



# DEALS FOR DAYS EVENT

\$1



**CLUB HOUSE DRY SAUCE MIX 20-47 g or NONG SHIM NOODLES 120 g**  
selected varieties  
mélanges secs pour sauce ou nouilles  
20302816001\_EA/20801021\_EA/21504277\_EA

\$1



**TINA'S BURRITO**  
selected varieties,  
frozen  
113 g  
burrito  
21639787\_EA

\$1



**NESTLÉ or MARS CHOCOLATE SINGLES 41-60 g or PC® BLUE MENU® SPARKLING WATER 1 L or PEACE TEA ICED TEA 695 mL**  
selected varieties  
chocolat, eau pétillante ou thé glacé  
20066954\_EA/20695204\_EA/20320832004\_EA/21080320\_EA

\$1



**PC® ORGANICS BABY FOOD POUCH 128 mL or LITTLE BELLIES BABY SNACKS 8/12 g**  
selected varieties  
sachet d'aliments pour bébé ou collations pour bébé  
20651248005\_EA/21539350\_EA

\$1



**COLGATE or CREST TOOTHPASTE 50-100 mL or MANUAL TOOTHBRUSH 1's**  
selected varieties  
dentifrice ou brosse à dents manuelle  
20338731001\_EA/20975582\_EA

# NOFRILLS®

## DEALS FOR DAYS EVENT

FLYER PRICES EFFECTIVE THURSDAY, APRIL 23 TO WEDNESDAY, APRIL 29, 2026.

SAVE UP TO 50%

1.99 LB

**CHICKEN DRUMSTICKS or THIGHS**  
bone-in, skin on, fresh  
pilons ou hauts de cuisses de poulet  
4.39/kg  
20654051\_KG/21646527\_KG/20654530\_KG



CLUB SIZE

INCLUDES HALAL

SAVE UP TO 35%

8.99



**SWISS CHALET or MONTANA'S RIBS**  
selected varieties, 600/650 g  
côtes  
21022221\_EA/21203458\_EA

ONLY

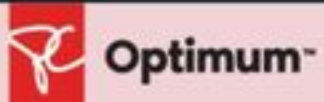
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**ARMSTRONG or PC® SHREDDED CHEESE** 250-320 g  
or **ARMSTRONG CHEESE** 400 g  
selected varieties  
fromage râpé ou fromage  
21286240\_EA/21346749\_EA

PREPARED IN CANADA

App exclusive offer



Member Price  
\$14



Non-Members  
\$18

Members Save \$4

**PC® BURGERS**  
selected varieties, frozen  
1.02-1.36 kg  
burgers  
20941230\_EA

GROWN IN CANADA



10 LB BAG

**YELLOW or RUSSET POTATOES**  
product of Canada, Canada no. 1 grade  
pommes de terre  
2060102001\_EA/20601017001\_EA

SAVE 50%

1.97

ONLY

\$3

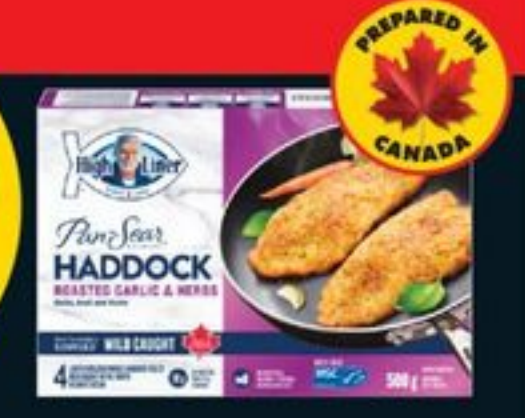


**ASTRO, IÖGO** 650/750 g, **IÖGO NANO BUBBLES** or **LIBERTÉ** 4x100 g **YOGURT**  
selected varieties  
yogourt  
20165226001\_EA/20801752003\_EA

PREPARED IN CANADA

ONLY

8.50



**HIGH LINER PAN-SEAR or BATTERED FISH FILLETS**, selected varieties frozen, 425-600 g  
filets de poisson  
20845016\_EA

PREPARED IN CANADA

SAVE 20%

3.99



**FARMER'S MARKET™ AMBROSIA or ROYAL GALA APPLES**  
product of Ontario, Canada fancy grade  
pommes  
21307212001\_EA/20767998001\_EA

Foodland ONTARIO

4 LB BAG

ONLY

\$3



**CLASSICO PASTA SAUCE**  
selected varieties, 410/600 mL  
sauce pour pâtes  
20325609003\_EA/21618217\_EA

WOW!

.99



**ITALPASTA**  
selected varieties, 750 g  
pâtes  
20296241001\_EA/20296241003\_EA

ONLY

.99



**ENGLISH CUCUMBERS**  
product of Ontario, Canada no. 1 grade  
each  
concombres anglais  
20070132001\_EA

Foodland ONTARIO

SAVE 30%

1.39



**UNICO SOLID LIGHT TUNA**  
198 g  
thon  
20113745\_EA

PRICE DROP

.95



**CAMPBELL'S TOMATO, CREAM OF MUSHROOM, VEGETABLE or CHICKEN NOODLE SOUP**  
284 mL  
soupe  
20176214004\_EA

ONLY

2.99



**AVOCADOS**  
product of Mexico, Colombia or Peru  
avocats  
21644936001\_EA

PKG OF 5

your home of no name®

App exclusive offer



\$6



**NO NAME® BUTTER**  
selected varieties  
454 g  
beurre  
20325029\_EA

Earn 2,000 pts

That's \$2 value

\$2



**NO NAME® BAGELS**  
selected varieties  
6's  
bagels  
21217967\_EA

Earn 500 pts

That's 50¢ value

\$1.50



**NO NAME® EVAPORATED MILK**  
selected varieties  
354 mL  
lait évaporé  
21040510\_EA/21040543\_EA

Earn 500 pts

That's 50¢ value

\$5.79



**NO NAME® HONEY BEAR** 375 g or **HAZELNUT SPREAD** 725 g  
selected varieties  
miel ou tartina de noisettes  
20001100\_EA/20683943\_EA

Earn 2,000 pts

That's \$2 value

# DELI AND BAKERY DEALS

SAVE 26%

2.85



**WONDER BALLPARK BUNS**  
selected varieties  
6/8's  
petits pains  
21022027\_EA/21022316\_EA

ONLY

\$3



**PC® DIPS or HUMMUS**  
200/227 g or **NAAN**  
**DIPPERS** 200 g  
selected varieties  
trempettes ou  
hummus ou pains Naan  
20584212\_EA/21092033\_EA

SAVE UP TO 40%

\$3



**ZIGGY'S FRESH PASTA** 350/360 g  
or **RESER'S SALADS** 425-454 g  
selected varieties  
pâtes ou salades  
21521168\_EA/20962386\_EA

ONLY

\$5



**PC® BRIE or CEMBERT**  
165-200 g, **GOAT LOGS** 140 g,  
**CHEESE SLICES** 140-170 g or  
**BLOCKS** 250 g  
selected varieties  
fromage  
20250947\_EA/20787327\_EA

ONLY

7.50



**PILLER'S SLICED DELI MEAT**  
300-350 g, **PEPPERETTES** or  
**TURKEY BITES** 300-500 g  
selected varieties  
charcuteries tranchées ou  
pepperettes ou bouchées de dinde  
21099391\_EA/21624509\_EA

# FRESH AT LOW PRICES

**3<sup>99</sup>**

**1 LB CLAMSHELL**



**STRAWBERRIES** or **RASPBERRIES** product of Mexico or U.S.A., no. 1 grade, **BLACKBERRIES** product of Mexico or U.S.A., or **BLUEBERRIES** product of Mexico or Morocco, no. 1 grade  
fraises, framboises, mûres ou bleuets  
20051015001\_EA/20128938001\_EA

**6 OZ CLAMSHELL**

**2 LB BAG**

**3<sup>99</sup>**  
LB/EA



**RED SEEDLESS GRAPES**  
8.80/kg, product of Chile, no. 1 grade or **FARMER'S MARKET™ LEMONS** each, product of South Africa or U.S.A.  
raisins rouges sans pépins ou citrons  
20159199001\_KG/20795315001\_EA

**2<sup>99</sup>**



**CANTALOUPE**  
product of Guatemala, Honduras or Brazil, no. 1 grade  
each  
cantaloup  
20167017001\_EA

**1<sup>99</sup>**



**PKG OF 6**

**BROCCOLI CROWNS**  
product of Mexico or U.S.A. or **FARMER'S MARKET™ MINI CUCUMBERS**  
product of Ontario, Canada no. 1 grade  
couronnes de brocoli ou concombres  
21121560001\_EA/20737570001\_EA



If your produce isn't fresh, we'll replace AND refund it.\*

**3<sup>99</sup>**



**PKG OF 2**

**PINEAPPLE** product of Costa Rica or **ROMAINE HEARTS**  
product of U.S.A.  
ananas ou cœurs de romaine  
20160992001\_EA/20082756001\_EA

**3<sup>99</sup>**



**PKG OF 4**

**CAULIFLOWER** product of U.S.A. or Mexico, no. 1 grade or **FARMER'S MARKET™ SWEET CORN**  
product of U.S.A., no. 1 grade  
chou-fleur ou maïs sucré  
20135377001\_EA/20348977001\_EA

**1<sup>29</sup>**



**ATAULFO** or **RED MANGOES**  
product of Mexico  
mangues  
20121509001\_EA/20059635001\_EA

**4<sup>99</sup>**



**681 G**

**PC™ VARIETY TOMATOES**  
product of Canada or Mexico  
tomates  
20949866001\_EA

**2<sup>99</sup>**



**3 LB BAG**

**FARMER'S MARKET™ YELLOW ONIONS**  
product of Canada, Canada no. 1 grade  
oignons jaunes  
20811994001\_EA

**2<sup>49</sup>**



**POMEGRANATES**  
product of Peru  
grenades  
20134767001\_EA

**4<sup>99</sup>**



**600 G**

**KIWI** product of Greece or **MINI SEEDLESS WATERMELON**  
product of Guatemala, Honduras, Costa Rica, Mexico or Brazil  
kiwi ou mini-melon d'eau sans pépins  
21099138001\_EA/20145379001\_EA

**1<sup>29</sup>**



**CILANTRO**  
product of Mexico or U.S.A.  
each  
coriandre  
20091825001\_EA

**4<sup>99</sup>**



**3 LB BAG**

**FARMER'S MARKET™ ORANGES**  
product of Morocco, Spain or Egypt  
oranges  
20162945001\_EA

**2<sup>99</sup>**  
LB



**BLACK PLUMS**  
product of Chile, no. 1 grade  
prunes noires  
6.59/kg  
20316478001\_KG

**2<sup>99</sup>**



**ORANGE, RED** or **YELLOW SWEET PEPPERS**  
product of Ontario  
poivrons doux  
6.59/kg  
20166880001\_KG  
20007535001\_KG  
20141814001\_KG



**6<sup>99</sup>**



**4 LB BAG**

**FARMER'S MARKET™ MANDARINS**  
product of Morocco or Spain  
mandarines  
20054025001\_EA

**2<sup>49</sup>**



**227 G**

**BUNCH SPINACH** product of U.S.A. or **PC™ WHOLE** or **SLICED, WHITE** or **CREMINI MUSHROOMS** product of Canada  
épinards en botte ou champignons  
20162840001\_EA/20757811\_EA/20743653\_EA

**NEW LOWER PRICES**

**2<sup>99</sup>**



**CELERY**  
product of Mexico or U.S.A., no. 1 grade  
céleri  
20163119001\_EA

**1<sup>99</sup>**  
LB



**GREEN ZUCCHINI**  
product of Mexico  
courgette  
4.39/kg  
20426596001\_KG

**2<sup>49</sup>**  
LB



**EGGPLANT**  
product of Mexico  
aubergine  
5.49/kg  
20155709001\_KG

\*Fresh Guarantee: Applicable to eligible fresh produce items purchased at No Frills store locations or online at nofrills.ca. If you are not completely satisfied with your eligible fresh produce item, we will replace it with an identical item, or in our discretion, a comparable item and provide you with a refund of the purchase price upon presentation of the item and your original receipt within 7 days of purchase at the No Frills store where purchase originated. The guarantee does not apply to produce items with a stated "best before" date (e.g. bagged salad kit, packaged bean sprouts) and may not be combined with any other offer. We reserve the right to cancel or change the terms of this guarantee at any time without notice.

# FRESH AT LOW PRICES

**4.99**  
LB

CLUB SIZE

INCLUDES HALAL



**SPLIT CHICKEN WINGS**  
club size, fresh  
ailes de poulet séparées  
11.00/kg  
20761916\_KG

**11.99**  
LB



**BONELESS STEWING BEEF**  
bœuf à ragoût désossé  
26.43/kg  
20357645\_KG

**6.50**  
LB



**PORK BACK RIBS**  
single pack, fresh  
côtes de dos de porc  
14.33/kg  
20705983\_KG



**9.49**

**REA ITALIAN SAUSAGE**  
selected varieties  
720 g  
saucisses italiennes  
21440621\_EA

**\$3**



**SCHNEIDERS LUNCHMATE LUNCH KITS or STACKERS**  
selected varieties  
75-120 g  
trousses-repas  
21310034\_EA

**6.99**



**BEYOND MEAT PLANT BASED BURGERS, GROUNDS, SAUSAGE, TENDERS or STEAK**  
selected varieties, frozen  
226-400 g  
burgers, simili-boeuf haché, saucisses, filets ou bifteck à base de plantes  
21220674\_EA/21300113\_EA

**4.50**



**SUMM! SPRING ROLLS or DUMPLINGS**  
selected varieties  
250-350 g  
rouleaux de printemps ou dumplings  
21114397\_EA

**3.50**



**GO SHRIMP RAW 51-70 per lb or COOKED, 61-90 per lb, 160 g or SMOKED STEELHEAD SALMON**, pre-sliced 50 g  
selected varieties, frozen  
crevettes ou saumon fumé  
20792840\_EA/21208591\_EA

**\$8**



**SEAQUEST® COLOSSAL RAW WHITE SHRIMP**  
16-20/lb, frozen  
300 g  
crevettes  
21043887\_EA

**\$5**



**MASTRO SALAMI 100-150 g or SAN DANIELLE PROSCIUTTO 100 g**  
selected varieties  
salami ou prosciutto  
20581660\_EA/21061099\_EA

**\$4**



**THE LAUGHING COW** 133 g or **MINI BABYBEL** 102/120 g **CHEESE**  
selected varieties  
fromage  
20319107\_EA/20574332\_EA

**3.49**



**ST-HUBERT FRESH POT PIE or QUICHE**  
selected varieties  
235/275 g  
pâte ou quiche  
21659054\_EA

**\$2**



**NO NAME® ENGLISH MUFFINS**  
selected varieties  
6's  
muffins anglais  
21297780\_EA

**\$3**



**COUNTRY HARVEST BREAD 600 g or BAGELS 6's**  
selected varieties  
pain ou bagels  
21178597\_EA/21178642\_EA

**\$6**



**CHARLOTTE'S CAKE POPPERS 280 g or 6 INCH CAKE 400/475 g**  
selected varieties  
gâteaux sur bâtonnet ou gâteau  
20970813\_EA/21631786\_EA

# DEALS FOR DAYS EVENT



ONLY

3.50

**BLACK DIAMOND SLICES PROCESSED CHEESE PRODUCT 410 g or LACTANTIA CREAM CHEESE 227 g**  
selected varieties  
fromage  
21252564\_EA/21673558\_EA



ONLY

6.50

**ACTIVIA YOGURT**  
selected varieties, 12x100 g  
yogourt  
20608924\_EA



ONLY

\$8

**STOK or STARBUCKS ICED COFFEE**  
selected varieties, refrigerated, 1.42 L  
café glacé  
21203739\_EA/21215530\_EA



ONLY

\$3

**DIANA 500 mL or BULL'S-EYE 425 mL BBQ SAUCE**  
selected varieties  
sauce barbecue  
20547834005\_EA/21184617\_EA

4.79



**NEILSON TRUTASTE MICROFILTERED MILK**  
selected varieties, 2 L  
lait  
20130270\_EA

\$4



**PC® DINNER ENTRÉES**  
selected varieties, frozen  
212-365 g  
plats cuisinés  
20219758\_EA

1.79



**KD 156/175 g or KRAFT PASTA SALAD 200 g**  
selected varieties  
macaroni au fromage ou salade de pâtes  
21549589\_EA/21549590\_EA

\$6



**PC® CHOCOLATE COVERED FRUIT 200 g or FRUIT RIOT! SOUR FROZEN FRUIT 170 g**  
selected varieties  
fruits enrobés de chocolat ou fruits acidulés surgelés  
21544055\_EA/21653869\_EA

2.50



**GOLDFISH CRACKERS**  
selected varieties  
167-227 g  
craquelins  
20300320\_EA/20306994003\_EA

\$3



**LAY'S POTATO CHIPS**  
selected varieties  
177-235 g  
croustilles  
21241032\_EA

\$3



**REAL CANADIAN NATURAL SPRING WATER**  
24x500 mL  
eau de source naturelle  
20154975\_C24

13.99



**COCA-COLA or PEPSI SOFT DRINKS**  
selected varieties, 24x355 mL  
boissons gazeuses  
20306687002\_C24/20308197001\_C24

1.69



**CAMPBELL'S BROTH**  
selected varieties  
250/900 mL  
bouillon  
20322348001\_EA/21347245\_EA

\$22



**PC® ROAST AND GROUND COFFEE 800-930 g, WHOLE BEAN 820/907 g or PODS 30's**, selected varieties  
café torréfié et moulu ou en grains ou capsules  
21038677\_EA/21393374\_EA

5.79



**SMUCKER'S JAM, MARMALADE or JELLY**  
selected varieties, 310/500 mL  
confiture ou marmelade ou gelée  
20308043001\_EA/20308043004\_EA

\$3



**PC® GRANOLA BARS 120-172 g or LECLERC NUGABAR 175 g**  
selected varieties  
barres granola  
20912735\_EA/21536598\_EA

PRICE DROP

\$5



**ROYALE BATHROOM TISSUE** 8-16 rolls or **ROYALE FACIAL TISSUE** 6x100 sheets  
selected varieties  
papier hygiénique ou mouchoirs  
20702419\_EA/21378574\_EA

4.97



**KRAFT DINNER**  
original  
5x200 g  
macaroni au fromage  
21740440\_EA

2.25



**KRAFT SALAD DRESSING**  
selected varieties  
425 mL  
vinaigrette  
21584850\_EA

\$4.99



Earn 500 pts  
That's 50¢ value

**HEINZ KETCHUP**  
selected varieties  
750 mL/1 L  
ketchup  
20069080\_EA

App exclusive offer

Earn 2,500 pts  
For every \$10\* spent on



**NO NAME® ICE MILK or NOVELTIES**  
all sizes and varieties, frozen  
lait glacé ou friandises glacées  
21610238\_EA/20031065002\_EA

That's 2.50 value

Earn 10,000 pts  
For every \$50\* spent on



**HUGGIES IN THE BABY DEPARTMENT**  
selected sizes and varieties  
dans le rayon pour bébé  
20963841\_EA/21172500\_EA/21371199\_EA/21401195\_EA/21456748\_EA

That's \$10 value

Quantities and/or selection (flavour, colour, patterns, style) of items may be limited and not be available in all stores. No rainchecks or substitutions on clearance items or when quantities are advertised as limited. We reserve the right to limit purchase quantities per customer to reasonable family requirements. See in-store for details. We are not obligated to sell items based on errors or misprints in typography or photography. All savings claims (i.e. "Save", "Was", "1/2 Price", etc.) are in comparison to our own regular prices. Regular pricing and savings on items shown may vary by store location. Applicable taxes, fees, deposits, recycling or environmental surcharges are extra. Coupons must be presented and redeemed at time of purchase. \*PC Optimum™: Scan your PC Optimum™ app or swipe your card to get Members Pricing or points. See in-store for details. \*\*Must be a registered PC Optimum™ member to get this offer.

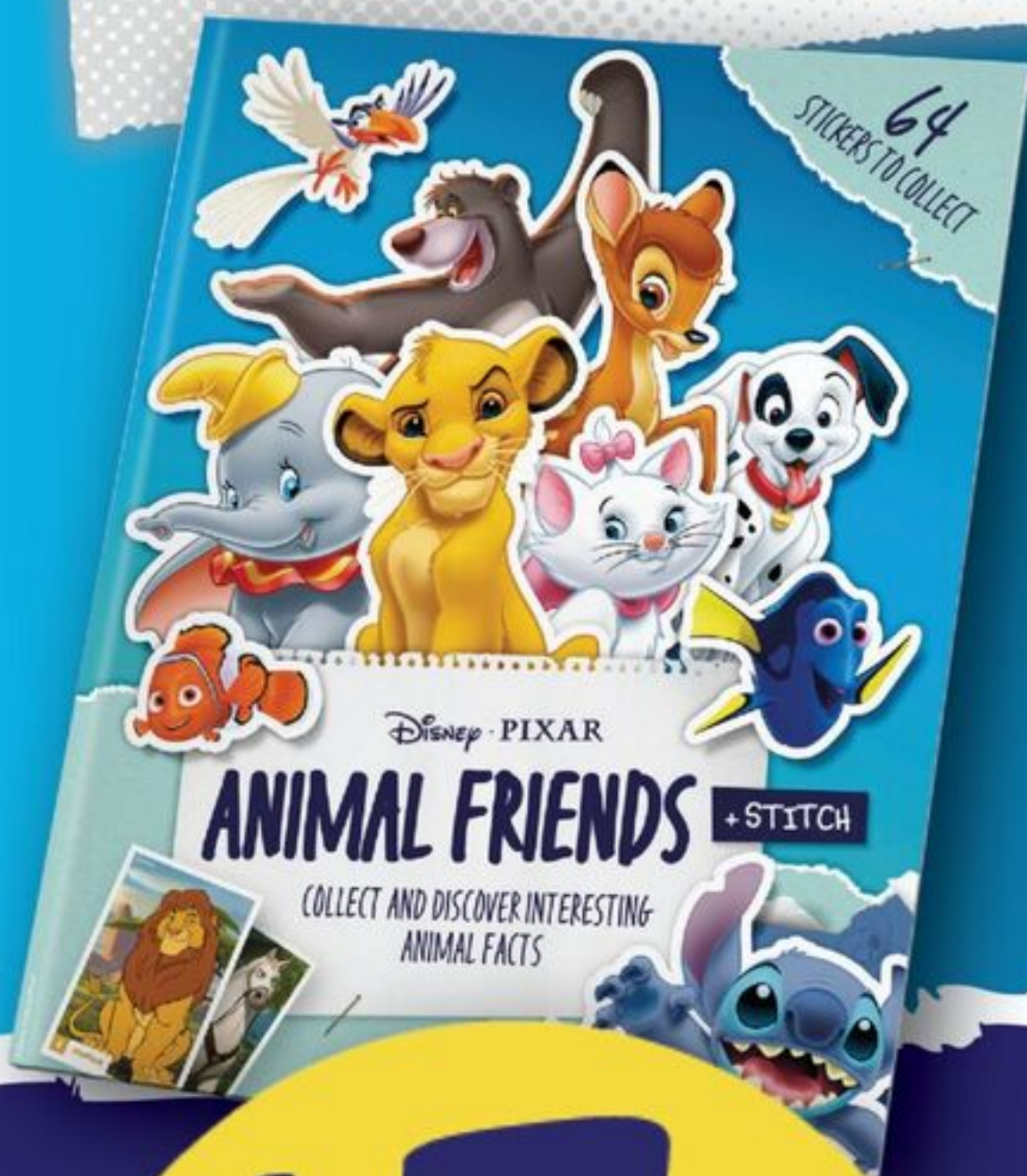




Disney · PIXAR

# FREE STICKER PACK

FOR EVERY \$25 SPENT\*



**\$5**  
UNIQUE  
ALBUM

64 STICKERS TO COLLECT  
DISCOVER INTERESTING  
ANIMAL FACTS

WHILE SUPPLIES LAST

©Disney ©Disney/Pixar

\*WHILE SUPPLIES LAST FROM APRIL 9TH UNTIL MAY 6TH, 2026.  
EXCLUSIONS APPLY. VISIT [WWW.LOBLAWUNIVERSE.CA](http://WWW.LOBLAWUNIVERSE.CA) OR IN-STORE  
FOR EXCLUSIONS AND COMPLETE OFFER DETAILS.

ONL NFO FLAP DISNEY

**APRIL**

**HIT  
OF THE  
MONTH**

**\$7.88**



**Made in Canada**

**Leclerc Go Pure Bars**

Selected varieties, 140 g - 175 g

Limit: 6, over limit retail \$3.00

21221434\_EA/21507858\_EA

**\$3**



**Made in Canada**

**Butcher's Selection Stampede Wieners  
or Harvest Creek Halal Chicken  
Wieners**

900 g

Limit: 6, over limit retail \$4.50

21307061\_EA/21309103\_EA

**\$4**



**Prepared in Canada**

**Planters Deluxe Whole Cashews**

Salted or Unsalted, 200 g

Limit: 6, over limit retail \$5.00

21021618\_EA

**LOWEST PRICES  
BEST DEALS**

As compared to other major grocery retailers within your local trade areas.  
Offer valid April 1st - 30th, 2026 while quantities last.  
We reserve the right to limit quantities to reasonable family requirements. No rainchecks.

# BRANDS YOU LOVE AT LOW PRICES

**\$2**



**PILLSBURY REFRIGERATED WRAPS**  
selected varieties  
200-227 g  
pâte réfrigérée  
20305424002\_EA/21505340\_EA

**2.99**



**TRE STELLE CREAM CHEESE**  
selected varieties  
200 g  
fromage à la crème  
21316018\_EA

**6.99**



**DEL MONTE JUICE BLENDS**  
selected varieties, refrigerated  
2.5 L  
mélanges de jus  
21437174\_EA/21595736\_EA



**2.75**



**CHEEMO PEROGIES** 745-907 g  
or **VILLA PASTA** 400 g  
selected varieties, frozen  
perogies ou pâtes  
20527369\_EA/21025861\_EA

**6.99**



**STARBUCKS COFFEE ENHANCER**  
selected varieties  
828 mL  
rehausseur pour café  
21358473\_EA

**\$4**



**TOSTITOS TORTILLA CHIPS**  
selected varieties  
215-295 g  
croustilles de tortilla  
21050575\_EA

**\$5**



**PC ORGANICS SALSA**  
selected varieties  
437 mL  
salsa  
21453650\_EA

**\$2**



**PC® 100% JUICE** 1 L or  
**NO NAME® FRUIT BEVERAGE** 2 L  
selected varieties  
jus ou boisson aux fruits  
20320439006\_EA/21622812\_EA

**5.75**



**PC® or PC® BLUE MENU® SPARKLING WATER**  
selected varieties  
12x355 mL  
eau pétillante  
20668034002\_C01

**\$3**



**LIPTON or KNORR SOUP MIX**  
selected varieties  
113-338 g  
mélange à soupe  
20315085002\_EA/20315085003\_EA

**6.50**



**KIND GLUTEN-FREE GRANOLA**  
selected varieties  
312 g  
granola sans gluten  
20837713001\_EA

**2.50**



**DARE BEAR PAWS** 168-210 g,  
**ULTIMATE COOKIES** 290/300 g,  
**VAGON WHEELS** 315/360 g  
selected varieties  
biscuits  
20974346\_EA/21080791\_EA

**1.25**



**NO NAME® CORN**  
selected varieties  
341/398 mL  
maïs  
20296401\_EA/20303822\_EA

**1.79**



**NO NAME® TOMATOES**  
selected varieties  
796 mL  
tomates  
20600787\_EA

**\$4**



**SMART SWEETS**  
selected varieties  
50 g  
friandises  
21154474\_EA/21572258\_EA

**3.99**



**HELLMANN'S REAL MAYO or DIPS**  
selected varieties  
340/445 mL  
mayonnaise  
20008233001\_EA

**3.50**



**NO NAME® PICKLES**  
selected varieties  
1 L  
cornichons  
20300473\_EA

**\$9**



**NO NAME® CANOLA or VEGETABLE OIL**  
3 L  
huile de canola ou végétale  
20028656\_EA/20103390\_EA

**2.69**



**DE CECCO PASTA**  
selected varieties  
454 g  
pâtes  
21056286\_EA/21056282\_EA

# BRANDS YOU LOVE AT LOW PRICES

**4.50**

**NO NAME® NATURAL CHEESE SLICES**  
selected varieties  
210/230 g  
tranches de fromage  
21614277\_EA

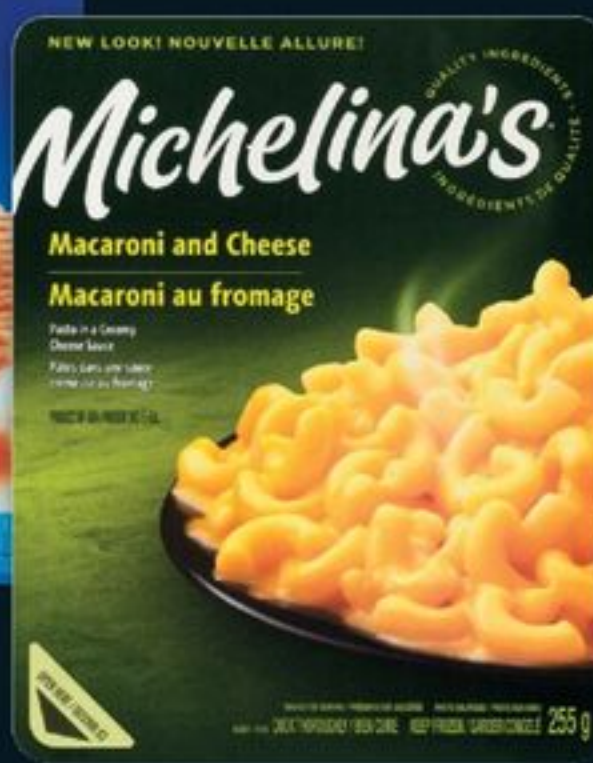


**\$5**

**CHAPMAN'S SUPER PREMIUM PLUS ICE CREAM** 500 mL or **LOLLY NOVELTIES** 28's  
selected varieties, frozen  
crème glacée ou friandises glacées  
21161183\_EA/21511147\_EA

**1.50**

**MICHELINA'S DINNER ENTRÉES** 156-284 g or **SWANSON POT PIE** 200 g  
selected varieties, frozen  
plats cuisinés ou pâtés  
20320525001\_EA/21208614\_EA



**\$9**

**PATTY KING JAMAICAN STYLE BEEF PATTIES**  
selected varieties, frozen  
1.17 kg  
galettes de bœuf à la jamaïcaine  
20313668002\_EA



**4.50**

**PC® ORANGE JUICE**  
selected varieties, refrigerated  
1.54 L  
jus d'orange  
21430531\_EA

**Optimum**

**PC® CHOCOLATE COVERED FRUITS, NUTS** 250-400 g or **CHOCOLATE BAR** 300 g  
selected varieties  
fruits ou noix enrobés de chocolat ou barres de chocolat  
20000356\_EA/20307295\_EA

Member Price **\$7.50**

Non-Members **\$8**

Members Save **50¢**

**Optimum**

**STARBUCKS VERTUO COFFEE CAPSULES**  
selected varieties  
8/10's  
capsules de café  
21398289\_EA

**\$12.99**

Earn **2,000 pts**

That's **\$2** value

**3.75**

**EARTH'S OWN ALMOND or OAT BEVERAGES**  
selected varieties, refrigerated  
1.75/1.89 L  
boissons aux amandes ou avoine  
20327647\_EA/21037796\_EA

**\$3**

**MOTT'S or BETTY CROCKER FRUIT SNACKS**  
selected varieties  
128-226 g  
collations aux fruits  
20318474001\_EA/20686716002\_EA

**5.99**

**LAVAZZA CREMA E GUSTO or QUALITÀ ROSSA GROUND COFFEE**  
selected varieties  
250 g  
café moulu  
21553695\_EA/21553714\_EA

**\$3**

**LECLERC CÉLÉBRATION COOKIES**  
selected varieties  
200/240 g  
biscuits  
21680155\_EA

**\$4**

**RUFFLES POTATO CHIPS**  
selected varieties  
180-200 g  
croustilles  
21241053\_EA

**\$2**

**HARIBO CANDY BAGS**  
selected varieties  
170/175 g  
sacs de friandises  
21519578\_EA

**\$2**

**DARE REAL FRUIT**  
selected varieties  
180 g  
friandises gélifiées  
21391610\_EA

**\$3**

**NERDS GUMMY CLUSTERS CANDY**  
selected varieties  
142 g  
friandises  
21564627\_EA

**5.50**

**GENERAL MILLS FAMILY SIZE CEREAL**  
selected varieties  
455-778 g  
céréales  
21103492\_EA/21103495\_EA

**7.79**

**NUTELLA HAZELNUT SPREAD** 725 g or **NUTELLA & GO HAZELNUT SPREAD WITH BREADSTICKS** 208 g  
selected varieties  
tartina de noisettes ou tartina de noisettes avec bâtonnets  
20436105\_EA

**2.29**

**QUAKER DIPPS or CHEWY GRANOLA BARS**  
selected varieties  
120-156 g  
barres granola  
20847582\_EA/21359366\_EA

**5.99**

**TAZO TEA CONCENTRATE** 946 mL, **LIPTON TEA BLACK or GREEN** 200 g  
selected varieties  
concentré de thé ou thé noir ou vert  
21295930\_EA/21593297\_EA

# BRANDS YOU LOVE AT LOW PRICES

**\$4**

**MR. CLEAN ALL PURPOSE CLEANER** 1.21 L, **FEBREZE AIR BATHROOM AIR FRESHENER** 7.5 mL, **CAR FRESHENER** 2 mL or **MAGIC ERASER** 2's selected varieties nettoyant ou désodorisant ou pince pour bouche d'aération ou effaceur magique  
21005017\_EA/21700198\_EA



**\$15**

**CASCADE DISHWASHER TABS** selected varieties 30-48's capsules de détergent pour lave-vaisselle  
21012357\_EA/21507156\_EA



**\$15**

**GAIN LIQUID** 4.25 L or **FLINGS** 42's **LAUNDRY DETERGENT, BEADS** 598/680 g or **DRYER SHEETS** 240's selected varieties détergent ou perles ou feuilles d'assouplissant  
20959627\_EA/21671135\_EA



**TIDE LIQUID LAUNDRY DETERGENT** 3.46/3.9 L, **PODS** or **FLINGS** 45/76's selected varieties détergent à lessive  
21593670\_EA/21593706\_EA



**1.50**

**NO NAME® ALUMINUM FOIL** 25 ft papier d'aluminium  
21119986\_EA



**\$7.99**

Earn **4,000 pts** when you buy Charmin and Bounty

That's **\$4** value



**CHARMIN BATHROOM TISSUE** 8=24 rolls or **BOUNTY PAPER TOWELS** 3=6 rolls selected varieties papier hygiénique ou essuie-tout  
21670159\_EA/21707477\_EA





Disney · PIXAR

# FREE STICKER PACK FOR EVERY \$25 SPENT\*

**\$5**  
UNIQUE  
ALBUM



64 STICKERS TO COLLECT  
DISCOVER INTERESTING  
ANIMAL FACTS

WHILE SUPPLIES LAST



©Disney ©Disney/Pixar

\*WHILE SUPPLIES LAST FROM APRIL 9TH UNTIL MAY 6TH, 2026. EXCLUSIONS APPLY. VISIT [WWW.LOBLAWUNIVERSE.CA](http://WWW.LOBLAWUNIVERSE.CA) OR IN-STORE FOR EXCLUSIONS AND COMPLETE OFFER DETAILS.

**GET  
BONUS  
STICKERS**

**WHEN YOU  
BUY THESE  
PARTICIPATING  
OFFERS\***

**SPEND \$10\*  
ON SELECT**

**KRAFT, HEINZ, PHILADELPHIA,  
MAXWELL HOUSE, NABOB,  
TASSIMO, TACO BELL, CLASSICO,  
GARDEN SELECT, CRAVE, BAGEL  
BITES, MIO, CRYSTAL LIGHT,  
JELL-O, RENEE'S, BULL'S-EYE,  
DIANA PRODUCTS AND GET ONE  
BONUS STICKER PACK**

produits  
20866924010\_EA/21085515\_EA/21618217\_EA/21594513\_EA/20039581001\_EA



**SPEND \$10\*  
ON SELECT**

**CHEERIOS, OATMEAL CRISP,  
NATURE VALLEY,  
OLD EL PASO, PILLSBURY or  
ANNIE'S PRODUCTS AND  
GET A BONUS STICKER PACK**

produits  
21104047\_EA/21667577\_EA/20316187001\_EA/20306992001\_EA



**SPEND \$15\*  
ON SELECT**

**COCA-COLA, CANADA DRY,  
SPRITE, A&W, FANTA, FRESCA,  
AHA, VITAMINWATER,  
SMARTWATER, AHA, PEACE TEA,  
FUZE, MONSTER ENERGY,  
POWERADE or BODY ARMOR  
AND GET ONE BONUS  
STICKER PACK**

produits  
20318694002\_EA/20304419001\_EA/20305840001\_EA/20853723\_EA/21166000\_EA



**SPEND \$15\*  
ON SELECT**

**CRACKER BARREL,  
BLACK DIAMOND,  
iOGO, ASTRO or  
LACTANTIA PRODUCTS  
AND GET ONE BONUS  
STICKER PACK**

produits  
21290384\_EA/20763661\_EA/20986474\_EA/  
21719739\_EA/20165226001\_EA/21694605\_EA



**SPEND \$12\*  
ON SELECT**

**CAMPBELL'S READY TO SERVE  
SOUPS 515 mL, HABITANT SOUP  
796 mL, SNYDERS PRETZELS 240 g,  
CHUNKY 515 mL,  
GOLDFISH CRACKERS or  
SNACK FACTORY CRISPS 200 g  
AND GET ONE BONUS STICKER PACK**

soupes ou bretzels ou craquelins  
21479030\_EA/20300320\_EA/20316052001\_EA/20948940\_EA



\*WHILE SUPPLIES LAST. WHEN YOU SPEND REQUIRED AMOUNT ON SELECT PRODUCTS BEFORE APPLICABLE TAXES IN A SINGLE TRANSACTION AND GET ONE (1) BONUS STICKER PACK. NO CASH VALUE. CANNOT BE COMBINED WITH ANY OTHER COUPONS OR PROMOTIONAL OFFERS. NO SUBSTITUTIONS, REFUNDS, EXCHANGES OR RAINCHECKS ON FREE BONUS CARD PACK. PURCHASE MUST BE MADE IN SAME TRANSACTION TO QUALIFY. WE RESERVE THE RIGHT TO LIMIT QUANTITIES TO REASONABLE REQUIREMENTS. OFFER VALID UNTIL MAY 6, 2026.

**GET  
BONUS  
STICKERS**

**WHEN YOU  
BUY THESE  
PARTICIPATING  
OFFERS\***

**SPEND \$15\***  
**ON SELECT**

**CHRISTIE CRACKERS,  
CHRISTIE COOKIES,  
CADBURY, HALLS or  
CLIF ENERGY BARS AND  
GET ONE BONUS STICKER PACK**

crâquelins ou biscuits ou barres d'énergie  
21547034\_EA/21358407\_EA/21664843\_EA



**SPEND \$10\***  
**ON SELECT**

**NESCAFE, STARBUCKS COFFEE  
or MAISON PERRIER BEVERAGE  
PRODUCTS AND  
GET ONE BONUS STICKER PACK**

café ou boissons  
20873036\_EA/20548682004\_EA/21576465\_C08



**SPEND \$15\***  
**ON SELECT**

**ROYALE PAPER PRODUCTS  
AND GET ONE BONUS  
STICKER PACK**

produits de papier  
21187145\_EA/21484732\_EA/20702419\_EA



**SPEND \$9\***  
**ON SELECT**

**MILK 2 GO,  
ARMSTRONG PROTEIN STICKS  
AND GET A BONUS  
STICKER PACK**

lait ou bâtonnets protéinés  
21065263\_EA/21537885\_EA/21694973\_EA



**SPEND \$10\***  
**ON ANY**

**PC® BLUE MENU PRODUCTS  
AND GET ONE BONUS STICKER PACK**

produits  
20668034002\_EA/20057669001\_EA/20307025002\_EA/  
20538593001\_EA/20631288004\_EA/20941224\_EA



**SPEND \$10\***  
**ON SELECT**

**PC® or NO NAME® CHIPS,  
POPCORN or PRETZELS  
AND GET ONE BONUS  
STICKER PACK**

croustilles ou maïs soufflé ou bretzels  
21654374\_EA/21686985\_EA/21712080\_EA/21712032\_EA



\*WHILE SUPPLIES LAST. WHEN YOU SPEND REQUIRED AMOUNT ON SELECT PRODUCTS BEFORE APPLICABLE TAXES IN A SINGLE TRANSACTION AND GET ONE (1) BONUS STICKER PACK. NO CASH VALUE. CANNOT BE COMBINED WITH ANY OTHER COUPONS OR PROMOTIONAL OFFERS. NO SUBSTITUTIONS, REFUNDS, EXCHANGES OR RAINCHECKS ON FREE BONUS CARD PACK. PURCHASE MUST BE MADE IN SAME TRANSACTION TO QUALIFY. WE RESERVE THE RIGHT TO LIMIT QUANTITIES TO REASONABLE REQUIREMENTS. OFFER VALID UNTIL MAY 6, 2026.

GET BONUS STICKERS

WHEN YOU BUY THESE PARTICIPATING OFFERS\*

loblawuniverse.ca

4.29

PC® BLUE MENU® GRANOLA OMEGA 3 400 g, GRANOLA 475 g or MUESLI CEREAL 450 g selected varieties granola ou muesli 21344977\_EA



\$4

CASA MENDOSA 10 inch TORTILLAS selected varieties 384/640 g tortillas 20318788\_EA



\$3

D'ITALIANO BREAD selected varieties 600-675 g pain 20038335\_EA



\$3

FIBRE 1 BARS 125 g or NATURE VALLEY GRANOLA BARS, PROTEIN BARS or BISCUITS 148-210 g selected varieties bars 20587504001\_EA/20686988001\_EA

2.50

SNYDER'S PRETZELS selected varieties 240 g bretzels 20316052004\_EA



\$5

ARMSTRONG CHEESE STICKS 210 g bâtonnets au fromage 21694973\_EA



12.99

ROYALE TIGER TOWEL selected varieties 6=12 rolls serviette 21484732\_EA



\$5

LEGO MINI BUILD BAGS ARIEL & FLOUNDER'S BIRTHDAY MUSIC FUN sacs de briques de construction 21724141\_EA



4.50

HEALTHY CHOICE DINNER ENTRÉES selected varieties, frozen, 255-306 g plats cuisinés 21406269\_EA



3.29

VH COOKING or DIPPING SAUCE selected varieties 341-380 mL sauces à cuisson ou à trempette 20984013\_EA



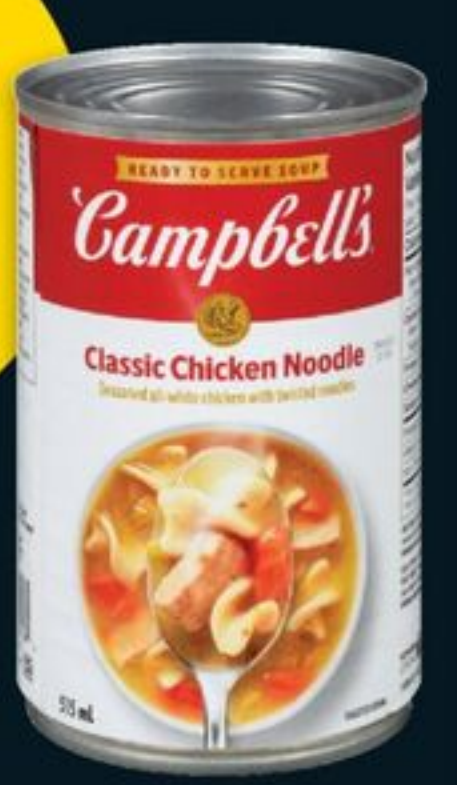
2.50

CAVENDISH FRIES selected varieties, frozen, 800 g frites 21559837\_EA



\$2

CAMPBELL'S READY TO SERVE SOUP selected varieties 515 mL soupe 21480539\_EA



\*WHILE SUPPLIES LAST. WHEN YOU SPEND REQUIRED AMOUNT ON SELECT PRODUCTS BEFORE APPLICABLE TAXES IN A SINGLE TRANSACTION AND GET ONE (1) BONUS STICKER PACK. NO CASH VALUE. CANNOT BE COMBINED WITH ANY OTHER COUPONS OR PROMOTIONAL OFFERS. NO SUBSTITUTIONS, REFUNDS, EXCHANGES OR RAINCHECKS ON FREE BONUS CARD PACK. PURCHASE MUST BE MADE IN SAME TRANSACTION TO QUALIFY. WE RESERVE THE RIGHT TO LIMIT QUANTITIES TO REASONABLE REQUIREMENTS. OFFER VALID UNTIL MAY 6, 2026.

ONL 04 NFO

# NATURAL FOODS AT LOW PRICES

**6<sup>50</sup>**

**EARTH'S OWN OAT CREAMER**  
selected varieties  
946 mL  
colorant à café à l'avoine  
21576699\_EA/21576791\_EA



**\$10**

**GARDEIN SUPREME PLANT-BASED MEAT**  
selected varieties, frozen  
397-425 g  
simili-viande à base de plantes  
21698368\_EA



**4<sup>50</sup>**

**SKINNY POP POPCORN**  
selected varieties  
125 g  
mais soufflé  
20785418001\_EA



**6<sup>99</sup>**

**NATURE'S BAKERY BROWNIE or FIG BARS**  
selected varieties  
270/340 g  
brownie ou barres aux figues  
21549605\_EA/21550356\_EA



**4<sup>50</sup>**

**PC® ORGANICS QUICK ROLLED or STEEL CUT OATS**  
1 kg  
grauu rapide ou avoine découpée biologique  
20705773\_EA

**\$5**

**ZEVIA ZERO SUGAR SODA**  
selected varieties  
6x355 mL  
soda zéro sucre  
21106233\_C06



**\$11**

**RX BAR MINIS or 5-PACK**  
selected varieties  
208-275 g  
barres  
21541007\_EA



**3<sup>50</sup>**

**PC® ORGANICS APPLE SAUCE CUPS or SQUEEZABLE FRUIT SNACKS** 360 g  
or **JUMBO RAISIN SNACK PACK** 196 g  
selected varieties  
purée de pomme ou collations de fruits ou raisins secs biologiques  
20320493001\_EA/21170526\_EA



**\$3**

**SENSIBLE PORTIONS VEGGIE STRAWS or CHIPS**  
selected varieties  
120-142 g  
grignotines ou croustilles  
20377204001\_EA



**\$2**

**ANNIE'S MACARONI & CHEESE**  
selected varieties  
170 g  
macaroni au fromage  
20316187001\_EA



**4<sup>50</sup>**

**KIND HEALTHY GRAINS BARS** 175 g  
or **BREAKFAST BARS** 200 g  
selected varieties  
barres  
20926433\_EA



**\$4**

**PC® ORGANICS TEA**  
selected varieties  
20's  
thé biologique  
21411145\_EA



**\$13**

**KICKING HORSE ORGANIC GROUND COFFEE**  
selected varieties  
284 g  
café moulu biologique  
20805126001\_EA



**3<sup>50</sup>**

**PC® GLUTEN-FREE WAFFLES**  
selected varieties, frozen  
320 g  
gaufres sans gluten  
21419163\_EA



AVAILABLE AT SELECT LOCATIONS ONLY

ONLY FOR HV

# App exclusive offers

**More offers  
More points**

**LOAD YOUR DIGITAL COUPONS  
IN 6 EASY STEPS**

1. Open your PC Optimum app and go to **Offers**
2. Tap **Digital Coupons**
3. Select **"Click here to add your Digital Coupons"**
4. Tap **"Select Offer"** on the coupons you want
5. Tap **"Add Offer"** – you're done!

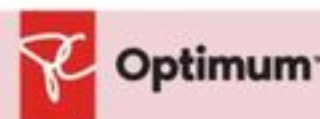
**Members  
get over**  
**\$25**  
**in value**

**CLICK FOR  
THESE COUPONS  
AND MORE**



**NESTLÉ  
SNACK PACK**  
any variety  
collations  
21719355\_EA

Save  
**\$1**  
with digital  
coupon



**PC® TORTILLA  
CHIPS**  
320-350 g  
croustilles de tortilla  
20148817\_EA

Earn  
**500**  
pts  
Until May - 13 - 2026



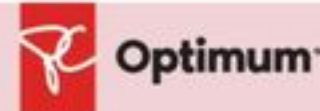
**PC® DIPPED &  
CHEWY  
GRANOLA  
BARS**  
120-172 g  
barres granola  
20912735\_EA

Earn  
**500**  
pts  
Until May - 13 - 2026



**PC® BLACK LABEL  
ICE CREAM**  
500 mL  
crème glacée  
20604543003\_EA

Earn  
**800**  
pts  
Until May - 13 - 2026



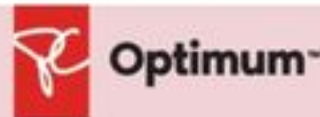
**PC® FROZEN FRUIT**  
600 g  
fruits surgelés  
21377841\_EA

Earn  
**1,000**  
pts  
Until May - 13 - 2026



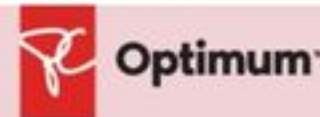
**PC® GREEK  
YOGURT**  
4 x 100 g  
yogourt  
21348028\_EA

Earn  
**750**  
pts  
Until May - 13 - 2026



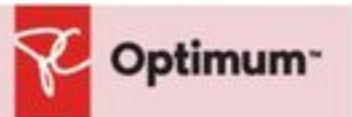
**PC® DIPS**  
454 g  
trempettes  
20584098\_EA

Earn  
**1,000**  
pts  
Until May - 13 - 2026



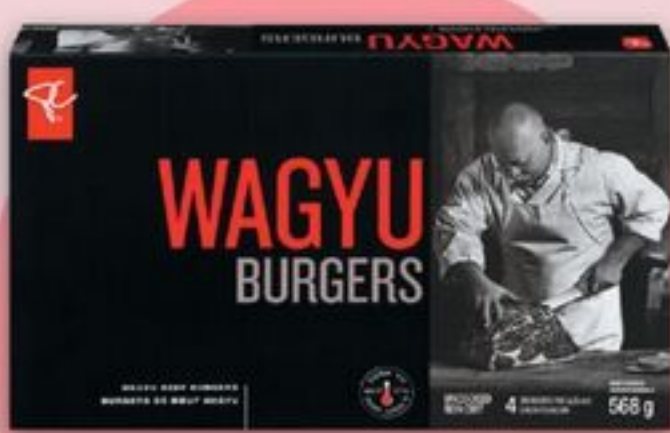
**FARMER'S  
MARKET™  
CROISSANTS**  
260-336 g  
croissants  
20975943\_EA

Earn  
**1,000**  
pts  
Until May - 13 - 2026



**PC® BRIOCHE  
BUNS**  
300 g  
petits pains brioches  
21094319\_EA

Earn  
**1,000**  
pts  
Until May - 13 - 2026



**PC® BLACK LABEL  
WAGYU BEEF  
BURGERS**  
568 g  
burgers de bœuf  
20766235\_EA

Earn  
**3,000**  
pts  
Until May - 13 - 2026



**NO NAME®  
BREADED  
CHICKEN  
BURGERS  
FULLY COOKED**  
908 g  
burgers de  
poulet panés  
21178461\_EA

Earn  
**1,200**  
pts  
Until May - 13 - 2026



**PC® SMOKED WILD  
SOCKEYE  
SALMON**  
150 g  
saumon sockeye  
sauvage fumé  
20088009\_EA

Earn  
**2,500**  
pts  
Until May - 13 - 2026

# More offers. More points.

CLICK FOR  
THESE COUPONS  
AND MORE



Optimum™



Earn  
**1,200**  
pts  
Until May - 13 - 2026

**PC® INSTANT COFFEE**  
80/100 g  
café instantané  
21499826\_EA

Optimum™



Earn  
**2,500**  
pts  
Until May - 13 - 2026

**NO NAME®  
HOT CHOCOLATE MIX**  
1.8 kg  
mélange à chocolat chaud  
20005589\_EA

Optimum™



Earn  
**1,500**  
pts  
Until May - 13 - 2026

**PC® CHOCOLATE COVERED  
NUTS**  
300-400 g  
noix enrobées de chocolat  
20000356\_EA

Optimum™



Earn  
**1,000**  
pts  
Until May - 13 - 2026

**PC® MEMORIES OF  
SZECHWAN  
PEANUT SATAY SAUCE**  
350 mL  
sauce satay aux arachides  
20311313001\_EA

Optimum™



Earn  
**750**  
pts  
Until May - 13 - 2026

**PC® MAYO SANDWICH  
SPREAD**  
300 mL  
tartina de sandwich  
20861237\_EA

Optimum™



Earn  
**500**  
pts  
Until May - 13 - 2026

**PC® NUTRITION FIRST  
WET CAT FOOD**  
85 g  
nourriture humide pour chats  
21618582\_EA

Optimum™



Earn  
**600**  
pts  
Until May - 13 - 2026

**PC® NON-STICK  
HEAVY DUTY  
ALUMINUM FOIL**  
25 ft  
papier d'aluminium robuste  
anti-adhérent  
21122007\_EA

Optimum™



Earn  
**1,500**  
pts  
Until May - 13 - 2026

**PC® 3-PLY FACIAL  
TISSUE 6 BOXES**  
mouchoirs  
20181283\_EA

Optimum™



Earn  
**1,500**  
pts  
Until May - 13 - 2026

**PC® SUPER SOFT  
BATHROOM TISSUE or  
PC® MAX TOILET PAPER**  
12=24 rolls  
papier hygiénique  
21300716\_EA/21450718\_EA

# BABY ESSENTIALS AT LOW PRICES

26<sup>99</sup>



**HUGGIES PULL UPS** or  
**GOODNITES POTTY** or  
**CLUB PACK TRAINING PANTS** 24-74's  
selected varieties  
culottes d'entraînement  
20963841\_EA/21371199\_EA



**HUGGIES 10X BABY WIPES**  
336-704's  
selected varieties  
lingettes pour bébé  
21401195\_EA

19<sup>99</sup>

47<sup>99</sup>



**ENFAMIL A+ NEUROPRO** or  
**GENTLEASE POWDER**  
selected varieties  
553/587 g  
préparation en poudre  
21589117\_EA/21589230\_EA



54<sup>99</sup>

**GOOD START BABY FORMULA**  
selected varieties  
942 g-1.02 kg  
préparation pour nourrisson  
21599587\_EA/21599614\_EA

UP TO  
20%  
OFF



**EUCERIN AQUAPHOR BABY OINTMENT,**  
**CLEANSER** or **RASH CREAM**  
selected varieties  
85-500 g  
onguent ou nettoyant ou crème pour l'érythème fessier  
21482435\_EA

2<sup>50</sup>



**SIMPLY GOURMET SNACKS**  
selected varieties  
32 g  
collations  
21597310\_EA/21597336\_EA

\$9



**PEDIASURE COMPLETE**  
**REDUCED SUGAR**  
**NUTRITIONAL SUPPLEMENT**  
selected varieties  
4x235 mL  
supplément nutritif  
20322414001\_EA/20322414002\_EA

4<sup>99</sup>



**JOHNSON & JOHNSON**  
**BABY NEEDS**  
selected varieties  
200-623 mL  
produits pour bébé  
20325065001\_EA/21112321\_EA/21308244\_EA

AVAILABLE AT SELECT LOCATIONS ONLY

ONL 05 NF0

# 1000s OF LOWERED PRICES EVERYDAY!

**PRICE DROP**

**5<sup>50</sup>**



**LISTERINE MOUTHWASH**  
selected varieties  
1 L  
rince-bouche  
20348438001\_EA/21091218\_EA

**3<sup>50</sup>**



**COLGATE PREMIUM TOOTHPASTE**  
70-150 mL or **MANUAL TOOTHBRUSH** 1 ea  
selected varieties  
dentifrice ou brosse à dents manuelle  
20306410001\_EA/21166685\_EA

**\$4**



**GARNIER FRUCTIS HAIR CARE**  
selected varieties  
334-370 mL  
soins capillaires  
21007181\_EA/21007198\_EA

**5<sup>50</sup>**



**OLAY BAR SOAP** 4x90 g, **OLD SPICE**  
or **OLAY BODY WASH** 364-532 mL  
selected varieties  
pain de savon ou nettoyant pour le corps  
20605927003\_EA/21237505\_EA

**4<sup>50</sup>**



**IRISH SPRING BODY WASH** 591 mL,  
**BAR SOAP** 6x104 g or  
**SOFTSOAP BODY WASH** 591 mL  
selected varieties  
nettoyant pour le corps ou pain de savon  
21219375\_EA/21436477\_EA

**\$6**



**DEGREE DEODORANT** 74 g or  
**DRY SPRAY** 107 g  
selected varieties  
déodorant ou  
atomiseur sec  
21075870\_EA/21220217\_EA

**\$18**



**POISE PADS** or  
**DEPENDS UNDERWEAR** 12-66's  
selected varieties and sizes  
sous-vêtements  
21023579\_EA/21302119\_EA

**\$15**



**CETAPHIL FACIAL CLEANSER** or  
**MOISTURIZER**  
selected varieties  
120-473 mL  
nettoyant pour le visage  
ou hydratant  
21718816\_EA

**\$11**



**AVEENO LOTION**  
selected varieties  
532 mL  
lotion  
20102023001\_EA/20102023003\_EA

**9<sup>50</sup>**



**TYLENOL CHILDREN'S** or  
**INFANTS' PAIN RELIEF**  
selected varieties  
16-20's or 24-100 mL  
analgésique pour tout-petit  
20329139001\_EA

**\$12**



**BOOST READY TO DRINK SHAKES**  
selected varieties and sizes  
boissons frappées  
prêtes à boire  
20304429002\_C06/20986361\_C06

**\$9**



**AUSSIE HAIR CARE**  
selected varieties  
778 mL  
soins capillaires  
21167371\_EA/21167373\_EA

**\$5**

**ALWAYS**



**LIFE BRAND® LIQUID HAND SOAP REFILL**  
selected varieties, 2 L  
recharge de savon liquide  
pour les mains  
21357613003\_EA/21357613004\_EA

# HEALTH AND WELLNESS AT LOW PRICES

UP TO **50% OFF**



**JAMIESON VITAMINS AND SUPPLEMENTS**  
selected varieties and sizes  
vitamines et suppléments  
20299993\_EA/20311899\_EA

**\$12**



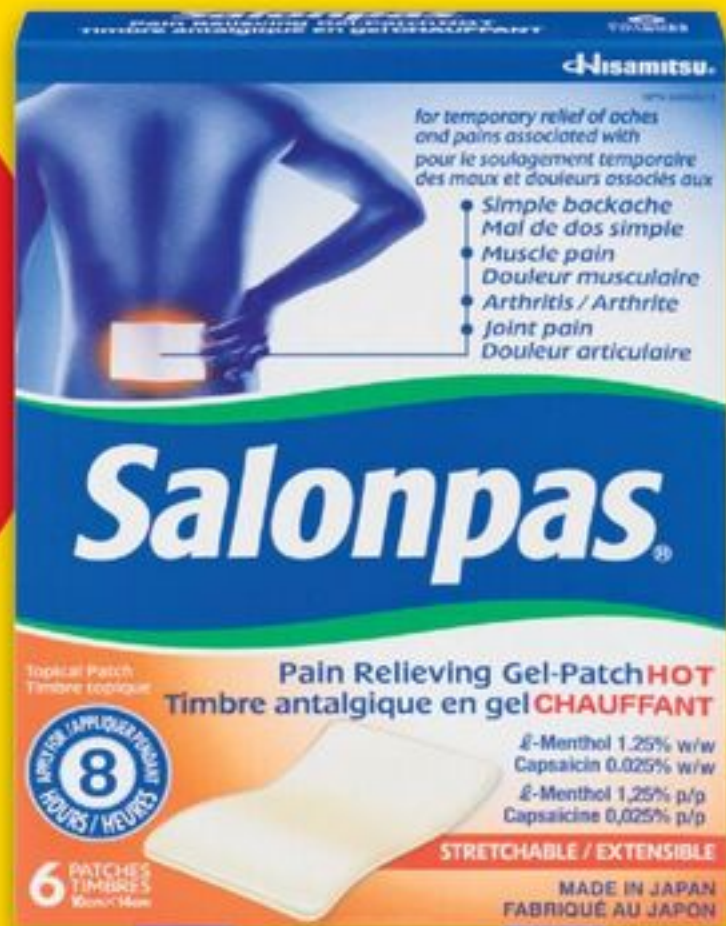
**LIQUID I.V. HYDRATION MULTIPLIER ELECTROLYTE DRINK MIX**  
selected varieties  
6's  
mélange à boisson avec électrolytes  
21592485\_EA/21592512\_EA

**\$15**

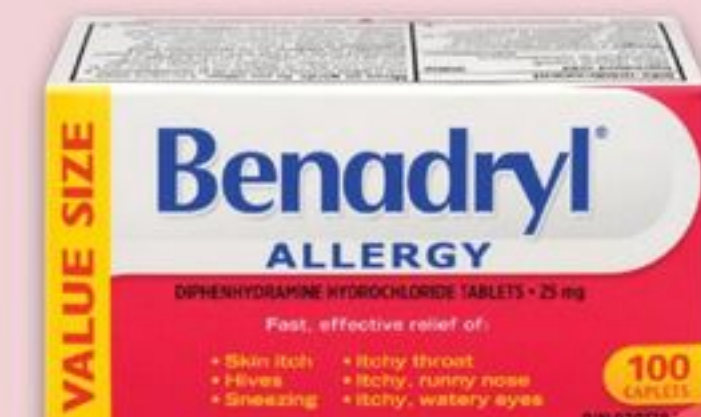
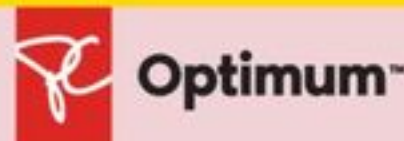


**TENA INCONTINENCE UNDERWEAR**  
selected varieties  
10-58's  
sous-vêtements pour l'incontinence  
20957423\_EA/21033778\_EA

**\$11**



**SALONPAS CREAM or PATCH**  
selected varieties and sizes  
crème ou timbre  
20587294\_EA



Earn **8,000 pts**  
For every \$40\* spent

That's **\$8** value

**REACTINE or BENADRYL ALLERGY PRODUCTS**  
selected varieties and sizes  
produits contre les allergies  
20339897\_EA/20550171\_EA



# HAPPY CINCO DE MAYO



**3<sup>99</sup>**  
LB



**JALAPENO PEPPERS**  
product of Mexico  
8.80/kg  
piments jalapeno  
20088387001\_KG



**2<sup>99</sup>**

**CARIBBEAN AVOCADOS**  
product of Dominican Republic  
each  
avocats  
20119760001\_EA

**1<sup>49</sup>**  
LB



**CASSAVA**  
product of Costa Rica  
3.28/kg  
manioc  
20087682001\_KG



**1<sup>29</sup>**  
LB

**PLANTAIN**  
product of Costa Rica, Colombia,  
Honduras or Guatemala  
2.84/kg  
plantain  
20111926001\_KG

**1<sup>25</sup>**



**JARRITOS DRINKS**  
selected varieties  
370 mL  
boissons  
20147354007\_EA/20147354011\_EA

**11<sup>99</sup>**



**EL MONTEREY TAQUITOS**  
selected varieties, frozen, 595 g  
taquitos  
21022918\_EA

**\$15**

**AIR CHILLED**



**PC® WHOLE CHICKEN**  
up to 1.7 kg  
poulet entier  
21636475\_EA

**2<sup>99</sup>**



**HERDEZ SALSA** 453 g  
or **LA COSTEÑA ENCHILADA SAUCE** 408 mL  
selected varieties  
salsa ou sauce enchilada  
20315064004\_EA/21563776\_EA

**3<sup>49</sup>**



**EL YUCATECO HOT SAUCE**  
selected varieties  
120/150 mL  
sauce piquante  
21309083\_EA

**3<sup>99</sup>**



**LA COSTEÑA GUACAMOLE SALSA** 456 mL or  
**RED MOLE** 255 g  
selected varieties  
salsa guacamole ou  
mole rouge  
21364453\_EA/21683293\_EA

**4<sup>99</sup>**



**LA COSTEÑA WHOLE TOMATILLOS**  
794 g  
tomatillos entières  
20818652\_EA

**3<sup>49</sup>**



**PAN WHITE CORN MEAL**  
selected varieties, 1 kg  
farine de maïs blanche  
20945705\_EA

**4<sup>99</sup>**



**LA COSTEÑA ADOBO PASTE**  
234 g  
pâte d'adobo  
21563671\_EA

**1<sup>49</sup>**



**LA COSTEÑA CHIPOTLE SAUCE**  
220 mL  
sauce chipotle  
20823424\_EA

**8<sup>49</sup>**



**MASECA INSTANT CORN MASA FLOUR**  
1.8 kg  
farine  
21457445\_EA

**2<sup>99</sup>**



**LA VISITA PORK RINDS**  
85 g  
couenne frite  
20806688\_EA

**5<sup>50</sup>**



**TAJIN CLASSIC SEASONING**  
142 g  
assaisonnement  
20019917\_EA

AVAILABLE AT SELECT LOCATIONS ONLY

ONLET 01 INFO



**Express™**

**Online grocery pickup & delivery**

# SHOP ONLINE, GET IT DELIVERED.

Get **\$15 in PC Optimum™ points** on each of your first 5 eligible online grocery orders\*. Use code **TRYNF**

That's up to **\$75** in points!

**SHOP NOW**



No Frills® delivery is available at select stores. Visit [nofrills.ca](http://nofrills.ca) or use the **PC Express** app to see if delivery is available in your area.

# OUR FLYER. YOUR INBOX.

**STRAIGHT TO YOUR EMAIL**

Scan the QR code to sign up.

**STRAIGHT TO YOUR PHONE**

Text "OFFER" to 374557 (FRILLS)\*



\* Standard message and data rates may apply.

†Raincheck + PC Optimum Points: Applies to out of stock items advertised in the current weekly flyer ("Promotion Period"). Raincheck can be used towards purchase of the unavailable item (subject to reasonable customer/requirements) at the advertised flyer price plus 10% back in PC Optimum points when the item is back in stock or within 14 days of raincheck issue date. 10% back in PC Optimum points is calculated per item on the advertised flyer price. Raincheck requests must be made in-store during the unavailable item's Promotion Period. Raincheck must be redeemed in-store at the issuing store location. Raincheck + Pts does not apply to flyer items marked "while quantities last", gift cards, liquor, tobacco, seasonal and products which are provincially-regulated, or as we determine from time to time. Customers who are not PC Optimum program members will not be eligible to receive PC Optimum points. To become a member, visit [www.pcoptimum.ca](http://www.pcoptimum.ca). We reserve the right to cancel or change the terms of this offer at any time without notice.

‡Throwback Prices: Program applies to one item weekly, as advertised in-store/online at [nofrills.ca](http://nofrills.ca).

# MORE WAYS TO SAVE

**NEW  
LOWER  
PRICE**

Enjoy these price drops for longer.

**RAIN  
CHECK**  
+ **pts**

We'll honour a current deal if we're sold out, and give you 10% back in PC Optimum™ Points.

**LOW  
PRICE.  
ALWAYS.**

Count on low everyday prices.

**FRESH  
GUARANTEE**

If your produce isn't fresh, we'll replace AND refund it.

†Raincheck + PC Optimum Points: Applies to out of stock items advertised in the current weekly flyer ("Promotion Period"). Raincheck can be used towards purchase of the unavailable item (subject to reasonable customer/requirements) at the advertised flyer price plus 10% back in PC Optimum points when the item is back in stock or within 14 days of raincheck issue date. 10% back in PC Optimum points is calculated per item on the advertised flyer price. Raincheck requests must be made in-store during the unavailable item's Promotion Period. Raincheck must be redeemed in-store at the issuing store location. Raincheck + Pts does not apply to flyer items marked "while quantities last", gift cards, liquor, tobacco, seasonal and products which are provincially-regulated, or as we determine from time to time. Customers who are not PC Optimum program members will not be eligible to receive PC Optimum points. To become a member, visit [www.pcoptimum.ca](http://www.pcoptimum.ca). We reserve the right to cancel or change the terms of this offer at any time without notice.

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ONL NFO MKT