

WED	THU	FRI	SAT	SUN	MON	TUE
8	9	10	11	12	13	14

# Harris Teeter

YOUR NEIGHBORHOOD MARKET  
Weekly Specials\*

**Value Pack**  
VIC SAVINGS

per lb.  
**New York Strip Steaks**

**12.99**

save at least \$5.00 per lb. with your VIC card

**Value Pack**  
VIC SAVINGS

per lb.  
**93% Lean Ground Beef**

**6.99**

save at least \$1.00 per lb. with your VIC card

Spring's  
**Freshest Picks**



16 oz. Farm Raised  
31 - 40 ct. Tail On  
**Cooked Shrimp**  
or 16 oz. Wild Caught  
41 - 50 ct. Tail Off  
Peeled & Deveined  
**Raw Shrimp**

**BUY 2 GET 3 FREE**  
when you buy 5 with your VIC card or regular price each

limit 10



6 oz. Farmers Market  
**Raspberries or Blackberries**

**BUY 1 GET 1 FREE**  
each item rings at half price with your VIC card



Farmers Market  
**Red Seedless Grapes**

**1.99** per lb.  
save big per lb. with your VIC card

limit 4 pkgs.

**Smithfield Boston Butt**

**1.29** per lb.  
save at least \$1.20 per lb. with your VIC card

Hot or Cold

Fresh  
Foods Market  
**Whole Subs**

**6.99** each  
save big with your VIC card

6 ct.  
**Mini Seedless Cucumbers**  
or 10 oz.  
**NatureSweet Glory Tomatoes**

**BUY 1 GET 1 FREE**  
each item rings at half price with your VIC card



Use your VIC card for more big savings!

12 oz. **Celsius Sparkling**,  
28 oz. **Gatorade Sports Drink**,  
1 - 1.25 ltr. **Pepsi**  
or 1 ltr. **Propel Fitness Water**

**BUY 2 GET 3 FREE**  
when you buy 5 with your VIC card or regular price each

limit 10

15 - 15.5 oz.  
**Harris Teeter Black Beans**

**BUY 2 GET 2 FREE**  
when you buy 4 with your VIC card or regular price each

6 pk. 16.9 oz.  
**Coca-Cola Products**

**BUY 2 GET 2 FREE**  
when you buy 4 with your VIC card or regular price each

48 oz.  
**Mayfield Ice Cream**  
or 16 oz.  
**Private Selection Ice Cream or Sorbet**

**BUY 1 GET 1 FREE**  
each item rings at half price with your VIC card

11 oz.  
**HT Traders Bag Coffee**  
or 10 ct. **Green Mountain K-Cup Coffee**

**BUY 1 GET 1 FREE**  
each item rings at half price with your VIC card

2.52 oz.  
**Oscar Mayer Fully Cooked**  
or 12 - 16 oz. **Sliced Bacon**

**BUY 1 GET 1 FREE**  
each item rings at half price with your VIC card

8 oz.  
**Tillamook Shredded Cheese**

**2 \$6** for  
save big on 2 with your VIC card

750 ml.  
**Hess Select Cabernet**,  
**La Crema** or  
**Kim Crawford**

**14.99** each  
Drink Responsibly - Must be 21 to Purchase

**eVIC Members Only Sale** offers valid Thursday, APRIL 9 - Sunday, APRIL 12, 2026

Not an e-VIC Member? Register for e-VIC at www.harristeeter.com. VIC card/Alt ID and email address required. e-VIC status effective the first Wednesday after enrollment. Some restrictions apply.

**eVIC members only** weekly limit 16  
5.3 - 6.7 oz.  
**Chobani Flip, Zero Sugar or High Protein Greek Yogurt**

**.97**  
save at least \$4.48 over our already low VIC price when you buy 16  
All items must be purchased in a single transaction with your VIC card.

**eVIC members only** weekly limit 6  
6 - 12 oz.  
**Lean Cuisine or Stouffer's Entrees**

**2.47**  
save at least \$3.18 over our already low VIC price when you buy 6  
All items must be purchased in a single transaction with your VIC card.

**eVIC members only** weekly limit 4  
9.25 - 10.75 oz.  
**Doritos**  
8 oz. **Miss Vickie's** or 7 oz. **PopCorners**

**2.97**  
save at least \$4.12 over our already low VIC price when you buy 4  
All items must be purchased in a single transaction with your VIC card.

**eVIC members only** weekly limit 4  
12 pk.  
**White Claw, Truly, Happy Dad or Topo Chico Hard Seltzers**

**16.97**  
save at least \$4.08 over our already low price when you buy 4  
All items must be purchased in a single transaction with your VIC card.

**ALL MONTH LONG** **SAVE 4X** **FRIDAY - SUNDAY** **FUEL POINTS** **Redeem at**

Offer valid weekends through April, 2026. Restrictions apply. Click here or see store for details.

\* Supplies are limited

Prices good through April 14, 2026

WED	THU	FRI	SAT	SUN	MON	TUE
8	9	10	11	12	13	14

# Celebrate Spring



8 pk. 12 oz.  
**Bubly Sparkling Water**

**BUY 1 GET 1 FREE**  
each item rings at half price with your VIC card



10 ct.  
**Lance Crackers**

**2 for \$6** when you buy 2 or regular price each  
MUST PURCHASE 2



46 oz.  
**Tropicana Orange Juice**

**2 for \$7** save big on 2 with your VIC card



6.5 oz.  
**Kettle Chips**  
or 10 - 16 oz. **Snyder's Family Size, Specialty or Seasoned Pretzels**

**2 for \$8** save big on 2 with your VIC card



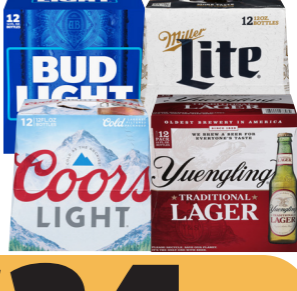
750 ml.  
**Barefoot, Woodbridge or Yellow Tail**

**2 for \$12**  
*Drink Responsibly - Must be 21 to Purchase*



750 ml.  
**Noble Vines, Robert Mondavi Private Selection or Chateau Ste. Michelle**

**9.99** each  
*Drink Responsibly - Must be 21 to Purchase*



12 pk.  
**Bud Family, Miller Family, Coors Family or Yuengling**

**2 for \$24**  
*Drink Responsibly - Must be 21 to Purchase*



12 pk.  
**Twisted Tea, Mike's Hard or Cayman Jack**

**17.99** each  
*Drink Responsibly - Must be 21 to Purchase*

# Bakery

## Specials

for the week



25.96 oz.

**Private Selection  
Strawberry Bar Cake**

# 14.49

each

save at least 50¢ each with your VIC card



6 ct.

**Fresh Foods Market  
Strawberry Cupcakes**

# 5.99

each

save at least 50¢ each with your VIC card



**Fresh Foods Market  
Sliced Strawberry  
Cream Cake**

# 5.99

each

save at least 50¢ each with your VIC card



1 ct.

**Bakery Fresh  
Angel Food Cake**

# 4.99

each

save at least 50¢ each with your VIC card



**Fresh  
Foods Market  
8 inch Fresh Fruit Tart**

# 11.99

each

save at least \$1.00 each with your VIC card



**Senior Discount Thursdays**

Seniors 60 and older get a

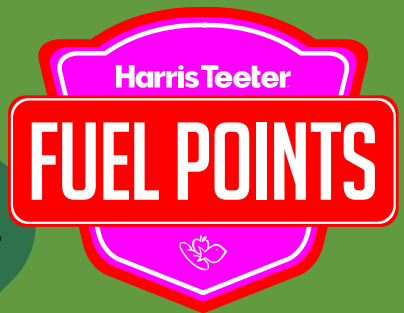
# 5% DISCOUNT

Please notify your cashier if you qualify

# ALL MONTH LONG

SAVE UP TO \$1.00 PER GALLON

# 4X



## FRIDAY - SUNDAY

[Download Coupon](#)

Redeem at



This offer is valid in the month of April 2026 only, with VIC card and digital coupon ONLY. Visit [harristeeter.com](http://harristeeter.com) for complete details. Excludes alcohol, fuel purchases, gift certificates, lottery, mail-order services, money orders, postage stamps, product deposit (if applicable), promotional tickets, tax, tobacco, Harris Teeter Gift Cards and all other gift cards, and ALL FINANCIAL VARIABLE LOAD CARDS (American Express®, MasterCard®, & Visa®) and Pharmacy purchases.

# from our meat department

# from our seafood department



per lb.  
**SMART**  
Family Pack  
Boneless  
Chicken Breast  
**5.49** VIC SAVINGS  
save at least 50¢ per lb.  
with your VIC card

SMART  
Antibiotic Free  
**Chicken Breasts  
or Tenderloins**

**5.99** per lb.  
save big per lb. with your VIC card VIC SAVINGS



7 - 9 oz.  
**Hillshire Farm  
Deli Shaved Lunchmeat**

**BUY 1 GET 1  
FREE**  
each item rings at half price with your VIC card VIC SAVINGS

21 - 30 ct.  
Fresh Wild Caught  
**White Shrimp**



**11.99** per lb.  
save big per lb. with your VIC card VIC SAVINGS

30 - 40 ct  
Farm Raised  
**Scallops**



**19.99** per lb.  
save big per lb. with your VIC card VIC SAVINGS

16 oz.  
Butterball  
Farm to Family  
**Ground Turkey**

**5.49** each  
save at least \$1.00 each  
with your VIC card VIC SAVINGS

16 oz.  
Villari Prime  
**Pork Chops  
or Pork Ribeye**

**2 \$10**  
save big on 2  
with your VIC card VIC SAVINGS

**85% Lean  
Ground Beef**

**6.49** per lb.  
save big per lb.  
with your VIC card VIC SAVINGS

16 oz.  
Perdue  
**Ground  
Chicken**

**2 \$9**  
save big on 2  
with your VIC card VIC SAVINGS

Niman Ranch  
Antibiotic Free  
**Bone-In  
Pork Chops**

**5.99** per lb.  
save at least \$1.00 per lb.  
with your VIC card VIC SAVINGS

USDA Choice  
**Boneless  
Beef Brisket**

**10.99** per lb.  
save at least \$1.00 per lb.  
with your VIC card VIC SAVINGS

14 - 16 oz.  
Oscar Mayer  
**Franks**

**BUY 1 GET 1  
FREE**  
each item rings at half price with your VIC card VIC SAVINGS

2.27 - 4.4 oz.  
**Lunchables**

**BUY 2 GET 2  
FREE**  
when you buy 4 with your VIC card or regular price each VIC SAVINGS

22 - 24 oz.  
Smithfield  
Family Size or  
**Stack Pack Bacon**

**7.99** each  
save at least \$5.00 each  
with your VIC card VIC SAVINGS

16 - 17 oz.  
Kevin's  
**Chicken  
Entrees**

**8.99** each  
save at least \$2.00 each  
with your VIC card VIC SAVINGS

8 - 12 oz.  
Butterball  
**Turkey Patties,  
Links or Bacon**

**2 \$7**  
for  
save big on 2  
with your VIC card VIC SAVINGS

24 oz.  
Wright Stack  
**Bacon**

**7.99** each  
save at least \$5.00 each  
with your VIC card VIC SAVINGS

19 oz.  
Johnsonville  
**Sausage  
Links**

**2 \$10**  
for  
save at least \$5.98 on 2  
with your VIC card VIC SAVINGS

17 - 20 oz.  
Reser's  
**Potatoes  
or Sides**

**2 \$8**  
for  
save at least \$3.98 on 2  
with your VIC card VIC SAVINGS

2 lb. bag Fresh  
Wild Caught  
**Maine  
Mahogany Clams**

**7.99** each  
save big  
with your VIC card VIC SAVINGS

Wild Caught  
**Patagonian  
Bay Scallops**

**8.99** per lb.  
save big per lb.  
with your VIC card VIC SAVINGS

Farm Raised  
**Catfish  
Fillets**

**5.99** per lb.  
save big per lb.  
with your VIC card VIC SAVINGS

Wild Caught  
Alaska Sockeye  
**Salmon  
Fillets**

**15.99** per lb.  
save big per lb.  
with your VIC card VIC SAVINGS

5 oz.  
Mediterranean  
**Salmon Portions**

**\$6** each  
save big  
with your VIC card VIC SAVINGS

51 - 60 ct.  
Farm Raised  
**EZ Peel  
White Shrimp**

**4.99** per lb.  
save big per lb.  
with your VIC card VIC SAVINGS

Wild Caught  
Whole  
**Dressed  
Snapper**

**8.99** per lb.  
save big per lb.  
with your VIC card VIC SAVINGS

8 oz. Luke's  
**Lobster  
Meals**

**7.99** each  
save big  
with your VIC card VIC SAVINGS

# from our grocery department

24 oz.  
**Arnold  
Wide Pan  
Bread**

**BUY 1 GET 1  
FREE**  
each item rings at half price with your VIC card VIC SAVINGS

12 - 20.9 oz.  
Select Varieties  
**Kellogg's  
Large Size  
Cereal**

**BUY 1 GET 1  
FREE**  
each item rings at half price with your VIC card VIC SAVINGS

32 oz.  
**Pompeian  
Olive Oil**

**BUY 1 GET 1  
FREE**  
each item rings at half price with your VIC card VIC SAVINGS

128 - 150 oz.  
**Purex  
Laundry  
Detergent**

**9.99**  
save at least \$2.00 each with your VIC card VIC SAVINGS

20.5 oz.  
**Dave's  
Killer Bread  
Thin-Sliced**

**5.49**  
save big with your VIC card VIC SAVINGS

8 ct.  
**Kellogg's  
Pop-Tarts**

**2 \$5**  
for  
save big on 2 with your VIC card VIC SAVINGS

2 - 10.1 oz.  
Select Varieties  
Family Size  
**Harris Teeter  
Spices**

**25% off**  
save big with your VIC card VIC SAVINGS

105 ct.  
**Bounce  
Fabric  
Softener Sheets**

**4.99**  
save at least \$2.00 each with your VIC card VIC SAVINGS

3.1 - 3.2 oz.  
**Chocolove  
Bars**

**2 \$7**  
for  
save at least \$1.98 on 2 with your VIC card VIC SAVINGS

18 - 18.7 oz.  
**Harris Teeter  
Raisin Bran** or  
12 oz. **Honeybear**

**2 \$6**  
for  
save big on 2 with your VIC card VIC SAVINGS

5 oz.  
**Harris Teeter  
Croutons**

**4 \$5**  
for  
save big on 4 with your VIC card VIC SAVINGS

18 oz.  
**Dawn  
Dish Detergent**

**2.99**  
save at least 80¢ each with your VIC card VIC SAVINGS

2.1 oz.  
**HU  
Chocolate Bars**

**4.49**  
save at least \$1.00 each with your VIC card VIC SAVINGS

28 - 32 oz.  
**Hungry  
Jack  
Mixes**

**2 \$6**  
for  
save big on 2 with your VIC card VIC SAVINGS

15 oz.  
**Wishbone  
Salad Dressing**  
or 16 - 24 oz.  
**Vlasic Pickles**

**2 \$5**  
for  
save big on 2 with your VIC card VIC SAVINGS

23.6 oz.  
**Febreze Fabric  
Refresher Spray**

**5.49**  
save at least \$1.50 each with your VIC card VIC SAVINGS

6 ct.  
**Harris Teeter  
Applesauce**  
or 4 ct. **Fruit Cups**

**2 \$5**  
for  
save big on 2 with your VIC card VIC SAVINGS

6 ct.  
**Junkless  
Granola Bars**

**3.79**  
save big with your VIC card VIC SAVINGS

14.5 oz.  
**Hunt's** or  
10 oz. **Rotel  
Tomatoes**

**4 \$5**  
for  
save big on 4 with your VIC card VIC SAVINGS

5 lb.  
Select Varieties  
**Blue Buffalo  
Dry Cat Food**

**20.99**  
save big with your VIC card VIC SAVINGS

12 oz.  
**Charleston  
Coffee Roasters**

**8.99**  
save big with your VIC card VIC SAVINGS

10 - 13.25 oz.  
Select Varieties  
**Nature's Path  
Organic Cereal**

**3.99**  
save big with your VIC card VIC SAVINGS

18.6 - 18.8 oz.  
**Campbell's  
Chunky Soup**

**2 \$5**  
for  
save big on 2 with your VIC card VIC SAVINGS

14 - 16 oz.  
**Full Moon  
Dog Treats**

**BUY 1 GET 1  
FREE**  
each item rings at half price with your VIC card VIC SAVINGS

\* Supplies are limited

# beverages

12 pk. 12 oz.  
**Pepsi Products**  
 or 8 pk. 12 oz.  
**Pepsi Prebiotic**

**BUY 2 GET 2 FREE**

when you buy 4 with your VIC card or regular price each

13.7 oz.  
**Starbucks Frappuccino**

**BUY 2 GET 2 FREE**

when you buy 4 with your VIC card or regular price each

16 oz.  
**Lipton Fusions**

**BUY 1 GET 1 FREE**

each item rings at half price with your VIC card

33.8 oz.  
**Harris Teeter Purified Drinking Water**

**1.19**

save big with your VIC card

2 ltr.  
**Coca-Cola Products**

**4 \$10 for**

save big on 4 with your VIC card

59 oz.  
**Gold Peak Tea**

**2 \$7 for**

save big on 2 with your VIC card

6 pk. 16 oz.  
**Hint Flavored Water**

**6.99**

save big with your VIC card

8 pk. 12 oz.  
**Topo Chico Sabores**

**8.49**

save big with your VIC card

4 pk. 12 oz.  
**Red Bull Energy Drinks**

**9.99**

save big with your VIC card

12 pk. 12 oz.  
**Alani Nu or Celsius**

**19.99**

save big with your VIC card

# snacks

5.9 - 6.6 oz.  
**Pepperidge Farm Goldfish**

**2 \$6 for**

save at least \$1.38 on 2 with your VIC card

5.12 oz.  
**Frito-Lay Mini Canisters**

**2 \$6 for**

save at least \$1.38 on 2 with your VIC card

8.8 - 15.25 oz.  
**Nabisco Oreo**

**2 \$7 for**

save big on 2 with your VIC card

6.8 oz.  
**Nonni's Biscotti**

**2 \$7 for**

save at least \$3.38 on 2 with your VIC card

7 - 10.1 oz.  
 Select Varieties  
**Cape Cod, Waves or Late July Tortillas**

**2 \$8 for**

save big on 2 with your VIC card

9.25 - 10 oz.  
**Fritos**

**2 \$8 for**

save at least \$2.98 on 2 with your VIC card

5 - 7 oz. Milano or Sweet & Simple  
**Pepperidge Farm Cookies**

**2 \$9 for**

save at least \$2.78 on 2 with your VIC card

11.25 - 14.75 oz.  
**Party Size Late July or Kettle Chips**

**4.99**

save big with your VIC card

8.5 oz.  
**Calbee Harvest Snaps**

**5.79**

save at least 70¢ each with your VIC card

8 oz.  
**Planters Cashew Halves & Pieces**

**5.99**

save at least \$3.00 each with your VIC card

# health & beauty

24 - 40 ct.  
**Claritin Allergy**

**3.00 off**

save big with your VIC card

2.1 oz.  
**Think! Protein Bars**

**BUY 2 GET 1 FREE**

when you buy 3 with your VIC card or regular price each

3 pk.  
**Dial Bar Soap**

**1.50 off**

save big with your VIC card

12 pk.  
**Premier Protein Shakes**

**28.99**

save big with your VIC card

# dairy and frozen

5.3 oz.  
**Fage Greek Yogurt**

**4 \$5 for**

save big on 4 with your VIC card

16 oz.  
**Fage Sour Cream**

**2 \$4 for**

save big on 2 with your VIC card

64 oz.  
**Almond Breeze Almondmilk**

**2 \$6 for**

save big on 2 with your VIC card

4 pk.  
**Dannon Light + Fit Yogurt**  
 or 4 pk.  
**Animals Yogurt Pouches**

**3.99**

save big with your VIC card

28 oz.  
**Starbucks Coffee Creamer**

**2 \$8 for**

when you buy 2 or regular price each

**MUST PURCHASE 2**

16.5 oz.  
**Nestle Ready to Bake Cookies**

**2 \$8 for**

save big on 2 with your VIC card

12 ct.  
**Nellie's Free Range Extra Large Eggs**

**4.99**

save big with your VIC card

18.6 oz.  
**Stonyfield Organic Yogurt**

**2 \$10 for**

save big on 2 with your VIC card

12 ct.  
**Pete & Gerry's Pasture Raised Eggs**

**4.99**

save big with your VIC card

6 ct.  
**Fat Boy Novelties**

**BUY 1 GET 1 FREE**

each item rings at half price with your VIC card

17.31 oz.  
**Bellatoria Pizza**

**BUY 1 GET 1 FREE**

each item rings at half price with your VIC card

21.5 oz.  
**Yummy Chicken**

**BUY 1 GET 1 FREE**

each item rings at half price with your VIC card

9 - 14 oz.  
**Healthy Choice Power Bowls or Entrees**

**2 \$7 for**

save big on 2 with your VIC card

10.75 - 21 oz.  
**Birds Eye Voila! or Purple Carrot Entrees**

**2 \$8 for**

save big on 2 with your VIC card

48 oz.  
**Tillamook Ice Cream**

**4.99**

save big with your VIC card

16 oz.  
**Jeni's Ice Cream**

**2 \$12 for**

save big on 2 with your VIC card

11.8 - 15.5 oz.  
**California Pizza Kitchen Pizza**

**6.99**

save big with your VIC card

38 oz.  
**Stouffer's Entrees or Hot Pockets**

**8.99**

save big with your VIC card

\* Supplies are limited

3-30 3-30 3-30

# Fresh Picks for a picnic lunch



8 oz.  
**Cracker Barrel  
Chunk Cheese**  
**BUY 1 GET 1  
FREE**  
each item rings at half price with your VIC card



28 oz.  
**Harris Teeter  
Baked Beans**  
**2/\$4**  
save at least 78¢ on 2  
with your VIC card



52 - 59 oz.  
**Harris Teeter  
Lemonade**  
**2/\$5**  
save big on 2  
with your VIC card



10 oz.  
**Farmers Market  
Italian Salad**  
**2.99**  
save at least 50¢ each  
with your VIC card

8 oz.  
**Simple Truth  
Organic Hummus**  
**2.99**  
save big  
with your VIC card



16 oz.  
**Daisy  
French Onion Dip**  
**2/\$6**  
save big on 2  
with your VIC card



6 - 7.5 oz.  
**Cracker Barrel  
Snacking Cheese**  
**2/\$6**  
save big on 2  
with your VIC card



12 pk. 12 oz.  
**Harris Teeter  
Mixers or Seltzers**  
**4.29**  
save big  
with your VIC card



**Private Selection  
Brioche Hamburger  
or Hot Dog Buns**  
**3.99**  
save at least 50¢ each  
with your VIC card



8 ct.  
**Sara Lee  
Artesano Buns**  
**3.99**  
save big  
with your VIC card



10 - 20.6 oz.  
**Nabisco  
Family Size  
Snack Crackers,  
Ritz or Toasted Chips**  
**2/\$8**  
save big on 2  
with your VIC card



7.3 - 7.5 oz.  
**Maille Mustard**  
**4.49**  
save big  
with your VIC card



10 ct.  
**Cape Cod or  
Snyder's Pretzels  
Multipacks**  
**5.99**  
save big  
with your VIC card



4 pk.  
**Olipop Soda**  
**8.49**  
save big  
with your VIC card



40 - 50 ct.  
**Harris Teeter  
10" Everyday  
or Ultra Plates**  
**5.49**  
save at least \$1.20 each  
with your VIC card

25 ct.  
**Harris Teeter  
Occasions Cups**  
**2.79**  
save 70¢ each  
with your VIC card



1 ct.  
**Harris Teeter  
Reusable Bags**  
**1.29**  
save big  
with your VIC card



24 pk.  
**Natural Light, Miller High Life  
or Pabst Blue Ribbon**  
**21.99** each  
*Drink Responsibly - Must be 21 to Purchase*

# Emerging Brands



15.2 oz.  
**Lemon Perfect**  
**2/\$4**  
save big on 2  
with your VIC card



12 oz.  
**Cali Water**  
**2/\$4**  
save big on 2  
with your VIC card



12 oz.  
**Recess**  
**2/\$5**  
save big on 2  
with your VIC card



4 oz.  
**Mary's Gone Crackers**  
**3.99**  
save at least \$1.00 each  
with your VIC card



4.8 - 5.3 oz.  
**Elan  
Nut Mix**  
**2/\$9**  
save big on 2  
with your VIC card



14 oz.  
**Yasso  
Frozen Greek Yogurt**  
**4.99**  
save big  
with your VIC card



5 - 7 oz.  
**Quinn  
Filled Pretzels**  
**4.99**  
save at least \$1.00 each  
with your VIC card



1.8 oz.  
**SmartSweets**  
**2/\$6**  
save big on 2  
with your VIC card



7 ct.  
**Water Boy  
Hydration**  
**2.00 off**  
save big  
with your VIC card



8.8 oz.  
**Drizzlicious Multipack**  
**10.99**  
save at least \$3.00 each  
with your VIC card



9.2 oz.  
**Chomps Jerky**  
**17.99**  
save at least \$2.00 each  
with your VIC card



12 - 15 lb.  
**Cat's Pride  
Cat Litter**  
**9.99**  
save at least 60¢ each  
with your VIC card

**4X**



**ON GIFT CARDS  
WITH DIGITAL COUPON**  
OFFER VALID 4/8 - 4/21/26



SCAN TO  
DOWNLOAD

redeem at Harris Teeter, bp, AMCO. Subject to availability. See gift cards for details, terms & conditions. The Visa Gift Card is issued by Pathward®. N.A. Member FDIC, pursuant to a license from Visa U.S.A. Inc. Cards may be used only at merchants in the U.S. everywhere Visa debit cards are accepted. No cash access. See Cardholder Agreement for details. The Mastercard Gift Card is issued by Pathward®. N.A. Member FDIC, pursuant to a license by Mastercard International Incorporated. Mastercard and the circles design are registered trademarks of Mastercard International Incorporated. No cash access.

\* Supplies are limited



# Keep spring routines fresh

\*Kimberly-Clark

18 - 32 ct  
**Huggies Little Snugglers or Little Movers**

**3.00 off**

save big with your VIC card

30 - 32 ct  
**Kotex Tampons**

**1.50 off**

save big with your VIC card

9 - 23 ct  
**Goodnites or Pull-Ups Training Pants**

**2.00 off**

save big with your VIC card

66 - 104 ct  
**Huggies Snug & Dry Box Diapers**

**5.00 off**

save big with your VIC card

168 ct  
**Cottonelle Flushable Wipes**

**6.99**

save at least \$2.00 each with your VIC card

14 - 50 ct  
**Poise Liners**

**2/\$12**

save at least \$1.19 on 2 with your VIC card

56 ct  
**Huggies Baby Wipes**

**50¢ off**

save big with your VIC card

6 Triple Roll  
**Viva Paper Towels**

**15.99**

save at least \$3.00 each with your VIC card

12 Double Roll  
**Scott Comfort Plus Bath Tissue**

**4.99**

save at least \$2.30 each with your VIC card

55 - 70 ct  
**Kleenex Facial Tissues**

**3/\$5**

save at least 62¢ on 3 with your VIC card

12 ct  
**Scott 1000 Bath Tissue**

**9.99**

save at least \$3.70 each with your VIC card

60 ct  
**Kleenex Hand Towels**

**2.99**

save at least \$2.00 each with your VIC card

**eVIC members only** weekly limit 4

12 - 38 ct  
**Kotex Pads or Liners**

**3.97**

save at least \$4.08 over our already low VIC price when you buy 4

non-e-vic member price **4.99**

**eVIC members only** weekly limit 4

6 Mega Roll  
**Cottonelle Bath Tissue**

**5.97**

save at least \$4.08 over our already low VIC price when you buy 4

non-e-vic member price **6.99**

All items must be purchased in a single transaction with your VIC card.



# Canned Goods simply heat and eat

14.5 - 15.25 oz  
**Harris Teeter Sliced Peaches**

**3/\$5**

save big on 3 with your VIC card

28 oz  
**Private Selection San Marzano Style Tomatoes**

**2/\$4**

save at least \$1.58 on 2 with your VIC card

40.5 oz  
**Hanover Kidney or Black Beans**

**2.99**

save big with your VIC card

13.5 oz  
**Popeye Spinach**

**3/\$5**

save big on 3 with your VIC card

14.5 - 15 oz  
**Margaret Holmes Specialty Vegetables**

**3/\$5**

save big on 3 with your VIC card

14.5 oz  
**Glory Fried Apples**

**2/\$4**

save big on 2 with your VIC card

5 oz  
**Bumble Bee Solid White Albacore Tuna**

**2/\$4**

save big on 2 with your VIC card

16 oz  
**Bush's Baked Beans**

**2/\$4**

save big on 2 with your VIC card

14.5 - 15.25 oz  
**Green Giant Canned Vegetables**

**2/\$3**

save big on 2 with your VIC card

5 oz  
**Wild Planet No Salt Albacore Tuna**

**2/\$8**

save big on 2 with your VIC card

12 oz  
**Spam**

**2/\$7**

save big on 2 with your VIC card

## Higher Score, Healthier Choice

• Items scored from 1-100 • Aim for OptUP™ score of 600

**80+**

**GREEN**  
Lead up on these foods.

**50-79**

**LIGHT GREEN**  
A great choice.

**20-49**

**YELLOW**  
These foods fall somewhere in the middle.

**1-19**

**RED**  
Enjoy these foods mindfully and in smaller portions.

**Happier, Healthier**  
with Harris Teeter

Some restrictions apply. See pharmacist for details.

Learn More

\* Supplies are limited

5-50 5-50 5-50 5-50

# Long term Savings



Keeping prices **LOWER, LONGER,** on 1,000s of items you buy every day.

NEW

Long term

VIC SAVINGS

Savings

1 oz.  
Harris Teeter  
Ranch Salad  
Dressing Mix  
or Dip Mix

**.99**

save at least 50¢ each with your VIC card



12 oz.  
Harris Teeter  
Sweet or Dill  
Salad Cubes

**2 \$3**  
for

save at least 98¢ on 2 with your VIC card



8 oz.  
Harris Teeter  
Crescent  
Dinner Rolls

**2 \$4**  
for

save at least 78¢ on 2 with your VIC card



8 ct.  
Welch's  
Fruit 'n Yogurt  
Snacks

**2 \$5**  
for

save at least \$2.58 on 2 with your VIC card



15 oz.  
Dole  
Mandarin  
Oranges

**2 \$5**  
for

save at least 98¢ on 2 with your VIC card



12 oz.  
Jet-Puffed  
Marshmallows

**2 \$4**  
for

save big on 2 with your VIC card



22 oz.  
Pagoda  
Chicken Egg Rolls

**3 \$10**  
for

save big on 3 with your VIC card



24 oz.  
Daisy  
Sour Cream

**3.69**

save at least 80¢ each with your VIC card



8 ct.  
Harris Teeter  
Instant Grits

**2 \$5**  
for

save at least \$1.58 on 2 with your VIC card



21 - 22 oz.  
Lucky Leaf  
Pie Filling

**3.99**

save big with your VIC card



16 oz.  
HT Traders  
Pizza Sauce

**3.69**

save at least 30¢ each with your VIC card



2 - 3 oz.  
HT Traders  
Rubs or  
Seasoning Blends

**3.99**

save at least 50¢ each with your VIC card



32 oz.  
Private Selection  
Chai Spice  
Black Tea Latte

**3.99**

save at least \$1.00 each with your VIC card



12 - 14.4 oz.  
Nabisco  
Honey Maid  
Graham Crackers

**2 \$8**  
for

save big on 2 with your VIC card



52 oz.  
Harris Teeter  
Orange Juice

**4.49**

save at least 50¢ each with your VIC card



11 oz.  
Nabisco  
Nilla Wafers

**2 \$9**  
for

save big on 2 with your VIC card



12 pk. 12 oz.  
Harris Teeter  
Cola

**4.99**

save at least \$2.00 each with your VIC card



2.12 oz.  
Simple Truth  
Freeze Dried Variety

**5.99**

save big with your VIC card



8.5 oz.  
Colavita  
Extra Virgin  
Olive Oil

**6.99**

save at least \$1.50 each with your VIC card



13.8 oz.  
Private Selection  
Classic Collection  
Crackers

**6.99**

save at least 30¢ each with your VIC card



19.5 oz.  
Harris Teeter  
Munchie Mix

**6.99**

save at least \$1.00 each with your VIC card



7 oz.  
Simple Truth  
Protein Grain Free  
Cereal

**6.99**

save at least \$2.00 each with your VIC card



80 ct.  
Harris Teeter  
Tall Kitchen  
Flap Trash Bags

**7.69**

save at least 70¢ each with your VIC card



154 ct.  
Dixie 9 inch  
Everyday Plates

**7.99**

save big with your VIC card



8 lb.  
Harris Teeter  
Hardwood Briquets

**7.99**

save at least \$1.00 each with your VIC card



24 ct. Mega Roll  
Cottonelle Bath Tissue

**19.99**

save at least \$4.00 each with your VIC card



Look Inside for More GREAT SAVINGS!

# wine & beer

\*not available at all stores

Drink Responsibly - Must be 21 to Purchase

## harris teeter fine wines club

EVERY DAY! 10% OFF HALF case wine  
SEE STORE FOR DETAILS

Join our fine wines club and get discounts, learn about recipe pairings and find out about events at our stores.

**HOT DEAL!**



750 ml.  
**J Vineyards**  
Multi-Appellation Pinot Noir

**21.99** each

**HOT DEAL!**



750 ml.  
**Sonoma-Cutrer**  
Chardonnay

**25.99** each

**HOT DEAL!**



6 pk.  
**Sierra Nevada**  
or **New Belgium**

**10.99** each



8 pk.  
**Sun Cruiser**  
or **Guinness**  
or 12 pk. **Michelob Ultra**

**HOT DEAL!**

**14.99** each



750 ml.  
**Castello del Poggio**  
or **Line 39** Cabernet

**9.99** each



750 ml.  
**Franciscan** Cabernet or  
**Starborough** Sauvignon Blanc

**12.99** each



750 ml.  
**Acrobat** Pinot Gris or  
**Imagery** Pinot Noir

**12.99** each



750 ml.  
**Justin** Cabernet  
or **Daou** Cabernet

**25.99** each



6 pk.  
**Corona, Heineken,**  
**Stella Artois** or **Modelo**

**9.99** each



8 pk.  
**Devil's Backbone** Smash  
or 12 pk.  
**Lone River** or **Athletic**

**17.99** each



8 pk.  
**Coastal Cocktails** Crush  
or 12 pk. **Lagunitas** or **Kona**

**17.99** each



6 pk.  
**New Realm**  
or **Aslin** Orange Starfish

**11.99** each



Keeping prices  
**LOWER, LONGER,**  
on 1,000s of items  
you buy every day.

**Value Pack**



**Chicken**  
**Leg Quarters**

**1.79** per lb.

**Value Pack**



Assorted  
**Bone-In**  
**Pork Chops**

**3.99** per lb.

**Value Pack**



**Chuck Tender Steak**

**6.99** per lb.



**Farmers Market**  
**Large Lemons**  
or **Navel Oranges**

**4** for **\$2**



**Farmers Market**  
**Jumbo Cantaloupes**

**2** for **\$5**



**Farmers**  
**Market**  
**Pink Lady Apples**

**1.99** per lb.

2 lb. Bag  
Wild Caught  
16 - 20 ct.  
**Argentine**  
**Shrimp**



**BUY 1 GET 1**  
**FREE**

each item rings at half price with your VIC card

8 oz.  
**Locatelli** Grated  
**Pecorino Romano** Cheese



**10.99** each

17.6 oz.  
Tuscan,  
Multigrain & Sourdough  
**Backerhaus**  
**Sliced Loaves**



**4.59** each

# Live Naturally

7.51 oz. Simple Truth Organic Mini Cheese Crackers **3.99** save \$1.00 each with your VIC card

.17 oz. Simple Truth Organic Roasted Seaweed Snacks **5 for \$5** save at least \$1.45 on 5 with your VIC card

16 oz. Simple Truth Organic Pasta **2 for \$3** save at least 98¢ on 2 with your VIC card

16 oz. Simple Truth Organic Peanut Butter or 16.5 oz. Spreads **4.49** save big with your VIC card

32 oz. Simple Truth Organic 100% Juice **4.99** save at least \$1.00 each with your VIC card

12 ct. Egglands Best Organic Pasture Raised Eggs **6.99** save big with your VIC card

32 oz. Lakewood Organic Pure Aloe, Lemon or Lime Juice **6.99** save big with your VIC card

25.5 oz. Simple Truth Organic Express Canola or Vegetable Oil **4.49** save big with your VIC card

5 ct. Simple Truth Paper Lawn & Leaf Bags **2/\$6** save \$2.38 on 2 with your VIC card

20 ct. Simple Truth Triple Power Dish Pacs **3.99** save at least \$1.50 each with your VIC card



# Springtime Produce

Great Savings on Fresh Fruit and Vegetables



**Tomatoes - Excellent Source of Vitamin C & K Improved Heart Health**

Farmers Market **Red Roma or Beefsteak Tomatoes**

**1.79** per lb.

save big per lb. with your VIC card



**Cucumbers - Support Hydration and Promotes Gut Health**

**Bell Peppers - Support Immune System Health**

Farmers Market **Cucumbers or Green Bell Peppers**

**BUY 1 GET 1 FREE**

each item rings at half price with your VIC card



Farmers Market **Gala Apples**

**1.99** per lb.

save big per lb. with your VIC card



1 lb. Bag Farmers Market **Whole Carrots**

**.99** each

save big with your VIC card



Farmers Market **Broccoli Crowns**

**1.99** per lb.

save big per lb. with your VIC card



Farmers Market **Sunset Flavor Bombs Tomatoes**

**3.99** each

save big with your VIC card



Farmers Market **Yellow or Zucchini Squash**

**1.79** per lb.

save big per lb. with your VIC card



12 oz. Farmers Market **Lenny Boy Kombucha**

**BUY 1 GET 1 FREE**

each item rings at half price with your VIC card



1 lb. Farmers Market **Strawberries**

**3 for \$10**

save big on 3 with your VIC card



8 oz. Farmers Market **Whole or Sliced White Mushrooms**

**3 for \$5**

save big on 3 with your VIC card

floral not available in all stores

**National Siblings Day is April 10th**



**Kinship Bouquet**

**12.99** each

save big



Assorted Colors **Asiatic Lily Bunches**

**9.99** each

save at least \$1.01 each with your VIC card

## Passover Favorites

Fresh Savings for your Holiday Celebrations



Farmers Market **Bunched Italian or Curly Parsley**

**2 for \$3**

save big on 2 with your VIC card



Farmers Market **Red Bunched Beets**

**3.99** each

save big with your VIC card



Farmers Market **Bulk Parsnips**

**2.99** per lb.

save big per lb. with your VIC card



Farmers Market **Endive or Escarole**

**1.99** each

save big with your VIC card



8" Pot **Hanging Basket Fern Plants**

**16.99** each

save at least \$3.00 each with your VIC card

## big savings from our fresh foods market

4 ct. Fresh Foods Market **Muffins**

**\$5** each

save at least \$1.49 each with your VIC card

Boar's Head **Maple Glazed Honey Coat Turkey Breast**

**13.99** per lb.

save big per lb. with your VIC card

Fresh Foods Market **Artisan Half Loaves**

**2 for \$6**

save at least \$1.98 on 2 with your VIC card

8 oz. **Galbani Fresh or Sliced Mozzarella Ball**

**BUY 1 GET 1 FREE**

each item rings at half price with your VIC card

48 - 54 oz. **HT Traders Cakes**

**19.99** each

save at least \$3.00 each with your VIC card

3 oz. Assorted Varieties **Citterio Rollino**

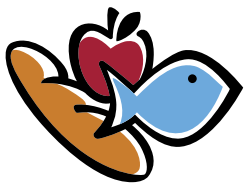
**3.99** each

save big with your VIC card

Prices In This Ad Effective April 8 - 14, 2026 In The Following Stores Only:

•HAMPTON •NEWPORT NEWS •CHESAPEAKE •VIRGINIA BEACH •PORTSMOUTH •NORFOLK •MECKLENBURG •HAYGOOD SHOPPING CENTER •GREAT NECK SHOPPES •BENNETTS CREEK CROSSING SC •STRAWBRIDGE MARKETPLACE •WILLIAMSBURG

None sold to dealers, we reserve the right to limit quantities. Beer, wine, specialty & natural items not available in all stores. Save at least savings may vary by store. **E4**



**Harris Teeter**  
YOUR NEIGHBORHOOD MARKET

**WEEKLY SPECIALS\***

PRICES VALID THROUGH 4.14.26

\* Supplies are limited



**Harris Teeter**

Harris Teeter, An Official Grocery Store of Charlotte FC



27 oz.  
**General Mills  
Cinnamon  
Toast Crunch**  
or 26.1 oz.  
**Lucky Charms  
Giant Size Cereal**

**6.99**

save at least \$2.00 each with your VIC card

2 ltr.  
**Coca-Cola Products**

**4/\$10**

save at least \$1.99 on 4 with your VIC card



12 oz.  
**ZOA  
Zero Sugar  
Energy Drink**

**4/\$7**

save at least 74¢ on 4 with your VIC card



30 oz.  
**All Free & Clear  
Liquid Laundry Detergent**

**2/\$10**

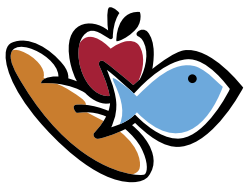
save big on 2 with your VIC card



84 oz.  
**Persil Original  
Liquid Laundry Detergent**

**13.99**

save big with your VIC card



# Simple prep, big taste



14.5 oz.  
**Margaret Holmes  
Vegetables**

# 3/\$5

save big on 3 with your VIC card



13.5 oz.  
**Popeye Spinach**

# 3/\$5

save big on 3 with your VIC card



15 oz.  
**Margaret Holmes  
Blackeye Peas**

# 3/\$5

save big on 3 with your VIC card



14 oz.  
**Margaret Holmes  
Collard Greens**

# 3/\$5

save big on 3 with your VIC card



15 oz.  
**Le Sueur  
Early Peas**

# 2/\$4

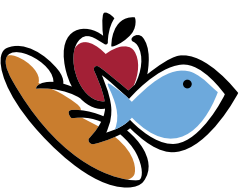
save big on 2 with your VIC card



14.5 oz.  
**Glory  
Fried Apples**

# 2/\$4

save big on 2 with your VIC card



**Harris Teeter**  
YOUR NEIGHBORHOOD MARKET

**WEEKLY SPECIALS\***

PRICES VALID THROUGH 4.14.26

\* Supplies are limited



# Bring on the spring-cleaning sparkle



22 oz.  
**CLR**  
Calcium, Lime,  
Rust Remover

**BUY 1 GET 1  
FREE**

each item rings at half price with your VIC card



32 oz.  
**CLR**  
Mold & Mildew  
Foaming Stain Remover

**BUY 1 GET 1  
FREE**

each item rings at half price with your VIC card



28 oz.  
**Method**  
All Purpose Cleaner

**3.99**

save at least \$1.20 each with your VIC card



10 - 12 oz.  
**Method**  
Liquid Hand Soap

**2/\$7**

save at least \$1.19 on 2 with your VIC card



33 oz.  
**Mrs. Meyer's**  
Hand Soap Refill

**1.20  
off**

save big with your VIC card



28 oz.  
**Method**  
Daily Shower Spray

**3.99**

save at least \$1.00 each with your VIC card



21 - 32 ct.  
**Finish Ultimate,**  
Power or Quantum Dish Tabs

**8.99**

save at least \$3.00 each with your VIC card



80 ct.  
**Lysol**  
Disinfecting Wipes

**4.99**

save at least \$1.70 each with your VIC card



24 oz.  
**Lysol**  
Toilet Bowl Cleaner

**2.69**

save at least 60¢ each with your VIC card



32 oz.  
**Lysol**  
All Purpose Cleaner

**3.99**

save at least \$1.00 each with your VIC card



19 oz.  
**Lysol**  
Disinfectant Spray

**7.29**

save at least \$2.20 each with your VIC card



6 Triple Roll  
**Brawny Paper Towels**

**17.99**

save at least \$3.00 each with your VIC card



# Fresh new looks & flavors you love



64 oz.  
**Harris Teeter 100% Juice**

**3.99**

save at least 30¢ each with your VIC card



32 oz.  
**Harris Teeter Mixed Nuts or Cashews**

**12.99**

save at least \$2.00 each with your VIC card



6 ct.  
**Simple Truth Protein Egg Bites**  
 or 32 oz.  
**Simple Truth Organic Smoothie Blends**

**7.49**

save big with your VIC card



48 ct.  
**Harris Teeter Everyday Cutlery**

**2/\$4**

save at least \$1.38 on 2 with your VIC card



3 - 4 ct.  
**Harris Teeter Extra Strength Cleaning Erasers**

**4.49**

save at least 80¢ each with your VIC card



6 Double Roll  
**Harris Teeter Paper Towels**

**6.49**

save at least \$2.00 each with your VIC card



6 Double Roll  
**Harris Teeter Ultra Paper Towels**

**9.99**

save at least \$3.20 each with your VIC card



12 Mega Roll  
**Harris Teeter Ultra Soft or Strong Bath Tissue**

**9.99**

save at least \$3.50 each with your VIC card



5 oz.  
**Simple Truth Protein Greek Yogurt Granola Bars**

**2/\$6**

save at least \$1.98 on 2 with your VIC card



4.25 oz.  
**Simple Truth Protein Crisp Crackers**

**2/\$8**

save big on 2 with your VIC card



16 oz.  
**Harris Teeter Farro Rice**

**5.39**

save at least 60¢ each with your VIC card



8 oz.  
**Private Selection New Zealand Butter**

**2/\$7**

save big on 2 with your VIC card



2.5 oz.  
**Harris Teeter Pink Salmon Skinless Boneless Pouch**

**2/\$3**

save at least 38¢ on 2 with your VIC card



10 oz.  
**Harris Teeter Diced Tomatoes with Habanero**

**.99**

save big with your VIC card



5 oz.  
**Harris Teeter Premium White Chicken Salad**

**2/\$3**

save at least 78¢ on 2 with your VIC card



12 oz.  
**Harris Teeter Solid White Albacore Tuna**

**2.99**

save at least \$1.00 each with your VIC card