

PROUDLY CANADIAN OWNED & OPERATED

Independent
Your Independent Grocer

See in-store or online for holiday store hours.

2.49
LB



FRESH GRADE A TURKEY
ALL AVAILABLE SIZES
5.49/KG
DINDE FRAÎCHE
CATÉGORIE A
20145891_KG
20153440_KG



10.44
LB

5 DAY SALE
WEDNESDAY, APRIL 1ST
TO SUNDAY, APRIL 5TH

CAP-OFF RIB ROAST
CUT FROM MEXICAN BEEF
23.02/KG
RÔTI DE CÔTE PARÉ
21497216_KG



SAVE 30%

3.50

STRAWBERRIES
PRODUCT OF MEXICO OR
U.S.A. - NO. 1 GRADE
1 LB
FRAISES
20049778001_EA



1 LB

\$28

APP EXCLUSIVE OFFER*
GET **8,000**^{PC}
\$8
back in points

PC® BLACK TIGER SHRIMP RING WITH MILD COCKTAIL SAUCE
FROZEN
568 G
20979150_EA



*Open your PC Optimum™ app or visit pcoptimum.ca to get the offer

\$10
LB

5 DAY SALE
WEDNESDAY, APRIL 1ST
TO SUNDAY, APRIL 5TH

FRESH ATLANTIC SALMON FILLETS
SKIN-ON, FAMILY SIZE
22.05/KG
FRESH SEAFOOD ITEMS
SUBJECT TO AVAILABILITY
FILETS DE SAUMON DE L'ATLANTIQUE FRAIS
20720063_KG



\$6



FARMER'S MARKET™ MUFFINS
SELECTED VARIETIES
6'S
MUFFINS DÉLICIEUX DU MARCHÉ™
21283356_EA
21283357_EA



SAVE UP TO 33%

\$7



BALDERSON CHEDDAR 250/280 G
OR **PILLER'S KOLBASSA** 250-375 G
SELECTED VARIETIES
CHEDDAR
BALDERSON OU KOLBASSA PILLER'S
20308469_EA
21495455_EA



\$20

5 DAY SALE
WEDNESDAY, APRIL 1ST
TO SUNDAY, APRIL 5TH

LARGE VEGETABLE OR FRUIT PLATTER
PREPARED IN-STORE
1.34-1.87 KG
GROS PLATEAU DE LÉGUMES OU FRUITS
20081718_EA
20121599_EA



PREPARED IN-STORE

6.50



DANONE ACTIVIA YOGURT 12X100 G OR **PC® ORANGE JUICE** 2.5 L
SELECTED VARIETIES
YOGURT ACTIVIA
DANONE OU JUS D'ORANGE PC®
20303412001_EA
21531644_EA



\$6

APP EXCLUSIVE OFFER*
GET **1,000**^{PC}
\$1
back in points

8 INCH PIES
SELECTED VARIETIES
635-750 G
TARTE DE 8 POUCES
21297474_EA
21297475_EA



*Open your PC Optimum™ app or visit pcoptimum.ca to get the offer

\$3

BREYERS CLASSIC FROZEN DESSERT
SELECTED VARIETIES, FROZEN
1.41 L
DESSERT GLACÉ CLASSIQUE BREYERS
21651628_EA
21651886_EA



\$6

GET **1,000**^{PC}
\$1
back in points

KRAFT PEANUT BUTTER
SELECTED VARIETIES
750 G/1 KG
BEURRE D'ARACHIDE KRAFT
20039581001_EA
20311582001_EA



\$10

APP EXCLUSIVE OFFER*
GET **1,000**^{PC}
\$1
back in points

PC® 100% PURE MAPLE SYRUP
500 ML
SIROP D'ÉRABLE 100% PUR PC®
20049221_EA



*Open your PC Optimum™ app or visit pcoptimum.ca to get the offer

SAVE \$16!



4.88

BLACK DIAMOND CHEESE BARS 400 G OR **SHREDDED CHEESE** 300/320 G OR **PC® SHREDDED CHEESE** 320 G
SELECTED VARIETIES
21060201_EA
21279221_EA



2.50

GREEN GIANT CORE VEGETABLES 750 G OR **VALLEY SELECTS** 500 G
SELECTED VARIETIES, FROZEN
LÉGUMES DE BASE OU VALLEY SELECTION GÉANT VERT
21022270_EA
21022359_EA



2.50

CAVENDISH FARMS FRIES OR SPECIALTY POTATOES
SELECTED VARIETIES
FROZEN
400-750 G
FRITES OU POMMES DE TERRE DE SPÉCIALITÉ CAVENDISH
21094815_EA
20318419001_EA



\$10

JANES FISH 450-590 G OR **PC® FISH** 500-680 G
SELECTED VARIETIES
FROZEN
POISSON JANES OU POISSON PC®
21637091_EA
21703860_EA



SAVE 98¢
WHEN YOU BUY 2

2/\$17

OR \$8.99 EA.
COCA-COLA, CANADA DRY OR PEPSI SOFT DRINKS
SELECTED VARIETIES
12X355 ML
PLUS DEPOSIT OR TAXES
WHERE APPLICABLE



\$20

GET **3,000**^{PC}
\$3
back in points

PC® ROAST AND GROUND COFFEE
SELECTED VARIETIES
800-930 G
CAFÉ TORRIFIÉ ET MOULU PC®
21393374_EA
21393573_EA



Members-Only Price*
15.99

Members save **\$6**



Non-members
21.99



Help Feed More Families.

DID YOU KNOW?
Nearly 2.2 million visits are made to food banks each month across Canada.



In proud association with



Flyer prices effective from Thursday, April 2nd to Wednesday, April 8th, 2026. SEE BACK PAGE FOR DETAILS.

\$4 **BAKED**
IN-STORE

MINI CIABATTA BUNS
10'S
MINI-PETITS PAINS
CIABATTA
21575075_EA

\$6 **PREPARED IN CANADA**

SCOTSBURN OR BAXTER BUTTER
SELECTED VARIETIES
454 G
BEURRE SCOTSBURN
OU **BAXTER**
20162739_EA
20774734_EA

DEAL DROP

Limited-time deals on PC® home & more.

\$12
PC® RECTANGLE ACACIA SERVING BOARD
21714814_EA

limit 3, after limit \$24 ea. while supplies last

1.50

GREEN GIANT CANNED VEGETABLES
SELECTED VARIETIES
341/398 ML
LÉGUMES EN CONSERVE
GIANT VERT
21021222_EA
21021485_EA

SAVE 99¢

\$5

LAURA SECORD MILK CHOCOLATE CHIPS
BRISURES DE CHOCOLAT
SELECTED VARIETIES
250 G
BRISURES DE CHOCOLAT
LAURA SECORD
21526650_EA
21526652_EA

2/11.50 **PREPARED IN CANADA**

OR \$6.79 EA.

PC® AND BLUE MENU® SPARKLING WATER
SELECTED VARIETIES
PREPARED IN CANADA
12X355 ML
EAU PÉTILLANTE PC®
OU **MENU BLEU®**
20668034001_C01
20668034002_C01

SAVE \$2.58
WHEN YOU BUY 2

2/\$9

OR \$5.79 EA.

GENERAL MILLS CEREAL
SELECTED VARIETIES
300-437 G
CÉRÉALES GENERAL MILLS
20849323_EA
21715929_EA

\$4

CHRISTIE RITZ OR WHEAT THINS CRACKERS
SELECTED VARIETIES
180 G
CRAQUELINS RITZ
OU **FINS AU BLÉ**
CHRISTIE
21547034_EA
21547048_EA

\$3

CLOVER LEAF WHITE TUNA
SELECTED VARIETIES
170 G
THON BLANC
CLOVER LEAF
20167571_EA
20326358001_EA

\$9

TILDA BASMATI RICE
SELECTED VARIETIES
1.81 KG
RIZ BASMATI
TILDA
20013920_EA
20436365_EA

SAVE 98¢
WHEN YOU BUY 2

2/\$5

OR \$2.99 EA.

BARILLA PASTA
SELECTED VARIETIES
340/410 G
PÂTES BARILLA
21404904_EA
21404912_EA

\$14

PC® OR BLUE MENU® MEAT LASAGNA OR MAC & CHEESE CLUB SIZE
SELECTED VARIETIES
FROZEN
2/2.27 KG
LASAGNE À LA VIANDE
PC® OU MENU BLEU®
MACARONI AU FROMAGE
PC®
20134930_EA
21178593_EA

\$3

LAY'S POTATO CHIPS
SELECTED VARIETIES
177-235 G
CROUSTILLES
LAY'S
21241032_EA
21664493_EA

\$4

PC® MILK CHOCOLATE HOLLOW BUNNY
100 G
LAPIN EN CHOCOLAT AU LAIT
CREUX PC®
21609314_EA

5.50

HÄAGEN-DAZS
414-450 ML OR BARS 3/4'S OR NESTLÉ DRUMSTICK 4'S
SELECTED VARIETIES
FROZEN
DESSERT GLACÉ
OU BARRES
HÄAGEN-DAZS
OU DRUMSTICK
NESTLÉ
20322380001_EA
21513578_EA

SAVE 33%

\$3

NO NAME® FLOUR
SELECTED VARIETIES
2.5 KG
FARINE SANS NOM®
20013256_EA
20303325_EA

SAVE 1.80
WHEN YOU BUY 4

4/\$9

OR \$2.70 EA.

CARNATION EVAPORATED MILK
SELECTED VARIETIES
354 ML
LAIT ÉVAPORÉ
CARNATION
20896812_EA
20896887_EA

\$4

NO NAME® FOIL
SELECTED VARIETIES
50 FT
PAPIER D'ALUMINIUM
SANS NOM®
21119987_EA

APRIL HIT OF THE MONTH **LOWEST PRICES. BEST DEALS.** Prices effective April 1-30, 2026. As compared to other major grocery retailers within your local areas. While quantities last. See in-store for details.

GO PURE
LIMIT 6 AFTER LIMIT 3.00 EA.

\$1.88

LECLERC GO PURE BARS
SELECTED VARIETIES
5'S, 140-175 G
BARRES GO PURE LECLERC
21221451_EA/21507858_EA

PLANTERS CASHEWS
LIMIT 6 AFTER LIMIT 5.00 EA.

\$4

PLANTERS CASHEWS
SELECTED VARIETIES
200 G
NOIX DE CAJOU PLANTERS
21021617_EA
21021618_EA

HARVEST CREEK HALAL CHICKEN SAUCISSE FUMÉE
LIMIT 6 AFTER LIMIT 4.50 EA.

\$3

WENIERS OR BUTCHER'S SELECTION STAMPEDE HOTDOG ORIGINAL
SELECTED VARIETIES
900 G
SAUCISSE FUMÉES AU POUCE HALAL HARVEST CREEK OU SAUCISSES FUMÉES ORIGINALES
STAMPEDE LA SÉLECTION DU BOUCHER
21307061_EA/21309103_EA

Independent CUSTOMER RELATIONS 1-866-727-0771. VISIT yourindependentgrocer.ca FOR STORE HOURS.

Please call Customer Relations at 1-866-727-0771 or visit our website at yourindependentgrocer.ca for your store's hours and to see which Your Independent Grocer® locations do not participate in this flyer. Quantities and/or selection of items may be limited and may not be available in all stores. No rainchecks or substitutions on clearance items or where quantities are advertised as limited. Advertised regular pricing and product selection (flavour, colour, patterns, style) may vary by store location. We are not obligated to sell items based on errors or misprints in typography or photography. **Pricing:** All references to "Save, Was, Now, Savings, etc." are in comparison to our own regular prices. Savings on items shown may vary by store location. Applicable taxes, deposits, or environmental surcharges are extra. No sales to retail outlets. Coupons must be presented and redeemed at time of purchase. **Trademarks:** ®/™ The trademarks, service marks and logos displayed in this flyer are trademarks of Loblaws Inc. and others. **Purchase limits:** We reserve the right to limit quantities to reasonable family requirements. **PC Optimum™ Members Only:** Offers are available to valid PC Optimum™ program members. Membership is free. To register, see in-store or visit pc optimum.ca. Points are not guaranteed in case of errors or misprints. No cash value. See yourindependentgrocer.ca for full program details including redemption restrictions. Minimum redemption is 10,000 points. These offers cannot be combined with any other coupons, discounts, or promotions. No adjustments on previous purchases. We may modify or cancel offers without notice. Product availability may vary by store. While supplies last. **Points Offers:** Receive the specified points when you spend the qualifying amount on the listed products/categories before taxes, after discounts and redemptions, in a single transaction. Taxes apply on purchase amount after discounts. PC Optimum™ pricing is not valid in price match programs for participating Loblaws Inc. banner stores. **Outdoor/Seasonal Items:** Outdoor seasonal items (e.g., lawn and garden) may only be available at select stores. Please check your local store for pricing, limits, and availability. **PRICE DROP Offer:** Valid in-store at participating locations from March 19 - April 8, 2026 before taxes and while quantities last. Applies only to select products. Offer may be modified or cancelled without notice. See in-store for full details.

YA YN BACK



Hosting made easy

Discover more value this Easter



5⁹⁹



MARCANGELO GROUND PORK SAUSAGE MEAT
SELECTED VARIETIES
375 G
CHAIR DE SAUCISSE DE PORC HACHÉE MARCANGELO
21726511_EA
21726446_EA



\$13



PC® BLUE MENU CHICKEN BREASTS/POULET
BONELESS, SKINLESS
AIR CHILLED
3'S
POITRINES DE POULET PC® MENU BLEU®
21340952_EA



SAVE \$1⁵⁰
8⁵⁰

EXTRA LEAN GROUND BEEF
GRASS FED
450 G
BŒUF HACHÉ EXTRA-MAIGRE
EXTRA-MAIGRE
21675592_EA



\$25 LB

PC® FREE FROM® RACK OF LAMB
55.12/KG
CARRÉ D'AGNEAU
PC® SIMPLEMENT BON®
20660950_KG



2⁹⁹ LB

COOK'S PORTION HAM
6.59/KG
JAMBONNEAU COOK'S
20559641_KG



\$9



PC® HORS D'OEUVRE COLLECTION
SELECTED VARIETIES
FROZEN
225-500 G
COLLECTION DE HORS-D'OEUVRE PC®
21116020_EA
21538572_EA



SAVE UP TO \$3

\$9

PC® PACIFIC LARGE WHITE SHRIMP RAW
ZIPPERBACK® 31-40 PER LB
400 G OR **JUMBO WILD ARGENTINIAN SHRIMP RAW**
ZIPPERBACK® 21-30 PER LB
340 G FROZEN
GROSSES CREVETTES BLANCHES DU PACIFIQUE OU CREVETTES ARGENTINES SAUVAGES GÉANTES PC®
20788888_EA/21332386_EA



\$3

SEAQUEST® CRAB OR LOBSTER FLAVOURED POLLOCK FLAKES OR CHUNKS
SELECTED VARIETIES
READY-TO-EAT
227 G
GOBERGE À SAUCEUR DE CRABE OU HOMARD
SEAQUEST® FLOCONS OU MORCEAUX
20699832_EA



\$11

PC® SMOKED SALMON
125/150 G OR
PC® SHRIMP APPETIZERS
294-454 G
SELECTED VARIETIES
FROZEN
SAUMON FUMÉ OU HORS-D'OEUVRE DE CREVETTES PC®
20055009_EA
20138874_EA



2⁵⁰ LB/EA.

GREENHOUSE BEEFSTEAK TOMATOES PRODUCT OF CANADA OR MEXICO
2.50 LB 5.51/KG OR
ENGLISH CUCUMBERS PRODUCT OF CANADA 2.50 EA.
TOMATES BEEFSTEAK DE SÈRRE OU CONCOMBRES ANGLAIS
20426141001_KG
20070132001_EA



\$5

BLACKBERRIES OR RASPBERRIES PRODUCT OF MEXICO OR U.S.A.
HALF PINT
MÛRES OU FRAMBOISES
20051015001_EA
20128938001_EA



3⁹⁹ LB

EXTRA LARGE

PC® EXTRA LARGE GREEN SEEDLESS GRAPES PRODUCT OF SOUTH AFRICA, CHILE OR MEXICO, NO. 1 GRADE OR **PC® EXTRA LARGE RED SEEDLESS GRAPES** PRODUCT OF SOUTH AFRICA OR CHILE, NO. 1 GRADE
8.80/KG
TRÈS GROS RAISINS VERTS OU ROUGES SANS PÉPINS PC®
20425775001_KG/21303178001_KG



6⁵⁰

FARMER'S MARKET™ GREENHOUSE PEPPERS 3'S
PRODUCT OF MEXICO OR
ROMAINE HEARTS 3'S
PRODUCT OF U.S.A.
POIVRONS DE SÈRRE DÉLICÉS DU MARCHÉ™ OU CŒURS DE LAITUE ROMAINE
2008581001_EA
20067389001_EA



\$4

CELERY STALKS EACH
PRODUCT OF U.S.A. OR MEXICO OR **FARMER'S MARKET™ GRAPE TOMATOES** 283 G
PRODUCT OF MEXICO
CÉLÉRI OU TOMATES RAISINS DÉLICÉS DU MARCHÉ™
20163119001_EA
21367888001_EA



\$6

FARMER'S MARKET™ RUSSET POTATO PRODUCT OF CANADA, CANADA NO. 1 GRADE
10 LB
POMMES DE TERRE RUSSET DÉLICÉS DU MARCHÉ™
2061020001_EA



10 LB



8⁵⁰

PC® ORRI MANDARINS PRODUCT OF ISRAEL
2 LB
MANDARINES ORRI PC®
20907647001_EA



3⁹⁹



PC® ORGANICS WHITE OR CREMINI MUSHROOMS PRODUCT OF CANADA
227 G
CHAMPIGNONS BLANCS OU CREMINI PC® BIOLOGIQUE
21021499_EA
21021565_EA



2/\$11 OR \$6 EA.

1,000⁰⁰ GET back in points when you buy 2

\$6

MARZETTI DIPS SELECTED VARIETIES
PRODUCT OF U.S.A.
254-340 G
TREMPETTES MARZETTI
20039279_EA
20322970_EA



GUACAMOLE 270 G OR PICO DE GALLO SALSA 170 G
PREPARED IN-STORE
GUACAMOLE OU SALSA PICO DE GALLO
21657916_EA
21552223_EA



\$18

MORE-THAN-A-DOZEN TULIPS PLUS D'UNE-DOUZAINE
21723965_EA



\$24

5,000⁰⁰ GET back in points

PC® DOZEN ROSES ASSORTED COLOURS
DOZEN
DOUZAINE DE ROSES PC®
21529061_EA



\$24

5,000⁰⁰ GET back in points

PC® SIGNATURE EASTER BOUQUET EACH
BOUQUETS DE PÂQUES SIGNATURE PC®
21087813_EA/21087812_EA



bakery deals rising daily

1.50 **BAKED IN-STORE**

\$5



ACE BISTRO LOAF
SELECTED VARIETIES
545-640 G
MICHE BISTRO ACE
21616156_EA
21707643_EA



\$9



FARMER'S MARKET™ PIES
SELECTED VARIETIES
580 G-1 KG
TARTES DÉLICIEUSES DU MARCHÉ™



BAGUETTE
WHITE OR WHEAT
255 G
BAGUETTE
21529211_EA



\$5

FURLANI TEXAS TOAST
16X40 G, **PARMESAN GARLIC BREADSTICKS**
12X55 G OR **GARLIC KNOTS** 296 G OR **PC® BRIOCHE MINI ROLLS** 400 G
SELECTED VARIETIES
TEXAS TOAST, BÂTONNETS, PARMESAN ET AIL OU NŒUDS À L'AIL, FURLANI OU MINI-PETITS PAINS, BRIOCHE PC™
21048246_EA
21410779_EA



4.50

KING'S HAWAIIAN ROLLS
SELECTED VARIETIES
340 G
PETITS PAINS KING'S HAWAIIAN
21475970_EA



3.50

PC® EXTRA THICK SLICED CINNAMON BREAD WITH RAISINS
675 G
PAIN À LA CANNELLE AVEC RAISINS EN TRANCHES EXTRA-ÉPAISSES PC™
20639729_EA



4.40 /100 G

PARMIGIANO REGGIANO CHEESE
PRODUCT OF ITALY, DELI CUT
FROMAGE PARMIGIANO REGGIANO
20377023_KG



in the mood for deli-cious

SAVE UP TO \$1



\$7

PC® DOUBLE CREAM BRIE
SELECTED VARIETIES
170-200 G
BRIE DOUBLE CRÈME PC™
20787327_EA



\$7

PC® SPLENDIDO® SLICED DELI MEAT
SELECTED VARIETIES
100 G
CHARCUTERIES TRANCHÉES PC™ SPLENDIDO™
21049131_EA
21050405_EA



\$14

GET 1,000 back in points
\$1 back in points

MASTRO GENOA SALAMI DELI CHUB
HOT OR MILD
600 G
SAUCISSONS DE SALAMI DE GÈNES MASTRO
20181136_EA
20302356_EA



SAVE UP TO \$1.29



\$6

CHRIS BROTHERS SMOKED BONELESS HAM
SELECTED VARIETIES
300 G
JAMBON FUMÉ DÉOSSÉ CHRIS BROTHERS
21673432_EA
21674107_EA



2/\$7



OR \$4 EA.
PC® DIPS OR HUMMUS
227-228 G OR **NAAN DIPPERS** 200 G
SELECTED VARIETIES
TREMPETTES OU HUMMUS OU BOUCHÉES NAAN PC™
20584097_EA
21092033_EA



on the run, we got you

BUY ONE (1) GET ONE (1) 50% OFF

JOHNSTON'S PACKAGED SALADS
SELECTED VARIETIES
450/475 G
SALADES PRÉEMBALLÉES JOHNSTON'S
21041048_EA
20686757_EA
FOR 4.99



\$15

BENTO CALIFORNIA ROLL VARIETY PACK, SELECTED VARIETIES
470 G
ROULEAUX CALIFORNIENS BENTO
21691525_EA



\$16/\$20

IN-STORE PREPARED ONE PAN FAMILY MEALS
SELECTED VARIETIES
750 G-1.1 KG
REPAS FAMILIAUX EN UN PLAT PRÉPARÉ EN MAGASIN
21696333_EA
21696334_EA



daily deals

MONDAY
Chicken Dinner

\$15

ROTISSERIE CHICKEN DINNER COMBO FOR 2
900 G
PAIRED WITH TWO SMALL SIDES OF YOUR CHOICE 134/454 G
PREPARED IN-STORE
REPAS COMBO POUR 2 DE POULET DE ROTISSERIE
21086330_EA



TUESDAY
Tender Tuesday

\$12



9-PIECE CHICKEN STRIPS
HOT OR CHILLED
870 G
9 MORCEAUX DE LANIÈRES DE POULET
21336609_EA
21336581_EA



WEDNESDAY
Hump Day Special

2/\$14

OR \$9 EA.
ANY TWO INDIVIDUAL CHICKEN COMBOS WITH ONE SMALL SIDE EACH
361-530 G
DEUX COMBOS DE POULET INDIVIDUELS AVEC UN PETIT PLAT D'ACCOMPAGNEMENT CHACUN
21022536_EA/20697881_EA



THURSDAY
Quick Grabs

3/\$14



OR \$6-7 EA.
ANY THREE IN-STORE PREPARED SINGLE SERVE SOFTY, WRAPS OR SUB SANDWICHES
180-299 G
TROIS SANDWICHES MOELLEUX, ROULÉS OU SOUS-MARINS PRÉPARÉS EN MAGASIN
20160224_EA/21623676_EA



FRIDAY
Pizza Party

2/\$15



OR \$9-10 EA.
ANY TWO IN-STORE PREPARED 12" TAKE AND BAKE PIZZA
SELECTED VARIETIES
DEUX PIZZAS 12 PO CUIRE À LA MAISON PRÉPARÉES EN MAGASIN
21456415_EA
21456401_EA



APRIL
2-8



Disney · PIXAR
ALBUM PRE-SALE

PLUS A FREE PACK OF STICKERS*



Optimum™

Member Price

\$ **3**

Non-Member Price

\$ **5**

*At participating Loblaw Companies Ltd. stores April 2-April 8, purchase a sticker book and receive a free single © Disney/Pixar Animal Friends + Stitch Collectible sticker pack containing 4 stickers. While supplies last. Only where albums are sold.