

sunny side up

**SAVE
32%**

4⁸⁸

**PRESTIGE OR GRAY
RIDGE PREMIUM LARGE
WHITE EGGS**

SELECTED VARIETIES
18'S

**GROS ŒUFS BLANCS DE
QUALITÉ SUPÉRIEURE
PRESTIGE OU
GRAY RIDGE**

20814294001_EA
20822787001_EA



**SAVE
\$1.60**

5¹⁹

**NEILSON TRUTASTE
MICROFILTERED
MILK 4 L OR LACTOSE
FREE MILK 2 L**
SELECTED VARIETIES
**LAIT MICROFILTRÉ
TRUTASTE OU LAIT
SANS LACTOSE
NEILSON**

20136554_EA
20148677_EA



Optimum

Members-Only Price™

5⁵⁰

Non-members

7⁹⁹

**KELLOGG'S FAMILY
SIZE CEREAL**
SELECTED VARIETIES
450-650 G
**CÉRÉALES
FORMAT FAMILIAL
KELLOGG'S**

21430748_EA
21653490_EA

Members
save
\$2.49



**SAVE
\$1.98**

WHEN YOU BUY 2

2/\$6

OR
\$3.99 EA.

**COUNTRY HARVEST
BAGELS 450 G OR
BREAD 600 G**
SELECTED VARIETIES
**BAGELS OU PAIN
COUNTRY HARVEST**

21178597_EA
21693323_EA



1⁵⁰

**OASIS 100%
JUICE BLENDS,
DEL MONTE NECTAR,
HYDRAFRUIT,
ARIZONA TEA**
SELECTED VARIETIES
960 ML
**MÉLANGES DE JUS
100% OASIS,
NECTAR DEL MONTE,
HYDRAFRUIT OU
THÉ ARIZONA**

20336722005_EA
21009822_EA

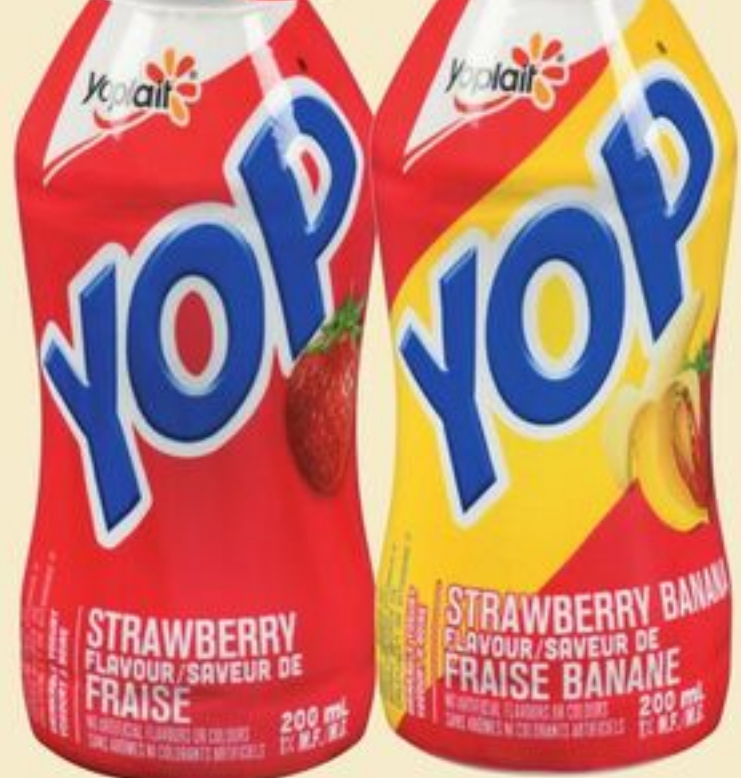


**SAVE
UP TO 33%**

\$1

**YOPLAIT YOP
DRINKABLE
YOGURT**
SELECTED VARIETIES
200 ML
**YOGOURT À BOIRE
YOP YOPLAIT**

21477986_EA
21478178_EA

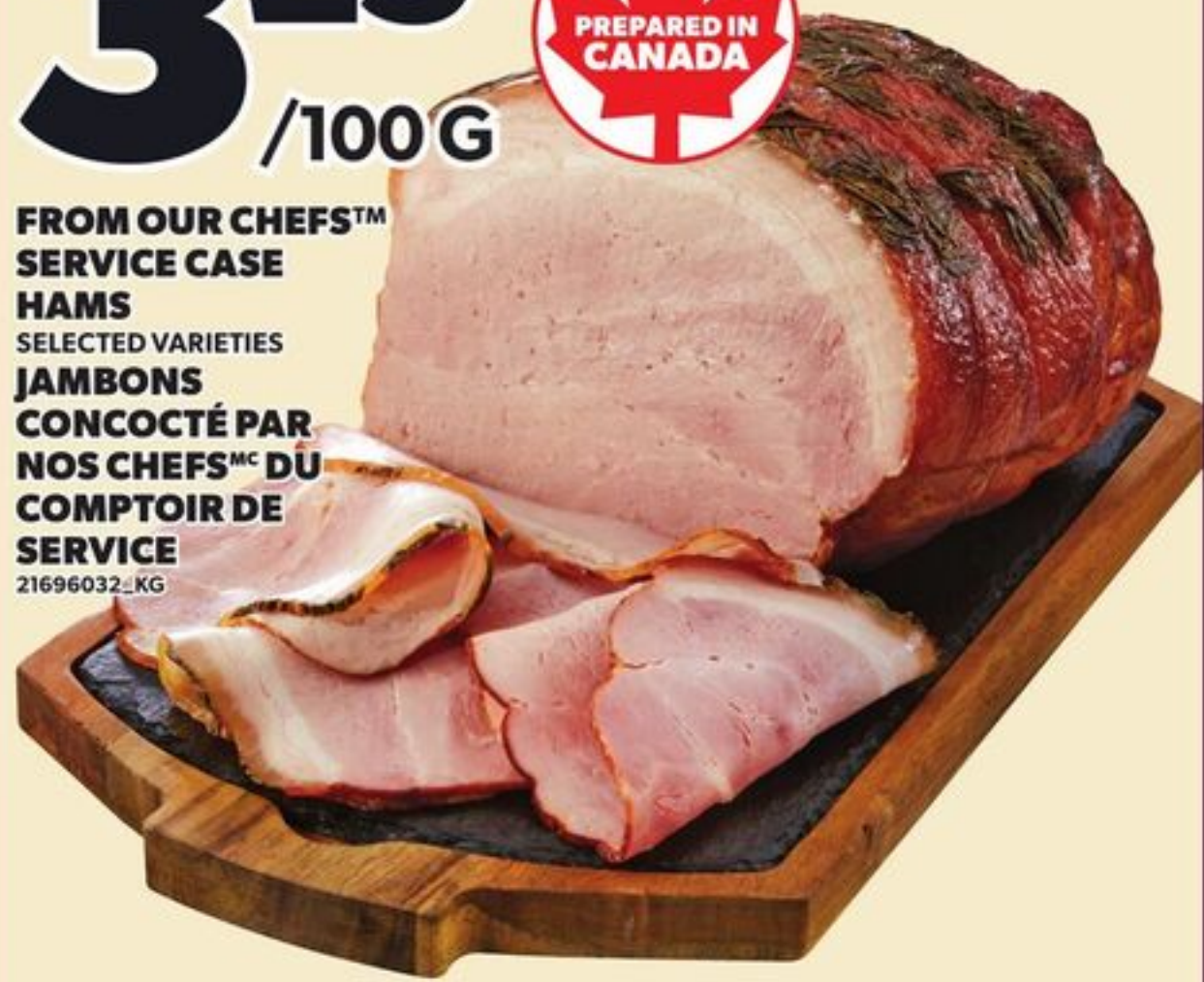


3²⁵

/100 G



FROM OUR CHEFS™
SERVICE CASE
HAMS
SELECTED VARIETIES
JAMBONS
CONCOCTÉ PAR
NOS CHEFS™ DU
COMPTOIR DE
SERVICE
21696032_KG

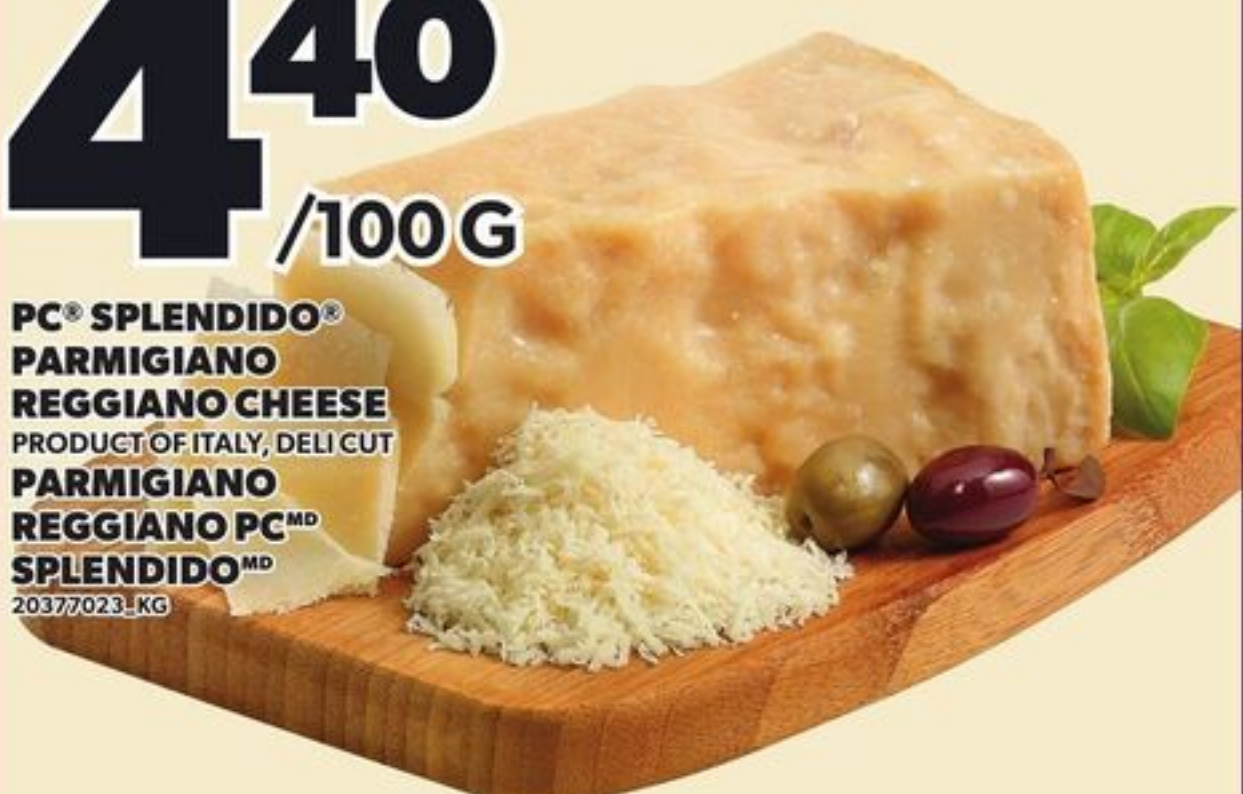


SAVE
\$1.05/100 G

4⁴⁰

/100 G

PC® SPLENDIDO®
PARMIGIANO
REGGIANO CHEESE
PRODUCT OF ITALY, DELI CUT
PARMIGIANO
REGGIANO PC™
SPLENDIDO™
20377023_KG



3⁷⁵

CHRISTIE COOKIES
SELECTED VARIETIES
224-303 G
BISCUITS CHRISTIE
21358407_EA
21361508_EA



Members-Only Price™

2⁵⁰

Non-members
\$3

KETTLE BRAND
POTATO CHIPS
SELECTED VARIETIES
156/198 G
CROUSTILLES
KETTLE BRAND
21520652_EA
21520692_EA



\$1

NO NAME®
TOMATO, CREAM
OF MUSHROOM,
VEGETABLE OR
CHICKEN NOODLE
SOUP OR RAVINE
MUSHROOMS
SELECTED VARIETIES
284-398 ML
SOUPE DE TOMATE,
CRÈME DE
CHAMPIGNONS,
LÉGUMES
OU POULET
ET NOUILLES
SANS NOM® OU
CHAMPIGNONS
RAVINE
20314839001_EA/21298248_EA



\$2

NO NAME®
PASTA
SELECTED VARIETIES
900 G
PÂTES
SANS NOM®
20315613002_EA
20315613003_EA



PROUDLY CANADIAN OWNED & OPERATED

Independent
Your Independent Grocer

HOT PRICE
2.99
LB

AIR CHILLED

PC® WHOLE CHICKEN
AIR CHILLED
6.59/KG
POULET ENTIER PC^{MD}
20089413_KG



SAVE 46%
7.99
LB

SIRLOIN TIP OVEN ROAST
OR FAMILY SIZE STEAK
CUT FROM CANADA AA OR USDA
SELECT GRADE BEEF OR HIGHER
17.61/KG
RÔTI OU BIFTECK DE
POINTE DE SURLONGE
20812306_KG
20812524_KG



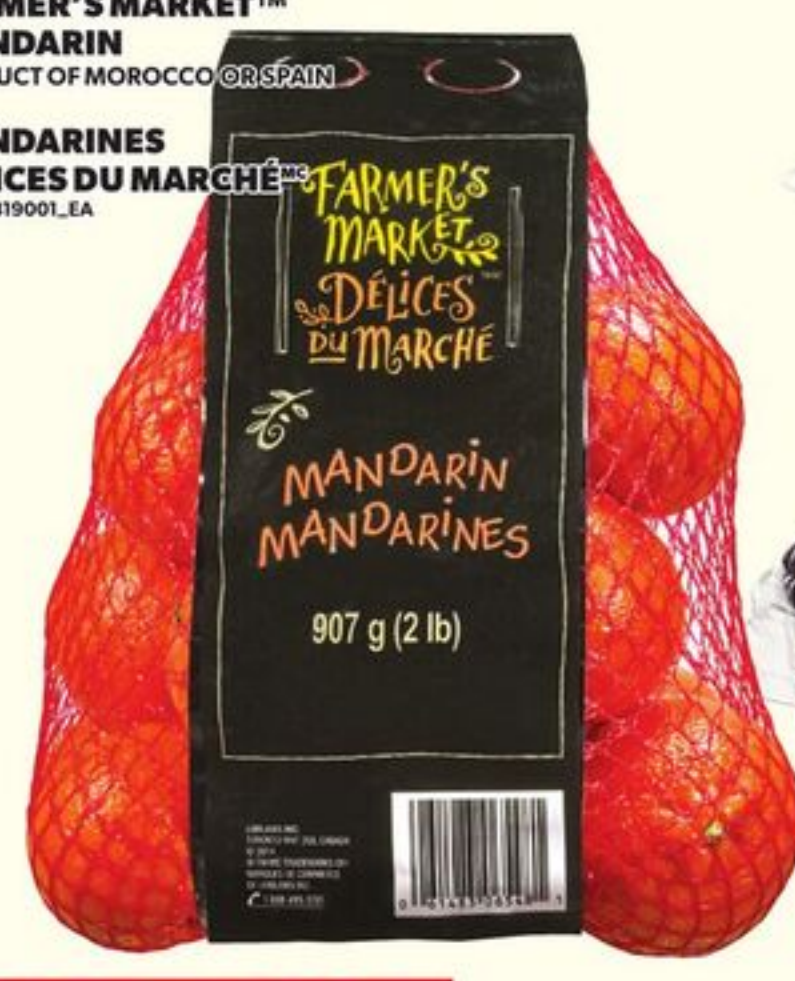
2/\$16
OR
\$9 EA.

PC® PACIFIC LARGE WHITE SHRIMP
RAW OR COOKED PEELED
OR RAW ZIPPERBACK®
31-40 PER LB FROZEN
400 G
GROSSES CREVETTES BLANCHES DU PACIFIQUE PC^{MD}
20789931_EA
20791381_EA



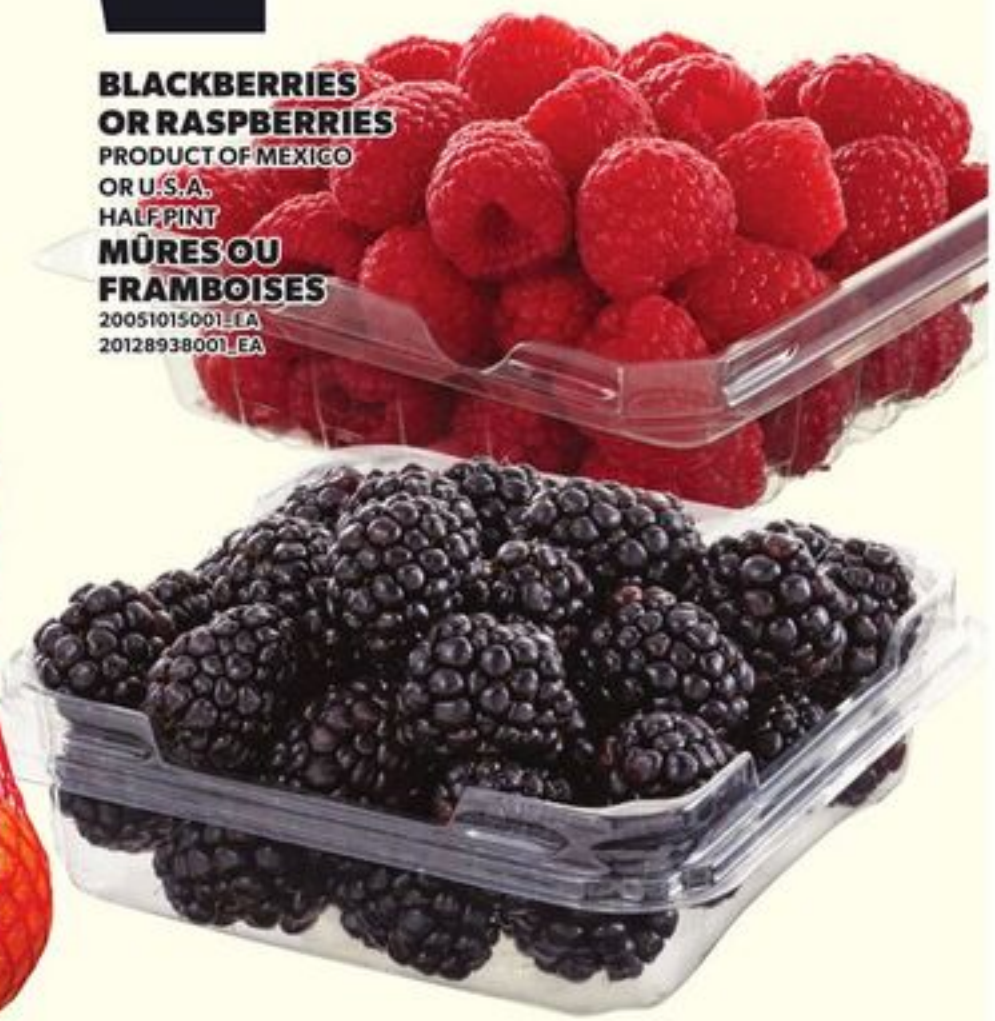
SAVE 36%
3.50

FARMER'S MARKET™ MANDARIN
PRODUCT OF MOROCCO OR SPAIN
2 LB
MANDARINES DÉLICIES DU MARCHÉ
20099819001_EA



HOT PRICE
2.77

BLACKBERRIES OR RASPBERRIES
PRODUCT OF MEXICO
OR U.S.A.
HALF PINT
MÛRES OU FRAMBOISES
200510150011_EA
201289380011_EA



SAVE 50%
\$7

JANES PUB STYLE BREADED CHICKEN
SELECTED VARIETIES
FROZEN
700 G
POULET PANÉ STYLE PUB JANES
21191828_EA
21191830_EA



SAVE UP TO \$2.61
4.88



PC® SHREDDED CHEESE 250-320 G OR
BLACK DIAMOND CHEESE BARS 400 G OR
SHREDDED CHEESE 320 G
SELECTED VARIETIES
FROMAGE RÂPÉ PC^{MD} OU BARRES DE FROMAGE OU FROMAGE RÂPÉ BLACK DIAMOND
21060207_EA
21279221_EA



2.50

ICEBERG LETTUCE
PRODUCT OF U.S.A.
OR MEXICO
EACH
LAITUE ICEBERG
20135326001_EA



Optimum
Members-Only Price
5.99
Members save \$5
Non-members
10.99

HIGH LINER FISH OR SHRIMP
SELECTED VARIETIES
FROZEN
315-700 G
POISSON OU CREVETTES HIGH LINER
20303200001_EA
20303200003_EA



SAVE UP TO 45%
\$3

CRAVE OR KRAFT DINNER ENTRÉES
200-340 G OR PC®
VEGETABLES 300-340 G OR
300-750 G
SELECTED VARIETIES
FROZEN
PLATS CUISINÉS CRAVE OU KRAFT DINNER OU LÉGUMES PC^{MD}
20318915_EA
21085515_EA



\$4
GET 1,000[®] \$1 back in points

BREYERS CREAMERY STYLE ICE CREAM
1.41 L OR POPSICLE NOVELTIES 6-12'S
SELECTED VARIETIES
FROZEN
CRÈME GLACÉE STYLE CRÈMERIE BREYERS OU FRIANDISES GLACÉES POPSICLE
20763171_EA
21651169_EA



SAVE UP TO 50%

JAMIESON VITAMINS OR SUPPLEMENTS
SELECTED VARIETIES AND SIZES
VITAMINES OU SUPPLÉMENTS JAMIESON
20299993_EA
20303216001_EA



\$5

TIDE LAUNDRY DETERGENT
1 L, TIDE PODS 9-16'S, DOWNY FABRIC SOFTENER 1.31 L,
BOUNCE SHEETS 40-80'S OR
DOWNY SHEETS 141-150 G OR DAWN POWERWASH STARTER KIT
473 ML, POWERWASH REFILL 635 ML
SELECTED VARIETIES
21549771_EA
21579685_EA



SAVE UP TO 59%

\$6

ROYALE BATHROOM TISSUE
12 DOUBLE ROLLS, TIGER TOWEL PAPER TOWELS 3=6 ROLLS OR FACIAL TISSUE 6'S
SELECTED VARIETIES
PAPIER HYGIÉNIQUE, ESSUIE-TOUT TIGER OU MOUCHOIRS ROYALE
21363770_EA
21484702_EA



Flyer prices effective from Thursday, April 23rd to Wednesday, April 29th, 2026. SEE BACK PAGE FOR DETAILS.

\$7  **ACTIVIA PROBIOTIC YOGURT** 12X100 G/1.14 KG OR **PC® ORANGE JUICE 2.5 L** SELECTED VARIETIES
YOGOURT AUX PROBIOTIQUES 12X100 G/1.14 KG OR **PC® JUS D'ORANGE** 2.5 L
 20303412001_EA
 215316241_EA



5.97  **BLACK DIAMOND CHEESTRINGS** 12/16'S, 336 G OR **CHEESE STICKS** 12'S, 252 G SELECTED VARIETIES
FICELLO OU BÂTONNETS DE FROMAGE **BLACK DIAMOND**
 20763661_EA
 20986474_EA



DEAL DROP  **Limited-time deals on PC® home & more.**

\$15 **PC® PUMP SALAD SPINNER** 21416723_EA

LIMIT 4 AFTER LIMIT \$35 EA. WHILE SUPPLIES LAST



2.50 **MAPLE LEAF FLAKED MEAT** SELECTED VARIETIES 156 G
VIANDE EN FLOCONS **MAPLE LEAF**
 20298273001_EA
 20298273005_EA



5.50 **HÄAGEN-DAZS** 414-450 ML OR **BARS** 3/4'S OR **NESTLE DRUMSTICK** 4'S SELECTED VARIETIES
FROZEN DESSERT GLACÉ OU **BARRÉS** **HÄAGEN-DAZS** OU **DRUMSTICK** **NESTLE**
 20322380001_EA
 21513576_EA



2/\$9 OR \$5.79 EA.
GENERAL MILLS CEREAL SELECTED VARIETIES 1 L
 297-437 G
CÉRÉALES **GENERAL MILLS**
 21104058_EA
 21715929_EA



\$5 **NUTELLA HAZELNUT SPREAD** 375 G OR **B-READY** 6'S 132 G SELECTED VARIETIES
TARTINADE AUX NOISETTES OU **B-READY** **NUTELLA**
 20435988_EA
 21457401_EA



\$5 **LECLERC CÉLÉBRATION COOKIES** SELECTED VARIETIES 200-350 G
BISCUITS CÉLÉBRATION **LECLERC**
 21648530_EA
 21721275_EA



4.50 **PC® COOKING SPRAYS** 120-170 ML, **BANANA PEPPER RINGS** 750 ML, **OLIVES** 500 ML OR **PICKLES** 1 L SELECTED VARIETIES
ENDUITS À CUISSON, RONDELLES DE PIMENT BANANE, OLIVES OU CORNICHONS **PC®**
 21031219_C01
 20434319001_EA
 21093990_EA



SAVE \$1.49
5.50 **JORDANS CEREAL** OR **GRANOLA** SELECTED VARIETIES 325-400 G
CÉRÉALES OU **GRANOLA** **JORDANS**
 21651976_EA
 21720997_EA



SAVE UP TO \$1 **GET 1,000** back in points
\$7 **DR OETKER GIUSEPPE PIZZERIA STUFFED CRUST PIZZA** 685-724 G OR **SUPREMA PIZZA** 487-525 G SELECTED VARIETIES
FROZEN PIZZA À CROÛTE **FARCIE PIZZERIA** OU **SUPREMA GIUSEPPE** **DR. OETKER**
 21555844_EA
 21649640_EA



5.50 **MR FREEZE, KISKO OR DR PEPPER FREEZE POPS** SELECTED VARIETIES 2.016 L
BÂTONS GLACÉS **MR.FREEZE, KISKO** OU **DR.PEPPER**
 21031219_C01
 21721571_C01



\$11 **PEDIGREE DENTASTIX** 553-608 G OR **MARROBONE** 1.9 KG **DOG TREATS** SELECTED VARIETIES
GÂTERIES POUR CHIEN **DENTASTIX** OU **MARROBONE** **PEDIGREE**
 21081180_EA



\$10 **ZIPLOC MEGAPACKS** SELECTED VARIETIES 60-270'S
SACS ZIPLOC EN MÉGA FORMAT **ZIPLOC**
 21196085_EA



SAVE 98¢ **WHEN YOU BUY 2**
2/\$17 OR \$8.99 EA.
COCA-COLA, CANADA DRY OR PEPSI SOFT DRINKS SELECTED VARIETIES 12X355 ML OR 1/2 L
BOISSONS GAZEUSES **COCA-COLA, CANADA DRY** OU **PEPSI**
 20318694002_GA
 20322301002_GA
 20316026002_GA
 2096926002_GA



PRICE DROP **More ways to save** prices effective **Thursday April 9 - Wednesday May 13, 2026**

1.50 **CESAR WET DOG FOOD** SELECTED VARIETIES 100 G
NOURRITURE HUMIDE POUR CHIENS **CESAR**
 20323206007_EA



\$1 **LARABAR FRUIT OR NUT BAR** SELECTED VARIETIES 45-48 G
BARRES AUX FRUITS OU **AUX NOIX** **LARABAR**
 20031362002_EA
 20031362007_EA



2.50 **SUNCHIPS MULTIGRAIN SNACKS** SELECTED VARIETIES 205 G
GRIGNOTINES **SUNCHIPS**
 21370317_EA
 21721854_EA



3/\$9 OR \$3.79 EA.
BEN'S BISTRO EXPRESS RICE SELECTED VARIETIES 240/250 G
RIZ BISTRO EXPRESS **BEN'S BISTRO**
 21404852_EA
 21405139_EA



Disney · PIXAR
FREE STICKER PACK
FOR EVERY \$25 SPENT* **\$5** **UNIQUE ALBUM**



*WHILE SUPPLIES LAST FROM APRIL 9TH UNTIL MAY 6TH, 2026. EXCLUSIONS APPLY. VISIT WWW.LOBLAWUNIVERSE.CA OR IN-STORE FOR EXCLUSIONS AND COMPLETE OFFER DETAILS.

Independent CUSTOMER RELATIONS 1-866-541-6315. VISIT yourindependentgrocer.ca FOR STORE HOURS.

Please call Customer Relations at 1-866-541-6315 or visit our website at yourindependentgrocer.ca for your store's hours and to see which Your Independent Grocer™ locations do not participate in this flyer. Quantities and/or selection of items may be limited and may not be available in all stores. No rainchecks or substitutions on clearance items or where quantities are advertised as limited. Advertised regular pricing and product selection (flavour, colour, patterns, style) may vary by store location. We are not obligated to sell items based on errors or misprints in typography or photography. **Pricing:** All references to "Save, Was, Now, Savings, etc." are in comparison to our own regular prices. Savings on items shown may vary by store location. Applicable taxes, deposits, or environmental surcharges are extra. No sales to retail outlets. Coupons must be presented and redeemed at time of purchase. **Trademarks:** * / *™ The trademarks, service marks and logos displayed in this flyer are trademarks of Loblaws Inc. and others. **Purchase limits:** We reserve the right to limit quantities to reasonable family requirements. **PC Optimum™ Members Only:** Offers are available to valid PC Optimum™ program members. Membership is free. To register, see in-store or visit cptomium.ca. Points are not guaranteed in case of errors or misprints. No cash value. See yourindependentgrocer.ca for full program details including redemption restrictions. Minimum redemption is 10,000 points. These offers cannot be combined with any other coupons, discounts, or promotions. No adjustments on previous purchases. We may modify or cancel offers without notice. Product availability may vary by store. While supplies last. **Points Offers:** Receive the specified points when you spend the qualifying amount on the listed products/categories before taxes, after discounts and redemptions, in a single transaction. Taxes apply on purchase amount after discounts. PC Optimum™ pricing is not valid in price match programs for participating Loblaws Inc. banner stores. **Outdoor/Seasonal Items:** Outdoor seasonal items (e.g., lawn and garden) may only be available at select stores. Please check your local store for pricing, limits, and availability. **PRICE DROP Offer:** Valid in-store at participating locations from April 9 - May 13, 2026, 2026 before taxes and while quantities last. Applies only to select products. Offer may be modified or cancelled without notice. See in-store for full details.

YIG BACK



freshness you can taste

If it's not fresh, it's free.*

FRESH PROMISE

*Fresh Promise: Applicable to eligible fresh produce items purchased at Your Independent Grocer store locations or online at yourindependentgrocer.ca. If you are not completely satisfied with your eligible fresh produce item, we will replace it with an identical item, or in our discretion, a comparable item and provide you with a refund of the purchase price upon presentation of the item and your original receipt within 7 days of purchase at the Your Independent Grocer store where purchase originated. The fresh promise may not be combined with any other offer. We reserve the right to cancel or change the terms of this guarantee at any time without notice.

3⁹⁹ LB

PC® EXTRA LARGE RED OR GREEN SEEDLESS GRAPES
PRODUCT OF CHILE, NO. 1 GRADE
8.80/KG

TRÈS GROS RAISINS ROUGES OU VERTS SANS PÉPINS PC^{MD}
20425775001_KG
20159199001_KG

SWEET CELEBRATION
RED SEEDLESS GRAPES
PRODUCT OF CHILE

AUTUMN CRISP
GREEN SEEDLESS GRAPES
PRODUCT OF CHILE

7⁵⁰

PC® AXIANY OR MIXIANY TOMATOES
PRODUCT OF CANADA OR MEXICO
567 G

TOMATES AXIANY OU MIXIANY PC^{MD}
20143381001_EA
21634164001_EA

MIXIANY
CHERRY TOMATOES
PRODUCT OF CANADA

AXIANY
CHERRY TOMATOES
PRODUCT OF MEXICO

\$5 APP EXCLUSIVE OFFER*

GET **1,000^{PC}** back in points

PC® GREENHOUSE GROWN STRAWBERRIES
PRODUCT OF CANADA, NO. 1 GRADE
340 G

FRAISES CULTIVÉES EN SERRE PC^{MD}
21027142001_EA

*Open your PC Optimum™ app or visit pcoptimum.ca to get the offer

\$2 **PRODUCT OF CANADA**

ENGLISH CUCUMBERS
PRODUCT OF CANADA
EACH

CONCOMBRES ANGLAIS
20070132001_EA

4⁵⁰

CANTALOUPE EACH,
PRODUCT OF GUATEMALA, HONDURAS OR BRAZIL OR

FARMER'S MARKET™ AVOCADO BAG 5'S
PRODUCT OF MEXICO

CANTALOUPS OU SAC D'AVOCATS DÉLICÉS DU MARCHÉ^{PC}
20167017001_EA
21644936001_EA

\$7 **PRODUCT OF CANADA**

FARMER'S MARKET™ GALA, MCINTOSH OR FUJI APPLES
PRODUCT OF ONTARIO, CANADA FANCY GRADE
4 LB

POMMES GALA MCINTOSH OU FUJI DÉLICÉS DU MARCHÉ^{PC}
2071321001_EA
20767998001_EA

1⁹⁸ LB

SWEET POTATOES
PRODUCT OF U.S.A.
4.37/KG

PATATES DOUCES
20127708001_KG

\$2 LB

GREENHOUSE BEEFSTEAK TOMATOES
PRODUCT OF CANADA OR MEXICO
4.41/KG

TOMATES BEEFSTEAK DE SERRE
20426141001_EA

\$7

CORED PINEAPPLE
PREPARED IN-STORE
EACH

ANANAS ÉVIDÉ
20503143_EA

bouquets, bunches and blooms

\$35

PREMIUM GIFT BOUQUET
EACH

BOUQUET-CADEAU DE QUALITÉ SUPÉRIEURE
21436381_EA
21436382_EA

\$12

10 STEM TULIPS ASSORTED COLOURS
10 TULIPES SUR TIGE
20833978_EA

\$22

SPRING PLANTER EACH
JARDINIÈRE DU PRINTEMPS
21096894_EA

feeling protein power-fuel

8⁵⁰

EXTRA LEAN GROUND BEEF
GRASS FED
450 G

BŒUF HACHÉ EXTRA-MAIGRE
21675592_EA

\$7 **PREPARED IN-STORE**

BREADED PORK LOIN SCHNITZEL
300 G

ESCALOPE DE LONGE DE PORC PANÉE
21588065_EA

SAVE 99[¢] LB **FREE FROM***

\$8 LB

PC® FREE FROM® SPLIT CHICKEN WINGS
TIPS REMOVED, AIR CHILLED, FAMILY SIZE
17.64/KG

AILES DE POULET SÉPARÉES PC^{MD} SIMPLEMENT BON^{MD}
21668685_KG

\$7 LB **PREPARED IN-STORE**

PORK SAUSAGE
SELECTED VARIETIES
15.43/KG

SAUCISSES DE PORC
21451702_KG
21451708_KG

\$7

GOLD LABEL NATURALLY SMOKED ALL BEEF BIG FRANKS
500 G

GROSSES SAUCISSES TOUT BŒUF
NATURELLEMENT OUT BŒUF
FUMÉES GOLD LABEL
21693991_EA

STADIUM ...SIZE... XXL big dogs
3000

\$13

SWISS CHALET OR MONTANA'S PORK BACK RIBS
SELECTED VARIETIES
FULLY COOKED

600/650 G WISS CÔTES DE DOS DE PORC
DE PORC SWISS CHALET OU MONTANA'S
21022215001_EA
216683141_EA

find your catch in seafood

SAVE 99[¢]

\$5

FRESH ATLANTIC SALMON PORTION
SELECTED VARIETIES
113 G

PORTION DE SAUMON DE L'ATLANTIQUE FRAIS
20948217_EA

SAVE \$3⁴⁹ LB

\$13⁵⁰ LB

PREVIOUSLY FROZEN TUNA STEAKS
29.76/KG

DARNES DE THON DÉCONGELÉES
20753134_KG

\$12 **PREPARED IN CANADA**

PC® PEI MUSSELS IN PROVENCE OR CREAMY WHITE WINE SAUCE
FROZEN
907 G

MOULES DE L'I.P.-É DANS UNE SAUCE GRÈMEUSE AU VIN BLANC, SAUCE PROVENÇALE PC^{MD}
20838550_EA
20838560_EA

Creamy White Wine Sauce
PEI MUSSELS - MOULES DE L'I.P.-É
Sauce Crèmeuse au Vin Blanc

907 g | 2 x 454 g

bakery deals rising daily

\$8 **BAKED**
IN-STORE

BUTTER
CROISSANTS
12'S
CROISSANTS AU
BEURRE
21683000_EA



\$4 **BAKED**
IN-STORE

ROSEMARY & SEA
SALT OR CHEESE
FOCACCIA
430/484 G
FOCACCIA AU
ROMARIN ET SEL DE
MER OU FROMAGE
21724758_EA
21724807_EA



4⁵⁰ **BAKED**
IN-STORE

CIABATTA, KAISER
OR PANINI ROLLS
SELECTED VARIETIES
6'S
PETITS PAINS
CIABATTA, KAISER
OU PANINI
21575030_EA
215759824_EA



5⁵⁰ **PREPARED IN**
CANADA

FARMER'S MARKET™
MUFFINS
SELECTED VARIETIES
4'S
MUFFINS DÉLICÉS DU
MARCHÉ^{MC}
21639320_EA
21639357_EA



\$8 **PREPARED IN**
CANADA

FARMER'S MARKET™
COFFEE CAKES
SELECTED VARIETIES
750 G
GÂTEAUX PAUSE-CAFÉ
DÉLICÉS DU MARCHÉ^{MC}
21707345_EA
21707453_EA



5⁵⁰ **PREPARED IN**
CANADA

FARMER'S MARKET™
DONUTS
SELECTED VARIETIES
12/40'S
BEIGNES DÉLICÉS DU
MARCHÉ^{MC}
21559169_EA
21559343_EA



4⁵⁰ **PREPARED IN**
CANADA

LA PETITE BRETONNE
MICRO CROISSANTS
OR MINI CHOCO BUNS
350/400 G OR **SARA LEE**
LITTLE BITES MUFFINS
OR GRANOLA BARS
96/234 G
SELECTED VARIETIES
MICRO-CROISSANTS
OU MINI-
CHOCOLATINES LA
PETITE BRETONNE OU
MUFFINS OU BARRES
GRANOLA LITTLE
BITES SARA LEE
20174610_EA
21716308_EA



SAVE
98¢
WHEN YOU BUY 2

2/\$7

OR
\$3.99 EA.
D'ITALIANO BREADS
600-675 G OR **CRUSTINI**
BUNS 420-568 G
SELECTED VARIETIES
PAIN OU PETITS
PAINS CRUSTINI
D'ITALIANO
200383351EA
20627012EA



\$6 **PREPARED IN**
CANADA

PC® TRADITIONAL
NAAN DIPPERS
CLUB SIZE
400 G
BOUCHÉES NAAN
TRADITIONNEL PC^{MD}
20999700_EA



\$11 **PREPARED IN**
CANADA

THE LAUGHING COW
SELECTED VARIETIES
24'S
LA VACHE QUI RIT
20160091_EA
20318139_EA



in the mood for deli-cious

\$9 **PREPARED IN**
CANADA

OKA CHEESE
SELECTED VARIETIES
190 G
FROMAGE OKA
20920756_EA
20921279_EA



Optimum
Members-Only Price™
\$15
Members save **\$1**
PREPARED IN
CANADA

Non-members
\$16

MAPLE LEAF NATURAL
SELECTIONS DELI
SLICED MEATS
CLUB PACK
375-400 G
CHARCUTERIES
TRANCHÉES NATURAL
SELECTIONS MAPLE
LEAF FORMAT CLUB
20772015_EA/20772016_EA



GET
2,000⁺
for every '10'
spent on

\$2
back in points

MASTRO DELI SLICED
MEATS TRIO PACKS
100-250 G
CHARCUTERIES
TRANCHÉES MASTRO
EMBALLAGES TRIPLES
21379151_EA
21554465_EA



Optimum
Members-Only Price™
\$4
Members save **\$2**
NATIONAL
PRETZEL
DAY

Non-members
\$6

SNACK FACTORY
PRETZEL CRISPS
SELECTED VARIETIES
200 G
PRETZEL CRISPS
SNACK FACTORY
20948940_EA
21676303_EA



Optimum
Members-Only Price™
6⁵⁰
Members save **\$1**
PREPARED IN
CANADA

Non-members
7⁵⁰

PC® DIPS OR
HUMMUS
SELECTED VARIETIES
454 G
HUMMUS OU
TREMPETTES PC^{MD}
20584098_EA
20584001_EA



on the run, we got you

2/\$10

OR
\$5.49 EA.
SMALL RESER'S
SALADS
SELECTED VARIETIES
425/454 G
PETITES SALADES
RESER'S
20962386_EA
20962398_EA



BUY ONE (1)

READY TO COOK
SALMON OR CHICKEN
ENTRÉE
PLATS CUISINÉS DE
SALMON OU POULET
PRÊTS À CUIRE
21595452_EA

+ ONE (1)

READY TO COOK SIDE
SELECTED VARIETIES
545-865 G
PLAT D'ACCOMPAGNEMENT
PRÊT À CUIRE
21624727_EA

FOR \$20



\$9

INDIVIDUAL CHICKEN COMBO
WITH WEDGES
361-530 G
COMBO DE PORTION INDIVIDUELLE
DE POULET ET POMMES DE TERRE
EN QUARTIERS
21086084_EA
21022536_EA



Order in-store
or online today.

Please place your orders at the
Meals To Go department
24 hours in advance.

party platters

Discover our selection of freshly prepared platters for your next occasion.

FROM
\$20



IN-STORE PREPARED
SANDWICH OR WRAP PLATTERS
1.23-3.4 KG
PLATEAUX DE SANDWICHS OU
ROULÉS PRÉPARÉS EN MAGASIN
21558136_EA

IN-STORE PREPARED
SANDWICH OR WRAP PLATTERS
1.2-1.7 KG
PLATEAUX DE SANDWICHS OU
ROULÉS PRÉPARÉS EN MAGASIN
21558135_EA

CHICKEN CATERING PLATTERS
SELECTED VARIETIES
COMES WITH CELERY AND CARROTS, SERVED CHILLED
1.92-3.19 KG
PLATEAUX DE RÉCEPTION DE POULET
21558990_EA

©Disney/Pixar

Disney · PIXAR

FREE STICKER PACK

FOR EVERY \$25 SPENT*

\$5 UNIQUE ALBUM

Disney PIXAR ANIMAL FRIENDS STICKER PACK
COLLECT AND DISCOVER INTERESTING ANIMAL FACTS!

*WHILE SUPPLIES LAST FROM APRIL 9TH UNTIL MAY 6TH, 2026. EXCLUSIONS APPLY. VISIT WWW.LOBLAWUNIVERSE.CA OR IN-STORE FOR EXCLUSIONS AND COMPLETE OFFER DETAILS.

SPEND \$10* ON
SELECT CHEERIOS, OATMEAL CRISP, NATURE VALLEY, OLD EL PASO, PILLSBURY, OR ANNIE'S PRODUCTS AND GET A BONUS STICKER PACK
21104047_EA/21667577_EA

SPEND \$15* ON ANY
COCA-COLA, CANADA DRY, SPRITE, A&W, FANTA, FRESCA, AHA, VITAMINWATER, SMARTWATER, PEACE TEA, FUZE, MONSTER ENERGY, POWERADE OR BODY ARMOR AND GET ONE BONUS STICKER PACK
20318694002_C12/21731564_EA

SPEND \$15* ON
SELECT BLACK DIAMOND, KRAFT PARMESAN, IOGO, ASTRO OR LACTANTIA PRODUCTS AND GET ONE BONUS STICKER PACK
21694605_EA/21290384_EA/20763661_EA/20165226001_EA

SPEND \$15* ON
SELECT CHRISTIE CRACKERS, CHRISTIE COOKIES, CADBURY, HALLS OR CLIF ENERGY BARS AND GET ONE BONUS STICKER PACK
21358407_EA/21361508_EA/21547034_EA/21030647_EA

SPEND \$10* ON
SELECT NESCAFÉ, STARBUCKS COFFEE, OR MAISON PERRIER BEVERAGE PRODUCTS AND GET ONE BONUS STICKER PACK
20548682004_EA/20873036_EA/21576465_C08

SPEND \$10* ON
SELECT PC® OR NO® NAME CHIPS, POPCORN, OR PRETZELS AND GET ONE BONUS STICKER PACK
21302821_EA/21302823_EA

SPEND \$9* ON
SELECT MILK 2 GO, ARMSTRONG PROTEIN STICKS AND GET A BONUS STICKER PACK
21537885_EA/21694973_EA

SPEND \$15 ON
SELECT ROYALE PAPER PRODUCTS AND GET ONE BONUS STICKER PACK
21378233_EA/21484732_EA/21618478_EA

SPEND \$10* ON
SELECT PC® BLUE MENU® PRODUCTS AND GET ONE BONUS STICKER PACK
21747404_C12/21747415_C12

Disney · PIXAR
FREE STICKER PACK
 FOR EVERY \$25 SPENT*

\$5
 UNIQUE ALBUM

Disney PIXAR
ANIMAL FRIENDS STICKER
 COLLECT AND DISCOVER INTERESTING ANIMAL FACTS

*WHILE SUPPLIES LAST FROM APRIL 9TH UNTIL MAY 6TH, 2026. EXCLUSIONS APPLY. VISIT WWW.LOBLAWUNIVERSE.CA OR IN-STORE FOR EXCLUSIONS AND COMPLETE OFFER DETAILS.

SAVE \$1.58
WHEN YOU BUY 2
2/\$6
 OR \$3.79 EA.

OLD EL PASO TACO SHELLS 125-153 G OR **SOFT TORTILLAS** 297-334 G
 SELECTED VARIETIES
 20309692002_EA
 20314171002_EA

SAVE UP TO 45%
\$3

CRAVE FROZEN MEALS 200-340 G OR **KRAFT DINNER DELUXE MACARONI AND CHEESE FROZEN DINNERS** 340 G WITH BACON
 SELECTED VARIETIES
 FROZEN
 218085151_EA
 215533291_EA

SAVE \$1.49
\$5

MILK 2 GO MILK SELECTED VARIETIES
 6X200 ML
 210652631_EA
 215378853_EA

SAVE \$1.48
WHEN YOU BUY 2
2/9.50
 OR \$5.49 EA.

PHILADELPHIA CHIP DIP 227 G, **CREAM CHEESE** 227/250 G OR **WHIPPED CREAM CHEESE** 227 G
 SELECTED VARIETIES
 20641267_EA
 20866816002_EA

5.49

CORE POWER HIGH PROTEIN MILK SHAKE SELECTED VARIETIES
 414 ML
 21731564_EA
 21731701_EA

8.49

CLIF ENERGY BARS SELECTED VARIETIES
 5X68 G
 21864823_EA
 21864843_EA

SAVE UP TO 99¢
\$10

CAVENDISH FARMS SWEET & CRISPY ONION RINGS 1 KG, **FLAVOUR CRISP CLASSIC FRIES** 2 KG OR **CLASSIC HASH BROWN PATTIES CLUB PACK** 2.25 KG
 SELECTED VARIETIES
 FROZEN
 20827761_EA
 21449731_EA

SAVE UP TO \$1 GET 1,000¢ \$1 back in points

\$7

STUFFED CRUST PIZZA 685-724 G OR **DR. OETKER SUPREMA PIZZA** 475-525 G
 SELECTED VARIETIES
 FROZEN
 218558023_EA
 216496401_EA

6.49

NESCAFÉ INSTANT COFFEE CONCENTRATE SELECTED VARIETIES
 500 ML
 21665027_EA
 21665148_EA

2/\$7
 OR \$4 EA.

YOPLAIT TUBES 448 G OR **MINIGO** 360 G YOGURT
 SELECTED VARIETIES
 21547595_EA
 21619318_EA

SAVE 98¢
WHEN YOU BUY 2
2/\$5
 OR \$2.99 EA.

CATELLI HEALTHY HARVEST OR SMART PASTA SELECTED VARIETIES
 375 G
 20299819008_EA
 205272631_EA

6.99

NESTEA ICED TEA SELECTED VARIETIES
 12X341 ML
 21687040_C12
 21689167_C12

4.50
 PREPARED IN CANADA

CASA MENDOSA WHITE OR WHOLE WHEAT TORTILLA SELECTED VARIETIES
 640 G
 20276307_EA
 20318788_EA

2.50

PC® KETTLE COOKED OR RIPPLED KETTLE COOKED POTATO CHIPS SELECTED VARIETIES
 200 G
 21422931_EA
 21687125_EA

5.50

LACTANTIA ULTRAPUR ULTRA-FILTERED MILK 1.5 L OR **LACTANTIA PURIFILTRE MILK** 2 L
 SELECTED VARIETIES
 21239130_EA
 21694605_EA

\$9

KELLOGG'S JUMBO CEREAL SELECTED VARIETIES
 750-1050 G
 20072706_EA
 21651842_EA

SAVE \$2
WHEN YOU BUY 2
2/\$8
 OR \$5 EA.

VH SAUCES, THAI & INDIAN SAUCES OR DIPPING SAUCES
 SELECTED VARIETIES
 341/355 ML
 20309693006_EA
 20322926001_EA

\$5

SNYDER'S TWISTED OR THE SNACK FACTORY PRETZELS SELECTED VARIETIES
 240-340 G
 216502201_EA
 216503121_EA

\$20

ROYALE ORIGINAL TOILET PAPER
 30=60 ROLLS
 21378233_EA

SAVE UP TO 20%
\$10-20

SELECT LEGO DISNEY ASSORTMENT
 21702942_EA

APRIL

HIT OF THE MONTH

LIMIT 6
AFTER LIMIT
\$3 EA.



\$1⁸⁸

**LECLERC GO PURE
FRUIT & OAT OR
OATMEAL BARS**
SELECTED VARIETIES
140/175 G
21221434_EA
21507858_EA

LIMIT 6
AFTER LIMIT
\$5 EA.



\$4

PLANTERS CASHEWS
SELECTED VARIETIES
200 G
21021617_EA
21021618_EA

LIMIT 6
AFTER LIMIT
4.50 EA.



\$3

**HARVEST CREEK HALAL
CHICKEN WIENERS OR
BUTCHER'S SELECTION
STAMPEDE HOTDOG
ORIGINAL**
SELECTED VARIETIES
900 G
21307061_EA
21309103_EA

**LOWEST PRICES
BEST DEALS**

As compared to other major grocery retailers within your local areas.
* Must be a registered PC Optimum™ member to get this offer.
Valid from April 1 - 30, 2026. While quantities last. See in-store for details.

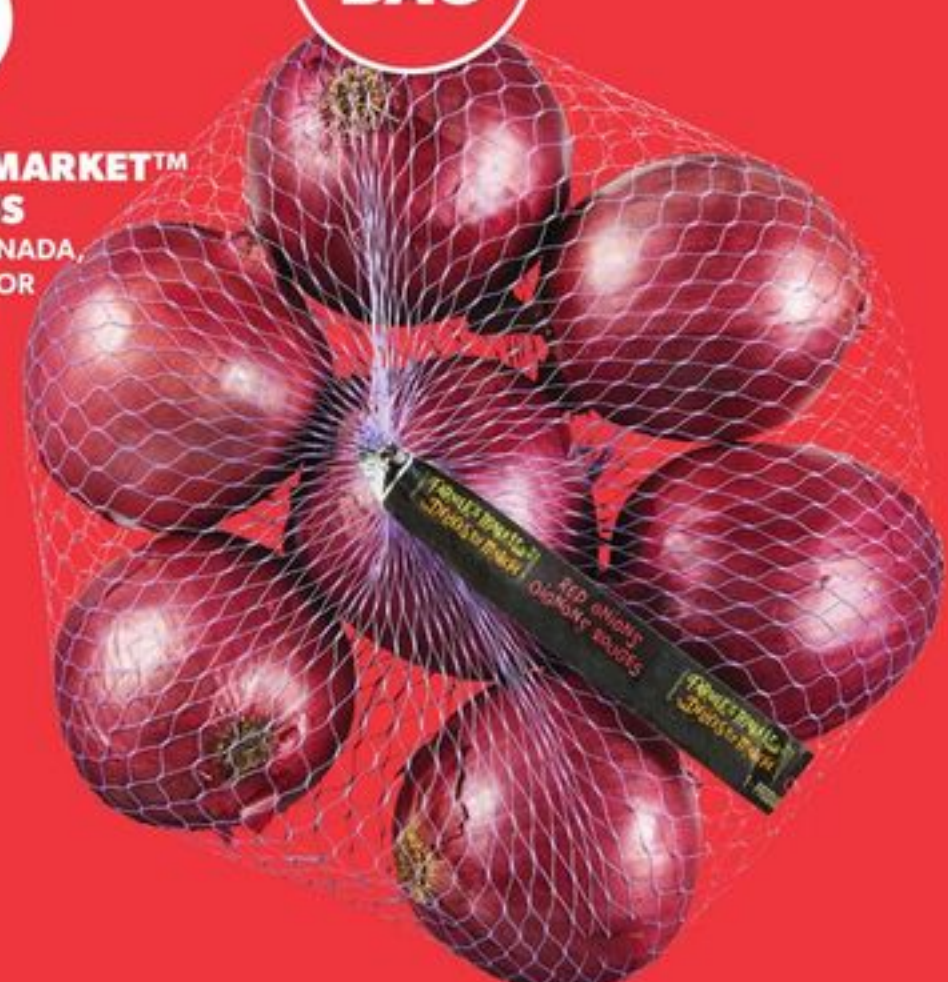
Shop the **World** in our aisles



3⁸⁸

3 LB
BAG

FARMER'S MARKET™
RED ONIONS
PRODUCT OF CANADA,
MEXICO, U.S.A. OR
NETHERLANDS
NO. 1 GRADE
20811362001_EA



SAVE
\$1
WHEN YOU BUY 4

4/\$5

OR
\$1.50 EA.

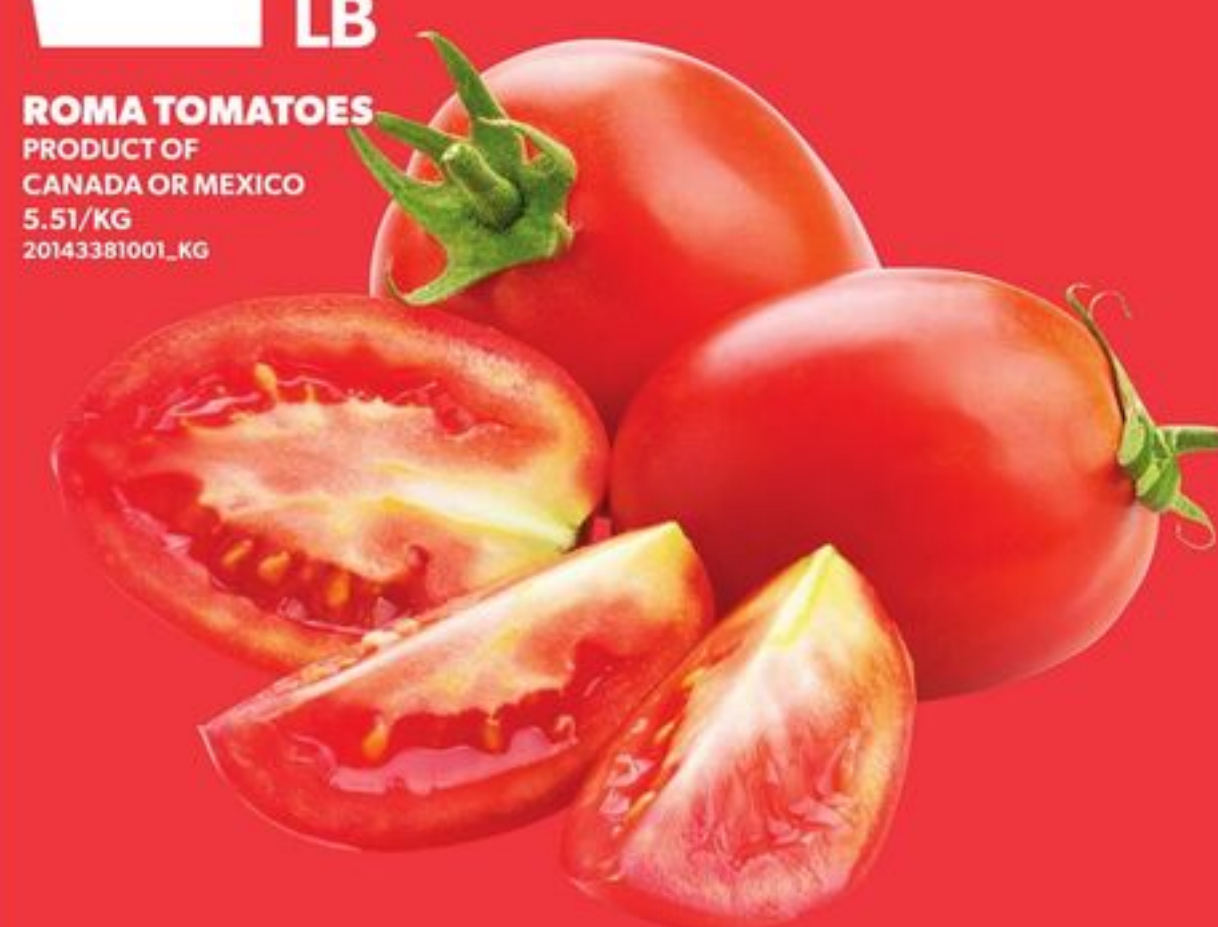
RED OR ATAULFO
MANGOES
PRODUCT OF MEXICO
20059635001_EA
20121509001_EA



2⁵⁰

LB

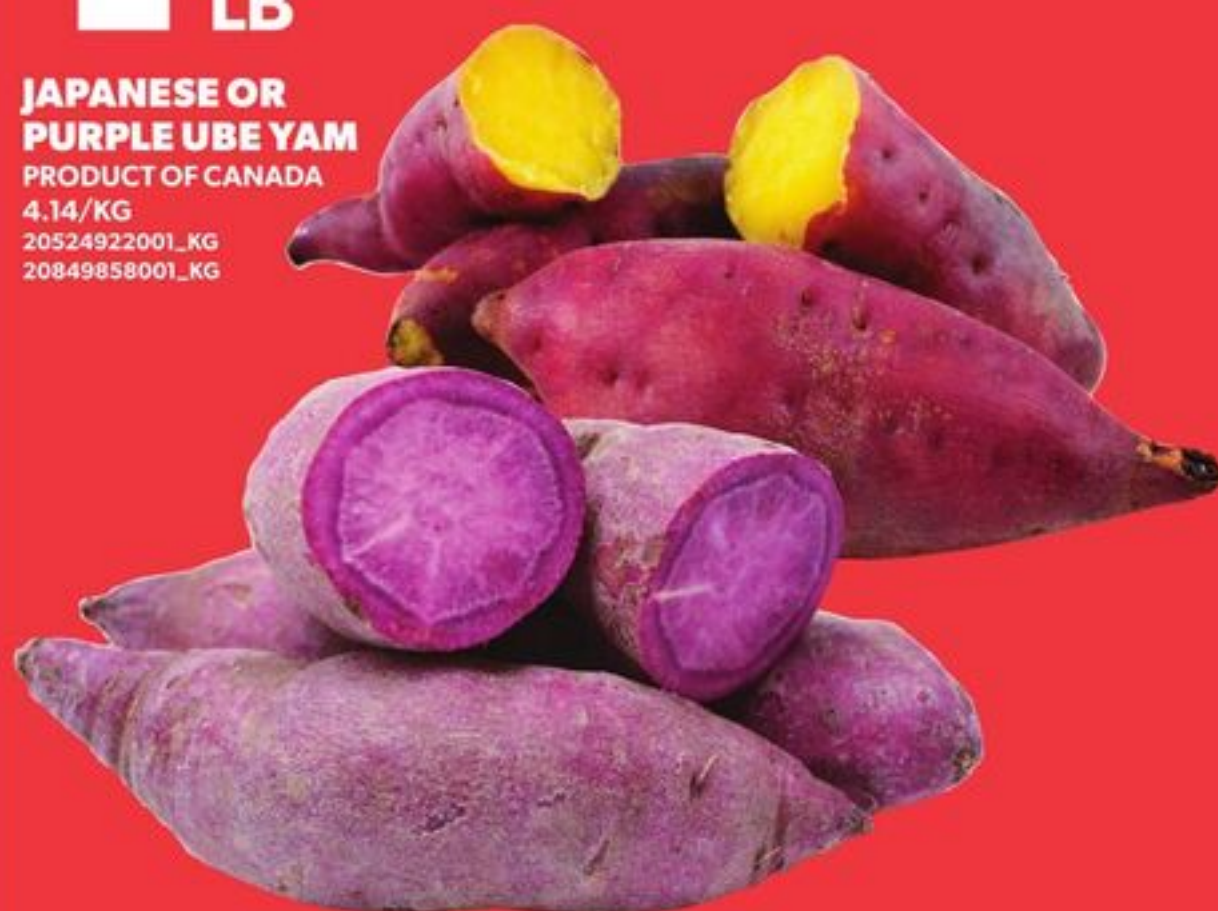
ROMA TOMATOES
PRODUCT OF
CANADA OR MEXICO
5.51/KG
20143381001_KG



1⁸⁸

LB

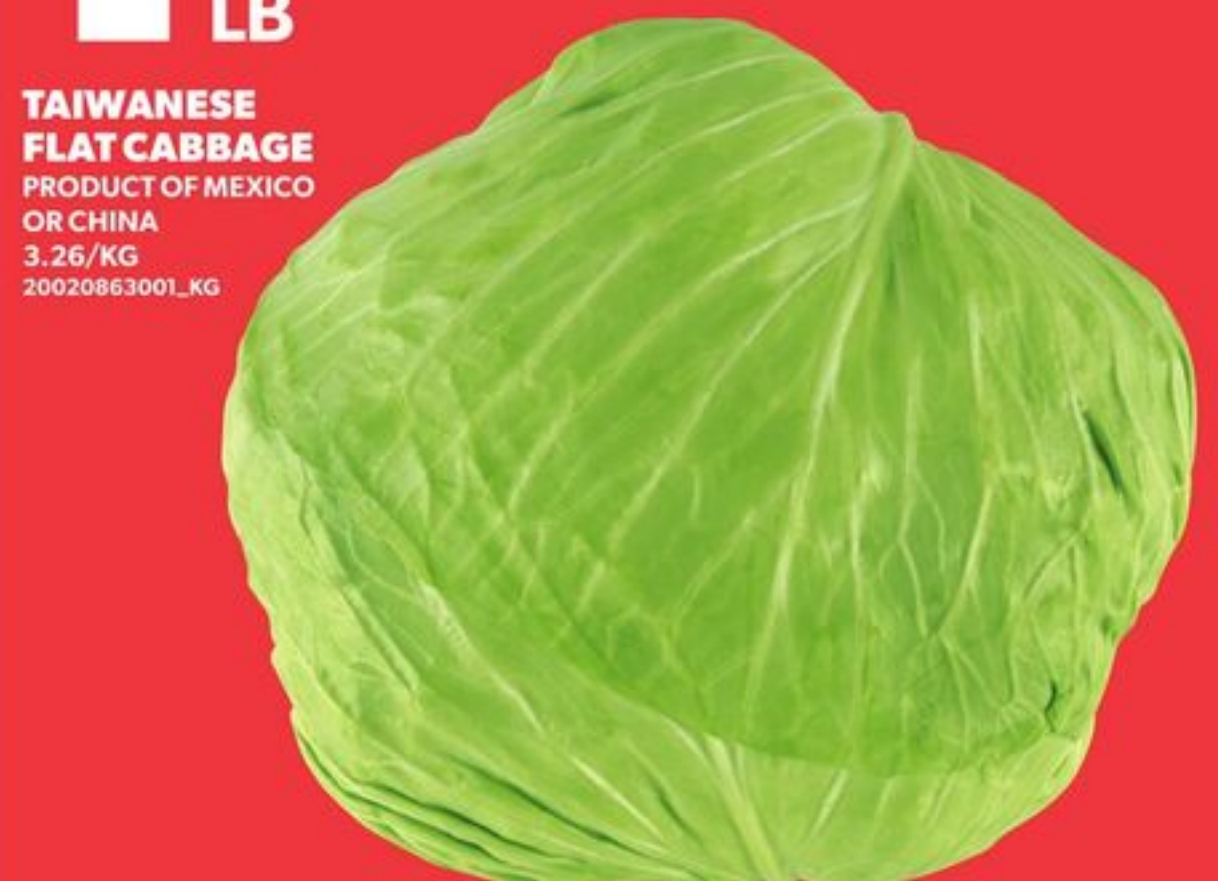
JAPANESE OR
PURPLE UBE YAM
PRODUCT OF CANADA
4.14/KG
20524922001_KG
20849858001_KG



1⁴⁸

LB

TAIWANESE
FLAT CABBAGE
PRODUCT OF MEXICO
OR CHINA
3.26/KG
20020863001_KG



goodbye snow - it's time to grow!

OUR GARDEN CENTRE IS NOW OPEN!

100% CANADIAN GROWERS



\$23 

PC® LAVENDER SHRUB
8 INCH
21573051_EA



\$16 

FARMER'S MARKET™ EARLY ANNUAL PLANTER
SELECTED VARIETIES
8 INCH
21214982_EA



2/\$36 

OR \$20 EA.

PC® DELUXE ANNUAL HANGING BASKET
EARLY SEASON VARIETIES
11 INCH
20753947_EA



1⁹⁹ - 5⁹⁹

BURPEE OR MCKENZIE SEEDS
SELECTED VARIETIES
EACH
20752992_EA
20752876_EA



2/\$10 

OR \$5.50 EA.

PC® PERENNIALS
SELECTED VARIETIES
9 CM
21350463_EA



\$10 

SPECIALTY PHLOX
15 CM
21350077_EA



SEE GARDEN CENTRE FOR RETAILS 

EVERGREENS
SELECTED VARIETIES
1 GALLON
20741130_EA



SEE GARDEN CENTRE FOR RETAILS 

SHRUBS
SELECTED VARIETIES
2 GALLON
21578835_EA



29⁹⁹ 

EMERALD CEDAR
CONTAINER GROWN
EMERALD CEDAR
4'-6'
20058698_EA

Our container grown cedars are grown for their great quality, providing an established root system and survival rate as the roots are not cut when harvested.



3/\$12 

OR \$4.50 EA.

NO NAME® CEDAR MULCH
AVAILABLE IN NATURAL, BLACK OR RED
42.5 L
21358531_EA



\$12-24⁴⁹

NO NAME® OR PC® GRASS SEED
SELECTED VARIETIES AND SIZES
EACH
21359465_EA
21359477_EA



SEE GARDEN CENTRE FOR RETAILS

PLANT FOOD FERTILIZER
SELECTED VARIETIES AND SIZES
EACH
20945240_EA



4/\$13 

OR \$3.50 EA.

PC® BLACK EARTH SOIL
25 L
21357792_EA



2/\$13 

OR \$7 EA.

PC® ENRICHED LAWN SOIL
25 L
21349080_EA



\$10 

PC® FLOWER AND GARDEN BED SOIL
50 L
21363856_EA



\$9 

PC® MOISTURE LOCK POTTING SOIL
25 L
21349077_EA



2/\$13 

OR \$7 EA.

PC® VEGETABLE AND HERB SOIL
25 L
21349109_EA



\$9 

NO NAME® ALL-PURPOSE SOIL
50 L
21358664_EA



\$13-50

GARDEN DÉCOR AND POTS
SELECTED VARIETIES AND STYLES
EACH
21625053_EA
21566757_EA
21625438_EA



\$4-20

GARDEN TOOLS AND WATERING ACCESSORIES
SELECTED VARIETIES AND STYLES
EACH
21625523_EA
21628518_EA



2/\$7

OR \$3.99 EA.

PC® YARD WASTE BAGS
SELECTED VARIETIES
5'S
20429980_EA



your one-stop grocery shop

SAVE 98¢
WHEN YOU BUY 2

2/\$5

OR \$2.99 EA.

BETTY CROCKER FROSTINGS 340-450 G
OR **SUPER MOIST CAKE MIX** 375-404 G
SELECTED VARIETIES
2056261002_EA
21547838_EA

\$5

MINUTE RICE
700 G
20310858_EA

Minute Rice
Long Grain White
Blanc à grains longs

5 MINUTES

100% Natural
à 100 %

President's Choice

Great flavours start with great ingredients

GET 3,000 **\$3** back in points when you buy 2

\$5

PC ICE CREAM SHOP
ICE CREAM 946 ML OR BARS 6'S
SELECTED VARIETIES, FROZEN
21706410_EA/21706473_EA

\$18

MONINI 100% EXTRA VIRGIN OLIVE OIL
SELECTED VARIETIES
500 ML/1 L
20992432_EA
21506497_EA

175

CLARK BAKED BEANS
SELECTED VARIETIES
398 ML
21235336_EA
21308477_EA

CLARK
CLASSIC
Tomato Sauce
Maple Style

3/798

OR \$3.29 EA.

CHEF BOYARDEE PASTA
SELECTED VARIETIES
418/425 G
2031250002_EA
2031250005_EA

Chef BOYARDEE
Beef Ravioli
Ravioli au bœuf
Beefaroni

899

BACHAN'S JAPANESE BBQ SAUCE 355 ML OR **CHOSEN FOODS SALAD DRESSING** 237 ML
SELECTED VARIETIES
21727116_EA/21536915_EA

BACHAN'S
JAPANESE BARBECUE SAUCE
The Original

Chosen
STEAMHOUSE CAESAR CÉSAR DE STEAMHOUSE
AVOCADO OIL
CHOLEUR D'AVOUCAT

\$3

POST CEREAL
SELECTED VARIETIES
283-525 G
21648226_EA
21648226_EA

Post
OREO PUFFS

Post
Shreddies
Honey-Miel

2/\$8

OR \$4.99 EA.

GOGO SQUEEZ
no sugar added
apple apple

GOGO SQUEEZ
Homestyle
apple cinnamon

300 G
4 pouches x 90 G
Fruit Sauce

\$13

P.F. CHANG'S MEALS
SELECTED VARIETIES
FROZEN
624 G
21627413_EA
21671345_EA

P.F. CHANG'S
MONGOLIAN STYLE BEEF
BŒUF DE STYLE MONGOL

P.F. CHANG'S
BROCCOLI & BEEF
BŒUF ET BROCOLI

\$9

GET 2,000 **\$2** back in points

PC® BLACK LABEL PIZZA
SELECTED VARIETIES
FROZEN
370-440 G
21531415_EA
21615467_EA

PC
MARGHERITA
PEPPERONI

\$5

CHEF BOMBAY ENTREES AND SNACKS 240-354 G OR **PC® ASIAN ENTREES**
OR **SOUPS** 300 G
SELECTED VARIETIES
FROZEN
20973182_EA
21565996_EA

CHEF BOMBAY
WONTON
POULET

\$5

HERDEZ SALSA GUACAMOLE 440 G OR **CHOLULA SALSA** 325 ML
SELECTED VARIETIES
21582584_EA
21590977_EA

HERDEZ
100% TODA CONFIDANZA
Guacamole Salsa

CHOLULA
SALSA
ORIGINAL-ORIGINALE

\$10

NO NAME® ICE CREAM SANDWICHES OR BARS
CLUB SIZE, SELECTED VARIETIES, FROZEN
24-30'S
2034740002_EA
21013432_EA

Simple
Mudger bars

Simple
vanilla ice cream sandwiches

350

KELLOGG'S EGGO WAFFLES 6-8'S OR **PILLSBURY TOASTER STRUDEL** 326 G OR **SCRAMBLES** 204 G
SELECTED VARIETIES, FROZEN
20172664001_EA/20302779_EA

Kellogg's
EGGO
Original

Pillsbury
Toaster Strudel

SAVE 158
WHEN YOU BUY 2

2/\$8

OR \$4.79 EA.

MIO, KOOL-AID, TANG, COUNTRY TIME OR CRYSTAL LIGHT LIQUID WATER ENHANCERS OR DRINK MIXES
SELECTED VARIETIES
22-45 G/48 ML
20662690_EA
20663423_EA

mio
HYDRATE + HYDRATATION
BERRY BURST HYPER BAIAS

mio
LEMONADE
LIMONADE

449

MOTT'S CLAMATO
SELECTED VARIETIES
1.89 L
20318955002_EA
20318955003_EA

MOTT'S
CLAMATO
The Original L'original
Extra spicy Extra épice

\$5

NUTELLA HAZELNUT SPREAD 375 G OR **B-READY SNACK BARS** 132 G
SELECTED VARIETIES
20425588_EA
21457401_EA

nutella
B-ready

\$15

12 = 48 MEGA

COTTONELLE FRESH CARE FLUSHABLE WET WIPES 168'S OR **ULTRA CLEAN OR ULTRA COMFORT TOILET PAPER** 12'S
SELECTED VARIETIES
21477027_EA
21665993_EA

Cottonelle
ULTRA COMFORT

Cottonelle
FRESH CARE
FLUSHABLE WIPES

\$21

CASHMERE BATHROOM TISSUE
SELECTED VARIETIES
24'S
21189455_EA
21443648_EA

Cashmere
Ultra

PREPARED IN CANADA

2/\$3

OR \$1.99 EA.

KINDER SURPRISE EGGS 20 G OR **BUENO CANDY BARS** 39/43 G
SELECTED VARIETIES
20038058_EA
20122562_EA

Kinder
SURPRISE

bueno



for all your
**household
paper
essentials**



**APP
EXCLUSIVE
OFFER**

*Open your PC Optimum™ app or visit pcoptimum.ca to get the offer

5,000 pts

**\$5
back in
points**

for every \$20* spent on any
of the following PC® paper products

PC® FACIAL TISSUE
6'S
20181283_EA



**PC® MAX™
PAPER TOWEL**
3=6 ROLLS
21540603_EA



PC® PAPER TOWEL
8=24 ROLLS
21542607_EA



**PC® BATHROOM
TISSUE**
12=24 ROLLS
21450718_EA



**PC® MAX™
BATHROOM TISSUE**
12=24 ROLLS
21300716_EA



**PC® BATHROOM
TISSUE**
30=100 ROLLS
21450846_EA



MKT FLAP PAPER

live well, spend less

SAVE UP TO 25%

NATIVE BODY WASH 532/650 ML, **DEODORANT** 75 G OR **BODY SPRAY** 99 G
SELECTED VARIETIES
11.99-14.99
21585515_EA/21640026_EA

CHERRY & VANILLA MACARON
FRAISISE ET MACARON À LA VANILLE
SANS PARABÈNE • PARABÈNE FREE
SANS SULFATE • SANS PARABÈNE
SANS COLORANT • SANS PHALATE

NATIVE

BODY WASH
NETTOYANT POUR LE CORPS

THOUGHTFULLY MADE WITH CLEAN INGREDIENTS
PAROÛTÉRÉ PENSÉ AVEC DES INGRÉDIENTS SAINS

532 mL (18 FL OZ)

DEODORANT
DÉODORANT

NET WT/POIDS NET 75 g (2.65 OZ)

PINE & MOUNTAIN AIR
PIN ET AIR DES MONTAGNES
ALUMINIUM FREE • SANS ALUMINIUM
PARABÈNE FREE • SANS PARABÈNE

4⁵⁰ **LIMIT 6**
AFTER LIMIT 5.99 EA.

NIVEA BODY WASH 500 ML OR **DEODORANT** 50 ML OR 51/52 G
SELECTED VARIETIES
20321421004_EA
211699999_EA

Indulging Body Wash
Soin hydratant onctueux

Rose & Almond Oil™

with VITAMINS & OILS™
avec VITAMINES & HUILES™

BLACK & WHITE
INVISIBLE
WHITE LOTION

48H PROTECTION

51/52 G

SAVE UP TO 25%

DOVE BAR SOAP 12X106 G OR **BODY WASH** 905/950 ML
SELECTED VARIETIES
11.99-15.99
21220391_EA
21221337_EA

original

MOISTURIZING CREAM
BEAUTÉ 24H sans parfum
LA CRÈME HYDRATANTE
PAIN DE BEAUTÉ à l'hydratation profonde

EXTRA FRESH
3-IN-1
WASH & MOISTURIZE
FACE • BODY • HAIR

MOISTURIZING CREAM • CRÈME HYDRATANTE

RAFAÏCHISSANT
sans parfum • sans parabène
COMPLÈTEMENT SANS PARABÈNE

DO NOT USE ON CHILDREN UNDER 12
NE PAS UTILISER SUR DES ENFANTS DE MOINS DE 12 ANS

7⁵⁰ **LIMIT 6**
AFTER LIMIT 8.49 EA.

CREST PRO HEALTH GUM DETOXIFY TOOTH PASTE 110 ML, **ORAL-B FLOSS TWIN PACK**, **CREST SCOPE OUTLAST AND PROHEALTH ADVANCED RINSE** 1 L OR **ORAL-B BATTERY TOOTHBRUSH** EA.
SELECTED VARIETIES AND SIZES
20598749_EA
21354062_EA

Oral-B complete SATIN LOGS

CREST PRO HEALTH GUM DETOXIFY

FLUORIDE TOOTH PASTE FOR ANTICAVITY AND ANTIGINGIVITIS

GUM DETOXIFY

Helps neutralize plaque bacteria around the gumline and fight plaque bacteria for 24 hours

DEEP CLEAN

110 mL

ORAL-B BATTERY TOOTHBRUSH

VALUE SIZE!

FLUORIDE TOOTH PASTE

3 MONTHS OF PROTECTION

ORAL-B COMPLETE SATIN LOGS

3 MONTHS OF PROTECTION

6⁵⁰ **LIMIT 6**
AFTER LIMIT 7.49 EA.

SENSODYNE OR PRONAMEL TOOTH PASTE
SELECTED VARIETIES
110/135 ML
2024931002_EA
20432268002_EA

SENSODYNE PRONAMEL

Advanced Enamel Protection
Renforce l'émail, restaure, renforce

EXTRA FRESH

110 mL

SENSODYNE

Recommended by Dentists

Fresh Mint

TOOTH PASTE

135 mL

5⁵⁰ **LIMIT 6**
AFTER LIMIT 5.99 EA.

COLGATE TOTAL OR SENSITIVE PRO-RELIEF TOOTH PASTE, **COLGATE 360 OR PERIOGARD MANUAL TOOTHBRUSHES** EA, OR **COLGATE KIDS MOUTHWASH** 500 ML
SELECTED VARIETIES AND SIZES
20280090_EA/21166129_EA

SOFTFOURBLE

Colgate

Extra Clean

Colgate

Revitalizing White

with activated charcoal

\$7 **LIMIT 6**
AFTER LIMIT 8.49 EA.

BIC DISPOSABLE RAZORS
SELECTED VARIETIES
2-8'S
20037524_EA
20312082001_EA

BIC Flex4 SENSITIVE | SENSIBLE

3 RAZORS

4 RAZORS

Soleil3 Scented • Parfumé

4 RAZORS

3 Blades

4 LAMES

Helps Protect from Irritation!
Aide à protéger contre l'irritation!

3 RAZORS

3⁵⁰ **LIMIT 6**
AFTER LIMIT 4.29 EA.

SPEED STICK PREMIUM DEODORANT 45/85 G OR **SOFTSOAP LIQUID HAND SOAP** 332 ML
SELECTED VARIETIES
20847071_EA/21351640_EA

Softsoap

warm vanilla & coconut milk
vanille chaleureuse et de lait de coco

332 ML

SPEED STICK

OCEAN SURF

DEODORANT | DÉODORANT

85 g

ALUMINIUM FREE
SANS ALUMINIUM

24HR PROTECTION

\$5 **LIMIT 6**
AFTER LIMIT 5.99 EA.

AXE BODY SPRAY 113 G, **DEODORANT** 76/85 G, **BODY WASH** 473 ML
SELECTED VARIETIES
21042562_EA/21436066_EA

AXE

PHOENIX

AXE

48H HIGH DEFINITION SCENT

PROGRAMME HAUTE DÉFINITION

DANGER

473 mL

\$8 **LIMIT 4**
AFTER LIMIT 9.99 EA.

HERBAL ESSENCES PURE PLANTS SHAMPOO, CONDITIONER 400 ML OR **STYLING PRODUCTS**
SELECTED VARIETIES AND SIZES
21571326_EA/21642282_EA

HERBAL ESSENCES

ARGAN OIL
HUILE D'ARGAN

repair
réparer

96% Natural Origin
96% Origine Naturelle

SHAMPOO
SHAMPOING

400 mL (13.5 FL OZ)

HERBAL ESSENCES

LIGHT WEIGHT HAIR OIL

huile légère pour cheveux

95 mL (3.2 FL OZ)

HAIR
CAPILLAIRE LIGHT

\$8 **LIMIT 4**
AFTER LIMIT 8.99 EA.

TRESEMMÉ HAIR CARE OR STYLING PRODUCTS
SELECTED VARIETIES AND SIZES
21501914_EA
21502136_EA

GET 1,000⁰⁰ back in points

TRESEMMÉ

KERATIN SMOOTH BLOWOUT
SÉCHAGE
DOUCEUR KÉRATINE

SHAMPOO
SHAMPOING

828 mL

FREEZE CONTROL
+ DÉMÊLAGE
CONTRÔLE DES FROISSIS
+ DÉMÊLAGE

236 mL

\$9 **LIMIT 4**
AFTER LIMIT 11.49 EA.

OGX, MAUI OR AVEENO HAIR CARE
SELECTED VARIETIES AND SIZES
20312551004_EA
21165324_EA

OGX

MAUI

AVEENO

Aveeno Soothing Haircare

SCAUP SOOTHING HAIRCARE
SOINS CAPILLAIRES APAISANTS

Fresh Greens Blend
Éclair de verdure

PARABÈNE & THÉOBRÔME
SHAMPOO | SHAMPOING

For Thin Fine Hair
Pour cheveux fins

Contains aloe vera, jojoba, and vitamin E to help soothe and hydrate the scalp and hair.

354 mL (12 US FL OZ)

nourishing coconut milk

NOURISSANT LAIT DE COCON
SHAMPOO/SHAMPOING

Hydrate your scalp with this exclusive blend of organic coconut milk to nourish your hair, while ultra whipped egg white proteins add strength and elasticity, along with lightweight coconut oils to add hydration and balance.

384 mL (13 FL OZ)

GET 6,000⁰⁰ when you spend *15* on

\$6 back in points

NICE'N EASY, NATURAL INSTINCTS OR COLOR STRONG HAIR COLOUR
SELECTED VARIETIES
21082577_EA
21165379_EA

CLAIROL

nice'n easy

3 TONES + HIGHLIGHTS

100% grey coverage
Couvre la gris à 100%

natural instincts

WITH COCONUT OIL + ALOE

ZERO AMMONIA

PROTECTS HAIR FROM BRASSING
PROTÈGE LES CHEVEUX CONTRE LE BRASSING

VEGAN COLOR™ | COLORATION VÉGÉTALE™ | APPLICATION

SAVE UP TO 20%

NEUTROGENA SKIN OR SUN CARE PRODUCTS
SELECTED VARIETIES AND SIZES
3.99-43.19
20853160002_EA
21352122_EA

Neutrogena

Ultra Sheer[®] face sunscreen
écran solaire visage SPF + PROTÉ 60

88 mL Lotion

Hydro Boost

HYALURONIC ACID / ACIDE HYALURONIQUE
GEL CREAM
GEL-CRÈME

47 mL

SAVE UP TO 20%

NIVEA BODY LOTIONS OR CREAMS
SELECTED VARIETIES AND SIZES
9.19-17.99
20700027_EA

NIVEA

soft

48h Hydration & Quick Absorption
Hydratation 48h et l'absorption rapide

Vitamin E & Natural Jojoba Oil for soothing relief
Vitamine E et Huile de Jojoba naturelle pour un soulagement

live well, spend less

SAVE UP TO 15%

CENTRUM MULTI-VITAMINS, CALTRATE BONE HEALTH SUPPLEMENTS OR EMERGEN-C VITAMINS
SELECTED VARIETIES AND SIZES
20997357_EA/21283427_EA

SAVE UP TO 15%

YOU THEORY HEALTH 45-180'S OR OLLY 25-90'S VITAMINS OR SUPPLEMENTS
SELECTED VARIETIES AND SIZES
21546942_EA/21595380_EA

SAVE UP TO 20%

BOOST READY TO DRINK SHAKES
SELECTED VARIETIES AND SIZES
20986361_C06
20990880_C06

\$23 **LIMIT 4 AFTER LIMIT 25.99 EA.**

REACTINE 24-36'S, CLARITIN 15-30'S, ALLEGRA 30'S OR BENADRYL 25MG 100'S CAPLETS, TABLETS OR GELS
SELECTED VARIETIES AND SIZES
21367017_EA/20308018001_EA

\$15 **LIMIT 4 AFTER LIMIT 15.99 EA.**

TYLENOL TABLETS, CAPLETS OR GELCAPS
SELECTED VARIETIES
60-150'S
20040611_EA
21033531_EA

SAVE UP TO 15%

BAND-AID BANDAGES OR POLYSPORIN OINTMENT
SELECTED VARIETIES AND SIZES
20380516001_EA
21335482_EA

\$12

ALWAYS LINERS 92-96'S, PADS 7-92'S OR TAMPAX TAMPONS 22-36'S
SELECTED VARIETIES
21025063_EA/21374659_EA

GET 4,000⁺ when you buy 2 **\$4** back in points

U BY KOTEX LINERS 54-120'S, PADS 20-44'S OR TAMPONS 30/32'S
SELECTED VARIETIES
21724866_EA/21724867_EA

\$18

TENA PADS, UNDERWEAR OR BRIEF
SELECTED VARIETIES AND SIZES
20957897_EA
21099265_EA

for your baby

5/\$10 **6+ MONTHS**

OR \$2.49 EA.

GERBER BABY GOURMET ORGANIC OR SIMPLY GOURMET SMOOTHIE POUCHES
92-128 ML OR JARS 113 ML
SELECTED VARIETIES
21123983_EA/21291241_EA

2/\$11 **6+ MONTHS**

OR \$5.99 EA.

GERBER INFANT CEREAL
SELECTED VARIETIES
227 G
20358339002_EA
20358339007_EA

\$38 **LIMIT 4 AFTER LIMIT 42.99 EA.**

ENFAGROW NUTRITIONAL SUPPLEMENT MILK-BASED POWDER
1-5 YEARS, 907 G
SELECTED VARIETIES
21694898_EA/21694972_EA

\$37 **LIMIT 4 AFTER LIMIT 43.99 EA.**

HUGGIES PULL-UPS OR PAMPERS EASY UPS TRAINING PANTS
SELECTED VARIETIES
SIZE 4-6, 82-100'S
21021427_EA/21089194_EA

\$49 **LIMIT 4 AFTER LIMIT 58.99 EA.**

PAMPERS SWADDLERS ULTRA VALUE PACK DIAPERS
SELECTED VARIETIES
SIZE 2-8, 120-192'S
21719338_EA

45% MORE DIAPERS* PLUS DE COUCHES*

Pampers swaddlers
our best dryness & comfort ever

plus sèches et confortables que jamais

1485 DIAPERS COUCHES SIZE TABLE

\$70 **LIMIT 4 AFTER LIMIT 89.99 EA.**

SIMILAC 360 TOTAL CARE MILK-BASED IRON-FORTIFIED INFANT FORMULA STEP 1 & 2
SELECTED VARIETIES
16X235 ML
21702863_C16
21702882_C16

PASTA FOR EVERY OCCASION



Barilla
Jumbo Shells
Copples Shells
255 - 410 g
21661875_EA
21703758_EA

Barilla
Oven Ready
Lasagne or
Jumbo Shells
255 - 410 g
21661875_EA
21703758_EA

Barilla
Premium Pasta
selected varieties
340 - 410 g
21593622_EA
21404912_EA

2/\$5
OR
\$2.99 EA.

No Yolks
Noodles
selected varieties
340 g
21439301_EA

2/\$6
OR
\$3.50 EA.

Catelli
Gluten Free
selected varieties
340 g
20704235_EA/20897811_EA

Catelli
Protein+
selected varieties
340 g
21661872_EA/21661874_EA

2/\$6
OR
\$3.50 EA.

2/\$6
OR
\$3.50 EA.

Catelli
LONGHORN

Catelli
PROTEIN+

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CRACKER BARREL Signature

CRAFTED WITH PREMIUM INGREDIENTS



\$6.49

Cracker Barrel
Signature
Shredded Cheese
selected varieties
250 - 320 g
21290504_EA
Cheese slices
selected varieties
200 - 220 g
21538888_EA
21290680_EA

2/\$10
OR
\$5.99 EA.

Black Diamond
Natural Cheese Slices
selected varieties
220 - 240 g
21388874_EA

COMBO
Combo
selected varieties
129 g
21208897_EA

\$11

Black Diamond
Cheestrings
selected varieties
28 pk, 588 g
20765883_EA

Cheese Sticks
selected varieties
24 pk, 504 g
21674851_EA

\$7

Lactantia
Butter Sticks
selected varieties
454 g
21601869_EA/21601712_EA

Kraft
Parmesan Shredded Cheese
selected varieties
200 g
21529152_EA

\$6

Président
Butter
selected varieties
250 g
21209150_EA

Lactantia
Margarine
selected varieties
850 g
2024947001_EA

MADE BETTER to TASTE BETTER



Tre Stelle
Original
21316018_EA

Tre Stelle
Lactose-Free
21002993_EA

Tre Stelle
Herbs & Spices
21177728_EA

Tre Stelle
Light
21316006_EA

NEW

Tre Stelle
NATURAL CREAM CHEESE PRODUCT
PRODUIT DE FROMAGE À LA CRÈME NATUREL
LACTOSE-FREE GARLIC & CHIVES
200 g

2/\$8
OR
\$4.99 EA.

**Lactose-Free
Garlic & Chives**
21731137_EA

Tre Stelle Cream Cheese

BURNBRAE FARMS • FERMES



Official Egg Partner of Canada Soccer

\$7

**Naturegg Solar Free Range or
Omega Plus Solar Free Range**
12 Large Brown Eggs
21565655001_EA

5.50

**Naturegg Nature's Best
or Nestlaid**
12 Large White Eggs
20816075001_EA

6.50

Naturegg Omega Plus
12 Large White Eggs
20815787001_EA

5.50

**Naturegg Simply
Egg Whites or
Free Run Simply
Egg Whites**
500 g
20820355001_EA

\$6

**Naturegg
Omega 3 Nestlaid**
12 Large White Eggs
210693984001_EA

EGGS GET GOALS™

KREMA

The rich and creamy yogurt you deserve



DAIRY FARMERS BY SANPELLEGRINO
Prepared in Canada

\$6.50

**OLYMPIC
KREMA YOGURT, 650 G
SELECTED VARIETIES**
2098372001_EA/21587006_EA

NEW

iögo nano
CREAMY YOGURT
POUCH, 4 X 90 G
SELECTED VARIETIES
2179786_EA/2179914_EA

\$4.50

iögo
CREAMY, 0% OR
LACTOSE-FREE YOGURT
16 X 100 G
SELECTED VARIETIES
2066958001_EA/21622847_EA

\$8.50

NEW

iögo nano
YOGURT WITH
FLAVOURED PEARLS
4 X 100 G
SELECTED VARIETIES
2179739_EA/2179941_EA

\$4.50

iögo
Creamy
Crèmeux
2kg

\$12

SOURCE OF VITAMIN A & D
iögo nano
DRINKABLE YOGURT
6 X 93 ML
SELECTED VARIETIES
21690943_EA/20699687001_EA

2/\$9
OR
\$4.99 EA.

siggis
SKYR YOGURT
4 X 100 G
SELECTED VARIETIES
21659374_EA/21589925_EA

\$4.50

Astro
ORIGINAL
2% PLAIN
750 G

\$4.50

**ASTRO
BALKAN YOGURT
750 G
SELECTED VARIETIES**
201652600100_EA/2010553001_EA

SANPELLEGRINO

FLAVOURED SPARKLING WATER

SAY CIAO! TO A NEW KIND OF FLAVOURED SPARKLING WATER



\$6.49

SanPellegrino CIAO!
selected varieties
6 x 330 mL
21719274_C06/21719263_C06
21719294_C06/21723264_C06

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Nestlé
Good Food. Good Life.



OFFICIAL SPONSORS OF THE NHL



2/\$17 PepsiCo Beverages
OR \$8.99 EA.
selected varieties
12x355 mL
21731624_C12/20322361001_C12



2/\$10 PepsiCo Beverages
OR \$5.49 EA.
selected varieties
6x222 mL
21729888_C06/20857560004_C06



2/\$15 bubly™ sparkling water beverage
OR \$8.29 EA.
selected varieties
12x355 mL
21097177_C12/21651534_C12



2/\$14 MONTELLIER® Carbonated Natural Spring Water
OR \$8.29 EA.
selected varieties
10x355 mL
21096709_C10/21096722_C10



NEW
2/\$4
OR \$2.49 EA.
Brisk® Iced Tea
selected varieties
710 mL
21093505_EA

7.99
Gatorade powder sticks
selected varieties
10's
21603385_EA



YOU COULD **WIN** 1 OF 3 \$10,000 VIP TRIPS TO THE STANLEY CUP FINAL 2026 PLUS DAILY PRIZES OF GIFT CARDS & MORE!

FindAndWin.ca

\$23 SpongeTowels® Ultra 8=16 Rolls
21676150_EA
21677816_EA

\$21 Cashmere® 24=72 Rolls
21189845_EA
21443648_EA

\$14 Scotties® Ultra Soft or Ultra Soft with lotion Multipack of 4
21607310_EA
21607215_EA

FIND THE CUP & CLEAN UP

*NO PURCHASE NECESSARY. Open to legal age of majority residents of Canada. Contest starts March 1/26, ends May 15/26 (Purchase Period ends May 8/26). 79 prizes available: (i) 3 grand prizes of a 2026 Stanley Cup™ Final VIP Experience (ARV \$10,000 CAD each); & (ii) 76 secondary prizes (number decreases as they are claimed), each consisting of SpongeTowels for a year (ARV \$600 CAD), Kruger Products value coupons, NHLShop.ca gift cards or retailer grocery gift cards (ARV: \$20 CAD to \$200 CAD). Odds of winning depend on number, timing & accuracy of entries. Skill-testing question required. Full Rules at findandwin.ca. © Kruger Products Inc. ™ SCOTTIES is a registered trademark of Kimberly-Clark Worldwide, Inc., used under licence. NHL, the NHL Shield, and the word mark and image of the Stanley Cup are registered trademarks and the 2026 Stanley Cup Final logo is a trademark of the National Hockey League. ©NHL 2026. All Rights Reserved.

Your Household Cleaning Essentials



12⁹⁹ **BUY ONE GET ONE FREE**
Dawn XL Refill 1.52/1.98 L selected varieties 21737062_EA/21430559_EA
EZ Squeeze 366/443mL (value of \$4.49)

\$8 Swiffer Duster SK, Duster Refills 3's, Sweeper Wet Refills 10/12's, Sweeper Dry Refills 10/16's, WetJet Liquid 1.25 L, Wetmop Liquid 75 mL, Febreze Air Effects 460 g, Car 4 mL, Bathroom 15 mL, Fabric Refresher 500/700 mL, Plug 26 mL, Selected Varieties 21735827_EA/21359492_EA



\$22 Cascade Tub 51/67/80's, Selected Varieties 21518479_EA/21516545_EA

\$10 Cascade Bags 21/26/30's Complete Gel 2.1/3.4 KG, Mr. Clean Liquids 2.93 L, Magic Erasers 5/6/7's, Selected Varieties 21516288_EA/21694540_EA



DON'T JUST CLEAN, DISINFECT

2/\$12
OR \$6.99 EA.



LYSOL DISINFECTANT SPRAY 350 G, DISINFECTING WIPES 75-84'S OR ALL PURPOSE CLEANER 950 ML
SELECTED VARIETIES
21667466_EA
21449819_EA

CLOROX SCENTIVA
Cleans like Clorox. Smells Extraordinary.

\$11 Glad® Black Regular 40 bags 21165477_EA

\$5 Clorox® Scentiva™ Bleach 2.4 L 21725566_EA

2/\$10 OR \$5.99 EA. Clorox® Scentiva™ Disinfecting Cleaner 709 mL 21734708_EA

\$6 Clorox® Scentiva™ Disinfecting Wipes 75's 21734738_EA



Connect all you want. Earn points for all you need.

Earn 20,000 pts after 2 months of service



Introducing
Bread PROtein

by 

GET 1,000  \$1 back in points



\$4
DEMPSTERS PROTEIN EVERYTHING BAGEL
5'S
21716100_EA

\$4
DEMPSTERS PROTEIN WHITE LOAF & DEMPSTERS PROTEIN GRAIN LOAF
600 G
21716170_EA/21691867_EA

\$4
DEMPSTERS PROTEIN TORTILLA
330 G
21716247_EA

Bring Home the Ballpark!

OFFICIAL BUN OF THE TORONTO BLUE JAYS™



\$3 WONDER BALLPARK HOTDOG OR HAMBURGER BUNS
SELECTED VARIETIES AND SIZES
21022027_EA/21022316_EA



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Enjoy ready-to-eat goodness!



Made in Canada

2.25

DEL MONTE Corn Medleys or Diced Beets selected varieties
398 mL
21238910_EA

\$3

DEL MONTE Canned Fruit selected varieties
398 mL
21857529_EA

\$9

DEL MONTE Refrigerated Grapefruit or Peach cups
4 x 190 mL
21864309_EA

FOR BUDGET FRIENDLY MEALS
COOK WITH Prego



SCAN HERE FOR PREGO® TEXAS TOAST PIZZAS



KID FRIENDLY



\$5

PACE® CHUNKY SALSA SELECTED VARIETIES
642 ML
20307531002_EA
20307531001_EA



3.50

PREGO® PASTA SAUCE SELECTED VARIETIES
642 ML
20316080001_EA
21340617_EA



© 2025 Campbell Company of Canada

Our butchers cut quality meat in your store every day!



gourmet beef burgers
20775785_KG
21550474_KG

marinated beef flank steak
20648756_KG

marinated beef short ribs
20797535_KG

marinated top sirloin beef, chicken or pork kebabs
20636713_KG
20636715_KG



YOU COULD WIN A TRIP FOR 2 TO THE STANLEY CUP FINAL

\$25,000 IN TOTAL PRIZES





THE OFFICIAL HIGH PROTEIN YOGURT OF THE NHL





2/\$6
OR \$3.75 EA.

Oikos® Pro™ selected varieties 300 mL 21651846_EA

\$8.79

Oikos® Pro™ selected varieties 650 - 750 g 21305945_EA

3/\$12
OR \$4.99 EA.

Oikos® selected varieties 4 x 100 g 20419715004_EA

* No purchase necessary. Begins 03/23/26 at 12:00:01 AM ET & Ends 05/24/26 at 11:59:59 PM ET. Draw 05/25/26 at 2PM ET. One (1) Grand Prize: Trip for 2 to a 2026 Stanley Cup® Final game (ARV \$9,000 CAD) and 920 Instant Win Prizes: a \$100 CAD Digital Prepaid Card (20 total), or a \$5 CAD Physical Danone Oikos® Coupon (800 total). Mathematical skill-testing question required. Full contest rules: www.snacktowin.ca. Oikos® used under lic., © 2026, Danone US, LLC. All rights reserved. Oikos® Pro™ used under lic., © 2026, Danone US, LLC. All rights reserved. NHL, the NHL Shield, the word mark and image of the Stanley Cup and the Stanley Cup Final logo are registered trademarks of the National Hockey League. NHL and NHL team marks are the property of the NHL and its teams. © 2026 NHL. All Rights Reserved.

BACKED BY OVER 35 YEARS OF ACTIVIA'S EXPERTISE IN GUT HEALTH

ALL 8 PACKS NOW AVAILABLE IN SINGLE FLAVOURS!

2/\$10
OR \$6.29 EA.

Activia® selected varieties 8 x 100 g 21725748_EA



\$4

Activia® Expert selected varieties 4 x 100 g 21688261_EA

\$6.50

Activia® Expert selected varieties 750 g 21688207_EA

\$4.50

Activia® selected varieties 650 g 20325132003_EA

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10-HOUR BREW FOR A BOLD AND SMOOTH TASTE



8.50

Stok® selected varieties 1.42 L 21203737_EA/21203739_EA

NEW LIMITED EDITION

LIBERTÉ PROTEIN & TASTE



4.50

Liberté Méditerranée® or Liberté Greek® selected varieties 4 x 100 g 20801752003_EA 21685700_EA



4.50

Liberté Méditerranée® selected varieties 500 g 21473714_EA 21719797_EA





\$7

Yoplait® YOP® Less Sugar selected varieties 6 x 200 mL 21719749_EA 21721005_EA



4.50

Yoplait® Source® tubs selected varieties 630 g 21391318001_EA





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