

Disney · PIXAR
FREE STICKER PACK
 FOR EVERY \$25 SPENT*

*WHILE SUPPLIES LAST FROM APRIL 9TH UNTIL MAY 6TH, 2026. EXCLUSIONS APPLY.
 VISIT WWW.LOBLAWUNIVERSE.CA OR IN-STORE FOR EXCLUSIONS AND COMPLETE OFFER DETAILS.

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\$2

CHRISTIE RITZ, TRISCUIT OR WHEAT THINS CRACKERS
 SELECTED VARIETIES, 162-304 G
CRAQUELINS RITZ, TRISCUIT OU FINS AU BLE CHRISTIE
 21030647_EA/21547034_EA



2.50

PC® KETTLE COOKED OR RIPPLED KETTLE POTATO CHIPS
 SELECTED VARIETIES, 200 G
CROUSTILLES CUITES À LA MARMITE OU CUITES À LA MARMITE ONDULÉES PC®
 21422931_EA/21687125_EA



SAVE UP TO 42%
\$4

KRAFT CHEEZ WHIZ CHEESE SPREAD 450 G,
KRAFT SINGLES OR VELVEETA CHEESE SLICES
 410 G, **PHILADELPHIA DIP** 227 G, **CREAM CHEESE**
 227/250 G OR **WHIPPED CREAM CHEESE** 227 G
 SELECTED VARIETIES
TARTINADE DE FROMAGE CHEEZ WHIZ
KRAFT, SINGLES KRAFT OU TRANCHES DE FROMAGE
VELVEETA, TREMPETTE, FROMAGE À LA CRÈME
OU FROMAGE À LA CRÈME FOUETTÉ
PHILADELPHIA
 20659606001_EA/21188654_EA
 20641267_EA/20866816001_EA



SAVE UP TO 57%
\$6



ROYALE BATHROOM TISSUE 12 DOUBLE ROLLS,
TIGER TOWEL PAPER TOWELS 3=6 ROLLS
 OR **FACIAL TISSUE** 6'S, SELECTED VARIETIES
PAPIER HYGIÉNIQUE, ESSUIE-TOUIT TIGER TOWEL
OU MOUCHOIRS ROYALE
 21363770_EA/21484702_EA



SAVE 2.08
 WHEN YOU BUY 2

PC® OR BLUE MENU® SPARKLING WATER
 SELECTED VARIETIES, 12X355 ML
EAU PÉTILLANTE PC® OU MENU BLEU®
 21747404_C12/21747415_C12

2/11.50
 OR 6.79 EA



**PRICE
DROP⁺**

**SO YOU CAN
SAVE MORE**

2⁵⁰

SUNCHIPS
SELECTED VARIETIES, 205 G
SUNCHIPS
21721854_EA/21370317_EA



3⁵⁰

PC[®] SALSA
SELECTED VARIETIES
650 ML
SALSA PC^{MD}
20309646001_EA
20309646003_EA



**SAVE
2.37**
WHEN YOU BUY 3

3/\$9
OR 3.79 EA

BEN'S BISTRO EXPRESS RICE
SELECTED VARIETIES, 240/250 G
RIZ BISTRO EXPRESS BEN'S
21404864_EA/21405139_EA



\$1

LARABAR FRUIT AND NUT BAR
SELECTED VARIETIES, 45-48 G
**BARRES AUX FRUITS ET
AUX NOIX LARABAR**
20031362001_EA/20031362007_EA



\$3

WONDER BALLPARK BUNS
SELECTED VARIETIES, 432/560 G
PAINS BALLPARK WONDER
21022027_EA/21022316_EA



DEAL DROP

Limited-time deals on PC® home & more.

\$15

PC® SALAD SPINNER
ESSOREUSE À SALADE PC^{MD}
21416723_EA



REAL ATLANTIC SUPERSTORE
PROUDLY CANADIAN

MEDIUM GROUND BEEF
BŒUF HACHÉ MI-MAIGRE
20797926_KG

SAVE UP TO 22%

5.44
LB
11.99/KG

CLUB SIZE



2.99
LB
6.59/KG

NO NAME® OR HALAL CHICKEN DRUMSTICKS FRESH
PILONS DE POULET
SANS NOM® OU HALAL
20004494_KG

CLUB SIZE



SAVE UP TO 40%

\$3

STRAWBERRIES
PRODUCT OF MEXICO OR U.S.A.
FRAISES
20049778001_EA

1 LB



SAVE UP TO 20%

\$2

BROCCOLI CROWNS
PRODUCT OF MEXICO OR U.S.A.
COURONNES DE BROCOLI
21121560001_EA



SAVE UP TO 33%

\$4

FARMER'S MARKET™ MANDARINS
PRODUCT OF MOROCCO OR SPAIN, 2 LB
MANDARINES DÉLICIES DU MARCHÉ^{MC}
20099819001_EA

2 LB



SAVE UP TO 31%

6.50

SEAQUEST® COLOSSAL PACIFIC WHITE SHRIMP RAW ZIPPERBACK® 16-20 PER LB, 300 G OR ASC BASA STEAKS UNCOOKED OR OCEAN MARKET WHOLE WILD CHUB MACKEREL 1 KG, FROZEN CREVETTES BLANCHES COLOSSALES DU PACIFIQUE SEAQUEST CRUES, À DÉCORTICAGE ÉCLAIR^{MC} OU DARNES DE PANGASIUS ASC OU MAQUEREAU SAUVAGE ENTIER OCEAN MARKET
21043887_EA/20910469_EA/21079543_EA



SAVE UP TO 33%

\$4

BREYERS CREAMERY ICE CREAM 1.41 L/1.41 LITRE OR THE ORIGINAL NOVELTIES 12'S/720 ML SELECTED VARIETIES, FROZEN CRÈME GLACÉE STYLE CRÈMERIE BREYERS ORIGINAL REVELLO BARS
20684180_EA 21651169_EA



SAVE UP TO 20%

\$10

NO NAME® EXTRA THICK CUT BACON SELECTED VARIETIES, 1 KG BACON EN TRANCHES EXTRA ÉPAISSES SANS NOM[®]
21389815_EA

Open your PC Optimum™ app or visit pcoptimum.ca to get the offer.

APP EXCLUSIVE OFFER*



SAVE UP TO 1.00

6.50

DANONE ACTIVA YOGURT 12X100 G OR DRINKS 8X93 ML OR PC® ORANGE JUICE 2.5 L SELECTED VARIETIES YOGOURT OU BOISSON ACTIVA DANONE OU JUS D'ORANGE PC^{MD}
20303412001_EA/215310444_EA



SAVE UP TO 36%

\$3

PC® FROZEN VEGETABLES 350-750 G OR CAVENDISH FARMS FROZEN POTATOES OR ONION RINGS 400-750 G, SELECTED VARIETIES, FROZEN LÉGUMES SURGELÉS PC^{MD} OU POMMES DE TERRE OU RONDELLES D'OIGNON SURGELÉES LES FERMES CAVENDISH
203180151_EA/21094815_EA



SAVE UP TO 1.60

4.88

BLACK DIAMOND CHEESE BARS 400 G OR SHREDDED CHEESE 300/320 G OR PC® SHREDDED CHEESE 250-320 G, SELECTED VARIETIES BARRES DE FROMAGE OU FROMAGE RÂPÉ BLACK DIAMOND OU FROMAGE RÂPÉ PC^{MD}
210602071_EA/212792211_EA

PREPARED IN CANADA



\$3

COUNTRY HARVEST BAGELS 450 G OR BREAD 600 G SELECTED VARIETIES BAGELS OU PAIN COUNTRY HARVEST
21178571_EA/21178642_EA



4.50

PC® COOKING SPRAYS 120-170 ML, BANANA PEPPER RINGS 750 ML, OLIVES 500 ML OR PICKLES 1 L SELECTED VARIETIES ENDUITS À CUISSON, RONDELLES DE PIMENT BANANE, OLIVES OU CORNICHONS PC^{MD}
20434319001_EA 21093990_EA



Optimum

Members - Only Price[®]

2.50

Non-members **\$3**

KETTLE BRAND POTATO CHIPS SELECTED VARIETIES, 156/198 G CROUSTILLES KETTLE BRAND
21520652_EA/21589837_EA

*Must be a registered PC Optimum™ member to load and get this offer.



President's Choice

Made with 100% Canadian dairy

Great flavours start with great ingredients

SCOOP SHOP LAITIER

Vanilla

Rocky Road

GET 3,000 back in points when you buy 2

\$3

APP EXCLUSIVE OFFER*

\$5

PC® SCOOP SHOP ICE CREAM SELECTED VARIETIES, FROZEN, 946 ML CRÈME GLACÉE DÉLICIES DU BAR LAITIER PC^{MD}
21706459_EA/21706473_EA

*Open your PC Optimum™ app or visit pcoptimum.ca to get the offer.



SAVE UP TO 33%

\$1

YOPLAIT YOP
SELECTED VARIETIES, 200 ML
YOP YOPLAIT
21548124_EA/21478178_EA



PREPARED IN CANADA

SAVE 1.03

5.97

BLACK DIAMOND CHEESTRINGS 252/336 G
OR **CHEESE STICKS** 252 G
SELECTED VARIETIES
FICELLO OU BÂTONNETS DE FROMAGE BLACK DIAMOND
20763861_EA/20986474_EA



PREPARED IN CANADA

\$9

NO NAME MEATBALLS
SELECTED VARIETIES
FROZEN, 680 G
BOULETTES DE VIANDE SANS NOM[®]
21537713_EA/21538491_EA



PREPARED IN CANADA

SAVE 21%

5.50

JORDANS CEREAL OR GRANOLA
SELECTED VARIETIES, 325-400 G
CÉRÉALES OU GRANOLA JORDANS
21364038_EA/21720997_EA



SAVE UP TO 3.49

\$10

GENERAL MILLS JUMBO CEREAL
SELECTED VARIETIES, 825 G-1.3 KG
CÉRÉALES FORMAT JUMBO GENERAL MILLS
20679390_EA/21347133_EA



\$3

BAXTER OR SCOTSBURN CHOCOLATE MILK
SELECTED VARIETIES, 1 L
LAIT AU CHOCOLAT BAXTER OU SCOTSBURN
20023451_EA/20075758_EA



SAVE UP TO 5.00

\$13

BERTOLLI OLIVE OIL
SELECTED VARIETIES,
750 ML/1 L
HUILE D'OLIVE BERTOLLI
20000207001_EA
20156182001_EA

GET 2,000 GET \$2 back in points



SAVE UP TO 29%

1.75

CAMPBELL'S BROTHS
900 ML OR CONCENTRATED
BROTHS 250 ML
SELECTED VARIETIES
BOUILLONS OU BOUILLONS CONCENTRÉS CAMPBELL'S
20322348001_EA/21617991_EA



\$4

MOTT'S CLAMATO
SELECTED VARIETIES, 1.89 L
CLAMATO MOTT'S
20318955002_EA/20318955003_EA



SAVE UP TO 1.49

\$5

HERDEZ SALSA GUACAMOLE 440 G OR
CHOLULA SALSA 325 ML
SELECTED VARIETIES
SALSA GUACAMOLE HERDEZ OU SALSA CHOLULA
21582584_EA/21590977_EA



\$13

NO NAME HOMESTYLE LASAGNA
FROZEN, 2.27 KG
LASAGNE STYLE MAISON SANS NOM[®]
20099795_EA

meat lasagna
lasagne à la viande



PREPARED IN CANADA

1.25

PC FREE AND CLEAR SPARKLING WATER
SELECTED VARIETIES, 1 L
EAU PÉTILLANTE PC^{MD} CLAIR ET NET^{MC}
20162061003_EA



PREPARED IN CANADA

\$3

CHEEZ-IT CRACKERS
SELECTED VARIETIES, 191/200 G
CRAQUELINS CHEEZ-IT
21214559_EA/21214560_EA



SAVE UP TO 1.00

3.50

RUFFLES POTATO CHIPS
SELECTED VARIETIES, 180-200 G
CROUSTILLES RUFFLES
21241052_EA/21241053_EA



PREPARED IN CANADA

SAVE UP TO 2.99

\$6

CHAPMAN'S PREMIUM ICE CREAM, FROZEN YOGURT, SORBET 2 L OR SUPER SANDWICHES 12/20'S, CONES 8'S OR NOVELTIES 18'S
SELECTED VARIETIES, FROZEN
CRÈME GLACÉE PREMIUM, YOGURT GLACÉ, SORBET OU SANDWICHES SUPER, CORNET OU FRIANDISES GLACÉES CHAPMAN'S
20115132_EA/20323573001_EA



\$11

TIDE DETERGENT 1.62-1.86 L, 18-31'S,
DOWNY, GAIN FABRIC SOFTENER 1.66-2.63 L,
DOWNY, GAIN, IVORY SNOW BEADS 303-379 G OR
DAWN LIQUID 2.21-2.64 L
SELECTED VARIETIES
DETERGENT TIDE, ASSOULISSANT TEXTILE DOWNY/GAIN, PERLES DOWNY/GAIN/IVORY NEIGE OU SAVON LIQUIDE DAWN
21430598_EA/21593782_EA



SAVE UP TO 3.00

\$22

PC PAPER TOWEL
8=24 ROLLS
ESSUIE-TOUT PC^{MD}
21542607_EA



\$11

PEDIGREE DENTASTIX, JUMBONE OR MARROBONE
SELECTED VARIETIES
500 G/553-608 G/1.9 KG
DENTASTIX, JUMBONE OU MARROBONE PEDIGREE
21081180_EA/21362338_EA



FRESH PROMISE: Applicable to eligible fresh produce items purchased at Real Atlantic Superstore locations or online at realatlanticsuperstore.ca. If you are not completely satisfied with your eligible fresh produce item, we will replace it with an identical item, or in our discretion, a comparable item and provide you with a refund of the purchase price upon presentation of the item and your original purchase receipt within 7 days of purchase at the Real Atlantic Superstore where purchase originated. This promise does not apply to reduced/clearance priced produce. This promise cannot be combined with any other offer. We reserve the right to cancel or change the terms of this promise at any time without notice. Quantities and/or selection of items may be limited and may not be available in all stores. For inquiries on product availability at your store please contact Customer Relations at the above phone number. No Rainchecks OR Substitutions on clearance items or where quantities are advertised as limited. Advertised regular pricing and product selection (flavour, colour, patterns, style) may vary by store location. We are not obligated to sell items based on errors or misprints in typography or photography. Pricing: All references to "Save, Was, Now, Savings, etc." is in comparison to our own regular prices. Coupons must be presented and redeemed at time of purchase. Savings on items shown may vary in each store location. Applicable taxes, deposits, or environmental surcharges are extra. No sales to retail outlets. ©/™ The trademarks, service marks and logos displayed in this flyer are trademarks of Loblaws Inc. and others. All rights reserved. © 2025 Loblaws Inc. MasterCard and the MasterCard Brand Mark are registered trademarks and PayPass is a trademark of MasterCard International Incorporated. President's Choice Bank license of service marks. 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PC Optimum™ member pricing is not applicable to any price match programs for participating stores operating under the Loblaws Inc. banner. **OUTDOOR/SEASONAL:** For your local store's hours and for a list of Atlantic Superstore locations that DO NOT participate in this flyer, visit www.atlanticsuperstore.ca or call Customer Relations at 1-866-727-0771. Quantities and/or selection of items may be limited and may not be available in all stores. Outdoor seasonal items (e.g. lawn and garden) may only be available at select store locations. Please check your local store for pricing, limits and availability. We reserve the right to limit quantities to reasonable family requirements. Rainchecks may be available for out of stock items excluding clearance items or where quantities are advertised as limited. We reserve the right to substitute the out of stock item for an equivalent item in lieu of providing a raincheck. **Advertised regular pricing and product selection (flavour, colour, patterns, style) may vary by store location.** All references in our flyer to "Save", "Was", "Now" etc. is in comparison to our own regular prices. Savings on items advertised within flyer may vary by store location. Coupons must be presented and redeemed at time of purchase. We are not obligated to sell items based on errors or misprints in typography or photography. Applicable taxes, deposits, or environmental surcharges are extra. No sales to retail outlets. ©/™ The trademarks, service marks and logos displayed in this flyer are trademarks of Loblaws Inc. and others. All rights reserved. ©2025 Loblaws Inc. #PRICE DROP offer valid in-store at participating locations between April 9 - May 13, 2026 before applicable taxes and while quantities last. Offer applies only to select products. Offer may be modified and/or cancelled without notice. See in-store for full details.



FRESH PROMISE

If it's not fresh, it's free.

*Fresh Promise: Applicable to eligible fresh produce items purchased at Real Atlantic Superstore store locations or online at realatlanticsuperstore.ca. If you are not completely satisfied with your eligible fresh produce item, we will replace it with an identical item, or in our discretion, a comparable item and provide you with a refund of the purchase price upon presentation of the item and your original receipt within 7 days of purchase at the Real Atlantic Superstore store where purchase originated. This promise does not apply to reduced/clearance priced produce. This promise cannot be combined with any other offer. We reserve the right to cancel or change the terms of this promise at any time without notice.

Optimum
Members-Only Price*
\$6
Non-members
\$8

Members save \$2

FARMER'S MARKET™ APPLES
PRODUCT OF ATLANTIC CANADA OR QUÉBEC, CANADA FANCY GRADE SELECTED VARIETIES, 4 LB
POMMES DÉLICÉES DU MARCHÉ^{MC}
20630648001_EA/20713211001_EA
**Must be a registered PC Optimum member to load and get this offer.



PRODUCT OF CANADA

\$6

ROMAINE HEARTS
PRODUCT OF U.S.A., 3'S
CŒURS DE LAITUE ROMAINE
20067389001_EA



PRODUCT OF CANADA

SAVE UP TO .99 LB

2.50 LB
5.51/KG

GREENHOUSE BEEFSTEAK TOMATOES
PRODUCT OF CANADA
TOMATES BEEFSTEAK DE SERRE
20426141001_KG



PRODUCT OF CANADA

1.75

ENGLISH CUCUMBERS
PRODUCT OF CANADA
CONCOMBRES ANGLAIS
20070132001_EA



PRODUCT OF CANADA

SAVE 1.00

4.50

FARMER'S MARKET™ GREENHOUSE PEPPERS
PRODUCT OF CANADA, 3'S
POIVRONS DE SERRE DÉLICÉES DU MARCHÉ^{MC}
20065851001_EA



CLUB SIZE
PRODUCT OF CANADA

\$4

PC™ LITTLE GEMS™ RED, YELLOW OR MIXED MINI POTATOES
PRODUCT OF CANADA CANADA NO. 1 GRADE, 680 G
MINI-POMMES DE TERRE ROUSSES, DORÉES OU ASSORTIES
PC^{MD} LITTLE GEMS^{MC}
21247300001_EA/21247299001_EA



PRODUCT OF CANADA

4.50

CANTALOUPE
PRODUCT OF GUATEMALA, HONDURAS OR BRAZIL
CANTALOUPE
20167017001_EA



\$7

CORED PINEAPPLE
PREPARED IN-STORE
ANANAS ÉVIDÉ
20503143_EA



\$6

CROWNLESS PINEAPPLE
PRODUCT OF COSTA RICA
ANANAS SANS COURONNE
20119813001_EA



\$34

PC™ PREMIUM GIFT BOUQUET
BOUQUET-CADEAU DE QUALITÉ SUPÉRIEURE
PC^{MD}
21067827_EA/21067772_EA



\$10

8 STEM TULIPS
ASSORTED COLOURS
8 TULIPES SUR TIGE
21723510_EA



\$24

SPRING PLANTER
JARDINIÈRE DU PRINTEMPS
21096894_EA



\$15 LB
33.07/KG

TOP SIRLOIN STEAK
CUT FROM CANADA AA GRADE BEEF OR HIGHER
BIFTECK DE HAUT DE SURLONGE
20797507_KG



CLUB SIZE

SAVE UP TO 1.85 LB

5.99 LB
13.21/KG

PORK SIRLOIN CHOPS OR ROAST
BONELESS
CÔTELETTES OU RÔTI DE SURLONGE DE PORC
20835855_KG/20836762_KG



9.99 LB
22.02/KG

PC™ FREE FROM™ BONELESS SKINLESS CHICKEN THIGHS OR BREAST
FRESH
HAUTS DE CUISSE OU POITRINE DE POULET DÉOSSÉS SANS PEAU
PC^{MD} SIMPLEMENT BON^{MD}
21668470_KG



CANADIAN POULTRY

\$7

PC™ PORK SAUSAGE
SELECTED VARIETIES
375/500 G
SAUCISSES DE PORC PC^{MD}
21584342_EA
21584304_EA



CANADIAN PORK

SAVE UP TO 31%

14.99

SUNRISE LARGE BOLOGNA
2 KG
GROS BOLOGNE CIRÉ SUNRISE
20997095_EA



PREPARED IN CANADA

1.99

NO NAME™ CHICKEN HOT DOGS
450 G
SAUCISSES FUMÉES DE POULETS SANS NOM™
20058192_EA



PREPARED IN CANADA

SAVE UP TO 5.00

\$18

MONTANA'S SMOKY BBQ ANGUS BEEF BURGERS
FROZEN, 906 G
BURGERS DE BŒUF ANGUS BBQ FUMÉ
MONTANA'S
21665099_EA



PREPARED IN CANADA

\$12 LB
26.46/KG

FRESH STEELHEAD TROUT FILLETS
FILETS DE TRUITE STEELHEAD FRAÎCHE
20850603_KG



SAVE UP TO 1.99

\$6

SEAQUEST™ BAY SCALLOPS 100-150/LB, 400 G OR **WATERVIEW MARKET CRISPY CALAMARI** 300 G UNCOOKED, FROZEN
PÉTONCLES DE BAIE SEAQUEST™ OU CALMARS CROUSTILLANTS
WATERVIEW MARKET
21558522_EA/21454797_EA



SAVE UP TO 2.49

\$12

PC™ BLACK TIGER SHRIMP RAW ZIPPERBACK™
16-20/LB 400 G, FROZEN OR HOT
SMOKED CANDIED OR SPICY SALMON STRIPS
READY TO EAT, 150 G
CREVETTES TIGRÈS NOIRÈS CRUES, À DÉCORTICAGE ÉCLAIR^{MC} OU LANIÈRES DE SAUMON CONFIT FUMÉ À CHAUD OU ÉPICÉES PC^{MD}
20801192_EA/20976930_EA
20977683_EA



SUPER FRESH

\$3

WHITE OR WHEAT BREAD
BAKED IN-STORE, 383 G
PAIN BLANC OU BLÉ ENTIER
21374404_EA/21377237_EA

PREPARED IN CANADA

3⁵⁰

JUMBO HAMBURGER OR HOT DOG BUNS
BAKED IN-STORE
WHITE OR SESAME, 8'S
PAINS À HAMBURGER OU HOT DOG GÉANTS
20711614_EA/20711617_EA

PREPARED IN CANADA

\$4

ARTISAN BREAD
BAKED IN-STORE
SELECTED VARIETIES, 420-660 G
PAIN ARTISAN
21633048_EA/21633233_EA

Sourdough Crunch
Croustillant au levain

PREPARED IN CANADA

6⁵⁰

MINI CROISSANTS
CHOCOLATE OR CINNAMON, 423 G
MINI CROISSANTS
21416726_EA/21660958_EA

PREPARED IN CANADA

SAVE UP TO 1.79

\$6

FARMER'S MARKET™ COOKIES
SELECTED VARIETIES
12'S
BISCUITS DÉLICIES DU MARCHÉ™
20566772_EA/20566774_EA

PREPARED IN CANADA

6⁵⁰

FARMER'S MARKET™ MINI DONUTS OR QUINN'S SWISS ROLLS
SELECTED VARIETIES
600 G/6X 67 G
MINI-BEIGNES DÉLICIES DU MARCHÉ™ OU ROULÉS SUISSES QUINN'S
21392547_EA/21559169_EA

PREPARED IN CANADA

\$2

SANTOSH NAAN
SELECTED VARIETIES
5'S
NAAN SANTOSH
21671462_EA

PREPARED IN CANADA

2/\$7
OR 3.99 EA

D'ITALIANO BREAD AND ROLLS
SELECTED VARIETIES AND SIZES
PAIN D'ITALIANO
20038335_EA/20626949_EA

PREPARED IN CANADA

\$4

PC™ NAAN ROUNDS
SELECTED VARIETIES
480 G
PAINS NAAN RONDS PC™
21649068_EA

PREPARED IN CANADA

SAVE UP TO .79

2⁵⁰

NO NAME™ ENGLISH MUFFINS
SELECTED VARIETIES
342 G
MUFFINS ANGLAIS SANS NOM™
21216413_EA

PREPARED IN CANADA

\$5

PC™ BRIOCHE BURGER OR HOT DOG BUNS
SELECTED VARIETIES
270/300 G
PAINS À HAMBURGER OU HOT DOG BRIOCHE PC™
21094319_EA/21431172_EA

PREPARED IN CANADA

SAVE UP TO 1.99

\$11

THE LAUGHING COW
SELECTED VARIETIES
24'S
LA VACHE QUI RIT
20160091_EA/20318139_EA

PREPARED IN CANADA

\$4

ZIGGY'S SLICED MEATS
SELECTED VARIETIES
175 G
VIANDES TRANCHÉES ZIGGY'S™
21590279_EA/21592461_EA

PREPARED IN CANADA

Optimum

Members-Only Price™

Members save \$1

14⁵⁰

Non-members 15⁵⁰

MAPLE LEAF NATURAL SELECTIONS DELI SLICED MEATS CLUB PACK, 375-400 G
CHARCUTERIES TRANCHÉES NATURAL SELECTIONS MAPLE LEAF
20772015_EA/20772016_EA
**Must be a registered PC Optimum™ member to load and get this offer.

PREPARED IN CANADA

\$6

ZIGGY'S DELI CHEESE SLICES
SELECTED VARIETIES
160/180 G
TRANCHES DE FROMAGE DE CHARCUTERIE ZIGGY'S™
21610744_EA/21818028_EA

PREPARED IN CANADA

\$9

OKA CHEESE
SELECTED VARIETIES
190 G
FROMAGE OKA
20920796_EA/20921279_EA

PREPARED IN CANADA

3²⁵
/100 G

PC™ TRADITIONAL BLACKFOREST HAM
DELI SERVICE CASE
JAMBON FORÊT NOIRE TRADITIONNEL PC™
20301724_XG

PREPARED IN CANADA

Optimum

Members-Only Price™

Members save \$2

\$4

Non-members \$6

SNACK FACTORY PRETZEL CRISPS
SELECTED VARIETIES
200 G
PRETZEL CRISPS SNACK FACTORY
20948940_EA/21676303_EA
**Must be a registered PC Optimum™ member to load and get this offer.

NATIONAL PRETZEL DAY

PREPARED IN CANADA

Optimum

Members-Only Price™

Members save \$3

\$4

Non-members \$7

SARDO OLIVES OR ANTIPASTO
SELECTED VARIETIES
190/250 ML
OLIVES OU ANTIPASTO SARDO
20734165_EA/20863239_EA
**Must be a registered PC Optimum™ member to load and get this offer.

PREPARED IN CANADA

\$9

PC™ PIES AND QUICHE
SELECTED VARIETIES, 550-575 G
PÂTES OU QUICHES PC™
21682000_EA/21682154_EA

PREPARED IN CANADA

\$20

READY TO COOK SALMON OR CHICKEN ENTRÉE 340-508 G WITH A READY TO COOK SIDE 495-868 G
PLAT CUISINÉ DE SAUMON OU POULET PRÊT À CUIRE AVEC UN PLAT D'ACCOMPAGNEMENT PRÊT À CUIRE
21595452_EA/21665981_EA

\$9

INDIVIDUAL CHICKEN COMBO WITH WEDGES 361-530 G
COMBO DE PORTION INDIVIDUELLE DE POULET ET POMMES DE TERRE EN QUARTIERS
21086094_EA/21022536_EA

We keep it fresh daily
La fraîcheur est toujours au rendez-vous



President's Choice

Our top picks this week

3⁵⁰

PC[®] DIPS OR HUMMUS 200-228 G OR NAAN DIPPERS 200 G SELECTED VARIETIES 21092033_EA/21039152_EA



\$8

PC[®] PORTUGUESE CUSTARD TARTS 360 G 21686419_EA



\$6

PC[®] SKYR OR BLUE MENU[®] BARS SELECTED VARIETIES FROZEN, 6X80 ML 20302849003_EA/21074199_EA



2²⁵

OPERATIVE DESCRIPTIVE 21012490_EA/21013091_EA



\$11

PC[®] NUTRITION FIRST[®] DOG FOOD SELECTED VARIETIES, 2 KG 21304456_EA



SUPER COUPONS

More offers.
More points.

UP TO
\$50
IN TOTAL
VALUE

CLICK FOR THIS
COUPON AND MORE

Cannot be used with any other points, promotions or offers.

APRIL 16-MAY 20, 2026



With digital
coupon, get

Optimum
6,000^{pts}

when you
spend \$40* on

=\$6
Value

FRESH
FRUITS OR
VEGETABLES
20179355001_KG
20145621001_EA



With digital
coupon, get

Optimum
5,000^{pts}

when you
spend \$30* on

=\$5
Value

MEALKITS, SANDWICHES,
PREPACKAGED SALADS, COLD
CASE SALADS, SOUPS, PIZZA,
QUICHES AND PIES OR WINGS
21377301_EA/21624744_EA



With digital
coupon, get

Optimum
3,000^{pts}

when you
spend \$15* on

=\$3
Value

IN-STORE FRESHLY
BAKED BREADS,
MUFFINS, COOKIES,
DONUTS OR CAKES
201717171_EA/21557835_EA



Get

Optimum
1,500^{pts}

with digital
coupon

=\$150
Value

PC® BLUE MENU®
MICROWAVABLE
POPCORN
6X80 G OR 8X32 G
20300396_EA



With digital
coupon, get

Optimum
5,000^{pts}

when you
spend \$30* on

=\$5
Value

VITAMINS OR
SUPPLEMENTS
20299993_EA/21369542_EA



APRIL

HIT OF THE MONTH

LECLERC GO PURE BARS
SELECTED VARIETIES, 140-175 G
21221434_EA/21221451_EA

\$7.88



LIMIT 6
AFTER LIMIT
3.00 EA.

PLANTERS CASHEWS
SELECTED VARIETIES, 200 G
21021617_EA/21021618_EA

\$4



LIMIT 6
AFTER LIMIT
5.00 EA.

HARVEST CREEK HALAL CHICKEN WIENERS OR BUTCHER'S SELECTION STAMPEDE HOTDOG ORIGINAL
SELECTED VARIETIES, 900 G
21309103_EA

\$3



LIMIT 6
AFTER LIMIT
4.50 EA.

**LOWEST PRICES
BEST DEALS**

As compared to other major grocery retailers within your local areas.
Valid from April 1 - 30, 2026. While quantities last. See in-store for details.

Disney · PIXAR

FREE STICKER PACK FOR EVERY \$25 SPENT*

\$5
UNIQUE
ALBUM

©Disney ©Disney/Pixar

*WHILE SUPPLIES LAST FROM APRIL 9TH UNTIL MAY 6TH, 2026. EXCLUSIONS APPLY. VISIT WWW.LOBLAWUNIVERSE.CA OR IN-STORE FOR EXCLUSIONS AND COMPLETE OFFER DETAILS.

SPEND \$10* ON SELECT

KRAFT, HEINZ, PHILADELPHIA, MAXWELL HOUSE, NABOB, TASSIMO, TACO BELL, CLASSICO, GARDEN SELECT, CRAVE, BAGEL BITES, MIO, CRYSTAL LIGHT, JELL-O, RENEE'S, BULL'S-EYE OR DIANA PRODUCTS AND GET ONE BONUS STICKER PACK

20866924010_EA/ 21085515_EA/21618217_EA/ 21594513_EA/20039581001_EA

SPEND \$10* ON SELECT

CHEERIOS, OATMEAL CRISP, NATURE VALLEY, OLD EL PASO, PILLSBURY OR ANNIE'S PRODUCT AND GET A BONUS CARD PACK

21104047_EA/21667577_EA/ 20316187001_EA/20306992001_EA

SPEND \$15* ON SELECT

COCA-COLA, CANADA DRY, SPRITE, A&W, FANTA, FRESCA, AHA, VITAMINWATER, SMARTWATER, PEACE TEA, FUZE, MONSTER ENERGY, POWERADE OR BODY ARMOR AND GET ONE BONUS STICKER PACK

20318694002_EA/20304419001_EA/20305840001_EA/20853723_EA/21166000_EA

SPEND \$15* ON SELECT

CRACKER BARREL, BLACK DIAMOND, IÖGO, ASTRO OR LACTANTIA PRODUCTS AND GET A BONUS STICKER PACK

21290384_EA/20763661_EA/20986474_EA/21290222_EA/20165226001_EA/21694605_EA

SPEND \$12* ON SELECT

CAMPBELL'S READY TO SERVE SOUPS 515 ML, HABITANT SOUP 796 ML, SNYDER'S PRETZELS 240 G, CHUNKY 515 ML, GOLDFISH CRACKERS OR SNACK FACTORY CRISPS 200 G AND GET ONE BONUS STICKER PACK

21479030_EA/20300320_EA/20316052001_EA/20948940_EA

Disney · PIXAR

FREE STICKER PACK FOR EVERY \$25 SPENT*

\$5
UNIQUE
ALBUM

*WHILE SUPPLIES LAST FROM APRIL 9TH UNTIL MAY 6TH, 2026. EXCLUSIONS APPLY. VISIT WWW.LOBLAWUNIVERSE.CA OR IN-STORE FOR EXCLUSIONS AND COMPLETE OFFER DETAILS.

SPEND \$15* ON SELECT

CHRISTIE CRACKERS, CHRISTIE COOKIES, CADBURY, HALLS OR CLIF ENERGY BARS AND GET ONE BONUS STICKER PACK
 21547034_EA/21358407_EA/21664843_EA

SPEND \$10* ON SELECT

NESCAFÉ, STARBUCKS COFFEE OR MAISON PERRIER BEVERAGE PRODUCTS AND GET ONE BONUS STICKER PACK
 20873036_EA/20547343006_EA/21576465_C08

SPEND \$15* ON SELECT

ROYALE PAPER PRODUCTS AND GET ONE BONUS STICKER PACK
 21378233_EA/21484732_EA/20705292_EA

SPEND \$9* ON SELECT

MILK 2 GO OR ARMSTRONG PROTEIN STICKS AND GET ONE BONUS STICKER PACK
 21065263_EA/21537885_EA/21694973_EA

SPEND \$10* ON ANY

PC BLUE MENU PRODUCTS AND GET ONE BONUS STICKER PACK
 21747404_C12/20057669001_EA/20307025002_EA
 20538593001_EA/20631288004_EA/20941224_EA

SPEND \$10* ON SELECT

PC OR NO NAME CHIPS, POPCORN OR PRETZELS AND GET ONE BONUS STICKER PACK
 21654374_EA/21686985_EA/21712080_EA/21712032_EA



Disney · PIXAR FREE STICKER PACK FOR EVERY \$25 SPENT*

\$5
UNIQUE
ALBUM



*WHILE SUPPLIES LAST FROM APRIL 9TH UNTIL MAY 6TH, 2026. EXCLUSIONS APPLY. VISIT WWW.LOBLAWUNIVERSE.CA OR IN-STORE FOR EXCLUSIONS AND COMPLETE OFFER DETAILS.

4.25

ASTRO TUBS 650/750 G OR
IÓGO NANO BUBBLES
4X100 G
SELECTED VARIETIES
20143263_EA/21719739_EA

PREPARED IN CANADA

SAVE UP TO 33%

\$4

HEALTHY CHOICE STEAMERS 269-306 G OR **SIMPLY STEAMERS** 255-283 G
SELECTED VARIETIES FROZEN
20318616005_EA/20974538_EA

28g PROTEIN DE PROTÉINES

PREPARED IN CANADA

4.50

CASA MENDOSA TORTILLAS
SELECTED VARIETIES
640 G
20318788_EA/20276307_EA

PREPARED IN CANADA

3.50

PILLSBURY PIZZA POPS
SELECTED VARIETIES, FROZEN
4X380 G
21435996_EA/21436023_EA

3 CHEESE · 3 FROMAGES

PEPPERONI + BACON

380g

PREPARED IN CANADA

5.49

CORE POWER PROTEIN SHAKE
SELECTED VARIETIES, 414 ML
21731564_EA/21731701_EA

26g PROTEIN FROM REAL MILK LACTOSE FREE

PREPARED IN CANADA

\$2

CAMPBELL'S SOUP READY TO SERVE
SELECTED VARIETIES, 515 ML
21479024_EA/21479122_EA

PREPARED IN CANADA

7.99

MAISON PERRIER SPARKLING WATER BEVERAGE
SELECTED VARIETIES, 8X330 ML
21509060_C08/21575556_C08

PREPARED IN CANADA

\$25

McCafé K-CUPS
SELECTED VARIETIES, 30'S
21240975_EA/21363982_EA

GET 2,000 back in points

\$2 back in points

PREPARED IN CANADA

\$4

SNYDER'S OF HANOVER PRETZEL PIECES
SELECTED VARIETIES, 240 G
20316052001_EA/20316052004_EA

PREPARED IN CANADA

ALWAYS LOW PRICE

\$13

PC BLUE MENU CHICKEN BREAST
BONELESS, SKINLESS
3'S UP TO 630 G
21340952_EA

CANADIAN POULTRY

SAVE 1.99

\$15

PC DELI CHEESE SLICES
SELECTED VARIETIES, 500 G
20250536_EA

PREPARED IN CANADA

\$6

PC BLUE MENU MARGARINE
SELECTED VARIETIES, 907 G
20604430_EA/20604565_EA

PREPARED IN CANADA

5.50

PC BLUE MENU TWICE THE FRUIT™ FRUIT SPREAD
SELECTED VARIETIES, 500 ML
20300537_EA/20318704_EA

PREPARED IN CANADA

\$23

PC BLUE MENU LEAN OR ANGUS BEEF BURGERS
FROZEN, 1.02-1.13KG
20941224_EA/21029192_EA

PREPARED IN CANADA

3.75

PC OR BLUE MENU TORTILLAS
10 INCH, SELECTED VARIETIES
342-650 G
20182857_EA/20185659_EA

PREPARED IN CANADA

NATURE'S CANDY

Naturally sweet prices.



3.99
LB
8.80/KG

PC EXTRA LARGE GREEN SEEDLESS GRAPES
PRODUCT OF MEXICO OR CHILE, NO. 1 GRADE OR
PC EXTRA LARGE RED SEEDLESS GRAPES
PRODUCT OF CHILE, NO. 1 GRADE
20425775001_KG/20159199001_KG



PC BLACK SABLE GRAPES
PRODUCT OF CHILE, NO. 1 GRADE
20711275001_KG

3.99
LB
8.80/KG



4.99
LB
11.00/KG

PC PINK MUSCAT GRAPES
PRODUCT OF CHILE,
NO. 1 GRADE
205962311001_KG



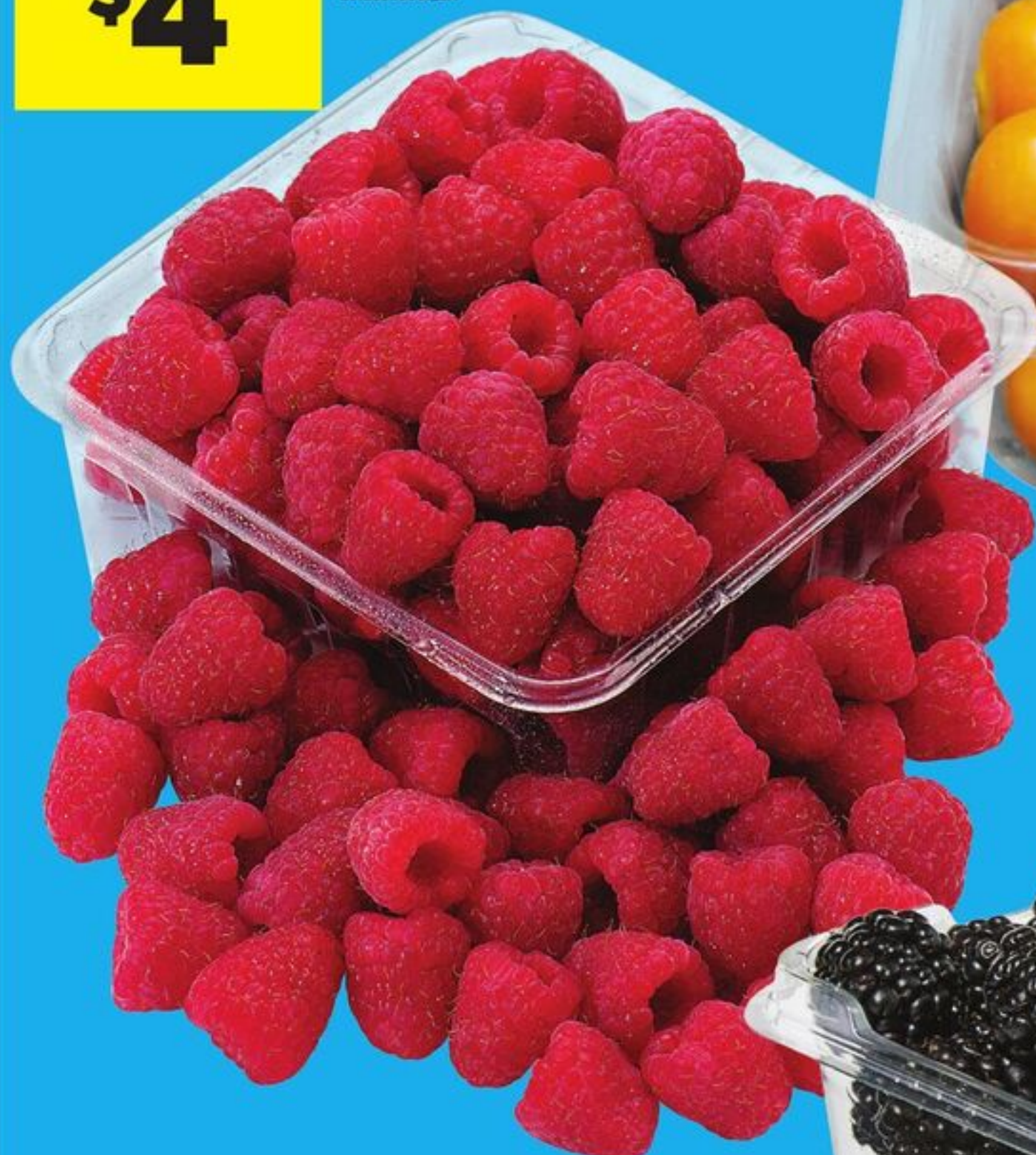
\$4

GOLDBERRIES
PRODUCT OF COLOMBIA, 170 G
20845869_EA



\$4

RASPBERRIES
PRODUCT OF MEXICO
OR U.S.A., 170 G
20128938001_EA



\$8

RESERVE BLACKBERRIES
PRODUCT OF MEXICO, 283 G
21724952001_EA



\$7

PC BLUAROMA BLUEBERRIES
PRODUCT OF MEXICO,
PERU OR MOROCCO, 278 G
20573077_EA





GREEN THUMBS UP

OUR GARDEN CENTRE IS NOW OPEN!

100% CANADIAN GROWERS

FROM \$10 **SPRING BULBS, PLANT NOW FOR SUMMER BLOOMS**
SELECTED VARIETIES
21426151_EA

4.99 **GROW YOUR OWN SELECTION OF ONIONS**
SELECTED VARIETIES
21430587_EA

10.49 **SEED POTATOES**
SOURCED FROM CANADIAN FARMERS
21348244_EA/21348211_EA

\$23 **PC LAVENDER SHRUB**
8 INCH
21573051_EA

PRODUCT OF CANADA

2/\$9
OR 5.00 EA

PERENNIALS
EARLY SEASON VARIETIES, 9 CM
21347591_EA

PRODUCT OF CANADA

2/\$16
OR 9.00 EA

PERENNIALS
EARLY SEASON VARIETIES, 13 CM
21347592_EA

PRODUCT OF CANADA

4/\$14
OR 3.75 EA

PC BLACK EARTH SOIL
25 L
21357792_EA

PRODUCT OF CANADA

2/\$14
OR 8.00 EA

PC ENRICHED LAWN SOIL
25 L
21349080_EA

PRODUCT OF CANADA

\$11

PC FLOWER AND GARDEN BED SOIL
50 L
21363856_EA

PRODUCT OF CANADA

2/\$7
OR 3.99 EA

PC YARD WASTE BAGS
SELECTED VARIETIES
5'S
20429980_EA

PRODUCT OF CANADA

9.48

NO NAME ALL-PURPOSE SOIL
50 L
21358664_EA

PRODUCT OF CANADA

2/\$9
OR 4.75 EA

NO NAME COW MANURE COMPOST
12.5 KG
21349331_EA

PRODUCT OF CANADA

3/\$12
OR 4.50 EA

NO NAME CEDAR MULCH
AVAILABLE IN NATURAL, BLACK OR RED, 42.5 L
21358531_EA

PRODUCT OF CANADA

2/\$14
OR 8.00 EA

PC POTTING SOIL
25 L
21349090_EA

PRODUCT OF CANADA

FROM \$5

PLANT FOOD FERTILIZER
SELECTED VARIETIES AND SIZES
21567296_EA/21567431_EA

FROM \$12

GRASS SEED
SELECTED VARIETIES AND SIZES
21359465_EA/21359479_EA

GARDEN DÉCOR, POTS, TOOLS OR WATERING ACCESSORIES
SELECTED STYLES
21625438_EA/21625053_EA/21570374_EA/21701041_EA
21635796_EA/21569526_EA/21700992_EA/21701052_EA
21341980_EA/20275904_EA/21628622_EA



SEE GARDEN CENTRE FOR RETAILS

SUPER YOUR EVERYDAY

\$5

JOHNVINCE FOODS SOUR JUBES
320 G
21694414_EA

\$5

JOHNVINCE FOODS CANDY GUMMI BEARS
280 G
21694433_EA

\$5

JOHNVINCE FOODS BIG FOOT JUBES
250 G
21694364_EA

\$6

JOHNVINCE FOODS CHOCOLATY MACAROONS
260 G
21694365_EA

\$9

JOHNVINCE FOODS MILK CHOCOLATE COVERED PRETZELS
220 G
21694552_EA

\$9

JOHNVINCE FOODS MILK CHOCOLATE COVERED ALMONDS
240 G
21694486_EA

\$9

JOHNVINCE FOODS ROASTED SALTED ALMONDS
200 G
21694356_EA

\$9

JOHNVINCE FOODS RAW CASHEWS
250 G
21694287_EA

\$10

JOHNVINCE FOODS RAW BRAZIL NUTS
250 G
21694372_EA

Optimum
Members-Only Price**
\$16
Non-members
\$17

Members save **\$1**

NATURSOURCE ALMONDS OR NUT MIXES
SELECTED VARIETIES, 500/550 G
21195937_EA/21196004_EA
**Must be a registered PC Optimum™ member to load and get this offer.

Optimum
Members-Only Price**
\$14
Non-members
\$15

Members save **\$1**

NATUR SOURCE SALAD TOPPERS
SELECTED VARIETIES, 575-625 G
21166217_EA/21192085_EA
**Must be a registered PC Optimum™ member to load and get this offer.

\$18

PC NUTS
SELECTED VARIETIES, 680/907 G
21404746_EA/21404808_EA

3/\$10
OR 4.49 EA

FERRERO ROCHER PREMIUM CHOCOLATE BARS
SELECTED VARIETIES
90 G
21428863_EA/21428865_EA

2/\$8
OR 4.99 EA

KINDER SURPRISE T3 OR KINDER CHOCOLATE BART6 OR KINDER BUENO MINI T27
SELECTED VARIETIES
20791031_EA
21167341_EA

2/\$10
OR 5.99 EA

LINDT EXCELLENCE CHOCOLATE BARS 80-200 G OR **GHIRARDELLI CHOCOLATE BARS** 138 G
SELECTED VARIETIES
20312527005_EA
20312527009_EA

10⁵⁰

LINDT LINDOR TRUFFLES 142-151 G OR **GHIRARDELLI CHOCOLATE SQUARES** 151-153 G
SELECTED VARIETIES
21390291_EA/21390363_EA

ALWAYS LOW PRICE

ALWAYS LOW PRICE
\$10

FROZEN CHICKEN, MEATBALLS, WIENERS OR SNACKS
SELECTED VARIETIES
FROZEN, 700 G-1.8 KG/6X1.13 KG
21447587_EA/21669059_EA



ALWAYS LOW PRICE
\$10

WILD SMOKED SALMON, PINK SALMON, SOLE, BASA, BREADED POLLOCK FILLETS, ATLANTIC SALMON PORTIONS, BREADED SQUID RINGS OR POPCORN SHRIMP
FROZEN
200-900 G
21473104_EA/21473748_EA



ALWAYS LOW PRICE
\$3

POPEYE SELECT SPINACH
PRODUCT OF U.S.A.
283 G
20196570_EA



ALWAYS LOW PRICE
\$13

SEAQUEST SHRIMP RING WITH MILD COCKTAIL SAUCE
FROZEN
454 G
21687413_EA



ALWAYS LOW PRICE
\$7

BUTTER CROISSANTS
BAKED-IN-STORE
12'S
21683000_EA



ALWAYS LOW PRICE
\$2

FRENCH OR ITALIAN BREAD
BAKED-IN-STORE
SELECTED VARIETIES, 383 G
20345208_EA/20788443_EA



ALWAYS LOW PRICE
\$7

BASSÉ NUTS
SELECTED VARIETIES
415-600 G
21158613_EA/21158603_EA



ALWAYS LOW PRICE
\$3

NO NAME FROZEN FRUIT
SELECTED VARIETIES
FROZEN, 300/400 G
21545106_EA



ALWAYS LOW PRICE
\$4.50

PC ORGANICS ANIMAL COOKIES
SELECTED VARIETIES
250 G
20181028_EA
20304981_EA



ALWAYS LOW PRICE
\$4

PC ORGANICS APPLE SAUCE OR FRUIT PURÉE
SELECTED VARIETIES
6X100 ML/113 G
20320493001_EA
20320493002_EA



ALWAYS LOW PRICE
\$5

LIFE BRAND LIQUID HAND SOAP REFILL
SELECTED VARIETIES
2 L
21357613003_EA
21357613004_EA



SUPER YOUR EVERYDAY

SAVE 1.08
WHEN YOU BUY 2

2/750
OR 4.29 EA

NO NAME® CREAM CHEESE BRICK
SELECTED VARIETIES
227/250 G
20308105001_EA
21036106_EA

cream cheese spread
farinçage au fromage à la crème

no name® sans nom®
pasteurized cream cheese
fromage à la crème pasteurisé

PREPARED IN CANADA

250

NO NAME® LEMONADE OR ICED TEA
SELECTED VARIETIES
1.75 L
21666389_EA
21666561_EA

no name®
pink lemonade

no name®
iced tea

PREPARED IN CANADA

SAVE UP TO 1.29

\$4

KOZYSHACK RICE PUDDING
SELECTED VARIETIES
624 G OR 4X113 G
20321764001_EA
20323829001_EA

Original Recipe Rice Pudding
Recette originale pudding au riz

NO SUGAR ADDED
NO CALORIES + 1.5 g Fat Free

Simply Well
Tapoca Pudding

SAVE .98
WHEN YOU BUY 2

2/\$5
OR 2.99 EA

BETTY CROCKER FROSTINGS
340-450 G OR SUPERMOIST CAKE MIX
375-404 G
SELECTED VARIETIES
20562648007_EA
21547837_EA

Whipped

Super Moist
Rainbow Bit • Brûlures arc-en-ciel

350

POST CEREAL
SELECTED VARIETIES
283-525 G
20299648_EA
21427214_EA

Shreddies
Original • Originale

Honeycomb
CLASSIC TASTE
SOFT CLASSICS

GET 3,000
when you spend *10* on

\$3
back in points

KELLOGG'S ALL-BRAN, RAISIN BRAN, VECTOR, SPECIAL K OR MINI-WHEATS CEREAL
SELECTED VARIETIES
210 G-1.05 KG
21450814_EA/21652093_EA

Rice Krispies

Two Scoops Raisin Bran

\$10

PC® VEGETABLES
SELECTED VARIETIES
FROZEN, 1.75 KG
20713420_EA
20713450_EA

THAI-STYLE
MÉLANGE DE LÉGUMES
TAÏLANDAIS

CALIFORNIA
VEGETABLE BLEND • MÉLANGE DE LÉGUMES À LA CALIFORNIENNE

CLUB SIZE

350

BAILEYS COFFEE CREAMER
SELECTED VARIETIES
400 ML
20712985001_EA
20712985004_EA

THE ORIGINAL IRISH CREAM

COFFEE CREAMER

FRENCH VANILLA

949

NO NAME® CHEESE BARS
700 G OR PC® SHREDDED CHEESE 620 G
SELECTED VARIETIES
20973773_EA
21060181_EA

TRIPLE CHEDDAR
CHEESE BLEND
MÉLANGE DE FROMAGES

marble farmer's cheese • fromage farmer's marbré

\$5

HELUVA GOOD! DIP
680 G
20312788001_EA

French Onion
Oignon à la française

Heluva Good!

450

WRIGLEY'S EXCEL OR JUICY FRUIT CHEWING GUM
SELECTED VARIETIES
80-94, 49 G
20215306_EA
20310919002_EA

excel

PEARMINT
MENTHE VERBE

2/\$8
OR 4.99 EA

GOGO SQUEEZ FRUIT SAUCE
SELECTED VARIETIES
360/388 G
20322697002_EA
21701912_EA

no sugar added
apple apple

apple cinnamon

550

TWININGS TEA
SELECTED VARIETIES
20'S
20300740001_EA
21056860_EA

Peppermint & Creamy Vanilla
Menthe poivrée et velouté de vanille

HERBAL TEA/TISANE

Lemon & Ginger
Citron et gingembre

2/\$8
OR 4.79 EA

MIO, KOOL-AID, TANG, COUNTRY TIME, KRAFT OR CRYSTAL LIGHT LIQUID WATER ENHANCERS OR DRINK MIXES
SELECTED VARIETIES
22-48 ML/31-45 G
20663423_EA
21634119_EA

mio

HYDRATE

BERRY BURST

ZERO SUGAR
NATURAL FLAVORS
10 x 3.8 g PACKETS

3/\$9
OR 3.79 EA

KELLOGG'S NUTRI-GRAIN BARS 295 G, RICE KRISPIES BARS 176 G, SPECIAL K CRISPY BARS 125 G OR POP TARTS 384 G
SELECTED VARIETIES
20126567001_EA
20313984001_EA

Rice Krispies

Nutri-Grain

STRAWBERRY FRAISES

\$5

CHRISTIE PREMIUM PLUS CRACKERS
SELECTED VARIETIES
402-481 G
21109001_EA
21109004_EA

PREMIUM PLUS
UNSALTED TOPS

PREMIUM PLUS
SALTED TOPS

\$20

ROYALE ORIGINAL TOILET PAPER
30=60 ROLLS
21378233_EA

ROYALE

Original
soft-tout doux

\$5

SCRUBBING BUBBLES BATHROOM CLEANER 946-950 ML/823 G OR TOILET FRESH BRUSH, EASY PEASY 946 ML/385 G, FANTASIK 650 ML OR WINDEX GLASS CLEANER 765-950 ML
SELECTED VARIETIES
20125323001_EA/21666832_EA

Windex

EASY PEASY

350

NO NAME® FOIL
SELECTED VARIETIES
50 FT
21119987_EA

aluminum foil
papier d'aluminium

\$7

PURINA FRISKIES DRY CAT FOOD
SELECTED VARIETIES
1.4-1.5 KG
20912515_EA

Friskies

7 FAVOURITES

FEEL GOOD CHOICES AT FEEL GOOD PRICES

SAVE UP TO 18%

3⁵⁰

RISE KOMBUCHA
SELECTED VARIETIES, 414 ML
21295362_EA/21439309_EA

\$26

GET 1,000[®] \$1 back in points

RXBAR PROTEIN BARS OR KELLOGG'S STRAWBERRY PROTEIN BAR
SELECTED VARIETIES, 12X52 G
21189855_C12/21189858_C12

UP TO 20% OFF

ELAN ORGANIC SEEDS OR DRIED FRUITS
SELECTED VARIETIES, 125-250 G
20985771_EA/21027165_EA

\$8

SUNBUTTER SUNFLOWER BUTTER
SELECTED VARIETIES, 454 G
20016641001_EA/20987460_EA

PREPARED IN CANADA

2/\$5
OR 3.29 EA

ANNIE'S MAC & CHEESE
SELECTED VARIETIES, 149-170 G
20316187001_EA/20811201_EA

\$6

ZEVIA ZERO SUGAR SODA
SELECTED VARIETIES, 6X355 ML
21046233_C06
21407494_C06

\$30

KICKING HORSE ORGANIC WHOLE BEAN COFFEE 850 G OR **ORGANIC GROUND COFFEE** 708 G
SELECTED VARIETIES
21588734_EA/21628219_EA

PREPARED IN CANADA

SAVE 10%

12⁵⁹

ORANGE NATURALS SUPPLEMENTS
SELECTED VARIETIES AND SIZES
15/450 ML, 150 G OR 30-90'S
21065667_EA
21066218_EA/21528197_EA

SAVE UP TO 26%

5⁵⁰

OLYMPIC ORGANIC YOGURT
SELECTED VARIETIES
650 G
20316485005_EA
20316485006_EA

\$10

NATURE'S PATH ORGANIC BAGGED CEREAL
SELECTED VARIETIES
650-907 G
20312067001_EA
20319302001_EA

11⁵⁰

DAIYA DAIRY-FREE PIZZA
SELECTED VARIETIES
359-550 G
21683863_EA

\$4

PC ORGANIC PLANT-BASED PUFFS
SELECTED VARIETIES
142 G
21358684_EA
21716046_EA

5⁵⁰

DRIZZILICIOUS MINI RICE CAKES
SELECTED VARIETIES
113 G
21240808_EA
21615873_EA

8⁵⁰

PC ORGANICS FROZEN FRUIT
SELECTED VARIETIES
600 G
21357574_EA
20431483002_EA

\$39

LEANFIT ORGANIC PLANT PROTEIN 715 G OR **WHEY PROTEIN** 825-875 G
SELECTED VARIETIES
21395716_EA/21558982_EA

2⁵⁰

SILK NON-DAIRY BEVERAGES
SELECTED VARIETIES
946 ML
20555265002_EA
21357955_EA

\$12

NATURE CLEAN LAUNDRY LIQUID
SELECTED VARIETIES
3 L
20067905_EA/21205741_EA

5⁵⁰

SILK CREAMER
SELECTED VARIETIES
890 ML
21245361_EA/21423292_EA

SHOP THE WORLD IN OUR AISLES*

From bok choy to basmati rice, find international ingredients at low prices.

[SHOP NOW](#)

\$14

PC[®] SPLIT CHICKEN WINGS
UP TO 810 G
213409073_NG

CHICKEN POULET
SPECIALLY SELECTED AND TENDER
SÉLECTIONNÉ ET PARÉ AVEC SOIN

CANADIAN POULTRY

\$4

RED ONIONS
PRODUCT OF CANADA, MEXICO, U.S.A. OR NETHERLANDS, 3 LB
20811362001_EA

6⁵⁰

T&T[®] PACIFIC WHITE SHRIMP RAW 30-40/LB,
400 G OR **COOKED** 21-25/LB,
300 G, FROZEN
21689620_EA/21689868_EA

Pacific White Shrimp
Crevettes blanches du Pacifique
RAW • HEAD-ON • SHELL-ON
CRUES • AVEC TÊTE • EN CARAPACE

Pacific White Shrimp
Crevettes blanches du Pacifique
COOKED • HEAD-ON • SHELL-ON
CUITES • AVEC TÊTE • EN CARAPACE

\$15

SUFRA[®] HALAL BEEF STEW
454 G
21395711_EA

Sufra[®] HALAL
Boneless Stewing Beef
Bœuf à ragoût désossé

\$6

ASIAN INSPIRATIONS ENTRÉES
SELECTED VARIETIES, FROZEN,
400 G
21047376_EA/21047378_EA

ASIAN INSPIRATIONS
GINGER BEEF

ASIAN INSPIRATIONS
PINEAPPLE LEMON TEMPURA STYLE CHICKEN

2⁵⁰

RUBICON JUICES
SELECTED VARIETIES,
1L/4X200 ML
20029236001_EA/20296770001_EA

Rubicon
Guava
Mango

1⁵⁰

PRAN INSTANT NOODLES
SELECTED VARIETIES, 280 G
21685517_EA/21685721_EA

PRAN
Noodles
Curry
Chicken

\$2 LB
4.41/KG

NAPPA CABBAGE
PRODUCT OF MEXICO OR U.S.A.
OR **CHINESE JUMBO CARROTS**
PRODUCT OF CHINA
20851084001_KG/20142055001_KG

8⁵⁰

BRU INSTANT COFFEE
200 G
20176654_EA

BRU Instant

3⁵⁰

LAY'S[®] POTATO CHIPS
SELECTED VARIETIES, 200 G
21663082_EA/21663218_EA

Lay's
Honey Butter
Magic Masala

\$15

BRAR'S DESI STYLE DURUM FLOUR
9.07 KG
20657367_EA

SHER
DURUM ATTA
DESI STYLE

2⁵⁰

BRITANNIA GOOD DAY COOKIES 231 G OR **FIFTY FIFTY COOKIES** 372 G
SELECTED VARIETIES
21023105_EA/21205822_EA

BRITANNIA
Good Day
CASHUEW COOKIES
BISCUITS AU CAJOU

BRITANNIA
50/50
SWEET & SALTY

1⁵⁰

KURKURE SNACKS
SELECTED VARIETIES, 115 G
20659742_EA/21361077_EA

Kurkure
CHILLI CHATKA
MASALA MUNCH

\$11

TILDA BASMATI RICE
SELECTED VARIETIES, 1.81 KG
20013920_EA

Tilda
PURE BASMATI
BASMATI PUR


SHOP THE WORLD IN OUR AISLES*

From bok choy to basmati rice, find international ingredients at low prices.

[SHOP NOW](#)

\$2 LB
4.41/KG


JAPANESE SWEET YAMS
PRODUCT OF CANADA
20524922001_KG



PRODUCT OF CANADA

\$3 LB
6.61/KG

BABY OR SHANGHAI BOK CHOY
PRODUCT OF MEXICO OR U.S.A. OR **LONG EGGPLANT**
PRODUCT OF MEXICO
20082279001_KG/20159013001_KG



\$3

SNOW OR SUGAR SNAP PEAS
PRODUCT OF CHINA, 200 G
21023553001_EA/21023581001_EA



588 LB
12.96/KG

PORK BELLY PORTION
20793502_KG



999 LB
22.02/KG

NEW ZEALAND SHORT CUT LAMB LEG FROZEN
20142553_KG



INCLUDES HALAL

\$12

OCEAN ANGEL WILD CAUGHT CALIFORNIA SQUID
1 KG
20123461_EA

CONGÉLÉ/FROZEN
CALMAR DE CALIFORNIE
CALMAR / CALAMARI
WILD CAUGHT CALIFORNIA SQUID
Produit à consommer très rapidement. PRODUCT OF U.S.A.
Del Mar Seafoods, Inc., Watsonville, CA 95076
POIDS NET 1kg/2.2 lb.



\$5

SURAJ NAAN FLATBREADS
SELECTED VARIETIES, 10'S
20342261_EA/20343319_EA



\$7

TATA LOOSE BLACK TEA
SELECTED VARIETIES, 450 G
21407291_EA/21407294_EA



\$5

SUMMI SPRING ROLLS OR DUMPLINGS
SELECTED VARIETIES, 250-350 G
20506965_EA/21114397_EA



PREPARED IN CANADA

250

HALDIRAM'S MINUTE KHANA PAV BHAJI OR DUM BIRYANI
SELECTED VARIETIES, 200/300 G
21446758_EA/21446759_EA



\$3

CHARRAS CORN TOSTADAS
SELECTED VARIETIES, 350 G
21117787_EA/21117787_EA



2/\$6
OR 4.00 EA

FONTAINE SANTÉ TOFU
EXTRA FIRM, PLAIN, 400 G
21290707_EA



PREPARED IN CANADA

225

VALENTINA HOT SAUCE 370 ML OR LA COSTEÑA CHIPOTLE PEPPER SAUCE 220 ML
SELECTED VARIETIES
20056649002_EA/20823424_EA



350

LA COSTEÑA JAR SAUCES
SELECTED VARIETIES, 455 ML
20318656001_EA/20318656002_EA



850

PAN CORN MEAL OR MASECA MASA FLOUR
SELECTED VARIETIES,
1.8/2.27 KG
21019067_EA/21457445_EA





**CUDDLY
DEALS,
TINY
PRICES**



2/\$6
OR 3.99 EA

**LITTLE BELLIES
ORGANIC PICK-ME
STICKS**
SELECTED VARIETIES, 16 G
21540210_EA/21540211_EA

10+ MONTHS

2/\$10
OR 5.99 EA

**AMARA ORGANIC
SMOOTHIE MELTS OR
FRUIT BITES**
SELECTED VARIETIES, 23 G
21426240_EA/21536119_EA

8+ MONTHS

\$3

**PC[®] ORGANICS MINI
CEREAL BARS**
SELECTED VARIETIES, 160 G
20431341_EA/20431441001_EA

**LIMIT 6
OVER LIMIT PAY
3.50 EA**

12+ MONTHS

\$50

**ENFAMIL A+
NEUROPRO OR
GENTLEASE BABY
FORMULA
POWDER TUB**
SELECTED VARIETIES, 553/587 G
21589117_EA/21589230_EA

**LIMIT 4
OVER LIMIT PAY
54.99 EA**

\$38

**ENFAGROW
NUTRITIONAL
SUPPLEMENT MILK-
BASED POWDER**
SELECTED VARIETIES, 907 G
21694898_EA/21694972_EA

**LIMIT 4
OVER LIMIT PAY
42.99 EA**

\$70

**SIMILAC 360 TOTAL
CARE MILK-CARE
IRON-FORTIFIED
INFANT FORMULA
STEP 1 & 2**
SELECTED VARIETIES, 16X235 ML
21702863_C16/21702882_C16

**LIMIT 4
OVER LIMIT PAY
89.99 EA**

\$27

**HUGGIES PULL-UPS
CLUB PACK TRAINING
PANTS**
SELECTED VARIETIES, 28-74'S
21371199_EA/21371223_EA

**LIMIT 4
OVER LIMIT PAY
32.99 EA**

\$29

**PAMPERS SUPER BIG
PACK DIAPERS**
SIZE N-8, SELECTED VARIETIES
32-120'S
21370844_EA/21455660_EA

**LIMIT 4
OVER LIMIT PAY
34.99 EA**

\$35

**MILLIE MOON DIAPERS
ECONO PACKS**
SELECTED VARIETIES AND SIZES
21590508_EA/21590526_EA

**LIMIT 4
OVER LIMIT PAY
39.99 EA**

\$25

**HUGGIES 16X
BABY WIPES**
SELECTED VARIETIES, 960-1152'S
21083819_EA

**LIMIT 4
OVER LIMIT PAY
29.99 EA**

\$35

**PAMPERS ECONO
PACK DIAPERS**
SIZE N-8, SELECTED VARIETIES
58-200'S
21551586_EA/21692756_EA

**LIMIT 4
OVER LIMIT PAY
39.99 EA**

\$27

**NINJAMAS OR
HUGGIES GOODNITES
NIGHTTIME
UNDERWEAR**
SELECTED VARIETIES, 28-44'S
21021522_EA/21308932_EA

**LIMIT 4
OVER LIMIT PAY
31.99 EA**

**ALWAYS
LOW PRICE**

\$20

**PC[®] BABY
WIPES**
SELECTED VARIETIES
768/1200'S
21432245_EA

CLUB SIZE

**UPTO
20%
OFF**

**DOVE BABY, EUCERIN
AQUAPHOR, LIVE
CLEAN BABY NEEDS**
SELECTED VARIETIES AND SIZES
20800005_EA/21014652_EA

**UPTO
20%
OFF**

**SUDOCREM,
PENATEN, ZINCOFAX,
BABY BUTZ OR
VASELINE PETROLEUM
JELLY BABY NEEDS**
SELECTED VARIETIES AND SIZES
20184304001_EA/21609289_EA

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Use code
PASS

*/** Conditions apply, \$30 minimum order. Regular price \$99.99/year after your first year.

**Express[™]
Pass**



SHOP BEAUTY FOR LESS

\$8

LIMIT 4
OVER LIMIT PAY
8.99 EA

MONDAY HAIR CARE
SELECTED VARIETIES AND SIZES
21361177_EA/21503221_EA



\$9

LIMIT 4
OVER LIMIT PAY
12.99 EA

JOHN FRIEDA HAIR CARE
SELECTED VARIETIES AND SIZES
20310284001_EA/21230971_EA



\$12

LIMIT 4
OVER LIMIT PAY
14.50 EA

L'ORÉAL EXCELLENCE HAIR COLOUR OR ROOT COVER UP
SELECTED VARIETIES AND SIZES
20322657_EA/21572542_EA



\$8

LIMIT 4
OVER LIMIT PAY
8.99 EA

TRESEMMÉ HAIR CARE OR STYLING PRODUCTS
SELECTED VARIETIES AND SIZES,
198-311 G/168-828 ML
21501914_EA/21502136_EA



\$6

LIMIT 4
OVER LIMIT PAY
7.49 EA

DOVE HAIRCARE 355 ML OR STYLING PRODUCTS
115-273 ML
SELECTED VARIETIES AND SIZES
21644891_EA/21018398_EA



5.50

LIMIT 4
OVER LIMIT PAY
6.49 EA

GARNIER WHOLE BLENDS SHAMPOO OR CONDITIONER
SELECTED VARIETIES AND SIZES
370 ML
20941723_EA/20941824_EA



UP TO 20% OFF

SUN BUM SUNCARE PRODUCTS
SELECTED VARIETIES AND SIZES
21220460_EA



\$16

LIMIT 4
OVER LIMIT PAY
17.49 EA

COPPERTONE SUNCARE PRODUCTS
SELECTED VARIETIES AND SIZES
21718819_EA



\$8

LIMIT 4
OVER LIMIT PAY
10.49 EA

JERGENS 620 ML OR CUREL 480 ML LOTION
SELECTED VARIETIES
20854268_EA/20213025001_EA



\$6

LIMIT 4
OVER LIMIT PAY
7.49 EA

VASELINE HAND OR BODY LOTIONS
SELECTED VARIETIES AND SIZES
20539440003_EA/20539440006_EA



LOOK GOOD, FEEL GREAT, SPEND LESS.

\$5

LIMIT 6 OVER LIMIT PAY 7.49 EA

SOFTSOAP LIQUID HAND SOAP REFILL
SELECTED VARIETIES, 1.47 L
21715457_EA/21715576_EA

SOOTHING CLEAN
ALOE VERA FRESH SCENT
NETTOYAGE APAISANT
PARFUM FRAIS D'ALOË

REFILLS RECHARGE 6x

REFILL HAND SOAP
WASHES AWAY BACTERIA / ENLÈVE LES BACTÉRIES

USES 6X LESS PLASTIC

\$12

LIMIT 6 OVER LIMIT PAY 16.99 EA

OLAY SUPER SERUM BODY WASH
SELECTED VARIETIES, 591 ML
21706801_EA/21714221_EA

OLAY Super SÉRUM BODY WASH NETTOYANT POUR LE CORPS

5+ LUMINOUS SKIN / PEAU LUMINEUSE

3.50

LIMIT 6 OVER LIMIT PAY 4.29 EA

SPEED STICK PREMIUM DEODORANT
45/85 G OR SOFTSOAP LIQUID HAND SOAP 332 ML
SELECTED VARIETIES
20847071_EA/21644868_EA

SOFTSOAP Energized

SPEED STICK ALUMINUM FREE / SANS ALUMINIUM 24 HR Deodorant

OCEAN SURF[®] DEODORANT / DÉODOORISANT

\$9

LIMIT 6 OVER LIMIT PAY 11.49 EA

GILLETTE MACH3 OR VENUS DISPOSABLE RAZORS
SELECTED VARIETIES, 1-8'S
20179414001_EA/20984907_EA

Gillette Venus sensitive sensible

Gillette MACH3 DISPOSABLE RAZORS

+1 BONUS RAZOR! RASOIR EN PRIME!

UP TO 15% OFF

IRONKIDS CHILDREN'S 120-200'S, L'IL CRITTER'S, FIRST RESPONSE OR VITAFUSION VITAMINS OR SUPPLEMENTS
SELECTED VARIETIES AND SIZES
20380734_EA/20867280_EA

Vitafusion VITAMINE D₃ GUMMIES GÉLIFIÉS

IRONKIDS GUMMIES MULTI-VITAMINS For ACTIVE Kids

UP TO 15% OFF

ONE A DAY MULTIVITAMINS 60-130'S OR FLINTSTONE'S CHILDREN'S VITAMINS OR SUPPLEMENTS
60-180'S
SELECTED VARIETIES
21515316_EA/21515317_EA

ONE A DAY MEN 50+ Complete Multivitamin

ONE A DAY WOMEN Complete Multivitamin

UP TO 15% OFF

NEW NORDIC VITAMINS OR SUPPLEMENTS
SELECTED VARIETIES, 30-60'S
20308607004_EA/21707937_EA

Blue Berry Strong

Blue Berry Gummies

UP TO 15% OFF

PERFECT SPORTS SUPPLEMENTS
SELECTED VARIETIES AND SIZES
21068247_EA/21068329_EA

iPREP PRE-WORKOUT FUEL

DIESEL NEW ZEALAND WHEY PROTEIN

UP TO 15% OFF

FIRST RESPONSE, CLEARBLUE, OVRY PREGNANCY OR FERTILITY TEST
SELECTED VARIETIES, 1-20'S
20667489_EA/20059876_EA

Clearblue Pregnancy Test Combo Pack

First Response Pregnancy Test

GET 3,000⁰⁰ when you spend \$9* on

\$3 back in points

HALLS BAGS
SELECTED VARIETIES AND SIZES
20315680014_EA
20315680001_EA

HALLS VITAMIN C

HALLS RELIEF DOULGAGEMENT

GET 4,000⁰⁰ when you spend \$20* on

\$4 back in points

TYLENOL OR MOTRIN PAIN RELIEF PRODUCTS
SELECTED VARIETIES AND SIZES
20045631_EA/20300598001_EA

TYLENOL Extra Strength

MOTRIN LIQUID GELS

\$20

LIMIT 4 OVER LIMIT PAY 22.99 EA

ALWAYS DISCREET UNDERWEAR OR PADS
SELECTED VARIETIES AND SIZES
20814897_EA/21189917_EA

always discreet PADS FOR BLADDER LEAKS

GET 4,000⁰⁰ when you spend \$20* on

\$4 back in points

U BY KOTEX LINERS
80-129'S, PADS 24-44'S OR TAMPONS 30/32'S
SELECTED VARIETIES
21719540_EA/21719858_EA

Kotex BioCare

Kotex BAMBOO

CRACKER BARREL Signature
CRAFTED WITH PREMIUM INGREDIENTS

\$6.49
Cracker Barrel Signature Shredded Cheese 250 - 320 g
22290504_EA
Cheese slices 200 - 220 g
27538869_EA
22290680_EA

2/\$10
OR \$5.99 EA.
Black Diamond Natural Cheese Slices 220 - 240 g
22368874_EA
Combo 129 g
22288897_EA

\$11
Black Diamond Cheestrings 28 pk, 588 g
20765883_EA
Cheese Sticks 24 pk, 504 g
28674851_EA

\$7
Lactantia Butter Sticks, 454 g
21601669_EA/21601712_EA
Kraft Parmesan Shredded Cheese, 200 g
21529152_EA

\$6
Parkay Margarine 1.28 - 1.36 kg
20279976_EA
20056004_EA
Lactantia Margarine, 850 g
20249802_EA
2024947001_EA

PROUDLY MADE IN CANADA
DAIRY FARMERS

MADE BETTER to TASTE BETTER

NEW

2/\$8
OR \$4.99 EA.

TreStelle Cream Cheese

Original 21316018_EA
Lactose-Free 21002993_EA
Herbs & Spices 21177728_EA

Lactose-Free Garlic & Chives 21731137_EA

PASTA FOR EVERY OCCASION

Barilla
Oven Ready Lasagne & Jumbo Shells 255 - 410 g
21661875_EA
21703758_EA

Barilla
Premium Pasta 340 - 410 g
21593622_EA
21404912_EA

2/\$5
OR \$2.99 EA.

2/\$7
OR \$4 EA.

No Yolks
Noodles 340 g
21439301_EA

2/\$6
OR \$3.50 EA.

Catelli
Gluten Free 340 g
20704235_EA/20897811_EA

2/\$6
OR \$3.50 EA.

Catelli
Protein+ 340 g
21661872_EA
21661874_EA

2/\$6
OR \$3.50 EA.

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SANPELLEGRINO
FLAVOURED SPARKLING WATER

SAY CIAO! TO A NEW KIND OF FLAVOURED SPARKLING WATER

6.99

SanPellegrino CIAO! 6 x 330 ml, selected varieties 21719274_C06/21719294_C06

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Nestlé
Good Food. Good Life.

a scent-sational regimen

LIMIT 4 OVER LIMIT PAY 13.99 EA.
\$10
method women or men's hair care selected varieties and sizes 21647711_EA 21647739_EA

LIMIT 4 OVER LIMIT PAY 14.99 EA.
\$10
method body wash 502/828 mL 21590840_EA

LIMIT 4 OVER LIMIT PAY 5.99 EA.
\$4
method foaming hand wash 20432113011_EA

LIMIT 4 OVER LIMIT PAY 15.49 EA.
\$12
method deodorant 75 g 21640650_EA

YOU COULD WIN TICKETS TO THE FIFA World Cup 26™

Full rules and entry details at JoinTeamFresh.ca

*Terms and conditions apply.

\$4 LIMIT 6 OVER LIMIT PAY 5.79 EA.
AXE body spray 113 g, deodorant 76/85 g, body wash or hair care 473 mL selected varieties 21436066_EA/20216717001_EA

\$9 LIMIT 6 OVER LIMIT PAY 9.99 EA.
DOVE bodywash 591 mL, bar soap 6x106 g or deodorant spray 107 g selected varieties 21714010_EA/21713210_EA

\$14 LIMIT 6 OVER LIMIT PAY 15.99 EA.
DOVE oil serum body wash 452 mL, body scrub 425 g or whole body deodorant 68/113 g selected varieties 21714145_EA/21713251_EA

\$7 LIMIT 6 OVER LIMIT PAY 10.49 EA.
DOVE MEN+CARE body wash 532 mL and 2IN1 shampoo + conditioner 530 mL 21638489_EA/21703867_EA

CINEPLEX FREE MOVIE OFFER

WHEN YOU BUY ANY 3 PARTICIPATING PRODUCTS

Hostess Villaggio's Vachon Little Bites Mi Tierra

\$3 HOSTESS LIMITED EDITION MINI CUPCAKES SELECTED SIZES AND VARIETIES 21737892_EA/21737891_EA

\$3 HOSTESS SNACK CAKES SELECTED SIZES AND VARIETIES 21283752_EA

SCAN OR VISIT 2026MOVIEOFFER.CA FOR MORE DETAILS

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YOU COULD WIN A TRIP FOR 2 TO THE STANLEY CUP FINAL

\$25,000 IN TOTAL PRIZES





THE OFFICIAL HIGH PROTEIN YOGURT OF THE NHL





2/\$6
OR \$3.75 EA.

Oikos® Pro™ selected varieties
300 mL
21651846_EA

\$8⁷⁹

Oikos® Pro™ selected varieties
850 - 750 g
21305845_EA

3/\$12
OR \$4.99 EA.

Oikos® selected varieties
4 x 100 g
20419715004_EA

* No purchase necessary. Begins 03/23/26 at 12:00:01 AM ET & Ends 05/24/26 at 11:59:59 PM ET. Draw 05/25/26 at 2PM ET. One (1) Grand Prize: Trip for 2 to a 2026 Stanley Cup™ Final game (ARV \$9,000 CAD) and 920 Instant Win Prizes: a \$100 CAD Digital Prepaid Card (20 total), or a \$5 CAD Physical Danone Oikos™ Coupon (800 total). Mathematical skill-testing question required. Full contest rules: www.snacktowin.ca. Oikos® used under lic., © 2026, Danone US, LLC. All rights reserved. Oikos® Pro™ used under lic., © 2026, Danone US, LLC. All rights reserved. NHL, the NHL Shield, the word mark and image of the Stanley Cup and the Stanley Cup Final logo are registered trademarks of the National Hockey League. NHL and NHL team marks are the property of the NHL and its teams. © 2026 NHL. All Rights Reserved.

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ALL 8 PACKS NOW AVAILABLE IN SINGLE FLAVOURS!

10-HOUR BREW FOR A BOLD AND SMOOTH TASTE



2/\$10
OR \$6.29 EA.

Activia® selected varieties
8 x 100 g
21725748_EA

\$4

Activia® Expert selected varieties
4 x 100 g
21688261_EA

\$6⁵⁰

Activia® Expert selected varieties
750 g
21688207_EA

\$4⁹⁹

Activia® selected varieties
650 g
20325132003_EA



\$8⁵⁰

Stok® selected varieties
1.42 L
21203737_EA/21203739_EA

NEW LIMITED EDITION

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LIBERTÉ PROTEIN & TASTE



4⁵⁰

Liberté Méditerranée® or Liberté Greek® selected varieties
4 x 100 g
20801752003_EA
21685700_EA



4⁵⁰

Liberté Méditerranée® selected varieties
500 g
21473714_EA
21719797_EA



#1 MOST TRUSTED
by Canadians
2026

MADE IN CANADA

\$5

Yoplait® Source® tubs selected varieties
630 g
21391318001_EA



TAXES APPLICABLES
TRADEMARKS OF YOPLAIT MARQUES S.N.C. (FRANCE) USED UNDER LICENSE /
TRADEMARKS OF LIBERTÉ MARQUES S.N.C. USED UNDER LICENSE /
MADE IN CANADA FROM DOMESTIC AND IMPORTED INGREDIENTS

BURNBRAE
FARMS • FERMES

CANADA

Official Egg Partner of Canada Soccer

\$7
Naturegg Solar Free Range or Omega Plus Solar Free Range
12 Large Brown Eggs
21565855001_EA

\$5.50
Naturegg Nature's Best or Nestlaid
12 Large White Eggs
20816075001_EA

\$6
Naturegg Omega Plus
12 Large White Eggs
20815787001_EA

\$5.50
Naturegg Simply Egg Whites
500 g
20820355001_EA

\$6
Naturegg Omega 3 Nestlaid
12 Large White Eggs
21089384001_EA

EGGS GET GOALS™

Del Monte
Quality

Enjoy ready-to-eat goodness!

2.50
DEL MONTE Corn Medleys or Diced Beets selected varieties
398 mL
21238910_EA

\$3
DEL MONTE Canned Fruit selected varieties
398 mL
20296567007_EA

\$9
DEL MONTE Refrigerated Grapefruit or Peach cups
4 x 190 mL
21664309_EA

Made in Canada

YOU COULD **WIN** 1 OF 3 \$10,000 VIP TRIPS TO THE STANLEY CUP FINAL 2026 PLUS DAILY PRIZES OF GIFT CARDS & MORE!

FindAndWin.ca

\$23
SpongeTowels® Ultra 8=16 Rolls
21676150_EA
21677816_EA

\$21
Cashmere® 24=72 Rolls
21189845_EA
21443648_EA

\$14
Scotties® Ultra Soft or Ultra Soft with lotion Multipack of 4
21607310_EA
21607215_EA

FIND THE CUP & CLEAN UP

*NO PURCHASE NECESSARY. Open to legal age of majority residents of Canada. Contest starts March 1/26, ends May 15/26 (Purchase Period ends May 8/26). 79 prizes available: (i) 3 grand prizes of a 2026 Stanley Cup® Final VIP Experience (ARV \$10,000 CAD each); & (ii) 76 secondary prizes (number decreases as they are claimed), each consisting of SpongeTowels for a year (ARV \$600 CAD), Kruger Products value coupons, NHLShop.ca gift cards or retailer grocery gift cards (ARVs \$20 CAD to \$200 CAD). Odds of winning depend on number, timing & accuracy of entries. Skill-testing question required. Full Rules at findandwin.ca. ©2026 Kruger Products Inc. **SCOTTIES is a registered trademark of Kimberly-Clark Worldwide, Inc., used under licence. NHL, the NHL Shield, and the word mark and image of the Stanley Cup are registered trademarks and the 2026 Stanley Cup Final logo is a trademark of the National Hockey League. ©NHL 2026. All Rights Reserved.

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2/\$17 OR \$8.99 EA. **PepsiCo Beverages** selected varieties 12x355 mL
21731624_C12/20322361001_C12

2/\$10 OR \$5.49 EA. **PepsiCo Beverages** selected varieties 6x222 mL
21729888_C06/20857560004_C06

2/\$15 OR \$8.29 EA. **bubly™ sparkling water beverage** selected varieties 12x355 mL
21097177_C12/21651534_C12

2/\$14 OR \$8.29 EA. **MONTELLIER® Carbonated Natural Spring Water**, selected varieties 10x355 mL
21096709_C10/21096722_C10

NEW
2/\$4 OR \$2.49 EA. **Brisk® Iced Tea** selected varieties 710 mL
21093505_EA

7.99
Gatorade powder sticks selected varieties 10's
21603385_EA

ZERO
ZERO SUGAR • ZÉRO SUCRE
GLACIER FREEZE™ ICEBERG®
5 CALORIES/PACKET SACHET

Lysol

DON'T JUST CLEAN, DISINFECT

2/\$12 OR \$6.99 EA.

LYSOL DISINFECTANT SPRAY 350 G OR DISINFECTING WIPES 75-84'S OR ALL PURPOSE CLEANER 950 ML SELECTED VARIETIES
21667466_EA
21449819_EA

TENA

Trusted day & night leakage protection

\$17 EA.
Tena Underwear or Briefs, selected varieties and sizes
21033778_EA/20957897_EA

OVERNIGHT UNDERWEAR | CULOTTES
L/G OVERNIGHT DE NUIT
3x

ULTIMATE™ UNDERWEAR | CULOTTES
L/G ULTIMATE-EXTRA ULTIME-EXTRA
3x

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