

HELLO ALBERTA

15% OFF*

ALL GROCERIES

TUESDAY
MAY 5
ONLY

or 40x **More REWARDS** points



THIS PROMO IS AVAILABLE FOR ONLINE SHOPPING[†] TOO!

[†]Online shopping order must be picked up or delivered on promotion date to receive the discount or points.

Use your More Rewards card and you'll receive 15% off your groceries OR an additional forty (40) More Rewards points per dollar spent on qualifying purchases of \$50 or more. A 'qualifying purchase' excludes lotto, tobacco, prescriptions, gift cards, wine, Tim Hortons and McCafé products, postage stamps, wholesale products, clinics, diabetes care, tickets, restaurant, rewards, rebates and taxes, where applicable.

save on foods



CASELOT SALE

UNREAL DEAL

on

5⁹⁹
ea

Purex Bathroom Tissue
12=24 Rolls or
8=24 Rolls

MY OFFERS
EXTRA UNREAL DEAL

LOAD DEAL



10⁹⁹
ea
First 1

12⁹⁹
ea

Mitchell's Heritage Bacon
or Wieners, 1 kg or 1.35 kg

NEW DEAL. BEST PRICE. EVERY WEEK.



works out to
4⁹⁹
lb
Western Family
Chicken Breast
Boneless, Skinless,
Frozen, 3 kg, 32.99 ea



**BUY 1
GET 1
free**
Pork Shoulder
Butt Roast
* Fresh, Boneless
* of equal or lesser value



1⁹⁹
100g
Ahi Tuna Steak
or Whole Loin, Frozen or
Previously Frozen

**WORLD
TUNA
DAY
MAY 2ND**



\$3
100g
Tre Stelle
Cheese Slices
Selected Varieties



11⁹⁹
ea
Baker's Dozen
Glazed Donuts
800g



2⁹⁹
ea
Long English
Cucumber
Canada, Mexico or
USA, 3-Pack



\$12
ea
Sausage Rolls
Chicken or Beef,
8-Pack



34⁹⁹
ea
Value Priced
Coffee Pods
100's



8⁴⁹
ea
Kellogg's Jumbo
Mini Wheats
Selected Varieties,
1.05 kg



Western Family
Fruit
Selected Varieties,
Frozen, 1.5 kg
10⁹⁹
ea



9⁹⁹
ea
Frito-Lay Snacks
Value Pack,
Selected Varieties,
448g



10⁹⁹
ea
Coca-Cola Soft Drinks
or Canada Dry,
Selected Varieties,
20 x 355 mL



10⁹⁹
ea
First 1
LOAD NOW
11⁹⁹
ea
Campbell's Soup
Selected Varieties,
12 x 284 mL



17⁹⁹
ea
First 2
LOAD NOW
18⁹⁹
ea
Armstrong Cheese
Selected Varieties,
1.35 kg



9⁹⁹
ea
First 2
LOAD NOW
10⁹⁹
ea
Kraft Dinner
12 x 200g

Leave the heavy lifting to us.

Shop the app or SaveOnFoods.com

**SHOP
CASELOT
ONLINE**

and our personal shoppers
will deliver the savings right
to your door or trunk.

Prices effective Thursday to Wednesday, April 30 to May 6, 2026
Offers require use of More Rewards card. Selection & availability may vary by store.

Wk18 - B3

CANADIAN owned and operated for 110 years.

Maple leaf indicates products of Canada and products made in Canada. See actual items for details.

Buy big, save big.

CASELOT SALE



More REWARDS
FREE
WITH 9700
POINTS REDEEMED
or
15⁹⁹
ea

Hunt's Tomato Sauce
or Paste, 12 x 398 mL or 12 x 156 mL

More REWARDS
FREE
WITH 1800
POINTS REDEEMED
or
3\$9
for



Classico Pasta Sauce
600 mL or 410 mL



2\$7
for **Catelli Pasta**
Selected Varieties, 900g or 700g



15⁴⁹
ea **Aylmer Tomatoes**
(8 x 796 mL). Also Chef Boyardee
(8 x 425g), Selected Varieties



Filippo Berio
Extra Virgin
Olive Oil
3 Litres
39⁹⁹
ea



11⁹⁹
ea **Western Family**
Pieces & Stems Mushrooms
12 x 284 mL



Campbell's
Beef Broth
No Salt,
6 x 900 mL
9⁹⁹
ea



17⁹⁹
ea **Western Family Beans**
Selected Varieties, 12 x 540 mL



19⁹⁹
ea **Bush's Best Baked Beans**
Selected Varieties, 12 x 398 mL



11⁹⁹
ea **Lipton Chicken Noodle Soup**
912g



13⁹⁹
ea **Campbell's Chunky**
Chicken Noodle Soup
6 x 515 mL

More REWARDS
FREE
WITH 6100
POINTS REDEEMED
or
10⁹⁹
ea



Rogers Flour
Selected Varieties, 10 kg

More REWARDS
FREE
WITH 8000
POINTS REDEEMED
or
13⁹⁹
ea



Rogers White Sugar
10 kg



18⁹⁹
ea **Pacific Evaporated Milk**
12 x 354 mL



Olympic
Crema Yogurt
Selected Varieties,
1.75 kg
11⁴⁹
ea



Hershey's Chipits
Selected Varieties,
925g
18⁹⁹
ea



16⁹⁹
ea **Nong Shim Bowl Noodle Soup**
Selected Varieties, 12 x 86g



Buy 2+
3⁹⁹
ea
OR 4.99 ea
Pure Life Spring Water
24 x 500 mL



Corona Cero 0%
Alcohol-Free Beer,
Bottles (12 x 330 mL)
or Cans (12 x 355 mL)
21⁹⁹
ea

Premium White
Basmati Rice
8 lbs
7⁹⁹
ea



Sher Desi Style
Durum Atta
20 lbs
14⁹⁹
ea



Geoland
Jasmine Rice
8 kg
23⁹⁹
ea



Save every day, in every aisle.

CASELOT SALE



More REWARDS
FREE
WITH 8200
POINTS REDEEMED

HEINZ BAKED BEANS
ORIGINAL
In Tomato Sauce

VALUE 9 PACK

Heinz Baked Beans
9 x 398 mL



More REWARDS
FREE
WITH 4800
POINTS REDEEMED

MR. NOODLES
Instant Noodles
Variety Pack
12 Chicken
6 Beef
6 Vegetable

MR. NOODLES
Instant Noodles
Chicken
Poulet

Mr. Noodles Instant Noodles
24 x 85g



Kraft Singles
Original Cheddar Original

6⁹⁹
ea

Kraft Singles Cheese Slices
Selected Varieties, 825g



PHILADELPHIA
ORIGINAL CREAM CHEESE
PRODUCT

5⁹⁹
ea

Philadelphia Cream Cheese
Selected Varieties, 340g



western family
MIXED VEGETABLES
marchandise de légumes

7⁹⁹
ea

Western Family Vegetables
Frozen, 2 kg



ACTIVIA
GUT HEALTH • SANTÉ DIGESTIVE

6²⁹
ea

Activia Yogurt
Selected Varieties, 12 x 100g



CASTELLO
HAVARTI
CREAMY • CRÈMEUX

7⁹⁹
ea

Castello Havarti Cheese
Selected Varieties, 425g



CHAPMAN'S
Ice Cream Crème Glacée

10⁹⁹
ea

Chapman's Ice Cream
Frozen, 4 Litres



Bassili's Best
MEAT LASAGNA
LASAGNE À LA VIANDE

17⁹⁹
ea

Bassili's Best Lasagna
Frozen, 2.27 kg



McCain
Tasti Taters
CRISPY POTATO BITES
ROUCHES CHOUILLANTES
DE POMMES DE TERRE

7⁹⁹
ea

McCain Tasti Taters
Frozen, 1.8 kg



Kellogg's Eggo
Original
originale

16⁴⁹
ea

Kellogg's Eggo Waffles
Frozen, 48's, 1.68 kg



NATURE VALLEY
SWEET & SALTY
CHEWY NUT
GRANOLA BARS

VARIETY PACK
14 DARK CHOCOLATE NUT
DIPPED IN CHOCOLATE COATING
14 SALTED CARAMEL CHOCOLATE
FLAVOUR

More REWARDS
FREE
WITH 7300
POINTS REDEEMED

28 VALUE PACK

Nature Valley Sweet & Salty Granola Bars (980g), or Mott's Fruitsations (907g)



HEINZ
TOMATO KETCHUP
AUX TOMATES

More REWARDS
FREE
WITH 4300
POINTS REDEEMED

Heinz Ketchup
1.5 Litres



HELLMANN'S
REAL-VRAIE
MAYONNAISE

8⁹⁹
ea

Hellmann's Mayonnaise
1.42 Litres



Kraft
Smooth
Crèmeux

11⁹⁹
ea

Kraft Peanut Butter
2 kg



SunRype
100% JUICE BLEND
100% MÉLANGE DE JUS

13⁹⁹
ea

SunRype 100% Juice Blend
Selected Varieties, 40 x 200 mL



INTERNATIONAL DELIGHT
FRENCH VANILLA
ESPRRESSO

2\$8
for

International Delight Coffee Enhancer
Selected Varieties, 946 mL



GENERAL MILLS
Jumbo Honey Nut
Cheerios
My friend
MADE BY HEARTY HAPPIY

8⁹⁹
ea

General Mills Jumbo Honey Nut Cheerios
Also Selected Varieties, 1.3 kg



MAXWELL HOUSE
GOOD TO THE LAST DROP
BIEN AU DERNIER GOUTTE
ORIGINAL ROAST
TORRÉFACTION ORIGINALE

15⁹⁹
ea

Maxwell House Coffee
Selected Varieties, 864g



STARBUCKS
TORRÉFACTION
ESPRESSO ROAST

25⁹⁹
ea

Starbucks Premium Coffee
Whole Bean (907g) or Pods (24's), Selected Varieties



SunRype
100% PURE
APPLE JUICE
NOT FROM CONCENTRATE
NO SUGAR ADDED

19⁹⁹
ea

SunRype 100% Pure Apple Juice
Also Minute Maid, Selected Varieties, 12 x 1 Litre



western family
PREPARED LIGHT TUNA
SHRIMP IN WATER

8⁹⁹
ea

Western Family Light Tuna
Selected Varieties, 6 x 170g

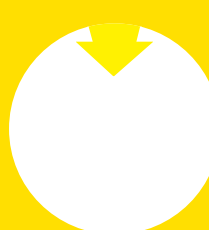
Stock up with savings.

CASELOT SALE

More REWARDS
FREE WITH 11,000 POINTS REDEEMED



Green Giant Vegetables
12 x 341 mL or
12 x 398 mL



Christie Oreo Cookies
Selected Varieties,
482g



Dare Bear Paws
(480g) or Wagon
Wheels (630g),
Selected Varieties

4⁹⁹
ea



Christie Ritz Crackers
900g

9⁹⁹
ea



Del Monte Fruit Cups
Also GoGo Squeeze,
Selected Varieties, 20's

14⁹⁹
ea



7⁹⁹
ea **Christie Premium Plus Crackers**
Salted or Unsalted, 900g



7⁹⁹
ea **Mott's Fruitsations**
Family Pack, 18 x 104 mL



9⁹⁹
ea **Pop-Tarts**
(1.15 kg) or Special K Crisps (500g)

Frito-Lay Potato Chips
Party Size, Selected
Varieties, 415g

2\$11
for



8⁹⁹
ea **Pepperidge Farm Goldfish Crackers**
Selected Varieties, 616g or 750g

Chocolate Bars
Selected Varieties,
4-Pack

2\$12
for



Pepsi Soft Drinks
Selected Varieties, 24 x 355 mL



Gatorade Sports Drinks
Selected Varieties, 24 x 591 mL

Scotties Facial Tissue
6-Pack

8⁹⁹
ea



6⁹⁹
ea **Sponge Towels Ultra Paper Towels**
3 Rolls



Tide Laundry Detergent
2.48 Litres

14⁹⁹
ea



Tide Pods
Also Gain, 42's

14⁹⁹
ea



Cascade Dishwasher Tabs
Selected Varieties,
67's or 51's

19⁹⁹
ea



Glad Kitchen Garbage Bags
30's or 52's

8⁹⁹
ea



Purina Tidy Cats Performance Light Weight Scoopless Litter
7.71 kg

27⁹⁹
ea



25% off **Energizer Batteries**
AA (24's) or AAA (16's)



8⁹⁹
ea **Ziploc Freezer Bags**
Selected Varieties

PERSONAL CARE SAVINGS



2\$35
for **Depend Adult Care**
Also Poise, Selected Varieties



2\$26
for **Boost High Protein Supplement Drinks**
Selected Varieties, 6 x 237 mL

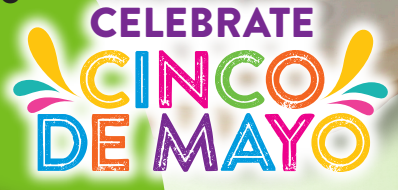


11⁹⁹
ea **Pears Bar Soap**
12 x 75g

FRESH PICKS

MIX & MATCH

IRRESISTIBLE TRIO



Avocados
Mexico or Canada

Honey Mango
Mexico or Canada



Tomatoes on the Vine
1.5 lbs, Canada

3 for \$6



ONLY WITH MY OFFERS
9.99 ea
First 1
LOAD NOW

11.99 ea

Navel Oranges
California, 10 lb Box



6.99 ea

Raspberries
or Blackberries, Mexico or USA, 340g

FRESH JUICY CRISP



5.99 ea

Grape Tomatoes
Canada, Mexico or USA, 680g



5.99 ea

Fresh Express Salad Kit
USA

6.99 ea

Russet Potatoes
Canada, 10 lbs



6.99 ea

Cosmic Crisp Apples
USA, 2 lbs



5.99 ea

Avocados
Large, Mexico, 2-Pack

GREEN GOLD GOODNESS

NEW Premium Hass Avocados are larger, richer and deliciously creamy. Look for very dark skin and slightly tender feel for perfect ripeness.

We pick **CANADIAN** 🍁

FLORAL



17⁹⁹
ea

Bloom You Must Bouquet
or Balance the Force



Buy 2+
4⁹⁹
ea

Mini Roses
4 Inch



45⁹⁹
ea

Magnifica & Piccola
Duo Orchid

FRESH MEAT



12⁹⁹
lb

Roast slow for absolute perfection.

Sirloin Tip Roast
Fresh, 28.64/kg



8⁹⁹
lb

Only Goodness Fresh Pork
Ribs, Tenderloin or Boneless Chops, Raised without Antibiotics, 19.82/kg



3⁴⁹
lb

Chicken Drumsticks
Fresh, Warehouse Pack, 7.69/kg



6⁹⁹
lb

Pork Loin Chops
Boneless, Center Cut, Value Pack, 15.41/kg



More REWARDS
FREE
WITH 5500
POINTS REDEEMED

or
10⁹⁹
ea

Hot Buffalo Chicken Dip
Previously Frozen, 400g



RICH SAVOURY SATISFYING



western family



More REWARDS
FREE
WITH 4200
POINTS REDEEMED

or
6⁹⁹
ea

Western Family Simmering Sauce
Selected Varieties, 400g



PLENTY for \$20

Pick any 4 participating meat products for only \$20!

SAVE UP TO 40%

on select meat products

SHOP NOW

BUTCHER'S BOX



~~WAS \$110~~
\$89

Save big on pre-portioned meats, already boxed for convenience. Ready to cook or store in your freezer.

GET YOUR BUTCHER'S BOX TODAY



protein
26g per
serving

Chicken Breast
Boneless, Skinless
3 x 2 Pack



protein
14g per
serving

Breakfast Sausages
12's x 2 Pack



protein
23g per
serving

Pork Chops
Boneless
4 x 6 oz



protein
16g per
serving

Lean Ground Beef
2 x 454g Pack



protein
20g per
serving

Strip Loin Steak
2 x 6 oz



protein
21g per
serving

Rib Eye Steak
2 x 6 oz

LIMITED TIME ONLY. WHILE QUANTITIES LAST.

TASTY DEALS



10⁹⁹
ea

Janes Chicken Strips
or Nuggets,
Fully Cooked,
Frozen, 1.1 kg



9⁹⁹
ea

Schneiders Real Bacon Crumbles
Fully Cooked,
300g



14⁹⁹
ea

Mitchell's Ham
Also Selected Varieties,
1 kg or 1.5 kg



2\$10
for

Western Family Smokies
Original or Cheese, 450g



7⁹⁹
ea

High Liner Fish Fillets
in Batter, Selected Varieties,
Frozen, 500g or 700g



12⁹⁹
ea

El Monterey Taquitos
Selected Varieties,
Frozen, 567g

FRESH SEAFOOD



Pan, oven,
or grill—it's an
easy win!



3²⁹
100g

**WAREHOUSE
PACK**
SUPER SAVINGS

**Atlantic Salmon
Fresh**



2\$ for 22



**Western Family Raw
Black Tiger Prawns**
Easy Peeled or Peeled &
Deveined, Frozen, 340g



**MIX & MATCH
BUY 2
GET 1
free***

**Western Family
Seafood Appetizers**
Selected Varieties,
Frozen, 200g or 680g
*of equal or lesser value



13⁹⁹
ea

**Aqua Star
Tempura Shrimp**
31 to 40 Count,
Frozen, 500g

LIGHT CRUNCHY IRRESISTIBLE

FOUR for \$15

Pick any **FOUR** specially marked bakery packs for only **\$15**



Chocolate Chip Cookies
Selected Varieties,
Pack of 12, **6.29 ea**



Lemon Cranberry Scones
Selected Varieties,
Pack of 4, **5.99 ea**



Homestyle Half Loaf
Selected Varieties, 550g,
5.99 ea



BAKED FRESH IN STORE

Apple Braided Strudels
Selected Varieties,
Pack of 6, **5.79 ea**



Western Family Wraps
Selected Varieties,
488g, **3.99 ea**



Authentic Street Tortillas
520g, **4.99 ea**

look for this sticker

FOUR for \$15

Pick any **FOUR** specially marked bakery packs for only **\$15**

MIX & MATCH



Click to earn points faster than you can say 'buns'.



Potato Brioche Buns
Pack of 8, **4.99 ea**



CELEBRATE CINCO DE MAYO

ONLY WITH MY OFFERS
11.99 ea
First 4
LOAD NOW

12.99 ea

Key Lime Cream Pie
560g



pack of 2 **7.99**

Strawberry Buttermilk Triangle Slice
Selected Varieties, Pack of 2

MADE WITH REAL Cream



pack of 2 **6.99**

Dessert Croissants
Selected Varieties, Pack of 2

CELEBRATE CINCO DE MAYO



pack of 6 **3.99**

Casa Mendosa Tortillas
Selected Varieties, Pack of 6



Buy 2+ **2.99 ea**
OR 3.99 ea

D'Italiano Thick Sliced Bread
Selected Varieties, 675g



5.49 ea

Furlani Garlic Toast or Texas, 638g

PERFECTLY SLICED



Grate generously for more drama and umami punch.

\$20 ea

Gran Formaggio Parmesan Style Cheese
800g



1.79
100g

Pico de Gallo or Mango & Pineapple Salsa



8.49 ea

ONLY WITH MY OFFERS
7.99 ea
First 1
LOAD NOW

Western Family Squeezable Guacamole
Restaurant Style or Avocrema, 340g

CELEBRATE CINCO DE MAYO



9.49 ea

Seven Layer Dip
Made Fresh in Store, Large



3.69
100g

Maple Lodge Farms Chicken Breast
Oven Roasted or BBQ Hot & Spicy



3.99
100g

Monterey Jack Jalapeño Cheese
or Regular

TASTY ROASTED GOODNESS



3.79
100g

Montreal Style Beef



9.99 ea

Western Family Chicken Strips
Original or Italian, 300g



10% off

Freybe Salami
Selected Varieties

SAVE BIG ON CHEDDAR



12.99 ea

Balderson Cheddar Cheese
Aged 2 Years, 280g



13.99 ea

Balderson Truffle Cheddar Cheese
or Double Smoked, 250g



11.99 ea

Balderson Cheddar Cheese
Old or Extra Old, 250g or 280g



MINDFUL MEALS

FOR MOTHER'S DAY

Treat mom to a feel-good lunch with a wholesome meal made to keep you fueled and energized. Our new Kitchen Power Bowls make celebrating her both effortless and delicious!



CHICKEN TACO BOWL

Layers of taco corn quinoa, slaw, beans, Pico de Gallo, and rice with seasoned chicken, finished with fresh cilantro.

9⁹⁹
ea

MEDITERRANEAN BOWL

Ancient grains, red peppers, grape tomatoes, and chickpeas, topped with tender grilled chicken breast.

9⁹⁹
ea



FALAFEL BOWL

Mediterranean-style bowl layers ancient grains, kale, red peppers, tomatoes, and chickpeas, finished with savoury falafel.

9⁹⁹
ea



THAI NOODLE BOWL

Thai-inspired noodle mix with bell peppers and slaw, finished with seasoned chicken.

9⁹⁹
ea



save on foods
KITCHEN

GRAB
'N'GO

MADE
FRESH
IN STORE

EXCLUSIVELY
OURS



western family
**WE'VE GOT WHOLESOME
ALL WRAPPED UP**



2⁹⁹
ea

**Western
Family Wraps**
Selected Varieties,
272g

CELEBRATE CINCO DE MAYO

WITH EXTRA SAVINGS



TRY SOMETHING NEW TONIGHT

STRIPLOIN STEAK TACOS WITH MANGO SALSA

Find recipe at SaveOnFoods.com/recipes



3\$9 for Ben's Original Bistro Express Rice Selected Varieties, 240g or 250g



3\$9 ea Old El Paso Dinner Kit Selected Varieties, 250g or 510g



8\$9 ea Armstrong Shredded Cheese Selected Varieties, 500g



4\$29 ea Dairyland Sour Cream 500 mL



4\$99 ea Tostitos Salsa Selected Varieties, 394 mL or 418 mL



2\$29 ea Casa Fiesta Diced Green Chiles or Sliced Jalapeños, 118 mL



7\$50 ea Lean Ground Pork Fresh



3\$79 ea La Cocina Tortilla Chips Gluten-Free, Selected Varieties, 400g



2\$9 for Que Pasa Organic Tortilla Chips 350g



2\$4 for Del Monte Exotic Juice Selected Varieties, 960 mL or 1 Litre



2\$4 for Jarritos Soda Mexico, Selected Varieties, 370 mL



8\$49 ea Coca-Cola Soft Drinks Mexico, Glass Bottles, 4 x 355 mL

western family

SPICY SAVINGS ON ALL YOUR CINCO DE MAYO ESSENTIALS.



FREE WITH 1500 POINTS REDEEMED or **2\$49** ea Western Family Crema Sauce Canada, 245 mL



2\$79 ea Western Family Soft Tortillas 334g



4\$49 ea Western Family Salsa Selected Varieties, 650 mL



2\$99 ea Western Family Signature Fire Roasted Salsa 398 mL



2\$79 ea Western Family Refried Beans Selected Varieties, 398 mL

TACO BELL

BRING HOME THE BELL

SAUCY, CHEESY, CRUNCHY, SPICY



4\$49 ea Taco Bell Dinner Kit (370g) or Creamy Sauce (354 mL), Selected Varieties



4\$99 ea Taco Bell Dip Selected Varieties, 445g WHILE QUANTITIES LAST.



2\$250 for Taco Bell Seasoning 28g



7\$99 ea Taco Bell Dinner Kit 401g or 642g

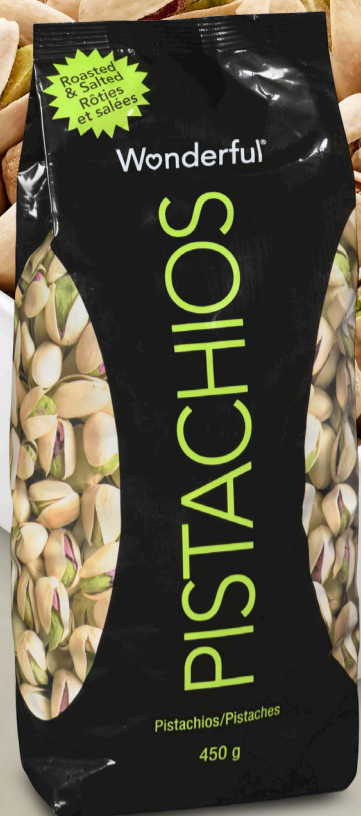


2\$99 ea Taco Bell Creamy Sauce Selected Varieties, 207 mL

BULK

10⁹⁹
ea

Wonderful Pistachios
Roasted & Salted or
Lightly Salted, 450g



2\$
for **10**

Dare Candy
Selected Varieties, 700g

BUY BIG, SAVE BIG



10⁹⁹
ea

SunRype Fruit Source Bars
(12 x 37g) or Fruit To Go (24 x 14g)



12⁹⁹
ea

Western Family Roasted Deluxe Mixed Nuts
or Roasted Cashews, 500g



27⁹⁹
ea

Brightside Daily Fibre Boost
750g



15⁹⁹
ea

Value Pack Whole Natural Almonds
Also Selected Varieties,
800g or 650g



20⁹⁹
ea

Frito-Lay Flavour Mix
(1.12 kg) or Classic (1.18 kg), Value Pack



12⁹⁹
ea

Value Pack Walnuts Halves & Pieces
600g

NATURAL

7⁹⁹
ea

Bubly Pop Soft Drinks
6 x 355 mL



28⁹⁹
ea

Kicking Horse Organic Whole Bean Coffee
(850g) or Ground (708g)



19⁹⁹
ea

Larabar Energy Bars
16 x 45g



7⁹⁹
ea

Angie's Boom Chicka Pop Sea Salt Popcorn
(255g) or Sweet & Salty (397g), Family Size



19⁹⁹
ea

Annie's Macaroni & Cheese
10 x 170g



Kettle Brand Potato Chips
Family Size, 368g

5⁴⁹
ea



5⁹⁹
ea

Blue Diamond Almond Breeze Beverage
1.89 Litres



10⁹⁹
ea

Olympic Organic Yogurt
Selected Varieties, 1.75 kg



9⁹⁹
ea

Made Good Products
Selected Varieties



6⁹⁹
ea

Fatso Peanut Butter
500g



12⁹⁹
ea

Clif Bar Energy Bars
10's

5⁹⁹
ea

Mary's Organic Crackers
155g



9⁹⁹
ea

Only Goodness Cauliflower Crust Pizza
Frozen, 330g or 500g



10⁹⁹
ea

Only Goodness Organic Cheese
Selected Varieties, 325g



3⁹⁹
ea

Only Goodness Organic Soup
398 mL



3⁹⁹
ea

Only Goodness Organic Kombucha
500 mL

HEALTH & WELLNESS



20% off

Webber Naturals Vitamins
Also Sesame Street,
Selected Varieties



15% off

BioX Supplements
Selected Varieties



28⁴⁹ ea

Liquid I.V. Hydration Multiplier
Selected Varieties, 16's



19⁹⁹ ea

Western Family Allergy Relief
Also Breathe Right Nasal Strips,
Selected Varieties, 30's or 48's



30% off

Eye Care Vitamins
Selected Varieties



25% off

TheraFresh Mouthwash
Selected Varieties,
473 mL



3⁹⁹ ea

Colgate Toothpaste
or Toothbrush, Selected Varieties



13⁹⁹ ea

Benylin Cough Syrup
Selected Varieties,
250 mL



14⁹⁹ ea

Aspirin Low Dose
Also Liv Relief Pain Cream,
Selected Varieties



5⁹⁹ ea

Tums Antacid
Selected Varieties

Supporting Women's Health

Our pharmacists can prescribe medications for a range of women's health concerns, helping you feel your best. We can support you with:

- Contraception options
- Menstrual pain relief
- Bladder infections
- Yeast infections
- Routine vaccinations
- Other minor ailments

Some restrictions may apply. Services may vary by location.



[LEARN MORE](#)

BABY CORNER



36⁹⁹ ea

Huggies Mega Colossal Diapers
Selected Varieties



2\$ for 26

Huggies Wipe Refills
Selected Varieties



78⁹⁹ ea

Similac 360 Total Care
16 x 235 mL



23⁹⁹ ea

Nestlé Nido Formula
1+ Milk Flavour,
850g



Buy 7+ 1⁹⁹ ea

Baby Gourmet Baby Food Purée
Selected Varieties,
128 mL Pouch



11⁹⁹ ea

Live Clean Baby Shampoo & Wash
750 mL

PERSONAL CARE



4⁹⁹ ea

Pantene Hair Care
(308 mL), Also Caprina
Liquid Hand Soap (500 mL)



7⁹⁹ ea

Nivea Pump Body Wash
(887 mL), Also Softsoap
Hand Soap Refill (1.47 Litres)



8⁹⁹ ea

Alpen Epsom Salt Bath Soak
(1.6 kg), Also Gillette Twin Pack (108g)



12⁹⁹ ea

Native Hair Care
(487 mL), Also
Every Man Jack 3 in 1 (852 mL)



14⁹⁹ ea

Aveeno Body Wash
(975 mL), Also Batiste Dry
Shampoo (350 mL)



20% off

L'Oréal Face Care
Also Garnier, Selected Varieties

STOCK UP & SAVE



21⁹⁹
ea

Charmin Ultra Soft Bathroom Tissue
24=96 Rolls



9⁹⁹
ea

Bounce Dryer Sheets
200's



9⁹⁹
ea

Western Family Garbage Bags
40's or 20's



9⁹⁹
ea

Downy Fabric Scent Booster
Also Gain, 379g



More REWARDS
REDEEM 6000 POINTS & PAY 19⁹⁹ ea

Western Family Foil Club Size, 656 Feet



15% off

Vileda Cleaning Supplies
Selected Varieties



15% off

Only Goodness Compostable Plates or Bowls, Selected Varieties



More REWARDS
FREE WITH 3100 POINTS REDEEMED or 4⁹⁹ ea

Glad ClingWrap or Press'n Seal, 90 Meters

IM-PAW-SSIBLE DEALS



8⁹⁹
ea

Milk-Bone Soft & Chewy Dog Treats
708g



5⁹⁹
for **6**

Whiskas Perfect Portions Cat Food
Wet, 2 x 37.5g



29⁹⁹
ea

Hartz Delectables Squeeze Up Cat Treat Variety Pack, 54's



20⁹⁹
ea

Purina Dog Chow Selected Varieties, 8 kg

PECK AT THESE SAVINGS



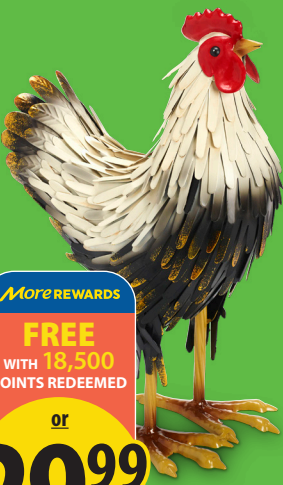
More REWARDS
FREE WITH 23,000 POINTS REDEEMED or 36⁹⁹ ea

Metal Rooster Ornament
Yellow & Blue Tail, 13 Inch



More REWARDS
FREE WITH 18,000 POINTS REDEEMED or 28⁹⁹ ea

Metal Rooster
White, Black & Blue Tail, 15 Inch



More REWARDS
FREE WITH 18,500 POINTS REDEEMED or 29⁹⁹ ea

Metal Rooster
White, Black & Gold Trim, 14 Inch



More REWARDS
FREE WITH 23,000 POINTS REDEEMED or 36⁹⁹ ea

Metal Rooster With Black Polka Dot Wings
14 Inch

NOVEL BARGAINS



20% off

Pocketbooks



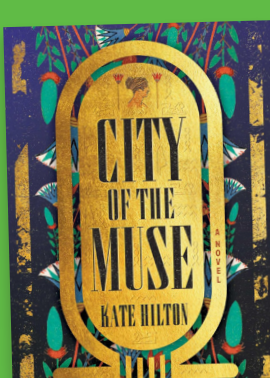
Mama Loves It
Regular Retail 24.99 ea

20% off



25% off

The Tempest Blade
Regular Retail 29.99 ea



25% off

City of the Muse
Regular Retail 25.99 ea



30% off

The Chambermaid's Key
Regular Retail 25.99 ea

More REWARDS

PAY WITH POINTS

**10,000
POINTS = \$15**

OFF YOUR GROCERY BILL

*Exclusions apply. Minimum spend required of \$15 before tax. Promotion will not apply to final receipt if phone number is provided in place of the More Rewards card. See MoreRewards.ca or in store for details.