

FRESH SAVINGS FOR THE WEEK OF THURSDAY APRIL 30TH TO WEDNESDAY MAY 6TH, 2026.

Longo's ⁷⁰

SINCE 1956

THIS WEEK MEMBERS SAVE OVER \$40
See online flyer for more deals.

7⁹⁹ /LB Maple Leaf Prime Raised Without Antibiotics Boneless, Skinless Chicken Breasts or Thighs 17.61/kg **VALUE PACK**
SAVE \$4/LB

2⁹⁹ /LB OR EACH Fresh Broccoli Crowns or Rapini Product of U.S.A.

THANK YOU REWARDS MEMBER PRICING

5⁹⁹ SAVE \$3 NON-MEMBER \$8.99
100Z PKG Fresh Sweetest Batch Blackberries or Strawberries Product of Mexico or U.S.A. 10-14oz pkg

5⁹⁹ SAVE UP TO \$4 NON-MEMBER \$7.99
Perrier or Sanpellegrino Sparkling Water 8x330mL or 6x330mL cans selected varieties

9⁹⁹ SAVE \$10 NON-MEMBER \$19.99
Yorkshire Valley Farms Frozen Organic Split Chicken Wings 1kg pkg

SUPPORTING LOCAL A FAMILY STANDARD SINCE 1956

4⁹⁹ /EACH Fresh Canadian Atlantic Salmon Portion 113g **SKIN ON**
SAVE \$1

1⁹⁹ /100G San Daniele Mortadella or Saputo Provolone Cheese selected varieties
SAVE UP TO \$1.50/100G

6⁴⁹ Sponge Towels Paper Towels 3-6 rolls or Cashmere Bath Tissue 8/12-24 rolls selected varieties
SAVE UP TO \$8.50

3⁹⁹ Fresh Heirloom Navel Oranges Product of U.S.A. 3lb bag
3LB BAG

Maple Leaf Prime Raised Without Antibiotics Frozen Breaded Chicken Wings, Strips, Nuggets, Burgers or Popcorn Chicken 695-700g pkg selected varieties
BUY ONE GET ONE FREE
SAVE \$18.99

Dempster's Sandwich Bread 675g pkg, Hot Dog or Hamburger Buns 8 pack, English Muffins 6 pack, Dempster's or Tia Rosa Tortillas 5-7" or Hostess Snack Cakes 6 pack
2⁹⁹
SAVE UP TO \$1.50

Rummo Pasta 500g pkg selected varieties
2⁹⁹
SAVE \$1.50

lōgo Yogourt 16x100g pkg or Olympic Organic Yogourt 650g tub selected varieties
6⁴⁹
SAVE UP TO \$2.50

VOTED #1 GROCERY STORE IN ONTARIO! **wow Leger** *Longo's ranked first among food retailers in Ontario. 2026 Leger WOW In-Store Experience survey.

FRESH MARKET PICKS

APRIL 30th-May 6th



\$1.99
each

Fresh Mini Cucumbers
Product of Canada
6pk
Canada No. 1



\$1.49
/lb

Fresh Navels,
Cara Caras or
Blood Oranges
Product of U.S.A.
3.29/kg

\$8.99
/lb

Fresh Cherries
Product of U.S.A.
19.82/kg
No. 1 Grade

JUMBO

1ST OF THE SEASON!



\$4.99
/lb

Fresh Pink Seedless Muscatel Grapes
Product of Chile
11.00/kg • No. 1 Grade



Fresh
Honeydew Melons
Product of
Guatemala or
Honduras

\$4.99
each

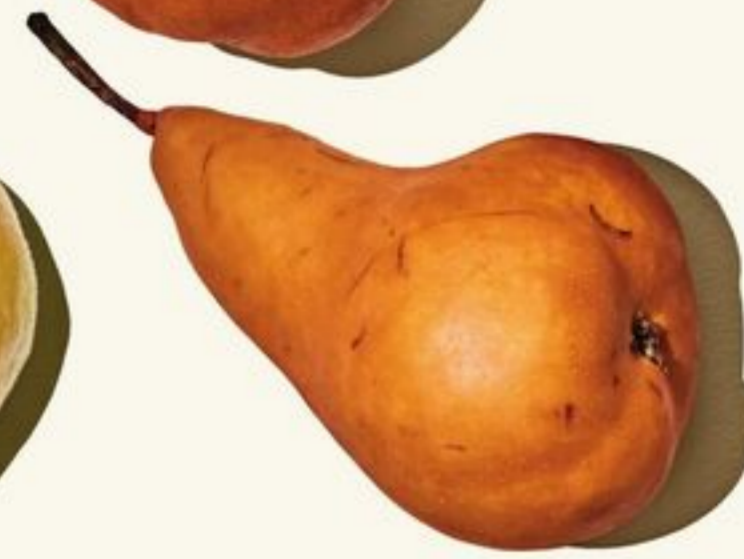


Fresh Ontario St. Louis
Pork Side Ribs
8.80/kg

3⁹⁹
/LB

SAVE \$4/LB

MAKE THIS
RECIPE
**ARUGULA,
PEAR & DATE
SALAD**
Find the full recipe on
Longos.com!



ORGANIC

Fresh Organic Bosc
or Bartlett Pears
Product of Argentina or U.S.A.
5.49/kg

2⁴⁹
/LB

Longo's Frozen
Cooked Black
Tiger Shrimp
454g pkg
16-20ct

16⁹⁹

SAVE \$6



BAKED IN-STORE



NEW

1⁹⁹

SAVE \$1

Longo's Sourdough
Baguette
325g pkg



2⁹⁹
/LB

Fresh Green Beans
Product of U.S.A.
6.59/kg

Fresh Celery
Product of U.S.A.
each

2⁹⁹



4⁹⁹

SAVE \$1.30

Longo's Ice Cream
Sandwich
4x130mL pkg
selected varieties

Longo's Granola
325g pkg,
Pearl Milling
Company Pancake
Mix or Syrup
905g pkg or
710mL bottle

3⁴⁹

SAVE UP TO \$1.50



Longo's
Sparkling Water
6x1L pkg
selected varieties

4⁹⁹

SAVE \$2



Quaker High
Protein Oats
228g, Instant or
Steel Cut Oats
709g-1kg pkg or
Flavoured Instant
Oats
264-344g pkg

3⁹⁹

SAVE \$1



3⁹⁹

Gray Ridge Large
White Eggs
12 pack



6⁴⁹

Beatrice Milk
1%, 2% or skim
4L bag



2²⁹

Longo's
Essentials Bread
675g pkg



3⁹⁹

Oikos or Liberté
Greek Yogourt
4x100g pkg

WE'VE LOCKED DOWN PRICES ON EVERYDAY ITEMS.

Longo's

For online flyer, store hours and store locations,
visit us at Longos.com or call 1-800-9-Longos

f X Instagram @LongosMarkets

We reserve the right to limit quantities. We are diligent in proofing our flyers but unintentional errors in copy or image may occur. We reserve the right to correct any errors. Some images are for illustration purposes only. Savings refer to Longo's regular prices. Prices vary by location.

ZONE 1



FRESH SAVINGS FOR THE WEEK OF THURSDAY APRIL 30TH TO WEDNESDAY MAY 6TH, 2026.



THANK YOU REWARDS

MEMBER PRICING

Scan your registered Thank You Rewards card and receive exclusive members only pricing on select products in-store.



**NOT A MEMBER?
NOT A PROBLEM!**

Sign up to become a member and earn 500 Bonus Points when you opt in to receive emails and exclusive offers. Scan the QR code or visit Longos.com/thank-you-rewards

THIS WEEK MEMBERS SAVE OVER

\$35



Longo's Frozen Lamb Spiedini
950g pkg

\$45

SAVE \$5

NON-MEMBER \$50



Fresh Canadian Atlantic Salmon Side
900g tray
SKINLESS

\$30

SAVE \$5

NON-MEMBER \$35



Fresh Lemons
Product of U.S.A.
2lb bag

3.99

SAVE \$2

NON-MEMBER \$5.99

2LB BAG



6.99

SAVE \$1

NON-MEMBER \$7.99

Longo's Feta Cheese
Macedonian, Regular or Light
200g pkg



Tre Stelle Mozzarella
3x250g pkg

13.99

SAVE \$4

NON-MEMBER \$17.99

Balzac's Whole Bean or Ground Coffee
300-340g canister or pkg

12.99

SAVE \$6

NON-MEMBER \$18.99



4.99

SAVE \$2.50

NON-MEMBER \$7.49

Coca-Cola Beverages
6x710mL pkg
selected varieties

MUST TRY



IN-STORE TASTING, APRIL 25-26 AND MAY 2-3

Fresh Queen Garnet Plums
Product of Australia
8.80/kg
3.99
/LB



- New Plum variety grown in Australia
- Contains 6x the antioxidants found in blueberries



ORGANIC

Yorkshire Valley Farms
Fresh Organic Whole Chicken
13.21/kg

5.99
/LB
SAVE \$1/LB



Fresh Atlantic Salmon Portion
113g
SKINLESS

6.49
SAVE 50¢



1.99
/LB
Fresh Pink Lady or
Granny Smith Apples
Product of U.S.A.
4.39/kg



Longo's Fresh
Sweet Tri-Colour
Peppers
Product of Ontario
3 pack

5.99



ORGANIC

18.99
/LB
SAVE \$1/LB
Yorkshire Valley Farms
Fresh Organic Chicken
Breast Fillets or
Scallopini
41.87/kg



Fresh Wild Caught
Halibut Fillet
77.14/kg
SAVE
15% OFF
\$34.99/LB



ORGANIC

4.99
SAVE \$1
Longo's Fresh
Organic Salad Blends
Product of U.S.A.
142g pkg
selected varieties



2 FOR \$5

Fresh Living Lettuce
Green Batavia
or Multileaf Trio
Product of Canada
selected varieties



SAVE
10%
8 Acres Organic
and Grass-Fed
Lean Ground Beef
400g pkg



Longo's Frozen
Cooked Black
Tiger Shrimp
454g pkg
41-50ct
16.99
SAVE \$2



2.99
Fresh Baby Bok Choy
or Mini Baby Bok Choy
Product of Mexico
or U.S.A.
454g pkg



6.99
SAVE \$1
Three Farmers Fava Bean
or Protein Snack Mix
150g pkg
selected varieties



10.99
/LB
SAVE \$1/LB
duBreton Raised
Without Antibiotics
Pork Tenderloin
24.23/kg



Longo's Frozen
Tempura Shrimp
or Coconut Breaded Shrimp
500g pkg
11.99
SAVE \$1



Fresh fish is subject to availability.

FRESH SAVINGS FOR THE WEEK OF THURSDAY APRIL 30TH TO WEDNESDAY MAY 6TH, 2026.

NEW

HERE FOR A LIMITED TIME

Fresh, Never Frozen, Grain Fed

Longo's Tuscan Rotisserie Style Chicken 1kg pkg

14⁹⁹

THANK YOU EARN 200 POINTS

FEATURE OF THE MONTH LIMITED TIME ONLY

2 FOR \$16

SAVE \$1.98 ON 2

Longo's Kitchen Entrée Side Dishes 250-500g pkg serves 2-3 Individual \$8.99 selected varieties

FROM \$11

EARN 150 POINTS

Scallop Sushi Spicy Scallop Roll 251g pkg, Scallop Crunch Roll 251g pkg, Scallop Poke Bowl 473g or Spicy Scallop Onigiri 244g pkg

Snack happy this spring

Kiri Cream Cheese, The Laughing Cow Cheese or The Laughing Cow Cheese Dippers 120-144g pkg

Mini Babybel 6 pack 102-120g pkg

4⁹⁹

5⁴⁹

FROM 7⁹⁹

Monsieur Gustav Gouda Cheese 170g wedge selected varieties

FROM 8⁹⁹

Bothwell Cheese 170-200g pkg selected varieties

FANTINO & MONDELLO

Elevate Pizza Night

7⁹⁹

Fantino or Mondello Toppings 175-200g pkg selected varieties

2⁹⁹ /100G

San Daniele Prosciutto

2⁴⁹ /100G

Longo's Black Forest or Honey Maple Smoked Ham

FOUR FLAVOURS: Strawberry Cheesecake Crumble, Toffee Caramel Crunch, Chocolate Brownie Overload, Caramel Nut Fudge

PROUDLY MADE IN NOVA SCOTIA!

19⁹⁹

EARN 500 POINTS

Marvelous Moo's Premium Ice Cream Cake 750mL pkg selected varieties

PROUDLY MADE IN BRITISH COLUMBIA!

25⁹⁹

SAVE \$1

Sugarplum Desserts 8" Assorted Cheesecakes Fabulous four and cheesecake duo

3⁹⁹

SAVE \$1

Schaaf Loaf Cake Golden, Lemon or Marble 390g pkg

6⁹⁹

SAVE \$1

Longo's Mini Chocolate Chip Cookies 40 pack

4⁴⁹

SAVE \$1

Longo's Sliced Brioche 500g pkg

4⁹⁹

EARN 200 POINTS

Longo's Mini Croissants 10 pack selected varieties

BAKED IN-STORE.

5⁹⁹

SAVE \$1

St. Viateur Montreal Bagels 6 pack, 480g pkg selected varieties

FRESH SAVINGS FOR THE WEEK OF THURSDAY APRIL 30TH TO WEDNESDAY MAY 6TH, 2026.

GROCERY

A Twist on Taco Night



"Rice on the plate makes for a more nutritious meal"

Source: Evaluation of rice consumption with overall diet quality and key nutrient intakes. National Health & Nutrition Examination Study (2005-2010).

2.99

Ben's Original
Bistro Express
Rice
240-250g pkg



SAVE UP TO \$2

NEW



SunRype
Fruit to Go Bites
112g pkg
selected varieties

3.99

SAVE \$1

Kiju Juice
4x200mL pkg or
1L carton
selected varieties

2.99
SAVE \$1.50



1.99

Oasis or
Del Monte Juice
960mL pkg or
8x200mL pkg
selected varieties

SAVE UP TO \$1.50



5.49 Kozlik's Premium Mustard
250mL jar

SAVE UP TO \$2



2 FOR \$6
RiceUP! Brown Rice
Chips or Cakes
120g pkg
Individual \$3.99

SAVE \$1.98 ON 2



Bertolli
Pasta Sauce
415-630mL jar
selected varieties

4.49

SAVE \$2



Lakewood Juice
946mL bottle
selected varieties

9.99

SAVE UP TO \$3



Hu Organic
Chocolate Bar
60g pkg

5.99

SAVE \$2



Pepperidge Farm
Goldfish Crackers
167-200g pkg

BUY ONE GET ONE
FREE
SAVE \$3.99



Spice Girlz
Spice or
Seasoning
55-110g pkg
selected varieties

5.99

SAVE \$1.50



Pringles 148-156g pkg or
Humble Organic Potato
Chips 135g pkg
selected varieties

2.99

SAVE UP TO \$2



Twinnings Tea
20ct

5.49

SAVE UP TO \$2



3 FOR \$5
Hornby Organic
OSnack Energy Bars
45g pkg
Individual \$2.99

SAVE \$3.97 ON 3



1.99 The Keg Gravy
or Sauce Mix
22-31g pkg
selected varieties

SAVE 50¢



Ziploc Medium or Large
Freezer Bags 28-44ct,
XL Freezer Bags 10ct or
Sandwich Bags 180-200ct
selected varieties

7.49

SAVE AT LEAST \$2.50

DAIRY AND FROZEN



Activia Yogourt
8x100g pkg or
Activia Expert
750g tub
selected varieties

5.49

SAVE UP TO \$2.50



4.49 Markdale Creamery
Ice Cream
2L pkg

SAVE UP TO 50¢



Lactantia PürFiltre Organic,
Lactose Free or UltraPür Milk
1.5-2L bottle or carton
selected varieties

6.49

SAVE UP TO \$1.50



McCain Premium Fries
454-650g pkg
Individual \$4.99

2 FOR \$9

SAVE UP TO \$2.98 ON 2



Oasis
Health Break or
Del Monte Juice
1.6L carton
selected varieties

4.49

SAVE UP TO \$1.50



7.99 Schneiders
Smoked Sausages
375g pkg
selected varieties

SAVE \$2



3.99 Kellogg's Eggo Waffles
270-330g pkg
selected varieties

SAVE 50¢



4.99 Smucker's Uncrustables
4x52g-4x58g pkg
selected varieties

SAVE \$1



International
Delight Coffee
Enhancer
946mL bottle or
Cold Foam
369g canister
selected varieties

5.99

SAVE UP TO \$1



5.99 Longo's A2 Milk
1.5L bottle
selected varieties

SAVE UP TO \$1



18.99 Longo's Frozen
Wild Blueberries
2.25kg pkg

SAVE \$1



13.99 Longo's Frozen
Chicken Wings
900g pkg
selected varieties

SAVE \$2

CINCO DE MAYO



Fresh Avocados
Product of Mexico
2 FOR \$5



4.49 Mi Tierra
Tortilla Strips
280g pkg
selected varieties
SAVE 50¢

Old El Paso
Dinner Kit
250-400g pkg
selected varieties
3.99
SAVE \$1.50



9.99 Longo's Lean
Ground Beef
454g pkg
EARN 100 POINTS

Old El Paso
Seasoning
24g pkg
Individual \$1.49
selected varieties

4 FOR \$5
SAVE \$3.79 ON 4



Fresh Cilantro
Product of Mexico
or U.S.A.
each
1.99
EA



Mad Mexican
Salsa or
Guacamole
230-355mL pkg
selected varieties

8.99
SAVE \$1



3.99 Longo's Soft
White
Corn Tortillas
450g pkg
SAVE 30¢



99¢ Fresh Limes
Product of Mexico
each

Longo's
Essentials
Tomatoes
796mL can
selected varieties

1.99

EARN 25 POINTS



Corona Extra
6x330mL bottles
15.99
SAVE \$1



12.49 Corona Cero
Non-Alcoholic Beer
6x330mL bottles
SAVE \$1



CINCO DE MAYO



Longo's Mexican Corn with Chicken Soup
700mL tub



8⁹⁹

THANK YOU EARN 100 POINTS

FROM **14⁹⁹**

Longo's Fully Cooked Pork Carnitas 600g pkg or Longo's Fully Cooked Beef Barbacoa 500g pkg

THANK YOU EARN 200 POINTS



Sabana Cheese Queso Fresco, Blanco or Cotija 200g pkg

9⁹⁹



4⁹⁹ Longo's Fancy Bean Salad 400g tub

THANK YOU EARN 100 POINTS

6⁴⁹
SAVE \$1

17 Cooks Mexican or 7-Layer Dip Regular or Spicy 272g pkg



Longo's Southwest Salad with Chipotle Ranch Dressing 335g pkg

9⁹⁹

THANK YOU EARN 100 POINTS



Longo's Taco or Fajita Meal Kit 605-700g pkg selected varieties

16⁹⁹

THANK YOU EARN 300 POINTS



GUACAMOLE MADE FRESH IN-STORE DAILY! TASTE THE DIFFERENCE!



Smashed Avocado or Traditional Guacamole 225g pkg

2 FOR \$12

• 100% ALL NATURAL
• NO PRESERVATIVES

BUY ANY 2 SMASHED AVOCADO OR TRADITIONAL GUACAMOLE



AND GET A **FREE** BAG OF LONGO'S TORTILLA CHIPS WHEN YOU SCAN YOUR **THANK YOU REWARDS CARD!**



Longo's Yellow Corn or Blue Corn & Flax Seed Tortilla Chips 400g pkg

SIZZLING SAVINGS



Cut from Canada
AAA Grade Longo's
Certified Angus Beef
Braising Ribs
28.64/kg

12⁹⁹
/LB
SAVE \$3/LB



Longo's Frozen
Beef Short Ribs
1.81 kg pkg

\$60

THANK YOU
EARN 250 POINTS



4⁹⁹
/LB
SAVE \$3/LB

Fresh Ontario
Pork Back Ribs
2-pack cry-o-vac
11.00/kg



Longo's Fully Cooked
Pork Back Ribs
595g pkg
selected varieties
13⁹⁹
SAVE \$1



2⁴⁹
/LB
SAVE 50¢/LB

Fresh Ontario
Pork Button Bones
5.49/kg



Fresh Ontario
Sweet and Sour
Pork Side Ribs
8.80/kg
3⁹⁹
/LB
SAVE \$4/LB



Longo's Certified
Angus Beef
Beef Back Ribs
15.41/kg
6⁹⁹
/LB
SAVE \$1/LB



BAKED IN-STORE



3⁹⁹
SAVE 50¢

Longo's Corn Bread
or Hot Jalapeño
Corn Bread
400g pkg



Longo's Grilling Sauce
350mL bottle

4⁴⁹
SAVE 50¢



9⁹⁹
SAVE \$1

Longo's Red Skin
Potato Salad
908g tub



6⁹⁹
SAVE \$1

Compliments
Creamy Coleslaw
850g tub



18⁹⁹
SAVE \$1

Sapporo
Premium Beer
6x500mL cans

THE SUNNIEST TREATS

Sweeten up spring with luscious citrus-kissed desserts and timeless classics. From Italian-made specialties to in-store creations, you'll find lemon meringue pie, seasonal coffee cake, flaky strudels and more – all ready to bring retro-inspired charm to the table.

No baking needed: just slice – serve and impress.



1

Longo's Iced Lemon Coffee Cake

A light and refreshing lemon-flavoured coffee cake glazed with sugar icing. The perfect treat anytime, any day. Handcrafted. Made in Canada.

\$8.97 SAVE \$1

2

Longo's 8" Lemon Meringue Pie

Featuring a delicious pie crust, tart and smooth lemon filling and fluffy sweet meringue topping.

Made in Canada. 1kg pkg.

\$8.99 SAVE \$1

3

Lemon and Key Lime Cheesecake Danish

Made with pure butter, this flaky pastry is the ideal way to start your day and offers the perfect balance of tartness and sweetness. Made in Canada. 2 pack.

\$3.99  EARN 200 POINTS

4

NEW! La Rocca Key Lime Pie Cake

Here for a limited time! This irresistibly tart cake features a base of key lime pie in a buttery graham crumb crust layered with vanilla sponge, key lime mousse and lime curd – all finished with dollops of key lime mousse. Made in Canada.

\$30.97 SAVE \$2

5

Longo's Mango and Lime Tiramisu

Imported from Italy, this lively twist on the classic features three ladyfingers dipped in lime juice, topped with mango mascarpone cream.

\$4 each SAVE AT LEAST 99¢

6

Longo's Lemon Poppy Seed Loaf

This classic lemon poppy seed loaf is light, citrusy and perfect for bright spring days. Made locally with the finest ingredients and no artificial flavours. Made in Canada.


\$5.99 SAVE \$1

7

Lemon Raspberry Strudel

Treat yourself to flaky puff pastry filled with delicious lemon and raspberry filling and topped with a sprinkling of granulated sugar. Made in Canada.

Baked in-store.

\$5.99  EARN 200 POINTS

8

Longo's Springtime Cookies

Delight the little bunnies in your life with our hand-baked cookies generously studded with colourful mini chocolate eggs. Baked in-store.

Made in Canada. 4 pack, 340g pkg.

\$7.97



HERE FOR A
**LIMITED
TIME!**



THE EPIC COOKIE *Ice Cream!*



Cookie dough ice cream with chocolate ripple and Longo's EPIC chocolate chip cookie chunks. Made locally with real cream and 100% Canadian milk. **EPICally delicious!**

Longo's 70th Anniversary
Epic Cookie Ice Cream
1L tub

4⁹⁹
SAVE \$1



THE EPIC COOKIE



Longo's Epic Cookie
127g

3²⁹

BAKE YOUR OWN
ALSO AVAILABLE IN
OUR BAKERY FREEZER SECTION.
4 PACK \$11.99

Made with Belgian chocolate and all natural butter.
No artificial flavours or preservatives.



Compliments
Ice Cream
Cones or Bowls
10-18ct

3⁹⁹

THANK YOU **EARN 100 POINTS**



Longo's
Cookie Thins
150g pkg
selected varieties

3⁹⁹

THANK YOU **EARN 50 POINTS**



ORGANIC

Longo's Organic
Coconut Whipping
Cream
400mL can

2⁹⁹
SAVE \$1



ADD LOCAL TO YOUR LIST.

Longo's



Fresh Shiitake
Mushrooms
Product of Ontario
24.23/kg

10⁹⁹
/LB



Fresh Oyster
Mushrooms
Product of Ontario
22.02/kg

9⁹⁹
/LB



MEET THE FARMER

Piccioni Bros. Mushroom Farm Ltd.

LOCATION

Dundas, Ontario

WHY THEY ARE OUR PARTNER

Founded by Battista and Tony Piccioni, this second-generation family farm has been growing fabulous fungi since 1964.

By trying their many varieties, from Cremini and Portobello to Oyster and Shiitake, you'll pack a flavourful (and nutritional!) punch with high-quality Piccioni mushrooms.



Longo's Fresh Cremini
or White Whole Mushrooms
Product of Ontario
227g pkg

2⁹⁹



**227G
PKG**



ORGANIC

Longo's Fresh Organic
Portobello Mushroom Caps
Product of Ontario
170g pkg

5⁴⁹



**170G
PKG**



Longo's Fresh Sliced White
or Cremini Mushrooms
Product of Ontario
454g pkg

5⁹⁹



**454G
PKG**

SPRING CLEANING



5.49 Pine-Sol Multi-Surface Cleaner
1.41L or Clorox Original Bleach
2.4L bottle
selected varieties
SAVE AT LEAST \$1.30

3.99 Vim Cleaner
500-750mL
selected varieties
SAVE UP TO \$2

Swiffer Dusters 2ct or
Kits 5ct, Dry or Wet
Cloths 10-16ct, WetJet
or PowerMop Floor
Cleaning Solution
750mL-1.25L pkg
selected varieties

6.49
SAVE UP TO \$3.50



Nature Clean Automatic
Dishwasher Pods
60ct
18.99
SAVE \$4



Spring Into Cleaning



5.99 Windex Cleaner
765mL pkg or
Refills 950mL pkg
selected varieties
SAVE AT LEAST \$1

5.49 Scrubbing Bubbles Cleaner
946mL bottle or 200 567g pkg,
Drop-Ins 5ct or Easy Clean
Foaming Toilet Cleaner 2ct
selected varieties
SAVE UP TO \$3.50

reckitt

Lysol
All Purpose
Cleaners
650mL bottle
selected varieties

4.99
**SAVE AT
LEAST \$1**



Finish Quantum
Dishwasher
Detergent
30-45ct
selected varieties

16.99
SAVE UP TO \$3



6.79 Lysol Disinfecting
Wipes
75-84ct
selected varieties
SAVE UP TO \$1.70



Finish Quantum
Jet-Dry Rinse Aid
946mL bottle

15.99
SAVE AT LEAST \$1

LOW PRICE LOCKDOWN



3⁹⁹

Gray Ridge Large White Eggs
12 pack



2²⁹

Longo's Essentials Bread
675g pkg



3⁴⁹

Redpath Granulated Sugar
2kg pkg



4⁹⁹

Longo's Fresh Mini Seedless Cucumbers
Product of Ontario
11 pack



6⁹⁹

ORGANIC

Fresh Organic Grape Tomatoes
Product of Ontario
681g pkg



4⁹⁹

Fresh Hydroponic Lettuce
Product of Ontario
2 pack • assorted varieties



3⁹⁹

Longo's Fresh Russet Potatoes
Product of Canada
10lb bag



3⁹⁹

Oikos or Liberté Greek Yogourt
4x100g pkg



2⁹⁹ /LB

Longo's Fresh Ontario Air-Chilled, Grain-Fed Chicken Leg Quarters
Value pack • 6.59/kg



10⁹⁹

Organic Meadow Organic Milk
1%, 2% or skim
4L bag



6⁴⁹

Beatrice Milk
1%, 2% or skim
4L bag



2 FOR \$4

Longo's Pasta
450g pkg
Individual \$2.29



5⁹⁹

Frito-Lay Value Pack Chips
325-535g pkg
selected varieties



9⁹⁹

Imported Emmental Cheese, Medium Cheddar Cheese or Imported Aged Cheddar Cheese
Average weight 400g

\$5.00/ serving

19⁹⁹

Longo's Oven-Ready Meals
900g-1kg pkg
Serves up to 4



20⁹⁹

Cashmere Bath Tissue
24=72 rolls



WE'VE LOCKED DOWN PRICES ON EVERYDAY ITEMS.

FRESH SAVINGS FOR THE WEEK OF THURSDAY APRIL 30TH TO WEDNESDAY MAY 6TH, 2026.

SAVE ON THE BRANDS YOU LOVE AT LONGO'S

LA ROCCA™
CREATIVE CAKES • GÂTEAUX CRÉATIFS

JOIN US IN-STORE TASTING
APRIL 25-26



KEY LIME PIE CAKE
Bright, zesty, and irresistibly tart! Key lime pie in a buttery graham crumb crust is layered with vanilla sponge cake, key lime mousse, and key lime curd made with Nellie & Joe's™ Famous Key West Lime Juice.

La Rocca 8" Key Lime Pie Cake
1.4kg pkg

30⁹⁷
SAVE \$2

HERE FOR A LIMITED TIME!



we dig plants. EARTH'S OWN

MADE IN CANADA



Earth's Own Barista Beverage
946mL tetra
Individual \$5.49
selected varieties

Earth's Own Beverage
1.75-1.89L pkg
selected varieties

2 FOR \$10
SAVE \$1.98 ON 2

3⁹⁹
SAVE \$1

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2 FOR \$8
SAVE \$1.58 ON 2

Miss Vickie's Kettle Cooked Potato Chips, Lay's Potato Chips or Smartfood Popcorn 175-220g pkg Individual \$4.49 selected varieties



2 FOR \$13
SAVE UP TO \$3.98 ON 2

Buby Sparkling Water 12x355mL pkg or Montellier Water 10x355mL pkg Individual \$6.99 selected varieties



Pepsi Beverages 12x355mL pkg Individual \$8.49 selected varieties

2 FOR \$16
SAVE \$1.98 ON 2

Flourish Pancake Mix 430g pkg
9.99
SAVE \$4



Olé Mocktails or White Claw Non-Alcoholic Seltzer 4x355mL pkg selected varieties

10.99
SAVE UP TO \$4



Frankie's Organic Puffs 113-140g pkg selected varieties

2.99
SAVE 50¢



FROM 9.99
SAVE AT LEAST \$1

The Unscented Company Toilet Bowl Cleaner Tabs 22ct or Laundry Detergent 1.95L jug or Dishwasher Tabs 30 ct selected varieties



4.79
SAVE AT LEAST 70¢

The Unscented Company Dish Soap or All Purpose Cleaner 750-800mL bottle selected varieties



12.99
SAVE \$4

Blume SuperBelly Hydration Powder 28g pkg selected varieties



6.99
SAVE \$2

Terra Granola 340g pkg selected varieties

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1. NO PURCHASE NECESSARY. While supplies last. Contest begins on March 22, 2026 (12:00:00 a.m. ET) and ends June 13, 2026 (11:59:59 p.m. ET). Open to residents of Canada (age of majority). Enter online and full rules (including details on how to enter without purchase) at: orvillecontest.ca. One prize available (ARV: \$18,430 CAD). Odds depend on number of eligible entries. Skill-testing question required. VOID WHERE PROHIBITED.



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4⁹⁹ Orville Redenbacher
Microwavable Popcorn
340-492g pkg
selected varieties
SAVE \$2.50

Spring Forward with Savings



3⁴⁹ Rice Krispies Squares
176g pkg
selected varieties
SAVE AT LEAST \$1.30



3⁴⁹ Nutri-Grain Bars
295g pkg
selected varieties
SAVE AT LEAST \$1.30



3⁴⁹ Special K Pastry Crisps
125g pkg
selected varieties
SAVE AT LEAST \$1.30