$5** LB  
11.02/KG

**OKRA**  
PRODUCT OF U.S.A.  
20091263001\_KG



**3**<sup>50</sup>

**CRISPY COOKIES**  
SELECTED VARIETIES, 350 G  
20820419\_EA/20820643\_EA



**2**<sup>50</sup>

**RUBICON JUICES**  
SELECTED VARIETIES  
1L/4X200 ML  
20029236001\_EA  
20296770001\_EA



**\$1**

**PARLE HIDE & SEEK**  
**CAFÉ MOCHA COOKIES**  
**OR ORIGINAL**  
**GLUCOSE BISCUITS**  
SELECTED VARIETIES, 75/300 G  
20840479\_EA/20956495\_EA



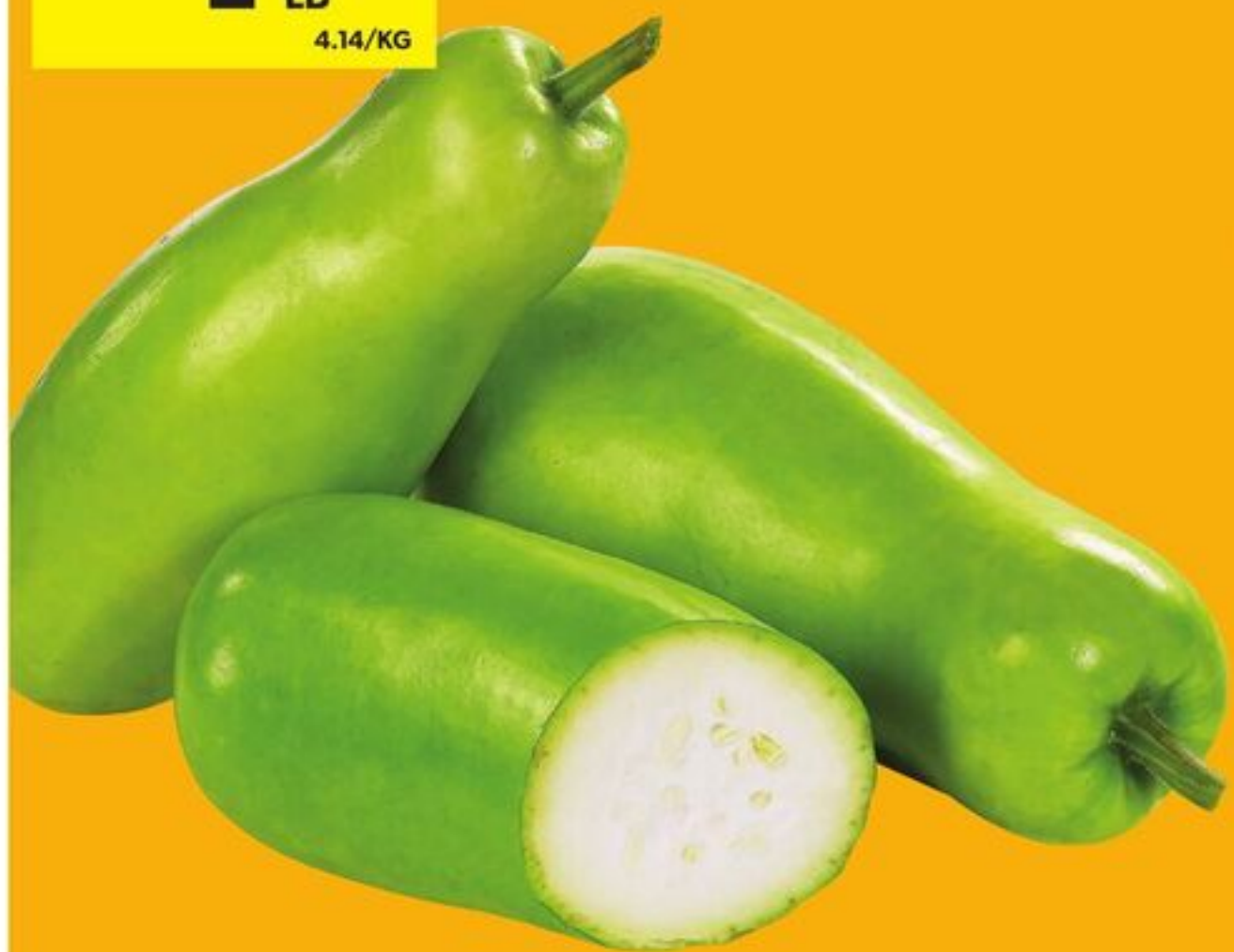
**3**<sup>50</sup>

**LAY'S INTERNATIONAL**  
**FLAVOURS**  
SELECTED VARIETIES, 200 G  
21663082\_EA/21663218\_EA



**1**<sup>88</sup>  
LB  
4.14/KG

**OPO SQUASH**  
PRODUCT OF HONDURAS,  
MEXICO OR DOMINICAN  
REPUBLIC  
20142055001\_KG



**8**<sup>50</sup>

**TATA LOOSE**  
**BLACK TEA**  
SELECTED VARIETIES, 450 G  
21407291\_EA/21407294\_EA



**1**<sup>75</sup>

**HALDIRAM'S INDIAN**  
**SNACKS**  
SELECTED VARIETIES, 150 G  
20314667007\_EA/21471573\_EA



**1**<sup>75</sup>

**MAGGI NOODLES**  
**MASALA**  
280 G  
20870359\_EA



**\$16**

**PILLSBURY 100%**  
**WHOLE WHEAT FLOUR**  
**CHAKKI ATTA**  
9.07 KG  
21663582\_EA



# CELEBRATE NEW BEGINNINGS WITH GREAT OFFERS FOR LESS

Harvest the deals this Vaisakhi



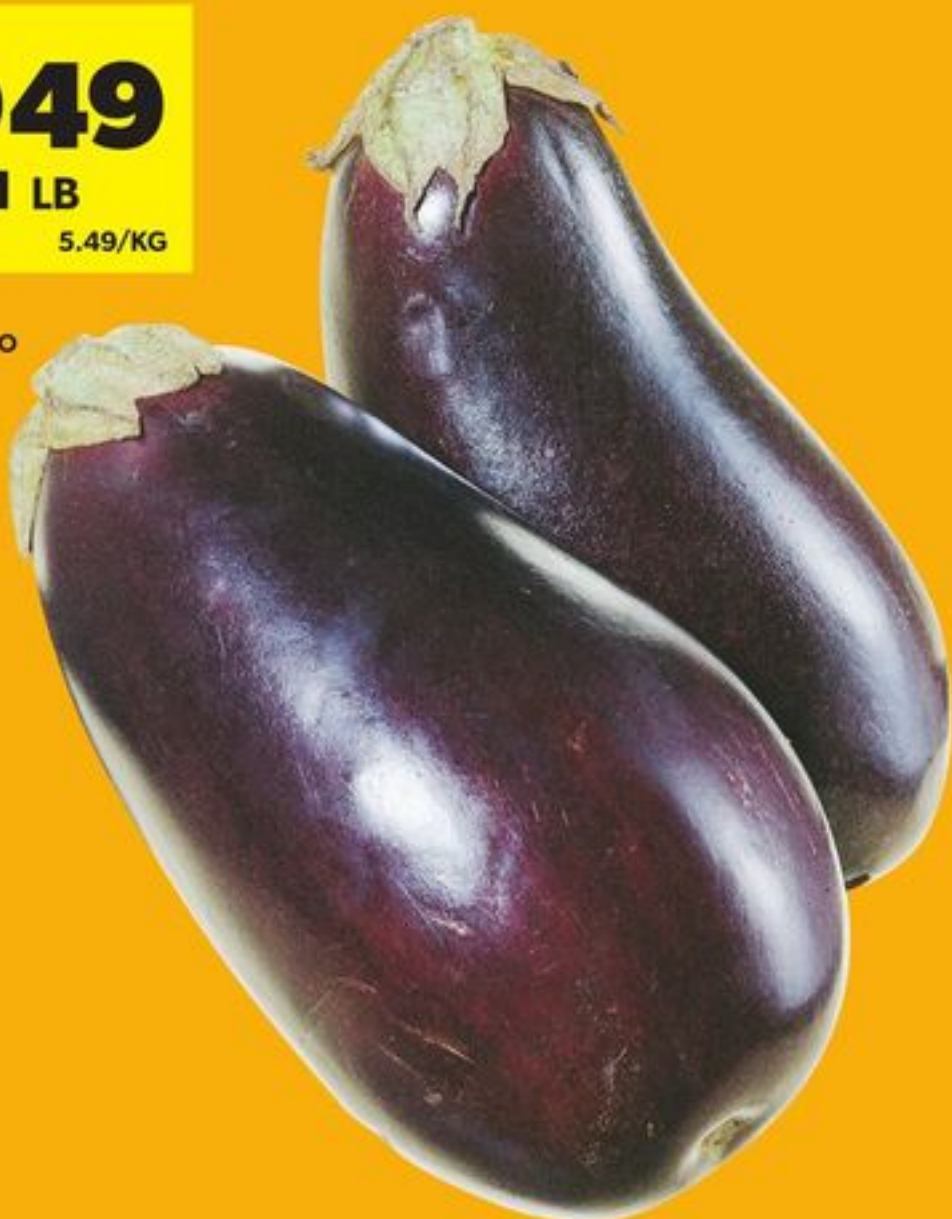
**1.25**

**MINT BUNCH**  
PRODUCT OF MEXICO  
OR COLOMBIA  
20139326001\_EA



**2.49**  
LB  
5.49/KG

**EGGPLANT**  
PRODUCT OF MEXICO  
OR U.S.A.  
20155709001\_KG



**\$12**

**ROYAL NUTS**  
SELECTED VARIETIES  
240/325 G  
20771158\_EA/20771610\_EA



**\$2**

**SANTOSH NAAN**  
SELECTED VARIETIES, 500 G  
21671462\_EA



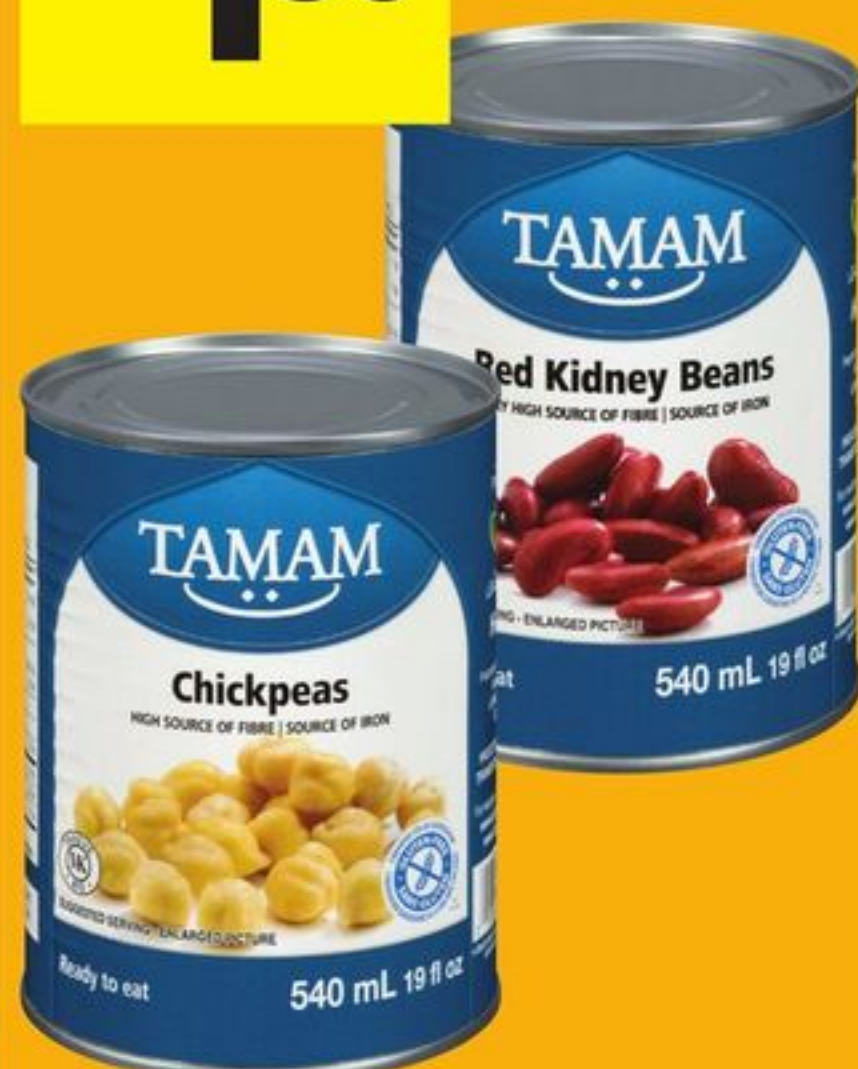
**\$5**

**CRISPY CAKE RUSK**  
SELECTED VARIETIES, 550 G  
21700132\_EA/21700202\_EA



**1.50**

**TAMAM CANNED BEANS**  
SELECTED VARIETIES, 540 ML  
21214481\_EA/21214570\_EA



**2.75**

**MTR SIDEDISH**  
SELECTED VARIETIES, 300 G  
20769717002\_EA/20769717008\_EA



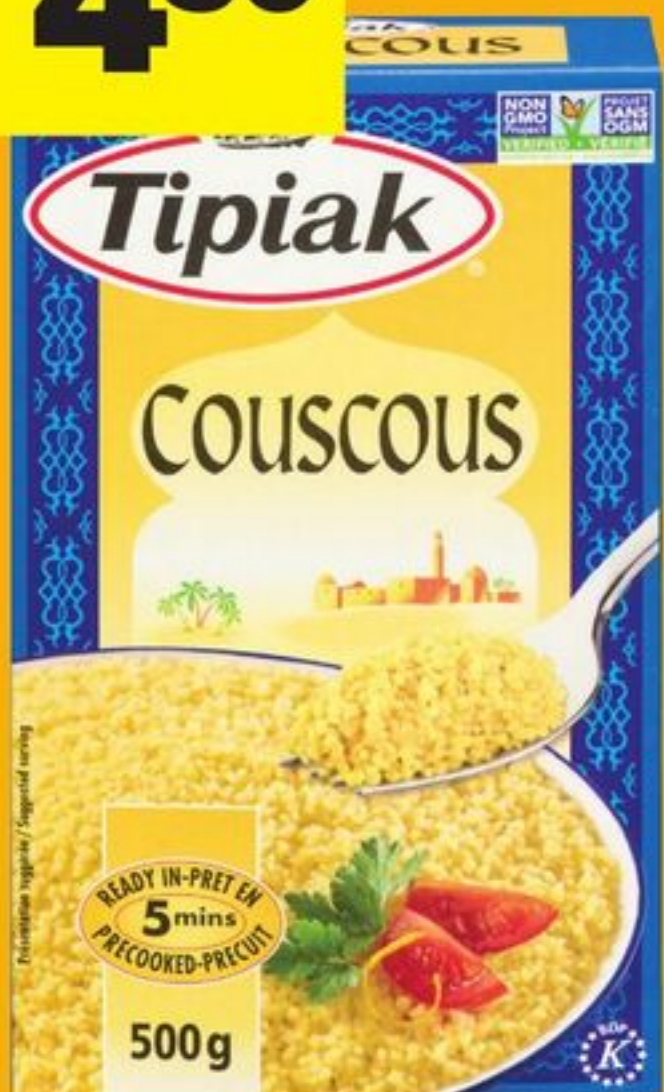
**\$5**

**BRITANNIA MILK RUSK**  
SELECTED VARIETIES, 560 G  
21024034\_EA



**4.50**

**TIPIAK COUSCOUS**  
500 G  
20026612\_EA



**\$15**

**KRITI GOLD EXTRA VIRGIN OLIVE OIL**  
750 ML  
20572876\_EA



**\$15**

**BRAR'S DESIGHEE COOKING OIL**  
800 G  
20869886\_EA



**\$11**

**TILDA BASMATI RICE**  
SELECTED VARIETIES, 1.81 KG  
20013920\_EA



**1.75**

**KURKURE SNACKS**  
SELECTED VARIETIES, 115 G  
20659742\_EA/21361077\_EA



**1.75**

**SHAN SPICE MIXES**  
SELECTED VARIETIES, 50-65 G  
20323215002\_EA/20323215008\_EA



# SHOP THE WORLD IN OUR AISLES\*

From bok choy to basmati rice, find international ingredients at low prices.

[SHOP NOW](#)

**2<sup>88</sup>**  
LB  
6.35/KG

**BABY BOK CHOY**  
PRODUCT OF MEXICO  
OR U.S.A. OR  
**SHANGHAI BOK CHOY**  
PRODUCT OF MEXICO  
20082279001\_KG  
20032454001\_KG

**\$2** LB  
4.41/KG

**JAPANESE SWEET YAMS**  
PRODUCT OF CANADA  
OR U.S.A.  
20524922001\_KG

**14<sup>99</sup>**  
LB  
33.05/KG

**BEEF SHORT RIBS KOREAN STYLE**  
CUT FROM CANADA  
AA GRADE BEEF  
20810384\_KG

**2<sup>48</sup>**  
LB  
5.47/KG

**WHOLE PORK HOCKS FRESH**  
20088822\_KG

**6<sup>50</sup>**

**T&T TAIWAN STYLE PORK SAUSAGES**  
SELECTED VARIETIES  
FULLY COOKED, FROZEN, 375 G  
21637048\_EA

蒜味台式香腸  
Taiwan Style Garlic Pork Sausage  
Saucisse de porc à l'ail de style taiwanais

**SAVE UP TO 1.00**

**\$6**

**VIVASEA COOKED NEW ZEALAND GREENSHELL MUSSELS 500 G OR SEAQUEST SEAFOOD MEDLEY 340 G FROZEN**  
21595040\_EA/21592029\_EA

Cooked Mussels Moules cuites  
Seaquest Seafood Medley Mélange de la mer

**\$2**

**T&T TROPICAL CAKES**  
SELECTED VARIETIES, 180 G  
20826539\_EA

Tropical Cake Lemon  
Gâteau Tropical Citron

**\$3**

**T&T COOKIES**  
SELECTED VARIETIES, 168-170 G  
21473267\_EA/21475469\_EA

Butter Cookies Biscuits aux Beurre  
Short Bread Cookies Biscuits Sablés

**3<sup>29</sup>**

**GOLD PLUM CHINKIANG VINEGAR**  
554 ML  
20137390\_EA

**15<sup>88</sup>**

**HELLO KITTY MILK COOKIES TIN LIMITED EDITION, 224 G**  
SELECTED VARIETIES  
21697316\_EA/21697350\_EA

HELLO KITTY RED SAKURA

**\$7**

**KEWPIE MAYONNAISE**  
465 ML  
21644268\_EA

Still in Progress 100%

**2<sup>50</sup>**

**THAI KITCHEN COCONUT MILK**  
SELECTED VARIETIES  
400 ML  
20275924\_EA/20661771\_EA

coconut milk de coco léger  
coconut milk lait de coco

**3<sup>49</sup>**

**LUCKY ME! CHOW MEIN**  
SELECTED VARIETIES  
360 G  
20689357001\_EA  
20689357002\_EA

PANCIT CANTON  
CHOW MEIN NOODLES  
FAMILY PACK 6

**4<sup>29</sup>**

**LEE KUM KEE PANDA OYSTER SAUCE**  
510 G  
20139600\_EA

**9<sup>88</sup>**

**LOTTE PEPERO GIFT PACK LIMITED EDITION**  
230 G  
21694612\_EA

# SHOP THE WORLD IN OUR AISLES\*

From bok choy to basmati rice, find international ingredients at low prices.

[SHOP NOW](#)

**1.50**

**CHAYOTE SQUASH**  
PRODUCT OF COSTA RICA  
20167837001\_EA

**2.25**  
LB  
4.96/KG

**CASSAVA**  
PRODUCT OF COSTA RICA  
20087682001\_KG

**1.50**

**GOLDEN HAPPINESS BUNS**  
SELECTED VARIETIES, 100 G  
21297542\_EA/21297545\_EA

**4.28**  
LB  
9.44/KG

**GRADE A, DUCK**  
FROZEN  
20076881\_KG

**9.99**  
LB  
22.02/KG

**NEW ZEALAND SHORT CUT LAMB LEG**  
FROZEN  
20142553\_KG

**HALAL**

**3.49**

**MARUKOME MISO SOUP MIX**  
SELECTED VARIETIES  
3'S, 27-29 G  
20999038\_EA/20999104\_EA

**5.49**

**GLICO POCKY BISCUIT STICKS BAG**  
SELECTED VARIETIES, 144-156 G  
21066079\_EA/21066087\_EA

**\$2**

**WAHAHA YOGURT FLAVOURED DRINK**  
SELECTED VARIETIES  
400 ML  
21091972\_EA/21382076\_EA

**2.29**

**ROOSTER™ LONGKOU VERMICELLI**  
400 G  
21295298\_EA

**5.49**

**FLYING GOOSE SRIRACHA SAUCE**  
730 ML  
21499017\_EA

**17.49**

**JASMINE GOLD THAI RICE**  
8 KG  
21496274\_EA

**1.79**

**T&T KOREAN ROASTED SEA LAVER**  
3'S, 15 G  
20593313\_EA

**3.50**

**PAN PRE-COOKED CORN MEAL**  
SELECTED VARIETIES, 1 KG  
20945695\_EA/20945705\_EA

**\$3**

**LA COSTEÑA CHIPOTLE PEPPER**  
186 ML OR SLICED JALAPEÑO 330 ML  
SELECTED VARIETIES  
20318080\_EA/20584760\_EA

# SHOP BEAUTY FOR LESS

**5.50**

**LIMIT 6 OVER LIMIT PAY 5.99 EA**

**IRISH SPRING BAR SOAP** 6X 104 G, **BODY WASH** 591 ML OR **SOFT SOAP BODY WASH** 591 ML  
SELECTED VARIETIES  
2129375\_EA/21436477\_EA

**UP TO 20% OFF**

**OLD SPICE BODY WASH** 473-987 ML OR **BAR SOAP** 141 G OR 4/12X90 G  
SELECTED VARIETIES  
21075513\_EA/21238557\_EA

**\$10**

**LIMIT 6 OVER LIMIT PAY 11.99 EA**

**DOVE BAR SOAP** 6X106 G OR **BODY WASH** 591-710 ML  
SELECTED VARIETIES  
2121317\_EA/21638561\_EA

**\$2**

**LIMIT 6 OVER LIMIT PAY 2.79 EA**

**SPEED STICK BASE ANTIPERSPIRANT** 45/70 G OR **SOFTSOAP LIQUID HAND SOAP PUMP** 221 ML  
21166716\_EA/21592044\_EA

**\$6**

**LIMIT 6 OVER LIMIT PAY 8.49 EA**

**LISTERINE CLASSIC** 1 L OR **KIDS** 500 ML **MOUTHWASH**  
SELECTED VARIETIES  
20348438001\_EA/21356391\_EA

**\$5**

**LIMIT 6 OVER LIMIT PAY 7.49 EA**

**IVORY BAR SOAP** 10X90 G OR **BODY WASH** 621 ML  
SELECTED VARIETIES  
20850346002\_EA/21716909\_EA

**\$9**

**LIMIT 6 OVER LIMIT PAY 11.49 EA**

**GILLETTE MACH 3 OR VENUS DISPOSABLE RAZORS**  
SELECTED VARIETIES, 1-8'S  
20179414001\_EA/20984907\_EA

**\$4**

**LIMIT 6 OVER LIMIT PAY 5.99 EA**

**DEGREE FOR MEN ADRENALINE ANTIPERSPIRANT**  
SELECTED VARIETIES, 76 G  
20309310001\_EA/21079038\_EA

**UP TO 25% OFF**

**METHOD OR MRS. MEYER'S LIQUID HAND SOAP**  
SELECTED VARIETIES, 300 ML-1 L  
21046950\_EA/21640640\_EA

**UP TO 20% OFF**

**DOVE SHAMPOO OR CONDITIONER** 530 ML OR **STYLING PRODUCTS**  
SELECTED VARIETIES AND SIZES  
21644775\_EA/21170181\_EA

**\$4**

**LIMIT 4 OVER LIMIT PAY 4.79 EA**

**GARNIER FRUCTIS OR HERBAL ESSENCES BASICS SHAMPOO OR CONDITIONER**  
SELECTED VARIETIES AND SIZES  
21007198\_EA/21246894\_EA

**\$7**

**LIMIT 4 OVER LIMIT PAY 9.99 EA**

**GARNIER BELLE HAIR COLOUR**  
SELECTED VARIETIES  
20337076001\_EA/20337076009\_EA

**\$8**

**LIMIT 4 OVER LIMIT PAY 8.99 EA**

**MONDAY OR GÖT2B HAIR CARE**  
SELECTED VARIETIES AND SIZES  
21361177\_EA/21631743\_EA

**UP TO 20% OFF**

**CERAVE SKINCARE CLEANSERS OR MOISTURIZERS**  
SELECTED VARIETIES AND SIZES  
21295211\_EA/21295971\_EA

**UP TO 25% OFF**

**ST. IVES SKINCARE PRODUCTS**  
SELECTED VARIETIES AND SIZES  
21086101\_EA/2142905003\_EA

# ELEVATE YOUR WELL BEING

UP TO **15% OFF**

**LIFE BRAND VITAMINS OR SUPPLEMENTS**  
SELECTED VARIETIES AND SIZES  
21622663\_EA/21138915\_EA

**Life B<sub>12</sub>**  
Timed Release Vitamin 1200 mcg  
Helps to Form Red Blood Cells

**Magnesium Citrate**  
150 mg  
Magnesium is a Factor in the Maintenance of Good Health

UP TO **20% OFF**

**NATURE'S BOUNTY KIDS VITAMINS OR SUPPLEMENTS**  
SELECTED VARIETIES, 60-175'S  
20213713\_EA/21180320\_EA

**Nature's Bounty B-12**  
1000 mcg  
Helps in Energy Metabolism in the Body

**Nature's Bounty Melatonin Gummies**  
Mélatonine GÉLIFIÉS

UP TO **20% OFF**

**ENSURE OR GLUCERNA READY TO DRINK SHAKES**  
SELECTED VARIETIES AND SIZES  
20180283001\_EA/20308731001\_C06

**Ensure**  
COMPLETE, BALANCED NUTRITION®  
ALIMENTATION COMPLÈTE ET ÉQUILIBRÉE®  
HIGH PROTEIN / HYPERPROTEINÉ

**Glucerna**  
COMPLETE, BALANCED NUTRITION®  
ALIMENTATION COMPLÈTE ET ÉQUILIBRÉE®

UP TO **15% OFF**

**REACTINE 24-36'S, CLARITIN 15-30'S OR BENADRYL 25 MG, 100'S CAPLETS, TABLETS OR GELS**  
SELECTED VARIETIES AND SIZES  
20550172\_EA/20308018001\_EA

**Reactine**  
NON-DROWSY  
LIQUID GELS  
EXTRA STRENGTH  
24 HOUR RELIEF

**Claritin**  
Non-Drowsy  
Allergy  
24 Hour

**Benadryl**  
25 mg  
100's CAPLETS, TABLETS OR GELS

UP TO **15% OFF**

**ASPIRIN, ADVIL, TYLENOL, MOTRIN OR VOLTAREN CAPLETS, TABLETS, GELS OR RUBS**  
SELECTED VARIETIES AND SIZES  
21222471\_EA/20103677001\_EA

**Voltaren**  
EMULGEL  
Back & Muscle Pain

**ASPIRIN**  
81 mg  
DAILY LOW DOSE FOR DOCTOR RECOMMENDED PREVENTIVE THERAPY

**Advil**  
200 mg  
IBUPROFEN

**Tylenol**  
325 mg  
PARACETAMOL

**Motrin**  
60 mg  
IBUPROFEN

UP TO **15% OFF**

**PERFECT SPORTS SUPPLEMENTS**  
SELECTED VARIETIES AND SIZES  
21068247\_EA/21068329\_EA

**iPREP**  
PRE-WORKOUT FUEL

**DIESEL**  
NEW ZEALAND WHEY PROTEIN

**\$15**

**ALWAYS PADS 26-62'S OR LINERS 116-216'S OR TAMPAX TAMPONS 38-50'S**  
SELECTED VARIETIES AND SIZES  
21374646\_EA/21606690\_EA

**Always**  
ULTRA MINGE  
ULTRA THIN

**TAMPAX PEARL**  
REGULAR  
LEAKGUARD™ PROTECTION

**8<sup>50</sup>**

**CAREFREE PADS 28'S, LINERS 92-120'S, O.B. TAMPONS 40'S OR PLAYTEX TAMPONS 32-36'S**  
SELECTED VARIETIES  
20796733\_EA/21095818\_EA

**Carefree**  
Fluid-Lock™  
10 SUPER PLUS™  
40 PADS

**O.B.**  
10 SUPER PLUS™  
40 PADS

**Playtex Sport**  
36 PADS

**\$19**

**ALWAYS DISCREET UNDERWEAR OR PADS**  
SELECTED VARIETIES AND SIZES  
20814697\_EA/21189917\_EA

**always discreet**  
ZERO LEAKS  
ZERO ODORS

**always discreet**  
100% PROTECTION  
RapidDry CORE™

**\$4**

**GERBER ORGANIC SNACKS OR NESTLÉ CERELAC BISCUITS**  
SELECTED VARIETIES, 28-150 G  
21097119\_EA/21670711\_EA

**LIMIT 10 OVER LIMIT PAY 5.49 EA**

**Gerber Organic Biscuits**  
Red Berry  
Biscuits

**Nestlé Cerelac Biscuits**  
150g

**8+ MONTHS**

**\$5**

**AMARA ORGANIC SMOOTHIE MELTS OR FRUIT BITES**  
SELECTED VARIETIES, 23 G  
21536119\_EA/21624150\_EA

**LIMIT 6 OVER LIMIT PAY 5.99 EA**

**Amara Organic Smoothie Melts**  
moothie fondant Biologique

**Amara Organic Fruit Bites**  
Melle in Mouth

**8+ MONTHS**

**65<sup>50</sup>**

**ENFAMIL A+ NEUROPRO AND GENTLEASE POWDER REFILLS**  
SELECTED VARIETIES, 862/890 G  
21589079\_EA/21589205\_EA

**LIMIT 4 OVER LIMIT PAY 74.99 EA**

**Enfamil A+ Neuro Pro**  
50% MORE! DE PLUS!

**Enfamil A+ Gentlease**  
50% MORE! DE PLUS!

**\$37**

**HUGGIES PULL-UPS OR PAMPERS EASY UPS GIANT PACK TRAINING PANTS**  
SELECTED VARIETIES, 68-112'S  
21021427\_EA/21089194\_EA

**LIMIT 4 OVER LIMIT PAY 43.99 EA**

**Huggies Pull-Ups**  
pull-Ups

**Pampers Easy Ups**  
easy ups

**\$2**

**PAMPERS 1X BABY WIPES**  
SELECTED VARIETIES, 56-72'S  
20708133\_EA/21103126\_EA

**LIMIT 6 OVER LIMIT PAY 3.49 EA**

**Pampers Baby Wipes**  
Baby-Clean

**PRICE DROP**

**\$56**

**SIMILAC PRO-ADVANCE STAGE 1 & 2 OR TOTAL COMFORT BABY FORMULA POWDER 0+ MONTHS**  
SELECTED VARIETIES, 837/859 G  
21436985\_EA/21437126\_EA

**LIMIT 4 OVER LIMIT PAY 63.99 EA**

**Similac Pro-Advance**  
47% MORE! DE PLUS!

**Similac Total Comfort**  
47% MORE! DE PLUS!

# DISCOVER YOUR FAVOURITE BRANDS HERE



Optimum  
**GET 5,000** pts

**\$5**  
back in points

when you spend on \$25\*  
**Nivea skin care, wash or deodorant**

SELECTED VARIETIES AND SIZES  
21169897\_EA/21169899\_EA/20321421004\_EA/21587209\_EA/20854211\_EA  
21110152\_EA/20700027\_EA

**wash**

Feel fresh, invigorated, and moisturized. For soft, smooth and healthy-looking skin.



**body**

48h of protection. The roll-on design offers a softer application making it more skin friendly.



**men**

Extra gentle formula. Instantly soothes and protects your skin from by shaving.



**skin**

For over 100 years, Nivea has been pushing the boundaries of healthy looking and beautiful skin.



UP TO **20% OFF**

**NIVEA SKINCARE PRODUCTS**  
SELECTED VARIETIES AND SIZES  
21722989\_EA/21302584\_EA



**4.50**  
**LIMIT 6 OVER LIMIT PAY 5.99 EA**

**NIVEA BODY WASH**  
SELECTED VARIETIES, 500 ML  
20655589\_EA



UP TO **20% OFF**

**NIVEA DEODORANT ROLL-ON 50 ML, ANTIPERSPIRANT 51/52 G OR MEN'S SKINCARE 75-200 ML/125/198 G**  
SELECTED VARIETIES  
21246576\_EA/20298252001\_EA



# SHOP HOME FOR LESS

**\$7**

**LIMIT 8**  
OVER LIMIT PAY  
8.00 EA

**SODASTREAM PEPSI**  
OR CLASSIC SYRUPS  
OR FLAVOURS  
SELECTED VARIETIES  
440 ML  
21406594\_EA



**\$150**

**LIMIT 4**  
OVER LIMIT PAY  
180.00 EA

**NINJA PROBLENDER**  
WITH NUTRI NINJA  
CUPS  
21103386\_EA



**BUY 1**  
**GET 1**  
**50% OFF**

**EVERYDAY ESSENTIALS™**  
**COOKWARE & COOKWARE SETS**  
SELECTED VARIETIES  
SECOND ITEM MUST BE OF  
EQUAL OR LESSER VALUE  
10.00-59.00  
21345692\_EA/21345889\_EA  
21425571\_EA



**BUY 1**  
**GET 1**  
**50% OFF**

**PC® COOKWARE OR**  
**COOKWARE SETS**  
SELECTED VARIETIES  
SECOND ITEM MUST BE OF  
EQUAL OR LESSER VALUE  
17.00-140.00  
21339634\_EA/21413754\_EA



**BUY 3**  
**GET 1**  
**FREE**

**LIFE AT HOME™ OUTDOOR**  
**DRINKWARE, DINNERWARE**  
**OR SERVEWARE**  
SELECTED VARIETIES  
FREE ITEM MUST BE OF EQUAL  
OR LESSER VALUE  
4.00-29.00  
21692741\_EA/21692536\_EA



**UP TO**  
**20% OFF**

**PC® FLATWARE**  
SELECTED VARIETIES  
21104125\_EA/21104122\_EA



**5.50**

**LIMIT 4**  
OVER LIMIT PAY  
6.99 EA

**NO NAME®**  
**PLASTIC PARTY CUPS**  
SELECTED VARIETIES, 50'S  
21206257\_EA/21026261\_EA



**2/\$5**  
OR 3.50 EA

**NO NAME®**  
**AIR FRYER LINERS**  
SELECTED VARIETIES  
21639239\_EA/21639383\_EA

no name® sans nom®  
square  
air fryer liners  
tapis de cuisson  
pour friteuse à air  
carrés

no name® sans nom®  
round  
air fryer liners  
tapis de cuisson  
pour friteuse à air  
ronds



**UP TO**  
**30% OFF**

**LIFE AT HOME™**  
**FLATWEAVE RUGS**  
SELECTED VARIETIES  
21681939\_EA/21682054\_EA



**5.50**

**EVERYDAY ESSENTIALS™**  
**JUMBO PILLOW**  
21667755\_EA



**FROM**  
**\$6**

**EVERYDAY ESSENTIALS™**  
**PILLOW CASE**  
21586733\_EA/21615515\_EA

EVERYDAY ESSENTIALS.  
2  
STANDARD/QUEEN  
PILLOWCASES  
TAIES D'OREILLER  
STANDARD/GRAND LIT

EVERYDAY ESSENTIALS.  
2  
KING  
PILLOWCASES  
TAIES D'OREILLER  
TRÈS GRAND LIT



**FROM**  
**\$4**

**EVERYDAY ESSENTIALS™**  
**FACE, HAND OR BATH**  
**TOWELS**  
SELECTED VARIETIES  
21434220\_EA



**UP TO**  
**15% OFF**

**SYLVANIA LED**  
**A19 LIGHTBULBS**  
SELECTED VARIETIES  
20961964\_EA/21311328\_EA

**SYLVANIA**  
TruWave®  
Technology™  
40w  
LED  
SEE + FEEL BETTER  
ENHANCED COLOR EXPERIENCE  
SUPERIOR DURABILITY+++

**SYLVANIA**  
60w  
LED  
Daylight  
Color Rendering  
EnergyStar  
Regulates 85%  
Moisture & Mildew  
Non-Dimmable



**\$14\***

**LIMIT 4**  
OVER LIMIT PAY  
17.00\* EA

**DURACELL AA (8'S) OR**  
**AAA (4'S) ALKALINE**  
**BATTERIES**  
SELECTED VARIETIES  
21697009\_EA/21697172\_EA  
\*CUSTOMER IS RESPONSIBLE FOR  
THE PAYMENT OF ANY APPLICABLE  
MUNICIPAL AND/OR PROVINCIAL  
DISPOSIT OR PRODUCT/PACKAGING  
RECYCLING FEE THAT MAY APPLY.

**DURACELL**  
POWER BOOST™  
INGRÉDIENTS A  
INGRÉDIENTS

**DURACELL**  
POWER BOOST™  
INGRÉDIENTS A  
INGRÉDIENTS



**UP TO**  
**25% OFF**

**SHOWER CURTAINS**  
**OR ACCESSORIES**  
SELECTED VARIETIES  
20249134001\_EA  
20248380\_EA

**EVERYDAY ESSENTIALS™**  
SUPER SOFT  
SHOWER CURTAIN LINER  
CLOUSURE 7'X6'  
IMPERMEABLE  
ULTRA SOUPLE  
IMPERMEABLE DE NIVEAU DE DROUPE  
IMPERMEABLE À LA MÉMOIRE



# HOSTING MADE AFFORDABLE

**Optimum**  
Members-Only Price™  
**\$225**  
Non-members  
**\$295**



**PC ALMOST SMOKELESS WOOD-BURNING FIRE PIT**  
INCLUDES STAINLESS STEEL GRILL  
2 YEAR LIMITED WARRANTY.  
21526029\_EA  
\*\*Must be a registered PC Optimum™ member to load and get this offer.

Members save  
**\$70**

**Optimum**  
Members-Only Price™  
**\$55**  
Non-members  
**\$75**



**EVERYDAY ESSENTIALS™ PORTABLE PROPANE GRILL**  
WITH LOCKING LID AND FOLDING LEGS  
21672427\_EA  
\*\*Must be a registered PC Optimum™ member to load and get this offer.

**12,000 BTU**  
12 Burgers  
Propane  
1 Year Limited  
224 Sq Inches

**Optimum**  
Members-Only Price™  
**\$125**  
Non-members  
**\$165**



Members save  
**\$40**

**PC THE PERFECTLY PORTABLE TABLETOP GRILL**  
INTEGRATED CARRY HANDLE,  
MARINADE TRAY AND CUTTING BOARD  
21670419\_EA  
\*\*Must be a registered PC Optimum™ member to load and get this offer.

9 Burgers  
Charcoal  
5 Year Limited  
130 Sq Inches

**Optimum**  
Members-Only Price™  
**\$6**  
Non-members  
**\$8**



**EVERYDAY ESSENTIALS™ GRILL TOOLS OR ACCESSORIES**  
SELECTED VARIETIES  
21676359\_EA/21670367\_EA  
\*\*Must be a registered PC Optimum™ member to load and get this offer.

UP TO  
**20% OFF**

**PC GRILL ACCESSORIES**  
SELECTED VARIETIES  
21446863\_EA

**\$5**

**EVERYDAY ESSENTIALS™ BBQ LIGHTER**  
2'S  
21295873\_EA



**FOOD CADDY**  
BUILT-IN FREEZER PACK  
**PLATEAU À GARNITURES**  
BLOC RÉFRIGÉRANT INTÉGRÉ



**EVERYDAY ESSENTIALS™ FLEX & UTILITY LIGHTERS**  
2 PACK  
BRIQUETS UTILITAIRE ET À TIGE FLEXIBLE

**Optimum**  
Members-Only Price™  
**\$595**  
Non-members  
**\$695**



Members save  
**\$100**

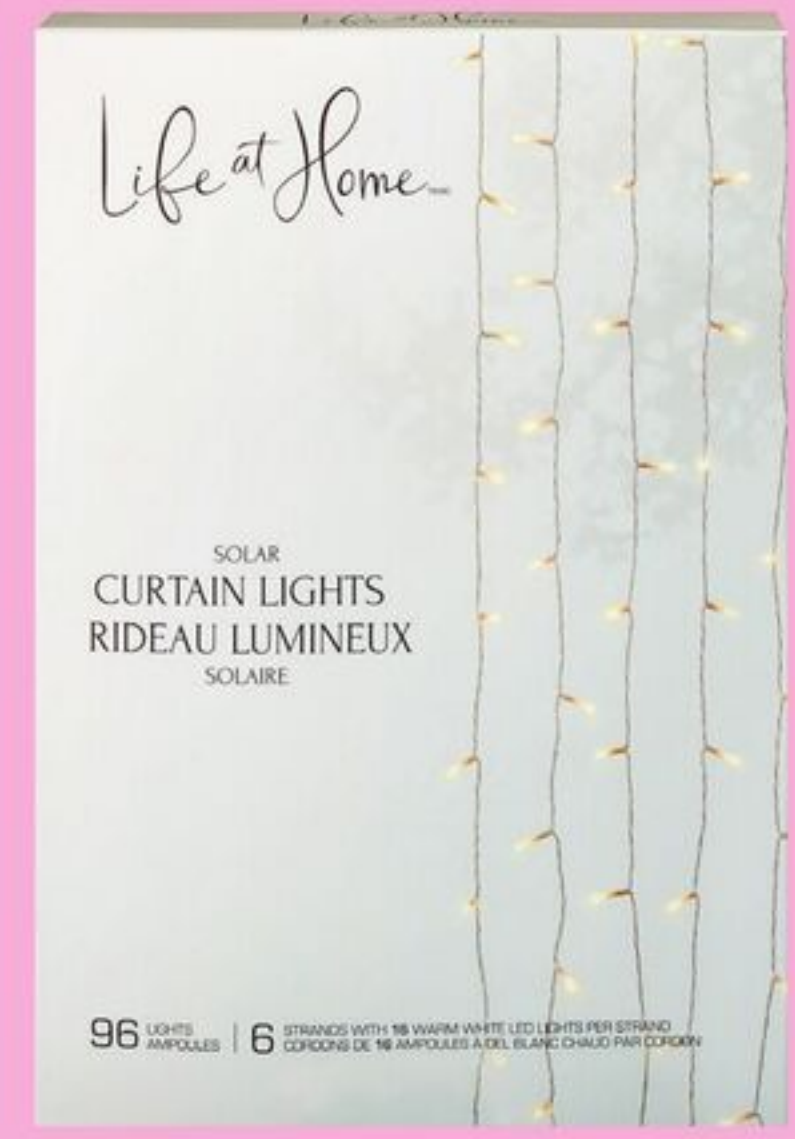
**LIFE AT HOME™ 4 PIECE SHELburne CONVERSATION SET**  
21670446\_EA  
\*\*Must be a registered PC Optimum™ member to load and get this offer.

**LIFE AT HOME™ 3 PIECE GREENWOOD CHAT SET**  
21670462\_EA  
\*\*Must be a registered PC Optimum™ member to load and get this offer.

**Optimum**  
Members-Only Price™  
**\$295**  
Non-members  
**\$345**

UP TO  
**20% OFF**

**LIFE AT HOME™ OUTDOOR STRING LIGHTS**  
21600191\_EA



**LIFE AT HOME™ SOLAR CURTAIN LIGHTS**  
RIDEAU LUMINEUX SOLAIRE  
96 LIGHTS  
6 STRINGS WITH 18 WARM WHITE LED LIGHTS PER STRING

**LIFE AT HOME™ PRINTED OUTDOOR CUSHIONS**  
SELECTED VARIETIES  
21669982\_EA/21669996\_EA  
\*\*Must be a registered PC Optimum™ member to load and get this offer.

**Optimum**  
Members-Only Price™  
**\$15**  
Non-members  
**\$19**



# JOE FRESH

## Rainy Day Deals

# 25% off

Family Rainwear\*

April 9 - 15  
Select Styles



~~\$39~~ NOW \$29<sup>25</sup>  
Kid Girls' Glitter Raincoat



~~\$39~~ NOW \$29<sup>25</sup>  
Kid Boys' Colour Block Raincoat



~~\$69~~ NOW \$51<sup>75</sup>  
Women's Raincoat



~~\$69~~ NOW \$51<sup>75</sup>  
Men's Hooded Raincoat



# NOW \$19

Children's Rain Boots\*



~~\$32~~ NOW \$19  
Kid Girls' Rubber Bow Rain Boots



~~\$29~~ NOW \$19  
Toddler Boys' Rubber Rain Boots



~~\$29~~ NOW \$19  
Toddler Girls' Printed Rain Boots



~~\$24~~ NOW \$19  
Baby Boys' Rubber Rain Boots



April 9 - 15  
Regular Price \$24 - \$32

EVEN MORE ONLINE & IN-STORE

SHOP NOW

\* Visit [www.joefresh.com/offerdetails](http://www.joefresh.com/offerdetails) for full details.

## HUNGRY FOR...

**TORTELLINI?**

**CANNELLONI?**

**GNOCCHI?**

## CHOOSE *Oliveri*

**Fresh Filled Pasta**  
500 - 700 g  
selected varieties  
20334658\_EA/20311594\_EA

**\$999**

**Skillet Gnocchi**  
520 - 700 g  
selected varieties  
21021889\_EA/21579289\_EA

**\$999**

**Fresh Sauces**  
600 mL | 2001488\_EA

**\$999**

VISIT [WWW.OLIVIERI.CA](http://WWW.OLIVIERI.CA)  
FOR GREAT RECIPE INSPIRATIONS

## DIP IT. SAUCE IT. MARINATE IT.

**VH HONEY GARLIC SAUCE**

**VH TERIYAKI SAUCE**

**2/\$4**  
OR \$5 EA.  
VH® Sauces  
341-380 mL  
20297368\_EA  
20308726001\_EA

## Together WE COOK

**PAM ORIGINAL**

**PAM AIR FRYER**

**\$6**  
PAM® Cooking Sprays  
141-170 g  
20312389\_EA/21626407\_EA

**PEPSI ZERO SUGAR**

**PEPSI MUG ROOT BEER**

**2/\$15**  
OR \$8.29 EA.

**bubly™ sparkling water beverage**  
selected varieties  
12x355 mL  
21651534\_C12/21097177\_C12

**bubly lime**

**bubly blueberry**

**2/\$15**  
OR \$8.29 EA.

**bubly™ sparkling water beverage**  
selected varieties  
12x355 mL  
21651534\_C12/21097177\_C12

**2/\$17**  
OR \$8.99 EA.

**PEPSICO BEVERAGES**  
SELECTED VARIETIES  
12X355 ML  
20322361002\_C12/21723693\_C12

**\$4.99**

**bubly™ sparkling water beverage**  
selected varieties  
6x222 mL  
21718206\_C06/21718382\_C06

**bubly mini lime**

**bubly mini orange**

**new**

**PEPSI MINI ZERO SUGAR**

**PEPSI MINI**

**2/\$10**  
OR \$5.49 EA.

**PEPSICO BEVERAGES**  
SELECTED VARIETIES  
6X222 ML  
20857560004\_C06/21189960\_C06

**BRISK LEMON | CITRUS**

**BRISK MANGO | MANGUE**

**2/\$4**  
OR \$2.49 EA.

**Brisk® Iced Tea**  
selected varieties  
710 mL  
21082610\_EA/21653509\_EA

**2/\$5**  
OR \$2.99 EA.

**GATORADE PERFORM® Sports Drink**  
selected varieties  
710 mL  
21357035\_EA/20305775003\_EA

**NEW!**

**\$7.29**

**PURE LEAF Iced Tea**  
selected varieties  
6x340 mL  
21723771\_C06/21723712\_C06

**PURE LEAF RASPBERRY**

**PURE LEAF LEMON**

# Unico

**PRIMO Pizza Sauce**  
375 mL  
20097909001\_EA

**\$3**

**Unico Tomato Paste**  
156 mL 5.5 fl. oz.

**1.25**

UNICO Tomato Paste  
selected varieties  
156 mL  
20000527\_EA/20679191\_EA

**Unico Canned Olives**  
selected varieties  
375 mL  
20324873001\_EA  
20324873002\_EA

**\$4**

**PRIMO Spaghetti**  
750 g

**2.75**

Primo Pasta Sauce 680 mL  
or UNICO Pasta 750 g  
selected varieties  
20794827\_EA/20165260\_EA

**Unico Peppers**  
750 mL or  
UNICO Balsamic Vinegars 500 mL  
selected varieties  
21103533\_EA/21075805\_EA

**\$5**

**GALLO Extra Virgin Olive Oil**  
1 L  
20105368\_EA/20069755\_EA

**\$12**

PRODUCT OF CANADA / PRODUIT DU CANADA

**YOU COULD WIN A TRIP FOR 2 TO THE STANLEY CUP FINAL**

**\$25,000 IN TOTAL PRIZES**

**THE OFFICIAL HIGH PROTEIN YOGURT OF THE NHL**

**2/\$7**  
OR \$4 EA.

Oikos® Pro™ selected varieties 300 mL 21651846\_EA

**\$8.99**

Oikos® Pro™ selected varieties 650 - 750 g 21305945\_EA

**3/\$12**  
OR \$4.99 EA.

Oikos® selected varieties 4 x 100 g 20419715004\_EA

\* No purchase necessary. Begins 03/23/26 at 12:00:01 AM ET & Ends 05/24/26 at 11:59:59 PM ET. Draw 05/25/26 at 2PM ET. One (1) Grand Prize: Trip for 2 to a 2026 Stanley Cup™ Final game (ARV \$9,000 CAD) and 920 Instant Win Prizes: a \$100 CAD Digital Prepaid Card (20 total), or a \$5 CAD Physical Danone Oikos® Coupon (800 total). Mathematical skill-testing question required. Full contest rules: www.snacktowin.ca. Oikos® used under lic., © 2026, Danone US, LLC. All rights reserved. Oikos® Pro™ used under lic., © 2026, Danone US, LLC. All rights reserved. NHL, the NHL Shield, the word mark and image of the Stanley Cup and the Stanley Cup Final logo are registered trademarks of the National Hockey League. NHL and NHL team marks are the property of the NHL and its teams. © 2026 NHL. All Rights Reserved.

**BACKED BY OVER 35 YEARS OF ACTIVIA'S EXPERTISE IN GUT HEALTH**

**ALL 8 PACKS NOW AVAILABLE IN SINGLE FLAVOURS!**

**2/\$9**  
OR \$5.99 EA.

Activia® selected varieties 8 x 100 g 21725748\_EA

**NEW**

**\$4**

Activia® Expert 4 x 100 g 21688261\_EA

**NEW**

**\$6.50**

Activia® Expert selected varieties 750 g 21688207\_EA

**NEW**

**\$4.50**

Activia® selected varieties 650 g 20325132003\_EA

**10-HOUR BREW FOR A BOLD AND SMOOTH TASTE**

**\$7.50**

Stok® selected varieties 1.42 L 21203737\_EA/21203739\_EA

**NEW LIMITED EDITION**

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**iögo nanö**

**CREAMY YOGURT TO GRAB & GO!**

**\$4.50**

iögo nanö CREAMY YOGURT POUCH 4 X 90 G SELECTED VARIETIES 2179198\_EA/2179194\_EA

**NEW**

**\$4**

iögo nanö YOGURT WITH FLAVOURED PEARLS 4 X 100 G SELECTED VARIETIES 2179199\_EA/2179941\_EA

**SOURCE OF VITAMIN A & D**

**\$5**

iögo nanö DRINKABLE YOGURT 6 X 93 ML SELECTED VARIETIES 21690943\_EA/20609687001\_EA

**\$9**

iögo CREAMY, 0% OR LACTOSE-FREE YOGURT 16 X 100 G SELECTED VARIETIES 20609583001\_EA/21622847\_EA

**\$12**

iögo CREAMY YOGURT 2 KG SELECTED VARIETIES 20656092\_EA

**\$4.50**

ASTRO BALKAN YOGURT 750 G SELECTED VARIETIES 2016522601000\_EA/20170553001\_EA

**\$8.49**

siggi's SKYR YOGURT 650 - 750 G SELECTED VARIETIES 21659473\_EA/21553892\_EA

**What if buying gas fuelled your points?**

Only Esso™ and Mobil™ gas earns you PC Optimum™ points.

**pts**

**Esso Mobil + Optimum**

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Introducing **Bread PROtein** by Dempsters

**\$4**

**DEMPSTER'S EVERYTHING PROTEIN BAGEL** 5'S 21716100\_EA

**\$4**

**DEMPSTER'S PROTEIN LOAF WHITE/GRAIN** 600 G 21716170\_EA/21691867\_EA

**\$4**

**DEMPSTER'S PROTEIN TORTILLAS** 6'S 21716247\_EA

Colgate®



# HEALTHY SMILES START HERE

Your partner in oral health



LIMIT 6  
OVER LIMIT PAY  
4.29 EA

**3.50**  
each

Colgate® Premium  
Toothpaste 70 - 150 mL or  
Toothbrushes  
selected varieties

21166665\_EA/20697448001\_EA



LIMIT 6  
OVER LIMIT PAY  
5.99 EA

**5.50**  
each

Colgate® Super Premium  
Toothpaste 73 - 170 mL or  
Toothbrushes  
selected varieties

21166717\_EA/20280090\_EA



LIMIT 6  
OVER LIMIT PAY  
7.99 EA

**6.50**  
each

Colgate® Mega Premium  
Toothpaste 70 - 133 mL or  
Toothbrushes  
selected varieties

21177027\_EA/21166153\_EA

Optimum  
GET  
**3,000** pts

for every \$10\*  
spent on Colgate  
or hello oral care  
products  
all sizes and varieties

**\$3**  
back  
in points

LIMIT 6  
OVER LIMIT PAY  
14.99 EA

**\$13**



Colgate® PreviDent® Toothpaste  
39 mL selected varieties

20144469\_EA



**7.50**  
each

hello® Toothpaste 82 mL  
(hello® super mega whitening  
powered by vitamin c)

21623262\_EA

Toothpastes fight cavities. Colgate® Sensitive Pro-Relief also fights sensitivity.

## #1 Dentist Recommended Mouthwash Brand\*

Optimum  
GET  
**3,000** pts

for every \$15\*  
spent on Listerine  
products  
selected sizes and varieties

**\$3**  
back  
in points

SAVE  
UP TO  
**30%**

on select Listerine® Products



**LISTERINE**

\*IQVIA ProVoice Survey, May 2024. Always read and follow the label. © Kenvue Canada Inc. 2026