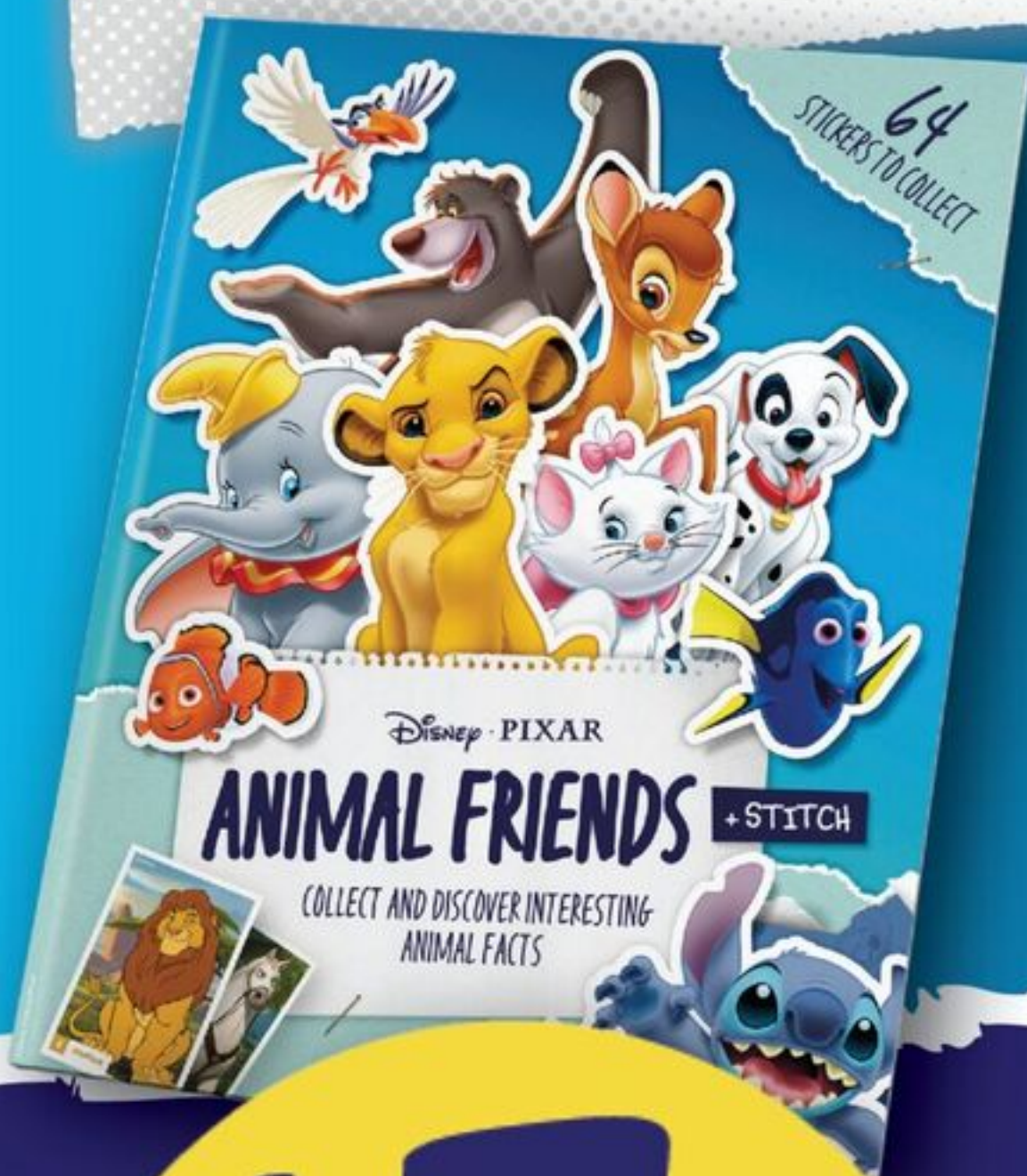




Disney · PIXAR

# FREE STICKER PACK

FOR EVERY \$25 SPENT\*



**\$5**  
UNIQUE  
ALBUM

64 STICKERS TO COLLECT  
DISCOVER INTERESTING  
ANIMAL FACTS

WHILE SUPPLIES LAST

©Disney ©Disney/Pixar

\*WHILE SUPPLIES LAST FROM APRIL 9TH UNTIL MAY 6TH, 2026.  
EXCLUSIONS APPLY. VISIT [WWW.LOBLAWUNIVERSE.CA](http://WWW.LOBLAWUNIVERSE.CA) OR IN-STORE  
FOR EXCLUSIONS AND COMPLETE OFFER DETAILS.

ONL NFW FLAP DISNEY

\$1



**NONGSHIM NOODLES**  
selected varieties  
120 g  
21504277\_EA

\$1



**TINA'S BURRITO**  
selected varieties, frozen  
113 g  
21639787\_EA

\$1



**NESTLÉ or MARS CHOCOLATE SINGLES** 41-60 g  
or **PC® BLUE MENU® SPARKLING WATER** 1 L or  
**PEACE TEA ICED TEA** 695 mL  
selected varieties  
20066954\_EA/20695204\_EA/20320832004\_EA/21080320\_EA

\$1



**PC® ORGANICS BABY FOOD POUCH** 128 mL  
OR **LITTLE BELLIES BABY SNACKS** 8/12 g  
selected varieties  
20651248002\_EA/20666167008\_EA/21539324\_EA/21539350\_EA

\$1



**COLGATE or CREST TOOTHPASTE** 50-100 mL  
or **MANUAL TOOTHBRUSH** 1's  
selected varieties  
20338731001\_EA/20975582\_EA

# NOFRILLS®

## DEALS FOR DAYS EVENT

FLYER PRICES EFFECTIVE THURSDAY, APRIL 23 TO WEDNESDAY, APRIL 29, 2026.



**ONLY**  
**10<sup>88</sup>**  
LB

**T-BONE STEAK**  
cut from ungraded beef  
23.99/kg  
21657869\_KG  
**WHILE QUANTITIES LAST**

**SAVE 31%**

**12<sup>98</sup>**



**PC® OLD FASHIONED BACON**  
1 kg  
20115704\_EA



**CLUB SIZE**

**SAVE 44%**

**2<sup>49</sup>**  
LB

**CHICKEN DRUMSTICKS**  
fresh  
5.49/kg  
20004494\_KG

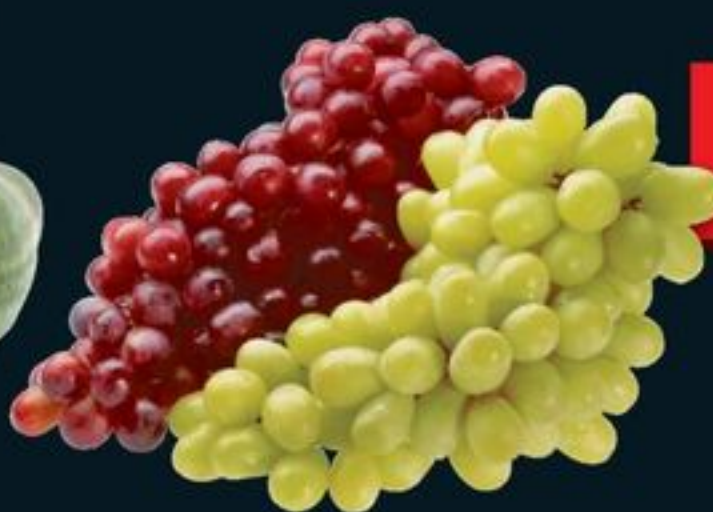
**SAVE 43%**

**2<sup>82</sup>**



**PKG OF 3**

**FARMER'S MARKET™ ENGLISH CUCUMBERS**  
product of Western Provinces, Canada no. 1 grade  
20828461001\_EA



**GREEN SEEDLESS GRAPES** product of India or Chile, no. 1 grade or **RED SEEDLESS GRAPES** product of Chile, no. 1 grade  
5.49/kg  
20425775001\_KG/20159199001\_KG

**ONLY**

**2<sup>49</sup>**  
LB

**SAVE UP TO 43%**

**8<sup>99</sup>**



**SWISS CHALET or MONTANA'S RIBS**  
selected varieties, 600/650 g  
21022221\_EA/21203458\_EA

**ONLY**

**8<sup>50</sup>**



**HIGH LINER PAN-SEAR or BATTERED FISH FILLETS**  
selected varieties, frozen, 425-600 g  
20845016\_EA

**ONLY**

**1<sup>50</sup>**



**NO NAME® EVAPORATED MILK**  
selected varieties, 354 mL  
21040510\_EA/21040543\_EA

**SAVE 39%**

**1<sup>39</sup>**



**UNICO SOLID LIGHT TUNA**  
198 g  
20113745\_EA

**ONLY**

**\$3**



**ASTRO, iÖGO 650/750 g, iÖGO NANO BUBBLES or LIBERTE 4x100 g YOGURT**  
selected varieties  
20165226001\_EA/20801752003\_EA

**SAVE 26%**

**1<sup>69</sup>**



**ITALPASTA**  
selected varieties, 750 g  
20296241001\_EA/20296241003\_EA

**ONLY**

**3<sup>27</sup>**



**CLASSICO PASTA SAUCE**  
selected varieties  
410/600 mL  
20325609001\_EA/21618217\_EA

**PRICE DROP**

**.95**



**CAMPBELL'S TOMATO, CREAM OF MUSHROOM, VEGETABLE or CHICKEN NOODLE SOUP**  
284 mL  
20176214004\_EA

**your home of no name®**  
**App exclusive offer**



**\$5<sup>79</sup>**

**NO NAME® HONEY BEAR 375 g or HAZELNUT SPREAD 725 g**  
selected varieties  
20001100\_EA/20683943\_EA

Earn **2,000** pts

That's **\$2** value



**\$6**

**NO NAME® BUTTER**  
selected varieties  
454 g  
20325029\_EA

Earn **2,000** pts

That's **\$2** value



**\$2<sup>25</sup>**

**NO NAME® BAGELS**  
selected varieties  
6's  
21217967\_EA

Earn **500** pts

That's **50¢** value

FLYER PRICES EFFECTIVE AT MIKE'S - ABBOTSFORD, JUSTIN'S - BURNABY, STEVE'S - CASTLEGAR, DENNIS' - COQUITLAM, KEN'S - DAUPHIN, JAMES' - DRYDEN, CLIFTON'S - ESTEVAN, JINKY'S - GERALDTON, SIMRAN'S - GRAND FORKS, TERRY'S - HUMBOLDT, JOE'S - INVERMERE, SUKHMANN'S - KENORA, KYLE'S - KITIMAT, KEN'S - LANGLEY, MICHAEL'S - LANGLEY, SHIPLEY'S - MAPLE RIDGE, GAGAN & SATVEER'S - MEADOW LAKE, PETER'S - MERRITT, MATT'S - NIPAWIN, IVAN & KAREN'S - NORTH BATTLEFORD, KEVIN'S - OUREK, TYLER'S - PORT ALBERT, SEWAK'S - PORT COQUITLAM, TOBI'S - QUESNEL, CRAWFORD'S - REGINA, BRAD'S - SALMON ARM, AUREO'S - SASKATOON, GORD'S - SASKATOON, SHANE & TINA'S - SASKATOON, AARON'S - SEIKIRK, JERRY'S - SMITHERS, DEEPUY'S - SURREY, GLENN'S - SURREY, PRAKASH'S - SURREY, DYLAN & GALEN'S - SWAN RIVER, BRODY'S - THE PAS, DARCY'S - THUNDER BAY, SHAWN'S - THUNDER BAY, KURTIS' - TRAIL, ARKEE'S - VANCOUVER, BRANDON & JOANNY'S - VANCOUVER, DEAN'S - VANCOUVER, JOTI'S - VANCOUVER, JUSTIN'S - VANCOUVER, SIMON'S - VANCOUVER, ANDY & NICK'S - WINNIPEG, CHRIS' - WINNIPEG, HELLARD'S - WINNIPEG, JERAMIE'S - WINNIPEG, LUIS & EMMA'S - WINNIPEG, MIKE'S - WINNIPEG, TOM'S - WINNIPEG, TREVOR & HAYLEY'S - WINNIPEG

**nofrills.ca**

01 NW

# DELI AND BAKERY DEALS

**\$5**



**PC® BRIE or CAMEBERT**  
165-200 g, **GOAT LOGS**  
140 g, **CHEESE SLICES**  
140-170 g or **BLOCKS** 250 g  
selected varieties

20000584\_EA/20250947\_EA

**7.50**



**PILLER'S SLICED DELI MEAT**  
350 g, **PEPPERETTES** or  
**TURKEY BITES** 300-500 g  
selected varieties

21099386\_EA/21624509\_EA

**\$3**



**PC® DIPS** 200/227 g or  
**NAAN DIPPERS** 200 g  
selected varieties

20574522\_EA/21092033\_EA

**2.85**



**WONDER BALLPARK BUNS**  
selected varieties  
6/8's

21022027\_EA/21022316\_EA

**\$3**



**ZIGGY'S® FRESH PASTA** 350 g or  
**RESER'S SALADS**  
425-454 g  
selected varieties

21521168\_EA/20962386\_EA

# FRESH AT LOW PRICES

**3<sup>99</sup>**



**BLACKBERRIES** product of Mexico or U.S.A., or **RASPBERRIES** product of Mexico or U.S.A., no. 1 grade  
20051015001\_EA/20128938001\_EA

**1 LB CLAMSHELL**

**6 OZ CLAMSHELL**

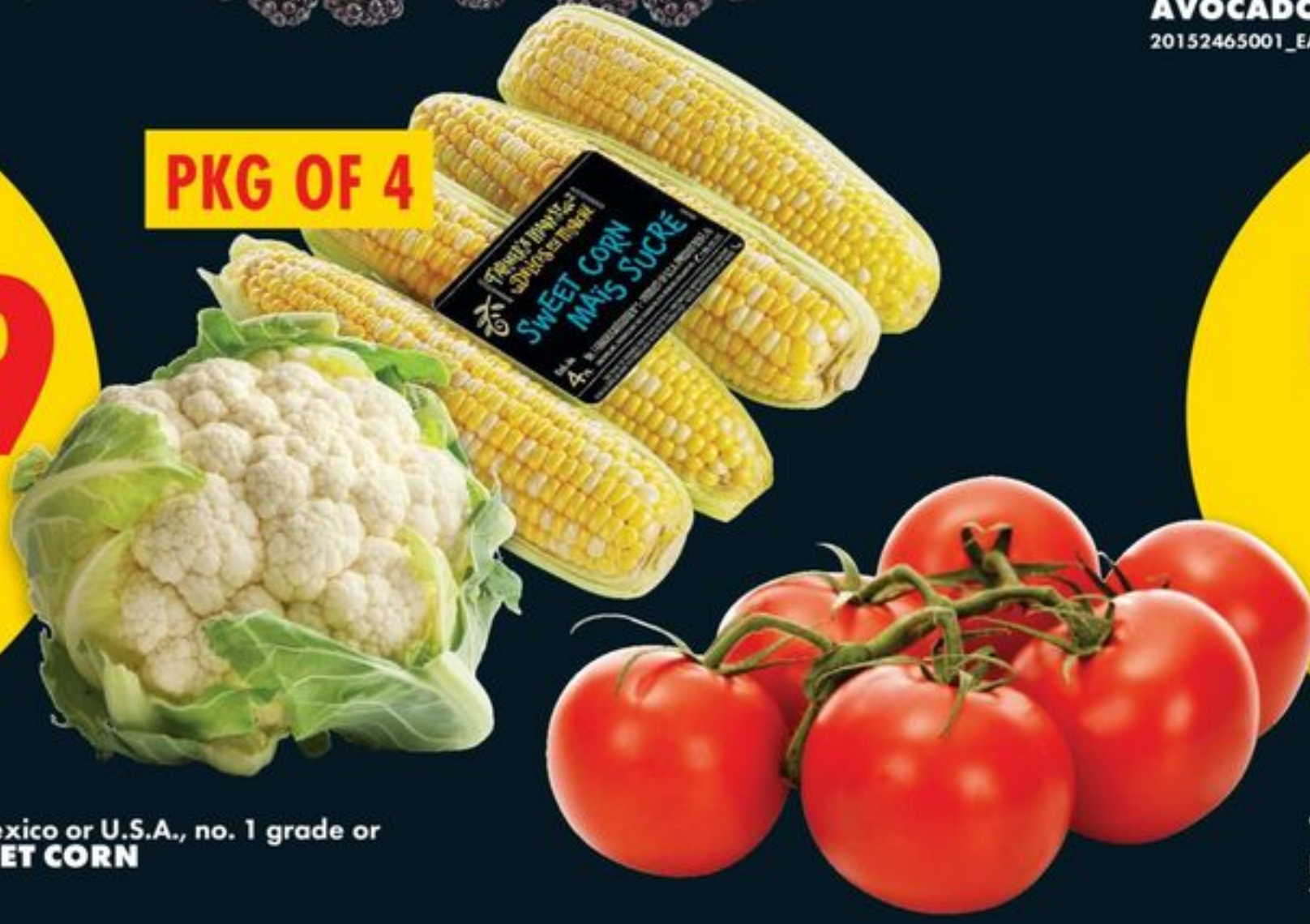
**6 OZ CLAMSHELL**

**PKG OF 5 OR 6**

**4<sup>99</sup>**

**BLUEBERRIES** product of Mexico or Morocco, no. 1 grade, **STRAWBERRIES** product of Mexico or U.S.A., no. 1 grade or **AVOCADOS** product of Mexico  
20152465001\_EA/21644936001\_EA

**4<sup>99</sup>**



**CAULIFLOWER** product of Mexico or U.S.A., no. 1 grade or **FARMER'S MARKET™ SWEET CORN** product of U.S.A., no. 1 grade  
20348977001\_EA/20135377001\_EA

**1<sup>92</sup>** LB

**TOMATOES ON THE VINE** product of Canada or Mexico  
4.23/kg  
20026703001\_KG



If your produce isn't fresh, we'll replace AND refund it.\*

**7<sup>49</sup>** **PKG OF 6**

**FARMER'S MARKET™ SWEET MIXED PEPPERS**  
product of Canada or Mexico  
2103097000\_EA

**9<sup>99</sup>** **11 LB AVERAGE**

**WHOLE SEEDLESS WATERMELON**  
product of Guatemala, Honduras, Costa Rica, Mexico, Brazil or U.S.A.  
20067326001\_EA

**5<sup>99</sup>** **3 LB BAG**

**FARMER'S MARKET™ ORANGES**  
product of U.S.A.  
20162945001\_EA

**4<sup>99</sup>**

**PINEAPPLE**  
product of Costa Rica  
each  
20160992001\_EA

**4<sup>99</sup>** **PKG OF 3**

**ROMAINE HEARTS**  
product of U.S.A.  
20067389001\_EA

**3<sup>99</sup>** **680 G**

**PC® LITTLE GEMS™ RED, YELLOW or MIXED MINI POTATOES**  
product of Canada, Canada no. 1 grade  
21247301001\_EA/21247299001\_EA

**6<sup>99</sup>** **5 LB BAG**

**FARMER'S MARKET™ AMBROSIA or PINK LADY APPLES**  
product of Western Provinces, Canada fancy grade  
20630646001\_EA/20697766001\_EA

**2<sup>99</sup>** **3 LB BAG** **2 LB BAG**

**FARMER'S MARKET™ CARROTS or YELLOW ONIONS**  
product of Canada, Canada no. 1 grade  
20626628001\_EA

**4<sup>99</sup>**

**CANTALOUPE**  
product of Guatemala, Honduras or Brazil, no. 1 grade  
each  
20167017001\_EA

**1<sup>79</sup>**

**ATAULFO or RED MANGO**  
product of Mexico  
20121509001\_EA/20059635001\_EA

**6<sup>99</sup>** **3 LB BAG**

**PC® MANDARINS**  
product of U.S.A. or Morocco  
20864961001\_EA

**5<sup>99</sup>** **907 G** **681 G** **PKG OF 11**

**PC® VARIETY TOMATOES or FARMER'S MARKET™ GRAPE TOMATOES** product of Canada or Mexico or **FARMER'S MARKET™ MINI CUCUMBERS** product of Canada, Canada no. 1 grade  
20840038001\_EA/21070679001\_EA

**3<sup>99</sup>** **454 G**

**CELERY** product of Mexico or U.S.A., no. 1 grade or **PC® WHOLE WHITE or CREMINI MUSHROOMS** product of Canada  
20761372\_EA/20738571\_EA

**NEW LOWER PRICES**

**2<sup>49</sup>**

**ICEBERG LETTUCE**  
product of U.S.A., no. 1 grade  
20135326001\_EA

**2<sup>49</sup>** LB

**GREEN ZUCCHINI**  
product of Mexico  
5.49/kg  
20426596001\_KG

**2<sup>49</sup>** LB

**EGGPLANT**  
product of Mexico  
5.49/kg  
20155709001\_KG

\*Fresh Guarantee: Applicable to eligible fresh produce items purchased at No Frills store locations or online at nofrills.ca. If you are not completely satisfied with your eligible fresh produce item, we will replace it with an identical item, or in our discretion, a comparable item and provide you with a refund of the purchase price upon presentation of the item and your original receipt within 7 days of purchase at the No Frills store where purchase originated. The guarantee does not apply to produce items with a stated "best before" date (e.g. bagged salad kit, packaged bean sprouts) and may not be combined with any other offer. We reserve the right to cancel or change the terms of this guarantee at any time without notice.

# FRESH AT LOW PRICES

**\$15**

**PC® WHOLE CHICKEN**  
Air Chilled  
up to 1.7 kg  
21666198\_EA



**15<sup>99</sup>**  
LB

**BEEF STIR FRY STRIPS**  
35.25/kg  
20127070\_KG

**4<sup>29</sup>**  
LB

**MEDIUM GROUND PORK**  
fresh  
9.46/kg  
20639981\_KG



**PC® SAUSAGES**  
selected varieties  
375/500 g  
21584342\_EA

**\$3**

**SCHNEIDERS LUNCHMATE LUNCH KITS or STACKERS**  
selected varieties  
75-120 g  
21310034\_EA



**6<sup>99</sup>**

**BEYOND MEAT BURGERS, GROUNDS, SAUSAGE, TENDERS or PLANT BASED STEAK**  
selected varieties, frozen  
226-400 g  
21220674\_EA/21590909\_EA



**4<sup>50</sup>**

**SUMMI! SPRING ROLLS or DUMPLINGS**  
selected varieties  
250-350 g  
21114397\_EA



**3<sup>50</sup>**

**GO SHRIMP RAW 51-70 per lb or COOKED, 61-90 per lb, 160 g or SMOKED STEELHEAD SALMON, pre-sliced 50 g, SEAQUEST® FLAVOURED ALASKA POLLOCK, ready to eat, 227 g, or YELLOW FIN TUNA STEAK 92 g**  
selected varieties, frozen  
20792840\_EA/21208591\_EA



**\$8**

**SEAQUEST® COLOSSAL RAW WHITE SHRIMP**  
16-20/lb, frozen  
300 g  
21043887\_EA



**\$5**

**MASTRO SALAMI 100-175 g or SAN DANIELE PROSCIUTTO 100 g**  
selected varieties  
20581660\_EA/21061099\_EA



**\$4**

**THE LAUGHING COW 120/133 g or MINI BABYBEL 102/120 g CHEESE**  
selected varieties  
20319107\_EA/20574332\_EA



**\$13**

**HYGAARD MINI SUBS**  
family pack, selected varieties  
774/834 g  
21737626\_EA



**\$3**

**COUNTRY HARVEST BREAD 600/650 g or BAGELS 6's**  
selected varieties  
21178571\_EA/21178642\_EA



**2<sup>50</sup>**

**DELI WORLD LIGHT RYE BREAD**  
500 g  
20097456\_EA



**\$6**

**CHARLOTTE'S CAKE POPPERS 280 g or 6 INCH CAKE 400-475 g**  
selected varieties  
20970813\_EA/21631786\_EA



# DEALS FOR DAYS EVENT

ONLY

6<sup>50</sup>



**ACTIVIA YOGURT**  
selected varieties  
12x100 g  
20303412001\_EA

ONLY

\$8



**STOK or STARBUCKS ICED COFFEE**  
selected varieties, refrigerated  
1.42 L  
21203739\_EA/21215530\_EA



ONLY

3<sup>50</sup>



**BLACK DIAMOND SLICES PROCESSED CHEESE PRODUCT** 410 g or **LACTANTIA CREAM CHEESE** 227 g  
selected varieties  
21252364\_EA/21673558\_EA

SAVE UP TO 33%

3<sup>99</sup>



**BECEL** 427 / 454 g or **BECEL PLANT BASED BRICKS** 454 g or **I CAN'T BELIEVE IT'S NOT BUTTER** 850 g  
selected varieties  
20322707001\_EA/21666474\_EA

6<sup>99</sup>



**STARBUCKS COFFEE ENHANCER**  
selected varieties  
828 mL  
21436915\_EA

\$4



**PC® DINNER ENTRÉES**  
selected varieties, frozen  
212-365 g  
20219758\_EA

5<sup>99</sup>



**ARMSTRONG or PC® SHREDDED CHEESE**  
250-320 g or **ARMSTRONG CHEESE** 400 g  
selected varieties  
21286240\_EA/21346749\_EA

\$6



**PC® CHOCOLATE COVERED FRUIT** 200 g or **FRUIT RIOT! SOUR FROZEN FRUIT** 170 g  
selected varieties  
21544055\_EA/21653869\_EA

2<sup>50</sup>



**GOLDFISH CRACKERS**  
selected varieties  
167-227 g  
20300320\_EA/20306994003\_EA

\$3



**LAY'S POTATO CHIPS**  
selected varieties  
177-235 g  
21241032\_EA

3<sup>25</sup>



**REAL CANADIAN NATURAL SPRING WATER**  
24x500 mL  
20154975\_C24

13<sup>99</sup>



**COCA-COLA or PEPSI SOFT DRINKS**  
selected varieties, 24x355 mL  
20306687003\_C24/20308197001\_C24

1<sup>69</sup>



**CAMPBELL'S BROTH**  
selected varieties  
250/900 mL  
20322348001\_EA/21347245\_EA

1<sup>79</sup>



**KRAFT DINNER PASTA** 200 g  
selected varieties  
21549589\_EA/21549590\_EA

\$3



**DIANA** 500 mL or **BULL'S-EYE** 425 mL  
**BBQ SAUCE**  
selected varieties  
20547834005\_EA/21184617\_EA

\$22



**PC® ROAST AND GROUND COFFEE** 800-930 g or **WHOLE BEAN** 820/907 g or **PODS** 30's  
selected varieties  
21038677\_EA/21393374\_EA

5<sup>79</sup>



**SMUCKER'S JAM, MARMALADE or JELLY**  
selected varieties  
310/500 mL  
20308043001\_EA/20308043004\_EA

\$3



**PC® GRANOLA BARS** 120-172 g or **LECLERC NUGABAR** 175 g  
selected varieties  
20913606\_EA/21536598\_EA

PRICE DROP

\$5



**ROYALE BATHROOM TISSUE** 8-16 rolls or **ROYALE FACIAL TISSUE** 6x100 sheets  
selected varieties  
20702419\_EA/21378574\_EA

\$5



**KRAFT DINNER**  
5x200 g  
21740440\_EA

2<sup>25</sup>



**KRAFT SALAD DRESSING**  
selected varieties  
425 mL  
21584830\_EA

\$4<sup>99</sup>



Earn 500 pts  
That's 50¢ value

**HEINZ KETCHUP**  
selected varieties  
750 mL/1 L  
20069080\_EA

App exclusive offer

Earn 2,500 pts  
For every \$10\* spent on

That's 2<sup>50</sup> value



**NO NAME® ICE MILK or NOVELTIES**  
all sizes and varieties, frozen  
21610238\_EA/20031065002\_EA

Earn 10,000 pts  
For every \$50\* spent on

That's \$10 value



**HUGGIES IN THE BABY DEPARTMENT**  
selected sizes and varieties  
20963841\_EA/21086935\_EA/21172501\_EA/21401195\_EA/21456748\_EA


Quantities and/or selection (flavour, colour, patterns, style) of items may be limited and not be available in all stores. No rainchecks or substitutions on clearance items or when quantities are advertised as limited. We reserve the right to limit purchase quantities per customer to reasonable family requirements. See in-store for details. We are not obligated to sell items based on errors or misprints in typography or photography. All savings claims (i.e. "Save", "Was", "1/2 Price", etc.) are in comparison to our own regular prices. Regular pricing and savings on items shown may vary by store location. Applicable taxes, fees, deposits, recycling or environmental surcharges are extra. Coupons must be presented and redeemed at time of purchase. \*PC Optimum™: Scan your PC Optimum™ app or swipe your card to get Members Pricing or points. See in-store for details. \*\*Must be a registered PC Optimum™ member to get this offer.



**APRIL**


**HIT  
OF THE  
MONTH**



 **Made in Canada**


**Leclerc Go Pure Bars**  
Selected varieties, 140 g - 175 g  
21507858\_EA / 21221434\_EA



 **Made in Canada**

**Butcher's Selection Stampede  
Wieners or Harvest Creek Halal  
Chicken Wieners**  
900 g  
21309103\_EA / 21307061\_EA



 **Made in Canada**

**Planters Deluxe Whole Cashews**  
Salted or Unsalted, 200 g  
21021618\_EA

See in-store for retails

**LOWEST PRICES  
BEST DEALS**

As compared to other major grocery retailers within your local trade areas. Offer valid April 1st - 30th, 2026 while quantities last. We reserve the right to limit quantities to reasonable family requirements. See in store for limits. No rainchecks.

# BRANDS YOU LOVE AT LOW PRICES

**\$2**

**PILLSBURY REFRIGERATED WRAPS**  
selected varieties  
200-227 g  
20305424002\_EA/21505340\_EA



**2.99**

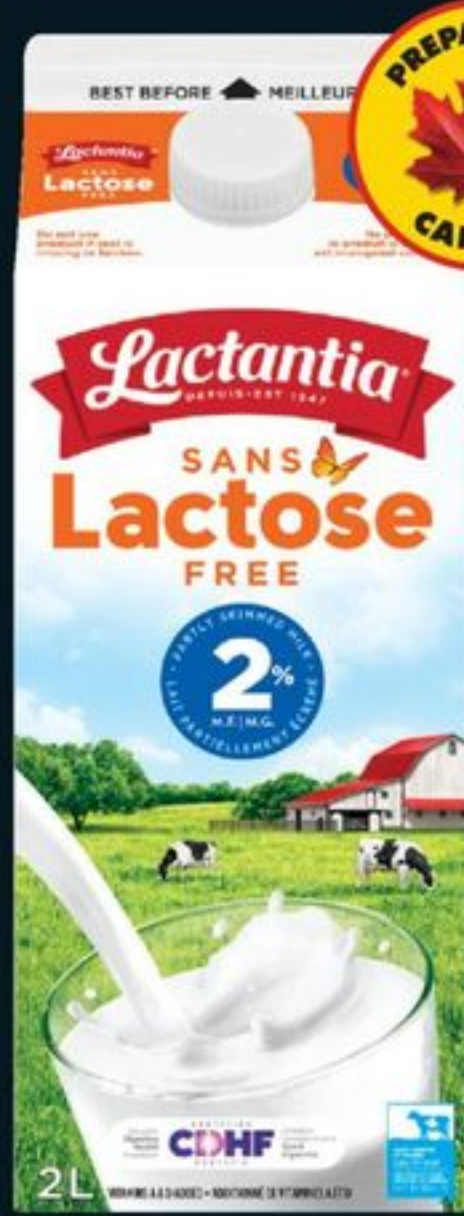
**TRE STELLE CREAM CHEESE**  
selected varieties  
200 g  
21002993\_EA



**2.75**

**5.99**

**LACTANTIA LACTOSE FREE MILK**  
selected varieties  
2 L  
20301822001\_EA



**CHEEMO PEROGIES**  
selected varieties, frozen  
745-907 g  
20527159\_EA

**4.50**

**PC® ORANGE JUICE**  
selected varieties, refrigerated  
1.54 L  
21430531\_EA



**\$4**

**TOSTITOS TORTILLA CHIPS**  
selected varieties  
215-295 g  
21050575\_EA



**\$5**

**PC® ORGANICS SALSA**  
selected varieties  
437 mL  
21453650\_EA



**\$2**

**PC® 100% JUICE 1 L or NO NAME® FRUIT BEVERAGE 2 L**  
selected varieties  
20320439006\_EA/21622812\_EA



**5.75**

**PC® or PC® BLUE MENU® SPARKLING WATER**  
selected varieties  
12x355 mL  
20668034002\_C01



**6.50**

**KIND GRANOLA**  
selected varieties  
312 g  
20837713004\_EA



**2.50**

**DARE BEAR PAWS 168-210 g, ULTIMATE COOKIES 290/300 g, VIVA PUFFS 300 g or WAGON WHEELS 315/360 g**  
selected varieties  
20974346\_EA/21080791\_EA



**1.25**

**NO NAME® CORN**  
selected varieties  
341/398 mL  
20296401\_EA/20303822\_EA



**1.79**

**NO NAME® TOMATOES**  
selected varieties  
796 mL  
20600787\_EA



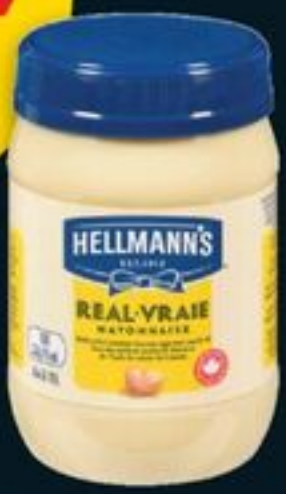
**\$4**

**SMART SWEETS**  
selected varieties  
50 g  
21154474\_EA/21572258\_EA



**3.99**

**HELLMANN'S REAL MAYO or DIPS**  
selected varieties  
340/445 mL  
20008233001\_EA



**9.19**

**NO NAME® CANOLA OIL**  
3 L  
20028656\_EA



**3.50**

**NO NAME® PICKLES**  
selected varieties  
1 L  
20300473\_EA



**\$3**

**LIPTON or KNORR SOUP MIX**  
selected varieties  
113-338 g  
20315085002\_EA/20315085003\_EA



# BRANDS YOU LOVE AT LOW PRICES

2.50



**NO NAME® SOUR CREAM**  
selected varieties  
500 mL  
20299657\_EA



4.50

**NO NAME® NATURAL CHEESE SLICES**  
selected varieties  
210/230 g  
21614277\_EA

\$5



**CHAPMAN'S SUPER PREMIUM PLUS 500 mL or LOLLY NOVELTIES 28's**  
selected varieties, frozen  
21161183\_EA/21511147\_EA



1.50

**MICHELINA'S DINNER ENTREES 156-284 g or SWANSON POT PIE 200 g**  
selected varieties, frozen  
20320525001\_EA/21208614\_EA

\$9



**PATTY KING JAMAICAN STYLE BEEF PATTIES**  
selected varieties, frozen  
1.17 kg  
20313668002\_EA

\$7



**DEL MONTE JUICE BLENDS**  
selected varieties, refrigerated  
2.5 L  
21595736\_EA/21595942\_EA

\$4



**RUFFLES POTATO CHIPS**  
selected varieties  
180-200 g  
21241053\_EA

\$3



**LECLERC CÉLÉBRATION COOKIES**  
selected varieties  
200/240 g  
21680155\_EA

3.75



**EARTH'S OWN ALMOND or OAT BEVERAGES**  
selected varieties, refrigerated  
1.75/1.89 L  
20327647\_EA/21517729\_EA

\$3



**MOTT'S or BETTY CROCKER FRUIT SNACKS**  
selected varieties  
128-226 g  
20318474001\_EA/20686716002\_EA

5.99



**LAVAZZA CREMA E GUSTO or QUALITA ROSSA GROUND COFFEE**  
selected varieties  
250 g  
21553695\_EA/21553714\_EA

**Optimum**

**STARBUCKS VERTUO COFFEE CAPSULES**  
selected varieties  
8/10's  
21398289\_EA

**\$12.99**

Earn **2,000 pts** That's **\$2** value

\$3



**NERDS GUMMY CLUSTERS CANDY**  
selected varieties  
142 g  
21564627\_EA

\$2



**HARIBO CANDY**  
selected varieties  
175 g  
21519578\_EA

\$2



**DARE GUMMIES**  
selected varieties  
180 g  
21391610\_EA

**Optimum**

**PC® CHOCOLATE COVERED FRUITS, NUTS**  
250-400 g or CHOCOLATE BAR 300 g  
selected varieties  
20000356\_EA/20307295\_EA

Member Price **\$7.50**

Non-Members **\$8** Members Save **50¢**

5.50



**GENERAL MILLS FAMILY SIZE CEREAL**  
selected varieties  
455-778 g  
21103492\_EA/21103495\_EA

7.79



**NUTELLA HAZELNUT SPREAD 725 g or NUTELLA & GO HAZELNUT SPREAD WITH BREADSTICKS 208 g**  
selected varieties  
20436105\_EA

2.29



**QUAKER DIPS or CHEWY GRANOLA BARS**  
selected varieties  
120-156 g  
20847582\_EA/21359366\_EA

5.99



**TAZO TEA CONCENTRATE 946 mL or LIPTON TEA BLACK or GREEN 200 g**  
selected varieties  
21293930\_EA/21593297\_EA

# BRANDS YOU LOVE AT LOW PRICES

**\$4**



**MR. CLEAN ALL PURPOSE CLEANER** 1.21 L, **FEBREZE AIR BATHROOM AIR FRESHENER** 7.5 mL, **CAR FRESHENER** 2 mL or **MAGIC ERASER** 2/3's selected varieties  
21005017\_EA/21700198\_EA

**\$15**



**CASCADE DISHWASHER TABS** selected varieties 30-48's  
21012357\_EA/21507156\_EA

**\$15**



**GAIN LIQUID** 4.25 L or **FLINGS** 42's **LAUNDRY DETERGENT, BEADS** 598/680 g or **DRYER SHEETS** 240's selected varieties  
20959627\_EA/21671135\_EA



**TIDE LIQUID LAUNDRY DETERGENT** 3.46/3.9 L, **PODS** or **FLINGS** 45/76's selected varieties  
21593670\_EA/21593706\_EA



**1.50**



**NO NAME® ALUMINUM FOIL** 25 ft  
21119986\_EA

**\$7.99**

Earn **4,000 pts** when you buy Charmin and Bounty

That's **\$4** value



**CHARMIN BATHROOM TISSUE** 8=24 rolls or **BOUNTY PAPER TOWELS** 3=6 rolls selected varieties  
21670159\_EA/21707477\_EA





Disney · PIXAR

# FREE STICKER PACK FOR EVERY \$25 SPENT\*

**\$5**  
UNIQUE  
ALBUM



64 STICKERS TO COLLECT  
DISCOVER INTERESTING  
ANIMAL FACTS

WHILE SUPPLIES LAST



©Disney ©Disney/Pixar

\*WHILE SUPPLIES LAST FROM APRIL 9TH UNTIL MAY 6TH, 2026. EXCLUSIONS APPLY. VISIT [WWW.LOBLAWUNIVERSE.CA](http://WWW.LOBLAWUNIVERSE.CA) OR IN-STORE FOR EXCLUSIONS AND COMPLETE OFFER DETAILS.

**GET  
BONUS  
STICKERS**

**WHEN YOU  
BUY THESE  
PARTICIPATING  
OFFERS\***

**SPEND \$10\*  
ON SELECT**

**KRAFT, HEINZ, PHILADELPHIA,  
MAXWELL HOUSE, NABOB,  
TASSIMO, TACO BELL, CLASSICO,  
GARDEN SELECT, CRAVE, BAGEL  
BITES, MIO, CRYSTAL LIGHT,  
JELL-O, RENEE'S, BULL'S-EYE,  
DIANA PRODUCTS AND GET ONE  
BONUS STICKER PACK**

20866924010\_EA/21085515\_EA/21618217\_EA/21594513\_EA/20039581001\_EA



**SPEND \$10\*  
ON SELECT**

**CHEERIOS, OATMEAL CRISP,  
NATURE VALLEY,  
OLD EL PASO, PILLSBURY or  
ANNIE'S PRODUCTS AND  
GET A BONUS STICKER PACK**

21104047\_EA/21667577\_EA/20316187001\_EA/20306992001\_EA



**SPEND \$15\*  
ON SELECT**

**COCA-COLA, CANADA DRY,  
SPRITE, A&W, FANTA, FRESCA,  
AHA, VITAMINWATER,  
SMARTWATER, AHA, PEACE TEA,  
FUZE, MONSTER ENERGY,  
POWERADE or BODY ARMOR  
AND GET ONE BONUS  
STICKER PACK**

20318694002\_EA/20304419001\_EA/20305840001\_EA/20853723\_EA/21166000\_EA



**SPEND \$15\*  
ON SELECT**

**CRACKER BARREL,  
BLACK DIAMOND,  
iOGO, ASTRO or  
LACTANTIA PRODUCTS  
AND GET ONE BONUS  
STICKER PACK**

21290384\_EA/20763661\_EA/20986474\_EA/  
21719739\_EA/20165226001\_EA/21694605\_EA



**SPEND \$12\*  
ON SELECT**

**CAMPBELL'S READY TO SERVE  
SOUPS 515 mL, HABITANT SOUP  
796 mL, SNYDERS PRETZELS 240 g,  
CHUNKY 515 mL,  
GOLDFISH CRACKERS or  
SNACK FACTORY CRISPS 200 g  
AND GET ONE BONUS STICKER PACK**

21479030\_EA/20300320\_EA/20316052001\_EA/20948940\_EA



\*WHILE SUPPLIES LAST. WHEN YOU SPEND REQUIRED AMOUNT ON SELECT PRODUCTS BEFORE APPLICABLE TAXES IN A SINGLE TRANSACTION AND GET ONE (1) BONUS STICKER PACK. NO CASH VALUE. CANNOT BE COMBINED WITH ANY OTHER COUPONS OR PROMOTIONAL OFFERS. NO SUBSTITUTIONS, REFUNDS, EXCHANGES OR RAINCHECKS ON FREE BONUS CARD PACK. PURCHASE MUST BE MADE IN SAME TRANSACTION TO QUALIFY. WE RESERVE THE RIGHT TO LIMIT QUANTITIES TO REASONABLE REQUIREMENTS. OFFER VALID UNTIL MAY 6, 2026.

**GET  
BONUS  
STICKERS**

**WHEN YOU  
BUY THESE  
PARTICIPATING  
OFFERS\***

**SPEND \$15\***  
**ON SELECT**

**CHRISTIE CRACKERS,  
CHRISTIE COOKIES,  
CADBURY, HALLS or  
CLIF ENERGY BARS AND  
GET ONE BONUS STICKER PACK**  
21547034\_EA/21358407\_EA/21664843\_EA



**SPEND \$10\***  
**ON SELECT**

**NESCAFE, STARBUCKS COFFEE  
or MAISON PERRIER BEVERAGE  
PRODUCTS AND  
GET ONE BONUS STICKER PACK**  
20873036\_EA/20548682004\_EA/21576465\_C08



**SPEND \$15\***  
**ON SELECT**

**ROYALE PAPER PRODUCTS  
AND GET ONE BONUS  
STICKER PACK**  
21187145\_EA/21484732\_EA/20702419\_EA



**SPEND \$9\***  
**ON SELECT**

**MILK 2 GO,  
ARMSTRONG PROTEIN STICKS  
AND GET A BONUS  
STICKER PACK**  
21065263\_EA/21537885\_EA/21694973\_EA



**SPEND \$10\***  
**ON ANY**

**PC® BLUE MENU PRODUCTS  
AND GET ONE BONUS STICKER PACK**  
20668034002\_EA/20057669001\_EA/20307025002\_EA/  
20538593001\_EA/20631288004\_EA/20941224\_EA



**SPEND \$10\***  
**ON SELECT**

**PC® or NO NAME® CHIPS,  
POPCORN or PRETZELS  
AND GET ONE BONUS  
STICKER PACK**  
21654374\_EA/21686985\_EA/21712080\_EA/21712032\_EA



\*WHILE SUPPLIES LAST. WHEN YOU SPEND REQUIRED AMOUNT ON SELECT PRODUCTS BEFORE APPLICABLE TAXES IN A SINGLE TRANSACTION AND GET ONE (1) BONUS STICKER PACK. NO CASH VALUE. CANNOT BE COMBINED WITH ANY OTHER COUPONS OR PROMOTIONAL OFFERS. NO SUBSTITUTIONS, REFUNDS, EXCHANGES OR RAINCHECKS ON FREE BONUS CARD PACK. PURCHASE MUST BE MADE IN SAME TRANSACTION TO QUALIFY. WE RESERVE THE RIGHT TO LIMIT QUANTITIES TO REASONABLE REQUIREMENTS. OFFER VALID UNTIL MAY 6, 2026.

GET BONUS STICKERS

WHEN YOU BUY THESE PARTICIPATING OFFERS\*

loblawuniverse.ca

\$4



PC® BLUE MENU® GRANOLA OMEGA 3 400 g, GRANOLA 475 g or MUESLI CEREAL 450 g selected varieties 21315327\_EA/21315336\_EA

\$4



CASA MENDOSA 10 inch TORTILLA selected varieties 384/640 g 21566428\_EA



\$3

\$3



D'ITALIANO BREAD selected varieties 620/675 g 20038335\_EA

FIBRE 1 BARS 125 g or NATURE VALLEY GRANOLA BARS, PROTEIN BARS or BISCUITS 148-210 g selected varieties 20587504001\_EA/20686988001\_EA

\$3



SNYDER'S PRETZELS selected varieties 240 g 20316052004\_EA

\$5



ARMSTRONG CHEESE STICKS PROTEIN 210 g 21694973\_EA

12.99



ROYALE TIGER TOWEL selected varieties 6=12 rolls 21484732\_EA

\$5



LEGO MINI BUILD BAGS ARIEL & FLOUNDER'S BIRTHDAY MUSIC FUN 21724141\_EA

4.50



HEALTHY CHOICE DINNER ENTRÉES selected varieties, frozen, 255-306 g 21406269\_EA

3.29



VH COOKING or DIPPING SAUCE selected varieties 341-380 mL 20984013\_EA

2.50



CAVENDISH FRIES selected varieties, frozen 800 g 21559837\_EA

\$2



CAMPBELL'S READY TO SERVE SOUP selected varieties 515 mL 21480539\_EA

\*WHILE SUPPLIES LAST. WHEN YOU SPEND REQUIRED AMOUNT ON SELECT PRODUCTS BEFORE APPLICABLE TAXES IN A SINGLE TRANSACTION AND GET ONE (1) BONUS STICKER PACK. NO CASH VALUE. CANNOT BE COMBINED WITH ANY OTHER COUPONS OR PROMOTIONAL OFFERS. NO SUBSTITUTIONS, REFUNDS, EXCHANGES OR RAINCHECKS ON FREE BONUS CARD PACK. PURCHASE MUST BE MADE IN SAME TRANSACTION TO QUALIFY. WE RESERVE THE RIGHT TO LIMIT QUANTITIES TO REASONABLE REQUIREMENTS. OFFER VALID UNTIL MAY 6, 2026.

ONL 04 NFV



Optimum™

# App exclusive offers

## More offers More points

### LOAD YOUR DIGITAL COUPONS IN 6 EASY STEPS

1. Open your PC Optimum app and go to **Offers**
2. Tap **Digital Coupons**
3. Select **"Click here to add your Digital Coupons"**
4. Tap **"Select Offer"** on the coupons you want
5. Tap **"Add Offer"** – you're done!

Members  
get over

**\$25**

in value

CLICK FOR  
THESE COUPONS  
AND MORE



**NESTLÉ  
SNACK PACK**  
any variety  
21719355\_EA

Save  
**\$1**  
with digital  
coupon



**PC® TORTILLA  
CHIPS**  
320-350 g  
20148817\_EA

Earn  
**500**  
pts  
Until May - 13 - 2026



**PC® DIPPED &  
CHEWY  
GRANOLA  
BARS**  
120-172 g  
20912735\_EA

Earn  
**500**  
pts  
Until May - 13 - 2026



**PC® BLACK LABEL  
ICE CREAM**  
500 mL  
20604543003\_EA

Earn  
**800**  
pts  
Until May - 13 - 2026



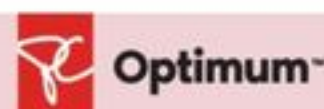
**PC® FROZEN FRUIT**  
600 g  
21377841\_EA

Earn  
**1,000**  
pts  
Until May - 13 - 2026



**PC® GREEK  
YOGURT**  
4 x 100 g  
21348028\_EA

Earn  
**750**  
pts  
Until May - 13 - 2026



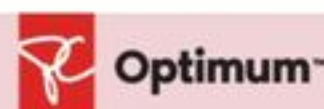
**PC® DIPS**  
454 g  
20584098\_EA

Earn  
**1,000**  
pts  
Until May - 13 - 2026



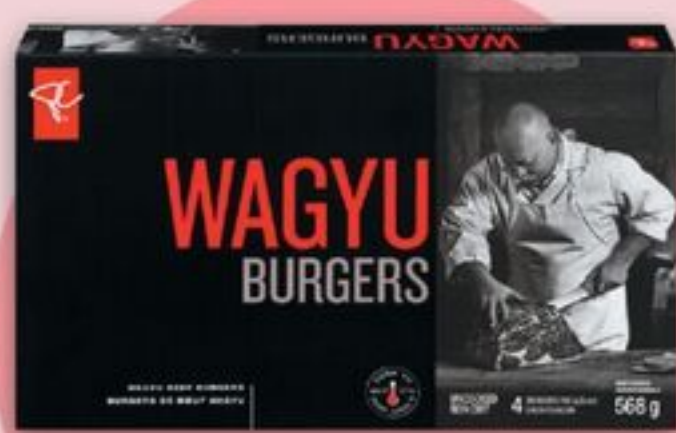
**FARMER'S  
MARKET™  
CROISSANTS**  
260-336 g  
20975943\_EA

Earn  
**1,000**  
pts  
Until May - 13 - 2026



**PC® BRIOCHE  
BUNS**  
300 g  
21094319\_EA

Earn  
**1,000**  
pts  
Until May - 13 - 2026



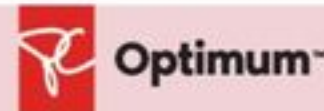
**PC® BLACK LABEL  
WAGYU BEEF  
BURGERS**  
568 g  
20766235\_EA

Earn  
**3,000**  
pts  
Until May - 13 - 2026



**NO NAME®  
BREADED  
CHICKEN  
BURGERS  
FULLY COOKED**  
908 g  
21178461\_EA

Earn  
**1,200**  
pts  
Until May - 13 - 2026



**PC® SMOKED WILD  
SOCKEYE  
SALMON**  
150 g  
20088009\_EA

Earn  
**2,500**  
pts  
Until May - 13 - 2026

# More offers. More points.

CLICK FOR  
THESE COUPONS  
AND MORE



Optimum™



Earn  
**1,200**  
pts  
Until May - 13 - 2026

**PC® INSTANT COFFEE**  
80/100 g  
21499826\_EA

Optimum™



Earn  
**2,500**  
pts  
Until May - 13 - 2026

**NO NAME®  
HOT CHOCOLATE MIX**  
1.8 kg  
20005589\_EA

Optimum™



Earn  
**1,500**  
pts  
Until May - 13 - 2026

**PC® CHOCOLATE COVERED  
NUTS**  
340-400 g  
20000356\_EA

Optimum™



Earn  
**1,000**  
pts  
Until May - 13 - 2026

**PC® MEMORIES OF  
SZECHWAN  
PEANUT SATAY SAUCE**  
350 mL  
20311313001\_EA

Optimum™



Earn  
**750**  
pts  
Until May - 13 - 2026

**PC® MAYO SANDWICH  
SPREAD**  
300 mL  
20861237\_EA

Optimum™



Earn  
**500**  
pts  
Until May - 13 - 2026

**PC® NUTRITION FIRST  
WET CAT FOOD**  
85 g  
21618582\_EA

Optimum™



Earn  
**600**  
pts  
Until May - 13 - 2026

**PC® NON-STICK  
HEAVY DUTY  
ALUMINUM FOIL**  
25 ft  
21122007\_EA

Optimum™



Earn  
**1,500**  
pts  
Until May - 13 - 2026

**PC® 3-PLY FACIAL  
TISSUE 6 BOXES**  
20181283\_EA

Optimum™



Earn  
**1,500**  
pts  
Until May - 13 - 2026

**PC® SUPER SOFT  
BATHROOM TISSUE or  
PC® MAX TOILET PAPER**  
12=24 rolls  
21300716\_EA/21450718\_EA

# BABY ESSENTIALS AT LOW PRICES

26<sup>99</sup>



**HUGGIES PULL UPS or GOODNITES POTTY or CLUB PACK TRAINING PANTS 24-74's**  
selected varieties  
20963841\_EA/21371199\_EA



**HUGGIES 10X BABY WIPES 336-704's**  
selected varieties  
21401195\_EA

19<sup>99</sup>

47<sup>99</sup>



**ENFAMIL A+ NEUROPRO or GENTLEASE POWDER**  
selected varieties  
553/587 g  
21589117\_EA/21589230\_EA



54<sup>99</sup>

**GOOD START BABY FORMULA**  
selected varieties  
942 g-1.02 kg  
21599587\_EA/21599614\_EA

UP TO  
20%  
OFF



**EUCERIN AQUAPHOR BABY OINTMENT, CLEANSER or RASH CREAM**  
selected varieties  
85-500 g  
21482435\_EA

2<sup>50</sup>



**SIMPLY GOURMET SNACKS**  
selected varieties  
32 g  
21597310\_EA/21597336\_EA

\$9



**PEDIASURE COMPLETE REDUCED SUGAR NUTRITIONAL SUPPLEMENT**  
selected varieties  
4x235 mL  
20322414001\_EA/21371922\_EA

4<sup>99</sup>



**JOHNSON & JOHNSON BABY NEEDS**  
selected varieties  
200-623 mL  
20325065001\_EA/21112321\_EA/21308244\_EA

AVAILABLE AT SELECT LOCATIONS ONLY

ONL 05 NFV

# 1000s OF LOWERED PRICES EVERYDAY!

**PRICE DROP**

**5<sup>50</sup>**



**LISTERINE CLASSIC MOUTHWASH**  
selected varieties  
1 L  
20348438001\_EA/21091218\_EA

**3<sup>50</sup>**



**COLGATE PREMIUM TOOTHPASTE**  
70-150 mL or **MANUAL TOOTHBRUSH** 1 ea  
selected varieties  
20306410001\_EA/21166685\_EA

**\$4**



**GARNIER FRUCTIS HAIR CARE**  
selected varieties and sizes  
334-370 mL  
21007181\_EA/21007198\_EA

**5<sup>50</sup>**



**OLAY BAR SOAP** 4x90 g,  
**OLD SPICE** or  
**OLAY BODY WASH** 364-532 mL,  
selected varieties  
20605927003\_EA/21237505\_EA

**4<sup>50</sup>**



**IRISH SPRING BODY WASH** 591 mL, or  
**BAR SOAP** 6x104 g, or  
**SOFTSOAP BODY WASH** 591 mL  
selected varieties  
21219375\_EA/21436477\_EA

**\$6**



**DEGREE DEODORANT** or  
**DRY SPRAYS**  
selected varieties  
74/107 g  
21075870\_EA/21220217\_EA

**\$18**



**POISE PADS** or  
**DEPENDS UNDERWEAR** 12 -66's  
selected varieties and sizes  
21023579\_EA/21302119\_EA

**\$15**



**CETAPHIL FACIAL CLEANSER** or  
**MOISTURIZER**  
selected varieties  
120-473 mL  
21718816\_EA

**\$11**



**AVEENO LOTION**  
selected varieties  
532 mL  
20102023001\_EA/20102023003\_EA

**9<sup>50</sup>**



**TYLENOL CHILDREN'S** or  
**INFANTS' PAIN RELIEF PRODUCTS**  
selected varieties  
16-20's or 24-100 mL  
20329139001\_EA

**\$12**



**BOOST READY TO DRINK SHAKES**  
selected varieties and sizes  
20304429002\_C06/20986361\_C06

**\$9**



**AUSSIE HAIR CARE**  
selected varieties  
778 mL  
21167371\_EA/21167373\_EA

**ALWAYS**

**\$5**



**LIFE BRAND LIQUID HAND SOAP REFILL**  
selected varieties  
2 L  
21357613003\_EA/21357613004\_EA



**Express™**

**Online grocery pickup & delivery**

# SHOP ONLINE, GET IT DELIVERED.

Get **\$15 in PC Optimum™ points** on each of your first 5 eligible online grocery orders\*. Use code **TRYNF**

That's up to **\$75** in points!

**SHOP NOW**



No Frills® delivery is available at select stores. Visit [nofrills.ca](http://nofrills.ca) or use the **PC Express** app to see if delivery is available in your area.

# OUR FLYER. YOUR INBOX.

**STRAIGHT TO YOUR EMAIL**

Scan the QR code to sign up.

**STRAIGHT TO YOUR PHONE**

Text "OFFER" to 374557 (FRILLS)\*



\* Standard message and data rates may apply.

†Raincheck + PC Optimum Points: Applies to out of stock items advertised in the current weekly flyer ("Promotion Period"). Raincheck can be used towards purchase of the unavailable item (subject to reasonable customer/requirements) at the advertised flyer price plus 10% back in PC Optimum points when the item is back in stock or within 14 days of raincheck issue date. 10% back in PC Optimum points is calculated per item on the advertised flyer price. Raincheck requests must be made in-store during the unavailable item's Promotion Period. Raincheck must be redeemed in-store at the issuing store location. Raincheck + Pts does not apply to flyer items marked "while quantities last", gift cards, liquor, tobacco, seasonal and products which are provincially-regulated, or as we determine from time to time. Customers who are not PC Optimum program members will not be eligible to receive PC Optimum points. To become a member, visit [www.pcoptimum.ca](http://www.pcoptimum.ca). We reserve the right to cancel or change the terms of this offer at any time without notice.

‡Throwback Prices: Program applies to one item weekly, as advertised in-store/online at [nofrills.ca](http://nofrills.ca).

# MORE WAYS TO SAVE

**NEW  
LOWER  
PRICE**

Enjoy these price drops for longer.

**RAIN  
CHECK**  
+ **pts**

We'll honour a current deal if we're sold out, and give you 10% back in PC Optimum™ Points.

**LOW  
PRICE.  
ALWAYS.**

Count on low everyday prices.

**FRESH  
GUARANTEE**

If your produce isn't fresh, we'll replace AND refund it.

†Raincheck + PC Optimum Points: Applies to out of stock items advertised in the current weekly flyer ("Promotion Period"). Raincheck can be used towards purchase of the unavailable item (subject to reasonable customer/requirements) at the advertised flyer price plus 10% back in PC Optimum points when the item is back in stock or within 14 days of raincheck issue date. 10% back in PC Optimum points is calculated per item on the advertised flyer price. Raincheck requests must be made in-store during the unavailable item's Promotion Period. Raincheck must be redeemed in-store at the issuing store location. Raincheck + Pts does not apply to flyer items marked "while quantities last", gift cards, liquor, tobacco, seasonal and products which are provincially-regulated, or as we determine from time to time. Customers who are not PC Optimum program members will not be eligible to receive PC Optimum points. To become a member, visit [www.pcoptimum.ca](http://www.pcoptimum.ca). We reserve the right to cancel or change the terms of this offer at any time without notice.

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