

# HOP INTO DELICIOUS SAVINGS

FRESH GRADE A TURKEYS  
VARIABLE WEIGHT  
DINDONS FRAIS CATÉGORIE A  
20145891\_KG

**249**  
LB  
5.49/KG



**\$5**

GET 1,000<sup>pts</sup>  
\$1 back in points  
APP EXCLUSIVE OFFER<sup>1</sup>

PC<sup>MD</sup> BACON  
SELECTED VARIETIES  
BACON PC<sup>MD</sup>  
20152629\_EA  
<sup>1</sup>Open your PC Optimum<sup>SM</sup> app or visit pcoptimum.ca to get the offer.



**\$28**

GET 8,000<sup>pts</sup>  
\$8 back in points

APP EXCLUSIVE OFFER<sup>1</sup>

PC<sup>MD</sup> BLACK TIGER SHRIMP RING WITH MILD COCKTAIL SAUCE  
568 G  
COURONNE DE CREVETTES TIGRÉES NOIRES AVEC SAUCE COCKTAIL DOUCE PC<sup>MD</sup>  
20979150\_EA  
<sup>1</sup>Open your PC Optimum<sup>SM</sup> app or visit pcoptimum.ca to get the offer.



**\$6**

GET 1,000<sup>pts</sup>  
\$1 back in points

APP EXCLUSIVE OFFER<sup>1</sup>

8 INCH PIES  
SELECTED VARIETIES, 680-750 G  
TARTE DE 8 PO  
21297474\_EA  
21297475\_EA  
<sup>1</sup>Open your PC Optimum<sup>SM</sup> app or visit pcoptimum.ca to get the offer.



**\$3**

SCOTSBURN FAMILY FAVORITES  
ICE CREAM 1.5L OR NOVELTIES  
900 ML/1.32L  
SELECTED VARIETIES, FROZEN  
CRÈME GLACÉE OU FRIANDISES GLACÉES  
FAVORI DE LA FAMILLE SCOTSBURN  
20854842002\_EA  
208596667\_EA



**APRIL**

**HIT OF THE MONTH**

**\$7.88**

**LECLERC GO PURE BARS**  
SELECTED VARIETIES, 140-175 G  
**BARRES GO PURE LECLERC**  
21221434\_EA/21221451\_EA



**LIMIT 6**  
AFTER LIMIT  
3.00 EA.

**\$4**

**PLANTERS CASHEWS**  
SELECTED VARIETIES, 200 G  
**NOIX DE CAJOU PLANTERS**  
21021617\_EA/21021618\_EA



**LIMIT 6**  
AFTER LIMIT  
5.00 EA.

**\$3**

**HARVEST CREEK HALAL CHICKEN WIENERS OR BUTCHER'S SELECTION**  
**STAMPEDE HOTDOG ORIGINAL**  
SELECTED VARIETIES, 900 G  
**SAUCISSES FUMÉES AU POULET HALAL**  
**HARVEST CREEK OU SAUCISSES FUMÉES ORIGINALES STAMPEDE**  
**LA SÉLECTION DU BOUCHER**  
21309103\_EA



**LIMIT 6**  
AFTER LIMIT  
4.50 EA.

**LOWEST PRICES**  
**BEST DEALS**

As compared to other major grocery retailers within your local areas.  
Valid from April 1 - 30, 2026. While quantities last. See in-store for details.

**PROUDLY CANADIAN**

**REAL ATLANTIC SUPERSTORE™**



**Happy Easter**

ALL STORES WILL BE CLOSED FRIDAY, APRIL 3RD & SUNDAY, APRIL 5TH. PLEASE SEE IN-STORE OR ONLINE FOR HOLIDAY HOURS

**2.99**  
LB  
6.59/KG

**CHICKEN DRUMSTICKS OR THIGHS**  
FRESH, CLUB SIZE  
**PILONS OU HAUTS DE CUISSE DE POULET**  
20004494\_KG/20058163\_KG



**INCLUDES HALAL**

**OFFERS AVAILABLE**  
**WEDNESDAY, APRIL 1<sup>ST</sup>, THURSDAY, APRIL 2<sup>ND</sup>**  
**& SATURDAY, APRIL 4<sup>TH</sup>, 2026**

**10.44**  
LB  
23.02/KG



**CAP-OFF BEEF RIB ROAST**  
CUT FROM UNGRADED BEEF  
**RÔTI DE CÔTE DE BŒUF PARÉ**  
21497216\_KG

**\$10**  
LB  
22.05/KG

**ATLANTIC SALMON**  
SKIN-ON FILLETS  
FAMILY SIZE  
**FILLETS DE SAUMON**  
**DE L'ATLANTIQUE**  
**AVEC PEAU**  
20720065\_KG



**\$20**

**LARGE**  
**VEGETABLE**  
**OR FRUIT PLATTER**  
PREPARED IN-STORE, 1.34-1.87 KG  
**GROS PLATEAU DE LÉGUMES**  
**OU FRUITS FRAIS**  
20081718\_EA/20121599\_EA



**SAVE**  
UP TO **1.00**

**2.99**  
LB  
6.59/KG

**PC® EXTRA LARGE GREEN**  
**OR RED SEEDLESS GRAPES**  
PRODUCT OF SOUTH AFRICA, CHILE OR MEXICO  
**TRÈS GROS RAISINS VERTS OU**  
**ROUGES SANS PÉPINS PC®MD**  
20425775001\_KG/20159199001\_KG



**Limited-time**  
**deals on**  
**PC® home**  
**& more.**

**LIMIT 3**  
OVER LIMIT PAY 24.00 EA  
**\$12**

**PC® RECTANGLE ACACIA SERVING BOARD**  
**PLATEAU DE SERVICE**  
**RECTANGULAIRE EN**  
**ACACIA PC®MD**  
21714814\_EA



**PEI locations only**



**NOW**  
**\$2.97**

**PALMOLIVE**  
**DISHWASHING**  
**LIQUID**  
SELECTED VARIETIES  
591 ML  
**SAVON LIQUIDE**  
**À VAISSELLE**  
**PALMOLIVE**  
21004368\_EA

**SAVE**  
UP TO **42%**  
**1.99**  
LB  
4.39/KG

**GREENHOUSE**  
**TOMATOES ON**  
**THE VINE**  
PRODUCT OF CANADA  
OR MEXICO  
**TOMATES DE**  
**SERRE**  
**SUR VIGNE**  
20026703001\_KG



**SAVE**  
UP TO **33%**  
**\$4**

**ROMAINE**  
PRODUCT OF U.S.A.  
**ROMAINE**  
20067389001\_EA



**PKG**  
**OF 3**

**SAVE**  
UP TO **1.50**  
**2.50**

**GREEN GIANT VEGETABLES**  
SELECTED VARIETIES, FROZEN, 400-750 G  
**LÉGUMES GIANT VERT**  
21022270\_EA/21022359\_EA



**SAVE .99**  
WHEN YOU BUY 3  
**3/4.98**  
OR 1.99 EA

**PEPSI, 7UP, SCHWEPPE'S,**  
**DR PEPPER, CRUSH, MOUNTAIN**  
**DEW, MUG, A&W, SPRITE,**  
**CANADA DRY, FRESCA, COCA-**  
**COLA OR FANTA SOFT DRINKS**  
SELECTED VARIETIES, 2 L  
**BOISSONS GAZEUSES PEPSI, 7UP,**  
**SCHWEPPE'S, DR PEPPER, CRUSH,**  
**MOUNTAIN DEW, MUG, A&W,**  
**SPRITE, CANADA DRY, FRESCA,**  
**COCA-COLA OU FANTA**  
20318026002\_EA/20296926002\_EA



**SAVE**  
UP TO **1.60**  
**4.88**

**BLACK DIAMOND CHEESE**  
**BAR'S 400 G OR SHREDDED**  
**CHEESE 300-320 G OR**  
**PC® SHREDDED CHEESE**  
250-320 G, SELECTED VARIETIES  
**BARRES DE FROMAGE OU**  
**FROMAGE RAPÉ BLACK**  
**DIAMOND OU FROMAGE**  
**RAPÉ PC®MD**  
21080201\_EA/21279221\_EA  
**MOZZARELLA**  
SHREDDED CHEESE  
-VEGETARIAN  
21080201\_EA/21279221\_EA



**SAVE**  
UP TO **38%**  
**6.50**

**BALDERSON CHEDDAR**  
250/280 G, **GOUDA 200 G OR**  
**PILLER'S KOLBASSA 250-375 G**  
SELECTED VARIETIES  
**CHEDDAR BALDERSON,**  
**GOUDA OU KOLBASSA**  
**PILLER'S®**  
20308469\_EA/21495455\_EA



**SAVE**  
UP TO **47%**  
**2.50**

**CAVENDISH FRIES OR**  
**SPECIALTY POTATOES**  
SELECTED VARIETIES, FROZEN, 400-750 G  
**FRITES OU POMMES DE**  
**TERRE DE SPÉCIALITÉ LES**  
**FERMES CAVENDISH**  
21094815\_EA/20318419001\_EA



**Optimum**  
Members - Only Price™  
**15.99**

Members save **\$5.50**

Non-members **21.49**



**PC® SUPER**  
**SOFT BATHROOM**  
**TISSUE CLUB PACK**  
30-100 ROLLS  
**PAPIER HYGIÉNIQUE**  
**ULTRA DOUX PC®MD**  
**FORMAT CLUB**  
21450846\_EA



**CLUB**  
**SIZE**

**APRIL**  
**2-8**



**Disney · PIXAR**  
**ALBUM PRE-SALE**  
**PLUS A FREE PACK OF STICKERS\***



\*At participating Loblaw Companies Ltd. stores April 2-April 8, purchase a sticker book and receive a free single ©Disney/Pixar Animal Friends + Stitch Collectible sticker pack containing 4 stickers. While supplies last. Only where albums are sold.



Member Price **\$3**

Non-Member Price **\$5**

**\$6**

SCOTSBURN OR BAXTER SALTED BUTTER  
SELECTED VARIETIES, 454 G  
BEURRE SALÉ  
SCOTSBURN OU BAXTER  
20162739\_EA/2077434\_EA

PREPARED IN CANADA

**179**

ALLEN'S COCKTAIL  
1L OR OASIS JUICE OR HYDRAFRUIT, DEL MONTE NECTAR OR ARIZONA ICED TEA  
960 ML, SELECTED VARIETIES  
COCKTAIL ALLEN'S OU JUUS OASIS, NECTAR DEL MONTE OU THÉ GLACÉ ARIZONA  
20336722001EA/20307424002\_EA

PREPARED IN CANADA

**SAVE UP TO 3.00**

**\$14**

PC® OR BLUE MENU® LASAGNA OR MAC & CHEESE  
SELECTED VARIETIES FROZEN, 2-2.27 KG  
LASAGNE OU MACARONI AU FROMAGE PC<sup>MD</sup> OU MENU BLEU<sup>MD</sup>  
201349301EA/211785931EA

PREPARED IN CANADA

**\$3**

LAY'S POTATO CHIPS  
SELECTED VARIETIES 177-235 G  
CROUSTILLES LAY'S  
21241032\_EA/21664493\_EA

PREPARED IN CANADA

**SAVE UP TO 1.50**

**\$6**

1,000<sup>back in points</sup>

KRAFT PEANUT BUTTER  
SELECTED VARIETIES 750 G/1 KG  
BEURRE D'ARACHIDE KRAFT  
20039581001\_EA  
20311582001\_EA

PREPARED IN CANADA

**SAVE UP TO 24%**

**150**

GREEN GIANT CANNED VEGETABLES  
SELECTED VARIETIES 341/398 ML  
LÉGUMES EN CONSERVE GÉANT VERT  
21021175\_EA/21021485\_EA

PREPARED IN CANADA

**225**

CAMPBELL'S CONDENSED SOUPS 284 ML  
OR HABITANT SOUPS 796 ML  
SELECTED VARIETIES  
SOUPES CONDENSÉES OU SOUPES HABITANT  
CAMPBELL'S  
20297246002\_EA  
20299690002\_EA

PREPARED IN CANADA

**\$3**

QUAKER DIPPYS OR CHEWY GRANOLA BARS  
SELECTED VARIETIES 120-156 G  
BARRES GRANOLA DIPPYS OU CHEWY  
QUAKER  
20847582\_EA/213093061\_EA

PREPARED IN CANADA

**SAVE UP TO 3.00**

**\$11**

HIGH LINER PAN SEAR SELECTS  
500-540 G  
OR HADDOCK FILLETS 425 G  
SELECTED VARIETIES FROZEN  
POÊLÉE SÉLECTE OU FILETS D'AGLEFIN  
20290596003\_EA  
211802351\_EA

PREPARED IN CANADA

**650**

iÖGO YOGURT POPS, BARS OR TUBS  
SELECTED VARIETIES FROZEN, 320 ML/400 ML/946 ML  
BARRES DE YOGOURT, GLACÉ, BARRES OU CONTENANTS iÖGO  
21654347\_EA/21654421\_EA

PREPARED IN CANADA

**SAVE 1.58 WHEN YOU BUY 2**

**2/750**

OR 4.49 EA

NO NAME® CREAM CHEESE  
SELECTED VARIETIES 227/250 G  
FROMAGE À LA CRÈME SANS NOM®  
20308105901\_EA  
21036106\_EA

PREPARED IN CANADA

**SAVE .98 WHEN YOU BUY 2**

**2/\$5**

OR 2.99 EA

BARILLA PASTA  
SELECTED VARIETIES, 340-410 G  
PÂTES BARILLA  
21404904\_EA  
21404912\_EA

PREPARED IN CANADA

**SAVE UP TO 41%**

**250**

CLOVER LEAF SOLID TUNA  
170 G OR MAPLE LEAF FLAKED MEAT 156 G  
SELECTED VARIETIES  
THON EN MORCEAUX CLOVER LEAF OU VIANDE EN FLOCONS MAPLE LEAF  
20298273001\_EA  
20326358001\_EA

PREPARED IN CANADA

**\$14**

BALZAC'S WHOLE BEAN COFFEE 340 G OR GROUND COFFEE 300 G  
SELECTED VARIETIES  
CAFÉ EN GRAINS OU MOULU BALZAC'S  
20987612\_EA/21364375\_EA

PREPARED IN CANADA

**350**

NO NAME® SINGLE PIZZAS OR CHEESY GARLIC FINGERS  
SELECTED VARIETIES FROZEN, 295-411 G  
PIZZAS INDIVIDUELLES OU BÂTONNETS FROMAGE ET AIL SANS NOM®  
215414411EA/21541444\_EA

PREPARED IN CANADA

**SAVE UP TO 5.00**

**\$20**

GET 3,000<sup>back in points</sup>

PC® ROAST AND GROUND COFFEE  
SELECTED VARIETIES 800-930 G  
CAFÉ TORRÉFIÉ ET MOULU PC<sup>MD</sup>  
21393374\_EA  
21393573\_EA

PREPARED IN CANADA

**\$8**

MAISON PERRIER SPARKLING WATER BEVERAGE  
SELECTED VARIETIES, 8X330 ML  
BOISSON À L'EAU PÉTILLANTE MAISON PERRIER  
215764681COB  
215755551COB

PREPARED IN CANADA

**2499**

GET 2,000<sup>back in points</sup>

PC® CLUB SIZE SUPER ABSORBENT PAPER TOWELS 12'5  
ESSUIE-TOUT SUPER ABSORBENTS FORMAT CLUB PC<sup>MD</sup>  
21558605\_EA

PREPARED IN CANADA

**UP TO 20% OFF**

BOOST READY TO DRINK SHAKES  
SELECTED VARIETIES AND SIZES  
BOISSONS FRAPPÉES PRÊTES À BOIRE BOOST  
20986361COB  
20990880COB

PREPARED IN CANADA

**PRICE DROP<sup>+</sup> so you can save more**

**\$2**

PRAN FROZEN SAMOSA  
SELECTED VARIETIES 400 G  
SAMOGES SURGELÉS PRAN  
21054846\_EA

PREPARED IN CANADA

**\$3**

KIND HEALTHY GRAINS<sup>SM</sup> BAR  
SELECTED VARIETIES, 5X35 G, 175 G  
BARRE GRAINS SANTÉ<sup>MC</sup> KIND  
20925684\_EA/20928553\_EA

PREPARED IN CANADA

**\$6**

TEMPTATIONS CAT TREATS  
SELECTED VARIETIES, 454 G  
GÂTERIES POUR CHAT TEMPTATIONS  
210121081EA

PREPARED IN CANADA

**150**

POWERADE SPORTS DRINK  
SELECTED VARIETIES, 710 ML  
BOISSONS DÉSALTÉRANTES POWERADE  
20853723\_EA/21181957\_EA

PREPARED IN CANADA

**FRESH PROMISE:** Applicable to eligible fresh produce items purchased at Real Atlantic Superstore locations or online at [realatlanticsuperstore.ca](http://realatlanticsuperstore.ca). If you are not completely satisfied with your eligible fresh produce item, we will replace it with an identical item, or in our discretion, a comparable item and provide you with a refund of the purchase price upon presentation of the item and your original purchase receipt within 7 days of purchase at the Real Atlantic Superstore where purchase originated. This promise does not apply to reduced/clearance priced produce. This promise cannot be combined with any other offer. We reserve the right to cancel or change the terms of this promise at any time without notice. **Quantities and/or selection of items may be limited and may not be available in all stores.** For inquiries on product availability at your store please contact Customer Relations at the above phone number. No Rainchecks OR Substitutions on clearance items or where quantities are advertised as limited. Advertised regular pricing and product selection (flavour, colour, patterns, style) may vary by store location. We are not obligated to sell items based on errors or misprints in typography or photography. Pricing: All references to "Save, Was, Now, Savings, etc." is in comparison to our own regular prices. Coupons must be presented and redeemed at time of purchase. **Savings on items shown may vary in each store location.** Applicable taxes, deposits, or environmental surcharges are extra. No sales to retail outlets. ®/™ The trademarks, service marks and logos displayed in this flyer are trademarks of Loblaws Inc. MasterCard and the MasterCard Brand Mark are registered trademarks and PayPass is a trademark of MasterCard International Incorporated. President's Choice Bank a licensee of marks. PC Optimum™ program is provided by President's Choice Services Inc. 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We reserve to modify or cancel these offers without notice. Product availability may vary by store. While supplies last. We reserve the right to limit quantities. \*Receive the points specified when you spend the qualifying dollar amount on the displayed participating product(s) and/or category(ies) before taxes and after redemptions and all coupons and discounts are deducted in a single transaction; \*\* Valid for flyer duration, after which the price will be the same for both PC Optimum™ and non-PC Optimum™ members. Taxes applicable on the purchase amount after discounts. PC Optimum™ member pricing is not applicable to any price match programs for participating stores operating under the Loblaws Inc. banner. **OUTDOOR/SEASONAL:** For your local store's hours and for a list of Atlantic Superstore locations that DO NOT participate in this flyer, visit [www.atlanticsuperstore.ca](http://www.atlanticsuperstore.ca) or call Customer Relations at 1-866-727-0771. **Quantities and/or selection of items may be limited and may not be available in all stores.** Outdoor seasonal items (e.g. lawn and garden) may only be available at select store locations. Please check your local store for pricing, limits and availability. We reserve the right to limit quantities to reasonable family requirements. Rainchecks may be available for out of stock items excluding clearance items or where quantities are advertised as limited. We reserve the right to substitute the out of stock item for an equivalent item in lieu providing a raincheck. **Advertised regular pricing and product selection (flavour, colour, patterns, style) may vary by store location.** All references in our flyer to "Save", "Was", "Now" etc. is in comparison to our own regular prices. **Savings on items advertised within flyer may vary by store location.** Coupons must be presented and redeemed at time of purchase. We are not obligated to sell items based on errors or misprints in typography or photography. Applicable taxes, deposits, or environmental surcharges are extra. No sales to retail outlets. ®/™ The trademarks, service marks and logos displayed in this flyer are trademarks of Loblaws Inc. and others. All rights reserved. ©2025 Loblaws Inc. **#PRICE DROP** offer valid in-store at participating locations between March 19 - April 8, 2026 before applicable taxes and while quantities last. Offer applies only to select products. Offer may be modified and/or cancelled without notice. See in-store for full details.



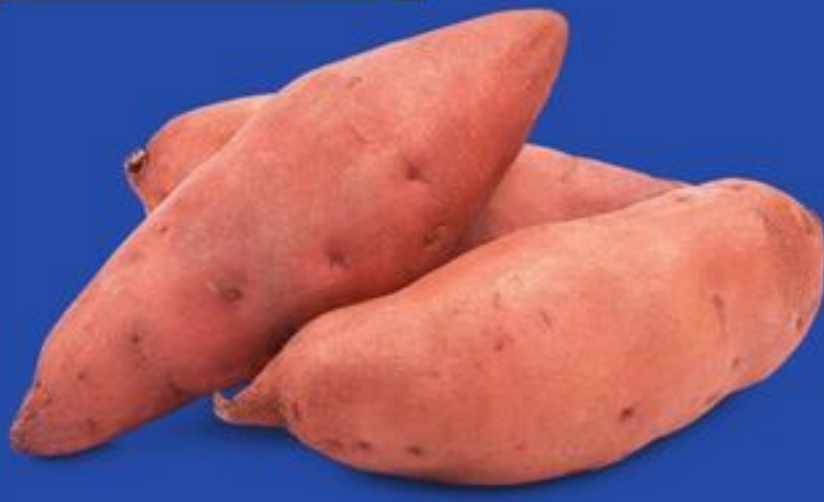
# FRESH PROMISE

## If it's not fresh, it's free.

\*Fresh Promise: Applicable to eligible fresh produce items purchased at Real Atlantic Superstore store locations or online at realatlanticsuperstore.ca. If you are not completely satisfied with your eligible fresh produce item, we will replace it with an identical item, or in our discretion, a comparable item and provide you with a refund of the purchase price upon presentation of the item and your original receipt within 7 days of purchase at the Real Atlantic Superstore store where purchase originated. This promise does not apply to reduced/clearance priced produce. This promise cannot be combined with any other offer. We reserve the right to cancel or change the terms of this promise at any time without notice.

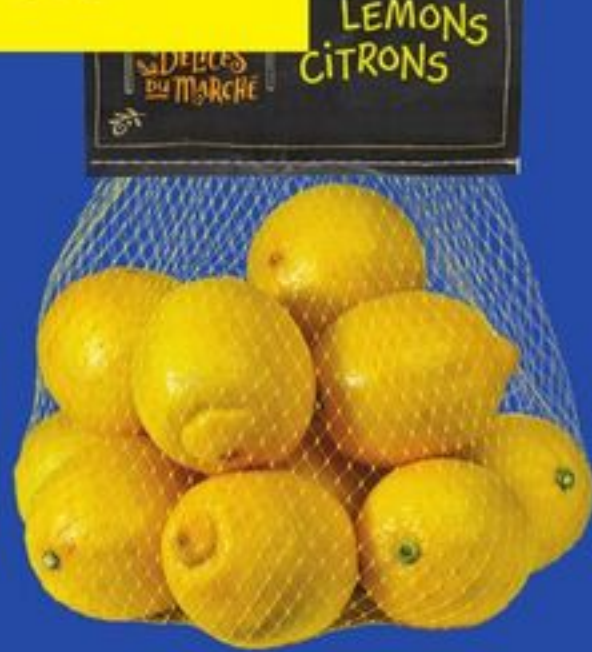
**1.99**  
LB  
4.39/KG

**SWEET POTATOES**  
PRODUCT OF CANADA OR U.S.A.  
**PATATES DOUCES**  
20127708001\_KG



**5.50**

**FARMER'S MARKET™ LEMONS**  
PRODUCT OF U.S.A., 2 LB  
**CITRONS DÉLICÉS DU MARCHÉ<sup>MC</sup>**  
20795315001\_EA



**\$4**

**CANTALOUPE**  
PRODUCT OF GUATEMALA, HONDURAS OR BRAZIL  
**CANTALOUPE**  
20167017001\_EA



**\$5**

**FARMER'S MARKET™ MANDARINS**  
PRODUCT OF MOROCCO OR SPAIN, 2 LB  
**MANDARINES DÉLICÉS DU MARCHÉ<sup>MC</sup>**  
20099819001\_EA



**\$4**

**FARMER'S MARKET™ MINI CUCUMBERS**  
PRODUCT OF CANADA, 6'S  
**MINI-CONCOMBRE DÉLICÉS DU MARCHÉ<sup>MC</sup>**  
20737570001\_EA



**NOW \$4.50**

**FARMER'S MARKET™ GREENHOUSE PEPPERS**  
PRODUCT OF MEXICO, 3'S  
**POIVRONS DE SERRE DÉLICÉS DU MARCHÉ<sup>MC</sup>**  
20085851001\_EA



**\$5**

**LARGE CROWNLESS PINEAPPLE**  
PRODUCT OF COSTA RICA  
**GROS ANANAS SANS COURONNE**  
20119813001\_EA



**NOW \$4.99**

**GET 1,000<sup>PC</sup> \$1**  
back in points  
when you buy 2

**MARZETTI'S DIPS**  
SELECTED VARIETIES  
PRODUCT OF U.S.A., 254-340 G  
**TREMPETTES MARZETTI**  
200392790\_EA/20322970\_EA



**FROM \$18**

**FAMILY SIZE SALADS**  
PREPARED IN-STORE  
SELECTED VARIETIES, 665-901 G  
**SALADES FRAÎCHES FORMAT FAMILIAL**  
20972499\_EA/20972512\_EA



**\$24**

**GET 5,000<sup>PC</sup> \$5**  
back in points

**PC DOZEN ROSES**  
ASSORTED COLOURS  
**DOUZAINE DE ROSES PC<sup>MD</sup>**  
21529061EA



**\$24**

**GET 5,000<sup>PC</sup> \$5**  
back in points

**PC SIGNATURE EASTER BOUQUET**  
**BOUQUETS DE PÂQUES SIGNATURE PC<sup>MD</sup>**  
21087813\_EA/21087812\_EA



**\$18**

**MORE-THAN-A-DOZEN TULIPS PLUS D'UNE-DOUZAINE**  
21723965\_EA



**9.49**  
LB  
20.92/KG

**EXTRA LEAN GROUND BEEF**  
**BŒUF HACHÉ EXTRA-MAIGRE**  
20798252\_KG



**CLUB SIZE**

**3.49**  
LB  
7.69/KG

**PORK SHOULDER PICNIC SPLIT**  
**RÔTI D'ÉPAULE DE PORC PICNIC SÉPARÉ**  
21018388\_KG



**\$21**

**PC CHICKEN BREASTS**  
BONELESS, SKINLESS  
AIR CHILLED CANADA, 5'S  
UP TO 1.10 KG  
**POITRINES DE POULET PC<sup>MD</sup>**  
21551175\_EA



**PREPARED IN CANADA**

**\$7**

**ATLANTIC CHOICE™ SAUSAGES**  
SELECTED VARIETIES, 375-500 G  
**SAUCISSIÈRES ATLANTIC CHOICE<sup>MD</sup>**  
21332592\_EA/21332594\_EA



**PREPARED IN CANADA**

**SAVE UP TO 35%**

**9.99**

**SUNRISE BOLOGNA**  
1 KG  
**BOLOGNE SUNRISE**  
21552874\_EA



**PREPARED IN CANADA**

**SAVE UP TO 25%**

**\$6**

**ASIAN INSPIRATIONS ENTRÉES**  
SELECTED VARIETIES  
FROZEN, 400 G  
**PLATS CUISINÉS ASIAN INSPIRATIONS**  
21047378\_EA/21047530\_EA



**\$10**

**CHELSEA BONED SALTED COD BITS**  
454 G  
**BOUCHÉES DE MORUE SALÉE DÉSARÊTÉE CHELSEA**  
20866076\_EA



**\$8**

**SEAQUEST™ COLOSSAL PACIFIC WHITE SHRIMP RAW ZIPPERBACK™** 16-20/LB, 300 G OR FISH FILLETS  
SELECTED VARIETIES, 400 G  
FROZEN  
**CREVETTES COLOSSALES BLANCHES DU PACIFIQUE CRUES À DÉCORTICAGE ÉCLAIR<sup>MD</sup> OU FILETS DE POISSON SEAQUEST™**  
21043887\_EA  
20036614\_EA



**SAVE UP TO 1.99**

**8.50**

**SEAQUEST™ CALAMARI RINGS UNCOOKED** 340 G OR PC<sup>MD</sup> GLUTEN-FREE  
**BREADED SHRIMP UNCOOKED** 340 G, FROZEN  
**RONDELLES DE CALMAR SEAQUEST™ NON CUIITS OU CREVETTES PANÉES PC<sup>MD</sup>**  
SANS GLUTEN  
20027170\_EA/21364651\_EA



# SUPER FRESH

**\$4**

**MINI-CROISSANTS 10'S OR CINNAMON RAISIN BREAD 550 G**  
BAKED IN-STORE  
SELECTED VARIETIES  
**MINI-CROISSANTS OU PAIN CANNELLE ET RAISINS**  
20729432\_EA/21646639\_EA



**PREPARED IN CANADA**

**1.50**

**BAGUETTE**  
BAKED IN-STORE  
WHITE OR WHEAT  
255 G  
**BAGUETTE**  
21529211\_EA/21530097\_EA



**PREPARED IN CANADA**

**3.50**

**GARLIC LOAF 330 G PAIN À L'AIL**  
21020061\_EA



**PREPARED IN CANADA**

**\$7**

**FARMER'S MARKET™ TARTS**  
SELECTED VARIETIES, 348-510 G  
**TARTELETTES DÉLICIES DU MARCHÉ™**  
21628834\_EA/21629191\_EA



**\$6**

**CINNAMON BUNS OR MINI-DANISH**  
IN-STORE BAKED  
SELECTED VARIETIES, 345-816 G  
**BRIOCHE À LA CANNELLE OU MINI-DANOISE**  
21467540\_EA/21476309\_EA



**SAVE 2.00**

**\$9**

**FARMER'S MARKET™ PIES**  
SELECTED VARIETIES  
580 G-1 KG  
**TARTES DÉLICIES DU MARCHÉ™**  
21297365\_EA/21297367\_EA



**\$5**

**FARMER'S MARKET™ OR SIMPLE JOYS SLICED LOAF CAKES**  
SELECTED VARIETIES, 344-400 G  
**GÂTEAUX PAUSE-CAFÉ TRANCHÉS DÉLICIES DU MARCHÉ™ OU SIMPLE JOYS**  
21489018\_EA/21618088\_EA



**\$2**

**SANTOSH NAAN**  
SELECTED VARIETIES, 500 G  
**NAAN SANTOSH**  
21671463\_EA



**\$12**

**PC® PROFITEROLES OR MINI-ECLAIRS**  
SELECTED VARIETIES, FROZEN  
625 G  
**PROFITEROLES OU MINI-ÉCLAIRS PC™**  
21733888\_EA/21733701\_EA



**2/7.50** **GET 50¢ when you buy 2**  
OR 4.29 EA

**COUNTRY HARVEST BREAD 600/650 G OR BAGELS 6'S**  
SELECTED VARIETIES  
**PAIN OU BAGELS COUNTRY HARVEST**  
21778571\_EA/21429067\_EA



**\$5**

**PC® Brioche loaf, MINI ROLLS OR FURLANI GARLIC TOAST 16'S**  
SELECTED VARIETIES, 400 G  
**PAIN Brioche, MINI-PETITS PAINS PC™ OU TOAST À L'AIL FURLANI**  
21410779\_EA/20041579\_EA



**3.50**

**PC® CINNAMON RAISIN BREAD**  
SELECTED VARIETIES  
675 G  
**PAIN À LA CANNELLE AVEC RAISINS PC™**  
20104367\_EA



**SAVE 1.09/100 G**

**4.40/100 G**

**PARMIGIANO REGGIANO CHEESE**  
PRODUCT OF ITALY  
DELI CUT  
**FROMAGE PARMIGIANO REGGIANO**  
20377023\_KG



**\$6**

**ZIGGY'S® DELI CHEESE SLICES**  
SELECTED VARIETIES  
160/180 G  
**TRANCHES DE FROMAGE DE CHARCUTERIE ZIGGY'S®**  
21610744\_EA/21610826\_EA



**PREPARED IN CANADA**

**SAVE UP TO 1.00**

**\$7**

**PC® DOUBLE CREAM BRIE**  
SELECTED VARIETIES  
170-200 G  
**BRIE DOUBLE CRÈME PC™**  
20787327\_EA



**PREPARED IN CANADA**

**\$14** **GET 1.00¢ \$1 back in points**

**MASTRO MILD OR HOT GENOA SALAMI CHUBBS**  
600 G  
**SALICIONS DE GENÈS DOUX OU PIQUANT MASTRO**  
20181136\_EA/20302356\_EA



**PREPARED IN CANADA**

**\$7**

**PC® SPLENDIDO™ SLICED MEAT**  
SELECTED VARIETIES  
100 G  
**VIANDES TRANCHÉES PC™**  
**SPLENDIDO™**  
21049398\_EA/21050405\_EA



**\$4**

**ZIGGY'S® SLICED MEAT**  
SELECTED VARIETIES  
175 G  
**MEAT VIANDE TRANCHÉE ZIGGY'S®**  
21590279\_EA/21592461\_EA



**PREPARED IN CANADA**

**2/\$7** OR 4.00 EA

**PC® DIPS OR HUMMUS 200-227 G OR NAAN DIPPERS 200 G**  
SELECTED VARIETIES  
**TREMPETTES OU HUMUS OU BOUCHÉES NAAN PC™**  
21092033\_EA/21611330\_EA



**PREPARED IN CANADA**

**Members save up to \$1**

**Members-Only Price™ \$7**

**Non-members \$8**

**LESLEY STOWE RAINCOAST CRISPS 150 G OR WILDLY DELICIOUS JELLY 185 ML**  
SELECTED VARIETIES  
**RAINCOAST CRISPS LESLEY STOWE OU GELÉE WILDLY DELICIOUS**  
21025538\_EA/21030996\_EA



**Optimum™ member to load and get this offer.**

**Members-Only Price™ \$30**

**Members save \$5**

**Non-members \$35**

**BENTO KAZOKU PLATTER 53 PIECES, 1.2 KG**  
**PLATEAU KAZOKU BENTO**  
2163774\_EA/21025538\_EA/21030996\_EA



**53 PIECES**

**\$30** **GET 5,000¢ \$5 back in points**

**30 PIECE WINGS & WEDGES BUCKET**  
1.2 KG  
**SEAU DE 30 MORCEAUX D'AILES DE POULET ET FRITES EN QUARTIERS**  
21541872\_EA/21541877\_EA



**SERVES 6**

**BUY 1 GET 1 50% OFF**

**MEDIUM PREMIUM SALADS**  
SELECTED VARIETIES, 330 G  
SECOND ITEM MUST BE OF EQUAL OR LESSER VALUE  
8.00

**SALADES DE QUALITÉ SUPÉRIEURE, FORMAT MOYEN**  
21608061\_EA



**FROM \$5**

**OLIVIERI LASAGNA SHEETS 360 G OR CANNELLONI 540 G**  
SELECTED VARIETIES  
**PÂTES À LASAGNA OU CANNELLONI OLIVIERI**  
20126372\_EA/20334658\_EA



**PREPARED IN CANADA**

# HARVEST THE DEALS THIS VAISAKHI

Celebrate new beginnings with great offers for less



**\$5**

**GARLIC**  
PRODUCT OF CHINA, 1KG  
21238843001\_EA



**CLUB SIZE**

**\$4**

**FARMER'S MARKET™ RED ONIONS**  
PRODUCT OF CANADA, U.S.A. OR NETHERLANDS  
NO. 1 GRADE  
3 LB  
20811362001\_EA



**SAVE 7.00**

**12<sup>99</sup>**

**AASHIRVAAD WHOLE WHEAT FLOUR**  
20 LB  
21359688\_EA



**SAVE 6.00**

**12<sup>99</sup>**

**TILDA PURE BASMATI RICE**  
10 LB  
20153678\_EA



**3<sup>49</sup>**

**PRAN VEGETABLE SPRING ROLLS**  
SELECTED VARIETIES, FROZEN, 400 G  
21054779\_EA



# GOOD HEALTH MORE VALUE

ELEVATE YOUR WELL BEING

**\$10**

**LIMIT 4**  
OVER LIMIT PAY  
14.99 EA

**CAROL'S DAUGHTER OR SHEA MOISTURE HAIR CARE**  
SELECTED VARIETIES AND SIZES  
21433359\_EA/21508204\_EA



GET **\$2.50** back in points when you buy 2

**\$9**

**LIMIT 4**  
OVER LIMIT PAY  
9.99 EA

**VASELINE SKINCARE PRODUCTS**  
SELECTED VARIETIES AND SIZES  
21085011\_EA/21085910\_EA



**3<sup>50</sup>**

**LIMIT 6**  
OVER LIMIT PAY  
4.49 EA

**COLGATE PREMIUM ADULT OR KIDS TOOTHPASTE 70-150 ML OR COLGATE MANUAL TOOTHBRUSH 1'S**  
SELECTED VARIETIES  
20697448001\_EA/21166685\_EA



**\$4**

**LIMIT 6**  
OVER LIMIT PAY  
6.99 EA

**AXE BODY WASH 473 ML, DEODORANT 76/85 G OR BODY SPRAY 113 G**  
SELECTED VARIETIES  
2021677001\_EA/21436066\_EA



**4<sup>50</sup>**

**LIMIT 4**  
OVER LIMIT PAY  
5.49 EA

**Q-TIPS COTTON SWABS**  
SELECTED VARIETIES, 500'S  
20323077001\_EA





# HOP INTO DELICIOUS SAVINGS



**FROM \$20**

**GET 5,000<sup>®</sup> \$5**  
back in points

**SANDWICH OR WRAP PLATTERS**  
PREPARED IN-STORE, 1.2-1.7 KG  
21218193\_EA/21558137\_EA

**PREPARED IN CANADA**

**\$30**

**PARTY PLATTER**  
SELECTED VARIETIES  
592 G-1 KG  
21217577\_EA/21217539\_EA

**PREPARED IN CANADA**

**FROM \$14**

**CHARCUTERIE BOARDS**  
SELECTED VARIETIES, 278-330 G  
21405538\_EA/21405571\_EA

**PREPARED IN CANADA**

**\$9**

**PC<sup>®</sup> SPRING ROLLS**  
574 G, **CHEESE STICKS**  
345-454 G OR **MINI SAUSAGE ROLLS** 500 G  
SELECTED VARIETIES, FROZEN  
20699133\_EA/21116020\_EA

**\$11**

**PC<sup>®</sup> SHRIMP APPETIZERS**  
SELECTED VARIETIES, FROZEN  
294-454 G  
20135874\_EA/20978921\_EA

**SAVE .99**

**\$7**

**SEAQUEST<sup>®</sup> COOKED SHRIMP RING**  
FROZEN, 227 G  
20080289\_EA

**\$3**

**CHRISTIE CRISPERS CRACKERS**  
SELECTED VARIETIES, 145 G  
21358321\_EA/21358333\_EA

**4<sup>50</sup>**

**LECLERC CÉLÉBRATION COOKIES**  
SELECTED VARIETIES, 200-350 G  
20965368\_EA/21680074\_EA

**\$4**

**DARE BEAR PAWS**  
SELECTED VARIETIES, 168-240 G  
21014107\_EA/21720734\_EA

**\$6**

**KINDER UOVO** 100 G,  
**KINDER SURPRISE** 80 G  
OR **KINDER BAGGED CHOCOLATE** 140-200 G  
SELECTED VARIETIES  
20835835\_EA/21485295\_EA

**\$4**

**PC<sup>®</sup> BUNNY**  
100 G  
21609314\_EA

**2/2<sup>50</sup>**  
OR 1.99 EA

**NESTLÉ CHOCOLATE SINGLES**  
SELECTED VARIETIES  
33-60 G  
20066954\_EA/20306258\_EA

**\$5**

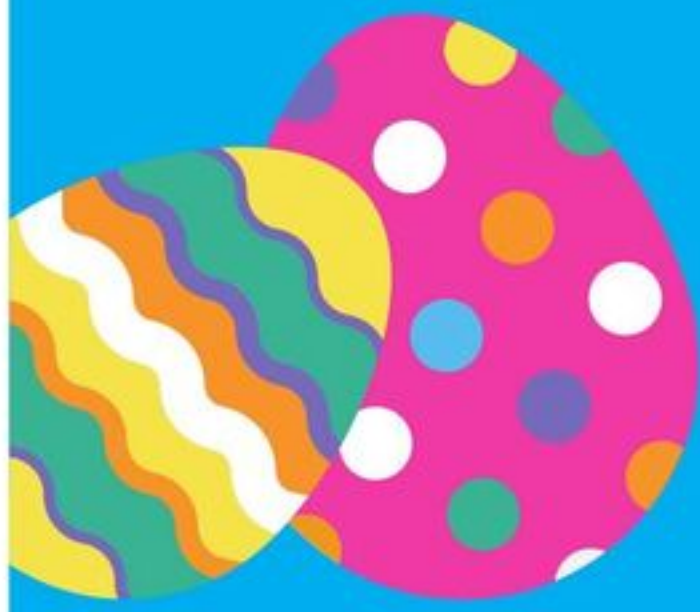
**CARNABY SWEET SOLID BUNNY**  
350 G  
21061384\_EA

**2/\$5**  
OR 3.49 EA

**JOLLY RANCHER HARD CANDY** 198 G OR  
**HERSHEY'S FAMILY BARS** 90-108 G OR **REESE'S PEANUT BUTTER BAR** 120 G  
SELECTED VARIETIES  
20078139\_EA/20568374\_3\_EA

**5/\$6**  
OR 2.00 EA

**CADBURY, HERSHEY'S OR NESTLÉ SINGLES**  
SELECTED VARIETIES  
25-34 G  
20831065\_EA/21205577\_EA



# HOP INTO JOYFUL SAVINGS



**5.49**  
LB  
12.10/KG

**PC<sup>®</sup> NATURALLY SMOKED EASY TO CARVE HALF HAM WITH SUGAR MAPLE GLAZE POUCH**  
21612032\_EA



**11.99**  
LB  
26.43/KG

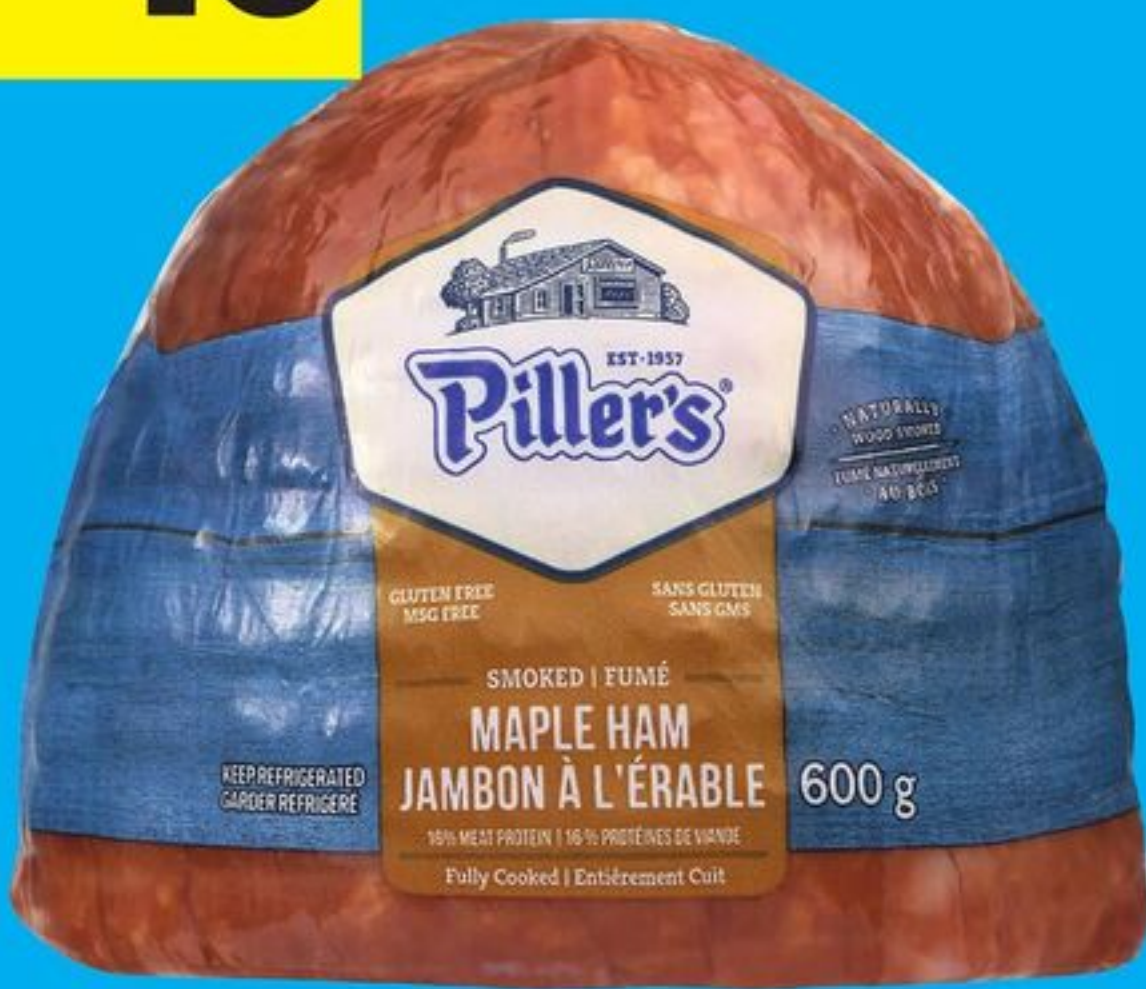
**PC<sup>®</sup> FREEFROM<sup>™</sup> AUSTRALIAN BONELESS LAMB LEG FRESH**  
20664359\_EA



**INCLUDES HALAL**

**\$10**

**PILLER'S SMOKED MAPLE HAM**  
SELECTED VARIETIES, 600 G  
21608901\_EA



**\$23**

**LOBSTER TAILS**  
FROZEN OR PREVIOUSLY FROZEN  
2-3 OZ, 4'S  
21240991\_EA



**\$4**

**PC<sup>®</sup> LITTLE GEMS<sup>™</sup> MINI RED, YELLOW OR MIXED POTATOES**  
PRODUCT OF CANADA  
CANADA NO. 1 GRADE  
21247301001\_EA/21247300001\_EA



**\$3**  
LB  
6.61/KG

**BRUSSELS SPROUTS**  
PRODUCT OF U.S.A.  
20036155001\_KG



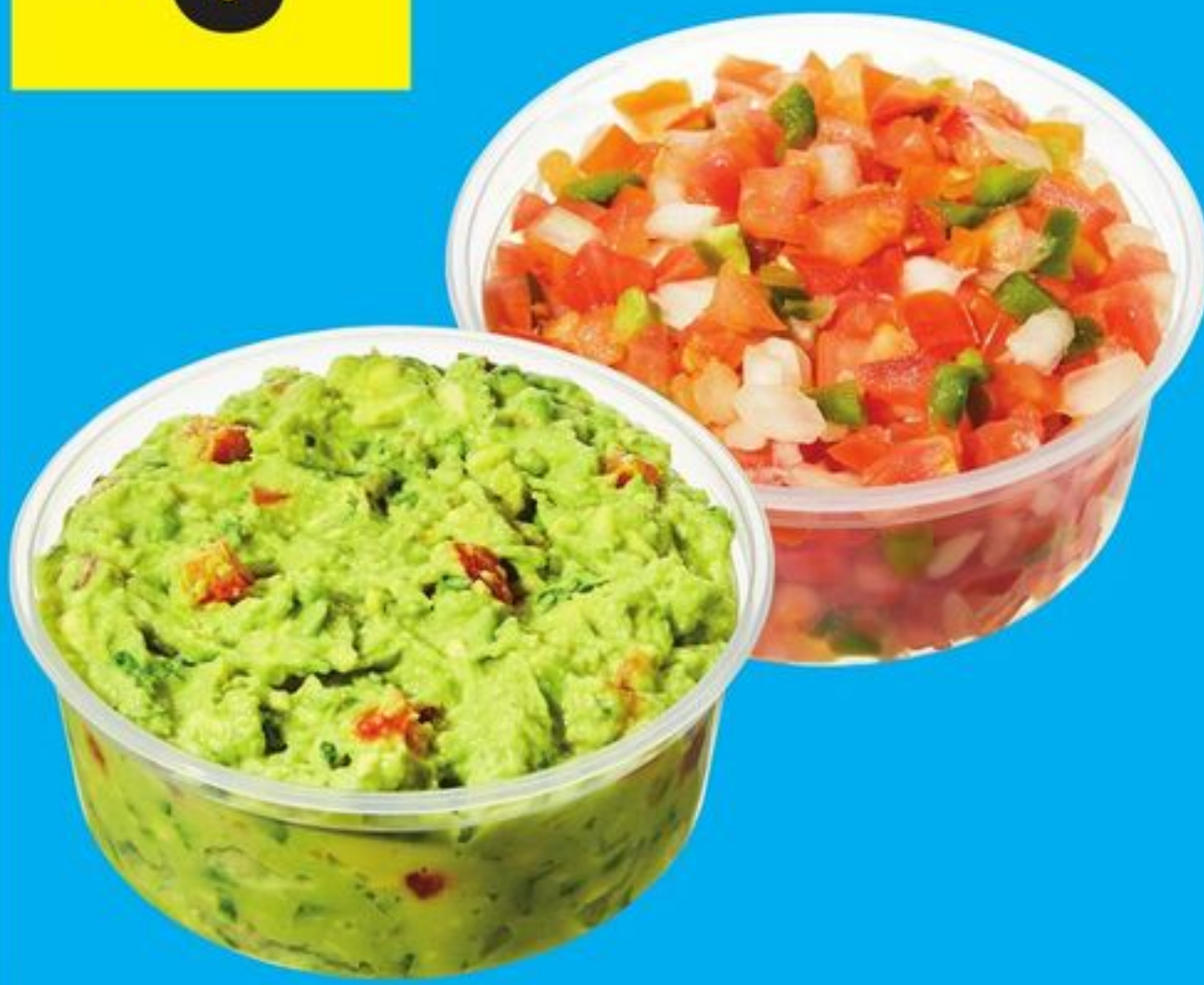
**\$3**

**FARMER'S MARKET<sup>™</sup> GRAPE TOMATOES**  
PRODUCT OF CANADA OR MEXICO  
21367888001\_EA



**\$6**

**GUACAMOLE 270 G OR PICO DE GALLO SALSA 170 G**  
PREPARED IN-STORE  
21657916\_EA/21652223\_EA



**FROM \$16**

**IN-STORE PREPARED FAMILY MEAL**  
750 G-1.3 KG  
21354736\_EA/21595416\_EA  
21696333\_EA/21696334\_EA



**4.50**

**SPLIT TOP ROLLS 8'S, CIRCLE ROLLS 18'S, BRICHOE ROLLS 12'S OR BUTTER FLAKY 12'S**  
BAKED IN-STORE  
20060496\_EA/20066424\_EA



**\$4**

**SOURDOUGH OR PUMPERNICKEL BREAD**  
BAKED IN-STORE  
SELECTED VARIETIES, 675 G  
20132458\_EA/20653517\_EA



**\$20**

**FARMER'S MARKET<sup>™</sup> CELEBRATION CAKES**  
SELECTED VARIETIES, 750-875 G  
21392537\_EA/21392550\_EA





# HOP INTO SAVINGS

Fill your basket with Easter favourites at low prices.



**2/4.50**  
OR 2.49 EA

**MCCORMICKS GOURMET DRY GRAVY SAUCES**  
SELECTED VARIETIES, 11-56 G  
20321601001\_EA/21666873\_EA



**SAVE UP TO 1.29**  
**\$2**

**ST-HUBERT, THE KEG OR SWISS CHALET DRY GRAVY OR DIPPING SAUCE**  
SELECTED VARIETIES, 21-52 G  
21687463\_EA/21687942\_EA



**3.50**

**NO NAME® SPICES OR SEASONINGS**  
SELECTED VARIETIES, 5.5-250 G  
20617758\_EA/20618677\_EA



**2.50**

**STOVE TOP STUFFING**  
SELECTED VARIETIES  
120 G  
20009598001\_EA  
20310507001\_EA



**\$5**

**PC® ORGANICS VEGETABLES**  
SELECTED VARIETIES, FROZEN, 300-500 G  
20418689001\_EA  
21418288\_EA



**4.50**

**PC® BLACK LABEL ICE CREAM**  
SELECTED VARIETIES  
FROZEN, 500 ML  
21588234\_EA  
21588332\_EA



**3.75**

**SCOTSBURN OR BAXTER CREAM**  
SELECTED VARIETIES  
1 L  
21025932\_EA



**\$10**

**PC® VEGETABLES**  
SELECTED VARIETIES  
FROZEN, 1.75 KG  
20713450\_EA  
21096317\_EA



**\$7**

**BECEL MARGARINE**  
SELECTED VARIETIES  
637/850 G  
20297818002\_EA  
21279389\_EA



**SAVE 1.58**  
**WHEN YOU BUY 2**  
**2/\$6**  
OR 3.79 EA

**NO NAME® SOUR CREAM**  
SELECTED VARIETIES  
500 ML  
20297841001\_EA  
20297841002\_EA



**\$5**

**PC® INSTANT COFFEE**  
SELECTED VARIETIES  
80/100 G  
21499826\_EA



**SAVE 1.80**  
**WHEN YOU BUY 4**  
**4/\$9**  
OR 2.70 EA

**CARNATION EVAPORATED MILK**  
SELECTED VARIETIES  
354 ML  
20896812\_EA  
20896887\_EA



**7.50**

**PC® DE-ALCOHOLIZED WINE**  
SELECTED VARIETIES  
750 ML  
21403389\_EA  
21403385\_EA



**\$5**

**PC® OLIVES**  
500 ML, PICKLES  
1 L OR BALSAMIC VINEGAR 500 ML  
SELECTED VARIETIES  
20051164\_EA  
20433500001\_EA  
20588167\_EA



**2.25**  
when you buy 3

**ST-HUBERT SAUCE**  
SELECTED VARIETIES, 398 ML  
20322135001\_EA  
20322135003\_EA



**\$5**

**THE KEG SALAD DRESSING 475 ML OR PC® CRISPY TOPPINGS**  
142-170 G  
SELECTED VARIETIES  
21707039\_EA  
2163009\_EA



**\$4**

**CHRISTIE RITZ OR WHEAT THINS CRACKERS**  
SELECTED VARIETIES  
180/304 G  
21547034\_EA  
21547047\_EA



# CELEBRATE NEW BEGINNINGS WITH GREAT OFFERS FOR LESS

Harvest the deals this Vaisakhi



**APP EXCLUSIVE OFFER<sup>+</sup>**

Optimum  
**GET 3,000<sup>pts</sup>**

**\$3**  
back in points

for every \$15\* spent on all Suraj<sup>®</sup> products all sizes and varieties

\*Open your PC Optimum<sup>™</sup> app or visit [pcoptimum.ca](http://pcoptimum.ca) to get the offer.

**188**  
LB  
4.14/KG

**OPO SQUASH**  
PRODUCT OF MEXICO  
20142055001\_KG



**249**  
LB  
5.49/KG

**EGGPLANT**  
PRODUCT OF MEXICO  
20155709001\_KG



**225**

**COCONUT**  
PRODUCT OF INDIA OR DOMINICAN REPUBLIC  
20005774001\_EA

**4/\$5**  
OR 1.49 EA

**ATAULFO MANGOS**  
PRODUCT OF MEXICO  
20121509001\_EA



**\$4**

**CRISPY COOKIES**  
SELECTED VARIETIES  
350 G  
20820419\_EA/20820641\_EA



**\$6**

**CRISY PUNJABI COOKIES**  
1.1 KG  
20180817\_EA



**350**

**CRISPY ROTI WRAP**  
SELECTED VARIETIES  
750 G  
21195607\_EA



**\$17**

**PC<sup>®</sup> NUTS**  
SELECTED VARIETIES  
680/907 G  
21404808\_EA/21404871\_EA



**150**

**HALDIRAM'S INDIAN SNACKS**  
SELECTED VARIETIES  
150 G  
21471409\_EA/21471573\_EA



**175**

**SUNFEAST YIPPEE! NOODLES MAGIC MASALA**  
280 G  
21127101\_EA



**350**

**LAY'S INTERNATIONAL FLAVOURED POTATO CHIPS**  
SELECTED VARIETIES  
200 G  
21663082\_EA/21663203\_EA



**350**

**ZINDA COUSCOUS**  
SELECTED VARIETIES  
907 G  
20013708\_EA/20822580\_EA



**\$12**

**WAGH BAKRI PREMIUM TEA**  
907 G  
20375231\_EA



**\$4**

**DABUR NECTAR**  
SELECTED VARIETIES  
1L  
21399816\_EA  
21399828\_EA



**275**

**BRITANNIA GOOD DAY COOKIES** 231 G  
OR **FIFTY FIFTY COOKIES** 372 G  
SELECTED VARIETIES  
21023105\_EA/21205822\_EA



**\$15**

**KRITI GOLD EXTRA VIRGIN OLIVE OIL**  
750 ML  
20572876\_EA



**\$8**

**SHER BESAN**  
1.81 KG  
20869922\_EA



**275**

**RUBICON JUICES OR JUICE DRINKS**  
SELECTED VARIETIES  
1L/4X200 ML  
20029236001\_EA  
20296770002\_EA



**\$15**

**BRAR'S PURE DESI GHEE**  
CLARIFIED BUTTER  
800 G  
20869886\_EA



**\$10**

**BRU INSTANT COFFEE OR ROASTED CHICORY**  
ROASTED, 200 G  
20176654\_EA





# SHOP THE WORLD IN OUR AISLES\*

From bok choy to basmati rice, find international ingredients at low prices.



SHOP NOW

**1.88**  
LB  
4.14/KG

**TAIWANESE  
FLAT CABBAGE**  
PRODUCT OF MEXICO  
OR CHINA  
20020863001\_KG



**5.49**  
LB  
12.10/KG

**CHICKEN GIZZARDS,  
HEARTS OR LIVERS**  
FROZEN  
21528473\_KG



**3.99**  
LB  
8.80/KG

**BEEF LIVER**  
FRESH  
20799408\_KG



**5.88**  
LB  
12.96/KG

**PORK BELLY PORTION**  
20793502\_KG



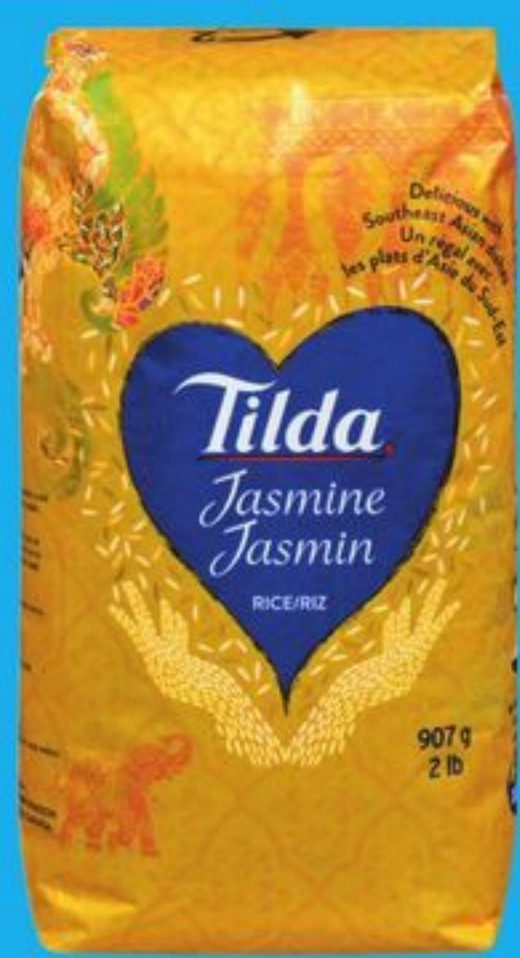
**\$14**

**PC SPLIT  
CHICKEN WINGS**  
AIR CHILLED, UP TO 825 G  
21340973\_EA



**4.99**

**TILDA  
JASMINE RICE**  
907 G  
21576625\_EA



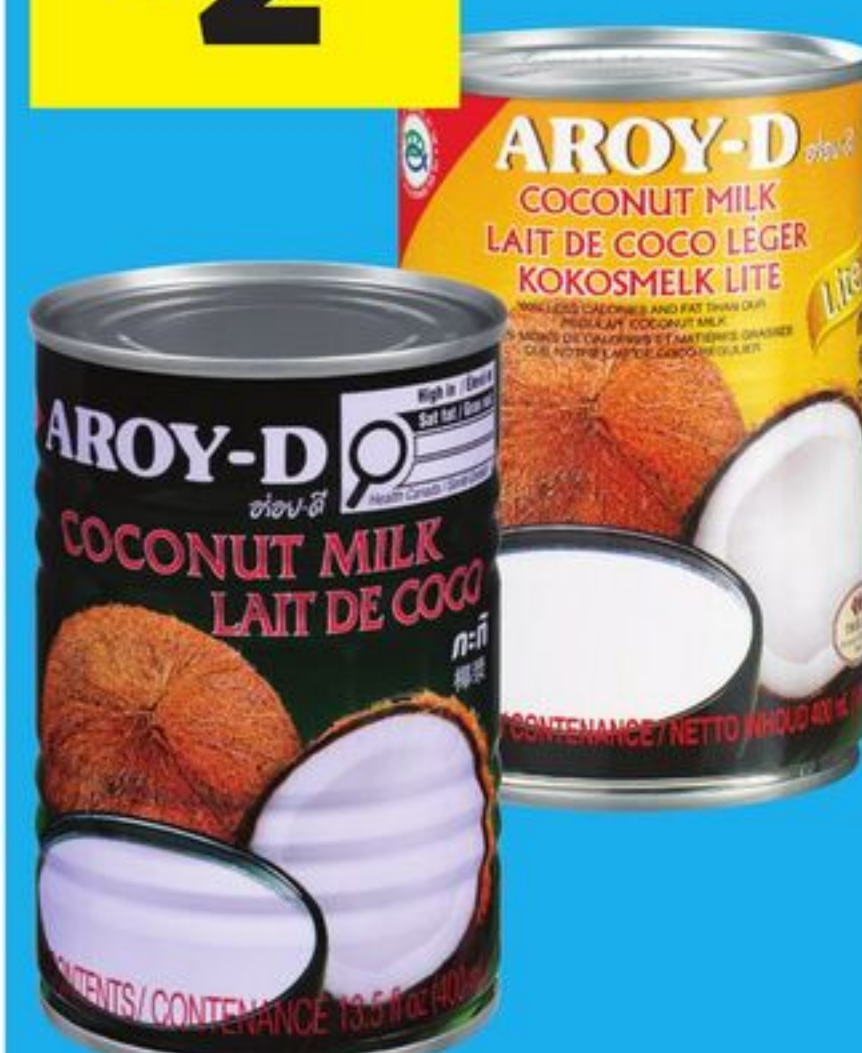
**2.25**  
LB  
4.96/KG

**PURPLE UBE YAM**  
PRODUCT OF CANADA  
20849856001\_KG



**\$2**

**AROY-D  
COCONUT MILK**  
SELECTED VARIETIES, 400 ML  
20063864\_EA/20133960\_EA



**\$5**

**CRISPY VEGETARIAN  
COOKIES**  
800 G  
20012495\_EA



**\$4**

**T&T ALMOND  
COOKIES**  
300 G  
21049626\_EA



**\$7**

**FARMER'S  
MARKET  
AMBROSIA  
APPLES**  
PRODUCT OF ONTARIO,  
CANADA FANCY  
GRADE, 4 LB BAG  
21307212001\_EA



**2.99**

**BAKEN-ETS  
PORK RINDS**  
SELECTED VARIETIES,  
70 G  
20961077\_EA  
21369189\_EA



**1.69**

**ROOSTER  
INSTANT  
EGG NOODLES**  
400 G OR  
RICE  
NOODLES 250 G  
SELECTED VARIETIES  
20096297\_EA  
21347087\_EA



**8.49**

**TSURU MAI  
RICE BROWN**  
2 KG  
20037468\_EA



**5.99**

**O'FOOD  
GOCHUJANG  
CHILI SAUCE**  
215 G OR HOT  
PEPPER PASTE  
SELECTED VARIETIES,  
500 G  
21462984\_EA  
21453162\_EA



**3.49**

**UFC REFRESH  
COCONUT  
WATER**  
1L  
20570506\_EA



**8.99**

**DAN-D PAK  
CASHEWS**  
SELECTED VARIETIES,  
500 G  
21498628\_EA  
21498672\_EA



PREPARED IN  
**CANADA**  
FOR CANADIANS



**6<sup>99</sup>** **LARSEN EXTRA LEAN SMOKED BONELESS HAM SLICES**  
375 G  
20163681\_EA

PREPARED IN CANADA

**11<sup>99</sup>** **JANES PUB STYLE BREADED CHICKEN**  
SELECTED VARIETIES  
FROZEN, 700 G  
21191828\_EA

PREPARED IN CANADA

**\$5** **NO NAME<sup>®</sup> BOLOGNA SLICED**  
500 G  
20090732\_EA

PREPARED IN CANADA

**5<sup>50</sup>** **CANADIAN COVE FRESH PEI MUSSELS**  
907 G  
21586624\_EA

PREPARED IN CANADA

**\$7** **PC<sup>®</sup> PUB RECIPE BREADED OR GLUTEN-FREE CHICKEN**  
SELECTED VARIETIES, FROZEN  
600/700 G  
21079489\_EA/210210321\_EA

PREPARED IN CANADA

**1<sup>99</sup>** **NO NAME<sup>®</sup> CHICKEN HOT DOGS**  
450 G  
20058192\_EA

PREPARED IN CANADA

**\$7** **iÖGO CREAMY YOGURT 16X100 G OR PC<sup>®</sup> ORANGE JUICE 2.5 L**  
SELECTED VARIETIES  
20606778001\_EA/21531644\_EA

PREPARED IN CANADA

**\$4** **NATURAL BAKERY CANADIAN RYE BREAD**  
500 G  
21688966\_EA

PREPARED IN CANADA

**\$3** **PC<sup>®</sup> ORGANICS WHOLE CREMINI OR WHITE MUSHROOMS**  
PRODUCT OF CANADA, 227 G  
21021565\_EA/21021499\_EA

PRODUCT OF CANADA

**4<sup>50</sup>** **GAY LEA REAL WHIPPED CREAM**  
SELECTED VARIETIES  
225 G  
20648223001\_EA  
20648223002\_EA

PREPARED IN CANADA

**2/\$9** **MISS VICKIE'S KETTLE COOKED POTATO CHIPS**  
SELECTED VARIETIES  
190/200 G  
21240628\_EA/21240703\_EA  
OR 5.49 EA

PREPARED IN CANADA

**SAVE .99**  
**\$5** **LAURA SECORD CHOCOLATE CHIPS**  
SELECTED VARIETIES  
250 G  
21526650\_EA/21526652\_EA

PREPARED IN CANADA

**\$2** **HEINZ BEANS OR PASTA**  
SELECTED VARIETIES  
350 ML  
20040380003\_EA  
20177278001\_EA

PREPARED IN CANADA

**\$10** **NO NAME<sup>®</sup> CANOLA OIL 3 L OR NONNA PIA'S BALSAMIC GLAZE 250 ML**  
20028456\_EA/20839367\_EA

PREPARED IN CANADA

**\$16** **JUST US! COFFEE**  
SELECTED VARIETIES  
340 G  
20095523003\_EA  
20309024002\_EA

PREPARED IN CANADA

**2/5<sup>50</sup>**  
OR 3.29 EA **SIMPLY GOURMET CRUNCHERS OR PUFFERS SNACKS**  
SELECTED VARIETIES  
32 G  
21597451\_EA/21671989\_EA

8+ MONTHS  
PREPARED IN CANADA

**UP TO 15% OFF** **PC<sup>®</sup> SPORTS SUPPLEMENTS**  
SELECTED VARIETIES  
AND SIZES  
20696552\_EA/21313808\_EA

PREPARED IN CANADA

# ALWAYS LOW PRICE

**ALWAYS LOW PRICE**

**\$10**

**BREADED CHICKEN, MEATBALLS, POTSTICKERS OR HOR D'OEUVRES**  
SELECTED VARIETIES, FROZEN, 700 G-1.81 KG  
21447587\_EA/21669059\_EA

**BREADED WHITE MEAT CHICKEN STRIPS**  
LANIÈRES DE POULET PANÉES, VIANDE BLANCHE

**PEPPERONI PIZZA SNACKS**  
COLLATIONS PIZZAS PEPPERONI

**\$10**

**NET WT./ POIDS NET 1.5 kg**

**ALWAYS LOW PRICE**

**\$10**

**FISH FILLETS OR BREADED SEAFOOD**  
SELECTED VARIETIES  
FROZEN, 200-900 G  
21119511\_EA/21473656\_EA

**Wild Sole Fillets**  
RAW SKINLESS-BONELESS INDIVIDUALLY QUICK FROZEN  
Filets de Sole Sauvage  
CRU SANS PEAU-DÉSARÊTES SURGÈLES INDIVIDUELLEMENT

**WHOLE BREADED ENTièrement PANÉES**  
**POPCORN SHRIMP**  
MINI-CREVETTES

**\$10**

**800 g (1.76 lbs)**

**ALWAYS LOW PRICE**

**\$3**

**POPEYE SELECT SPINACH**  
PRODUCT OF U.S.A., 283 G  
20156570\_EA

**POPEYE SUPERFOOD Spinach Epinards**  
90% VITAMINE A- 90% FOLATE- 45% VITAMINE C

**POIDS NET WT 283 g 10 oz**

**ALWAYS LOW PRICE**

**\$13**

**SEAQUEST® SHRIMP RING WITH MILD COCKTAIL SAUCE**  
FROZEN, 454 G  
21687413\_EA

**SeaQuest**  
COOKED CUTLERS 45-55  
Shrimp Ring with mild cocktail sauce  
Croustillon de crevettes avec sauce cocktail douce

**348 g (12.3 oz)**

**ALWAYS LOW PRICE**

**\$2**

**FRENCH OR ITALIAN BREAD**  
BAKED IN-STORE  
SELECTED VARIETIES, 383 G  
20345208\_EA/20788443\_EA

**PREPARED IN CANADA**

**ALWAYS LOW PRICE**

**\$7**

**BUTTER CROISSANTS**  
BAKED IN-STORE, 12'S  
21683000\_EA

**PREPARED IN CANADA**

**ALWAYS LOW PRICE**

**\$4**

**PC ORGANICS APPLESAUCE OR FRUIT PUREE**  
SELECTED VARIETIES  
113 G/6X100 ML  
20320493001\_EA  
20320493002\_EA

**Organics**  
unsweetened APPLE CINNAMON  
unsweetened APPLE

**ALWAYS LOW PRICE**

**\$4.50**

**PC ORGANICS ANIMAL COOKIES**  
SELECTED VARIETIES, 250 G  
20181028\_EA/20304981\_EA

**Organics**  
CHOCOLATE  
ORIGINAL  
Animal Cookies

**250 g**

**ALWAYS LOW PRICE**

**\$3**

**NO NAME® NATURALLY IMPERFECT™ FROZEN FRUIT**  
SELECTED VARIETIES  
300/400 G  
21545095\_EA  
21545106\_EA

**Naturally Imperfect**  
strawberries fraises

**400 g CANADA**

**ALWAYS LOW PRICE**

**\$3.50**

**PC NATURAL SPRING WATER**  
24X500 ML  
20137898\_C24

**NATURAL SPRING WATER - EAU DE SOURCE**

**PREPARED IN CANADA**

**ALWAYS LOW PRICE**

**\$7**

**BASSÉ MIXES**  
SELECTED VARIETIES  
415-600 G  
21158597\_EA/21158613\_EA

**BASSÉ**  
NUT LOVER'S  
DARK CHOCOLATEY CRANBERRY  
CHOCOLATE AVEC CANNEBERGES

**480 g**

**ALWAYS LOW PRICE**

**\$4.50**

**HAPPY DAIRY NON-MELTING CHEESE PANEER**  
20% M.F., 300 G  
21343632\_EA

**HAPPY DAIRY**  
**PANEER**  
NON-MELTING CHEESE / FROMAGE NON FONDANT

**300 g**

**PREPARED IN CANADA**

# SUPER YOUR EVERYDAY


**3/\$9**  
OR 3.79 EA

**JAMIE OLIVER RICE 250 G OR DAINTY TIMEWISE PASTA 250 G**  
SELECTED VARIETIES  
21709828\_EA  
21703281\_EA



**\$5**

**CHEF BOMBAY INDIAN MEALS**  
SELECTED VARIETIES  
FROZEN, 240-354 G  
20973182\_EA  
21527683\_EA



**\$5**

**KRAFT DELUXE MACARONI & CHEESE OR Velveeta & Shells 333-400 G OR KRAFT DELUXE OVEN BAKED MACARONI & CHEESE 349 G**  
SELECTED VARIETIES  
2031410003\_EA  
21694728\_EA



**\$5**

**NO NAME PEROGIES**  
SELECTED VARIETIES  
FROZEN, 2 KG  
20323762001\_EA



**PREPARED IN CANADA** **CLUB SIZE**

**549**

**HELLMANN'S MAYONNAISE OR BURGER SAUCES**  
SELECTED VARIETIES  
325-445 ML  
21169836\_EA  
21591807\_EA



**\$2**

**CLOVER LEAF FLAKED TUNA 170 G, CLOVER LEAF FLAVOURED TUNA 85 G OR BRUNSWICK FILLETS 92-100 G**  
SELECTED VARIETIES  
2001817001\_EA  
20315581002\_EA  
20318426003\_EA



**2/\$7**  
OR 3.99 EA

**CHEEZ-IT CRACKERS**  
SELECTED VARIETIES  
191/200 G  
21214559\_EA  
21214560\_EA



**550**

**ORVILLE REDENBACHER MICROWAVE POPCORN 6/8'S OR KERNEL JAR 850 G**  
SELECTED VARIETIES  
20308686\_EA  
20629532003\_EA




**\$10**

**KELLOGG'S RICE KRISPIES SQUARES OR BARS 588-660 G, SPECIAL K CEREAL BARS 500 G OR POP-TARTS PASTRIES 1.152 KG**  
SELECTED VARIETIES  
21014823\_EA  
21164970\_EA



**2/\$10**  
OR 5.99 EA

**LINDT EXCELLENCE CHOCOLATE BARS 80-200 G OR GHIRARDELLI CHOCOLATE BARS 138 G**  
SELECTED VARIETIES  
20312527005\_EA  
20312527009\_EA



**2/\$9**  
OR 4.99 EA

**RUFFLES POTATO CHIPS**  
SELECTED VARIETIES  
180-200 G  
21241052\_EA  
21241053\_EA



**PREPARED IN CANADA**

**\$10**


**NO NAME ICE MILK BARS, CREAM BARS, FLOAT BARS OR ICE CREAM SANDWICHES**  
SELECTED VARIETIES, FROZEN  
24X120 ML / 30X60 ML  
20347400002\_EA



**PREPARED IN CANADA** **CLUB SIZE**

**450**

**HUNGRY-MAN ENTRÉES**  
SELECTED VARIETIES  
FROZEN, 360-455 G  
20296014003\_EA  
20296014004\_EA



**\$7**

**DR. OETKER GIUSEPPE STUFFED CRUST PIZZA 685-771 G OR SUPREMA ARTISANAL-STYLE STONE-BAKED PIZZA 475-520 G**  
SELECTED VARIETIES, FROZEN  
21555844\_EA/21649597\_EA



**275**

**NO NAME WAFFLES**  
SELECTED VARIETIES  
FROZEN, 8'S  
20316375001\_EA  
20065295\_EA



**\$5**

**SCHNEIDERS EGG BITES 224 G OR BREAKFAST SANDWICHES 204-288 G**  
SELECTED VARIETIES  
FROZEN  
21623060\_EA  
21623288\_EA



**SAVE .98**  
WHEN YOU BUY 2

**2/\$17**  
OR 8.99 EA

**COCA-COLA, CANADA DRY OR PEPSI SOFT DRINKS**  
SELECTED VARIETIES  
12X355 ML  
20318694902\_C12  
20322361002\_C12



**\$4**

**MOTT'S CLAMATO**  
SELECTED VARIETIES  
1.89 L  
20318955002\_EA  
20318955003\_EA



**\$21**

**CASHMERE BATHROOM TISSUE**  
SELECTED VARIETIES  
24=72 ROLLS  
21189845\_EA  
21443648\_EA



**PREPARED IN CANADA**

**\$15**

**COTTONELLE FLUSHABLE WET WIPES 168'S OR TOILET PAPER 12 MEGA ROLLS**  
SELECTED VARIETIES  
21477027\_EA  
21665900\_EA



# FEEL GOOD CHOICES AT FEEL GOOD PRICES

**\$4**

**KETTLE BRAND POTATO CHIPS**  
SELECTED VARIETIES, 156/198 G  
21520652\_EA/21589837\_EA

**AIR-FRIED**  
KETTLE COOKED AIR FINISHED  
FRITES À L'AIR CHAUD  
COTTES EN AIR MIEUX ET FRITES À L'AIR CHAUD

**SEA SALT SEL MARIN**

great taste...naturally™  
savoureux...naturellement™

**\$7**

**NATURE'S BAKERY BAKERY FIG BAR**  
SELECTED VARIETIES, 340 G  
21549605\_EA/21550352\_EA

**NATURE'S BAKERY**  
FIG BAR

Raspberry

Original Fig

**2/\$8**  
OR 4.79 EA

**GT'S KOMBUCHA**  
SELECTED VARIETIES, 480 ML  
20374106\_EA/2096034001\_EA

**GT'S SYNERGY**  
raw kombucha  
kombucha cru

GINGERALE

TRILOGY™

UP TO **15% OFF**

**LUNDBERG RICE**  
SELECTED VARIETIES  
156-907 G  
20652715\_EA/21703069\_EA

**LUNDBERG**  
FAMILY FARMS

**BASMATI**

**5<sup>50</sup>**

**PC ORGANICS PEANUT BUTTER**  
SELECTED VARIETIES  
500 G  
20298178\_EA

**Organics**  
Smooth peanut butter

UP TO **15% OFF**

**BOB'S RED MILLS**  
SELECTED VARIETIES  
283-680 G  
21127324\_EA/21127335\_EA

**Bob's Red Mills**

ALL-PURPOSE BAKING FLOUR

**SAVE 15%**

**6<sup>75</sup>**

**EXPLORE CUISINE ORGANIC PASTA**  
SELECTED VARIETIES  
200/227 G  
21191524\_EA/21705637\_EA

**Explore Cuisine**

Organic Red Lentil Elbows

**4<sup>50</sup>**

**ANGIE'S BOOM CHICKA POP POPCORN**  
SELECTED VARIETIES  
136/198 G  
20770751\_EA/20811709\_EA

**ANGIE'S BOOM CHICKA POP**

SWEET & SALTY KETTLE CORN  
MAIS ÉCLATÉ SUCRÉ ET SALÉ

**\$8**

**NATURE CLEAN LAUNDRY DETERGENT STRIPS**  
FRAGRANCE-FREE  
32'S  
21451364\_EA

**nature clean**

Laundry Detergent Sheets  
Détergent à lessive en feuilles

**\$5**

**EARTH'S OWN BARISTA**  
SELECTED VARIETIES  
946 ML  
21179478\_EA/21643629\_EA

**EARTH'S OWN**  
BARISTA OAT LIGHT

**\$12**

**ECO-MAX LAUNDRY WASH**  
SELECTED VARIETIES  
3 L  
20347155001\_EA  
20347155002\_EA

**eco max**

**\$9**

**QUEEN ST. BAKERY**  
SELECTED VARIETIES  
FROZEN, 464-520 G  
21520684\_EA/21690221\_EA

**QUEEN ST. BAKERY**  
Supergrain Sourdough Bread

**\$43**

**GET 2,000 pts**

**VEGA SPORT PROTEIN**  
SELECTED VARIETIES  
801-837 G  
20948929\_EA/20949178\_EA

**VEGA**  
PERFORMANCE PROTEIN + RECOVERY

UP TO **15% OFF**

**ONE DEGREE**  
SELECTED VARIETIES  
227-680 G  
21686047\_EA/21719946\_EA

**ONE DEGREE**  
PROTEIN GRANOLA

**3<sup>50</sup>**

**EARTH'S OWN NON-DAIRY BEVERAGES**  
SELECTED VARIETIES  
1.89 L  
2023968001\_EA  
20913872\_EA

**EARTH'S OWN**  
ALMOND

**\$8**

**OCEAN'S HALO ORGANIC KIMBAP**  
SELECTED VARIETIES  
230 G  
21706757\_EA

**OCEAN'S HALO**  
VEGGIE KIMBAP

**5<sup>50</sup>**

**VIOLIFE NON-DAIRY CHEESE**  
SELECTED VARIETIES  
200 G  
21339319\_EA/21339330\_EA

**Violife**  
CHEDDAR STYLE

**10<sup>50</sup>**

**CARBONAUT HAMBURGER BUNS OR PIZZA CRUST**  
SELECTED VARIETIES  
FROZEN, 164-550 G  
21464476\_EA/21475533\_EA

**CARBONAUT**  
HAMBURGER BUNS

**\$7**

**ELMHURST NON-DAIRY BEVERAGES**  
SELECTED VARIETIES  
946 ML  
21415684\_EA/21418685\_EA

**Elmhurst**  
MILKED CASHEWS

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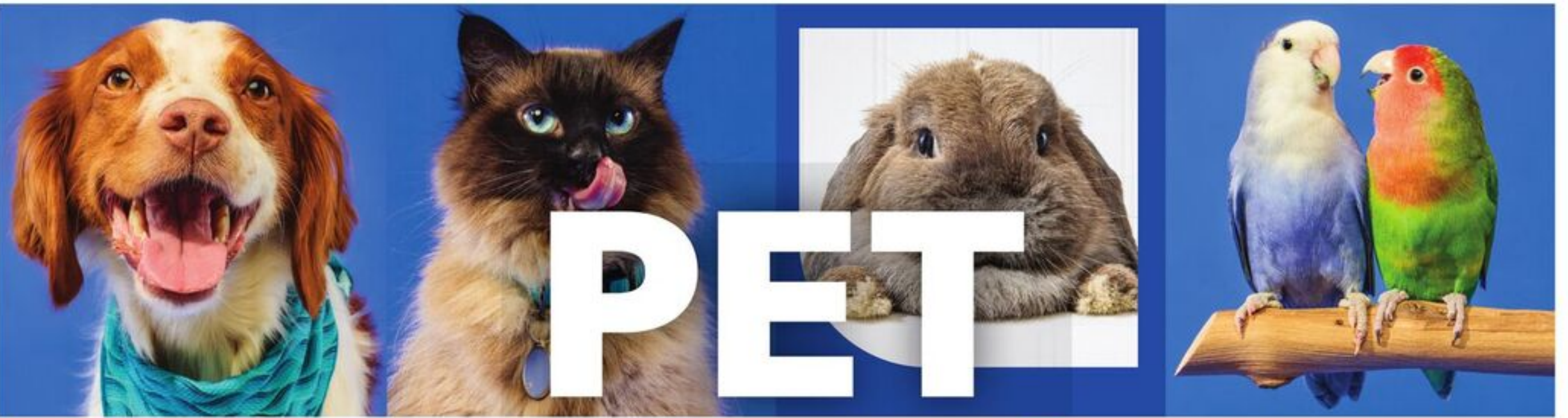
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**\$41** **BENEFUL DOG FOOD**  
SELECTED VARIETIES, 12.7 KG  
21236989\_C01

**\$13** **PURINA ONE DOG FOOD**  
SELECTED VARIETIES, 1.6-1.81 KG  
20912587\_EA

**\$13** **PURINA ONE DOG TREATS**  
SELECTED VARIETIES, 566 G  
21481661\_EA

**\$33** **CESAR DOG FOOD**  
SELECTED VARIETIES, 24'S  
21359656\_EA

**\$9** **MILKBONE COMFORT CHEWS**  
SELECTED VARIETIES, 210/312 G  
21620394\_EA

**\$5** **MILKBONE DOG TREATS**  
SELECTED VARIETIES, 535-900 G  
21014403\_EA

**2.49** **PC NUTRITION FIRST DOG FOOD**  
SELECTED VARIETIES, 374 G  
21359227\_EA/21359232\_EA

**3/7.50** **PURINA ONE DOG FOOD**  
SELECTED VARIETIES, 368 G  
21303479\_EA/21303487\_EA  
OR 2.99 EA

**\$8** **GET 500\***  
**CALEDON FARMS DOG TREATS**  
SELECTED VARIETIES, 90-553 G  
20336993\_EA/20550003\_EA

**\$27** **FRISKIES CAT FOOD**  
SELECTED VARIETIES, 32'S  
21186868\_C01

**\$11** **FANCY FEAST CAT FOOD**  
SELECTED VARIETIES, 12'S  
20153246001\_EA

**7.50** **FRISKIES CAT FOOD**  
SELECTED VARIETIES, 1.4-1.5 KG  
20912515\_EA

**\$13** **GET 3,000\* \$3**  
**IAMS CAT FOOD**  
SELECTED VARIETIES  
1.36/1.59 KG  
21027553\_EA

**7.49** **FRISKIES CAT TREATS**  
SELECTED VARIETIES  
454 G  
21165907\_EA

**\$24** **TIDY CATS CAT LITTER**  
SELECTED VARIETIES  
5.44 KG  
21206285\_C01

**\$8** **NO NAME CLUMPING CAT LITTER**  
SELECTED VARIETIES  
7 KG  
20023746001\_EA

# SPRING CLEANING

Get all your cleaning needs here!

**\$16**

**GAIN LAUNDRY DETERGENT** 4.25 L, **PODS OR FLINGS** 42'S, **DOWNY FABRIC SOFTENER** 1.92-3.29 L, **BOUNCE SHEETS** 240'S OR **DOWNY OR GAIN BEADS** 453-550 G  
SELECTED VARIETIES  
21671138\_EA/21549944\_EA



**\$22**

**TIDE LAUNDRY DETERGENT** 3.9 L, **TIDE POWER PODS** 45'S, **TIDE PODS OR GAIN FLINGS** 57-76'S OR **BEADS** 853 G  
SELECTED VARIETIES  
21579851\_EA/21579830



**2/\$13**  
OR 7.99 EA

**LYSOL DISINFECTING WIPES** 75-84'S OR **DISINFECTING SPRAY** 350 G OR **ALL PURPOSE CLEANER** 950 ML  
SELECTED VARIETIES  
21449826\_EA/21667289\_EA



**\$12**

**TRU EARTH LAUNDRY DETERGENT STRIPS** 32'S OR **FABRIC SOFTENER** 50'S  
SELECTED VARIETIES  
21425514\_EA/21425515\_EA



**\$5**

**SCRUBBING BUBBLES BATHROOM CLEANERS** 946-950 ML/567-623 G, **WINDEX GLASS CLEANER** 765-950 ML OR **FANTASTIK CLEANER** 650 ML  
SELECTED VARIETIES  
20125323003\_EA/20323855002\_EA



**\$5**

**CLOROX BLEACH** 2.4 L, **PINESOL CLEANER** 1.41 L OR **LYSOL DISINFECTANT** 1.2 L  
SELECTED VARIETIES  
21487308\_EA



**\$11**

**SWIFFER DUSTER REFILLS** 6/10'S, **SWEEPER WET REFILLS** 12/20/24'S, **SWEEPER DRY REFILLS** 16/20/32'S, **WETJET REFILLS** 12'S, **POWERMOP REFILLS** 5'S, **WETJET LIQUID** 2.5 L OR **POWERMOP LIQUID** 2.5 L  
SELECTED VARIETIES  
21627654\_EA



**\$11**

**GLAD OUTDOOR BAGS**  
SELECTED VARIETIES, 10-40'S  
21165477\_EA



**2/\$9**  
OR 5.99 EA

**CLOROX BATHROOM SPRAYS** 887 ML, **ALL PURPOSE CLEANERS** 946 ML OR **TILEX SHOWER SPRAY** 946 ML  
SELECTED VARIETIES  
21662488\_EA/21657792\_EA



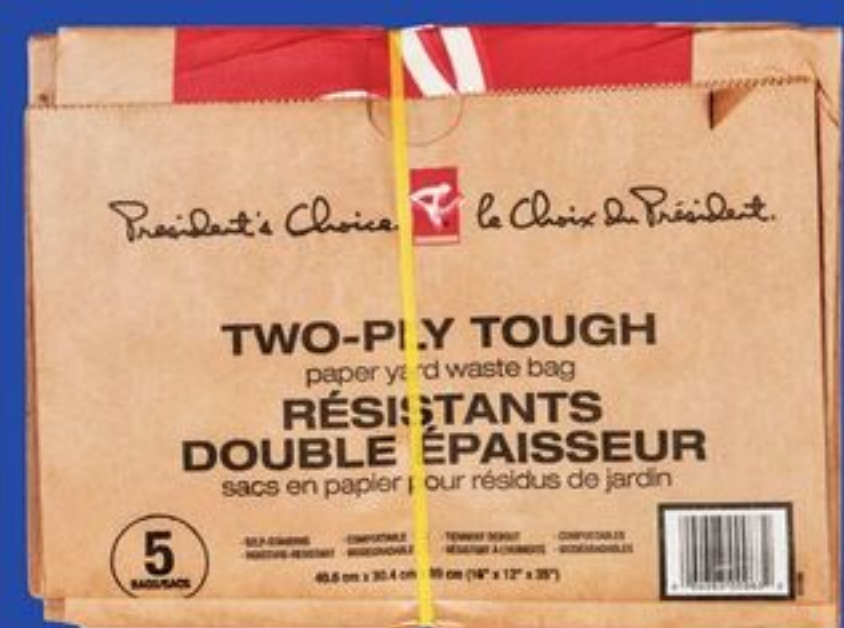
**\$14**

**PUREX** 4.08-4.43 L, **SUNLIGHT 4L** OR **PERSIL 1.86 L LAUNDRY DETERGENT** OR **SNUGGLE FABRIC SOFTENER** 2.77 L  
SELECTED VARIETIES  
20083525001\_EA/21427042\_EA



**2/\$7**  
OR 3.99 EA

**PC YARD WASTE BAGS**  
SELECTED VARIETIES, 5'S  
20429980\_EA



**\$5**

**METHOD ALL PURPOSE CLEANERS** 828 ML OR **DISH** 532 ML  
SELECTED VARIETIES  
21518328\_EA



**2.50**

**PC HAND DISH DETERGENT**  
SELECTED VARIETIES,  
637/739 ML/1L  
21012490\_EA  
21013091\_EA



**\$12**

**VILEDA OSCAR BROOM OR TWIST MOP**  
SELECTED VARIETIES  
20001949\_EA



**2.50**

**NO NAME REGULAR ROLLS PAPER TOWELS**  
2 ROLLS  
20118684\_EA



**\$6**

**NO NAME DOUBLE ROLLS PAPER TOWELS**  
6'S  
21636318\_EA



# ELEVATE YOUR WELL BEING

UP TO **15% OFF**

**LUBRIDERM OR NEUTROGENA HAND OR BODY LOTIONS**  
SELECTED VARIETIES AND SIZES  
20432375001\_EA  
21434865\_EA



UP TO **15% OFF**

**OLAY SUPER SERUM, REGENERIST MOISTURIZERS OR TREATMENTS**  
SELECTED VARIETIES AND SIZES  
21236887\_EA/21345444001\_EA



**\$10**  
**LIMIT 4 OVER LIMIT PAY 12.99 EA**

**TRESEMMÉ SHAMPOO OR CONDITIONER**  
SELECTED VARIETIES, 1.15 L  
21222736004\_EA/21229605\_EA



**\$13**  
**LIMIT 4 OVER LIMIT PAY 15.99 EA**

**L'ORÉAL PREFERENCE, FERIA OR OLIA HAIR COLOUR**  
SELECTED VARIETIES  
20306667001\_EA/21474551\_EA



**9.50**  
**LIMIT 6 OVER LIMIT PAY 14.49 EA**

**SCHICK INTUITION, HYDRO OR XTREME DISPOSABLE RAZORS**  
SELECTED VARIETIES, 1-8'S  
20322736004\_EA/21086186\_EA



**\$1**  
**LIMIT 12 OVER LIMIT PAY 1.79 EA**

**CREST CAVITY PASTE 50-100 ML OR ORAL-B CAVITY DEFENSE MANUAL TOOTHBRUSH 1'S**  
SELECTED VARIETIES  
20077991\_EA/20338731001\_EA



## FAST & EFFECTIVE DANDRUFF RELIEF

CLINICALLY PROVEN RELIEF WITH **2.5% MAX STRENGTH FORMULA**

- WORKS FROM 1<sup>ST</sup> WASH  
Visible improvement within uses
- DUAL ACTION\*  
Fights dandruff-causing yeast  
Helps reduce flaking

DISCOVER OUR FULL RANGE OF DANDRUFF RELIEF SOLUTIONS

**LIMIT 4 \$10 OVER LIMIT PAY 13.99 EA**

**Selsun Blue haircare selected varieties**  
250-325 ML  
20357155002\_EA/21507228\_EA/21235792\_EA  
20357155001\_EA/21639807\_EA/21494355\_EA

To ensure this product is right for you, always read and follow the label.  
\* Only applicable to Selsun Blue products containing selenium sulfide. MAT-CA-2011334 V1 © 11/2025

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Talk to your Pharmacist or book now\* at [phealth.ca/flu](http://phealth.ca/flu)

\*Subject to vaccine availability. Pharmacists can administer flu shots to children aged 5 and older in Yukon, Alberta, Saskatchewan, and PEI; 4 and older in British Columbia; 2 and older in Ontario, Manitoba, New Brunswick, Newfoundland and Nova Scotia. Flu shot administration for children under the age of 5 may vary from Pharmacy to Pharmacy. ®/™ Trademark of 911979 Alberta Ltd. used under license.

**Visibly thicker, fuller hair from the root\***

**NEW**

**LIMIT 4 \$9**

**OGX® Selected products**  
21705833\_EA  
21705805\_EA  
21708049\_EA

Discover more OGX® haircare products

\*with full routine vs. untreated hair (data on file)  
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**Depend** offers **All-Day Protection**

**\$18.50 EACH**

**DEPEND® Underwear or POISE® Pads**  
selected varieties and sizes  
20558843005\_EA/21302119\_EA  
21099850\_EA/21099790\_EA

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**NEW** **MAGNUM**  
Ice cream

INDULGE WITH REAL  
BELGIAN CHOCOLATE



**\$5** Magnum 3's or 4's  
Select Varieties  
21717310\_EA/21717434\_EA

**Breyers** **NEW**

MOMENTS  
made sweeter  
WITH BREYERS



**\$5.49** Breyers Creamery Style or  
CoBrand 1.41 L. Select Varieties  
21717450\_EA/21720565\_EA

**WONDERFUL  
PISTACHIOS**  
SALTED OR UNSALTED  
225 g

21085963001\_EA/21018439\_EA



**\$5.49**

**BEN & JERRY'S**

Chunky Goodness,  
Swirled to Perfection



**\$5** Ben & Jerry's  
Select Varieties, 473 mL  
21720409\_EA/21720654\_EA

**talenti** **NEW**

CRAFTED TO PERFECTION  
Made with 100% natural ingredients



**\$5** Talentì,  
Select Varieties  
473 mL  
21720544\_EA/21720449\_EA

**PATAK'S**  
MAKES  
PERFECT

**HAPPY  
VAISAKHI!**

**\$4** PATAK'S SAUCES  
SELECTED VARIETIES  
400 ML  
2021780002\_EA

**\$3** PATAK'S READY TO HEAT  
POUCH  
SELECTED VARIETIES  
285 ML  
21220533\_EA

**\$4.50** PATAK'S CURRY PASTE  
SELECTED VARIETIES  
284 ML  
20307057001\_EA

**1.99** PATAK'S SPICE RUBS  
SELECTED VARIETIES  
25 G  
21694790\_EA

SCAN FOR RECIPE INSPIRATION



**MARC ANGELO**

Bringing Families Together

ITALIAN GROUND PORK SAUSAGE MEAT  
• 375 g  
21726446\_EA  
21726511\_EA  
**\$5**

ITALIAN STYLE PORK MEATBALLS  
• 1 kg  
21598031\_EA  
**\$14**

BREAKFAST PATTIES, MEATBALLS AND SAUSAGES  
• 600 g - 1.4 kg  
20799699\_EA  
**\$14**

SOUVLAKI CHICKEN BREAST OR PORK SIRLOIN KABOBS  
• VALUE PACK 480 - 640 g  
21041735\_EA  
**\$14.50**



**Tre Stelle**

EASTER MADE EASIER.



**\$7** Tre Stelle Feta  
Selected Varieties  
200 g  
20003436\_EA

**\$15** Tre Stelle Mascarpone  
475 g  
20130433\_EA

**\$8** Tre Stelle Ricotta  
Selected Varieties  
400-475 g  
20003052\_EA

**\$8** Tre Stelle Mozzarella Ball  
340 g  
20109267\_EA

**\$7** Tre Stelle Bocconcini  
Selected Varieties  
200 g  
20022088\_EA

**OKA**

CELEBRATE EASTER  
THE CANADIAN WAY

**\$9** OKA Maple Original  
190 g  
21518485\_EA  
20920756\_EA

**\$3.50** /100g  
OKA Classique L'Artisan Swiss-Style Smoke  
21162370\_KG  
20963094\_KG

**\$6** MONSIEUR GUSTAV Double crème Camembert cheese  
125 g  
21619307\_EA  
21619313\_EA

**\$8** L'EXTRA Brie NOTRE-DAME  
170 g  
21528319\_EA  
20177193\_EA

**\$3.50** /100g  
L'EXTRA Brie  
21157608\_KG

**\$8** KERRYGOLD Dubliner, Reserve Cheddar  
198 g  
20591635\_EA  
20359976\_EA

**\$3.50** JARLSBERG Cheese  
21388103\_KG

**\$7** ENTREMONT Brie, Camembert  
227 g  
21692867\_EA  
21692836\_EA

**\$5** CAMBOZOLA Cheese  
/100g  
20001969\_KG



**Our butchers cut quality meat in your store every day!**



**pork loin schnitzel**  
21588065\_EA

**lean beef meatballs plain**  
21587897\_EA

**pork stir fry strips**  
21588095\_EA

**beef stir fry strips cut from Canada AA grade beef**  
21588067\_EA

**chicken stir fry strips**  
21588091\_EA



**YOU COULD WIN A TRIP FOR 2 TO THE STANLEY CUP® FINAL**

**\$25,000** IN TOTAL PRIZES







**THE OFFICIAL HIGH PROTEIN YOGURT OF THE NHL®**



**2/\$7**  
OR \$4 EA.

Oikos® Pro™ selected varieties 300 mL 21651846\_EA

**\$8.50**

Oikos® Pro™ selected varieties 650 - 750 g 21305945\_EA

**3/\$12**  
OR \$4.99 EA.

Oikos® selected varieties 4 x 100 g 20419715004\_EA

\* No purchase necessary. Begins 03/23/26 at 12:00:01 AM ET & Ends 05/24/26 at 11:59:59 PM ET. Draw 05/25/26 at 2PM ET. One (1) Grand Prize: Trip for 2 to a 2026 Stanley Cup™ Final game (ARV \$9,000 CAD) and 920 Instant Win Prizes: a \$100 CAD Digital Prepaid Card (20 total), or a \$5 CAD Physical Danone Oikos® Coupon (800 total). Mathematical skill-testing question required. Full contest rules: www.snacktowin.ca. Oikos® used under lic., © 2026, Danone US, LLC. All rights reserved. Oikos® Pro™ used under lic., © 2026, Danone US, LLC. All rights reserved. NHL, the NHL Shield, the word mark and image of the Stanley Cup and the Stanley Cup Final logo are registered trademarks of the National Hockey League. NHL and NHL team marks are the property of the NHL and its teams. © 2026 NHL. All Rights Reserved.

**BACKED BY OVER 35 YEARS OF ACTIVIA'S EXPERTISE IN GUT HEALTH**

**ALL 8 PACKS NOW AVAILABLE IN SINGLE FLAVOURS!**



**2/\$10**  
OR \$6.29 EA.

Activia® selected varieties 8 x 100 g 21725748\_EA

**NEW**



**\$4**

Activia® Expert selected varieties 4 x 100 g 21688261\_EA

**NEW**



**\$6.50**

Activia® Expert selected varieties 750 g 21688207\_EA

**NEW**



**\$4.25**

Activia® selected varieties 650 g 20325132003\_EA

**10-HOUR BREW FOR A BOLD AND SMOOTH TASTE**



**\$8.50**

Stok® selected varieties 1.42 L 21203737\_EA/21203739\_EA

**NEW LIMITED EDITION**

**Happy Easter**





**\$4.50**

Pillsbury™ Ready to Bake Seasonal Cookies 260-396 g 21306853\_EA/21306856\_EA



**2/\$5**  
OR \$2.99 EA.

Betty Crocker™ Super Moist cake mix 375-404 g or Frostings 340-450 g, selected varieties 21547837\_EA/20562641007\_EA

**2/\$6**  
OR \$3.79 EA.

Betty Crocker™ Potatoes 141-215 g 20296518003\_EA/21574286\_EA

**3/9.99**  
OR \$4.49 EA.

General Mills™ Retail Cereal 300-430 g 21104047\_EA/21104058\_EA











**\$3.75**

Pillsbury™ Pie Crusts and Breads, assorted varieties 340-400 g 20187585\_EA/20317832003\_EA

**\$3.75**

Pillsbury™ Base Sweet Goods 351-468 g 20320962002\_EA/20318034001\_EA

**\$2.50**

Pillsbury™ Crescents and Wiener Wrap 200-227 g 21505340\_EA/20305424002\_EA

# FOR HEALTHY LOOKING, BEAUTIFUL SMILES!



Optimum™  
**GET 6,000 pts**  
**\$6** back in points  
 for every \$30\* spent on Crest, Oral-B, Fixodent or Burt's Bees oral care products selected varieties and sizes



**LIMIT 6**  
 OVER LIMIT PAY 4.49 EA

**3<sup>50</sup>**

Crest Complete Whitening Plus Scope Minty Fresh 120 mL or Crest Kids Strawberry Stand-Up Tube 85 mL  
 21354028\_EA/21354458\_EA



**LIMIT 6**  
 OVER LIMIT PAY 5.99 EA

**5<sup>50</sup>**

Crest Gum Detoxify Deep Clean 63 mL or Crest Scope Classic Mint 1 L  
 21354690\_EA/20948747\_EA

**LIMIT 6**  
 OVER LIMIT PAY 7.49 EA

**6<sup>50</sup>**

Crest Kid's Toothbrush Chameleon 3+ Years 2's or Oral-B Complete Satin Floss 2x50 m Twin  
 21507005\_EA/20598749\_EA



**LIMIT 4**  
 OVER LIMIT PAY 10.49 EA

**9<sup>50</sup>**

Crest 3D White Advanced Radiant Mint 3x70 mL or Crest Pro-Health Advanced Clean Mint 1 L  
 21506752\_EA/20902657\_EA



**LIMIT 4**  
 OVER LIMIT PAY 31.99 EA

**\$25**

Oral-B Pro 300 Floss Action Rechargeable Toothbrush ea., Crest 3D White Whitestrips Classic Vivid 10's or Oral-B Precision Clean Brush Heads 3's  
 21475266\_EA/21475266\_EA/20346231002\_EA



**\$50**

Oral-B iO2 Series Rechargeable Toothbrush Black ea., or Oral-B iO Series Brush Heads Ultimate Clean Black 4's  
 21616655\_EA/21627550\_EA

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**SENSODYNE CLINICAL WHITE**

**2 SHADES WHITER TEETH\***

**+24/7 SENSITIVITY PROTECTION\*\***

**LIMIT 4**  
 OVER LIMIT PAY 9.99 EA

**\$8** each

SENSODYNE selected varieties and sizes  
 21657970\_EA  
 21657910\_EA

**#1 DENTIST RECOMMENDED BRAND FOR SENSITIVE TEETH**

\*Compared to a regular toothpaste, after 8 weeks of twice daily brushing. \*\*With twice-daily brushing.

Optimum™  
**GET 3,000 pts**  
**\$3** back in points  
 for every \$15\* spent on Sensodyne, ProNamel, Polident, Poli-Grip or Biotene products

**SENSODYNE PRONAMEL**

**Actively Strengthens your enamel**

- Stronger defence\*
- 24-hour cavity protection



**LIMIT 6**  
 OVER LIMIT PAY 8.99 EA

**\$6<sup>80</sup>** each

SENSODYNE, PRONAMEL, POLIDENT, POLI-GRIP OR BIOTENE PRODUCTS selected varieties and sizes  
 21358365\_EA/21471656\_EA

\*against dietary acids. With twice daily brushing. Also relieves sensitive teeth.

**POLIDENT POLIGRIP**

**#1 DENTIST RECOMMENDED BRANDS\***



**LIMIT 6**  
 OVER LIMIT PAY 8.99 EA

**\$7<sup>50</sup>** each

POLIDENT or POLIGRIP selected varieties and sizes  
 20437569002\_EA  
 21093453\_EA



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