



Burnbrae
large white
egg
30 un.

LARGE

888



20% SAVINGS
5.99
/lb

lean ground
beef Halal
13.21/kg



41% SAVINGS
4.99
/lb

Boneless skinless
chicken breast
Halal
11.00/kg

avocados
bag
Mexico, 6 un.

UP TO
50% SAVINGS
2.99
ea.

1LB

LIMES
LIMES

limes
Mexico, 1 lb

6 UN.



50% SAVINGS
99¢
ea.

fresh mint, green onions,
italian or curly parsley
Mexico, U.S.A.



67% SAVINGS
99¢
un.

english cucumbers
Canada

strawberry
U.S.A., 454 g

50% SAVINGS
2.99
ea.



Adonis
ORIGINAL
RECIPE

20% SAVINGS
7.99
/lb

beef
kafta
Halal
17.61/kg



24% SAVINGS
18.99
/lb

beef
tenderloin
Halal
41.85/kg



26% SAVINGS
9.99
/lb

Canadian
lamb
shoulder
Halal
22.02/kg



44% SAVINGS
9.99
/lb

fresh
Atlantic
salmon
fillet
22.02/kg



Cedar extra
virgin olive oil
2.5L

31% SAVINGS
24.99

Astro Original
balkan
650-750 g

26% SAVINGS
2.97



Naya water
24 x 500 ml

33% SAVINGS
3.99



Cedar tahini
907 g

47% SAVINGS
5.77



Cedar grape
leaves jar
1L

UP TO
48% SAVINGS
2/\$7



Basques charcoal
8 kg

31% SAVINGS
17.99



Lavazza
ground coffee
250 g

44% SAVINGS
4.99



FREE CLEANING

31% SAVINGS

8.99 /lb

fresh sea bass
19.82/kg

\$2 SAVINGS

10.99

Adonis **Halal** BBQ chicken

LARGE

50% SAVINGS

99¢ /lb

sweet potatoes
U.S.A.
2.18/kg

Zabiha Halal

Canada's **No. 1** Halal Brand

La marque **Halal** du Canada

Zabiha Halal

CANADA'S **#1** HALAL FOOD BRAND

Fire CRISP

SPICY CHICKEN BURGERS

700 g

Zabiha Halal

Canada's **No. 1** Halal Brand

La marque **Halal** du Canada

Zabiha Halal

Fire CRISP

SPICY CHICKEN BURGERS

720 g

UP TO \$5 SAVINGS

7.99

Zabiha Halal breaded chicken
700-800 g selected varieties

Zabiha Halal

CANADA'S **#1** HALAL FOOD BRAND

Fire CRISP

SPICY CHICKEN BURGERS

720 g

daia

DATES - DATTES

850 g or 1 kg

43% SAVINGS

7.99

Castle Farms sukkari ruttab dates
850 g or Daia khudari dates 1 kg

FRESH, HOT AND READY!

\$2 SAVINGS

14.99

daily plate
medium platter
Promotion is subject to store availability

\$2 SAVINGS

\$6 ea.

Adonis crispy falafel combo,
served with 335 ml coke

STARTING AT

14.99 ea.

assorted fruits or vegetables platters

4.48 /KG SAVINGS

7.99 /lb

Adonis tabouleh or chef's salads
17.61/kg

UP TO 34% SAVINGS

1.97

Selection hot-dog or hamburger buns
8 un.

39% SAVINGS

3.99

Andalos kaak
400 g

\$2 SAVINGS

6.99 ea.

trompe-l'oeil cake
90 g

Saputo feta, Tre Stelle bocconcini or Castello sliced cheese
145-200 g

UP TO 45% SAVINGS

3.99

Tre Stelle BOCCONCINI
200 g

CASTELLO SWISS - SUISSE
145 g

Baladi cheese in brine
9.03/lb

29% SAVINGS

1.99 per 100 g

47% SAVINGS

8.99

Cedar Calrose medium grain rice
4 kg

molisana pasta or tomato paste
450 g, 680 ml selected varieties

33% SAVINGS

1.99

25% SAVINGS

5.99

Ahmad Tea tea bag
100 un.

Best juice
250 ml

50% SAVINGS

99¢

43% SAVINGS

2.99

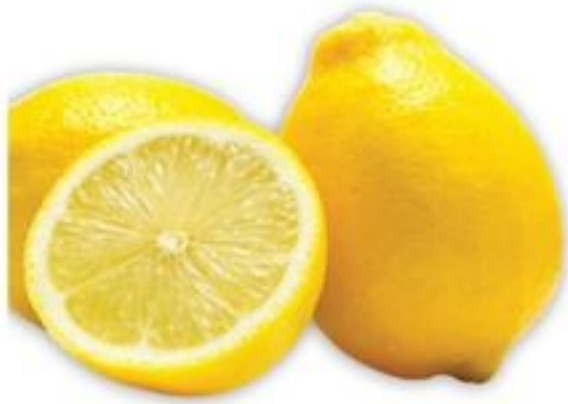
Ülker halley
300 g

38% SAVINGS

4.99

Elzymi rollini or twist
spinach or cheese
800 g

EVERYDAY LOW PRICES



10/4⁹⁹

lemons
U.S.A., Egypt



2⁹⁹ /lb
clementines with leaves
Spain
6.59/kg



1⁹⁹ /lb
lebanese cucumbers
Canada
4.39/kg



2⁴⁹ /lb
red vine tomatoes
U.S.A., Canada, Mexico
5.49/kg



3⁹⁹ ea.
kiwi basket
Greece, Italy, Chile, 600 g



99¢ ea.
italian or curly parsley
Mexico, U.S.A.



1⁶⁹ /lb
baladi squash
Mexico, U.S.A.
3.73/kg



3⁹⁹ ea.
romaine hearts lettuce
U.S.A., Mexico, 3 un.



2⁹⁹ ea.
avocados bag
Mexico, bag 6 un.



99¢ ea.
fresh mint or green onions
Mexico, U.S.A.



1⁹⁹ /lb
eggplants
Mexico, U.S.A.
4.39/kg



1⁴⁹ /lb
flat green cabbage
U.S.A.
3.28/kg



3⁹⁹ ea.
navel oranges
Egypt, bag 3 lb



4⁹⁹ ea.
assorted colours sweet peppers
Canada, Mexico, U.S.A., 4 un.



2⁹⁹ ea.
yellow onions
Canada, 5 lb



4⁹⁹ ea.
yellow, red or russet potatoes
Canada, bag 10 lb



3⁹⁹ /lb
orange, red or yellow sweet peppers
Canada
8.80/kg
33% savings

Fresh FRUITS and VEGETABLES



5⁹⁹ /lb
guava
Egypt
13.21/kg



2⁹⁹ /lb
green beans
U.S.A.
6.59/kg
57% savings



3⁹⁹
sweet corn
U.S.A., 4 un.
50% savings



1⁹⁹ /lb
seedless oranges or Bosc pears
Egypt, South Africa
4.39/kg
20% savings



2⁹⁹ /lb
black plums
Chile
6.59/kg
40% savings



2/\$5
dill or arugula
Mexico, U.S.A.



3/\$5
radish bunch or coriander
Canada, Mexico, U.S.A.
up to 33% savings



1⁹⁹ ea.
red or ataulfo mango
Mexico
33% savings



9⁹⁹ /lb
loquats or fresh yellow dates
Namibia, Spain
22.02/kg
up to 38% savings



2/\$5
white mushrooms
U.S.A., Mexico, 227 g



3⁹⁹ ea.
Attitude salad
Mexico, 142 g, selected varieties



1⁹⁹ /lb
red Delicious, Cripps Pink, Royal Gala or Granny Smith
Canada, U.S.A.
4.39/kg
33% savings



5⁹⁹ /lb
fresh green almonds
U.S.A.
13.21/kg
45% savings

Bulk variety



1⁷⁹ per 100 g
pitted marinated mixed olives
8.12/lb
10% savings



1⁷⁹ per 100 g
salted oriental mixed nuts
8.12/lb
14% savings



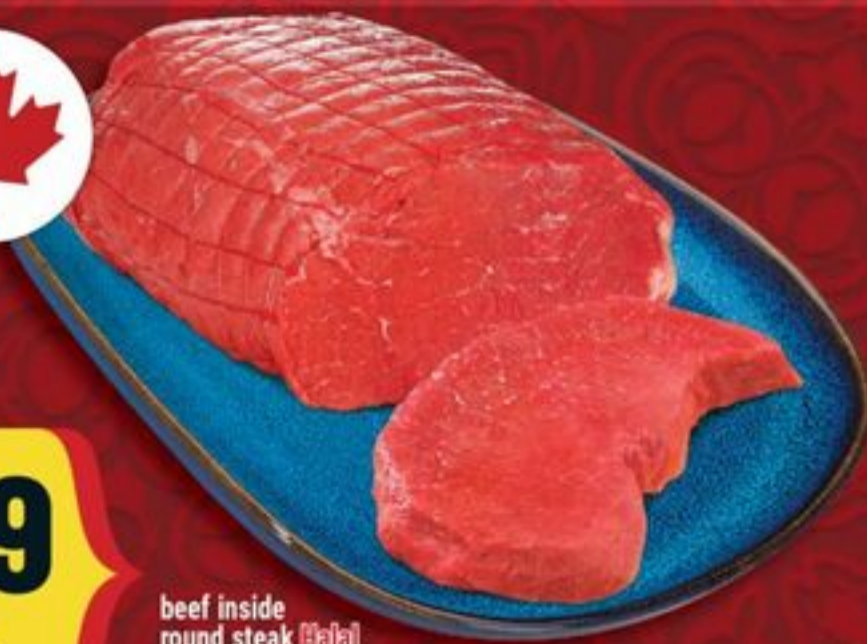
1⁴⁹ per 100 g
Halva
Chocolate, Pistachio
6.76/lb
12% savings



3⁴⁹ per 100 g
lebanese coffee
selected varieties
15.83/lb
13% savings

ENJOY *our* **FRESH** *meats and top*
QUALITY specialties

منتجاتنا اللحومية



8⁹⁹
/lb

beef inside round steak **Halal**
19.81/kg



16⁹⁹
/lb

boneless strip loin steak **Halal**
37.44/kg



7⁹⁹
/lb

Halal lamb shank frozen
17.61/kg



19⁹⁹
/lb

Halal marinated lamb chop
44.05/kg



16⁹⁹
/lb

grain fed veal cutlet **Halal**
37.44/kg



19⁹⁹
/lb

Halal tomahawk rib steak
44.05/kg



3⁴⁹
/lb

chicken drumsticks **Halal**
7.69/kg



5⁴⁹
/lb

chicken wings **Halal**
12.10/kg



Adonis
ORIGINAL
RECIPE

Halal
marinated
whole chicken
8.80/kg

3⁹⁹
/lb



chicken
with vegetables
skewers **Halal**
19.81/kg

8⁹⁹
/lb



AA+

11⁹⁹
/lb

top sirloin beef steak **Halal**
26.43/kg



Adonis
ORIGINAL
RECIPE

6⁹⁹
/lb

beef sausages
(makaneq) **Halal**
15.41/kg

TASTE the FRESHNESS of our SEAFOOD PRODUCTS منتجاتنا البحرية



31% OFF
10⁹⁹ /lb
tuna steaks
frozen or thawed
24.23/kg

FREE CLEANING

\$1/LB OFF
4⁹⁹ /lb
frozen or thawed
whole mackerel
11.00/kg



\$1/LB OFF
5⁹⁹ /lb
basa fillets
previously frozen
13.21/kg



\$1/LB OFF
8⁹⁹ /lb
squid rings
previously frozen
19.82/kg



\$2 OFF
11⁹⁹
Blue Tide
tilapia
fillets
907 g



\$1 OFF
3⁹⁹
Blue Tide
imitation
crabmeat
frozen
454 g



\$1 OFF
6⁹⁹
Blue Tide
mix seafood
350 g



\$2 OFF
10⁹⁹
Royal
Harbour
salmon
200 g

Our FRESH products عروض المنتجات الطازجة



38% OFF
2⁴⁹
Irrésistible
butter
125 g



24% OFF
12⁹⁹
Black Diamond shredded cheese 907 g
or Puck creamy spread 500 g



31% OFF
5⁴⁹
Astro
Original
yogurt
12x100 g



20% OFF
3⁹⁹
iögo nano
drinkable yogurt
6x93 ml



17% OFF
2⁴⁹
Milk 2Go milk
325 ml



34% OFF
2⁴⁹
Phoenicia
milk
beverage
500 ml



13% OFF
3⁴⁹
Selection
coffee cream
1L



17% OFF
2⁴⁹
Selection
sour cream
500 ml



13% OFF
6⁹⁹
Silk
protein soy
beverage
1.42 L



14% OFF
5⁹⁹
Selection
cheese block
400 g



13% OFF
6⁹⁹
Philadelphia
cream cheese
spread
340 g



20% OFF
3⁹⁹
Black Diamond
sliced cheese
410 g



25% OFF
4⁴⁹
Saputo
parmesan
cheese petal
125 g

Discover OUR COLD CUTS



28% OFF

179
per 100 g

Alzahraa beef bologna **Halal**
8.12/lb

36% OFF

199
per 100 g

Alzahraa turkey breast **Halal**
9.03/lb



30% OFF

249
per 100 g

Mastro porchetta or hot or mild genoa salami
11.29/lb



20% OFF

199
per 100 g

San Daniele mortadella
9.03/lb



13% OFF

349

Breton pate
150 g,
selected
varieties



12% OFF

849

Irrésistible dry sausage
300 g



25% OFF

299

Maple Lodge chicken deli **Halal**
375 g



375 g



17% OFF

749

Alzahraa spicy or mild salami **Halal**
400 g

Discover OUR CHEESES



Agropur, Monsieur Gustav or Soignon cheese
170-200 g,
selected varieties

UP TO 22% OFF

699



19% OFF

129
per 100 g

Phoenicia regular or half goat labneh
5.85/lb



22% OFF

249
per 100 g

Tuma cheese
11.29/lb



2% OFF

129
per 100 g

Phoenicia tzatziki
5.85/lb



15% OFF

279
per 100 g

greek feta cheese
12.66/lb



UP TO 40% OFF

349
per 100 g

Jarlsberg original cheese, Agropur grand cheddar or L'Extra brie
15.83/lb



UP TO 22% OFF

699

Kashkaval cheese or Irrésistible Artisan triple cream or camembert
170-250 g



31% OFF

449

Alexis de Portneuf camembert ou brie
125 g

Discover OUR SPECIALTIES



Adonis **Halal** chicken or beef shawarma sandwich

699
ea.



1499
ea.

Adonis Halal lamb shank



1299
ea.

sayadieh



1299
ea.

Adonis creamy pasta with chicken



1199
/12 un.

Adonis lahmajoun, spinach or cheese pie
12 un.



fattoush, greek or chicken caesar salad
500-550 g

799
ea.



Adonis hummus or garlic sauce
250 g

429
ea.

Discover OUR PASTRY AND BAKERY



Adonis black and white cake
8 in.

2999



449

Adonis assorted cake pieces



1399
/lb

Adonis halawel el jibn



Dempster's bread
675 g

2/\$6



Dempster's bagels
450 g, selected varieties

2/\$6



Selection desert shells cake
142 g

299



Irrésistible mini eclair
455 g

799

EVERYDAY ESSENTIALS



4/\$5 Cedar oil or water chunk light canned tuna 170 g



4/\$5 Cedar whole corn 341 ml



2⁹⁹ Redpath sugar 2 kg



3⁹⁹ Cedar butter cookies 350 g



7⁹⁹ Maison Perrier sparkling waters 8 x 330 ml, selected varieties



4⁴⁹ Coca-Cola soft drink 6 x 222 ml



3⁹⁹ Pepsi soft drink 2L



2/\$8 Lay's potato chips 177-235 g



2⁹⁹ Allen's juice 8 x 200 ml, selected varieties



2/\$3 Eledi wafer 150 g, selected varieties



5⁴⁹ Christie Chips Ahoy! cookie 460 g



2⁹⁹ Irresistible chocolate bar 100 g



11⁹⁹ Starbucks K-cup capsules or ground coffee 10 un., 340 g



7⁴⁹ Nesquik chocolate syrup drink 700 ml



3⁹⁹ Selection jam 500 ml Life Smart instant oats 320-344 g



9⁹⁹ Pisti premium pistachio cream 200 g



2/\$5 Cedar frozen vegetables 375-500 g, selected varieties



4⁹⁹ McCain french fries 650 g, selected varieties



7⁹⁹ Bourekas puff pastry 500 g, selected varieties



6⁹⁹ Selection ice milk 4L, selected varieties



5⁴⁹ Lucky Koi jasmine rice 2 kg



6⁹⁹ Irimi kalamata or giant green olives 1L



2⁹⁹ Cedar sliced pickled turnip 1L



2⁹⁹ Selection pickle 1L



99¢ Aruba Jelly Halal 85 g



2⁹⁹ Dececco fettuccelle pasta 454 g



4⁴⁹ Irresistible pesto 270 ml Irresistible pasta sauce 645 ml



3/\$4 Unico tomato paste 150 ml



5⁹⁹ Adonis dressing 480 ml



9⁹⁹ Three Kings charcoal 1 un.



1⁷⁹ Selection dishwashing detergent 800 ml



5⁹⁹ Selection Paper Towel 6 un. Selection garbage bag 100 un.

FIRE UP THE

FLAVOR



marinated leg of lamb cubes Halal 35.25/kg

15.99 /lb



21.99 /lb
marinated beef tenderloin cubes Halal 48.47/kg



3.99 /lb
marinated chicken drumsticks Halal 8.80/kg



8.99 /lb
souvlaki chicken thigh Halal 19.81/kg



14.99 /lb
Halal lamb liver 33.03/kg



3.99 /lb
marinated chicken leg Halal 8.80/kg



8.99 /lb
Halal shish taouk marinated cubes 19.81/kg



5.99 /lb
Halal marinated chicken wings 13.21/kg



2.49
Irresistible butter 125 g



5.99
Selection cheese block 400 g



7.99
Cedar halloom cheese 400 g



8.49
Irresistible dry sausage 300 g



4.99
Selection angel cake 284 g



5.99
Selection Original Cheesecake 510 g



14.99 /lb
Adonis mixed mini maamoul 33.04/kg



15.99 /lb
assorted petit four 35.24/kg



1.49
Selection soft drink bottle 2 L



7.99
Maison Perrier sparkling water 6x330 ml, selected varieties



8.99
Laziza non alcoholic malt beverage 6x330 ml



1.99
Jarritos soft drink 370 ml



2.49
Club House BBQ marinades or French's mustard 350-400 ml



2.99
Selection pickle 1 L



3.99
Stubb's sweet BBQ sauce 450 ml
French's tomato ketchup 750 ml



2/\$7
Cedar sliced pickled turnip 1 L



1.49
Selection Potato Chips 200 g



1.99
Cedar marshmallow 250 g



2/\$8
Selection paper plates or cups 40 un.



2/\$5
Selection aluminum foil or parchment paper 10"