CO-OP

YOUR CO-OP IS PROUDLY CANADIAN

15% OFF
FIRST TUESDAY OF THE MONTH - SEE BACK PAGE FOR DETAILS

HAPPY Easter

SALE 12.99 /lb
28.64/kg
**Co-op Beef Prime Rib Premium Oven Roast**
Cut in-store by Your Local Butcher from Canada
AA Grade or Higher
Aged 14 Days
MADE IN CANADA

SALE 2.49 /lb
5.49/kg
**Sugardale Smoked Ham Portion**
Bone-in
Random Cryovac Wrapped

SALE 1.99 /lb
4.39/kg
**Broccoli Crowns**
Produce of U.S.A.

SALE 2.49 /lb
5.49/kg
**Red, Green or Black Seedless Grapes**
Produce of Peru, South Africa or Chile
No. 1 Grade

SALE 2.49 /lb
5.49/kg
**Co-op Chicken Drumsticks**
Grain Fed, Free Run, Air Chilled
Value Pack
raised in WESTERN CANADA

SALE 3.49 /ea
**Crusty Rolls**
Baked In-store
Package of 12
MADE IN CANADA

SALE 3.49 /lb
7.69/kg
**Pork Tenderloin**
Random Cryovac Wrapped
raised in WESTERN CANADA

SALE 4.49 /100 g
**Wild Sockeye Salmon Fillets**
Thawed
PACKED IN CANADA

SALE 8.99 /ea
**Co-op Gold Block Cheese**
600 - 700 g or
Shredded Cheese 600 g
made in WESTERN CANADA
MADE IN AB

SALE 3.99 /ea
**Dairyland Sour Cream**
750 mL or Cottage Cheese 500 g
MADE IN CANADA

SALE 12.99 /ea
**Coca-Cola or Canada Dry Products**
Selected Varieties
24 x 355 mL
MADE IN CANADA

SALE 4.99 /ea
**Nestlé Real Dairy Ice Cream**
or Frozen Dessert 1.5 L or
Novelties Package of 4 - 12
MADE IN CANADA

Find Inspiration at: food.crs
SALE DATES AND STORE HOURS VARY BY LOCATION. CHECK ON-LINE OR IN-STORE FOR DETAILS.

PRICING IN EFFECT APR. 2 – 8, 2026
02 THUR | 03 FRI | 04 SAT | 05 SUN | 06 MON | 07 TUE | 08 WED

CO-OP BT Week 14 Large - 15% off

Easter 4 DAY SALE
02 THUR | 03 FRI | 04 SAT | 05 SUN

SALE 4.88 /ea
**Co-op Centsibles Butter**
454 g
FIRST 6
MADE IN CANADA

SALE 3.99 /ea
**Pineapple**
Gold Variety
Produce of Costa Rica or Mexico

SALE 79¢ /lb
1.74/kg
**Sweet Potatoes**
Produce of U.S.A.
Jumbo SIZE

SALE 4.49 /ea
**Co-op Gold Apple or Pumpkin Pie**
620 g
MADE IN CANADA

SALE 4.99 /ea
**Co-op Centsibles Shrimp Ring with Sauce**
Frozen
284 g

**SAVINGS** FOR AFFORDABLE FEASTS!

# HAPPY Easter

**SALE 1.89 /lb**
4.17/kg

**Co-op Gold Grade A Turkey**
All Available Sizes
Frozen

**SALE 2.49 /lb**
5.49/kg

**Butterball Turkey**
Raised Without Antibiotics
All Available Sizes
Frozen

**SALE 9.99 /ea**

**Schneiders or Maple Leaf Boneless Ham**
600 - 700 g

MADE IN CANADA

**SALE 1.99 /lb**
grown in WESTERN CANADA
4.39/kg

**Tomatoes on the Vine**
Greenhouse Grown
Produce of Western Canada

**SALE 3.99 /ea**

**Strawberries**
Produce of U.S.A. or Mexico
No. 1 Grade
1 lb (454 g)

**SALE 7.49 /ea**

**Spinach Dip Platter**
Made In-store
Fresh from the Deli

**3 FOR 11.97**

**Philadelphia Cream Cheese**
227 - 250 g, Cheez Whiz 450 g
or Kraft Singles or Velveeta Slices 410 g

MADE IN CANADA

**SALE 8.99 /ea**

**General Mills, Kellogg's or Post Jumbo Cereal**
Selected Varieties
700 g – 1.3 kg

**SALE 5.49 /ea**

**Boursin Cheese**
130 - 220 g

MADE IN CANADA

**SALE 13.99 /ea**
made in WESTERN CANADA

**Co-op Gold Bathroom Tissue**
Package of 24 Triple Rolls

MADE IN BC

**SALE 22.49 /ea**

**Gatorade Sports Drink**
24 x 591 mL

MADE IN CANADA

**SALE 5.99 /ea**

**Kraft Peanut Butter**
1 kg or All Natural 750 g

MADE IN CANADA

# 15% OFF

**FIRST TUESDAY OF THE MONTH**

With a minimum $50 purchase

Available at North Central, South Country, Leduc, North Corridor at Boyle and North Corridor at Thorhild Co-op Food Store locations. Some restrictions apply.

## Tradition YOU CAN Taste

STOP BY TO BRING HOME FRESH EASTER BREADS FROM OUR BAKERY

RECYCLABLE WHERE YOU LIVE
RECYCLE ON SPIGOT SAVING

Visa MasterCard

At Participating Stores

Starting Late participating Co-op™ and THE MARKETPLACE™ Stores make every effort to supply sufficient amounts of advertised items to meet your needs. However, due to circumstances beyond our control, some items may be out of stock. Also, due to the size of some Co-op™ and THE MARKETPLACE™ stores, or a complete line of advertised items may not be carried. We apologize for any inconvenience caused by these shortages. Although we strive for complete accuracy in our advertising, minor typographical or other errors may occur. Where we make mistakes in our advertising, we will correct them at any time without notice. We reserve the right to limit quantities, refuse to sell or cancel orders. Co-op™ and THE MARKETPLACE™ stores reserve the right to limit quantities. Prices are in Canadian dollars. Unless otherwise specified, all prices are valid from Tuesday, April 14 to Monday, April 20, 2026 inclusive. Co-op™ and THE MARKETPLACE™ stores are independently owned and operated. Co-op™ and THE MARKETPLACE™ are registered trade mark of CWL Distribution Ltd. THE MARKETPLACE™, THE MARKETPLACE SAVERS™, THE MARKETPLACE DELI™, THE MARKETPLACE KITCHEN™, THE PROMISE MARKETPLACE, ™ THE CO-OP FAMILY™ are trade mark of Federated Co-operatives Limited. Actual items may vary slightly from illustrations. Some illustrations are serving suggestions only. GST is not included in applicable.

CO-OP 0101 Bonus 14 Large - 15% off

FARM FRESH
# PRODUCE

grown in WESTERN CANADA

**2 FOR $9**

**GoodLeaf Baby Greens**
113 g or Microgreens 50 g
Produce of Western Canada
Assorted Varieties

GROWN IN AB

## GOODLEAF FARMS

As one of Canada's leading producers of fresh greens, GoodLeaf Farms grows microgreens and baby greens year-round in vertical farms across the country. From their Calgary, Alberta farm, leafy greens and salad mixes reach Western Canadian tables, bringing farm-fresh quality to every meal.

**SALE 7.99 /ea**

**Halos Mandarins**
Produce of U.S.A.
3 lb (1.36 kg)

**SALE 6.99 /ea**

**Pink Lady or Granny Smith Apples**
Produce of U.S.A.
Extra Fancy
3 lb (1.36 kg)

**SALE 2.99 /ea**

**Iceberg Lettuce**
Produce of U.S.A.
No. 1 Grade

**SALE 1.29 /ea**

**Green Onions**
Produce of Mexico
Bunch

**SALE 6.99 /ea**

**Peppers**
Assorted Colours
Greenhouse Grown
Produce of Western Canada or Mexico
2 lb (907 g)

**SALE 2.99 /ea**

**Celery Stalk**
Produce of U.S.A.
No. 1 Grade

**SALE 4.99 /lb**

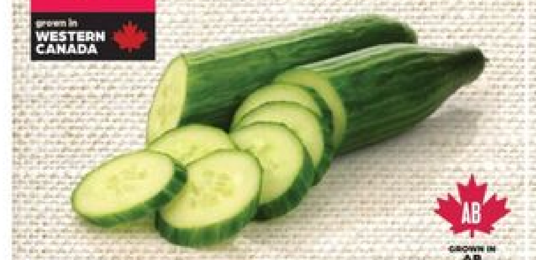
11.00/kg

**Asparagus**
Produce of Mexico
No. 1 Grade

**2 FOR $3**

grown in WESTERN CANADA

**Co-op Long English Cucumbers**
Greenhouse Grown
Produce of Western Canada
Canada No. 1



GROWN IN AB

**SALE 99¢ /lb**

grown in WESTERN CANADA

2.18/kg

**Cabbage**
Green Variety
Produce of Western Canada
Canada No. 1

**2 FOR $11**

**Taylor Farms Chopped Salad Kits**
Produce of U.S.A.
Selected Varieties
292 - 396 g

**2 FOR $7**

grown in WESTERN CANADA

ORGANIC

**Organic Yellow Onions**
Produce of Western Canada
Canada No. 1
2 lb (907 g)

GROWN IN AB

**SALE 3.99 /ea**

ORGANIC

**Organic Carrots**
Produce of U.S.A.
No.1 Grade
2 lb (907 g)

**2 FOR $5**

ORGANIC

**Organic Herbs**
Produce of Western Canada or Mexico
Selected Varieties
28 g

ORGANIC



HAPPY Easter

CO-OP 02 Week 14 Large

# NEW AT CO-OP

Check out the many new products we have in-store at your local Co-op.

**SALE 6.99 /ea**

PLUS DEPOSIT & ENVIRONMENTAL LEVIES WHERE APPLICABLE

## Silk Soy Protein Beverage

1.42 L

Than 1% M.F. chocolate dairy milk for Silk Protein chocolate.
Than 2% M.F. dairy milk for Silk Protein regular.

I've got the Plant Power - 2x more Protein*!

**SALE 5.99 /ea**

## Club House Seasonings or Spices

120 - 181 g or Frank's RedHot Original Seasoning 132 g
Selected Varieties

MADE IN CANADA

NEW Club House Salad Supreme & Green Goddess blends! Easy to Use, Fresh & Flavourful Seasoning Blends for Salad & Veggie Lovers.

# BUTCHER SHOP

raised in WESTERN CANADA

**SALE 8.49 /lb**

18.72/kg

**Co-op Stuffed Boneless and Glazed Chicken Breast**
Prepared by Your Local Butcher
Grill-Ready
Selected Varieties

## Easter MADE EASY

Hop over to the meat counter at your local Co-op and let our in-store butchers help you plan the perfect holiday meal. They're happy to prepare custom cuts or offer seasoned, butcher-prepared favourites your family will love sharing at the Easter table.

**SALE $21 /ea**

**Maple Leaf Prime Boneless Skinless Chicken Breasts**
Raised Without Antibiotics
Grain Fed, Free Run, Air Chilled
5 Pieces

raised in WESTERN CANADA

**SALE 2.99 /lb**

6.59/kg

**Lilydale Fresh Turkey**
Available While Supplies Last
5 - 7 kg, 7 - 9 kg or 9 - 11 kg

raised in WESTERN CANADA

**SALE 2.99 /lb**

**Co-op Chicken Legs**
Back Attached
Grain Fed, Free Run, Air Chilled
Value Pack

raised in WESTERN CANADA

6.59/kg

**SALE 11.49 /lb**

**Co-op Boneless Beef Cross Rib Pot Roast**
Cut In-store by Your Local Butcher from Canada AA Grade or Higher
Aged 14 Days

raised in WESTERN CANADA

25.33/kg

**SALE 27.99 /lb**

**SunGold Frenched Rack of Lamb**
Bone-in
Random Cryovac Wrapped
Rich and Juicy Flavour of Premium Lamb

raised in WESTERN CANADA

61.71/kg

**SALE 4.49 /lb**

**Pork Back Ribs**
Random Cryovac Wrapped

raised in WESTERN CANADA

9.90/kg

**SALE 3.99 /lb**

**Co-op Boneless Pork Loin Centre Cut Chops**
Cut In-store by Your Local Butcher
Value Pack

raised in WESTERN CANADA

8.80/kg

**SALE 4.99 /ea**

**Olymel Breakfast or Dinner Sausage**
Selected Varieties
375 - 450 g

made in WESTERN CANADA

# FISH SHOP

**SALE 19.99 /lb**

sourced in WESTERN CANADA

44.07/kg

**Co-op Gold PURE Walleye Fillets**
Frozen

SOURCED IN SK

**SALE 12.99 /ea**

**Co-op Gold Asian Appetizer Pack**
or Shrimp Variety Pack
Frozen
485 - 520 g

**SALE 10.99 /ea**

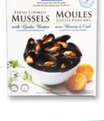
**Co-op Gold All Natural Cod Fillets**
Frozen
400 g

**SALE 6.99 /ea**

**True North Atlantic Salmon Skewers**
142 g

**SALE 14.99 /ea**

**Sogel Fresh Cooked Mussels with Garlic Butter**
908 g





CO-OP FD Week 14 Large

PROUD PARTNER OF THE TORONTO BLUE JAYS™

# POP FLY CONTEST

Enter for a chance to catch a

# BLUE JAYS™ VIP EXPERIENCE

## +100s of prizes to be won†

†Visit bluejays.com/CanadaDryContest for details

**SALE 8.49 /ea**

PLUS DEPOSIT & ENVIRONMENTAL LEVIES WHERE APPLICABLE

**Canada Dry or Coca-Cola Products**

Selected Varieties

12 x 355 mL

MADE IN CANADA

**2 FOR $9**

PLUS DEPOSIT & ENVIRONMENTAL LEVIES WHERE APPLICABLE

**Canada Dry or Coca-Cola Products**

Selected Varieties

6 x 222 mL or 6 x 710 mL

MADE IN CANADA

**2 FOR $6**

PLUS DEPOSIT & ENVIRONMENTAL LEVIES WHERE APPLICABLE

**Canada Dry or Coca-Cola Products**

Selected Varieties

2 L

MADE IN CANADA

## PREPARED FOODS

SALE 1.99 /100 g
**Greek Salad**
Made In-store

2 FOR $6
**Cabbage Rolls**
Sold Individually

SALE 13.99 /ea
**Maple Cured Whole Ham**
Prepared In-store
750 g

## FRESH FROM OUR DELI

SALE 3.99 /ea
**Woolwich Goat Cheese**
113 g

Made from FOUR SIMPLE INGREDIENTS and 100% Canadian Milk.

SALE 9.99 /ea
Made in WESTERN CANADA
**Grimm's Smoked Pepperoni Sticks**
Selected Varieties, 450 - 600 g
MADE IN SK

SALE 3.99 /ea
**Summer Fresh Dip or Hummus**
200 - 227 g
MADE IN CANADA

2 FOR 9.98
**Castello Cheese Slices**
145 - 165 g or Ire Stelle Bocconcini
200 g
MADE IN CANADA

SALE 9.49 /ea
**Snowdonia Cheddar Cheese**
150 - 200 g

SALE 6.99 /ea
**Lesley Stowe Raincoast Crisps**
150 - 170 g or
Wildly Delicious Spreads 185 mL

## PACKAGED MEATS

SALE 11.99 /ea
**Maple Leaf Prime Breaded Chicken Entrées**
or Stuffed Chicken Breasts or Schneiders Breaded Chicken Tenders
Frozen, 568 - 700 g
MADE IN CANADA

SALE 13.99 /ea
**Pogo Corn Dogs**
Frozen
Package of 20

SALE 19.99 /ea
Made in WESTERN CANADA
**Co-op Centsibles Breakfast Sausage**
Frozen, 2 kg
MADE IN AB

SALE 13.99 /ea
**Pinty's Chicken Wings**
Frozen
700 - 720 g
SAVE MORE $3 WITH THE CO-OP APP
MADE IN CANADA

SALE 4.99 /ea
Made in WESTERN CANADA
**Co-op Centsibles Sliced Side Bacon**
375 g
MADE IN MB

SALE 6.99 /ea
Made in WESTERN CANADA
GLUTEN-FREE
**Harvest Sliced Farmer Sausage or Back Bacon**
250 - 300 g or Sliced Bologna
or BBQ Loaf 375 g
MADE IN SK

SALE 7.99 /ea
Made in WESTERN CANADA
GLUTEN-FREE
**Grimm's Smoked Sausage Ring**
or Pepperoni Bites
300 - 375 g

SALE 5.99 /ea
**Maple Leaf Top Dogs or Schneiders Classic Wieners**
375 g
MADE IN CANADA


HAPPY Easter

CO-OP 04 Week 14 Large

Campbell's®

IT'S ALL ABOUT THE SIDES

Try Campbell's easy-to-make holiday recipes

© 2024 Campbell Company of Canada

**SALE 3.00 /ea**

## Campbell's Chunky or Ready to Serve Soup

510 - 515 mL or Prego Pasta Sauce 645 mL

**3 FOR $6**

## Campbell's Soup

284 mL, Cooking Broth 900 mL or Concentrated Broth 250 mL
Selected Varieties

**3 FOR 9.99**

## Pepperidge Farm Goldfish

168 - 200 g or Crisps 177 g

## FRESH FROM OUR BAKERY

**2 FOR $5** — **Alpine Grain Bread**
Baked In-store
450 g

**SALE 3.99/ea** — **Strudel Bites**
Baked In-store
Apple or Strawberry
Package of 12

**SALE 18.99/ea** — **3 Layer Lemon Strawberry Ombre Cake**
Made In-store
8-inch

**SALE 16.49/ea** — **Black Forest Cake**
or Tiramisu
Prepared In-store
825 g

**SALE 4.49/ea** — **Cinnamon Brioche Rolls**
Baked In-store
Package of 4

**SALE 2.99/ea** — **Dinner Rolls**
Package of 12

**SALE 4.49/ea** — **Dempster's Signature Buns**
Package of 6 - 8 or Sliders Package of 12
Selected Varieties

**SALE 3.49/ea** — **Natural Bakery Canadian Rye Bread**
500 g or French Bread
700 g

**SALE 2.99/ea** — **Natural Bakery Sourdough**
600 g
NEW

## FLORAL

**SALE 13.99/ea** — **Blooming Beauty Bouquet**

**SALE 5.99/ea** — grown in WESTERN CANADA
**Tulips**
5 Stem Bunch
Greenhouse Grown

**SALE 11.99/ea** — **Potted Mum Easter Mix**
6-inch Pot

**SALE 19.99/ea** — **Blooming Daydream Bouquet**

**SALE 19.99/ea** — **Mason Jar Arrangement**

## FRESH DAIRY

**SALE 5.99/ea** — **Dairyland Whipping Cream**
946 mL

**SALE 4.99/ea** — **Co-op Gold Greek Yogurt**
650 g

**SALE 6.99/ea** — **Imperial Margarine**
1/4 Squares 1.36 kg or Soft 1.28 kg

**SALE 5.49/ea** — **Dairyland Milk**
Microfiltered, Lactose Free or Protein Milk
1.89 L

**SALE 3.99/ea** — **Dairyland Ultrafiltered Milk**
1 L

OIKOS SNACK & WIN — WIN A TRIP FOR 2 TO STANLEY CUP FINALS

**SALE 4.19/ea** — **Oikos, Silk or Activia Expert Yogurt**
4 x 95 - 100 g

**SALE 7.29/ea** — **International Delight Coffee Creamer**
or Stik Cold Brew Coffee 1.42 L

**SALE 4.99/ea** — **Activia Yogurt**
8 x 100 g or Silk Yogurt
500 - 650 g



CO-OP 00 Week 14 Large

# DAIRY FREE AND DELICIOUS

© 2026 Flora Food Canada Inc.

**SALE 3.99 /ea**

PLANT-BASED

## Dairy-Free Becel Plant Butter

427 - 454 g

**SALE 3.99 /ea**

PLANT-BASED

## Violife Dairy-Free Cheese

Selected Varieties
200 - 227 g

**SALE 3.99 /ea**

PLANT-BASED

NEW

PLUS DEPOSIT & ENVIRONMENTAL LEVIES WHERE APPLICABLE

## Violife Dairy-Free Whipping Cream

500 mL

## FROM THE FREEZER

**3 FOR 9.99**
**McCain Fries or Hashbrowns**
Frozen
800 g

**SALE 9.99 /ea**
**Co-op Gold Fruit**
Frozen
1.5 kg

**SALE 7.29 /ea**
**Dr. Oetker Pizza**
Guiseppe Rip'n Share, Thin or Rising Crust
Frozen
439 - 785 g

**SALE 6.99 /ea**
**Wong Wing Appetizers or Entrées**
Frozen
360 - 680 g

**SALE 7.99 /ea**
**Swiss Chalet or Montana's Pot Pies**
Frozen
470 - 655 g

**2 FOR $5**
**Co-op Gold Vegetables**
Frozen
750 g

**SALE 4.99 /ea**
**Chapman's Markdale Creamery Ice Cream**
2 L or Yukon Novelties
Package of 6 - 8
Frozen
Selected Varieties

**SALE 3.99 /ea**
**Chapman's Super Premium Plus Ice Cream**
Frozen
500 mL

**SALE 6.99 /ea**
**Chapman's Premium Ice Cream, Frozen Yogurt or Sorbet**
Frozen
2 L

**SALE 7.99 /ea**
**High Liner Fish or Shrimp**
Frozen
Selected Varieties
330 - 700 g

**SALE 13.99 /ea**
**High Liner Fish**
Signature Packs or Pan Seared Selects
Frozen
425 - 540 g

High Liner™ SINCE 1899

## FOR YOUR PANTRY

**SALE 25.99 /ea**
**Starbucks Coffee**
793 - 907 g or
Package of 24

**2 FOR $7**
**Post Cereal**
Selected Varieties
311 - 525 g

**2 FOR $5**
**Hamburger or Tuna Helper**
158 - 233 g

**2 FOR $6**
**Betty Crocker Potatoes**
141 - 215 g

**4 FOR $6**
**Club House Seasoning Mix**
Selected Varieties
20 - 47 g

**SALE 8.99 /ea**
**Hellmann's Mayonnaise**
1.42 L

**2 FOR $6**
**Dole Pineapple**
398 mL

**2 FOR $5**
**Ocean Spray Cranberry Sauce**
348 mL

**2 FOR 5.48**
**Maple Leaf Flaked Meat**
156 g

**SALE 3.79 /ea**
**Gold Seal Pink Salmon**
213 g

**SALE 15.99 /ea**
**Filippo Berio Olive Oil**
Selected Varieties
750 mL - 1 L

**SALE 7.39 /ea**
**Crisco Vegetable or Canola Oil**
1.18 L

## FOR YOUR baby

**SALE 32.99 /ea**
**Goodnites or Pull-Ups**
Underwear or Training Pants
Package of 28 - 66

**5 FOR $5**
ORGANIC
**Personelle Organic Baby Food**
Selected Varieties
Pouch 128 mL

**SALE 43.99 /ea**
**Kabrita Goat Formula Powder**
800 g


HAPPY Easter

CO-OP 06 Week 14 Large

MOTT'S CLAMATO Caesar

Calgary Stampede

JULY 3 – 12, 2026

Enter for a chance to

# WIN* A VIP WEEKEND

at Calgary Stampede

**+100s of prizes**

Enter at

ClamatoVIPexperience.ca

†For contest rules, details and to enter, visit ClamatoVIPexperience.ca.
Mott's® Clamato® is a trademark used under license by Canada Dry Mott's Inc.

**2 FOR $7**

PLUS DEPOSIT & ENVIRONMENTAL LEVIES WHERE APPLICABLE

## Mott's Clamato or Nestea Lemon Iced Tea

1.89 L

Mott's® Clamato® is a trademark used under license by Canada Dry Mott's Inc.
Used under license by Canada Dry Mott's Inc. NESTEA® Société des Produits Nestlé S.A. Vevey, Switzerland, Trademark Owner.

**SALE 11.49 /ea**

PLUS DEPOSIT & ENVIRONMENTAL LEVIES WHERE APPLICABLE

## Corona 0.0%

6 x 330 mL

ENJOY RESPONSIBLY. Must be legal drinking age.
Alcohol-free beer with natural flavour and vitamin D.
®/MD TRADEMARKS GRUPO MODELO, S. DE R.L. DE C.V., LIC. USE / SOUS LIC.

**SALE 7.99 /ea**

PLUS DEPOSIT & ENVIRONMENTAL LEVIES WHERE APPLICABLE

## Atypique Mocktails

Selected Varieties

4 x 355 mL

Trademark used under license by Canada Dry Mott's Inc.
Sparkling Flavoured Beverages.

## DRINKS & SNACKS

**2 FOR 9.98** — **Pepsi Products**
Selected Varieties
6 x 710 mL

**4 FOR $5** — **Powerade Beverages**
Selected Varieties
710 - 946 mL

**2 FOR $5** — **Glaceau Vitamin Water**
591 mL
Made in Canada

**SALE 8.99/ea** — **Old Dutch Variety Pack**
Selected Varieties
472 - 504 g

**SALE 2.25/ea** — **Oasis Juice, Arizona Iced Tea or Del Monte Nectar**
Selected Varieties
960 mL

**SALE 6.49/ea** — **Co-op Gold Low Alcohol Beer**
12 x 355 mL
Made in Western Canada

**5 FOR $5** — **Nestlé Chocolate Bars**
33 - 60 g

**SALE 15.99/ea** — **Co-op Gold Chocolate Covered Raisins, Peanuts or Almonds**
850 g - 1 kg

**2 FOR $8** — **Old Dutch Crunch Potato Chips**
200 g
Made in Canada

**2 FOR $8** — **Old Dutch**
Crunchys, Cheese Pleesers, Cheesy Puffcorn or Humpty Dumpty Party Mix or Rings
200 - 290 g
Made in Canada

**2 FOR 7.50** — **Old Dutch Potato Chips**
Box 220 g
Made in Canada

## FOR YOUR PANTRY

**SALE 3.99/ea** — **Robin Hood Oats**
1 kg
Made in Canada

**2 FOR $5** — **Betty Crocker Cake Mixes**
375 g or Frosting
340 - 450 g
Selected Varieties

**SALE 8.99/ea** — **Co-op Gold Peanut Butter**
2 kg

**SALE 6.99/ea** — **Nature Valley Granola Bars**
525 - 630 g, Betty Crocker or Mott's Snacks
368 - 498 g, General Mills Cereal Bar 385 g
or Lärabar 225 - 240 g

**2 FOR $9** — **Eagle Brand Sweetened Condensed Milk**
300 mL
Made in Canada

**3 FOR 7.98** — **Carnation Evaporated Milk**
354 mL
Made in Canada

**SALE 8.99/ea** — **Robin Hood Flour**
5 kg
Made in Canada

## FOR YOUR PETS

**SALE 22.99/ea** — **Friskies Wet Cat Food**
Variety Pack
24 x 156 g

**SALE 37.99/ea** — **Alpo Cookout Classics Dog Food**
16 kg

**SALE 19.99/ea** — **Co-op Gold Cat Food**
8 kg
Made in Canada

**3 FOR 9.99** — **Purina Beggin' Strips**
170 g or Dentalife
193 - 248 g

## FOR YOUR HOME

**SALE 12.99/ea** — **Scotties Facial Tissue**
Selected Varieties
Package of 4 or 9
Made in Canada

**2 FOR 9.98** — **Dawn Ultra or Platinum Dish Soap**
535 - 982 mL or Refill 473 mL
or Cascade Platinum Rinse Aid 473 mL

**SALE 13.99/ea** — **Purex Laundry Detergent**
92 - 110 Wash Loads or
Persil 37 - 48 Wash Loads
Selected Varieties

**SALE 15.99/ea** — **Tide Laundry Detergent**
48 Loads or Clean Boost Fabric Rinse 1.43 L or
Downy Rinse & Refresh Fabric Softener 1.43 L
Selected Varieties

# Breakfast Special

**SALE 4.99 /ea** Individual Gourmet Quiche
Fresh from the Deli
235 g

**SALE 9.49 /ea** Simply Orange Juice
2.25 L

**SALE 5.79 /ea** Co-op Centsibles Large Eggs
Package of 18
Made in Western Canada

**SALE 11.99 /ea** Small Fruit or Veggie Tray
Made In-store
10.25-inch

# Easter Entertaining

**SALE 9.99 /ea** Co-op Gold Bacon Wrapped Chicken Thigh Bites
360 g or Lucky Dragon Mini Wontons
800 g
Frozen
Made in Canada

**SALE 9.99 /ea** Co-op Gold Shrimp Appetizers
Frozen
Selected Varieties
310 - 340 g

**SALE 12.99 /ea** Co-op Gold PURE Smoked Wild Sockeye Salmon
Frozen
150 g
Made in Western Canada
Harvested in BC

**SALE 9.99 /ea** Co-op Gold Bay Scallops
Frozen
400 g

**SALE 12.99 /ea** Co-op Gold Chicken Wings
Frozen
750 - 840 g
Made in Canada

**4 FOR $10** Co-op Gold Perogies
Frozen
907 g
Made in Western Canada
Made in MB

**2 FOR $5** Co-op Gold Snack Crackers
200 g

**2 FOR $5.98** Co-op Gold Pickles
1 L or Pickled Beets or Hot Pepper Rings 750 mL

**SALE 1.29 /ea** Co-op Gold Mustard Squeeze
225 mL

**2 FOR $6** Co-op Gold Italian Sodas
750 mL

# For the Hostess

**SALE 29.99 /ea** Co-op Gold Discovery Cheese or Charcuterie Gift Box

**SALE 19.99 /ea** Easter Mason Jar Arrangement

# Sweet Tooth

**SALE 5.49 /ea** Häagen-Dazs Ice Cream
400 - 450 mL or Novelties Package of 3
Frozen
Made in Canada

**SALE 18.49 /ea** Crème Brûlée Cheesecake Sampler
Prepared In-store
Package of 9
Made in Canada



CO-OP 08 Week 14 Large

# BRING HOME THE *Ham* EVERYONE *hops* FOR.

**SALE 5.99 /ea** — **Grimm's Ham Steaks** 250 g
Made by WESTERN CANADA — GLUTEN-FREE — MADE IN BC

**SALE 4.99 /lb** — **Co-op Gold Hickory Smoked Ham Portion** Random Cryovac Wrapped
Made by WESTERN CANADA — GLUTEN-FREE — 11.00/kg — MADE IN AB

**SALE 4.99 /lb** — **Sugardale Spiral Cut Ham Portion** Random Cryovac Wrapped
11.00/kg

**SALE 5.49 /lb** — **Co-op Berkshire Sired Bone-in Ham Portion** Random Cryovac Wrapped
Made by WESTERN CANADA — 12.10/kg — MADE IN MB

**SALE 16.99 /ea** — **Co-op Gold Boneless Ham** 1.2 kg
Made by WESTERN CANADA — GLUTEN-FREE — MADE IN AB

**SALE 32.99 /ea** — **Maxwell House or Nabob Coffee** Package of 56 - 60

**SALE 19.99 /ea** — **Nabob Coffee** 915 - 930 g

**MORNINGS MADE DELICIOUS WITH Kraft Heinz**

**6 FOR 9.96** — **Heinz Beans or Pasta** 398 mL

**3 FOR 9.99** — **Classico Pasta Sauce** 410 - 600 mL, Pesto 218 mL or Shake'n Bake 142 - 184 g

**2 FOR $6** — **Heinz Ketchup** 375 mL or Heinz Mayo 340 mL

**SALE 7.99 /ea** — **Kraft Miracle Whip or Mayo** 1.5 L

**NEW! OVEN BAKED CRACKERS**

**2 FOR $7** — **Cheez-It Family Size Crackers** 352 g, Snap'd 213 g or Townhouse Crackers 247 - 391 g

**2 FOR $8** — **Kellogg's Eggo Waffles or Pancakes** Selected Varieties 270 - 330 g

**SALE 9.49 /ea** — **Kellogg's Jumbo Snacks or Bars** Selected Varieties 500 g - 1.15 kg

**2 FOR $7** — **Kellogg's or Kashi Bars** 125 - 295 g or Snacks 176 - 384 g Selected Varieties

**2 FOR $6** — **Pringles Potato Chips** 148 - 156 g or Cheez-It Crackers 191 - 200 g

**2 FOR $7** — **Pringles Party Stack Potato Chips** 194 - 203 g or Pringles Mingles 155 g Selected Varieties

**2 FOR $6** — **Celsius or Alani NU Energy Drinks** 355 mL — MADE IN CANADA

**4 FOR $6** — **Brisk Iced Tea** Selected Varieties 710 mL — MADE IN CANADA

**2 FOR $8** — **Tostitos Tortilla Chips** 215 - 295 g

**2 FOR 9.50** — **Miss Vickie's Potato Chips** 190 - 200 g — MADE IN CANADA

**2 FOR 7.50** — **Lay's Potato Chips** 200 - 235 g — MADE IN CANADA

**2 FOR 9.50** — **Doritos Chips** 210 - 235 g — MADE IN CANADA



CO-OP FP Week 14 Large

CO-OP

# HAPPY Vaisakhi

**SALE 7.99 /ea**
**Nanak Desi Ghee**
400 g or Divya Mustard Oil 1 L

**SALE 1.99 /lb**
grown in WESTERN CANADA
4.39/kg
Jumbo SIZE
**Red Onion**
Produce of Western Canada
Canada No. 1

AB grown in AB

**SALE 4.99 /ea**
**Garlic**
Produce of China
1 kg

**SALE 2.69 /lb**
5.93/kg
**Ginger Root**
Produce of China

**SALE 15.99 /ea**
**Aashirvaad Whole Wheat or Sher Durum Atta Flour**
9.07 kg

**SALE 3.99 /ea**
made in WESTERN CANADA
**Vadiya Naan Bread**
Original or Garlic
Package of 6

AB made in AB

**SALE 2.49 /ea**
**Eggplant**
Produce of Western Canada or Mexico

**SALE 14.99 /ea**
**Elephant Basmati Rice**
4 kg

**SALE 1.59 /ea**
**Co-op Gold Chick Peas**
540 mL

MADE IN CANADA

**SALE 2.99 /ea**
**Ataulfo Mangoes**
Produce of Mexico

Large SIZE

**SALE 5.49 /ea**
**Landmark Buttermilk**
1.89 L

**SALE 4.49 /ea**
**Tre Stelle Paneer Cheese**
300 g

MADE IN CANADA

**SALE 12.99 /ea**
**Sugarplum Egg Free Chocolate Raspberry Cake**
950 g

MADE IN CANADA

**SALE 4.99 /ea**
**Co-op Gold Fruit**
Frozen
Selected Varieties
300 - 600 g

**SALE 19.99 /ea**
**La Rocca Egg Free Mango Cake**
600 g

**SALE 5.99 /ea**
**Melona Frozen Dessert Bars**
Package of 8

APRIL 2- 8, 2026