

**metro**  
gardens

# Get Gardening

This is your sign to start gardening –  
& we make it easy with quick tips + all the right products

Look for these plant-care icons throughout this book:



**SUN**  
at least 6 hrs of sunshine



**PART SUN**  
between 3-6 hrs of direct sun



**SHADE** • indirect sunlight or less than 3 hrs of direct sun



**WATER FREQUENTLY**  
keep the soil moist



**WATER REGULARLY**  
keep the soil slightly moist



**WATER AS NEEDED**  
do not let the soil dry out



**FERTILIZE**  
once a week



**FERTILIZE**  
every two weeks



**FERTILIZE**  
every four weeks

Click here or visit [metro.ca](https://metro.ca)  
to discover extra gardening tips  
+ garden-inspired recipes & more.



STEP 1

**get  
dirty**

START WITH  
THE RIGHT SOIL



Click here to learn more about All Treat Soils

**top soil tips to make your garden thrive:**

**TEST**

- Check the PH balance + add any materials to improve overall quality (add fertilizers suitable for your plants/flowers/gardens)

**BLEND**

- Add nutrient-rich organic matter (like compost or animal manure) to enhance the soil's quality & fertility

**AERATE**

- Till & loosen soil, so water & nutrients can reach the roots

**HYDRATE**

- Water soil thoroughly to promote deep root growth & boost overall garden health

**ENRICH**

- Use mulch to improve soil structure, maintain moisture & avoid water logging



All Selection brand soils & mulch are proudly 100% Canadian

**FOR: POTTING, CONTAINERS & INDOOR PLANTS**

Ready to use; ideal for potted herbs, veggies & other edible plants.



Herb & Vegetable Potting Soil  
15 L  
**5<sup>00</sup>** ea.

For a wide variety of indoor/outdoor plants. Ideal for seeding, transplanting or repotting.



Premium Potting Soil  
15 L  
**4<sup>00</sup>** ea.

For veggie & flower gardens, trees & shrubs. Improves the native soil to help keep plants healthy.



Selection Three-Way Mix  
25 L  
**3<sup>00</sup>** ea.

**FOR: VEGETABLE GARDENS, FLOWER BEDS...**

Adds essential nutrients to your garden soil. Can be used in veggie & ornamental beds.



Selection Black Earth  
25 L  
**3<sup>00</sup>** ea.

Ideal for veggie gardens & planting annuals/perennials. Improves soil structure.



Selection Garden Soil  
25 L  
**3<sup>00</sup>** ea.

Helps nourish healthy veggies & gardens. Eliminates detrimental organisms & odours.



Composted Cow Manure  
12 kg  
**4<sup>00</sup>** ea.

Ideal for top dressing existing lawns, for planting new lawns from seed & for sod installation.



Selection Premium Lawn Soil  
25 L  
**6<sup>00</sup>** ea.

**... & FOR: IN-GROUND PLANTING**

**FOR: SOIL COVER**

Helps reduce weeds, improve soil moisture retention & provide bad-weather protection.



Selection Red, Black or Brown Mulch  
42.5 L Selected Varieties  
**6<sup>00</sup>** ea.

make your own edible garden



**STARTING AT**  
4<sup>49</sup> ea.  
Locally Grown Herb Plants  
4" and 6" pots  
Assorted Varieties



pick Ontario

Click here for recipe:  
Fresh Herbs & Grilled Corn Salad



STEP 2

# get growing



**21<sup>99</sup>** ea.  
Rosebushes  
2 gal. pot  
Assorted Colours and Varieties

**24<sup>99</sup>** ea.  
Bloomin' Easy Perennials  
2 gal. Assorted Varieties  
Varies by Location

plant pops of colour



**STARTING AT**  
4<sup>49</sup> ea.  
Blooming Annual Plants  
4" and 6" pots  
Assorted Colours and Varieties



pick Ontario

**TIP:** Embrace native plants – they thrive naturally in local climates, making them easy to care for.

Click here for recipe:  
Fresh Market Veggie Pilaf



**STARTING AT**  
4<sup>49</sup> ea.  
Locally Grown Vegetable Plants  
4" and 6" pots  
Assorted Varieties



pick Ontario

## stay in the grow, month by month

### APRIL

- Prep your soil + assess your garden beds (consider size, drainage & sun exposure)
- Weed & feed your beds by topping with compost & wood mulch
- Water as needed

**PLANT:** Swiss chard, lettuce, tulips & violets

### MAY

- Inspect plants for signs of damage or disease
- Fertilize all existing flower beds
- Prune, trim, weed, mulch & improve soil quality with compost or organic matter
- Adjust watering schedules (based on weather conditions)

**PLANT:** zucchini, spinach, bluebells, buttercups

### JUNE

- Install or check irrigation
- Weed, mulch & fertilize; deadhead flowers; stake & trellis plants
- Begin to harvest radishes, beets, spinach, lettuce

**PLANT:** tomatoes, cucumbers, peppers



**STARTING AT**  
2<sup>49</sup> ea.  
Flower, Vegetable, Herb or Fruit Seeds  
Assorted Varieties

## dig in!

Want to grow your own fruits & veggies? Begin seeding indoors 6-8 weeks before the last frost date. This allows for a longer growing season & helps ensure they're ready when you plant them outdoors.



STEP 3

# get creative



**your choice**  
**39<sup>99</sup>** ea.  
Mandevilla Trellis or  
Gardenia Standard  
10" pot  
Assorted Colours



pick Ontario  
**Annual Hanging Basket**  
10" pot  
Assorted Colours  
and Varieties  
**2 for 34<sup>00</sup>**  
or pay 18.99 ea.

**Boston Fern Hanging Basket**  
10" pot  
**24<sup>99</sup>** ea.

✓ **TIP:** Do not replot plants brought indoors, as they will not add roots during the winter months.



✓ **TIP:** Check that your planter is draining freely during each watering.

## maintain your outdoor oasis

### KEEP SOIL ALIVE

- Add compost regularly to improve structure & nutrients
- Avoid over-tilling; it disrupts beneficial organisms
- Mulch with leaves, straw or wood chips to retain moisture & suppress weeds

### WATER SMART, NOT MORE

- Water in the morning to reduce evaporation
- Aim for deep, infrequent watering to encourage strong roots
- Some plants are thirstier than others. Water them twice daily, in the morning and evening, on hotter days

### PRUNE WITH PURPOSE

- Remove dead or diseased branches
- Prune flowering shrubs after they bloom, so you don't cut off next year's buds
- For veggies, remove yellowing leaves to improve airflow

## make your patio perfect



**your choice**  
**24<sup>99</sup>** ea.  
Kimberly Queen Ferns or Majesty Palms  
10" pot

**Hibiscus Standard**  
10" pot  
**39<sup>99</sup>** ea.



**Patio Planters**  
10" pot  
Assorted Sizes, Styles and Varieties

**STARTING AT**  
**29<sup>99</sup>** ea.

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