

weekly deals

SAVE UP TO \$1

3⁵⁰



PC® OR BLUE MENU® ENTRÉES
SELECTED VARIETIES
FROZEN
212-365 G
20312253001_EA
20987543_EA



SAVE UP TO \$2

3⁵⁰



DR. OETKER RISTORANTE
PIZZA 288-390 G OR
CASA DI MAMA
PIZZA 395-410 G OR
PC® FLATBREAD
338-395 G OR
FOCACCIA 415-456 G
SELECTED VARIETIES
FROZEN
20296100001_EA
21013452_EA



\$3

KETTLE BRAND POTATO CHIPS
SELECTED VARIETIES
156/198 G
21520652_EA
21520692_EA



\$5

HEINZ KETCHUP
750 ML/1 L OR **KRAFT MIRACLE WHIP**
650/890 ML
SELECTED VARIETIES
20115102001_EA
20298681001_EA



\$4

BREYERS CREAMERY STYLE ICE CREAM 1.41 L OR
POPSICLE NOVELTIES 6-12'S
SELECTED VARIETIES
FROZEN
21651169_EA
20763171_EA



\$7



LIBERTÉ GREEK YOGURT
TUBS 650-750 G OR
PC® ORANGE JUICE 2.5 L
SELECTED VARIETIES
20642273_EA
21531644_EA



Members-Only Price™

\$4

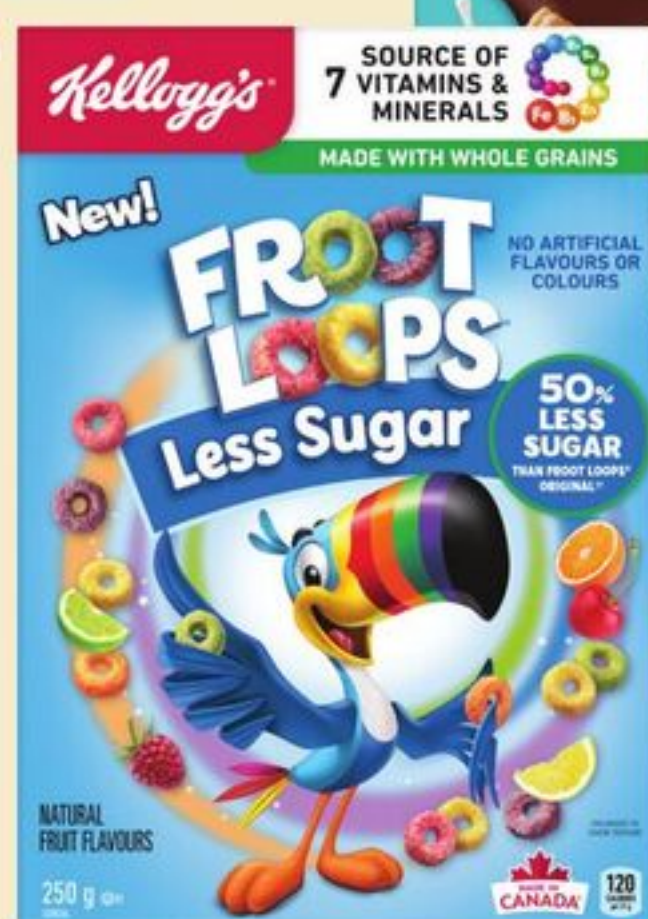
Non-members

5⁷⁹

Members save
\$1.79



KELLOGG'S CEREAL
SELECTED VARIETIES
210-355 G
21719087_EA
21719175_EA



\$15



KICKING HORSE COFFEE
SELECTED VARIETIES
454 G
20322468001_EA
20322468006_EA



SAVE \$1.98

WHEN YOU BUY 2

2/\$6

OR \$3.99 EA.

WONDER BREAD OR BUNS OR COUNTRY HARVEST BAGELS
SELECTED VARIETIES AND SIZES
20305674_EA
20520828_EA



Go Wherever The Crunch Takes You™

2.50 APP EXCLUSIVE OFFER
GET **2,000** back in points when you buy 3

LOADS OF ALL DRESSED PLEINES DE ASSAISONNÉE

PC® KETTLE COOKED OR LOADS OF™ OR THICK CUT OR WORLD OF FLAVOURS OR RIPPLED KETTLE COOKED POTATO CHIPS SELECTED VARIETIES 200 G

20840911004_EA/21422931_EA

*Open your PC Optimum™ app or visit pcoptimum.ca to get the offer

Independent
Your Independent Grocer

PROUDLY CANADIAN OWNED & OPERATED

SAVE 50%

\$3 LB

PORK LOIN COMBINATION CHOPS SIRLOIN AND RIB PORTION

BONE IN
6.61/KG
20822343_KG

SAVE 27%

6.88 LB

CHICKEN BREASTS OR THIGHS
BONELESS, SKINLESS, FAMILY SIZE
15.17/KG
20028450_KG
20162170_KG

HOT PRICE

13.99 LB

FRESH ATLANTIC SALMON FILLETS
SKIN-ON, FAMILY SIZE
30.84/KG
FRESH SEAFOOD ITEMS SUBJECT TO AVAILABILITY
21307992_KG

SAVE \$1

2.50

RASPBERRIES
PRODUCT OF MEXICO OR U.S.A.
HALF PINT
20128938001_EA

SAVE UP TO 33%

\$10

PC® BLACK TIGER SHRIMP 16-20/LB 400 G OR **MARINA DEL REY ARGENTINIAN SHRIMP** 300 G FROZEN

20801192_EA
20907159_EA

ZIPPERBACK RAW BLACK TIGER SHRIMP 16-20/CRUES 400 g (1 lb 3 oz)

HOT PRICE

\$6

PC® ORRI MANDARINS PRODUCT OF ISRAEL 2 LB

20907647001_EA

ORRI EASY TO PEEL MANDARIN MANDARINES FACILES À PÉLER

HOT PRICE

3.49

FARMER'S MARKET AVOCADO BAG PRODUCT OF MEXICO 6'S

21644936001_EA

AVOCADOS AVOCATS

SAVE \$2.50 APP EXCLUSIVE OFFER
GET **1,500** back in points \$1.50

\$5

BAKED-IN-STORE COOKIES SELECTED VARIETIES

18'S
21454952_EA
21455101_EA

PREPARED IN CANADA

HOT PRICE

\$4

BABYBEL 6'S OR THE LAUGHING COW 8'S SELECTED VARIETIES

20975582_EA
20319107_EA
20574332_EA

PREPARED IN CANADA

HOT PRICE

\$13

COLAVITA EXTRA VIRGIN OLIVE OIL SELECTED VARIETIES 750 ML / 1 L

20617955_EA
20591384001_EA

\$13

CLIF BAR ENERGY BARS SELECTED VARIETIES 680 G (10X68 G)

21664705_EA
21664748_EA

CRUNCHY PEANUT BUTTER BEURRE D'ARACHIDE CROQUANT

CHOCOLATE CHIP PÊTES DE CHOCOLAT

PKG OF 10

\$1 **LIMIT 12 AFTER LIMIT \$1.79 EA.**

COLGATE OR CREST TOOTH PASTE 50-125 ML OR **MANUAL TOOTHBRUSH** 1 EA. SELECTED VARIETIES

20975582_EA
20338731001_EA

Colgate Cavity Protection

Oral-B Cavity Defense

SAVE UP TO 59%

\$6

ROYALE BATHROOM TISSUE 12 DOUBLE ROLLS, **TIGER TOWEL PAPER TOWELS** 3=6 ROLLS OR **FACIAL TISSUE** 6'S SELECTED VARIETIES

21363770_EA/21484702_EA

Royale Tiger

Royale Velour

Flyer prices effective from Thursday, April 9th to Wednesday, April 15th, 2026. SEE BACK PAGE FOR DETAILS.

Optimum
Members-Only Price
\$15
Non-members
\$17

NATURSOURCE NUTS
SELECTED VARIETIES
500/550 G
21195937_EA
21196004_EA

Members save **\$2**

natur source
TAMARI ALMONDS
AMANDES TAMARI
SMOKEY & SAVOURY / FUMÉES ET SAVOUREUSES

natur source
OLIO D'OLIVA
PREMIER QUALITÉ
EXTRA VIRGIN ALMONDS-AMANDES DE PREMIER QUALITÉ

President's Choice

Efficient on grease, easy on your hands

Gentle formula for sensitive skin

250 GET **500**

PC® LIQUID DISH DETERGENT
SELECTED VARIETIES
637/738 ML / 1 L
21012490_EA / 21013091_EA

\$8

YOPLAIT SOURCE YOGURT CUPS
16X100 G OR **STOK COLD BREW COFFEE** 1.42 L
SELECTED VARIETIES
20317317001_EA
21203739_EA

\$5

BEN & JERRY'S 473 ML OR **TALENTI GELATO OR SORBETTO** 473 ML OR **MAGNUM BARS** 3/4'S
SELECTED VARIETIES
FROZEN
21720409_EA
21720449_EA

NEW

2/\$10 OR \$5.99 EA.

NO NAME® SHREDDED CHEESE
SELECTED VARIETIES
320 G
21082491_EA
21082795_EA

APP EXCLUSIVE OFFER
GET **3,000** back in points when you buy 2

\$3 back in points

PREPARED IN CANADA

*Open your PC Optimum™ app or visit pcoptimum.ca to get the offer

3⁵⁰

SNYDERS PRETZEL 240 G OR **NO NAME® PEANUTS** 500 G
SELECTED VARIETIES
20316052001_EA
20318062001_EA

1²⁵

NO NAME® CHUNK OR FLAKED LIGHT TUNA
SELECTED VARIETIES
170 G
20521647_EA
20521648_EA

SAVE \$1 WHEN YOU BUY 2

2/\$6 OR \$3.50 EA.

CATELLI GLUTEN-FREE PASTA
SELECTED VARIETIES
340 G
20704235_EA
20704241_EA

CATELLI
GLUTEN FREE
FUSILLI
PENNE RIGATE

3⁷⁵

CHRISTIE FUDGE-O 303 G, **OREO** 261-270 G OR **CHIPS AHOY!** 251-271 G **COOKIES**
SELECTED VARIETIES
21358407_EA
21361508_EA

\$25 GET **2,500** back in points

STARBUCKS GROUND 793/794 G OR **WHOLE BEAN** 907 G OR **K-CUPS** 24'S
SELECTED VARIETIES
21322965_EA
21397648_EA

STARBUCKS
CAFFE VERONA
PIKE PLACE ROAST

90¢

PURINA FANCY FEAST WET CAT FOOD 85 G OR **FRISKIES WET CAT FOOD** 156 G
SELECTED VARIETIES
20302296001_EA
20316703_EA

12⁹⁹

TIDY CATS LIGHTWEIGHT CAT LITTER
SELECTED VARIETIES
2.72 KG
21206496_EA

\$15

GAIN LAUNDRY DETERGENT 4.25 L, **PODS OR FLINGS** 42'S, **DOWNY FABRIC SOFTENER** 1.92-3.29 L, **BOUNCE SHEETS** 240'S OR **DOWNY OR GAIN BEADS** 453-550 G OR **CASCADE TUBS** 30/39/48'S OR **FINISH TUBS** 30-55'S
SELECTED VARIETIES
21671135_EA
21549944_EA

24⁹⁹ GET **2,000** back in points

PC® CLUB SIZE SUPER ABSORBENT PAPER TOWELS
12'S
21558605_EA

PREPARED IN CANADA

3/\$12 OR \$4.50 EA.

NO NAME® COW MANURE COMPOST
12.5 KG
21349331_EA

PRODUCT OF CANADA

4/\$13 OR \$3.50 EA.

PC® BLACK EARTH SOIL
25 L
21357792_EA

PRODUCT OF CANADA

\$11 **PRODUCT OF CANADA**

PC® FLOWER AND GARDEN BED SOIL 50 L OR **NO NAME® ALL PURPOSE SOIL** 50 L
21363856_EA
21358664_EA

1⁹⁹ - 5⁹⁹

BURPEE OR MCKENZIE SEEDS
SELECTED VARIETIES
EACH
20752992_EA
20752876_EA

Disney · PIXAR

FREE STICKER PACK FOR EVERY \$25 SPENT*

\$5 UNIQUE ALBUM

ANIMAL FRIENDS STICKER

COLLECT AND DISCOVER INTERESTING ANIMAL FACTS

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Independent CUSTOMER RELATIONS 1-800-296-2332. VISIT yourindependentgrocer.ca FOR STORE HOURS.

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WB WW WY BACK



freshness you can taste

FRESH PROMISE

If it's not fresh, it's free.*
 *Fresh Promise: Applicable to eligible fresh produce items purchased at Your Independent Grocer store locations or online at yourindependentgrocer.ca. If you are not completely satisfied with your eligible fresh produce item, we will replace it with an identical item, or in our discretion, a comparable item and provide you with a refund of the purchase price upon presentation of the item and your original receipt within 7 days of purchase at the Your Independent Grocer store where purchase originated. The fresh promise may not be combined with any other offer. We reserve the right to cancel or change the terms of this guarantee at any time without notice.

\$5

FARMER'S MARKET™ ENGLISH CUCUMBERS
 3'S PRODUCT OF WESTERN PROVINCES OR CANTALOUPE EACH
 PRODUCT OF GUATEMALA, HONDURAS OR BRAZIL
 20828461001_EA
 20167017001_EA

PRODUCT OF CANADA

3.99 **EXTRA LARGE**
 LB

PC® EXTRA LARGE GREEN SEEDLESS GRAPES PRODUCT OF SOUTH AFRICA, CHILE OR MEXICO, NO. 1 GRADE OR
PC® EXTRA LARGE RED SEEDLESS GRAPES PRODUCT OF SOUTH AFRICA OR CHILE, NO. 1 GRADE
 8.80/KG
 20425775001_KG
 20159199001_KG

SWEET CELEBRATION
AUTUMN CRISP

\$7

APP EXCLUSIVE OFFER
 GET **2,000** back in points
\$2 back in points

PC® GREENHOUSE GROWN STRAWBERRIES
 340 G, PRODUCT OF CANADA, NO. 1 GRADE OR
PC® SWEET KAROLINE BLACKBERRIES PINT
 PRODUCT OF MEXICO
 21027142001_EA
 21378078001_EA

PRODUCT OF CANADA

*Open your PC Optimum™ app or visit pcoptimum.ca to get the offer

\$4

PC® LIVE LETTUCE
 RED, GREEN OR TRIO
 PRODUCT OF CANADA
 EACH
 212124591_EA
 217885501_EA

PRODUCT OF CANADA

\$2

RED MANGO
 PRODUCT OF MEXICO
 EACH
 20059635001_EA

2.49
 LB

BARTLETT PEARS
 PRODUCT OF ARGENTINA, EXTRA FANCY GRADE OR
AMBROSIA APPLES
 PRODUCT OF CANADA, CANADA FANCY GRADE OR
ROYAL GALA APPLES
 PRODUCT OF U.S.A., US EXTRA FANCY GRADE
 20172240001_KG
 20083526001_KG

\$5

LITTLE POTATO COMPANY ASSORTED POTATO KITS
 PRODUCT OF CANADA, CANADA NO. 1 GRADE
 454 G
 21391616_EA
 21397958_EA

GET 1,000 back in points
\$1 back in points

ELITO POTATO CO.
 NATURAL GARLIC & HERB POTATO PRODUCE
 200g

PRODUCT OF CANADA

1.29

GARLIC
 PRODUCT OF CHINA
 5'S
 21735719001_EA

\$7

CORED PINEAPPLE
 PREPARED IN-STORE
 EACH
 21016085_EA

\$35

PREMIUM GIFT BOUQUET
 EACH
 21436381_EA

\$10

8 STEM TULIPS
 ASSORTED COLOURS
 21637907_EA

\$18

CUT KALANGHOE BUNCH
 ASSORTED COLOURS
 21538590_EA

SAVE \$1.98
\$13 LB

SIRLOIN TIP OVEN ROAST
 CUT FROM CANADA AA OR USDA SELECT GRADE BEEF OR HIGHER
 28166/KG
 20825943_KG

feeling protein power-fuel

\$8 **PREPARED IN-STORE**

BEEF STIR FRY STRIPS
 CUT FROM CANADA AA GRADE BEEF OR HIGHER
 250 G
 21588067_EA

\$15 **AIR CHILLED**

PC® WHOLE CHICKEN
 AIR CHILLED UP TO 1.7 KG
 21666198_EA

SAVE 50¢

7.50

PC® PORK SAUSAGE
 SELECTED VARIETIES
 375/500 G
 21584308_EA
 21584342_EA

PREPARED IN CANADA

\$11

PREPARED IN CANADA

MAPLE LEAF NATURAL SMOKED HAM
 SELECTED VARIETIES
 600 G
 21094853_EA
 21094883_EA

Natural Smoked Ham Jambon fumé naturel
 Original
 400g

\$13

JANES

JANES CRISPY TENDERS
 SELECTED VARIETIES, FROZEN
 710 G
 21703584_EA
 21703608_EA

RESTAURANT SPICY CRISPY TENDERS
 with CREAMY DILL SAUCE

RESTAURANT CRISPY TENDERS
 with SMOKEY BBQ SAUCE

find your catch in seafood

SAVE \$1.49

\$5

SEAQUEST® CRAB FLAVOURED ALASKA POLLOCK
 SELECTED VARIETIES
 READY TO EAT
 454 G
 20591952_EA
 20591951_EA

Crab Flavoured
 à la saveur de crabe

SAVE UP TO \$1.99

\$11

PC® SMOKED SALMON
 SELECTED VARIETIES, FROZEN
 125/150 G
 20055009_EA
 21404587_EA

OAK-SMOKED FUMÉ AU BOIS DE CHÊNE

SMOKED WILD SOCKEYE SALMON SAUMON SOCKEYE SAUVAGE FUMÉ

\$7

SeaQuest

SEAQUEST® PACIFIC WHITE COLOSSAL SHRIMP 16-20/LB
 300 G OR
BAY SCALLOPS 400 G
 FROZEN
 21043887_EA
 21558527_EA

Frozen Bay Scallops
 Pétoncles de baie congelés

bakery deals rising daily

\$4 **BAKED IN-STORE**

MARBLE RYE BREAD
374 G
21682980_EA



1.50 **BAKED IN-STORE**

BAGUETTE
WHITE OR WHEAT
255 G
21529211_EA



\$4 **BAKED IN-STORE**

MINI CROISSANTS
10'S SELECTED VARIETIES OR
CINNAMON RAISIN BREAD 468 G
20729432_EA
21466316_EA



\$6

PREPARED IN CANADA

PC® MINI MUFFINS
SELECTED VARIETIES
12'S
21488939_EA
21488913_EA



\$6

PREPARED IN CANADA

FARMER'S MARKET™
LOAF CAKES, WHOLE OR SLICED OR SIMPLE JOY SLICED LOAF CAKES
SELECTED VARIETIES
344-400 G
20565382_EA
21488954_EA



2/\$7
OR \$4 EA.

MARIE MORIN SINGLE SERVE DESSERT, LAROCCA CAKE SLICES OR CHARLOTTE'S PARFAITS
SELECTED VARIETIES
85-180 G
21165251_EA
21496255_EA
21617537_EA



2.50

PREPARED IN CANADA

NO NAME® BAGELS 6'S OR FURLANI GARLIC BREAD FROZEN 284 G
SELECTED VARIETIES
20585460_EA
21297778_EA



3.50

GET 500th

HOSTESS SNACK CAKES
SELECTED VARIETIES
202-231 G
21283746_EA
21283752_EA



\$7

PROMISE GLUTEN-FREE LOAVES, PITAS OR SANDWICH ROLLS
SELECTED VARIETIES
248-480 G
21414753_EA
21689193_EA



SAVE \$1.49

\$7

PREPARED IN CANADA

PC® DELI CHEDDAR BLOCK
SELECTED VARIETIES
250 G
20770652_EA
20770656_EA



in the mood for deli-cious

\$7

PREPARED IN CANADA

PC® GOAT OR GOAT FETA CRUMBLES
SELECTED VARIETIES
165/175 G
20862068_EA
20897342_EA



Optimum
Members-Only Price™
\$7
Non-members
\$8

MAPLE LEAF NATURAL SELECTIONS OR SCHNEIDER'S DELI SLICED MEATS
SELECTED VARIETIES
150-175 G
20065285_EA
20066495_EA



\$12

ROMA SLICED MILD OR HOT PEPPERONI
900 G
21217405_EA
21217461_EA



2/\$7
OR \$4 EA.

PREPARED IN CANADA

PC® TOPPED HUMMUS 280 G OR NAAN CRISPS 170 G
SELECTED VARIETIES
20811384_EA
21683470_EA



\$7

PC® GUACAMOLE
SELECTED VARIETIES
425 G
21448106_EA
21448102_EA



on the run, we got you

\$8

PREPARED IN-STORE

ORIGINAL, CORRONATION OR TARRAGON CHICKEN SALAD
400 G
21734650_EA
21734661_EA



SAVE 99¢

\$8

PREPARED IN CANADA

FROM OUR CHEFS™ SOUP
SELECTED VARIETIES
700 ML
21703369_EA
21703358_EA



\$16

9 PIECE CHICKEN STRIPS
HOT OR CHILLED
700 G
20992187_EA
20991197_EA



daily deals

MONDAY
Chicken Dinner

\$15

ROTISSERIE CHICKEN DINNER COMBO FOR 2
900 G - 1 KG
PAIRED WITH TWO SMALL SIDES OF YOUR CHOICE 134-454 G
PREPARED IN-STORE
21086336_EA



TUESDAY
Tender Tuesday

\$12

PREPARED IN CANADA

9-PIECE CHICKEN STRIPS
HOT OR CHILLED
870 G
21336699_EA
21336518_EA



WEDNESDAY
Hump Day Special

2/\$14

OR \$9 EA.
ANY TWO INDIVIDUAL CHICKEN COMBOS WITH ONE SMALL SIDE EACH
361-530 G
21022536_EA/20697881_EA



THURSDAY
Quick Grabs

3/\$14

PREPARED IN CANADA

OR \$6-7 EA.
ANY THREE IN-STORE PREPARED SINGLE SERVE SOFTY, WRAPS OR SUB SANDWICHES
180-299 G
20166224_EA
21623676_EA



FRIDAY
Pizza Party

2/\$15

PREPARED IN CANADA

OR \$9-10 EA.
ANY TWO IN-STORE PREPARED 12" TAKE AND BAKE PIZZA
SELECTED VARIETIES
21456415_EA
21456401_EA



Disney · PIXAR
FREE STICKER PACK
 FOR EVERY \$25 SPENT*
\$5
 UNIQUE ALBUM

*WHILE SUPPLIES LAST FROM APRIL 9TH UNTIL MAY 6TH, 2026. EXCLUSIONS APPLY. VISIT WWW.LOBLAWUNIVERSE.CA OR IN-STORE FOR EXCLUSIONS AND COMPLETE OFFER DETAILS.

SPEND \$10* ON
 SELECT CHEERIOS, OATMEAL CRISP,
 NATURE VALLEY, OLD EL PASO,
 PILLSBURY OR ANNIE'S PRODUCTS
 AND GET ONE BONUS STICKER PACK
 21104047_EA/21667577_EA

SPEND \$12* ON ANY
 COCA-COLA, CANADA DRY 12X355 ML
 SELECTED VARIETIES
 AND GET ONE BONUS STICKER PACK
 20318694002_C12

SPEND \$15* ON
 SELECT BLACK DIAMOND, KRAFT PARMESAN,
 IOGO, ASTRO OR LACTANTIA PRODUCTS
 AND GET ONE BONUS STICKER PACK
 21694605_EA/21290384_EA/20763661_EA/20165226001_EA

SPEND \$15* ON
 SELECT CHRISTIE CRACKERS,
 CHRISTIE COOKIES, CADBURY,
 HALLS OR CLIF ENERGY BARS
 AND GET ONE BONUS STICKER PACK
 21358407_EA/21361508_EA/21547034_EA/21030647_EA

SPEND \$10* ON
 SELECT NESCAFÉ, STARBUCKS COFFEE OR
 MAISON PERRIER BEVERAGE PRODUCTS
 AND GET ONE BONUS STICKER PACK
 20548682004_EA/20873036_EA/21576465_C08

SPEND \$10* ON
 SELECT PC® OR NO® NAME CHIPS,
 POPCORN OR PRETZELS
 AND GET ONE BONUS STICKER PACK
 21302821_EA/21302823_EA

SPEND \$9* ON
 SELECT MILK 2 GO OR ARMSTRONG
 PROTEIN STICKS
 AND GET ONE BONUS STICKER PACK
 21537885_EA/21694973_EA

SPEND \$10* ON
 SELECT PC® BLUE MENU® PRODUCTS
 AND GET ONE BONUS STICKER PACK
 20668034002_C01/20668034001_C01

Disney · PIXAR
FREE STICKER PACK
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 UNIQUE ALBUM

Disney PIXAR
ANIMAL FRIENDS STICKER
 COLLECT AND DISCOVER INTERESTING ANIMAL FACTS

©Disney/Pixar

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SAVE 98¢
 WHEN YOU BUY 2

2/\$5

OR \$2.99 EA.

POWERADE SPORTS DRINK OR ZERO SUGAR SPORTS DRINK
 SELECTED VARIETIES

710 ML
 20853883_EA
 21240145_EA

SAVE \$2.58
 WHEN YOU BUY 2

2/\$9

OR \$5.79 EA.

GENERAL MILLS CEREAL
 SELECTED VARIETIES

300-437 G
 21104058_EA
 21715929_EA

lower sugar Honey Nut Cheerios
 Naturally Flavored

Gluten Free Sans gluten

NO artificial flavors
 NO artificial colors
 SANS saveur artificiel
 SANS couleur artificiel

4²⁵

CHRISTIE RITZ 162-304 G, TRISCUIT 200 G OR WHEAT THINS 180 G CRACKERS
 SELECTED VARIETIES

21030647_EA
 21547034_EA

triscuit ORIGINAL
 BAKED WITH WHOLE GRAIN WHEAT
 MADE WITH SEA SALT

RITZ original

\$6

KRAFT SINGLES OR VELVEETA CHEESE SLICES
 SELECTED VARIETIES

410 G
 21189288_EA
 21189654_EA

Velveeta slices • tranches

No Artificial Flavors or Colors | Sans saveur ni couleur artificielles

Singles Original Cheddar Original

No Artificial Flavors or Colors | Sans saveur ni couleur artificielles

SAVE UP TO 36%

3⁵⁰

DR. OETKER RISTORANTE PIZZA OR CASA DI MAMA PIZZA
 SELECTED VARIETIES

288-390 G
 395-410 G
 FROZEN
 20296100001_EA
 20296424006_EA

Casa di Mama PEPPERONI

Ristorante PIZZA SPINACI

SAVE \$1.49

\$5

MILK 2GO MILK
 SELECTED VARIETIES

6X200 ML
 21065263_EA
 21537485_EA

MILK 2GO

NO ARTIFICIAL FLAVORS OR COLORS • NO FLAVORING
 NO ARTIFICIAL PRESERVATIVES • NO SUGAR ADDED

Crouton for smoothies

Crouton for smoothies

7⁴⁹

BLACK DIAMOND CHEESTRINGS 16'S 336 G OR CRACKER BARREL CHEESE BARS 400 G OR SHREDDED CHEESE 320 G
 SELECTED VARIETIES

20763661_EA
 21290384_EA

CHEESTRINGS FICELO
 100% REAL CHEESE VRAI FROMAGE

CRACKER BARREL MARBLE MARBLE

\$2

CAMPBELL'S READY TO SERVE SOUP
 SELECTED VARIETIES

515 ML
 21480539_EA
 21479030_EA

Italian Wedding

Classic Chicken Noodle

12⁹⁹

STARBUCKS NESPRESSO VERTUO CAPSULES
 SELECTED VARIETIES

8'S
 21398301_EA
 21545115_EA

NEW! NOUVEAU!

STARBUCKS SMOOTH CARAMEL
 FLAVOURED COFFEE

CAFE AROMATISE
 CARAMEL ONCTUEUX

210 ml / 7.1 FL OZ COFFEE / CAFE

FLAVOURED GROUND COFFEE

8 CAPSULES IN PACKAGING

CAFE MOULU AROMATISE 100 g

\$20

ROYALE BATHROOM TISSUE 30-60 ROLLS OR TIGER TOWELS 6-12 ROLLS
 SELECTED VARIETIES

21378233_EA
 21484732_EA

ROYALE

Tiger towel

SAVE \$1
 WHEN YOU BUY 2

2/\$6

OR \$3.50 EA.

CATELLI PROTEIN PASTA
 SELECTED VARIETIES

340 G
 21661872_EA
 21661873_EA

CATELLI PROTEIN+

ELBOWS / COUDES

PROTEIN+

SAVE UP TO \$1.48
 WHEN YOU BUY 2

2/9⁵⁰

OR \$5.49 EA.

CAVENDISH FARMS FRIES, CHIPS OR ONION RINGS
 SELECTED VARIETIES

FROZEN
 400-750 G
 21685114_EA
 21685224_EA

Quick CRISP

Flavour CRISP
 CLASSIC CLASSIQUE

CRISPY CRISPY CROUSTILLANTES

NEW! NOUVEAU!

650 g / 23.0 oz

APRIL

HIT OF THE MONTH



LECLERC GO PURE FRUIT & OAT OR OATMEAL BARS

SELECTED VARIETIES
140/175 G
21221434_EA
21507858_EA



PLANTERS CASHEWS

SELECTED VARIETIES
200 G
21021617_EA
21021618_EA



HARVEST CREEK HALAL CHICKEN WIENERS OR BUTCHER'S SELECTION STAMPEDE HOTDOG ORIGINAL

SELECTED VARIETIES
900 G
21307061_EA
21309103_EA

See in-store for retails.

**LOWEST PRICES
BEST DEALS**

As compared to other major grocery retailers within your local areas.
* Must be a registered PC Optimum™ member to get this offer.
Valid from April 1 - 30, 2026. While quantities last. See in-store for details.

no name®



made without

synthetic colours* • artificial flavours • hydrogenated oils • artificial sweeteners • brominated vegetable oil
sugar alcohols • bha, bht, tbhq • polydextrose • monosodium glutamate** • azodicarbonamide (ada)

*as defined in Canadian regulations **except those naturally occurring

\$8 **PREPARED IN CANADA** **500 G**



NO NAME® BACON
SELECTED VARIETIES
500 G
20156771_EA
20174909_EA

\$14 **PREPARED IN CANADA**



NO NAME® CHICKEN WINGS
SELECTED VARIETIES
FROZEN
908 G
21045309_EA
21045311_EA

\$6



NO NAME® LONG GRAIN WHITE RICE
2 KG
20069589_EA

\$6



NO NAME® NATURALLY IMPERFECT™ TOMATOES
PRODUCT OF MEXICO
2.5 LB
21606704001_EA

\$4



NO NAME® NATURALLY IMPERFECT™ LIMES
PRODUCT OF MEXICO
680 G
21673921001_EA

\$3.50 **PRODUCT OF CANADA** **5 LB**



NO NAME® NATURALLY IMPERFECT SMALL RUSSET POTATO
PRODUCT OF CANADA, NO. 2 GRADE
5 LB
20867058001_EA

\$3



NO NAME® COATING MIX
SELECTED VARIETIES
142-162 G
21122657_EA
21122663_EA

2/\$3
OR \$1.79 EA.



NO NAME® MUSHROOMS
SELECTED VARIETIES
284 ML
20097492_EA
20299211_EA

\$3



NO NAME® NATURALLY IMPERFECT™ FRUIT
SELECTED VARIETIES
FROZEN
300/400 G
21545106_EA
21545092_EA

1.50



NO NAME® VEGETABLES
SELECTED VARIETIES
341/398 ML
2032668_EA
20317706_EA

2/\$6
OR \$3.49 EA.



NO NAME® SALAD DRESSINGS OR CROUTONS
475 ML OR 145 G
SELECTED VARIETIES
20628489001_EA
21096223_EA

1.50



NO NAME® BAKED BEANS
SELECTED VARIETIES
398 ML
20314839001_EA
20314839003_EA

1.50



NO NAME® BREADSTICKS CRACKERS OR PRETZELS WITH CHEESE
SELECTED VARIETIES
3X28/3X29 G
20889881_EA
20889882_EA

SAVE \$1.48 WHEN YOU BUY 2



2/7.50 **PREPARED IN CANADA**
OR \$4.49 EA.

NO NAME® CREAM CHEESE
SELECTED VARIETIES
227/250 G
20308105001_EA
20308105002_EA

\$3



NO NAME® VEGETABLES
SELECTED VARIETIES
FROZEN
20306375_EA
20312260_EA

SAVE 50¢



\$3

NO NAME® SALSA
SELECTED VARIETIES
430 ML
2008698001_EA
2008698002_EA

\$3.50



NO NAME® SPICES
SELECTED VARIETIES
15-250 G
20617758_EA
20618677_EA

\$6



NO NAME® WHOLE WHEAT OR ALL-PURPOSE FLOUR
SELECTED VARIETIES
5 KG
20618800_EA
20650915_EA

\$3



NO NAME® TABLE SYRUP 750 ML OR PANCAKE MIX 905 G
SELECTED VARIETIES
20306030_EA
20322949_EA

\$3



NO NAME® 100% WHOLE GRAIN OATS
SELECTED VARIETIES
1 KG
20923828_EA
20923994_EA

SAVE \$1.48 WHEN YOU BUY 2



2/3.50
OR \$2.49 EA.

NO NAME® CHOCOLATE BARS
SELECTED VARIETIES
100 G
20580726_EA
20580727_EA

your one-stop grocery shop

DIGITAL COUPONS

UP TO

\$50

IN TOTAL VALUE

More offers. More points.

CLICK FOR THESE COUPONS AND MORE

SAVE \$2.37
WHEN YOU BUY 3

3/\$9

OR \$3.79 EA.
JAMIE OLIVER RICE
SELECTED VARIETIES
250 G
21700828_EA
21701061_EA



\$5

KUHNE SAUERKRAUT 796 ML OR MEZZETTA JALAPEÑO PEPPERS 375 ML
SELECTED VARIETIES
20068748_EA
20884927_EA



4.50

ANGIE'S BOOM CHICKA POP POPCORN
SELECTED VARIETIES
136-198 G
20770751_EA
20811709_EA



\$3

BULL'S-EYE BBQ SAUCE 425 ML OR DIANA SAUCE 500 ML
SELECTED VARIETIES
20547834005_EA
21184617_EA



SAVE 98¢
WHEN YOU BUY 2

2/\$5

OR \$2.99 EA.
KRAFT MACARONI AND CHEESE DINNER
SELECTED VARIETIES
175 G
21549555_EA
21549589_EA



SAVE \$1.98
WHEN YOU BUY 2

2/\$6

OR \$3.99 EA.
CADBURY CARAMEL OR DAIRY MILK CHOCOLATE BARS
SELECTED VARIETIES
80-100 G
21648572_EA
21648701_EA



SAVE \$1.08
WHEN YOU BUY 2

2/2.50

OR \$1.79 EA.
NESTLÉ COFFEE CRISP, KITKAT, AERO, ROLO OR SMARTIES
SELECTED VARIETIES
42-52 G
20019964_EA
20066934_EA



SAVE \$2.98
WHEN YOU BUY 2

2/\$5

OR \$3.99 EA.
TWIZZLERS LICORICE OR TWISTS 311-434 G OR JOLLY RANCHER CANDY ROPES 283 G
SELECTED VARIETIES
20022328004_EA
216898233_EA



\$5

HUNGRY-MAN ENTRÉES 360-455 G OR HEALTHY CHOICE STEAMERS 255-298 G
SELECTED VARIETIES
FROZEN
20296014004_EA
20318616005_EA



\$12

PC® FISH
SELECTED VARIETIES
FROZEN
500-680 G
21637039_EA
21637091_EA



SAVE \$3.98
WHEN YOU BUY 2

2/\$14

OR \$8.99 EA.
PILLSBURY PIZZA BITES 693 G OR PIZZA POPS 8'S, 760 G
SELECTED VARIETIES
FROZEN
20972958_EA
21435931_EA



SAVE \$2.08
WHEN YOU BUY 2

2/11.50

OR \$6.79 EA.
PC® OR PC® BLUE MENU® SPARKLING WATER
SELECTED VARIETIES
12X355 ML
20668034001_C01
20668034002_C01 ON
SPARKLING WATER



5.50

NESTLÉ CONFECTIONERY FROZEN DESSERT 1.5 L OR DRUMSTICK 4'S OR NOVELTIES 4/10'S
SELECTED VARIETIES
FROZEN
20322380001_EA
20324757003_EA



3.50

KELLOGG'S EGGO WAFFLES 8'S OR THICK & FLUFFY WAFFLES 6'S
SELECTED VARIETIES
FROZEN
20302779_EA
20323436001_EA



\$9

PC® DE-ALCOHOLIZED BEER
SELECTED VARIETIES
12X355 ML
20121729_C12
20325253_C12



\$15

COTTONELLE FRESH CARE FLUSHABLE WET WIPES 168'S OR ULTRA CLEAN OR ULTRA COMFORT TOILET PAPER
12 MEGA ROLLS
SELECTED VARIETIES
21477027_EA
21665993_EA



\$21

PUREX BATHROOM TISSUE
SELECTED VARIETIES
24=72 ROLLS
21189854_EA
21443672_EA



crush fresh cravings

**SAVE
\$1.01**

8⁹⁹

**FARMER'S MARKET™
RED ONIONS**
PRODUCT OF MEXICO,
U.S.A. OR CANADA,
NO. 1 GRADE
10 LB BAG
20171965001_EA



10 LB

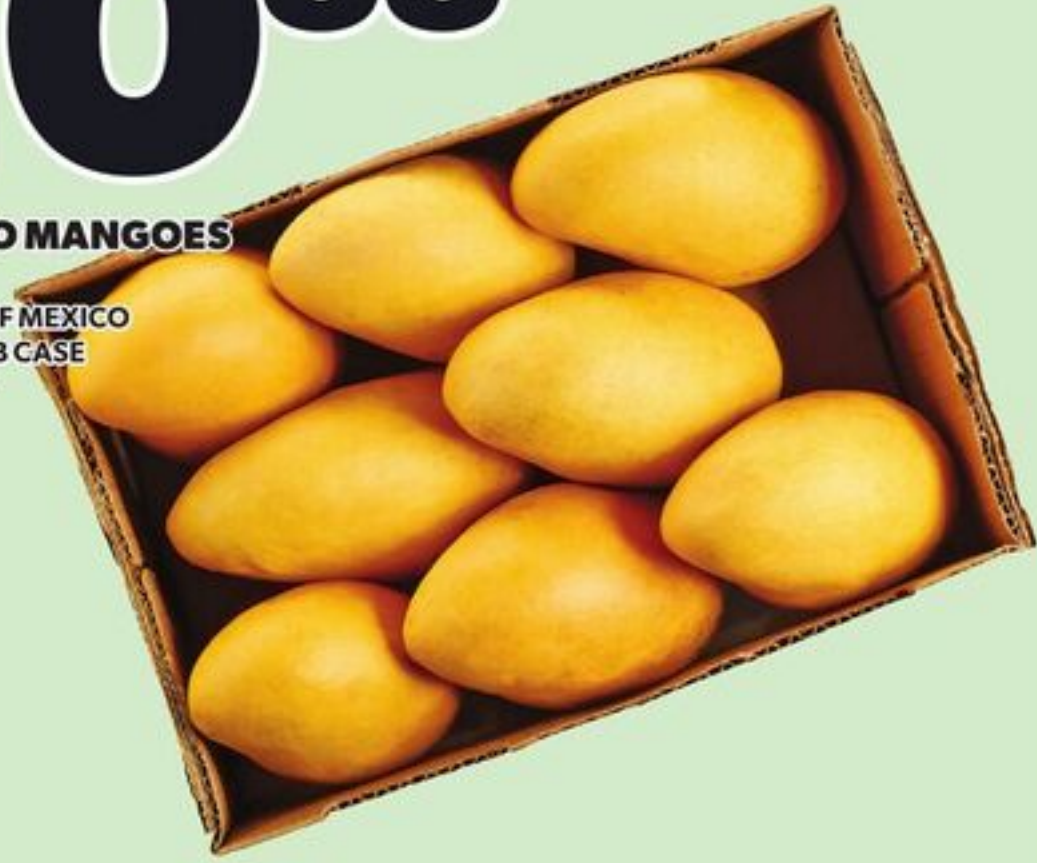
3⁹⁷

**TAYLOR FARMS
CHOPPED
SALAD KITS**
PRODUCT OF U.S.A.
SELECTED VARIETIES
267-383 G
21335159_EA
21335140_EA



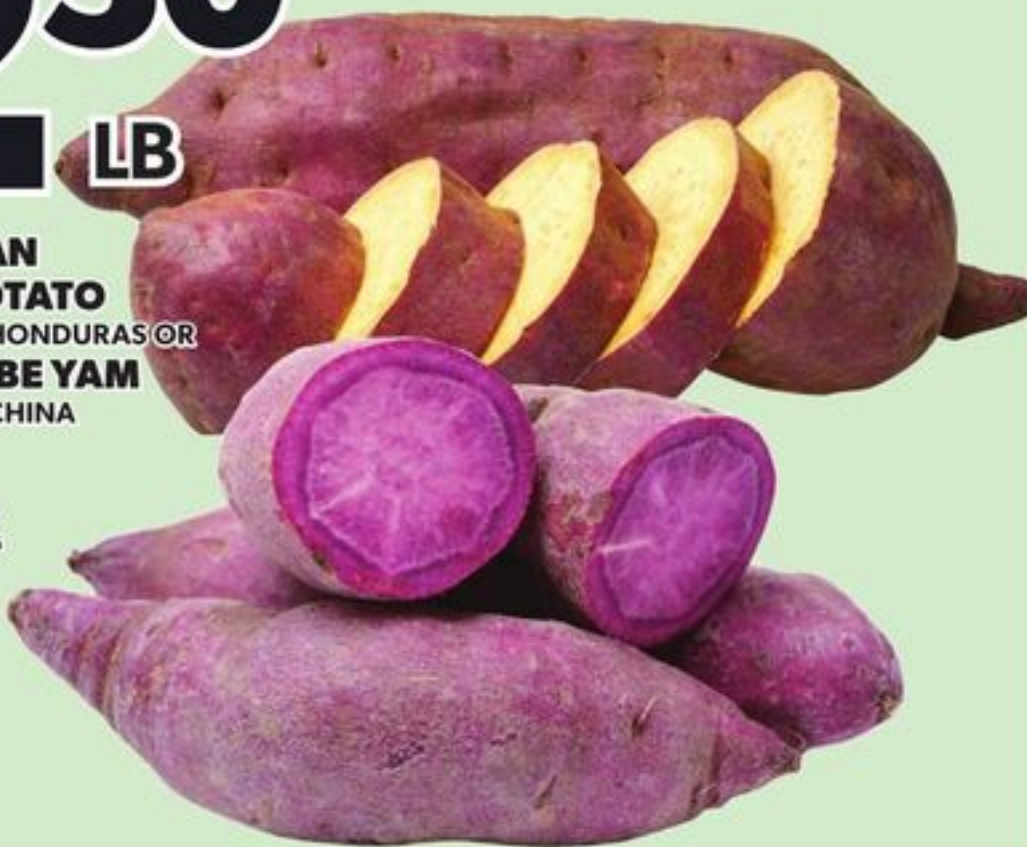
10⁸⁸

**ATAULFO MANGOES
CASE**
PRODUCT OF MEXICO
APPROX 5 LB CASE
21047848_EA



**2⁵⁰
LB**

**CARIBBEAN
SWEET POTATO**
PRODUCT OF HONDURAS OR
PURPLE UBE YAM
PRODUCT OF CHINA
OR CANADA
5.51/KG
20169868001_KG
20849858001_KG



**\$3⁰⁰
LB**

**GAI LAN - CHINESE
BROCCOLI**
PRODUCT OF MEXICO
6.61/KG
20003604001_KG



**1⁴⁸
LB**

**TAIWANESE FLAT
CABBAGE**
PRODUCT OF MEXICO
OR CHINA
3.26/KG
20020863001_KG



live well, spend less

\$5.50

LIMIT 6
AFTER LIMIT
5.99 EA.

**IRISH SPRING
BAR SOAP** 6X104 G,
BODY WASH 591 ML OR
SOFT SOAP
BODY WASH 591 ML
SELECTED VARIETIES
21219375_EA/21436477_EA



SAVE UP TO

20%

**OLD SPICE
BODY WASH**
473-987 ML OR
BAR SOAP
141 G OR 4/12X90 G
SELECTED VARIETIES
21238553_EA
21238557_EA



\$10

LIMIT 6
AFTER LIMIT
11.99 EA.

**DOVE BAR
SOAP** 6X106 G OR
BODY WASH
591-710 ML
SELECTED VARIETIES
21221317_EA
21638561_EA



\$2

LIMIT 6
AFTER LIMIT
2.49 EA.

**SPEED STICK BASE
ANTIPERSPIRANT**
45/70 G OR **SOFTSOAP**
**LIQUID HAND
SOAP PUMP** 221 ML
SELECTED VARIETIES
21166716_EA/21592044_EA



\$6

LIMIT 6
AFTER LIMIT
8.49 EA.

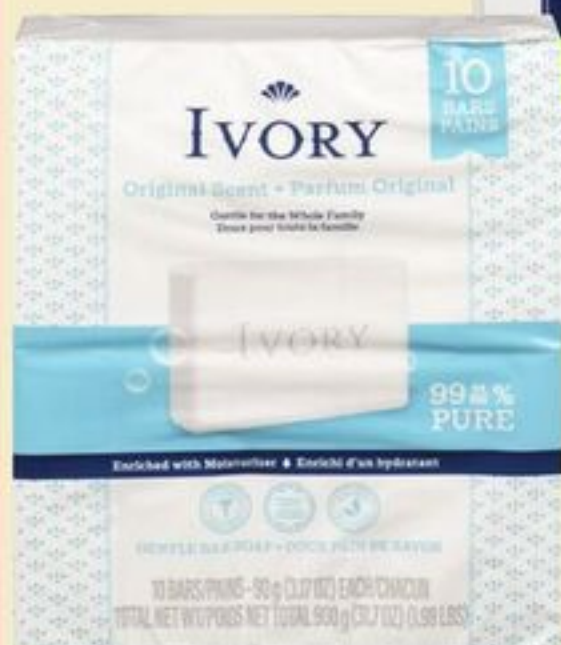
LISTERINE CLASSIC 1 L OR
KIDS 500 ML MOUTHWASH
SELECTED VARIETIES
20348438001_EA
21356391_EA



\$5

LIMIT 6
AFTER LIMIT
7.49 EA.

**IVORY
BAR SOAP** 10X90 G OR
BODY WASH 621 ML
SELECTED VARIETIES
20860346002_EA/21716909_EA



\$9

LIMIT 6
AFTER LIMIT
11.49 EA.

**GILLETTE OR VENUS
DISPOSABLE RAZORS**
SELECTED VARIETIES
1-8'S
20179414001_EA
20984907_EA



\$4

LIMIT 6
AFTER LIMIT
5.99 EA.

**DEGREE FOR MEN
ADRENALINE
ANTIPERSPIRANT**
SELECTED VARIETIES
76 G
20309310001_EA
21079038_EA



SAVE UP TO

25%

**METHOD OR
MRS. MEYER'S
LIQUID SOAP**
SELECTED VARIETIES
300 ML-1 L
21046950_EA
21640640_EA



\$4

LIMIT 4
AFTER LIMIT
4.79 EA.

**GARNIER FRUCTIS OR
HERBAL ESSENCES
BASICS SHAMPOO OR
CONDITIONER**
SELECTED VARIETIES
AND SIZES
370 ML
21246778_EA
21007181_EA



SAVE UP TO

20%

**DOVE SHAMPOO
OR CONDITIONER**
530 ML OR **STYLING
PRODUCTS**
SELECTED VARIETIES
AND SIZES
21644726_EA
21644746_EA



\$7

LIMIT 4
AFTER LIMIT
9.49 EA.

**GARNIER BELLE
HAIR COLOUR**
SELECTED VARIETIES
AND SIZES
20317076001_EA
20317076003_EA



\$8

LIMIT 4
AFTER LIMIT
8.99 EA.

**MONDAY OR
GÖT2B HAIR CARE**
SELECTED VARIETIES
AND SIZES
21361177_EA/21631743_EA



SAVE UP TO

20%

**CERA VE
CLEANSERS OR
MOISTURIZERS**
SELECTED VARIETIES
AND SIZES
21354743_EA



SAVE UP TO

25%

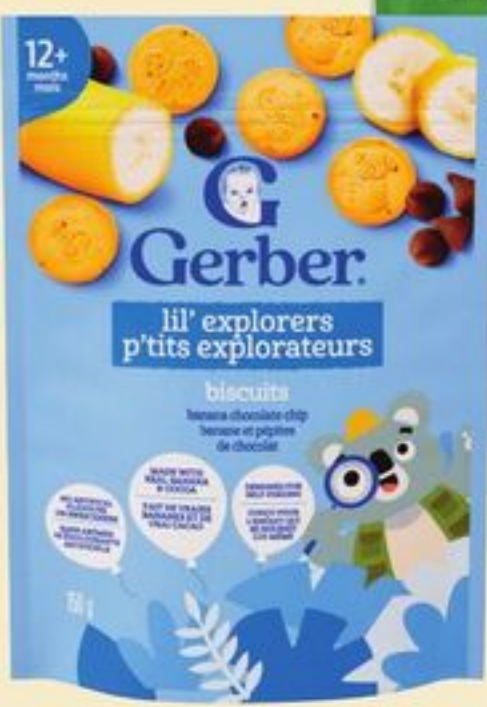
**ST. IVES SKIN CARE
PRODUCTS**
SELECTED VARIETIES
AND SIZES
21086101_EA/21429055003_EA



for your baby

2/\$8

OR \$5.49 EA.
GERBER ORGANIC SNACKS OR NESTLÉ CERELAC BISCUITS
 SELECTED VARIETIES
 28-150 G
 21097119_EA/21670654_EA



2/\$11

OR \$5.99 EA.
AMARA ORGANIC SMOOTHIE MELTS OR FRUIT BITES
 SELECTED VARIETIES
 23 G
 21536119_EA/21624150_EA



\$56

LIMIT 4 AFTER LIMIT 63.99 EA.

SIMILAC PRO-ADVANCE BABY FORMULA STEP 1 OR 2
 859 G
 21436985_EA
 21437126_EA



\$37

LIMIT 4 AFTER LIMIT 43.99 EA.

HUGGIES PULL-UPS TRAINING PANTS
 SIZES 4-5T, 82'S OR **PAMPERS EASY UPS TRAINING UNDERWEAR**
 SIZES 3-5T, 86-100'S
 SELECTED VARIETIES
 21021427_EA/21089194_EA



\$2

LIMIT 6 AFTER LIMIT 3.49 EA.

PRICE DROP!

PAMPERS 1X BABY WIPES
 SELECTED VARIETIES
 56-72'S
 20708133_EA



65⁵⁰

LIMIT 4 AFTER LIMIT 74.99 EA.

ENFAMILA+ NEUROPRO AND GENTLEASE POWDER REFILLS
 SELECTED VARIETIES
 862/890 G
 21589079_EA/21589205_EA



live well, spend less

SAVE UP TO

15%

LIFE BRAND® VITAMINS OR SUPPLEMENTS
 SELECTED VARIETIES
 AND SIZES
 21622663_EA
 21138915_EA



SAVE UP TO

20%

NATURE'S BOUNTY KIDS VITAMINS OR SUPPLEMENTS
 SELECTED VARIETIES
 60-175'S
 20954985_EA
 21666471_EA



SAVE UP TO

20%

ENSURE OR GLUCERNA READY TO DRINK SHAKES
 SELECTED VARIETIES
 AND SIZES
 20180283003_EA
 20308731008_C06



SAVE UP TO

15%

REACTINE 24-36'S, CLARITIN 15-30'S, AERIUS 5 MG 20'S OR BENADRYL 25 MG 100'S CAPLETS, TABLETS OR GELS
 SELECTED VARIETIES
 AND SIZES
 20308018001_EA
 20558172_EA



SAVE UP TO

15%

ASPIRIN, ADVIL, TYLENOL, MOTRIN OR VOLTAREN CAPLETS, TABLETS, GELS OR RUBS
 SELECTED VARIETIES AND SIZES
 21222471_EA/20103677001_EA



SAVE UP TO

15%

PERFECT SPORTS SUPPLEMENTS
 SELECTED VARIETIES
 AND SIZES
 21068247_EA
 21068329_EA



\$15

ALWAYS PADS 26-62'S OR LINERS 116-216'S OR TAMPONS 38-50'S
 SELECTED VARIETIES
 21374646_EA
 21606690_EA



8⁵⁰

CAREFREE PADS 28'S, LINERS 92-120'S, O.B. TAMPONS 40'S OR PLAYTEX TAMPONS 32-36'S
 SELECTED VARIETIES
 20796733_EA
 21095818_EA



\$19

ALWAYS DISCREET UNDERWEAR OR PADS
 SELECTED VARIETIES
 AND SIZES
 20814896_EA
 21286985_EA



YOU COULD WIN A TRIP FOR 2 TO THE STANLEY CUP FINAL

\$25,000 IN TOTAL PRIZES

THE OFFICIAL HIGH PROTEIN YOGURT OF THE NHL

2/\$7
OR \$4 EA.

Oikos® Pro™ selected varieties 300 mL 21651846_EA

\$8.50

Oikos® Pro™ selected varieties 650 - 750 g 21305945_EA

3/\$12
OR \$4.99 EA.

Oikos® selected varieties 4 x 100 g 20419715004_EA

* No purchase necessary. Begins 03/23/26 at 12:00:01 AM ET & Ends 05/24/26 at 11:59:59 PM ET. Draw 05/25/26 at 2PM ET. One (1) Grand Prize: Trip for 2 to a 2026 Stanley Cup™ Final game (ARV \$9,000 CAD) and 920 Instant Win Prizes: a \$100 CAD Digital Prepaid Card (20 total), or a \$5 CAD Physical Danone Oikos® Coupon (800 total). Mathematical skill-testing question required. Full contest rules: www.snacktowin.ca. Oikos® used under lic., © 2026, Danone US, LLC. All rights reserved. Oikos® Pro™ used under lic., © 2026, Danone US, LLC. All rights reserved. NHL, the NHL Shield, the word mark and image of the Stanley Cup and the Stanley Cup Final logo are registered trademarks of the National Hockey League. NHL and NHL team marks are the property of the NHL and its teams. © 2026 NHL. All Rights Reserved.

BACKED BY OVER 35 YEARS OF ACTIVIA'S EXPERTISE IN GUT HEALTH

ALL 8 PACKS NOW AVAILABLE IN SINGLE FLAVOURS!

2/\$10
OR \$6.29 EA.

Activia® selected varieties 8 x 100 g 21725748_EA

NEW

\$4

Activia® Expert 4 x 100 g 21688261_EA

NEW

\$6.50

Activia® Expert selected varieties 750 g 21688207_EA

NEW

\$4.50

Activia® selected varieties 650 g 20325132003_EA

10-HOUR BREW FOR A BOLD AND SMOOTH TASTE

\$8

Stok® selected varieties 1.42 L 21203737_EA/21203739_EA

NEW LIMITED EDITION

iögo nanö

CREAMY YOGURT TO GRAB & GO!

NEW

Source of Vitamin A Calcium Vitamin D

NEW

\$4.50

iögo nanö YOGURT WITH FLAVOURED PEARLS 4 X 100 G SELECTED VARIETIES 21797939_EA/2179941_EA

\$9

iögo CREAMY, 0% OR LACTOSE-FREE YOGURT 16 X 100 G SELECTED VARIETIES 20609583001_EA/21622847_EA

2/\$9
OR \$4.99 EA.

iögo nanö DRINKABLE YOGURT 6 X 93 ML SELECTED VARIETIES 21690943_EA/20609607001_EA

\$12

iögo CREAMY YOGURT 2 KG SELECTED VARIETIES 20656092_EA

\$4.50

ASTRO BALKAN YOGURT 750 G SELECTED VARIETIES 2016522600100_EA/20170553001_EA

\$4.50

siggis SKYR YOGURT 4 X 100 G SELECTED VARIETIES 21659134_EA/21658925_EA

\$8.99

siggis SKYR YOGURT 650 - 750 G SELECTED VARIETIES 21659473_EA/21553892_EA

\$4.50

iögo nanö CREAMY YOGURT POUCH 4 X 90 G SELECTED VARIETIES 21797939_EA/2179941_EA

HUNGRY FOR...

TORTELLINI?

CANNELLONI?

GNOCCHI?

CHOOSE Olivieri

Fresh Filled Pasta 500 - 700 g selected varieties 20334658_EA/20311594_EA

\$9.99

Skillet Gnocchi 520 - 700 g selected varieties 21021889_EA/21579289_EA

\$9.99

Fresh Sauces selected varieties 600 mL | 20011488_EA

\$9.99

VISIT WWW.OLIVIERI.CA FOR GREAT RECIPE INSPIRATIONS

DIP IT. SAUCE IT. MARINATE IT.

2/\$4
OR \$5 EA.

VH® Sauces selected varieties 341-380 mL 20297368_EA 20308726001_EA

Together WE COOK

\$6

PAM® Cooking Sprays selected varieties 141-170 g 20312389_EA/21626407_EA

Colgate®



HEALTHY SMILES START HERE

Your partner in oral health



LIMIT 6
AFTER LIMIT
4.49 EA.

3.50
each



Colgate® Premium
Toothpaste 70 - 150 mL or
Toothbrushes
(select variety)

21166665_EA/20697448001_EA



LIMIT 6
AFTER LIMIT
5.99 EA.

5.50
each



Colgate® Super Premium
Toothpaste 73 - 170 mL or
Toothbrushes
(select variety)

21166717_EA/20280090_EA



LIMIT 6
AFTER LIMIT
7.99 EA.

6.50
each



Colgate® Mega Premium
Toothpaste 70 - 133 mL or
Toothbrushes
(select variety)

21177027_EA/21166153_EA

Optimum
GET 3,000 pts
for every \$10*
spent on Colgate
or hello oral care
products
all varieties and sizes

\$3
back
in points

\$13
LIMIT 6
AFTER LIMIT
14.99 EA.



Colgate® PreviDent® Toothpaste
39 mL (select variety)

20144469_EA



7.50
each

hello® Toothpaste 82 mL
(hello® super mega whitening
powered by vitamin c)

21623262_EA

Toothpastes fight cavities. Colgate® Sensitive Pro-Relief also fights sensitivity.

#1 Dentist Recommended Mouthwash Brand*

Optimum
GET 3,000 pts
for every \$15*
spent on Listerine
products
selected varieties and sizes

\$3
back
in points

LISTERINE®

*IQVIA ProVoice Survey, May 2024. Always read and follow the label. © Kenvue Canada Inc. 2026

**SAVE
UP TO 30%**

on select Listerine® Products

