PRICES EFFECTIVE WED. APR. 22 THRU TUES. APR. 28, 2026

IGA

COWEN
70 RAILROAD AVE.
COWEN, WV
304-226-3811

G&R
109 BAKER ST.,
WEBSTER SPRINGS, WV
847-2449

Independent Grocers Alliance Est. 1926 5 Star 2025

Visit us at
www.coweniga.com

STORE HOURS
Monday - Saturday
8am To 8pm
Sunday 9am - 7pm

WV E-WIC Cards Accepted

MasterCard VISA DISCOVER

THROW BACK THURSDAYS

Download your **DIGITAL COUPON** for a **CRAZY LOW PRICE.**

THESE CRAZY PRICES GOOD THURSDAY, APRIL 23 - SUNDAY, APRIL 26, 2026, ONLY!
COUPON VALID FOR ONE-TIME USE ONLY

LIMIT 1 OFFER
SALE PRICE 3.98 | DIGITAL COUPON 1.00 OFF ONE | FINAL PRICE 2.98
9 To 12-Oz., Selected **Jimmy Dean Sliced Bacon**

LIMIT 1 OFFER
SALE PRICE 2/$3 | DIGITAL COUPON 2.00 OFF TWO | FINAL PRICE 2/$1
7 To 16-Oz., Selected **Barilla Pasta**

LIMIT 1 OFFER,
24-Oz., Selected **Hunt's Pasta Sauce**
SALE PRICE 2/$3 | DIGITAL COUPON 1.00 OFF TWO | FINAL PRICE 2/$2

LIMIT 1 OFFER,
SALE PRICE 2/$3 | DIGITAL COUPON 1.00 OFF TWO | FINAL PRICE 2/$2
12 To 14-Oz., Deluxe Shells Or **IGA Macaroni & Cheese**

LIMIT 1 OFFER,
SALE PRICE 1.28 | DIGITAL COUPON .50 OFF ONE | FINAL PRICE .78
16-Oz., Quarters **Blue Bonnet Spread**

SPRING into SAVINGS!

4.98 Lb. 81% Lean **Family Pack Ground Beef**

81% Lean **Fresh Ground Beef Patties** 5.98 Lb.

.98 Lb. Frozen Or Prev. Frozen., Tray Pack, Bone-In **Chicken Thighs**

1.98 Lb. USDA Inspected **Whole Boneless Pork Loin**

1.98 Lb. Frozen Or Prev. Frozen **Boneless Chicken Breasts**

3.48 Lb. 1-Pc., Frozen Or Prev. Frozen **St. Louis Style Pork Ribs**

5.98 Lb. USDA Select **Boneless Bottom Round Roast**

2.98 Lb. USDA Inspected **Boneless Center Cut Pork Chops**

2.98 15 To 16-Oz., Selected **Oscar Mayer Meat Franks**

FARMER'S MARKET

.98 5.2-Oz. Pkg. Concord Onion Ring Batter Mix

.98 Lb. Genuine Vidalia **Sweet Yellow Onions**

2/$6 3-Lb. Bag California Navel Oranges

2/$6 3-Lb. Bag **Minneola Tangelos**

4.98 Premium Idaho, 8-Lb. Bag **Jumbo Russet Potatoes**

FIND MORE Savings IN EVERY AISLE!

SALE PRICE 2/$3 | DIGITAL COUPON 1.00 OFF TWO | FINAL PRICE 2/$2
15-Oz., Sausage Or **Libby's Country Gravy**

2.48 40-Oz. **IGA Vegetable Oil**

Deal DROP

2.98 8.8 To 8.9-Oz. Apple Jacks, Corn Pops, Froot Loops Or 12-Oz. **Kellogg's Frosted Flakes**

2/$5 9 To 10-Ct., Selected **Eggo Waffles**

2/$5 48-Oz., Selected **Blue Ribbon Classics**

2/$5 12-Oz., Singles Or 7 To 8-Oz., Selected **Borden Shredded Cheese**

SALE PRICE 2/$7 | DIGITAL COUPON 2.00 OFF TWO | FINAL PRICE 2/$5
31 To 32-Oz., Selected **Tide Simply Liquid Detergent**

2/$7 6 To 10.75-Oz., Selected **Doritos Chips**

2/$10 16.9-Oz. Bottles **6-Pack Propel Products**

4/$5 1.25-Liter **Pepsi Products**

3/$12 7.5-Oz. Mini Cans **6-Pack Pepsi Products**

3/$12 16.9-Oz. Bottles **6-Pack Pepsi Products**

PRSRT STD
US POSTAGE
PAID
mspark

PO BOX 614
HELENA, AL 35080

POSTAL CUSTOMER

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FAMILY MEAL FAVORITES

3.98 16-Oz., Mild Or Hot
Tennessee Pride Roll Sausage

8.98 24-Oz., Selected Stack Pack
Wright Brand Bacon

3.48 13-Oz., Selected
Butterball Turkey Sausage Rope

4.98 10.3 To 12-Oz., Reg. Or Bunsize
Hebrew National Beef Franks

3.98 16-Oz., Selected
Oscar Mayer Lunch Meat

2/$6 8.9 To 10.7-Oz., Selected
Oscar Mayer Lunchables

4.98 12-Oz., Family Pack
Armour Pepperoni

10.98 2-Lb., Fully Cooked
Food Club Baby Back Ribs

4.98 16-Oz., Regular Or Spicy
Curly's Pulled Pork BBQ

5.98 16-Oz., Selected
Food Club Lunch Meat

THE FRESH PRODUCE MARKET

2.98 Lb. Sweet Chilean
Red Or Black Plums

2/$6 9-Oz. Italian Or 11-Oz.
Fresh Express American Salad Mix

2/$3 Yellow, Red Or Orange
Sweet Bell Peppers

1.78 Lb. Crisp
Green Snap Beans

2/$7 64-Oz. Selected
Mayer Bros. Lemonade

2.98 Pint, Angel Sweet
Red Grape Tomatoes

1.48 Lb. Tender
Yellow Or Zucchini Squash

2/$4 3.5-Oz. Fresh
Mr. B's Cotton Candy

Savings FOR EVERYDAY START HERE!

1.98 7.5 To 8-Oz., Selected
Ortega Taco Sauce

2/$6 4.5 To 8-Oz., Selected Mott's Or
Betty Crocker Fruit Snacks

.98 21-Ct., White Corn Or 10-Ct.
IGA Fajita Style Flour Tortillas

1.68 18-Oz., Selected
IGA BBQ Sauce

2.78 20-Oz., Squeeze Heinz Mustard
3.28 20-Oz., Squeeze
Heinz Ketchup

3.98 17.8 To 20.6-Oz., Selected
Family Size Ritz Crackers

SALE PRICE 4.78 DIGITAL COUPON 1.00 OFF ONE FINAL PRICE 3.78
2-Lb., Selected
Success Rice

5.98 3 To 4-Ct., Puffs Facial Tissue, 4-Ct., Bounty Paper Towels Or 6-Ct, Selected
Charmin Essentials Bath Tissue

DAIRY & FROZEN

5/$5 5.3-Oz. Selected
Chobani Yogurt

4.98 52-Oz., Grapefruit Or Selected
Florida's Natural Orange Juice

2/$4 8-Ct., Selected
Food Club Jumbo Biscuits

4.78 64-Oz., Selected International Delight Iced Coffee
3.98 64-Oz., Selected
Silk Almond Milk

4/$5 7-Oz., Selected
Banquet Pot Pies

1.78 7.4 To 11.88-Oz., Selected
Banquet Dinners

2.48 10 To 14.4-Oz., Selected
Birds Eye Vegetables

2.98 11.5 Or 16.95-Oz., Selected Bowls Or
Banquet Mega Meals

FRESH BAKERY

9.98 48-Oz.
Double Layer Coconut Cake

4.98 22-Oz., 8-In.
Coconut Or Egg Custard Pie

4/$4 3.7-Oz.
Powdered Raspberry Donut

5.98 16-Oz., Selected
Meurer Danishes

3.98 16-Ct.
Split Top Potato Rolls

2/$10 16-Oz., Selected
Lewis Bake Shop Keto Bread

6.98 10.2-Oz. Tub
King's Hawaiian Pretzel Bites

Mealtime Made — $4.98

COMPLETE • EASY • AFFORDABLE

1 Bar-S Meat Franks + 1 Faygo Soda + 1 Lewis Hot Dog Buns + 1 Cravin Flavor Or IGA Potato Chips

No mix and match. Must buy all four (4) items in the same transaction to receive promotional price. Other quantities will be at regular retail price.

REWARDS MEMBERS ONLY!

WHEN YOU BUY 1 OF EACH ITEM

LIMIT 1 PER MEMBER.

Enter in your number at checkout to redeem offer.

Mix & Match! FINAL PRICE When You Buy 2 — 2/$10

4-Ct., Double Rolls **Bounty Essentials Paper Towels**
and/or 6-Ct., Mega Rolls **Charmin Essentials Bath Tissue**
and/or 3 To 4-Ct., Multi Pack **Puffs Facial Tissues**

MIX & MATCH PARTICIPATING ITEMS. Must buy 2 in the same transaction to receive promotional price. Single item sold at regular retail price.

REWARDS MEMBERS ONLY!

LIMIT 1 PER MEMBER

Enter in your number at checkout to redeem offer.

Mealtime Made

COMPLETE • EASY • AFFORDABLE

$4.98

1 12-Oz., Selected **Bar-S Meat Franks** + 1 2-Liter, Selected **Faygo Soda** + 1 8-Ct. **Lewis Hot Dog Buns** + 1 7.75 to 10-Oz., Selected **Crav'n Flavor Or IGA Potato Chips**

WHEN YOU BUY 1 OF EACH ITEM

No mix and match. Must buy all four (4) items in the same transaction to receive promotional price. Other quantities will be at regular retail price.

REWARDS MEMBERS ONLY!

LIMIT 1 PER MEMBER.
Enter in your number at checkout to redeem offer.

VALID APRIL 17 - MAY 1, 2026

FINAL PRICE When You Buy 2

4-Ct., Double Rolls
Bounty Essentials Paper Towels

and/or 6-Ct., Mega Rolls
Charmin Essentials Bath Tissue

and/or 3 to 4-Ct. Multi Pack
Puff's Facial Tissues

2/$10

MIX & MATCH PARTICIPATING ITEMS. Must buy 2 in the same transaction to receive promotional price. Single item sold at regular retail price.

REWARDS MEMBERS ONLY!

LIMIT 1 PER MEMBER
Enter in your number at checkout to redeem offer.

VALID APRIL 17 - MAY 1, 2026