

ONT

Canadian Sobeys

Since 1907



HOT PRICE
3.99 /lb

Fresh Boneless Pork Loin Centre and Rib Combo Chops Family Size 8.80/kg



HOT PRICE
5.44 /lb

COMPLIMENTS Fresh Boneless Skinless Chicken Breasts Family Size 11.99/kg



HOT PRICE
9.99

BUTCHER'S SELECTION BBQ or Honey Garlic Pork Back Ribs 680 g or COMPLIMENTS Smoked Sausages 900 g



HOT PRICE
3.99

COMPLIMENTS Rainbow Peppers 3 pk product of Ontario or Mexico



HOT PRICE
7.99 lb, ea

MARINA DEL REY Wild Argentinian Raw Shrimp easy-peel or Shrimp Meat 300 g or Fresh Tilapia Fillets product of Colombia subject to availability 17.61/kg



HOT PRICE
4/\$5

Large Avocados or Large Red Haden Mangoes product of Mexico



1,000 PTS when you buy 2

That's like **\$10** toward your groceries

HOT PRICE
19.99

NABOB Roast & Ground Coffee 915-930 g or COMPLIMENTS Whole Bean Coffee 907 g



HOT PRICE
2.47

DEMPSTER'S White or Whole Wheat Bread, Texas Toast Bread 675 g or Hot Dog or Hamburger Buns 8 pk



HOT PRICE
3.99

CHAPMAN'S Premium or No Sugar Added Ice Cream, Frozen Yogurt or Sorbet 1-2 L selected



HOT PRICE
11.99

CASHMERE Bathroom Tissue 24=48 or 12=48 Rolls, SPONGETOWELS 6=12 Rolls or SCOTTIES Facial Tissue 12 pk



HOT PRICE
5.97

CRACKER BARREL Cheese 340-400 g, Shreds 250-320 g or BLACK DIAMOND Cheestrings 12-16 pk



HOT PRICE
4.97

HEINZ Ketchup 750 mL-1 L or Picnic Pack 3 pk 375 mL or KRAFT Miracle Whip or Mayonnaise 650-890 mL

YOUR 1,000 PTS OFFER IS WAITING

Visit the Sobeys app or MyGroceryOffers.ca

Scene+ card must be registered and offer must be loaded. See page 2 for full terms and conditions.

That's like **\$10** toward your groceries

Scene+ DIGITAL EXCLUSIVE

OFFER AVAILABLE APRIL 30-MAY 6, 2026

Scan QR code to download or open the app



HOT PRICE
12.98

EIGHT TREASURES Thai Jasmine Rice 8 kg

ONT

Scene⁺ MEMBER

PRICING

Swipe your
Scene+ Card
and Save



MEMBERS SAVE \$1
4.99
MEMBER
PRICING

5.99
without
Scene+ Card

MAPLE LEAF or SCHNEIDERS Bacon 375 g,
MAPLE LEAF Ready Crisp 65-85 g, SCHNEIDERS
Cooked Bacon 100 g, Juicy Jumbos or Smoked
Sausages 375-450 g selected

READY
FOR
YOU



MEMBERS SAVE 40¢/lb
7.29
/lb
2.84/kg MEMBER
PRICING

7.69
/lb,
3.73/kg
without
Scene+ Card

Prepared Fresh Daily
Watermelon quarters or slices assorted sizes



MEMBERS SAVE 77¢
2.22
MEMBER
PRICING

2.99
without
Scene+ Card

CHRISTIE Snacking or Mini Crackers selected
162-200 g



MEMBERS SAVE 44¢
7.25
MEMBER
PRICING

7.69
without
Scene+ Card

MICHELINA'S Frozen Entrées 128-284 g

Look for more Member Pricing
throughout the flyer and in-store.



Prices locked in until
June 3, 2026

150 PTS
when you buy 2

5⁹⁹

ASIAN INSPIRATIONS
Entrées 400 g

1 kg

MEMBERS SAVE \$4

13⁹⁹ MEMBER PRICING

17⁹⁹ 1000g
without Scene+ Card

H&H Dried Fruit Thai Honey Mango 1 kg

2/\$9

MISS VICKIE'S Kettle
Chips 190-200 g

2/\$8

KELLOGG'S Eggo
Waffles, French Toast
Sticks or Pancakes
270-330 g

2⁹⁹

KELLOGG'S Nutri-Grain
Bars, Rice Krispies Squares,
Pop-Tarts or Pastry Crisps
selected 125-384 g



Scan here for more
locked in prices

Stock up for Cinco de Mayo

500 PTS when you buy 1

6.99 /lb

Fresh Lean Ground Beef available only in 5 lb tube 15.41/lb

250 PTS when you spend \$25 or more

17.99 /lb

Fresh Boneless Bottom Sirloin Tri Tip Premium Oven Roast or Family Size Grilling Steak cut by your meat expert from Canada AAA grade beef 39.66/kg

100 PTS when you buy 2

4.99

Limes product of Colombia or Mexico 454 g 1 lb bag

3.99

OLD EL PASO Dinner Kits 250-510 g or Salsa 650 mL

3.49

GAY LEA Sour Cream 425-500 mL

5.99

AL PASTOR Pulled Pork Loaded Fries 405 g available hot

200 PTS when you buy 2

2/\$7

AL PASTOR Pulled Pork Flatbread or Select Varieties 230-305 g

2.99

TOSTITOS Tortilla Chips 205-300 g

2.99

DEMPSTER'S 7" Tortillas 240-340 g, TIA ROSA Tortillas 220-328 g or HARVEST GOLD Naan or Roti 350-500 g

Celebrate the taste of Mexico May 5

10.99 /lb

Fresh Steelhead Trout Fillets 24.23/kg

From Newfoundland

3.99

Butter Crust, Dutch Crunch, Soft Italia or Sesame Seed Topped Bread 450 g

BAKED IN STORE

2/\$5

COMPLIMENTS Pasta 900 g or HUNT'S Thick & Rich Pasta Sauce or Tomato Sauce 680 mL or Tomato Paste 369 mL

7.99

JANES Pub Style Breaded Chicken & Wings, COMPLIMENTS Spring or Egg Rolls, Cheese Sticks, Pickle Spears, Blooming Onion Pearls or Potato Skins 325-700 g

3.99 **100 PTS** when you buy 2

PHILADELPHIA Cream Cheese 227-250 g selected or KRAFT Singles 410 g

6.99

GAY LEA Butter Sticks salted or unsalted 454 g

2/\$5

COMPLIMENTS Pasta 900 g or HUNT'S Thick & Rich Pasta Sauce or Tomato Sauce 680 mL or Tomato Paste 369 mL

3.49

EARTH'S OWN Select Beverages 1.75-1.89 L

2/850

COCA-COLA or PEPSI Soft Drinks 6x710 mL

10.99

NUTELLA Hazelnut Spread 1 kg, COMPLIMENTS Honey 750-1 kg or KRAFT Peanut Butter 2 kg

3.99

GENERAL MILLS Premium or Core Cereal 297-437 g or KELLOGG'S Cereal 210-525 g selected (excludes Family Size)

100 PTS when you buy 1

6.99

IMPERIAL Soft Margarine or Squares 1.28-1.36 kg

27.99

VAN HOUTTE Coffee Pods 48 pk or MCCAFEE Roast & Ground Coffee 875 g

3/\$5

CLOVER LEAF Flavoured Tuna 85 g or Skipjack Light Tuna 170 g

9.99 **500 PTS** when you buy 2

GAIN Liquid Detergent 2.6 L, TIDE Simply 2.72 L, DOWNY or GAIN Fabric Enhancers or Softener 303-379 g or 1.66-2.63 L or DOWNY, GAIN or BOUNCE Sheets 120-200 pk

10.99

PURINA Tidy Cats Litter 2.72 kg

Scene GET 750 PTS FOR EVERY \$50 SPENT IN EDO JAPAN, REITMANS & JOEY RESTAURANTS GIFT CARDS

We have 2X as many Canadian-origin products as competing stores*

2X Canadian-origin products

PROUDLY CANADIAN sobeys.com

This flyer is printed with vegetable based inks. Please recycle where facilities exist. We reserve the right to correct any unintentional errors that may occur in the copy or in illustration. In stores open 24 hours, flyer prices are effective from 4 am Thursday until Midnight Wednesday. We reserve the right to limit quantities to reasonable family requirements. Some specials are not available at all stores. This flyer is not effective at any Sobeys Urban Fresh, Sobeys Express or Clark & Hilda locations. Flyer is effective in Ontario only.

The Scene+ Loyalty Program is available at all participating Sobeys locations within Ontario. No base Scene+ points earned. See weekly offers for current ways to earn Scene+ points. All weekly Scene+ offers exclude taxes, delivery charges, bill payments, service fees, rental fees, event tickets, gift cards, fluid dairy products in Atlantic regions, pre-paid cards, postal products and services, Western Union, McCafe®, Tim Hortons®, Starbucks® products and services in select regions, prescription drugs, non-prescription pharmacy services, liquor and alcoholic beverages, tobacco products, lottery, photo finishing, deposits, environmental charges, fuel and other goods and services which are non-discountable or excluded by law. Redeem 1,000 Scene+ points for \$10 towards your purchase up to a maximum of 50,000 Scene+ points (\$500) per day. For full Scene+ Terms & Conditions or to redeem your points, visit <https://www.sceneplus.ca/terms-and-conditions>. All offers are subject to change and may be withdrawn without notice. Registered trademarks of Scene Plus IP Corporation used under license by Sobeys Capital Incorporated. Please recycle where facilities exist.

400 PTS
when you buy 1

22⁹⁹
Premium Ecuadorian Roses
50 cm 1 dozen

STARTING AT 6⁹⁹

Assorted Mother's Day Flowering in Ceramics selection may vary by store grown in Ontario

Just for Moms!

Fresh blooms to make their day!

STARTING AT 9⁹⁹

Chrysanthemum in Ceramic available in 4" or 6" pots grown in Ontario

STARTING AT 12⁹⁹

Multi-Bloom Hydrangeas available in 5" or 6.5" grown in Ontario

300 PTS
when you buy 1

19⁹⁹

Petals of Gratitude Bouquet

So much value

100% FRESH GUARANTEE

4⁷⁷ /lb Extra Large Red or Black Seedless Grapes product of Chile 10.52/kg

100 PTS
when you buy 2

4⁹⁹ Green Kiwi product of Greece or Italy 454 g

3⁹⁹ Raspberries product of Mexico or USA 170 g

2⁹⁹ /lb, ea Brussels Sprouts product of Mexico or USA no 1 grade 6.59/kg or Spinach Bunch product of Mexico or USA or ANDY BOY Rapini product of USA

6⁹⁹ HIROS Cherry Tomatoes on the Vine product of Canada 340 g

6⁹⁹ THE LITTLE POTATO CO. Potatoes product of Canada, Canada no 1, 3 lb

2²⁷ /lb Bulk Sweet Potatoes product of USA no 1 grade 5.00/kg

1⁹⁹ /lb Green, Yellow or Grey Zucchini product of Mexico or USA 4.39/kg

2²⁷ /lb Bulk Vidalia Onions product of USA no 1 grade 5.00/kg

1⁹⁹ /lb Eggplant product of Mexico or USA 4.39/kg

4⁹⁹ Whole or Cored Pineapple product of Costa Rica

We offer cored or whole pineapples for the same price

2⁴⁷ /lb Forelle Pears product of South Africa extra fancy grade 5.45/kg

4 Large Cantaloupe product of Guatemala or Costa Rica no 1 grade

6⁴⁹ **100 PTS**
when you buy 2

COMPLIMENTS Gala, McIntosh or Red Delicious Apples product of Canada, Canada fancy grade 1.36 kg 3 lb bag

3⁹⁹ Celery Hearts product of USA

25% OFF BUY 1 GET 2ND of equal or lesser value

Prepared Daily Fruit and Yogurt Parfait Cups assorted sizes

25% OFF BUY 1 GET 2ND of equal or lesser value

Prepared Fresh Daily Taco or Guacamole Dip or Pineapple Salsa assorted sizes

FREE BUY 2 GET 3RD of equal or lesser value

Prepared Fresh Daily Roasters or BBQ Grillers assorted sizes

5⁹⁹ /lb Sugar Mangoes product of Colombia 13.21/kg

1²⁹ /lb Napa Cabbage or Bok Choy product of USA 2.84/kg

2⁹⁹ Bulk Organic Avocado product of Mexico

3⁹⁹ Organic Grape Tomatoes pint product of Canada

4 LIGHTLIFE Smart Veggie Dogs 340 g

5⁹⁹ RENÉE'S Dressing selected 350-355 mL

2/\$6 FRESH GOURMET Croutons 128-142 g

11⁹⁹ NATURSOURCE Almonds or Mixed Nuts selected 450-600 g

floral

Available at most stores

STARTING AT 19⁹⁹

Mother's Day Indoor Gardens selection may vary by store

STARTING AT 12⁹⁹

Phalaenopsis Orchids in Ceramic various sizes grown in Ontario

2/\$22

Assorted Perennials, Boxwood or Cedar 1 gallon grown in Ontario selection may vary by store

17⁹⁹ go when you buy 2 or more

Premium Annuals Hanging Basket or Planter 11" grown in Ontario 18.99 ea

*Receive 1000 Scene+ points, when you load the offer and make the specified minimum purchase amount based on your individual shopping history, on eligible grocery purchases at participating Sobeys locations in Ontario in a single transaction before applicable taxes and charges and after deducting any discounts or coupons. Scene+ card must be valid and registered. Offer valid from April 30-May 6, 2026. Offer must be loaded to a registered Scene+ card prior to transaction. Offer excludes taxes, tobacco products, gift cards, bottle deposits, prescriptions, lottery, alcoholic beverages, fuel, Western Union and any other non-discountable product excluded by law. No base Scene+ points earned, or altered. Digital Offer has no cash value. Scene+ registered digital or physical card must be presented at time of transaction. Visit <https://www.sceneplus.ca/terms-and-conditions> to see full Terms and Conditions. We reserve the right to rescind the offer, if we determine, in our sole discretion, there is abuse of the offer or unauthorized or ineligible use of the offer and is subject to change without notice. Registered trademarks of Scene Plus IP Corporation used under license by Sobeys Capital Incorporated.

So.tender

HAND-SELECTED CANADA AAA BEEF

Well-marbled • Aged to perfection
Exclusive to Sobeys

11.99

/lb

STERLING SILVER Fresh Boneless Inside Round Oven Roast or Family Size Marinating Steak cut by your meat expert from Canada AAA grade beef 26.43/kg

CERTIFIED TENDER
TENDRETÉ CERTIFIÉE

10% off

STERLING SILVER Fresh Beef Tenderloin Premium Oven Roast or Grilling Steak cut by your meat expert from Canada AAA grade beef

100 PTS
when you spend \$10 or more

3.99

/lb

Fresh Chicken Legs back attached 8.80/kg

READY FOR YOU

9.99

/lb

Try it with our In-Store Souvlaki Marinade

Fresh Store Made Boneless Skinless Chicken Breast or Thigh Kabobs with Vegetables 22.02/kg

READY FOR YOU

150 PTS
when you spend \$10 or more

5.99

/lb

Fresh Boneless Pork Loin Centre Cutlets Family Size 13.21/kg

400 PTS
when you spend \$20 or more

4.99

/lb

Fresh Pork Side Ribs breast bone removed 11.00/kg

8.99

/lb

Fresh Lean Ground Beef Burgers Family Size 100% pure no additives or fillers 4 pk 19.82/kg

READY FOR YOU

200 PTS
when you spend \$20 or more

12.49

STARTING AT NOBLE Premium Bison selected varieties 226 g

12.99

SUNGOLD Lamb Tonight 284-375 g

10% off

Frozen Grade A Duck

Stir-fry Made Easy

13.99 /lb

Fresh Beef Hip Boneless Stir-Fry Strips 30.84/kg

9.99 /lb

Fresh Boneless Skinless Chicken Breast Stir-Fry 22.02/kg

BUY 2 GET 3RD FREE

Fresh Boneless Pork Loin Centre Stir-Fry Strips

fresh from our Kitchens

4.99 /lb

Fresh Maple Chipotle or BBQ Whisky Marinated Boneless Pork Loin Centre Chops 11.00/kg

6.99 /lb

Marinated Fresh Boneless Skinless Chicken Breast 15.41/kg

13.99 /lb

Fresh Beef Hip Boneless Korean BBQ Marinated or Three Pepper Glazed Stir Fry Strips 30.84/kg

5.49 /lb

400 PTS when you spend \$20 or more

Fresh Korean BBQ Marinated Pork Side Ribs breast bone removed sweet & sour cut 12.10/kg

quick & easy

BUY MORE SAVE MORE

3.50

ea when you buy 3 or more

SNCHNEIDERS or GREENFIELD Snack Kits or Lunchmate Stackers 74-120 g selected 3.99 ea

7.99

STARTING AT FREYBE European Wieners, Ham Sticks or Mennonite Farmer Sausage 375-500 g

MEMBER PRICING

3.99

COMPLIMENTS Boneless Smoked Ham Slices 375 g

4.99 without Scene+ Card

4.99

STARTING AT BUTTERBALL Turkey Franks, Bacon or Rasher 300-450 g

200 PTS when you buy 2

7.99

MARCANGELO or SCHNEIDERS Sausages frozen 375-675 g

300 PTS when you buy 2

9.99

COMPLIMENTS Chicken Balls 700 g

10.99

SWISS CHALET Chicken or Beef Pot Pies 650-655 g

13.99

BELMONT Homestyle Beef Burgers angus, prime rib or sirloin 852 g

GET TO FREE GROCERIES FASTER

when you scan your Scene+ membership card and pay with your Scotiabank Scene+ Visa Card.

1,000 pts = \$10 in groceries

GET 2 SCENE+ PTS ON EVERY \$1 SPENT!

*Certified by the Canadian Beef Grading Agency / Certifié par L'Agence Canadienne de Classement du Bœuf

seafood

compliments
CRAB OR LOBSTER-FLAVOURED ALASKAN POLLOCK
CROQUANTS AU SAUCEUR DE HOMARDE

2.99 MEMBER PRICING
3.49 without Scene+ Card

COMPLIMENTS Crab or Lobster-Flavoured Alaskan Pollock 227 g

4.99 MEMBER PRICING
5.99 without Scene+ Card

COMPLIMENTS NATURALLY SIMPLE Tilapia, Basa or Pollock Fillets 400 g

Choose Canadian Seafood!

We work hard to bring you quality Canadian Seafood from Coast-to-Coast. Explore our delicious offerings to make tonight a seafood night.

13.99 COMPLIMENTS Newfoundland and Labrador Cooked Wild Cold Water Shrimp product of Canada 340 g

14.99 /lb From Ontario
Fresh Wild Pickerel Fillets product of Ontario subject to availability 33.05/kg

16.99 /lb
From Nova Scotia
SUSTAINABLE BLUE Land-Raised Fresh Atlantic Salmon Fillets product of Nova Scotia subject to availability 37.46/kg

5.99 Fresh MUSSELS product of Canada 907 g or MUSSEL KING Whole Cooked PEI Mussels frozen 454 g

\$12 **120 PTS** when you buy 1

BEST BUY BREADED POPCORN SHRIMP, SQUID RINGS or BREADED SOLE FILLETS 800-860 g

14.99

CEDAR BAY AIR FRYER SALMON BITES, FISH & CHIPS or SALMON & BROCCOLI 283-510 g

7.99

CEDAR BAY PLANKED ATLANTIC SALMON applewood orange or hickory maple 141 g

12.99 **100 PTS** when you buy 1

COMPLIMENTS BREADED or BATTERED HADDOCK or PAN SEARED HADDOCK, COD, SOLE or SALMON FILLETS 460-680 g

7.99 **100 PTS** when you buy 1

HIGH LINER BREADED or BATTERED HADDOCK or POLLOCK, BUTTERFLY or POPCORN SHRIMP, CHIPS & FISH or FISH CAKES 330-700 g

\$23

OCEAN JEWEL PACIFIC WHITE SHRIMP / CREVETTES BLANCHES DU PACIFIQUE cooked 50-70 ct per lb 908 g

deli & kitchen

3.99 MEMBER PRICING
5.99 without Scene+ Card

THE LAUGHING COW 8 pk 140 g or KIRI Portions 144 g

30% off **200 PTS** when you spend \$12 or more

L'EXTRA Brie, Double Crème Brie, OKA Original or L'Artisan Swiss-Style prices as marked

7.99

PILLER'S Kolbassa Sausage turkey, extra lean or regular 250-375 g

3.49 /100 g

COMPLIMENTS Black Forest or Honey Ham, Cooked or Smoked Chicken

5.99 MEMBER PRICING
6.79 without Scene+ Card

Snack or Classic Meal Boxes selected 300-320 g

7.99 **200 PTS** when you buy 2

PANACHE Italian Sliced Meats 100 g selected

5.99

GARDEN FRESH GOURMET Salsa 324-473 mL

Get 100 PTS When you buy 300 g
Get 250 PTS When you buy 500 g or more

Service Case Salads selected sold by 100 g

6.49 **250 PTS** when you buy 2

YUCATAN Guacamole or Avocado Salsa 227-340 g

BUY 2 GET 3RD FREE of equal or lesser value

SUMM! Asian Appetizers 250-350 g available chilled

Give them more with the Grocery Essentials Card Visit sobeys.com/giftcards for details

drinks & snacks

979

300 PTS
when you buy 2

15⁹⁹

NESCAFÉ Espresso Concentrate 500 mL, Gold Instant Coffee 95-100 g or STARBUCKS Nespresso Pods 10 pk

120 PTS
when you buy 2

16⁴⁹

JUMPING BEAN Single Serve Coffee Pods 20 pk

2/750

ALLEN'S Apple Juice 1.89 L or Juice Boxes 8x200 mL tetra

7⁹⁹

50 PTS
when you buy 2

GATORADE 8x355 mL

9⁹⁹

ATHLETIC BREWING CO. Non-Alcoholic Beer 6x355 mL or OLE Mocktails 4x355 mL

2/550

PRIME Hydration Drink 500 mL

9⁹⁹

CELSIUS Energy Drink 4x355 mL

\$3

150 PTS
when you buy 3

KELLOGG'S Cheez-It Crackers 191-200 g

5⁹⁹

PANACHE Cracker Assortment Classic Collection 250 g or BOULANGERIE GRISSOL Melba Toast 350-400 g

279

100 PTS
when you buy 2

VOORTMAN BAKERY Turnover or Wafer Cookies 300 g

2/\$7

LECLERC Celebration Cookies 200-350 g

2/950

CHEETOS 170-285 g or DORITOS Tortilla Chips 210-235 g

6⁹⁹

100 PTS
when you buy 2

MCSWEENEY'S Jerky 70 g

3⁹⁹

HUMPTY DUMPTY Party Mix 250 g or Snacks 200-290 g

3⁴⁹

COMPLIMENTS Ready to Eat Popcorn 190-250 g

5⁹⁹

50 PTS
when you buy 1

COMPLIMENTS Mixed Nuts 40% cashews 200 g

4⁹⁹

CADBURY Bagged Chocolate 144-200 g, KINDER Bueno Minis 145 g, Bueno Bars multi-pack 129 g or KINDER Surprise 3 pk

2⁹⁹

BUY MORE SAVE MORE

MAYNARDS Candy 135-154 g 3.99 ea

2⁹⁹

NESTLÉ Tablet Bars 95-105 g

10⁹⁹

MARS or M&M'S Pouches 324-400 g

5⁴⁹

NUTELLA B-ready Bars 6 pk

3⁶⁹

200 PTS
when you buy 2

LECLERC Go Pure Bars 140-175 g

Here for your budget and lifestyle

9⁹⁹

400 PTS
when you buy 2

COMPLIMENTS Roast & Ground Coffee 300 g

5²⁹

100 PTS
when you buy 1

COMPLIMENTS Apple Juice 2.84 L

3⁴⁹

200 PTS
when you buy 2

COMPLIMENTS Cookie Dunkers 150 g or Cracker Sticks 130 g

7⁹⁹

100 PTS
when you buy 3

BEST BUY Wafers 227 g

6⁹⁹

100 PTS
when you buy 2

COMPLIMENTS Sparkling Water 12x355 mL

4/\$5

100 PTS
when you buy 4

COMPLIMENTS Spring Water 1.5 L

2⁴⁹

100 PTS
when you buy 2

COMPLIMENTS Potato Chips 200 g

8⁹⁹

300 PTS
when you buy 2

COMPLIMENTS Mega Mix Candy 800 g while supplies last

Scene GET 1,500 PTS FOR EVERY \$100 SPENT ON HOME HARDWARE GIFT CARDS

Offer valid during April 30 - May 13, 2026. Sorry no rainchecks or price matching. See gift card for details, terms, conditions, and (if applicable) fees. Subject to availability. Cards issued by Peoples Trust Company.

deli & kitchen



100 PTS
when you buy 2

5⁹⁹ COMPLIMENTS Goat Cheese
113 g or Feta 200 g



7⁹⁹ SAINT AGUR Blue Cheese 125 g
product of France



SLICED FRESH

3⁹⁹ /100 g COMPLIMENTS German,
Hungarian or Peppercorn Salami



5⁹⁹ FREYBE Dry Pepperoni
Snackers selected 125 g



2⁹⁹ HOBBS PICKLES selected 90 mL



SLICED FRESH

200 PTS
when you buy
300 g or more

4²⁹ /100 g FANTINO & MODELLO Capicola
mild or hot

celebrate Cinco de Mayo



100 PTS when you buy 1

13⁹⁹ Al Pastor Whole Roasted Chicken 900 g available hot

5⁹⁹ Al Pastor Pulled Pork Loaded Fries 405 g available hot

200 PTS when you buy 1

2⁰⁹ /100 g Al Pastor Chicken Taco Kit available chilled

200 PTS when you buy 2

\$7 Al Pastor Pulled Pork Flatbread or Selected Varieties 230-305 g

GET 1

Hot Churro Bites with Caramel and Chocolate Dipping Sauce for \$3 (regular retail \$4.99)

WHEN YOU BUY ANY 1

Al Pastor Item from Our Kitchen Department

Celebrate the taste of Mexico - May 5

bakery



- European inspired flaky puff pastry dough
- Bursting with a selection of real fruit fillings
- No artificial flavours, colours or preservatives

BAKED IN STORE

2/\$7

Strudel Fingers, Turnovers or Mini Strudel 4-6 pk 228-272 g



4⁹⁹ MEMBER PRICING

5⁹⁹ without Scene+ Card

Filled Donut Bites Birthday Cake, Chocolate or French Toast 12 pk 440 g



BUY MORE SAVE MORE

2⁹⁹ go when you buy 2 or more

Mini Croissants 8 pk 250-260 g 3.49 ea

BAKED IN STORE



BUY 1 GET 1 FREE
of equal or lesser value

Brownies 550-585 g or Brownie Cakes 310-390 g



21⁹⁹ Dessert Carrot Cake 1.49 kg



200 PTS when you buy 2

7⁴⁹ COMPLIMENTS Pecan or Raisin Butter Tarts 510 g



EVERYDAY VALUE

\$2 COMPLIMENTS English Muffins 6 pk



2⁹⁹ COMPLIMENTS Grain Breads 600 g or Dinner Rolls 12 pk

RECIPES, STORIES, TIPS & TRICKS and more, all at Sobeys.com

meal makers

100 PTS when you buy 2

8.99 FLOURISH Pancake Mix 430 g

5.99 POST Family Size Cereal 368-650 g

2.99 APPLESNAX Fruit Cups 6 pk

4.99 SMUCKER'S Pure Jam 250 mL selected, ADAMS Peanut Butter 500 g or JIF Peanut Butter 500 g

3.49 KRAFT Jet-Puffed Marshmallows 400 g or BETTY CROCKER Whipped Cream Cheese Frosting selected 340-450 g

5.49 LAURA SECORD Chocolate Chips 250 g

5.99 CLUB HOUSE La Grille Seasonings 65-248 g or Spice Blends selected 111-203 g

2.99 HOSTESS Snacks 121-225 g

1.88 BEN'S ORIGINAL Fast & Fancy Rice 132 g

2/\$6 BEN'S ORIGINAL Bistro Express Rice 240-250 g or TASTY BITE Side Dish 285 g

2/\$5.50 AYLMER Tomatoes 796 mL or Accents 398-540 mL

8.99 SCHÄR Gluten-Free Bread or Buns selected 200-400 g

50 PTS when you buy 1

5.99 EAST SIDE MARIO'S Pasta Sauce 410-650 mL

50 PTS when you buy 1

7.99 TRE STELLE Parmesan Shaker 200 g

3.99 CATELLI Protein+ Pasta or BARILLA Gluten Free Pasta 340 g

8.99 NUWORLD Rice Blends 907 g selected

WE'RE FULL OF compliments

3.99 COMPLIMENTS Canned Fruit 796 mL

15% off COMPLIMENTS Baking Nuts 100 g selected (excludes pine nuts)

2/\$4 COMPLIMENTS Broth 900 mL

6.99 COMPLIMENTS Pickles 2 L or Ranch Dressing 1.06 L

natural health

7.49 KASHI GoActive Cereal 349-501 g or Organic Cereal 360-510 g

9.99 UNDERGROUND Kombucha 355 mL 4 pk or 2.99 ea

500 PTS when you buy 2

14.99 ETHICAL BEAN COFFEE Pods 12 pk

BUY MORE SAVE MORE

\$3 ea when you buy 3 or more

200 PTS when you buy 3

3.99 GUAYAKI Beverages 458 mL 3.99 ea

100 PTS when you buy 2

5.99 IMAGINE Chicken Bone Broth 946 mL

3.29 RISE Organic Kombucha 414 mL

200 PTS when you buy 2

STARTING AT 5.49 OLYMPIC Organic Original or Greek Yogurt 650 g

100 PTS when you buy 2

7.99 MID-DAY SQUARES 4 pk

400 PTS when you buy 1

39.99 PERFECT SPORTS Diesel Protein Powder 908 g

100 PTS when you buy 2

2/\$7 PROBAR Real Food, Protein, Energy Chews or GRENADE Protein Bars 60-85 g

200 PTS when you buy 2

14.99 COMPLIMENTS Multivitamin Supplements 90-130 pk (excludes prenatal)

200 PTS when you buy 2

20% off ONE A DAY or FLINTSTONES Multivitamin Supplements 60-180 pk

Give them more with the Grocery Essentials Card Visit sobeys.com/giftcards for details

frozen & dairy



100 PTS when you buy 2
4.99 COMPLIMENTS Cozy Coop Large White Eggs 12 pk



4.49 **100 PTS** when you buy 2
COMPLIMENTS Tropical Blends 1.75 L



4.99 SEALTEST Chocolate Milk 2 L



3.99 **200 PTS** when you buy 3
YOPLAIT Source 630 g, 4 pk, Minigo or Tube Yogurt 6-8 pk



2.99 LACTANTIA Flavoured Butter 125 g



5.99 BEAVERTAILS Cookie Dough 350 g



5/\$5 YOPLAIT YOP Drinkable Yogurt 200 mL



5.99 ASTRO Balkan Yogurt 12 pk



5.99 **50 PTS** when you buy 1
COMPLIMENTS BALANCE Non-Hydrogenated or Olive Oil Margarine 850 g



3.99 KOZY SHACK Rice Pudding 624 g Tub or 4 pk



5.49 DANONE Activia Yogurt 8 pk



4.49 **100 PTS** when you buy 2
SIGGI'S Icelandic Style Skyr Yogurt 4 pk



5.99 NANAPOPS! Frozen Bars 4 pk selected



6.99 RIGHTEOUS Gelato or Sorbetto 473 mL selected



6.79 MCCAIN Deep'n Delicious Cakes 510 g selected



100 PTS when you buy 2
SCHNEIDERS Breakfast Sandwiches or Egg Bites 224-288 g



12.99 EL MONTEREY Taquitos 567-588 g



6.99 PILLSBURY Pizza Pops 8 pk



7.29 TINA'S Burritos 113 g



4.99 TAST!EZ Frozen Snacks 311 g



3.99 MCCAIN Superfries 454-800 g



7.99 **50 PTS** when you buy 1
POPSICLE Ice Pops 18 pk selected



5.69 HUNGRY-MAN Frozen Dinner or XL Bowls 360-455 g



4.99 COMPLIMENTS Moxii Ice Pops 6 pk selected



3.29 COMPLIMENTS Dough'chi Bites 6 pk selected



100 PTS when you buy 1
COMPLIMENTS Pure Orange Juice 2.5 L



4.49 **50 PTS** when you buy 1
COMPLIMENTS Aerosol Whipped Cream 225 g

WE'RE FULL OF compliments

3.99 COMPLIMENTS Frozen Vegetables selected 500-750 g

5.49 COMPLIMENTS Traditional Crust Pizza 352-446 g

4.99 **100 PTS** when you buy 2
COMPLIMENTS Cheese 250-270 g 5.99 ea

4.99 **100 PTS** when you buy 2
COMPLIMENTS BALANCE Egg Whites 500 g

Give them more with the Grocery Essentials Card Visit sobeys.com/giftcards for details

home & pet care



9.99 PURINA Beneful Dry Dog Food 1.6-1.8 kg



8.99 PURINA Cat or Kitten Chow 1.6-2 kg or Dentalife Dog Chews or Treats 404-595 g



13.49 IAMS Proactive Health Dry Cat Food 1.36-1.59 kg



200 PTS when you buy 1
54.99 BLUE BUFFALO Dry Dog Food 9.9 kg

carton cards | PAPYRUS
April 16 - May 6, 2026
SAVE \$5*
when you buy 3 Carlton Cards
MOM, You mean so much to ME.
*details in participating stores



4.99 ZIPLOC Bags 10-100 pk selected



7.49 GLAD Kitchen Bags 26-52 pk or Compostable 10 pk



24.99 CHARMIN Bathroom Tissue 16=64 rolls or BOUNTY Paper Towel 6=18 or 8=16 rolls



3.49 DAWN Dish Soap 431-502 mL



STARTING AT 5.99 WINDEX Glass Cleaner 765-950 mL or BON AMI Glass Cleaner 560 g



5.79 LYSOL Toilet Bowl Cleaner 946 mL, Powder Odour Fight 710 mL or Air Freshener 283 g selected



14.99 FLEECY Fabric Softener 4.7 L

health, beauty & baby



4.49 **150 PTS** when you buy 2
CREST 3D White or Pro-Health Toothpaste or ORAL-B Toothbrushes, Floss or Picks 63-120 mL or 1-75 pk selected



100 PTS when you buy 2
STARTING AT 7.79 SENSODYNE, Pronamel or Clinical Strength Toothpaste 75 mL selected



STARTING AT 5.49 SOFTSOAP, IRISH SPRING Body Wash 591 mL or PANTENE or GARNIER Hair Care 150-370 mL selected



STARTING AT 3.49 GARNIER Fructis or HERBAL ESSENCES Shampoo or Conditioner 346-370 mL, SECRET or OLD SPICE Deodorant 73-85 g selected



500 PTS when you buy 2
15.99 ALWAYS Pads, Liners or Tampons 10-216 pk selected



STARTING AT 8.49 OLD SPICE Body Wash 532-709 mL or AUSSIE Shampoo or Conditioner 778 mL or OLD SPICE, SECRET or GILLETTE Deodorant 45-216 g selected



7.99 **100 PTS** when you buy 1
DR TEAL'S Epsom Salts or Foaming Bath 1.36-1.81 kg or 1 L selected



200 PTS when you buy 2
20% off CERAVE Moisturizers or Cleansers selected



400 PTS when you buy 1
78.99 ENFAMIL A+ NeuroPro Ready-To-Feed Bottles 18 pk



200 PTS when you buy 1
28.99 PAMPERS Super Pack Diapers 42-116 pk



2.22 BABY GOURMET Organic Baby Pouches or Jars 92-128 mL



100 PTS when you buy 2
3.99 PAMPERS Baby Wipes 56-72 pk

pharmacy

Only available at pharmacy locations. *Select products only available when a pharmacist is on duty.



10% off **150 PTS** when you buy 2
TYLENOL Pain Relief 50-120 pk, Easy Dissolve 12 pk or MOTRIN 200-400mg 45-72 pk selected*



15% off **150 PTS** when you buy 2
TYLENOL, BENLIN or SINUTAB Cough, Cold & Sinus selected* or VISINE Eye Care selected 15 mL



10% off **250 PTS** when you buy 2
VOLTAREN Emulgel 60-150 g or FLONASE 60 dose*



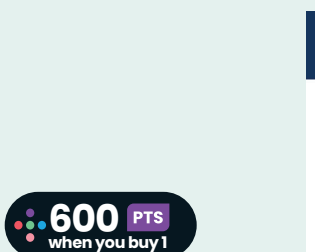
10% off **250 PTS** when you buy 1
COLD-FX 45-60 pk



15% off **250 PTS** when you buy 1
NICORETTE Gum or Lozenges 160-210 pk or QuickMist Duo*



400 PTS when you buy 2
21.99 CLARITIN Allergy Relief 15-30 pk or AERIUS 24 pk*



600 PTS when you buy 1
79.99 A&D Blood Pressure Monitor UA1040TCNBL or UA810CNBL 1 ea

A&D Medical VOICE GUIDED
Blood Pressure Monitor
Premium Upper Arm
Bluetooth
CLINICAL GRADE ACCURACY
Measurement Accuracy, Atrial Fibrillation, 90 Reading Memory, Includes Batteries



JOIN SCENE+ TODAY. sceneplus.ca/register

Scene+
DIGITAL EXCLUSIVE

LOAD IT TO GET IT!

- 1 Download the Sobeys app
- 2 Load your offers to activate them
- 3 Shop and scan your Scene+ card

Activate your offers in the Sobeys app or at [Sobeys.com/offers](https://www.sobeys.com/offers)

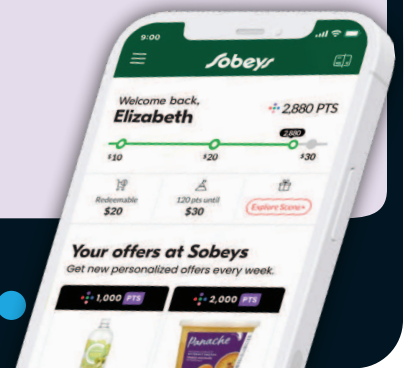


SAVE
\$2.79

LOAD THIS OFFER
AND SAVE \$2.79 ON
BEST BUY Napkins
500 pk

Get
800 PTS
when you buy 2

COMPLIMENTS Laundry
Scent Booster Beads 422 g



Offer valid April 30th to May 6th, 2026 at all Sobeys locations in Ontario. Minimum qualifying purchase must be made in a single transaction. No base Scene+ points earned. Offer must be loaded to a registered Scene+ card prior to purchase. Limit one digital offer per Scene+ membership card. Visit <https://www.sceneplus.ca/terms-and-conditions> to see full Terms and Conditions. Offer subject to change and may be withdrawn without notice. Registered trademarks of Scene Plus IP Corporation used under license by Sobeys Capital Incorporated.

celebrate Cinco de Mayo



100 PTS
when you buy 2

4⁹⁹

Limes product of Mexico or Colombia 1 lb 454 g



4⁹⁹
/lb

Jalapeño Peppers product of Mexico or USA 11.00/kg



1⁹⁹
/lb

Bulk Sweet or Red Onion product of USA no 1 grade 4.39/kg



\$6
ea when you buy 2 or more

COMPLIMENTS Lean Ground Pork, Extra Lean Ground Chicken or Extra Lean Minced Turkey, LAMB TONIGHT Lean Ground Lamb, JOHNSONVILLE Sausage Meat, NOBLE PREMIUM Lean Ground Bison or FONTAINE Lean Ground Veal 226-454 g starting at 6.99 ea



7⁹⁹
/lb

Fresh Lean Ground Beef Family Size 17.61/kg



14⁹⁹
/lb

AL PASTOR In-Store Marinated Fresh Atlantic Salmon Fillets 33.05/kg



2⁰⁹
/100 g

200 PTS
when you buy 1

AL PASTOR Chicken Taco Kit available chilled



5⁹⁷

CRACKER BARREL Shreds 250-320 g



1²⁵

AL PASTOR Marinated Raw Shrimp Skewers previously frozen 45 g



4⁹⁹

CHOLULA Salsa 325 mL or Hot Sauce 150 mL



4⁹⁹

TACO BELL Dinner Kits 260-420 g



1⁹⁹

OLD EL PASO Seasonings 24 g or CHOLULA Taco Seasoning 28 g



3⁴⁹
when you buy 2

WINDSOR Grinders selected 34-70 g



100 PTS
when you buy 1

COMPLIMENTS Pickled Jalapeños 375 mL



5⁹⁹

FIREBARN'S Hot Sauce 200 mL



2⁹⁹

LA COSTEÑA Refried Beans 546 mL



3⁹⁹

JARRITOS Soft Drink selected 1.5 L



4⁴⁹

SONORA Homestyle Fajita Tortillas 10 pk or CASA BONITA Corn Tortillas 250-450 g not available in all stores



1⁹⁹

HUNT'S Heirloom Tomatoes or Manwich Sloppy Joe Sauce 398 mL or ROTEL Tomatoes 284 mL

Celebrate the taste of Mexico - May 5



Your destination for variety and value



5⁹⁹
/lb

Sugar Mangoes product of Colombia 13.21/kg



1⁷⁹

Bean Sprouts product of Canada 454 g



2⁹⁹

MANDARIN Shanghai Noodles Thin or Regular or Wonton Wraps 454 g product of Canada



10% off

NEW ZEALAND SPRING LAMB frozen



150 PTS
when you spend \$10 or more

3⁹⁹
/lb

Fresh Pork Hock 8.80/kg



4⁸⁸

EIGHT TREASURES Basa Steaks 500 g



2⁴⁹

AROY-D Coconut Milk 400 mL



11⁴⁸

BILLY BEE Natural Honey 1 kg



3²⁸

EIGHT TREASURES Sweetened Condensed Milk 300 mL



2⁹⁸

CHINA LILY Soya Sauce 483 mL



2⁹⁸

CHEN KE MING Ramen or Udon Noodles 800 g



3⁹⁸

GOLDEN DRAGON Sauce selected 455 mL



4⁷⁸

HORMEL FOODS Tocino-Flavoured Spam 340 g



3⁴⁸

INDOMIE Instant Noodles 400-425 g selected varieties



2⁹⁸

FOCO Coconut Water 1 L



2⁴⁸

CHACHA Sunflower Seeds 260 g selected varieties



8⁹⁸

DAN-D PAK Cashews salted or unsalted 454 g



4⁷⁹

ORION Turtle Chips 160 g

WHILE SUPPLIES LAST. PRODUCT SELECTION MAY VARY BY STORE.

TRY OUR TRI TIP! IT'S FLAVOURFUL, VERSATILE AND AFFORDABLE!

Minimum
21 day aged

DID YOU KNOW?

- This triangular cut comes from the bottom of the sirloin.
- It boasts a rich meaty flavour.
- It's lean and lower in fat.
- It's a chef favourite for its versatility.

17⁹⁹
/lb

Fresh Boneless Bottom Sirloin Tri Tip Premium Oven Roast or Family Size Grilling Steak cut by your meat expert from Canada AAA grade beef 39.66/kg

Learn more

Visit www.sobeys.com/articles/different-cuts-of-beef

Make your own "Steak Bites" at home

Get **250** **PTS**
when you spend \$25 or more on these products

18⁹⁹
/lb

Fresh Boneless Bottom Sirloin Tri Tip Grilling Steak Cubes cut by your meat expert from Canada AAA grade beef 41.86/kg

18⁹⁹
/lb

Fresh Boneless Korean BBQ or Maple Chipotle Marinated Bottom Sirloin Tri Tip Grilling Steak Cubes cut by your meat expert from Canada AAA grade beef 41.86/kg

READY FOR YOU

A predominant note of soy sauce enhanced with ginger, garlic and sesame flavour, the attractions of tasty Asian cuisine

YOUR GUIDE TO THE PERFECT STEAK

STEAK TEMP GUIDE

RARE	Remove from heat at 115° - 120° F (46° - 49° C)
MEDIUM-RARE	Remove from heat at 125° F (52° C)
MEDIUM	Remove from heat at 135° - 140° F (57° - 60° C)
MEDIUM-WELL	Remove from heat at 145° - 150° F (63° - 66° C)
WELL-DONE	Remove from heat at 155° - 160° F (68° - 71° C)

HOW TO COOK A TRI TIP:

- ROAST IT:** Sear on the stovetop, then go low and slow.
- BRAISE IT:** Cook it, shred it and savour the sauciness!
- GRILL IT:** The tried-and-true quick and easy method.
- SMOKE IT:** Pick the dry rub and wood, and give it time!

East coast lobster is coming May 7!

First
of the
Season



Sobeys

1,000+ ITEMS ARE PRICE LOCKED

until June 3, 2026



100 PTS
when you buy 2

3⁹⁹

COMPLIMENTS Lemonade
1.36-1.54 L



3⁹⁹

TWIGZ Pretzels
130 g



4⁴⁹

DEMPSTER'S Signature Buns
6-12 pk



2/\$8

RED BULL Energy Drink
355 mL



100 PTS
when you buy 2

7⁹⁹

COMPLIMENTS Dry Lentils or Beans
450 g



2/\$4

COMPLIMENTS Prepared Mustard
400 mL



8⁹⁹

KELLOGG'S Jumbo Cereal 700 g-1.1 kg



BUY MORE SAVE MORE
200 PTS
when you buy 2

6⁹⁹

E.D. SMITH Pie Filling selected 540 mL
7.49-7.99 ea



2⁴⁹

COMPLIMENTS Sour Cream 250 mL



3⁷⁹

MIO, KOOL-AID or CRYSTAL LIGHT
Water Enhancers Liquids 48 mL or
Powders 4-10 pk 4.69 ea



100 PTS
when you buy 2

3⁴⁹

HEINZ Hot Bites 198 g



15⁹⁹

FINISH Dish Tabs 30-55 pk or
Jet-Dry 946 mL



So much value in every shop

Sobeys

**1,000+ ITEMS ARE
PRICE LOCKED**

until June 3, 2026



\$6
/lb

Cherimoya
product of Brazil 13.23/kg



\$2
/lb

Ginger Root
product of China 4.41/kg



MEMBERS SAVE \$1
13⁹⁹
MEMBER
PRICING

14⁹⁹
without
Scene+ Card

COMPLIMENTS Sliced Cheeses 440 g



\$4

Garlic Bread 540 g

Made with 100%
Canadian Flour

MAGnificent



\$4

Large Cantaloupe
product of Guatemala or
Costa Rica no 1 grade



\$4

THE LITTLE POTATO COMPANY Kits
454 g product of Canada, Canada no 1



\$6

FIELD ROAST Plant-Based
Burgers 184 g



12⁵⁰

OCEAN JEWEL Shrimp Skewers
454 g



11⁹⁹

ULTRA NATURAL Fair Trade Honduras Cooked
Shrimp with Garlic & Parsley or Asian-Style
Marinade 454 g



200 PTS
when you buy 2

16⁴⁹

Ribs full rack 710 g
available hot or chilled



BUY 1 GET 1
of equal or lesser value
FREE

Cream Pies 5" 260-370 g

So much value in every shop

RICARDO

Gourmet, yet easy

From my kitchen
to yours



Rich and indulgent, a creamy chocolate cheesecake with a chocolate crust and delicious raspberry topping. Gluten-free and ready to eat.



9⁹⁹

RICARDO Boxed Entrées
available chilled 400-570 g



9⁹⁹

RICARDO Frozen Pizza
700-745 g



19⁹⁹

RICARDO Cheesecakes
frozen 570-600 g



6⁴⁹

RICARDO Dips
300 g selected

Simplify meal prep with this selection of easy, chef quality meal solutions
Available Exclusively at Sobeys

Rachelle Béry

Feel good, all season long.

Rachelle Béry wellness boutique



200 PTS when you buy 1

20% off

PROGRESSIVE VITAMIN C, OMEGA, SUPERFOODS GREENS OR YOUTHEORY GUMMIES
SELECTED VARIETIES AND SIZES

200 PTS when you buy 1

15% off

ST FRANCIS HERB FARM DIGEST OR DETOX SUPPLEMENTS
SELECTED VARIETIES AND SIZES

20% off

HAVN LIFE MUSHROOM SUPPLEMENTS
60-90 PK

15⁹⁹

ENER-C VITAMIN DRINK MIX
OR ENER-B OR ENER-D 16.99, 30 PK

500 PTS when you buy 1

29⁹⁹

GENUINE HEALTH MARINE OR BOVINE
COLLAGEN POWDER 140-160 G

NEW

24⁹⁹

THE LITTLE CACAO CO.
VITAMIN CHOCOLATES 20 PK

15% off

AURA CACIA ESSENTIAL OILS OR SKIN CARE
SELECTED VARIETIES AND SIZES

15% off

GREEN BEAVER ORAL CARE, DEODORANT OR ANTIPERSPIRANT
SELECTED VARIETIES (EXCLUDES MENS AND CASTILLE SOAPS)

15% off

SPA DENT NATURALS ORAL CARE
SELECTED VARIETIES AND SIZES



A selection of organic and natural products made to enrich your life

Products available at select locations only.

Browse a Rachelle Béry boutique at your local Sobeys store

40 YEARS OF DELIGHT

100 PTS when you buy 2

5.99

INTERNATIONAL DELIGHT
946 mL or Cold Foam
369-396 g

International Delight® © 2026 WhiteWave Services, Inc. All rights reserved.

YOUR COFFEE'S CREAMY GOODNESS

5.99

SILK Creamers
890 mL or Cold Foam
369 g

Silk® © 2026 WhiteWave Services, Inc. All rights reserved.

Cadbury

MAKE EVERY BITE COUNT

BUY A CADBURY PRODUCT, HELP DONATE A MEAL!

5.49 ea when you buy 2 or more

CADBURY Sharing Bars
180-200 g
6.99 ea

200 PTS when you buy 2

5.29

CADBURY Multipacks
152-200 g

Cadbury is donating \$100,000 to Food Banks Canada, and you can help raise \$100,000 more for select affiliate food banks within Canada. A portion of proceeds from the purchase of Cadbury products between April 6th - May 16th, 2026, will be donated, up to a maximum of \$100K. Food Banks Canada meal metric, \$1 = 2 meals. NHLPA and the NHLPA logo are registered trademarks of the National Hockey League Players' Association. © NHLPA. All rights reserved.

THE TASTE OF PERFECTION

4.49

OIKOS 4x95 g or 4x100 g

Oikos® used under lic. © 2026 Danone US, LLC. All rights reserved.

BACKED BY OVER 35 YEARS OF ACTIVIA'S EXPERTISE IN GUT HEALTH

4.99

ACTIVIA 8x100 g

Activia® used under lic. © 2026 Die Gervais Danone. All rights reserved.

THE SNACK OF THE MOST INTENSE FANS

3.99

Takis Fuego, Pickle Punch

talenti CRAFTED TO TASTE
as good as it looks

6.99

TALENTI Sorbetto or Gelato
473 mL selection may vary by store

SUMMER OF SAVINGS

SAVE ALL SUMMER ON YOUR FAVOURITE Kraft/Heinz PRODUCTS

4.97

HEINZ Ketchup 750 mL-1 L
Miracle Whip Spread 650-890 mL or Picnic Pack 3x375 mL any variety

\$4

KRAFT Salad Dressing 425 mL or HEINZ Mayonnaise-Style Sauces 340 mL any variety

\$3

KRAFT BBQ Sauce 455 mL any variety

ARMSTRONG

HIGH IN PROTEIN Marble Cheddar Cheese

6.99

ARMSTRONG Shredded Cheese 300-320 g

5.99

ARMSTRONG Sticks 210 g, Nibblers 200 g, Swirls 283-340 g or Combos 180 g

Winner Cheese category. Survey of 4,000 people by Kantar.

ONE SIP AND YOU'RE MATCH READY!

7.99

FUZE Iced Tea 12x341 mL

21.99

POWERADE Beverages 24x591 mL

©Coca-Cola Ltd., used under license.

NEW CRACKER BARREL Signature

PERFECT FOR SNACKING, SPREADING & DIPPING

3.99

CRACKER BARREL Monterey Jack Spreads 200 g

9.99

CRACKER BARREL Cheese Slices 500 g

5.49

COCA-COLA Beverages 6x222 mL

50 PTS when you buy 1

21.99

POWERADE Beverages 24x591 mL

Offer valid from April 30th to May 6th, 2026.
*Plus applicable taxes, levies, deposits and fees. Valid at participating locations for a limited time. Subject to availability while supplies last. Not valid in conjunction with any other offer. Retailer may sell for less. All products must be purchased at the same time, single units at regular price.
The trademarks that appear are the property of their respective trademark owners.

NEW FLAVOURS!

Häagen-Dazs EXTRÄAZ

5.99

HÄAGEN-DAZS Ice Cream 400-450 mL selection may vary by locations

© Häagen-Dazs trademarks reproduced under license by Nestlé Canada Inc., North York, ON M2N 6S8. ©HDP 2026.

6.99

YOPLAIT Source Yogurt 16 pk or Méditerranée Yogurt 900 g

3.49

KRAFT Philadelphia Dips 227 g

5.99

FILLO'S Beans or Lentils 283 g

3.99

LA COCINA Tortilla Chips 300-400 g

12.49

SAPPORO Non-Alcoholic Beer 6x355 mL

2/\$7

50 PTS when you buy 2

GURU Energy Drink 355 mL

6.49

DR. OETKER Casa di Mama or Ristorante Pizza 288-410 g

9.99

RED BULL Energy Drink 4x250 mL

Drink in the FIFA World Cup 26™

Coca-Cola OFFICIAL PARTNER

*Coca-Cola Ltd., used under license.

15⁴⁹ GLACEAU smartwater Beverages 6x1 L
100 PTS when you buy 1

6⁹⁹ AHA Sparkling Water Beverages 12x355 mL
100 PTS when you buy 1

2/4⁵⁰ POWERADE Beverages 710 mL

2/4⁵⁰ COCA-COLA Beverages 1 L

Offer valid from April 30th to May 6th, 2026.
*Plus applicable taxes, levies, deposits and fees. Valid at participating locations for a limited time. Subject to availability while supplies last. Not valid in conjunction with any other offer. Retailer may sell for less. All products must be purchased at the same time, single units at regular price. The trademarks that appear are the property of their respective trademark owners.

Dare **HotWheels** Proudly Canadian

500 PTS when you buy 4

\$3 BRETON Bites 160-200 g

6⁴⁹ DARE Family Pack Cookies 336-630 g

YOU COULD WIN FIFA WORLD CUP 26™ TICKETS AND MORE

300 PTS when you buy 3

3⁶⁹ QUAKER Instant Oatmeal 232-344 g selected or Standard Oats 709 g-1 kg selected

BUY MORE SAVE MORE **3⁴⁹** when you buy 3 or more

CRISPY MINIS Rice Snacks 90-100 g selected 4.29 ea

HELLMANN'S CANADA OFFICIAL CONDIMENT OF

100 PTS when you buy 2

HELLMANN'S Flavoured Mayonnaise 325-445 mL

100 PTS when you buy 2

HELLMANN'S Mayonnaise 750-890 mL

Scene+ You could WIN 1,000,000 PTS or 1 of 110 Canada Soccer Gift Cards!

SPEND \$10 on participating Hellmann's products (before taxes). SCAN your Scene+ card at check-out to enter for a chance to win.

*NO PURCHASE NECESSARY. Full Contest rules found at https://www.sobeys.com/hellmanns-canada-soccer-spring-contest. Contest runs from 03/12/2026-05/06/2026. Open to legal residents across provinces of Canada including QC with a valid Scene+ account and who have reached the age of majority. 1 grand prize of 1,000,000 Scene+ points (ARV: \$10,000.00), 1 secondary prize of 500,000 Scene+ points (ARV: \$5,000.00), 110 tertiary prizes of Canada Soccer gift cards (ARV: \$50.00 each). Trademarks of Scene Plus IP corporation used under license by Sobeys Capital Incorporated. All Canada Soccer logos and marks are the property of Canada Soccer and may not be reproduced without prior written consent. © 2026 Canada Soccer. All Rights Reserved.

Knorr

5⁹⁹ KNORR Pastes 311 g

2⁹⁹ KNORR Rice & Pasta Cups 73 g

Trademark owned or used under license by Unilever Canada, Toronto, Ontario, M4W 3R2.

Fire-up THE FLAVOUR!

3⁹⁸ VH Sauces 341-380 mL

5⁹⁹ PAM Cooking Sprays 113-170 g

YOU COULD WIN A TRIP FOR 4 TO TENERIFE, SPAIN

ENTER FOR A CHANCE TO WIN AT WWW.ORVILLECONTEST.CA

6⁴⁹ ORVILLE REDENBACHER Microwave Popcorn 5-8 pk 340-492 g or Gourmet Popping Corn 850 g

150 PTS when you buy 2

3⁹⁹ ORVILLE REDENBACHER Ready to Eat Popcorn 116-220 g

GRILL TIME

3⁴⁹ TABASCO Pepper Sauce 57 mL

4⁹⁹ NANDO'S Perinaise 450 mL

4⁹⁹ MAILLE Mustard 200 mL

5⁴⁹ BRIANNA'S Salad Dressing 355 mL

7⁹⁹ CATTLEBOYZ Original BBQ Sauce 490 mL

SCORE REWARDS WITH GENERAL MILLS & SCENE+

BUY A GENERAL MILLS PARTICIPATING PRODUCT FOR A CHANCE TO **WIN CANADA SOCCER MERCH** AND FREE GENERAL MILLS PRODUCTS!

Spend **\$15** and get **500 Scene+ POINTS** On General Mills™ participating products

5⁹⁹ GENERAL MILLS Family Size Cheerios or Selected Varieties 475-778 g

3⁹⁹ OLD EL PASO Taco Kits 250-510 g

2⁹⁹ NATURE VALLEY Lunch Box, Crunchy or Trail Mix Granola Bars or BETTY CROCKER Fruit, Gushers or MOTT'S 120-230 g selected varieties

*Must redeem online. Offer ends July 31, 2026. See participating products for details.

4⁹⁹ CHAPMAN'S Yukon Novelties 5-8 pk selected

3⁹⁹ SMART ONES Frozen Entrées 241-283 g

200 PTS when you buy 4

4/\$10

ANNIE'S Mac & Cheese 149-170 g excludes Gluten Free, Vegan and SuperMac

ANNIE'S SHELLS & WHITE CHEDDAR COQUILLES ET CHEDDAR BLANC 170 g

ANNIE'S SHELLS & REAL AGED CHEDDAR COQUILLES ET VRAI CHEDDAR VIEILLI 170 g

2/\$8 KELLOGG'S Eggo Waffles, French Toast Sticks or Pancakes 270-330 g

4²⁹ NERDS Gummy Clusters 142 g

9⁹⁹ SUNKIST Fruit Snacks Club Pack 792 g

200 PTS when you buy 2

12⁹⁹ HEINEKEN Non-Alcoholic Beer 6x330 mL

200 PTS when you buy 2

Make every day CATurday

Give them love, and they'll give you a lifetime of purrs



100 PTS
when you buy 1

COMPLIMENTS Cat Litter 7 kg



1.49

PURINA Friskies Lil' Soups 34 g



19.99

PURINA ONE Live Clear Dry Cat Food 1.36 kg



100 PTS
when you buy 2

5.99

WHISKAS Temptations Cat Treats 454 g



88¢

WHISKAS Wet Cat Food Pouches 85 g



6.99

PURINA Friskies Lil' Lickables 140 g



1.97

PURINA Fancy Feast Gems 114 g



1.89

BLUE BUFFALO Tasteful Wet Cat Food 155 g



200 PTS
when you buy 1

10.99

COMPLIMENTS Cat Litter 15 kg





FIFA
Dove MEN+care
Dove
OFFICIAL SPONSOR

YOU COULD
WIN
TICKETS TO THE
FIFA World Cup 26™

Full rules and entry details at
JoinTeamFresh.ca

*Terms and conditions apply.

6⁹⁹
DOVE Body Wash
325 mL

6⁹⁹
DOVE Soap Bars
3 pk selected

6⁴⁹
DOVE Shampoo
355 mL or
Deodorant 45 g

START FRESH.
STAY FRESH.



5⁴⁹
DEGREE Body Wash
600 mL selected

AXE
SMELL IRRESISTIBLE
ALL DAY

5⁹⁹ AXE Body Wash 473 mL
5⁴⁹ AXE Shampoo 473 mL
5⁹⁹ AXE Deodorant 85 g or Body Spray 113 g

MONSIEUR
GUSTAV™
TM/INC

Celebrate Cinco
de Mayo the
Gouda way



100 PTS
when you buy 2



SANS
LACTOSE
FREE



6.99

MONSIEUR GUSTAV
Swiss Cheese
Gouda Cheese
selected varieties
170g

PROUDLY CANADIAN • N
• FIEREMENT CANADIEN • N



5.99

100 PTS
when you buy 2

MONSIEUR GUSTAV
Double Crème Brie
125g, JARLSBERG Slices
selected varieties 120g
or FRICO Slices selected
varieties 150g



GIVE YOUR SCENE+ POINTS A BOOST

Earn Scene+ points **3.7X faster** with
the Scotiabank Scene+ Visa Card.*

APPLY NOW



*Conditions Apply





BRING HOME THE BELL

Spend \$20
or more and

Save
\$10



using your Scene+ card



SHOP NOW

OFFER VALID APRIL 30 – MAY 6, 2026

Product availability may vary in each participating Sobeys or Safeway store. All products must be purchased within the same transaction between April 30 and May 6, 2026 using a Scene+ card in order to qualify. The offer can only be redeemed three times per Scene+ cardholder during the duration of the program between April 30 and May 6, 2026.

Empire reserves the right to make changes to this offer and to terminate the offer at any time, for any reason and without notice.

Scene+ and Scene & Design are registered trademarks of Scene Plus IP Corporation, used under license.

© 2026 Taco Bell Corp. TACO BELL, the Bell logo, and other marks are trademarks of Taco Bell Corp. All other marks are property of their owners and used under license.