

MILITARY DISCOUNT
 TAKE AN EXTRA **10% OFF**
 ON IN-STORE PURCHASES
THURSDAY, APRIL 16
 For details & exclusions, visit FredMeyer.com/military

EARN **4X FUEL POINTS** with digital coupon
ON PRODUCE!
 UNLIMITED USE APRIL 15-21



Scan here or visit FredMeyer.com/FuelEvent to download coupon.
 *Exclusions apply. See coupon for details.



MIX & MATCH
BUY 1, GET 1 FREE
 of Equal or Lesser Value
 With Card

Fresh Foster Farms or Simply Raised Full Line Chicken Sale
 Select Varieties, No Antibiotics Ever



USDA CHOICE

\$6.99 /LB
 With Card

Boneless Chuck Roasts
 or Steaks, Value Pack



California Cuties Seedless Mandarins
 3 lb or Cuties Organic Seedless Mandarins, 2 lb

\$4.99
 With Card



Oscar Mayer Deli Fresh Lunch Meat
 6-9 oz, or Claussen Pickles 24-32 oz; Select Varieties

\$4.49
 With Card



Thomas' Bagels
 Select Varieties, 6-10 ct

2/\$8
 With Card



Eggland's Best Cage Free Eggs
 Large, Grade A, 12 ct

BUY 1, GET 1 of Equal or Lesser Value FREE
 With Card



Large Avocados or Mangos

2/\$4
 With Card



Coca-Cola 12-Pack, 12 fl oz Cans
Pepsi 6-Pack, 16.9 fl oz Bottles
Lipton Tea 12-Pack, 16.9 fl oz Bottles

MIX & MATCH
BUY 3, GET 3 FREE
 Of Equal or Lesser Value with Card.
 Select Varieties, Limit 12 Packages



Bubly Sparkling Water 8-Pack, 12 fl oz Cans
Body Armor 6-Pack, 16-20 fl oz Bottles
Smartwater 6-Pack, 33.8 fl oz Bottles

Powerade 8-Pack, 20 fl oz Bottles
Monster Energy Drink 4-Pack, 12 fl oz Cans



Red, Orange or Yellow Bell Peppers or English Cucumbers

3/\$5
 With Card



Lay's Potato Chips
 5-8 oz or Fritos, 9.25-10 oz or Tostitos, 9-14.43 oz; Select Varieties

\$3.49 /EA
 With Card

When you buy 4 or more in the same transaction with Card. Quantities less than 4 are up to \$6.89 each with Card.



Powerade
 28 fl oz or Body Armor, 16 fl oz; Select Varieties

10/\$10
 With Card



Dannon Activia or YoCrunch Yogurt
 Select Varieties, 4 ct

MIX & MATCH BUY 2, GET 1 of Equal or Lesser Value FREE
 With Card



Private Selection Red and Gold Gourmet Potatoes
 3 lb

MIX & MATCH BUY 1, GET 1 of Equal or Lesser Value FREE
 With Card



Simple Truth Organic Milk
 Select Varieties, 64 fl oz

\$4.99
 With Card



Kellogg's Cereal
 Select Varieties, 8.9-16 oz

MIX & MATCH BUY 2, GET 3 of Equal or Lesser Value FREE
 With Card



Denali, Anchorage Distillery or Alaskan
 Select Varieties, 4-Pack, 12 fl oz Cans

\$13.99

WEEKLY DIGITAL DEALS Use coupons **UP TO 5 TIMES** per transaction. **UNLIMITED** transactions!



Find even more deals online!



12 oz Raspberries or Blackberries

\$5.99 /EA
 With Digital Coupon
 Price without digital coupon is up to \$8.89 each with Card.



Oscar Mayer Bacon
 Select Varieties, 12-16 oz

\$4.49 /EA
 With Digital Coupon
 Price without digital coupon is up to \$7.49 each with Card.



Kroger Cheese
 Select Varieties, 6-8 oz

\$1.79 /EA
 With Digital Coupon
 Price without digital coupon is up to \$2.79 each with Card.



Kettle Brand Potato Chips
 Select Varieties, 6-7.5 oz

\$2.99 /EA
 With Digital Coupon
 Price without digital coupon is up to \$3.99 each with Card.

*While supplies last.



WEEKLY DIGITAL DEALS

Use coupons **UP TO 5 TIMES** per transaction.
UNLIMITED transactions!



Hillshire Farm Smoked Sausage
Select Varieties, 12-14 oz
Price without digital coupon is up to \$4.49 each with Card.

\$3.49 /EA
With Digital Coupon

Organic Honeycrisp Apples
Price without digital coupon is up to \$3.99 lb with Card.

\$3.49 /LB
With Digital Coupon



Private Selection Sliced Italian Meat
3-5 oz or Sliced Cheese, 8 oz; Select Varieties, In the Deli

\$4.99 /EA
With Digital Coupon
Price without digital coupon is up to \$6.99 each with Card.



DiGiorno Pizza
14.14-30.3 oz or Hot Pockets, 4 ct; Select Varieties

\$4.99 /EA
With Digital Coupon
Price without digital coupon is up to \$5.99 each with Card.



Cheetos
6.5-9 oz or Fritos Dip, 8.5-9 oz; Select Varieties

\$3.49 /EA
With Digital Coupon
Price without digital coupon is up to \$4.99 each with Card.



Farm Rich Appetizers
12-22 oz or Meatballs, 20-26 oz; Select Varieties

\$6.99 /EA
With Digital Coupon
Price without digital coupon is up to \$7.99 each with Card.



Kroger Cottage Cheese
Select Varieties, 16 oz

\$2.19 /EA
With Digital Coupon
Price without digital coupon is up to \$2.49 each with Card.



Yuban Coffee
Select Varieties, 25.3-27.9 oz Can

\$11.99 /EA
With Digital Coupon
Price without digital coupon is up to \$14.99 each with Card.



Philadelphia Cream Cheese Spread
Select Varieties, 7.5-8 oz

\$3.49 /EA
With Digital Coupon
Price without digital coupon is up to \$4.49 each with Card.



Tyson Frozen Chicken
Select Varieties, 16-26.5 oz

\$7.99 /EA
With Digital Coupon
Price without digital coupon is up to \$10.99 each with Card.



Hershey's Party Pack Candy
Select Varieties, 23.8-35.9 oz

\$13.99 /EA
With Digital Coupon
Price without digital coupon is up to \$16.99 each with Card.

*While supplies last.

MIX & MATCH

SAVE \$10 AN EXTRA

When you spend \$30 on Participating Our Brands Household, Personal Care and Beauty Items, with Card.*

*Participating item selection may vary by store. Discount applied at checkout with your Card. Items must be purchased in the same transaction.



Kroger simple truth FREE FROM

April 15 - April 21

FRIENDS & FAMILY

DISCOUNT

SAVE AN EXTRA

20%

APPAREL & SHOES*

Includes Price Blasters

15%

HOME

10%

ELECTRONICS*

Including Connected Home,
Laptops & Video Games

with Digital Coupon

*Exclusions apply. See digital coupon for details.

SAVE MORE WITH DIGITAL COUPONS

Use coupons **UP TO 5 TIMES** per transaction. **UNLIMITED** transactions!



Find even more online!
Scan me to download digital coupons.



5.99 With Card
-1.00 Off 1
DIGITAL COUPON OFFER

\$4.99 /EA

Nancy's Organic Yogurt
Select Varieties,
32 oz



11.99 With Card
-2.00 Off 1
DIGITAL COUPON OFFER

\$9.99 /EA

Peet's Coffee
10-10.5 oz Bag
or K-Cups, 10 ct;
Select Varieties



3.49 With Card
-50¢ Off 1
DIGITAL COUPON OFFER

Darigold Cottage Cheese
Select Varieties,
16 oz

\$2.99 /EA



4.49 With Card
-1.00 Off 1
DIGITAL COUPON OFFER

Blue Diamond Almonds
Select Varieties,
4-6 oz

\$3.49 /EA



4.49 With Card
-1.00 Off 1
DIGITAL COUPON OFFER
\$3.49 /EA
Coffee-Mate Creamer

32 fl oz or Keebler Cookies,
8.5-13.4 oz; Select Varieties



5.49 With Card
-2.00 Off 1
DIGITAL COUPON OFFER

Darigold Butter
Select Varieties,
16 oz

\$3.49 /EA



12.99 With Card
-1.00 Off 1
DIGITAL COUPON OFFER

Private Selection Angus Beef Patties
Select Varieties,
Frozen, 2 lb

\$11.99 /EA

5.49 With Card
-50¢ Off 1
DIGITAL COUPON OFFER
\$4.99 /EA
Nabisco Family Size Oreo Cookies



Select Varieties,
10.3-20 oz



6.39 With Card
-1.00 Off 1
DIGITAL COUPON OFFER

\$5.39 /EA

Organic Valley Milk
64 fl oz or
My Mochi Ice Cream,
6 ct; Select Varieties



24.99 With Card
-4.00 Off 1
DIGITAL COUPON OFFER

\$20.99 /EA

Green Mountain or McCafe K-Cups
Select Varieties,
32 ct



7.49 With Card
-1.50 Off 1
DIGITAL COUPON OFFER

\$5.99 /EA

Stok Cold Brew Coffee
48 fl oz or Newman's Own
Pizza, 15.1-17 oz;
Select Varieties



11.99 With Card
-1.00 Off 1
DIGITAL COUPON OFFER

\$10.99 /EA

Just Bare Frozen Chicken
Select Varieties,
19.2-24 oz



15.99 With Card
-3.00 Off 1
DIGITAL COUPON OFFER

\$12.99 /EA

Tide Laundry Detergent
92-105 fl oz or Tide Pods,
32-57 ct; Select Varieties



8.49 With Card
-1.00 Off 1
DIGITAL COUPON OFFER

\$7.49 /EA

Quilted Northern Bath Tissue
Select Varieties,
6 Mega Rolls



Ben & Jerry's Ice Cream
16 fl oz or
Talenti Gelato,
16 fl oz;
Select Varieties

5.49 With Card
-1.00 Off 1
DIGITAL COUPON OFFER
\$4.49 /EA



Barilla Pasta
Select Varieties,
12-16 oz

2.49 With Card
-50¢ Off 1
DIGITAL COUPON OFFER
\$1.99 /EA



Rao's Pasta Sauce
Select Varieties,
32 oz

9.99 With Card
-1.00 Off 1
DIGITAL COUPON OFFER
\$8.99 /EA



9.29 With Card
-1.00 Off 1
DIGITAL COUPON OFFER

\$8.29 /EA
Seattle's Best Coffee

Select Varieties,
10-12 oz Bag



5.29 With Card
-1.00 Off 1
DIGITAL COUPON OFFER
\$4.29 /EA

Darigold Fit Milk
or Chocolate Milk,
59 fl oz; Select Varieties

SAVE MORE WITH DIGITAL COUPONS
Use coupons **UP TO 5 TIMES** per transaction.
UNLIMITED transactions!



Stacy's Pita Chips

Thins or Bagel Chips,
6.75-7.3 oz;
Select Varieties,
In the Deli

5.99 With Card
-1.00 Off 1
DIGITAL COUPON OFFER
\$4.99 /EA

20.99 With Card
-2.00 Off 1
DIGITAL COUPON OFFER
\$18.99 /EA
Chomps Meat Sticks

Select Varieties, 8-14 ct



Oscar Mayer Fun Pack Lunchables
Select Varieties,
8.9-10.7 oz



4.49 With Card
-1.00 Off 1
DIGITAL COUPON OFFER
\$3.49 /EA



Stouffer's or Lean Cuisine Entrée
Select Varieties,
5.75-12.875 oz

3.49 With Card
-50¢ Off 1
DIGITAL COUPON OFFER
\$2.99 /EA



18.59 With Card
-2.00 Off 1
DIGITAL COUPON OFFER
\$16.59 /EA

Temptations Dry Cat Food
Select Varieties,
13.5 lb



6.49 With Card
-1.00 Off 1
DIGITAL COUPON OFFER
\$5.49 /EA

Dr. Squatch Bar Soap
Select Varieties,
5 oz



2.79 With Card
-50¢ Off 1
DIGITAL COUPON OFFER
\$2.29 /EA

Kroger Facial Wipes
Select Varieties,
25 ct

GROCERY ESSENTIALS



Barebells Protein Bar
1.94 oz or Gold Peak Tea,
52 fl oz; Select Varieties

2/\$6
With Card



Kellogg's Nutri Grain Bars
8 ct or Rice Krispies
Treats, 8 ct;
Select Varieties

MIX & MATCH
BUY 1, GET 1
of Equal or Lesser Value
FREE
With Card



Monster or Nos Energy Drink
Select Varieties,
15.5-16 fl oz

MIX & MATCH
BUY 2, GET 1
of Equal or Lesser Value
FREE
With Card



Dececco Pasta
16 oz or Pace Salsa,
16 oz; Select Varieties

\$3.49
With Card



Franz Buns
Select Varieties,
8 ct

\$3.99
With Card



Best Foods Mayonnaise
Select Varieties,
11.5 fl oz

MIX & MATCH
BUY 1, GET 1
of Equal or Lesser Value
FREE
With Card

SHOP OUR EXCLUSIVE BRANDS AND SAVE



Kroger 73% Lean Beef Burgers
Frozen, 2 lb

\$9.99
With Card



Kroger Mini Sweet Peppers
2 lb

\$7.99
With Card



Private Selection
Sparkling Mineral
Water

\$11.99

With Card

12-Pack, 12 fl oz



Kroger Potato Chips
Select Varieties,
7.5-8 oz

\$2.29
With Card



Kroger Cereal
11.2-18.2 oz or
Granola, 11 oz;
Select Varieties

\$2.89
With Card



Kroger Ice Cream
Select Varieties,
128 fl oz

\$8.19
With Card

BOTTLES & BREWS



Tito's
or Malibu
\$37.99

1.75 Liters
or Maker's Mark,
750 ml;
Select Varieties



22.99 EA
-10%
With Card

\$20.69
/EA*

Franzia or Peter Vella
Select Varieties,
5 Liters



9.99 EA
-10%
With Card

\$8.99
/EA*

Bogle, Cupcake or Clos Du Bois
Select Varieties,
750 ml



Wildness, King Street or Bearpaw

Select Varieties, 12-Pack,
12 fl oz Bottles or Cans,
Plus Deposit Where Applicable

\$18.99

*When You Buy Any 6 Participating Items with Card.

FIND YOUR FAVORITE NATURAL ITEMS

Simple Truth
Cage Free Eggs
Large, Grade AA, 12 ct

\$3.99

With Card



NutPods Creamer
25.4 fl oz or Simple Truth
Protein Mini Pancakes,
40 ct; Select Varieties

\$5.79
With Card



Simple Truth Organic Pasta Sauce
Select Varieties,
24-25 oz

2/\$6
With Card



Califia Farms Cold Brew Coffee
48 fl oz or Simple Truth
Protein Crisp Crackers,
4.25 oz; Select Varieties

\$5.29
With Card



Siggis Skyr Yogurt
5.3 oz or
Core Water, 30.4 fl oz;
Select Varieties

2/\$3
With Card



Simple Truth Beef or Turkey Hot Dogs
Select Varieties,
10 oz

\$4.99
With Card

HOME, HEALTH & MORE!



Nature's Truth Supplements
Select Varieties,
33-300 ct
MIX & MATCH
BUY 1, GET 1
of Equal or Lesser Value

FREE
With Card



L'Oréal Elvive Shampoo or Conditioner
Select Varieties,
26.5-28 fl oz

\$9.99
With Card



Sensodyne Toothpaste
Select Varieties, 3.4 oz

\$8.49
With Card



Dannon Oikos Protein Shake
Select Varieties,
12 fl oz

2/\$7
With Card



Dove Chocolate Promises
Select Varieties,
6.74-7.61 oz

\$6.99
With Card



Everyday Living Food Storage Bowls
Select Varieties,
12 ct

\$14.99
With Card

SCORE MORE IN ONE STOP



Chefman Breakfast Appliance
Select Varieties

\$29.99
With Card



GoodCook Gadgets

STARTING AT \$5.99
With Card



Reduce Tumblers
Select Varieties

\$19.99
With Card

SAVE ON THE FRESHEST
TROPICAL FRUIT
OF THE SEASON

**Mighties
Green Kiwi**
2 lb

\$6⁹⁹

With Card



**White
or Yellow
Dragon Fruit**

\$5⁹⁹
/EA
With Card



**Large
Pineapple**

\$4⁹⁹
/EA
With Card



**Private Selection
Salad Kits**
9.9-11.9 oz
\$4.99

With Card



**Cotton Candy
Seedless Grapes** **\$4.99** /LB
With Card

\$8.99
With Card
**2 lb
Strawberries**



BIG DEAL!
BIG PACKS

**Bloom Haus
Strawberry Patch
Bouquet**

\$12



**Assorted
Bulbs**
6" Pot
\$13.99



**Red Tomatoes
on the Vine**
\$3.49 /LB
With Card



GUARANTEED FRESH



**USDA
CHOICE**

\$15.99 /LB

With Card
**Boneless New York
Strip Steaks**
Value Pack



**Kroger
Breakfast Sausage**
Select Varieties,
12-16 oz
\$3.49
With Card



**Aqua Star
Salmon Fillets**
Frozen, 1.25 lbs
\$9.99
With Card



**Armour
Lunchmakers**
Select Varieties,
2.44-2.67 oz
10/\$12
With Card



**Kroger
Fish Fillets**
Select Varieties,
Frozen, 2 lb
\$11
With Card

DELI & BAKERY

Order party trays, cakes and more at
FredMeyer.com/fresh

**Fresh Baked Private Selection
Butter Croissants**
Large, 4 ct or Mini 12 ct
or Blueberry Muffins, 4 ct;
Select Varieties

\$6



**Private Selection
Classic Seasoned
Fresh Roasted Chicken**
or Other Varieties, 2 lb,
Fully Cooked

\$10.99



**Private Selection
Black Forest Ham**
or Provolone Cheese,
\$11.99 lb with Card,
Select Varieties,
Sliced to Order or Grab & Go

\$14.99 /LB
With Card



BOTTLES & BREWS



\$27⁹⁹

**Coors,
Budweiser or Miller**
30-Pack, 12 fl oz or Michelob Ultra,
24-Pack, 12 fl oz Bottles or Cans;
Select Varieties,
Plus Deposit
Where Applicable



13.99^{EA}
-10%
With Card

\$12⁵⁹/EA*

**Kim Crawford,
Josh Cellars
or Stella Rosa**
Select Varieties,
750 ml



11.99^{EA}
-10%
With Card

\$10⁷⁹/EA*

**Cupcake,
Freixenet or
Rodney Strong**
Select Varieties,
750 ml



**Fireball,
Bacardi or
Evan Williams**
Select Varieties,
750 ml

\$14⁹⁹



\$23⁹⁹

**Pendleton
or Hornitos**

750 ml or Rich and Rare,
1.75 Liters; Select Varieties



\$17⁹⁹

**Twisted Tea,
Mike's Hard Lemonade
or Kona**

Select Varieties, 11.2-12-Pack,
12 fl oz Bottles or Cans,
Plus Deposit
Where Applicable



*When You Buy Any 6 Participating Items with Card.

CHEERS TO GREAT DEALS ON YOUR FAVORITES!



HGTV Outdoor
Orchards
Dining Chair
Select Varieties
\$29⁹⁹
With Card



HGTV Outdoor
Orchards
Market Umbrella
Select Varieties
\$94⁹⁹
With Card



HGTV Outdoor
Orchards
Dining Table
\$69⁹⁹
With Card



HGTV Outdoor
Orchards
Side Table
\$29⁹⁹
With Card

**SAVINGS TO PUT
A SPRING IN YOUR STEP!**



Walk-A-Bout
Charcoal Grill
Select Varieties
\$69⁹⁹
With Card



Maxx Bubble
Wands or Refill
Select Varieties
\$4⁹⁹



Everyday Living
Citronella
Candle
Select Varieties,
1-3 ct
\$9⁹⁹
With Card



HD Designs
Outdoor
Birdbath
Select Varieties
**SAVE
30%**
Tag Reflects Savings
With Card



Nerds,
Sweetarts
or Trolli Candy
Select Varieties,
7.15-14 oz
\$3⁹⁹
With Card



Haribo
Candy
Select Varieties,
6.3-8 oz
2/\$4
With Card



Lifesavers
or Skittles
Gummies
Select Varieties,
5.8-8 oz
\$2⁴⁹
With Card



Hi-Chew
Candy
Select Varieties,
11.65-12.7 oz
\$5⁹⁹
With Card



M&M's
Party Size Candy
Select Varieties,
34-38 oz
\$13⁹⁹
With Card



Tony's Choclonely
Chocolate Bar
Select Varieties,
6.35 oz
\$5⁹⁹
With Card



Twizzlers
Candy
Select Varieties,
11-16 oz
\$4⁴⁹
With Card